

# RIVER RUN - 10 KILOMETER

IOWA CITY, IOWA

April 29, 2001

[5K Results here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

"\*" indicates females

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1		Drew Bach, 29, Cedar Rapids, Iowa	34:14	5:31
2	1 M20	Austin Chesney, 23, Iowa City, Iowa	35:59	5:47
3	1 M30	Lars Anderson, 30, Iowa City, Iowa	36:03	5:48
4	2 M30	Todd Houge, 30, Iowa City, Iowa	36:37	5:54
5	1 M15	Mike Patterson, 19, Iowa City, Iowa	36:59	5:57
6	2 M20	Eric Codgill, 20, Dunlap, Iowa	37:02	5:58
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>				
7	1 M40	Dallas Robertson, 44, Iowa City, Iowa	38:06	6:08
8	1 M25	Yann Audic, 29, Iowa City, Iowa	38:40	6:13
9	1 M35	Paul Natvig, 38, Iowa City, Iowa	38:45	6:14
10	3 M20	Mark Simons, 23, Iowa City, Iowa	38:53	6:15
11	2 M35	Robert Hartkemeyer, 39, Hiawatha, Iowa	39:40	6:23
12	3 M35	Bob Brooker, 38, Cedar Rapids, Iowa	40:44	6:33
13	3 M30	Todd Hubbard, 34, Iowa City, Iowa	40:49	6:34
14	2 M40	Tom Mittman, 48, Iowa City, Iowa	40:56	6:35
15	4 M20	William Coddington, 24, Iowa City, Iowa	41:04	6:36
16	4 M30	Herbert Gunell, 33, Iowa City, Iowa	41:06	6:37
17	3 M40	George Raftery, 46, Davenport, Iowa	41:08	6:37
18	4 M40	Ray Marshall, 40, Cedar Rapids, Iowa	41:38	6:42
19	5 M40	Mark Remme, 44, Iowa City, Iowa	41:39	6:42
20	2 M25	Tamas Kramer, 25, Iowa City, Iowa	41:52	6:44
21	4 M35	John Allen, 37, Iowa City, Iowa	42:23	6:49
1		Amy Murphy, 20*, Iowa City, Iowa	42:25	6:50
22	5 M35	Paul Rice, 36, Iowa City, Iowa	42:27	6:50
23	5 M30	Chris Swart, 32, Kalona, Iowa	42:30	6:50
2	1 W20	Christine Kubitz, 24*, Iowa City, Iowa	42:40	6:52
24	6 M30	Scott Hoag, 34, Eldridge, IA	42:48	6:53
25	5 M20	Michael Young, 24, Waterloo, Iowa	42:54	6:54
26	6 M40	Jim Clennon, 49, Austin, MN	43:02	6:55
27	7 M30	John Wilson, 33, Cedar Rapids, Iowa	43:05	6:56
3	1 W35	Lynne DeVore, 38*, Cedar Rapids, Iowa	43:16	6:58
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>				
28	3 M25	Luis Toscano, 28, Iowa City, Iowa	43:29	7:00
29	1 M50	Dale Hanna, 51, Cedar Rapids, Iowa	43:36	7:01
30	4 M25	Nels Osteduaard, 25, Iowa City, Iowa	44:02	7:05
31	6 M35	Jerry Slocum, 37, Tiffin, Iowa	44:21	7:08
32	2 M50	Richard Dobson, 59, Iowa City, Iowa	44:25	7:09
4	2 W35	Shawn Flanagan, 35*, Iowa City, Iowa	44:28	7:09
33	5 M25	Adam Richman, 29, Iowa City, Iowa	44:44	7:12
34	7 M35	Chris Krug, 35, Iowa City, Iowa	44:55	7:14
5	3 W35	Sheryl Luense, 37*, Coralville, Iowa	44:57	7:14
35	6 M20	Phillip Fishbein, 21, Iowa City, Iowa	45:17	7:17
36	7 M20	Josh Fisher, 23, Iowa City, Iowa	45:37	7:20
37	8 M30	M Brian Hartz, 30, Iowa City, Iowa	45:42	7:21

