

Pound the Ground 10K Run *** 10K Run ***

Overall & Divisions 5K results [HERE](#)

Event: 10K Run

Date: Saturday, June 15, 2013

Location: Tuma Soccer Complex, Marion, IA

Weather: Partly Sunny, Wind SSE 5-15 mph 67°

Overall and Age Divisions

Results By: Kauder Racing

Place	Gender	Division	Name	City	Gun Time	Pace mpm
1	1	1 OVM	Craig Macek, M41	Carbondale, CO	41:56	6:45/M
2	2	1 M50	Brett Roehlk, M50	Cedar Rapids, IA	42:29	6:50/M
3	3	1 M30	Austin Allen, M38	Cedar Rapids, IA	44:51	7:13/M
4	4	1 M40	Eric Busch, M47	Hiawatha, IA	44:57	7:14/M
5	5	1 M20	Bryan Jones, M28	Cedar Rapids, IA	45:17	7:17/M
6	1	1 OVF	Maria Burtch, F16	Coralville, IA	45:24	7:18/M
7	6	2 M40	Ken Wright, M44	Cedar Rapids, IA	46:21	7:27/M
8	7	2 M30	Mike Newman, M35	Cedar Rapids, IA	46:25	7:28/M
9	2	1 F40	Tonya Barber, F43	Fort Collins, CO	47:05	7:34/M
10	3	1 F50	Jane McGee, F50	Hiawatha, IA	49:20	7:56/M
11	8	3 M30	Joshua Tew, M32	Cedar Rapids, IA	49:53	8:01/M
12	4	1 F30	Kathy Ladue, F39	Anamosa, IA	52:11	8:24/M
13	5	1 F15	Rachel Sigmon, F19	Marion, IA	53:15	8:34/M
14	6	2 F15	Sarah Chicchelly, F18	Cedar Rapids, IA	53:45	8:39/M
15	9	2 M20	Andy Sawyer, M27	Solon, IA	54:30	8:46/M
16	7	2 F30	Shauna Hirsch, F36	Rochester, MN	54:50	8:49/M
17	10	3 M20	Matt Bailey, M28	Hiawatha, IA	55:25	8:55/M
18	11	4 M30	Zachary Manes, M34	Cedar Rapids, IA	55:45	8:58/M
19	8	2 F40	Jill Winters, F46	Cedar Rapids, IA	55:54	8:59/M
20	9	1 F20	Kristin Sawyer, F25	Solon, IA	56:26	9:04/M
21	12	2 M50	Steve Hagarty, M52	Cedar Rapids, IA	56:52	9:09/M
22	13	3 M40	John Humphries, M42	Cedar Rapids, IA	57:36	9:16/M
23	10	2 F20	Anna Bria, F27	Iowa City, IA	57:54	9:19/M
24	11	3 F15	Cassie Busch, F18	Hiawatha, IA	58:06	9:21/M
25	12	3 F30	Alisha Yi, F36	Marion, IA	58:45	9:27/M
26	13	2 F50	Diane Hagarty, F50	Cedar Rapids, IA	59:46	9:37/M
27	14	3 M50	Rich Lorimer, M53	Springville, IA	1:00:53	9:47/M

28	15	5 M30	Jeff Lorimer, M32	Swisher, IA	1:00:53	9:47/M
29	16	4 M20	Marc Villaverde, M27	Marion, IA	1:03:04	10:09/M
30	14	3 F50	Jill Jones, F50	Cedar Rapids, IA	1:04:29	10:22/M
31	15	3 F20	Tiffany Merrill, F26	Cedar Rapids, IA	1:07:15	10:49/M
32	17	4 M40	David Harris, M44	Cedar Rapids, IA	1:09:45	11:13/M
33	18	1 M60	Robert Jones, M60	Cedar Rapids, IA	1:09:55	11:15/M
34	16	1 JRF	Jordyn Erickson, F0	IA	1:10:13	11:18/M
35	19	4 M50	Stephen Runde, M59	Marion, IA	1:10:24	11:19/M
36	17	4 F20	Alexis Poduska, F27	North Liberty, IA	1:11:59	11:35/M

