

NewBo *** Half Marathon *** Overall & Divisions

Event: Half Marathon [10K results](#)

Date: Sunday, September 04, 2016

Location: Cedar Rapids

Weather: Warm 75°

Overall and Age Divisions

Results By: On The Run Race Timing

| <u>Bib#</u> | <u>Place</u> | <u>Gender</u> | <u>Division</u> | <u>Name</u> | <u>City</u> | <u>10K</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|-------------|--------------|---------------|-----------------|-----------------------|------------------|------------|-----------------|-----------------|------------------|-----------------|
| 343 | 1 | 1 | 1 OVM | Nathan Hopp, M33 | West Amana, IA | 36:55 | 1:13:32 | 5:37/M | 1:13:32 | 5:37/M |
| 18 | 2 | 2 | 1 M40 | Juan Arias, M47 | Maplewood, MO | 40:30 | 1:22:12 | 6:16/M | 1:22:11 | 6:16/M |
| 220 | 3 | 3 | 2 M40 | Jeff Engen, M43 | Center Point, IA | 42:35 | 1:23:24 | 6:22/M | 1:23:24 | 6:22/M |
| 167 | 4 | 4 | 1 M20 | Tyler Culver, M25 | Cedar Rapids, IA | 42:54 | 1:23:30 | 6:22/M | 1:23:30 | 6:22/M |
| 535 | 5 | 5 | 2 M20 | Scout Morehouse, M23 | Marion, IA | 42:58 | 1:24:41 | 6:28/M | 1:24:39 | 6:27/M |
| 12 | 6 | 1 | 1 OVF | Alice Anderson, F33 | Marion, IA | 42:54 | 1:24:52 | 6:28/M | 1:24:51 | 6:28/M |
| 333 | 7 | 2 | 1 F20 | Danielle Hodge, F29 | Iowa City, IA | 43:41 | 1:27:07 | 6:39/M | 1:27:05 | 6:39/M |
| 219 | 8 | 6 | 3 M40 | Chris Engen, M44 | Central City, IA | 44:35 | 1:27:53 | 6:42/M | 1:27:53 | 6:42/M |
| 472 | 9 | 7 | 4 M40 | Vincent Magnotta, M47 | Iowa City, IA | 43:09 | 1:28:29 | 6:45/M | 1:28:26 | 6:45/M |
| 494 | 10 | 8 | 1 M30 | Dustin May, M32 | Iowa City, IA | 44:31 | 1:28:41 | 6:46/M | 1:28:40 | 6:46/M |
| 303 | 11 | 9 | 2 M30 | Daniel Harvey, M34 | Cedar Rapids, IA | 43:37 | 1:29:02 | 6:48/M | 1:29:02 | 6:47/M |
| 60 | 12 | 10 | 3 M30 | Mike Biderman, M36 | Iowa City, IA | 43:45 | 1:29:14 | 6:48/M | 1:29:13 | 6:48/M |
| 142 | 13 | 11 | 4 M30 | Warren Clarida, M34 | Cedar Rapids, IA | 45:51 | 1:29:14 | 6:48/M | 1:29:11 | 6:48/M |

| | | | | | | | | | | |
|-----|----|----|--------|-----------------------|--------------------|-------|---------|--------|---------|--------|
| 753 | 14 | 12 | 5 M30 | Samuel Stepp, M31 | Kansas City, MO | 44:28 | 1:29:43 | 6:51/M | 1:29:37 | 6:50/M |
| 879 | 15 | 13 | 6 M30 | Daren Schumaker, M35 | Cedar Rapids, IA | 46:38 | 1:30:16 | 6:53/M | 1:30:14 | 6:53/M |
| 423 | 16 | 14 | 7 M30 | Jeff Kreinbring, M38 | Solon, IA | 43:45 | 1:30:33 | 6:54/M | 1:30:32 | 6:54/M |
| 199 | 17 | 15 | 3 M20 | Patrick Downey, M23 | Cedar Rapids, IA | 46:34 | 1:30:34 | 6:55/M | 1:30:28 | 6:54/M |
| 394 | 18 | 16 | 8 M30 | Joshua Kapfhamer, M35 | Coralville, IA | 45:58 | 1:30:43 | 6:55/M | 1:30:41 | 6:55/M |
| 696 | 19 | 17 | 9 M30 | Jordan Schier, M34 | Cedar Rapids, IA | 46:06 | 1:31:25 | 6:58/M | 1:31:20 | 6:58/M |
| 647 | 20 | 18 | 10 M30 | Chad Regennitter, M39 | Marion, IA | 45:07 | 1:31:37 | 6:59/M | 1:31:37 | 6:59/M |
| 729 | 21 | 19 | 4 M20 | Brooks Smith, M26 | Eldridge, IA | 46:02 | 1:31:39 | 6:59/M | 1:31:32 | 6:59/M |
| 672 | 22 | 20 | 1 M50 | Brett Roehlk, M54 | Cedar Rapids, IA | 45:27 | 1:31:48 | 7:00/M | 1:31:46 | 7:00/M |
| 338 | 23 | 21 | 5 M40 | Daniel Holt, M48 | Mount Pleasant, IA | 46:53 | 1:32:05 | 7:01/M | 1:31:56 | 7:01/M |
| 151 | 24 | 22 | 2 M50 | Rick Colton, M56 | Marion, IA | 46:40 | 1:32:34 | 7:04/M | 1:32:31 | 7:03/M |
| 126 | 25 | 23 | 11 M30 | Ryan Call, M37 | Overland Park, KS | 45:39 | 1:32:35 | 7:04/M | 1:32:31 | 7:03/M |
| 159 | 26 | 24 | 6 M40 | Greg Couser, M47 | Rochester, MN | 45:54 | 1:32:50 | 7:05/M | 1:32:47 | 7:05/M |
| 301 | 27 | 3 | 2 F20 | Kelsey Hart, F25 | Iowa City, IA | 44:19 | 1:33:14 | 7:07/M | 1:33:08 | 7:06/M |
| 873 | 28 | 25 | 3 M50 | Steve Etten, M59 | Palo, IA | | 1:33:29 | 7:08/M | 1:32:52 | 7:05/M |
| 53 | 29 | 26 | 7 M40 | Jim Berger, M45 | Cedar Rapids, IA | | 1:33:44 | 7:09/M | 1:33:18 | 7:07/M |
| 733 | 30 | 27 | 8 M40 | Ted Smith, M49 | Cedar Rapids, IA | 47:46 | 1:33:54 | 7:10/M | 1:33:51 | 7:10/M |
| 467 | 31 | 28 | 4 M50 | Eric Lynch, M53 | Iowa City, IA | 46:25 | 1:34:39 | 7:13/M | 1:34:36 | 7:13/M |
| 248 | 32 | 4 | 3 F20 | Samantha Ford, F28 | North Liberty, IA | 46:49 | 1:34:54 | 7:14/M | 1:34:51 | 7:14/M |
| 174 | 33 | 5 | 1 F40 | Jolene Darter, F42 | Dubuque, IA | 47:10 | 1:34:58 | 7:15/M | 1:34:57 | 7:15/M |
| 33 | 34 | 29 | 12 M30 | Justin Balvanz, M30 | Cedar Rapids, IA | 48:07 | 1:35:39 | 7:18/M | 1:35:35 | 7:17/M |
| 908 | 35 | 30 | 13 M30 | Zach Hill, M30 | Iowa City, IA | 45:58 | 1:35:59 | 7:19/M | 1:35:51 | 7:19/M |
| 253 | 36 | 31 | 14 M30 | Barry Francois, M30 | Manchester, IA | 46:31 | 1:36:24 | 7:21/M | 1:36:21 | 7:21/M |
| 739 | 37 | 32 | 5 M20 | Nick Soyer, M23 | Cedar Rapids, IA | 50:33 | 1:37:49 | 7:28/M | 1:37:39 | 7:27/M |
| 170 | 38 | 33 | 5 M50 | Nick Daedlow, | Independence, | 49:23 | 1:38:47 | 7:32/M | 1:38:41 | 7:32/M |

