

[JV Girls](#) [JV Boys](#) [Var Girls](#) [Var Boys](#) [Comb Girls](#) [Comb Boys](#)

Grinnell Invitational Girls Combined 5K Cross Country Meet

Event: Varsity Girls 5K

Date: Tuesday, September 06, 2016

Location: Ahrens Recreation Complex, Grinnell, IA

Weather: Partly Sunny, 56% Humidity, Wind SSW 10-20mph & 88°

Results By: Andrew Kauder, Kauder Racing

Place	School	1	2	3	4	5	6	7	Total	Time Ave	Time Spread
1	Pella	4	7	9	12	13	21	22	45	21:50	0:53
2	Grinnell	5	8	15	16	33	38	42	77	22:21	2:26
3	Vinton-Shellsburg	2	18	19	26	44	47	57	109	22:44	3:45
4	Williamsburg	23	24	25	27	28	31	36	127	23:06	0:32
5	Ottumwa	1	11	37	41	64	75	97	154	23:18	5:50
6	Benton Community	29	32	35	39	48	55	62	183	24:03	1:09
7	South Tama County	6	43	49	56	60	65	79	214	24:19	4:02
8	Newton	10	45	50	58	66	80	89	229	24:36	3:58
9	Oskaloosa	20	40	59	69	72	76	83	260	25:09	4:03
10	Belle Plaine	30	34	68	87	100	107		319	26:36	6:59
11	Knoxville	51	53	54	82	92	103	109	332	26:24	4:03
12	Colfax-Mingo	14	46	91	96	98	99	105	345	27:09	7:57
13	Des Moines Lincoln	17	73	84	85	88	90	95	347	26:47	6:00
14	Lynnville-Sully	52	63	71	77	86	93	94	349	26:37	3:18
15	Carlisle	3	67	78	101	102	104	108	351	27:16	9:46
16	Montezuma	61	70	74	81	106			392	28:00	7:00

Incomplete Teams:

Place	Score	Name	School	Time	Pace mpm
1	1	Kylie Latham, JR	Ottumwa	20:06	6:28/M
2	2	Gracie Horst, SO	Vinton-Shellsburg	20:45	6:41/M
3	3	Megan Sievers, SO	Carlisle	21:02	6:46/M
4	4	Kelcey Blommers, SR	Pella	21:18	6:51/M
5	5	Mary Blanchard, FR	Grinnell	21:33	6:56/M
6	6	Callie Frakes, FR	South Tama County	21:39	6:58/M
7	7	Ellie Roorda, FR	Pella	21:41	6:59/M
8	8	Nola Conner, FR	Grinnell	21:42	6:59/M
9	9	Ciara Buchheit, SR	Pella	21:48	7:01/M
10	10	Rachel Rhoads, SO	Newton	22:05	7:07/M
11	11	Alli Bookin-Nosbisch, FR	Ottumwa	22:09	7:08/M
12	12	Mikayla Kruse, SO	Pella	22:10	7:08/M
13	13	Payton Phelps, SR	Pella	22:11	7:08/M
14	14	Dakota Hostetter, SR	Colfax-Mingo	22:14	7:09/M
15	15	Mairead Brownell, JR	Grinnell	22:14	7:09/M

