

<p><b>31st Living History Farms</b> Urbandale, Iowa Nov. 21, 2009 Low 40s, Foggy, Damp Results by Cal Murdock</p>		<p><a href="#">A link to thousands of photos here. You can even order your own.</a></p>  <p><a href="#">Look up your race numbers here for the pictures, in case you don't know it.</a></p>
---	---	---

<a href="#">Spectators everywhere (video)</a>	Photo courtesy of the Des Moines Register, more photos <a href="#">here</a> <a href="#">2009 Video</a>	<a href="#">Another Video from 2009</a>
---	---	---

## 2009 Living History Farms XC Results, Letters & Comments

Send us your stories and anecdotes [HERE](#). We will publish them [HERE](#)

## Top Age Group Winners

[Individual results](#)

[Male & Female Teams](#)

[Coed Team](#)

Results by [Cal Murdock](#)

Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS	FINISHER	TIME	PACE
<b>Open Men</b>				
1	1 M25	Randy Bill, 27, Cedar Falls, IA	39:03	5:35
2	2 M35	Scott Gall, 35, Cedar Falls, IA	39:38	5:40
3	3 M25	Ryan Egeberg, 26, Minneapolis, MN	39:51	5:42
4	4 M25	Matthew Pohren, 25, Omaha, NE	40:02	5:43
5	5 M25	A Bohach, 25, Clinton, IA	40:08	5:44
6	6 M19	Skyler Delmott, 21, Emporia, KS	40:08	5:44
7	7 M35	Joey Keillor, 35, Rochester, MN	40:30	5:47
8	8 M19	Will Hohmeier, 20, Emporia, KS	40:36	5:48
9	9 M30	Julius Rotich, 34, West Des Moines, IA	40:42	5:49
10	10 M19	B Zutz, 24, Ames, IA	41:01	5:51
11	11 M19	Aaron Hohn, 24, Kansas City, MO	41:11	5:53
12	12 M30	Shannon Stenger, 31, Papillion, NE	41:14	5:53
13	13 M19	Matthew Schneider, 24, Nebraska Citry, NE	41:17	5:54
14	14 M15	Andrew Barrett, 17, Des Moines, IA	41:35	5:56
15	15 M25	Andrew Keenan, 29, Minneapolis, MN	41:39	5:57
16	16 M19	Austin Williamson, 23, Iowa City, IA	41:42	5:57

17	17	M25	U Roling, 25, Ames, IA	41:54	5:59
18	18	M35	Steve Folkerts, 37, Ft Collins, CO	42:02	6:00
19	19	M25	Nicholas Bowerman, 27, Orlando, FL	42:06	6:01
20	20	M30	Ding Dong, 32, Rogers, MN	42:06	6:01
21	21	M25	Bo Rydze, 26, Iowa City, IA	42:06	6:01
22	22	M25	Joe Mundt, 25, Kansas City, KS	42:06	6:01
23	23	M25	Luke Garringer, 26, Kearney, NE	42:07	6:01
24	24	M25	Eric Rasmussen, 27, York, NE	42:13	6:02
25	25	M19	Darren Larsen, 24, Worthington, MN	42:37	6:05
26	26	M30	John Tripp, 30, Omaha, NE	42:52	6:07
27	27	M19	Michael Trahan, 24, Fort Collins, CO	42:54	6:08
28	28	M19	Luke Demmel, 19, Marshalltown, IA	42:55	6:08
29	29	M25	Caleb Teague, 27, Blue Springs, MO	42:59	6:08
30	30	M19	P Wilson, 24, Onamia, MN	43:02	6:09
31	31	M25	Brian Wandzilak, 29, Lincoln, NE	43:04	6:09
32	32	M15	Kevin Lewis, 16, Ottumwa, IA	43:06	6:09
33	33	M19	Rick Semones, 23, Louisville, KY	43:06	6:09
34	34	M35	Micah Moore, 37, Adel, IA	43:18	6:11
35	35	M19	Ermin Sabljakovic, 23, Waterloo, IA	43:25	6:12
36	36	M25	Matt Migonis, 29, West Des Moines, IA	43:28	6:12
37	37	M25	Kevin Bjerke, 27, Aberdeen, SD	43:30	6:13
38	38	M35	Joel Frye, 37, Des Moines, IA	43:31	6:13
39	39	M30	Greg Bell, 31, Polk City, IA	43:34	6:13
40	40	M19	Daniel Sevcik, 19, Cedar Falls, IA	43:36	6:14

**Open Women**

1	1	W25	Nicole Cueno, 29, Minneapolis, MN	48:08	6:53
2	2	W25	Anne Dreyer, 26, Mt. Pleasant, IA	48:51	6:59
3	3	W35	Robyn Friedman, 36, Lambs Grove, IA	49:30	7:04
4	4	W30	Colleen Webb, 32, Des Moines, IA	49:35	7:05
5	5	W19	Connie Abbott, 23, Kansas City, MO	49:50	7:07
6	6	W45	Sheryl Miller, 46, Coralville, IA	51:07	7:18
7	7	W30	Courtney Mann, 31, Omaha, NE	51:19	7:20
8	8	W30	Christy Nielsen, 34, Omaha, NE	51:30	7:21
9	9	W30	Dawn Sustad, 30, Minneapolis, MN	52:09	7:27
10	10	W35	Eva Machuca, 39, Cedar Falls, IA	52:24	7:29
11	11	W19	Danna Kelly, 23, Des Moines, IA	52:33	7:30
12	12	W19	Nicole Benzoni, 19, Ames, IA	52:55	7:33
13	13	W25	Annie Mills, 26, St. Paul, MN	52:56	7:34
14	14	W15	Allie Antrim, 18, Overland Park, KS	53:02	7:34
15	15	W15	Sydney Oltjen, 17, Overland Park, KS	53:04	7:35
16	16	W40	Christine Price, 40, Des Moines, IA	53:17	7:37
17	17	W30	Emi Yasaka, 32, Minneapolis, MN	53:23	7:37
18	18	W25	Jodi Sunderman, 28, Des Moines, IA	53:31	7:39
19	19	W45	Linda Barnhart, 46, Omaha, NE	54:07	7:44
20	20	W40	Jill Swesey, 42, Des Moines, IA	54:16	7:45
21	21	W25	Kelsey Barale, 25, Minneapolis, MN	54:16	7:45
22	22	W25	Lauren Levy, 26, Coralville, IA	54:21	7:46
23	23	W25	Casey Owens, 27, Des Moines, IA	54:27	7:47
24	24	W15	Hayley Cline, 17, Overland Park, KS	54:35	7:48
25	25	W19	Nicole Nelson, 22, Omaha, NE	54:45	7:49
26	26	W25	Brenna Anderson, 25, Minneapolis, MN	55:08	7:52
27	27	JrW	Lexi Fritz, 14, Anoka, MN	55:17	7:54
28	28	W30	Shannon Baird, 33, Iowa City, IA	55:18	7:54
29	29	W15	Katelyn Fritz, 16, Andover, MN	55:19	7:54
30	30	W19	Morgan Frehe, 20, Desoto, KS	55:23	7:55
31	31	W35	Christina Cunningham, 39, Knoxville, IA	55:27	7:55
32	32	W30	Jackie Walford, 33, Lincoln, NE	56:10	8:01
33	33	W19	Kendra Gaebel, 20, Clear Lake, MN	56:16	8:02
34	34	W15	Kayla Billett, 15, Anoka, MN	56:19	8:03
35	35	W15	Guimont Gabbi, 15, Anoka, MN	56:21	8:03
36	36	W19	Emily Stenzel, 20, North Mankato, MN	56:25	8:04
37	37	W25	Julie Johnston, 25, Cedar Rapids, IA	56:33	8:05
38	38	W45	Dana Kramer, 47, Urbandale, IA	56:34	8:05
39	39	W15	Stephen March, 18, Atlantic, IA	56:44	8:06