| | | | | M57 | IA | | | | | |
|-----|----|----|--------|-------------------------|-------------------|-------|---------|--------|---------|--------|
| 847 | 39 | 34 | 6 M20 | Shawon Yearous, M28 | Marion, IA | 51:02 | 1:39:10 | 7:34/M | 1:38:56 | 7:33/M |
| 642 | 40 | 35 | 15 M30 | Josh Reaktenwalt, M36 | Cedar Rapids, IA | 49:18 | 1:39:18 | 7:34/M | 1:39:17 | 7:34/M |
| 190 | 41 | 36 | 7 M20 | Corey Dieser, M27 | Coralville, IA | 48:48 | 1:39:27 | 7:35/M | 1:39:23 | 7:35/M |
| 304 | 42 | 37 | 16 M30 | Douglas Hass, M35 | Cedar Rapids, IA | 49:08 | 1:39:31 | 7:36/M | 1:39:28 | 7:35/M |
| 153 | 43 | 38 | 8 M20 | Dylan Cooley, M27 | Cedar Rapids, IA | 48:30 | 1:39:31 | 7:36/M | 1:39:29 | 7:35/M |
| 793 | 44 | 6 | 1 F30 | Alissa Van Sloten, F35 | Cedar Rapids, IA | 48:35 | 1:39:32 | 7:36/M | 1:39:23 | 7:35/M |
| 98 | 45 | 39 | 9 M20 | Adam Brown, M29 | Dubuque, IA | 47:53 | 1:39:47 | 7:37/M | 1:39:14 | 7:34/M |
| 804 | 46 | 40 | 17 M30 | Dan Vondra, M38 | Iowa City, IA | 49:49 | 1:39:54 | 7:37/M | 1:39:53 | 7:37/M |
| 623 | 47 | 41 | 18 M30 | Michael Price, M30 | Cedar Rapids, IA | 49:56 | 1:39:57 | 7:37/M | 1:39:51 | 7:37/M |
| 655 | 48 | 42 | 1 JRM | Canyon Richardson, M16 | Earlville, IA | 47:41 | 1:40:04 | 7:38/M | 1:39:59 | 7:38/M |
| 244 | 49 | 43 | 10 M20 | Thomas Fluegel, M23 | Chicago, IL | 51:00 | 1:40:07 | 7:38/M | 1:39:33 | 7:36/M |
| 114 | 50 | 7 | 2 F30 | Emily Burmeister, F33 | Marion, IA | 48:10 | 1:40:07 | 7:38/M | 1:40:05 | 7:38/M |
| 470 | 51 | 44 | 9 M40 | Craig Maddigan, M43 | Cottage Grove, MN | 49:35 | 1:40:09 | 7:38/M | 1:40:06 | 7:38/M |
| 397 | 52 | 45 | 19 M30 | Nick Kasparek, M34 | Fair Grove, MO | 53:31 | 1:40:23 | 7:39/M | 1:40:02 | 7:38/M |
| 388 | 53 | 8 | 2 F40 | Andrea Joyner, F42 | Marion, IA | 50:56 | 1:40:30 | 7:40/M | 1:40:27 | 7:40/M |
| 241 | 54 | 46 | 20 M30 | Doug Fishwild, M37 | Cedar Rapids, IA | 50:41 | 1:40:35 | 7:40/M | 1:40:24 | 7:39/M |
| 418 | 55 | 47 | 11 M20 | Alexis Kombwa, M23 | Cedar Rapids, IA | 51:09 | 1:41:10 | 7:43/M | 1:40:46 | 7:41/M |
| 198 | 56 | 48 | 12 M20 | Kevin Downey, M22 | Cedar Rapids, IA | 50:41 | 1:41:16 | 7:44/M | 1:41:12 | 7:43/M |
| 162 | 57 | 49 | 21 M30 | Nathen Cox, M36 | Cedar Rapids, IA | 49:44 | 1:41:18 | 7:44/M | 1:41:17 | 7:44/M |
| 520 | 58 | 9 | 3 F30 | Stacie Merta, F37 | Marion, IA | 49:58 | 1:41:46 | 7:46/M | 1:41:41 | 7:45/M |
| 320 | 59 | 50 | 13 M20 | Christian Helmholz, M26 | Cedar Rapids, IA | 48:07 | 1:41:53 | 7:46/M | 1:41:31 | 7:45/M |
| 636 | 60 | 10 | 4 F20 | Maddie Rainey, F21 | Cedar Rapids, IA | 51:00 | 1:41:54 | 7:46/M | 1:41:22 | 7:44/M |
| 717 | 61 | 51 | 14 M20 | Ryan Sheldon, M29 | Cedar Rapids, IA | 50:29 | 1:42:17 | 7:48/M | 1:42:09 | 7:48/M |

| | | | | | | | | | | |
|-----|----|----|--------|-------------------------------|-----------------------|-------|---------|--------|---------|--------|
| 165 | 62 | 11 | 4 F30 | Serena Crutchfield, F34 | Cambridge, MA | 51:54 | 1:42:18 | 7:48/M | 1:42:14 | 7:48/M |
| 823 | 63 | 52 | 1 M60 | John Whitcomb, M60 | Fort Madison, IA | 51:33 | 1:42:25 | 7:49/M | 1:42:15 | 7:48/M |
| 189 | 64 | 53 | 22 M30 | Alan Diehl, M36 | Cedar Rapids, IA | 49:23 | 1:42:25 | 7:49/M | 1:42:24 | 7:49/M |
| 536 | 65 | 54 | 15 M20 | Chance Morgan, M23 | Iowa City, IA | 52:12 | 1:42:33 | 7:49/M | 1:42:20 | 7:48/M |
| 565 | 66 | 12 | 1 F50 | Suzanne Nilles, F53 | Marion, IA | 50:43 | 1:42:37 | 7:50/M | 1:42:32 | 7:49/M |
| 455 | 67 | 55 | 23 M30 | John Lewis, M34 | Center Point, IA | 52:22 | 1:42:45 | 7:50/M | 1:42:40 | 7:50/M |
| 889 | 68 | 13 | 5 F20 | Carolyn Newhouse, F22 | Marion, IA | 53:39 | 1:42:50 | 7:51/M | 1:42:33 | 7:49/M |
| 342 | 69 | 56 | 24 M30 | Deockki Hong, M36 | Cedar Falls, IA | 52:00 | 1:42:54 | 7:51/M | 1:42:45 | 7:50/M |
| 742 | 70 | 57 | 25 M30 | Michael Stalberger, M35 | Eagle Lake, MN | 50:06 | 1:43:04 | 7:52/M | 1:42:59 | 7:51/M |
| 337 | 71 | 14 | 6 F20 | Amber Hollerich, F29 | Good Thunder, MN | 50:08 | 1:43:04 | 7:52/M | 1:42:59 | 7:51/M |
| 592 | 72 | 15 | 3 F40 | Beth Paynter, F40 | Cedar Rapids, IA | 51:37 | 1:43:19 | 7:53/M | 1:43:11 | 7:52/M |
| 437 | 73 | 58 | 26 M30 | Robert Lancaster, M36 | Cedar Rapids, IA | 51:53 | 1:43:26 | 7:53/M | 1:43:15 | 7:53/M |
| 57 | 74 | 59 | 27 M30 | Brent Berlett, M36 | Fort Madison, IA | 51:33 | 1:43:37 | 7:54/M | 1:43:28 | 7:54/M |
| 66 | 75 | 16 | 4 F40 | Stacey Blazek, F40 | Marion, IA | 52:02 | 1:43:43 | 7:55/M | 1:43:40 | 7:54/M |
| 378 | 76 | 60 | 28 M30 | Matthew Johnson, M30 | Council Bluffs, IA | 51:31 | 1:43:44 | 7:55/M | 1:43:37 | 7:54/M |
| 612 | 77 | 61 | 6 M50 | Bob Pleiness, M53 | Fairfax, IA | 51:03 | 1:43:45 | 7:55/M | 1:43:30 | 7:54/M |
| 100 | 78 | 17 | 5 F30 | Kelly Brubaker, F38 | North Liberty, IA | 51:51 | 1:44:07 | 7:57/M | 1:44:00 | 7:56/M |
| 4 | 79 | 62 | 29 M30 | Eduardo Alatorre, M30 | Cedar Rapids, IA | 50:28 | 1:44:19 | 7:57/M | 1:44:00 | 7:56/M |
| 19 | 80 | 18 | 7 F20 | Sophia Arias, F23 | Cedar Rapids, IA | 53:04 | 1:44:27 | 7:58/M | 1:44:23 | 7:58/M |
| 305 | 81 | 19 | 6 F30 | Erika Hass, F32 | Cedar Rapids, IA | 52:07 | 1:44:31 | 7:58/M | 1:44:28 | 7:58/M |
| 576 | 82 | 63 | 7 M50 | Horacio Olivo, M54 | Iowa City, IA | | 1:44:36 | 7:59/M | 1:44:36 | 7:59/M |
| 477 | 83 | 20 | 1 JRF | Megan Malecek, F19 | Marion, IA | 50:51 | 1:44:37 | 7:59/M | 1:44:30 | 7:58/M |
| 566 | 84 | 64 | 30 M30 | Chris Nims, M39 | Robins, IA | 48:54 | 1:44:40 | 7:59/M | 1:44:40 | 7:59/M |
| 871 | 85 | 65 | 2 JRM | Jakob Regennitter, | Marion, IA | 52:36 | 1:44:42 | 7:59/M | 1:44:41 | 7:59/M |

| M11 | | | | | | | | | | |
|-----|-----|----|--------|------------------------|------------------|-------|---------|--------|---------|--------|
| 111 | 86 | 21 | 7 F30 | Kara Burg, F33 | Cedar Rapids, IA | 53:20 | 1:44:42 | 7:59/M | 1:44:37 | 7:59/M |
| 507 | 87 | 22 | 2 JRF | Meghan McLaughlin, F19 | Iowa City, IA | 52:43 | 1:45:05 | 8:01/M | 1:44:59 | 8:01/M |
| 87 | 88 | 66 | 31 M30 | Philip Brecht, M37 | Cedar Rapids, IA | 54:28 | 1:45:19 | 8:02/M | 1:45:04 | 8:01/M |
| 859 | 89 | 67 | 10 M40 | Alick Zulu, M42 | Marion, IA | 52:37 | 1:45:26 | 8:03/M | 1:45:20 | 8:02/M |
| 669 | 90 | 68 | 11 M40 | Joel Rochleau, M43 | Hiawatha, IA | 53:23 | 1:45:27 | 8:03/M | 1:45:22 | 8:02/M |
| 832 | 91 | 69 | 8 M50 | Paul Williams, M58 | Cedar Rapids, IA | 51:36 | 1:45:34 | 8:03/M | 1:45:22 | 8:02/M |
| 321 | 92 | 23 | 5 F40 | Natalie Hempy, F45 | Solon, IA | 53:25 | 1:45:40 | 8:04/M | 1:45:31 | 8:03/M |
| 83 | 93 | 24 | 6 F40 | Veronica Bradsby, F47 | Denver, CO | 53:26 | 1:45:49 | 8:04/M | 1:45:39 | 8:04/M |
| 132 | 94 | 70 | 32 M30 | Andrew Carson, M30 | Riverside, IA | 53:42 | 1:45:51 | 8:04/M | 1:45:41 | 8:04/M |
| 846 | 95 | 25 | 8 F30 | Kelsey Worcester, F30 | Anamosa, IA | 52:42 | 1:45:59 | 8:05/M | 1:45:48 | 8:04/M |
| 51 | 96 | 71 | 3 JRM | Cole Benton, M18 | Belle Plaine, IA | 54:41 | 1:46:12 | 8:06/M | 1:46:08 | 8:06/M |
| 615 | 97 | 26 | 9 F30 | Shannon Poage, F36 | Manchester, IA | 53:50 | 1:46:19 | 8:07/M | 1:45:47 | 8:04/M |
| 747 | 98 | 27 | 7 F40 | Michelle Steele, F45 | Cedar Rapids, IA | 53:17 | 1:46:30 | 8:07/M | 1:46:17 | 8:06/M |
| 23 | 99 | 72 | 2 M60 | Norm Arons, M69 | Cedar Rapids, IA | 53:23 | 1:46:31 | 8:07/M | 1:46:25 | 8:07/M |
| 567 | 100 | 28 | 8 F40 | Deidre Nims, F41 | Robins, IA | 53:07 | 1:46:37 | 8:08/M | 1:46:32 | 8:08/M |
| 666 | 101 | 73 | 9 M50 | John Robe, M51 | Cedar Rapids, IA | 52:13 | 1:46:39 | 8:08/M | 1:46:35 | 8:08/M |
| 724 | 102 | 29 | 10 F30 | Sara Skelton, F34 | Eldridge, IA | 54:01 | 1:46:42 | 8:08/M | 1:46:28 | 8:07/M |
| 543 | 103 | 74 | 33 M30 | Matthew Moss, M33 | Cedar Rapids, IA | 58:10 | 1:46:43 | 8:08/M | 1:46:39 | 8:08/M |
| 14 | 104 | 30 | 11 F30 | Lori Anderson, F38 | Cedar Rapids, IA | 52:12 | 1:46:45 | 8:09/M | 1:46:37 | 8:08/M |
| 109 | 105 | 75 | 34 M30 | Kurt Buhr, M33 | Marion, IA | 52:55 | 1:46:56 | 8:09/M | 1:46:51 | 8:09/M |
| 297 | 106 | 31 | 12 F30 | Tracy Hanson, F36 | Cedar Rapids, IA | 51:43 | 1:46:58 | 8:10/M | 1:46:53 | 8:09/M |
| 596 | 107 | 32 | 9 F40 | Christine Peters, F44 | Hills, IA | 54:04 | 1:47:07 | 8:10/M | 1:47:03 | 8:10/M |
| 371 | 108 | 33 | 3 JRF | Maggie Jerulle, F19 | Naples, FL | 52:40 | 1:47:10 | 8:10/M | 1:46:59 | 8:10/M |
| 86 | 109 | 76 | 35 M30 | Matt Bratland, M37 | Cedar Rapids, IA | 52:26 | 1:47:15 | 8:11/M | 1:47:07 | 8:10/M |
| 643 | 110 | 77 | 16 M20 | Jacob Reed, | College | 52:34 | 1:47:16 | 8:11/M | 1:46:56 | 8:09/M |

