

4th Iowa Cubs Run - 5 Mile

Des Moines, Iowa

May 23, 2010

70s, Cloudy, Humid

Results by Cal Murdock

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	OpM	Sammy Rotich, 23, West Des Moines, IA	25:28	5:06
2	1 M30	Julius Rotich, 35, West Des Moines, IA	26:08	5:14
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
3	1 M45	Keith Ables, 48, Ogden, IA	30:11	6:02
4	2 M30	Anthony Cendana, 34, West Des Moines, IA	30:58	6:12
5	2 M45	Jim Quigley, 52, Johnston, IA	31:13	6:15
6	1 M20	James Becker, 23, Waukee, IA	31:35	6:19
7	1 JrM	Evan Jones, 15, Pella, IA	32:19	6:28
8	3 M30	John McKlveen, 33, Belvedere, CA	32:21	6:28
9	4 M30	Tim Vos, 31, Ankeny, IA	32:41	6:32
10	1 M36	Kevin Cline, 43, Grimes, IA	33:35	6:43
11	2 M20	Scotty Sailor, 22, Des Moines, IA	34:09	6:50
12	5 M30	Greg Castings, 32, West Des Moines, IA	34:42	6:56
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
13	3 M45	Terry Eason, 53, Waukee, IA	34:58	7:00
14	2 M36	William Iverson, 42, Iowa City, IA	35:28	7:06
15	3 M36	David Ness, 39, Johnston, IA	35:33	7:06
16	3 M20	Brian Smith, 21, Johnston, IA	35:42	7:08
17	4 M20	Eric Tange, 29, Urbandale, IA	35:45	7:09
18	5 M20	Keith Schultz, 24, Kalamazoo, MI	36:05	7:13
19	4 M36	Brent Monson, 40, 5218 Twana Dr, IA	36:06	7:13
1	OpW	Abigail Vaughan, 13*, Des Moines, IA	36:18	7:16
20	6 M30	jEremy Mueller, 33, West Des Moines, IA	36:25	7:17
21	5 M36	Chad Wisham, 37, Davenport, IA	36:50	7:22
22	6 M20	Andy Conyers, 23, Des Moines, IA	37:16	7:27
23	7 M30	Matthew Timmins, 32, Newton, IA	37:17	7:27
24	6 M36	Tony Guerra, 38, Ankeny, IA	37:29	7:30
25	2 JrM	Nathan Phillips, 14, Marshalltown,, Ia	37:35	7:31
26	8 M30	Adam Soyer, 34, Norwalk, IA	37:55	7:35
27	1 M55	John Schneller, 66, West Des Moines, IA	38:33	7:43
2	1 W30	Angie Oakie, 30*, Ankeny, IA	38:34	7:43
28	9 M30	Chad Bormann, 31, Urbandale, IA	38:49	7:46
3	1 W36	Peg McMahon, 44*, Des Moines, IA	38:49	7:46
4	2 W30	Amy Proctor, 32*, Ankeny, IA	39:11	7:50
29	7 M36	Ben Trannel, 37, West Des Moines, IA	39:17	7:51
30	7 M20	Robert Becker, 20, Waukee, IA	39:29	7:54
31	8 M20	Nick Gifford, 28, Pleasant Hill, IA	39:37	7:55
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
32	9 M20	Jason Trost, 29, West Des Moines, IA	41:15	8:15
33	10 M30	Brian Steward, 32, Urbandale, IA	41:35	8:19
34	11 M30	Chris Dautercue, 35, Ankeny, IA	41:43	8:21
5	1 W20	Katherine Tushaus, 25*, West Des Moines, IA		

