

Riverbend Rally 5K & 8K Overall Results

July 4, 2013

Iowa Falls, IA. [Age Group results here](#)

Overall Race Results by Divisions

Position	Bib #	Name	Gun Start	Finish	Gun Elapsed	Age	Gender	Division
DIVISION:		8K results below on this page						
1	39	ROSE, TIM	07:52:15.0	08:09:57.1	00:17:42.1	17	M	5K
2	183	Boomsma, Landon	07:52:15.0	08:10:44.0	00:18:29.0	14	M	5K
3	28	STURM, RANDY	07:52:15.0	08:10:48.5	00:18:33.5	35	M	5K
4	96	CLEVELAND, ESPEN	07:52:15.0	08:10:53.2	00:18:38.2	17	M	5K
5	30	KONRAD, PETER	07:52:15.0	08:11:04.5	00:18:49.5	31	M	5K
6	95	CLEVELAND, FINN	07:52:15.0	08:11:11.0	00:18:56.0	14	M	5K
7	90	KUHNLE, TYLER	07:52:15.0	08:11:11.3	00:18:56.3	19	M	5K
8	66	KASTENDICK, ANDREW	07:52:15.0	08:11:22.1	00:19:07.1	15	M	5K
9	63	KASTENDICK, KURT	07:52:15.0	08:11:40.5	00:19:25.5	50	M	5K
10	91	NELSON, AARON	07:52:15.0	08:11:53.5	00:19:38.5	21	M	5K
11	104	FINK, STEVE	07:52:15.0	08:11:56.1	00:19:41.1	52	M	5K
12	80	KRUMM, BRANDON	07:52:15.0	08:11:58.4	00:19:43.4	17	M	5K
13	192	Hoversten, Cade	07:52:15.0	08:12:57.3	00:20:42.3	22	M	5K
14	70	RODRIGUEZ, ANTONIO	07:52:15.0	08:13:26.9	00:21:11.9	14	M	5K
15	187	Peterson, Jeff	07:52:15.0	08:13:32.9	00:21:17.9	55	M	5K
16	212	Keller, Amanda	07:52:15.0	08:13:37.4	00:21:22.4	28	F	5K
17	82	WISEMAN, ALEX	07:52:15.0	08:13:45.3	00:21:30.3	20	M	5K
18	18	KLINE, NATHAN	07:52:15.0	08:13:51.9	00:21:36.9	22	M	5K
19	25	PORATH, RYAN	07:52:15.0	08:14:04.3	00:21:49.3	36	M	5K
20	155	Moore III, David	07:52:15.0	08:14:12.7	00:21:57.7	18	M	5K
21	8	SPEAR, JEFF	07:52:15.0	08:14:35.7	00:22:20.7	50	M	5K
22	46	WISEMAN, DARCI	07:52:15.0	08:14:48.2	00:22:33.2	9	F	5K
23	17	NELSON, JEREMY	07:52:15.0	08:14:52.5	00:22:37.5	33	M	5K
24	19	HOVERSTEN, ANDREW	07:52:15.0	08:14:58.4	00:22:43.4	33	M	5K

