

20th Race for the Cure - 4.85 Kilometer-2**Des Moines, Iowa****Oct. 22, 2011**

50s and Cloudy

Results by Cal Murdock

[Overall 5K](#)[Age Div. Winners](#)[Survivors](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS	FINISHER	TIME	PACE
1	OpM	Zachary Wells, 16, Marshalltown, IA	16:35	5:30
2	OpM	Kory Uhl, 24, Des Moines, IA	16:40	5:32
3	OpM	Robert Nelson, 22, Ames, IA	16:52	5:36
4	OpM	Eric Faires, 21, West Des Moines, IA	16:59	5:38
5	OpM	Dylan Courtney, 18, West Des Moines, IA	17:31	5:49
6	OpM	Chris Vasquez, 17, Des Moines, IA	17:34	5:49
7	OpM	Andrew Townsend, 24, Des Moines, IA	17:42	5:52
8	OpM	Cory Fitzsimmons, 24, Ankeny, IA	18:01	5:59
9	OpM	Chad Lee, 38, West Des Moines, IA	18:03	5:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
10	OpM	Jordan Roszhart, 17, Waukee, IA	18:05	6:00
11	OpM	Lance Bergeson, 43, Des Moines, IA	18:07	6:01
12	OpM	Shadoe Rusk, 17, Colfax, IA	18:08	6:01
13	OpM	Michael Matula, 26, Urbandale, IA	18:09	6:01
14	OpM	David Krohse, 32, Clive, IA	18:15	6:03
15	OpM	Chad Marchant, 32, Ankeny, IA	18:26	6:07
16	OpM	Matthew Scott, 27, West Des Moines, IA	18:30	6:08
17	OpM	Patrick Olmstead, 29, Webster City, IA	18:30	6:08
18	OpM	Jared Ponsor, 28, Storm Lake, IA	18:31	6:08
19	OpM	Trevor Schmitt, 16, West Des Moines, IA	18:39	6:11
20	OpM	Zach Hanna, 17, Indianola, IA	18:44	6:13
21	OpM	Stijn Hentzen, 17, West Des Moines, IA	18:45	6:13
22	OpW	Megan Deist, 16*, Audubon, IA	18:53	6:16
23	OpM	Derrick Flippin, 34, West Des Moines, IA	18:54	6:16
24	OpM	Luke Norris, 18, Des Moines, IA	18:55	6:16
25	OpM	Connor Wunsch, 14, Johnston, IA	18:57	6:17
26	OpM	Jack Catus, 14, Johnston, IA	18:59	6:18
27	1 M50	Keith Gutschenritter, 52, West Des Moines, IA	19:04	6:19
28	1 M30	Steven Zimmer, 36, Altoona, IA	19:07	6:20
29	1 M20	Steven Moore, 24, Iowa City, IA	19:08	6:21
30	1 JrM	Tim Roosa, 16, Altoona, IA	19:09	6:21
31	1 M40	Jon Hoogensen, 47, West Des Moines, IA	19:15	6:23
32	2 M30	Bryce Gilbert, 34, Milo, IA	19:16	6:23
33	2 JrM	Tay Ramus, 15, Bondurant, IA	19:17	6:24
34	2 M20	Marwan Yugusuk, 20, Desmoines, IA	19:20	6:25
35	3 JrM	Ryan Baber, 16, Des Moines, IA	19:22	6:25
36	OpW	Stephanie Mortenson, 29*, Urbandale, IA	19:23	6:26
37	3 M30	Chris Keller, 32, Waukee, IA	19:23	6:26
38	2 M40	David Kallemyn, 47, Carlisle, IA	19:26	6:27
39	3 M20	Greg Cregeen, 28, Ames, IA	19:27	6:27
40	4 M20	Aaron Wagner, 28, West Des Moines, IA	19:30	6:28
41	4 M30	David Hostetter, 34, Colfax, IA	19:33	6:29
42	5 M20	Dan Zabler, 24, Cedar Falls, IA	19:34	6:29
43	4 JrM	Finn Hoogensen, 15, West Des Moines, IA	19:42	6:32
44	6 M20	Nathan Krohn, 28, Perry, IA	19:45	6:33

45	5 JrM	Ben Miller, 19, Des Moines, IA	19:49	6:34
46	2 M50	Rob Hentzen, 50, West Des Moines, IA	19:50	6:35
47	5 M30	Stefan Shirley, 36, Ames, IA	19:52	6:35
48	6 JrM	Alex Courtney, 18, W Des Moines, IA	19:55	6:36
49	7 JrM	John Casady, 16, Indianola, IA	19:55	6:36
50	8 JrM	Brad Vannoy, 18, Runnells, IA	19:55	6:36
51	OpW	Kirsten Lake, 21*, Parker, CO	19:58	6:37
52	9 JrM	Austin Renes, 18, Rock Valley, IA	20:02	6:39
53	7 M20	Nicholas Olson, 21, Lacona, IA	20:04	6:39
54	8 M20	Dru Jorgensen, 22, Ankeny, IA	20:05	6:39
55	10 JrM	Hunter Haws, 16, Ankeny, IA	20:05	6:40
56	6 M30	Jesse Wurth, 36, Urbandale, IA	20:06	6:40
57	OpW	Maddie Kleve, 17*, Urbandale, IA	20:07	6:40
58	7 M30	James Anderson, 35, Carroll, IA	20:08	6:41
59	8 M30	Jon Pena, 38, Grimes, IA	20:10	6:41
60	OpW	Dawn Hayes, 40*, Waukee, IA	20:16	6:43
61	9 M20	Steele Fiscus, 21, Union, IA	20:18	6:44
62	3 M40	Shawn Hisel, 41, West Des Moines, IA	20:19	6:44
63	11 JrM	Luke Sinclair, 14, Carlisle, IA	20:21	6:45
64	12 JrM	Hudson Haws, 14, Ankeny, IA	20:21	6:45
65	9 M30	Eric Caldwell, 33, Pekin, IL	20:21	6:45
66	3 M50	Jeff Weeks, 52, Des Moines, IA	20:23	6:46
67	OpW	Sara Erselius, 34*, Montezuma, IA	20:24	6:46
68	10 M20	Mark Moore, 26, West Des Moines, IA	20:29	6:48
69	10 M30	Andrew Wood, 32, Otley, IA	20:31	6:48
70	13 JrM	Nate Schmitt, 14, West Des Moines, IA	20:31	6:48
71	14 JrM	Tyler Bruinekool, 11, West Des Moines, IA	20:32	6:49
72	11 M20	Patrick Bauer, 25, Ames, IA	20:33	6:49
73	12 M20	Dan Pelletier, 22, Des Moines, IA	20:33	6:49
74	OpW	Carrie Grant, 33*, Lincoln, NE	20:38	6:51
75	OpW	Kenzie Foldes, 16*, Johnston, IA	20:40	6:51
76	15 JrM	Grisham Hentzen, 14, West Des Moines, IA	20:43	6:52
77	13 M20	Clay Arnold, 26, Creston, IA	20:52	6:55
78	1 M60	Mark Hayes, 61, Waukee, IA	20:54	6:56
79	16 JrM	Drew Brown, 9, Urbandale, IA	20:55	6:56
80	2 M60	John Terry, 62, West Des Moines, IA	20:56	6:56
81	14 M20	Brandon Lee, 25, Ames, IA	20:58	6:57
82	4 M40	Philip Hill, 48, Long Beach, CA	20:59	6:58
83	OpW	Andrea Renner, 16*, Urbandale, IA	21:00	6:58
84	5 M40	Alan Brown, 47, Urbandale, IA	21:01	6:58
85	15 M20	Luke Widstrom, 24, West Des Moines, IA	21:02	6:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
86	16 M20	Nick Radcliff, 24, Des Moines, IA	21:06	7:00
87	OpW	Jordyn Kleve, 14*, Urbandale, IA	21:09	7:01
88	11 M30	John Shannon, 39, Ankeny, IA	21:11	7:02
89	OpW	Jacqueline Nowack, 28*, Waterloo, IA	21:13	7:02
90	12 M30	Jacob Wurth, 33, Urbandale, IA	21:18	7:04
91	17 JrM	Quinn Sonntag, 15, Windsor Heights, IA	21:18	7:04
92	18 JrM	Sam Amadeo, 14, Des Moines, IA	21:19	7:04
93	13 M30	Jason Steenblock, 30, Ankeny, IA	21:31	7:08
94	14 M30	Matt Braet, 35, West Des Moines, IA	21:33	7:09
95	OpW	Jady Polson, 14*, Johnston, IA	21:35	7:09
96	6 M40	Scott Mills, 40, Des Moines, IA	21:36	7:10
97	OpW	Amanda Muhlbauer, 29*, Mc Callsburg, IA	21:44	7:13
98	OpW	Rebecca McIntosh, 47*, Des Moines, IA	21:45	7:13
99	15 M30	Jesse Tibodeau, 37, Nevada, IA	21:46	7:13
100	19 JrM	Collin Coffey, 14, West Des Moines, IA	21:46	7:13
101	4 M50	Willie Lahart, 58, Bondurant, IA	21:47	7:13
102	17 M20	James Jeltema, 25, Des Moines, IA	21:49	7:14
103	OpW	Kennedi Hostetter, 14*, Colfax, IA	21:55	7:16
104	20 JrM	Seamus Geraty, 12, Des Moines, IA	21:58	7:17
105	18 M20	Matt Lorenz, 26, West Des Moines, IA	21:58	7:17
106	7 M40	Dan Gustafson, 49, West Des Moines, IA	22:00	7:18
107	8 M40	Troy Weiland, 40, West Des Moines, IA	22:02	7:18
108	OpW	Andria Nelson, 41*, Ankeny, IA	22:03	7:19