38	6	M25	Steve Shriver, 28, Marion, Iowa	46:04	7:25
39	8	M20	Brian Lindaman, 24, Tiffin, Iowa	46:07	7:25
40	3	M50	Stephen Beisler, 57, Iowa City, Iowa	46:11	7:26
6	4	W35	Laura Lowe, 39*, Iowa City, Iowa	46:13	7:26
7	1	W30	Kelli Slocum, 34*, Tiffin, Iowa	46:28	7:29
8	2	W30	Tina Naaktgeboren, 32*, Cedar Rapids, Iowa	46:58	7:33
9	2	W20	Danielle Gault, 24*, Iowa City, Iowa	47:08	7:35
10	1	W25	Sally Keith, 27*, West Liberty, Iowa	47:13	7:36
41	7	M25	William Needelman, 25, Iowa City, Iowa	47:30	7:39
42	9	M30	O'Toole Johnson, 31, Iowa City, Iowa	47:32	7:39
11	1	W15	Raina Gassmann, 19*, Cedar Rapids, Iowa	47:41	7:40
43	2	M15	Matt Goedken, 19, Iowa City, Iowa	47:44	7:41
44	4	M50	Jim Hall, 52, Iowa City, Iowa	47:53	7:42
45	9	M20	Hank Diggelmann, 20, Iowa City, Iowa	47:59	7:43
46	10	M20	Lauren Klein, 20, Iowa City, Iowa	48:00	7:43
12	3	W20	Joanne Reiland, 20*, Iowa City, Iowa	48:00	7:43
47	7	M40	Jim Sines, 44, Cedar Rapids, Iowa	48:03	7:44
48	10	M30	Dave Freeseaman, 30, West Des Moines, Iowa	48:11	7:45
49	8	M35	Kyle Schrogder, 38, Coralville, Iowa	48:12	7:45
13	4	W20	Dena Sanders, 22*, Iowa City, Iowa	48:15	7:46
50	8	M25	Jeremy Snyder, 26, North Liberty, Iowa	48:19	7:47
51	9	M35	James Conroy, 37, Coralville, Iowa	48:28	7:48
52	5	M50	Len Winkle, 52, Coralville, Iowa	48:34	7:49
53	11	M20	Chuck Larson, 20, Iowa City, Iowa	48:38	7:50
54	12	M20	Matt Klein, 22, Iowa City, Iowa	48:43	7:50
14	5	W35	Jane Kelly, 36*, Cedar Rapids, Iowa	48:46	7:51
15	2	W15	Mandy Willey, 19*, Iowa City, Iowa	48:50	7:52
55	9	M25	Mark Mason, 27, North Liberty, Iowa	48:55	7:52
16	5	W20	Jacqui Johnson, 21*, Iowa City, Iowa	48:55	7:52
17	6	W35	Elaine Claude, 35*, Solon, Iowa	48:57	7:53
56	8	M40	Mike Gardner, 46, Coralville, Iowa	48:58	7:53
57	10	M25	Brent Johnson, 25, Marion, Iowa	49:01	7:53
58	10	M35	Drew Beck, 36, Iowa City, Iowa	49:16	7:56
59	1	M60	Richrd Walton, 62, Iowa City, Iowa	49:19	7:56
60	13	M20	Jeremy Peppers, 23	49:25	7:57
61	11	M30	Pete Brownell, 32, Grinnell, Iowa	49:28	7:57
62	11	M25	Paul Albers, 29, Coralville, Iowa	49:34	7:59
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>					
63	9	M40	Robert Allen, 46, Iowa City, Iowa	49:42	8:00
64	10	M40	Richard Kunc, 43, Iowa City, Iowa	49:56	8:02
18	6	W20	Karen Kolln, 24*, Iowa City, Iowa	50:10	8:04
19	7	W20	Christy Fillman, 23*, Iowa City, Iowa	50:20	8:06
65	14	M20	Dave Roberts, 22, Iowa City, Iowa	50:24	8:07
66	12	M25	Jon Nanja, 26, Iowa City, Iowa	50:25	8:07
20	8	W20	Christine Johnson, 23*, Iowa City, Iowa	50:33	8:08
67	15	M20	Jordan Sher, 24, Iowa City, Iowa	50:35	8:08
21	9	W20	Jennifer Booth, 24*, Iowa City, Iowa	51:01	8:12
22	2	W25	Anne Fleming, 26*, Cedar Rapids, Iowa	51:03	8:13
68	11	M35	Jay Honohan, 36, Iowa City, Iowa	51:06	8:13
23	1	W40	Denise Owens, 40*, Tipton, Iowa	51:13	8:15
24	1	W50	Karen Borglum, 54*, Nashua, IA	51:17	8:15
25	10	W20	Kim Kremer, 24*, Iowa City, Iowa	51:21	8:16
26	3	W25	Jane Chesterman, 26*, Cedar Rapids, Iowa	51:32	8:17
27	4	W25	Ann Hopkins Avery, 27*, Iowa City, Iowa	51:36	8:18
69	13	M25	Lance Avery, 26, Iowa City, Iowa	51:36	8:18
28	5	W25	Heather Calomese, 25*, Iowa City, Iowa	51:38	8:19
29	6	W25	Laura Bice, 26*, Iowa City, Iowa	51:39	8:19
30	11	W20	Heather Willis, 21*, Iowa City, Iowa	51:40	8:19
31	12	W20	Royelle Hoffman, 21*, Iowa City, Iowa	51:41	8:19
70	12	M35	Ron Neems, 35, Iowa City, Iowa	51:43	8:19
32	13	W20	Hollie Perocho, 22*, Iowa City, Iowa	51:56	8:21
71	14	M25	Erik Munson, 29, Iowa City, Iowa	51:57	8:21
72	16	M20	Shae Hoschek, 23, Iowa City, Iowa	51:59	8:22
73	12	M30	Tom Bullers, 34, Iowa City, Iowa	52:00	8:22
33	14	W20	Julia Meyer, 23*, Iowa City, Iowa	52:03	8:22