Overall and Age Divisions

Overall Male

Place	Name	City	Gun Time	Pace mpm
1	Craig Macek, M41	Carbondale, CO	41:56	6:45/M

Overall Female

Place	Name	City	Gun Time	Pace mpm
1	Maria Burtch, F16	Coralville, IA	45:24	7:18/M

F[14 & Under]

Place	Name	City	Gun Time	Pace mpm
1	Jordyn Erickson, F0	IA	1:10:13	11:18/M

F[15-19]

Place	Name	City	Gun Time	Pace mpm
1	Rachel Sigmon, F19	Marion, IA	53:15	8:34/M
2	Sarah Chicchelly, F18	Cedar Rapids, IA	53:45	8:39/M
3	Cassie Busch, F18	Hiawatha, IA	58:06	9:21/M

M[20-29]

Place	Name	City	Gun Time	Pace mpm
1	Bryan Jones, M28	Cedar Rapids, IA	45:17	7:17/M
2	Andy Sawyer, M27	Solon, IA	54:30	8:46/M
3	Matt Bailey, M28	Hiawatha, IA	55:25	8:55/M
4	Marc Villaverde, M27	Marion, IA	1:03:04	10:09/M

F[20-29]

Place	Name	City	Gun Time	Pace mpm
1	Kristin Sawyer, F25	Solon, IA	56:26	9:04/M

2	Anna Bria, F27	Iowa City, IA	57:54	9:19/M
3	Tiffany Merrill, F26	Cedar Rapids, IA	1:07:15	10:49/M
4	Alexis Poduska, F27	North Liberty, IA	1:11:59	11:35/M

M[30-39]

Place	Name	City	Gun Time	Pace mpm
1	Austin Allen, M38	Cedar Rapids, IA	44:51	7:13/M
2	Mike Newman, M35	Cedar Rapids, IA	46:25	7:28/M
3	Joshua Tew, M32	Cedar Rapids, IA	49:53	8:01/M
4	Zachary Manes, M34	Cedar Rapids, IA	55:45	8:58/M
5	Jeff Lorimer, M32	Swisher, IA	1:00:53	9:47/M

F[30-39]

Place	Name	City	Gun Time	Pace mpm
1	Kathy Ladue, F39	Anamosa, IA	52:11	8:24/M
2	Shauna Hirsch, F36	Rochester, MN	54:50	8:49/M
3	Alisha Yi, F36	Marion, IA	58:45	9:27/M

M[40-49]

Place	Name	City	Gun Time	Pace mpm
1	Eric Busch, M47	Hiawatha, IA	44:57	7:14/M
2	Ken Wright, M44	Cedar Rapids, IA	46:21	7:27/M
3	John Humphries, M42	Cedar Rapids, IA	57:36	9:16/M
4	David Harris, M44	Cedar Rapids, IA	1:09:45	11:13/M

F[40-49]

Place	Name	City	Gun Time	Pace mpm
1	Tonya Barber, F43	Fort Collins, CO	47:05	7:34/M
2	Jill Winters, F46	Cedar Rapids, IA	55:54	8:59/M

M[50-59]

Place	Name	City	Gun Time	Pace mpm
1	Brett Roehlk, M50	Cedar Rapids, IA	42:29	6:50/M
2	Steve Hagarty, M52	Cedar Rapids, IA	56:52	9:09/M
3	Rich Lorimer, M53	Springville, IA	1:00:53	9:47/M
4	Stephen Runde, M59	Marion, IA	1:10:24	11:19/M

F[50-59]

Place	Name	City	Gun Time	Pace mpm
1	Jane McGee, F50	Hiawatha, IA	49:20	7:56/M
2	Diane Hagarty, F50	Cedar Rapids, IA	59:46	9:37/M

3

Jill Jones, F50

Cedar Rapids, IA

1:04:29

10:22/M

M[60 & Over]

Place	Name	City	Gun Time	Pace mpm
1	Robert Jones, M60	Cedar Rapids, IA	1:09:55	11:15/M

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Kauder Racing

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