

# Laceup 4 Learning \*\*\* 5K \*\*\* Overall & Divisions , , , , , , [1 Mile results here](#)

Event: 5K

Date: Saturday, May 10, 2014

Location: Cedar Rapids

Weather: Warm 70°

## [Overall and Age Divisions](#)

### *Results By: On the Run Race Timing*

<u>Place</u>	<u>Gender</u>	<u>Division</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	1	1 OVM	Jeremy Fopma, M14	Marion, IA	18:54	6:05/M	18:53	6:05/M
2	2	1 M30	Ean Caskey, M32	Lisbon, IA	19:32	6:17/M	19:32	6:17/M
3	3	1 M40	John Armon, M48	Cedar Rapids, IA	19:36	6:18/M	19:35	6:18/M
4	4	2 M30	Mike Newman, M36	Cedar Rapids, IA	19:47	6:22/M	19:46	6:22/M
5	5	3 M30	Garret Locke, M39	Solon, IA	20:36	6:38/M	20:36	6:38/M
6	6	4 M30	Wes Hillehiem, M36	Marion, IA	20:44	6:40/M	20:41	6:40/M
7	7	1 M11	Riley Walton, M13	Cedar Rapids, IA	22:05	7:06/M	22:04	7:06/M
8	8	5 M30	Jason Fisher, M33	Hiawatha, IA	22:13	7:09/M	22:08	7:07/M
9	9	2 M40	Brian Gearheart, M41	Cedar Rapids, IA	22:48	7:20/M	22:47	7:20/M
10	10	2 M11	Branden Knight, M13	Hiawatha, IA	22:53	7:22/M	22:52	7:21/M
11	11	6 M30	Matthew Fettkether, M36	Cedar Rapids, IA	23:08	7:27/M	22:57	7:23/M
12	12	7 M30	Bret Williamson, M38	Cedar Rapids, IA	23:08	7:27/M	23:07	7:26/M
13	13	3 M11	Jacob Ciabatti, M13	Cedar Rapids, IA	23:12	7:28/M	23:05	7:26/M
14	14	1 JRM	Hayden Kuhn, M10	Marion, IA	23:24	7:32/M	23:23	7:32/M
15	15	8 M30	Doug Slings, M37	Palo, IA	23:34	7:35/M	23:28	7:33/M

16	16	4 M11	Joe Foreman, M11	Cedar Rapids, IA	24:18	7:49/M	24:18	7:49/M
17	1	1 OVF	Serena Eck, F13	Cedar Rapids, IA	24:36	7:55/M	24:29	7:53/M
18	17	1 M50	Jeff Freeman, M51	Cedar Rapids, IA	24:42	7:57/M	24:37	7:55/M
19	2	1 F11	Jenny Hughes, F14	Cedar Rapids, IA	24:44	7:58/M	24:37	7:55/M
20	18	9 M30	Kyle Clark, M30	Cedar Rapids, IA	24:48	7:59/M	24:41	7:57/M
21	3	1 F20	Amy Thompson, F23	Cedar Rapids, IA	24:51	8:00/M	24:49	7:59/M
22	19	2 M50	Jim Hall, M53	Cedar Rapids, IA	24:57	8:02/M	24:52	8:00/M
23	20	2 JRM	Dakota Harris, M9	Cedar Rapids, IA	25:02	8:03/M	24:56	8:01/M
24	21	1 M15	Bryce Williams, M15	Cedar Rapids, IA	25:18	8:09/M	25:17	8:08/M
25	22	3 M50	Doug Lord, M59	Lisbon, IA	25:18	8:09/M	25:14	8:07/M
26	4	2 F11	Hannah Ratzer, F14	Cedar Rapids, IA	25:28	8:12/M	25:20	8:09/M
27	23	4 M50	Jeff Morton, M52	Cedar Rapids, IA	25:47	8:18/M	25:39	8:15/M
28	24	3 JRM	Luke Hoffmann, M10	Hiawatha, IA	25:48	8:18/M	25:48	8:18/M
29	5	3 F11	Briana McLaughlin, F12	Robins, IA	25:52	8:19/M	25:50	8:19/M
30	25	1 M20	Kyle Phillips, M28	Cedar Rapids, IA	25:59	8:22/M	25:49	8:18/M
31	26	5 M50	Mark Brown, M50	Cedar Rapids, IA	26:00	8:22/M	25:52	8:20/M
32	27	4 JRM	Nicholas Foreman, M8	Cedar Rapids, IA	26:07	8:24/M	26:06	8:24/M
33	28	6 M50	John Walton, M51	Cedar Rapids, IA	26:13	8:26/M	26:00	8:22/M
34	29	5 JRM	Jacob Bruns, M8	Cedar Rapids, IA	26:13	8:26/M	26:08	8:25/M
35	6	2 F20	Ashley Jipp, F21	Cedar Rapids, IA	26:36	8:34/M	26:33	8:33/M
36	7	1 F15	Ali Meyer, F15	Cedar Rapids, IA	26:44	8:36/M	26:33	8:33/M
37	8	4 F11	Laura Feld, F14	Cedar Rapids, IA	26:44	8:36/M	26:33	8:33/M
38	9	3 F20	Lindsey Jipp, F21	Cedar Rapids, IA	26:51	8:39/M	26:48	8:38/M
39	30	7 M50	James Langhurst, M55	Swisher, IA	26:52	8:39/M	26:38	8:34/M
40	10	5 F11	Erica Schulte, F11	Robins, IA	27:24	8:49/M	27:21	8:48/M

41	31	3 M40	Jeff Schulte, M46	Robins, IA	27:25	8:49/M	27:22	8:48/M
42	11	1 F40	Tina Lampe, F40	Marion, IA	27:36	8:53/M	27:26	8:50/M
43	32	10 M30	Matthew Piersall, M38	Cedar Rapids, IA	27:45	8:56/M	27:31	8:52/M
44	12	1 F30	Laura Smeby, F39	Cedar Rapids, IA	27:47	8:56/M	27:45	8:56/M
45	33	4 M40	Brain Annis, M46	Cedar Rapids, IA	28:01	9:01/M	27:58	9:00/M
46	34	8 M50	Harry Suszko, M55	Marion, IA	28:01	9:01/M	27:54	8:59/M
47	13	2 F40	Karla Cole, F47	Fairfax, IA	28:06	9:03/M	28:00	9:01/M
48	35	11 M30	Ryan Corey, M32	Cedar Rapids, IA	28:15	9:06/M	28:06	9:03/M
49	14	1 JRF	Victoria Knight, F10	Hiawatha, IA	28:17	9:06/M	28:12	9:05/M
50	36	9 M50	Rick Kullander, M52	Cedar Rapids, IA	28:26	9:09/M	28:15	9:05/M
51	15	6 F11	Hannah Sperfslage, F14	Lisbon, IA	28:27	9:09/M	28:20	9:07/M
52	16	3 F40	Karla Westpheling, F43	Cedar Rapids, IA	28:34	9:12/M	28:31	9:11/M
53	37	10 M50	Kevin Lamparek, M53	Swisher, IA	28:44	9:15/M	28:37	9:13/M
54	17	4 F20	Kate Penrod, F26	Anamosa, IA	28:44	9:15/M	28:36	9:12/M
55	38	5 M11	Xander Scaglione, M11	Cedar Rapids, IA	28:45	9:15/M	28:43	9:15/M
56	18	5 F20	Stephany Newkirk, F28	North Liberty, IA	28:45	9:15/M	28:35	9:12/M
57	39	1 M60	Vernon Beninja, M64	Cedar Rapids, IA	28:47	9:16/M	28:40	9:14/M
58	40	6 M11	Aidan Helle, M11	Cedar Rapids, IA	29:02	9:21/M	29:01	9:20/M
59	41	11 M50	Pat Sullivan, M51	Cedar Rapids, IA	29:06	9:22/M	28:59	9:20/M
60	19	2 JRF	Estelle Schneidermann, F10	Cedar Rapids, IA	29:08	9:23/M	29:07	9:22/M
61	20	3 JRF	Taylor Ciabatti, F9	Cedar Rapids, IA	29:10	9:23/M	29:04	9:21/M
62	42	7 M11	Isaac Twedt-Ball, M12	Cedar Rapids, IA	29:28	9:29/M	29:07	9:22/M
63	43	12 M30	Rob Ackley, M36	Marion, IA	29:37	9:32/M	29:27	9:29/M
64	44	6 JRM	Alexander MacKin, M10	Cedar Rapids, IA	29:39	9:33/M	29:38	9:32/M
65	45	5 M40	Ben Ellis, M48	Cedar Rapids, IA	29:40	9:33/M	29:33	9:31/M
66	46	7 JRM	Jeffrey Harrington, M9	Cedar Rapids, IA	29:45	9:34/M	29:44	9:34/M