109		OpW	Ellen Bennett, 14*, Ankeny, IA	22:05	7:19
110	19	M20	William Adamowski, 23, Des Moines, IA	22:07	7:20
111	5	M50	Marvin Van Wyk, 52, Pella, IA	22:09	7:21
112	21	JrM	Zach Robertson, 15, Perry, IA	22:12	7:22
113	20	M20	Michael Fulton, 24, Des Moines, IA	22:13	7:22
114	21	M20	Brian Portillo, 22, Ames, IA	22:13	7:22
115		OpW	Naomi Hill, 12*, Ankeny, IA	22:13	7:22
116		OpW	Peggy Gregson, 37*, Montezuma, IA	22:14	7:23
117	16	M30	Laramie Sandquist, 33, Owatonna, MN	22:16	7:23
118		OpW	Haley Daughhetee, 14*, Johnston, IA	22:17	7:23
119		OpW	Hannah Snodgrass, 13*, Indianola, IA	22:17	7:23
120	9	M40	Marty Sprague, 48	22:17	7:23
121		OpW	Lonni Waltermire, 45*, Garwin, IA	22:18	7:24
122	22	JrM	Jake Simpson, 17, Norwalk, IA	22:19	7:24
123		OpW	Jamile Shirley, 29*, Ames, IA	22:20	7:25
124	10	M40	Mark Flammang, 42, Albia, IA	22:22	7:25
125		OpW	Ashley Stout, 24*, Davenport, IA	22:22	7:25
126	22	M20	Mike Stout, 24, Davenport, IA	22:23	7:25
127	23	M20	Greg Bellville, 26, Pleasant Hill, IA	22:27	7:27
128	23	JrM	Nicholas Sandberg, 17, West Des Moines, IA	22:27	7:27
129		OpW	Brooke Winton, 31*, Altoona, IA	22:29	7:27
130	1	JrW	Sarah Kromminga, 14*, Johnston, IA	22:31	7:28
131	24	JrM	Jack Palen, 12, Norwalk, IA	22:32	7:28
132	11	M40	Scott Atkinson, 46, Urbandale, IA	22:33	7:29
133	17	M30	John Macdonald, 33, Des Moines, IA	22:33	7:29
134	1	W30	Molly Weber, 37*, Waukee, IA	22:36	7:30
135	2	JrW	Inaya Karajica, 9*, Clive, IA	22:36	7:30
136	25	JrM	Nathan Sanders, 12, Waukee, IA	22:37	7:30
137	18	M30	Elmir Karajica, 37, Clive, IA	22:38	7:31
138	1	W40	Angie Palen, 41*, Norwalk, IA	22:39	7:31
139	1	W20	Debra Hamilton, 25*, Nevada, IA	22:41	7:31
140	19	M30	Che McFarlin, 37, Des Moines, IA	22:43	7:32
141	20	M30	Patrick Leer, 38, Urbandale, IA	22:45	7:33
142	2	W20	Kirsten Gierach, 23*, Des Moines, IA	22:46	7:33
143	3	W20	Alisa Sleep, 29*, West Des Moines, IA	22:47	7:33
144	2	W30	Cari Jones, 36*, Des Moines, IA	22:47	7:33
145	24	M20	Jessie Wipperman, 27, Des Moines, IA	22:49	7:34
146	26	JrM	Nick Yeast, 12, Johnston, IA	22:50	7:34
147	3	W30	Jody Angus, 38*, Johnston, IA	22:50	7:34
148	12	M40	Bryan Schnurr, 40, Clive, IA	22:51	7:35
149	3	JrW	Savannah Kannapel, 14*, Windsor Heights, IA	22:51	7:35
150	13	M40	Chris Kannapel, 49, Windsor Heights, IA	22:52	7:35
151	27	JrM	Jake Reed, 15, Adair, IA	22:53	7:35
152	25	M20	Lance Johnston, 27, Ankeny, IA	22:59	7:37
153	4	JrW	Ashley Meldrum, 14*, Cambridge, IA	23:00	7:38
154	2	W40	Jean West, 41*, Adel, IA	23:00	7:38
155	4	W30	Kristi Warren, 31*, Huxley, IA	23:00	7:38
156	28	JrM	Cole Lafollette, 14, Des Moines, IA	23:01	7:38
157	3	W40	Tracy Everett, 42*, Pleasant Hill, IA	23:05	7:39
158	6	M50	Alan Gross, 57, Des Moines, IA	23:06	7:40
159	14	M40	Andy Yeast, 42, Johnston, IA	23:06	7:40
160	5	JrW	Anne Rogers, 14*, Johnston, IA	23:06	7:40
161	5	W30	Rachel Hoger, 36*, Johnston, IA	23:10	7:41
162	3	M60	Roy Ney, 63, Des Moines, IA	23:10	7:41
163	7	M50	Tom Rosburg, 56, Colo, IA	23:10	7:41
164	4	W20	Katie Seifert, 29*, New Ulm, MN	23:10	7:41
165	21	M30	Brad Nelson, 34, Cumming, IA	23:12	7:42
166	29	JrM	Jack Krone, 15, Johnston, IA	23:13	7:42
167	1	W50	Cindy De Prenger, 51*, Otley, IA	23:13	7:42
168	26	M20	Derick Tallman, 27, West Des Moines, IA	23:19	7:44
169	6	W30	Jen Williams, 36*, Nevada, IA	23:19	7:44
170	7	W30	Leah Martin, 33*, West Des Moines, IA	23:20	7:44
171	27	M20	Joel Followill, 28, Des Moines, IA	23:22	7:45
172	6	JrW	Jade Peterson, 14*, Ankeny, IA	23:23	7:45

173	15	M40	Eric Funk, 46, Ankeny, IA	23:25	7:46
174	22	M30	Curt Miller, 30, Cedar Rapids, IA	23:25	7:46
175	5	W20	Tiffany Owenson, 26*, West Des Moines, IA	23:26	7:46
176	8	W30	Abby Glanville, 30*, Ames, IA	23:27	7:47
177	23	M30	Josh Stubbs, 36, Des Moines, IA	23:31	7:48
178	7	JrW	Elliana Lenz, 13*, Waukee, IA	23:31	7:48
179	9	W30	Stephanie Lengtat, 32*, Windsor Heights, IA	23:32	7:48
180	8	JrW	Alexandria Cain, 14*, Ankeny, IA	23:32	7:48
181	4	M60	Robert Larson, 62, Johnston, IA	23:33	7:49
182	16	M40	Patrick Hammen, 47, Waukee, IA	23:35	7:49
183	5	M60	Simon Casady, 62, Indianola, IA	23:37	7:50
184	4	W40	Valarie Timm, 43*, Indianola, IA	23:41	7:51
185	10	W30	Hattie Schott, 31*, West Des Moines, IA	23:41	7:51
186	5	W40	Bobbi Snodgrass, 49*, Indianola, IA	23:41	7:51
187	6	W20	Emily Layton, 20*, Waverly, IA	23:44	7:52
188	28	M20	Cody Lodemeier, 22, West Des Moines, IA	23:45	7:52
189	2	W50	Jane Wickman, 58*, Kellogg, IA	23:46	7:53
190	9	JrW	Erica Thacker, 15*, Urbandale, IA	23:48	7:54
191	3	W50	Debi Bull, 53*, Des Moines, IA	23:49	7:54
192	11	W30	Jamie Christenson, 33*, Des Moines, IA	23:50	7:54
193	17	M40	Scott Dean, 47, Des Moines, IA	23:50	7:54
194	7	W20	Bette Wiebke, 21*, Des Moines, IA	23:55	7:56
195	8	M50	Michael Smith, 51, Clive, IA	23:59	7:57
196	10	JrW	Maddie Carver, 12*, Urbandale, IA	23:59	7:57
197	29	M20	Benjamin Knutson, 23, Saint Charles, IA	24:01	7:58
198	11	JrW	Katie Schreck, 12*, Urbandale, IA	24:05	7:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
199	18	M40	Kenneth Bernstein, 44, Des Moines, IA	24:11	8:01
200	24	M30	Justin Wurth, 30, Urbandale, IA	24:12	8:02
201	12	W30	Lacy Follett-Brubaker, 33*, Jefferson, IA	24:13	8:02
202	19	M40	Tom Catus, 48, Grimes, IA	24:15	8:02
203	12	JrW	Megan Shryack, 16*, Urbandale, IA	24:17	8:03
204	30	M20	Jeff Lieberman, 28, West Des Moines, IA	24:17	8:03
205	13	W30	Nicole Bussard, 32*, Coal Valley, IL	24:17	8:03
206	14	W30	Amy Reimer, 31*, Des Moines, IA	24:20	8:04
207	13	JrW	Shianne Gruss, 18*, Iowa City, IA	24:21	8:05
208	9	M50	Randy Dorrell, 52, Winterset, IA	24:21	8:05
209	25	M30	Ronnie Gray, 32, Fort Madison, IA	24:21	8:05
210	26	M30	Ben Anderson, 33, Prairie City, IA	24:22	8:05
211	14	JrW	Emma Acela, 10*, Urbandale, IA	24:22	8:05
212	15	JrW	Rebekah Domayer, 19*, Waukee, IA	24:23	8:05
213	31	M20	Lee Madison, 27, Orient, IA	24:24	8:05
214	20	M40	Curt Carlson, 48, Johnston, IA	24:24	8:06
215	30	JrM	Alex Bruinekool, 13, West Des Moines, IA	24:26	8:06
216	4	W50	Carol Litscher, 50*, West Des Moines, IA	24:30	8:07
217	6	W40	Cheryl Ouellette, 40*, Ankeny, IA	24:30	8:08
218	27	M30	Brent Ouellette, 39, Ankeny, IA	24:30	8:08
219	32	M20	Brian Schnurr, 27, Olathe, KS	24:32	8:08
220	10	M50	Jeffrey Niemann, 51, West Des Moines, IA	24:33	8:08
221	21	M40	Eric Courtney, 43, W Des Moines, IA	24:33	8:08
222	33	M20	Greg Gill, 21, West Des Moines, IA	24:33	8:09
223	31	JrM	Bryan Friestad, 13, Johnston, IA	24:36	8:09
224	8	W20	Natalie Wendler, 28*, Johnston, IA	24:37	8:10
225			Amanda Rigg*, Indianola, IA	24:37	8:10
226	28	M30	Michael Hanson, 30, Waukee, IA	24:38	8:10
227	9	W20	Holly Barrett, 28*, Des Moines, IA	24:39	8:11
228	10	W20	Emily McBurney, 25*, Waukee, IA	24:40	8:11
229	29	M30	Scott Beveridge, 31, West Des Moines, IA	24:41	8:11
230	34	M20	Jason Collins, 29, Des Moines, IA	24:41	8:11
231	22	M40	Todd Krone, 45, Johnston, IA	24:42	8:11
232	7	W40	Karen Proksch, 48*, Boone, IA	24:42	8:12
233	35	M20	Taylor Fjelland, 27, West Des Moines, IA	24:44	8:12
234	36	M20	Shawn Reidburn, 26, West Des Moines, IA	24:45	8:12
235	16	JrW	Morgan Bax, 19*, Greenfield, IA	24:45	8:13

