



37th Living History Farms (5.25 miles) - 2

Urbandale, Iowa

Nov. 21, 2015

20s, light wind, lots of snow - winter conditions

Results by Cal Murdock

[Top Runners](#)[Overall](#)[Teams](#)[Coed Teams](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

Last updated Nov. 24, 2015 6:58 AM

CLASS	PLACE	PLACE	FINISHER	TIME	PACE
Open Men					
	1	1	Mason Frank, 26, Bloomington, MN	28:57	5:31
	2	2	Grant Wintheiser, 22, Waterloo, NE	29:04	5:32
	3	3	Jay Welp, 23, Waterloo, NE	30:21	5:47
	4	4	Charlie Paul, 26, Iowa City, IA	30:29	5:48
	5	5	Nick Bowerman, 33, Arlington Heights, IL	30:40	5:50
	6	6	Timothy Shepherd, 22, Knoxville, IA	30:48	5:52
	7	7	Ben Engelhardt, 27, Westerville, OH	30:50	5:52
	8	8	Michael Peterka, 29, Minneapolis, MN	30:54	5:53
	9	9	Cory Logsdon, 27, Omaha, NE	30:56	5:53
	10	10	Kevin White, 33, Kansas City, MO	31:05	5:55
	11	11	Ben Jaskowaik, 26, West Des Moines, IA	31:10	5:56
	12	12	Brian Wandzilak, 35, Lincoln, NE	31:18	5:58
	13	13	Kevin Joerger, 23, Waterloo, NE	31:20	5:58
	14	14	Ivan Ivanov, 45, Lincoln, NE	31:23	5:59
	15	15	Grant MacKinnon, 20, Salem, WI	31:31	6:00
	16	16	Asher Delmott, 25, Lebo, KS	31:35	6:01
	17	17	Drew Burmahl, 28, Baldwin, IA	31:39	6:02
	18	18	Jake Sutton, 24, Des Moines, IA	31:41	6:02
	19	19	Joe Renier, 23, Minneapolis, MN	31:47	6:03
	20	20	Drew Prescott, 22, Omaha, NE	32:04	6:06
	21	21	Austin Tegels, 28, Des Moines, IA	32:05	6:06
	22	22	Matthew Tiampo, 26, Minneapolis, MN	32:07	6:07
	23	23	Hiram Marquez, 18, Cedar Falls, IA	32:08	6:07
	24	24	Alan Twomey, 30, Minneapolis, MN	32:11	6:08
	25	25	Shane Steele, 26, Finland, MN	32:24	6:10
Open Women					
	1	1	Emma Spoon, 25, Grand Marais, MN	35:20	6:44
	2	2	Heidi Engelhardt, 20, Ames, IA	35:35	6:47
	3	3	Connie Teague, 29, Lee's Summit, MO	35:49	6:49
	4	4	Katie McGregor, 38, Savage, MN	36:15	6:54
	5	5	Karen Berndt, 32, West Chester, OH	36:32	6:57
	6	6	Kate Maurer, 43, Urbandale, IA	37:08	7:04
	7	7	Kiersten Hathaway, 40, Panora, IA	37:44	7:11

8	8	Kristen Fox, 30, Minneapolis, MN	38:52	7:24
9	9	Margaret Chamas, 27, Smithville, MO	39:02	7:26
10	10	Laura Friesell, 33, Omaha, NE	39:08	7:27
11	11	Maureen Larsen, 43, Gretna, NE	39:54	7:36
12	12	Christine Price, 46, Des Moines, IA	39:59	7:37
13	13	Jana Teague, 27, Kansas City, MO	40:09	7:39
14	14	Sonya Ponzi, 19, Omaha, NE	40:48	7:46
15	15	Andrea Haus, 23, St. Paul, MN	41:04	7:49
16	16	Maresa Cuevas, 27, Lawrence, KS	41:07	7:50
17	17	Maeghan Easler, 18, Des Moines, IA	41:19	7:52
18	18	Hannah Toedter, 23, St. Paul, MN	41:43	7:57
19	19	Stephani Horner, 28, Omaha, NE	42:00	8:00
20	20	Kelly Teeselink, 28, Iowa City, IA	42:04	8:01
21	21	Carrie Van Quathem, 43, Urbandale, IA	42:16	8:03
22	22	Molly Potts, 23, Ankeny, IA	42:17	8:03
23	23	Andriette Wickstrom, 60, Storm Lake, IA	42:43	8:08
24	24	Natalee Thompson, 38, Iowa City, IA	42:54	8:10
25	25	Julie Johnston, 31, Cedar Rapids, IA	43:00	8:11

