

Let Me Run *** 5K *** Overall & Divisions

Event: 5K

Date: Sunday, May 20, 2018

Location: Cedar Rapids

Weather: Cloudy, E 15 MPH 58°

Overall and Age Divisions

Results By: On The Run Race Timing Race
Video [18:33](#) Click On Your Name to see
yourself cross the Finish line!

<u>Bib#</u>	<u>Place</u>	<u>Gender</u>	<u>Division</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
205	1	1	1 M19	Wes Hilleshiem, M40	Marion, IA	18:39	6:00/M	18:38	6:00/M
91	2	2	1 B11	Ethan Truman, M11	Iowa City, IA	20:00	6:26/M	19:59	6:26/M
177	3	3	1 M13	Justin Valde, M15	Swisher, IA	20:52	6:43/M	20:34	6:37/M
87	4	4	2 B11	Davis Nepple, M11	Iowa City, IA	21:44	7:00/M	21:41	6:59/M
142	5	5	2 M19	Josh Berka, M37	Iowa City, IA	22:11	7:08/M	21:56	7:04/M
2	6	6	1 B10	Carter Easton, M10	Center Point, IA	22:15	7:10/M	22:14	7:09/M
138	7	7	3 M19	Anthony Arnone, M52	Iowa City, IA	22:29	7:14/M	22:19	7:11/M
31	8	8	2 B10	Lamarious Clark, M10	Cedar Rapids, IA	23:30	7:34/M	23:19	7:30/M
65	9	9	3 B10	James Tilley, M10	Iowa City, IA	24:25	7:52/M	24:23	7:51/M
198	10	10	1 JRM	Jacob Turnquist, M11	Iowa City, IA	24:25	7:52/M	24:23	7:51/M
170	11	11	4 M19	Horacio Olivo, M56	Iowa City, IA	24:36	7:55/M	24:19	7:50/M
196	12	12	2 JRM	Wyatt Dennis, M11	Brighton, IA	24:46	7:58/M	24:34	7:54/M

53	13	13	4 B10	Jaxson Rausch, M10	North Liberty, IA	24:49	7:59/M	24:30	7:53/M
154	14	1	1 F19	Jennifer Hughes, F39	Cedar Rapids, IA	24:54	8:01/M	24:28	7:52/M
83	15	14	3 B11	Martin Hoeger-Pinto, M11	Iowa City, IA	25:01	8:03/M	24:58	8:02/M
13	16	15	4 B11	Maxwell Bruss, M11	Iowa City Iowa, IA	25:16	8:08/M	25:10	8:06/M
14	17	16	5 B11	Thomas Gibson, M11	Iowa City, IA	25:19	8:09/M	24:47	7:59/M
17	18	17	6 B11	Peter Lake, M11	Iowa City, IA	25:25	8:11/M	25:20	8:09/M
173	19	18	2 M13	Christopher Pigge, M15	Ic, IA	25:27	8:11/M	25:24	8:11/M
73	20	19	1 B12	Anwar Aljarami, M12	Iowa City, IA	25:27	8:11/M	25:24	8:11/M
63	21	20	1 B9	Lukas Schoen, M9	Iowa City, IA	25:57	8:21/M	25:55	8:21/M
175	22	21	3 JRM	Jacob Schneider, M8	Riverside, IA	26:11	8:26/M	25:46	8:18/M
113	23	22	5 M19	Dan Beck, M62	Hills, IA	26:11	8:26/M	25:52	8:19/M
34	24	23	5 B10	Haven Leonard, M10	Cedar Rapids, IA	26:15	8:27/M	26:07	8:24/M
118	25	24	6 M19	Liam Reynolds, M31	Cedar Rapids, IA	26:16	8:27/M	26:07	8:24/M
88	26	25	6 B10	Carter Parrish, M10	Iowa City, IA	26:22	8:29/M	26:20	8:29/M
167	27	26	7 M19	Nathan Nebbe, M46	Cedar Falls, IA	26:24	8:30/M	26:21	8:29/M
57	28	27	2 B9	Dillon Wiethorn, M9	Solon, IA	26:45	8:37/M	26:24	8:30/M
124	29	28	8 M19	Jordan Ulmer, M24	Marion, IA	26:45	8:37/M	26:23	8:30/M
157	30	29	4 JRM	Logan Jones, M8	North Liberty, IA	26:45	8:37/M	26:24	8:30/M
163	31	30	5 JRM	Braedyn Mason, M8	Cedar Rapids, IA	26:57	8:41/M	26:54	8:39/M
197	32	2	1 JRF	Jayden Le, F10	IA	27:04	8:43/M	27:02	8:42/M
56	33	31	7 B10	Eric Valde, M10	Swisher, IA	27:04	8:43/M	26:46	8:37/M
18	34	32	7 B11	Finley Markle, M11	Iowa City, IA	27:14	8:46/M	27:08	8:44/M
69	35	33	8 B11	Samuel Ngneugheu Binam, M11	Cedar Rapids, IA	27:14	8:46/M	27:04	8:43/M
20	36	34	9 B11	Cooper Swailes, M11	Iowa City, IA	27:19	8:47/M	27:13	8:46/M
78	37	35	8 B10	Winston Fender, M10	Iowa City, IA	27:25	8:50/M	27:17	8:47/M