25	7	SPEAR, TRACY	07:52:15.0	08:15:14.4	00:22:59.4	46	F	5K
26	99	UMANA, JOSE	07:52:15.0	08:15:23.5	00:23:08.5	26	M	5K
27	81	WISEMAN, CURT	07:52:15.0	08:15:24.2	00:23:09.2	50	M	5K
28	218	Barh, Justin	07:52:15.0	08:15:25.3	00:23:10.3	19	M	5K
29	86	KRUKOW, CHANDLER	07:52:15.0	08:15:35.2	00:23:20.2	17	M	5K
30	72	RISIUS, TAYLOR	07:52:15.0	08:15:40.4	00:23:25.4	17	F	5K
31	44	WISEMAN, MATTHEW	07:52:15.0	08:15:44.5	00:23:29.5	43	M	5K
32	79	KRUMM, KOURTNEY	07:52:15.0	08:16:17.8	00:24:02.8	19	F	5K
33	105	FINK, CHARLENE	07:52:15.0	08:16:52.5	00:24:37.5	49	F	5K
34	156	Moore, Killian	07:52:15.0	08:16:56.2	00:24:41.2	16	M	5K
35	71	RISIUS, ANGELA	07:52:15.0	08:16:59.7	00:24:44.7	42	F	5K
36	88	CORDOVA, PAOLA	07:52:15.0	08:17:03.6	00:24:48.6	16	F	5K
37	27	POMMREHN, CHRISTY	07:52:15.0	08:17:05.5	00:24:50.5	19	F	5K
38	55	SMITH, ASHLEY	07:52:15.0	08:17:10.5	00:24:55.5	20	F	5K
39	139	Felger, Josh	07:52:15.0	08:17:21.9	00:25:06.9	15	M	5K
40	54	SMITH, SAMI	07:52:15.0	08:17:26.5	00:25:11.5	24	F	5K
41	85	BOOMER, SUZIE	07:52:15.0	08:17:41.1	00:25:26.1	44	F	5K
42	176	Jass, Hayley	07:52:15.0	08:17:45.9	00:25:30.9	19	F	5K
43	223	Whitesell, Madeline	07:52:15.0	08:18:02.4	00:25:47.4	18	F	5K
44	100	UMANA, FRANSICO	07:52:15.0	08:18:04.5	00:25:49.5	22	M	5K
45	158	Harms, Heather	07:52:15.0	08:18:07.4	00:25:52.4	27	F	5K
46	184	Eller, Kyle	07:52:15.0	08:18:07.9	00:25:52.9	47	M	5K
47	225	Whitesell, Tom	07:52:15.0	08:18:10.7	00:25:55.7	54	M	5K
48	9	MUELLER, TERESA	07:52:15.0	08:18:11.2	00:25:56.2	33	F	5K
49	98	CASTRO, ADELINA	07:52:15.0	08:18:26.7	00:26:11.7	37	F	5K
50	84	ABBAS, LANE	07:52:15.0	08:18:33.4	00:26:18.4	9	M	5K
51	35	HARTL, DAVE	07:52:15.0	08:18:36.8	00:26:21.8	66	M	5K
52	210	Johnson, Eric	07:52:15.0	08:18:37.9	00:26:22.9	37	M	5K
53	191	Hoversten, Paul	07:52:15.0	08:18:45.0	00:26:30.0	63	M	5K
54	140	Felger, Alex	07:52:15.0	08:19:10.6	00:26:55.6	17	M	5K
55	221	Lugo, Brenda	07:52:15.0	08:19:11.1	00:26:56.1	33	F	5K
56	162	Lange, Martin	07:52:15.0	08:19:14.7	00:26:59.7	62	M	5K
57	171	Dougan, Taylor	07:52:15.0	08:19:15.5	00:27:00.5	16	F	5K
58	92	MILLER, JOEL	07:52:15.0	08:19:22.7	00:27:07.7	50	M	5K
59	153	Moore, David	07:52:15.0	08:19:28.1	00:27:13.1	46	M	5K
60	167	VanGorp, Gabbie	07:52:15.0	08:19:35.9	00:27:20.9	13	F	5K
61	164	Meyer, Katie	07:52:15.0	08:19:59.1	00:27:44.1	13	F	5K