				41:44	8:21
35	4	M45	Bobby Gadams, 49, Ankeny, IA	41:46	8:21
6	3	W30	Cathy Bormann, 31*, Urbandale, IA	41:48	8:22
36	10	M20	Ryan Ita, 25, Stockton, CA	41:50	8:22
7	2	W20	Raquel Sugino, 25*, Stockton, CA	41:52	8:22
37	5	M45	Paul Hronich, 47, West Des Moines, IA	42:23	8:28
38	12	M30	Kyle Ternes, 31, Urbandale, IA	42:35	8:31
39	8	M36	Jeff Haines, 43, Oskaloosa, IA	42:54	8:35
40	13	M30	Kyle Ament, 32, Colfax, IA	43:28	8:42
8	3	W20	Theresa Swaim, 29*, Waukee, IA	43:38	8:43
41	11	M20	Dan Lorentzen, 29, Des Moines, IA	43:46	8:45
42	2	M55	Jim Tiedemann, 60, Iowa City, IA	43:49	8:46
43	6	M45	John McMahon, 48, Des Moines, IA	43:55	8:47
44	9	M36	John Buzzoni, 36, Polk City, IA	43:56	8:47
45	14	M30	Anthony Bigger, 31, West Des Moines, IA	43:56	8:47
46	15	M30	Corey St. John, 30, Des Moines, IA	43:58	8:48
9	2	W36	Tiffany Kragnes, 37*, West Des Moines, IA	44:02	8:48
47	12	M20	Jason Terry, 28, Des Moines, IA	44:05	8:49
48	10	M36	Scott Pries, 41, Ankeny, IA	44:09	8:50
10	1	W55	Paula Dierenfeld, 55*, Johnston, IA	44:20	8:52
49	13	M20	Tyler DeMars, 29, Des Moines, IA	44:20	8:52
50	14	M20	Christopher Steffe, 26, West Des Moines, IA		
				44:22	8:52
11	1	W45	Amy Montgomery, 46*, Pleasant Hill, IA	44:23	8:52
51	11	M36	Jon Chartier, 41, Grimes, IA	44:25	8:53
52	15	M20	Robert Rypma, 25, Clive, IA	44:28	8:54
53	12	M36	Sam Reno, 37, Des Moines, IA	44:28	8:54
54	16	M20	Andy Kucksdorf, 27, Altoona, IA	44:30	8:54
55	7	M45	Michael Harper, 49, West Des Moines, IA	44:30	8:54
56	16	M30	Adam Weis, 30, West Des Moines, IA	44:39	8:56
12	1	JrW	Jennesa Brehm, 13*, Mitchellville, IA	44:42	8:56
57	3	JrM	Tyler Vaughan, 9, Norwalk, IA	44:53	8:59
58	17	M30	Mike Paschell, 30, West Des Moines, IA	44:58	8:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
59	17	M20	Jon Dieken, 23, Dike, IA	45:06	9:01
13	4	W30	Maegan Lorentzen, 30*, Des Moines, IA	45:10	9:02
60	18	M30	Adam Shockey, 33, Clive, IA	45:10	9:02
14	5	W30	Shawna Weis, 30*, West Des Moines, IA	45:12	9:02
61	4	JrM	Ben Foxen, 12, West Des Moines, IA	45:16	9:03
62	5	JrM	Lincoln Phillips, 11, West Des Moines, IA	45:17	9:03
63	3	M55	John Frerking, 60, Higginsville, MO	45:17	9:03
64	8	M45	Gary Slater, 51, Des Moines, IA	45:23	9:05
15	3	W36	Katrishia Heidemann, 39*, Granger, IA	45:23	9:05
16	4	W20	Susan Maze, 21*, Ames, IA	45:29	9:06
17	2	JrW	Miranda Romeo, 19*, Ames, IA	45:30	9:06
65	19	M30	Curt Leigh, 30, Ankeny, IA	45:43	9:08
66	9	M45	Mike McKim, 50, Boone, IA	45:44	9:09
18	5	W20	Kristin Compton, 27*, Ankeny, IA	45:44	9:09
19	6	W30	Mary Fratianni, 35*, West Des Moines, IA	45:45	9:09
67	18	M20	Jeff Thibadeau, 25, West Des Moines, IA	45:49	9:10
68	4	M55	Philip Hodges, 62, Des Moines, IA	46:02	9:12
69	6	JrM	Ryan Dauterive, 11, Ankeny, IA	46:04	9:13
20	7	W30	Annie Russo, 30*, Huxley, IA	46:08	9:14
70	13	M36	Paul Stout, 44, Clive, IA	46:32	9:18
21	6	W20	Tonya Newel, 27*, Grimes, IA	46:42	9:20
71	20	M30	Ryan Simmer, 35, West Des Moines, IA	46:51	9:22
72	19	M20	Adam Sankey, 23, Des Moines, IA	47:09	9:26
22	8	W30	Jill Kolars, 33*, Ankeny, IA	47:10	9:26
23	9	W30	Valarie Leonard, 30*, Des Moines, IA	47:11	9:26
24	7	W20	Sarah Bieker, 24*, Grimes, IA	47:11	9:26
73	20	M20	Matt Tupy, 29, Grimes, IA	47:12	9:26
25	10	W30	Courtney Hughes, 32*, Belvedere, CA	47:19	9:28
74	14	M36	Kevin Brehm, 44, Mitchellville, IA	47:39	9:32
26	11	W30	Karen Abbott, 31*, Des Moines, IA	47:40	9:32