16	16	Anjali Jones, FR	Grinnell	22:18	7:11/M
17	17	Caitlyn Lucht, JR	Des Moines Lincoln	22:24	7:13/M
18	18	Cassie Kenney, SR	Vinton-Shellsburg	22:31	7:15/M
19	19	Amelia Birker, FR	Vinton-Shellsburg	22:41	7:18/M
20	20	Lauren Coon, SO	Oskaloosa	22:43	7:19/M
21	21	Caroline McMartin, FR	Pella	22:46	7:20/M
22	22	Annika Pingel, JR	Pella	22:46	7:20/M
23	23	Kaitlin Wille, SO	Williamsburg	22:53	7:22/M
24	24	Kaden Brenneman, JR	Williamsburg	22:59	7:24/M
25	25	Emily Jensen, SO	Williamsburg	23:01	7:25/M
26	26	Elisabeth Davis, JR	Vinton-Shellsburg	23:11	7:28/M
27	27	Aubray Walters, FR	Williamsburg	23:12	7:28/M
28	28	Hannah Malloy, SR	Williamsburg	23:25	7:32/M
29	29	Lauren Woeste, FR	Benton Community	23:34	7:35/M
30	30	Dana Supe, JR	Belle Plaine	23:37	7:36/M
31	31	Makayla Schulte, SR	Williamsburg	23:39	7:37/M
32	32	Paige King, SO	Benton Community	23:44	7:38/M
33		Poulter Whitley, FR	Pella	23:53	7:41/M
34	33	Catherine Cogley, SR	Grinnell	23:59	7:43/M
35	34	Lily Parrott, FR	Belle Plaine	24:03	7:44/M
36	35	Olivia Wilson, SO	Benton Community	24:05	7:45/M
37	36	Kiaya Walters, SR	Williamsburg	24:06	7:45/M
38	37	Morgan Lawson, JR	Ottumwa	24:06	7:45/M
39		Tirzah Wittenberg, FR	Pella	24:08	7:46/M
40	38	Phoenix Chang-Roper, JR	Grinnell	24:08	7:46/M
41	39	Carma Armstrong, SR	Benton Community	24:11	7:47/M
42	40	Aleeya Cheney, SO	Oskaloosa	24:11	7:47/M
43	41	Alejandra Gaspar, JR	Ottumwa	24:14	7:48/M
44	42	Zoe Shinefeld, JR	Grinnell	24:18	7:49/M
45	43	Allison Yuska, SR	South Tama County	24:20	7:50/M
46		Leslie Stark, SR	Grinnell	24:27	7:52/M
47	44	Libbie Timmerman, SO	Vinton-Shellsburg	24:30	7:53/M
48		Hailey Kowzan, FR	Pella	24:32	7:54/M
49		Emma Harrington, JR	Grinnell	24:35	7:55/M
50	45	Abby Altman, FR	Newton	24:36	7:55/M
51		Belle Kanagy, SR	Williamsburg	24:37	7:55/M
52	46	Abbey McConeghey, FR	Colfax-Mingo	24:39	7:56/M
53	47	Katie Noren, SO	Vinton-Shellsburg	24:40	7:56/M
54	48	Olivia Krousie, JR	Benton Community	24:43	7:57/M
55	49	Jensen Vodochodsky, SR	South Tama County	24:48	7:59/M
56	50	Ellie Horn, SR	Newton	24:50	8:00/M
57	51	Emery Neer, SO	Knoxville	24:51	8:00/M
58		Abby Whitehill, FR	Williamsburg	24:52	8:00/M
59	52	Abby Gruver, FR	Lynnville-Sully	24:54	8:01/M
60	53	Mickayla McGill, SO	Knoxville	25:05	8:04/M
61	54	Lucy Olson, SR	Knoxville	25:06	8:05/M
62	55	Holli Schulte, SO	Benton Community	25:07	8:05/M
63	56	Lauren Yuska, SR	South Tama County	25:09	8:06/M
64	57	Sarah Schminke, SO	Vinton-Shellsburg	25:17	8:08/M