62	52	CUTLER, GRAYSON	07:52:15.0	08:20:02.2	00:27:47.2	13	M	5K
63	150	Nichols, Christa	07:52:15.0	08:20:02.7	00:27:47.7	34	F	5K
64	151	Nichols, Jeremy	07:52:15.0	08:20:03.2	00:27:48.2	34	M	5K
65	177	Morley, Kennith	07:52:15.0	08:20:05.1	00:27:50.1	16	M	5K
66	194	Stockdale, Dale	07:52:15.0	08:20:14.1	00:27:59.1	56	M	5K
67	36	HOVERSTEN, ALLISON	07:52:15.0	08:20:14.8	00:27:59.8	31	F	5K
68	26	DONNENWERTH, LAURIE	07:52:15.0	08:20:16.7	00:28:01.7	53	F	5K
69	77	FIET, JEFF	07:52:15.0	08:20:22.8	00:28:07.8	36	M	5K
70	43	BONNEY, CRAIG	07:52:15.0	08:20:32.2	00:28:17.2	30	M	5K
71	69	KING, JOE	07:52:15.0	08:20:35.6	00:28:20.6	35	M	5K
72	87	TERVEER, ALESHA	07:52:15.0	08:20:35.9	00:28:20.9	13	F	5K
73	68	KING, DAWNICA	07:52:15.0	08:20:36.2	00:28:21.2	35	F	5K
74	97	HERNANDEZ, DAVID	07:52:15.0	08:20:48.1	00:28:33.1	43	M	5K
75	11	BALDWIN, SAVANNA	07:52:15.0	08:20:49.0	00:28:34.0	13	F	5K
76	94	FISCHER, KARISSA	07:52:15.0	08:20:53.1	00:28:38.1	34	F	5K
77	211	Schwieger, Maile	07:52:15.0	08:20:57.2	00:28:42.2	27	F	5K
78	101	UMANA, ALEXANDER	07:52:15.0	08:21:08.8	00:28:53.8	14	M	5K
79	166	Burchfield, Carolyn	07:52:15.0	08:21:12.9	00:28:57.9	13	F	5K
80	93	HOVERSTEN, KAITLYN	07:52:15.0	08:21:14.9	00:28:59.9	28	F	5K
81	195	Scallon, Amy	07:52:15.0	08:21:17.4	00:29:02.4	23	F	5K
82	102	KOENIGSFELD, JENNA	07:52:15.0	08:21:38.6	00:29:23.6	38	F	5K
83	45	WISEMAN, ANNIE	07:52:15.0	08:21:46.8	00:29:31.8	38	F	5K
84	83	ABBAS, SHELBY	07:52:15.0	08:22:01.7	00:29:46.7	33	F	5K
85	47	BRADLEY, BRENDA	07:52:15.0	08:22:06.1	00:29:51.1	52	F	5K
86	42	BONNEY, SARA	07:52:15.0	08:22:18.6	00:30:03.6	28	F	5K
87	161	Barsness, Kathy	07:52:15.0	08:22:21.6	00:30:06.6	59	F	5K
88	172	Berven, Stephanie	07:52:15.0	08:22:22.9	00:30:07.9	12	F	5K
89	186	Eller, Toni	07:52:15.0	08:22:34.8	00:30:19.8	46	F	5K
90	178	Newton, Stacy	07:52:15.0	08:22:37.8	00:30:22.8	21	F	5K
91	224	Whitesell, Jim	07:52:15.0	08:22:40.2	00:30:25.2	53	M	5K
92	60	ABKES, STEFANIE	07:52:15.0	08:22:56.3	00:30:41.3	43	F	5K
93	61	ABKES, MOLLIE	07:52:15.0	08:22:56.5	00:30:41.5	13	F	5K
94	78	BARNHART, HOLLY	07:52:15.0	08:23:06.5	00:30:51.5	36	F	5K