67	47	8 M11	Gabriel Greco, M13	Cedar Rapids, IA	29:49	9:36/M	29:42	9:34/M
68	21	2 F30	Ruth Hospodarsky, F33	Hiawatha, IA	29:50	9:36/M	29:40	9:33/M
69	48	8 JRM	Cameron Smeby, M10	Cedar Rapids, IA	29:51	9:36/M	29:48	9:36/M
70	22	2 F15	Maggie Gallagher, F15	Cedar Rapids, IA	29:51	9:37/M	29:38	9:32/M
71	49	9 JRM	Aidan Armon, M10	Cedar Rapids, IA	29:56	9:38/M	29:47	9:35/M
72	23	4 F40	Annette Lorenz, F43	Cedar Rapids, IA	30:04	9:41/M	29:55	9:38/M
73	50	10 JRM	John Lorenz, M9	Cedar Rapids, IA	30:04	9:41/M	29:55	9:38/M
74	24	6 F20	Brittany Kuba, F28	Cedar Rapids, IA	30:04	9:41/M	29:44	9:34/M
75	51	6 M40	Kevin Eck, M48	Cedar Rapids, IA	30:09	9:42/M	30:01	9:40/M
76	25	7 F11	Gracee Neumann, F13	Cedar Rapids, IA	30:20	9:46/M	30:08	9:42/M
77	52	7 M40	Doug Neumann, M44	Cedar Rapids, IA	30:21	9:46/M	30:09	9:42/M
78	53	8 M40	Eric Crock, M41	Hiawatha, IA	30:25	9:47/M	30:10	9:43/M
79	54	11 JRM	Kyle Crock, M10	Hiawatha, IA	30:25	9:47/M	30:12	9:43/M
80	26	4 JRF	Kelsie Kolthoff, F9	Cedar Rapids, IA	30:25	9:47/M	30:17	9:45/M
81	55	9 M40	Kent Kolthoff, M43	Cedar Rapids, IA	30:27	9:48/M	30:19	9:45/M
82	56	12 M50	Tim Gilbertson, M56	Cedar Rapids, IA	30:31	9:49/M	30:25	9:48/M
83	57	10 M40	Dave Zahradnik, M44	Cedar Rapids, IA	30:35	9:51/M	30:34	9:50/M
84	27	5 JRF	Julia Zahradnik, F10	Cedar Rapids, IA	30:35	9:51/M	30:34	9:50/M
85	28	1 F50	Deanna Haddy, F53	Cedar Rapids, IA	30:38	9:52/M	30:29	9:49/M
86	29	7 F20	Joshua Yilek, F28	North Liberty, IA	30:55	9:57/M	30:38	9:52/M
87	30	8 F20	Megan Yilek, F25	North Liberty, IA	30:55	9:57/M	30:37	9:51/M
88	31	3 F30	Jackie McDermott, F33	Cedar Rapids, IA	31:00	9:59/M	30:56	9:58/M
89	32	8 F11	Maddie Miller, F12	Cedar Rapids, IA	31:01	9:59/M	30:53	9:56/M
90	33	4 F30	Tiffany Miller, F37	Cedar Rapids, IA	31:02	9:59/M	30:53	9:56/M
91	34	5 F30	Nichole Plagge, F38	Cedar Rapids, IA	31:15	10:04/M	31:04	10:00/M

92	35	5 F40	Elissa Kaas, F46	Cedar Rapids, IA	31:21	10:05/M	31:07	10:01/M
93	36	6 F30	Heidi Mittelsteadt, F31	Cedar Rapids, IA	31:28	10:08/M	31:17	10:04/M
94	37	3 F15	Kelsie Coates, F18	Cedar Rapids, IA	31:28	10:08/M	31:19	10:05/M
95	58	11 M40	Jim Kaas, M48	Cedar Rapids, IA	31:32	10:09/M	31:18	10:05/M
96	38	2 F50	Lisa Flaherty, F51	Fairfax, IA	31:34	10:09/M	31:18	10:04/M
97	59	2 M20	Adam Steele, M29	Norway, IA	31:39	10:11/M	31:26	10:07/M
98	39	7 F30	Melissa Robinette, F30	Cedar Rapids, IA	31:52	10:15/M	31:46	10:14/M
99	40	3 F50	Susan Kuba-Tresnak, F52	Cedar Rapids, IA	32:00	10:18/M	31:39	10:11/M
100	60	3 M20	Paul Partridge, M26	Cedar Rapids, IA	32:02	10:18/M	31:45	10:13/M
101	61	12 M40	Sean Meloy, M41	Cedar Rapids, IA	32:08	10:20/M	31:47	10:14/M
102	41	6 JRF	Sierra Schumacher, F9	Cedar Rapids, IA	32:17	10:24/M	32:15	10:23/M
103	62	13 M30	Andy Schumacher, M35	Cedar Rapids, IA	32:19	10:24/M	32:17	10:23/M
104	42	9 F11	Holly Christensen, F12	Cedar Rapids, IA	32:23	10:25/M	32:14	10:22/M
105	63	9 M11	Tyler Hurt, M14	Cedar Rapids, IA	32:24	10:26/M	32:21	10:25/M
107	64	4 M20	Brandon Paulsen, M28	Des Moines, IA	32:30	10:28/M	32:26	10:26/M
106	43	10 F11	Sarah Schillinger, F13	Cedar Rapids, IA	32:30	10:28/M	32:23	10:25/M
108	44	4 F15	Jacqueline Scaglione, F15	Des Moines, IA	32:34	10:29/M	32:32	10:28/M
109	45	8 F30	Victoria Scaglione, F36	Cedar Rapids, IA	32:34	10:29/M	32:32	10:28/M
110	46	7 JRF	Katie Conyers, F10	Cedar Rapids, IA	32:36	10:29/M	32:30	10:28/M
111	65	14 M30	Matt Geissinger, M39	Cedar Rapids, IA	32:37	10:30/M	32:32	10:28/M
112	47	9 F30	Amy Conyers, F39	Cedar Rapids, IA	32:39	10:30/M	32:33	10:29/M
113	66	2 M15	Adam Todd, M15	Cedar Rapids, IA	32:56	10:36/M	32:47	10:33/M
114	67	13 M50	Dale Todd, M56	Cedar Rapids, IA	32:57	10:36/M	32:49	10:34/M
115	48	11 F11	Anyssa Ball, F13	Cedar Rapids, IA	33:00	10:37/M	32:39	10:31/M
116	49	8 JRF	Chloe Roster, F9	Cedar Rapids, IA	33:02	10:38/M	32:52	10:35/M

