

Kraut Route *** 5K Run *** Overall & Divisions

[Event: 5K Run](#)

[Event: 5K Walk](#)

Date: Saturday, August 13, 2016

Location: Lisbon, IA

Weather: Overcast, Wind NW 5-10mph & 68°

Overall and Age Divisions

Results By: Andrew Kauder, Kauder Racing

<u>Place</u>	<u>Gender</u>	<u>Division</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	1	1 OVM	Dan Schofer, M38	Mount Vernon, IA	17:08	5:31/M
2	2	1 M50	Mike Mallon, M50	Davenport, IA	17:14	5:33/M
3	3	1 M30	John Heineman, M31	Iowa City, IA	17:29	5:38/M
4	4	2 M30	Chris Legore, M31	Marion, IA	17:30	5:38/M
5	1	1 OVF	Alexina Wilson, F23	Cedar Falls, IA	17:57	5:47/M
6	5	1 M40	Kory Swart, M42	Mount Vernon, IA	18:28	5:57/M
7	6	1 M15	Jonathan Brown, M15	Iowa City, IA	18:44	6:02/M
8	7	3 M30	Joel Althoff, M36	Monticello, IA	18:48	6:03/M
9	8	2 M15	Tanner Krob, M19	Lisbon, IA	18:58	6:06/M
10	9	3 M15	Bryce Deerberg, M16	Bennett, IA	19:03	6:08/M
11	2	1 F20	Becca Mallon, F22	Davenport, IA	19:11	6:11/M
12	10	4 M15	Garrett Herring, M16	Lisbon, IA	19:35	6:18/M
13	11	5 M15	Kaden Kilburg, M17	Lisbon, IA	19:38	6:19/M
14	12	6 M15	Payton Bahl, M17	Lisbon, IA	19:52	6:24/M
15	13	7 M15	Caden Eskelsen, M15	Lisbon, IA	19:53	6:24/M
16	3	2 F20	Lauren Seemann, F25	Iowa City, IA	19:55	6:25/M
17	14	8 M15	Thatcher Krob, M17	Lisbon, IA	20:26	6:34/M
18	4	1 F40	Mary Mallon, F49	Davenport, IA	20:31	6:36/M
19	5	3 F20	Beth Mallon, F20	Davenport, IA	20:42	6:40/M
20	15	2 M40	Brian Stewart, M44	Waukee, IA	21:06	6:47/M
21	16	4 M30	Amos Werderman, M37	Cedar Rapids, IA	21:07	6:48/M
22	17	5 M30	Steve Collins, M35	Cedar Rapids, IA	21:12	6:50/M
23	18	1 M20	Ben Legore, M29	Cedar Rapids, IA	21:13	6:50/M