236	11	W20	Tara Scroggin, 29*, Altoona, IA	24:46	8:13
237	32	JrM	Charles Robertson, 14, Maxwell, IA	24:49	8:14
238	37	M20	Tony Rabey, 25, Des Moines, IA	24:49	8:14
239	23	M40	David May, 40, Des Moines, IA	24:49	8:14
240	5	W50	Nancie Dorrell, 51*, Winterset, IA	24:50	8:14
241	12	W20	Natalie Chadwick, 25*, Des Moines, IA	24:50	8:14
242	24	M40	Travis Hamilton, 40, Clive, IA	24:50	8:14
243	38	M20	Anthony Lueck, 21, Ames, IA	24:51	8:14
244	13	W20	Emily Bergfeld, 29*, Clive, IA	24:52	8:15
245	17	JrW	Hannah Zadeh, 12*, Ankeny, IA	24:52	8:15
246	15	W30	Marcey Propp, 30*, Story City, IA	24:54	8:15
247	14	W20	Shawnae Raymond, 29*, Clive, IA	24:54	8:15
248	30	M30	Nicholas Rivera, 30, Des Moines, IA	24:54	8:15
249	15	W20	Kayla Ferdon, 22*, Norwalk, IA	24:54	8:16
250	16	W20	Beth Madison, 24*, Orient, IA	24:55	8:16
251	33	JrM	Jon Johnson, 15, Dallas Center, IA	24:56	8:16
252	16	W30	Keri Kain, 36*, Ames, IA	24:57	8:17
253	17	W20	Amy Guffy, 26*, Des Moines, IA	24:58	8:17
254	39	M20	Brad Davis, 28, Des Moines, IA	24:58	8:17
255	34	JrM	Nate Jones, 13, Des Moines, IA	24:58	8:17
256	17	W30	Jane Schmitt, 39*, Des Moines, IA	24:58	8:17
257	18	W20	Alicia Hetrick, 28*, Hubbard, IA	24:59	8:17
258	19	W20	Stephanie Gable, 26*, Des Moines, IA	25:00	8:18
259	31	M30	Ken Balduchi, 36, Des Moines, IA	25:00	8:18
260	25	M40	Tim Smith, 43, Bondurant, IA	25:00	8:18
261	26	M40	Max Studer, 47, Norwalk, IA	25:02	8:18
262	27	M40	Jon Johnson, 42, Dallas Center, IA	25:03	8:19
263	32	M30	Jeremy Knipper, 32, Waukee, IA	25:04	8:19
264	33	M30	Sean Eifert, 37, Augusta, IL	25:05	8:19
265	20	W20	Theresa Dvorak, 29*, Williamsburg, IA	25:06	8:20
266	18	JrW	Becky Visser, 16*, Knoxville, IA	25:07	8:20
267	8	W40	Raquel Eash, 40*, Carlisle, IA	25:07	8:20
268	21	W20	Julie Lint, 29*, Newton, IA	25:09	8:20
269	22	W20	Jennifer Grundmeier, 25*, Roland, IA	25:09	8:20
270	35	JrM	Noah Schmitt, 13, Des Moines, IA	25:09	8:20
271	23	W20	Lisa Morrissey, 23*, Urbandale, IA	25:09	8:20
272	40	M20	Caleb Grundmeier, 26, Roland, IA	25:12	8:22
273	28	M40	Todd Blythe, 46, Burlington, IA	25:13	8:22
274	18	W30	Natasha Rogers, 34*, West Des Moines, IA	25:14	8:22
275	19	W30	Jean Gibson, 39*, Dexter, IA	25:15	8:22
276	9	W40	Dee Dee Janssen, 46*, Ankeny, IA	25:15	8:23
277	11	M50	Michael Boyle, 51, Ankeny, IA	25:15	8:23
278	24	W20	Tiffannie McDermott, 29*, Colfax, IA	25:16	8:23
279	20	W30	Kate Stephens, 31*, Gilbert, IA	25:16	8:23
280	21	W30	Tiffany Kragnes, 38*, West Des Moines, IA	25:18	8:24
281	29	M40	Larry Mahlstedt, 46, Des Moines, IA	25:19	8:24
282	10	W40	Laura Bandy, 40*, Norwalk, IA	25:22	8:25
283	41	M20	Jos Depauw, 27, Omaha, NE	25:23	8:25
284	19	JrW	Mylea Cole, 11*, Urbandale, IA	25:23	8:25
285	34	M30	Aaron Hohl, 37, Des Moines, IA	25:24	8:25
286	25	W20	Julie Tuel, 28*, Otley, IA	25:24	8:25
287	36	JrM	Zeek Pearson, 13, Boone, IA	25:25	8:26
288	37	JrM	Jalen Adams, 9, West Des Moines, IA	25:25	8:26
289	42	M20	Zach Randall, 28, Lovilia, IA	25:25	8:26
290	43	M20	Brandon Scheel, 28, Ames, IA	25:28	8:27
291	44	M20	Kody McCauley, 24, Ankeny, IA	25:29	8:27
292	26	W20	Maggie Downs, 25*, Creston, IA	25:30	8:27
293	12	M50	John Moreland, 54, Des Moines, IA	25:30	8:27
294	20	JrW	Jordan Classon, 13*, Grimes, IA	25:31	8:28
295	45	M20	Greg Speer, 26, Urbandale, IA	25:31	8:28
296	35	M30	Andrew Schirman, 34, Granger, IA	25:31	8:28
297	6	M60	Richard Kelley, 62, Des Moines, IA	25:31	8:28
298	27	W20	Caitlin Paul, 20*, West Des Moines, IA	25:32	8:28
299	22	W30	Jessica Urbina, 33*, Des Moines, IA	25:33	8:28
300	46	M20	Nick Harbert, 25, Ankeny, IA	25:34	8:29