117	50	12 F11	Lydia Kilgore, F13	Cedar Rapids, IA	33:12	10:41/M	33:07	10:39/M
118	51	10 F30	Emmy Ball, F36	Cedar Rapids, IA	33:13	10:41/M	32:55	10:36/M
119	68	10 M11	Joshua Santel, M13	Cedar Rapids, IA	33:16	10:42/M	33:09	10:40/M
120	69	15 M30	Doug Miller, M30	Cedar Rapids, IA	33:18	10:43/M	33:10	10:41/M
121	52	11 F30	Julie Hoffmann, F37	Hiawatha, IA	33:24	10:45/M	33:22	10:44/M
122	53	5 F15	Courtney Jacobs, F19	Cedar Rapids, IA	33:29	10:47/M	33:20	10:44/M
123	54	12 F30	Sarah Sines, F39	Cedar Rapids, IA	33:41	10:51/M	33:27	10:46/M
124	70	12 JRM	Owen Kilgore, M8	Cedar Rapids, IA	33:56	10:55/M	33:51	10:54/M
125	55	13 F30	Sarah Kilgore, F39	Cedar Rapids, IA	33:57	10:56/M	33:52	10:54/M
126	56	9 JRF	Clair Weber, F8	Cedar Rapids, IA	33:59	10:56/M	33:49	10:53/M
127	57	13 F11	Jade Henderson, F14	Cedar Rapids, IA	34:06	10:59/M	33:53	10:54/M
128	71	13 JRM	Torrey Johnson, M7	Cedar Rapids, IA	34:10	11:00/M	33:57	10:56/M
129	58	6 F40	Tricia Henderson, F44	Cedar Rapids, IA	34:13	11:01/M	34:00	10:57/M
130	59	14 F30	Megan Poggenklass, F38	Cedar Rapids, IA	34:14	11:01/M	34:04	10:58/M
131	60	9 F20	Lenore Kohrs, F28	Cedar Rapids, IA	34:15	11:01/M	34:15	11:01/M
132	72	14 M50	Truman Johnson, M52	Cedar Rapids, IA	34:19	11:03/M	33:59	10:56/M
133	73	14 JRM	Brady Johnson, M7	Cedar Rapids, IA	34:19	11:03/M	34:00	10:57/M
134	61	7 F40	Jen Neumann, F41	Cedar Rapids, IA	34:21	11:03/M	34:08	10:59/M
135	74	16 M30	Jeremy Van Genderen, M34	Cedar Rapids, IA	34:22	11:04/M	34:03	10:58/M
136	62	8 F40	Wendy Jipp, F48	Bettendorf, IA	34:25	11:05/M	34:21	11:03/M
137	75	15 M50	Gary Jipp, M52	Bettendorf, IA	34:25	11:05/M	34:22	11:04/M
138	63	4 F50	Jean Dwyer, F57	Iowa City, IA	34:27	11:05/M	34:05	10:58/M
139	64	15 F30	Melissa Martinez, F37	Bettendorf, IA	34:28	11:06/M	34:08	10:59/M
140	76	17 M30	Santiago Martinez, M38	Bettendorf, IA	34:29	11:06/M	34:07	10:59/M
141	77	2 M60	Al Kacere, M66	Marion, IA	34:31	11:07/M	34:10	11:00/M
142	65	16 F30	Ellery Smith, F37	Cedar Rapids, IA	34:32	11:07/M	34:29	11:06/M

143	66	10 JRF	Breanna Van Genderen, F10	Cedar Rapids, IA	34:32	11:07/M	34:12	11:01/M
144	78	11 M11	Calvin Smith, M11	Cedar Rapids, IA	34:32	11:07/M	34:30	11:06/M
145	79	13 M40	Jake Sprouts, M45	Cedar Rapids, IA	34:32	11:07/M	34:16	11:02/M
146	67	17 F30	Jeanette Van Genderen, F32	Cedar Rapids, IA	34:32	11:07/M	34:13	11:01/M
147	80	15 JRM	Ashton Allyn, M8	Cedar Rapids, IA	34:41	11:10/M	34:26	11:05/M
148	81	16 JRM	Evan Hines, M10	Cedar Rapids, IA	34:42	11:10/M	34:41	11:10/M
149	82	17 JRM	Jackson Berry, M9	Cedar Rapids, IA	34:57	11:15/M	34:51	11:13/M
150	83	18 M30	Josh Berry, M35	Cedar Rapids, IA	34:59	11:16/M	34:53	11:14/M
151	68	9 F40	Mary Mosher, F41	Cedar Rapids, IA	35:05	11:17/M	34:55	11:14/M
152	69	11 JRF	Anabel Bradley, F8	Cedar Rapids, IA	35:08	11:18/M	35:02	11:17/M
153	70	10 F40	Vicki Fosmo, F43	Cedar Rapids, IA	35:12	11:20/M	34:59	11:16/M
154	84	18 JRM	Tyler Miers, M9	Cedar Rapids, IA	35:16	11:21/M	35:10	11:19/M
155	71	11 F40	Julie Bradley, F47	Cedar Rapids, IA	35:17	11:21/M	35:11	11:19/M
156	72	12 JRF	Zakkeyyia Pledge, F10	Cedar Rapids, IA	35:26	11:24/M	35:11	11:20/M
157	73	5 F50	Jay Long, F51	Robins, IA	35:40	11:29/M	35:25	11:24/M
158	74	12 F40	Jacqueline Kullander, F48	Cedar Rapids, IA	36:03	11:36/M	35:51	11:32/M
159	75	13 JRF	Annika Twedt-Ball, F10	Cedar Rapids, IA	36:15	11:40/M	35:56	11:34/M
160	85	12 M11	Quinton Ellis, M11	Hiawatha, IA	36:15	11:40/M	36:03	11:36/M
161	86	14 M40	Clint Twedt-Ball, M42	Cedar Rapids, IA	36:15	11:40/M	35:58	11:35/M
162	87	16 M50	Bruce Ellis, M51	Hiawatha, IA	36:16	11:40/M	36:04	11:37/M
163	76	18 F30	Karla Twedt-Ball, F39	Cedar Rapids, IA	36:21	11:42/M	36:01	11:36/M
164	77	14 JRF	Aidyn Ball, F10	Cedar Rapids, IA	36:21	11:42/M	36:02	11:36/M
165	88	19 M30	Courtney Ball, M37	Cedar Rapids, IA	36:22	11:42/M	36:04	11:36/M
166	78	14 F11	Roneisha Techau, F11	Cedar Rapids, IA	36:29	11:45/M	36:14	11:40/M
167	89	19 JRM	George Corbett, M9	Cedar Rapids, IA	36:31	11:45/M	36:15	11:40/M