24	19	6 M30	Adam Hertzke, M33	Ames, IA	21:22	6:53/M
25	20	1 JRM	Matthew Brown, M12	Iowa City, IA	21:43	6:59/M
26	21	9 M15	Brook Givens, M19	Lisbon, IA	21:44	7:00/M
27	22	2 M50	Jeff Zumbach, M53	Manchester, IA	21:54	7:03/M
28	23	7 M30	Ryan Olsem, M31	Solon, IA	22:08	7:07/M
29	6	1 F15	Maggie Davis, F18	Mount Vernon, IA	22:12	7:09/M
30	7	2 F15	Faith Anton, F17	Mount Vernon, IA	22:13	7:09/M
31	24	2 M20	Lucas Reed, M26	Chicago, IL	22:17	7:10/M
32	8	1 F30	Leslie Althoff, F36	Monticello, IA	22:21	7:11/M
33	25	2 JRM	Junior Krob, M12	Lisbon, IA	22:45	7:19/M
34	9	2 F30	Sally Kortuem, F38	Madison Lake, MN	22:50	7:21/M
35	26	8 M30	Tyler Roos, M37	Lisbon, IA	22:59	7:24/M
36	27	3 JRM	Brody Deerberg, M11	Bennett, IA	23:14	7:29/M
37	28	1 M60	Neil Sedlacek, M64	Cedar Rapids, IA	23:14	7:29/M
38	29	4 JRM	Cole Clark, M13	Lisbon, IA	23:16	7:29/M
39	30	9 M30	Matt Poeltler, M38	Lisbon, IA	23:41	7:37/M
40	10	1 F50	Linda Wilson, F54	Lisbon, IA	23:49	7:40/M
41	31	3 M40	Joe Kilburg, M45	Lisbon, IA	23:52	7:41/M
42	11	4 F20	Ali Bruder, F22	Cedar Rapids, IA	23:59	7:43/M
43	12	2 F40	Tracie Clark, F40	Lisbon, IA	23:59	7:43/M
44	13	3 F30	Heidi Whitney, F32	Cedar Rapids, IA	24:00	7:43/M
45	32	5 JRM	Ben Strecker, M9	Lisbon, IA	24:08	7:46/M
46	33	3 M50	Dean Mallie, M59	Lisbon, IA	24:11	7:47/M
47	34	4 M50	Kevin Steele, M54	Lisbon, IA	24:21	7:50/M
48	35	6 JRM	Watson Krob, M10	Lisbon, IA	24:41	7:57/M
49	14	4 F30	Patty Stephens, F37	Swisher, IA	24:41	7:57/M
50	15	1 JRF	Brynnley Baxa, F13	Lisbon, IA	24:41	7:57/M
51	36	5 M50	Peter Bahl, M53	Lisbon, IA	24:48	7:59/M
52	37	2 M60	Doug Lord, M61	Lisbon, IA	24:56	8:02/M
53	16	2 F50	Kristi Bahl, F51	Lisbon, IA	25:02	8:04/M
54	38	7 JRM	Truman Krob, M13	Lisbon, IA	25:05	8:04/M
55	39	10 M30	Charles Appleby, M35	Columbus, GA	25:10	8:06/M
56	40	8 JRM	Teague Krob, M10	Lisbon, IA	25:13	8:07/M
57	17	3 F40	Kim Stewart, F48	Des Moines, IA	25:38	8:15/M
58	18	2 JRF	Korah Robinson, F8	Mount Vernon, IA	25:51	8:19/M
59	41	11 M30	Todd Carter, M37	Chicago, IL	25:54	8:20/M
60	19	5 F20	Sarah Olsem, F28	Solon, IA	26:40	8:35/M
61	20	4 F40	Pam Hunter, F43	Mt. Vernon, IA	26:48	8:37/M
62	42	3 M60	Alan Marshall, M62	Center Point, IA	27:00	8:41/M
63	43	4 M60	Dennis Bryant, M62	Mount Vernon, IA	27:07	8:44/M
64	44	9 JRM	Will Bennett, M12	Lisbon, IA	27:13	8:46/M
65	45	4 M40	Sean Bruce, M49	Naperville, IL	27:14	8:46/M
66	21	5 F40	Jessica Brown, F40	Iowa City, IA	27:28	8:50/M
67	46	5 M40	Mike Overman, M41	St Anthony, MN	27:32	8:52/M
68	47	10 M15	Stephen Sawatzky, M18	Lisbon, IA	27:50	8:58/M
69	48	3 M20	Riley Welsh, M23	Cedar Rapids, IA	27:51	8:58/M

