

2013 Metro Arts Rock 'n Run

Five Kilometer

Overall Finish List

September 20, 2013

Majority of the runners ran off course and it is estimated that they ran approx. 4 Miles. It was conceded that Vic Morales would have won the race had the first two individuals gone the same route.

Results By The Open Road Chip Timing www.theopenroadchiptiming.com

Place	Name	City	Bib No	Age	Gen	Age Group	Time	Total	Pace
							Back	Time	
1	Eric Faires	West Des Moines IA	1065	23	M	1 20-29		18:38	6:01/M
2	Fernando Flores	Urbandale IA	1033	31	M	1 30-39	0:25	19:04	6:09/M
Winner 3	Vic Morales	Johnston IA	1113	39	M	2 30-39	7:43	26:22	8:30/M
Winner 4	Stephanie Mortenson	Windsor Heights IA	985	31	F	1 30-39	7:43	26:22	8:30/M
5	Michael Strief		1112	44	M	1 40-49	8:23	27:02	8:43/M
6	Tony Morrison	Newton IA	1053	42	M	2 40-49	8:25	27:04	8:44/M
7	Mike Spieker		1105	37	M	3 30-39	9:11	27:50	8:59/M
8	Chad Kuhl	Wdm IA	959	36	M	4 30-39	9:26	28:05	9:04/M
9	Julie Spieker	Urbandale IA	944	37	F	2 30-39	9:52	28:30	9:12/M
10	Emily Freedman	Des Moines IA	970	34	F	3 30-39	10:01	28:39	9:15/M
11	Jonah Wilke-Shapiro	Des Moines IA	975	7	M	1 0-14	10:50	29:29	9:31/M
12	Martijn van de Mortel	Ankeny IA	1040	41	M	3 40-49	10:50	29:29	9:31/M
13	Unknown Partic. 1135		1135		M	2 0-14	11:26	30:05	9:42/M
14	Lauren Urban	Johnston IA	1021	12	F	1 0-14	11:29	30:07	9:43/M
15	John Urban	Johnston IA	1022	45	M	4 40-49	11:29	30:08	9:43/M
16	Kyle Kopf	West Des Moines IA	1018	13	M	3 0-14	11:48	30:27	9:49/M
17	John Weiler		1102	48	M	5 40-49	12:11	30:50	9:57/M
18	Kristen Donald	Ankeny IA	994	30	F	4 30-39	12:16	30:55	9:58/M
19	Major Bowen	Minneapolis MN	1080	30	M	5 30-39	12:17	30:56	9:59/M
20	Michael Tweedt	Waterloo IA	1060	25	M	2 20-29	12:43	31:21	10:07/M
21	Bridget Schmitt	West Des Moines IA	1061	22	F	1 20-29	12:43	31:22	10:07/M
22	Sarah Bowen	Clive IA	1008	34	F	5 30-39	12:46	31:25	10:08/M
23	Anne Shrader	Polk City IA	1076	34	F	6 30-39	12:48	31:27	10:09/M
24	Deb Fritz	Des Moines IA	926	55	F	1 50-59	12:50	31:28	10:09/M
25	Randy Arnold	Ankeny IA	1028	33	M	6 30-39	12:55	31:34	10:11/M
26	Amy Hanrahan	West Des Moines IA	1077	35	F	7 30-39	12:57	31:35	10:11/M
27	Josie Lemke	Nevada IA	1071	35	F	8 30-39	12:57	31:35	10:11/M
28	Unknown Partic. 1132		1132		M	4 0-14	13:03	31:41	10:13/M
29	Unknown Partic. 1141		1141		M	5 0-14	13:10	31:49	10:16/M
30	Sara Broderick		1131		F	2 0-14	13:10	31:49	10:16/M
31	Dana Martin	Clive IA	1011	37	F	9 30-39	13:11	31:50	10:16/M
32	Heather Camacho	Des Moines IA	974	36	F	10 30-39	13:16	31:55	10:18/M
33	Monica Wilke-Brown	Des Moines IA	972	37	F	11 30-39	13:16	31:55	10:18/M