34	15	W20	Audra Dondlinger, 22*, Iowa City, Iowa	52:03	8:23
74	6	M50	Jim Dondlinger, 52, Oak Brook, IL	52:04	8:23
35	3	W30	Angie Poggenpohl, 30*, Coralville, Iowa	52:16	8:25
36	2	W40	Kim Kipp, 40*, North Liberty, Iowa	52:16	8:25
75	17	M20	Jake Daufeldt, 22, Iowa City, Iowa	52:17	8:25
37	16	W20	Christine DeVore, 20*, Iowa City, Iowa	52:24	8:26
76	18	M20	Peter Boylan, 21, Iowa City, Iowa	52:25	8:26
38	7	W25	Alison Daufeldt, 26*, Muscatine, IA	52:28	8:27
77	13	M30	Robert Donnelly, 33, Iowa City, Iowa	52:29	8:27
39	3	W40	Paulette Arns, 48*, Camanche, Iowa	52:40	8:29
40			Beth Chesterman*, Iowa City, Iowa	52:41	8:29
41	4	W40	Laurie Comstock, 42*, Iowa City, Iowa	52:42	8:29
78	14	M30	J C. Luxton, 32, University Heights, )	52:45	8:29
42	3	W15	Deepali Gangahar, 19*, Iowa City, Iowa	52:47	8:30
43	8	W25	Kati Ciorba VonDe Linde, 26*, Iowa City, Iowa	52:50	8:30
44	5	W40	Denise Whiting, 41*, Iowa City, Iowa	52:56	8:31
45	17	W20	Marcella Borgman, 21*, Iowa City, Iowa	52:56	8:31
79	19	M20	Michael Matousek, 21, Iowa City, Iowa	52:57	8:31
80	7	M50	Emery Gerecz, 56, Iowa City, Iowa	52:58	8:31
81	15	M25	Royce Burns, 25, Iowa City, Iowa	52:59	8:32
82	16	M25	Matt Ciorba, 26, Iowa City, Iowa	53:01	8:32
83	11	M40	Mark McAreavy, 41, Tipton, Iowa	53:04	8:32
46	18	W20	Kirsten Leff, 24*, Iowa City, Iowa	53:08	8:33
84	12	M40	Tom Serbousek, 41, Anamosa, Iowa	53:13	8:34
47	4	W30	Ann Varvaris-Hano, 32*, Cedar Rapids, Iowa	53:14	8:34
48	7	W35	Jana Serbousek, 36*, Anamosa, Iowa	53:17	8:34
49	9	W25	Stephanie Castillo, 26*, Iowa City, Iowa	53:18	8:35
50	4	W15	Lisa Fasano, 19*, Iowa City, Iowa	53:22	8:35
85	17	M25	Tim Miller, 28, Coralville, Iowa	53:36	8:37
86	18	M25	P J Daufeldt, 27, Muscatine, IA	53:37	8:38
51	5	W15	Gail Henry, 19*, Iowa City, Iowa	53:41	8:38
87	13	M40	Jeff Haig, 46, Iowa City, Iowa	53:48	8:39
52	8	W35	Audrey Rasmussen, 35*, Nichols, Iowa	53:53	8:40
53	19	W20	Amy Lindaman, 22*, Tiffin, Iowa	53:53	8:40
88	15	M30	Kevin Kruse, 33, Iowa City, Iowa	53:58	8:41
54	10	W25	Jo Morrison, 25*, Iowa City, Iowa	53:58	8:41
89	16	M30	Chris Covington, 33, Des Moines, Iowa	53:59	8:41
90	19	M25	Vikram Chinchankar, 29, Cedar Rapids, Iowa	53:59	8:41
91	17	M30	Greg Podhajsky, 32, Iowa City, Iowa	54:00	8:41
55	2	W50	Marcia Pruettt, 54*, Columbia, Iowa	54:01	8:41
92	8	M50	Fred Shaneyfelt, 54, Quincy, Illinois	54:25	8:45
93	9	M50	Warren Luckner, 54, Wheaton, Illinois	54:33	8:47
56	20	W20	Nichol Breitenbucher, 22*, Iowa City, Iowa	54:38	8:47
94	14	M40	Bob Montgomery, 43, Iowa City, Iowa	54:45	8:49
95	15	M40	John Eure, 40, West Des Moines, Iowa	54:56	8:50
96	16	M40	Linley Woelk, 44, Marion, Iowa	55:06	8:52
57	5	W30	Amy Johnson, 34*, Davenport, Iowa	55:08	8:52
97	20	M20	Tim Frost, 22, Iowa City, Iowa	55:09	8:52
58	21	W20	Janel Mann, 24*, Iowa City, Iowa	55:10	8:53
59	6	W40	Trudy White, 45*, Iowa City, Iowa	55:13	8:53
60	22	W20	Mandi Smith, 21*, Iowa City, Iowa	55:14	8:53
61	6	W15	Whitney Snyder, 19*, Iowa City, Iowa	55:16	8:54
62	3	W50	Elly Bell, 52*, Iowa City, Iowa	55:17	8:54
63	23	W20	Sarah Robbins, 21*, Iowa City, Iowa	55:17	8:54
64	6	W30	Beth Mackintosh, 30*, Cedar Rapids, Iowa	55:18	8:54
65	24	W20	Renee Veldhuizen, 24*, Iowa City, Iowa	55:19	8:54
98	18	M30	Jay Laurent, 31, Iowa City, Iowa	55:34	8:56
99	20	M25	Eric Boelter, 29, Iowa City, Iowa	55:35	8:57
100	21	M20	Jacob Gale, 21, Iowa City, Iowa	55:41	8:58
66	11	W25	Curtis Sittenfeld, 25*, Iowa City, Iowa	55:43	8:58
101	19	M30	Johnathan Storlie, 30, Oxford, Iowa	55:45	8:58
67	25	W20	Nazee Jabbari, 21*, Iowa City, Iowa	55:45	8:58
102	22	M20	Rick Nelsen, 22, Iowa City, Iowa	55:47	8:58