95	208	Robinson, Caleb	07:52:15.0	08:23:13.7	00:30:58.7	11	M	5K
96	189	Zimpfer, Brittany	07:52:15.0	08:23:25.3	00:31:10.3	25	F	5K
97	40	ROSE, ESTHER	07:52:15.0	08:23:32.2	00:31:17.2	13	F	5K
98	15	WARRINGTON, ROSE	07:52:15.0	08:23:32.6	00:31:17.6	13	F	5K
99	37	KNEE, NATHAN	07:52:15.0	08:23:33.7	00:31:18.7	14	M	5K
100	38	KNEE, ANNIE	07:52:15.0	08:23:46.1	00:31:31.1	10	F	5K
101	205	Dielschneider, Nile	07:52:15.0	08:24:00.6	00:31:45.6	59	M	5K
102	2	STOCK, JOSLYN	07:52:15.0	08:24:25.3	00:32:10.3	32	F	5K
103	182	Pals, Nichi	07:52:15.0	08:24:30.9	00:32:15.9	45	F	5K
104	16	WARRINGTON, NIC	07:52:15.0	08:24:35.7	00:32:20.7	10	M	5K
105	14	WARRINGTON, ROBERT	07:52:15.0	08:24:41.0	00:32:26.0	44	M	5K
106	1	HASSTEDT, SHIRLEE	07:52:15.0	08:24:48.9	00:32:33.9	53	F	5K
107	76	FIET, APRIL	07:52:15.0	08:25:24.8	00:33:09.8	32	F	5K
108	23	STEPHENSON, AMY	07:52:15.0	08:25:29.5	00:33:14.5	41	F	5K
109	196	Howard, Hannah	07:52:15.0	08:25:34.1	00:33:19.1	22	F	5K
110	204	Dielschneider, Gloria	07:52:15.0	08:25:51.3	00:33:36.3	59	F	5K
111	73	MILLER, TASHA	07:52:15.0	08:25:53.4	00:33:38.4	38	F	5K
112	74	MILLER, HADYN	07:52:15.0	08:25:53.7	00:33:38.7	11	F	5K
113	145	Kent, Morgan	07:52:15.0	08:26:07.6	00:33:52.6	19	F	5K
114	147	Riley, Joey	07:52:15.0	08:26:07.7	00:33:52.7	16	M	5K
115	31	KONRAD, HOPE	07:52:15.0	08:26:13.6	00:33:58.6	30	F	5K
116	170	Dougan, Jennifer	07:52:15.0	08:26:51.8	00:34:36.8	39	F	5K
117	22	KLEIN, CLARA	07:52:15.0	08:28:08.9	00:35:53.9	11	F	5K
118	21	KLEIN, MATT	07:52:15.0	08:28:09.3	00:35:54.3	47	M	5K
119	5	REENTS, DENISE	07:52:15.0	08:28:39.1	00:36:24.1	49	F	5K
120	12	WARRINGTON, RACHEL	07:52:15.0	08:28:57.0	00:36:42.0	39	F	5K
121	48	PORATH, TRICIA	07:52:15.0	08:29:12.0	00:36:57.0	41	F	5K
122	24	STEPHENSON, EMMA	07:52:15.0	08:29:18.5	00:37:03.5	13	F	5K
123	213	Reents, Sharon	07:52:15.0	08:29:19.0	00:37:04.0	51	F	5K
124	103	WERNER, TORRI	07:52:15.0	08:29:42.0	00:37:27.0	17	F	5K
125	56	SMITH, DARLA	07:52:15.0	08:30:13.7	00:37:58.7	49	F	5K
126	13	LLOYD, AMANDA	07:52:15.0	08:31:36.4	00:39:21.4	30	F	5K
127	41	FREIN, DEAN	07:52:15.0	08:31:44.6	00:39:29.6	57	M	5K
128	203	Herter, Angi	07:52:15.0	08:31:59.6	00:39:44.6	40	F	5K
129	3	NEHRING, BRITTANI	07:52:15.0	08:32:39.2	00:40:24.2	25	F	5K
130	4	JAMES, KIMBERLY	07:52:15.0	08:32:41.9	00:40:26.9	25	F	5K