301	36	M30	Kevin Peters, 30, Des Moines, IA	25:34	8:29
302	23	W30	Dawn Statton, 39*, West Des Moines, IA	25:34	8:29
303	24	W30	Angie McNurlen, 37*, Washington, IA	25:38	8:30
304	30	M40	Douglas Finnegan, 45, New Lenox, IL	25:40	8:31
305	31	M40	Allen Waterman, 47, Johnston, IA	25:40	8:31
306	38	JrM	Ben Alzen, 13, Altoona, IA	25:41	8:31
307	39	JrM	Sam Dowling, 13, Altoona, IA	25:41	8:31
308	40	JrM	Hunter Pappan, 12, Prole, IA	25:42	8:31
309	47	M20	Ryan Anderson, 28, Des Moines, IA	25:44	8:32
310	13	M50	Chris Mitchell, 56, Clear Lake, IA	25:44	8:32
311	14	M50	Robert Hansell, 53, Ankeny, IA	25:47	8:33
312	37	M30	Matt Engel, 31, Urbandale, IA	25:47	8:33
313	38	M30	Josh Rosonke, 30, Des Moines, IA	25:50	8:34
314	21	JrW	Joanna Gragg, 19*, Ankeny, IA	25:50	8:34
315	41	JrM	Jesse McLearn-Montz, 13, Ankeny, IA	25:50	8:34
316	11	W40	Jennifer Weir, 43*, Des Moines, IA	25:50	8:34
317	25	W30	Katie Koshinski, 31*, West Des Moines, IA	25:51	8:35
318	28	W20	Katelyn Knutson, 20*, Saint Charles, IA	25:52	8:35
319	15	M50	Tim Houge, 51, Urbandale, IA	25:53	8:35
320	29	W20	Alma Henry, 29*, Johnston, IA	25:54	8:35
321	32	M40	Craig Niehaus, 41, Ankeny, IA	25:54	8:35
322	33	M40	James Arthur, 47, Des Moines, IA	25:55	8:36
323	30	W20	Maggie Grignano, 22*, Madison, WI	25:57	8:36
324	39	M30	Todd Galetich, 39, Urbandale, IA	25:57	8:36
325	48	M20	Jacob Norris, 20, Des Moines, IA	25:59	8:37
326	31	W20	Dana Brenner, 28*, Des Moines, IA	25:59	8:37
327	49	M20	Keaton Carter, 20, Cedar Falls, IA	26:01	8:38
328	42	JrM	Michael Forget, 19, Fort Dodge, IA	26:06	8:39
329	26	W30	Brenda Johnson, 39*, Dallas Center, IA	26:06	8:39
330	40	M30	Ross Lincoln, 37, Clive, IA	26:07	8:40
331	32	W20	Ashley Stewart, 24*, Ottumwa, IA	26:07	8:40
332	33	W20	Heather Easton, 25*, West Des Moines, IA	26:09	8:40
333	22	JrW	Jennifer Zoutte, 15*, Altoona, IA	26:10	8:41
334	50	M20	Jordan Sauser, 25, Johnston, IA	26:11	8:41
335	34	W20	Christine Sailer, 27*, West Des Moines, IA	26:11	8:41
336	51	M20	Christopher Lorey, 26, West Des Moines, IA	26:12	8:41
337	23	JrW	Tiffany Torno, 19*, Indianola, IA	26:13	8:42
338	41	M30	Nicholas Giberson, 32, West Burlington, IA	26:13	8:42
339	35	W20	Allison McNeal, 23*, Adel, IA	26:15	8:42
340	1	M70	John Brennan, 70, Berlin, WI	26:15	8:42
341	36	W20	Jenny Will, 24*, Des Moines, IA	26:16	8:43
342	43	JrM	Collin Coffey, 14, West Des Moines, IA	26:17	8:43
343	24	JrW	Kaylee Wurth, 11*, Urbandale, IA	26:18	8:43
344	42	M30	Clint Stephens, 32, Waukee, IA	26:18	8:44
345	44	JrM	Bryce Hingst, 14, West Des Moines, IA	26:19	8:44
346	52	M20	Keith Petersen, 28, Des Moines, IA	26:19	8:44
347	37	W20	Melanie Jackson, 27*, West Des Moines, IA	26:19	8:44
348	12	W40	Michelle Mackie, 41*, Clive, IA	26:20	8:44
349	43	M30	Matthew Carpenter, 34, Urbandale, IA	26:21	8:45
350	34	M40	English Fiscus, 48, Union, IA	26:25	8:46
351	38	W20	Carrie Poethke, 27*, Des Moines, IA	26:25	8:46
352	25	JrW	Carrie Cox, 10*, Urbandale, IA	26:25	8:46
353	26	JrW	Hope Johnson, 10*, Urbandale, IA	26:26	8:46
354	13	W40	Tonia Courtney, 40*, W Des Moines, IA	26:27	8:46
355	44	M30	Scott Meldrum, 38, Cambridge, IA	26:29	8:47
356	39	W20	Krystal Rozeboom, 23*, Webster City, IA	26:33	8:48
357	35	M40	Joel Mangold, 49, Des Moines, IA	26:33	8:48
358	40	W20	Jolene Hull, 29*, West Des Moines, IA	26:34	8:49
359	14	W40	Valerie Reason, 41*, Waukee, IA	26:36	8:49
360	27	JrW	Kayleigh Harrah, 14*, Jefferson, IA	26:37	8:50
361	36	M40	Toby Hoy, 42, Dallas Center, IA	26:38	8:50
362	27	W30	Elizabeth Rudicil, 32*, Ankeny, IA	26:39	8:50
363	15	W40	Elaine Ferin, 44*, Saint Marys, IA	26:41	8:51
364	6	W50	Louisa Perry, 51*, Bondurant, IA	26:41	8:51
365	16	W40	Tricia Hingst, 41*, West Des Moines, IA	26:42	8:51

366	41	W20	Ashley Schlader, 29*, Waukee, IA	26:42	8:51																
367	45	M30	Chad Brewbaker, 32, Clive, IA	26:42	8:51																
368	42	W20	Sarah Viscuso, 28*, Oskaloosa, IA	26:43	8:52																
369	28	W30	Sara Boies, 37*, Indianola, IA	26:43	8:52																
370	17	W40	Wendy Bryant, 41*, Clive, IA	26:43	8:52																
371	29	W30	Chrissy Stringfellow, 34*, Albia, IA	26:45	8:52																
372	45	JrM	Ian Herrick, 13, Boone, IA	26:46	8:53																
373	18	W40	Beth Adams, 46*, Indianola, IA	26:46	8:53																
374	7	W50	Jasmina Delilovic, 50*, Clive, IA	26:47	8:53																
375	46	M30	Gordon Dvorak, 32, Williamsburg, IA	26:48	8:53																
376	43	W20	Laura Sauser, 26*, Johnston, IA	26:50	8:54																
377	44	W20	Bridget Schlievert, 26*, Clive, IA	26:52	8:55																
378	37	M40	Curt Vote, 42, Clive, IA	26:54	8:55																
379	46	JrM	Ethan Paul, 9, West Des Moines, IA	26:55	8:56																
380	45	W20	Lindsey Frank, 28*, Des Moines, IA	26:56	8:56																
381	8	W50	Mary Mathis, 59*, West Des Moines, IA	26:56	8:56																
382	46	W20	Britttany Michael, 20*, Des Moines, IA	26:58	8:57																
383	19	W40	Colleen Bentzen, 41*, West Des Moines, IA	26:58	8:57																
384	16	M50	Terry Mitchell, 50, Waukee, IA	26:59	8:57																
385	28	JrW	Maggie Benhart, 18*, Des Moines, IA	27:00	8:57																
386	47	M30	Jon Rollings, 37, Adel, IA	27:00	8:57																
387	29	JrW	Amareigh Rollings, 14*, Adel, IA	27:01	8:58																
388	20	W40	Jessica Hill, 49*, Platteville, WI	27:01	8:58																
389	30	W30	Aedria Rollings, 34*, Adel, IA	27:03	8:58																
390	48	M30	Justin Toler, 35, West Des Moines, IA	27:03	8:58																
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391	38	M40	Kenny Ramus, 46, Bondurant, IA	27:09	9:00																
392	17	M50	Jim Horton, 57, Des Moines, IA	27:12	9:01																
393	53	M20	Fred Haas, 29, Des Moines, IA	27:13	9:02																
394	47	JrM	Tucker Rochleau, 14, West Des Moines, IA	27:13	9:02																
395	7	M60	Buzz Hoffman, 64, West Des Moines, IA	27:13	9:02																
396	47	W20	Kimberly Schou, 27*, Norwalk, IA	27:14	9:02																
397	39	M40	Scott Thomas, 48, Indianola, IA	27:15	9:02																
398	31	W30	Rebecca Lenz, 36*, Waukee, IA	27:18	9:03																
399	40	M40	Bob Timm, 45, Iowa Falls, IA	27:18	9:03																
400	49	M30	Jonathan Ahl, 38, West Des Moines, IA	27:19	9:04																
401	21	W40	Tracey Shryack, 43*, Urbandale, IA	27:20	9:04																
402	32	W30	Amanda Barsness, 33*, Norwalk, IA	27:21	9:04																
403	18	M50	Tom Warner, 54, West Des Moines, IA	27:21	9:04																
404	50	M30	Jason Zeliadt, 35, Grimes, IA	27:21	9:04																
405	9	W50	Ellen Eakin, 53*, Des Moines, IA	27:22	9:05																
406	48	JrM	Tye Correy, 10, Johnston, IA	27:22	9:05																
407	54	M20	Zane Scott-Tunkin, 24, Des Moines, IA	27:24	9:05																
408	49	JrM	Sam McPhee, 10, Des Moines, IA	27:25	9:06																
409	48	W20	Katrina Moreland, 29*, Urbandale, IA	27:25	9:06																
410	49	W20	Susan Krahenbuhl, 29*, Ankeny, IA	27:28	9:07																
411	50	W20	Kelly Peddy, 20*, Ankeny, IA	27:31	9:08																
412	51	M30	Hai Vo, 32, Clive, IA	27:32	9:08																
413	22	W40	Jill Kruse, 40*, Ames, IA	27:34	9:09																
414	51	W20	Allison Thayer, 27*, Des Moines, IA	27:35	9:09																
415	52	W20	Kendra Smith, 26*, Des Moines, IA	27:35	9:09																
416	23	W40	Sally Overton, 41*, Des Moines, IA	27:36	9:09																
417	33	W30	Jane Detwiler, 32*, Des Moines, IA	27:37	9:10																
418	52	M30	Ray Seidelman, 39, West Des Moines, IA	27:41	9:11																
419	53	W20	Stephanie Gable, 26*, Des Moines, IA	27:42	9:11																
420	30	JrW	Emma Kohls, 13*, Des Moines, IA	27:44	9:12																
421	55	M20	Jesse Dick, 25, Des Moines, IA	27:44	9:12																
422	10	W50	Sue Wetsch, 57*, Van Meter, IA	27:45	9:12																
423	34	W30	Priscilla Toler, 35*, West Des Moines, IA	27:45	9:12																
424	35	W30	Lane Polito, 31*, Dallas Center, IA	27:46	9:13																
425	11	W50	Gail Stelmacher, 57*, West Des Moines, IA	27:47	9:13																
426	36	W30	Teresa Thompson, 37*, Pella, IA	27:50	9:14																
427	37	W30	Abra Pulley, 35*, Des Moines, IA	27:50	9:14																
428	53	M30	Braxton Pulley, 33, Des Moines, IA	27:50	9:14																
429	50	JrM	Alexander Brown, 12, Urbandale, IA	27:51	9:14																

