

Indian Summer DC 2011 *** 10 Mile Run ***

Overall Report

Event: 10 Mile Run

..... 4Mile results [here](#)

Date: Tuesday, September 20, 2011

Location: Lake McBride Solon, IA

Weather: Cool 55°

Age Group [results here](#)

Results By: Jeff Mullen

<u>Place</u>	<u>Gender</u>	<u>Div</u>		<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	1	1	OvM	Phil Yonug, M25	North Liberty, IA	55:31	55:31	5:33/M
2	2	2	OvM	Ross Salinas, M30	Iowa City, IA	57:45	57:45	5:46/M
3	3	3	OvM	Lars Anderson, M41	Iowa City, IA	1:00:35	1:00:35	6:03/M
4	4	1	M30	Solomon Richards, M33	Cedar Rapids, IA	1:01:20	1:01:20	6:08/M
5	5	1	M50	Jeff Nietert, M50	Cedar Rapids, IA	1:02:58	1:02:58	6:17/M
6	6	1	M20	Zach Cloe, M29	Cedar Rapids, IA	1:03:26	1:03:26	6:20/M
7	7	2	M20	Nicholas Dolan, M25	, IA	1:04:03	1:04:03	6:24/M
8	8	2	M30	Dustin Peet, M31	Cedar Rapids, IA	1:04:11	1:04:11	6:25/M
9	9	1	M40	Murry Mente, M44	Tipton, IA	1:04:44	1:04:44	6:28/M
10	10	2	M40	Chad Kruger, M43	Cedar Rapids, IA	1:05:02	1:05:02	6:30/M
11	11	3	M30	Thomas Blake, M30	Coralville, IA	1:05:46	1:05:46	6:34/M
12	12	4	M30	Tony Mutsune, M37	Mt. Pleasant, IA	1:06:07	1:06:07	6:36/M
13	13	5	M30	Chris Bauer, M31	Marion, IA	1:06:22	1:06:22	6:38/M
14	14	3	M40	Bob Brooker, M48	Cedar Rapids, IA	1:06:38	1:06:38	6:39/M
15	15	6	M30	Randy Patten, M37	Mt. Vernon, IA	1:07:09	1:07:09	6:42/M
16	16	2	M50	Rick Colton, M51	Marion, IA	1:07:19	1:07:19	6:43/M
17	17	3	M20	Matthew Coffey, M22	Marion, IA	1:08:11	1:08:11	6:49/M
18	18	7	M30	David Isherwood, M38	Iowa City, IA	1:08:28	1:08:28	6:50/M
19	1	1	OvF	Lacey Worth, F28	Iowa City, IA	1:10:35	1:10:35	7:03/M
20	19	4	M40	Robert Murphy, M44	Robins, IA	1:10:52	1:10:52	7:05/M
21	2	2	OvF	Shawn Loy, F40	Washington, IA	1:10:54	1:10:54	7:05/M
22	20	3	M50	Matt Brandt, M50	Cedar Rapids, IA	1:11:22	1:11:22	7:08/M
23	3	3	OvF	Liz Healy, F28	Ely, IA	1:11:33	1:11:33	7:09/M

