

New Bo Fest *** Half Marathon *** Overall & Divisions

Event: Half Marathon

Date: Saturday, August 31, 2013

Location: Cedar Rapids

Weather: Sunny 78°

[Overall and Age Divisions](#)**Results By: Jeff Mullen**

Place	Gender	Division	Name	City	10K	Gun Time	Pace mpm	Chip Time	Pace mpm
1	1	1 OVM	Nate Hopp, M30	West Amana, IA	34:13	1:15:05	5:43/M	1:15:05	5:43/M
2	2	1 M30	Michael Wilson, M31	North Liberty, IA	37:58	1:22:45	6:18/M	1:22:42	6:18/M
3	3	1 M20	James Toomey, M27	Iowa City, IA	40:32	1:24:30	6:26/M	1:24:27	6:26/M
4	4	2 M20	Patrick O'Shea, M28	Marshalltown, IA	39:05	1:25:25	6:31/M	1:25:24	6:30/M
5	5	2 M30	Ben Fish, M38	Iowa City, IA	39:37	1:26:48	6:37/M	1:26:47	6:37/M
6	6	1 M40	Michael Hughes, M46	Cedar Rapids, IA	42:16	1:28:45	6:46/M	1:28:44	6:46/M
7	7	2 M40	Chad Krueger, M45	Cedar Rapids, IA	41:39	1:29:41	6:50/M	1:29:40	6:50/M
8	8	3 M20	Aaron Schmidt, M24	Fort Dodge, IA	42:43	1:32:02	7:01/M	1:31:58	7:00/M
9	9	3 M40	John Rogers, M42	Cedar Rapids, IA	43:02	1:32:15	7:02/M	1:32:11	7:01/M
10	10	4 M40	William Huntsberger, M43	Davenport, IA	43:49	1:32:55	7:05/M	1:32:55	7:05/M
11	11	4 M20	Benjamin Sines, M24	Iowa City, IA	43:32	1:33:13	7:06/M	1:33:07	7:06/M
12	12	5 M40	John Kvapil, M44	Davenport, IA	42:28	1:34:14	7:11/M	1:34:13	7:11/M
13	13	3 M30	Ethan Domke, M34	Iowa City, IA	43:51	1:34:39	7:13/M	1:34:35	7:12/M
14	14	1 M50	Randy Brecht, M53	Middle Amana, IA	43:57	1:34:42	7:13/M	1:34:39	7:13/M
15	15	1 JRM	Sam Werner, M16	Cedar Rapids, IA	43:45	1:35:04	7:15/M	1:34:59	7:14/M
16	16	6 M40	Chris Engen, M41	Central City, IA	44:24	1:35:51	7:18/M	1:35:49	7:18/M
17	17	5 M20	Matt Hilby, M27	Cedar Rapids, IA	45:05	1:35:57	7:19/M	1:35:52	7:18/M
18	18	2 JRM	Simon Duster, M15	Solon, IA	45:02	1:36:15	7:20/M	1:36:10	7:20/M
19	19	2 M50	Brett Roehlk, M51	Cedar Rapids, IA	45:13	1:37:05	7:24/M	1:37:04	7:24/M
20	1	1 OVF	Tamera Abkes, F32	Cedar Rapids, IA	45:36	1:38:18	7:29/M	1:38:12	7:29/M

21	20	6 M20	Jason Semprini, M26	Cedar Rapids, IA	46:09	1:39:28	7:35/M	1:39:16	7:34/M
22	21	4 M30	Brian Peck, M36	Cedar Rapids, IA	45:34	1:39:38	7:36/M	1:39:24	7:34/M
23	22	7 M20	Joel Nilles, M27	Dubuque, IA	47:28	1:39:51	7:37/M	1:39:44	7:36/M
24	23	8 M20	Jeremy Burkle, M24	Cedar Rapids, IA	48:28	1:40:06	7:38/M	1:39:59	7:37/M
25	24	9 M20	Robbie Schwenker, M28	North Liberty, IA	47:56	1:40:14	7:38/M	1:40:10	7:38/M
26	25	7 M40	Dustin Vasquez, M42	Walford, IA	44:57	1:40:42	7:40/M	1:40:35	7:40/M
27	26	10 M20	John Dwyer, M25	Coralville, IA	44:06	1:40:47	7:41/M	1:40:44	7:41/M
28	27	11 M20	Michael Price, M27	Cedar Rapids, IA	47:08	1:40:53	7:41/M	1:40:46	7:41/M
29	28	8 M40	Tim Vipond, M47	Cedar Rapids, IA	47:25	1:41:07	7:42/M	1:41:04	7:42/M
30	2	1 F30	Alissa Van Sloten, F32	Cedar Rapids, IA	45:54	1:41:32	7:44/M	1:41:27	7:44/M
31	29	12 M20	Matt Sima, M25	Cedar Rapids, IA	47:29	1:41:37	7:45/M	1:41:34	7:44/M
32	30	3 M50	Craig Brophy, M52	Cedar Rapids, IA	46:32	1:42:45	7:50/M	1:42:43	7:50/M
33	31	9 M40	Ron Grage, M48	Tipton, IA	47:33	1:43:09	7:52/M	1:43:06	7:51/M
34	32	5 M30	Nate Boulton, M33	Des Moines, IA	48:03	1:43:14	7:52/M	1:43:02	7:51/M
35	3	1 F20	Abbie Nilles, F27	Dubuque, IA	47:28	1:43:15	7:52/M	1:43:07	7:51/M
36	4	1 F40	Shawn Loy, F42	Washington, IA	47:30	1:43:27	7:53/M	1:43:18	7:52/M
37	33	4 M50	David Hurlbut, M52	Muscatine, IA	47:04	1:43:40	7:54/M	1:43:30	7:53/M
38	5	1 F50	Jane McGee, F51	Hiawatha, IA	48:06	1:44:11	7:56/M	1:44:03	7:56/M
39	34	13 M20	Andy Meek, M26	Cedar Rapids, IA	48:22	1:44:26	7:57/M	1:44:25	7:57/M
40	35	14 M20	Kyle Mallie, M28	Cedar Rapids, IA	47:25	1:44:39	7:58/M	1:44:33	7:58/M
41	36	5 M50	Ray Marshall, M52	Cedar Rapids, IA	47:13	1:44:44	7:59/M	1:44:42	7:59/M
42	37	15 M20	Andy Marshall, M21	Iowa City, IA	39:41	1:44:44	7:59/M	1:44:43	7:59/M
43	38	6 M30	Peter Bittorf, M32	Cedar Rapids, IA	49:05	1:45:16	8:01/M	1:45:11	8:01/M
44	39	7 M30	Lance Finch, M34	Fairfax, IA		1:45:25	8:02/M	1:45:25	8:02/M
45	6	2 F20	Elizabeth Steele, F28	Norway, IA	47:29	1:45:30	8:02/M	1:45:23	8:02/M
46	40	3 JRM	Salem Snoop, M15	Marion, IA		1:45:44	8:03/M	1:45:44	8:03/M
47	7	3 F20	Sarah Whitters,	Iowa City, IA	49:03	1:45:47	8:04/M	1:45:43	8:03/M