430	54	W20	Dawn Stam, 23*, Newton, IA	27:52	9:14
431	56	M20	Joel Stam, 24, Newton, IA	27:56	9:16
432	24	W40	Kristin Semple, 41*, Fort Dodge, IA	27:56	9:16
433	38	W30	Janet Classon, 38*, Grimes, IA	27:57	9:16
434	54	M30	Beau Sprouse, 30, Des Moines, IA	27:57	9:16
435	41	M40	Richard Blythe, 44, Chariton, IA	27:57	9:16
436	19	M50	Jeff Egli, 54, Ankeny, IA	27:57	9:16
437	39	W30	Heidi Hasselbalch, 34*, Norwalk, IA	27:58	9:17
438	55	W20	Veronica Sesker, 27*, Norwalk, IA	27:59	9:17
439	51	JrM	Ben Fahrenkrug, 11, Waukee, IA	28:01	9:18
440	56	W20	Katie Stockdale, 29*, Coralville, IA	28:02	9:18
441	57	W20	Kristina Taylor, 26*, Waterloo, IA	28:02	9:18
442	40	W30	Jhonna Demarcky, 35*, Norwalk, IA	28:04	9:18
443	58	W20	Holly Byrkeland, 20*, Algona, IA	28:04	9:19
444	12	W50	Cindy Bugg, 56*, Clive, IA	28:04	9:19
445	25	W40	Susan Vaske, 41*, West Des Moines, IA	28:06	9:19
446	41	W30	Nikki Vandello, 38*, Winterset, IA	28:06	9:19
447	26	W40	Michelle Palen, 43*, Des Moines, IA	28:07	9:20
448	1	W60	Mary Ann Fahrenkrug, 66*, Davenport, IA	28:08	9:20
449	27	W40	Stephanie Houge, 40*, Madrid, IA	28:11	9:21
450	42	W30	Marcy Stocker, 30*, Des Moines, IA	28:11	9:21
451	52	JrM	Max Carver, 11, Urbandale, IA	28:11	9:21
452	20	M50	Curt Gause, 52, Pleasant Hill, IA	28:12	9:21
453	28	W40	Nancy Mackie, 47*, Clive, IA	28:12	9:21
454	29	W40	Kathie Reis, 43*, Urbandale, IA	28:12	9:21
455	30	W40	Tammy Zaroni, 44*, Indianola, IA	28:12	9:21
456	21	M50	Joe Zaroni, 50, Indianola, IA	28:13	9:21
457	42	M40	Allen Kratz, 42, Des Moines, IA	28:13	9:22
458	43	W30	Megan Mrky-Webster, 37*, Urbandale, IA	28:15	9:22
459	43	M40	Jeffery Peterson, 42, Adel, IA	28:15	9:22
460	31	JrW	Abby Reis, 12*, Urbandale, IA	28:15	9:22
461	32	JrW	Casey Ritchie, 12*, Urbandale, IA	28:18	9:23
462	55	M30	Charles Fairbanks, 37, Johnston, IA	28:18	9:23
463	57	M20	Caleb Bell, 20, Newton, IA	28:19	9:23
464	44	W30	Amanda Clark, 33*, Des Moines, IA	28:19	9:24
465	33	JrW	Kate Meade, 11*, Urbandale, IA	28:20	9:24
466	2	M70	Alvin Ravenscroft, 77, Ames, IA	28:21	9:24
467	59	W20	Lynn Klein, 27*, Owatonna, MN	28:21	9:24
468	34	JrW	Celie Kohls, 16*, Des Moines, IA	28:24	9:25
469	56	M30	Nathan Lewis, 34, Ankeny, IA	28:25	9:25
470	58	M20	Aaron Pearce, 28, West Des Moines, IA	28:27	9:26
471	45	W30	Sarah Bailey, 36*, Urbandale, IA	28:27	9:26
472	31	W40	Angie Lookingbill, 40*, Urbandale, IA	28:28	9:27
473	60	W20	Jeri Carstens, 27*, Jefferson, IA	28:29	9:27
474	3	M70	Rich Robbins, 73, West Des Moines, IA	28:31	9:27
475	35	JrW	Amanda Jensen, 16*, Des Moines, IA	28:31	9:27
476	36	JrW	Kate Fjelstad, 16*, Johnston, IA	28:32	9:28
477	32	W40	Holly Cihota, 43*, Urbandale, IA	28:32	9:28
478	13	W50	Brenda Auxier-Mailey, 53*, Windsor Heights, IA	28:32	9:28
479	14	W50	Ann Rowlands, 56*, Ruthven, IA	28:33	9:28
480	61	W20	Ivy Boyd, 27*, Norwalk, IA	28:33	9:28
481	46	W30	Robin Bucheit, 35*, Palo, IA	28:33	9:28
482	62	W20	Katie Dunn, 25*, Johnston, IA	28:34	9:29
483	53	JrM	Clayton Short, 18, Maryville, IL	28:35	9:29
484	15	W50	Kathy Ford, 53*, Clive, IA	28:37	9:29
485	37	JrW	Cora Eggherman, 14*, Des Moines, IA	28:38	9:30
486	22	M50	Don Peddy, 52, Ankeny, IA	28:38	9:30
487	57	M30	Brent Flander, 32, Grinnell, IA	28:38	9:30
488	16	W50	Linda Rogers, 51*, Des Moines, IA	28:38	9:30
489	38	JrW	Katie Berlund, 18*, Ames, IA	28:39	9:30
490	63	W20	Sarah McGraw, 29*, Ankeny, IA	28:43	9:31
491	47	W30	Stacy Anderson, 32*, Des Moines, IA	28:43	9:32
492	39	JrW	Abby Catus, 11*, Slater, IA	28:48	9:33
493	44	M40	Erwin Martin, 43, Altoona, IA	28:50	9:34

494	58	M30	Rob Marinaro, 39, Des Moines, IA	28:51	9:34
495	48	W30	Allyson Schultze, 35*, Norwalk, IA	28:51	9:34
496	59	M30	Paul Kuhl, 36, Urbandale, IA	28:52	9:34
497	59	M20	Joel Sparks, 22, Ames, IA	28:52	9:34
498	64	W20	Ashley Sparks, 21*, Ames, IA	28:52	9:35
499	33	W40	K. Macy, 43*, Ankeny, IA	28:53	9:35
500	49	W30	Meridie Burger, 33*, Adel, IA	28:53	9:35
501	65	W20	Mollie McGrath, 21*, Cedar Falls, IA	28:55	9:35
502	66	W20	Katy Johnson, 21*, Ames, IA	28:55	9:36
503	60	M30	Brian Anderson, 38, Rochester, MN	28:56	9:36
504	61	M30	Andrew Emerson, 30, Denver, IA	28:57	9:36
505	60	M20	Brandon Ewing, 24, Johnston, IA	28:57	9:36
506	34	W40	Jill Krambeer, 41*, Urbandale, IA	29:00	9:37
507	45	M40	Luke Stutzman, 40, Adel, IA	29:01	9:37
508	50	W30	Rania Robb, 30*, Bondurant, IA	29:02	9:38
509	35	W40	Lisa Bruner, 45*, Pleasant Hill, IA	29:02	9:38
510	40	JrW	Molly Bruner, 15*, Pleasant Hill, IA	29:03	9:38
511	67	W20	Meredith Cooney, 24*, Des Moines, IA	29:03	9:38
512	61	M20	Scott Shannon, 22, Ames, IA	29:03	9:38
513	68	W20	Rachel Owen, 21*, Ames, IA	29:04	9:38
514	41	JrW	Emily Livingston, 16*, Augusta, IL	29:08	9:40
515	69	W20	Laura Todd, 23*, Boone, IA	29:09	9:40
516	62	M20	Nikola Todorovic, 22, Ankeny, IA	29:09	9:40
517	63	M20	Matthew Cook, 27, Des Moines, IA	29:10	9:40
518	54	JrM	Luke Lilienthal, 10, Ankeny, IA	29:11	9:41
519	2	W60	Wahneta Haywood, 61*, Janesville, IA	29:12	9:41
520	64	M20	Gene Sopher, 25, Des Moines, IA	29:15	9:42
521	70	W20	Ann Cahoy, 25*, Ankeny, IA	29:15	9:42
522	71	W20	Staci Fjelland, 25*, West Des Moines, IA	29:15	9:42
523	51	W30	Beth Knipper, 32*, Waukee, IA	29:18	9:43
524	4	M70	Ron Sinn, 70, Bondurant, IA	29:19	9:44
525	17	W50	Linda Healy, 57*, Des Moines, IA	29:20	9:44
526	36	W40	Jennifer Tannenbaum, 41*, West Des Moines, IA	29:24	9:45
527	52	W30	Holly Arnold, 35*, Corydon, IA	29:26	9:46
528	72	W20	Alison Stevens, 26*, Des Moines, IA	29:26	9:46
529	65	M20	Cody Garrison, 26, Creston, IA	29:26	9:46
530	73	W20	Amy Wallace, 28*, Creston, IA	29:27	9:46
531	37	W40	Andrea Kemp, 43*, Ames, IA	29:28	9:46
532	74	W20	Jennifer Thayer, 28*, Norwalk, IA	29:28	9:46
533	23	M50	Patrick Verdun, 50, Johnston, IA	29:29	9:47
534	53	W30	Jessica Eagan, 33*, Norwalk, IA	29:31	9:47
535	54	W30	Kristine Toms, 33*, Indianola, IA	29:34	9:48
536	62	M30	Jason Barney, 32, Dallas Center, IA	29:36	9:49
537	55	W30	Amra Karajica, 35*, Clive, IA	29:37	9:49
538	18	W50	Judy Stabel, 53*, Ames, IA	29:37	9:49
539	19	W50	Elizabeth Happe, 53*, Urbandale, IA	29:37	9:50
540	38	W40	Jodi Gruening, 45*, Urbandale, IA	29:38	9:50
541	46	M40	Todd Friestad, 43, Johnston, IA	29:39	9:50
542	47	M40	Luke Ulrich, 42, Nevada, IA	29:42	9:51
543	42	JrW	Arin Johnson, 11*, West Des Moines, IA	29:44	9:52
544	63	M30	Corey Paul, 36, West Des Moines, IA	29:44	9:52
545	48	M40	Donnie Brinstad, 42, Des Moines, IA	29:45	9:52
546	75	W20	Josh Stoker, 25*, Norwalk, IA	29:45	9:52
547	43	JrW	Brooke Lilienthal, 13*, Ankeny, IA	29:48	9:53
548	66	M20	Matt Kappes, 27, Ames, IA	29:48	9:53
549	76	W20	Rachel Madany, 26*, Oskaloosa, IA	29:49	9:54
550	56	W30	Tracy Greening, 38*, Ankeny, IA	29:50	9:54
551	77	W20	Meisha Rosenberg, 22*, Ames, IA	29:50	9:54
552	67	M20	Greg Gayman, 26, Des Moines, IA	29:53	9:55
553	78	W20	Amber Alley, 26*, Des Moines, IA	29:54	9:55
554	49	M40	Jim Linidberg, 46, Windsor Heights, IA	29:55	9:55
555	55	JrM	Ryan Hill, 19, Platteville, WI	29:56	9:56
556	68	M20	Brian Klett, 27, West Des Moines, IA	29:57	9:56
557	57	W30	Joanne Grage, 35*, Omaha, NE	29:59	9:57