Masters Men

14	1	Ivan Ivanov, 45, Lincoln, NE	31:23	5:59
29	2	Thomas Woods, 44, Lincoln, NE	32:41	6:13
35	3	James Johnson, 47, Boulder, CO	33:17	6:20
45	4	Jason Schmaderer, 42, Lincoln, NE	33:54	6:27
46	5	Jorge Marquez, 45, Cedar Falls, IA	33:58	6:28
51	6	Brian Kelley, 56, Lincoln, NE	34:18	6:32
67	7	Todd Nott, 51, Plattsmouth, NE	35:13	6:42
69	8	Greg Sorensen, 40, Minneapolis, MN	35:16	6:43
72	9	David Helm, 43, Annandale, MN	35:32	6:46
73	10	Mark Wittland, 45, Bennington, NE	35:43	6:48

Masters Women

6	1	Kate Maurer, 43, Urbandale, IA	37:08	7:04
7	2	Kiersten Hathaway, 40, Panora, IA	37:44	7:11
11	3	Maureen Larsen, 43, Gretna, NE	39:54	7:36
12	4	Christine Price, 46, Des Moines, IA	39:59	7:37
21	5	Carrie Van Quathem, 43, Urbandale, IA	42:16	8:03
23	6	Andriette Wickstrom, 60, Storm Lake, IA	42:43	8:08
36	7	Stannetta Svoboda, 52, Fairmont, MN	45:53	8:44
51	8	Beth Palmer, 47, Des Moines, IA	47:50	9:06
52	9	Peg Pearson, 51, Omaha, NE	47:51	9:07
58	10	Ananda Henly, 41, Minneapolis, MN	48:02	9:09

Grand Masters Men

51	1	Brian Kelley, 56, Lincoln, NE	34:18	6:32
67	2	Todd Nott, 51, Plattsmouth, NE	35:13	6:42
87	3	Brett Daugherty, 52, Lincoln, NE	36:31	6:57
92	4	Craig Christians, 54, Bellevue, NE	36:53	7:01
95	5	Marty Gingerich, 52, Parnell, IA	37:08	7:04
106	6	Patrick McGowan, 52, Urbandale, IA	37:49	7:12
118	7	David Swanson, 51, Iowa City, IA	38:33	7:21
132	8	Christopher Flannery, 51, Minneapolis, MN	39:42	7:34
148	9	Stephen Feld, 55, Marshalltown, IA	40:33	7:43
154	10	Burton Marlowe, 53, Lisle, IL	40:54	7:47

Grand Masters Women

23	1	Andriette Wickstrom, 60, Storm Lake, IA	42:43	8:08
36	2	Stannetta Svoboda, 52, Fairmont, MN	45:53	8:44
52	3	Peg Pearson, 51, Omaha, NE	47:51	9:07
90	4	Heather Stilborn, 53, Clive, IA	50:59	9:42
99	5	Colleen Boran, 59, Forest City, IA	51:36	9:50
113	6	Janice Andersen, 52, Audubon, IA	52:16	9:57
131	7	Kris Kaiser, 51, Bettendorf, IA	53:34	10:12
139	8	Veronica Demmel, 59, Keokuk, IA	54:00	10:17
158	9	Romy Bolton, 50, Iowa City, IA	55:06	10:30

171	10	Ruth Proctor, 52, Des Moines, IA	56:07	10:41
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CLASS	PLACE	PLACE	FINISHER	TIME	PACE
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Men Under 15