75	21	M20	Matt Trachsel, 24, Urbandale, IA	47:42	9:32
76	15	M36	Keith Jones, 42, Pella, IA	47:44	9:33
77	16	M36	Terry Merfeld, 39, Des Moines, IA	47:51	9:34
27	2	W45	Lori McKim, 48*, Boone, IA	47:53	9:34
78	22	M20	Douglas Figan, 25, West Des Moines, IA	47:57	9:35
28	3	W45	K Luzer, 49*, West Des Moines, IA	48:06	9:37
29	12	W30	Leah Martin, 32*, West Des Moines, IA	48:13	9:38
30	13	W30	Laura Lockard, 35*, Des Moines, IA	48:38	9:43
31	14	W30	Jennifer Berry, 34*, Windsor Heights, IA	48:39	9:44
32	8	W20	Jenn Drey, 29*, Elkhart, IA	48:41	9:44
79	23	M20	Andrew Drenth, 28, West Des Moines, IA	48:42	9:44
80	10	M45	Darwin Schmig, 52, Des Moines, IA	48:48	9:45
33	9	W20	Sara Schyvinck, 29*, Grimes, IA	48:56	9:47
81	5	M55	Neil Olson, 60, Boone, IA	49:13	9:50
82	6	M55	Tom Clyne, 59, Clive, IA	49:16	9:51
83	11	M45	Robb Spearman, 45, Des Moines, IA	49:34	9:55
84	21	M30	Ben Cooper, 32, Des Moines, IA	49:39	9:56
85	22	M30	Lance Stierman, 31, Des Moines, IA	49:43	9:57
86	23	M30	Scott Schyvinck, 30, Grimes, IA	49:44	9:57

