ROAD O CROSS Off-Road Races

*that formerly took place at Living History Farms Museum in Urbandale, IA.*

The Farm is no-longer allowing us to put on this race so we are looking for new options & locations. They are requiring that we move after 42 years.
Watch for our new date and location


Feature article from RunningTimes Magazine of Sept.'10 or June,'05. Other articles in the May 2006 issue of Runner's World and the Oct. 2009 issue of Trail Runner

It's time! Here is a fun & exhilarating way to celebrate the end of racing season. You will experience the running stories to re-live & re-tell throughout the winter.

You will be challenged by a "European Style" COURSE over the world's richest farm land. YES you will still wade through creeks, dodge farm animals and claw your way to the top of gullies with other runners of questionable senses. Then you'll want to hang out for the "Outdoors in November" post- race snacks, door prizes and awards ceremony.

A Great Race for Some Great Causes:

The "Road O Cross" raised funds for Living History Farms Museum and more. Over the last 20 years, the race has given over $1,300,000.00 to the Living History Farms (a not-for-profit museum).

The race has also funded the Capital Striders endowment for scholarships to area senior cross country athletes; raised food/money for the Des Moines Area Religious Council Food Pantry and donated to area age-group track & swimming teams, the American Red Cross, the Boy Scouts of America, the M.D.A., and area Fire Departments. Proceeds from the race help sponsor area races, purchase equipment and racing supplies used at road races and middle school/ high school XC meets.

ALL PROCEEDS go to non-profit entities.
Location: Mapquest link here
Formerly at Living History Farms Museum, Interstate 80 & Hickman Road, Urbandale, Iowa.