206	1	Dain Tack, 14, Johnston, IA	43:40	8:19
222	2	Carter Logue, 14, Carlisle, IA	44:17	8:26
231	3	Bobby Lounsbury, 14, Eudora, KS	44:27	8:28
287	4	James Schoenfelder, 14, Plymouth, MN	45:48	8:43
345	5	Isaac Stephens, 14, Urbandale, IA	47:32	9:03
354	6	Morey Smith, 14, Clive, IA	47:46	9:06
357	7	Travis Loecke, 14, Urbandale, IA	47:46	9:06
360	8	Jacob Hacker, 14, Oskaloosa, IA	47:49	9:06
368	9	Tyler Loecke, 14, Urbandale, IA	47:51	9:07
377	10	Grant Shaw, 14, Urbandale, IA	47:54	9:07

Men 15 - 18

23	1	Hiram Marquez, 18, Cedar Falls, IA	32:08	6:07
36	2	Aj Knowles, 17, Papillion, NE	33:18	6:20
53	3	Ryan Faught, 18, Clear Lake, IA	34:24	6:33
61	4	Jack Gerstmann, 18, Eudora, KS	34:59	6:40
62	5	Myles Glandorf, 18, Johnston, IA	35:02	6:40
68	6	Taylor Boysen, 17, Johnston, IA	35:14	6:43
89	7	Seth Nostrala, 17, Indianola, IA	36:33	6:58
97	8	Reed Trende, 17, Maple Grove, MN	37:22	7:07
98	9	Dalton Demers, 18, Storm Lake, IA	37:25	7:08
114	10	Joey Hassett, 18, Des Moines, IA	38:24	7:19

Men 19 - 24

2	1	Grant Wintheiser, 22, Waterloo, NE	29:04	5:32
3	2	Jay Welp, 23, Waterloo, NE	30:21	5:47
6	3	Timothy Shepherd, 22, Knoxville, IA	30:48	5:52
13	4	Kevin Joerger, 23, Waterloo, NE	31:20	5:58
15	5	Grant MacKinnon, 20, Salem, WI	31:31	6:00
18	6	Jake Sutton, 24, Des Moines, IA	31:41	6:02
19	7	Joe Renier, 23, Minneapolis, MN	31:47	6:03
20	8	Drew Prescott, 22, Omaha, NE	32:04	6:06
39	9	Eli Horton, 22, Runnells, IA	33:25	6:22
47	10	Daniel Jensen, 23, Johnston, IA	33:59	6:28

Men 25 - 29

1	1	Mason Frank, 26, Bloomington, MN	28:57	5:31
4	2	Charlie Paul, 26, Iowa City, IA	30:29	5:48
7	3	Ben Engelhardt, 27, Westerville, OH	30:50	5:52
8	4	Michael Peterka, 29, Minneapolis, MN	30:54	5:53
9	5	Cory Logsdon, 27, Omaha, NE	30:56	5:53
11	6	Ben Jaskowaik, 26, West Des Moines, IA	31:10	5:56
16	7	Asher Delmott, 25, Lebo, KS	31:35	6:01
17	8	Drew Burmahl, 28, Baldwin, IA	31:39	6:02
21	9	Austin Tegels, 28, Des Moines, IA	32:05	6:06
22	10	Matthew Tiampo, 26, Minneapolis, MN	32:07	6:07

Men 30 - 34

5	1	Nick Bowerman, 33, Arlington Heights, IL	30:40	5:50
10	2	Kevin White, 33, Kansas City, MO	31:05	5:55
24	3	Alan Twomey, 30, Minneapolis, MN	32:11	6:08
27	4	Caleb Teague, 33, Lee's Summit, MO	32:30	6:11
31	5	Josh Klawitter, 30, Minneapolis, MN	32:53	6:16
32	6	Jason Zakaras, 33, Gretna, NE	33:01	6:17
38	7	Caleb Buecksler, 32, Columbia Heights, MN	33:24	6:22
41	8	Aaron Beaber, 32, St Paul, MN	33:32	6:23
50	9	Michael Hartnett, 33, Minneapolis, MN	34:10	6:30
52	10	Scott Weispfennig, 30, St Paul, MN	34:21	6:32