40	40	W35	Carrie Krohn, 36, Orange City, IA	56:47	8:07
----	----	-----	-----------------------------------	-------	------

**Masters Men**

45	1	M40	Rod Dehaven, 43, Brookings, SD	43:52	6:16
55	2	M45	Mike Davis, 49, Minneapolis, MN	44:36	6:22
83	3	M50	Dennis Wallach, 52, Chanhassen, MN	46:19	6:37
92	4	M45	Keith Abels, 48, Ogden, IA	46:41	6:40
95	5	M45	Brian Bergt, 49, Amherst, NE	46:44	6:40
101	6	M45	Dave Swanson, 45, Iowa City, IA	46:59	6:43
104	7	M40	Lee Hammerand, 41, Urbandale, IA	47:09	6:44
112	8	M45	Craig Christians, 48, Bellevue, NE	47:35	6:48
114	9	M40	Bill Castle, 41, Boone, IA	47:43	6:49
115	10	M40	Steve Younker, 44, Mason City, IA	47:43	6:49
117	11	M40	Darrin Pater, 43, Adrian, MN	47:53	6:50
129	12	M40	Eric Porte, 44, Minneapolis, MN	48:14	6:53
131	13	M45	Marty Gingerich, 46, Parnell, IA	48:19	6:54
139	14	M45	Jim Robidoux, 45, Polk City, IA	48:33	6:56
150	15	M50	Tim Skopec, 50, Iowa City, IA	48:56	6:59
152	16	M40	Jim Cochran, 42, Iowa City, IA	49:01	7:00
155	17	M50	David Nauman, 53, Mason City, IA	49:08	7:01
166	18	M55	Joseph Haynes, 55, Ames, IA	49:27	7:04
167	19	M40	Paul Lovell, 41, Cresco, IA	49:31	7:04
175	20	M40	Erik Lie, 41, Iowa City, IA	49:46	7:06

**Masters Women**

6	1	W45	Sheryl Miller, 46, Coralville, IA	51:07	7:18
16	2	W40	Christine Price, 40, Des Moines, IA	53:17	7:37
19	3	W45	Linda Barnhart, 46, Omaha, NE	54:07	7:44
20	4	W40	Jill Swesey, 42, Des Moines, IA	54:16	7:45
38	5	W45	Dana Kramer, 47, Urbandale, IA	56:34	8:05
41	6	W45	Stannetta Svoboda, 46, Fairmont, MN	56:54	8:08
45	7	W45	Sharon Stubler, 45, Minnetonka, MN	57:22	8:12
50	8	W40	Angie Neville, 40, Bondurant, IA	57:46	8:15
62	9	W45	Peg Pearson, 45, Omaha, NE	58:40	8:23
78	10	W45	Carla Stoner, 47, West Des Moines, IA	1:00:27	8:38
90	11	W50	Andriette Wickstrom, 54, Storm Lake, IA	1:01:00	8:43
108	12	W45	Barbara Koke, 47, Gretna, NE	1:01:56	8:51
114	13	W40	Angela Loihl, 40, Seattle, WA	1:02:34	8:56
125	14	W40	Heidi Robb, 42, Maple Grove, MN	1:03:20	9:03
131	15	W50	Lisa Simonetta, 50, Des Moines, IA	1:03:42	9:06
138	16	W40	Angie Sveum, 41, Milton, WI	1:04:06	9:09
140	17	W55	Kathi Dellaca, 57, Des Moines, IA	1:04:11	9:10
143	18	W45	Heather Stilborn, 47, Clive, IA	1:04:21	9:12
157	19	W40	Kimberly Stewart, 41, Des Moines, IA	1:05:13	9:19
167	20	W45	Kim Sprenger, 46, Iowa City, IA	1:05:32	9:22

**Grand Masters Men**

83	1	M50	Dennis Wallach, 52, Chanhassen, MN	46:19	6:37
150	2	M50	Tim Skopec, 50, Iowa City, IA	48:56	6:59
155	3	M50	David Nauman, 53, Mason City, IA	49:08	7:01
166	4	M55	Joseph Haynes, 55, Ames, IA	49:27	7:04
178	5	M55	Timothy Sullivan, 55, Harlan, IA	49:59	7:08
254	6	M55	Dan Kuhlman, 55, Leocompton, KS	52:35	7:31
273	7	M50	Barney I Fyfe, 51, Clear Lake, IA	53:12	7:36
288	8	M50	Michael Lidd, 53, Charles City, IA	53:36	7:39
321	9	M50	Paul Fyfe, 53, Albuquerque, NM	54:11	7:44
344	10	M50	Will Lindgren, 51, Omaha, NE	54:51	7:50
362	11	M55	Ben Zhao, 56, Minneapolis, MN	55:17	7:54
367	12	M50	Tom Heuer, 52, Des Moines, IA	55:31	7:56
385	13	M60	Mike Pattavina, 62, Clarinda, IA	56:12	8:02
429	14	M55	David Miller, 57, Urbandale, IA	57:14	8:10
437	15	M50	Randy Raymond, 52, Blair, NE	57:27	8:12
458	16	M55	Steve Barfels, 58, Hudson, IA	57:53	8:16
464	17	M55	Stew Murfield, 55, Fairmont, MN	58:00	8:17
465	18	M50	Barney Rempe, 53, Omaha, NE	58:01	8:17

469	19	M50	Mike Goodman, 54, Conrad, IA	58:05	8:18
507	20	M50	Alan Mills, 54, Sioux Rapids, IA	58:49	8:24

