

Monticello Panther Prowl
Date: 08/17/2019
Ranking



Overall male **Running | 5K Run**

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Tristan	Weers	M	15	Center Junction	IA	00:20:22.07	06:33 /mi
2	Ian	Temple	M	14	Monticello	IA	00:20:57.53	06:45 /mi
3	Levi	Temple	M	16	Monticello	IA	00:21:56.32	07:03 /mi
4	Grayson	Weers	M	12	Center Junction	IA	00:22:18.71	07:10 /mi
5	Nolan	Weers	M	9	Center Junction	IA	00:22:26.19	07:13 /mi
6	Maddox	Henderson	M	8	Monticello	IA	00:22:59.66	07:24 /mi
7	Tony	Showen	M	44	Anamosa	IA	00:26:26.74	08:30 /mi
8	Rick	Meyer	M	34	Monticello	IA	00:27:18.04	08:47 /mi
9	Creighton	Randolph	M	62	Monticello	IA	00:27:24.79	08:49 /mi
10	Bret	Tapken	M	49	Waverly	IA	00:28:42.24	09:14 /mi
11	Levi	Kozlowski	M	24	Monticello	IA	00:31:37.58	10:10 /mi
12	Colin	Ryan	M	41	Monticello	IA	00:32:55.67	10:36 /mi
13	Trace	Simonson	M	8	Cedar Rapids	IA	00:36:13.25	11:39 /mi
14	Don	Tapken	M	73	Monticello	IA	00:36:22.39	11:42 /mi
15	Pete	Temple	M	61	Monticello	IA	00:37:04.79	11:55 /mi
16	Mike	Dirks	M	72	Monticello	IA	00:37:31.59	12:04 /mi
17	Jake	Fokken	M	19	Monticello	IA	00:38:47.51	12:29 /mi
18	Terry	Steger	M	39	Monticello	IA	00:42:55.85	13:49 /mi
19	Donald	Collins	M	19	Beaumont	TX	00:44:27.45	14:18 /mi
20	Michael	Weston	M	56	Anamosa	IA	00:50:04.92	16:07 /mi
21	Jason	Dausener	M	46	Epworth	IA	00:55:03.32	17:43 /mi

Overall female **Running | 5K Run**

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Paige	Holub	F	19	Coggon	IA	00:21:55.76	07:03 /mi
2	Karle	Kramer	F	15	Monticello	IA	00:22:36.06	07:16 /mi
3	Ava	Capron	F	12	Monticello	IA	00:23:00.27	07:24 /mi
4	Mindy	Capron	F	43	Monticello	IA	00:23:07.53	07:26 /mi
5	Jill	Ries	F	40	Monticello	IA	00:23:19.58	07:30 /mi
6	Deanne	Henderson	F	36	Monticello	IA	00:23:22.73	07:31 /mi
7	Emily	Hendricks	F	14	Monticello	IA	00:23:36.71	07:36 /mi
8	Erin	Bone	F	34	Ankeny	IA	00:24:08.96	07:46 /mi
9	Lindsay	Meyer	F	37	Monticello	IA	00:24:15.61	07:48 /mi
10	Makenna	Patterson	F	18	Monticello	IA	00:25:13.31	08:07 /mi
11	Katie	Roher	F	15	Monticello	IA	00:25:39.36	08:15 /mi
12	Lindsay	Fjellstul	F	35	Monticello	IA	00:27:01.30	08:42 /mi
13	Nikki	Yonkovic	F	34	Monticello	IA	00:27:02.37	08:42 /mi
14	Leah	Holub	F	17	Coggon	IA	00:28:28.64	09:10 /mi
15	Robyn	Eastin	F	39	Monticello	IA	00:28:33.58	09:11 /mi
16	J'nee	Reade	F	34	Monticello	IA	00:29:17.47	09:25 /mi
17	Martha	Gearhart	F	59	Hopkinton	IA	00:29:28.01	09:28 /mi
18	Elisha	Hansen	F	33	Wyoming	IA	00:30:25.00	09:47 /mi
19	Kinzi	Schlarmann	F	13	Monticello	IA	00:30:28.78	09:48 /mi
20	Heather	Marsh	F	30	Monticello	IA	00:31:06.76	10:00 /mi
21	Renee	Holub	F	47	Coggon	IA	00:31:44.42	10:13 /mi
22	Michelle	Buffington	F	48	Cedar Rapids	IA	00:32:19.18	10:24 /mi
23	Kehde	Campbell	F	15	Center Junction	IA	00:32:32.97	10:28 /mi
24	Stacy	Thies	F	43	Monticello	IA	00:32:37.26	10:30 /mi
25	Emily	Tapken	F	18	Waverly	IA	00:33:13.04	10:41 /mi
26	Connie	Dirks	F	73	Monticello	IA	00:33:39.91	10:50 /mi
27	Rae Ann	Manternach	F	50	Monticello	IA	00:33:49.84	10:53 /mi
28	Sarah	Russell	F	39	Monticello	IA	00:33:52.64	10:54 /mi
29	Dawn	King	F	41	Monticello	IA	00:34:45.87	11:11 /mi
30	Deb	Keating	F	65	Monticello	IA	00:35:16.72	11:21 /mi
31	Kristen	Roher	F	17	Monticello	IA	00:36:16.54	11:40 /mi
32	Haili	Schlarmann	F	12	Monticello	IA	00:36:17.55	11:40 /mi
33	Lindsay	Ryan	F	34	Monticello	IA	00:36:19.95	11:41 /mi
34	Ellen	Johanns	F	33	Marion	IA	00:37:19.84	12:01 /mi
35	Alexis	Loneman	F	28	Chicago	IL	00:37:46.01	12:09 /mi
36	Alecia	Klein	F	28	Monticello	IA	00:37:46.05	12:09 /mi