131	197	Geerts, Glen	07:52:15.0	08:35:19.4	00:43:04.4	24	F	5K
132	49	HORNUNG, KATE	07:52:15.0	08:35:53.8	00:43:38.8	47	F	5K
133	51	CUTLER, MICAH	07:52:15.0	08:36:09.3	00:43:54.3	38	F	5K
134	75	MCNEAL, CASEY	07:52:15.0	08:36:36.9	00:44:21.9	38	F	5K
135	53	FISCUS, SHYRL	07:52:15.0	08:36:37.3	00:44:22.3	62	F	5K
136	152	Hansen, Cherish	07:52:15.0	08:36:51.8	00:44:36.8	29	F	5K
137	193	Hansen, Elizabeth	07:52:15.0	08:36:56.2	00:44:41.2	26	F	5K
138	159	Krukow, Molly	07:52:15.0	08:37:01.0	00:44:46.0	30	F	5K
139	206	Jones, Mary	07:52:15.0	08:37:02.5	00:44:47.5	62	F	5K
140	10	BALDWIN, BEV	07:52:15.0	08:37:31.3	00:45:16.3	43	F	5K
141	59	ADAMS, NATHAN	07:52:15.0	08:37:35.4	00:45:20.4	9	M	5K
142	89	ROESKE, BROOKE	07:52:15.0	08:37:58.2	00:45:43.2	37	F	5K
143	157	Miller, Glenice	07:52:15.0	08:38:17.0	00:46:02.0	68	F	5K
144	20	BAHR, MATTHEW	07:52:15.0	08:38:28.5	00:46:13.5	25	M	5K
145	57	ADAMS, BRENDA	07:52:15.0	08:38:52.0	00:46:37.0	35	F	5K
146	58	ADAMS, KENNEDY	07:52:15.0	08:38:52.3	00:46:37.3	12	F	5K
147	154	Moore, Shelly	07:52:15.0	08:39:51.8	00:47:36.8	45	F	5K
148	198	Kulow, Melanie	07:52:15.0	08:39:51.8	00:47:36.8	48	F	5K
149	199	Kulow, Jordan	07:52:15.0	08:39:51.9	00:47:36.9	19	F	5K
150	216	Nachazel, Elly	07:52:15.0	08:42:36.0	00:50:21.0	17	F	5K
151	217	Nachazel, Sarah	07:52:15.0	08:42:36.1	00:50:21.1	42	F	5K
152	201	Lepley, John	07:52:15.0	08:42:47.8	00:50:32.8	9	M	5K
153	202	Lepley, Amy	07:52:15.0	08:42:51.6	00:50:36.6	34	F	5K
154	34	WILLMS, EVAN	07:52:15.0	08:43:31.8	00:51:16.8	30	M	5K
155	180	Allen, Rebecca	07:52:15.0	08:43:57.5	00:51:42.5	44	F	5K
156	181	Allen, Linda	07:52:15.0	08:43:58.7	00:51:43.7	69	F	5K
157	50	PEKAREK, JENNY	07:52:15.0	08:44:06.4	00:51:51.4	34	F	5K
158	62	MADDEN, KAY	07:52:15.0	08:44:06.6	00:51:51.6	34	F	5K
159	33	WILLMS, JAMIE	07:52:15.0	08:44:14.0	00:51:59.0	32	F	5K
160	179	Choate, Michaela	07:52:15.0	08:44:26.2	00:52:11.2	15	F	5K
161	65	KASTENDICK, ALISSA	07:52:15.0	08:44:34.4	00:52:19.4	17	F	5K
162	64	KASTENDICK, REBECCA	07:52:15.0	08:44:35.4	00:52:20.4	46	F	5K
163	215	Kness, Ann	07:52:15.0	08:47:04.3	00:54:49.3	54	F	5K
164	214	Nuss, Barb	07:52:15.0	08:47:05.1	00:54:50.1	59	F	5K
165	144	Kent, Michelle	07:52:15.0	08:47:20.1	00:55:05.1	38	F	5K
166	146	Fort, Amanda	07:52:15.0	08:47:21.0	00:55:06.0	33	F	5K
167	209	Jones, Brad	07:52:15.0	08:53:09.6	01:00:54.6	66	M	5K