70	22	6 F40	Joanna Weyer, F45	Swisher, IA	28:00	9:01/M
71	23	7 F40	Crystal Eskelsen, F41	Lisbon, IA	28:17	9:06/M
72	49	10 JRM	Chris Cannon, M14	Lisbon, IA	28:24	9:09/M
73	24	8 F40	Lisa Bruce, F47	Naperville, IL	28:36	9:12/M
74	50	6 M50	Dave Klostermann, M52	Lisbon, IA	28:46	9:15/M
75	25	3 JRF	Emma Althoff, F11	Monticello, IA	28:51	9:17/M
76	26	1 F60	Diane Marshall, F60	Center Point, IA	28:55	9:18/M
77	51	4 M20	Ethan Kamerling, M28	Lisbon, IA	29:01	9:20/M
78	27	3 F50	Tracy Allen, F53	Woodbury, MN	29:31	9:30/M
79	52	7 M50	David Sawatzky, M55	Lisbon, IA	29:44	9:34/M
80	53	11 M15	James Cannon, M18	Lisbon, IA	29:45	9:35/M
81	54	5 M20	John Sawatzky, M20	Lisbon, IA	29:52	9:37/M
82	28	6 F20	Amber Reed, F25	Chicago, IL	29:56	9:38/M
83	29	4 JRF	Peyton Robinson, F12	Lisbon, IA	30:01	9:40/M
84	55	11 JRM	Alex Fencl, M12	Mount Vernon, IA	30:02	9:40/M
85	30	5 F30	Holly Fencl, F34	Solon, IA	30:02	9:40/M
86	31	5 JRF	Sophie Jennett, F12	Lisbon, IA	30:06	9:41/M
87	32	7 F20	Emily Svatosch, F23	Pella, IA	30:09	9:42/M
88	56	12 M30	Mitch Monarchino, M30	Pella, IA	30:09	9:42/M
89	57	12 M15	Jacob Kamerling, M15	Lisbon, IA	30:48	9:55/M
90	33	6 JRF	Kali Nelson, F11	Lisbon, IA	30:49	9:55/M
91	58	13 M30	Jeremy Bunn, M37	Indian Mound, TN	31:01	9:59/M
92	59	12 JRM	McLane Allison, M13	Anamosa, IA	31:40	10:12/M
93	34	6 F30	Megan Appleby, F33	Columbus, GA	31:40	10:12/M
94	35	7 F30	Stacy Bell, F39	Taylor Ridge, IL	31:40	10:12/M
95	36	3 F15	Audrey Felderman, F18	Lisbon, IA	31:56	10:17/M
96	60	13 JRM	Quinn Felderman, M10	Lisbon, IA	31:57	10:17/M
97	37	4 F15	Grace Clark, F15	Lisbon, IA	32:00	10:18/M
98	38	8 F20	Brilee Vargason, F22	Mount Vernon, IA	32:21	10:25/M
99	39	9 F40	Jodi Felderman, F43	Lisbon, IA	32:27	10:27/M
100	40	7 JRF	Ella Clark, F11	Lisbon, IA	34:02	10:57/M
101	41	9 F20	Amanda Bagby, F29	Lisbon, IA	34:40	11:09/M
102	42	10 F20	Rachel Stewart, F28	Portland, OR	34:40	11:10/M
103	61	14 M30	Sean Davis, M34	Lisbon, IA	38:11	12:17/M
104	43	11 F20	Tristan Gingerich-Feil, F20	Lisbon, IA	39:23	12:41/M
105	44	12 F20	Lisa Shelton, F29	Lawrenceville, GA	41:58	13:30/M
106	45	8 JRF	Blair Baltes, F11	Lisbon, IA	45:47	14:44/M

Overall and Age Divisions

Overall Male

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Dan Schofer, M38	Mount Vernon, IA	17:08	5:31/M

Overall Female

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Alexina Wilson, F23	Cedar Falls, IA	17:57	5:47/M

M[14 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Matthew Brown, M12	Iowa City, IA	21:43	6:59/M
2	Junior Krob, M12	Lisbon, IA	22:45	7:19/M
3	Brody Deerberg, M11	Bennett, IA	23:14	7:29/M
4	Cole Clark, M13	Lisbon, IA	23:16	7:29/M
5	Ben Strecker, M9	Lisbon, IA	24:08	7:46/M
6	Watson Krob, M10	Lisbon, IA	24:41	7:57/M
7	Truman Krob, M13	Lisbon, IA	25:05	8:04/M
8	Teague Krob, M10	Lisbon, IA	25:13	8:07/M
9	Will Bennett, M12	Lisbon, IA	27:13	8:46/M
10	Chris Cannon, M14	Lisbon, IA	28:24	9:09/M
11	Alex Fencl, M12	Mount Vernon, IA	30:02	9:40/M
12	McLane Allison, M13	Anamosa, IA	31:40	10:12/M
13	Quinn Felderman, M10	Lisbon, IA	31:57	10:17/M