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87	7	M55	Scott Douglass, 58, Pleasant Hill, IA	50:04	10:01
34	4	W36	Katie Overberg, 38*, Ankeny, IA	50:05	10:01
88	17	M36	Sammy Watson, 43, Des Moines, IA	50:09	10:02
35	15	W30	Anya Watson, 31*, Des Moines, IA	50:09	10:02
89	8	M55	Stephen Lee, 59, Ogden, IA	50:13	10:02
36	2	W55	Christine Lee, 55*, Ogden, IA	50:13	10:03
90	24	M30	Ti Long, 35, Des Moines, IA	50:16	10:03
37	10	W20	Lisette Metz Grulke, 23*, Kelley, IA	50:25	10:05
38	11	W20	Megan Recker, 26*, West Des Moines, IA	50:25	10:05
91	25	M30	Grant Ferguson, 35, West Des Moines, IA	50:26	10:05
39	12	W20	Bryna Mulcrone, 22*, Waukee, IA	50:28	10:05
92	12	M45	Chris Dunkin, 46, Harvey, IA	50:29	10:06
40	16	W30	Brooke Winton, 30*, Altoona, IA	50:34	10:07
41	13	W20	Kenna Stouwie, 26*, West Des Moines, IA	50:35	10:07
93	26	M30	Scott Newel, 30, Grimes, IA	50:41	10:08
94	13	M45	Jerry Rupert, 46, Clive, IA	50:43	10:09
95	18	M36	John Bonnichsen, 44, Ames, IA	50:44	10:09
96	14	M45	Marc Hamblen, 47, Norwalk, IA	50:51	10:10
42	14	W20	Jayna Beal, 27*, Clive, IA	51:02	10:12
43	5	W36	Kathy Leonard, 37*, Des Moines, IA	51:04	10:13
44	17	W30	Rachel Stierman, 30*, Des Moines, IA	51:05	10:13
45	6	W36	Michelle Goodman, 43*, West Des Moines, IA	51:10	10:14
46	4	W45	Sarah Harmeyer, 46*, West Des Moines, IA	51:10	10:14
47	7	W36	Keri Alleman, 44*, Slater, IA	51:18	10:15
48	5	W45	Julie Houge, 45*, Polk City, IA	51:18	10:15
49	15	W20	Sara St. John, 28*, Des Moines, IA	51:19	10:16
50	16	W20	Kara Scholten, 27*, Des Moines, IA	51:19	10:16
97	9	M55	Michael Kent, 64, Des Moines, IA	51:20	10:16
98	19	M36	Dave Phillips, 44, West Des Moines, IA	51:46	10:21
99	15	M45	Ed Phillips, 48, Marshalltown,, Ia	51:46	10:21
51	18	W30	Tricia Dauterove, 32*, Ankeny, IA	51:47	10:21
100	24	M20	Beth Mensing, 29, Des Moines, IA	52:17	10:27
52	8	W36	Kerry Croskey, 37*, Ankeny, IA	52:22	10:28
101	25	M20	Jon Barnhill, 28, Des Moines, IA	52:24	10:29
53	19	W30	Jennifer Holvey, 34*, W Des Moines, IA	52:24	10:29
54	17	W20	Rebecca Scott, 24*, Monmouth, IL	52:28	10:30
55	18	W20	Brienna Jordan, 24*, Des Moines, IA	52:28	10:30
56	19	W20	Kathleen DeMars, 28*, Des Moines, IA	52:32	10:30
57	20	W20	Katherine Becker, 24*, Waukee, IA	52:33	10:30
58	3	JrW	Kimberly Becker, 17*, Waukee, IA	52:34	10:31
59	21	W20	Molly Mulcahy, 22*, Des Moines, IA	52:34	10:31
60	9	W36	Susan Healy, 44*, West Des Moines, IA	52:47	10:33
102	20	M36	Kenneth Harkin, 44, Urbandale, IA	52:53	10:35
61	22	W20	Lisa Sieren, 27*, West Des Moines, IA	53:03	10:36