65		Erica Halstead, JR	Pella	25:19	8:09/M
66	58	Abbie Barr, SO	Newton	25:27	8:11/M
67	59	Leah Wilcox, SO	Oskaloosa	25:30	8:13/M
68		Taylor Spies, SO	Vinton-Shellsburg	25:36	8:14/M
69	60	Mahala Doyle, SR	South Tama County	25:42	8:16/M
70	61	Alexis Maki, SR	Montezuma	25:48	8:18/M
71	62	Madelyn Schadle, SO	Benton Community	25:54	8:20/M
72	63	Christine Nikkel, JR	Lynnville-Sully	25:55	8:20/M
73	64	Sydney Schlarbaum, SO	Ottumwa	25:56	8:21/M
74		Madie Jensen, SR	Williamsburg	25:58	8:21/M
75	65	Kelsie York-Morris, JR	South Tama County	25:59	8:22/M
76	66	Tessa Keeton, JR	Newton	26:03	8:23/M
77		Bethany Stratford, JR	Grinnell	26:15	8:27/M
78		Grace Schaefer, FR	Williamsburg	26:22	8:29/M
79	67	Marissa Reed, SR	Carlisle	26:25	8:30/M
80	68	Laura Toennies, FR	Belle Plaine	26:26	8:31/M
81		Naomi Tripp, JR	Pella	26:34	8:33/M
82	69	Melissa Moorman, SR	Oskaloosa	26:34	8:33/M
83		Claire Smith, SO	Vinton-Shellsburg	26:36	8:34/M
84	70	Lauren Slings, SR	Montezuma	26:38	8:35/M
85	71	Hailey Scandridge, JR	Lynnville-Sully	26:45	8:37/M
86	72	Kirby Nelson, SO	Oskaloosa	26:46	8:37/M
87	73	Brittney Miller, SO	Des Moines Lincoln	26:46	8:37/M
88		Libby Clark, SR	Benton Community	26:50	8:38/M
89	74	Olivia Jones, JR	Montezuma	26:54	8:40/M
90		Alyssa Ellis, JR	Benton Community	27:00	8:41/M
91		Jacey Davis, SR	Pella	27:02	8:42/M
92		Lexie Townsend, SO	Grinnell	27:06	8:43/M
93		Hannah Haisman, SR	Vinton-Shellsburg	27:07	8:44/M
94		Tess Roorda, SR	Pella	27:10	8:45/M
95		Madison Clark, FR	Benton Community	27:14	8:46/M
96	75	Sam McCoy, SR	Ottumwa	27:14	8:46/M
97	76	Grace Versteegh, SO	Oskaloosa	27:17	8:47/M
98	77	Emily Van Gorp, SO	Lynnville-Sully	27:19	8:48/M
99	78	Tristine Viers, FR	Carlisle	27:24	8:49/M
100	79	Marisol Mora-Martinez, SO	South Tama County	27:26	8:50/M
101		Ashley Peak, SR	Grinnell	27:29	8:51/M
102	80	Liz McVey, JR	Newton	27:37	8:53/M
103		Brittany Van Donselaar, SO	Pella	27:42	8:55/M
104		Abbie Nunnikhoven, SO	Pella	27:45	8:56/M
105	81	Ciara Hirsch, JR	Montezuma	27:52	8:58/M
106	82	Bree Burton, SO	Knoxville	28:04	9:02/M
107		Minnie Climer, SR	South Tama County	28:05	9:02/M
108	83	Ellie Snyder, SO	Oskaloosa	28:05	9:02/M
109		Maya Sahu, SO	Benton Community	28:07	9:03/M
110	84	Shyanne Schiltz, SR	Des Moines Lincoln	28:09	9:04/M
111		Skylar Shaw, FR	Benton Community	28:10	9:04/M
112	85	Ashkey Medina, SO	Des Moines Lincoln	28:11	9:04/M
113	86	Haley Breeden, JR	Lynnville-Sully	28:12	9:05/M