**Grand Masters Women**

90	1	W50	Andriette Wickstrom, 54, Storm Lake, IA	1:01:00	8:43
131	2	W50	Lisa Simonetta, 50, Des Moines, IA	1:03:42	9:06
140	3	W55	Kathi Dellaca, 57, Des Moines, IA	1:04:11	9:10
202	4	W55	Jane Wickman, 56, Kellogg, IA	1:06:57	9:34
223	5	W50	Colleen Boran, 53, Forest City, IA	1:07:49	9:41
271	6	W50	Cathy McMullen, 51, Des Moines, IA	1:09:45	9:58
297	7	W50	Cheryl Jeffery, 54, Lacon, IL	1:10:47	10:07
314	8	W50	Kimberly Haines, 51, Oskaloosa, IA	1:11:08	10:10
369	9	W55	Theresa Finnegan, 55, Des Moines, IA	1:12:44	10:23
412	10	W55	Julia Virkus, 57, St. Louis Park, MN	1:14:16	10:36
413	11	W55	Gustave Virkus, 59, St. Louis Park, MN	1:14:16	10:36
439	12	W50	Susan Duoblys, 54, Des Moines, IA	1:14:52	10:42
481	13	W55	Bea Sides, 58, Omaha, NE	1:16:05	10:52
504	14	W50	Stacie Berger, 54, Ankeny, IA	1:16:34	10:56
541	15	W50	Deanna Dredge, 51, Omaha, NE	1:17:37	11:05
569	16	W50	Mona Bleeker, 54, Steamboat Rock, IA	1:18:43	11:15
572	17	W65	Anne Medeiros, 66, Bellevue, IA	1:18:49	11:16
574	18	W50	Julia Batten, 53, Carlisle, IA	1:18:50	11:16
655	19	W50	Cheri Stockel, 54, Dubuque, IA	1:20:35	11:31
661	20	W50	Joan Bauer, 51, Audubon, IA	1:20:50	11:33

PLACE	CLASS	FINISHER	TIME	PACE
-------	-------	----------	------	------

**Men Under 15**

71	1	Addison Dehaven, 13, Brookings, SD	45:35	6:31
159	2	Cesar Marquez, 14, Cedar Falls, IA	49:19	7:03
233	3	Caleb Vukovich, 14, Brookings, SD	51:54	7:25
238	4	Cameron Economy, 14, Victoria, MN	52:06	7:26
245	5	Timothy Sevcik, 13, Cedar Falls, IA	52:20	7:28
271	6	Christopher Jenks, 14, Ames, IA	53:03	7:35
274	7	Ben Anderson, 14, Clive, IA	53:15	7:36
326	8	Hans Holkesvik, 14, Decorah, IA	54:21	7:46
364	9	Luke Locascio, 13, Mason City, IA	55:27	7:55
366	10	Jonathon Smith, 14, Cedar Falls, IA	55:28	7:55
379	11	Hiram Marquez, 12, Cedar Falls, IA	55:51	7:59
421	12	Alexander Hottle, 14, Waterloo, IA	57:08	8:10
506	13	David Rice, 14, Johnston, IA	58:48	8:24
532	14	Thomas Bernard, 14, Mt Vernon, IA	59:18	8:28
635	15	Carlos Degante, 14, Bellevue, NE	1:01:18	8:45
701	16	Connor Wunsch, 12, Johnston, IA	1:02:35	8:56
766	17	Douglas Jorgensen, 14, Gowrie, IA	1:03:24	9:03
775	18	Ethan Moran, 14, Johnston, IA	1:03:35	9:05
882	19	Jacob Wiemers, 14, West Des Moines, IA	1:05:25	9:21
898	20	Grant Collison, 13, Johnston, IA	1:05:38	9:22

**Men 15 - 18**

14	1	Andrew Barrett, 17, Des Moines, IA	41:35	5:56
32	2	Kevin Lewis, 16, Ottumwa, IA	43:06	6:09
46	3	Austin Hinchey, 17, De Soto, KS	44:00	6:17
49	4	Tyler Gracey, 18, Bondurant, IA	44:10	6:19
50	5	Andrew Stevens, 17, Overland Park, KS	44:25	6:21
51	6	Ryan Ness, 17, Woodbury, MN	44:26	6:21
54	7	Cody Manchester, 17, Mason City, IA	44:34	6:22
66	8	Marty Joyce, 17, Woodbury, MN	45:22	6:29
69	9	Dakota Darkstar, 17, Minneapolis, MN	45:26	6:29
70	10	Joey Sevcik, 18, Cedar Falls, IA	45:31	6:30
73	11	Kyle Economy, 18, Victoria, MN	45:45	6:32
76	12	Jack Powell, 16, Leawood, KS	45:48	6:33
80	13	Jake Sutton, 18, West Des Moines, IA	45:55	6:33

86	14	Andrew Halloran, 16, Cedar Falls, IA	46:28	6:38
89	15	Adam Streicher, 15, Cedar Falls, IA	46:34	6:39
90	16	Scott Mittman, 17, Iowa City, IA	46:38	6:40
93	17	Marquez Hobson, 17, Minneapolis, MN	46:42	6:40
105	18	Tanner Reyhons, 17, Waterloo, IA	47:17	6:45
109	19	Jeremy Hecker, 18, Ham Lake, MN	47:31	6:47
116	20	Ryan Peterka, 17, Miller, SD	47:46	6:49
<b>Men 19 - 24</b>				
6	1	Skyler Delmott, 21, Emporia, KS	40:08	5:44
8	2	Will Hohmeier, 20, Emporia, KS	40:36	5:48
10	3	B Zutz, 24, Ames, IA	41:01	5:51
11	4	Aaron Hohn, 24, Kansas City, MO	41:11	5:53
13	5	Matthew Schneider, 24, Nebraska Citry, NE	41:17	5:54
16	6	Austin Williamson, 23, Iowa City, IA	41:42	5:57
25	7	Darren Larsen, 24, Worthington, MN	42:37	6:05
27	8	Michael Trahan, 24, Fort Collins, CO	42:54	6:08
28	9	Luke Demmel, 19, Marshalltown, IA	42:55	6:08
30	10	P Wilson, 24, Onamia, MN	43:02	6:09
33	11	Rick Semones, 23, Louisville, KY	43:06	6:09
35	12	Ermin Sabljakovic, 23, Waterloo, IA	43:25	6:12
40	13	Daniel Sevcik, 19, Cedar Falls, IA	43:36	6:14
41	14	Jordan Tucker, 23, Omaha, NE	43:40	6:14
43	15	Thomas Murphy, 24, Des Moines, IA	43:45	6:15
44	16	Ryan Hahn, 20, Emporia, KS	43:48	6:15
47	17	David Sevcik, 19, Cedar Falls, IA	44:06	6:18
57	18	Jared Dittman, 20, Omaha, NE	44:41	6:23
59	19	Brock Kingsland, 19, Creve Coeur, IL	44:50	6:24
60	20	Adam Banks, 23, Houston, TX	44:55	6:25
<b>Men 25 - 29</b>				
1	1	Randy Bill, 27, Cedar Falls, IA	39:03	5:35
3	2	Ryan Egeberg, 26, Minneapolis, MN	39:51	5:42
4	3	Matthew Pohren, 25, Omaha, NE	40:02	5:43
5	4	A Bohach, 25, Clinton, IA	40:08	5:44
15	5	Andrew Keenan, 29, Minneapolis, MN	41:39	5:57
17	6	U Roling, 25, Ames, IA	41:54	5:59
19	7	Nicholas Bowerman, 27, Orlando, FL	42:06	6:01
21	8	Bo Rydze, 26, Iowa City, IA	42:06	6:01
22	9	Joe Mundt, 25, Kansas City, KS	42:06	6:01
23	10	Luke Garringer, 26, Kearney, NE	42:07	6:01
24	11	Eric Rasmussen, 27, York, NE	42:13	6:02
29	12	Caleb Teague, 27, Blue Springs, MO	42:59	6:08
31	13	Brian Wandzilak, 29, Lincoln, NE	43:04	6:09
36	14	Matt Migonis, 29, West Des Moines, IA	43:28	6:12
37	15	Kevin Bjerke, 27, Aberdeen, SD	43:30	6:13
42	16	John Schwerkoske, 25, Omaha, NE	43:41	6:14
48	17	John Franzen, 28, Brookings, SD	44:10	6:18
53	18	Jason Flogel, 26, West Des Moines, IA	44:32	6:22
58	19	Michael Mack, 29, St Paul, MN	44:42	6:23
62	20	Jeff Weber, 26, Des Moines, IA	44:57	6:25
<b>Men 30 - 34</b>				
9	1	Julius Rotich, 34, West Des Moines, IA	40:42	5:49
12	2	Shannon Stenger, 31, Papillion, NE	41:14	5:53
20	3	Ding Dong, 32, Rogers, MN	42:06	6:01
26	4	John Tripp, 30, Omaha, NE	42:52	6:07
39	5	Greg Bell, 31, Polk City, IA	43:34	6:13
52	6	Greg Sorensen, 34, Burnsville, MN	44:28	6:21
61	7	Joe Papin, 30, St. Paul, MN	44:56	6:25
72	8	Michael Schneiter, 33, Carbondale, CO	45:41	6:32
81	9	Joshua Hochstein, 32, Ames, IA	46:17	6:37
91	10	Justin Gerber, 30, Pella, IA	46:39	6:40
107	11	Ben Knudson, 30, Minneapolis, MN	47:19	6:45
111	12	Steve Christopher, 30, St. Paul, MN	47:33	6:47