| | | | | M29 | Station, TX | | | | | | | | | | |
|-----|-----|----|--------|-------------------------------|------------------------|-------|---------|--------|---------|--------|--|--|--|--|--|
| 505 | 111 | 34 | 2 F50 | Jane McGee, F54 | Hiawatha, IA | 54:01 | 1:47:20 | 8:11/M | 1:47:12 | 8:11/M | | | | | |
| 661 | 112 | 35 | 8 F20 | Katie Ricklefs, F27 | Cedar Rapids, IA | 54:49 | 1:47:23 | 8:12/M | 1:47:00 | 8:10/M | | | | | |
| 17 | 113 | 36 | 10 F40 | Anne Arias, F47 | Maplewood, MO | 53:04 | 1:47:33 | 8:12/M | 1:47:29 | 8:12/M | | | | | |
| 469 | 114 | 78 | 17 M20 | Matt MacDonald, M26 | Robins, IA | 51:09 | 1:47:36 | 8:12/M | 1:47:31 | 8:12/M | | | | | |
| 583 | 115 | 79 | 18 M20 | Andrew Oswalt, M28 | Cedar Rapids, IA | 51:50 | 1:47:37 | 8:13/M | 1:47:37 | 8:13/M | | | | | |
| 298 | 116 | 80 | 10 M50 | Chuck Hardin, M50 | Cedar Rapids, IA | 53:39 | 1:47:49 | 8:13/M | 1:47:44 | 8:13/M | | | | | |
| 73 | 117 | 37 | 13 F30 | Amanda Boies, F34 | Marion, IA | 54:33 | 1:47:57 | 8:14/M | 1:47:48 | 8:13/M | | | | | |
| 464 | 118 | 38 | 11 F40 | Annette Lorenz, F45 | Cedar Rapids, IA | 54:06 | 1:48:37 | 8:17/M | 1:48:18 | 8:16/M | | | | | |
| 116 | 119 | 81 | 12 M40 | Ben Buscher, M40 | Madison, WI | 54:23 | 1:48:37 | 8:17/M | 1:48:12 | 8:15/M | | | | | |
| 547 | 120 | 82 | 11 M50 | Rick Mueller, M53 | Marshfield, WI | 54:34 | 1:49:02 | 8:19/M | 1:48:29 | 8:16/M | | | | | |
| 191 | 121 | 83 | 12 M50 | Dennis Dieser, M55 | Albert Lea, MN | 53:33 | 1:49:02 | 8:19/M | 1:48:57 | 8:19/M | | | | | |
| 633 | 122 | 84 | 13 M40 | Dave Radack, M44 | Robins, IA | 54:29 | 1:49:07 | 8:19/M | 1:48:49 | 8:18/M | | | | | |
| 330 | 123 | 85 | 36 M30 | Matt Hilby, M30 | Cedar Rapids, IA | 55:16 | 1:49:14 | 8:20/M | 1:49:00 | 8:19/M | | | | | |
| 878 | 124 | 86 | 37 M30 | Matthew Fettkether, M38 | Cedar Rapids, IA | 55:10 | 1:49:14 | 8:20/M | 1:48:54 | 8:18/M | | | | | |
| 719 | 125 | 39 | 14 F30 | Chantelle Sieren, F38 | Robins, IA | 54:33 | 1:49:17 | 8:20/M | 1:49:07 | 8:19/M | | | | | |
| 645 | 126 | 40 | 9 F20 | Katie Reed, F29 | College Station, TX | 54:37 | 1:49:20 | 8:20/M | 1:48:58 | 8:19/M | | | | | |
| 555 | 127 | 41 | 15 F30 | Nadine Myers, F36 | Walker, IA | 54:35 | 1:49:20 | 8:20/M | 1:48:56 | 8:19/M | | | | | |
| 289 | 128 | 42 | 16 F30 | Michelle Hackbarth, F33 | Cedar Rapids, IA | 54:35 | 1:49:20 | 8:20/M | 1:48:56 | 8:19/M | | | | | |
| 650 | 129 | 87 | 14 M40 | Cody Rentschler, M41 | Iowa City, IA | 54:18 | 1:49:21 | 8:20/M | 1:49:12 | 8:20/M | | | | | |
| 884 | 130 | 43 | 12 F40 | Jennifer Steadman, F47 | Shellsburg, IA | 55:12 | 1:49:23 | 8:21/M | 1:49:21 | 8:20/M | | | | | |
| 442 | 131 | 44 | 13 F40 | Kathy Larson Ladue, F42 | Anamosa, IA | 53:57 | 1:49:25 | 8:21/M | 1:49:19 | 8:20/M | | | | | |
| 751 | 132 | 45 | 17 F30 | Denae Steine, F37 | Mount Vernon, IA | 54:18 | 1:49:31 | 8:21/M | 1:49:23 | 8:21/M | | | | | |
| 854 | 133 | 88 | 38 M30 | Justin Zellmer, M33 | Cedar Rapids, IA | 54:24 | 1:49:33 | 8:21/M | 1:49:30 | 8:21/M | | | | | |
| 539 | 134 | 89 | 19 M20 | Frank | Cedar Rapids, | 55:05 | 1:49:53 | 8:23/M | 1:49:42 | 8:22/M | | | | | |

| | | | | | | | | | |
|-----|-----|----|--------|----------------------|---------------------|-------|---------|--------|----------------|
| | | | | Morosky, M25 | IA | | | | |
| 635 | 135 | 90 | 13 M50 | Jack Rainey, M54 | Cedar Rapids, IA | 54:59 | 1:50:06 | 8:24/M | 1:49:34 8:21/M |
| 11 | 136 | 46 | 10 F20 | Laura Alt, F22 | Nevada, IA | 55:14 | 1:50:24 | 8:25/M | 1:50:01 8:24/M |
| 194 | 137 | 91 | 39 M30 | Matthew Dolter, M30 | Hiawatha, IA | 53:24 | 1:50:24 | 8:25/M | 1:50:18 8:25/M |
| 211 | 138 | 47 | 18 F30 | Shannon Edwards, F33 | Wilton, IA | 53:40 | 1:50:31 | 8:26/M | 1:50:19 8:25/M |
| 446 | 139 | 92 | 20 M20 | Ben Legore, M29 | Cedar Rapids, IA | 52:13 | 1:50:35 | 8:26/M | 1:50:27 8:26/M |
| 177 | 140 | 93 | 15 M40 | Benoit Davy, M41 | Cedar Rapids, IA | 53:59 | 1:50:47 | 8:27/M | 1:50:32 8:26/M |
| 399 | 141 | 48 | 11 F20 | Sarah Kasprzyk, F25 | Cedar Rapids, IA | 56:22 | 1:50:51 | 8:27/M | 1:50:23 8:25/M |
| 727 | 142 | 49 | 19 F30 | Melinda Slings, F36 | Cedar Rapids, IA | 53:58 | 1:50:51 | 8:27/M | 1:50:43 8:27/M |
| 35 | 143 | 50 | 4 JRF | Zahra Barkley, F19 | Center Junction, IA | 55:38 | 1:51:07 | 8:29/M | 1:51:02 8:28/M |
| 258 | 144 | 94 | 16 M40 | Cameron Frett, M40 | Cedar Rapids, IA | 56:06 | 1:51:21 | 8:30/M | 1:51:00 8:28/M |
| 782 | 145 | 51 | 3 F50 | Sara Todd, F53 | Cedar Rapids, IA | 55:16 | 1:51:25 | 8:30/M | 1:51:02 8:28/M |
| 381 | 146 | 95 | 40 M30 | Alex Jones, M38 | Dubuque, IA | 55:35 | 1:51:32 | 8:30/M | 1:51:22 8:30/M |
| 544 | 147 | 52 | 14 F40 | Keri Mounce, F42 | Iowa City, IA | 55:34 | 1:51:32 | 8:30/M | 1:51:22 8:30/M |
| 811 | 148 | 53 | 12 F20 | Lindsay Ward, F21 | Iowa City, IA | 54:15 | 1:51:34 | 8:31/M | 1:51:29 8:30/M |
| 869 | 149 | 54 | 15 F40 | Sonja Perry, F45 | Mount Vernon, IA | 56:19 | 1:51:43 | 8:31/M | 1:51:19 8:29/M |
| 821 | 150 | 55 | 20 F30 | Lynn Westfall, F36 | Coralville, IA | 56:16 | 1:51:43 | 8:31/M | 1:51:37 8:31/M |
| 700 | 151 | 56 | 21 F30 | Leah Schneider, F37 | Marion, IA | 54:10 | 1:51:47 | 8:32/M | 1:51:34 8:31/M |
| 771 | 152 | 96 | 41 M30 | Brian Thatcher, M32 | Cedar Rapids, IA | 57:32 | 1:51:50 | 8:32/M | 1:51:18 8:29/M |
| 457 | 153 | 97 | 17 M40 | Richard Lewis, M49 | Mount Vernon, IA | 57:30 | 1:51:50 | 8:32/M | 1:51:11 8:29/M |
| 178 | 154 | 57 | 16 F40 | Christine Day, F46 | Palo, IA | 55:55 | 1:51:57 | 8:32/M | 1:51:51 8:32/M |
| 24 | 155 | 58 | 22 F30 | Megan Ash, F34 | Muscatine, IA | 56:04 | 1:52:07 | 8:33/M | 1:52:02 8:33/M |
| 496 | 156 | 59 | 4 F50 | Cindy McCarthy, F52 | Cedar Rapids, IA | 55:30 | 1:52:16 | 8:34/M | 1:52:10 8:33/M |
| 231 | 157 | 98 | 3 M60 | Warren Feerer, M66 | Cedar Rapids, IA | 55:17 | 1:52:18 | 8:34/M | 1:52:15 8:34/M |
| 295 | 158 | 99 | 42 M30 | Casey Hansen, M37 | Cedar Rapids, IA | 56:05 | 1:53:02 | 8:37/M | 1:52:26 8:35/M |
| 37 | 159 | 60 | 17 F40 | Melissa Barnard, F40 | Keystone, IA | 56:07 | 1:53:16 | 8:38/M | 1:52:54 8:37/M |
| 639 | 160 | 61 | 13 F20 | Amelia Rand, | Iowa City, IA | 55:31 | 1:53:25 | 8:39/M | 1:53:21 8:39/M |