F[14 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Brynnley Baxa, F13	Lisbon, IA	24:41	7:57/M
2	Korah Robinson, F8	Mount Vernon, IA	25:51	8:19/M
3	Emma Althoff, F11	Monticello, IA	28:51	9:17/M
4	Peyton Robinson, F12	Lisbon, IA	30:01	9:40/M
5	Sophie Jennett, F12	Lisbon, IA	30:06	9:41/M
6	Kali Nelson, F11	Lisbon, IA	30:49	9:55/M
7	Ella Clark, F11	Lisbon, IA	34:02	10:57/M
8	Blair Balttes, F11	Lisbon, IA	45:47	14:44/M

M[15-19]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Jonathan Brown, M15	Iowa City, IA	18:44	6:02/M
2	Tanner Krob, M19	Lisbon, IA	18:58	6:06/M
3	Bryce Deerberg, M16	Bennett, IA	19:03	6:08/M
4	Garrett Herring, M16	Lisbon, IA	19:35	6:18/M
5	Kaden Kilburg, M17	Lisbon, IA	19:38	6:19/M
6	Payton Bahl, M17	Lisbon, IA	19:52	6:24/M
7	Caden Eskelsen, M15	Lisbon, IA	19:53	6:24/M

8	Thatcher Krob, M17	Lisbon, IA	20:26	6:34/M
9	Brook Givens, M19	Lisbon, IA	21:44	7:00/M
10	Stephen Sawatzky, M18	Lisbon, IA	27:50	8:58/M
11	James Cannon, M18	Lisbon, IA	29:45	9:35/M
12	Jacob Kamerling, M15	Lisbon, IA	30:48	9:55/M

F[15-19]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Maggie Davis, F18	Mount Vernon, IA	22:12	7:09/M
2	Faith Anton, F17	Mount Vernon, IA	22:13	7:09/M
3	Audrey Felderman, F18	Lisbon, IA	31:56	10:17/M
4	Grace Clark, F15	Lisbon, IA	32:00	10:18/M

M[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Ben Legore, M29	Cedar Rapids, IA	21:13	6:50/M
2	Lucas Reed, M26	Chicago, IL	22:17	7:10/M
3	Riley Welsh, M23	Cedar Rapids, IA	27:51	8:58/M
4	Ethan Kamerling, M28	Lisbon, IA	29:01	9:20/M
5	John Sawatzky, M20	Lisbon, IA	29:52	9:37/M

F[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Becca Mallon, F22	Davenport, IA	19:11	6:11/M
2	Lauren Seemann, F25	Iowa City, IA	19:55	6:25/M
3	Beth Mallon, F20	Davenport, IA	20:42	6:40/M
4	Ali Bruder, F22	Cedar Rapids, IA	23:59	7:43/M
5	Sarah Olsem, F28	Solon, IA	26:40	8:35/M
6	Amber Reed, F25	Chicago, IL	29:56	9:38/M
7	Emily Svatosch, F23	Pella, IA	30:09	9:42/M
8	Brilee Vargason, F22	Mount Vernon, IA	32:21	10:25/M
9	Amanda Bagby, F29	Lisbon, IA	34:40	11:09/M
10	Rachel Stewart, F28	Portland, OR	34:40	11:10/M
11	Tristan Gingerich-Feil, F20	Lisbon, IA	39:23	12:41/M
12	Lisa Shelton, F29	Lawrenceville, GA	41:58	13:30/M

M[30-39]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	John Heineman, M31	Iowa City, IA	17:29	5:38/M
2	Chris Legore, M31	Marion, IA	17:30	5:38/M
3	Joel Althoff, M36	Monticello, IA	18:48	6:03/M
4	Amos Werderman, M37	Cedar Rapids, IA	21:07	6:48/M

