

Have a Heart 5K Run/Walk**Aug 16, 2014****Raccon River Park****West Des Moines, IA.**

PLACE	FN	LN	GENDER	AGE	TIME
1	Patrick	Davis	M	27	16:14.3
2	Chris	Nealy	M	34	16:34.3
3	Vic	Morales	M	40	17:22.4
4	Jack	Fink	M	16	17:39.1
1	Ellen	Ries	F	27	17:40.5
6	Paxton	Bennett	M	40	19:17.4
7	Kevin	Conner	M	13	19:23.1
8	Kyle	Keraus	M	33	19:29.1
2	Sammi	Bruett	F	22	19:54.7
10	John	Brees	M	33	21:11.1
3	Emily	Ash	F	14	21:37.6
12	Jason	Mcclendon	M	33	21:46.3
4	Christine	Comito	F	46	22:01.2
14	Gus	Mote	M	16	22:11.5
5	Caroline	Fink	F	13	22:38.2
16	Steven	Hall	M	56	22:53.9
17	Merrick	Purcell	M	17	23:16.1
18	Zachary	Kobes	M	15	23:16.4
6	Kate	Hapgood	F	13	23:22.8
7	Megan	Brittian	F		23:31.9
8	Katie	Johnson	F	28	23:35.9
22	Ed	Sitzmann	M	47	24:01.4
23	Kyle	Biscoglia	M	15	24:05.9
24	Alexander	Daniel	M	17	24:10.6
25	John	Urban	M	46	24:13.6
9	Lauren	Urban	F	13	24:27.0
27	Kyle	Sievers	M	24	24:49.3
28	Keith	Henaman	M	49	25:11.7
29	Nathan	Hamm	M	28	25:12.1
30	Nick	Bindel	M	12	25:15.0
31	Kenny	Herring	M	31	25:16.3
32	Todd	Bindel	M	47	25:18.1
33	Brandon	Latting	M	12	25:21.6
10	Michelle	Hilsabeck	F	38	25:38.8
11	Jeannine	Laughlin	F	47	25:39.1
36	Connor	Pitz	M	15	26:13.4
12	Pam	Pitz	F	45	26:40.7
38	Larry	Laughlin	M	48	26:43.2
39	Dave	Fini	M	49	26:43.7
13	Chris	Mathews	F	45	26:48.3
41	Mark	Monroe	M	55	26:50.3
14	Marya	Swenson	F	33	27:17.2
43	Jack	Turner	M	16	27:31.2
44	Ray	Turner	M	50	27:31.8
45	Scott	Gonyo	M	43	27:36.7
46	Kaden	Sauer	M	15	27:38.1