		F24							
48	8	4 F20	Riley Barth, F26	Cedar Rapids, IA	49:03	1:45:48	8:04/M	1:45:43	8:03/M
		Matt							
49	41	8 M30	Christenson, M31	Swisher, IA	47:52	1:46:19	8:06/M	1:46:12	8:06/M
50	42	9 M30	Johathan Myers, M36	North Liberty, IA	48:10	1:46:39	8:08/M	1:46:38	8:08/M
51	43	10 M40	Todd Gelo, M44	Cedar Rapids, IA	48:33	1:46:42	8:08/M	1:46:40	8:08/M
52	44	11 M40	Thomas Wolle, M47	Cedar Rapids, IA	46:04	1:46:43	8:08/M	1:46:40	8:08/M
53	45	6 M50	Nick Daedlow, M54	Independence, IA	50:26	1:46:52	8:09/M	1:46:49	8:08/M
54	46	12 M40	Mathieu Cagnard, M42	Cedar Rapids, IA	50:59	1:47:33	8:12/M	1:47:23	8:11/M
55	47	7 M50	Horacio Olivo, M51	Iowa City, IA	47:50	1:47:40	8:12/M	1:47:31	8:12/M
56	9	2 F30	Kathy Larson Ladue, F39	Anamosa, IA	50:45	1:47:41	8:12/M	1:47:32	8:12/M
57	48	10 M30	Alejandro Castro, M30	Iowa City, IA	51:09	1:47:46	8:13/M	1:47:30	8:12/M
58	49	13 M40	Greg Schmidt, M40	Cedar Rapids, IA	49:58	1:47:52	8:13/M	1:47:41	8:12/M
59	50	14 M40	Bradley Groff, M40	Cedar Rapids, IA	47:57	1:47:55	8:13/M	1:47:49	8:13/M
60	10	5 F20	Tara Handke, F26	Dubuque, IA	52:06	1:48:06	8:14/M	1:47:58	8:14/M
61	51	8 M50	Timothy Squires, M52	Belle Plaine, IA	52:06	1:48:06	8:14/M	1:47:58	8:14/M
62	11	3 F30	Stacey Blazek, F37	Cedar Rapids, IA	50:21	1:48:12	8:15/M	1:48:03	8:14/M
63	52	9 M50	Mark Williams, M53	Cedar Rapids, IA	50:21	1:48:12	8:15/M	1:48:03	8:14/M
64	53	15 M40	Chuck Hardin, M47	Cedar Rapids, IA	50:21	1:48:33	8:16/M	1:48:25	8:16/M
65	12	6 F20	Mollie Fagan, F24	Cedar Rapids, IA	51:08	1:49:26	8:20/M	1:49:13	8:19/M
66	54	11 M30	Keith Snoop, M35	Marion, IA	50:28	1:49:35	8:21/M	1:49:29	8:21/M
67	55	10 M50	James Shell, M54	Cedar Rapids, IA	51:00	1:50:06	8:23/M	1:50:01	8:23/M
68	13	2 F40	Sonja Krob, F42	Mt Vernon, IA	51:22	1:50:11	8:24/M	1:49:54	8:23/M
69	56	1 M60	Norm Arons, M67	Cedar Rapids, IA	51:47	1:50:24	8:25/M	1:50:19	8:24/M
70	14	3 F40	Vernell Shaw, F44	Bettendorf, IA	51:26	1:50:29	8:25/M	1:49:59	8:23/M
71	57	12 M30	Robert Lancaster, M33	Cedar Rapids, IA	52:24	1:50:59	8:28/M	1:50:42	8:26/M
72	58	13 M30	John Lueck, M34	Iowa City, IA	51:48	1:51:31	8:30/M	1:51:13	8:29/M

73	15	4 F40	Jennifer Fish, F40	Iowa City, IA	52:20	1:51:37	8:30/M	1:51:28	8:30/M
74	59	2 M60	Vinton Cromer, M66	Muscatine, IA	49:51	1:51:55	8:32/M	1:51:45	8:31/M
75	60	16 M40	Dan Ranschau, M46	Cedar Rapids, IA	53:30	1:52:07	8:33/M	1:51:49	8:31/M
76	16	4 F30	Kara Burg, F30	Cedar Rapids, IA	51:47	1:52:08	8:33/M	1:52:03	8:32/M
77	61	11 M50	Dave Jessen, M55	Bettendorf, IA	49:33	1:52:10	8:33/M	1:52:05	8:33/M
78	62	14 M30	Mitch Jones, M35	Center Point, IA	53:46	1:52:14	8:33/M	1:51:49	8:31/M
79	63	15 M30	Bret Williamson, M37	Cedar Rapids, IA	54:30	1:52:19	8:34/M	1:52:04	8:32/M
80	64	16 M30	Craig Mallicoat, M34	Fairfax, IA	51:01	1:52:40	8:35/M	1:52:30	8:34/M
81	65	12 M50	Dave Filip, M51	Cedar Rapids, IA	53:56	1:52:53	8:36/M	1:52:30	8:34/M
82	66	16 M20	Andrew Bridgewater, M23	Van Horne, IA	48:33	1:53:01	8:37/M	1:52:56	8:36/M
83	67	17 M30	Doug Fishwild, M34	Cedar Rapids, IA	53:02	1:53:19	8:38/M	1:53:04	8:37/M
84	17	5 F40	Christine Day, F43	Palo, IA	51:31	1:53:22	8:38/M	1:53:13	8:38/M
85	68	13 M50	Jim Sankey, M57	Cedar Rapids, IA	51:31	1:53:26	8:39/M	1:53:19	8:38/M
86	69	18 M30	Brian Barnard, M39	Keystone, IA	49:50	1:53:29	8:39/M	1:53:18	8:38/M
87	18	5 F30	Emily Logan, F33	Marion, IA	52:20	1:53:35	8:39/M	1:53:21	8:38/M
88	19	6 F30	Carissa Oltman, F32	Cedar Rapids, IA	53:27	1:53:42	8:40/M	1:53:21	8:38/M
89	20	1 JRF	Cristi Trow Dykstra, F16	Riverside, IA	51:29	1:54:06	8:42/M	1:53:58	8:41/M
90	21	7 F30	Melissa Barnard, F37	Keystone, IA	50:49	1:54:17	8:43/M	1:54:07	8:42/M
91	22	8 F30	Cynthia Marx, F36	North Liberty, IA	51:15	1:54:27	8:43/M	1:54:15	8:42/M
92	23	6 F40	Gretchen Lawyer, F40	Marion, IA	52:49	1:54:53	8:45/M	1:54:45	8:45/M
93	70	17 M40	John Bradley, M47	Palo, IA	54:19	1:55:09	8:47/M	1:55:01	8:46/M
94	71	18 M40	Michael Snyder, M44	Mt. Vernon, IA	50:26	1:55:13	8:47/M	1:55:06	8:46/M
95	24	7 F20	Tammy Marek, F26	Washington, IA	52:57	1:55:57	8:50/M	1:55:50	8:50/M
96	25	8 F20	Marissa Klinger, F20	Cedar Rapids, IA	54:35	1:55:59	8:50/M	1:55:39	8:49/M
97	72	19 M40	Jim Berger, M42	Cedar Rapids,	50:27	1:56:13	8:51/M	1:55:49	8:50/M