114	87	Ashton Bohlen, SO	Belle Plaine	28:18	9:06/M
115	88	Stephanie Jaimes, SO	Des Moines Lincoln	28:24	9:09/M
116	89	Jenna Smith, FR	Newton	28:25	9:09/M
117		Bella Roads, JR	Williamsburg	28:26	9:09/M
118		Erica Bossard, JR	Pella	28:26	9:09/M
119		Kara West, FR	Grinnell	28:35	9:12/M
120		Madelyn Topliff, SR	Grinnell	28:37	9:13/M
121	90	Emily Hoffman, JR	Des Moines Lincoln	28:39	9:13/M
122	91	Ilia Hostetter, SO	Colfax-Mingo	28:40	9:13/M
123		Sarah Miller, SR	Williamsburg	28:42	9:14/M
124	92	Charlie Vermeer, FR	Knoxville	28:54	9:18/M
125	93	Brittney Hansen, FR	Lynnville-Sully	28:56	9:19/M
126		Kamryn Beers, SR	Oskaloosa	29:06	9:22/M
127		Jordyn Soule, SR	Newton	29:07	9:22/M
128		Mallory Thede, SR	South Tama County	29:13	9:24/M
129		Jaylene Hall, SR	Grinnell	29:14	9:25/M
130		Gabby Hiner, JR	Benton Community	29:18	9:26/M
131		MacKenna Goemaat, JR	Pella	29:20	9:26/M
132	94	Lydia Akergren, JR	Lynnville-Sully	29:22	9:27/M
133	95	Danielle Sheppard, JR	Des Moines Lincoln	29:32	9:30/M
134		Sydney Wepler, JR	Pella	29:34	9:31/M
135		Katherine Thorpe, SR	Newton	29:42	9:33/M
136		Laritza Flores, JR	Des Moines Lincoln	29:50	9:36/M
137		Tori Buckler, JR	Pella	29:56	9:38/M
138		Sofia Torres, SO	Des Moines Lincoln	29:56	9:38/M
139	96	Mollie Greve, SO	Colfax-Mingo	30:03	9:40/M
140	97	Tessa Troxel, SR	Ottumwa	30:05	9:41/M
141		Sydney Fellows, SO	Ottumwa	30:07	9:42/M
142	98	Payton Rhone, SO	Colfax-Mingo	30:11	9:43/M
143		Kristine Jaennette, SR	Lynnville-Sully	30:12	9:43/M
144		Hayley Westercamp, FR	Oskaloosa	30:17	9:45/M
145	99	Jodine Woods, FR	Colfax-Mingo	30:18	9:45/M
146		Maddie Erhardt, SO	Vinton-Shellsburg	30:25	9:47/M
147	100	Hannah Eichhorn, FR	Belle Plaine	30:36	9:51/M
148	101	Sophie Fett, SO	Carlisle	30:42	9:53/M
149	102	Hannah Ryan, JR	Carlisle	30:48	9:55/M
150		Bailey Barnard, JR	Benton Community	31:01	9:59/M
151		Meredith Glynn, JR	Vinton-Shellsburg	31:03	10:00/M
152	103	Claire Fay, FR	Knoxville	31:11	10:02/M
153	104	Hannah McCoy, SR	Carlisle	31:33	10:09/M
154		Lauren Edwards, SR	Des Moines Lincoln	31:39	10:11/M
155		Moriah Wittenberg, JR	Pella	31:42	10:12/M
156		Rachelle Romo, SO	Newton	31:50	10:15/M
157		Hadley Brown, JR	Des Moines Lincoln	31:53	10:16/M
158		Anniston McDougall, FR	Oskaloosa	31:55	10:16/M
159		Kailey Bridgewater, FR	Benton Community	31:58	10:17/M
160		Gabriela Vazquez, SO	Des Moines Lincoln	31:58	10:17/M
161		Emma Christophersen, SR	Ottumwa	31:59	10:18/M
162		Jasmine Hernandez, SO	Des Moines Lincoln	32:00	10:18/M