DIVISION: 8K		5K results above						
1	126	SILVER, NATE	07:52:15.0	08:25:58.8	00:33:43.8	25	M	8K
2	122	ARENDS, ALYSSA	07:52:15.0	08:27:08.4	00:34:53.4	19	F	8K
3	125	ABKES, OWEN	07:52:15.0	08:28:11.8	00:35:56.8	17	M	8K
4	131	WISEMAN, TANGY	07:52:15.0	08:28:48.6	00:36:33.6	17	F	8K
5	165	Hankins, Ron	07:52:15.0	08:28:50.5	00:36:35.5	55	M	8K
6	117	RENIHAN, CHRISTOPHER	07:52:15.0	08:29:31.1	00:37:16.1	50	M	8K
7	185	Eller, Blake	07:52:15.0	08:29:43.5	00:37:28.5	16	M	8K
8	207	Robinson, Joe	07:52:15.0	08:29:44.6	00:37:29.6	42	M	8K
9	116	SPRUNG, SHERI	07:52:15.0	08:29:45.5	00:37:30.5	49	F	8K
10	130	DAVIS, DARLA	07:52:15.0	08:29:53.7	00:37:38.7	36	F	8K
11	128	HAUPT, TYLER	07:52:15.0	08:30:11.3	00:37:56.3	30	M	8K
12	132	WHITE, JARED	07:52:15.0	08:30:19.8	00:38:04.8	38	M	8K
13	133	WHITE, ANGELA	07:52:15.0	08:30:31.3	00:38:16.3	36	F	8K
14	219	Beaubien, Kirk	07:52:15.0	08:30:40.0	00:38:25.0	34	M	8K
15	188	Patterson, Abby	07:52:15.0	08:30:46.8	00:38:31.8	31	F	8K
16	108	PILCHARD, CHRIS	07:52:15.0	08:31:21.5	00:39:06.5	44	M	8K
17	169	Brogden-Simpson, Sarah	07:52:15.0	08:31:54.3	00:39:39.3	32	F	8K
18	138	LOFSTEDT, PRENTICE	07:52:15.0	08:32:51.1	00:40:36.1	33	M	8K
19	173	Bidwell, Charity	07:52:15.0	08:32:58.4	00:40:43.4	33	F	8K
20	123	HEYDEN, DAVID	07:52:15.0	08:33:14.0	00:40:59.0	56	M	8K
21	124	ABKES, KIRK	07:52:15.0	08:34:40.7	00:42:25.7	43	M	8K
22	111	LLOYD, BRENT	07:52:15.0	08:34:41.4	00:42:26.4	31	M	8K
23	109	SUTER, STEPHANIE	07:52:15.0	08:35:00.8	00:42:45.8	31	F	8K
24	107	BERRY, ASHLEE	07:52:15.0	08:35:02.2	00:42:47.2	22	F	8K
25	175	Miranda, Josue	07:52:15.0	08:35:09.5	00:42:54.5	31	M	8K
26	141	Maxwell, Jamie	07:52:15.0	08:36:12.8	00:43:57.8	26	F	8K
27	114	ALLEN, RYAN	07:52:15.0	08:36:21.5	00:44:06.5	39	M	8K
28	190	Duit, Sheli	07:52:15.0	08:36:25.9	00:44:10.9	39	F	8K
29	118	HAMPE, DAVID	07:52:15.0	08:37:01.1	00:44:46.1	43	M	8K
30	220	Dunlay, Bo	07:52:15.0	08:37:45.3	00:45:30.3	57	M	8K
31	110	LEMKE, JOSIE	07:52:15.0	08:37:56.7	00:45:41.7	34	F	8K
32	222	Weaver, Jessie	07:52:15.0	08:38:00.9	00:45:45.9	36	F	8K
33	136	ALDINGER, NORMA	07:52:15.0	08:38:11.2	00:45:56.2	36	F	8K
34	113	ALLEN, NICHOLE	07:52:15.0	08:38:20.8	00:46:05.8	35	F	8K
35	112	STEPHENSON, JAMES	07:52:15.0	08:38:43.4	00:46:28.4	42	M	8K

36	160	Nerhing, Richard	07:52:15.0	08:39:03.7	00:46:48.7	73	M	8K
37	200	Ogaard, Melinda	07:52:15.0	08:39:24.5	00:47:09.5	43	F	8K
38	115	ALLEN, MICHELLE	07:52:15.0	08:39:30.8	00:47:15.8	42	F	8K
39	129	SPRINGSTEEN HAUPT, MISSY	07:52:15.0	08:39:59.3	00:47:44.3	30	F	8K
40	127	SWINTON, REBECCA	07:52:15.0	08:40:35.4	00:48:20.4	58	F	8K
41	163	Grimes, Kris	07:52:15.0	08:40:59.2	00:48:44.2	48	F	8K
42	168	VanGorp, Joseph	07:52:15.0	08:41:38.5	00:49:23.5	29	M	8K
43	135	JOHNSON, PHIL	07:52:15.0	08:43:17.9	00:51:02.9	59	M	8K
44	148	Goddard, James	07:52:15.0	08:44:19.5	00:52:04.5	30	M	8K
45	149	Goddard, Lindsay	07:52:15.0	08:44:19.6	00:52:04.6	30	F	8K
46	121	SJOLUND, LOGAN	07:52:15.0	08:44:41.6	00:52:26.6	24	M	8K
47	120	SJOLUND, LORI	07:52:15.0	08:44:41.6	00:52:26.6	24	F	8K
48	143	Harken, Michelle	07:52:15.0	08:45:49.4	00:53:34.4	35	F	8K
49	106	HASSTEDT, TODD	07:52:15.0	08:46:02.3	00:53:47.3	50	M	8K
50	174	Henrichs, Benjamin	07:52:15.0	08:55:09.4	01:02:54.4	28	M	8K
51	137	BITMAN, RACHEL	07:52:15.0	08:55:09.4	01:02:54.4	28	F	8K
		Return to home page						