

45th Midnight Madness 5 Kilometer (3.107 miles)

Ames, IA

July 9, 2016

80'sunny - 5k & 70s

Results by Cal Murdock

[5K](#)[5K Teams](#)[10K](#)[10K Teams](#)[15K combined](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

Last updated July 10, 2016 7:16 AM

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	1 M20	Samuel Ahrenholz, 20, Cedar Falls, IA	16:17	5:14
2	2 M20	Keegan Fitzsimmons, 22, Pella, IA	16:22	5:16
3	1 M15	Sam Schillinger, 17, Cedar Falls, IA	16:26	5:17
4	2 M15	Isaac Smith, 18, Cedar Falls, IA	16:33	5:19
5	3 M20	Blake Willadsen, 21, Council Bluffs, IA	16:36	5:20
6	3 M15	Matthew Carmody, 16, Clive, IA	16:37	5:21
7	1 M30	Scott Cale, 34, Carroll, IA	16:43	5:23
8	4 M15	Ryan Schweizer, 18, Urbandale, IA	16:44	5:23
9	4 M20	Jason Thomas, 21, Ames, IA	16:51	5:25
10	5 M15	Andrew Nurse, 18, Cedar Falls, IA	16:53	5:26
11	5 M20	MacCoy Benzen, 20, Plymouth, MN	17:10	5:31
12	6 M20	Ian McKenzie, 20, Des Moines, IA	17:20	5:35
13	6 M15	Matt Fraizer, 17, West Des Moines, IA	17:26	5:37
14	7 M15	Jackson Fink, 17, Des Moines, IA	17:28	5:37
15	8 M15	Peyton Twedt, 19, Rockwell, IA	17:30	5:38
16	9 M15	Colin Welk, 19, Ames, IA	17:30	5:38
17	7 M20	Nick Yaeger, 21, Boone, IA	17:31	5:38
18	1 M35	Timothy Ives, 35, Pleasant Hill, IA	17:33	5:39
19	10 M15	Trey Thompson, 19, Ogden, IA	17:37	5:40
20	11 M15	Logan Murray, 17, Mount Pleasant, IA	17:39	5:41
21	8 M20	Patrick Ward, 21, Gurnee, IL	17:40	5:41
22	2 M35	Jack Johnson, 35, West Des Moines, IA	17:41	5:41
23	12 M15	Adam Bodenham, 17, Mount Pleasant, IA	17:42	5:42
24	13 M15	Quenton Max, 16, Iowa City, IA	17:44	5:42
25	9 M20	Justin Thorstad, 21, Bellevue, NE	17:45	5:43
26	1 M25	Jake Waddingham, 26, Ames, IA	17:50	5:44
27	14 M15	Dakota Rusher, 18, Roland, IA	17:50	5:44
28	1 M45	Jorge Marquez, 45, Cedar Falls, IA	17:54	5:46
29	15 M15	Joe Schaefer, 15, Grimes, IA	17:55	5:46
30	16 M15	Hiram Marquez, 19, Cedar Falls, IA	18:04	5:49
31	17 M15	Matt Kieffer, 16, Menomonie, WI	18:06	5:49
32	18 M15	Hunter Lavallee, 18, Cedar Falls, IA	18:20	5:54
33	19 M15	Cody Mertens, 15, Salem, IA	18:21	5:54
34	20 M15	Niall Moore, 16, Windsor Heights, IA	18:21	5:54
35	1 JrM	Owen Ness, 14, Johnston, IA	18:25	5:56
36	21 M15	Riley Chartier, 17, Grimes, IA	18:29	5:57
37	10 M20	Michael Birkel, 23, East Moline, IL	18:34	5:58
38	11 M20	Jake Luksan, 20, West Des Moines, IA	18:36	5:59
39	3 M35	Nathan Wenck, 39, Carroll, IA	18:37	5:59
40	22 M15	Matt Dolde, 17, Johnston, IA	18:39	6:00
41	2 M30	Patrick O'Shea, 30, Marshalltown, IA	18:40	6:00
42	2 M25	Justin Bond, 26, Des Moines, IA	18:40	6:00
43	1 M55	Don Lansing, 55, Marion, IA	18:42	6:01
44	23 M15	Waleed Yual, 15, Des Moines, IA	18:42	6:01
45	24 M15	Ethan Mesenbrink, 15, Ames, IA	18:43	6:01
46	12 M20	Alex Lamp, 23, Ellsworth Iowa, IA	18:45	6:02
47	3 M25	Mitchell Davis, 25, Des Moines, IA	18:47	6:02
48	25 M15	Aaron Koopal, 16, Urbandale, IA	18:50	6:03
49	26 M15	Drew Roen, 19, Dubuque, IA	18:51	6:04
50	3 M30	Derek Dreier, 31, Des Moines, IA	18:54	6:05
51	27 M15	Luke Mohan, 17, Clive, IA	19:00	6:07
52	28 M15	Luke Perman, 15, Johnston, IA	19:00	6:07
53	29 M15	Logan Egeland, 19, Jefferson, IA	19:04	6:08
54	30 M15	Jimmy Le, 16, Urbandale, IA	19:05	6:08
55	31 M15	Garang Akok, 15, Ames, IA	19:07	6:09
56	4 M30	Matt Jaschen, 30, Johnston, IA	19:09	6:10
57	32 M15	Duncan Kyhl, 16, Johnston, IA	19:11	6:10
58	13 M20	Ben Lamers, 24, Ames, IA	19:11	6:10
59	33 M15	Drew Brase, 15, Des Moines, IA	19:13	6:11
60	34 M15	Jacob Miller, 15, Des Moines, IA	19:14	6:11
61	4 M35	Mike Newman, 38, Cedar Rapids, IA	19:14	6:11
62	2 JrM	Sam Hall, 14, West Des Moines, IA	19:20	6:13
63	14 M20	Eric Bishop, 22, Ames, IA	19:22	6:14
1	1 W25	Kimberly Vanous, 28*, Ames, IA	19:26	6:15
64	35 M15	Kienan Otto, 19, Rock Island, IL	19:34	6:18
65	3 JrM	Kiernan Adair, 14, Johnston, IA	19:35	6:18
66	15 M20	Austin Scharosch, 22, Ames, IA	19:37	6:19
67	2 M45	Michael Hughes, 49, Cedar Rapids, IA	19:38	6:19
68	36 M15	Kyle Vanderham, 18, Hillsboro, IA	19:42	6:20
69	4 M25	Brandon Gill, 28, Waterloo, IA	19:43	6:20
2	2 W25	Sara Hendrickson, 29*, Altoona, IA	19:44	6:21
70	37 M15	Ben Gardner, 17, Johnston, IA	19:46	6:21
3	1 W35	Kristy Harken, 36*, Ankeny, IA	19:47	6:22
71	1 M40	David Blaess, 40, Prior Lake, MN	19:49	6:23
72	38 M15	Jacob Hinman, 16, Pilot Mound, IA	19:53	6:24
73	5 M30	Jake Babcock, 30, Boone, IA	19:58	6:25
4	1 W15	Zoe Pritchard, 19*, Ames, IA	19:58	6:26
74	39 M15	Ean Warrick, 15, Ames, IA	19:59	6:26
75	2 M55	Randy Brecht, 55, Middle Amana, IA	20:02	6:27
76	40 M15	Sam Taylor, 15, Ames, IA	20:03	6:27
77	41 M15	Brandon Vu, 16, Johnston, IA	20:03	6:27
78	42 M15	Benjamin Lunn, 16, Johnston, IA	20:07	6:28
79	16 M20	Kenton Johnston, 21, Webster City, IA	20:11	6:30

80	43	M15	Matthew Marander, 19, Spring Grove, IL	20:12	6:30				
81	6	M30	Greg Cregeen, 33, Colo, IA	20:17	6:31				
82	44	M15	Sam Schweizer, 15, Urbandale, IA	20:18	6:32				
83	7	M30	Chris Feil, 33, Story City, IA	20:18	6:32				
84	4	JrM	Paul Johnson, 14, Des Moines, IA	20:18	6:32				
85	45	M15	Cade Meyer, 15, Johnston, IA	20:21	6:33				
86	3	M55	Paul Grinvalds, 58, West Des Moines, IA	20:21	6:33				
87	5	JrM	Dominick Arce, 13, Ames, IA	20:22	6:33				
88	5	M35	Justin Davis, 37, Algona, IA	20:22	6:33				
89	6	JrM	Karson Kleve, 14, Urbandale, IA	20:28	6:35				
90	1	M60	Daryl Julich, 60, Cedar Rapids, IA	20:29	6:35				
91	2	M40	Troy McDonough, 40, Ames, IA	20:37	6:38				
92	6	M35	Ryan Kobliska, 35, Ames, IA	20:40	6:39				
93	17	M20	Blake Wilson, 24, Ames, IA	20:40	6:39				
94	46	M15	Jackson Marshall, 15, Granger, IA	20:40	6:39				
95	8	M30	Gil Drachuck, 31, Ames, IA	20:41	6:39				
96	7	JrM	Hunter Briggs, 14, West Des Moines, IA	20:42	6:40				
97	1	M50	Steve Mayberry, 54, Ames, IA	20:45	6:41				
98	47	M15	Henric Krause, 16, Johnston, IA	20:47	6:41				
99	3	M45	Daniel Mattingly, 49, Boone, IA	20:48	6:41				
100	2	M50	Bob O'Connor, 50, Fort Dodge, IA	20:49	6:42				
101	3	M40	Jamey Vanderheyden, 40, Nevada, IA	20:51	6:43				
102	48	M15	Joel Woodsmall, 17, Johnston, IA	20:53	6:43				
103	7	M35	Eric Esser, 38, Ames, IA	20:54	6:44				
104	8	M35	Shane Weber, 39, Argyle, IA	20:54	6:44				
105	49	M15	Adam Pottebaum, 15, Johnston, IA	20:57	6:44				
106	9	M30	Tyler Barrett, 30, Minneapolis, MN	20:58	6:45				
107	50	M15	Henry Bennett, 16, Ames, IA	20:58	6:45				
108	51	M15	Colton Marshall, 18, Granger, IA	20:59	6:45				
5	1	W30	Julie Johnston, 32*, Cedar Rapids, IA	20:59	6:45				
109	52	M15	Gabe Pottebaum, 16, Indianola, IA	21:01	6:46				
110	3	M50	Tim Rasmussen, 52, Ames, IA	21:01	6:46				
111	10	M30	John Hackbarth, 34, Cedar Rapids, IA	21:03	6:46				
112	53	M15	Carsten Thompson, 15, Johnston, IA	21:04	6:47				
113	8	JrM	Jacob Fopma, 14, Urbandale, IA	21:07	6:48				
114	4	M40	Brian Stewart, 44, Waukee, IA	21:08	6:48				
6	2	W35	Staci Springer, 35*, Story City, IA	21:11	6:49				
115	18	M20	Andy Saigh, 20, West Des Moines, IA	21:12	6:49				
7	1	W20	Bethany Tapp, 23*, West Des Moines, IA	21:16	6:51				
116	54	M15	Jacob Sanders, 15, Nevada, IA	21:20	6:52				
117	4	M55	Rick Colton, 56, Marion, IA	21:21	6:52				
118	11	M30	Rifet Sekic, 30, Waterloo, IA	21:21	6:52				
119	9	JrM	Jason White, 14, Johnston, IA	21:23	6:53				
120	5	M25	Elliot Hoff, 28, Ames, IA	21:24	6:53				
121	4	M50	John Bannantine, 50, Ames, IA	21:24	6:53				
122	5	M40	Shawn Kleckner, 41, Boone, IA	21:26	6:54				
123	55	M15	Aaron Buchwald, 15, Ames, IA	21:28	6:54				
124	56	M15	Carter Robinson, 15, Ames, IA	21:28	6:54				
8	2	W30	Kira Werstein, 31*, Ames, IA	21:30	6:55				
125	2	M60	Joseph Haynes, 61, Ames, IA	21:35	6:57				
126	57	M15	Dain Tack, 15, Johnston, IA	21:40	6:58				
127	4	M45	Tyrone Wheatley, 47, Ames, IA	21:42	6:59				
128	58	M15	Sam Volkmer, 17, Des Moines, IA	21:42	6:59				
129	5	M55	Jeff Peterson, 57, Iowa Falls, IA	21:44	6:59				
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				130	12	M30	Jason Kratzer, 33, West Des Moines, IA	21:44	7:00
131	10	JrM	Jonathon Williams, 11, Ames, IA	21:45	7:00				
132	19	M20	Cody Doughan, 24, West Des Moines, IA	21:46	7:00				
133	59	M15	Dalton Baker, 15, Nevada, IA	21:46	7:00				
134	5	M50	Kris Kesterson, 52, Des Moines, IA	21:51	7:02				
9	2	W15	Taylor Brown, 18*, Ankeny, IA	21:53	7:02				
135	3	M60	Alan Mills, 60, Sioux Rapids, IA	21:54	7:03				
136	60	M15	Cary Smith, 15, Ames, IA	21:54	7:03				
137	6	M50	Jim Schlick, 54, Ames, IA	21:55	7:03				
138	11	JrM	Noah Fopma, 14, Urbandale, IA	21:58	7:04				
10	3	W25	Sarah Ritchie, 26*, Cedar Rapids, IA	21:59	7:04				
11	1	JrW	Clara Toot, 13*, Johnston, IA	21:59	7:04				
139	13	M30	Jason Nicholson, 33, Ames, IA	22:04	7:06				
140	5	M45	Eric Toot, 47, Johnston, IA	22:05	7:06				
141	6	M45	Jeff Westphal, 48, Nevada, IA	22:06	7:07				
142	6	M40	Dan Vaudt, 40, Golden, CO	22:08	7:07				
143	9	M35	Doug Fishwild, 37, Cedar Rapids, IA	22:08	7:07				
144	61	M15	Noah Smith, 15, Des Moines, IA	22:09	7:08				
145	7	M45	Mike Moody, 47, Ames, IA	22:10	7:08				
146	62	M15	Jonah Magneson, 16, Urbandale, IA	22:10	7:08				
147	63	M15	Michael Castellano, 17, Des Moines, IA	22:10	7:08				
148	10	M35	Craig Mickle, 37, Ames, IA	22:12	7:08				
12	W35	Amanda Ives*, 35 Pleasant Hill, IA	22:14	7:09					
149	12	JrM	Aiden Cunningham, 14, Urbandale, IA	22:18	7:10				
13	3	W15	Caroline Marnin, 19*, Ames, IA	22:20	7:11				
150	14	M30	Michael Price, 30, Cedar Rapids, IA	22:20	7:11				
14	2	W20	Gabi Wilson, 22*, Clive, IA	22:21	7:12				
151	64	M15	Joel Moeller, 16, Nickerson, NE	22:22	7:12				
152	15	M30	Jay Wilson, 32, Ogden, IA	22:26	7:13				
153	13	JrM	Will Hatcher, 12, Ames, IA	22:27	7:13				
15	1	W50	Beth Schweizer, 50*, Urbandale, IA	22:27	7:13				
16	1	W60	Andriette Wickstrom, 61*, Storm Lake, IA	22:30	7:14				
154	65	M15	Clayton Poots, 17, Huxley, IA	22:30	7:14				
17	1	W45	Christine Comito, 48*, Des Moines, IA	22:32	7:15				
155	8	M45	Jeremy Johannsen, 45, Ames, IA	22:34	7:16				
156	11	M35	Xianran Li, 37, Ames, IA	22:37	7:17				
157	66	M15	Adam Jackson, 16, Windsor Heights, IA	22:38	7:17				
158	67	M15	Zachary Rinke, 15, Urbandale, IA	22:40	7:18				
159	16	M30	Sheng Ly, 32, Ames, IA	22:43	7:18				
18	4	W25	Kim Brumm, 27*, Nevada, IA	22:45	7:19				
160	12	M35	Erik Ullestad, 37, West Des Moines, IA	22:48	7:20				
161	7	M50	David Fischer, 53, Robins, IA	22:48	7:20				
162	14	JrM	Michael Fraizer, 14, West Des Moines, IA	22:49	7:20				
19	2	JrW	Elie Tuhn, 12*, Nevada, IA	22:51	7:21				
20	3	W35	Stacie Merta, 37*, Marion, IA	22:52	7:21				
163	6	M55	Glenn Johnson, 55, Ames, IA	22:53	7:22				
164	8	M50	Grant Luhmann, 53, Dayton, IA	22:54	7:22				
165	7	M55	Craig Rover, 55, Ames, IA	22:54	7:22				
21	4	W15	Emma Gordon, 16*, Ankeny, IA	22:55	7:23				
166	8	M55	Craig Brophy, 55, Cedar Rapids, IA	22:57	7:23				
22	3	W30	Lisa Neher, 30*, Cedar Rapids, IA	22:58	7:23				