34	Eric Christoffel		1137	37	M	7	30-39	13:17	31:55	10:18/M
35	Cade Muller	Urbandale IA	1051	10	M	6	0-14	13:17	31:56	10:18/M
36	Mac Martin	Clive IA	1010	36	M	8	30-39	13:18	31:57	10:18/M
37	Patty Williams		1129	43	F	1	40-49	13:22	32:01	10:20/M
38	Susan Brown	Waukee IA	1082	44	F	2	40-49	13:28	32:06	10:21/M
39	Jack Flores	Urbandale IA	1034	10	M	7	0-14	13:29	32:08	10:22/M
40	Ryan Mayer	Clive IA	1012	36	M	9	30-39	13:30	32:09	10:22/M
41	Amelia Fini	West des moines IA	1067	16	F	1	15-19	13:31	32:09	10:22/M
42	Laura Mayer	Clive IA	1013	36	F	12	30-39	13:31	32:09	10:22/M
43	Heather Worthington	Wdm IA	1075	45	F	3	40-49	13:32	32:11	10:23/M
44	Coreen Sweeney	Clive IA	1078	48	F	4	40-49	13:34	32:12	10:23/M
45	Allan Latcham	Des Moines IA	1069	52	M	1	50-59	13:34	32:13	10:24/M
46	Daniel Zimmerman	West Des Moines IA	945	37	M	10	30-39	13:35	32:14	10:24/M
47	Sara Broadrick	Clive IA	1037	38	F	13	30-39	13:37	32:15	10:24/M
48	Becky Coady	Urbandale IA	1000	41	F	5	40-49	13:39	32:18	10:25/M
49	Kris Maggard	Colfax IA	1052	45	F	6	40-49	13:42	32:21	10:26/M
50	Shrley Amthauer	Mount Veron IA	937	35	F	14	30-39	13:44	32:23	10:27/M
51	Ashley Holten		1093	28	F	2	20-29	13:45	32:23	10:27/M
52	Weber Bowen	Clive IA	1009	34	M	11	30-39	13:53	32:32	10:30/M
53	Lindsey Cornwell	Johnston IA	993	37	F	15	30-39	13:54	32:32	10:30/M
54	Carrie Petersen	Ankeny IA	989	37	F	16	30-39	13:54	32:32	10:30/M
55	Denae Rinderknecht	Des Moines IA	987	36	F	17	30-39	13:54	32:33	10:30/M
56	Beth Hesselman		1092	34	F	18	30-39	13:59	32:38	10:32/M
57	Lisa Nelson	Oskaloosa	1119	31	F	19	30-39	14:02	32:41	10:33/M
58	David Gunkel	Bismarck ND	950	63	M	1	60-99	14:07	32:45	10:34/M
59	Lance Gunkel	Clive IA	949	34	M	12	30-39	14:07	32:46	10:34/M
60	Angela Lahr	Waukee IA	913	31	F	20	30-39	14:09	32:48	10:35/M
61	Kara Clark	Johnston IA	1049	34	F	21	30-39	14:11	32:50	10:35/M
62	Vance DeVries	Ankeny IA	978	34	M	13	30-39	14:13	32:51	10:36/M
63	Micah Chaplin	Windsor Heights IA	909	33	F	22	30-39	14:15	32:54	10:37/M
64	Rachel Wilke-Shapiro	Des Moines IA	973	38	F	23	30-39	14:18	32:57	10:38/M
65	Dan Shipley		1090	36	M	14	30-39	14:18	32:57	10:38/M
66	Jennie Shipley		1091	36	F	24	30-39	14:18	32:57	10:38/M
67	Unknown Partic. 1114		1114		M	8	0-14	14:19	32:58	10:38/M
68	Greg Sever		1136		M	9	0-14	14:19	32:58	10:38/M
69	Dwayne Vande Krol	Clive IA	1001	42	M	6	40-49	14:20	32:58	10:38/M
70	Lisa Barker	Ankeny IA	997	25	F	3	20-29	14:22	33:01	10:39/M
71	Pattie Frohlich	Harlan IA	1066	51	F	2	50-59	14:23	33:01	10:39/M
72	Jill Olsen		1101	36	F	25	30-39	14:23	33:02	10:39/M
73	Lance Harris		1138		M	10	0-14	14:29	33:08	10:41/M
74	Eminem Eminem		1139		M	11	0-14	14:29	33:08	10:41/M
75	Troy Taylor	Waukee IA	921	43	M	7	40-49	14:30	33:09	10:42/M
76	Quentin Sorenson	Johnston IA	947	34	M	15	30-39	14:35	33:13	10:43/M
77	Ryan Adams	West Des Moines IA	1002	33	M	16	30-39	14:36	33:15	10:44/M
78	AmyAnn Pearson	Urbandale IA	1133	43	F	7	40-49	14:36	33:15	10:44/M
79	Kami Kinney	Clive IA	967	39	F	26	30-39	14:43	33:21	10:45/M
80	Marta Paukert	Duncombe IA	968	39	F	27	30-39	14:43	33:21	10:45/M

