

# Panorama Days Fun Run & Walk 2004 Results

## 2 MILE

### WOMEN

#### Wheelchair

no competitors

#### 0 - 13

1. Holly Nordquist	13:35*
2. Jessica Mortensen	16:21
3. Bailey Godwin	16:56
4. Elly Arganbright	18:03
5. Breanne Neel	18:48
6. Morgan Woodvine	20:25
7. Katy Appler	20:33
8. Claire Arganbright	21:00
9. Allison Bump	25:51
10. Erin Quinlin	37:30

\* new age division record (Heather Nordquist - 13:56 - 1999)

#### 14 - 19

1. Paige Johnson	13:58
2. Ashley Keys	14:19
3. Lindsey Moon	14:23
4. Kelsey Moon	15:00
5. Petra Crabbs	15:12
6. Katie Hanson	15:22
7. Toni Mortensen	15:24
8. Rachel Bump	15:45
9. Emily Fredrickson	16:02
10. Whitney Sayre	16:41

### MEN

#### Wheelchair

no competitors

#### 0 - 13

1. J.C. Watts	15:04
2. Robby Martin	18:03
3. Jack Kalmes	19:45
4. Alan McCleary	20:15
5. Bryce Arganbright	20:40

#### 14 - 19

1. Curt Sorensen	12:55
2. Jacob Breitbach	13:29
3. Tucker Griggs	13:39
4. Dan Fredrickson	13:48
5. Garrett Arganbright	13:54
6. Tanner Light	14:44

<b>11. Jayne Colton</b>	<b>16:53</b>
<b>12. Kori Long</b>	<b>17:07</b>
<b>13. Betsy Derner</b>	<b>18:51</b>
<b>14. Chelsey Wasson</b>	<b>19:05</b>
<b>15. Mariah McAlister</b>	<b>20:00</b>

**20 - 29**

<b>1. Bonnie McClure</b>	<b>17:12</b>
<b>2. Jodi Watts</b>	<b>18:13</b>
<b>3. Robin Sanger</b>	<b>23:00</b>

**30 - 39**

<b>1. Cozy Nelson</b>	<b>15:39</b>
<b>2. Amy Griffin</b>	<b>18:36</b>
<b>3. Beth Gibbons</b>	<b>19:37</b>
<b>4. Tina Godwin</b>	<b>20:53</b>
<b>5. Page Arganbright</b>	<b>21:18</b>
<b>6. Diane Duzenbury</b>	<b>26:01</b>
<b>7. Joleen Trent</b>	<b>26:29</b>
<b>8. Leigh Ashley Martin</b>	<b>28:40</b>
<b>9. Kim Lennox</b>	<b>37:30</b>

**40 - 49**

<b>1. Janean Griffith</b>	<b>13:30*</b>
<b>2. Joan Fredrickson</b>	<b>25:50</b>
<b>3. Nancy McCleary</b>	<b>28:15</b>
<b>4. Cathy Harrington</b>	<b>37:16</b>

\* new age division record (Janean Griffith - 14:08 - 2003)

**50 +**

<b>1. Mary Beidelman</b>	<b>25:53</b>
<b>2. Kathy Symonaitis</b>	<b>37:30</b>

**20 - 29**

**No competitors**

**30 - 39**

<b>1. Mike Donahey</b>	<b>13:31</b>
<b>2. John Frohlich</b>	<b>13:49</b>
<b>3. Rod Nelson</b>	<b>14:07</b>
<b>4. John Seeman</b>	<b>15:11</b>
<b>5. Mike Romdall</b>	<b>16:14</b>

**40 - 49**

<b>1. Tom Arganbright</b>	<b>13:07</b>
<b>2. Phil Griggs</b>	<b>13:23</b>
<b>3. Scott Fredrickson</b>	<b>13:52</b>
<b>4. Tom Neel</b>	<b>14:19</b>
<b>5. Duane Nordquist</b>	<b>14:20</b>
<b>6. Bradley Scott</b>	<b>15:11</b>

**50 +**

**No competitors**

# 5 MILE

## WOMEN

### 0 - 13

no competitors

\* new age division record (Sam Burkett - 34:55 - 1989)

### 14 - 19

1. Andrea Hemphill 37:38

### 20 - 29

1. Allison Hemphill 37:38  
2. Mikala Sanchez 46:15

### 30 - 39

1. Joanne Parker 33:24\*  
2. Carolyn Donahey 38:33

### 40 - 49

1. Beth Kalmes 40:05

### 50 +

No competitors

## MEN

### 0 - 13

1. Sean Harrington 33:47\*

### 14 - 19

No competitors

### 20 - 29

No competitors

### 30 - 39

1. Curtis Thornberry 36:45  
2. Steve Donahue 38:27  
3. Jim Kalmes 39:27

\* new age division record (Deanna Holbrook - 34:20 - 1993)

### 40 - 49

1. Kevin Poling 37:34  
2. Mike Bishop 45:49

### 50 +

1. Chuck Clark 33:53  
2. Jack Matthas 44:25  
3. Steve Wacht 44:33  
4. Dennis Donman 45:11

**82 runners competed; 81 finished. 4 age division records set. Runners came from Ankeny, Bagley Baton Rouge (Louisiana), Carroll, Cedar Rapids, Clermont, Clive, Columbia (Missouri), Council Bluffs, Des Moines, Dexter, Grimes, Guthrie Center, Indianola, Johnston, Linden, Omaha (Nebraska), Panora, Phoenix (Arizona), Redfield, Stuart, Sugar Grove (Illinois), Urbandale, Waukee, Yale, and Yardley (Pennsylvania)**

**I want to thank all of the volunteers who helped with the Fun Run/Walk; Julie Burkhardt, Allen & Jodie Sayre, and Ken Janvrin. Without the volunteers, this could not have been a successful event.**

**-- Greg Thompson**