62	23	W20	Kimmy Dugan, 23*, Charles City, IA	53:03	10:37
103	26	M20	Jamison Lensing, 25, Clive, IA	53:03	10:37
63	24	W20	Beth Hubinette, 28*, Ankeny, IA	53:10	10:38
64	20	W30	Amy Van Guyn, 35*, Urbandale, IA	53:21	10:40
65	4	JrW	Lisa Dauterive, 12*, Ankeny, IA	53:52	10:46
104	7	JrM	Carter Lane, 8, Gowrie, IA	53:59	10:48
66	10	W36	Brad Lane, 39*, Gowrie, IA	54:00	10:48
105	10	M55	Kenny Grandstaff, 60, Des Moines, IA	54:02	10:48
67	21	W30	Emily Williams Bouska, 31*, Des Moines, IA	54:08	10:49
68	25	W20	Abby Kratoska, 27*, Granger, IA	54:35	10:55
106	27	M20	Tony Steffes, 27, Des Moines, IA	54:35	10:55
69	22	W30	Kathleen Hilliard, 35*, Ames, IA	54:41	10:56
107	16	M45	Lawrence McDonnell, 53, Ames, IA	54:42	10:56
70	26	W20	Robyn Reiersen, 28*, Ames, IA	54:42	10:56
71	3	W55	Misty Van Arkel, 55*, West Des Moines, IA	54:43	10:57
72	23	W30	Amy Mathis, 33*, Elkhart, IA	54:51	10:58
73	27	W20	April Barnhill, 27*, Des Moines, IA	54:54	10:59
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74	28	W20	Audrey Giese, 26*, West Des Moines, IA	55:09	11:02
75	6	W45	Sherry Triplett, 45*, Ankeny, IA	55:15	11:03
76	11	W36	Jennifer Nelson, 36*, Des Moines, IA	55:16	11:03
77	29	W20	Rachel Grover, 24*, Ames, IA	55:18	11:04
108	28	M20	Joel Swaim, 28, Waukee, IA	55:19	11:04
109	27	M30	Long Hoang, 34, West Des Moines, IA	55:28	11:05
78	24	W30	Teresa Layland, 30*, Ankeny, IA	55:36	11:07
79	30	W20	Emily Burt, 26*, Des Moines, IA	55:36	11:07
80	12	W36	Jody Kiehne, 43*, Urbandale, IA	55:37	11:07
81	31	W20	Carrie Brannen, 26*, Windsor Heights, IA	55:38	11:08
110	29	M20	Tyler Kruse, 26, Windsor Heights, IA	55:39	11:08
82	13	W36	Jennifer Lane, 36*, Gowrie, IA	55:44	11:09
83	14	W36	Julie Miller, 37*, Pleasant Hill, IA	55:48	11:09
84	25	W30	Sarah Southard, 30*, Des Moines, IA	55:51	11:10
85	32	W20	Katy Griner, 26*, West Des Moines, IA	56:28	11:18
86	33	W20	Sarah Giese, 25*, Ankeny, IA	56:28	11:18
111	28	M30	Sone Phila, 33, Des Moines, IA	56:30	11:18
112	21	M36	Mark Gatrell, 41, Waukee, IA	56:55	11:23
87	34	W20	Shaunelle Tomlinson, 23*, St. Charles, IA	56:56	11:23
113	22	M36	Justin Larson, 39, Waukee, IA	57:11	11:26
88	26	W30	Sara Larson, 35*, Waukee, IA	57:11	11:26
89	15	W36	Amy Koenig, 40*, Des Moines, IA	57:16	11:27
90	27	W30	Melissa Kennedy, 33*, Des Moines, IA	57:29	11:30
91	28	W30	Cynthia Hofer, 30*, Des Moines, IA	57:41	11:32
92	35	W20	Ruth Ann Jackson, 29*, Des Moines, IA	57:54	11:35
114	29	M30	Gregory Jackson, 31, Des Moines, IA	57:55	11:35
93	7	W45	Deanne Hamblen, 46*, Norwalk, IA	58:02	11:36
94	8	W45	Margaret Schroeder, 49*, West Des Moines, IA	58:02	11:36
95	16	W36	Jeannie Ault, 38*, Ankeny, IA	58:04	11:37
96	36	W20	Kelly Geist, 27*, Des Moines, IA	58:08	11:37
97	29	W30	Leslie Soyer, 35*, Norwalk, IA	58:08	11:38
115	30	M30	Alan Bailey, 31, Johnston, IA	58:12	11:38
116	31	M30	Sounantha Baccam, 35, Desmoines, IA	58:12	11:38
117	23	M36	Brian Miller, 38, Des Moines, IA	58:13	11:39
118	30	M20	Zachary Tabatt, 24, West Des Moines, IA	58:14	11:39
98	37	W20	Julie Leigh, 28*, Ankeny, IA	58:24	11:41
99	38	W20	Stephanie Gevock, 28*, West Des Moines, IA	58:41	11:44
119	11	M55	Nathan Callahan, 57, Cedar Falls, IA	58:50	11:46
120	31	M20	Joe Emmett, 25, Des Moines, IA	58:51	11:46
100	39	W20	Brandi Daniels, 28*, Des Moines, IA	58:53	11:47
101	40	W20	Melissa Nosbisch, 29*, Waukee, IA	59:18	11:51
121	32	M20	Thomas Hallgren, 25, Marshalltown,, Ia	59:29	11:54
122	12	M55	Hummer Brown, 71, Des Moines, IA	59:58	11:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