81	Ronda Perry	Adel IA	934	48	F	8 40-49	14:44	33:23	10:46/M
82	Jeff Logan	Urbandale IA	930	47	M	8 40-49	14:57	33:35	10:50/M
83	Nikki Nielsen	West Des Moines IA	938	36	F	28 30-39	14:57	33:36	10:50/M
84	Ashley Moffitt	Nevada IA	957	30	F	29 30-39	14:58	33:36	10:50/M
85	Mark Coady	Urbandale IA	999	44	M	9 40-49	14:58	33:37	10:51/M
86	Abigail Chungath	Des Moines IA	1041	38	F	30 30-39	15:00	33:39	10:51/M
87	Jeff Chungath	Des Moines IA	1087	43	M	10 40-49	15:01	33:39	10:51/M
88	Cathy Brent	Ankeny IA	1074	59	F	3 50-59	15:02	33:40	10:52/M
89	Charmi Geerdes	Nevada IA	906	38	F	31 30-39	15:04	33:43	10:53/M
90	Parker Murphy	Johnston IA	1032	13	M	12 0-14	15:05	33:44	10:53/M
91	Melissa Murphy	Johnston IA	1031	38	F	32 30-39	15:05	33:44	10:53/M
92	Bryce Lemke	Nevada IA	1070	36	M	17 30-39	15:09	33:48	10:54/M
93	Greg Mackey	Ames IA	1079	27	M	3 20-29	15:15	33:53	10:56/M
94	Phil Johnson		1103	23	M	4 20-29	15:15	33:54	10:56/M
95	Stacy Conradt	Des Moines IA	1015	31	F	33 30-39	15:17	33:55	10:56/M
96	Lisa Chiode		1106	48	F	9 40-49	15:28	34:06	11:00/M
97	Patty DeCaire Durr	Urbandale IA	971	37	F	34 30-39	15:28	34:07	11:00/M
98	Emina Nisic		1088	27	F	4 20-29	15:29	34:07	11:00/M
99	Suzanne Sprecher	Ankeny IA	988	36	F	35 30-39	15:29	34:08	11:01/M
100	Misty Hade	Ankeny IA	991	37	F	36 30-39	15:29	34:08	11:01/M

							Time	Total	
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gen</u>	<u>Age Group</u>	<u>Back</u>	<u>Time</u>	<u>Pace</u>
101	Lori Barnes	Ottumwa IA	963	49	F	10 40-49	15:30	34:09	11:01/M
102	Nikki Van Roekel	Waukee IA	982	27	F	5 20-29	15:30	34:09	11:01/M
103	Kathy Reichert	Gilbert IA	901	38	F	37 30-39	15:32	34:10	11:01/M
104	Chris Lukacik	Gilbert IA	902	40	M	11 40-49	15:33	34:11	11:02/M
105	Bikram Shrestha		1084	36	M	18 30-39	15:33	34:12	11:02/M
106	Cameron Nola		1124	14	F	3 0-14	15:35	34:14	11:03/M
107	Lori Vande Krol	Clive IA	980	42	F	11 40-49	15:37	34:16	11:03/M
108	Nancy Nagel	Boone IA	1068	55	F	4 50-59	15:43	34:22	11:05/M
109	Emily Smith	Urbandale IA	936	35	F	38 30-39	15:53	34:32	11:08/M
110	Melissa Weiler	Urbandale IA	1063	34	F	39 30-39	15:57	34:36	11:10/M
111	Lori Calhoun	Des Moines IA	1064	52	F	5 50-59	15:58	34:37	11:10/M
112	Jeff Jorgensen	Ames IA	958	51	M	2 50-59	16:02	34:40	11:11/M
113	Cheryl Mendenhall	Des Monies IA	925	51	F	6 50-59	16:04	34:43	11:12/M
114	Cheryl Clauson		1118	46	F	12 40-49	16:11	34:50	11:14/M
115	Jodi Patterson		1116	43	F	13 40-49	16:11	34:50	11:14/M
116	Frank Jensen	Grimes IA	984	29	M	5 20-29	16:16	34:54	11:15/M
117	Ed Siems		1130	65	M	2 60-99	16:17	34:55	11:16/M
118	Ann Keller	Indianola IA	1048	30	F	40 30-39	16:20	34:59	11:17/M
119	Teresa Roof	Norwalk IA	951	32	F	41 30-39	16:50	35:29	11:27/M
120	Lisa Shawler	Creston IA	933	46	F	14 40-49	17:01	35:40	11:30/M
121	Traci Galligan	Urbandale IA	953	43	F	15 40-49	17:03	35:42	11:31/M
122	Dilon Flanders	Des Moines IA	1003	25	M	6 20-29	17:04	35:42	11:31/M
123	Unknown Partic. 1120		1120		M	13 0-14	17:05	35:44	11:32/M

