

# 3rd Annual Hopkinton 5K \*\*\* 5K Run \*\*\*

## Overall & Divisions

Event: 5K Run

Date: Sunday, September 27, 2015

Location: Hopkinton, IA

Weather: Sunny, Wind SSE 5mph & 64°

### Overall and Age Divisions

### *Results By: Andrew Kauder, Kauder Racing*

| Place | Gender | Division | Name                    | City             | Gun Time | Pace mpm | Chip Time | Pace mpm |
|-------|--------|----------|-------------------------|------------------|----------|----------|-----------|----------|
| 1     | 1      | 1 OVM    | Canyon Richardson, M15  | Earlville, IA    | 20:39    | 6:39/M   | 20:38     | 6:38/M   |
| 2     | 2      | 1 M15    | Tate Trenkamp, M15      | Delhi, IA        | 20:52    | 6:43/M   | 20:52     | 6:43/M   |
| 3     | 3      | 1 M20    | Nathan Niles, M24       | Cedar Rapids, IA | 21:58    | 7:04/M   | 21:53     | 7:03/M   |
| 4     | 4      | 1 JRM    | Daniel Hunter, M14      | Hopkinton, IA    | 23:01    | 7:24/M   | 22:59     | 7:24/M   |
| 5     | 5      | 2 M15    | Sean Hucker, M15        | Hopkinton, IA    | 23:16    | 7:29/M   | 23:15     | 7:29/M   |
| 6     | 6      | 1 M30    | Terry Willenborg, M31   | Dubuque, IA      | 23:23    | 7:32/M   | 23:21     | 7:31/M   |
| 7     | 7      | 1 M40    | Shannon Richardson, M47 | Earlville, IA    | 23:37    | 7:36/M   | 23:34     | 7:35/M   |
| 8     | 8      | 2 JRM    | A.J. Ambundo, M11       | Hopkinton, IA    | 24:19    | 7:50/M   | 24:18     | 7:49/M   |
| 9     | 9      | 1 M50    | Paul James, M62         | Stanley, IA      | 24:31    | 7:53/M   | 24:29     | 7:53/M   |
| 10    | 1      | 1 OVF    | Martha Gearhart, F55    | Hopkinton, IA    | 25:59    | 8:22/M   | 25:57     | 8:21/M   |
| 11    | 2      | 1 F50    | Sharon Robertson, F59   | Marion, IA       | 26:00    | 8:22/M   | 25:57     | 8:21/M   |
| 12    | 10     | 3 JRM    | Logan Clemen, M10       | Hopkinton, IA    | 27:14    | 8:46/M   | 27:13     | 8:46/M   |
| 13    | 11     | 2 M50    | Kevin Funke, M56        | Hopkinton, IA    | 27:25    | 8:50/M   | 27:22     | 8:49/M   |
| 14    | 3      | 1 JRF    | Lydia Helle, F13        | Hopkinton, IA    | 29:09    | 9:23/M   | 29:07     | 9:22/M   |
| 15    | 12     | 4 JRM    | Carter Stahlberg, M14   | Hopkinton, IA    | 29:09    | 9:23/M   | 29:08     | 9:23/M   |
| 16    | 4      | 2 F50    | Sherry Tucker, F53      | Hopkinton, IA    | 29:26    | 9:28/M   | 29:23     | 9:27/M   |
| 17    | 5      | 1 F30    | Shaina Gearhart, F31    | Hopkinton, IA    | 30:51    | 9:56/M   | 30:49     | 9:55/M   |
| 18    | 6      | 3 F50    | Mary Ries, F51          | Hopkinton, IA    | 31:36    | 10:10/M  | 31:33     | 10:09/M  |