37	Kelly	Roher	F	48	Monticello	IA	00:37:49.96	12:10 /mi
38	Katie	Hatfield	F	36	Monticello	IA	00:38:02.30	12:14 /mi
39	Dawn	Koppes	F	45	Monticello	IA	00:39:34.79	12:44 /mi
40	Denise	Bone	F	65	Cedar Rapids	IA	00:40:08.77	12:55 /mi
41	Connie	Bellows	F	53	Saint Louis	MO	00:40:33.16	13:03 /mi
42	Shannon	Simonson	F	35	Monticello	IA	00:40:35.49	13:03 /mi
43	Kayla	King	F	14	Monticello	IA	00:45:21.97	14:36 /mi
44	Courtney	Thies	F	14	Monticello	IA	00:45:22.55	14:36 /mi
45	Grace	Cooksley	F	14	Monticello	IA	00:46:54.09	15:06 /mi
46	Julie	Miller	F	63	Monticello	IA	00:47:55.35	15:25 /mi
47	Cindy	Plummer	F	62	Monticello	IA	00:48:19.30	15:33 /mi
48	Lori	Nelson	F	55	Monticello	IA	00:48:44.63	15:41 /mi
49	Staci	Fritz	F	47	Monticello	IA	00:48:44.76	15:41 /mi
50	Tricia	Dausener	F	46	Epworth	IA	00:48:44.85	15:41 /mi
51	Kate	DeMean	F	11	Anamosa	IA	00:49:05.61	15:48 /mi
52	Gayle	DeMean	F	43	Anamosa	IA	00:49:24.71	15:54 /mi
53	Brooke	Holub	F	24	Monticello	IA	00:49:25.42	15:54 /mi
54	Linda	Weston	F	58	Anamosa	IA	00:50:07.39	16:07 /mi
55	Stephanie	Marsh	F	33	Monticello	IA	00:53:37.83	17:15 /mi
56	Shawna	Morris	F	40	Monticello	IA	00:55:43.97	17:56 /mi
57	Jessica	Sparks	F	37	Monticello	IA	00:59:26.65	19:07 /mi
58	Rachel	Steger	F	37	Monticello	IA	00:59:27.47	19:08 /mi
59	Victoria	Farnum	F	46	Monticello	IA	00:59:28.42	19:08 /mi
60	Angela	Meyer	F	42	Langworthy	IA	00:59:28.81	19:08 /mi
61	Lori	Ehlers	F	57	Monticello	IA	01:00:27.23	19:27 /mi

M9- Running | 5K Run

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Nolan	Weers	M	9	Center Junction	IA	00:22:26.19	07:13 /mi
2	Maddox	Henderson	M	8	Monticello	IA	00:22:59.66	07:24 /mi
3	Trace	Simonson	M	8	Cedar Rapids	IA	00:36:13.25	11:39 /mi