163		Andrea Brown, FR	Newton	32:25	10:26/M
164	105	Chloe Forck, FR	Colfax-Mingo	32:26	10:26/M
165		Myra Patton, FR	Oskaloosa	32:38	10:30/M
166	106	Ashley Armstrong, JR	Montezuma	32:48	10:33/M
167	107	Elyse Striegel, JR	Belle Plaine	33:03	10:38/M
168		Morgan McKinney-McGill, JR	Colfax-Mingo	33:07	10:40/M
169		Kaylee Butler, SR	Pella	33:12	10:41/M
170		Courtney Burdess, JR	Colfax-Mingo	33:13	10:42/M
171		Consuelo Manzano, SO	Des Moines Lincoln	33:15	10:42/M
172		Ieland Flanagan, SR	Grinnell	33:21	10:44/M
173		Emma Lang, SR	Grinnell	33:24	10:45/M
174		Grace Fisher, SR	Pella	33:28	10:46/M
175		Emily Grahek, JR	Oskaloosa	33:36	10:49/M
176		Abby Davis, FR	Newton	33:51	10:54/M
177		Cristal Martinez, SO	Des Moines Lincoln	33:56	10:55/M
178	108	Elizabeth Lara, SO	Carlisle	33:57	10:56/M
179		Blakely Dlouchy, SO	Vinton-Shellsburg	34:07	10:59/M
180		Starr Kester, SO	Ottumwa	34:15	11:01/M
181		Maddie Bleeker, JR	Newton	34:40	11:09/M
182		Frances Dearmond, SO	Pella	35:13	11:20/M
183	109	Anna McDonald, FR	Knoxville	35:13	11:20/M
184		Alex Betha, SR	South Tama County	35:52	11:33/M
185		Hannah Boecker, JR	Newton	35:56	11:34/M
186		Skyla Phillips, SO	Oskaloosa	35:58	11:35/M
187		Vanessa Cruz, FR	Des Moines Lincoln	35:58	11:35/M
188		Maddie Walker, FR	Newton	36:12	11:39/M
189		Rylie Bakalar, JR	Newton	36:12	11:39/M
190		Brianna Van Donselaar, SR	Pella	36:31	11:45/M
191		Nancy Coronel, SO	Des Moines Lincoln	37:45	12:09/M
192		Leslie Trinidad, SO	Des Moines Lincoln	38:06	12:16/M
193		Autum Papakee, SR	South Tama County	38:20	12:20/M
194		Salma Razak, SR	South Tama County	38:44	12:28/M
195		Emily Cronquist, SR	Williamsburg	38:54	12:31/M
196		Maria Cruz, JR	Des Moines Lincoln	38:54	12:31/M
197		Nyaluak Chuol, FR	Des Moines Lincoln	39:18	12:39/M
198		Micah Probasco, SO	Des Moines Lincoln	41:33	13:22/M
199		Ashley Pierce, SR	Colfax-Mingo	49:12	15:50/M

Place 1	Pella	Time Spread = 0:53	Ave Time = 21:50	Score = 45
Place	Name	Time	Pace mpm	
4	Kelcey Blommers, SR	21:18		6:51
7	Ellie Roorda, FR	21:41		6:59
9	Ciara Buchheit, SR	21:48		7:01
12	Mikayla Kruse, SO	22:10		7:08
13	Payton Phelps, SR	22:11		7:08
21	Caroline	22:46		7:20

	McMartin, FR		
22	Annika Pingel, JR	22:46	7:20
	Poulter Whitley, FR	23:53	7:41
	Tirzah Wittenberg, FR	24:08	7:46
	Hailey Kowzan, FR	24:32	7:54
	Erica Halstead, JR	25:19	8:09
	Naomi Tripp, JR	26:34	8:33
	Jacey Davis, SR	27:02	8:42
	Tess Roorda, SR	27:10	8:45
	Brittany Van Donselaar, SO	27:42	8:55
	Abbie Nunnikhoven, SO	27:45	8:56
	Erica Bossard, JR	28:26	9:09
	MacKenna Goemaat, JR	29:20	9:26
	Sydney Weppler, JR	29:34	9:31
	Tori Buckler, JR	29:56	9:38
	Moriah Wittenberg, JR	31:42	10:12
	Kaylee Butler, SR	33:12	10:41
	Grace Fisher, SR	33:28	10:46
	Frances Dearmond, SO	35:13	11:20
	Brianna Van Donselaar, SR	36:31	11:45