Men 35 - 39

12	1	Brian Wandzilak, 35, Lincoln, NE	31:18	5:58
26	2	Ryan Regnier, 39, Lincoln, NE	32:28	6:11
33	3	Michael Mack, 35, St. Paul, MN	33:02	6:17
42	4	Mark Thompson, 38, Iowa City, IA	33:40	6:25
44	5	Chris Nealy, 35, Des Moines, IA	33:49	6:26
48	6	Andrew Keenan, 35, Minneapolis, MN	34:01	6:29
49	7	Doron Clark, 37, Minneapolis, MN	34:07	6:30
64	8	Joseph Keenan, 35, Saint Paul, MN	35:06	6:41
74	9	Rodney Bade, 35, Maryville, MO	35:44	6:48
90	10	Adam Egeland, 37, Nevada, IA	36:34	6:58

Men 40 - 44

29	1	Thomas Woods, 44, Lincoln, NE	32:41	6:13
45	2	Jason Schmaderer, 42, Lincoln, NE	33:54	6:27
69	3	Greg Sorensen, 40, Minneapolis, MN	35:16	6:43
72	4	David Helm, 43, Annandale, MN	35:32	6:46
83	5	Jason Lawry, 40, Waukee, IA	36:22	6:55
99	6	Paxton Bennett, 41, West Des Moines, IA	37:29	7:08
105	7	Chad Montgomery, 41, Glen Ellyn, IL	37:39	7:10
108	8	Tyrannomarco Hollandero, 41, West Des Moines, IA	37:57	7:14
121	9	Michael Woolery, 40, Winnebago, IL	39:02	7:26
124	10	Jason Loner, 40, Ottumwa, IA	39:25	7:30

Men 45 - 49

14	1	Ivan Ivanov, 45, Lincoln, NE	31:23	5:59
35	2	James Johnson, 47, Boulder, CO	33:17	6:20
46	3	Jorge Marquez, 45, Cedar Falls, IA	33:58	6:28
73	4	Mark Wittland, 45, Bennington, NE	35:43	6:48
86	5	Darin Schlake, 46, Malcolm, NE	36:30	6:57
96	6	Bill Castle, 47, Boone, IA	37:16	7:06
104	7	Mark Schoenfelder, 45, Plymouth, MN	37:37	7:10
128	8	Jason Hahn, 45, Des Moines, IA	39:36	7:32
139	9	Mikel Trevitt, 45, Coralville, IA	40:01	7:37
158	10	Daniel Holt, 47, Mount Pleasant, IA	41:12	7:51

Men 50 - 54

67	1	Todd Nott, 51, Plattsmouth, NE	35:13	6:42
87	2	Brett Daugherty, 52, Lincoln, NE	36:31	6:57
92	3	Craig Christians, 54, Bellevue, NE	36:53	7:01
95	4	Marty Gingerich, 52, Parnell, IA	37:08	7:04
106	5	Patrick McGowan, 52, Urbandale, IA	37:49	7:12
118	6	David Swanson, 51, Iowa City, IA	38:33	7:21
132	7	Christopher Flannery, 51, Minneapolis, MN	39:42	7:34
154	8	Burton Marlowe, 53, Lisle, IL	40:54	7:47
172	9	Mike Nelson, 53, Mountain Lake, MN	41:40	7:56
188	10	Russ Potts, 53, Norwalk, IA	42:17	8:03

Men 55 - 59

51	1	Brian Kelley, 56, Lincoln, NE	34:18	6:32
148	2	Stephen Feld, 55, Marshalltown, IA	40:33	7:43
392	3	Galyn Wiemers, 55, West Des Moines, IA	48:05	9:09
394	4	Barney Rempe, 59, Omaha, NE	48:11	9:11
419	5	David Selby, 55, Omaha, NE	48:57	9:19
552	6	Bruce DuFrfsne, 55, Kansas City, MO	53:10	10:07
553	7	Thomas Venner, 57, Boone, IA	53:14	10:08
635	8	Tim Andersen, 55, Audubon, IA	55:22	10:33
653	9	James Demmel, 55, Keokuk, IA	56:04	10:41
656	10	Brad Nielsen, 56, Des Moines, IA	56:12	10:42