| | | | | F28 | | | | | | |
|-----|-----|-----|--------|------------------------|-------------------|---------|---------|--------|---------|--------|
| 640 | 161 | 100 | 18 M40 | Tom Randall, M45 | Cedar Rapids, IA | 55:36 | 1:53:27 | 8:39/M | 1:53:23 | 8:39/M |
| 552 | 162 | 62 | 23 F30 | Stacey Munson, F33 | Solon, IA | 55:41 | 1:53:30 | 8:39/M | 1:53:17 | 8:38/M |
| 214 | 163 | 101 | 43 M30 | Jared Ehtessabian, M32 | Dubuque, IA | 56:27 | 1:53:55 | 8:41/M | 1:53:45 | 8:41/M |
| 680 | 164 | 102 | 21 M20 | Daniel Rouse, M28 | Cedar Rapids, IA | 54:29 | 1:54:02 | 8:42/M | 1:53:37 | 8:40/M |
| 877 | 165 | 63 | 18 F40 | Jennifer Fish, F43 | Iowa City, IA | 58:19 | 1:54:03 | 8:42/M | 1:53:52 | 8:41/M |
| 714 | 166 | 103 | 19 M40 | Melvin Scoville, M44 | Cedar Rapids, IA | 58:17 | 1:54:17 | 8:43/M | 1:54:03 | 8:42/M |
| 217 | 167 | 64 | 24 F30 | Kristi Emick, F39 | Fairfield, IA | 56:05 | 1:54:20 | 8:43/M | 1:53:58 | 8:42/M |
| 402 | 168 | 65 | 5 F50 | Jane Kelly, F51 | Cedar Rapids, IA | 57:36 | 1:54:27 | 8:44/M | 1:54:11 | 8:43/M |
| 228 | 169 | 66 | 25 F30 | Amanda Farber, F35 | Marion, IA | 57:08 | 1:54:29 | 8:44/M | 1:53:57 | 8:42/M |
| 13 | 170 | 104 | 14 M50 | J Anderson, M54 | Jesup, IA | 56:52 | 1:54:34 | 8:44/M | 1:54:22 | 8:43/M |
| 865 | 171 | 67 | 19 F40 | Valerie Dufoe, F49 | Center Point, IA | 56:10 | 1:54:43 | 8:45/M | 1:54:37 | 8:45/M |
| 870 | 172 | 105 | 4 M60 | Jim Sankey, M60 | Cedar Rapids, IA | 57:28 | 1:55:08 | 8:47/M | 1:54:59 | 8:46/M |
| 176 | 173 | 68 | 26 F30 | Karen Davison, F39 | North Liberty, IA | 56:33 | 1:55:11 | 8:47/M | 1:55:00 | 8:46/M |
| 619 | 174 | 106 | 20 M40 | Robert Pollitt, M44 | Cedar Rapids, IA | 58:40 | 1:55:13 | 8:47/M | 1:54:43 | 8:45/M |
| 128 | 175 | 107 | 21 M40 | Kevin Cano, M47 | Cedar Rapids, IA | 55:22 | 1:55:28 | 8:48/M | 1:55:23 | 8:48/M |
| 139 | 176 | 69 | 20 F40 | Kathy Christensen, F48 | Cedar Rapids, IA | 56:46 | 1:55:29 | 8:49/M | 1:55:22 | 8:48/M |
| 530 | 177 | 108 | 22 M40 | Todd Montgomery, M47 | Cedar Rapids, IA | 58:27 | 1:55:33 | 8:49/M | 1:55:18 | 8:48/M |
| 637 | 178 | 109 | 44 M30 | Marcus Ramirez, M34 | Cedar Rapids, IA | 58:19 | 1:55:35 | 8:49/M | 1:55:22 | 8:48/M |
| 308 | 179 | 70 | 1 F60 | Evelia Hauck, F61 | Coralville, IA | 56:29 | 1:55:44 | 8:50/M | 1:55:28 | 8:48/M |
| 351 | 180 | 110 | 22 M20 | Jacob Huju, M27 | Iowa City, IA | 59:47 | 1:55:54 | 8:50/M | 1:55:07 | 8:47/M |
| 36 | 181 | 111 | 23 M40 | Brian Barnard, M42 | Keystone, IA | 56:04 | 1:56:00 | 8:51/M | 1:55:38 | 8:49/M |
| 32 | 182 | 112 | 5 M60 | Mark Bakkum, M62 | Cedar Rapids, IA | 54:24 | 1:56:10 | 8:52/M | 1:56:03 | 8:51/M |
| 119 | 183 | 113 | 45 M30 | Leo Buzalsky, M32 | Cedar Rapids, IA | 57:05 | 1:56:16 | 8:52/M | 1:56:01 | 8:51/M |
| 26 | 184 | 71 | 14 F20 | Ashley | Iowa City, IA | 1:00:21 | 1:56:27 | 8:53/M | 1:56:18 | 8:52/M |

| | | | | | | | | | |
|-----|-----|-----|--------|-------------------------------|----------------------|---------|---------|--------|----------------|
| | | | | Atkinson, F27 | | | | | |
| 183 | 185 | 114 | 46 M30 | David Delayo, M32 | Marion, IA | 58:29 | 1:56:33 | 8:53/M | 1:56:18 8:52/M |
| 80 | 186 | 115 | 24 M40 | Jake Boyle, M41 | Cedar Rapids, IA | 57:51 | 1:56:42 | 8:54/M | 1:56:22 8:53/M |
| 156 | 187 | 116 | 23 M20 | Nicholas Costa, M22 | Cedar Rapids, IA | 51:59 | 1:56:51 | 8:55/M | 1:56:45 8:54/M |
| 741 | 188 | 72 | 15 F20 | Rachael Stadlen, F29 | Cedar Rapids, IA | 59:07 | 1:56:52 | 8:55/M | 1:56:24 8:53/M |
| 329 | 189 | 117 | 25 M40 | William Higgins, M47 | Cedar Rapids, IA | 1:00:24 | 1:56:53 | 8:55/M | 1:56:22 8:53/M |
| 886 | 190 | 118 | 15 M50 | Kim Wander, M55 | West Union, IA | 57:40 | 1:56:54 | 8:55/M | 1:56:49 8:55/M |
| 291 | 191 | 119 | 16 M50 | Steven Hagarty, M56 | Cedar Rapids, KS | 58:46 | 1:56:56 | 8:55/M | 1:56:48 8:55/M |
| 744 | 192 | 73 | 27 F30 | Michelle Staron, F34 | Iowa City, IA | 59:04 | 1:57:00 | 8:55/M | 1:56:30 8:53/M |
| 341 | 193 | 74 | 21 F40 | Amy Homan, F49 | Cedar Rapids, IA | 58:40 | 1:57:03 | 8:56/M | 1:56:33 8:53/M |
| 465 | 194 | 120 | 24 M20 | Grant Luebe, M26 | Cedar Rapids, IA | 58:12 | 1:57:04 | 8:56/M | 1:56:45 8:54/M |
| 808 | 195 | 75 | 28 F30 | Jen Wahlstrom, F38 | Lisbon, IA | 59:16 | 1:57:37 | 8:58/M | 1:57:28 8:58/M |
| 82 | 196 | 76 | 29 F30 | Amy Bradley, F32 | North Liberty, IA | 57:22 | 1:57:40 | 8:59/M | 1:57:34 8:58/M |
| 735 | 197 | 121 | 47 M30 | Nicholas Snavelly, M36 | Cedar Rapids, IA | 1:00:37 | 1:57:44 | 8:59/M | 1:57:19 8:57/M |
| 171 | 198 | 77 | 30 F30 | Rachel Dahl, F38 | Jesup, IA | 56:21 | 1:57:49 | 8:59/M | 1:57:34 8:58/M |
| 373 | 199 | 78 | 22 F40 | Suzanne Johannes, F40 | Swisher, IA | 56:22 | 1:57:51 | 8:59/M | 1:57:37 8:58/M |
| 324 | 200 | 79 | 16 F20 | Rachel Henry, F26 | Iowa City, IA | 1:01:42 | 1:58:00 | 9:00/M | 1:57:31 8:58/M |
| 39 | 201 | 80 | 17 F20 | Megan Barske, F26 | Independence, IA | 59:43 | 1:58:06 | 9:01/M | 1:57:44 8:59/M |
| 48 | 202 | 122 | 26 M40 | Tim Bennett, M41 | Marion, IA | 1:00:05 | 1:58:10 | 9:01/M | 1:57:49 8:59/M |
| 656 | 203 | 123 | 27 M40 | Shannon Richardson, M48 | Earlville, IA | 57:23 | 1:58:15 | 9:01/M | 1:58:00 9:00/M |
| 213 | 204 | 81 | 31 F30 | Anne Ehlinger, F34 | Iowa City, IA | 59:04 | 1:58:17 | 9:01/M | 1:57:47 8:59/M |
| 236 | 205 | 124 | 17 M50 | Dave Filip, M54 | Cedar Rapids, IA | 1:00:02 | 1:58:33 | 9:03/M | 1:58:01 9:00/M |
| 867 | 206 | 125 | 48 M30 | Eric Foley, M34 | Cedar Rapids, IA | 1:01:28 | 1:58:46 | 9:04/M | 1:58:21 9:02/M |
| 293 | 207 | 126 | 49 M30 | Scott Hamerlinck, M35 | Cedar Rapids, IA | 56:32 | 1:58:51 | 9:04/M | 1:58:43 9:03/M |
| 235 | 208 | 127 | 25 M20 | Micah Fields, M27 | Iowa City, IA | 59:57 | 1:58:55 | 9:04/M | 1:58:36 9:03/M |