M10-14 Running | 5K Run

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Ian	Temple	M	14	Monticello	IA	00:20:57.53	06:45 /mi
2	Grayson	Weers	M	12	Center Junction	IA	00:22:18.71	07:10 /mi

F10-14 Running | 5K Run

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Ava	Capron	F	12	Monticello	IA	00:23:00.27	07:24 /mi
2	Emily	Hendricks	F	14	Monticello	IA	00:23:36.71	07:36 /mi
3	Kinzi	Schlarmann	F	13	Monticello	IA	00:30:28.78	09:48 /mi
4	Haili	Schlarmann	F	12	Monticello	IA	00:36:17.55	11:40 /mi
5	Kayla	King	F	14	Monticello	IA	00:45:21.97	14:36 /mi
6	Courtney	Thies	F	14	Monticello	IA	00:45:22.55	14:36 /mi
7	Grace	Cooksley	F	14	Monticello	IA	00:46:54.09	15:06 /mi
8	Kate	DeMean	F	11	Anamosa	IA	00:49:05.61	15:48 /mi

M15-18 Running | 5K Run

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Tristan	Weers	M	15	Center Junction	IA	00:20:22.07	06:33 /mi
2	Levi	Temple	M	16	Monticello	IA	00:21:56.32	07:03 /mi

F15-18 Running | 5K Run

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Karle	Kramer	F	15	Monticello	IA	00:22:36.06	07:16 /mi
2	Makenna	Patterson	F	18	Monticello	IA	00:25:13.31	08:07 /mi
3	Katie	Roher	F	15	Monticello	IA	00:25:39.36	08:15 /mi
4	Leah	Holub	F	17	Coggon	IA	00:28:28.64	09:10 /mi
5	Kehde	Campbell	F	15	Center Junction	IA	00:32:32.97	10:28 /mi
6	Emily	Tapken	F	18	Waverly	IA	00:33:13.04	10:41 /mi
7	Kristen	Roher	F	17	Monticello	IA	00:36:16.54	11:40 /mi

M19-29 Running | 5K Run

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Levi	Kozlowski	M	24	Monticello	IA	00:31:37.58	10:10 /mi
2	Jake	Fokken	M	19	Monticello	IA	00:38:47.51	12:29 /mi
3	Donald	Collins	M	19	Beaumont	TX	00:44:27.45	14:18 /mi

F19-29 Running | 5K Run

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Paige	Holub	F	19	Coggon	IA	00:21:55.76	07:03 /mi
2	Alexis	Loneman	F	28	Chicago	IL	00:37:46.01	12:09 /mi
3	Alecia	Klein	F	28	Monticello	IA	00:37:46.05	12:09 /mi
4	Brooke	Holub	F	24	Monticello	IA	00:49:25.42	15:54 /mi

M30-39 Running | 5K Run

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Rick	Meyer	M	34	Monticello	IA	00:27:18.04	08:47 /mi
2	Terry	Steger	M	39	Monticello	IA	00:42:55.85	13:49 /mi

F30-39 Running | 5K Run

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Deanne	Henderson	F	36	Monticello	IA	00:23:22.73	07:31 /mi
2	Erin	Bone	F	34	Ankeny	IA	00:24:08.96	07:46 /mi
3	Lindsay	Meyer	F	37	Monticello	IA	00:24:15.61	07:48 /mi
4	Lindsay	Fjelstul	F	35	Monticello	IA	00:27:01.30	08:42 /mi
5	Nikki	Yonkovic	F	34	Monticello	IA	00:27:02.37	08:42 /mi
6	Robyn	Eastin	F	39	Monticello	IA	00:28:33.58	09:11 /mi
7	J'nee	Reade	F	34	Monticello	IA	00:29:17.47	09:25 /mi
8	Elisha	Hansen	F	33	Wyoming	IA	00:30:25.00	09:47 /mi
9	Heather	Marsh	F	30	Monticello	IA	00:31:06.76	10:00 /mi
10	Sarah	Russell	F	39	Monticello	IA	00:33:52.64	10:54 /mi
11	Lindsay	Ryan	F	34	Monticello	IA	00:36:19.95	11:41 /mi
12	Ellen	Johanns	F	33	Marion	IA	00:37:19.84	12:01 /mi
13	Katie	Hatfield	F	36	Monticello	IA	00:38:02.30	12:14 /mi
14	Shannon	Simonson	F	35	Monticello	IA	00:40:35.49	13:03 /mi
15	Stephanie	Marsh	F	33	Monticello	IA	00:53:37.83	17:15 /mi
16	Jessica	Sparks	F	37	Monticello	IA	00:59:26.65	19:07 /mi
17	Rachel	Steger	F	37	Monticello	IA	00:59:27.47	19:08 /mi