Men 60 - 64

155	1	Dan Kuhlman, 61, Lecompton, KS	40:55	7:48
205	2	Mike Goodman, 60, Conrad, IA	43:39	8:19

277	3	Stew Murfield, 61, Fairmont, MN	45:38	8:42
305	4	Richard Long, 63, Freeport, IL	46:13	8:48
382	5	Jon Jordan, 61, Atlantic, IA	47:58	9:08
395	6	Michael Tometich, 64, Mt Pleasant, IA	48:14	9:11
522	7	Johnny Ytzen, 61, Creston, IA	52:04	9:55
532	8	James Pritchard, 61, Ames, IA	52:20	9:58
538	9	Chuck Clark, 64, Carroll, IA	52:35	10:01
589	10	Otto R. Nobis, 60, Davenport, IA	54:11	10:19

Men 65 - 69

600	1	Vance A Martin, 67, Lees Summit, MO	54:22	10:21
607	2	Roger Heinle, 65, Whiting, IA	54:37	10:24
679	3	Richard Newkirk, 66, Ankeny, IA	56:53	10:50
872	4	Steve Floyd, 67, Clive, IA	1:02:10	11:50
899	5	Simon Casady, 66, Indianola, IA	1:02:56	11:59
923	6	Ernest Brees, 65, Polk City, IA	1:03:24	12:05
1085	7	Don Miller, 67, Clive, IA	1:07:50	12:55
1338	8	Rich Beal, 66, Bloomington, IL	1:17:07	14:41
1375	9	Duane Osmun, 67, Creston, IA	1:18:31	14:57
1441	10	Charlie Johnson, 67, Boone, IA	1:23:13	15:51

Men 70 & Up

426	1	John Schneller, 71, West Des Moines, IA	49:11	9:22
1195	2	Jan Christopher Dilley, 71, Marshalltown, IA	1:10:59	13:31
1255	3	Jack Bates, 79, Mt Pleasant, IA	1:13:44	14:03
1368	4	David Andersen, 70, Mt Horeb, WI	1:18:13	14:54
1395	5	Bill Lawless, 72, Des Moines, IA	1:19:09	15:05
1409	6	Craig Clark, 71, Mason City, IA	1:20:10	15:16
1495	7	James Moore, 71, Ames, IA	1:32:06	17:32
1496	8	Robert Risser, 75, Cameron, MO	1:32:28	17:37
1502	9	Rollin Perry, 76, Cedar Falls, IA	1:34:06	17:55

CLASS				
PLACE	PLACE	FINISHER	TIME	PACE

Women Under 15

85	1	Lydia Hill, 14, Ankeny, IA	50:40	9:39
86	2	Maggie Hapgood, 13, Johnston, IA	50:40	9:39
87	3	Paige Horner, 13, Johnston, IA	50:40	9:39
96	4	Faith Skinner, 13, Urbandale, IA	51:24	9:47
133	5	Lydia Johnson, 14, Bondurant, IA	53:54	10:16
137	6	Emma Hay, 13, Maxwell, IA	53:57	10:17
141	7	Mallory Metzger, 12, Waukee, IA	54:15	10:20
145	8	Miranda Boyle, 14, Clive, IA	54:24	10:22
160	9	Elizabeth Saunders, 13, Des Moines, IA	55:10	10:30
205	10	Helen Gould, 14, West Des Moines, IA	57:49	11:01

Women 15 - 18

17	1	Maeghan Easler, 18, Des Moines, IA	41:19	7:52
28	2	Lauren Lampright, 18, Stillwater, MN	44:09	8:24
30	3	Carly Klavins, 17, Urbandale, IA	45:01	8:34
31	4	Mykaela Cole, 17, Urbandale, IA	45:01	8:34
48	5	Colleen Bontrager, 17, Overland Park, KS	47:38	9:04
71	6	Kristina Rice, 17, Johnston, IA	49:20	9:24
75	7	Naomi Tripp, 15, Pella, IA	49:56	9:31
79	8	Erica Bossard, 15, Otley, IA	50:09	9:33
98	9	Naomi Hill, 16, Ankeny, IA	51:36	9:50
109	10	Anna Denman, 15, Omaha, NE	52:10	9:56