124	Emily Dornbusch	Altoona IA	965	21	F	6	20-29	17:07	35:45	11:32/M
125	Reuben Garza JR	Waukee IA	923	12	M	14	0-14	17:09	35:47	11:33/M
126	Rod Knebel	West Des Moines IA	1007	38	M	19	30-39	17:12	35:50	11:34/M
127	Richard Brent	Ankeny IA	1073	60	M	3	60-99	17:19	35:58	11:36/M
128	Matt Stout	Des Moines IA	998	26	M	7	20-29	17:20	35:58	11:36/M
129	Brian Porter	Des Moines IA	940	56	M	3	50-59	17:22	36:01	11:37/M
130	Jana Wilson	Bellevue NE	960	29	F	7	20-29	17:34	36:13	11:41/M
131	Kapil Limbu		1122	42	M	12	40-49	17:39	36:18	11:43/M
132	Julie Jolesch	Ankeny IA	952	28	F	8	20-29	17:47	36:26	11:45/M
133	Joanne Hale		1111	29	F	9	20-29	17:55	36:33	11:47/M
134	Chris Garza		1081	24	M	8	20-29	18:06	36:45	11:51/M
135	Kalie Luczycki	West Des Moines IA	979	27	F	10	20-29	18:21	37:00	11:56/M
136	Christina Lueth	Ankeny IA	976	26	F	11	20-29	18:21	37:00	11:56/M
137	Molly Kongtahworn	Clive IA	1005	37	F	42	30-39	18:25	37:03	11:57/M
138	Nat Kongtahworn	Clive IA	1006	40	M	13	40-49	18:25	37:04	11:57/M
139	Hannah Haas	Windsor Heights IA	1047	24	F	12	20-29	18:38	37:16	12:01/M
140	Alison Herold	Des Moines IA	1044	28	F	13	20-29	18:38	37:17	12:02/M
141	Jack Pearson	Urbandale IA	1134	13	M	15	0-14	18:41	37:20	12:03/M
142	Bradey Malloy	Sioux city IA	961	31	M	20	30-39	19:07	37:46	12:11/M
143	Grant Waltz	Des Moines IA	910	33	M	21	30-39	19:10	37:48	12:12/M
144	Kaci Kopf	West Des Moines IA	1017	10	F	4	0-14	19:11	37:49	12:12/M
145	Wendy Olson	Ankeny IA	977	28	F	14	20-29	19:16	37:55	12:14/M
146	Rhonda Enserro	West Des Moines IA	1016	43	F	16	40-49	19:46	38:25	12:24/M
147	Bart Kopf	West Des Moines IA	1019	48	M	14	40-49	19:46	38:25	12:24/M
148	Krist Gwinn		1128		M	16	0-14	19:54	38:33	12:26/M
149	David Mally		1127		M	17	0-14	19:56	38:35	12:27/M
150	Kathy Daup	Bondurant IA	990	53	F	7	50-59	20:25	39:03	12:36/M
151	Staci Long	Ankeny IA	992	36	F	43	30-39	20:25	39:04	12:36/M
152	Danielle Bloxham		1085	27	F	15	20-29	20:32	39:11	12:38/M
153	Tammy Mahan		1086	52	F	8	50-59	20:32	39:11	12:38/M
154	Ashlie Coady	Cedar Falls IA	1004	20	F	16	20-29	20:41	39:20	12:41/M
155	Amanda Jensen	Grimes IA	983	29	F	17	20-29	20:53	39:31	12:45/M
156	Zipporah Smith	Des Moines IA	920	32	F	44	30-39	21:08	39:46	12:50/M
157	Cara Cross		1108	38	F	45	30-39	22:27	41:05	13:15/M
158	Carma Rogers	Des Moines IA	986	45	F	17	40-49	22:37	41:16	13:19/M
159	Sanjay Shrestha	Urbandale IA	1024	44	M	15	40-49	22:44	41:22	13:21/M
160	Shreya Shrestha		1121	10	F	5	0-14	22:44	41:22	13:21/M
161	Reuben Garza	Waukee IA	924	42	M	16	40-49	22:51	41:29	13:23/M
162	Karen Garza	Waukee IA	922	43	F	18	40-49	22:51	41:30	13:23/M
163	Jamie Ross	Norwalk IA	929	34	F	46	30-39	23:17	41:56	13:32/M
164	Josie Vandekrol		1097	7	F	6	0-14	24:38	43:17	13:58/M
165	Jodi Hanson		1094	38	F	47	30-39	24:38	43:17	13:58/M
166	Pam Giles	Des Moines IA	1062	56	F	9	50-59	25:26	44:05	14:13/M
167	Jared Galligan	Urbandale IA	954	13	M	18	0-14	25:50	44:28	14:21/M
168	Brigitte Arnold	Ankeny IA	1027	32	F	48	30-39	26:13	44:51	14:28/M
169	Unknown Partic. 1123		1123		M	19	0-14	26:37	45:15	14:36/M
170	Tammy Calhoun	West Des Moines IA	962	43	F	19	40-49	26:42	45:21	14:38/M