| | | | | | | | | | | |
|-----|-----|-----|--------|------------------------|-------------------|---------|---------|--------|---------|--------|
| 550 | 209 | 128 | 18 M50 | Roger Mullinnix, M51 | Iowa City, IA | 57:06 | 1:59:05 | 9:05/M | 1:58:48 | 9:04/M |
| 750 | 210 | 82 | 32 F30 | Andrea Stegall, F31 | Cedar Rapids, IA | 1:00:01 | 1:59:06 | 9:05/M | 1:58:36 | 9:03/M |
| 458 | 211 | 129 | 19 M50 | Todd Lewison, M55 | Cedar Rapids, IA | 59:16 | 1:59:10 | 9:05/M | 1:58:58 | 9:05/M |
| 768 | 212 | 130 | 28 M40 | Fabricio Teixeira, M46 | Coralville, IA | 58:55 | 1:59:35 | 9:07/M | 1:59:33 | 9:07/M |
| 489 | 213 | 131 | 50 M30 | Matt Matheny, M34 | Cedar Rapids, IA | 1:00:23 | 1:59:44 | 9:08/M | 1:59:22 | 9:06/M |
| 809 | 214 | 83 | 18 F20 | Kylie Wallin, F21 | Swisher, IA | 1:00:10 | 1:59:45 | 9:08/M | 1:59:30 | 9:07/M |
| 121 | 215 | 84 | 5 JRF | Elise Cagnard, F14 | Cedar Rapids, IA | 1:03:49 | 1:59:57 | 9:09/M | 1:59:39 | 9:08/M |
| 122 | 216 | 132 | 29 M40 | Mathieu Cagnard, M45 | Cedar Rapids, IA | 1:03:49 | 1:59:58 | 9:09/M | 1:59:39 | 9:08/M |
| 783 | 217 | 85 | 19 F20 | Brittney Tonyan, F23 | Cedar Rapids, IA | 57:47 | 2:00:06 | 9:10/M | 1:59:52 | 9:09/M |
| 540 | 218 | 133 | 51 M30 | Joe Morris, M38 | Cedar Rapids, IA | 58:56 | 2:00:11 | 9:10/M | 1:59:52 | 9:09/M |
| 85 | 219 | 134 | 52 M30 | Terry Brandt, M39 | Cedar Rapids, IA | 58:17 | 2:00:20 | 9:11/M | 2:00:01 | 9:09/M |
| 560 | 220 | 86 | 23 F40 | Shanda Ness, F46 | Cedar Rapids, IA | 1:00:26 | 2:00:42 | 9:12/M | 2:00:35 | 9:12/M |
| 175 | 221 | 135 | 53 M30 | Adam Davison, M36 | North Liberty, IA | 1:00:55 | 2:00:47 | 9:13/M | 2:00:29 | 9:11/M |
| 528 | 222 | 136 | 26 M20 | Tyler Modlin, M20 | Iowa City, IA | 59:31 | 2:00:54 | 9:13/M | 2:00:51 | 9:13/M |
| 29 | 223 | 137 | 6 M60 | Bruce Bachmann, M67 | Cedar Rapids, IA | 59:19 | 2:01:13 | 9:15/M | 2:01:05 | 9:14/M |
| 354 | 224 | 87 | 33 F30 | Jennifer Hurlbert, F31 | Fairfax, IA | 58:23 | 2:01:15 | 9:15/M | 2:00:57 | 9:14/M |
| 268 | 225 | 88 | 24 F40 | Andria Gibson, F43 | Swisher, IA | 59:17 | 2:01:30 | 9:16/M | 2:01:24 | 9:16/M |
| 353 | 226 | 138 | 54 M30 | Dean Hulsing, M38 | Walnut, IL | 56:24 | 2:01:36 | 9:17/M | 2:01:21 | 9:15/M |
| 564 | 227 | 139 | 20 M50 | Bret Nilles, M58 | Marion, IA | 58:43 | 2:01:40 | 9:17/M | 2:00:59 | 9:14/M |
| 569 | 228 | 89 | 34 F30 | Mary Norland, F31 | Coralville, IA | 1:01:32 | 2:01:45 | 9:17/M | 2:01:25 | 9:16/M |
| 471 | 229 | 140 | 55 M30 | Anthony Maffin, M35 | Des Moines, IA | 59:32 | 2:02:05 | 9:19/M | 2:01:43 | 9:17/M |
| 376 | 230 | 90 | 20 F20 | Krista Johnson, F29 | Independence, IA | 58:00 | 2:02:05 | 9:19/M | 2:01:48 | 9:17/M |
| 285 | 231 | 91 | 21 F20 | Christine Guerra, F28 | Saint Louis, MO | 59:23 | 2:02:05 | 9:19/M | 2:01:59 | 9:18/M |
| 675 | 232 | 141 | 56 M30 | Tanner Roos, M35 | Cedar Rapids, IA | 59:28 | 2:02:06 | 9:19/M | 2:01:44 | 9:17/M |
| 784 | 233 | 142 | 30 M40 | Ryan Tresnak, | Vinton, IA | 58:47 | 2:02:15 | 9:19/M | 2:01:57 | 9:18/M |

| | | | | M45 | | | | | | |
|-----|-----|-----|--------|-----------------------------|-------------------------|---------|---------|--------|---------|--------|
| 812 | 234 | 92 | 25 F40 | Jill Waterman, F46 | Strawberry Point, IA | 1:00:18 | 2:02:15 | 9:20/M | 2:02:06 | 9:19/M |
| 271 | 235 | 143 | 27 M20 | Tim Ginader, M25 | Iowa City, IA | 1:00:46 | 2:02:32 | 9:21/M | 2:02:16 | 9:20/M |
| 369 | 236 | 144 | 31 M40 | Kyle Jensen, M48 | Muscatine, IA | 1:03:11 | 2:02:33 | 9:21/M | 2:02:16 | 9:20/M |
| 699 | 237 | 145 | 21 M50 | Dan Schneider, M52 | Marion, IA | 1:01:04 | 2:02:34 | 9:21/M | 2:02:11 | 9:19/M |
| 537 | 238 | 93 | 35 F30 | Elizabeth Morgan, F32 | Iowa City, IA | 1:00:12 | 2:02:37 | 9:21/M | 2:02:28 | 9:20/M |
| 816 | 239 | 146 | 57 M30 | Adam Weller, M37 | Waterloo, IA | 55:32 | 2:02:49 | 9:22/M | 2:02:43 | 9:22/M |
| 306 | 240 | 147 | 58 M30 | Nicholas Hassinger, M31 | Cedar Rapids, IA | | 2:02:50 | 9:22/M | 2:02:29 | 9:21/M |
| 134 | 241 | 94 | 22 F20 | Lauren Chapman, F27 | Monticello, IA | 1:01:43 | 2:02:55 | 9:23/M | 2:02:34 | 9:21/M |
| 613 | 242 | 95 | 23 F20 | Catherine Pleiness, F20 | Fairfax, IA | 56:15 | 2:02:59 | 9:23/M | 2:02:44 | 9:22/M |
| 9 | 243 | 148 | 59 M30 | Andrew Almoayed, M35 | Fairfax, IA | 1:03:34 | 2:03:01 | 9:23/M | 2:02:33 | 9:21/M |
| 767 | 244 | 149 | 22 M50 | Daniel Tabaka, M59 | Cedar Rapids, IA | 1:01:38 | 2:03:02 | 9:23/M | 2:02:43 | 9:22/M |
| 155 | 245 | 150 | 28 M20 | Will Cornelius, M29 | Bellevue, IA | 1:00:55 | 2:03:26 | 9:25/M | 2:03:08 | 9:24/M |
| 898 | 246 | 96 | 36 F30 | Angela Reier, F36 | Davenport, IA | 55:34 | 2:03:34 | 9:26/M | 2:03:31 | 9:25/M |
| 118 | 247 | 97 | 26 F40 | Jennie Butler, F45 | Manchester, IA | 1:02:47 | 2:03:37 | 9:26/M | 2:03:17 | 9:24/M |
| 707 | 248 | 98 | 27 F40 | Deb Schultejan, F47 | Cedar Rapids, IA | 1:02:17 | 2:03:41 | 9:26/M | 2:03:17 | 9:24/M |
| 93 | 249 | 99 | 24 F20 | Kimberly Breuer, F25 | Waterloo, IA | 1:03:16 | 2:04:03 | 9:28/M | 2:03:41 | 9:26/M |
| 246 | 250 | 100 | 37 F30 | Sarah Flynn, F37 | Cedar Rapids, IA | 59:27 | 2:04:09 | 9:28/M | 2:03:59 | 9:27/M |
| 448 | 251 | 101 | 28 F40 | Lori Lehnhardt, F42 | Chicago, IL | 59:45 | 2:04:15 | 9:29/M | 2:03:50 | 9:27/M |
| 237 | 252 | 151 | 60 M30 | Jeff Finn, M37 | Cedar Rapids, IA | 1:02:24 | 2:04:25 | 9:29/M | 2:03:47 | 9:27/M |
| 197 | 253 | 152 | 61 M30 | Ryan Donkersloot, M37 | Toddville, IA | 1:03:54 | 2:04:26 | 9:29/M | 2:03:52 | 9:27/M |
| 732 | 254 | 153 | 23 M50 | Jeff Smith, M50 | La Porte City, IA | 1:03:11 | 2:04:32 | 9:30/M | 2:04:04 | 9:28/M |
| 798 | 255 | 102 | 6 F50 | Traci Vercande, F51 | Cedar Rapids, IA | 57:10 | 2:04:42 | 9:31/M | 2:04:34 | 9:30/M |
| 571 | 256 | 103 | 25 F20 | Angela Nunemaker, F23 | Cedar Rapids, IA | 1:03:19 | 2:04:49 | 9:31/M | 2:04:07 | 9:28/M |