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103	13	M35	Al Dehougues, 38, Kalona, Iowa	55:58	9:00
68	7	W30	Karla Koenig, 33*, Iowa City, Iowa	56:01	9:01
69	26	W20	Andrea Nagles, 22*, Rockford, Illinois	56:07	9:02
70	27	W20	Courtney Usher, 24*, Iowa City, Iowa	56:13	9:03
71	12	W25	Garland O'Keeffe, 29*, Iowa City, Iowa	56:24	9:05
72	8	W30	Carrie Barker, 31*, Iowa City, Iowa	56:25	9:05
104	21	M25	John Barker, 29, Bettendorf, Iowa	56:30	9:05
105	23	M20	Josh Bartels, 24, Davenport, Iowa	56:30	9:06
106	24	M20	Jason Freiberg, 23, Iowa City, Iowa	56:34	9:06
73	9	W30	Michelle Arduser, 30*, North Liberty, Iowa	56:36	9:06
107	17	M40	John Robnett, 42, Bettendorf, Iowa	56:38	9:07
74	4	W50	Flora Cassiliano, 52*, Iowa City, Iowa	56:39	9:07
75	13	W25	Rae Lynn Netolicky, 29*, Swisher, IA	56:56	9:10
76	14	W25	Michelle Peters, 27*, Iowa City, Iowa	57:01	9:11
108	22	M25	Casey Schmidt, 29, Stanwood, Iowa	57:18	9:13
77	28	W20	Jenny McElligott, 22*, Cedar Falls, Iowa	57:21	9:14
109	10	M50	Glenn Meltcalf, 51, Merville, Iowa	57:24	9:14
110	23	M25	Stephen Clow, 29, West Branch, Iowa	57:33	9:16
78	7	W15	Colleen Dahl, 19*, Iowa City, Iowa	57:35	9:16
111	14	M35	Michael Donnelly, 39, Iowa City, Iowa	57:38	9:16
79	15	W25	Karla Hopkins, 28*, Marion, Iowa	57:40	9:17
112	24	M25	Matthew Hopkins, 28, Marion, Iowa	57:47	9:18
113	25	M25	Andy Luckner, 27, Wheaton, Illinois	58:01	9:20
114	25	M20	Karsten Temme, 21, Iowa City, Iowa	58:01	9:20
80			Alyson Jahnke*, Iowa City, Iowa	58:14	9:22
115	18	M40	Robert Lindhardt, 47, Iowa City, Iowa	58:15	9:22
116	20	M30	Ed Gillan, 34, Iowa City, Iowa	58:20	9:23
81	29	W20	Summer Dewdney, 24*, Iowa City, Iowa	58:21	9:23
82	30	W20	Amy Meltcalf, 23*, Iowa City, Iowa	58:24	9:24
83	16	W25	Barb Strandberg, 27*, Iowa City, Iowa	58:53	9:28
84	9	W35	Tracy Murphy, 35*, Tiffin, Iowa	58:59	9:29
85	17	W25	Stephanie Lear, 29*, Coralville, Iowa	59:03	9:30
86	10	W30	Janet Bullers, 34*, Iowa City, Iowa	59:05	9:30
