

4th MWA Green Run 10K**Metro Waste Authority - Runnells, Iowa****Sep. 19, 2010**

50s and cloudy

Results by Cal Murdock

5K results [here](#)

Use the Find option of your Web Browser to find the performance of a specific individual.

CLASS			
PLACE	PLACE	FINISHER	TIME
1	OpM	Julius Rotich, 35, West Des Moines, IA	33:39
2	1 M20	Claude Tuyikenze, 20, West Des Moines, IA	37:52
3	1 M25	Scott Brown, 27, Des Moines, IA	39:39
4	2 M20	George Hoyos, 20, Iowa City, IA	42:32
5	1 M30	Andrew McCoy, 34, Des Moines, IA	44:18
6	1 M35	Shawn Kleckner, 35, Ogden, IA	44:26
7	1 M40	Lynn Hicks, 42, Des Moines, IA	44:32
8	2 M30	David Hostetter, 33, Colfax, IA	45:38
9	2 M35	C J. Lage, 36, Des Moines, IA	46:27
10	2 M40	Kelsey Byus, 41, Des Moines, IA	46:31
11	2 M25	Scott Hunter, 28, Des Moines, IA	46:33
12	3 M25	Jason Butler, 29, Des Moines, IA	47:55
13	1 M45	Chris Admussen, 46, Urbandale, IA	48:08
14	4 M25	Shawn Harrington, 28, Des Moines, IA	48:48
15	1 M55	David Miller, 58, Urbandale, IA	48:55
1	OpW	Jill Majeres, 40*, West Des Moines, IA	49:42
16	3 M35	Paul Schlueter, 37, Des Moines, IA	49:43
2	1 W20	Megan Roth, 23*, Johnston, IA	49:53
3	2 W20	Lauren Link, 22*, Pleasant Hill, IA	49:59
4	1 W45	Carla Stoner, 48*, West Des Moines, IA	50:18
17	3 M30	Brian Koehler, 32, Johnston, IA	50:44

5	1 W30	Cheryl Dralle, 33*, Des Moines, IA	50:58
18	2 M45	Gary Davis, 47, Des Moines, IA	51:01
19	4 M30	Kyle Ament, 33, Colfax, IA	51:34
6	1 W35	Kate Byus, 37*, Des Moines, IA	53:27
20	3 M40	Jeff White, 41, Ankeny, IA	54:00
21	3 M20	Lucas Gutknecht, 24, West Des Moines, IA	54:01
7	3 W20	Theresa Putnam, 24*, Des Moines, IA	54:17
22	4 M35	Brian Bakke, 36, Ankeny, IA	54:38
8	1 JrW	Kennedi Hostetter, 13*, Colfax, IA	54:47
23	2 M55	Terry Smith, 56, Osceola, IA	55:04
24	5 M30	Steve Hostetter, 34, Colfax, IA	55:08
9	4 W20	Rebekah Huff, 24*, Des Moines, IA	55:24
25	1 M50	Ken Locasha, 53, West Des Moines, IA	55:36
26	1 JrM	Shane Lehman, 13, Runnells, IA	55:49
10	2 W30	Jennifer York, 30*, West Des Moines, IA	55:59
27	3 M55	Gerald Hill, 58, Altoona, IA	56:00
28	2 M50	Randy Westman, 51, Russell, IA	56:41
11	2 W35	Amy Burk, 38*, Indianola, IA	56:42
12	1 W55	Paula Dierenfeld, 56*, Johnston, IA	57:16
29	3 M45	James Arthur, 46, Des Moines, IA	57:42
30	3 M50	Jim Sanders, 50, Johnston, IA	57:59
31	4 M50	Doug Keast, 53, Altoona, IA	58:00
13	3 W30	Danette Stritt, 33*, Des Moines, IA	58:36
14	1 W50	Connie Dellaca-Hill, 53*, Altoona, IA	58:52
32	4 M40	Michael Perry, 44, West Des Moines, IA	58:56
33	6 M30	Christopher Brown, 33, Des Moines, IA	59:03
34	7 M30	Tim Maher, 30, Des Moines, IA	59:30
15	4 W30	Stephanie Wright, 32*, Des Moines, IA	59:33
16	3 W35	Jeni Sundermeyer, 35*, Pleasant Hill, IA	59:35
17	5 W20	Aimee Gissel, 23*, Ankeny, IA	1:00:04
18	6 W20	Amanda Pirog, 23*, Des Moines, IA	1:02:00
19	1 W40	Janeen Micka, 40*, West Des Moines, IA	1:03:56
20	2 W40	Norma Kerns, 43*, Ankeny, IA	1:05:12

21	2	W45	Josephine Snyder, 47*, Winterset, IA	1:05:26
22	3	W40	Jennifer Wicks, 42*, Des Moines, IA	1:05:39
23	5	W30	Dawn Hinton, 30*, Adel, IA	1:06:22
24	6	W30	Tanya Ross, 32*, Adel, IA	1:06:22
35	5	M50	Rory Calloway, 50, Des Moines, IA	1:07:00
25	4	W35	Jennifer Daniels, 36*, Des Moines, IA	1:09:03
26	7	W30	Erin Tuel, 30*, Prairie City, IA	1:09:19
36	8	M30	Shane Ort, 30, Prairie City, IA	1:10:53
27	1	W25	Wendy Crabtree, 25*, Maxwell, IA	1:15:56
37	4	M45	Michael Fassler, 47, Johnston, IA	1:15:56
28	2	W25	Heidi Savage, 25*, Des Moines, IA	1:24:20

* indicates females

2 finishers among Males (no age given)

1 finishers among Men Under 20

3 finishers among Men 20 - 24

4 finishers among Men 25 - 29

8 finishers among Men 30 - 34

4 finishers among Men 35 - 39

4 finishers among Men 40 - 44

4 finishers among Men 45 - 49

5 finishers among Men 50 - 54

3 finishers among Men 55 - 59

1 finishers among Women Under 20

6 finishers among Women 20 - 24

2 finishers among Women 25 - 29

7 finishers among Women 30 - 34

4 finishers among Women 35 - 39

3 finishers among Women 40 - 44

2 finishers among Women 45 - 49

1 finishers among Women 50 - 54

1 finishers among Women 55 - 59

38 male finishers

27 female finishers

65 total finishers

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