				IA					
98	73	17 M20	Cody Wells, M28	Chicago, IL	52:38	1:56:15	8:52/M	1:56:03	8:51/M
99	74	19 M30	Chris Knudson, M39	Cedar Rapids, IA	53:56	1:56:17	8:52/M	1:56:03	8:51/M
100	75	20 M40	Rob Hursh, M48	Cr, IA	50:05	1:56:20	8:52/M	1:56:11	8:51/M
101	76	4 JRM	Blake Roseberry, M17	Fairfax, IA	54:28	1:56:27	8:52/M	1:56:12	8:51/M
102	77	20 M30	Joshua Petersen, M31	Cedar Rapids Ia, IA	54:28	1:56:27	8:53/M	1:56:12	8:51/M
103	26	7 F40	Lynda Cook, F46	Cedar Rapids, IA	54:51	1:56:32	8:53/M	1:56:17	8:52/M
104	27	2 F50	Sara Todd, F50	Cedar Rapids, IA	52:54	1:56:42	8:54/M	1:56:36	8:53/M
105	78	21 M40	Kevin Cano, M44	Cedar Rapids, IA	50:42	1:56:47	8:54/M	1:56:44	8:54/M
106	28	9 F30	Jennifer Duster, F39	Solon, IA	53:26	1:57:01	8:55/M	1:56:49	8:54/M
107	29	8 F40	Christine Peters, F41	Hills, IA	54:56	1:57:05	8:55/M	1:56:36	8:53/M
108	30	10 F30	Kelly Brown, F33	Ackworth, IA	54:31	1:57:26	8:57/M	1:57:15	8:56/M
109	31	9 F20	Jennifer Snook, F22	Cedar Rapids, IA	54:41	1:57:30	8:57/M	1:57:07	8:56/M
110	79	21 M30	Nate Smith, M31	Cedar Rapids, IA	52:26	1:57:31	8:57/M	1:57:23	8:57/M
111	32	10 F20	Jessica Snook, F23	Cedar Rapids, IA	54:40	1:57:35	8:58/M	1:57:11	8:56/M
112	80	22 M30	Luke Bishop, M33	Cedar Rapids, IA	52:18	1:57:46	8:59/M	1:57:37	8:58/M
113	81	22 M40	Jeff Whetstine, M48	South Rockwood, MI	55:46	1:58:08	9:00/M	1:57:46	8:59/M
114	82	18 M20	Micky Hansen, M29	Cedar Rapids, IA	56:05	1:58:10	9:00/M	1:57:58	8:59/M
115	33	11 F30	Tanya Matthews, F39	Cedar Rapids, IA	54:35	1:58:30	9:02/M	1:58:22	9:01/M
116	83	23 M30	Cam Frett, M38	Cedar Rapids, IA	56:27	1:58:39	9:03/M	1:58:23	9:01/M
117	34	11 F20	Erika Hass, F29	Cedar Rapids, IA	53:34	1:58:48	9:03/M	1:58:36	9:02/M
118	84	23 M40	Roger Mullinnix, M48	Iowa City, IA	52:33	1:58:51	9:04/M	1:58:42	9:03/M
119	85	14 M50	Rick Klinger, M50	Cedar Rapids, IA	53:26	1:58:53	9:04/M	1:58:30	9:02/M
120	86	24 M40	John Lohman, M41	North Liberty, IA	51:28	1:59:06	9:05/M	1:59:03	9:04/M
121	35	12 F20	Heather Groh, F27	Iowa City, IA	55:36	1:59:30	9:06/M	1:59:08	9:05/M
122	36	13 F20	Bethany Jimison, F29	Cedar Rapids, IA	55:36	1:59:30	9:06/M	1:59:09	9:05/M

123	87	24 M30	John Lewis, M31	Center Point, IA	53:52	1:59:31	9:07/M	1:59:10	9:05/M
124	88	15 M50	Alex Stratton, M50	Cedar Rapids, IA	56:01	1:59:35	9:07/M	1:59:03	9:04/M
125	89	25 M30	Kurt Kroemer, M36	Cedar Rapids, IA	54:50	1:59:45	9:08/M	1:59:32	9:07/M
126	37	12 F30	Jana Holmes, F30	Cedar Falls, IA	55:40	1:59:51	9:08/M	1:59:37	9:07/M
127	90	5 JRM	Ben Holcomb, M19	Cedar Rapids, IA	55:27	2:00:11	9:10/M	2:00:01	9:09/M
128	91	25 M40	Rob Pollitt, M41	Cedar Rapids, IA	55:27	2:00:13	9:10/M	2:00:02	9:09/M
129	38	13 F30	Denise Brislaw, F31	Center Point, IA	56:57	2:00:15	9:10/M	1:59:47	9:08/M
130	39	14 F30	Keri Christensen, F36	Anamosa, IA	53:51	2:00:46	9:12/M	2:00:37	9:12/M
131	40	15 F30	Jennifer Volesky, F39	Mt. Vernon, IA	54:17	2:00:51	9:13/M	2:00:35	9:11/M
132	41	14 F20	Jotni Pankey, F24	Cedar Rapids, IA	55:07	2:00:53	9:13/M	2:00:45	9:12/M
133	92	26 M30	Thomas Ferguson, M39	Coralville, IA	57:12	2:01:10	9:14/M	2:00:38	9:12/M
134	42	16 F30	Adriana Valcu, F32	Ames, IA	56:36	2:01:37	9:16/M	2:01:16	9:15/M
135	93	27 M30	Justin Ross, M34	Marion, IA	57:27	2:01:50	9:17/M	2:01:31	9:16/M
136	43	17 F30	Sara Young, F32	Cedar Rapids, IA	56:01	2:01:51	9:17/M	2:01:21	9:15/M
137	44	9 F40	Pam Hubbard, F47	Iowa City, IA	55:26	2:01:53	9:17/M	2:01:23	9:15/M
138	94	28 M30	Derek Easton, M31	Cedar Rapids, IA	55:26	2:02:04	9:18/M	2:01:52	9:17/M
139	45	15 F20	Lea Greiner, F27	Iowa City, IA	56:54	2:02:10	9:19/M	2:01:57	9:18/M
140	95	19 M20	Patrick Romani, M27	Iowa City, IA	56:54	2:02:13	9:19/M	2:01:59	9:18/M
141	96	26 M40	Stephen Szewc, M41	Marion, IA	53:00	2:02:27	9:20/M	2:02:18	9:19/M
142	97	29 M30	Adam Hermsen, M34	Marion, IA	53:44	2:02:37	9:21/M	2:02:13	9:19/M
143	98	20 M20	Brent Frein, M26	Urbandale, IA	59:03	2:02:48	9:22/M	2:02:34	9:21/M
144	99	30 M30	Anthony Schaefer, M30	Marion, IA	57:05	2:03:02	9:23/M	2:02:54	9:22/M
145	100	3 M60	David Gee, M62	Cedar Rapids, IA	56:16	2:03:05	9:23/M	2:02:44	9:21/M
146	101	27 M40	Blake Jones, M44	Cedar Rapids, IA	55:51	2:03:08	9:23/M	2:02:56	9:22/M
147	102	31 M30	Alick Zulu, M39	Marion, IA	54:56	2:03:11	9:23/M	2:02:59	9:22/M
148	46	18 F30	Chistina Djerf, F34	Cedar Rapids, IA	56:28	2:03:22	9:24/M	2:03:06	9:23/M

149	103	21 M20	Warren James, M28	Cedar Rapids, IA	57:22	2:03:25	9:24/M	2:03:05	9:23/M
150	104	28 M40	Paul Reid, M44	Cedar Rapids, IA	56:41	2:03:34	9:25/M	2:03:23	9:24/M
151	105	29 M40	Joel Rochleau, M40	Hiawatha, IA	55:31	2:03:53	9:27/M	2:03:37	9:25/M
152	47	10 F40	Leslie French, F48	Cedar Rapids, IA	56:07	2:04:06	9:28/M	2:04:02	9:27/M
153	48	16 F20	Kayla Kistner, F24	Cedar Falls, IA	58:23	2:04:13	9:28/M	2:03:51	9:26/M
154	106	32 M30	Dan Burg, M31	Cedar Rapids, IA	55:34	2:04:15	9:28/M	2:04:10	9:28/M
155	49	3 F50	Julie Rosenberg, F55	Cedar Rapids, IA	57:29	2:04:17	9:28/M	2:04:02	9:27/M
156	107	16 M50	Brian Mohling, M53	Marion, IA	55:32	2:04:31	9:29/M	2:04:09	9:28/M
157	50	11 F40	Ann-Marie Berg, F44	Cedar Rapids, IA	56:31	2:04:42	9:30/M	2:04:39	9:30/M
158	108	17 M50	Lonny Cale, M52	Argyle, IA	58:41	2:04:43	9:30/M	2:04:29	9:29/M
159	109	30 M40	Darrell Chiavetta, M42	Marion, IA	59:20	2:04:55	9:31/M	2:04:24	9:29/M
160	110	33 M30	James Thomas, M34	Marion, IA	53:10	2:05:04	9:32/M	2:04:49	9:31/M
161	111	31 M40	Brian Suthers, M40	Martelle, IA	54:46	2:05:14	9:33/M	2:04:43	9:30/M
162	112	4 M60	Warren Feerer, M63	Cedar Rapids, IA	52:31	2:05:18	9:33/M	2:05:15	9:33/M
163	51	12 F40	Shari Ross, F41	Cedar Rapids, IA	59:27	2:05:22	9:33/M	2:04:54	9:31/M
164	52	19 F30	Emily Logan, F38	Cedar Rapids, IA	56:49	2:05:25	9:34/M	2:05:15	9:33/M
165	53	17 F20	Erin Harmeyer, F26	Columbia, MO	55:38	2:05:27	9:34/M	2:05:14	9:33/M
166	54	13 F40	Deb Schultejan, F44	Cedar Rapids, IA	57:43	2:05:29	9:34/M	2:05:20	9:33/M
167	113	18 M50	Roy Kottal, M58	Cedar Rapids, IA	57:26	2:05:30	9:34/M	2:05:07	9:32/M
168	114	34 M30	Kurt Buhr, M30	Marion, IA	54:09	2:05:39	9:35/M	2:05:18	9:33/M
169	55	14 F40	Hilary Claggett, F49	Chicago, IL	55:28	2:05:46	9:35/M	2:05:42	9:35/M
170	56	18 F20	Brittany Brokaw, F28	Cedar Rapids, IA	59:25	2:05:58	9:36/M	2:05:23	9:33/M
171	115	22 M20	Collin Hollander, M22	Cedar Rapids, IA	59:25	2:05:58	9:36/M	2:05:22	9:33/M
172	57	19 F20	Angie Shaffer, F25	Alburnett, IA	56:52	2:06:26	9:38/M	2:06:01	9:36/M
173	116	5 M60	Bruce Bachmann, M64	Cedar Rapids, IA	57:50	2:06:48	9:40/M	2:06:32	9:39/M
174	58	20 F30	Julie Beard, F34	North Liberty, IA	55:35	2:06:53	9:40/M	2:06:40	9:39/M