|    |    |        |                            |                      |       |         |       |         |
|----|----|--------|----------------------------|----------------------|-------|---------|-------|---------|
| 19 | 7  | 2 F30  | Lori Schulte-Trenkamp, F38 | Delhi, IA            | 31:39 | 10:11/M | 31:36 | 10:10/M |
| 20 | 8  | 3 F30  | Molly Leytem, F32          | Anamosa, IA          | 31:40 | 10:12/M | 31:33 | 10:09/M |
| 21 | 9  | 4 F50  | Denise Niles, F58          | Hopkinton, IA        | 32:20 | 10:24/M | 32:15 | 10:23/M |
| 22 | 13 | 5 JRM  | Jax Miller, M8             | Ryan, IA             | 33:04 | 10:38/M | 33:03 | 10:38/M |
| 23 | 14 | 6 JRM  | Brent Yonkovic, M9         | Hopkinton, IA        | 33:13 | 10:41/M | 33:11 | 10:41/M |
| 24 | 10 | 2 JRF  | Ciann Richardson, F14      | Earlville, IA        | 33:17 | 10:43/M | 33:14 | 10:42/M |
| 25 | 11 | 1 F40  | Brenda Becker, F42         | Manchester, IA       | 33:26 | 10:46/M | 33:23 | 10:45/M |
| 26 | 15 | 7 JRM  | Brock Trenkamp, M11        | Delhi, IA            | 36:00 | 11:35/M | 35:56 | 11:34/M |
| 27 | 12 | 3 JRF  | Annie Trenkamp, F13        | Delhi, IA            | 36:12 | 11:39/M | 36:11 | 11:39/M |
| 28 | 13 | 4 F30  | Tammy Lawrence, F32        | Monticello, IA       | 36:48 | 11:51/M | 36:40 | 11:48/M |
| 29 | 14 | 5 F30  | Tracey Reicher, F34        | Hopkinton, IA        | 37:05 | 11:56/M | 37:01 | 11:55/M |
| 30 | 15 | 1 F15  | Shaylyn Trenkamp, F17      | Delhi, IA            | 37:38 | 12:07/M | 37:35 | 12:06/M |
| 31 | 16 | 2 F15  | Megan Beaman, F15          | Hopkinton, IA        | 43:02 | 13:51/M | 42:55 | 13:49/M |
| 32 | 16 | 8 JRM  | Clayton Davis, M6          | Hopkinton, IA        | 43:03 | 13:51/M | 43:02 | 13:51/M |
| 33 | 17 | 4 JRF  | Kaela Clemen, F11          | Hopkinton, IA        | 43:06 | 13:52/M | 43:04 | 13:52/M |
| 34 | 18 | 5 JRF  | Ceciley Trenkamp, F9       | Delhi, IA            | 44:06 | 14:12/M | 44:02 | 14:10/M |
| 35 | 17 | 2 M30  | Jeremy Trenkamp, M38       | Delhi, IA            | 44:06 | 14:12/M | 44:02 | 14:10/M |
| 36 | 19 | 5 F50  | Jan Herington, F62         | Hopkinton, IA        | 45:26 | 14:38/M | 45:16 | 14:34/M |
| 37 | 20 | 6 F50  | Shelley Chapman, F55       | Hopkinton, IA        | 45:27 | 14:38/M | 45:16 | 14:34/M |
| 38 | 21 | 6 JRF  | Emma Miller, F12           | Ryan, IA             | 45:32 | 14:39/M | 45:26 | 14:38/M |
| 39 | 22 | 6 F30  | Tracey Milroy, F33         | Hopkinton, IA        | 45:54 | 14:46/M | 45:49 | 14:45/M |
| 40 | 23 | 7 F50  | Nancy Putz, F54            | Delhi, IA            | 46:08 | 14:51/M | 46:03 | 14:49/M |
| 41 | 24 | 1 F20  | Dani Duetmeyer, F22        | Earlville, IA        | 47:30 | 15:17/M | 47:21 | 15:14/M |
| 42 | 25 | 7 JRF  | Addison Hucker, F9         | Hopkinton, IA        | 47:46 | 15:22/M | 47:39 | 15:20/M |
| 43 | 26 | 2 F40  | Kristin Hucker, F42        | Hopkinton, IA        | 47:47 | 15:23/M | 47:40 | 15:21/M |
| 44 | 27 | 2 F20  | Sara Gienapp, F22          | Hopkinton, IA        | 47:52 | 15:24/M | 47:45 | 15:22/M |
| 45 | 28 | 3 F20  | Brittany Mohr, F23         | Hopkinton, IA        | 47:54 | 15:25/M | 47:46 | 15:23/M |
| 46 | 29 | 8 F50  | Jill Miller, F58           | Manchester, IA       | 48:10 | 15:30/M | 48:04 | 15:28/M |
| 47 | 30 | 7 F30  | Tina Richter, F34          | Hopkinton, IA        | 48:11 | 15:31/M | 48:04 | 15:28/M |
| 48 | 31 | 9 F50  | Ann Grant, F51             | Delhi, IA            | 48:25 | 15:35/M | 48:16 | 15:32/M |
| 49 | 32 | 10 F50 | Rosemary Feldmann, F57     | Hopkinton, IA        | 48:27 | 15:36/M | 48:20 | 15:33/M |
| 50 | 33 | 8 F30  | Annie Cooksley, F39        | Earlville, IA        | 48:47 | 15:42/M | 48:38 | 15:39/M |
| 51 | 18 | 3 M30  | Shawn Beaman, M38          | Hopkinton, IA        | 49:07 | 15:48/M | 49:00 | 15:46/M |
| 52 | 19 | 2 M40  | Pat Yonkovic, M48          | Hopkinton, IA        | 49:07 | 15:48/M | 49:01 | 15:47/M |
| 53 | 34 | 11 F50 | Kim Bruess, F57            | Strawberry Point, IA | 50:53 | 16:23/M | 50:48 | 16:21/M |