120	13	Brandon Jessop, 30, Lakewood, CO	47:57	6:51
127	14	Mike Mullins, 31, Ames, IA	48:14	6:53
128	15	John Cherland, 32, Playa Vista, CA	48:14	6:53
133	16	Thomas Caughlan, 30, Minneapolis, MN	48:22	6:55
146	17	Nick Bokhoven, 30, Encinitas, CA	48:52	6:59
151	18	Ross Sustad, 30, Minneapolis, MN	49:00	7:00
162	19	Rob McGarry, 30, St Louis Park, MN	49:20	7:03
180	20	Tony Kortenkamp, 30, Big Lake, MN	50:00	7:09

**Men 35 - 39**

2	1	Scott Gall, 35, Cedar Falls, IA	39:38	5:40
7	2	Joey Keillor, 35, Rochester, MN	40:30	5:47
18	3	Steve Folkerts, 37, Ft Collins, CO	42:02	6:00
34	4	Micah Moore, 37, Adel, IA	43:18	6:11
38	5	Joel Frye, 37, Des Moines, IA	43:31	6:13
56	6	Ronald Cox, 39, Mooresville, IN	44:39	6:23
77	7	Brad Bergman, 36, Des Moines, IA	45:50	6:33
88	8	Jeffrey Zickus, 36, Atlanta, GA	46:31	6:39
132	9	Ryan Key, 36, Inver Grove Heigh, MN	48:20	6:54
144	10	Luke Spencer, 38, Des Moines, IA	48:45	6:58
147	11	Matt Rinkenberger, 35, Omaha, NE	48:54	6:59
164	12	Jeff Mortensen, 36, Algona, IA	49:27	7:04
168	13	Matt Segebart, 35, Washington, IL	49:38	7:05
176	14	Mark Schoenfelder, 39, Plymouth, MN	49:55	7:08
234	15	Patrick Owens, 39, Pleasant Hill, IA	52:01	7:26
253	16	Pete Madsen, 39, Omaha, NE	52:32	7:30
262	17	Mike Lambert, 38, Monticello, IA	52:48	7:32
281	18	Nick Graham, 36, Minneapolis, MN	53:25	7:38
287	19	Matt Anderson, 39, Des Moines, IA	53:35	7:39
299	20	Rich Bundy, 39, Ames, IA	53:49	7:41

**Men 40 - 44**

45	1	Rod Dehaven, 43, Brookings, SD	43:52	6:16
104	2	Lee Hammerand, 41, Urbandale, IA	47:09	6:44
114	3	Bill Castle, 41, Boone, IA	47:43	6:49
115	4	Steve Younker, 44, Mason City, IA	47:43	6:49
117	5	Darrin Pater, 43, Adrian, MN	47:53	6:50
129	6	Eric Porte, 44, Minneapolis, MN	48:14	6:53
152	7	Jim Cochran, 42, Iowa City, IA	49:01	7:00
167	8	Paul Lovell, 41, Cresco, IA	49:31	7:04
175	9	Erik Lie, 41, Iowa City, IA	49:46	7:06
190	10	Seth Brown, 41, Waterloo, IA	50:26	7:12
193	11	Steve English, 43, Saint Paul, MN	50:32	7:13
225	12	Chris Bowers, 41, Ottumwa, IA	51:36	7:22
230	13	Dave Mable, 44, Urbandale, IA	51:47	7:24
244	14	Bill Ford, 44, Polk City, IA	52:18	7:28
264	15	Darin Jones, 44, Lamoille, IL	52:51	7:33
265	16	Jeff Johnson, 40, Jackson, MN	52:52	7:33
272	17	Brian Palmer, 41, Des Moines, IA	53:05	7:35
277	18	Todd Christensen, 40, Altoona, IA	53:17	7:37
308	19	Matt Scotton, 40, Newton, IA	53:57	7:42
311	20	Robert Butler, 43, Omaha, NE	53:58	7:42

**Men 45 - 49**

55	1	Mike Davis, 49, Minneapolis, MN	44:36	6:22
92	2	Keith Abels, 48, Ogden, IA	46:41	6:40
95	3	Brian Bergt, 49, Amherst, NE	46:44	6:40
101	4	Dave Swanson, 45, Iowa City, IA	46:59	6:43
112	5	Craig Christians, 48, Bellevue, NE	47:35	6:48
131	6	Marty Gingerich, 46, Parnell, IA	48:19	6:54
139	7	Jim Robidoux, 45, Polk City, IA	48:33	6:56
184	8	Tim Harris, 47, Plattsmouth, NE	50:12	7:10
229	9	Rob Mosher, 45, West Des Moines, IA	51:44	7:23
237	10	Robert Economy, 45, Victoria, MN	52:05	7:26
251	11	David Kallemyn, 45, Carlisle, IA	52:27	7:30