167	15 JrM	Henry Fink, 10, Des Moines, IA	23:01	7:24
168	68 M15	Jake Dieleman, 15, Grimes, IA	23:02	7:25
169	16 JrM	Jens Rasmussen, 14, Johnston, IA	23:02	7:25
23	5 W15	Caroline Fink, 15*, Des Moines, IA	23:08	7:27
24	3 JrW	Kate Timboe, 14*, West Des Moines, IA	23:09	7:27
25	6 W15	Kelsey Schweizer, 15*, Urbandale, IA	23:09	7:27
170	9 M45	David Reid, 49, Fairfax, IA	23:09	7:27
26	7 W15	Allison Renfro, 15*, Mediapolis, IA	23:10	7:27
171	17 M30	Gabriel Arato, 30, Quincy, MA	23:16	7:29
172	69 M15	Colin Labrie, 15, Des Moines, IA	23:17	7:30
173	18 M30	Brandon Kester, 34, Ames, IA	23:18	7:30
174	70 M15	Gray Barrett, 16, Urbandale, IA	23:20	7:30
175	71 M15	Nicholas Thiel, 16, Roland, IA	23:21	7:31
27	2 W50	Paula Allison, 50*, Boone, IA	23:21	7:31
176	1 M65	Bob Strickland, 65, Cedar Rapids, IA	23:22	7:31
177	9 M55	Thomas Venner, 58, Boone, IA	23:26	7:32
178	9 M50	Andy Roat, 54, Des Moines, IA	23:27	7:33
179	4 M60	Brad Scott, 63, Marion, IA	23:29	7:33
180	13 M35	Andrew Dutton, 39, Ames, IA	23:30	7:34
28	4 W35	Tracy Lambert, 35*, Ames, IA	23:30	7:34
181	10 M45	Patrick Mattingly, 47, Johnston, IA	23:31	7:34
182	11 M45	Joe Elder, 48, Coralville, IA	23:32	7:34
183	5 M60	Kevin Case, 61, Grimes, IA	23:35	7:35
184	72 M15	Joseph Kramer, 17, Altoona, IA	23:35	7:35
185	73 M15	Harry Sullivan, 15, Ames, IA	23:37	7:36
29	8 W15	Madeline Taylor, 15*, Ames, IA	23:37	7:36
186	19 M30	Mike Albin, 30, Chicago, IL	23:38	7:36
187	74 M15	Oscar Rodriguez, 16, Ames, IA	23:39	7:37
188	10 M50	James Howe, 54, Ames, IA	23:40	7:37
189	11 M50	Mark Pottebaum, 50, West Des Moines, IA	23:40	7:37
190	7 M40	Joel Congdon, 41, Ames, IA	23:41	7:37
191	75 M15	Cody Haferbier, 15, Ames, IA	23:42	7:37
30	2 W60	Kathleen Wendel, 61*, Ames, IA	23:44	7:38
31	3 W50	Barb Gebers, 54*, Holstein, IA	23:46	7:39
32	5 W25	Georgette Arato, 29*, Quincy, MA	23:47	7:39
192	12 M45	Bret Grimes, 49, Boone, IA	23:48	7:40
193	13 M45	Jeff Andersen, 48, Grimes, IA	23:49	7:40
194	8 M40	Scott Reger, 41, Waterloo, IA	23:50	7:40
195	76 M15	Chris Hartley, 17, Johnston, IA	23:51	7:40
33	6 W25	Deidra Dirth, 28*, Des Moines, IA	23:53	7:41
196	14 M45	Matt Bravard, 49, Granger, IA	23:54	7:41
34	9 W15	Emma Bravard, 19*, Granger, IA	23:54	7:41
197	12 M50	Brad Johnson, 51, Johnston, IA	23:55	7:42
35	2 W45	Dana Schmitt, 45*, Ames, IA	23:58	7:43
36	3 W45	Lori Miller, 45*, Urbandale, IA	23:59	7:43
198	15 M45	Kenneth Wade, 48, Altoona, IA	23:59	7:43
199	20 M30	John Meyer, 33, Des Moines, IA	24:02	7:44
37	1 W40	Nicole Beghart, 41*, Ames, IA	24:06	7:45
38	7 W25	Megan Ivusic, 28*, Grimes, IA	24:07	7:46
200	16 M45	Brendan Comito, 49, Des Moines, IA	24:09	7:46
39	4 W30	Allie Hemmen, 30*, Kansas City, MO	24:10	7:47
40	3 W20	Mandy Brown, 20*, West Des Moines, IA	24:11	7:47
201	21 M30	Stefan Gailans, 33, Ames, IA	24:12	7:47
41	5 W30	Casey Owens, 33*, West Des Moines, IA	24:13	7:47
42	4 JrW	Morgan Hansen, 14*, Hudson, IA	24:14	7:48
43	10 W15	Sophie Selenke, 15*, Hudson, IA	24:15	7:48
202	77 M15	Zane Charter, 15, Huxley, IA	24:15	7:48
203	17 M45	Randy Schieltz, 47, Boone, IA	24:17	7:49
44	4 W50	Lynda Graham-Murray, 54*, Burlington, IA	24:17	7:49
204	6 M60	Mark Powers, 61, Cedar Rapids, IA	24:20	7:50
205	20 M20	Nick Sauer, 20, Ames, IA	24:21	7:50
206	78 M15	Lucas Nelson, 17, Ankeny, IA	24:24	7:51
207	14 M35	Adam Rash, 36, Ames, IA	24:24	7:51
45	6 W30	Abby Patterson, 34*, Story City, IA	24:26	7:52
46	8 W25	Lisa Rottler, 29*, Chicago, IL	24:26	7:52
208	22 M30	Ben Bonanno, 32, West Des Moines, IA	24:27	7:52
209	13 M50	Dale Weber, 52, Ames, IA	24:29	7:53
210	10 M55	Jim Chenhall, 57, Ames, IA	24:30	7:53
211	11 M55	Tom Sauer, 56, Ames, IA	24:30	7:53
212	17 JrM	Cohen Darsee, 12, Urbandale, IA	24:32	7:54
213	14 M50	Erik Vollbrecht, 53, Ames, IA	24:34	7:54
214	18 M45	Mark Leichty, 47, Ames, IA	24:36	7:55
47	5 W35	Ashley Brown, 36*, Gilbert, IA	24:38	7:55
48	7 W30	Jesse Hapke, 33*, Des Moines, IA	24:38	7:55
215	9 M40	Ryan Brown, 42, Gilbert, IA	24:38	7:56
216	15 M35	Brent Allen, 35, Johnston, IA	24:38	7:56
217	10 M40	Jason Rohner, 44, Sherrill, IA	24:39	7:56
218	18 JrM	Geoffrey Williams, 9, Ames, IA	24:40	7:56
219	11 M40	James Hauber, 42, Ames, IA	24:42	7:57
220	19 JrM	John Gianello, 9, Ames, IA	24:43	7:57
49	2 W40	Amy Mann, 41*, Nevada, IA	24:44	7:57
221	19 M45	Roger Robinson, 46, Ames, IA	24:46	7:58
222	20 M45	Corey Lunn, 49, Johnston, IA	24:47	7:59
50	11 W15	Maggie Moyer, 16*, Omaha, NE	24:48	7:59
223	21 M45	Mike Moyer, 45, Omaha, NE	24:49	7:59
51	1 W55	Susan Fray, 55*, Jefferson, IA	24:49	7:59
224	23 M30	Josh Purcell, 32, Omaha, NE	24:51	8:00
225	15 M50	Tracy Borkowski, 51, Iowa Falls, IA	24:52	8:00
226	16 M50	Andreas Johannsen, 53, Ames, IA	24:54	8:01
52	9 W25	Lauren Stokke, 25*, Ames, IA	24:55	8:01
53	2 W55	Janean Griffith, 56*, Des Moines, IA	24:57	8:02
54	10 W25	Cayla Taylor, 25*, Ames, IA	24:58	8:02
55	8 W30	Kelley Haaland, 32*, Polk City, IA	24:59	8:02
227	17 M50	Eduardo Cortes, 52, Omaha, NE	25:00	8:02
228	1 M70	Rick Hogan, 71, Leawood, KS	25:00	8:03
229	16 M35	Charles Markunas, 38, Gilbert, IA	25:02	8:03
56	4 W45	Jennifer Steadman, 47*, Shellsburg, IA	25:02	8:03
230	24 M30	Jamie Walrack, 33, Carpentersville, IL	25:06	8:04
231	2 M65	Sam Fisher, 67, Boone, IA	25:10	8:06
232	79 M15	Patrick Breitsprecher, 16, Dayton, IA	25:10	8:06
233	80 M15	Eric Spencer, 16, Nevada, IA	25:12	8:07
57	5 JrW	Emma Baumgart, 11*, Waukee, IA	25:15	8:07
234	12 M55	Steve McBreen, 56, Ames, IA	25:15	8:07
235	17 M35	Benjamin Ueland, 37, Ames, IA	25:16	8:08
236	12 M40	Robert Baumgart, 40, Waukee, IA	25:17	8:08