123	32	M30	Matt Shaw, 34, Des Moines, IA	1:00:23	12:05
102	30	W30	Katie Iverson, 35*, Iowa City, IA	1:00:34	12:07
103	31	W30	Jill Andersen, 30*, Des Moines, IA	1:00:40	12:08
124	17	M45	David Richards, 52, Urbandale, IA	1:00:41	12:08
125	24	M36	Chris James, 44, West Des Moines, IA	1:00:44	12:09
104	41	W20	Heidi McKinney, 23*, Omaha, NE	1:00:46	12:09
105	4	W55	R Larsen, 73*, Menasha, WI	1:01:18	12:15
106	32	W30	Carrie Thomas, 33*, Des Moines, IA	1:01:19	12:16
126	33	M30	Josh Thomas, 31, Des Moines, IA	1:01:20	12:16
107	42	W20	Mallory Benton, 26*, Polk City, IA	1:01:49	12:22
108	17	W36	Brenda Dunkin, 43*, Harvey, IA	1:02:00	12:24
109	18	W36	Dawn Kreutz, 40*, Des Moines, IA	1:02:32	12:30
110	19	W36	Crystal Doig, 40*, Ankeny, IA	1:02:52	12:34
111	9	W45	Colleen Leinen, 48*, West Des Moines, IA	1:03:15	12:39
112	5	W55	Barbara Thornton, 60*, West Des Moines, IA	1:03:16	12:39
113	10	W45	Cynthia Baker, 45*, Des Moines, IA	1:04:01	12:48
114	33	W30	Liz McNamara, 30*, Tampa, FL	1:04:13	12:50
115	6	W55	Kathy Daup, 58*, Bondurant, IA	1:04:24	12:53
116	20	W36	Renee Gillette, 40*, Ankeny, IA	1:04:24	12:53
117	21	W36	Kelly Carew, 40*, Ankeny, IA	1:04:24	12:53
118	5	JrW	Sarah Dieken, 18*, Dike, IA	1:04:28	12:54
119	43	W20	Kristina Dieken, 20*, Dike, IA	1:04:29	12:54
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
127	33	M20	Matthew McVey, 25, West Des Moines, IA	1:05:18	13:03
128	18	M45	Jeff Smith, 46, Des Moines, IA	1:05:21	13:04
120	11	W45	Mary Bernabe-Smith, 47*, Des Moines, IA	1:05:29	13:06
121	22	W36	Robin Brown, 39*, Des Moines, IA	1:05:35	13:07
122	7	W55	Barbara Minear, 61*, Johnston, IA	1:05:56	13:11
123	44	W20	Leah Hallgren, 25*, Marshalltown,, Ia	1:06:02	13:12
124	12	W45	Jennifer Schroeder, 46*, Des Moines, IA	1:06:05	13:13
125	23	W36	Paula Thompson, 40*, Newton, IA	1:06:21	13:16
126	24	W36	Debi Kemp, 44*, Des Moines, IA	1:06:42	13:20
127	8	W55	Marlena Bandurski, 57*, Des Moines, IA	1:06:54	13:23
128	6	JrW	Alicia Carlton, 13*, Norwalk, IA	1:06:58	13:23
129	25	M36	Brian Carlton, 41, Norwalk, IA	1:06:58	13:24
129	9	W55	Valerie Frerking, 57*, Higginsville, MO	1:07:05	13:25
130	13	W45	Susan Greubel, 46*, Lacona, IA	1:07:50	13:34
131	45	W20	Jessica Russ, 23*, Granger, IA	1:07:50	13:34
132	46	W20	Brecka Putnam, 27*, Des Moines, IA	1:07:55	13:35
133	14	W45	Kathy Anderson, 47*, Monmouth, IL	1:08:02	13:36
134	47	W20	Joanna Be, 25*, West Des Moines, IA	1:09:03	13:49
135	25	W36	Karen Fox, 43*, Des Moines, IA	1:09:03	13:49
136	10	W55	Rita Frederick, 62*, Marshalltown,, Ia	1:09:38	13:56
130	13	M55	Joel Deane, 62, Marshalltown,, Ia	1:09:38	13:56
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
137	34	W30	Laura Thompson, 30*, Des Moines, IA	1:10:19	14:04
138	35	W30	Rebecca Madsen, 32*, Collins, IA	1:10:44	14:09
131	14	M55	Doug Minear, 61, Johnston, IA	1:11:07	14:13
132	34	M30	Jr Whitver, 31, Glidden, IA	1:11:21	14:16
133	34	M20	Justin Hoffmann, 26, Ankeny, IA	1:11:25	14:17
139	48	W20	Amy Bainum, 26*, Des Moines, IA	1:12:00	14:24
140	36	W30	Melissa Miller, 35*, Des Moines, IA	1:12:01	14:24
141	49	W20	Maggie Anderson, 23*, Des Moines, IA	1:12:04	14:25
142	15	W45	Lucy Anderson, 53*, Clive, IA	1:12:05	14:25
143	16	W45	Ann Altmon, 46*, Johnston, IA	1:12:54	14:35
144	50	W20	Kate Merchie, 24*, Omaha, NE	1:14:19	14:52
145	51	W20	Jennifer Baccam, 25*, Desmoines, IA	1:14:25	14:53
146	7	JrW	Emily Carlton, 10*, Norwalk, IA	1:14:40	14:56
147	26	W36	Karen Carlton, 40*, Norwalk, IA	1:14:52	14:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
134	26	M36	Mike Kreutz, 43, Des Moines, IA	1:15:24	15:05