168	79	10 F20	Megan Boomershine, F23	Hiawatha, IA	36:39	11:48/M	36:24	11:43/M
169	80	11 F20	Brooke Speraw, F25	Cedar Rapids, IA	36:40	11:48/M	36:24	11:43/M
170	81	12 F20	Joslin Hanna, F28	Marion, IA	36:40	11:48/M	36:26	11:43/M
171	82	6 F50	Diane Peiffer, F53	Rose Hill, IA	36:51	11:52/M	36:48	11:51/M
172	83	15 JRF	Hanna McLaughlin, F10	Cedar Rapids, IA	37:05	11:56/M	37:04	11:56/M
173	84	7 F50	Terry Polaski, F54	Swisher, IA	37:12	11:58/M	36:59	11:54/M
174	85	15 F11	Anafer Millsap, F13	Hiawatha, IA	37:14	11:59/M	37:12	11:58/M
175	86	19 F30	Marci Williams, F39	Cedar Rapids, IA	37:30	12:04/M	37:19	12:01/M
176	87	13 F40	Cari Martin, F43	Norway, IA	37:32	12:05/M	37:19	12:01/M
177	88	16 JRF	Torian Julius, F9	Cedar Rapids, IA	37:59	12:14/M	37:46	12:09/M
178	89	17 JRF	Gaby Kilgore, F10	Cedar Rapids, IA	38:05	12:16/M	38:03	12:15/M
179	90	18 JRF	Keara Millsap, F10	Hiawatha, IA	38:08	12:17/M	38:04	12:15/M
180	91	19 JRF	Alexandra Locke, F10	Solon, IA	38:13	12:18/M	37:58	12:13/M
181	92	13 F20	Brittany Carney, F22	Cedar Rapids, IA	38:14	12:18/M	38:00	12:14/M
182	93	14 F40	Sashi Solomon, F49	Cedar Rapids, IA	38:16	12:19/M	38:07	12:16/M
183	90	20 JRM	Kael Millsap, M6	Hiawatha, IA	38:18	12:20/M	38:15	12:19/M
184	94	20 F30	Ana Millsap, F37	Hiawatha, IA	38:19	12:20/M	38:16	12:19/M
185	95	20 JRF	Lindesy Lesmeister, F10	Cedar Rapids, IA	38:23	12:21/M	38:18	12:20/M
186	96	16 F11	Alleah Hilgendorf, F11	Cedar Rapids, IA	38:23	12:21/M	38:18	12:20/M
187	97	14 F20	Rebecca Norton, F26	Cedar Rapids, IA	38:33	12:24/M	38:29	12:23/M
188	98	21 JRF	Dynasty Roundtree, F10	Cedar Rapids, IA	38:33	12:25/M	38:19	12:20/M
189	99	15 F40	Angela Litts, F40	Cedar Rapids, IA	38:43	12:28/M	38:40	12:27/M
190	100	22 JRF	Kira Sullivan, F10	Cedar Rapids, IA	38:50	12:30/M	38:44	12:28/M
191	101	23 JRF	Sakeina Taylor, F10	Cedar Rapids, IA	38:59	12:33/M	38:45	12:28/M
192	102	8 F50	Joann Dobbin, F55	Cedar Rapids, IA	39:03	12:34/M	38:39	12:27/M
193	103	16 F40	Jennifer Owens, F41	Cedar Rapids, IA	39:23	12:41/M	39:13	12:37/M
194	104	24 JRF	Abigail Owens, F10	Cedar Rapids, IA	39:23	12:41/M	39:13	12:37/M



195	105	17 F11	Paige Weber, F11	Cedar Rapids, IA	39:45	12:48/M	39:35	12:44/M
196	91	20 M30	Marty Weber, M39	Cedar Rapids, IA	39:45	12:48/M	39:35	12:44/M
197	106	25 JRF	Keana Millsap, F10	Hiawatha, IA	39:57	12:51/M	39:55	12:51/M
198	107	26 JRF	Marissa Rahe, F6	Palo, IA	40:01	12:53/M	39:46	12:48/M
199	92	21 M30	Dustin Rahe, M35	Palo, IA	40:02	12:53/M	39:47	12:48/M
200	108	27 JRF	Lydia Nichols, F8	Cedar Rapids, IA	40:07	12:55/M	40:04	12:54/M
201	109	28 JRF	Kiera McLaughlin, F8	Robins, IA	40:13	12:57/M	40:10	12:56/M
202	93	3 M15	Chad Smeby, M16	Cedar Rapids, IA	40:14	12:57/M	40:11	12:56/M
203	110	21 F30	Melissa McLaughlin, F33	Robins, IA	40:15	12:57/M	40:11	12:56/M
204	111	22 F30	Sara Nichols, F36	Cedar Rapids, IA	40:19	12:59/M	40:16	12:58/M
205	112	18 F11	Emma Ohrt, F11	Cedar Rapids, IA	40:20	12:59/M	40:05	12:54/M
206	113	23 F30	Trisha Groenenboom, F39	Cedar Rapids, IA	40:20	12:59/M	40:06	12:55/M
207	114	29 JRF	Koey Nieprawski, F6	Hiawatha, IA	40:29	13:02/M	40:28	13:02/M
208	94	3 M60	Michael Theobald, M63	Iowa City, IA	40:30	13:02/M	40:28	13:01/M
209	115	30 JRF	Devin Smeby, F7	Cedar Rapids, IA	40:37	13:04/M	40:35	13:04/M
210	116	19 F11	Annalise Guckenberger, F14	Cedar Rapids, IA	40:43	13:06/M	40:31	13:02/M
211	117	20 F11	Gabby Barnes, F11	Cedar Rapids, IA	41:02	13:13/M	40:51	13:09/M
212	118	24 F30	Rhoni Jo Barnes, F37	Cedar Rapids, IA	41:10	13:15/M	41:00	13:12/M
213	95	5 M20	Nathan Tjelmeland, M26	Center Point, IA	41:18	13:18/M	40:56	13:11/M
214	96	21 JRM	Kenyon Sales, M9	Cedar Rapids, IA	41:29	13:21/M	41:29	13:21/M
215	119	25 F30	Crystal Berry, F35	Cedar Rapids, IA	41:30	13:21/M	41:22	13:19/M
216	120	31 JRF	Ella Berry, F6	Cedar Rapids, IA	41:30	13:22/M	41:23	13:19/M
217	97	22 JRM	Cardell Berry, M9	Cedar Rapids, IA	41:33	13:22/M	41:32	13:22/M
218	121	9 F50	Lisa Nagle, F51	Cedar Rapids, IA	41:56	13:30/M	41:53	13:29/M
219	122	26 F30	Jodi Paden, F31	Cedar Rapids, IA	42:39	13:44/M	42:24	13:39/M

220	123	10 F50	Dawana McArtor, F50	Cedar Rapids, IA	42:55	13:49/M	42:45	13:45/M
221	98	23 JRM	Loki Price, M10	Cedar Rapids, IA	43:01	13:51/M	42:55	13:49/M
222	124	17 F40	Renea Santel, F43	Robins, IA	43:04	13:52/M	42:59	13:50/M
223	125	21 F11	Margaret Santel, F14	Cedar Rapids, IA	43:04	13:52/M	42:58	13:50/M
224	99	24 JRM	Marshall Kurseth, M9	Cedar Rapids, IA	44:07	14:12/M	43:58	14:09/M
225	126	18 F40	Kamille Kurseth, F41	Cedar Rapids, IA	44:07	14:12/M	43:58	14:09/M
226	127	19 F40	Shelley Schneider, F44	Ely, IA	46:02	14:49/M	45:43	14:43/M
227	128	27 F30	Nicole Parris, F35	Duncan, SC	46:02	14:49/M	45:42	14:43/M
228	129	32 JRF	Ellie Thompson, F10	Cedar Rapids, IA	46:05	14:50/M	46:02	14:49/M
229	130	28 F30	Andrea Rogers, F32	Cedar Rapids, IA	46:50	15:05/M	46:33	14:59/M
230	100	25 JRM	Tavien Rogers, M8	Cedar Rapids, IA	46:51	15:05/M	46:33	14:59/M
231	131	20 F40	Kimberly Webber, F40	Cedar Rapids, IA	46:54	15:06/M	46:37	15:00/M
232	132	21 F40	Jyl Morgan, F41	Palo, IA	47:00	15:08/M	46:49	15:04/M
233	133	22 F40	Lisa Jacobs, F42	Cedar Rapids, IA	47:00	15:08/M	46:47	15:04/M
234	134	33 JRF	Rebecca Warfield, F10	Cedar Rapids, IA	47:15	15:13/M	47:09	15:10/M
235	135	34 JRF	Mariah Barmute, F9	Cedar Rapids, IA	48:20	15:33/M	48:15	15:32/M
236	136	1 F60	Cynthia Root, F63	Cedar Rapids, IA	49:52	16:03/M	49:33	15:57/M
237	137	29 F30	Sarah Bengtson, F34	Cedar Rapids, IA	49:53	16:03/M	49:35	15:58/M
238	138	30 F30	Ashley Baker, F30	Center Point, IA	50:30	16:15/M	50:13	16:10/M
239	139	35 JRF	Rylee Petrick, F7	Marion, IA	51:19	16:31/M	51:01	16:25/M
240	101	26 JRM	Zane Wilson, M9	Cedar Rapids, IA	51:19	16:31/M	51:12	16:29/M
241	102	27 JRM	Nicholas Hand, M9	Hiawatha, IA	51:32	16:35/M	51:18	16:31/M
242	140	36 JRF	Kaylee Harris, F8	Cedar Rapids, IA	51:32	16:35/M	51:25	16:33/M
243	103	6 M20	David Savino, M25	Cedar Rapids, IA	51:34	16:36/M	51:26	16:33/M
244	141	2 F60	Therese Rowell, F64	Cedar Rapids, IA	53:16	17:09/M	52:58	17:03/M
245	142	3 F60	Patricia Mullen, F64	Cedar Rapids, IA	53:16	17:09/M	52:58	17:03/M