258	12	Kevin Goodwin, 45, Otley, IA	52:39	7:31
279	13	Neil Paarmann, 45, Mankato, MN	53:20	7:37
313	14	Danny Randall, 47, Osage, IA	54:00	7:43
322	15	David Fee, 47, Granger, IA	54:15	7:45
346	16	Troy Zeleznik, 47, West Des Moines, IA	54:57	7:51
349	17	Jeff Perry, 48, Bondurant, IA	55:00	7:51
371	18	Don Cumings, 47, Pleasant Hill, IA	55:38	7:57
384	19	Mike Nyman, 46, Cedar Falls, IA	56:05	8:01
395	20	Doug Philip, 49, Des Moines, IA	56:31	8:04

**Men 50 - 54**

83	1	Dennis Wallach, 52, Chanhassen, MN	46:19	6:37
150	2	Tim Skopec, 50, Iowa City, IA	48:56	6:59
155	3	David Nauman, 53, Mason City, IA	49:08	7:01
273	4	Barney I Fyfe, 51, Clear Lake, IA	53:12	7:36
288	5	Michael Lidd, 53, Charles City, IA	53:36	7:39
321	6	Paul Fyfe, 53, Albuquerque, NM	54:11	7:44
344	7	Will Lindgren, 51, Omaha, NE	54:51	7:50
367	8	Tom Heuer, 52, Des Moines, IA	55:31	7:56
437	9	Randy Raymond, 52, Blair, NE	57:27	8:12
465	10	Barney Rempe, 53, Omaha, NE	58:01	8:17
469	11	Mike Goodman, 54, Conrad, IA	58:05	8:18
507	12	Alan Mills, 54, Sioux Rapids, IA	58:49	8:24
516	13	Carl Edwards, 50, Columbus, NE	59:02	8:26
568	14	James Hunter, 51, Council Bluffs, IA	59:58	8:34
569	15	Alan Lenz, 52, Perry, IA	59:59	8:34
600	16	Clyde Lawler, 53, Marshalltown, IA	1:00:37	8:39
611	17	Mark Smith, 51, Eldora, IA	1:00:55	8:42
627	18	Duane Wise, 50, Des Moines, IA	1:01:14	8:45
639	19	Thomas Venner, 51, Boone, IA	1:01:22	8:46
660	20	Donald Warbritton, 50, Cedar Falls, IA	1:01:44	8:49

**Men 55 - 59**

166	1	Joseph Haynes, 55, Ames, IA	49:27	7:04
178	2	Timothy Sullivan, 55, Harlan, IA	49:59	7:08
254	3	Dan Kuhlman, 55, Leocompton, KS	52:35	7:31
362	4	Ben Zhao, 56, Minneapolis, MN	55:17	7:54
429	5	David Miller, 57, Urbandale, IA	57:14	8:10
458	6	Steve Barfels, 58, Hudson, IA	57:53	8:16
464	7	Stew Murfield, 55, Fairmont, MN	58:00	8:17
620	8	Curt Krieger, 57, Mason City, IA	1:01:02	8:43
691	9	Brian Shriver, 58, Ft Dodge, IA	1:02:19	8:54
768	10	Roger Heinle, 59, Whiting, IA	1:03:27	9:04
801	11	Jon R. Jordan, 55, Atlantic, IA	1:04:03	9:09
835	12	Warren Peterson, 56, Ackworth, IA	1:04:39	9:14
985	13	Art Millikin, 57, Hedrick, IA	1:06:56	9:34
1032	14	Stephen Lavalier, 57, Cohasset, MN	1:07:51	9:42
1053	15	Chuck Clark, 58, Carroll, IA	1:08:11	9:44
1057	16	Todd Schempf, 58, Ramsey, MN	1:08:18	9:45
1110	17	Otto Nobis, 55, Davenport, IA	1:09:12	9:53
1237	18	Richard Lachenmaier, 59, Clive, IA	1:11:19	10:11
1256	19	Don McCurley, 56, Ankeny, IA	1:11:36	10:14
1278	20	Bahne Bahnson, 55, Hartford, SD	1:11:58	10:17

**Men 60 - 64**

385	1	Mike Pattavina, 62, Clarinda, IA	56:12	8:02
706	2	Ed Schooley, 61, Waukee, IA	1:02:41	8:57
708	3	Mike May, 62, Indianola, IA	1:02:41	8:57
842	4	Ed Dieleman, 64, Oskaloosa, IA	1:04:44	9:15
890	5	Richard Newkirk, 60, Ankeny, IA	1:05:29	9:21
986	6	Roy Ney, 61, Des Moines, IA	1:06:58	9:34
1432	7	Michael Fletcher, 61, Omaha, NE	1:14:10	10:36
1619	8	James Meimann, 64, Des Moines, IA	1:17:02	11:00
1672	9	Don Miller, 61, West Des Moines, IA	1:17:51	11:07
1893	10	John Bouska, 61, Cottage Grove Mn, MN	1:21:32	11:39

1930	11	Gene Rasmussen, 62, Ames, IA	1:22:18	11:45
1961	12	Larry Walden, 62, Marshalltown, IA	1:23:02	11:52
1973	13	Tom Cody, 63, Omaha, NE	1:23:15	11:53
1989	14	Tom Shea, 63, Waterloo, IA	1:23:50	11:58
2007	15	Mike Killian, 62, Green Bay, WI	1:24:11	12:01
2008	16	Bill Lorenz, 61, Des Moines, IA	1:24:11	12:02
2011	17	Dan Looker, 62, Des Moines, IA	1:24:16	12:02
2281	18	Al Hildestad, 60, Des Moines, IA	1:29:34	12:48
2369	19	Dennis Schnotala, 61, Urbandale, IA	1:31:26	13:04
2404	20	Simon Casady, 60, Indianola, IA	1:32:26	13:12

**Men 65 - 69**

527	1	John Schneller, 65, West Des Moines, IA	59:11	8:27
584	2	Mike Bender, 68, Des Moines, IA	1:00:16	8:36
1022	3	Jim Matthews, 69, Baxter, IA	1:07:34	9:39
1539	4	Doug Hansen, 66, Sioux City, IA	1:15:59	10:51
1870	5	Jan Dilley, 65, Marshalltown, IA	1:21:14	11:36
2013	6	Bill Lawless, 66, Des Moines, IA	1:24:19	12:03
2241	7	Ronald Kenyon, 68, Anaheim, CA	1:28:35	12:39
2251	8	Noel Johnson, 66, Denison,, Ia	1:28:55	12:42
2370	9	Roger Day, 65, Altoona, IA	1:31:29	13:04
2437	10	Robert Risser, 69, Cameron, MO	1:33:15	13:19
2785	11	John Goff, 69, Taylor Ridge, IL	1:41:41	14:32
2823	12	John Smith, 67, Ames, IA	1:42:27	14:38
2914	13	Craig Clark, 65, Mason City, IA	1:45:11	15:02
2917	14	Jack Matthews, 65, Stuart, IA	1:45:24	15:03
3136	15	Ronald Wheeler, 68, Murray, IA	1:51:39	15:57
3257	16	Ron Turner, 68, Glidden, IA	1:58:00	16:51
3261	17	Arthur Sackett, 67, Walker, IA	1:58:11	16:53
3403	18	Gary Sheldon, 65, West Des Moines, IA	2:06:56	18:08
3497	19	Ken Schoenfelder, 65, Winsted, MN	2:18:21	19:46

