

Phil Kruger Memorial 5K Race**August 7, 2010****Dike, IA****Men's Overall Winner — Aaron Nusberg, Farnhamville — 15:33****Women's Overall Winner — Blaire Dinsdale, Traer — 17:58****Men**

1. Ryan Moore, Dike — 21:21
2. Thomas Shirley, Dike — 21:27
3. Kyle Corwin, Dike — 22:13

15 & Under**Women**

1. Carrie Grassley, New Hartford — 24:40
2. Carolyn Bolhuis, Dike — 26:27
3. Miranda Simpson, Cedar Falls — 26:34

1. Brett Egan, Waukon — 15:38
2. Sloan Beninga, Dike — 17:49
3. Brandon Hulme, Cedar Falls — 18:56

16 — 19

1. Sarah Dieken, Dike — 20:14
2. Elli Parker, New Hartford — 21:13
3. Mallory Bakker, Dike — 23:30

20 — 29

1. Ermin Sahljakovic, Waterloo — 16:18
2. David Nielsen, Cedar Falls — 16:40
3. Dave Paulsen, Dike — 17:45
1. Brooke Dinsdale, Traer — 18:45
2. Krystal Primus, Steamboat Rock — 20:55
3. Lindsey Bruch, Mission, KS — 24:30

30 — 39

1. Austin Budlong, Hopkins, MN — 19:07
2. Ben Blocker, Denver, IA — 19:57
3. Josh Fuller, Dike — 20:38
1. Carlene Rhodes, Morgantown, WV — 20:44
2. Jennifer Jensen, Dike — 21:49
3. Julie Eddy, Parkersburg — 22:22

40 — 49

1. Todd Coulter, Dike — 18:26
2. Dave Juhl, Des Moines — 20:15
3. Brian Jennings, Centralia, MO — 21:17
1. Dana Foster, Dike — 21:31
2. Angie Dieken, Dike — 24:04
3. Karla Tri, Cedar Falls —

50 — 59

1. Dave Riley, Waterloo — 21:03
2. Randy Clark, Reinbeck — 21:29
3. Dale Hendrickson, Cedar Falls — 24:38
1. Ann Bixler, Cedar Falls — 27:35
2. Evie Waack, Cedar Falls — 33:00
3. Marsha Bailey, Dike — 24:04

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60 & Over

1. Vernon Beninga, Davenport — 22:16
2. Dave Ersland, Humboldt — 26:38
3. Larry Mullen, Cedar Falls — 27:56

1 Pat Ramsey, Ankeny — 38:31

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