246	143	37 JRF	Miriam Legge, F7	Cedar Rapids, IA	55:03	17:43/M	54:50	17:39/M
247	144	31 F30	Andra Legge, F34	Cedar Rapids, IA	55:03	17:43/M	54:49	17:39/M
248	145	38 JRF	Abigail Green, F10	Hiawatha, IA	55:25	17:50/M	54:53	17:40/M
249	146	23 F40	Kim Green, F43	Hiawatha, IA	56:32	18:12/M	55:58	18:01/M
250	104	28 JRM	Mason Koch, M9	Cedar Rapids, IA	57:49	18:37/M	57:37	18:33/M
251	105	15 M40	Dan Koch, M41	Cedar Rapids, IA	57:54	18:38/M	57:41	18:34/M
252	147	24 F40	Carrie Koch, F40	Cedar Rapids, IA	59:21	19:06/M	58:59	18:59/M
253	148	25 F40	Mary Tredway, F42	Cedar Rapids, IA	59:22	19:06/M	58:59	18:59/M
254	106	16 M40	Douglas Peterson, M44	Marion, IA	59:23	19:07/M	59:00	18:59/M
255	107	13 M11	Mathew Worthingtonbarnes, M11	Cedar Rapids, IA	1:10:59	22:51/M	1:10:40	22:45/M
256	108	17 M50	Chris Worthingtonbarnes, M51	Cedar Rapids, IA	1:11:00	22:51/M	1:10:38	22:44/M
257	149	26 F40	Wendy Worthingtonbarnes, F49	Cedar Rapids, IA	1:11:00	22:51/M	1:10:37	22:44/M

### Overall and Age Divisions

#### Overall Male

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Jeremy Fopma, M14	Marion, IA	18:54	6:05/M	18:53	6:05/M

#### Overall Female

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Serena Eck, F13	Cedar Rapids, IA	24:36	7:55/M	24:29	7:53/M

#### M[10 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Hayden Kuhn, M10	Marion, IA	23:24	7:32/M	23:23	7:32/M
2	Dakota Harris, M9	Cedar Rapids, IA	25:02	8:03/M	24:56	8:01/M
3	Luke Hoffmann, M10	Hiawatha, IA	25:48	8:18/M	25:48	8:18/M

4	Nicholas Foreman, M8	Cedar Rapids, IA	26:07	8:24/M	26:06	8:24/M
5	Jacob Bruns, M8	Cedar Rapids, IA	26:13	8:26/M	26:08	8:25/M
6	Alexander MacKin, M10	Cedar Rapids, IA	29:39	9:33/M	29:38	9:32/M
7	Jeffrey Harrington, M9	Cedar Rapids, IA	29:45	9:34/M	29:44	9:34/M
8	Cameron Smeby, M10	Cedar Rapids, IA	29:51	9:36/M	29:48	9:36/M
9	Aidan Armon, M10	Cedar Rapids, IA	29:56	9:38/M	29:47	9:35/M
10	John Lorenz, M9	Cedar Rapids, IA	30:04	9:41/M	29:55	9:38/M
11	Kyle Crock, M10	Hiawatha, IA	30:25	9:47/M	30:12	9:43/M
12	Owen Kilgore, M8	Cedar Rapids, IA	33:56	10:55/M	33:51	10:54/M
13	Torrey Johnson, M7	Cedar Rapids, IA	34:10	11:00/M	33:57	10:56/M
14	Brady Johnson, M7	Cedar Rapids, IA	34:19	11:03/M	34:00	10:57/M
15	Ashton Allyn, M8	Cedar Rapids, IA	34:41	11:10/M	34:26	11:05/M
16	Evan Hines, M10	Cedar Rapids, IA	34:42	11:10/M	34:41	11:10/M
17	Jackson Berry, M9	Cedar Rapids, IA	34:57	11:15/M	34:51	11:13/M
18	Tyler Miers, M9	Cedar Rapids, IA	35:16	11:21/M	35:10	11:19/M
19	George Corbett, M9	Cedar Rapids, IA	36:31	11:45/M	36:15	11:40/M
20	Kael Millsap, M6	Hiawatha, IA	38:18	12:20/M	38:15	12:19/M
21	Kenyon Sales, M9	Cedar Rapids, IA	41:29	13:21/M	41:29	13:21/M
22	Cardell Berry, M9	Cedar Rapids, IA	41:33	13:22/M	41:32	13:22/M
23	Loki Price, M10	Cedar Rapids, IA	43:01	13:51/M	42:55	13:49/M
24	Marshall Kurseth, M9	Cedar Rapids, IA	44:07	14:12/M	43:58	14:09/M
25	Tavien Rogers, M8	Cedar Rapids, IA	46:51	15:05/M	46:33	14:59/M
26	Zane Wilson, M9	Cedar Rapids, IA	51:19	16:31/M	51:12	16:29/M
27	Nicholas Hand, M9	Hiawatha, IA	51:32	16:35/M	51:18	16:31/M
28	Mason Koch, M9	Cedar Rapids, IA	57:49	18:37/M	57:37	18:33/M

**F[10 & Under]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Victoria Knight, F10	Hiawatha, IA	28:17	9:06/M	28:12	9:05/M
2	Estelle Schneidermann, F10	Cedar Rapids, IA	29:08	9:23/M	29:07	9:22/M
3	Taylor Ciabatti, F9	Cedar Rapids, IA	29:10	9:23/M	29:04	9:21/M
4	Kelsie Kolthoff, F9	Cedar Rapids, IA	30:25	9:47/M	30:17	9:45/M
5	Julia Zahradnik, F10	Cedar Rapids, IA	30:35	9:51/M	30:34	9:50/M
6	Sierra Schumacher, F9	Cedar Rapids, IA	32:17	10:24/M	32:15	10:23/M
7	Katie Conyers, F10	Cedar Rapids, IA	32:36	10:29/M	32:30	10:28/M
8	Chloe Roster, F9	Cedar Rapids, IA	33:02	10:38/M	32:52	10:35/M
9	Clair Weber, F8	Cedar Rapids, IA	33:59	10:56/M	33:49	10:53/M
10	Breanna Van Genderen, F10	Cedar Rapids, IA	34:32	11:07/M	34:12	11:01/M
11	Anabel Bradley, F8	Cedar Rapids, IA	35:08	11:18/M	35:02	11:17/M
12	Zakkeyyia Pledge, F10	Cedar Rapids, IA	35:26	11:24/M	35:11	11:20/M
13	Annika Twedt-Ball, F10	Cedar Rapids, IA	36:15	11:40/M	35:56	11:34/M
14	Aidyn Ball, F10	Cedar Rapids, IA	36:21	11:42/M	36:02	11:36/M