188	38	3	1 F13	Julian Fender, F16	Iowa City, IA	27:25	8:50/M	27:16	8:47/M
28	39	36	2 B12	Jackson Schneider, M12	Riverside, IA	27:41	8:54/M	27:26	8:50/M
115	40	4	2 F19	Nisha Peters, F48	Riverside, IA	27:47	8:56/M	27:31	8:51/M
161	41	37	6 JRM	Will Markle, M8	Iowa City, IA	27:51	8:58/M	27:45	8:56/M
22	42	38	10 B11	Landon Bell, M11	Riverside, IA	27:52	8:58/M	27:43	8:55/M
21	43	39	3 B9	Garrett Beeson, M9	Riverside, IA	27:54	8:59/M	27:35	8:53/M
123	44	40	9 M19	Mark Achey, M45	Cedar Rapids, IA	27:56	8:59/M	27:32	8:52/M
179	45	41	10 M19	Michael Wiethorn, M41	Solon, IA	27:56	9:00/M	27:34	8:53/M
89	46	42	9 B10	Tyler Shane, M10	Iowa City, IA	28:11	9:04/M	27:54	8:59/M
193	47	43	11 M19	Ryan Wilcox, M38	Cedar Rapids, IA	28:12	9:05/M	27:46	8:56/M
8	48	44	10 B10	Brent Lagerquist, M10	Urbana, IA	28:15	9:06/M	28:14	9:05/M
168	49	45	12 M19	Anthony Novak, M36	Marion, IA	28:15	9:06/M	28:03	9:02/M
43	50	46	11 B11	Aaron O'Brien, M11	Cedar Rapids, IA	28:16	9:06/M	28:09	9:03/M
40	51	47	11 B10	Julian Contreras, M10	Cedar Rapids, IA	28:17	9:06/M	28:10	9:04/M
202	52	5	3 F19	Eve Shane, F42	Iowa City, IA	28:17	9:06/M	27:59	9:00/M
119	53	48	13 M19	Matthew Coffey, M28	North Liberty, IA	28:21	9:07/M	28:13	9:05/M
107	54	49	14 M19	Eric Petersen, M39	Cedar Rapids, IA	28:37	9:13/M	28:28	9:10/M
25	55	50	3 B12	Andrew Lana, M12	Riverside, IA	28:42	9:14/M	28:27	9:09/M
35	56	51	12 B11	Zorion Turks, M11	Cedar Rapids, IA	30:11	9:43/M	30:00	9:39/M
149	57	52	15 M19	Jody Gorsh, M44	Iowa City, IA	30:23	9:47/M	30:20	9:46/M
80	58	53	12 B10	Ryder Gorsh, M10	Iowa City, IA	30:23	9:47/M	30:21	9:46/M
125	59	54	16 M19	Dennis Crall, M41	Iowa City, IA	30:32	9:50/M	30:24	9:47/M
144	60	55	7 JRM	Tobin Crall, M6	Iowa City, IA	30:33	9:50/M	30:27	9:48/M
19	61	56	13 B10	Dustin Niichel-Hegwood, M10	Iowa City, IA	30:36	9:51/M	30:30	9:49/M
201	62	6	2 F13	Maddie Peiffer, F14	Highland, IA	30:38	9:52/M	30:29	9:49/M
192	63	7	2 JRF	Reese Fleming, F7	IA	30:41	9:53/M	30:30	9:49/M
184	64	57	8 JRM	Jakob Schoen, M6	Iowa City, IA	30:50	9:56/M	30:44	9:54/M

