

Phil Kruger Memorial 5K
August 18, 2007
Dike, IA

Overall Winner: Dan Grandon, Waukee — 18:20

Overall Female Winner: Melissa Grandon, Waukee — 21:42

Men

15 & Under

1. Daniel Nielsen: 12:34
2. Damien Garcia: 22:30
3. Jacob Day: 24:35

16 — 19

1. Sam Goodman: 18:23
2. Carl Bakker: 18:52
3. Taylor Mason: 19:49

20 — 29

1. Ben Standerson: 18:24
2. Mark Thompson: 18:27
3. Tim Constance: 20:34

30-39

1. Randy Schieltz: 20:42
2. Robbie Renfrow: 23:01
3. Jeremy Wieland: 25:37

40-49

1. Kim Wander: 19:49
2. Michale Spillers: 20:55
3. Tom Wicks: 21:28

50 — 59

1. Nolan Morris: 21:05
2. Don Williams: 21:21
3. Richard Anfinson: 21:26

60 & Over

1. Larry Brown: 28:16

Women

1. Hillary Rickert: 24:10
2. Justi Uden: 24:11
3. Stephanie Luhring: 26:23

1. Kelsey Erbes: 22:44
2. Sarah Dieken: 24:41
3. Kristina Dieken: 25:06

1. Rachelle Beuter: 21:59
2. Diann Halverson: 24:29
3. Emily Fuller: 32:01

1. Emily Schieltz: 26:46
2. Lisa Michaelsen: 29:05
3. Mitzi Petersen: 31:03

1. Mary Steffensmeier: 23:52
2. Angie Dieken: 25:03
3. Michelle Regenold: 25:47

2. Donna Hall: 28:14

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