| | | | | | | | | | | |
|-----|-----|-----|--------|---------------------------------------|----------------------|---------|---------|--------|---------|--------|
| 842 | 257 | 104 | 2 F60 | Pamela Wood, F61 | Janesville, IA | 1:02:31 | 2:04:51 | 9:31/M | 2:04:44 | 9:31/M |
| 787 | 258 | 154 | 7 M60 | Dan Tucker, M65 | Cedar Rapids, IA | 1:02:07 | 2:04:55 | 9:32/M | 2:04:48 | 9:31/M |
| 296 | 259 | 155 | 32 M40 | Jack Hanson, M42 | Cedar Rapids, IA | 58:58 | 2:04:57 | 9:32/M | 2:04:46 | 9:31/M |
| 876 | 260 | 156 | 24 M50 | Thomas Wolle, M50 | Cedar Rapids, IA | 57:20 | 2:05:00 | 9:32/M | 2:04:54 | 9:32/M |
| 72 | 261 | 157 | 29 M20 | Blake Boeing, M25 | Barrington, IL | 1:00:25 | 2:05:11 | 9:33/M | 2:04:58 | 9:32/M |
| 385 | 262 | 105 | 29 F40 | Shilo Jones, F42 | Cedar Rapids, IA | 1:00:40 | 2:05:35 | 9:35/M | 2:05:25 | 9:34/M |
| 409 | 263 | 106 | 38 F30 | Heather Kirchner, F34 | Cedar Rapids, IA | 1:00:40 | 2:05:35 | 9:35/M | 2:05:25 | 9:34/M |
| 728 | 264 | 107 | 30 F40 | Kelli Slocum, F49 | North Liberty, IA | | 2:05:41 | 9:35/M | 2:05:41 | 9:35/M |
| 28 | 265 | 158 | 25 M50 | Randy Bachman, M59 | Hiawatha, IA | 1:01:52 | 2:05:41 | 9:35/M | 2:05:21 | 9:34/M |
| 513 | 266 | 108 | 39 F30 | Holly Meacham, F34 | North Liberty, IA | 1:02:27 | 2:05:50 | 9:36/M | 2:05:38 | 9:35/M |
| 20 | 267 | 109 | 31 F40 | Lori Arnold, F47 | Lisbon, IA | 1:02:23 | 2:06:02 | 9:37/M | 2:05:40 | 9:35/M |
| 891 | 268 | 159 | 62 M30 | Kraig Myers, M39 | Walker, IA | 1:00:46 | 2:06:08 | 9:37/M | 2:05:43 | 9:35/M |
| 3 | 269 | 160 | 8 M60 | Sylvan Addink, M74 | Iowa City, IA | 1:00:49 | 2:06:16 | 9:38/M | 2:06:11 | 9:38/M |
| 715 | 270 | 110 | 26 F20 | Breanna Severin, F21 | Des Moines, IA | | 2:06:22 | 9:38/M | 2:06:22 | 9:38/M |
| 355 | 271 | 111 | 40 F30 | Mariah Hurley, F39 | Cedar Rapids, IA | 59:39 | 2:06:29 | 9:39/M | 2:06:25 | 9:39/M |
| 897 | 272 | 161 | 26 M50 | John Shell, M57 | Cedar Rapids, IA | 59:16 | 2:06:37 | 9:40/M | 2:06:18 | 9:38/M |
| 421 | 273 | 162 | 9 M60 | Fred Koontz, M68 | Cedar Rapids, IA | 1:06:16 | 2:06:43 | 9:40/M | 2:06:09 | 9:37/M |
| 265 | 274 | 112 | 7 F50 | Martha Gearhart, F56 | Hopkinton, IA | 1:02:06 | 2:06:46 | 9:40/M | 2:06:30 | 9:39/M |
| 738 | 275 | 163 | 63 M30 | Bala Singam Sovouriradjane, M35 | Cedar Rapids, IA | 1:02:45 | 2:06:59 | 9:41/M | 2:06:24 | 9:39/M |
| 158 | 276 | 164 | 33 M40 | Shawn Countryman, M43 | Anamosa, IA | 1:05:09 | 2:07:03 | 9:42/M | 2:07:03 | 9:42/M |
| 856 | 277 | 165 | 30 M20 | Spencer Zielke, M21 | Cedar Rapids, IA | 1:03:17 | 2:07:07 | 9:42/M | 2:06:31 | 9:39/M |
| 855 | 278 | 166 | 34 M40 | John Zielke, M47 | Cedar Rapids, IA | 1:03:17 | 2:07:07 | 9:42/M | 2:06:31 | 9:39/M |
| 146 | 279 | 113 | 8 F50 | Elaine Claude, F50 | Solon, IA | 1:03:48 | 2:07:09 | 9:42/M | 2:07:00 | 9:41/M |
| 6 | 280 | 114 | 27 F20 | Jenna Albert, F24 | Cedar Rapids, IA | 1:01:30 | 2:07:17 | 9:43/M | 2:07:10 | 9:42/M |
| 743 | 281 | 167 | 64 M30 | Ryan Stancel, | Marion, IA | 1:01:36 | 2:07:40 | 9:44/M | 2:07:26 | 9:43/M |

| | | | | M36 | | | | | | |
|-----|-----|-----|--------|-------------------------|-------------------|---------|---------|--------|---------|--------|
| 327 | 282 | 168 | 65 M30 | Matthew Hickok, M36 | Reinbeck, IA | 1:02:16 | 2:07:41 | 9:44/M | 2:07:34 | 9:44/M |
| 828 | 283 | 169 | 66 M30 | Jason Wilke, M30 | Marion, IA | 1:02:35 | 2:07:50 | 9:45/M | 2:07:25 | 9:43/M |
| 31 | 284 | 115 | 28 F20 | Laura Bailey, F29 | Cedar Rapids, IA | 1:02:34 | 2:07:50 | 9:45/M | 2:07:24 | 9:43/M |
| 456 | 285 | 116 | 41 F30 | Kacie Lewis, F31 | West Branch, IA | 1:01:58 | 2:08:00 | 9:46/M | 2:07:34 | 9:44/M |
| 405 | 286 | 117 | 32 F40 | Kari Kempf, F42 | Fairfax, IA | 1:03:12 | 2:08:04 | 9:46/M | 2:07:40 | 9:44/M |
| 561 | 287 | 118 | 42 F30 | Thuy Nguyen, F32 | Iowa City, IA | 1:05:25 | 2:08:07 | 9:46/M | 2:07:32 | 9:44/M |
| 689 | 288 | 170 | 35 M40 | Allen Sanders, M47 | Cedar Rapids, IA | 1:04:29 | 2:08:07 | 9:46/M | 2:07:33 | 9:44/M |
| 334 | 289 | 119 | 29 F20 | Rachel Hoeger, F23 | Cedar Falls, IA | 1:01:41 | 2:08:11 | 9:47/M | 2:07:36 | 9:44/M |
| 674 | 290 | 171 | 31 M20 | Cody Rohlf, M24 | Cedar Falls, IA | 1:01:41 | 2:08:11 | 9:47/M | 2:07:36 | 9:44/M |
| 179 | 291 | 120 | 33 F40 | Maureen De Armond, F42 | Ames, IA | 1:05:48 | 2:08:18 | 9:47/M | 2:07:58 | 9:46/M |
| 815 | 292 | 172 | 36 M40 | Andy Weigel, M45 | Iowa City, IA | 1:03:39 | 2:08:19 | 9:47/M | 2:07:57 | 9:46/M |
| 222 | 293 | 121 | 30 F20 | Natalie Erickson, F23 | Cedar Rapids, IA | 1:02:13 | 2:08:29 | 9:48/M | 2:08:10 | 9:47/M |
| 708 | 294 | 173 | 32 M20 | Eric Schultz, M27 | Johnston, IA | 1:02:13 | 2:08:29 | 9:48/M | 2:08:09 | 9:47/M |
| 184 | 295 | 174 | 27 M50 | John Demory, M54 | North Liberty, IA | 1:05:45 | 2:08:44 | 9:49/M | 2:08:24 | 9:48/M |
| 478 | 296 | 175 | 28 M50 | Dean Mallie, M59 | Lisbon, IA | 1:00:25 | 2:09:01 | 9:51/M | 2:08:47 | 9:49/M |
| 620 | 297 | 122 | 43 F30 | Danielle Powell, F32 | Cedar Rapids, IA | 1:02:56 | 2:09:14 | 9:52/M | 2:08:43 | 9:49/M |
| 443 | 298 | 123 | 44 F30 | Gina Leahy, F36 | Cedar Rapids, IA | 1:05:39 | 2:09:18 | 9:52/M | 2:08:54 | 9:50/M |
| 288 | 299 | 176 | 29 M50 | Kevin Habel, M52 | Swisher, IA | 1:06:19 | 2:09:20 | 9:52/M | 2:08:54 | 9:50/M |
| 593 | 300 | 177 | 37 M40 | Joel Pendergrass, M41 | Mount Vernon, IA | 1:07:53 | 2:09:23 | 9:52/M | 2:09:02 | 9:51/M |
| 240 | 301 | 124 | 31 F20 | Katie Fischels, F22 | Iowa City, IA | 1:03:18 | 2:09:24 | 9:52/M | 2:08:42 | 9:49/M |
| 755 | 302 | 125 | 32 F20 | Carrie Stewart, F26 | Mount Vernon, IA | 1:05:14 | 2:09:48 | 9:54/M | 2:09:31 | 9:53/M |
| 501 | 303 | 178 | 33 M20 | Doug McDonald, M29 | Cedar Rapids, IA | 1:01:04 | 2:09:56 | 9:55/M | 2:09:17 | 9:52/M |
| 430 | 304 | 126 | 33 F20 | Libby Kurtz, F29 | Cedar Rapids, IA | 1:06:16 | 2:09:59 | 9:55/M | 2:09:14 | 9:51/M |
| 203 | 305 | 127 | 34 F40 | Elizabeth Driskell, F44 | Cedar Rapids, IA | 1:06:12 | 2:10:19 | 9:56/M | 2:09:44 | 9:54/M |