26	65	58	4 B12	Nicolas Oriano, M12	Riverside, IA	30:52	9:56/M	30:37	9:51/M
127	66	8	4 F19	Eva Schoen, F45	Iowa City, IA	30:53	9:56/M	30:46	9:54/M
3	67	59	13 B11	Gavin Fangman, M11	Center Point, IA	31:01	9:59/M	31:00	9:59/M
105	68	9	3 F13	Lauren Paine, F14	Urbana, IA	31:33	10:09/M	31:15	10:03/M
101	69	10	4 F13	Faith Maue, F14	Walker, IA	31:33	10:09/M	31:15	10:03/M
106	70	11	5 F13	Seterah Dillon, F15	Center Point, IA	31:33	10:09/M	31:14	10:03/M
182	71	60	9 JRM	Rocco Arnone, M6	Iowa City, IA	31:38	10:11/M	31:10	10:02/M
60	72	61	14 B10	Daniel Kenyon, M10	Iowa City, IA	31:43	10:12/M	31:41	10:12/M
147	73	62	10 JRM	Dylan Frisvold, M8	Iowa City, IA	31:55	10:16/M	31:49	10:14/M
15	74	63	15 B10	Ahmed Harmed, M10	Iowa City, IA	31:57	10:17/M	31:51	10:15/M
194	75	12	5 F19	Sara Turnquist, F43	Iowa City, IA	32:01	10:18/M	31:48	10:14/M
55	76	64	4 B9	Harrison Stark, M9	Fairfax, IA	32:03	10:19/M	31:44	10:13/M
191	77	65	11 JRM	Calvin Adams, M9	Iowa City, IA	32:10	10:21/M	31:56	10:17/M
134	78	66	17 M19	David Adams, M49	Iowa City, IA	32:12	10:22/M	31:58	10:17/M
140	79	13	6 F19	Rachael Arnone, F40	Iowa City, IA	32:14	10:22/M	31:45	10:13/M
46	80	67	16 B10	Charlie Young, M10	Cedar Rapids, IA	32:14	10:23/M	32:07	10:20/M
136	81	68	12 JRM	Noah Adams, M7	Iowa City, IA	32:16	10:23/M	32:04	10:19/M
137	82	69	3 M13	Peter Adams, M14	Iowa City, IA	32:16	10:23/M	32:03	10:19/M
81	83	70	14 B11	Azaam Guama, M11	Iowa City, IA	32:50	10:34/M	32:45	10:33/M
189	84	71	13 JRM	Milo Menzel, M7	Solon, IA	32:56	10:36/M	32:37	10:30/M
162	85	72	18 M19	Ray Marshall, M57	Iowa City, IA	32:58	10:37/M	32:54	10:35/M
7	86	73	17 B10	Rhys Jones, M10	Center Point, IA	33:22	10:44/M	33:05	10:39/M
158	87	74	19 M19	Mitch Jones, M40	Center Point, IA	33:24	10:45/M	33:07	10:40/M
4	88	75	18 B10	Carter Fleming, M10	Urbana, IA	33:32	10:48/M	33:29	10:47/M
103	89	14	7 F19	Shannan Fleming, F38	Urbana, IA	33:34	10:48/M	33:24	10:45/M
117	90	15	8 F19	Aubrey Yager, F26	Cedar Rapids, IA	33:41	10:50/M	33:28	10:46/M

29	91	76	15 B11	Cornell Adkins, M11	Cedar Rapids, IA	33:46	10:52/M	33:35	10:48/M
116	92	77	20 M19	Grayden Rudsell, M19	Taylor Ridge, IL	33:47	10:52/M	33:35	10:49/M
16	93	78	19 B10	Rickard Jarnsaxe, M10	Iowa City, IA	33:49	10:53/M	33:43	10:51/M
23	94	79	16 B11	Sage Hartley- Norman, M11					