M40-49 Running | 5K Run

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Tony	Showen	M	44	Anamosa	IA	00:26:26.74	08:30 /mi
2	Bret	Tapken	M	49	Waverly	IA	00:28:42.24	09:14 /mi
3	Colin	Ryan	M	41	Monticello	IA	00:32:55.67	10:36 /mi
4	Jason	Dausener	M	46	Epworth	IA	00:55:03.32	17:43 /mi

F40-49 Running | 5K Run

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Mindy	Capron	F	43	Monticello	IA	00:23:07.53	07:26 /mi
2	Jill	Ries	F	40	Monticello	IA	00:23:19.58	07:30 /mi
3	Renee	Holub	F	47	Coggon	IA	00:31:44.42	10:13 /mi
4	Michelle	Buffington	F	48	Cedar Rapids	IA	00:32:19.18	10:24 /mi
5	Stacy	Thies	F	43	Monticello	IA	00:32:37.26	10:30 /mi
6	Dawn	King	F	41	Monticello	IA	00:34:45.87	11:11 /mi
7	Kelly	Roher	F	48	Monticello	IA	00:37:49.96	12:10 /mi
8	Dawn	Koppes	F	45	Monticello	IA	00:39:34.79	12:44 /mi
9	Staci	Fritz	F	47	Monticello	IA	00:48:44.76	15:41 /mi
10	Tricia	Dausener	F	46	Epworth	IA	00:48:44.85	15:41 /mi
11	Gayle	DeMean	F	43	Anamosa	IA	00:49:24.71	15:54 /mi
12	Shawna	Morris	F	40	Monticello	IA	00:55:43.97	17:56 /mi
13	Victoria	Farnum	F	46	Monticello	IA	00:59:28.42	19:08 /mi
14	Angela	Meyer	F	42	Langworthy	IA	00:59:28.81	19:08 /mi

M50-59 Running | 5K Run

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Michael	Weston	M	56	Anamosa	IA	00:50:04.92	16:07 /mi

F50-59 **Running | 5K Run**

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Martha	Gearhart	F	59	Hopkinton	IA	00:29:28.01	09:28 /mi
2	Rae Ann	Manternach	F	50	Monticello	IA	00:33:49.84	10:53 /mi
3	Connie	Bellows	F	53	Saint Louis	MO	00:40:33.16	13:03 /mi
4	Lori	Nelson	F	55	Monticello	IA	00:48:44.63	15:41 /mi
5	Linda	Weston	F	58	Anamosa	IA	00:50:07.39	16:07 /mi
6	Lori	Ehlers	F	57	Monticello	IA	01:00:27.23	19:27 /mi

M60+ **Running | 5K Run**

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Creighton	Randolph	M	62	Monticello	IA	00:27:24.79	08:49 /mi
2	Don	Tapken	M	73	Monticello	IA	00:36:22.39	11:42 /mi
3	Pete	Temple	M	61	Monticello	IA	00:37:04.79	11:55 /mi
4	Mike	Dirks	M	72	Monticello	IA	00:37:31.59	12:04 /mi

F60+ **Running | 5K Run**

#	First name	Last name	M/F	Age	City	State	Final Result	Pace
1	Connie	Dirks	F	73	Monticello	IA	00:33:39.91	10:50 /mi
2	Deb	Keating	F	65	Monticello	IA	00:35:16.72	11:21 /mi
3	Denise	Bone	F	65	Cedar Rapids	IA	00:40:08.77	12:55 /mi
4	Julie	Miller	F	63	Monticello	IA	00:47:55.35	15:25 /mi
5	Cindy	Plummer	F	62	Monticello	IA	00:48:19.30	15:33 /mi