47	Todd	Hoskins	M	41	27:50.6
15	Brittany	Stanek	F	24	28:10.1
49	Rocky	Sposato	M	40	28:25.3
16	Emma	Moomey	F	13	28:30.4
17	Carson	Schulte	F	15	28:35.8
18	Michelle	Flatt	F	34	28:44.0
19	Sarah	Keraus	F	32	28:58.5
20	Emily	Graber	F	36	29:25.7
21	Sara	Drake	F	32	29:27.5
22	Ali	Disney	F	27	29:27.9
23	Jayne	Millhollin	F	37	29:41.3
24	Caroline	Ash	F	12	29:41.9
25	Lisa	Ash	F	47	29:43.9
26	Sarah	Biscoglia	F	44	29:48.0
27	Loree	Ness	F	50	29:50.5
28	Jacki	Askelson	F	39	30:03.6
63	Matt	Moomey	M	42	30:07.2
29	Dawn	Sposato	F	36	30:29.9
30	Elizabeth	Johnson	F	31	30:31.5
31	Angela	Foster	F	30	30:35.8
32	Kristin	Larsen	F	46	30:43.3
33	Janan	Felts	F	38	30:44.5
69	Trey	Wilson	M	8	30:52.9
70	Jake	Noonan	M	10	30:56.2
71	Jim	Pitz	M	46	31:07.8
34	Kate	Rodriguez	F	41	31:16.5
35	Kristin	Vogel	F	33	31:23.2
36	Kari	Ferring	F	37	31:23.8
37	Beth	Schulte	F	47	31:27.2
76	Brody	Burr	M	7	31:40.0
38	Amy	Langgin	F	38	31:48.9
39	Jacqueline	Cataldo	F	15	31:59.8
79	Cael	Klinkenborg	M	9	32:30.0
40	Sheila	Paterno	F	46	32:33.2
41	Amelia	Fini	F	17	32:38.1
42	Sarah	Broderick	F	17	32:38.3
43	Christen	Bliss	F	36	32:38.5
44	Shelby	Klinkenborg	F	41	32:38.7
85	Jason	Askelson	M	39	32:40.3
45	Amy	Finnegan	F	40	32:40.6
46	Julie	Sedore	F	39	32:45.2
47	Michelle	Madden	F	40	32:57.5
48	Sally	Rindfuss	F	37	32:59.0
90	Nolan	Strang	M	6	32:59.2
91	Steve	Strang	M	41	33:43.1
49	Olivia	Uecker	F	11	33:43.6
50	Alissa	Smith	F	36	34:21.0
51	Heather	Klein	F	33	34:21.2
52	Katie	Buscher	F	17	34:31.8
96	Ian	Gredell	M	8	34:32.0
53	Kelly	Fini	F	49	34:32.2
54	Deb	Medici-Feick	F	54	34:50.6
55	Grace	Recker	F	15	35:03.2

56	Karley	Spahn	F	15	35:20.4
57	Olivia	Strang	F	9	35:27.4
102	James	Biscoglia	M	45	35:27.7
58	Julie	Hagerty	F	53	35:28.1
104	Zachary	Schwarte	M	8	35:28.4
59	Lisa	Schwarte	F	43	35:43.7
60	Emily	Karwoski	F	38	35:50.7
107	Bentley	Burr	M	5	35:52.8
108	Darren	Burr	M	45	36:23.7
61	Rebecca	Moomey	F	41	36:39.9
110	Greg	Schulte	M	47	36:40.3
62	Lisa	Scheppmann	F	49	37:00.0
63	Deborah	Gredell	F	42	37:03.6
64	Teagan	Kavan	F	9	37:11.2
65	Anna	Recker	F	9	37:22.6
66	Kelly	Petersen	F	37	37:23.6
116	Jacob	Petersen	M	7	37:25.2
67	Caitlin	Webb	F	9	37:37.8
68	Anna	Scheppmann	F	9	37:38.0
69	Samantha	Loder	F	9	37:41.5
70	Michele	Loder	F	39	37:42.2
121	Owen	Line	M	8	39:02.0
71	Beth	Haag	F	47	39:03.3
72	Allison	Line	F	38	39:13.0
124	Dylan	Watters	M	15	39:14.1
73	Ryley	Sinnott	F	15	39:34.1
74	Rachael	Uecker	F	8	39:45.4
127	Jason	Uecker	M	39	39:45.7
75	Connie	Sievers	F	52	39:53.8
76	Sophie	Nielsen	F	15	39:54.4
77	Megan	McAllister	F	15	39:55.8
78	Elizabeth	Wulf	F	31	40:09.1
79	Julia	Friedrich	F	10	40:25.6
80	Calliope	Coppola	F	10	41:10.5
81	Amy	Friedrich	F	39	41:10.8
135	Alexander	Kottmeyer	M	7	41:32.4
82	Molly	Kottmeyer	F	42	41:37.6
137	Dylan	Webb	M	7	41:40.7
83	Teresa	Kavan	F	44	41:50.0
84	Bonny	Beenen	F	31	42:20.3
85	Ella	Kuper	F	10	42:21.2
141	Henry	Fini	M	15	42:39.7
142	Jack	Koerner	M	15	42:40.6
143	Lyle	Fini	M	15	42:40.7
86	Annie	Brees	F	31	42:41.0
145	Carson	Cooper	M	11	42:46.4
87	Hailey	Cooper	F	17	42:50.4
88	Kathy	Uecker	F	46	43:04.6
89	Lexie	Kurovski	F	25	43:11.5
149	David	Pollard	M	39	43:40.0
90	Leah	Hadsall	F	7	43:41.2
91	Campbell	Ingham	F	7	43:56.1
92	Jennifer	Hadsall	F	35	44:08.1