**Men 70 & Up**

896	1	Dwight Beavers, 72, Maon City, IA	1:05:35	9:22
1841	2	Daniel Kortenkamp, 71, Stevens Point, WI	1:20:42	11:32
2073	3	Jack Bates, 73, Mt Pleasant, IA	1:25:40	12:14
2213	4	Alvin Ravenscroft, 76, Ames, IA	1:28:04	12:35
2655	5	Rollin Perry, 70, Cedar Falls, IA	1:38:20	14:03
2884	6	Marvin Sonksen, 71, Mapleton, IA	1:44:23	14:55
2895	7	Wayne Marty, 77, Le Mars, IA	1:44:45	14:58
3182	8	Donald Judisch, 72, Clive, IA	1:53:36	16:14

CLASS				
PLACE	PLACE	FINISHER	TIME	PACE

**Women Under 15**

27	1	Lexi Fritz, 14, Anoka, MN	55:17	7:54
57	2	Lily Elbaum, 14, Ottumwa, IA	58:13	8:19
61	3	Bailey Eppard, 14, Johnston, IA	58:35	8:22
93	4	Anna Herber, 14, Dubuque, IA	1:01:04	8:43
183	5	Emma Frerichs, 12, Omaha, NE	1:06:13	9:27
276	6	Cassidy Pribnow, 14, Albion, NE	1:09:51	9:59
282	7	Allie Elliott, 14, Indianola, IA	1:10:10	10:01
356	8	Lydia Saggau, 14, West Des Moines, IA	1:12:15	10:19
357	9	Claire Kinley, 14, Waukee, IA	1:12:17	10:19
371	10	Alice Green, 14, Kansas City, MO	1:12:45	10:24
442	11	Gwynne Wright, 12, Ottumwa, IA	1:14:54	10:42
452	12	Abigail Puk, 13, Johnston, IA	1:15:12	10:44
459	13	Lindsey Bruns, 14, West Branch, IA	1:15:33	10:47
460	14	Courtney Bruns, 14, West Branch, IA	1:15:33	10:47
517	15	Paige Taylor, 14, Armstrong, IA	1:16:48	10:58
532	16	Jessica Lott, 14, Ottumwa, IA	1:17:09	11:01
544	17	Brianna King, 14, Cedar Falls, IA	1:17:42	11:06
545	18	Kate Halloran, 14, Cedar Falls, IA	1:17:42	11:06



554	19	Kaylie Brindley, 13, Earlham, IA	1:17:58	11:08
579	20	Nicole Benson, 14, Urbandale, IA	1:18:54	11:16
<b>Women 15 - 18</b>				
14	1	Allie Antrim, 18, Overland Park, KS	53:02	7:34
15	2	Sydney Oltjen, 17, Overland Park, KS	53:04	7:35
24	3	Hayley Cline, 17, Overland Park, KS	54:35	7:48
29	4	Katelyn Fritz, 16, Andover, MN	55:19	7:54
34	5	Kayla Billett, 15, Anoka, MN	56:19	8:03
35	6	Guimont Gabbi, 15, Anoka, MN	56:21	8:03
39	7	Stephen March, 18, Atlantic, IA	56:44	8:06
48	8	Lindsey Brown, 18, Overland Park, KS	57:36	8:14
51	9	Elizabeth Narigon, 17, North Oaks, MN	57:50	8:16
52	10	Laura Willenbring, 18, Shoreview, MN	57:50	8:16
58	11	Kerry Kurta, 16, Overland Park, KS	58:23	8:20
59	12	Lauren Schauwecker, 17, Lenexa, KS	58:23	8:20
60	13	Corinna Papps, 18, Ottawa, KS	58:33	8:22
66	14	Clare Dolan, 16, Overland Park, KS	58:48	8:24
73	15	Camila Orti, 18, Lincoln, NE	59:56	8:34
80	16	Perks Gutierrez, 16, Bellevue, NE	1:00:27	8:38
81	17	Sarah Lindemulder, 18, Ottumwa, IA	1:00:30	8:39
83	18	Hannah Skopec, 18, Iowa City, IA	1:00:40	8:40
86	19	Kelsey Miller, 15, Lenexa, KS	1:00:45	8:41
89	20	Brenna Conger, 16, Ollie, IA	1:00:59	8:43
<b>Women 19 - 24</b>				
5	1	Connie Abbott, 23, Kansas City, MO	49:50	7:07
11	2	Danna Kelly, 23, Des Moines, IA	52:33	7:30
12	3	Nicole Benzoni, 19, Ames, IA	52:55	7:33
25	4	Nicole Nelson, 22, Omaha, NE	54:45	7:49
30	5	Morgan Frehe, 20, Desoto, KS	55:23	7:55
33	6	Kendra Gaebel, 20, Clear Lake, MN	56:16	8:02
36	7	Emily Stenzel, 20, North Mankato, MN	56:25	8:04
42	8	Alison Leshner, 23, West Des Moines, IA	57:01	8:09
49	9	Joy Carroll, 22, Carroll, IA	57:38	8:14
54	10	Monica Mims, 24, Iowa City, IA	57:58	8:17
65	11	Lynn Dobyms, 24, Coralville, IA	58:42	8:23
67	12	Katelan Cronin, 24, Atchison, KS	58:59	8:25
71	13	Katie Marshall, 23, Omaha, NE	59:41	8:31
72	14	Danielle Nowasell, 20, Grinnell, IA	59:55	8:34
75	15	Whitney Reno, 21, Ottumwa, IA	1:00:07	8:35
76	16	Wendy Wise, 20, Verona, WI	1:00:17	8:37
77	17	Laura Humphreys, 21, Hannibal, MO	1:00:20	8:37
85	18	Matthew Nelson, 22, Cherokee, IA	1:00:44	8:41
91	19	Alicia Trujillo, 24, Topeka, KS	1:01:00	8:43
92	20	Kelsey Davis, 19, Ames, IA	1:01:01	8:43
<b>Women 25 - 29</b>				
1	1	Nicole Cueno, 29, Minneapolis, MN	48:08	6:53
2	2	Anne Dreyer, 26, Mt. Pleasant, IA	48:51	6:59
13	3	Annie Mills, 26, St. Paul, MN	52:56	7:34
18	4	Jodi Sunderman, 28, Des Moines, IA	53:31	7:39
21	5	Kelsey Barale, 25, Minneapolis, MN	54:16	7:45
22	6	Lauren Levy, 26, Coralville, IA	54:21	7:46
23	7	Casey Owens, 27, Des Moines, IA	54:27	7:47
26	8	Brenna Anderson, 25, Minneapolis, MN	55:08	7:52
37	9	Julie Johnston, 25, Cedar Rapids, IA	56:33	8:05
46	10	Amy Boblit, 28, Clive, IA	57:25	8:12
47	11	Corey McClay, 27, Minneapolis, MN	57:26	8:12
53	12	Joy Schneiter, 27, Carbodale, CO	57:56	8:16
64	13	Jennifer Krohn, 28, Iowa City, IA	58:40	8:23
79	14	Kathryn Merrill, 27, Lincoln, NE	1:00:27	8:38
84	15	Stephanie Mortenson, 28, Urbandale, IA	1:00:43	8:40
88	16	Amy Marshall, 27, Lisbon, IA	1:00:50	8:41
98	17	Lindsay Daniel, 29, Des Moines, IA	1:01:21	8:46