|    |    |        |                     |               |         |         |         |         |
|----|----|--------|---------------------|---------------|---------|---------|---------|---------|
| 54 | 35 | 3 F40  | Lisa Yonkovic, F48  | Hopkinton, IA | 53:02   | 17:04/M | 52:56   | 17:02/M |
| 55 | 36 | 9 F30  | Molly Miller, F37   | Ryan, IA      | 53:02   | 17:04/M | 52:56   | 17:02/M |
| 56 | 37 | 8 JRF  | Brylee Gearhart, F8 | Hopkinton, IA | 1:06:28 | 21:24/M | 1:06:27 | 21:23/M |
| 57 | 38 | 12 F50 | Bev Collmann, F69   | Hopkinton, IA | 1:07:21 | 21:41/M | 1:07:10 | 21:37/M |

### Overall and Age Divisions

#### Overall Male

| Place | Name                   | City          | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|------------------------|---------------|----------|-------------|-----------|-------------|
| 1     | Canyon Richardson, M15 | Earlville, IA | 20:39    | 6:39/M      | 20:38     | 6:38/M      |

#### Overall Female

| Place | Name                 | City          | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|----------------------|---------------|----------|-------------|-----------|-------------|
| 1     | Martha Gearhart, F55 | Hopkinton, IA | 25:59    | 8:22/M      | 25:57     | 8:21/M      |

#### M[14 & Under]

| Place | Name                  | City          | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|-----------------------|---------------|----------|-------------|-----------|-------------|
| 1     | Daniel Hunter, M14    | Hopkinton, IA | 23:01    | 7:24/M      | 22:59     | 7:24/M      |
| 2     | A.J. Ambundo, M11     | Hopkinton, IA | 24:19    | 7:50/M      | 24:18     | 7:49/M      |
| 3     | Logan Clemen, M10     | Hopkinton, IA | 27:14    | 8:46/M      | 27:13     | 8:46/M      |
| 4     | Carter Stahlberg, M14 | Hopkinton, IA | 29:09    | 9:23/M      | 29:08     | 9:23/M      |
| 5     | Jax Miller, M8        | Ryan, IA      | 33:04    | 10:38/M     | 33:03     | 10:38/M     |
| 6     | Brent Yonkovic, M9    | Hopkinton, IA | 33:13    | 10:41/M     | 33:11     | 10:41/M     |
| 7     | Brock Trenkamp, M11   | Delhi, IA     | 36:00    | 11:35/M     | 35:56     | 11:34/M     |
| 8     | Clayton Davis, M6     | Hopkinton, IA | 43:03    | 13:51/M     | 43:02     | 13:51/M     |