175	117	35 M30	Sean Beard, M33	North Liberty, IA	55:35	2:06:53	9:40/M	2:06:40	9:39/M
176	59	15 F40	Julie Bradley, F46	Palo, IA	59:31	2:07:03	9:41/M	2:06:53	9:40/M
177	118	23 M20	Klye Clark, M29	Cedar Rapids, IA	53:23	2:07:15	9:42/M	2:07:06	9:41/M
178	119	19 M50	Todd Lewison, M52	Cedar Rapids, IA	53:56	2:07:17	9:42/M	2:07:00	9:41/M
179	60	16 F40	Renee Montz, F42	Robins, IA	58:10	2:07:19	9:42/M	2:07:08	9:41/M
180	120	36 M30	Henry Martinson, M39	Marion, IA	59:40	2:07:21	9:42/M	2:07:01	9:41/M
181	61	20 F20	Sandra Davidson, F24	Raleigh, NC	55:54	2:07:27	9:43/M	2:07:21	9:42/M
182	62	17 F40	Deborah Wilbur, F41	Iowa City, IA	57:31	2:07:28	9:43/M	2:07:09	9:41/M
183	63	21 F20	Kristin Sawyer, F25	Solon, IA	59:14	2:07:29	9:43/M	2:07:18	9:42/M
184	64	4 F50	Patti Sprague, F54	Cedar Rapids, IA	57:20	2:07:41	9:44/M	2:07:34	9:43/M
185	65	18 F40	Cathryn Varga, F41	Coralville, IA	1:00:05	2:08:13	9:46/M	2:07:43	9:44/M
186	121	20 M50	Steven Hagarty, M53	Cedar Rapids, IA	56:26	2:08:22	9:47/M	2:08:08	9:46/M
187	122	37 M30	Jeremy Davis, M33	Cedar Rapids, IA	1:01:10	2:08:30	9:48/M	2:08:12	9:46/M
188	123	21 M50	Kim Wander, M52	West Union, IA	55:23	2:08:35	9:48/M	2:08:29	9:48/M
189	124	32 M40	Brian Beener, M45	Fairfax, IA	56:08	2:08:47	9:49/M	2:08:21	9:47/M
190	125	38 M30	Bill Thomas, M31	Cedar Rapids, IA	58:03	2:08:55	9:50/M	2:08:43	9:49/M
191	66	22 F20	Erin Wagner, F24	Cedar Rapids, IA	58:03	2:08:55	9:50/M	2:08:43	9:49/M
192	126	39 M30	Nate Anderson, M36	Cedar Rapids, IA	55:48	2:08:56	9:50/M	2:08:49	9:49/M
193	127	24 M20	Rhett Peek, M25	Washington, IA	1:00:07	2:09:19	9:51/M	2:08:54	9:50/M
194	67	23 F20	Kelsey Sievers, F25	Washington, IA	1:00:07	2:09:19	9:51/M	2:08:55	9:50/M
195	68	21 F30	Nancy Davis, F38	Cedar Rapids, IA	1:01:09	2:09:27	9:52/M	2:09:09	9:51/M
196	128	22 M50	Allan Mallie, M53	Mount Vernon, IA	55:46	2:09:35	9:53/M	2:09:17	9:51/M
197	69	19 F40	Nancy Kelly, F44	Cedar Rapids, IA	58:15	2:09:36	9:53/M	2:09:10	9:51/M
198	70	20 F40	Katherine A Whetstine, F49	South Rockwood, MI	58:43	2:09:41	9:53/M	2:09:18	9:51/M
199	71	2 JRF	Alicia Gage, F19	Van Horne, IA	56:51	2:09:43	9:53/M	2:09:32	9:52/M

200	129	25 M20	Robert Peck, M26 Shawn	Marion, IA	59:01	2:09:53	9:54/M	2:09:28	9:52/M
201	130	33 M40	Countryman, M40 Michele	Anamosa, IA	58:24	2:10:03	9:55/M	2:09:50	9:54/M
202	72	22 F30	Countryman, F39	Anamosa, IA	58:25	2:10:03	9:55/M	2:09:50	9:54/M
203	131	40 M30	Andrew Drayton, M33	Rock Island, IL	55:59	2:10:04	9:55/M	2:09:51	9:54/M
204	73	24 F20	Madelyne Rosenberg, F20	Cedar Rapids, IA	1:00:23	2:10:04	9:55/M	2:09:49	9:54/M
205	74	25 F20	Krista Schmidt, F20	Hudson, IA	1:00:23	2:10:05	9:55/M	2:09:49	9:54/M
206	132	34 M40	Bill Bollman, M45	Cedar Rapids, IA	1:01:10	2:10:10	9:55/M	2:09:53	9:54/M
207	133	23 M50	Dean Mallie, M56	Lisbon, IA	58:15	2:10:28	9:57/M	2:10:06	9:55/M
208	75	26 F20	Kristina Bruce, F26	Cedar Rapids, IA	56:05	2:10:31	9:57/M	2:10:17	9:56/M
209	76	23 F30	Danelle Kvapil, F39	Davenport, IA	59:49	2:10:36	9:57/M	2:10:32	9:57/M
210	134	35 M40	Todd Montgomery, M44	Cedar Rapids, IA	59:21	2:10:37	9:57/M	2:10:19	9:56/M
211	77	21 F40	Tami Westhoff, F43 Lynnea	Marion, IA	59:08	2:10:50	9:58/M	2:10:25	9:56/M
212	78	27 F20	Chamberlain, F29	Swisher, IA	1:00:02	2:11:03	9:59/M	2:10:48	9:58/M
213	135	24 M50	Ron Corbett, M52	Cedar Rapids, IA	54:39	2:11:04	9:59/M	2:10:46	9:58/M
214	79	22 F40	Kristy Butterfield, F47	Cedar Rapids, IA	58:46	2:11:33	10:02/M	2:11:22	10:01/M
215	136	36 M40	Trent Hancock, M48	North Liberty, IA	59:42	2:11:45	10:03/M	2:11:10	10:00/M
216	137	41 M30	Adam Stomp, M31	Cedar Rapids, IA	1:02:48	2:11:47	10:03/M	2:11:25	10:01/M
217	80	24 F30	Bonnie Stephens, F37	Fairfax, IA	56:57	2:11:47	10:03/M	2:11:20	10:01/M
218	81	25 F30	Alisha Yi, F36	Marion, IA	58:02	2:11:51	10:03/M	2:11:37	10:02/M
219	82	23 F40	Idil Evans, F40	Iowa City, IA	1:00:27	2:12:05	10:04/M	2:11:29	10:01/M
220	138	42 M30	Bob Mourlam, M35	Cedar Rapids, IA	56:13	2:12:05	10:04/M	2:11:53	10:03/M
221	83	26 F30	Lesley Stomp, F33	Cedar Rapids, IA	1:02:51	2:12:18	10:05/M	2:11:55	10:03/M
222	84	28 F20	Amy Graves, F22	Marion, IA	56:36	2:12:24	10:06/M	2:12:07	10:04/M
223	85	24 F40	Lisa Brokaw, F42	Solon, IA	1:01:08	2:12:37	10:07/M	2:12:24	10:06/M
224	86	25 F40	Ann Dall, F44	Solon, IA	1:01:10	2:12:38	10:07/M	2:12:26	10:06/M