58	12	W15	Sydnee Miller, 15*, Urbandale, IA	25:17	8:08
237	25	M30	Nick Ohde, 30, Ames, IA	25:18	8:08
59	13	W15	Kaylee Kruse, 16*, Nevada, IA	25:19	8:09
238	26	M30	Elvis Cejvanovic, 34, Waterloo, IA	25:20	8:09
239	3	M65	Roger Heinle, 66, Whiting, IA	25:20	8:09
60	6	JrW	Kaitlyn Goodman, 14*, Ames, IA	25:20	8:09
240	22	M45	Alex Travasset, 47, Ames, IA	25:21	8:10
61	9	W30	Stephanie Mortenson, 34*, Windsor Heights, IA	25:22	8:10
62	11	W25	Monica Elmore, 27*, Ames, IA	25:24	8:10
63	14	W15	Mary Kelly, 15*, Windsor Heights, IA	25:25	8:11
64	15	W15	Bella Heidesch, 15*, West Des Moines, IA	25:26	8:11
241	13	M55	Dean Riesselman, 58, Boone, IA	25:27	8:11
242	14	M55	Robert Britain, 58, Wayzata, MN	25:31	8:12
243	18	M50	Mike Purcell, 53, Ames, IA	25:31	8:13
65	10	W30	Heather Brandt, 30*, Algona, IA	25:31	8:13
244	2	M70	Tom Kirkwood, 72, Dysersville, IA	25:32	8:13
66	4	W20	Lauren Maze, 24*, Cedar Rapids, IA	25:32	8:13
67	3	W60	Beth Henriksen, 60*, Ames, IA	25:34	8:14
68	16	W15	Josie Breitsprecher, 18*, Dayton, IA	25:36	8:14
245	20	JrM	Parker Max, 12, Iowa City, IA	25:36	8:14
246	19	M50	Corey Surom, 53, Atkins, IA	25:37	8:14
69	3	W55	Linda Anderson, 56*, Ames, IA	25:37	8:14
70	5	W50	Leslie Julich, 50*, Cedar Rapids, IA	25:39	8:15
247	81	M15	Zach Kobes, 17, Des Moines, IA	25:40	8:15
71	17	W15	Lauren Cassaidy, 16*, Ames, IA	25:41	8:16
72	11	W30	Anna Holzer, 32*, Polk City, IA	25:42	8:16
248	23	M45	Todd Schweizer, 49, Urbandale, IA	25:43	8:16
73	18	W15	Mallory Krpan, 18*, Indianola, IA	25:47	8:18
249	18	M35	Luke Morgan, 36, Boone, IA	25:48	8:18
250	21	JrM	Alex Kovar, 14, Ames, IA	25:48	8:18
251	20	M50	Andrew Bell, 51, Cambridge, IA	25:49	8:19
252	24	M45	Russ Franklin, 48, Dubuque, IA	25:50	8:19
253	19	M35	Dustyn Turner, 38, Ames, IA	25:52	8:19
254	7	M60	Alan DiSpirito, 62, Ames, IA	25:52	8:19
74	4	W55	Nancy Willert, 59*, Wamego, KS	25:53	8:20
75	6	W50	Mary Thompson, 52*, Johnston, IA	25:53	8:20
255	27	M30	Ryan Moses, 30, Clive, IA	25:54	8:20
256	13	M40	Timothy Hansen, 40, Ames, IA	25:58	8:21
257	25	M45	Brian Cassaidy, 49, Ames, IA	25:59	8:22
258	20	M35	John Ryan, 35, Polk City, IA	25:59	8:22
259	21	M50	James Anderson, 54, Jesup, IA	25:59	8:22
76	6	W35	Shanna Harrington, 36*, Des Moines, IA	26:00	8:22
260	26	M45	Albert Kimmel, 46, Urbandale, IA	26:00	8:22
77	19	W15	Kaylee Willadsen, 19*, Council Bluffs, IA	26:02	8:23
261	22	M50	David May, 52, Ames, IA	26:03	8:23
262	27	M45	Eric Kallem, 45, Dallas Center, IA	26:09	8:25
263	22	JrM	Dawson Barr, 11, Lakewood, CO	26:12	8:26
264	6	M25	Andy Moore, 29, Gilbert, IA	26:12	8:26
265	4	M65	Bruce Bachmann, 66, Cedar Rapids, IA	26:12	8:26
266	21	M35	Anthony Rhoad, 38, Story City, IA	26:13	8:26
78	12	W30	Jessica Morgan, 33*, Boone, IA	26:13	8:26
79	7	W35	Lauri Meythaler-Mullins, 38*, Des Moines, IA	26:13	8:26
80	7	JrW	Lara Kallem, 14*, Dallas Center, IA	26:14	8:26
81	13	W30	Karen Wilke, 31*, Ames, IA	26:14	8:26
82	3	W40	Keri Jacobs, 42*, Ames, IA	26:16	8:27
83	4	W40	Carla Danielson, 43*, Ames, IA	26:17	8:27
84	5	W40	Tonja Goodwin, 43*, Ames, IA	26:23	8:29
85	7	W50	Sarah Davis, 51*, Ames, IA	26:25	8:30
86	20	W15	Caylee Fuqua, 15*, Ames, IA	26:25	8:30
87	8	W35	Kathy Davis, 38*, Collins, IA	26:26	8:30
88	14	W30	Maggie Huston, 30*, Madison, WI	26:28	8:31
267	28	M30	Jake Good, 34, Norwalk, IA	26:28	8:31
268	8	M60	Charles Cychosz, 60, Ames, IA	26:29	8:31
269	14	M40	Nicholas Brown, 40, Ames, IA	26:33	8:32
89	15	W30	Kristin Pyle, 33*, Ames, IA	26:33	8:33
90	9	W35	Jacki Schlepffhorst, 38*, Indianola, IA	26:34	8:33
270	15	M55	Dan Rusher, 55, Roland, IA	26:35	8:33
271	82	M15	Malkan Santiago, 18, Ames, IA	26:35	8:33
91	5	W45	Kim Stewart, 48*, Des Moines, IA	26:37	8:34
272	15	M40	Travis Berger, 40, Ames, IA	26:37	8:34
273	83	M15	Jordan Jones, 17, Nevada, IA	26:39	8:35
274	22	M35	Matt Duncan, 36, Ames, IA	26:40	8:35
92	16	W30	Tanna Bonanno, 31*, West Des Moines, IA	26:40	8:35
93	12	W25	Lindsay Greiner, 25*, Boone, IA	26:43	8:36
94	13	W25	Michaelie Hallam, 26*, Mt. Vernon, IA	26:44	8:36
275	23	JrM	Jonah Hallam, 12, North Liberty, IA	26:44	8:36
95	8	JrW	Sydney Weers, 12*, Polk City, IA	26:45	8:36
276	23	M50	Mark Schmitz, 54, Ames, IA	26:45	8:37
277	16	M40	Ben Weers, 41, Polk City, IA	26:46	8:37
278	29	M30	Chris Hemmen, 30, Kansas City, MO	26:52	8:39
96	9	JrW	Faith Springer, 11*, Story City, IA	26:52	8:39
279	23	M35	Matt Frerichs, 35, Ames, IA	26:52	8:39
280	24	M50	Michael Baker, 51, Nevada, IA	26:53	8:39
281	21	M20	Logan Kahler, 21, Ames, IA	26:55	8:40
97	10	W35	Julie Gould, 38*, Ames, IA	26:55	8:40
98	8	W50	Joli Vollers, 52*, Ames, IA	26:56	8:40
99	6	W40	Georgianne Artz, 41*, Ames, IA	26:57	8:40
100	10	JrW	Chloe Podewell, 11*, Wheaton, IL	26:59	8:41
101	6	W45	Andrea Vlahakis, 47*, Ankeny, IA	26:59	8:41
102	17	W30	Megan Miller, 31*, Huxley, IA	27:01	8:42
103	11	W35	Kari Kellen, 39*, Ames, IA	27:01	8:42
104	21	W15	Chiara Travasset, 15*, Ames, IA	27:02	8:42
282	17	M40	Kent Allen, 41, Ames, IA	27:02	8:42
283	7	M25	Steven Reints, 26, West Des Moines, IA	27:05	8:43
284	28	M45	Terry Goodman, 48, Ames, IA	27:05	8:43
285	24	M35	Corey Schmidt, 36, Ames, IA	27:07	8:43
105	5	W20	Kali Bohling, 21*, Hooper, NE	27:07	8:43
286	9	M60	Jonathan Buss, 63, Ames, IA	27:07	8:44
106	18	W30	Lindsay Cirks, 31*, Ames, IA	27:08	8:44
287	30	M30	Jeff Cirks, 31, Ames, IA	27:09	8:44
288	16	M55	Mike Parsons, 56, Ames, IA	27:10	8:45
107	14	W25	Kristin Johnson, 28*, Ames, IA	27:11	8:45
289	17	M55	Mike Broderick, 59, Grimes, IA	27:12	8:45