99	18	Kim Patton, 27, North Liberty, IA	1:01:30	8:47
112	19	Jaime Maro, 26, West Des Moines, IA	1:02:29	8:55
115	20	Emily Lewandowski, 25, Roseville, MN	1:02:36	8:57
<b>Women 30 - 34</b>				
4	1	Colleen Webb, 32, Des Moines, IA	49:35	7:05
7	2	Courtney Mann, 31, Omaha, NE	51:19	7:20
8	3	Christy Nielsen, 34, Omaha, NE	51:30	7:21
9	4	Dawn Sustad, 30, Minneapolis, MN	52:09	7:27
17	5	Emi Yasaka, 32, Minneapolis, MN	53:23	7:37
28	6	Shannon Baird, 33, Iowa City, IA	55:18	7:54
32	7	Jackie Walford, 33, Lincoln, NE	56:10	8:01
44	8	Nina McVicker, 31, Highlands Ranch, CO	57:19	8:11
55	9	Heather Hennessy, 34, Davenport, IA	58:06	8:18
56	10	Lisa Deshano, 31, Iowa City, IA	58:09	8:18
63	11	Becca Lang, 32, Eden Prairie, MN	58:40	8:23
68	12	Emily Recker, 33, Hopkinton, IA	58:59	8:26
69	13	Mindy Capron, 33, Monticello, IA	58:59	8:26
74	14	Anne Hilleman, 34, Huxley, IA	1:00:00	8:34
82	15	Kathy Frank, 30, Westminster, CO	1:00:31	8:39
102	16	Daniela Williams, 33, North Liberty, IA	1:01:44	8:49
113	17	Desiree Dutt, 32, Lenexa, KS	1:02:32	8:56
121	18	Kristi Gibbs, 33, Papillion, NE	1:03:11	9:01
150	19	Rosie Morrey, 30, Waterloo, IA	1:04:45	9:15
163	20	Brooke Krantz, 31, Waterloo, IA	1:05:22	9:20
<b>Women 35 - 39</b>				
3	1	Robyn Friedman, 36, Lambs Grove, IA	49:30	7:04
10	2	Eva Machuca, 39, Cedar Falls, IA	52:24	7:29
31	3	Christina Cunningham, 39, Knoxville, IA	55:27	7:55
40	4	Carrie Krohn, 36, Orange City, IA	56:47	8:07
43	5	Lisa Vetterlein, 35, Des Moines, IA	57:08	8:10
70	6	Lori Knights, 36, Polk City, IA	59:05	8:26
87	7	Tiffany Thompson, 35, Logan, IA	1:00:48	8:41
96	8	Kelly Sorensen, 39, West Des Moines, IA	1:01:12	8:44
101	9	Cindy Elsbernd, 38, Des Moines, IA	1:01:41	8:49
111	10	Janell Kallenbach, 37, Norwalk, IA	1:02:19	8:54
116	11	Shelley Flonas, 37, Olathe, KS	1:02:47	8:58
141	12	Anna Zach, 35, Lincoln, NE	1:04:16	9:11
156	13	Molly Holkesvik, 35, Decorah, IA	1:05:11	9:19
159	14	Heather Dawson, 39, Anoka, MN	1:05:16	9:19
176	15	Regina Zlomke, 36, West Des Moines, IA	1:06:00	9:26
187	16	Angela Schuler, 35, Gretna, NE	1:06:22	9:29
197	17	Sherry Greenwood, 36, Des Moines, IA	1:06:50	9:33
201	18	Melissa Bruhl, 37, Ankeny, IA	1:06:55	9:34
228	19	Katie Thilges, 35, Ankeny, IA	1:07:59	9:43
257	20	Laurie Baker, 36, Waukee, IA	1:09:16	9:54
<b>Women 40 - 44</b>				
16	1	Christine Price, 40, Des Moines, IA	53:17	7:37
20	2	Jill Swesey, 42, Des Moines, IA	54:16	7:45
50	3	Angie Neville, 40, Bondurant, IA	57:46	8:15
114	4	Angela Loihl, 40, Seattle, WA	1:02:34	8:56
125	5	Heidi Robb, 42, Maple Grove, MN	1:03:20	9:03
138	6	Angie Sveum, 41, Milton, WI	1:04:06	9:09
157	7	Kimberly Stewart, 41, Des Moines, IA	1:05:13	9:19
169	8	Connie Vanroekel, 42, Adel, IA	1:05:38	9:22
170	9	Wendy Foote, 44, Waterloo, IA	1:05:40	9:23
172	10	Shelli Dehaven, 42, Brookings, SD	1:05:51	9:24
173	11	Colleen Vukovich, 41, Brookings, SD	1:05:51	9:24
211	12	Suzie Raflik, 43, Poynette, WI	1:07:06	9:35
213	13	Jody Kimrey, 41, Johnston, IA	1:07:14	9:36
291	14	Andrea Corcoran, 40, Des Moines, IA	1:10:29	10:04
294	15	Susan Staudt, 40, Cedar Falls, IA	1:10:39	10:05
337	16	Susan Sisel, 44, Dwight, NE	1:11:57	10:17