Place 2 Grinnell Time Spread = 2:26 Ave Time = 22:21 Score = 77

Place	Name	Time	Pace mpm
5	Mary Blanchard, FR	21:33	6:56
8	Nola Conner, FR	21:42	6:59
15	Mairead Brownell, JR	22:14	7:09
16	Anjali Jones, FR	22:18	7:11
33	Catherine Cogley, SR	23:59	7:43
38	Phoenix Chang- Roper, JR	24:08	7:46
42	Zoe Shinefeld, JR	24:18	7:49
	Leslie Stark, SR	24:27	7:52
	Emma Harrington, JR	24:35	7:55
	Bethany Stratford, JR	26:15	8:27

Lexie Townsend, SO	27:06	8:43
Ashley Peak, SR	27:29	8:51
Kara West, FR	28:35	9:12
Madelyn Topliff, SR	28:37	9:13
Jaylene Hall, SR	29:14	9:25
Ieland Flanagan, SR	33:21	10:44
Emma Lang, SR	33:24	10:45

Place 3 Vinton-Shellsburg **Time Spread = 3:45** **Ave Time = 22:44** **Score = 109**

Place	Name	Time	Pace mpm
2	Gracie Horst, SO	20:45	6:41
18	Cassie Kenney, SR	22:31	7:15
19	Amelia Birker, FR	22:41	7:18
26	Elisabeth Davis, JR	23:11	7:28
44	Libbie Timmerman, SO	24:30	7:53
47	Katie Noren, SO	24:40	7:56
57	Sarah Schminke, SO	25:17	8:08
	Taylor Spies, SO	25:36	8:14
	Claire Smith, SO	26:36	8:34
	Hannah Haisman, SR	27:07	8:44
	Maddie Erhardt, SO	30:25	9:47
	Meredith Glynn, JR	31:03	10:00
	Blakely Dlouchy, SO	34:07	10:59

Place 4 Williamsburg **Time Spread = 0:32** **Ave Time = 23:06** **Score = 127**

Place	Name	Time	Pace mpm
23	Kaitlin Wille, SO	22:53	7:22
24	Kaden Brenneman, JR	22:59	7:24
25	Emily Jensen, SO	23:01	7:25
27	Aubray Walters, FR	23:12	7:28
28	Hannah Malloy, SR	23:25	7:32
31	Makayla Schulte, SR	23:39	7:37
36	Kiaya Walters, SR	24:06	7:45
	Belle Kanagy, SR	24:37	7:55
	Abby Whitehill, FR	24:52	8:00

Madie Jensen, SR	25:58	8:21
Grace Schaefer, FR	26:22	8:29
Bella Roads, JR	28:26	9:09
Sarah Miller, SR	28:42	9:14
Emily Cronquist, SR	38:54	12:31

Place 5 Ottumwa Time Spread = 5:50 Ave Time = 23:18 Score = 154

Place	Name	Time	Pace mpm
1	Kylie Latham, JR	20:06	6:28
11	Alli Bookin- Nosbisch, FR	22:09	7:08
37	Morgan Lawson, JR	24:06	7:45
41	Alejandra Gaspar, JR	24:14	7:48
64	Sydney Schlarbaum, SO	25:56	8:21
75	Sam McCoy, SR	27:14	8:46
97	Tessa Troxel, SR	30:05	9:41
	Sydney Fellows, SO	30:07	9:42
	Emma Christophersen, SR	31:59	10:18
	Starr Kester, SO	34:15	11:01