148	27	W36	Anne James, 43*, West Des Moines, IA	1:15:25	15:05
149	8	JrW	Faythe Healy, 10*, West Des Moines, IA	1:16:18	15:16
150	28	W36	Kathy Healy, 41*, West Des Moines, IA	1:16:21	15:16
151	17	W45	Debbie Richards, 50*, Urbandale, IA	1:16:51	15:22
152	29	W36	Barb Boheman, 44*, Des Moines, IA	1:17:07	15:25
153	30	W36	Lisa Michaelson, 43*, Urbandale, IA	1:17:07	15:25
154	37	W30	June Burns, 32*, Ames, IA	1:17:09	15:26
155	38	W30	Jennette Whitver, 30*, Glidden, IA	1:17:09	15:26
156	31	W36	Marie Rudolf, 37*, Des Moines, IA	1:17:44	15:33
135	19	M45	Dennis Southard, 50, Des Moines, IA	1:17:47	15:33
136	27	M36	Michael Sadler, 43, Urbandale, IA	1:18:12	15:38
157	52	W20	Christy Baccam, 28*, Des Moines, IA	1:18:39	15:44
158	39	W30	Chieng Long, 31*, Des Moines, IA	1:18:39	15:44
159	53	W20	Kari Ohnemus, 24*, Creston, IA	1:18:43	15:45
160	11	W55	Jane Soyer, 62*, Norwalk, IA	1:18:44	15:45
137	15	M55	Glenn Soyer, 65, Norwalk, IA	1:18:44	15:45
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

161	54	W20	Stephanie Davis, 25*, Des Moines, IA	1:22:05	16:25
162	9	JrW	Rebekah Slight, 9*, Des Moines, IA	1:22:07	16:25
138	35	M30	Timothy Davis, 33, Des Moines, IA	1:22:07	16:25
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

163	32	W36	Kathryn Lambert, 38*, Altoona, IA	1:26:50	17:22
164	10	JrW	Kate Phillips, 8*, West Des Moines, IA	1:29:49	17:58
165	33	W36	Steph Phillips, 42*, West Des Moines, IA	1:29:50	17:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

166	40	W30	Daphne Monson, 32*, Des Moines, IA	1:31:25	18:17
167	18	W45	Deb Gay, 54*, Norwalk, IA	1:31:26	18:17

* indicates females

2 finishers among Males (no age given)

7 finishers among Men Under 20

34 finishers among Men 20 - 29

35 finishers among Men 30 - 35

27 finishers among Men 36 - 44

19 finishers among Men 45 - 54

15 finishers among Men 55 & Up

10 finishers among Women Under 20

54 finishers among Women 20 - 29

40 finishers among Women 30 - 35

33 finishers among Women 36 - 44

18 finishers among Women 45 - 54

11 finishers among Women 55 & Up

139 male finishers

166 female finishers

305 total finishers

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