5	Steve Collins, M35	Cedar Rapids, IA	21:12	6:50/M
6	Adam Hertzke, M33	Ames, IA	21:22	6:53/M
7	Ryan Olsem, M31	Solon, IA	22:08	7:07/M
8	Tyler Roos, M37	Lisbon, IA	22:59	7:24/M
9	Matt Poeltler, M38	Lisbon, IA	23:41	7:37/M
10	Charles Appleby, M35	Columbus, GA	25:10	8:06/M
11	Todd Carter, M37	Chicago, IL	25:54	8:20/M
12	Mitch Monarchino, M30	Pella, IA	30:09	9:42/M
13	Jeremy Bunn, M37	Indian Mound, TN	31:01	9:59/M
14	Sean Davis, M34	Lisbon, IA	38:11	12:17/M

F[30-39]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Leslie Althoff, F36	Monticello, IA	22:21	7:11/M
2	Sally Kortuem, F38	Madison Lake, MN	22:50	7:21/M
3	Heidi Whitney, F32	Cedar Rapids, IA	24:00	7:43/M
4	Patty Stephens, F37	Swisher, IA	24:41	7:57/M
5	Holly Fencl, F34	Solon, IA	30:02	9:40/M
6	Megan Appleby, F33	Columbus, GA	31:40	10:12/M
7	Stacy Bell, F39	Taylor Ridge, IL	31:40	10:12/M

M[40-49]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Kory Swart, M42	Mount Vernon, IA	18:28	5:57/M
2	Brian Stewart, M44	Waukee, IA	21:06	6:47/M
3	Joe Kilburg, M45	Lisbon, IA	23:52	7:41/M
4	Sean Bruce, M49	Naperville, IL	27:14	8:46/M
5	Mike Overman, M41	St Anthony, MN	27:32	8:52/M

F[40-49]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Mary Mallon, F49	Davenport, IA	20:31	6:36/M
2	Tracie Clark, F40	Lisbon, IA	23:59	7:43/M
3	Kim Stewart, F48	Des Moines, IA	25:38	8:15/M
4	Pam Hunter, F43	Mt. Vernon, IA	26:48	8:37/M
5	Jessica Brown, F40	Iowa City, IA	27:28	8:50/M
6	Joanna Weyer, F45	Swisher, IA	28:00	9:01/M
7	Crystal Eskelsen, F41	Lisbon, IA	28:17	9:06/M
8	Lisa Bruce, F47	Naperville, IL	28:36	9:12/M
9	Jodi Felderman, F43	Lisbon, IA	32:27	10:27/M

M[50-59]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Mike Mallon, M50	Davenport, IA	17:14	5:33/M
2	Jeff Zumbach, M53	Manchester, IA	21:54	7:03/M
3	Dean Mallie, M59	Lisbon, IA	24:11	7:47/M
4	Kevin Steele, M54	Lisbon, IA	24:21	7:50/M
5	Peter Bahl, M53	Lisbon, IA	24:48	7:59/M
6	Dave Klostermann, M52	Lisbon, IA	28:46	9:15/M
7	David Sawatzky, M55	Lisbon, IA	29:44	9:34/M

F[50-59]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Linda Wilson, F54	Lisbon, IA	23:49	7:40/M
2	Kristi Bahl, F51	Lisbon, IA	25:02	8:04/M
3	Tracy Allen, F53	Woodbury, MN	29:31	9:30/M

M[60 & Over]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Neil Sedlacek, M64	Cedar Rapids, IA	23:14	7:29/M
2	Doug Lord, M61	Lisbon, IA	24:56	8:02/M
3	Alan Marshall, M62	Center Point, IA	27:00	8:41/M
4	Dennis Bryant, M62	Mount Vernon, IA	27:07	8:44/M

F[60 & Over]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Diane Marshall, F60	Center Point, IA	28:55	9:18/M

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