15	Hanna McLaughlin, F10	Cedar Rapids, IA	37:05	11:56/M	37:04	11:56/M
16	Torian Julius, F9	Cedar Rapids, IA	37:59	12:14/M	37:46	12:09/M
17	Gaby Kilgore, F10	Cedar Rapids, IA	38:05	12:16/M	38:03	12:15/M
18	Keara Millsap, F10	Hiawatha, IA	38:08	12:17/M	38:04	12:15/M
19	Alexandra Locke, F10	Solon, IA	38:13	12:18/M	37:58	12:13/M
20	Lindesy Lesmeister, F10	Cedar Rapids, IA	38:23	12:21/M	38:18	12:20/M
21	Dynasty Roundtree, F10	Cedar Rapids, IA	38:33	12:25/M	38:19	12:20/M
22	Kira Sullivan, F10	Cedar Rapids, IA	38:50	12:30/M	38:44	12:28/M
23	Sakeina Taylor, F10	Cedar Rapids, IA	38:59	12:33/M	38:45	12:28/M
24	Abigail Owens, F10	Cedar Rapids, IA	39:23	12:41/M	39:13	12:37/M
25	Keana Millsap, F10	Hiawatha, IA	39:57	12:51/M	39:55	12:51/M
26	Marissa Rahe, F6	Palo, IA	40:01	12:53/M	39:46	12:48/M
27	Lydia Nichols, F8	Cedar Rapids, IA	40:07	12:55/M	40:04	12:54/M
28	Kiera McLaughlin, F8	Robins, IA	40:13	12:57/M	40:10	12:56/M
29	Koey Nieprawski, F6	Hiawatha, IA	40:29	13:02/M	40:28	13:02/M
30	Devin Smeby, F7	Cedar Rapids, IA	40:37	13:04/M	40:35	13:04/M
31	Ella Berry, F6	Cedar Rapids, IA	41:30	13:22/M	41:23	13:19/M
32	Ellie Thompson, F10	Cedar Rapids, IA	46:05	14:50/M	46:02	14:49/M
33	Rebecca Warfield, F10	Cedar Rapids, IA	47:15	15:13/M	47:09	15:10/M
34	Mariah Barmute, F9	Cedar Rapids, IA	48:20	15:33/M	48:15	15:32/M
35	Rylee Petrick, F7	Marion, IA	51:19	16:31/M	51:01	16:25/M
36	Kaylee Harris, F8	Cedar Rapids, IA	51:32	16:35/M	51:25	16:33/M
37	Miriam Legge, F7	Cedar Rapids, IA	55:03	17:43/M	54:50	17:39/M
38	Abigail Green, F10	Hiawatha, IA	55:25	17:50/M	54:53	17:40/M

**M[11-14]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Riley Walton, M13	Cedar Rapids, IA	22:05	7:06/M	22:04	7:06/M
2	Branden Knight, M13	Hiawatha, IA	22:53	7:22/M	22:52	7:21/M
3	Jacob Ciabatti, M13	Cedar Rapids, IA	23:12	7:28/M	23:05	7:26/M
4	Joe Foreman, M11	Cedar Rapids, IA	24:18	7:49/M	24:18	7:49/M
5	Xander Scaglione, M11	Cedar Rapids, IA	28:45	9:15/M	28:43	9:15/M
6	Aidan Helle, M11	Cedar Rapids, IA	29:02	9:21/M	29:01	9:20/M
7	Isaac Twedt-Ball, M12	Cedar Rapids, IA	29:28	9:29/M	29:07	9:22/M
8	Gabriel Greco, M13	Cedar Rapids, IA	29:49	9:36/M	29:42	9:34/M
9	Tyler Hurt, M14	Cedar Rapids, IA	32:24	10:26/M	32:21	10:25/M
10	Joshua Santel, M13	Cedar Rapids, IA	33:16	10:42/M	33:09	10:40/M
11	Calvin Smith, M11	Cedar Rapids, IA	34:32	11:07/M	34:30	11:06/M
12	Quinton Ellis, M11	Hiawatha, IA	36:15	11:40/M	36:03	11:36/M
13	Mathew Worthingtonbarnes, M11	Cedar Rapids, IA	1:10:59	22:51/M	1:10:40	22:45/M

**F[11-14]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace</u>	<u>Chip Time</u>	<u>Pace</u>
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				<u>mpm</u>		<u>mpm</u>
1	Jenny Hughes, F14	Cedar Rapids, IA	24:44	7:58/M	24:37	7:55/M
2	Hannah Ratzler, F14	Cedar Rapids, IA	25:28	8:12/M	25:20	8:09/M
3	Briana McLaughlin, F12	Robins, IA	25:52	8:19/M	25:50	8:19/M
4	Laura Feld, F14	Cedar Rapids, IA	26:44	8:36/M	26:33	8:33/M
5	Erica Schulte, F11	Robins, IA	27:24	8:49/M	27:21	8:48/M
6	Hannah Sperfslage, F14	Lisbon, IA	28:27	9:09/M	28:20	9:07/M
7	Gracee Neumann, F13	Cedar Rapids, IA	30:20	9:46/M	30:08	9:42/M
8	Maddie Miller, F12	Cedar Rapids, IA	31:01	9:59/M	30:53	9:56/M
9	Holly Christensen, F12	Cedar Rapids, IA	32:23	10:25/M	32:14	10:22/M
10	Sarah Schillinger, F13	Cedar Rapids, IA	32:30	10:28/M	32:23	10:25/M
11	Anyssa Ball, F13	Cedar Rapids, IA	33:00	10:37/M	32:39	10:31/M
12	Lydia Kilgore, F13	Cedar Rapids, IA	33:12	10:41/M	33:07	10:39/M
13	Jade Henderson, F14	Cedar Rapids, IA	34:06	10:59/M	33:53	10:54/M
14	Roneisha Techau, F11	Cedar Rapids, IA	36:29	11:45/M	36:14	11:40/M
15	Anafer Millsap, F13	Hiawatha, IA	37:14	11:59/M	37:12	11:58/M
16	Alleah Hilgendorf, F11	Cedar Rapids, IA	38:23	12:21/M	38:18	12:20/M
17	Paige Weber, F11	Cedar Rapids, IA	39:45	12:48/M	39:35	12:44/M
18	Emma Ohrt, F11	Cedar Rapids, IA	40:20	12:59/M	40:05	12:54/M
19	Annalise Guckenberger, F14	Cedar Rapids, IA	40:43	13:06/M	40:31	13:02/M
20	Gabby Barnes, F11	Cedar Rapids, IA	41:02	13:13/M	40:51	13:09/M
21	Margaret Santel, F14	Cedar Rapids, IA	43:04	13:52/M	42:58	13:50/M

**M[15-19]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Bryce Williams, M15	Cedar Rapids, IA	25:18	8:09/M	25:17	8:08/M
2	Adam Todd, M15	Cedar Rapids, IA	32:56	10:36/M	32:47	10:33/M
3	Chad Smeby, M16	Cedar Rapids, IA	40:14	12:57/M	40:11	12:56/M

**F[15-19]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Ali Meyer, F15	Cedar Rapids, IA	26:44	8:36/M	26:33	8:33/M
2	Maggie Gallagher, F15	Cedar Rapids, IA	29:51	9:37/M	29:38	9:32/M
3	Kelsie Coates, F18	Cedar Rapids, IA	31:28	10:08/M	31:19	10:05/M
4	Jacqueline Scaglione, F15	Des Moines, IA	32:34	10:29/M	32:32	10:28/M
5	Courtney Jacobs, F19	Cedar Rapids, IA	33:29	10:47/M	33:20	10:44/M

**M[20-29]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
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1	Kyle Phillips, M28	Cedar Rapids, IA	25:59	8:22/M	25:49	8:18/M
2	Adam Steele, M29	Norway, IA	31:39	10:11/M	31:26	10:07/M
3	Paul Partridge, M26	Cedar Rapids, IA	32:02	10:18/M	31:45	10:13/M
4	Brandon Paulsen, M28	Des Moines, IA	32:30	10:28/M	32:26	10:26/M
5	Nathan Tjelmeland, M26	Center Point, IA	41:18	13:18/M	40:56	13:11/M
6	David Savino, M25	Cedar Rapids, IA	51:34	16:36/M	51:26	16:33/M