108	11 JrW	Erin Schieltz, 13*, Boone, IA	27:13	8:46
290	24 JrM	Daniel Yakobson, 11, Ames, IA	27:14	8:46
291	10 M60	Jim Pratt, 63, Boone, IA	27:15	8:46
292	22 M20	Alexys Kouri, 22, Council Bluffs, IA	27:15	8:46
293	23 M20	Preston Poots, 24, Huxley, IA	27:16	8:46
294	31 M30	David Prater, 30, Arden, NC	27:18	8:47
109	12 W35	Stacy Dietch, 39*, Ankeny, IA	27:18	8:47
295	18 M55	Steve Wandro, 59, Des Moines, IA	27:20	8:48
110	9 W50	Karen Gregoricka, 52*, Springville, IA	27:21	8:48
111	4 W60	Susan Baumhover, 63*, Ames, IA	27:22	8:48
296	24 M20	Ben Madison, 20, Ames, IA	27:24	8:49
297	32 M30	Clayton Heathman, 33, Ames, IA	27:25	8:49
298	29 M45	Patrick Smith, 49, Des Moines, IA	27:27	8:50
299	25 JrM	Dyer Jarabek, 14, West Des Moines, IA	27:31	8:51
300	26 JrM	Caleb Moorman, 14, Urbandale, IA	27:32	8:52
301	25 M35	Ryan Dietch, 35, Kellogg, IA	27:38	8:54
302	25 M50	Joe Biondi, 53, Ames, IA	27:41	8:54
303	30 M45	Jason Vennard, 46, Nevada, IA	27:42	8:55
304	25 M20	Matt Romoser, 23, Ames, IA	27:42	8:55
112	12 JrW	Molly Lunn, 14*, Johnston, IA	27:42	8:55
113	1 W65	Mary Van Steenis, 67*, Pella, IA	27:43	8:55
305	27 JrM	Colfax Lauter, 10, Ames, IA	27:50	8:57
114	7 W40	Nicole Manzer, 41*, Story City, IA	27:52	8:58
115	13 JrW	Isabelle Arce, 10*, Ames, IA	27:52	8:58
116	6 W20	Emma Stern, 23*, Ames, IA	27:53	8:58
306	26 M20	Matt Stern, 24, Ames, IA	27:53	8:58
117	22 W15	Kegan Peters, 15*, Ames, IA	27:55	8:59
118	23 W15	Dagney Paskach, 18*, Ames, IA	27:55	8:59
119	13 W35	Kayla Blount, 35*, Ames, IA	27:55	8:59
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307	28 JrM	Elliott Stenberg, 11, Ames, IA	28:00	9:01
120	14 W35	Andrea Reser, 37*, Urbandale, IA	28:02	9:01
121	24 W15	Katelyn Mehlhaus, 16*, Boone, IA	28:05	9:02
122	14 JrW	Audrey Franklin, 13*, Dubuque, IA	28:06	9:02
123	15 JrW	Callie Folkmann, 14*, Ames, IA	28:06	9:03
124	2 W65	Claudia Scott, 65*, Marion, IA	28:07	9:03
308	26 M50	Matt Michael, 53, Ames, IA	28:07	9:03
125	19 W30	Milagros Pinto, 33*, Ames, IA	28:08	9:03
126	16 JrW	Camille Jackson, 14*, Ames, IA	28:08	9:03
309	27 M50	Darin Stoll, 52, Ames, IA	28:09	9:03
127	17 JrW	Makenna Springer, 11*, Story City, IA	28:11	9:04
310	33 M30	Kyle Springer, 34, Story City, IA	28:11	9:04
128	15 W35	Xuan Hien Nguyen, 37*, Ames, IA	28:12	9:04
311	11 M60	John Meyer, 60, West Des Moines, IA	28:15	9:06
129	15 W25	Madison Mallicoat, 26*, Boone, IA	28:16	9:06
312	12 M60	David Acker, 63, Ames, IA	28:17	9:06
313	29 JrM	Spencer Hostetter, 10, Ames, IA	28:17	9:06
130	20 W30	Kelly Johnson, 33*, Nevada, IA	28:18	9:06
314	18 M40	Christopher Grimes, 42, Nevada, IA	28:19	9:07
315	26 M35	John Weil, 37, West Des Moines, IA	28:20	9:07
131	25 W15	Madison Moody, 17*, Ames, IA	28:23	9:08
316	27 M35	Eric Petersen, 39, Urbandale, IA	28:24	9:08
132	5 W55	Barb Baker, 55*, Grinnell, IA	28:26	9:09
133	21 W30	Kelley Grothus, 33*, Madrid, IA	28:26	9:09
134	26 W15	Jordyn Achenbach, 18*, Woodward, IA	28:26	9:09
317	13 M60	Art Millikin, 64, Hedrick, IA	28:26	9:09
318	19 M55	Gary Tuttle, 55, Ames, IA	28:27	9:09
319	28 M35	Bryan Buss, 37, Ames, IA	28:31	9:10
320	28 M50	Tom Mitchell, 53, Ankeny, IA	28:31	9:10
135	8 W40	Keri Kain, 41*, Ames, IA	28:31	9:11
136	27 W15	Hattie Stenberg, 16*, Ames, IA	28:32	9:11
321	34 M30	Nick Barellos, 30, Omaha, NE	28:32	9:11
137	7 W45	Tari Moody, 48*, Ames, IA	28:33	9:11
138	9 W40	Shannon Barr, 42*, Ames, IA	28:33	9:11
322	19 M40	Matt Hargrafen, 42, Ames, IA	28:34	9:12
323	27 M20	Donovan Doyle, 24, Ames, IA	28:35	9:12
324	29 M35	Adam Petersen, 35, Ames, IA	28:36	9:12
325	14 M60	Michael Baumhover, 62, Ames, IA	28:38	9:13
326	15 M60	Steven Prater, 64, Ames, IA	28:39	9:13
139	16 W25	Kristi Larson, 25*, Ames, IA	28:41	9:14
140	18 JrW	Alison Moore, 13*, Ames, IA	28:41	9:14
141	16 W35	Heather Julich, 38*, Ames, IA	28:41	9:14
327	30 JrM	Cameron Gallt, 13, Ames, IA	28:43	9:14
328	29 M50	Matthew Hilsabeck, 50, Boone, IA	28:43	9:15
142	17 W35	Amy Page, 36*, Boone, IA	28:45	9:15
143	19 JrW	Haleigh Hadley, 13*, Ames, IA	28:46	9:16
329	30 M50	Chuck Long, 53, Ames, IA	28:47	9:16
144	20 JrW	Peyton Gallt, 12*, Ames, IA	28:48	9:16
145	28 W15	Madeleine Humpal-Pash, 16*, Nevada, IA	28:49	9:16
330	8 M25	Trenton Moses, 27, Des Moines, IA	28:50	9:17
146	17 W25	Stephanie Haase, 25*, Iowa City, IA	28:51	9:17
147	8 W45	Beth Pottebaum, 45*, West Des Moines, IA	28:53	9:18
148	18 W25	Brittany O'Shea, 29*, Marshalltown, IA	28:54	9:18
149	7 W20	Belah Bunting, 24*, Ames, IA	28:54	9:18
150	8 W20	Rylie Van Marel, 23*, Kansas City, MO	28:56	9:19
151	6 W55	Jane Montgomery, 59*, Ames, IA	28:57	9:19
331	28 M20	Nick Thoma, 21, Madison, WI	28:59	9:20
152	9 W20	Erin Yocum, 21*, Johnston, IA	28:59	9:20
332	30 M35	Dustin Dalton, 35, Nevada, IA	29:01	9:20
153	29 W15	Helen Barton, 17*, Ames, IA	29:03	9:21
333	31 JrM	Christian Gallt, 9, Ames, IA	29:05	9:22
334	32 JrM	Christopher Buchwald, 13, Ames, IA	29:06	9:22
335	31 M35	Matthew Peterson, 38, Ames, IA	29:07	9:22
154	18 W35	Nita Parekh, 38*, Ames, IA	29:07	9:22
155	10 W20	Jamie Steyer, 20*, Ames, IA	29:07	9:22
336	5 M65	Philip Hodges, 68, Ames, IA	29:07	9:22
156	10 W50	Sherrri Selenke, 50*, Hudson, IA	29:07	9:22
337	35 M30	Soren Faaborg, 33, Nevada, IA	29:08	9:22
338	32 M35	Jason Schwenneker, 38, Ankeny, IA	29:08	9:23
339	31 M45	Chad Hart, 47, Ames, IA	29:09	9:23
340	33 M35	Casey Doser, 35, Bondurant, IA	29:11	9:23
157	11 W20	Macy Hoskins, 21*, Iowa City, IA	29:11	9:24
341	20 M40	Lance Schmitt, 44, Ames, IA	29:12	9:24
342	36 M30	Mike Huston, 33, Madison, WI	29:12	9:24
343	34 M35	Matt Carpenter, 38, Urbandale, IA	29:14	9:24
344	21 M40	Chad Olson, 40, Boone, IA	29:18	9:26

345	37 M30	Thomas Hurd, 31, Urbandale, IA	29:18	9:26			
346	29 M20	Colin Heinrichs, 20, Webster City, IA	29:19	9:26			
347	30 M20	Ryan Heinrichs, 20, Webster City, IA	29:19	9:26			
158	22 W30	Claire Richmond, 32*, Des Moines, IA	29:19	9:26			
348	31 M50	Troy Bennett, 51, Ames, IA	29:20	9:26			
349	32 M50	Tom Miller, 53, Des Moines, IA	29:20	9:26			
350	33 JrM	Stephen Lawler, 10, Huxley, IA	29:22	9:27			
351	22 M40	Ian Lawler, 44, Huxley, IA	29:23	9:27			
159	7 W55	Deb Waterbury, 58*, White Bear Lake, MN	29:29	9:29			
352	23 M40	Nick Ditolla, 44, Urbandale, IA	29:31	9:30			
160	19 W25	Jenna Compton, 29*, Owatonna, MN	29:32	9:30			
161	10 W40	Shannon Hostetter, 43*, Ames, IA	29:33	9:31			
162	11 W40	Adrienne Moran Lauter, 44*, Ames, IA	29:33	9:31			
163	23 W30	Mariah Lockard, 31*, Sioux Falls, SD	29:34	9:31			
353	16 M60	James Stewart, 64, Ames, IA	29:36	9:31			
354	35 M35	Stephen Rash, 39, Ames, IA	29:38	9:32			
355	38 M30	Luke Jensen, 33, Ames, IA	29:39	9:32			
356	24 M40	Andrew Jenkins, 43, Nevada, IA	29:39	9:33			
357	6 M65	John Bowler, 68, Ames, IA	29:40	9:33			
358	32 M45	Matthew White, 49, Johnston, IA	29:40	9:33			
359	20 M55	John Kovar, 58, Ames, IA	29:42	9:33			
360	36 M35	Nick Roerig, 37, Clive, IA	29:44	9:34			
164	19 W35	Erin Roerig, 36*, Clive, IA	29:44	9:34			
361	39 M30	Aaron Hurd, 33, Saint Paul, MN	29:45	9:34			
362	34 JrM	Andrew Kovar, 13, Ames, IA	29:45	9:34			
363	25 M40	Ryan Martin, 43, Ames, IA	29:45	9:34			
364	40 M30	Steven Zastrow, 31, Grimes, IA	29:47	9:35			
165	12 W20	Anna Madison, 24*, Ames, IA	29:48	9:35			
365	37 M35	Chad Kellner, 35, Ankeny, IA	29:48	9:35			
366	33 M50	Russell Squires, 53, Waverly, IA	29:48	9:35			
166	30 W15	Emma Thayer, 19*, Urbandale, IA	29:48	9:35			
367	26 M40	Timothy Walsh, 43, Boone, IA	29:49	9:35			
368	27 M40	Timothy Reger, 41, Indianola, IA	29:49	9:36			
167	20 W35	Nadine Myers, 35*, Walker, IA	29:51	9:36			
168	24 W30	Michelle Hackbarth, 33*, Cedar Rapids, IA	29:51	9:36			
369	28 M40	Aaron Clayberg, 44, Ames, IA	29:52	9:37			
169	13 W20	Kate Russell, 24*, Ames, IA	29:53	9:37			
370	7 M65	Lee Tesdell, 65, Slater, IA	29:57	9:38			
170	14 W20	Morgan Bettis, 23*, Ames, IA	29:57	9:38			
371	41 M30	Omar Tesdell, 34, Slater, IA	29:57	9:38			
372	34 M50	Wayne Ostergaard, 53, Des Moines, IA	29:58	9:38			
373	42 M30	Jon Hapke, 32, Des Moines, IA	29:58	9:39			
374	17 M60	Doug Ryan, 63, Webster City, IA	30:00	9:39			
171	25 W30	Becca Jensen, 32*, Ames, IA	30:01	9:39			
172	20 W25	Jessica Vosseller, 28*, Ames, IA	30:03	9:40			
375	38 M35	Jeremy Howe, 39, Ankeny, IA	30:04	9:41			
376	33 M45	Jeff Westberg, 47, Woodward, IA	30:06	9:41			
377	9 M25	Stephen Kester, 29, Gilbert, IA	30:07	9:41			
378	35 M50	Alex Van Wyk, 54, Des Moines, IA	30:09	9:42			
173	11 W50	Lora Ault, 50*, Altoona, IA	30:09	9:42			
379	36 M50	Stuart Ault, 51, Altoona, IA	30:09	9:42			
380	18 M60	David Swenson, 61, Ames, IA	30:12	9:43			
381	34 M45	Brad Bloemke, 46, Belmond, IA	30:13	9:43			
174	9 W45	Emily Schieltz, 47*, Boone, IA	30:14	9:44			
382	35 JrM	Amari Julich, 11, Ames, IA	30:16	9:44			
383	29 M40	Mike Marr, 41, Ames, IA	30:17	9:45			
175	8 W55	Julie Venner, 58*, Boone, IA	30:22	9:46			
384	36 JrM	Caleb Barr, 14, Lakewood, CO	30:23	9:47			
385	37 JrM	William Thieleke, 7, Ames, IA	30:25	9:47			
386	37 M50	Edward Engle, 54, Ames, IA	30:25	9:47			
387	10 M25	Dave Bunting, 29, Ames, IA	30:27	9:48			
388	43 M30	Nick Johnson, 31, Ames, IA	30:28	9:48			
176	12 W40	Cheri Thieleke, 43*, Ames, IA	30:29	9:48			
177	21 W35	Jennifer Brockpahler, 38*, Ames, IA	30:29	9:48			
389	39 M35	Jim Brockpahler, 37, Ames, IA	30:29	9:49			
178	15 W20	Marcie Stevenson, 24*, Ames, IA	30:31	9:49			
179	10 W45	Holly McIlroy, 45*, Des Moines, IA	30:31	9:49			
390	35 M45	Scott McIlroy, 45, Des Moines, IA	30:32	9:49			
391	38 M50	Mike Mitchell, 52, Ankeny, IA	30:35	9:50			
392	36 M45	James Stevens, 48, Nevada, IA	30:38	9:51			
393	3 M70	David Ersland, 71, Humboldt, IA	30:38	9:52			
394	38 JrM	Evan Abbott, 7, Ankeny, IA	30:39	9:52			
395	44 M30	Justin Abbott, 33, Ankeny, IA	30:39	9:52			
396	30 M40	Victor Young, 40, Ankeny, IA	30:39	9:52			
180	9 W55	LuAnn Ostergaard, 57*, Des Moines, IA	30:40	9:52			
181	12 W50	J Nation, 54*, Ames, IA	30:41	9:52			
397	39 M50	Tim Hermsen, 51, Iowa Falls, IA	30:42	9:53			
398	11 M25	Marko Ivusic, 29, Grimes, IA	30:42	9:53			
399	40 M35	Joe Cox, 38, Ames, IA	30:43	9:53			
400	40 M50	Wayde Warehme, 51, Gowrie, IA	30:46	9:54			
401	21 M55	James Macksey, 59, Newton, IA	30:47	9:54			
402	19 M60	James Davies, 64, Allison, IA	30:50	9:55			
403	41 M50	Randy Bloem, 53, Jewell, IA	30:51	9:56			
182	11 W45	Annette Westberg, 47*, Woodward, IA	30:52	9:56			
183	16 W20	Kalin Huffman, 23*, Ames, IA	30:52	9:56			
184	17 W20	Sarah Marnin, 21*, Ames, IA	30:53	9:56			
404	37 M45	Joseph Thompson, 46, Ames, IA	30:54	9:56			
405	39 JrM	Joshua Thompson, 7, Ames, IA	30:54	9:57			
185	21 W25	Kelsey Williams, 26*, Bondurant, IA	30:56	9:57			
186	26 W30	Robyn Reierson, 34*, Ames, IA	30:57	9:57			
406	41 M35	Cory Reierson, 35, Ames, IA	30:57	9:58			
187	21 JrW	Josie Bloemke, 13*, Belmond, IA	30:58	9:58			
407	31 M20	Ally Lawrence, 24, Ames, IA	30:59	9:58			
188	5 W60	Cherrie Hill, 64*, Ellsworth, IA	31:00	9:58			
408	40 JrM	Matt Horvath, 14, West Des Moines, IA	31:01	9:59			
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189	13 W40	Betsy Matos, 41*, Ames, IA	31:08	10:01			
410	41 JrM	Nolan Rhoad, 10, Story City, IA	31:10	10:02			
411	20 M60	Pat Hurley, 63, Jefferson, IA	31:10	10:02			
412	42 M50	Jeff Mullen, 51, Marion, IA	31:11	10:02			
190	27 W30	Holly Joodman, 31*, Omaha, NE	31:11	10:02			
191	10 W55	Candy Mullen, 59*, Marion, IA	31:12	10:02			
413	12 M25	Alex Swaroff, 29, Ames, IA	31:14	10:03			
414	43 M35	Jay Nunemaker, 37, Cedar Rapids, IA	31:20	10:05			
192	28 W30	Hannah Ryan, 34*, Polk City, IA	31:21	10:05			

