



## Run For Ronald 10 km

Johnston, IA

May 13, 2006

Cool and Cloudy

Results by Michael Franke

[5K results here](#)

Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME
1	1 M40	Dale Knoshaug, 44, Des Moines, IA	39:46
2	1 M30	John Anthofer, 34, Urbandale, IA	39:54
3	2 M30	Douglas Kendall, 37, Otley, IA	41:08
4	2 M40	Ron Hankins, 47, Polk City, IA	45:00
5	1 M20	Scott Ahrenholz, 29, Johnston, IA	45:51
6	2 M20	Erich Baker, 29, Clive, IA	47:10
7	3 M40	John Miller, 43, Clive, IA	47:23
8	4 M40	Joe Akers, 41, Grimes, IA	48:34
9	3 M20	John Rialson, 24, Des Moines, IA	49:03
10	1 M50	Tom Nemechek, 56, Des Moines, IA	49:10
1	1 W30	Angie Heim, 30*, West Des Moines, IA	49:34
11	3 M30	Michael Pfeifer, 34, Urbandale, IA	50:15
12	5 M40	Rob Harlan, 44, Des Moines, IA	51:50
13	4 M20	Joseph Kukla, 24, West Des Moines, IA	51:55
2	1 W40	Kristy Kain, 46*, Urbandale, IA	52:32
3	2 W40	Julie Martin, 42*, Urbandale, IA	52:32
14	4 M30	Dana Cox, 36, Earlham, IA	52:48
4	2 W30	Jody Vandever, 36*, Earlham, IA	52:51
5	3 W30	Stacy Huff, 33*, Indianola, IA	53:31
15	6 M40	Mark Hansing, 49, Urbandale, IA	54:18
6	3 W40	Laura Thomas, 41*, West Des Moines, IA	55:06
7	1 W50	Paula Dierenfeld, 51*, Johnston, IA	55:07
8	2 W50	Lynda Baker, 52*, West Des Moines, IA	55:31
9	1 W20	Kara Peterson, 26*, Des Moines, IA	55:44
16	2 M50	Steve Wacht, 56, Indianola, IA	55:48
17	7 M40	Kevin Yeager, 41, Linden, IA	56:07
18	3 M50	Jim Pech, 50, Polk City, IA	56:15
10	2 W20	Shana Manning, 28*, West Des Moines, IA	56:59
19	4 M50	Doug Wicks, 56, Story City, IA	57:06
20	5 M20	Benjamin Rheeder, 27, Des Moines, IA	57:46
11	4 W30	Jennifer Franz, 32*, Johnston, IA	57:51
21	5 M50	Dennis Howard, 52, Des Moines, IA	58:27
12	5 W30	Mary Topf, 37*, Des Moines, IA	1:00:33
13	6 W30	Lauri Sundo, 34*, Clive, IA	1:01:26

14	7	W30 Dawn Atwood, 31*, Colfax, IA	1:01:55
15	8	W30 Carey Seger, 33*, Des Moines, IA	1:03:49
16	3	W50 Cathy Engel, 55*, West Des Moines, IA	1:04:31

"\*" indicates females

5 finishers among Men 20 - 29  
4 finishers among Men 30 - 39  
7 finishers among Men 40 - 49  
5 finishers among Men 50 - 59  
2 finishers among Women 20 - 29  
8 finishers among Women 30 - 39  
3 finishers among Women 40 - 49  
3 finishers among Women 50 - 59  
21 male finishers  
16 female finishers  
37 total finishers

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