| | | | | | | | | | | |
|-----|-----|-----|--------|------------------------------|---------------------|---------|---------|---------|---------|---------|
| 632 | 306 | 128 | 45 F30 | Sarah Purk, F37 | Belle Plaine, IA | 1:06:16 | 2:10:33 | 9:58/M | 2:09:56 | 9:55/M |
| 54 | 307 | 179 | 30 M50 | Joe Berger, M52 | Dubuque, IA | 1:06:11 | 2:10:44 | 9:58/M | 2:10:18 | 9:56/M |
| 765 | 308 | 129 | 35 F40 | Sara Swanson, F45 | Riverside, IA | 1:03:08 | 2:10:50 | 9:59/M | 2:10:32 | 9:57/M |
| 252 | 309 | 130 | 6 JRF | Lawryn Fraley, F18 | Marion, IA | 1:00:50 | 2:11:09 | 10:00/M | 2:10:59 | 9:59/M |
| 148 | 310 | 131 | 46 F30 | Sheryl Cline, F31 | Fairfax, IA | 1:06:27 | 2:11:10 | 10:00/M | 2:10:57 | 9:59/M |
| 516 | 311 | 132 | 36 F40 | Kimberly Menke, F45 | Cedar Rapids, IA | 1:04:26 | 2:11:17 | 10:01/M | 2:10:45 | 9:58/M |
| 403 | 312 | 180 | 31 M50 | Jim Kelly, M51 | Cedar Rapids, IA | 1:07:37 | 2:11:26 | 10:02/M | 2:11:01 | 10:00/M |
| 404 | 313 | 133 | 37 F40 | Nancy Kelly, F47 | Cedar Rapids, IA | 1:06:55 | 2:11:26 | 10:02/M | 2:11:01 | 10:00/M |
| 210 | 314 | 181 | 67 M30 | Luke Edwards, M34 | Wilton, IA | 1:03:13 | 2:11:27 | 10:02/M | 2:11:16 | 10:01/M |
| 795 | 315 | 134 | 34 F20 | Tyler Vandergaast, F23 | Cedar Rapids, IA | 1:04:56 | 2:11:28 | 10:02/M | 2:11:09 | 10:00/M |
| 468 | 316 | 135 | 35 F20 | Erin Lynch, F27 | Des Moines, IA | 1:02:25 | 2:11:29 | 10:02/M | 2:11:20 | 10:01/M |
| 880 | 317 | 136 | 7 JRF | Kirsten Siebenga, F19 | Cedar Rapids, IA | 1:09:30 | 2:11:42 | 10:03/M | 2:11:26 | 10:02/M |
| 395 | 318 | 137 | 47 F30 | Kristy Kapfhamer, F35 | Coralville, IA | 1:05:20 | 2:12:09 | 10:05/M | 2:11:45 | 10:03/M |
| 766 | 319 | 138 | 36 F20 | Kathryn Symmonds, F28 | Cedar Rapids, IA | 1:06:12 | 2:12:11 | 10:05/M | 2:11:45 | 10:03/M |
| 527 | 320 | 139 | 38 F40 | Leslie Mitchell, F45 | Bettendorf, IA | 1:06:17 | 2:12:22 | 10:06/M | 2:12:00 | 10:04/M |
| 377 | 321 | 182 | 68 M30 | Luke Johnson, M33 | Burlington, IA | 1:02:44 | 2:12:31 | 10:06/M | 2:12:19 | 10:06/M |
| 102 | 322 | 140 | 39 F40 | Sandra Brune, F49 | Swisher, IA | 1:05:29 | 2:12:37 | 10:07/M | 2:12:18 | 10:06/M |
| 726 | 323 | 141 | 40 F40 | Tami Skriver, F44 | Walford, IA | 1:05:29 | 2:12:37 | 10:07/M | 2:12:19 | 10:06/M |
| 336 | 324 | 142 | 48 F30 | Samantha Hogan, F31 | Dyersville, IA | 1:06:40 | 2:12:40 | 10:07/M | 2:12:31 | 10:07/M |
| 200 | 325 | 143 | 49 F30 | Holly Doyle, F30 | Dyersville, IA | 1:06:40 | 2:12:41 | 10:07/M | 2:12:32 | 10:07/M |
| 790 | 326 | 144 | 37 F20 | Heather Uthoff, F29 | Manchester, IA | 1:01:24 | 2:12:41 | 10:07/M | 2:12:19 | 10:06/M |
| 22 | 327 | 145 | 50 F30 | Rachael Arnone, F39 | Iowa City, IA | 1:07:15 | 2:12:55 | 10:08/M | 2:12:15 | 10:05/M |
| 713 | 328 | 146 | 41 F40 | Sara Scott, F41 | Iowa City, IA | 1:07:15 | 2:12:55 | 10:08/M | 2:12:15 | 10:05/M |
| 598 | 329 | 147 | 9 F50 | Linda Peyton, F53 | Marion, IA | 1:04:35 | 2:13:15 | 10:10/M | 2:12:55 | 10:08/M |
| 654 | 330 | 183 | 69 M30 | Bennie | Cedar Rapids, | 1:07:59 | 2:13:23 | 10:11/M | 2:12:52 | 10:08/M |

| | | | | | | | | |
|-----|-----|-----|--------|-------------------------|---------------------|---------|---------|-------------------------|
| | | | | Rheeder, M37 | IA | | | |
| 312 | 331 | 184 | 70 M30 | Brent Hawkins, M39 | North Liberty, IA | 1:05:00 | 2:13:47 | 10:12/M 2:13:19 10:10/M |
| 206 | 332 | 148 | 51 F30 | Lisa Dykes, F35 | Cedar Rapids, IA | 1:03:35 | 2:13:55 | 10:13/M 2:13:25 10:11/M |
| 360 | 333 | 149 | 38 F20 | Kaitlin Jackson, F25 | Des Moines, IA | 1:01:45 | 2:14:03 | 10:14/M 2:13:41 10:12/M |
| 43 | 334 | 185 | 10 M60 | Dan Beck, M60 | Hills, IA | 1:12:51 | 2:14:29 | 10:16/M 2:14:17 10:15/M |
| 604 | 335 | 150 | 42 F40 | Amy Piercy, F41 | North Liberty, IA | 1:12:50 | 2:14:30 | 10:16/M 2:14:17 10:15/M |
| 663 | 336 | 151 | 43 F40 | Suzanne Risk, F40 | Blairstown, IA | 1:07:32 | 2:14:49 | 10:17/M 2:13:58 10:13/M |
| 41 | 337 | 152 | 39 F20 | Carly Beastro, F21 | Cedar Rapids, IA | 1:10:20 | 2:14:50 | 10:17/M 2:14:36 10:16/M |
| 599 | 338 | 153 | 40 F20 | Nicole Peyton, F25 | Marion, IA | 1:04:36 | 2:14:50 | 10:17/M 2:14:30 10:16/M |
| 315 | 339 | 154 | 52 F30 | Sarah Hefflefinger, F36 | Anamosa, IA | 1:05:23 | 2:15:19 | 10:19/M 2:14:57 10:18/M |
| 538 | 340 | 155 | 41 F20 | Ellen Morhardt, F25 | Dubuque, IA | 1:04:52 | 2:15:20 | 10:19/M 2:14:46 10:17/M |
| 64 | 341 | 186 | 34 M20 | Andrew Bisenius, M21 | Cedar Rapids, IA | 57:51 | 2:15:36 | 10:21/M 2:15:03 10:18/M |
| 794 | 342 | 156 | 10 F50 | Kara Vance, F50 | Independence, IA | 1:05:17 | 2:15:36 | 10:21/M 2:15:17 10:19/M |
| 587 | 343 | 157 | 42 F20 | Sarah Park, F28 | Dubuque, IA | 1:04:50 | 2:15:40 | 10:21/M 2:15:24 10:20/M |
| 805 | 344 | 187 | 38 M40 | Kyle Vondracek, M48 | West Des Moines, IA | 1:01:03 | 2:15:41 | 10:21/M 2:15:28 10:20/M |
| 551 | 345 | 158 | 53 F30 | Chelsea Munson, F30 | Sioux Falls, SD | 1:06:00 | 2:15:44 | 10:21/M 2:15:31 10:20/M |
| 606 | 346 | 159 | 54 F30 | Faye Pineda, F35 | Cedar Rapids, IA | 1:06:28 | 2:15:46 | 10:21/M 2:15:12 10:19/M |
| 429 | 347 | 188 | 32 M50 | John Kurtz, M53 | Robins, IA | 1:04:30 | 2:15:57 | 10:22/M 2:15:53 10:22/M |
| 396 | 348 | 189 | 11 M60 | Ken Kasperek, M65 | Fair Grove, MO | 1:10:55 | 2:16:08 | 10:23/M 2:15:36 10:21/M |
| 417 | 349 | 160 | 43 F20 | Andie Kolf, F25 | Cedar Rapids, IA | 1:04:28 | 2:16:22 | 10:24/M 2:16:00 10:22/M |
| 25 | 350 | 161 | 11 F50 | Marsha Aspinall, F54 | Cedar Rapids, IA | 1:04:18 | 2:16:35 | 10:25/M 2:16:26 10:24/M |
| 872 | 351 | 162 | 12 F50 | Teresa Mills, F54 | Gilbert, AZ | 1:05:03 | 2:16:44 | 10:26/M 2:16:37 10:25/M |
| 800 | 352 | 190 | 35 M20 | Justin Villont, M28 | Fairbank, IA | 1:06:20 | 2:16:49 | 10:26/M 2:16:25 10:24/M |
| 412 | 353 | 191 | 39 M40 | Kenneth Klein, M47 | Cedar Rapids, IA | 1:06:36 | 2:17:23 | 10:29/M 2:17:15 10:28/M |
| 160 | 354 | 163 | 44 F20 | Jamie Covell, F26 | Dubuque, IA | 1:04:23 | 2:17:41 | 10:30/M 2:17:26 10:29/M |
| 614 | 355 | 164 | 45 F20 | Alexandria | Clarksville, | 1:06:11 | 2:17:42 | 10:30/M 2:17:15 10:28/M |