225	139	37 M40	Todd Anderson, M47	Cedar Rapids, IA	58:25	2:12:39	10:07/M	2:12:23	10:05/M
226	87	26 F40	Jennifer Steadman, F44	Cedar Rapids, IA	1:00:41	2:12:44	10:07/M	2:12:22	10:05/M
227	88	27 F40	Michelle Steele, F42	Cedar Rapids, IA	55:56	2:12:52	10:08/M	2:12:35	10:06/M
228	89	29 F20	Kristin Pipho, F22	Cedar Falls, IA	1:01:03	2:13:05	10:09/M	2:12:41	10:07/M
229	90	28 F40	Jody Rausch, F44	Robins, IA	1:00:18	2:13:14	10:09/M	2:13:03	10:08/M
230	91	30 F20	Megan McDonald, F24	Robins, IA	1:02:41	2:13:33	10:11/M	2:13:12	10:09/M
231	92	31 F20	Alicia Ambler, F29	Iowa City, IA	1:03:57	2:13:43	10:12/M	2:13:22	10:10/M
232	93	32 F20	Keyla McClure, F25	Iowa City, IA	1:04:11	2:14:00	10:13/M	2:13:26	10:10/M
233	140	38 M40	Dave Yuska, M48	Grimes, IA	59:02	2:14:03	10:13/M	2:13:34	10:11/M
234	94	33 F20	Brittany Borghi, F25	Coralville, IA	59:13	2:14:29	10:15/M	2:14:21	10:14/M
235	95	29 F40	Joanna Weyer, F42	Swisher, IA	59:13	2:14:29	10:15/M	2:14:19	10:14/M
236	141	39 M40	Kevin Habel, M49	Swisher, IA	56:09	2:14:57	10:17/M	2:14:31	10:15/M
237	142	43 M30	Doug Deimler, M34	Cedar Rapids, IA	1:01:44	2:15:03	10:18/M	2:14:53	10:17/M
238	143	40 M40	Tom Moriarity, M40	Cedar Rapids, IA	1:03:58	2:15:18	10:19/M	2:14:41	10:16/M
239	144	25 M50	Jim Sines, M56	Cedar Rapids, IA	57:16	2:15:40	10:20/M	2:15:34	10:20/M
240	96	27 F30	Liedtke Erica, F38	Marion, IA	1:04:31	2:15:45	10:21/M	2:15:12	10:18/M
241	97	28 F30	Randi Berger, F39	Iowa City, IA	1:03:28	2:15:47	10:21/M	2:15:27	10:19/M
242	145	26 M50	Steve Siglin, M54	Iowa City, IA	58:17	2:16:33	10:24/M	2:16:12	10:23/M
243	98	29 F30	Charity Adams, F30	Solon, IA	1:05:04	2:16:36	10:25/M	2:16:11	10:23/M
244	99	30 F30	Beth Hlas, F33	Atkins, IA	1:01:10	2:16:50	10:26/M	2:16:21	10:24/M
245	100	5 F50	Teresa Mills, F51	Gilbert, AZ	1:04:48	2:16:55	10:26/M	2:16:42	10:25/M
246	101	3 JRF	Carly Beastro, F18	Cedar Rapids, IA	1:04:04	2:17:15	10:28/M	2:16:49	10:26/M
247	146	27 M50	Doug Castek, M51	Hiawatha, IA	59:56	2:17:57	10:31/M	2:17:47	10:30/M
248	147	6 M60	Fred Koontz, M65	Cedar Rapids, IA	1:03:56	2:18:30	10:33/M	2:17:49	10:30/M
249	148	28 M50	Dale J Seylar, M56	Coralville, IA	1:00:33	2:18:55	10:35/M	2:18:27	10:33/M
250	149	44 M30	Joel Pendergrass,	Mount Vernon, IA	59:39	2:19:34	10:38/M	2:19:17	10:37/M

			M38						
251	102	31 F30	Kari Pendergrass, F37	Mount Vernon, IA	59:39	2:19:34	10:38/M	2:19:17	10:37/M
252	150	45 M30	Andrew Whitters, M33	Iowa City, IA	1:01:13	2:19:42	10:39/M	2:19:21	10:37/M
253	103	34 F20	Aubrey Flaherty, F28	Chicago, IL	1:00:44	2:19:43	10:39/M	2:19:31	10:38/M
254	104	35 F20	Danica O'Brien, F29	Marion, IA	1:00:38	2:19:52	10:40/M	2:19:25	10:38/M
255	151	46 M30	Jason Willis, M37	North Liberty, IA	1:03:00	2:20:27	10:42/M	2:20:17	10:42/M
256	105	32 F30	Brandi Rideout, F30	Independence, IA	1:02:41	2:20:37	10:43/M	2:20:13	10:41/M
257	106	6 F50	Janelle Rodham, F50	Mesa, AZ	1:00:21	2:20:47	10:44/M	2:20:28	10:42/M
258	107	4 JRF	Sydney Stolba, F16	Swisher, IA	1:06:10	2:21:15	10:46/M	2:21:09	10:46/M
259	108	5 JRF	Allyson Schmidt, F15	Cedar Rapids, IA	1:06:10	2:21:15	10:46/M	2:21:10	10:46/M
260	109	30 F40	Becky Lindwall, F44	Cedar Rapids, IA	1:03:03	2:21:19	10:46/M	2:21:06	10:45/M
261	110	7 F50	Sandy Pint, F57	Mount Vernon, IA	1:01:12	2:21:24	10:47/M	2:21:11	10:46/M
262	111	33 F30	Katie Sorrell, F34	Winfield, IA	54:15	2:21:40	10:48/M	2:21:14	10:46/M
263	112	34 F30	Nancy True, F35	Marion, IA	1:05:15	2:21:51	10:49/M	2:21:27	10:47/M
264	152	47 M30	Aaron Thompson, M37	Cedar Rapids, IA	1:05:15	2:21:51	10:49/M	2:21:28	10:47/M
265	113	35 F30	Maureen Gray, F35	Olathe, KS	1:05:11	2:22:06	10:50/M	2:21:52	10:49/M
266	114	36 F20	Teresa Goeddel, F24	St. Paul, MN	1:07:55	2:22:10	10:50/M	2:21:35	10:48/M
267	115	36 F30	Beth Ngo, F37	Hiawatha, IA	1:03:06	2:22:54	10:54/M	2:22:33	10:52/M
268	116	8 F50	Ferron Coutentos, F52	Cedar Rapids, IA	1:02:05	2:22:56	10:54/M	2:22:37	10:52/M
269	117	37 F30	Jennifer Joyce, F39	Cedar Rapids, IA	1:03:07	2:22:58	10:54/M	2:22:38	10:52/M
270	153	41 M40	John Humphries, M42	Cedar Rapids, IA	1:06:00	2:23:07	10:55/M	2:22:38	10:52/M
271	154	6 JRM	Benjamin Rheeder, M16	Cedar Rapids, IA	1:05:42	2:23:23	10:56/M	2:22:55	10:54/M
272	155	48 M30	Justin Schmidt, M32	Cedar Rapids, IA	57:05	2:23:32	10:56/M	2:23:10	10:55/M
273	118	37 F20	Jessie Thole, F27	Tiffin, IA	1:02:44	2:23:38	10:57/M	2:23:19	10:55/M
274	119	38 F30	Katie Mohasci, F35	Robins, IA	1:09:50	2:23:47	10:58/M	2:23:28	10:56/M
275	120	38 F20	Megan Yilek, F25	North Liberty, IA	1:04:01	2:23:48	10:58/M	2:23:34	10:57/M