558	50	M40	Martin Kemp, 43, Ankeny, IA	30:00	9:57
559	79	W20	Amber Caudle, 28*, Adel, IA	30:05	9:59
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560	58	W30	Keyli Schultz, 32*, West Des Moines, IA	30:09	10:00
561	69	M20	Josh Peterson, 22, Ames, IA	30:10	10:01
562	3	W60	Ann Greubel, 61*, Indianola, IA	30:11	10:01
563	80	W20	Renee Peterson, 23*, Ames, IA	30:13	10:01
564	44	JrW	Judy Farrell, 13*, Carlisle, IA	30:13	10:01
565	45	JrW	Lauren Lee, 17*, Carlisle, IA	30:13	10:01
566	59	W30	Meghan Kinnetz, 31*, Des Moines, IA	30:14	10:02
567	46	JrW	Courtney Eash, 13*, Carlisle, IA	30:14	10:02
568	60	W30	Robin Dunham, 36*, Urbandale, IA	30:14	10:02
569	47	JrW	Josi Ocheltree, 12*, Casey, IA	30:15	10:02
570	48	JrW	Brooke Kelley, 13*, Nevada, IA	30:16	10:02
571	51	M40	Larry Kelley, 45, Nevada, IA	30:17	10:03
572	81	W20	Katie Petty, 26*, Indianola, IA	30:17	10:03
573	64	M30	Kevin Mogle, 31, Des Moines, IA	30:18	10:03
574	82	W20	Nicole Leblanc, 26*, Urbandale, IA	30:19	10:03
575	83	W20	Lilia Walther, 20*, Ames, IA	30:22	10:04
576	84	W20	Heather Maddox, 23*, Kansas City, MO	30:23	10:05
577	61	W30	Emily Porter, 36*, Des Moines, IA	30:23	10:05
578	70	M20	Eduardo Boro, 24, Ames, IA	30:24	10:05
579	62	W30	Tammy Wetjen-Kesterson, 39*, Marengo, IA	30:25	10:05
580	85	W20	Natalie Kelley, 21*, Ames, IA	30:27	10:06
581	52	M40	Jim Popp, 48, Waukee, IA	30:27	10:06
582	20	W50	Kay Peddy, 51*, Ankeny, IA	30:27	10:06
583	49	JrW	Katie Carver, 9*, Urbandale, IA	30:28	10:06
584	39	W40	Julie Sander, 42*, Altoona, IA	30:28	10:06
585	50	JrW	Taylor Ocheltree, 8*, Urbandale, IA	30:28	10:06
586	63	W30	Breanne Bailey, 30*, Minburn, IA	30:33	10:08
587	86	W20	Jennifer Hiatt, 25*, Ames, IA	30:33	10:08
588	87	W20	Bobbi Perry, 22*, Waucoma, IL	30:33	10:08
589	88	W20	Jacque Manternach, 21*, Ames, IA	30:34	10:08
590	89	W20	Ellysia Ciddio, 21*, Des Moines, IA	30:38	10:10
591	90	W20	Colleen McMillan, 29*, Woodbury, MN	30:44	10:12
592	64	W30	Beth Marchant, 33*, Ankeny, IA	30:45	10:12
593	65	W30	Amanda Bricker, 32*, Ankeny, IA	30:49	10:13
594	51	JrW	Elizabeth Schmeiser, 12*, Elkhart, IA	30:51	10:14
595	66	W30	Julie Ganoe, 32*, Jefferson, IA	30:52	10:14
596	40	W40	Julie Schmalz, 40*, West Des Moines, IA	30:52	10:14
597	24	M50	Scott Mailey, 58, Windsor Heights, IA	30:53	10:15
598	67	W30	Becky Knight, 35*, Des Moines, IA	30:54	10:15
599	65	M30	Nate Kinnetz, 32, Des Moines, IA	30:55	10:15
600	52	JrW	Jori Jones, 15*, Des Moines, IA	30:57	10:16
601	41	W40	Chrisann Funk, 46*, Ankeny, IA	31:00	10:17
602	42	W40	Linda Caviness, 45*, Orient, IA	31:01	10:17
603	91	W20	Megan Evans, 26*, Des Moines, IA	31:02	10:17
604	92	W20	Nicole Moriniere, 24*, Washington, DC	31:09	10:20
605	68	W30	Stacey Roszhart, 38*, Waukee, IA	31:12	10:21
606	43	W40	Melanie Ewalt, 45*, Marshalltown, IA	31:14	10:22
607	69	W30	Laura Thomas, 35*, Madrid, IA	31:17	10:23
608	70	W30	Kim Melone, 34*, West Des Moines, IA	31:17	10:23
609	93	W20	Mychele Herring, 29*, Waukee, IA	31:20	10:24
610	71	W30	Ranina Robinson, 33*, Altoona, IA	31:20	10:24
611	94	W20	Kelly Rosin, 22*, Ankeny, IA	31:23	10:25
612	95	W20	Laura Hutzell, 27*, West Des Moines, IA	31:24	10:25
613	96	W20	Stephanie Bunting, 26*, Urbandale, IA	31:26	10:26
614	53	JrW	Asia Underwood, 12*, Des Moines, IA	31:27	10:26
615	72	W30	Lori Reha, 34*, Ankeny, IA	31:28	10:26
616	73	W30	Michele Ramsey, 39*, Altoona, IA	31:31	10:27
617	74	W30	Jessica Klein, 30*, Des Moines, IA	31:31	10:27
618	75	W30	Sarah Kouri, 33*, Des Moines, IA	31:32	10:27
619	76	W30	Hannah Rogers, 36*, Des Moines, IA	31:34	10:28
620	97	W20	Rachelle Self, 24*, Des Moines, IA	31:35	10:29
621	77	W30	Laurie Eickhoff, 39*, Ankeny, IA	31:36	10:29

622	54	JrW	Kelsey Acheson, 15*, Johnston, IA	31:37	10:29
623	98	W20	Samantha Farnum, 29*, New Sharon, IA	31:37	10:29
624	55	JrW	Kiley Spoth, 16*, Polk City, IA	31:37	10:29
625	56	JrW	Alyssa Sporrer, 15*, Ankeny, IA	31:38	10:30
626	44	W40	Sue Hansen, 44*, Nevada, IA	31:38	10:30
627	45	W40	Jamie Tullis, 40*, Boone, IA	31:39	10:30
628	21	W50	Rebecca Van Baale, 50*, Newton, IA	31:40	10:30
629	4	W60	Melanie Lahart, 62*, Bondurant, IA	31:41	10:31
630	99	W20	Hillary Recker, 27*, Iowa City, IA	31:43	10:31
631	100	W20	Chelsi Van Baale, 26*, Ankeny, IA	31:43	10:31
632	66	M30	Jason Pulliam, 35, Des Moines, IA	31:45	10:32
633	25	M50	Tom Smith, 51, Iowa Falls, IA	31:46	10:32
634	101	W20	Laura Tirado, 20*, Cedar Rapids, IA	31:47	10:32
635	46	W40	Kathleen Jones, 44*, West Des Moines, IA	31:47	10:33
636	53	M40	Thomas Hill, 43, Platteville, WI	31:48	10:33
637	57	JrW	Holly Hill, 16*, Platteville, WI	31:49	10:33
638	58	JrW	Hanna Haack, 15*, Des Moines, IA	31:52	10:34
639	59	JrW	Mykenna Cole, 8*, Urbandale, IA	31:56	10:36
640	47	W40	Tanya Hardy, 40*, Osceola, IA	31:57	10:36
641	60	JrW	Maggie Norland, 13*, Des Moines, IA	31:58	10:36
642	61	JrW	Annie Majure, 13*, Des Moines, IA	31:58	10:36
643	71	M20	Daniel Rewerts, 29, Slater, IA	31:58	10:36
644	62	JrW	Lily Dunley-Williamson, 10*, Johnston, IA	32:01	10:37
645	63	JrW	Kate Chartier, 13*, Des Moines, IA	32:01	10:37
646	48	W40	Laurin Canfield, 47*, Des Moines, IA	32:02	10:37
647	78	W30	Pamela Remsburg, 32*, Radcliffe, IA	32:04	10:38
648	49	W40	Monica Collins, 42*, Grimes, IA	32:06	10:39
649	50	W40	Tammy Mozey, 43*, Des Moines, IA	32:07	10:39
650	79	W30	Kat Kinseth, 35*, Des Moines, IA	32:08	10:40
651	22	W50	Linda Recker, 59*, Pella, IA	32:09	10:40
652	102	W20	Jesse Lahmann, 25*, Cedar Falls, IA	32:10	10:40
653	18a1024			32:10	10:40
654	80	W30	Toni Freese, 38*, Marshalltown, IA	32:15	10:42
655	51	W40	Karen Glock, 46*, Ankeny, IA	32:16	10:42
656	81	W30	Michelle Corwin, 36*, West Des Moines, IA	32:16	10:42
657	26	M50	Gary Gade, 59, Des Moines, IA	32:16	10:42
658	52	W40	Teresa McConnell, 45*, Urbandale, IA	32:19	10:43
659	82	W30	Tiffany Schnell, 30*, West Des Moines, IA	32:19	10:43
660	83	W30	Shannon Clark, 34*, Pleasantville, IA	32:20	10:43
661	84	W30	Adrienne Walker, 35*, Ankeny, IA	32:21	10:44
662	53	W40	Martha Kester, 43*, Des Moines, IA	32:21	10:44
663	54	W40	Barbara Simonton, 44*, Des Moines, IA	32:21	10:44
664	103	W20	Sarah Jobst, 25*, Urbandale, IA	32:22	10:44
665	64	JrW	Nicole Behnke, 19*, Ames, IA	32:23	10:45
666	65	JrW	Ally Meyer, 19*, Sumner, IA	32:24	10:45
667	104	W20	Jennifer Cummings, 26*, Ames, IA	32:25	10:45
668	105	W20	Courtney Smith, 29*, Lansing, KS	32:27	10:46
669	67	M30	Ryan Fitzgerald, 30, West Des Moines, IA	32:27	10:46
670	5	M70	Charles Grassley, 78, Cedar Falls, IA	32:30	10:47
671	85	W30	Heather Lilienthal, 37*, Ankeny, IA	32:30	10:47
672	106	W20	Erin Sudbrock, 28*, Clive, IA	32:31	10:47
673	66	JrW	Megan Meade, 8*, Urbandale, IA	32:31	10:47
674	86	W30	Monica Cameron, 39*, Des Moines, IA	32:34	10:48
675	55	W40	Jeneane Brewer, 40*, Ankeny, IA	32:37	10:49
676	107	W20	Katie Holl, 27*, Des Moines, IA	32:37	10:49
677	72	M20	Jedidiah Holl, 29, Des Moines, IA	32:39	10:50
678	67	JrW	Harlee Van De Voort, 16*, Pella, IA	32:54	10:55
679	23	W50	Cathy Koch, 56*, Runnells, IA	32:54	10:55
680	87	W30	Melissa Fitzgerald, 34*, Waukee, IA	32:55	10:55
681	68	M30	Tim Anderson, 36, Des Moines, IA	32:56	10:55
682	69	M30	Brad Arnold, 38, Corydon, IA	32:56	10:55
683	88	W30	Melanie Godfrey, 38*, Des Moines, IA	32:57	10:56
684	89	W30	Connie Bowman, 34*, Pekin, IL	32:58	10:56
685	90	W30	Donna Smith, 39*, Slater, IA	32:59	10:57
686	24	W50	Marilee Weatherman, 52*, Marshalltown, IA	33:03	10:58