87	31	W20	Laura Franck, 24*, Iowa City, Iowa	59:06	9:30
117	11	M50	Dan Wall, 52, Cedar Rapids, Iowa	59:06	9:31
88			Julie Sederquist*	59:49	9:37
89	32	W20	Kristin Pitt, 23*, Iowa City, Iowa	59:50	9:38
118	19	M40	Dick Koestner, 45, Davenport, Iowa	1:00:01	9:39
119	26	M20	Eric McGlaughlin, 23, Iowa City, Iowa	1:00:12	9:41
120	20	M40	James Runneberg, 49, Laurens, Iowa	1:00:36	9:45
90	33	W20	Jennifer Runneberg, 20*, Iowa City, Iowa	1:00:37	9:45
91	8	W15	Mariel Peterson, 19*, Iowa City, Iowa	1:00:37	9:45
121	27	M20	Gregory Gillman, 22, Iowa City, Iowa	1:00:38	9:45
122	21	M40	Jeff Clark, 47, Cedar Rapids, Iowa	1:00:44	9:46
92	7	W40	Terrie Ames, 46*, Frankfort, Illinois	1:00:50	9:47
93	34	W20	Melissa Hansen, 21*, Iowa City, Iowa	1:01:03	9:49
94	9	W15	Carrie Mohr, 18*, Iowa City, Iowa	1:01:20	9:52
95	10	W35	Mimi Hart, 36*, Cedar Rapids, Iowa	1:01:20	9:52
96	1	JrW	Sara Dietz, 11*, Iowa City, Iowa	1:01:24	9:53
97	11	W30	Lisa Pfeiler, 33*, Iowa City, Iowa	1:01:26	9:53
123	15	M35	Brian Bradley, 35, Iowa City, Iowa	1:01:27	9:53
98	8	W40	Mary DeValois, 41*, Iowa City, Iowa	1:02:03	9:59
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99	35	W20	Noreen Niemeyer, 23*, North Liberty, Iowa	1:02:17	10:01
100	12	W30	Shellie Mackel, 31*, Iowa City, Iowa	1:02:36	10:04
101	36	W20	Lindsay Lundholm, 24*, Iowa City, Iowa	1:02:48	10:06
102	5	W50	Frank Scamman, 57*, Iowa City, Iowa	1:03:19	10:11
103	11	W35	Sarah England, 35*, Iowa City, Iowa	1:03:42	10:15
104	13	W30	Julie Lessard, 30*, Coralville, Iowa	1:04:23	10:22
124	22	M40	John Sramer, 45, Cedar Rapids, Iowa	1:05:40	10:34
105	14	W30	Mindy Wieland, 30*, Iowa City, Iowa	1:05:46	10:35
106	18	W25	Amy Rohret, 25*, Iowa City, Iowa	1:05:46	10:35
107	15	W30	Chris Martin, 30*, West Liberty, Iowa	1:07:57	10:56
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>					
108	37	W20	Alexia Annes, 22*, Iowa City, Iowa	1:10:26	11:20