**F[20-29]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Amy Thompson, F23	Cedar Rapids, IA	24:51	8:00/M	24:49	7:59/M
2	Ashley Jipp, F21	Cedar Rapids, IA	26:36	8:34/M	26:33	8:33/M
3	Lindsey Jipp, F21	Cedar Rapids, IA	26:51	8:39/M	26:48	8:38/M
4	Kate Penrod, F26	Anamosa, IA	28:44	9:15/M	28:36	9:12/M
5	Stephany Newkirk, F28	North Liberty, IA	28:45	9:15/M	28:35	9:12/M
6	Brittany Kuba, F28	Cedar Rapids, IA	30:04	9:41/M	29:44	9:34/M
7	Joshua Yilek, F28	North Liberty, IA	30:55	9:57/M	30:38	9:52/M
8	Megan Yilek, F25	North Liberty, IA	30:55	9:57/M	30:37	9:51/M
9	Lenore Kohrs, F28	Cedar Rapids, IA	34:15	11:01/M	34:15	11:01/M
10	Megan Boomershine, F23	Hiawatha, IA	36:39	11:48/M	36:24	11:43/M
11	Brooke Speraw, F25	Cedar Rapids, IA	36:40	11:48/M	36:24	11:43/M
12	Joslin Hanna, F28	Marion, IA	36:40	11:48/M	36:26	11:43/M
13	Brittany Carney, F22	Cedar Rapids, IA	38:14	12:18/M	38:00	12:14/M
14	Rebecca Norton, F26	Cedar Rapids, IA	38:33	12:24/M	38:29	12:23/M

**M[30-39]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Ean Caskey, M32	Lisbon, IA	19:32	6:17/M	19:32	6:17/M
2	Mike Newman, M36	Cedar Rapids, IA	19:47	6:22/M	19:46	6:22/M
3	Garret Locke, M39	Solon, IA	20:36	6:38/M	20:36	6:38/M
4	Wes Hilleshiem, M36	Marion, IA	20:44	6:40/M	20:41	6:40/M
5	Jason Fisher, M33	Hiawatha, IA	22:13	7:09/M	22:08	7:07/M
6	Matthew Fekkether, M36	Cedar Rapids, IA	23:08	7:27/M	22:57	7:23/M
7	Bret Williamson, M38	Cedar Rapids, IA	23:08	7:27/M	23:07	7:26/M
8	Doug Slings, M37	Palo, IA	23:34	7:35/M	23:28	7:33/M
9	Kyle Clark, M30	Cedar Rapids, IA	24:48	7:59/M	24:41	7:57/M
10	Matthew Piersall, M38	Cedar Rapids, IA	27:45	8:56/M	27:31	8:52/M
11	Ryan Corey, M32	Cedar Rapids, IA	28:15	9:06/M	28:06	9:03/M
12	Rob Ackley, M36	Marion, IA	29:37	9:32/M	29:27	9:29/M
13	Andy Schumacher, M35	Cedar Rapids, IA	32:19	10:24/M	32:17	10:23/M
14	Matt Geissinger, M39	Cedar Rapids, IA	32:37	10:30/M	32:32	10:28/M

15	Doug Miller, M30	Cedar Rapids, IA	33:18	10:43/M	33:10	10:41/M
16	Jeremy Van Genderen, M34	Cedar Rapids, IA	34:22	11:04/M	34:03	10:58/M
17	Santiago Martinez, M38	Bettendorf, IA	34:29	11:06/M	34:07	10:59/M
18	Josh Berry, M35	Cedar Rapids, IA	34:59	11:16/M	34:53	11:14/M
19	Courtney Ball, M37	Cedar Rapids, IA	36:22	11:42/M	36:04	11:36/M
20	Marty Weber, M39	Cedar Rapids, IA	39:45	12:48/M	39:35	12:44/M
21	Dustin Rahe, M35	Palo, IA	40:02	12:53/M	39:47	12:48/M

**F[30-39]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Laura Smeby, F39	Cedar Rapids, IA	27:47	8:56/M	27:45	8:56/M
2	Ruth Hospodarsky, F33	Hiawatha, IA	29:50	9:36/M	29:40	9:33/M
3	Jackie McDermott, F33	Cedar Rapids, IA	31:00	9:59/M	30:56	9:58/M
4	Tiffany Miller, F37	Cedar Rapids, IA	31:02	9:59/M	30:53	9:56/M
5	Nichole Plagge, F38	Cedar Rapids, IA	31:15	10:04/M	31:04	10:00/M
6	Heidi Mittelsteadt, F31	Cedar Rapids, IA	31:28	10:08/M	31:17	10:04/M
7	Melissa Robinette, F30	Cedar Rapids, IA	31:52	10:15/M	31:46	10:14/M
8	Victoria Scaglione, F36	Cedar Rapids, IA	32:34	10:29/M	32:32	10:28/M
9	Amy Conyers, F39	Cedar Rapids, IA	32:39	10:30/M	32:33	10:29/M
10	Emmy Ball, F36	Cedar Rapids, IA	33:13	10:41/M	32:55	10:36/M
11	Julie Hoffmann, F37	Hiawatha, IA	33:24	10:45/M	33:22	10:44/M
12	Sarah Sines, F39	Cedar Rapids, IA	33:41	10:51/M	33:27	10:46/M
13	Sarah Kilgore, F39	Cedar Rapids, IA	33:57	10:56/M	33:52	10:54/M
14	Megan Poggenklass, F38	Cedar Rapids, IA	34:14	11:01/M	34:04	10:58/M
15	Melissa Martinez, F37	Bettendorf, IA	34:28	11:06/M	34:08	10:59/M
16	Ellery Smith, F37	Cedar Rapids, IA	34:32	11:07/M	34:29	11:06/M
17	Jeanette Van Genderen, F32	Cedar Rapids, IA	34:32	11:07/M	34:13	11:01/M
18	Karla Twedt-Ball, F39	Cedar Rapids, IA	36:21	11:42/M	36:01	11:36/M
19	Marci Williams, F39	Cedar Rapids, IA	37:30	12:04/M	37:19	12:01/M
20	Ana Millsap, F37	Hiawatha, IA	38:19	12:20/M	38:16	12:19/M
21	Melissa McLaughlin, F33	Robins, IA	40:15	12:57/M	40:11	12:56/M
22	Sara Nichols, F36	Cedar Rapids, IA	40:19	12:59/M	40:16	12:58/M
23	Trisha Groenenboom, F39	Cedar Rapids, IA	40:20	12:59/M	40:06	12:55/M
24	Rhoni Jo Barnes, F37	Cedar Rapids, IA	41:10	13:15/M	41:00	13:12/M
25	Crystal Berry, F35	Cedar Rapids, IA	41:30	13:21/M	41:22	13:19/M
26	Jodi Paden, F31	Cedar Rapids, IA	42:39	13:44/M	42:24	13:39/M
27	Nicole Parris, F35	Duncan, SC	46:02	14:49/M	45:42	14:43/M
28	Andrea Rogers, F32	Cedar Rapids, IA	46:50	15:05/M	46:33	14:59/M
29	Sarah Bengtson, F34	Cedar Rapids, IA	49:53	16:03/M	49:35	15:58/M
30	Ashley Baker, F30	Center Point, IA	50:30	16:15/M	50:13	16:10/M



31 Andra Legge, F34 Cedar Rapids, IA 55:03 17:43/M 54:49 17:39/M

**M[40-49]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	John Armon, M48	Cedar Rapids, IA	19:36	6:18/M	19:35	6:18/M
2	Brian Gearheart, M41	Cedar Rapids, IA	22:48	7:20/M	22:47	7:20/M
3	Jeff Schulte, M46	Robins, IA	27:25	8:49/M	27:22	8:48/M
4	Brain Annis, M46	Cedar Rapids, IA	28:01	9:01/M	27:58	9:00/M
5	Ben Ellis, M48	Cedar Rapids, IA	29:40	9:33/M	29:33	9:31/M
6	Kevin Eck, M48	Cedar Rapids, IA	30:09	9:42/M	30:01	9:40/M
7	Doug Neumann, M44	Cedar Rapids, IA	30:21	9:46/M	30:09	9:42/M
8	Eric Crock, M41	Hiawatha, IA	30:25	9:47/M	30:10	9:43/M
9	Kent Kolthoff, M43	Cedar Rapids, IA	30:27	9:48/M	30:19	9:45/M
10	Dave Zahradnik, M44	Cedar Rapids, IA	30:35	9:51/M	30:34	9:50/M
11	Jim Kaas, M48	Cedar Rapids, IA	31:32	10:09/M	31:18	10:05/M
12	Sean Meloy, M41	Cedar Rapids, IA	32:08	10:20/M	31:47	10:14/M
13	Jake Sprouts, M45	Cedar Rapids, IA	34:32	11:07/M	34:16	11:02/M
14	Clint Twedt-Ball, M42	Cedar Rapids, IA	36:15	11:40/M	35:58	11:35/M
15	Dan Koch, M41	Cedar Rapids, IA	57:54	18:38/M	57:41	18:34/M
16	Douglas Peterson, M44	Marion, IA	59:23	19:07/M	59:00	18:59/M