171	Shirley Pack	Waukee IA	943	54	F	10 50-59	26:42	45:21	14:38/M
172	Robin Sanger		1107	38	F	49 30-39	27:00	45:39	14:44/M
173	Patricia Voigt	Des Moines IA	942	39	F	50 30-39	27:02	45:41	14:44/M
174	Anna Svecs	West Des Moines IA	935	29	F	18 20-29	27:03	45:41	14:44/M
175	Cindy Beard	Clive IA	1054	50	F	11 50-59	27:30	46:09	14:53/M
176	Becky Veach	Des Moines IA	905	45	F	20 40-49	27:31	46:09	14:53/M
177	Rochelle Nickolay	Huxley IA	955	39	F	51 30-39	31:59	50:38	16:20/M
178	Melissa Horton	Des Moines IA	964	29	F	19 20-29	32:20	50:59	16:27/M
179	Unknown Partic. 1104		1104		M	20 0-14	32:20	50:59	16:27/M
180	Unknown Partic. 1140		1140		M	21 0-14	33:17	51:56	16:45/M
181	Steve Howard	Urbandale IA	1059	50	M	4 50-59	34:13	52:51	17:03/M
182	Kris Howard	Urbandale IA	1056	50	F	12 50-59	34:13	52:52	17:03/M
183	Unknown Partic. 1115		1115		M	22 0-14	36:05	54:44	17:39/M
184	Karinne Tharaldson	Camanche IA	1055	40	F	21 40-49	36:06	54:44	17:39/M
185	Anne James	West Des Moines IA	1058	46	F	22 40-49	36:45	55:23	17:52/M
186	Jenny Hannan		1125	39	F	52 30-39	36:52	55:31	17:55/M
187	Unknown Partic. 1126		1126		M	23 0-14	36:53	55:31	17:55/M
188	Joelle Stark	West Des Moines IA	1029	43	F	23 40-49	37:44	56:23	18:11/M
189	Zoey Stark	West Des Moines IA	1030	11	F	7 0-14	37:45	56:23	18:11/M
190	Karess Haivala	West Des Moines IA	1014	42	F	24 40-49	43:21	1:02:00	20:00/M

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