276	121	39 F20	Melissa Spain, F24	Clinton, IA	1:05:01	2:24:11	10:59/M	2:23:50	10:58/M
277	156	42 M40	Scott Weber, M41	Cedar Rapids, IA	1:02:29	2:24:11	10:59/M	2:23:37	10:57/M
278	122	40 F20	Brenda Hermsen, F27	Cedar Rapids, IA	1:03:44	2:24:48	11:02/M	2:24:20	11:00/M
279	123	6 JRF	Anna Maloney, F19	Cedar Rapids, IA	1:04:47	2:24:50	11:02/M	2:24:23	11:00/M
280	124	31 F40	Connie Koenigsfeld, F42	Cedar Rapids, IA	1:06:34	2:25:10	11:04/M	2:24:38	11:02/M
281	157	43 M40	Matthew Van Maanen, M41	Cedar Rapids, IA	1:07:26	2:25:22	11:05/M	2:25:03	11:03/M
282	125	39 F30	Becky Stephens, F37	Fairfax, IA	1:01:58	2:25:26	11:05/M	2:24:59	11:03/M
283	126	32 F40	Wendy Davis, F45	Monticello, IA	1:07:30	2:25:46	11:07/M	2:25:17	11:04/M
284	127	40 F30	Varina Allpress, F39	Walford, IA	58:36	2:26:03	11:08/M	2:25:54	11:07/M
285	128	41 F20	Erin Griswold, F27	Clinton, IA	1:01:30	2:26:16	11:09/M	2:25:56	11:07/M
286	129	33 F40	Kim Chandler, F40	Cedar Rapids, IA	1:04:26	2:26:24	11:10/M	2:25:57	11:08/M
287	130	42 F20	Rebecca Fetter, F29	North Liberty, IA	1:07:52	2:26:27	11:10/M	2:25:54	11:07/M
288	131	7 JRF	Lindsay Hall, F19	Iowa City, IA	1:06:26	2:26:38	11:11/M	2:26:11	11:09/M
289	158	49 M30	Kurt Davis, M37	Monticello, IA	1:08:44	2:27:01	11:12/M	2:26:31	11:10/M
290	132	41 F30	Katrina Benning, F31	Cedar Rapids, IA	1:07:32	2:27:16	11:14/M	2:26:49	11:11/M
291	133	42 F30	Anna Rhodes, F35	Coralville, IA	1:05:44	2:27:20	11:14/M	2:27:08	11:13/M
292	134	43 F20	Tova Hettinger, F22	Marion, IA	1:00:21	2:27:23	11:14/M	2:27:05	11:13/M
293	135	44 F20	Kristin Wasson, F20	Cedar Rapids, IA	1:08:13	2:27:36	11:15/M	2:27:11	11:13/M
294	136	34 F40	Tammie Passet, F48	Mt Pleasnt, IA	1:06:16	2:27:39	11:15/M	2:27:03	11:13/M
295	137	43 F30	Sanda Isaman, F37	North Liberty, IA	1:08:50	2:27:47	11:16/M	2:27:32	11:15/M
296	159	29 M50	Tim Isaman, M58	Hydro, OK	1:08:50	2:27:47	11:16/M	2:27:33	11:15/M
297	138	35 F40	Rosie Jones, F48	Cedar Rapids, IA	1:03:05	2:28:22	11:19/M	2:28:10	11:18/M
298	139	44 F30	Cassie Willits, F31	Cedar Rapids, IA	1:06:18	2:28:24	11:19/M	2:27:53	11:16/M
299	140	45 F30	Heather Windish, F32	Brimfield, IL	1:05:12	2:28:32	11:19/M	2:28:07	11:17/M
300	141	46 F30	Kara Verplaetse, F31	Oxford, IA	1:10:13	2:29:03	11:22/M	2:28:44	11:20/M

301	142	45 F20	Chelsee Shortt, F25	Mount Vernon, IA	1:00:32	2:29:11	11:22/M	2:29:05	11:22/M
302	143	9 F50	Salma Igram, F54	Cedar Rapids, IA	1:08:40	2:29:13	11:22/M	2:28:42	11:20/M
303	144	47 F30	Jennifer Tyler, F33	Wilton, IA	1:10:26	2:29:24	11:23/M	2:28:52	11:21/M
304	145	10 F50	Teresa Anton, F50	Cedar Rapids, IA	1:06:20	2:29:27	11:24/M	2:29:00	11:22/M
305	160	30 M50	John Newman, M53	Mt. Vernon, IA	1:05:11	2:30:11	11:27/M	2:29:37	11:24/M
306	146	48 F30	Trisha Ender, F37	Cedar Rapids, IA	1:01:15	2:30:22	11:28/M	2:29:51	11:25/M
307	147	8 JRF	Katherine Van Der Woude, F19	Iowa City, IA	1:07:05	2:30:48	11:30/M	2:30:21	11:28/M
308	148	9 JRF	Caitlin Ward, F19	Iowa City, IA	1:12:23	2:31:25	11:33/M	2:30:58	11:30/M
309	149	36 F40	Julie Weidemann, F49	Dubuque, IA	1:08:49	2:31:30	11:33/M	2:31:12	11:32/M
310	150	46 F20	Tiffany Merrill, F26	Cedar Rapids, IA	1:10:33	2:31:32	11:33/M	2:31:05	11:31/M
311	161	26 M20	Brian Cain, M28	Cedar Rapids, IA	1:12:41	2:31:34	11:33/M	2:31:17	11:32/M
312	162	44 M40	Robert Little, M47	Chicago, IL	1:11:52	2:31:47	11:34/M	2:31:16	11:32/M
313	151	11 F50	Maureen Kenney, F51	Cedar Rapids, IA	1:08:15	2:31:53	11:35/M	2:31:21	11:32/M
314	152	37 F40	Chris Lerch, F49	Cedar Rapids, IA	1:12:37	2:31:54	11:35/M	2:31:31	11:33/M
315	153	47 F20	Mariah Obiedzinski, F29	Urbana, IA	1:06:43	2:31:55	11:35/M	2:31:39	11:34/M
316	163	27 M20	Shawn Keating, M26	Marion, IA	1:05:19	2:31:57	11:35/M	2:31:40	11:34/M
317	154	12 F50	Amy Keating, F54	Marion, IA	1:05:21	2:31:57	11:35/M	2:31:41	11:34/M
318	155	49 F30	Traci Boston, F35	Swisher, IA	1:08:48	2:33:18	11:41/M	2:32:53	11:39/M
319	156	50 F30	Holly Adams, F39	Hiawatha, IA	1:08:48	2:33:19	11:41/M	2:32:54	11:39/M
320	157	51 F30	Kara Nordberg, F32	Cedar Rapids, IA	1:09:04	2:33:22	11:41/M	2:32:55	11:39/M
321	158	48 F20	Emily Russ, F27	Monticello, IA	1:07:17	2:34:00	11:44/M	2:33:46	11:43/M
322	159	52 F30	Melissa Ertle, F32	Iowa City, IA	1:04:00	2:34:20	11:46/M	2:34:06	11:45/M
323	160	38 F40	Carrie McIntyre, F43	Marion, IA	1:09:05	2:34:27	11:46/M	2:33:55	11:44/M
324	164	45 M40	Chuck Weno, M49	Iowa City, IA	1:06:17	2:34:38	11:47/M	2:34:20	11:46/M
325	161	53 F30	Raychal Koob, F35	Oelwein, IA	1:08:18	2:35:59	11:53/M	2:35:28	11:51/M