Women 19 - 24

2	1	Heidi Engelhardt, 20, Ames, IA	35:35	6:47
14	2	Sonya Ponzi, 19, Omaha, NE	40:48	7:46
15	3	Andrea Haus, 23, St. Paul, MN	41:04	7:49

18	4	Hannah Toedter, 23, St. Paul, MN	41:43	7:57
22	5	Molly Potts, 23, Ankeny, IA	42:17	8:03
27	6	Alissa Gilbaugh, 22, Bloomington, MN	43:41	8:19
32	7	Katelyn Melcher, 19, Cedar Falls, IA	45:07	8:36
38	8	Rebecca Schoenfelder, 19, Plymouth, MN	46:11	8:48
40	9	Mackenzie Gray, 23, Blue Grass, IA	46:51	8:55
46	10	Natalie Potts, 20, Norwalk, IA	47:32	9:03
Women 25 - 29				
1	1	Emma Spoon, 25, Grand Marais, MN	35:20	6:44
3	2	Connie Teague, 29, Lee's Summit, MO	35:49	6:49
9	3	Margaret Chamas, 27, Smithville, MO	39:02	7:26
13	4	Jana Teague, 27, Kansas City, MO	40:09	7:39
16	5	Maresa Cuevas, 27, Lawrence, KS	41:07	7:50
19	6	Stephani Horner, 28, Omaha, NE	42:00	8:00
20	7	Kelly Teeselink, 28, Iowa City, IA	42:04	8:01
35	8	Whitney Noe, 27, Waukee, IA	45:51	8:44
56	9	Carly Hart, 26, Waukee, IA	48:01	9:09
57	10	Leslie Hofland, 29, Minneapolis, MN	48:02	9:09
Women 30 - 34				
5	1	Karen Berndt, 32, West Chester, OH	36:32	6:57
8	2	Kristen Fox, 30, Minneapolis, MN	38:52	7:24
10	3	Laura Friesell, 33, Omaha, NE	39:08	7:27
25	4	Julie Johnston, 31, Cedar Rapids, IA	43:00	8:11
26	5	Brenna Depies, 31, Minneapolis, MN	43:21	8:15
29	6	Ashley Maher-Widen, 33, Des Moines, IA	45:00	8:34
39	7	Emily Lewandowski, 31, Minneapolis, MN	46:16	8:49
41	8	Monica Capper, 31, Altoona, IA	46:53	8:56
42	9	Jenni Schauf, 33, Oelwein, IA	46:54	8:56
45	10	Casey Owens, 33, West Des Moines, IA	47:22	9:01
Women 35 - 39				
4	1	Katie McGregor, 38, Savage, MN	36:15	6:54
24	2	Natalee Thompson, 38, Iowa City, IA	42:54	8:10
33	3	Nina McVicker, 37, Highlands Ranch, CO	45:36	8:41
34	4	Joni Williamson, 39, Lincoln, NE	45:49	8:43
37	5	Rebecca Montgomery, 36, Glen Ellyn, IL	46:08	8:47
43	6	Abby Gillard, 36, West Des Moines, IA	47:11	8:59
44	7	Olivia Christensen, 35, Lime Springs, IA	47:14	9:00
49	8	Kelly Brown, 35, Ackworth, IA	47:41	9:05
62	9	Gudru Sigursteinsdottir, 37, West Des Moines, IA	48:20	9:12
64	10	Cassie Gruman, 37, Strawberry Point, IA	48:39	9:16
Women 40 - 44				
6	1	Kate Maurer, 43, Urbandale, IA	37:08	7:04
7	2	Kiersten Hathaway, 40, Panora, IA	37:44	7:11
11	3	Maureen Larsen, 43, Gretna, NE	39:54	7:36
21	4	Carrie Van Quathem, 43, Urbandale, IA	42:16	8:03
58	5	Ananda Henly, 41, Minneapolis, MN	48:02	9:09
69	6	Michelle Reitz, 42, Omaha, NE	49:11	9:22
77	7	Melissa Bruhl, 43, Ankeny, IA	50:01	9:31
95	8	Jennifer Perman, 42, Urbandale, IA	51:12	9:45
103	9	Sarah Dvergsten, 40, Storm Lake, IA	51:48	9:52
105	10	Julie Tyler, 44, Cedar Falls, IA	51:57	9:54
Women 45 - 49				
12	1	Christine Price, 46, Des Moines, IA	39:59	7:37
51	2	Beth Palmer, 47, Des Moines, IA	47:50	9:06
125	3	Suzanne Wong, 49, Ankeny, IA	53:06	10:07
132	4	Leigh Officer, 47, Omaha, NE	53:50	10:15
138	5	Tracy Spear, 48, Hampton, IA	53:57	10:17
147	6	Kim Stewart, 47, Des Moines, IA	54:24	10:22
151	7	Mary McInville, 47, Johnston, IA	54:43	10:25

