

Cavalry Charge 5K Run-Walk
May 28, 2011
Winterset, IA

Detailed report [here](#)

5 K Run						
Over	First	Last	Sex	Age	City	Time
1	C.J.	Michael	M	45	Winterset	19:18
2	Mike	Wells	M	44	Winterset	19:18
3	Hunter	Hilsabeck	M	-15	Winterset	20:02
4	Austin	Lang	M	15	Winterset	21:00
5	Mark	Vyvyan	M	38	Maple Grove, MN	21:06
6	Jeff	Boggs	M	30	Chariton	21:11
1	Rachel	Lester	F	24	West DesMoines	21:14
7	Eric	Jaskolka	M	40	West DesMoines	23:29
8	Jarrold	Sheets	M	30	Winterset	23:40
2	Dominique	Fleming	F	14	Winterset	23:44
3	Heidi	Dorrell	F	33	Winterset	23:52
9	Andrew	Hazer	M	61	Columbia	24:16:00
10	Kenny	McDonald	M	27	Winterset	24:47:00
11	Dave	LaGrange	M	41	Winterset	24:49:00
12	Johnny	Ytzen	M	57	Creston	25:21:00
13	Cole	McDonald	M	14	Winterset	25:42:00
14	Alan	Feirer	M	42	Winterset	26:01:00
15	John	Ericksen	M	59	Mimetonka, MN	26:52:00
4	Maria	Wadle	F	42	Peru	26:30:00
5	Beth	Wells	F	14	Winterset	26:32:00
6	Kelli	Suddarth	F	16	Winterset	26:57:00
7	Mary	Cooper	F	55	DesMoines	27:09:00
8	Christy	Hofsaess	F	41	Winterset	27:11:00
9	Chrissy	Freed	F	33	W DesMoines	27:24:00
16	Mike	Ling	M			27:25:00
17	Mike	Newhall	M	42	Norwalk	28;08
18	Lucas	Freed-West	M	33	DesMoines-33	28:44:00
10	Kaitlyn	LaGrange	F	14	Winterset	29:06:00

11	Tania	Wood	F	33	Winterset	29:45:00
12	Sarah	Noon	F	26	Winterset	30:08:00
19	Jim	Mease	M	59	Winterset	30:26:00
20	David	Leistikow	M	68	LaFayette, CO	30:47:00
21	Jeff	Purdy	M	51	Winterset	30:51:00
22	Ryan	Beery	M	17	Winterset	31:27:00
13	Elizabeth	Leistikow	F	69	LaFayette, CO	32:26:00
14	Katie	Suddarth	F	11	Winterset	33:16:00
15	Angela	Glass	F	31	Winterset	34:11:00
16	Julie	Suddarth	F	37	Winterset	34:34:00
23	Ethan	Suddarth	M	7	Winterset	34:35:00
17	Wendy	McDonald	F	34		

A great time was had by all who participated in the first Cavalry Charge 5K Run and Walk held in conjunction with The John Wayne Birthday Celebration in Winterset Iowa May 28, 2011. The course started at the John Wayne statue, circled the courthouse square, included the city park , the covered and stone bridges, and ending at the statue again, all led by the Cavalry on horses flags flying. The runners were honored to have General Armstrong Custer present them with their awards.

Eight states were represented by sixty seven finishers. The first three men finishers were from Winterset. C.J. Michael ran the 3.1 miles in 19:08 for first followed closely by Mike Wells with the same time. Hunter Hilsabeck was third overall and first in his age group with a time of 20:02.

Rachel Lester, West DesMoines, cross the finish line first for the women in 21:14, followed by two Winterset women, Dominique Fleming 23:44, and Heidi Dorrell 23:52.

The youngest to participate were Winterset's Nate and Ethan Suddarth ages 7. The oldest to run was a couple from Lafayette, CO., David and Elizabeth Leistikow, 68 and 69 who both finish first in their age group in 30:47 and 32:26.

In the 5K Walk competition, Jane Dawson from Winterset was first walking the distance in 43:39 followed by Winterset's Shari Bush in 47:00. Kathleen Downes from Chicago was third in 48:57.

The event was a fund raiser for Wildwood Hills Ranch, and Healthy Kids Initiative who will each receive over \$1000. The Madison County Health Care System and the Winterset Rotary Club were major sponsors who want to thank the 10 other sponsors who without their support this event would not be as successful. Sponsors were The Madisonian, Curves, Edward Jones-Mark Pearson, Lanny's Autos, Madison County Medical Associates, Mahle, Montross Pharmacy, Take Shape For Life, Union State Bank, and The Shopper.

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