93	Kailey	Waterbeck	F	7	44:08.3
154	Weston	Waterbeck	M	37	44:10.8
155	Brendan	King	M	16	44:25.2
94	Christina	Bell	F	37	44:25.4
157	Griffin	Karazija	M	11	45:14.6
95	Carol	Powers	F	44	46:15.6
159	Garrett	Karazija	M	11	46:15.9
96	Olivia	Eike	F	7	46:20.3
97	Erin	Eike	F	36	46:25.1
98	Jennifer	Kuper	F	42	46:25.3
99	Kelsey	Bankey	F	29	47:03.8
100	Andrea	Rutledge	F	40	47:41.7
101	Mackenzie	Branstad	F	8	48:29.5
102	Adrienne	Branstad	F	33	48:31.7
103	Neva	Ballinger	F	7	48:43.9
168	Rick	Ballinger	M	37	48:44.4
104	Laurel	Ballinger	F	44	48:46.0
105	Stacy	Holtgrewe	F	30	50:20.5
171	Jared	Holtgrewe	M	31	50:21.1
172	Trenton	Waterbeck	M	11	50:24.3
106	Lori	Waterbeck	F	38	50:33.0
107	Maggie	Schepmann	F	23	51:09.6
175	Nick	Cecere	M	23	51:10.1
176	Jim	Kottmeyer	M	38	51:23.9
108	Grace	Kottmeyer	F	9	51:24.6
178	Rodney	Stockbauer	M	30	52:10.1
179	Chris	Backes	M	35	52:36.1
109	Amanda	Atkinson	F	32	52:41.2
110	Fallon	Anderson	F	30	52:41.4
111	Cari	Backes	F	34	52:41.6
183	Jordan	Stockbauer	M	8	55:18.3
112	Jennifer	Guthrie	F	28	55:53.3
185	Michael	Guthrie	M	30	55:53.9
186	Anthony	Guthrie	M	7	55:54.3
113	Rylie	Coppola	F	10	57:38.8
114	Julie	Sondgrath	F	44	59:23.5
115	Lashley	Bitting	F	10	1:00:02
116	Allison	Gonyo	F	7	1:00:02
117	Macy	Coppola	F	7	1:00:03
192	Marty	McCoy	M	59	1:00:10
118	Sarah	Schiltz	F	38	1:00:39
119	Christie	Wilson	F	46	1:00:40
120	Mallory	Wilson	F	13	1:00:40
121	Lisa	Van Blair	F	36	1:01:32
122	Marianne	Saxton	F	55	1:01:32
196	Zach	Leiser	M	29	1:01:32
199	Kaden	Stockbauer	M	6	1:01:32
123	Stephanie	Stockbauer	F	29	1:02:15
124	Loucynda	Sandeen	F	35	1:02:15
125	Cindy	Haselby	F	33	1:02:55
202	Jacob	Sandeen	M	38	1:02:55
126	M	O	F	6	1:03:27
127	L	O	F	34	1:03:27

128	Jacquen	Sandeen	F	60	1:03:27
129	Jodi	VanDerHart	F	53	1:03:28
130	Rita	Layton	F	74	1:03:28
209	Dan	Anderson	M	68	1:03:28
131	Emily	Ash	F	14	1:03:30
211	Aiden	Askelson	M	10	1:03:36
132	Kelly	Biscoglia	F	13	1:03:43
213	Jack	Cooper	M	44	1:05:36
133	Pam	Cooper	F	45	1:05:39
134	Sheri	Steger	F	39	1:05:41
216	Rob	Steger	M	42	1:05:41
135	Shelley	Leiser	F	28	1:05:42

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