193	14 W40	Avril Elsberry, 43*, Ogden, IA	31:26	10:07
194	15 W40	Kelly Stufflebeam, 41*, Nevada, IA	31:28	10:08
415	43 M50	Donald Klein, 51, Nevada, IA	31:28	10:08
416	84 M15	Hunter Larson, 18, Ogden, IA	31:29	10:08
417	13 M25	Aaron Rosenberg, 25, Ames, IA	31:32	10:09
195	16 W40	Kristine Arndt, 43*, Ames, IA	31:33	10:09
196	17 W40	Shawn Blaesing-Thompson, 42*, Ames, IA	31:33	10:09
197	22 JrW	Abigail Thompson, 12*, Ames, IA	31:34	10:09
198	31 W15	Gabi Gianello, 16*, Ames, IA	31:35	10:10
199	29 W30	Kelly Hill, 32*, Ankeny, IA	31:38	10:11
200	32 W15	Elizabeth Widder, 19*, Ames, IA	31:42	10:12
201	18 W20	Megan Mullan, 23*, Atkins, IA	31:42	10:12
202	30 W30	Jamie Osmundson, 33*, Ames, IA	31:43	10:12
203	18 W40	Andrea Mattingly, 42*, Boone, IA	31:47	10:13
418	38 M45	David Stenberg, 49, Ames, IA	31:48	10:14
419	22 M55	John Greiner, 55, Boone, IA	31:49	10:14
204	19 W20	Sarah Striegel, 21*, What Cher, IA	31:52	10:15
205	11 W55	Joan Bennett, 55*, Carroll, IA	31:53	10:16
420	32 M20	Nick Schinnow, 24, Ames, IA	31:54	10:16
421	45 M30	Michael Schramm, 34, Topeka, KS	31:55	10:16
206	20 W20	Christine Shillington, 24*, Waukee, IA	31:57	10:17
207	31 W30	Amy Schmidt, 34*, Ames, IA	32:01	10:18
208	6 W60	Cindy Hauber, 62*, Ames, IA	32:01	10:18
422	44 M50	Ed Acoymo, 51, Ankeny, IA	32:02	10:19
423	14 M25	Ivan Castro-Nova, 29, Ames, IA	32:03	10:19
209	22 W25	Lacie Moore, 28*, Gilbert, IA	32:03	10:19
424	8 M65	Alan Worthington, 68, Ames, IA	32:07	10:20
210	21 W20	Kayla Palm, 22*, Ames, IA	32:08	10:20
425	21 M60	Gary Samuelson, 61, Ceresco, NE	32:08	10:20
426	42 JrM	Tyler Hathaway, 9, Ames, IA	32:08	10:20
427	22 M60	John Lott, 61, Ames, IA	32:09	10:21
211	23 JrW	Cecilia Hathaway, 11*, Ames, IA	32:09	10:21
212	19 W40	Heather Curtis, 42*, Des Moines, IA	32:09	10:21
213	12 W45	Kimberly Hatting, 49*, Grinnell, IA	32:10	10:21
428	45 M50	David Jahn, 51, Ames, IA	32:11	10:21
429	31 M40	William McAlpine, 42, Boone, IA	32:13	10:22
214	22 W20	Jayne Bucknell, 21*, New Hampton, IA	32:14	10:22
430	39 M45	Toby Gordon, 47, Ankeny, IA	32:15	10:23
215	22 W35	Chandra Bartleman, 39*, Polk City, IA	32:23	10:25
431	46 M30	Matt Martens, 30, Ames, IA	32:24	10:26
216	12 W55	Carol Bell, 55*, Cambridge, IA	32:26	10:26
217	32 W30	Suzanne Rajewski, 33*, Ames, IA	32:27	10:26
218	33 W30	Kara Beary, 33*, Oskaloosa, IA	32:28	10:27
219	33 W15	Ella Schmitt, 15*, Ames, IA	32:31	10:28
432	44 M35	Andrew Kingsbury, 35, Nevada, IA	32:34	10:29
220	20 W40	Rebecca Klocke, 40*, Granger, IA	32:35	10:29
221	34 W30	Judy Sofen, 34*, Urbandale, IA	32:38	10:30
222	13 W50	Denise Reents, 52*, Wellsburg, IA	32:38	10:30
223	23 W20	Kelli Greiner, 21*, Boone, IA	32:39	10:30
433	40 M45	Kenneth McAlpine, 46, Cedar Rapids, IA	32:44	10:32
224	7 W60	Jeanne Stewart, 64*, Ames, IA	32:45	10:32
225	24 JrW	Mackenzie Podewell, 9*, Wheaton, IL	32:46	10:32
434	15 M25	Peter Hapke, 29, Ames, IA	32:46	10:33
435	23 M55	William Nutty, 57, Ames, IA	32:51	10:34
436	32 M40	Rengarajan Palanivel, 40, West Des Moines, IA	32:59	10:37
226	24 W20	Jenna Kester, 24*, Gilbert, IA	33:02	10:38
227	21 W40	Amy Larkin, 40*, Coralville, IA	33:03	10:38
228	25 W20	Jenna Darsee, 23*, Urbandale, IA	33:03	10:38
229	22 W40	Michelle Clark, 43*, Coralville, IA	33:04	10:39
230	13 W45	Becky Williams, 48*, Ames, IA	33:08	10:40
231	14 W45	Vickie Newell, 48*, Ames, IA	33:08	10:40
232	23 W35	Brenda Rhoad, 38*, Story City, IA	33:09	10:40
437	43 JrM	Charlie Wortman, 11, Castle Rock, CO	33:09	10:40
438	23 M60	Don Finch, 60, Ames, IA	33:09	10:40
233	23 W40	Kerri Podewell, 44*, Wheaton, IA	33:10	10:40
439	33 M40	Mike Malloy, 44, Lincoln, NE	33:10	10:40
440	41 M45	Sipho Ndlela, 45, Ames, IA	33:11	10:41
234	24 W35	Heather Stevens, 35*, Nevada, IA	33:13	10:41
441	34 M40	Kevin Barr, 42, Lakewood, CO	33:17	10:43
235	25 JrW	Shelby Bartleman, 11*, Polk City, IA	33:17	10:43
236	26 W20	Katie Kasper, 21*, Ames, IA	33:18	10:43
442	24 M55	Rick Kaufman, 55, Ames, IA	33:19	10:43
237	26 JrW	Lucy Bennett, 13*, Ames, IA	33:24	10:45
238	27 JrW	Jamey McCalley, 13*, Ames, IA	33:25	10:45
239	35 W30	Mindy Toth, 33*, Ames, IA	33:25	10:45
443	35 M40	Travis Kramer, 40, Ames, IA	33:27	10:46
444	44 JrM	Rockwell Bartleman, 9, Polk City, IA	33:27	10:46
445	16 M25	Bipin Baral, 28, Ames, IA	33:28	10:46
240	36 W30	Emily Kobliska, 33*, Ankeny, IA	33:28	10:46
241	13 W55	Carla Schimelfenig, 55*, Nevada, IA	33:29	10:46
242	15 W45	Constance Toresdahl, 48*, Ames, IA	33:30	10:47
243	25 W35	Emily Tyndall, 39*, Ames, IA	33:32	10:47
244	16 W45	Paula Madson, 46*, Ames, IA	33:35	10:48
446	46 M50	Roger Fray, 54, Jefferson, IA	33:36	10:49
447	9 M65	Terry Olson, 66, Ames, IA	33:38	10:50
448	45 JrM	Stephen Cahalan, 14, West Des Moines, IA	33:39	10:50
449	46 JrM	Jalen Blayer, 12, Marshalltown, IA	33:45	10:52
450	25 M55	Robert Blayer, 56, Marshalltown, IA	33:46	10:52
245	27 W20	Sarah Willett, 22*, Des Moines, IA	33:47	10:52
451	33 M20	Bobby Bonnett, 24, Des Moines, IA	33:47	10:52
246	23 W25	Lindsey Niehm, 26*, Ames, IA	33:49	10:53
247	17 W45	Karen Couves, 48*, Ames, IA	33:49	10:53
452	47 M50	Matt Smith, 50, Ankeny, IA	33:50	10:53
248	8 W60	Ann Hegstrom, 60*, De Soto, IA	33:51	10:54
453	45 M35	Philip Barutha, 37, Ames, IA	33:55	10:55
249	26 W35	Julie Reger, 38*, Waterloo, IA	33:56	10:55
250	18 W45	Laura Mehlaus, 48*, Boone, IA	33:57	10:55
454	47 M30	Ryan Henriksen, 30, Ames, IA	33:57	10:55
455	10 M65	Larry Naylor, 66, Ames, IA	34:00	10:56
456	11 M65	Thomas Hostetter, 65, Ames, IA	34:00	10:56
457	46 M35	Branon Osmundson, 37, Ames, IA	34:03	10:57
251	28 W20	Kaleigh Clemen, 23*, Ames, IA	34:03	10:58
252	34 W15	Bailey Pohlman, 19*, Johnston, IA	34:07	10:59