172	8	Stacy Speck, 46, Des Moines, IA	56:07	10:41
223	9	Marcey Norland, 48, Algona, IA	58:39	11:10
228	10	Marla Feldman, 48, West Union, IA	58:57	11:14
Women 50 - 54				
36	1	Stannetta Svoboda, 52, Fairmont, MN	45:53	8:44
52	2	Peg Pearson, 51, Omaha, NE	47:51	9:07
90	3	Heather Stilborn, 53, Clive, IA	50:59	9:42
113	4	Janice Andersen, 52, Audubon, IA	52:16	9:57
131	5	Kris Kaiser, 51, Bettendorf, IA	53:34	10:12
158	6	Romy Bolton, 50, Iowa City, IA	55:06	10:30
171	7	Ruth Proctor, 52, Des Moines, IA	56:07	10:41
173	8	Susan Sisel, 50, Dwight, NE	56:15	10:43
209	9	Dale Finnegan, 53, Waukee, IA	57:52	11:01
249	10	Jill Jensen, 52, Ames, IA	59:25	11:19
Women 55 - 59				
99	1	Colleen Boran, 59, Forest City, IA	51:36	9:50
139	2	Veronica Demmel, 59, Keokuk, IA	54:00	10:17
190	3	Diane Smith, 55, Bloomfield, IA	57:11	10:53
310	4	Colleen De Bruin, 55, Urbandale, IA	1:01:22	11:41
314	5	Jaci Thorson, 58, Forest City, IA	1:01:28	11:42
375	6	Annie Strawn, 55, St. Charles, IA	1:03:01	12:00
379	7	D. Peterson, 58, Grimes, IA	1:03:06	12:01
416	8	Julie Venner, 58, Boone, IA	1:04:05	12:12
425	9	Roma Snook, 57, Chariton, IA	1:04:19	12:15
429	10	Karalyn Kuhns, 58, Waukee, IA	1:04:25	12:16
Women 60 - 64				
23	1	Andriette Wickstrom, 60, Storm Lake, IA	42:43	8:08
422	2	Patricia Swanson, 64, Emmetsburg, IA	1:04:11	12:13
454	3	Michelle Witte, 62, Lake View, IA	1:05:22	12:27
684	4	Joyce Petsch, 62, North St. Paul, MN	1:12:31	13:49
766	5	Nancy Kloewer, 61, Defiance, IA	1:14:57	14:16
768	6	Paulette Rasmussen, 62, Defiance, IA	1:14:59	14:17
1004	7	Vickie Richter, 64, Adair, IA	1:25:08	16:13
1033	8	Deb Boal, 62, Maple Grove, MN	1:27:18	16:38
1057	9	Sheri Fry, 62, Council Bluffs, IA	1:29:17	17:00
Women 65 - 69				
667	1	Marie Quanbeck, 68, Newton, IA	1:11:56	13:42
1109	2	Terry Burke, 68, Blue Springs, MO	1:38:55	18:50

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