687	108	W20	Jana McConnell, 28*, Grimes, IA	33:07	10:59																
688	109	W20	Laura Hofstrand, 26*, Ankeny, IA	33:08	10:59																
Face:	6:00		7:00		8:00		9:00		10:00		11:00		12:00		13:00		14:00		15:00		Top
689	91	W30	Nicole Hedrick, 31*, Des Moines, IA	33:09	11:00																
690	27	M50	Don Richardson, 52, Minburn, IA	33:10	11:00																
691	56	JrM	Logan Renes, 16, Rock Valley, IA	33:12	11:01																
692	56	W40	Jody Leo, 49*, Des Moines, IA	33:12	11:01																
693	110	W20	Kari Russler, 28*, Center Point, IA	33:12	11:01																
694	25	W50	Kathy Friesen, 55*, Iowa Falls, IA	33:14	11:02																
695	26	W50	Trish Lee, 51*, Eldora, IA	33:14	11:02																
696	57	W40	Jorja Timm, 46*, Iowa Falls, IA	33:16	11:02																
697	58	W40	Chaney Yeast, 41*, Johnston, IA	33:16	11:02																
698	27	W50	Donna Spence, 54*, Ankeny, IA	33:18	11:03																
699	111	W20	Mallory Hartgers, 24*, New Sharon, IA	33:20	11:03																
700	112	W20	Jentri Haworth, 25*, New Sharon, IA	33:20	11:03																
701	113	W20	Courtney Schock, 27*, New Sharon, IA	33:20	11:03																
702	28	M50	Kemal Delilovic, 53, Clive, IA	33:21	11:04																
703	59	W40	Leslie DeBrower, 41*, Pleasant Hill, IA	33:26	11:05																
704	70	M30	Dusty Hurst, 31, Fayetteville, AR	33:28	11:06																
705	114	W20	Allison Fank, 24*, West Des Moines, IA	33:29	11:06																
706	92	W30	Amy Blair, 36*, West Des Moines, IA	33:30	11:07																
707	93	W30	Tami Burnham, 38*, West Des Moines, IA	33:31	11:07																
708	115	W20	Erin Sudbrock, 28*, Clive, IA	33:33	11:08																
709	60	W40	Susan Richards, 47*, Ankeny, IA	33:40	11:10																
710	5	W60	Rose Mary Pratt, 64*, Des Moines, IA	33:44	11:11																
711	54	M40	Jared Eash, 43, Carlisle, IA	33:49	11:13																
712	28	W50	Leisa Mandell, 52*, Collins, IA	33:52	11:14																
713	68	JrW	Naomi Klingbeil, 13*, Pekin, IL	33:53	11:14																
714	61	W40	Angela Johnson, 41*, Manning, IA	33:54	11:15																
715	29	W50	Susan Shaw, 54*, Clive, IA	33:54	11:15																
716	116	W20	Julie Medhus, 29*, Coralville, IA	33:55	11:15																
717	117	W20	Lindy Shaw, 23*, Coralville, IA	33:57	11:16																
718	94	W30	Becky Caldwell, 33*, Pekin, IL	33:58	11:16																
719	118	W20	Amy Harbert, 29*, Ankeny, IA	34:02	11:17																
720	8	M60	Robert Pratt, 64, Des Moines, IA	34:13	11:21																
721	119	W20	Bridget Purdy, 27*, West Des Moines, IA	34:13	11:21																
722	95	W30	Briget Johnson, 33*, Urbandale, IA	34:13	11:21																
723	120	W20	Hillary Lindell, 23*, West Des Moines, IA	34:14	11:21																
724	30	W50	Karen Wood, 57*, Greenfield, IA	34:14	11:21																
725	121	W20	Robert Palmer, 26*, West Des Moines, IA	34:14	11:21																
726	122	W20	Kelly Caylor, 27*, West Des Moines, IA	34:18	11:23																
727	96	W30	Janice Hutchison, 39*, Winterset, IA	34:18	11:23																
728	62	W40	Jackie Krone, 43*, Johnston, IA	34:18	11:23																
729	63	W40	Amanda Kennedy, 43*, Indianola, IA	34:22	11:24																
730	31	W50	Cindy Sulzman, 52*, Polk City, IA	34:22	11:24																
731	97	W30	Jolynne Carlson, 31*, Madrid, IA	34:24	11:25																
732	98	W30	Kim Hinkhouse, 34*, Urbandale, IA	34:39	11:30																
733	64	W40	Dyan Mitchell, 43*, Knoxville, IA	34:41	11:30																
734	65	W40	Kelly Peiper, 42*, Waukee, IA	34:42	11:31																
735	73	M20	Adam Bothwell, 28, Des Moines, IA	34:46	11:32																
736	66	W40	Gabrielle Rodriguez, 44*, Des Moines, IA	34:48	11:33																
737	67	W40	Teresa Kemp, 41*, Boone, IA	34:49	11:33																
738	32	W50	Markie Lamer, 55*, West Des Moines, IA	34:51	11:34																
739	99	W30	Karen Blodgett, 38*, West Des Moines, IA	34:52	11:34																
740	100	W30	Amy Olson, 31*, Norwalk, IA	34:53	11:34																
741	123	W20	Krystal McHenry, 27*, West Des Moines, IA	34:53	11:34																
742	69	JrW	Shelby Johnson, 12*, Dallas Center, IA	34:54	11:34																
743	124	W20	Tina Gehling, 28*, Carroll, IA	34:59	11:36																
744	101	W30	Soraya Teeling, 39*, Lisbon, IA	35:00	11:36																
745	68	W40	Carole Petzenhauser, 45*, Roland, IA	35:03	11:38																
746	125	W20	Andrea Hall, 26*, Urbandale, IA	35:05	11:38																
747	126	W20	Melissa Kohagen, 25*, Waterloo, IA	35:19	11:43																
748	102	W30	Lori Reed, 39*, Des Moines, IA	35:25	11:45																
749	57	JrM	Sammy Branstad Phillips, 11, Des Moines, IA	35:25	11:45																