#### F[14 & Under]

| Place | Name                  | City          | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|-----------------------|---------------|----------|-------------|-----------|-------------|
| 1     | Lydia Helle, F13      | Hopkinton, IA | 29:09    | 9:23/M      | 29:07     | 9:22/M      |
| 2     | Ciann Richardson, F14 | Earlville, IA | 33:17    | 10:43/M     | 33:14     | 10:42/M     |
| 3     | Annie Trenkamp, F13   | Delhi, IA     | 36:12    | 11:39/M     | 36:11     | 11:39/M     |
| 4     | Kaela Clemen, F11     | Hopkinton, IA | 43:06    | 13:52/M     | 43:04     | 13:52/M     |
| 5     | Ceciley Trenkamp, F9  | Delhi, IA     | 44:06    | 14:12/M     | 44:02     | 14:10/M     |
| 6     | Emma Miller, F12      | Ryan, IA      | 45:32    | 14:39/M     | 45:26     | 14:38/M     |
| 7     | Addison Hucker, F9    | Hopkinton, IA | 47:46    | 15:22/M     | 47:39     | 15:20/M     |
| 8     | Brylee Gearhart, F8   | Hopkinton, IA | 1:06:28  | 21:24/M     | 1:06:27   | 21:23/M     |

#### M[15-19]

| Place | Name | City | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|------|------|----------|-------------|-----------|-------------|
|-------|------|------|----------|-------------|-----------|-------------|

|   |                    |               |       |        |       |        |
|---|--------------------|---------------|-------|--------|-------|--------|
| 1 | Tate Trenkamp, M15 | Delhi, IA     | 20:52 | 6:43/M | 20:52 | 6:43/M |
| 2 | Sean Hucker, M15   | Hopkinton, IA | 23:16 | 7:29/M | 23:15 | 7:29/M |

**F[15-19]**

| Place | Name                  | City          | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|-----------------------|---------------|----------|-------------|-----------|-------------|
| 1     | Shaylyn Trenkamp, F17 | Delhi, IA     | 37:38    | 12:07/M     | 37:35     | 12:06/M     |
| 2     | Megan Beaman, F15     | Hopkinton, IA | 43:02    | 13:51/M     | 42:55     | 13:49/M     |

**M[20-29]**

| Place | Name              | City             | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|-------------------|------------------|----------|-------------|-----------|-------------|
| 1     | Nathan Niles, M24 | Cedar Rapids, IA | 21:58    | 7:04/M      | 21:53     | 7:03/M      |

**F[20-29]**

| Place | Name                | City          | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|---------------------|---------------|----------|-------------|-----------|-------------|
| 1     | Dani Duetmeyer, F22 | Earlville, IA | 47:30    | 15:17/M     | 47:21     | 15:14/M     |
| 2     | Sara Gienapp, F22   | Hopkinton, IA | 47:52    | 15:24/M     | 47:45     | 15:22/M     |
| 3     | Brittany Mohr, F23  | Hopkinton, IA | 47:54    | 15:25/M     | 47:46     | 15:23/M     |

**M[30-39]**

| Place | Name                  | City          | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|-----------------------|---------------|----------|-------------|-----------|-------------|
| 1     | Terry Willenborg, M31 | Dubuque, IA   | 23:23    | 7:32/M      | 23:21     | 7:31/M      |
| 2     | Jeremy Trenkamp, M38  | Delhi, IA     | 44:06    | 14:12/M     | 44:02     | 14:10/M     |
| 3     | Shawn Beaman, M38     | Hopkinton, IA | 49:07    | 15:48/M     | 49:00     | 15:46/M     |