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253	24	W40	Haiyan Huang, 44*, Ames, IA	34:16	11:02																						
459	47	M35	Satya Edpuganti, 36, Waukee, IA	34:17	11:02																						
460	47	JrM	Schafer Cheney, 9, Rochester, MN	34:19	11:03																						
461	17	M25	Sam Hapke, 26, Ames, IA	34:25	11:05																						
462	18	M25	Anthony Headley, 28, Ankeny, IA	34:30	11:06																						
254	14	W50	Lori Baker, 52*, Nevada, IA	34:32	11:07																						
255	25	W40	Carrie DeVan, 40*, Boone, IA	34:32	11:07																						
256	29	W20	Emily Engle, 21*, Ames, IA	34:32	11:07																						
257	35	W15	Kaitlyn Barr, 19*, Ames, IA	34:33	11:07																						
463	34	M20	Lucas Roberts, 21, Ames, IA	34:34	11:07																						
464	36	M40	Brad Chriswell, 42, Ames, IA	34:37	11:08																						
258	30	W20	Katharina Wigg, 21*, Ames, IA	34:38	11:09																						
465	35	M20	Nate Christenson, 21, Ames, IA	34:39	11:09																						
259	14	W55	Susana Goggi, 58*, Ames, IA	34:41	11:09																						
260	27	W35	Sara Moeller, 38*, Boone, IA	34:42	11:10																						
261	37	W30	Brandy Little, 32*, Boone, IA	34:51	11:13																						
262	28	W35	Sarah Anthony, 39*, Des Moines, IA	34:53	11:14																						
466	42	M45	Paul Barr, 45, Ames, IA	34:56	11:14																						
467	48	M35	Nathan Hostetter, 35, Ames, IA	34:57	11:15																						
263	38	W30	Emily Kothmann, 31*, Huxley, IA	35:01	11:16																						
264	28	JrW	Kenzie Fick, 11*, Story City, IA	35:02	11:16																						
468	49	M35	Chad Fick, 37, Story City, IA	35:02	11:16																						
265	19	W45	Liesl Eathington, 49*, Ames, IA	35:05	11:17																						
266	3	W65	Bonnie Beal, 67*, Boone, IA	35:11	11:19																						
469	48	JrM	Finneas Hallam, 6, North Liberty, IA	35:12	11:20																						
49	JrM	Gavin Cheney, 6, Marion, IA	35:12	11:20																							
267	39	W30	Megan Severson, 31*, Ames, IA	35:13	11:20																						
471	4	M70	Frank Amos, 83, Ames, IA	35:14	11:20																						
472	5	M70	Robert Heiberger, 70, Ames, IA	35:14	11:20																						
473	50	M35	Heidi Hallam, 37, North Liberty, IA	35:14	11:20																						
268	29	JrW	Olivia Hallam, 8*, North Liberty, IA	35:15	11:20																						
269	40	W30	Chelsea Cheney, 32*, Marion, IA	35:15	11:20																						
270	4	W65	Arllys Sikkink, 65*, Des Moines, IA	35:17	11:21																						
271	30	JrW	Grace Hallam, 10*, North Liberty, IA	35:19	11:22																						
474	48	M30	Eric Thompson, 34, Newton, IA	35:21	11:23																						
272	31	W20	Taylor Gwiassa, 23*, Cedar Rapids, IA	35:23	11:23																						
475	51	M35	Sivakumaran Jayavelu, 36, West Des Moines, IA	35:23	11:23																						
273	15	W50	Renee Van Marel, 51*, Ames, IA	35:34	11:27																						
476	48	M50	Ross Van Marel, 54, Ames, IA	35:34	11:27																						
274	36	W15	Grace Arndt, 15*, Ames, IA	35:36	11:27																						
275	37	W15	Anna Arndt, 17*, Ames, IA	35:36	11:27																						
477	25	M60	Ford Thompson, 64, Newton, IA	35:42	11:29																						
478	36	M20	Jordan Guy, 23, West Des Moines, IA	35:43	11:30																						
276	32	W20	Emily Klenme, 22*, Ankeny, IA	35:43	11:30																						
277	16	W50	Julie Larson, 50*, Ames, IA	35:47	11:31																						
278	29	W35	Nicole Goodman, 37*, Ames, IA	35:56	11:34																						
279	31	JrW	Ava Vanderheyden, 9*, Nevada, IA	35:57	11:34																						
280	38	W15	Reagan Reid, 16*, Carroll, IA	35:57	11:34																						
479	52	M35	Chris Ozmun, 38, Ogden, IA	36:00	11:35																						
480	49	M50	Mark Wilson, 53, Ames, IA	36:01	11:35																						
481	50	JrM	Patriot Berger, 12, Ames, IA	36:02	11:36																						
482	51	JrM	Samuel Sadow, 7, Ames, IA	36:03	11:36																						
483	49	M30	Jorge Rueda, 31, Ames, IA	36:11	11:38																						
484	26	M55	John Adam, 59, Ames, IA	36:12	11:39																						
485	85	M15	Cole Bennett, 15, Ogden, IA	36:13	11:39																						
486	53	M35	Muthu Kamatchi Pillai, 39, Johnston, IA	36:19	11:41																						
281	32	JrW	Saffi Cheney, 11*, Rochester, MN	36:21	11:42																						
282	33	JrW	Annabelle Hallam, 13*, North Liberty, IA	36:21	11:42																						
283	15	W55	Renee Compton, 55*, Owatonna, MN	36:27	11:44																						
487	27	M55	John Compton, 57, Owatonna, MN	36:28	11:44																						
284	39	W15	Cassidy Janssen, 17*, Webster City, IA	36:30	11:45																						
488	54	M35	Joe Tuhn, 38, Perry, IA	36:31	11:45																						
285	16	W55	Deb Baker, 55*, Urbandale, IA	36:32	11:45																						
286	30	W35	Meg Davis, 38*, Ames, IA	36:38	11:47																						
287	34	JrW	Clara Fields, 10*, Ames, IA	36:38	11:47																						
489	52	JrM	Jet Berger, 9, Ames, IA	36:39	11:47																						
288	17	W55	Patti Ronconi, 57*, Fort Dodge, IA	36:42	11:49																						
289	20	W45	Deb Franzenburg, 46*, Ames, IA	36:42	11:49																						
290	31	W35	Heidi Hallam, 38*, North Liberty, IA	36:58	11:54																						
291	41	W30	April Grove, 30*, Ames, IA	37:03	11:55																						
292	26	W40	Rodah Runanu, 42*, Ames, IA	37:04	11:56																						
490	55	M35	Christopher Bruno, 38, Ames, IA	37:06	11:56																						
293	18	W55	Lori Kiewel, 58*, Clive, IA	37:09	11:57																						
491	28	M55	Brad Kiewel, 58, Clive, IA	37:09	11:57																						
294	21	W45	Kathy Carlson, 46*, Ames, IA	37:11	11:58																						
492	50	M50	Curtis Kiesling, 52, Nevada, IA	37:12	11:58																						
295	33	W20	Katie Bidne, 23*, Ames, IA	37:12	11:58																						
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297	27	W40	Amy Chriswell, 40*, Ames, IA	37:23	12:02																						
298	28	W40	Ronda Kelley, 42*, Boone, IA	37:26	12:03																						
299	5	W65	Vickie Hahn, 65*, Nevada, IA	37:28	12:03																						
300	19	W55	Michelle Finch, 59*, Ames, IA	37:31	12:04																						
301	6	W65	Kathy Osmundson, 66*, Radcliffe, IA	37:38	12:07																						
302	17	W50	Cindy Oxley, 53*, Nevada, IA	37:39	12:07																						
303	32	W35	Cari Cunningham, 36*, Urbandale, IA	37:43	12:08																						
493	53	JrM	Jack Buss, 12, Ames, IA	37:47	12:10																						
494	54	JrM	Daniel Buss, 9, Ames, IA	37:50	12:10																						
495	50	M30	Casey Gries, 30, Roland, IA	37:52	12:11																						
304	20	W55	Nancy Johnson, 57*, Johnston, IA	37:53	12:12																						
305	35	JrW	Alana Thorson, 8*, Story City, IA	37:57	12:13																						
306	33	W35	Katherine Thorson, 36*, Story City, IA	37:57	12:13																						
307	34	W35	Sara Vanderheyden, 38*, Nevada, IA	37:59	12:13																						
308	22	W45	Amanda Fales-Williams, 48*, Ames, IA	38:01	12:14																						
309	34	W20	Vanessa Franklin, 20*, Dubuque, IA	38:03	12:15																						
310	23	W45	Julie Franklin, 47*, Dubuque, IA	38:04	12:15																						
311	35	W35	Summer Marr, 39*, Ames, IA	38:06	12:15																						
496	29	M55	Keith Prange, 59, Ames, IA	38:12	12:17																						
312	29	W40	Carrie Tresemmer, 42*, Story City, IA	38:21	12:20																						
313	30	W40	Brigitte Powers, 43*, Story City, IA	38:24	12:21																						
497	26	M60	Dale Olson, 64, Ames, IA	38:38	12:26																						
314	31	W40	Kristi Anderson, 43*, Allison, IA	38:47	12:29																						
315	32	W40	KyAnne Wardell, 40*, Humboldt, IA	38:49	12:29																						
316	18	W50	Sharon Reents, 54*, Wellsburg, IA	38:55	12:31																						
498	51	M30	Byron Michael Smith, 34, Ankeny, IA	38:57	12:32																						

317	33	W40	Dawn Grimes, 40*, Nevada, IA	38:58	12:32
499	30	M55	Jim McCalley, 56, Ames, IA	39:00	12:33
318	19	W50	Lynda McCalley, 52*, Ames, IA	39:00	12:33
319	34	W40	Christina Bonaccorsi, 40*, Ames, IA	39:06	12:35
320	36	W35	Sarah Anthony, 38*, Bondurant, IA	39:09	12:36
321	36	JrW	Rachel Anthofer, 8*, Bondurant, IA	39:09	12:36
322	37	W35	Tiffany Morgan, 37*, Boone, IA	39:16	12:38
323	40	W15	Kylie Westberg, 19*, Woodward, IA	39:17	12:39
500	6	M70	Larry Koehrsen, 78, Ames, IA	39:20	12:39
501	55	JrM	Erik Anderson, 8, Ames, IA	39:23	12:40
502	56	JrM	Ian Nelson, 9, Ames, IA	39:24	12:41
503	7	M70	Carl Van Steenis, 70, Pella, IA	39:32	12:43
324	38	W35	Ellen Abbott, 36*, Ankeny, IA	39:38	12:45
325	24	W45	Dawn Reece, 49*, Pleasant Hill, IA	39:43	12:47
326	20	W50	Jennifer Garst, 52*, Ames, IA	39:44	12:47
327	9	W60	Christy Varnum, 64*, Ames, IA	39:46	12:48
328	25	W45	Anjeanette Perkins, 49*, Nevada, IA	39:52	12:50
329	21	W50	Barbara Wilson, 52*, Ames, IA	40:08	12:55
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504	57	JrM	Gabe Robinson, 8, Ames, IA	40:28	13:01
331	37	JrW	Jessica Matulac, 11*, Ames, IA	40:30	13:02
505	43	M45	Dave Matulac, 46, Ames, IA	40:31	13:02
332	21	W55	Susan Mills, 57*, Sioux Rapids, IA	40:33	13:03
333	39	W35	Lori Dalton, 39*, Nevada, IA	40:36	13:04
334	38	JrW	Morgan Hathaway, 7*, Ames, IA	40:48	13:08
506	31	M55	Mike Sheeks, 57, Bondurant, IA	40:48	13:08
335	35	W40	Becky Hathaway, 40*, Ames, IA	40:48	13:08
336	35	W20	Rachel Salerno, 22*, Council Bluffs, IA	40:49	13:08
507	8	M70	Pete Peterson, 75, Ames, IA	41:05	13:13
337	40	W35	Rhiannon Hermann, 37*, Huxley, IA	41:08	13:14
508	19	M25	Nick Lantz, 25, Altoona, IA	41:08	13:14
338	39	JrW	Jolyn McCalley, 14*, Ames, IA	41:10	13:15
339	40	JrW	Jesryn Thomas, 13*, Ames, IA	41:10	13:15
340	41	W35	Suzanne Block, 38*, Ames, IA	41:27	13:20
341	7	W65	Donna Gallt, 68*, Ames, IA	41:29	13:21
509	20	M25	Michael Gill, 29, Dubuque, IA	41:30	13:21
342	10	W60	Mary Block, 63*, Ames, IA	41:37	13:24
343	41	W15	Rachel Kuebler, 19*, Ames, IA	41:41	13:25
344	22	W50	Deb Atkins, 54*, Nevada, IA	41:41	13:25
345	41	JrW	Violet Cheney, 7*, Rochester, MN	41:42	13:25
510	56	M35	David Cheney, 36, Rochester, MN	41:42	13:25
511	44	M45	Kevin Bettis, 47, Ames, IA	41:51	13:28
512	52	M30	Brian Cheney, 34, Marion, IA	41:57	13:30
346	42	JrW	Abby Winchester, 7*, Rochester, MN	41:57	13:30
513	58	JrM	Ethan Cheney, 8, Marion, IA	41:58	13:30
347	23	W50	Jim Wamai, 51*, Ames, IA	41:58	13:30
348	43	W30	Emmeline Hallam, 30*, Ames, IA	41:59	13:30
349	42	W35	Liz Cheney, 36*, Rochester, MN	41:59	13:31
514	45	M45	Steven Larson, 45, Ames, IA	42:00	13:31
350	36	W40	Heather Thiel, 44*, Roland, IA	42:00	13:31
515	27	M60	Digby Worgan, 64, Ogden, IA	42:01	13:31
351	24	W50	Ebby Luvaga, 54*, Ames, IA	42:03	13:32
516	53	M30	Dave Titus, 34, Ankeny, IA	42:07	13:33
352	43	W35	Heidi Titus, 35*, Ankeny, IA	42:08	13:33
353	37	W40	Brandi Hurley, 41*, Story City, IA	42:13	13:35
354	26	W45	Anita Westphal, 48*, Nevada, IA	42:13	13:35
517	12	M65	Lester A Wilson, 69, Ames, IA	42:37	13:43
355	43	JrW	Mackenzie Mosher, 14*, Boone, IA	42:38	13:43
356	42	W15	Brianna Lund, 19*, Nevada, IA	42:41	13:44
357	43	W15	Jenny Mayes, 19*, Ames, IA	42:41	13:44
358	11	W60	Chris King, 63*, Ames, IA	42:45	13:45
518	13	M65	Ed Siems, 68, Marshalltown, IA	42:45	13:46
359	44	JrW	Elizabeth Duncan, 9*, Ames, IA	42:47	13:46
360	44	W35	Leysan Mubarakshina, 37*, Ames, IA	42:50	13:47
519	59	JrM	Arslan Nebbe, 7, Ames, IA	42:50	13:47
361	45	W35	Alicia Duncan, 37*, Ames, IA	42:54	13:48
362	27	W45	Stephanie Lee, 48*, Ankeny, IA	43:04	13:52
520	46	M45	Myron Lee, 48, Ankeny, IA	43:04	13:52
363	45	JrW	Amelia Klemme, 9*, Eden Prairie, MN	43:04	13:52
521	54	M30	Paul Klemme, 34, Eden Prairie, MN	43:05	13:52
522	55	M30	Pete Aust, 31, Minneapolis, MN	43:05	13:52
364	44	W30	Kiley Sherwood-Pollard, 34*, Lenox, IA	43:20	13:57
365	45	W30	Lisa Stappella, 30*, Dubuque, IA	43:21	13:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top 366 46 JrW Chloe Andersen, 10*, Ankeny, IA 43:40 14:03					
523	57	M35	Chad Andersen, 38, Ankeny, IA	43:40	14:03
524	28	M60	Rhett Faaborg, 61, Nevada, IA	43:41	14:03
525	37	M40	Sergio Bravo, 41, Waukee, IA	43:42	14:04
367	38	W40	Cinthya Carbajal, 40*, Waukee, IA	43:43	14:04
368	47	JrW	Samantha Bierbaum, 9*, Ames, IA	43:44	14:05
526	9	M70	Don Withers, 76, Ames, IA	43:45	14:05
369	48	JrW	Ida Berger, 11*, Ames, IA	43:47	14:05
370	49	JrW	Chloe Bettis, 8*, Ames, IA	43:48	14:06
527	56	M30	Brad Jensen, 31, Ames, IA	44:09	14:12
371	46	W30	Emily Jensen, 30*, Ames, IA	44:18	14:15
372	46	W35	Ruth Carlton-Appleton, 35*, Ames, IA	44:20	14:16
373	47	W35	Sonal Padalkar, 37*, Ames, IA	44:24	14:17
374	48	W35	Dawn Ozmun, 36*, Ogden, IA	44:34	14:21
375	50	JrW	Sara Bierbaum, 6*, Ames, IA	44:41	14:23
528	38	M40	Allen Bierbaum, 40, Ames, IA	44:48	14:25
376	39	W40	Kim McDonald, 43*, Boone, IA	44:59	14:29
377	51	JrW	Azalee Morgan, 8*, Tama, IA	45:00	14:29
378	52	JrW	Isabelle Humpal-Pash, 14*, Nevada, IA	45:00	14:29
379	36	W20	Lauren Wernau, 23*, Ames, IA	45:00	14:29
380	47	W30	Denise Griffith, 30*, Ames, IA	45:03	14:30
381	49	W35	Kim Abels, 35*, Roland, IA	45:05	14:31
382	48	W30	Hope Gries, 34*, Roland, IA	45:31	14:39
383	49	W30	Amanda Hardy Hillman, 34*, Ames, IA	45:41	14:42
384	50	W35	Brenda Lambert, 38*, Roland, IA	45:53	14:46
385	51	W35	Brandy Beck, 35*, Story City, IA	45:53	14:46
529	51	M50	Barry Schuler, 50, Boone, IA	45:54	14:46
386	25	W50	Donna Humpal, 52*, Nevada, IA	45:55	14:46
387	40	W40	Tasha Skei, 40*, Boone, IA	46:04	14:50
388	22	W55	Connie Hiltz, 56*, Ames, IA	46:04	14:50
389	26	W50	Suzi Rickels, 53*, Fort Dodge, IA	46:12	14:52
530	32	M55	Michael Rickels, 58, Fort Dodge, IA	46:12	14:52