750	69	W40	Angie Bendlage Peters, 43*, Des Moines, IA	35:27	11:46
751	103	W30	Melissa Snell, 39*, Osceola, IA	35:31	11:47
752	104	W30	Amy Jaschke, 35*, Polk City, IA	35:31	11:47
753	74	M20	Andrew Kintigh, 27, Des Moines, IA	35:31	11:47
754	105	W30	Kristin Kintigh, 33*, Des Moines, IA	35:32	11:47
755	106	W30	Emily Karwoski, 35*, Ankeny, IA	35:36	11:48
756	70	W40	Amy Stephenson, 40*, Iowa Falls, IA	35:36	11:48
757	58	JrM	Tommy Branstad Phillips, 9, Des Moines, IA	35:37	11:49
758	55	M40	David Phillips, 43, Des Moines, IA	35:39	11:49
759	127	W20	Nicole Drenthe, 28*, Ames, IA	35:40	11:50
760	107	W30	Erin Lantz, 37*, Des Moines, IA	35:41	11:50
761	6	W60	Joyce Manning, 62*, Anaheim, CA	35:41	11:50
762	33	W50	Judi Mireles, 57*, Urbandale, IA	35:45	11:52
763	128	W20	Jaecy Garrison, 24*, Ankeny, IA	35:50	11:53
764	108	W30	Peggy Isaacs, 35*, Bloomington, IL	35:50	11:53
765	34	W50	Tonia Baker, 51*, San Jose, CA	35:50	11:53
766	109	W30	Amber Ammons, 32*, Grimes, IA	35:55	11:55
767	110	W30	Danae Quick, 32*, West Des Moines, IA	35:58	11:56
768	111	W30	Kylene Chesnut, 30*, Osceola, IA	35:59	11:56
769	35	W50	Sheryl Van Wyk, 55*, Sully, IA	35:59	11:56
770	129	W20	Kendra Steuhm, 28*, Indianola, IA	36:00	11:56
771	112	W30	Amy Pennington, 30*, Martensdale, IA	36:04	11:58
772	36	W50	Diana Hiatt, 52*, West Des Moines, IA	36:05	11:58
773	130	W20	Shannon Grundmeier, 26*, Ames, IA	36:06	11:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
774	75	M20	Matt Sulentic, 29, Waterloo, IA	36:13	12:01
775	71	W40	Julie LaFollette, 41*, Des Moines, IA	36:15	12:01
776	113	W30	Jackie Rosol, 34*, Waukee, IA	36:15	12:01
777	114	W30	Rachel Welty, 35*, Des Moines, IA	36:15	12:02
778	37	W50	Susy Robinette, 57*, West Des Moines, IA	36:20	12:03
779	115	W30	Robin Romp, 31*, West Des Moines, IA	36:20	12:03
780	70	JrW	Brooke Thacker, 13*, Urbandale, IA	36:20	12:03
781	72	W40	Valerie Thacker, 44*, Urbandale, IA	36:22	12:04
782	116	W30	Lisa Givens, 38*, Des Moines, IA	36:22	12:04
783	38	W50	Alisa Horn, 52*, Johnston, IA	36:32	12:07
784	131	W20	Lucy Wilson, 26*, West Des Moines, IA	36:33	12:07
785	29	M50	Jeff Wilson, 59, Fairfield, IA	36:34	12:08
786	9	M60	Tom Selander, 61, Des Moines, IA	36:38	12:09
787	73	W40	Caryn Farmer, 48*, Carlisle, IA	36:42	12:10
788	132	W20	Michelle Hurst, 29*, Fayetteville, AR	36:53	12:14
789	117	W30	Staci Schmeiser, 38*, Elkhart, IA	36:54	12:15
790	118	W30	Lisa Hartwigsen, 32*, Glidden, IA	36:57	12:15
791	133	W20	Erin Fitzgerald, 28*, Des Moines, IA	36:58	12:16
792	119	W30	Wendi Hart, 37*, Des Moines, IA	37:00	12:16
793	134	W20	Stephanie Jackson, 23*, Des Moines, IA	37:00	12:16
794	76	M20	Tanner Ludwig, 22, Urbandale, IA	37:06	12:18
795	120	W30	Cori Coleman, 31*, Fort Dodge, IA	37:08	12:19
796	121	W30	Michelle Christy, 32*, Norwalk, IA	37:08	12:19
797	122	W30	Shannon Campbell, 30*, West Des Moines, IA	37:14	12:21
798	71	JrW	Leonna Gage, 9*, Urbandale, IA	37:18	12:22
799	39	W50	Mollie Cooney, 58*, Des Moines, IA	37:19	12:23
800	30	M50	Kevin Cooney, 59, Des Moines, IA	37:22	12:24
801	74	W40	Dishon Clark, 41*, Lacona, IA	37:23	12:24
802	123	W30	Bonnie Clark, 37*, Lacona, IA	37:24	12:25
803	135	W20	Kristi Souksaengmany, 27*, Marshalltown, IA	37:41	12:30
804	124	W30	Melody Hageman, 34*, Altoona, IA	37:44	12:31
805	31	M50	Tracy Worrall, 50, Madrid, IA	37:53	12:34
806	125	W30	Carolyn Manning, 33*, Des Moines, IA	38:05	12:38
807	126	W30	Amy Carolus, 37*, Treynor, IA	38:13	12:41
808	40	W50	Becky Selander, 51*, Des Moines, IA	38:16	12:42
809	56	M40	Enrique Orrante, 46, Des Moines, IA	38:30	12:46
810	41	W50	Nancy Schrum, 59*, Waukee, IA	38:31	12:47
811	127	W30	Katie Cole, 31*, Grimes, IA	38:40	12:49
812	128	W30	Betty Underwood, 38*, Des Moines, IA	38:42	12:50

813	129	W30	Erin O'Donnell, 32*, Johnston, IA	38:48	12:52
814	136	W20	Norah Carroll, 22*, Des Moines, IA	38:53	12:54
815	137	W20	Sandy Hurst, 25*, Woodward, IA	38:54	12:54
816	57	M40	Craig Moore, 45, Des Moines, IA	38:55	12:55
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817	75	W40	Terri Orrante, 43*, Des Moines, IA	39:15	13:01
818	130	W30	Darcie Sprouse, 30*, Des Moines, IA	39:21	13:03
819	131	W30	Jeni Pulliam, 31*, Des Moines, IA	39:26	13:05
820	138	W20	Kristin Eischeid, 22*, Des Moines, IA	39:30	13:06
821	132	W30	Denice Rees, 39*, Waukee, IA	39:45	13:11
822	42	W50	Garnett Wheeler Smith, 56*, Des Moines, IA	39:59	13:16
823	72	JrW	Sarah Schellhammer, 11*, Urbandale, IA	39:59	13:16
824	73	JrW	Sarah Madison, 12*, Urbandale, IA	40:00	13:16
825	139	W20	Jana Mohs, 25*, Urbandale, IA	40:01	13:16
826	43	W50	Jan Schellhammer, 59*, Urbandale, IA	40:12	13:20
827	133	W30	Brandi Herman, 32*, Truro, IA	40:45	13:31
828	76	W40	Christy Olson, 41*, Martensdale, IA	40:50	13:33
829	74	JrW	Taylor Francis, 15*, Ankeny, IA	41:20	13:43
830	134	W30	Tina Koenen, 37*, Carlisle, IA	41:24	13:44
831	77	W40	Kari Hemmen, 44*, Rock Island, IL	41:25	13:44
832	78	W40	Anne Adams, 42*, Mingo, IA	41:31	13:46
833	75	JrW	Megan Campbell, 16*, Pella, IA	41:52	13:53
834	44	W50	Janet Goode, 59*, Des Moines, IA	41:56	13:55
835	45	W50	Carolyn Krafka, 54*, Des Moines, IA	42:02	13:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
836	140	W20	Lindsey Frost, 26*, Ankeny, IA	42:22	14:03
837	58	M40	Scott Fiscus, 46, Bondurant, IA	42:33	14:07
838	79	W40	Shannon Peterson, 44*, Polk City, IA	43:01	14:16
839	77	M20	James Borton, 27, Des Moines, IA	43:52	14:33
840	59	M40	Todd Gohlmann, 47, Ames, IA	44:18	14:42
841	80	W40	Annette Gohlmann, 45*, Ames, IA	44:18	14:42
842	141	W20	Diana Palmer, 29*, Des Moines, IA	44:21	14:43
843	76	JrW	Claire Crees, 10*, Des Moines, IA	44:45	14:51
844	81	W40	Michelle Eash, 41*, Des Moines, IA	45:11	14:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
845	77	JrW	Emily Scieszinski, 9*, Urbandale, IA	46:21	15:22
846	142	W20	Maribeth Dykstra, 21*, Altoona, IA	46:58	15:35
847	59	JrM	Sam Shelton, 18, Johnston, IA	46:58	15:35
848	46	W50	Jean Shelton, 52*, Johnston, IA	47:05	15:37
849	143	W20	Mary Wakefield, 28*, Des Moines, IA	47:32	15:46
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
850	6	M70	D Doan, 79, Des Moines, IA	48:33	16:06
851	135	W30	Susan Hodgkins, 33*, Ankeny, IA	50:03	16:36
852	7	W60	Jaxon Procknow, 61*, Des Moines, IA	50:03	16:36
853	32	M50	Karl Meisel, 50, Des Moines, IA	51:04	16:56
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
854	144	W20	Kathryn Borton, 26*, Des Moines, IA	52:31	17:25
855	1	W70	Sharon Powell, 71*, Urbandale, IA	53:51	17:52
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
856	47	W50	Tonia Johnston, 58*, Des Moines, IA	54:50	18:11
857	78	M20	Travis Eckhart, 26, Urbandale, IA	54:50	18:11
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
858	8	W60	Carol Brennan, 67*, Berlin, WI	1:01:30	20:24
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
859	48	W50	Jeanette Koester, 51*, Altoona, IA	1:10:16	23:19
860	79	M20	Sarah Havelka, 23, Johnston, IA		0

* indicates females

51 finishers among Males (no age given)

59 finishers among Men Under 20

79 finishers among Men 20 - 29

70 finishers among Men 30 - 39

59 finishers among Men 40 - 49

32 finishers among Men 50 - 59

9 finishers among Men 60 - 69

6 finishers among Men 70 & Up

77 finishers among Women Under 20
144 finishers among Women 20 - 29
135 finishers among Women 30 - 39
81 finishers among Women 40 - 49
48 finishers among Women 50 - 59
8 finishers among Women 60 - 69
1 finishers among Women 70 & Up
1 finishers among Females (no age given)
365 male finishers
495 female finishers
860 total finishers

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