**F[30-39]**

| Place | Name                          | City           | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|-------------------------------|----------------|----------|-------------|-----------|-------------|
| 1     | Shaina Gearhart, F31          | Hopkinton, IA  | 30:51    | 9:56/M      | 30:49     | 9:55/M      |
| 2     | Lori Schulte-Trenkamp,<br>F38 | Delhi, IA      | 31:39    | 10:11/M     | 31:36     | 10:10/M     |
| 3     | Molly Leytem, F32             | Anamosa, IA    | 31:40    | 10:12/M     | 31:33     | 10:09/M     |
| 4     | Tammy Lawrence, F32           | Monticello, IA | 36:48    | 11:51/M     | 36:40     | 11:48/M     |
| 5     | Tracey Reicher, F34           | Hopkinton, IA  | 37:05    | 11:56/M     | 37:01     | 11:55/M     |
| 6     | Tracey Milroy, F33            | Hopkinton, IA  | 45:54    | 14:46/M     | 45:49     | 14:45/M     |
| 7     | Tina Richter, F34             | Hopkinton, IA  | 48:11    | 15:31/M     | 48:04     | 15:28/M     |
| 8     | Annie Cooksley, F39           | Earlville, IA  | 48:47    | 15:42/M     | 48:38     | 15:39/M     |
| 9     | Molly Miller, F37             | Ryan, IA       | 53:02    | 17:04/M     | 52:56     | 17:02/M     |

**M[40-49]**

| Place | Name | City | Gun Time | Pace | Chip Time | Pace |
|-------|------|------|----------|------|-----------|------|
|-------|------|------|----------|------|-----------|------|

|   |                            |               |       | mpm     |       | mpm     |
|---|----------------------------|---------------|-------|---------|-------|---------|
| 1 | Shannon Richardson,<br>M47 | Earlville, IA | 23:37 | 7:36/M  | 23:34 | 7:35/M  |
| 2 | Pat Yonkovic, M48          | Hopkinton, IA | 49:07 | 15:48/M | 49:01 | 15:47/M |

**F[40-49]**

| Place | Name                | City           | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|---------------------|----------------|----------|-------------|-----------|-------------|
| 1     | Brenda Becker, F42  | Manchester, IA | 33:26    | 10:46/M     | 33:23     | 10:45/M     |
| 2     | Kristin Hucker, F42 | Hopkinton, IA  | 47:47    | 15:23/M     | 47:40     | 15:21/M     |
| 3     | Lisa Yonkovic, F48  | Hopkinton, IA  | 53:02    | 17:04/M     | 52:56     | 17:02/M     |

**M[50 & Over]**

| Place | Name             | City          | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|------------------|---------------|----------|-------------|-----------|-------------|
| 1     | Paul James, M62  | Stanley, IA   | 24:31    | 7:53/M      | 24:29     | 7:53/M      |
| 2     | Kevin Funke, M56 | Hopkinton, IA | 27:25    | 8:50/M      | 27:22     | 8:49/M      |

**F[50 & Over]**

| Place | Name                      | City                    | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|---------------------------|-------------------------|----------|-------------|-----------|-------------|
| 1     | Sharon Robertson, F59     | Marion, IA              | 26:00    | 8:22/M      | 25:57     | 8:21/M      |
| 2     | Sherry Tucker, F53        | Hopkinton, IA           | 29:26    | 9:28/M      | 29:23     | 9:27/M      |
| 3     | Mary Ries, F51            | Hopkinton, IA           | 31:36    | 10:10/M     | 31:33     | 10:09/M     |
| 4     | Denise Niles, F58         | Hopkinton, IA           | 32:20    | 10:24/M     | 32:15     | 10:23/M     |
| 5     | Jan Herington, F62        | Hopkinton, IA           | 45:26    | 14:38/M     | 45:16     | 14:34/M     |
| 6     | Shelley Chapman, F55      | Hopkinton, IA           | 45:27    | 14:38/M     | 45:16     | 14:34/M     |
| 7     | Nancy Putz, F54           | Delhi, IA               | 46:08    | 14:51/M     | 46:03     | 14:49/M     |
| 8     | Jill Miller, F58          | Manchester, IA          | 48:10    | 15:30/M     | 48:04     | 15:28/M     |
| 9     | Ann Grant, F51            | Delhi, IA               | 48:25    | 15:35/M     | 48:16     | 15:32/M     |
| 10    | Rosemary Feldmann,<br>F57 | Hopkinton, IA           | 48:27    | 15:36/M     | 48:20     | 15:33/M     |
| 11    | Kim Bruess, F57           | Strawberry Point,<br>IA | 50:53    | 16:23/M     | 50:48     | 16:21/M     |
| 12    | Bev Collmann, F69         | Hopkinton, IA           | 1:07:21  | 21:41/M     | 1:07:10   | 21:37/M     |

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