| | | | | | | |
|-----|-----|-----|--------|-------------------------|------------------|---|
| | | | | Pluemer, F24 | TN | |
| 264 | 356 | 192 | 40 M40 | Chad Gammon, M44 | Cedar Rapids, IA | 1:09:36 2:17:45 10:30/M 2:17:06 10:27/M |
| 238 | 357 | 165 | 55 F30 | Kaitlin Finn, F33 | Cedar Rapids, IA | 1:08:53 2:17:54 10:31/M 2:17:16 10:28/M |
| 40 | 358 | 166 | 44 F40 | Julie Bathurst, F41 | Cedar Rapids, IA | 1:09:15 2:17:58 10:31/M 2:17:42 10:30/M |
| 529 | 359 | 193 | 33 M50 | John Moeller, M50 | Cedar Rapid, IA | 1:12:43 2:18:07 10:32/M 2:17:43 10:30/M |
| 502 | 360 | 194 | 34 M50 | Tom McDonald, M52 | Marion, IA | 1:08:24 2:18:12 10:33/M 2:17:46 10:31/M |
| 488 | 361 | 167 | 45 F40 | Meridith Masloski, F48 | Easthampton, MA | 1:05:32 2:18:42 10:35/M 2:18:24 10:33/M |
| 172 | 362 | 168 | 46 F40 | Ann Dall, F47 | Solon, IA | 1:10:47 2:18:46 10:35/M 2:18:27 10:34/M |
| 326 | 363 | 195 | 36 M20 | Michael Hepker, M25 | Cedar Rapids, IA | 1:08:09 2:19:17 10:37/M 2:18:47 10:35/M |
| 648 | 364 | 169 | 56 F30 | Ali Rehmke, F30 | Dubuque, IA | 1:04:52 2:19:26 10:38/M 2:18:52 10:36/M |
| 225 | 365 | 196 | 35 M50 | Brad Evans, M50 | Southaven, MS | 1:12:07 2:19:35 10:39/M 2:18:57 10:36/M |
| 668 | 366 | 170 | 8 JRF | Michaela Robertson, F19 | Iowa City, IA | 1:07:04 2:19:46 10:40/M 2:19:34 10:39/M |
| 500 | 367 | 197 | 71 M30 | Clifford McDonald, M35 | Marion, IA | 1:06:28 2:19:58 10:41/M 2:19:25 10:38/M |
| 749 | 368 | 171 | 47 F40 | Tami Steffen, F47 | Atkins, IA | 1:08:23 2:20:13 10:42/M 2:20:00 10:41/M |
| 748 | 369 | 198 | 41 M40 | Shawn Steffen, M46 | Atkins, IA | 1:08:23 2:20:13 10:42/M 2:20:01 10:41/M |
| 284 | 370 | 199 | 42 M40 | Terry Gudenkauf, M45 | Manchester, IA | 1:14:04 2:20:20 10:42/M 2:20:06 10:41/M |
| 259 | 371 | 172 | 57 F30 | Roberta Fuchs, F39 | Cedar Rapids, IA | 1:08:06 2:20:21 10:42/M 2:20:12 10:42/M |
| 143 | 372 | 173 | 48 F40 | Michelle Clark, F44 | Coralville, IA | 1:09:31 2:20:25 10:43/M 2:20:13 10:42/M |
| 902 | 373 | 200 | 72 M30 | Josh Juehring, M36 | Marion, IA | 1:09:20 2:20:36 10:44/M 2:19:49 10:40/M |
| 97 | 374 | 174 | 49 F40 | Lisa Brokaw, F45 | Solon, IA | 1:10:46 2:20:40 10:44/M 2:20:21 10:42/M |
| 487 | 375 | 175 | 58 F30 | Angie Maske-Berka, F36 | Iowa City, IA | 1:10:15 2:20:52 10:45/M 2:20:22 10:42/M |
| 474 | 376 | 176 | 50 F40 | Bridget Malake, F45 | Cedar Rapids, IA | 1:07:59 2:21:28 10:48/M 2:20:46 10:44/M |
| 608 | 377 | 201 | 43 M40 | Eddie Piromsuk, M45 | Chesterfield, MO | 1:07:59 2:21:33 10:48/M 2:21:01 10:45/M |
| 731 | 378 | 202 | 4 JRM | Gabriel Smith, M18 | Cedar Rapids, IA | 1:09:17 2:21:34 10:48/M 2:21:03 10:46/M |
| 161 | 379 | 177 | 9 JRF | Kaci Cox, F18 | Cedar Rapids, IA | 1:09:18 2:21:41 10:48/M 2:21:11 10:46/M |

| | | | | | | | | | | |
|-----|-----|-----|--------|-------------------------|-------------------|---------|---------|---------|---------|---------|
| 283 | 380 | 178 | 51 F40 | Lisa Gudenkauf, F41 | Manchester, IA | 1:10:47 | 2:21:51 | 10:49/M | 2:21:38 | 10:48/M |
| 695 | 381 | 203 | 44 M40 | Todd Schanbacher, M41 | Downers Grove, IL | 1:11:45 | 2:21:55 | 10:50/M | 2:21:24 | 10:47/M |
| 785 | 382 | 204 | 37 M20 | Andrew Trout, M28 | Coralville, IA | 1:06:00 | 2:22:16 | 10:51/M | 2:22:02 | 10:50/M |
| 519 | 383 | 205 | 38 M20 | Christopher Merck, M21 | Marion, IA | 1:05:43 | 2:23:05 | 10:55/M | 2:22:29 | 10:52/M |
| 138 | 384 | 179 | 59 F30 | Ellen Chosnyk, F31 | Marengo, IA | 1:08:56 | 2:23:41 | 10:58/M | 2:23:00 | 10:54/M |
| 74 | 385 | 180 | 52 F40 | Amanda Bonde, F44 | Davenport, IA | 1:09:07 | 2:24:19 | 11:01/M | 2:23:59 | 10:59/M |
| 52 | 386 | 181 | 10 JRF | Amber Berendes, F19 | Iowa City, IA | 1:07:05 | 2:24:27 | 11:01/M | 2:24:16 | 11:00/M |
| 573 | 387 | 182 | 13 F50 | Lori Oakes, F53 | Marion, IA | 1:09:47 | 2:24:30 | 11:01/M | 2:24:17 | 11:00/M |
| 763 | 388 | 183 | 46 F20 | Christine Summers, F27 | Marion, IA | 1:06:36 | 2:24:30 | 11:01/M | 2:24:17 | 11:00/M |
| 644 | 389 | 184 | 53 F40 | Jenny Reed, F45 | Charlotte, IA | 1:10:35 | 2:24:31 | 11:01/M | 2:24:07 | 11:00/M |
| 665 | 390 | 185 | 60 F30 | Priscilla Robbins, F37 | Bettendorf, IA | 1:09:07 | 2:24:33 | 11:02/M | 2:24:14 | 11:00/M |
| 525 | 391 | 186 | 61 F30 | Tiffany Miller, F39 | Cedar Rapids, IA | 1:11:14 | 2:24:37 | 11:02/M | 2:24:19 | 11:00/M |
| 720 | 392 | 187 | 54 F40 | Tracy Simmons, F46 | Cedar Rapids, IA | 1:11:14 | 2:24:38 | 11:02/M | 2:24:19 | 11:00/M |
| 853 | 393 | 188 | 62 F30 | Teresa Zalewski, F33 | Cedar Rapids, IA | 1:13:19 | 2:25:07 | 11:04/M | 2:24:35 | 11:02/M |
| 493 | 394 | 189 | 55 F40 | Cathy May, F45 | Cedar Rapids, IA | 1:14:24 | 2:25:34 | 11:06/M | 2:24:58 | 11:04/M |
| 157 | 395 | 190 | 56 F40 | Michele Countryman, F42 | Anamosa, IA | 1:08:32 | 2:25:36 | 11:06/M | 2:25:36 | 11:06/M |
| 81 | 396 | 206 | 73 M30 | Jason Boyles, M35 | Marion, IA | 1:12:35 | 2:26:31 | 11:11/M | 2:25:59 | 11:08/M |
| 546 | 397 | 191 | 11 JRF | Olivia Mueller, F15 | Marshfield, WI | 1:12:48 | 2:26:31 | 11:11/M | 2:25:57 | 11:08/M |
| 393 | 398 | 207 | 36 M50 | James Kane, M54 | Thomaston, CT | 1:15:24 | 2:26:33 | 11:11/M | 2:25:57 | 11:08/M |
| 62 | 399 | 192 | 47 F20 | Abby Bird, F22 | North Liberty, IA | 1:08:02 | 2:26:34 | 11:11/M | 2:26:08 | 11:09/M |
| 55 | 400 | | | | | | | | | |