109	38	W20	Jamie Nuzbach, 20*, Iowa City, Iowa	1:10:26	11:20
110	12	W35	Robin Sueppel, 36*, Iowa City, Iowa	1:10:32	11:21
111	16	W30	Joy Orteza, 33*, Iowa City, Iowa	1:11:12	11:27
125	28	M20	David King, 23, Burlingame, Californi	1:11:12	11:27
112	39	W20	Jen Belbis, 23*, Iowa City, Iowa	1:11:14	11:28
126	16	M35	Jim Jacobson, 37, Coralville, Iowa	1:12:20	11:38
113	9	W40	Sheri Guillot, 49*, Elberon, Iowa	1:12:32	11:40

2 finishers among Men 15 - 19  
28 finishers among Men 20 - 24  
25 finishers among Men 25 - 29  
20 finishers among Men 30 - 34  
16 finishers among Men 35 - 39  
22 finishers among Men 40 - 49  
11 finishers among Men 50 - 59  
1 finishers among Men 60 & Up  
1 finishers among Women 14 & Under  
9 finishers among Women 15 - 19  
39 finishers among Women 20 - 24  
18 finishers among Women 25 - 29  
16 finishers among Women 30 - 34  
12 finishers among Women 35 - 39  
9 finishers among Women 40 - 49  
5 finishers among Women 50 - 59  
126 male finishers  
113 female finishers  
239 total finishers

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