361	17	Marzia Benson, 40, Des Moines, IA	1:12:25	10:21
378	18	Jill Wanninger, 44, Jefferson, IA	1:13:14	10:28
407	19	Heather Kiehne, 40, St Paul, MN	1:14:11	10:36
416	20	Beth Palmer, 41, Des Moines, IA	1:14:20	10:37
<b>Women 45 - 49</b>				
6	1	Sheryl Miller, 46, Coralville, IA	51:07	7:18
19	2	Linda Barnhart, 46, Omaha, NE	54:07	7:44
38	3	Dana Kramer, 47, Urbandale, IA	56:34	8:05
41	4	Stannetta Svoboda, 46, Fairmont, MN	56:54	8:08
45	5	Sharon Stubler, 45, Minnetonka, MN	57:22	8:12
62	6	Peg Pearson, 45, Omaha, NE	58:40	8:23
78	7	Carla Stoner, 47, West Des Moines, IA	1:00:27	8:38
108	8	Barbara Koke, 47, Gretna, NE	1:01:56	8:51
143	9	Heather Stilborn, 47, Clive, IA	1:04:21	9:12
167	10	Kim Sprenger, 46, Iowa City, IA	1:05:32	9:22
168	11	Barb Kraus, 49, Decorah, IA	1:05:37	9:22
221	12	Jorjean Fischer, 47, Eagan, MN	1:07:46	9:41
229	13	Ann Neubauer, 47, Homestead, IA	1:08:00	9:43
238	14	Melissa Adams, 45, Bloomington, IL	1:08:09	9:44
259	15	Kim Conroy, 49, Papillion, NE	1:09:20	9:54
319	16	Julie Marks, 45, Des Moines, IA	1:11:20	10:11
342	17	Linda Nowasell, 45, Grinnell, IA	1:12:01	10:17
347	18	Laura Amsler, 46, Des Moines, IA	1:12:06	10:18
360	19	Diane Moravec, 49, David City, NE	1:12:21	10:20
400	20	Jean Ubbelohde, 48, Papillion, NE	1:13:54	10:33
<b>Women 50 - 54</b>				
90	1	Andriette Wickstrom, 54, Storm Lake, IA	1:01:00	8:43
131	2	Lisa Simonetta, 50, Des Moines, IA	1:03:42	9:06
223	3	Colleen Boran, 53, Forest City, IA	1:07:49	9:41
271	4	Cathy McMullen, 51, Des Moines, IA	1:09:45	9:58
297	5	Cheryl Jeffery, 54, Lacon, IL	1:10:47	10:07
314	6	Kimberly Haines, 51, Oskaloosa, IA	1:11:08	10:10
439	7	Susan Duoblys, 54, Des Moines, IA	1:14:52	10:42
504	8	Stacie Berger, 54, Ankeny, IA	1:16:34	10:56
541	9	Deanna Dredge, 51, Omaha, NE	1:17:37	11:05
569	10	Mona Bleeker, 54, Steamboat Rock, IA	1:18:43	11:15
574	11	Julia Batten, 53, Carlisle, IA	1:18:50	11:16
655	12	Cheri Stockel, 54, Dubuque, IA	1:20:35	11:31
661	13	Joan Bauer, 51, Audubon, IA	1:20:50	11:33
667	14	Dottie Gierut, 51, Cedar Rapids, IA	1:20:53	11:33
696	15	Connie Dellaca-Hill, 52, Altoona, IA	1:21:27	11:38
746	16	Veronica Dellamel, 53, Marshalltown, IA	1:22:27	11:47
754	17	Rhonda Anderson, 50, Clive, IA	1:22:45	11:49
765	18	Julie Yost, 50, Eyota, MN	1:22:59	11:51
787	19	Roma Snook, 51, Chariton, IA	1:23:33	11:56
799	20	Susan Mills, 51, Sioux Rapids, IA	1:24:05	12:01
<b>Women 55 - 59</b>				
140	1	Kathi Dellaca, 57, Des Moines, IA	1:04:11	9:10
202	2	Jane Wickman, 56, Kellogg, IA	1:06:57	9:34
369	3	Theresa Finnegan, 55, Des Moines, IA	1:12:44	10:23
412	4	Julia Virkus, 57, St. Louis Park, MN	1:14:16	10:36
413	5	Gustave Virkus, 59, St. Louis Park, MN	1:14:16	10:36
481	6	Bea Sides, 58, Omaha, NE	1:16:05	10:52
770	7	Robin Hyland, 56, Grimes, IA	1:23:10	11:53
780	8	Mary Eby, 56, Quincy, IL	1:23:22	11:54
847	9	Michelle Witte, 56, Lake View, IA	1:24:55	12:08
856	10	Jolene Hultgren, 56, Alta, IA	1:25:05	12:09
912	11	Christine Mondak, 57, Orange City, IA	1:26:21	12:20
1119	12	Catherine Compston, 58, Forest City, IA	1:30:26	12:55
1180	13	Ann Greubel, 59, Indianola, IA	1:31:35	13:05
1220	14	Debra Wood, 55, Raytown, MO	1:32:30	13:13
1634	15	Jeri Bukstein, 57, Maple Grove, MN	1:40:07	14:18

1699	16	Sheri Fry, 56, Council Bluffs, IA	1:41:19	14:28
1721	17	Janice Scheurs, 55, Amana, IA	1:41:41	14:31
1765	18	Eileen Myers, 58, Cedar Falls, IA	1:42:31	14:39
1806	19	Maureen Lyons, 56, Marshalltown, IA	1:43:20	14:46
1909	20	Peggy Carr, 56, Galesburg, IL	1:44:48	14:58

**Women 60 - 64**

873	1	Joy Mann, 60, Omaha, NE	1:25:26	12:12
1998	2	Peggy Mounce, 62, Alburnett, IA	1:46:14	15:10
2057	3	Cindy Fletcher, 60, Omaha, NE	1:47:16	15:19
2159	4	Janelle Eddy, 60, Parkersburg, IA	1:49:15	15:36
2404	5	Lynne Geweke, 61, Estes Park, CO	1:55:14	16:28
2762	6	Sally Proctor, 61, Urbandale, IA	2:02:44	17:32
2915	7	Christine Cook, 60, Ames, IA	2:08:51	18:24
3122	8	Gloria Larson, 60, Independence, MO	2:17:47	19:41

**Women 65 - 69**

572	1	Anne Medeiros, 66, Bellevue, IA	1:18:49	11:16
3041	2	Dorothy Sonksen, 68, Mapleton, IA	2:12:54	18:59
3124	3	Sara Risser, 69, Cameron, MO	2:17:48	19:41

**Women 70 & Up**

1773	1	Marge Nielsen, 74, Spencer, IA	1:42:49	14:41
2729	2	Carol Hartman, 72, Hiawatha, IA	2:01:30	17:21

3 finishers among Males (no age given)

152 finishers among Men Under 15

434 finishers among Men 15 - 18

584 finishers among Men 19 - 24

558 finishers among Men 25 - 29

468 finishers among Men 30 - 34

402 finishers among Men 35 - 39

330 finishers among Men 40 - 44

241 finishers among Men 45 - 49

176 finishers among Men 50 - 54

102 finishers among Men 55 - 59

36 finishers among Men 60 - 64

19 finishers among Men 65 - 69

8 finishers among Men 70 & Up

108 finishers among Women Under 15

405 finishers among Women 15 - 18

752 finishers among Women 19 - 24

577 finishers among Women 25 - 29

435 finishers among Women 30 - 34

345 finishers among Women 35 - 39

227 finishers among Women 40 - 44

185 finishers among Women 45 - 49

94 finishers among Women 50 - 54

41 finishers among Women 55 - 59

8 finishers among Women 60 - 64

3 finishers among Women 65 - 69

2 finishers among Women 70 & Up

3513 male finishers

3182 female finishers

6695 total finishers

[A link to thousands of photos here. You can even order your own.](#)



[Look up your race number here for the picture, in case you don't know it.](#)

[2008 results](#)

[2006 results](#)

[2004 results](#)

[2002 results](#)

[2000 results](#)

[1998 results](#)

[2007 results](#)

[2005 results](#)

[2003 results](#)

[2001 results](#)

[1999 results](#)

[1997 results](#)

Return to [home page](#).