326	162	49 F20	Megan Fetter, F28	Cedar Rapids, IA	1:07:01	2:36:11	11:54/M	2:35:42	11:52/M
327	165	46 M40	Christopher Puffer, M46	Marion, IA	1:11:59	2:36:21	11:55/M	2:35:48	11:53/M
328	166	50 M30	Ted Semelroth, M33	Marion, IA	1:10:33	2:36:26	11:56/M	2:35:59	11:53/M
329	163	50 F20	Samantha Favre, F27	Coralville, IA	1:04:01	2:36:38	11:56/M	2:36:24	11:55/M
330	167	51 M30	Brandon Drew, M34	Cedar Rapids, IA	1:11:39	2:36:48	11:57/M	2:36:09	11:54/M
331	164	39 F40	Tamara Szewc, F46	Marion, IA	1:08:31	2:37:03	11:58/M	2:36:46	11:57/M
332	168	52 M30	Michael Harp, M34	Cedar Rapids, IA	1:04:36	2:37:11	11:59/M	2:36:43	11:57/M
333	165	40 F40	Bridget Malake, F42	Marion, IA	1:06:01	2:37:41	12:01/M	2:37:07	11:59/M
334	166	41 F40	Judith Moore, F48	Locust, NC	1:09:21	2:38:07	12:03/M	2:37:43	12:01/M
335	167	54 F30	Alanna Huber, F36	Palo, IA	1:04:07	2:38:29	12:05/M	2:38:07	12:03/M
336	168	51 F20	Andrea Castek, F22	Hiawatha, IA	1:11:15	2:38:37	12:06/M	2:38:28	12:05/M
337	169	28 M20	Joseph Klager, M27	Hiawatha, IA	1:22:01	2:38:44	12:06/M	2:38:44	12:06/M
338	170	47 M40	Anthony Cooper, M43	Cedar Rapids, IA	1:08:37	2:39:29	12:09/M	2:38:56	12:07/M
339	169	52 F20	Erin Higgins, F22	Bettendorf, IA	1:10:15	2:39:29	12:10/M	2:39:07	12:08/M
340	170	53 F20	Skylar Lesan, F22	Iowa City, IA	1:10:15	2:39:30	12:10/M	2:39:07	12:08/M
341	171	54 F20	Kellie McGrath, F28	Urbandale, IA	1:12:39	2:40:13	12:13/M	2:39:59	12:12/M
342	172	42 F40	Carla Brems, F40	Cedar Rapids, IA	1:10:34	2:40:21	12:13/M	2:39:43	12:11/M
343	173	55 F20	Meredith Cain, F28	Cedar Rapids, IA	1:12:41	2:41:45	12:20/M	2:41:29	12:19/M
344	174	56 F20	Lindsay Fox, F29	Cedar Rapids, IA	1:12:36	2:42:17	12:22/M	2:41:46	12:20/M
345	175	55 F30	Elizabeth Kaump, F33	Cedar Rapids, IA	1:12:36	2:42:17	12:22/M	2:41:46	12:20/M
346	171	29 M20	Nick Brokaw, M24	Cedar Rapids, IA	1:05:46	2:42:43	12:24/M	2:42:07	12:22/M
347	176	56 F30	Paula Werner, F38	Solon, IA	1:10:46	2:42:58	12:25/M	2:42:33	12:23/M
348	177	57 F30	Rebecca Young, F36	Davenport, IA	1:17:09	2:43:45	12:29/M	2:43:07	12:26/M
349	178	58 F30	Ellen Tominsky, F38	Cedar Rapids, IA	1:12:10	2:43:54	12:30/M	2:43:18	12:27/M
350	179	59 F30	Kelly Spencer, F34	Cedar Rapids, IA	1:11:00	2:44:03	12:30/M	2:43:44	12:29/M
351	180	43 F40	Kris Angellotti,	Cedar Rapids,	1:10:55	2:44:05	12:30/M	2:43:46	12:29/M

			F44	IA						
352	172	48 M40	Scott Jacobs, M48	Cedar Rapids, IA	1:11:03	2:44:08	12:31/M	2:43:48	12:29/M	
353	181	60 F30	Sara Muller, F33	North Liberty, IA	1:13:42	2:45:37	12:38/M	2:45:19	12:36/M	
354	182	13 F50	Jean Etten, F56	Palo, IA	1:14:29	2:45:41	12:38/M	2:45:04	12:35/M	
355	183	44 F40	Tracy Murphy, F47	Tiffin, IA	1:08:04	2:46:08	12:40/M	2:45:53	12:39/M	
356	184	45 F40	Jackie McGee, F48	Hiawatha, IA	1:09:47	2:46:36	12:42/M	2:46:10	12:40/M	
357	185	57 F20	Carly Deutmeyer, F22	Cedar Rapids, IA	1:17:58	2:48:14	12:50/M	2:47:37	12:47/M	
358	186	61 F30	Danielle Malaise, F38	Bondurant, IA	1:15:10	2:48:48	12:52/M	2:48:16	12:50/M	
359	187	1 F60	Chin Stone, F68	Manchester, IA	1:16:09	2:48:48	12:52/M	2:48:14	12:50/M	
360	173	49 M40	Sean Meloy, M41	Cedar Rapids, IA	1:17:05	2:48:49	12:52/M	2:48:15	12:50/M	
361	188	14 F50	Abby Lasecki, F53	Cedar Rapids, IA	1:17:08	2:49:28	12:55/M	2:48:49	12:52/M	
362	189	46 F40	Tracy Schmidt, F47	Williamsburg, IA	1:16:20	2:50:45	13:01/M	2:50:26	13:00/M	
363	190	62 F30	Rhoni Jo Barnes, F36	Cedar Rapids, IA	1:16:20	2:50:46	13:01/M	2:50:28	13:00/M	
364	191	47 F40	Linda Lee- Tucker, F46	Hillsdale, IL	1:15:07	2:51:26	13:04/M	2:50:50	13:01/M	
365	192	58 F20	Liz Newman- Ehman, F26	Cedar Rapids, IA	1:16:35	2:52:13	13:08/M	2:51:40	13:05/M	
366	193	2 F60	Jo Ann McNiel, F60	Cedar Rapids, IA	1:18:55	2:54:08	13:17/M	2:53:52	13:15/M	
367	194	15 F50	Teri Petrzalek, F52	Cedar Rapids, IA	1:18:55	2:54:08	13:17/M	2:53:52	13:15/M	
368	174	7 M60	Michael Weidemann, M62	Dubuque, IA	1:16:15	2:55:04	13:21/M	2:54:47	13:19/M	
369	175	30 M20	Conrad Vernon, M29	Marion, IA	1:11:35	2:55:08	13:21/M	2:54:33	13:18/M	
370	195	59 F20	Kelley Weiss, F25	Marion, IA	1:11:35	2:55:08	13:21/M	2:54:33	13:18/M	
371	196	60 F20	Kayla Soukup, F25	Ely, IA	1:16:09	2:55:49	13:24/M	2:55:12	13:21/M	
372	197	48 F40	Jacqueline Hagen, F48	Shellsburg, IA	1:13:35	2:57:59	13:34/M	2:57:23	13:31/M	
373	176	31 M50	Dale Todd, M56	Cedar Rapids, IA	1:17:05	2:58:06	13:35/M	2:57:58	13:34/M	
374	198	16 F50	Mona Reimers, F51	Ft. Wayne, IN	1:20:04	2:58:09	13:35/M	2:57:50	13:33/M	
375	199	17 F50	Lisa Flaherty, F50	Fairfax, IA	1:20:04	2:58:10	13:35/M	2:57:50	13:33/M	
376	200	63 F30	Krystal Prideaux, F35	Vernon Hills, IL	1:15:40	2:58:27	13:36/M	2:57:59	13:34/M	