531	58	M35	Kiran Kandirelli, 36, West Des Moines, IA	46:14	14:53				
390	50	W30	Kerri Bilsten, 32*, Ames, IA	46:17	14:54				
532	57	M30	Tony Kukla, 33, Ames, IA	46:17	14:54				
533	60	JrM	Addison Chriswell, 12, Ames, IA	46:30	14:58				
391	53	JrW	Katie Chriswell, 10*, Ames, IA	46:31	14:58				
392	28	W45	Kris Hermsen, 47*, Iowa Falls, IA	46:33	14:59				
393	25	W25	Katie Robinson, 28*, Ames, IA	46:33	14:59				
394	27	W50	Tami Borkowski, 52*, Iowa Falls, IA	46:34	14:59				
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				534	14	M65	Mike Rickett, 68, Ida Grove, IA	46:37	15:00
535	52	M50	Robert Phillips, 52, Marshalltown, IA	46:59	15:07				
536	53	M50	Jon Klinkefus, 53, Cedar Rapids, IA	47:00	15:07				
395	41	W40	Lori Romp, 44*, Ames, IA	47:02	15:08				
396	42	W40	Jessie Borkowski, 43*, Ames, IA	47:02	15:08				
397	29	W45	Kimberly Cooper, 47*, Ames, IA	47:02	15:08				
537	39	M40	James Harper, 42, Des Moines, IA	47:06	15:09				
398	30	W45	Lisa Lann, 46*, Des Moines, IA	47:06	15:10				
538	10	M70	Howard Moore, 71, Ames, IA	47:10	15:11				
399	28	W50	Brenda Brewer, 54*, Jefferson, IA	47:31	15:18				
400	26	W25	Emily Brewer, 27*, Jefferson, IA	47:32	15:18				
401	54	JrW	Teijah Woolley, 13*, Rochester, MN	47:32	15:18				
539	58	M30	Justus Hallam, 33, Mt. Vernon, IA	47:34	15:19				
402	29	W50	Suzanna Debaco, 52*, Huxley, IA	48:36	15:38				
540	54	M50	Michael Pash, 51, Nevada, IA	48:44	15:41				
403	52	W35	Sarah Anthofer, 38*, Bondurant, IA	48:45	15:41				
404	55	JrW	Sophia Wortman, 12*, Castle Rock, CO	49:05	15:48				
405	12	W60	Kathy Gundlach, 63*, Ames, IA	49:07	15:48				
406	56	JrW	Lucy Wortman, 8*, Castle Rock, CO	49:09	15:49				
541	29	M60	Wayne Hauber, 64, Ames, IA	49:13	15:50				
407	27	W25	Bailey Paulsen, 26*, Bondurant, IA	49:15	15:51				
408	43	W40	Anne Nelson, 44*, Ames, IA	49:20	15:53				
409	31	W45	Lisa Shawler, 49*, Creston, IA	49:21	15:53				
542	61	JrM	Evan Nelson, 8, Ames, IA	49:22	15:53				
410	23	W55	Ella Samore, 55*, Ames, IA	49:22	15:53				
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				411	44	W15	Josie Manzer, 16*, Story City, IA	49:48	16:02
543	40	M40	Jeff Manzer, 41, Story City, IA	49:49	16:02				
412	44	W40	Jill Wortman, 42*, Castle Rock, CO	50:00	16:05				
544	62	JrM	Parker Lehman, 11, Dana, IA	50:09	16:08				
413	53	W35	Lindy Lehman, 36*, Dana, IA	50:16	16:10				
414	51	W30	Krisdeena Jansen, 31*, Huxley, IA	50:26	16:14				
415	32	W45	Brenda Lowden-Pearson, 47*, Winterset, IA	50:36	16:17				
416	28	W25	Julianne Creager, 27*, Ames, IA	50:46	16:20				
417	29	W25	Carissa Amundson, 27*, Altoona, IA	50:47	16:20				
418	33	W45	Catherine Hines, 49*, Ames, IA	50:54	16:23				
419	37	W20	Abigail Olson, 21*, Gilbert, IA	50:55	16:23				
420	54	W35	Kathryn Anderson, 37*, Webster City, IA	50:55	16:23				
421	45	W40	Michelle Stapp, 43*, Dayton, IA	50:55	16:23				
422	34	W45	Jenny Roe, 45*, Webster City, IA	51:03	16:26				
423	52	W30	Kelly Leaman, 31*, Ames, IA	51:05	16:26				
424	30	W50	Holly Anderson, 50*, Webster City, IA	51:08	16:27				
425	24	W55	Kathy Roat, 57*, Des Moines, IA	51:37	16:37				
426	25	W55	Cindy Hemingway, 56*, Slater, IA	51:37	16:37				
427	1	W70	Anne Schmitt, 71*, Ames, IA	51:57	16:43				
428	26	W55	Vicky Close, 55*, Des Moines, IA	52:00	16:44				
545	47	M45	Angela Miller, 49, Des Moines, IA	52:00	16:44				
429	55	W35	Michael Tilley, 37*, Boone, IA	52:14	16:48				
430	53	W30	Wendy Crabtree, 31*, Maxwell, IA	52:20	16:50				
431	35	W45	Rebecca Madison, 47*, Ames, IA	52:20	16:51				
546	59	M30	Jason Crabtree, 31, Maxwell, IA	52:20	16:51				
432	46	W40	Brandi Barr, 42*, Lakewood, CO	52:21	16:51				
433	45	W15	Kourtney Barr, 17*, Ames, IA	52:21	16:51				
547	33	M55	Arnold Hill, 59, Des Moines, IA	52:22	16:51				
434	27	W55	Kim Hill, 56*, Des Moines, IA	52:22	16:51				
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				435	2	W70	Barbara Budd, 76*, Ames, IA	52:48	17:00
436	13	W60	Beata Pruski, 60*, Ames, IA	53:09	17:06				
437	28	W55	Cindy Johnson, 57*, Ames, IA	53:09	17:06				
438	46	W15	Edith Barton, 15*, Ames, IA	53:09	17:06				
548	15	M65	Art Barton, 67, Ames, IA	53:10	17:06				
439	14	W60	Cindy Barton, 62*, Ames, IA	53:10	17:07				
440	29	W55	Chereen Broderick, 55*, Grimes, IA	53:56	17:21				
549	63	JrM	Shawn Allen, 10, Ames, IA	54:24	17:30				
441	8	W65	Nancy Lavender, 67*, Clive, IA	54:24	17:30				
442	56	W35	Shawn Allen, 38*, Ames, IA	54:24	17:30				
550	64	JrM	Brenner Walsh, 10, Boone, IA	54:48	17:38				
443	57	W35	Angie Walsh, 39*, Boone, IA	54:52	17:39				
444	58	W35	Cynthia Bartel, 37*, Ames, IA	55:12	17:46				
551	11	M70	Skip Walter, 73, Ames, IA	55:12	17:46				
445	47	W40	Linda Lechty, 41*, Waterloo, IA	55:13	17:46				
446	9	W65	Cheryl White, 65*, Ames, IA	55:45	17:56				
552	16	M65	Paul White, 66, Ames, IA	55:45	17:56				
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				447	3	W70	Rosalie Amos, 84*, Ames, IA	58:32	18:50
553	55	M50	Tom Budd, 52, Ames, IA	58:38	18:52				
448	31	W50	Jenny Budd, 51*, Ames, IA	58:39	18:52				
449	36	W45	Jenny Bethurem, 47*, Ames, IA	58:39	18:52				
554	41	M40	Chad Gammon, 43, Cedar Rapids, IA	58:59	18:59				
450	4	W70	Lavonne Gammon, 70*, Ames, IA	59:00	18:59				
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				451	59	W35	Teresa Mueller, 36*, Boone, IA	59:12	19:03
452	48	W40	Jennifer Bridges, 41*, Waterloo, IA	59:13	19:03				
453	60	W35	Stephanie Frost, 39*, Waterloo, IA	59:14	19:04				
454	30	W55	Holly Blayer, 55*, Marshalltown, IA	59:27	19:08				
555	21	M25	Benjamin Schnable, 28, Ames, IA	1:00:06	19:20				
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				455	37	W45	Dawn Kesler, 45*, Webster City, IA	1:05:47	21:10
456	32	W50	Leisha Petersen, 52*, Story City, IA	1:05:48	21:10				
457	54	W30	Sara Scheiding, 30*, Ames, IA	1:06:22	21:21				
458	33	W50	Maria McFarland, 51*, Story City, IA	1:06:32	21:25				
459	34	W50	Robin Dodson, 52*, Dayton, IA	1:06:32	21:25				
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				460	61	W35	Kristi Boveia, 35*, Ames, IA	1:08:26	22:01
461	62	W35	Gena Vinsand, 36*, Ames, IA	1:08:26	22:01				
556	56	M50	Joann Kovar, 53, Ames, IA	1:08:37	22:05				
462	10	W65	Gayle Hoepner, 68*, Ames, IA	1:09:03	22:13				
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				463	15	W60	Ginny Anderson, 63*, Ames, IA	1:41:00	32:30

* indicates females

64 finishers among Men Under 15

85 finishers among Men 15 - 19

36 finishers among Men 20 - 24

21 finishers among Men 25 - 29

59 finishers among Men 30 - 34
 58 finishers among Men 35 - 39
 41 finishers among Men 40 - 44
 47 finishers among Men 45 - 49
 56 finishers among Men 50 - 54
 33 finishers among Men 55 - 59
 29 finishers among Men 60 - 64
 16 finishers among Men 65 - 69
 11 finishers among Men 70 & Up
 56 finishers among Women Under 15
 46 finishers among Women 15 - 19
 37 finishers among Women 20 - 24
 29 finishers among Women 25 - 29
 54 finishers among Women 30 - 34
 62 finishers among Women 35 - 39
 48 finishers among Women 40 - 44
 37 finishers among Women 45 - 49
 34 finishers among Women 50 - 54
 30 finishers among Women 55 - 59
 15 finishers among Women 60 - 64
 10 finishers among Women 65 - 69
 4 finishers among Women 70 & Up
 1 finishers among Females (no age given)
 556 male finishers
 463 female finishers
 1019 total finishers