**F[40-49]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Tina Lampe, F40	Marion, IA	27:36	8:53/M	27:26	8:50/M
2	Karla Cole, F47	Fairfax, IA	28:06	9:03/M	28:00	9:01/M
3	Karla Westpheling, F43	Cedar Rapids, IA	28:34	9:12/M	28:31	9:11/M
4	Annette Lorenz, F43	Cedar Rapids, IA	30:04	9:41/M	29:55	9:38/M
5	Elissa Kaas, F46	Cedar Rapids, IA	31:21	10:05/M	31:07	10:01/M
6	Tricia Henderson, F44	Cedar Rapids, IA	34:13	11:01/M	34:00	10:57/M
7	Jen Neumann, F41	Cedar Rapids, IA	34:21	11:03/M	34:08	10:59/M
8	Wendy Jipp, F48	Bettendorf, IA	34:25	11:05/M	34:21	11:03/M
9	Mary Mosher, F41	Cedar Rapids, IA	35:05	11:17/M	34:55	11:14/M
10	Vicki Fosmo, F43	Cedar Rapids, IA	35:12	11:20/M	34:59	11:16/M
11	Julie Bradley, F47	Cedar Rapids, IA	35:17	11:21/M	35:11	11:19/M
12	Jacqueline Kullander, F48	Cedar Rapids, IA	36:03	11:36/M	35:51	11:32/M
13	Cari Martin, F43	Norway, IA	37:32	12:05/M	37:19	12:01/M
14	Sashi Solomon, F49	Cedar Rapids, IA	38:16	12:19/M	38:07	12:16/M
15	Angela Litts, F40	Cedar Rapids, IA	38:43	12:28/M	38:40	12:27/M
16	Jennifer Owens, F41	Cedar Rapids, IA	39:23	12:41/M	39:13	12:37/M
17	Renea Santel, F43	Robins, IA	43:04	13:52/M	42:59	13:50/M
18	Kamille Kurseth, F41	Cedar Rapids, IA	44:07	14:12/M	43:58	14:09/M
19	Shelley Schneider, F44	Ely, IA	46:02	14:49/M	45:43	14:43/M

20	Kimberly Webber, F40	Cedar Rapids, IA	46:54	15:06/M	46:37	15:00/M
21	Jyl Morgan, F41	Palo, IA	47:00	15:08/M	46:49	15:04/M
22	Lisa Jacobs, F42	Cedar Rapids, IA	47:00	15:08/M	46:47	15:04/M
23	Kim Green, F43	Hiawatha, IA	56:32	18:12/M	55:58	18:01/M
24	Carrie Koch, F40	Cedar Rapids, IA	59:21	19:06/M	58:59	18:59/M
25	Mary Tredway, F42	Cedar Rapids, IA	59:22	19:06/M	58:59	18:59/M
26	Wendy Worthingtonbarnes, F49	Cedar Rapids, IA	1:11:00	22:51/M	1:10:37	22:44/M

**M[50-59]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Jeff Freeman, M51	Cedar Rapids, IA	24:42	7:57/M	24:37	7:55/M
2	Jim Hall, M53	Cedar Rapids, IA	24:57	8:02/M	24:52	8:00/M
3	Doug Lord, M59	Lisbon, IA	25:18	8:09/M	25:14	8:07/M
4	Jeff Morton, M52	Cedar Rapids, IA	25:47	8:18/M	25:39	8:15/M
5	Mark Brown, M50	Cedar Rapids, IA	26:00	8:22/M	25:52	8:20/M
6	John Walton, M51	Cedar Rapids, IA	26:13	8:26/M	26:00	8:22/M
7	James Langhurst, M55	Swisher, IA	26:52	8:39/M	26:38	8:34/M
8	Harry Suszko, M55	Marion, IA	28:01	9:01/M	27:54	8:59/M
9	Rick Kullander, M52	Cedar Rapids, IA	28:26	9:09/M	28:15	9:05/M
10	Kevin Lamparek, M53	Swisher, IA	28:44	9:15/M	28:37	9:13/M
11	Pat Sullivan, M51	Cedar Rapids, IA	29:06	9:22/M	28:59	9:20/M
12	Tim Gilbertson, M56	Cedar Rapids, IA	30:31	9:49/M	30:25	9:48/M
13	Dale Todd, M56	Cedar Rapids, IA	32:57	10:36/M	32:49	10:34/M
14	Truman Johnson, M52	Cedar Rapids, IA	34:19	11:03/M	33:59	10:56/M
15	Gary Jipp, M52	Bettendorf, IA	34:25	11:05/M	34:22	11:04/M
16	Bruce Ellis, M51	Hiawatha, IA	36:16	11:40/M	36:04	11:37/M
17	Chris Worthingtonbarnes, M51	Cedar Rapids, IA	1:11:00	22:51/M	1:10:38	22:44/M

**F[50-59]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Deanna Haddy, F53	Cedar Rapids, IA	30:38	9:52/M	30:29	9:49/M
2	Lisa Flaherty, F51	Fairfax, IA	31:34	10:09/M	31:18	10:04/M
3	Susan Kuba-Tresnak, F52	Cedar Rapids, IA	32:00	10:18/M	31:39	10:11/M
4	Jean Dwyer, F57	Iowa City, IA	34:27	11:05/M	34:05	10:58/M
5	Jay Long, F51	Robins, IA	35:40	11:29/M	35:25	11:24/M
6	Diane Peiffer, F53	Rose Hill, IA	36:51	11:52/M	36:48	11:51/M
7	Terry Polaski, F54	Swisher, IA	37:12	11:58/M	36:59	11:54/M
8	Joann Dobbin, F55	Cedar Rapids, IA	39:03	12:34/M	38:39	12:27/M
9	Lisa Nagle, F51	Cedar Rapids, IA	41:56	13:30/M	41:53	13:29/M
10	Dawana McArtor, F50	Cedar Rapids, IA	42:55	13:49/M	42:45	13:45/M

**M[60 & Over]**

<b><u>Place</u></b>	<b><u>Name</u></b>	<b><u>City</u></b>	<b><u>Gun Time</u></b>	<b><u>Pace mpm</u></b>	<b><u>Chip Time</u></b>	<b><u>Pace mpm</u></b>
1	Vernon Beninja, M64	Cedar Rapids, IA	28:47	9:16/M	28:40	9:14/M
2	Al Kacere, M66	Marion, IA	34:31	11:07/M	34:10	11:00/M
3	Michael Theobald, M63	Iowa City, IA	40:30	13:02/M	40:28	13:01/M

**F[60 & Over]**

<b><u>Place</u></b>	<b><u>Name</u></b>	<b><u>City</u></b>	<b><u>Gun Time</u></b>	<b><u>Pace mpm</u></b>	<b><u>Chip Time</u></b>	<b><u>Pace mpm</u></b>
1	Cynthia Root, F63	Cedar Rapids, IA	49:52	16:03/M	49:33	15:57/M
2	Therese Rowell, F64	Cedar Rapids, IA	53:16	17:09/M	52:58	17:03/M
3	Patricia Mullen, F64	Cedar Rapids, IA	53:16	17:09/M	52:58	17:03/M

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