377	201	61 F20	Katherine Ortgies, F27	Cedar Rapids, IA	1:16:05	2:58:49	13:38/M	2:58:25	13:36/M
378	202	10 JRF	Jamison Prull, F13	Palo, IA	1:16:05	2:58:51	13:38/M	2:58:25	13:36/M
379	203	64 F30	Corissa Prull, F39	Palo, IA	1:16:05	2:58:51	13:38/M	2:58:25	13:36/M
380	204	49 F40	Sue Ward, F47	Iowa City, IA	1:17:21	2:59:06	13:39/M	2:58:37	13:37/M
381	205	18 F50	Marrissa De Luna, F51	Santee, CA	1:20:19	2:59:11	13:40/M	2:58:38	13:37/M
382	177	32 M50	Jim McDonald, M54	Robins, IA	1:10:28	2:59:46	13:42/M	2:59:25	13:41/M
383	178	33 M50	Kevin Mohler, M52	Marion, IA	1:16:05	3:04:59	14:06/M	3:04:29	14:04/M
384	206	19 F50	Cathy Taylor, F51	Cedar Rapids, IA		3:07:24	14:17/M	3:07:13	14:16/M
385	207	50 F40	Kim Farrow, F42	Marion, IA	1:18:00	3:07:25	14:17/M	3:06:48	14:14/M
386	208	51 F40	Chris Hollrah, F49	Middle Amana, IA	1:18:53	3:08:10	14:21/M	3:07:38	14:18/M
387	209	52 F40	Judie Roettger, F46	Cedar Falls, IA	1:19:37	3:11:33	14:36/M	3:11:13	14:35/M
388	210	53 F40	Janine Wasson, F47	Cedar Rapids, IA	1:21:23	3:11:34	14:36/M	3:11:07	14:34/M
389	179	50 M40	Tom Ward, M47	Iowa City, IA	1:26:59	3:14:28	14:50/M	3:13:59	14:47/M
390	211	54 F40	Ann Wink, F47	Marion, IA	1:36:32	3:42:20	16:57/M	3:41:41	16:54/M
391	212	3 F60	Pat Eckley, F61	Cedar Rapids, IA	1:36:29	3:44:42	17:08/M	3:44:03	17:05/M

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Overall and Age Divisions

Overall Male

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>10K</u>	<u>Gun Time</u>	<u>Pace</u> <u>mpm</u>	<u>Chip Time</u>	<u>Pace</u> <u>mpm</u>
1	Nate Hopp, M30	West Amana, IA	34:13	1:15:05	5:43/M	1:15:05	5:43/M

Overall Female

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>10K</u>	<u>Gun Time</u>	<u>Pace</u> <u>mpm</u>	<u>Chip Time</u>	<u>Pace</u> <u>mpm</u>
1	Tamera Abkes, F32	Cedar Rapids, IA	45:36	1:38:18	7:29/M	1:38:12	7:29/M

M[19 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>10K</u>	<u>Gun Time</u>	<u>Pace</u> <u>mpm</u>	<u>Chip Time</u>	<u>Pace</u> <u>mpm</u>
1	Sam Werner, M16	Cedar Rapids, IA	43:45	1:35:04	7:15/M	1:34:59	7:14/M
2	Simon Duster, M15	Solon, IA	45:02	1:36:15	7:20/M	1:36:10	7:20/M
3	Salem Snoop, M15	Marion, IA		1:45:44	8:03/M	1:45:44	8:03/M
4	Blake Roseberry, M17	Fairfax, IA	54:28	1:56:27	8:52/M	1:56:12	8:51/M
5	Ben Holcomb, M19	Cedar Rapids, IA	55:27	2:00:11	9:10/M	2:00:01	9:09/M

6 Benjamin Rheeder, Cedar Rapids, 1:05:42 2:23:23 10:56/M 2:22:55 10:54/M
M16 IA

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F[19 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>10K Gun Time</u>		<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Cristi Trow Dykstra, F16	Riverside, IA	51:29	1:54:06	8:42/M	1:53:58	8:41/M
2	Alicia Gage, F19	Van Horne, IA	56:51	2:09:43	9:53/M	2:09:32	9:52/M
3	Carly Beastrom, F18	Cedar Rapids, IA	1:04:04	2:17:15	10:28/M	2:16:49	10:26/M
4	Sydney Stolba, F16	Swisher, IA	1:06:10	2:21:15	10:46/M	2:21:09	10:46/M
5	Allyson Schmidt, F15	Cedar Rapids, IA	1:06:10	2:21:15	10:46/M	2:21:10	10:46/M
6	Anna Maloney, F19	Cedar Rapids, IA	1:04:47	2:24:50	11:02/M	2:24:23	11:00/M
7	Lindsay Hall, F19	Iowa City, IA	1:06:26	2:26:38	11:11/M	2:26:11	11:09/M
8	Katherine Van Der Woude, F19	Iowa City, IA	1:07:05	2:30:48	11:30/M	2:30:21	11:28/M
9	Caitlin Ward, F19	Iowa City, IA	1:12:23	2:31:25	11:33/M	2:30:58	11:30/M
10	Jamison Prull, F13	Palo, IA	1:16:05	2:58:51	13:38/M	2:58:25	13:36/M

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M[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>10K Gun Time</u>		<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	James Toomey, M27	Iowa City, IA	40:32	1:24:30	6:26/M	1:24:27	6:26/M
2	Patrick O'Shea, M28	Marshalltown, IA	39:05	1:25:25	6:31/M	1:25:24	6:30/M
3	Aaron Schmidt, M24	Fort Dodge, IA	42:43	1:32:02	7:01/M	1:31:58	7:00/M
4	Benjamin Sines, M24	Iowa City, IA	43:32	1:33:13	7:06/M	1:33:07	7:06/M
5	Matt Hilby, M27	Cedar Rapids, IA	45:05	1:35:57	7:19/M	1:35:52	7:18/M
6	Jason Semprini, M26	Cedar Rapids, IA	46:09	1:39:28	7:35/M	1:39:16	7:34/M
7	Joel Nilles, M27	Dubuque, IA	47:28	1:39:51	7:37/M	1:39:44	7:36/M
8	Jeremy Burkle, M24	Cedar Rapids, IA	48:28	1:40:06	7:38/M	1:39:59	7:37/M
9	Robbie Schwenker, M28	North Liberty, IA	47:56	1:40:14	7:38/M	1:40:10	7:38/M
10	John Dwyer, M25	Coralville, IA	44:06	1:40:47	7:41/M	1:40:44	7:41/M
11	Michael Price, M27	Cedar Rapids, IA	47:08	1:40:53	7:41/M	1:40:46	7:41/M
12	Matt Sima, M25	Cedar Rapids, IA	47:29	1:41:37	7:45/M	1:41:34	7:44/M
13	Andy Meek, M26	Cedar Rapids, IA	48:22	1:44:26	7:57/M	1:44:25	7:57/M
14	Kyle Mallie, M28	Cedar Rapids, IA	47:25	1:44:39	7:58/M	1:44:33	7:58/M
15	Andy Marshall, M21	Iowa City, IA	39:41	1:44:44	7:59/M	1:44:43	7:59/M
16	Andrew Bridgewater, M23	Van Horne, IA	48:33	1:53:01	8:37/M	1:52:56	8:36/M
17	Cody Wells, M28	Chicago, IL	52:38	1:56:15	8:52/M	1:56:03	8:51/M
18	Micky Hansen, M29	Cedar Rapids, IA	56:05	1:58:10	9:00/M	1:57:58	8:59/M
19	Patrick Romani, M27						