Place 6 Benton Community Time Spread = 1:09 Ave Time = 24:03 Score = 183

Place	Name	Time	Pace mpm
29	Lauren Woeste, FR	23:34	7:35
32	Paige King, SO	23:44	7:38
35	Olivia Wilson, SO	24:05	7:45
39	Carma Armstrong, SR	24:11	7:47
48	Olivia Krousie, JR	24:43	7:57
55	Holli Schulte, SO	25:07	8:05
62	Madelyn Schadle, SO	25:54	8:20
	Libby Clark, SR	26:50	8:38
	Alyssa Ellis, JR	27:00	8:41
	Madison Clark, FR	27:14	8:46
	Maya Sahu, SO	28:07	9:03
	Skylar Shaw, FR	28:10	9:04
	Gabby Hiner, JR	29:18	9:26
	Bailey Barnard, JR	31:01	9:59
	Kailey Bridgewater, FR	31:58	10:17

Place 7 South Tama County Time Spread = Ave Time = 24:19 Score = 214

4:02

Place	Name	Time	Pace mpm
6	Callie Frakes, FR	21:39	6:58
43	Allison Yuska, SR	24:20	7:50
49	Jensen Vodochodsky, SR	24:48	7:59
56	Lauren Yuska, SR	25:09	8:06
60	Mahala Doyle, SR	25:42	8:16
65	Kelsie York- Morris, JR	25:59	8:22
79	Marisol Mora- Martinez, SO	27:26	8:50
	Minnie Climer, SR	28:05	9:02
	Mallory Thede, SR	29:13	9:24
	Alex Betha, SR	35:52	11:33
	Autum Papakee, SR	38:20	12:20
	Salma Razak, SR	38:44	12:28

Place 8 Newton Time Spread = 3:58 Ave Time = 24:36 Score = 229

Place	Name	Time	Pace mpm
10	Rachel Rhoads, SO	22:05	7:07
45	Abby Altman, FR	24:36	7:55
50	Ellie Horn, SR	24:50	8:00
58	Abbie Barr, SO	25:27	8:11
66	Tessa Keeton, JR	26:03	8:23
80	Liz McVey, JR	27:37	8:53
89	Jenna Smith, FR	28:25	9:09
	Jordyn Soule, SR	29:07	9:22
	Katherine Thorpe, SR	29:42	9:33
	Rachelle Romo, SO	31:50	10:15
	Andrea Brown, FR	32:25	10:26
	Abby Davis, FR	33:51	10:54
	Maddie Bleeker, JR	34:40	11:09
	Hannah Boecker, JR	35:56	11:34
	Maddie Walker, FR	36:12	11:39
	Rylie Bakalar, JR	36:12	11:39

Place 9 Oskaloosa Time Spread = 4:03 Ave Time = 25:09 Score = 260

Place	Name	Time	Pace mpm
20	Lauren Coon, SO	22:43	7:19
40	Aleeya Cheney, SO	24:11	7:47
59	Leah Wilcox, SO	25:30	8:13
69	Melissa Moorman, SR	26:34	8:33

72	Kirby Nelson, SO	26:46	8:37
76	Grace Versteegh, SO	27:17	8:47
83	Ellie Snyder, SO	28:05	9:02
	Kamryn Beers, SR	29:06	9:22
	Hayley Westercamp, FR	30:17	9:45
	Anniston McDougall, FR	31:55	10:16
	Myra Patton, FR	32:38	10:30
	Emily Grahek, JR	33:36	10:49
	Skyla Phillips, SO	35:58	11:35

Place 10 Belle Plaine **Time Spread = 6:59** **Ave Time = 26:36** **Score = 319**

Place	Name	Time	Pace mpm
30	Dana Supe, JR	23:37	7:36
34	Lily Parrott, FR	24:03	7:44
68	Laura Toennies, FR	26:26	8:31
87	Ashton Bohlen, SO	28:18	9:06
100	Hannah Eichhorn, FR	30:36	9:51
107	Elyse Striegel, JR	33:03	10:38