24	21	8	M30	Bob Andresen, M37	Cedar Rapids, IA	1:11:59	1:11:59	7:11/M
25	22	4	M20	Alan Freeman, M22	Cedar Rapids, IA	1:12:13	1:12:13	7:13/M
26	23	1	M60	Bob Strickland, M61	Marion, IA	1:13:02	1:13:02	7:18/M
27	24	5	M20	David Vande Walle, M25	Saint Clair, MI	1:13:03	1:13:03	7:18/M
28	25	5	M40	Horacio Olivo, M49	Iowa City, IA	1:14:25	1:14:25	7:26/M
29	4	1	F30	Keri Mounce, F37	Blue Grass, IA	1:14:50	1:14:50	7:29/M
30	26	6	M20	John Poeltler, M27	Coralville, IA	1:15:12	1:15:12	7:31/M
31	27	6	M40	John Peters, M46	Cedar Rapids, IA	1:15:34	1:15:34	7:33/M
32	28	9	M30	Doug Fishwild, M32	Marion, IA	1:16:23	1:16:23	7:38/M
33	29	10	M30	Joshua Tew, M30	Cedar Rapids, IA	1:18:50	1:18:50	7:53/M
34	30	7	M40	John Pint, M45	Walker, IA	1:18:57	1:18:57	7:53/M
35	31	11	M30	Brian Bernard, M37	Keystone, IA	1:19:04	1:19:04	7:54/M
36	32	8	M40	Kevin Shoner, M45	Cedar Rapids, IA	1:19:41	1:19:41	7:58/M
37	5	2	F30	Mariah Hurley, F34	Cedar Rapids, IA	1:20:32	1:20:32	8:03/M
38	33	4	M50	Paul James, M58	Stanley, IA	1:20:39	1:20:39	8:03/M
39	34	12	M30	Greg Schmidt, M38	Cedar Rapids, IA	1:21:23	1:21:23	8:08/M
40	6	1	F20	Jamie Isherwood, F27	Iowa City, IA	1:21:46	1:21:46	8:10/M
41	35	13	M30	Chad Gammon, M39	Cedar Rapids, IA	1:21:46	1:21:46	8:10/M
42	36	14	M30	Chris Knudson, M37	Cedar Rapids, IA	1:21:51	1:21:51	8:11/M
43	7	1	F40	Sara Todd, F48	Cedar Rapids, IA	1:21:56	1:21:56	8:11/M
44	37	5	M50	Jeff Pick, M50	Cedar Rapids, IA	1:22:20	1:22:20	8:14/M
45	38	15	M30	Dustin Rahe, M33	Palo, IA	1:22:22	1:22:22	8:14/M
46	39	9	M40	Rob Rust, M41	Cedar Rapids, IA	1:23:08	1:23:08	8:18/M
47	40	10	M40	Atrek Maraj, M43	Marion, IA	1:23:24	1:23:24	8:20/M
48	41	6	M50	Mike Detweiler, M52	Cedar Rapids, IA	1:23:33	1:23:33	8:21/M
49	8	3	F30	Melissa Bernard, F36	Keystone, IA	1:23:46	1:23:46	8:22/M
50	9	4	F30	Tami Skriver, F39	Walford, IA	1:24:22	1:24:22	8:26/M
51	10	5	F30	Lynn Westfall, F31	Coralville, IA	1:25:11	1:25:11	8:31/M
52	11	2	F20	Alexa Schirm, F23	Vinton, IA	1:25:36	1:25:36	8:33/M
53	12	6	F30	Beth Ngo, F35	Hiawatha, IA	1:26:56	1:26:56	8:41/M
54	42	16	M30	Micheal Armstrong, M33	Central City, IA	1:27:18	1:27:18	8:43/M
55	43	17	M30	Adam Walsh, M31	Hiawatha, IA	1:27:53	1:27:53	8:47/M
56	13	3	F20	Jillian Walsh, F28	Hiawatha, IA	1:27:53	1:27:53	8:47/M
57	14	1	F50	Patti Sprague, F52	Mount Vernon, IA	1:28:24	1:28:24	8:50/M
58	15	7	F30	Billi Williams, F32	Cedar Rapids, IA	1:28:25	1:28:25	8:50/M
59	16	8	F30	Jody Schultz, F37	Peosta, IA	1:28:25	1:28:25	8:50/M
60	17	2	F50	Julie Rosenberg, F53	Cedar Rapids, IA	1:28:52	1:28:52	8:53/M
61	44	11	M40	Peter Pardubsky, M43	Cedar Rapids, IA	1:29:06	1:29:06	8:54/M
62	18	2	F40	Lisa Ogden, F49	Cedar Rapids, IA	1:29:16	1:29:16	8:55/M
63	19	9	F30	Ali Jones, F30	North Liberty, IA	1:29:21	1:29:21	8:56/M
64	20	10	F30	Mary beth Maloney, F32	Center Point, IA	1:29:47	1:29:47	8:58/M
65	21	3	F40	Susan Wolle, F44	cedar rapids, IA	1:30:02	1:30:02	9:00/M
66	45	18	M30	Srinivasa Mettu, M38	North Liberty, IA	1:30:58	1:30:58	9:05/M

67	22	4	F20	Amanda Fray, F23	Iowa City, IA	1:31:42	1:31:42	9:10/M
68	23	3	F50	Jackie Peters, F50	Cedar Rapids, IA	1:32:07	1:32:07	9:12/M
69	24	4	F40	Michelle Scroggs, F42	Marion, IA	1:32:47	1:32:47	9:16/M
70	25	1	F11	Maddy Rosenberg, F18	Cedar Rapids, IA	1:32:53	1:32:53	9:17/M
71	46	7	M20	Brian Cain, M27	Cedar Rapids, IA	1:34:26	1:34:26	9:26/M
72	26	5	F40	Angie Tharp, F40	Vinton, IA	1:36:25	1:36:25	9:38/M
73	27	6	F40	Tina Shoner, F44	Cedar Rapids, IA	1:36:41	1:36:41	9:40/M
74	28	7	F40	Jody Rausch, F42	Robins, IA	1:38:10	1:38:10	9:49/M
75	29	8	F40	Rebecca Lindwall, F42	Cedar Rapids, IA	1:39:05	1:39:05	9:54/M
76	30	9	F40	Chris Lerch, F47	Cedar Rapids, IA	1:39:07	1:39:07	9:54/M
77	31	10	F40	Tina Vasquez, F46	Vinton, IA	1:41:51	1:41:51	10:11/M
78	32	11	F30	Kim Weber, F33	Oxford, IA	1:42:26	1:42:26	10:14/M
79	33	5	F20	Meredith Cain, F26	Cedar Rapids, IA	1:45:48	1:45:48	10:34/M
80	34	12	F30	Megan Sova, F34	Cedar Rapids, IA	1:46:33	1:46:33	10:39/M
81	35	6	F20	Lyz Lenz, F28	Cedar Rapids, IA	1:46:35	1:46:35	10:39/M
82	36	13	F30	Jennifer Duffy, F31	Cedar Rapids, IA	1:47:16	1:47:16	10:43/M
83	37	7	F20	Nicole White, F29	Cedar Rapids, IA	1:48:57	1:48:57	10:53/M
84	38	8	F20	Christine Poeltler, F27	Coralville, IA	1:50:28	1:50:28	11:02/M
85	39	11	F40	Lori Miene, F46	Cedar Rapids, IA	2:11:09	2:11:09	13:06/M
86	40	9	F20	Rebekah Dove, F29	Cedar Rapids, IA	2:13:07	2:13:07	13:18/M

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