Age Groups

PLACE	CLASS	FINISHER	TIME	PACE
Open Men				
1	1 M20	Samuel Ahrenholz, 20, Cedar Falls, IA	16:17	5:14
2	2 M20	Keegan Fitzsimmons, 22, Pella, IA	16:22	5:16
3	3 M15	Sam Schillinger, 17, Cedar Falls, IA	16:26	5:17
4	4 M15	Isaac Smith, 18, Cedar Falls, IA	16:33	5:19
5	5 M20	Blake Willadsen, 21, Council Bluffs, IA	16:36	5:20
6	6 M15	Matthew Carmody, 16, Clive, IA	16:37	5:21
7	7 M30	Scott Cale, 34, Carroll, IA	16:43	5:23
8	8 M15	Ryan Schweizer, 18, Urbandale, IA	16:44	5:23
9	9 M20	Jason Thomas, 21, Ames, IA	16:51	5:25
10	10 M15	Andrew Nurse, 18, Cedar Falls, IA	16:53	5:26
Open Women				
1	1 W25	Kimberly Vanous, 28, Ames, IA	19:26	6:15
2	2 W25	Sara Hendrickson, 29, Altoona, IA	19:44	6:21
3	3 W35	Kristy Harken, 36, Ankeny, IA	19:47	6:22
4	4 W15	Zoe Pritchard, 19, Ames, IA	19:58	6:26
5	5 W30	Julie Johnston, 32, Cedar Rapids, IA	20:59	6:45
6	6 W35	Staci Springer, 35, Story City, IA	21:11	6:49
7	7 W20	Bethany Tapp, 23, West Des Moines, IA	21:16	6:51
8	8 W30	Kira Werstein, 31, Ames, IA	21:30	6:55
9	9 W15	Taylor Brown, 18, Ankeny, IA	21:53	7:02
10	10 W25	Sarah Ritchie, 26, Cedar Rapids, IA	21:59	7:04
Men Under 15				
35	1	Owen Ness, 14, Johnston, IA	18:25	5:56
62	2	Sam Hall, 14, West Des Moines, IA	19:20	6:13
65	3	Kiernan Adair, 14, Johnston, IA	19:35	6:18
84	4	Paul Johnson, 14, Des Moines, IA	20:18	6:32
87	5	Dominick Arce, 13, Ames, IA	20:22	6:33
Men 15 - 19				
3	1	Sam Schillinger, 17, Cedar Falls, IA	16:26	5:17
4	2	Isaac Smith, 18, Cedar Falls, IA	16:33	5:19
6	3	Matthew Carmody, 16, Clive, IA	16:37	5:21
8	4	Ryan Schweizer, 18, Urbandale, IA	16:44	5:23
10	5	Andrew Nurse, 18, Cedar Falls, IA	16:53	5:26
Men 20 - 24				
1	1	Samuel Ahrenholz, 20, Cedar Falls, IA	16:17	5:14
2	2	Keegan Fitzsimmons, 22, Pella, IA	16:22	5:16
5	3	Blake Willadsen, 21, Council Bluffs, IA	16:36	5:20
9	4	Jason Thomas, 21, Ames, IA	16:51	5:25
11	5	MacCoy Benzen, 20, Plymouth, MN	17:10	5:31
Men 25 - 29				
26	1	Jake Waddingham, 26, Ames, IA	17:50	5:44
42	2	Justin Bond, 26, Des Moines, IA	18:40	6:00
47	3	Mitchell Davis, 25, Des Moines, IA	18:47	6:02
69	4	Brandon Gill, 28, Waterloo, IA	19:43	6:20
120	5	Elliot Hoff, 28, Ames, IA	21:24	6:53
Men 30 - 34				
7	1	Scott Cale, 34, Carroll, IA	16:43	5:23
41	2	Patrick O'Shea, 30, Marshalltown, IA	18:40	6:00
50	3	Derek Dreier, 31, Des Moines, IA	18:54	6:05
56	4	Matt Jaschen, 30, Johnston, IA	19:09	6:10
73	5	Jake Babcock, 30, Boone, IA	19:58	6:25
Men 35 - 39				
18	1	Timothy Ives, 35, Pleasant Hill, IA	17:33	5:39
22	2	Jack Johnson, 35, West Des Moines, IA	17:41	5:41
39	3	Nathan Wenck, 39, Carroll, IA	18:37	5:59
61	4	Mike Newman, 38, Cedar Rapids, IA	19:14	6:11
88	5	Justin Davis, 37, Algona, IA	20:22	6:33

Men 40 - 44				
71	1	David Blaess, 40, Prior Lake, MN	19:49	6:23
91	2	Troy McDonough, 40, Ames, IA	20:37	6:38
101	3	Jamey Vanderheyden, 40, Nevada, IA	20:51	6:43
114	4	Brian Stewart, 44, Waukeke, IA	21:08	6:48
122	5	Shawn Kleckner, 41, Boone, IA	21:26	6:54
Men 45 - 49				
28	1	Jorge Marquez, 45, Cedar Falls, IA	17:54	5:46
67	2	Michael Hughes, 49, Cedar Rapids, IA	19:38	6:19
99	3	Daniel Mattingly, 49, Boone, IA	20:48	6:41
127	4	Tyrone Wheatley, 47, Ames, IA	21:42	6:59
140	5	Eric Toot, 47, Johnston, IA	22:05	7:06
Men 50 - 54				
97	1	Steve Mayberry, 54, Ames, IA	20:45	6:41
100	2	Bob O'Connor, 50, Fort Dodge, IA	20:49	6:42
110	3	Tim Rasmussen, 52, Ames, IA	21:01	6:46
121	4	John Bannantine, 50, Ames, IA	21:24	6:53
134	5	Kris Kesterson, 52, Des Moines, IA	21:51	7:02
Men 55 - 59				
43	1	Don Lansing, 55, Marion, IA	18:42	6:01
75	2	Randy Brecht, 55, Middle Amana, IA	20:02	6:27
86	3	Paul Grinvalds, 58, West Des Moines, IA	20:21	6:33
117	4	Rick Colton, 56, Marion, IA	21:21	6:52
129	5	Jeff Peterson, 57, Iowa Falls, IA	21:44	6:59
Men 60 - 64				
90	1	Daryl Julich, 60, Cedar Rapids, IA	20:29	6:35
125	2	Joseph Haynes, 61, Ames, IA	21:35	6:57
135	3	Alan Mills, 60, Sioux Rapids, IA	21:54	7:03
179	4	Brad Scott, 63, Marion, IA	23:29	7:33
183	5	Kevin Case, 61, Grimes, IA	23:35	7:35
Men 65 - 69				
176	1	Bob Strickland, 65, Cedar Rapids, IA	23:22	7:31
231	2	Sam Fisher, 67, Boone, IA	25:10	8:06
239	3	Roger Heinle, 66, Whiting, IA	25:20	8:09
265	4	Bruce Bachmann, 66, Cedar Rapids, IA	26:12	8:26
336	5	Philip Hodges, 68, Ames, IA	29:07	9:22
Men 70 & Up				
228	1	Rick Hogan, 71, Leawood, KS	25:00	8:03
244	2	Tom Kirkwood, 72, Dysersville, IA	25:32	8:13
393	3	David Ersland, 71, Humboldt, IA	30:38	9:52
471	4	Frank Amos, 83, Ames, IA	35:14	11:20
472	5	Robert Heiberger, 70, Ames, IA	35:14	11:20
	CLASS			
PLACE	PLACE	FINISHER	TIME	PACE
Women Under 15				
11	1	Clara Toot, 13, Johnston, IA	21:59	7:04
19	2	Elie Tuhn, 12, Nevada, IA	22:51	7:21
24	3	Kate Timboe, 14, West Des Moines, IA	23:09	7:27
42	4	Morgan Hansen, 14, Hudson, IA	24:14	7:48
57	5	Emma Baumgart, 11, Waukeke, IA	25:15	8:07
Women 15 - 19				
4	1	Zoe Pritchard, 19, Ames, IA	19:58	6:26
9	2	Taylor Brown, 18, Ankeny, IA	21:53	7:02
13	3	Caroline Marnin, 19, Ames, IA	22:20	7:11
21	4	Emma Gordon, 16, Ankeny, IA	22:55	7:23
23	5	Caroline Fink, 15, Des Moines, IA	23:08	7:27
Women 20 - 24				
7	1	Bethany Tapp, 23, West Des Moines, IA	21:16	6:51
14	2	Gabi Wilson, 22, Clive, IA	22:21	7:12
40	3	Mandy Brown, 20, West Des Moines, IA	24:11	7:47
66	4	Lauren Maze, 24, Cedar Rapids, IA	25:32	8:13
105	5	Kali Bohling, 21, Hooper, NE	27:07	8:43
Women 25 - 29				
1	1	Kimberly Vanous, 28, Ames, IA	19:26	6:15
2	2	Sara Hendrickson, 29, Altoona, IA	19:44	6:21
10	3	Sarah Ritchie, 26, Cedar Rapids, IA	21:59	7:04
18	4	Kim Brumm, 27, Nevada, IA	22:45	7:19
32	5	Georgette Arato, 29, Quincy, MA	23:47	7:39
Women 30 - 34				
5	1	Julie Johnston, 32, Cedar Rapids, IA	20:59	6:45
8	2	Kira Werstein, 31, Ames, IA	21:30	6:55
22	3	Lisa Neher, 30, Cedar Rapids, IA	22:58	7:23
39	4	Allie Hemmen, 30, Kansas City, MO	24:10	7:47
41	5	Casey Owens, 33, West Des Moines, IA	24:13	7:47
Women 35 - 39				
3	1	Kristy Harken, 36, Ankeny, IA	19:47	6:22
6	2	Staci Springer, 35, Story City, IA	21:11	6:49
20	3	Stacie Merta, 37, Marion, IA	22:52	7:21
28	4	Tracy Lambert, 35, Ames, IA	23:30	7:34
47	5	Ashley Brown, 36, Gilbert, IA	24:38	7:55
Women 40 - 44				
37	1	Nicole Beghart, 41, Ames, IA	24:06	7:45
49	2	Amy Mann, 41, Nevada, IA	24:44	7:57
82	3	Keri Jacobs, 42, Ames, IA	26:16	8:27
83	4	Carla Danielson, 43, Ames, IA	26:17	8:27
84	5	Tonja Goodwin, 43, Ames, IA	26:23	8:29
Women 45 - 49				
17	1	Christine Comito, 48, Des Moines, IA	22:32	7:15
35	2	Dana Schmitt, 45, Ames, IA	23:58	7:43

36	3	Lori Miller, 45, Urbandale, IA	23:59	7:43
56	4	Jennifer Steadman, 47, Shellsburg, IA	25:02	8:03
91	5	Kim Stewart, 48, Des Moines, IA	26:37	8:34
Women 50 - 54				
15	1	Beth Schweizer, 50, Urbandale, IA	22:27	7:13
27	2	Paula Allison, 50, Boone, IA	23:21	7:31
31	3	Barb Gebers, 54, Holstein, IA	23:46	7:39
44	4	Lynda Graham-Murray, 54, Burlington, IA	24:17	7:49
70	5	Leslie Julich, 50, Cedar Rapids, IA	25:39	8:15
Women 55 - 59				
51	1	Susan Fray, 55, Jefferson, IA	24:49	7:59
53	2	Janean Griffith, 56, Des Moines, IA	24:57	8:02
69	3	Linda Anderson, 56, Ames, IA	25:37	8:14
74	4	Nancy Willert, 59, Wamego, KS	25:53	8:20
132	5	Barb Baker, 55, Grinnell, IA	28:26	9:09
Women 60 - 64				
16	1	Andriette Wickstrom, 61, Storm Lake, IA	22:30	7:14
30	2	Kathleen Wendel, 61, Ames, IA	23:44	7:38
67	3	Beth Henriksen, 60, Ames, IA	25:34	8:14
111	4	Susan Baumhover, 63, Ames, IA	27:22	8:48
188	5	Cherrie Hill, 64, Ellsworth, IA	31:00	9:58
Women 65 - 69				
113	1	Mary Van Steenis, 67, Pella, IA	27:43	8:55
124	2	Claudia Scott, 65, Marion, IA	28:07	9:03
266	3	Bonnie Beal, 67, Boone, IA	35:11	11:19
270	4	Arlys Sikkink, 65, Des Moines, IA	35:17	11:21
299	5	Vickie Hahn, 65, Nevada, IA	37:28	12:03
Women 70 & Up				
427	1	Anne Schmitt, 71, Ames, IA	51:57	16:43
435	2	Barbara Budd, 76, Ames, IA	52:48	17:00
447	3	Rosalie Amos, 84, Ames, IA	58:32	18:50
450	4	Lavonne Gammon, 70, Ames, IA	59:00	18:59



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