Place 11 Knoxville **Time Spread = 4:03** **Ave Time = 26:24** **Score = 332**

Place	Name	Time	Pace mpm
51	Emery Neer, SO	24:51	8:00
53	Mickayla McGill, SO	25:05	8:04
54	Lucy Olson, SR	25:06	8:05
82	Bree Burton, SO	28:04	9:02
92	Charlie Vermeer, FR	28:54	9:18
103	Claire Fay, FR	31:11	10:02
109	Anna McDonald, FR	35:13	11:20

Place 12 Colfax-Mingo **Time Spread = 7:57** **Ave Time = 27:09** **Score = 345**

Place	Name	Time	Pace mpm
14	Dakota Hostetter, SR	22:14	7:09
46	Abbey McConeghey, FR	24:39	7:56
91	Ilia Hostetter, SO	28:40	9:13
96	Mollie Greve, SO	30:03	9:40
98	Payton Rhone, SO	30:11	9:43
99	Jodine Woods, FR	30:18	9:45
105	Chloe Forck, FR	32:26	10:26

Morgan McKinney-McGill, JR	33:07	10:40
Courtney Burdess, JR	33:13	10:42
Ashley Pierce, SR	49:12	15:50

Place 13 **Des Moines
Lincoln** **Time
Spread =
6:00** **Ave Time = 26:47** **Score = 347**

Place	Name	Time	Pace mpm
17	Caitlyn Lucht, JR	22:24	7:13
73	Brittney Miller, SO	26:46	8:37
84	Shyanne Schiltz, SR	28:09	9:04
85	Ashkey Medina, SO	28:11	9:04
88	Stephanie Jaimes, SO	28:24	9:09
90	Emily Hoffman, JR	28:39	9:13
95	Danielle Sheppard, JR	29:32	9:30
	Laritza Flores, JR	29:50	9:36
	Sofia Torres, SO	29:56	9:38
	Lauren Edwards, SR	31:39	10:11
	Hadley Brown, JR	31:53	10:16
	Gabriela Vazquez, SO	31:58	10:17
	Jasmine Hernandez, SO	32:00	10:18
	Consuelo Manzano, SO	33:15	10:42
	Cristal Martinez, SO	33:56	10:55
	Vanessa Cruz, FR	35:58	11:35
	Nancy Coronel, SO	37:45	12:09
	Leslie Trinidad, SO	38:06	12:16
	Maria Cruz, JR	38:54	12:31
	Nyaluak Chuol, FR	39:18	12:39
	Micah Probasco, SO	41:33	13:22

Place 14 **Lynnville-Sully** **Time
Spread =
3:18** **Ave Time = 26:37** **Score = 349**

Place	Name	Time	Pace mpm
52	Abby Gruver, FR	24:54	8:01
63	Christine Nikkel, JR	25:55	8:20
71	Hailey Scandridge, JR	26:45	8:37
77	Emily Van Gorp,	27:19	8:48

		SO		
86	Haley Breeden, JR		28:12	9:05
93	Brittney Hansen, FR		28:56	9:19
94	Lydia Akergren, JR		29:22	9:27
	Kristine Jaennette, SR		30:12	9:43
Place 15	Carlisle	Time Spread = 9:46	Ave Time = 27:16	Score = 351
Place	Name		Time	Pace mpm
3	Megan Sievers, SO		21:02	6:46
67	Marissa Reed, SR		26:25	8:30
78	Tristine Viers, FR		27:24	8:49
101	Sophie Fett, SO		30:42	9:53
102	Hannah Ryan, JR		30:48	9:55
104	Hannah McCoy, SR		31:33	10:09
108	Elizabeth Lara, SO		33:57	10:56
Place 16	Montezuma	Time Spread = 7:00	Ave Time = 28:00	Score = 392
Place	Name		Time	Pace mpm
61	Alexis Maki, SR		25:48	8:18
70	Lauren Slings, SR		26:38	8:35
74	Olivia Jones, JR		26:54	8:40
81	Ciara Hirsch, JR		27:52	8:58
106	Ashley Armstrong, JR		32:48	10:33

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