

# Governor's Cup 8km (4.97 miles)

State Capitol Area - Des Moines, Iowa

Sept. 6, 2008

60s and Foggy

Results by Cal Murdock

[5K results here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1		Yew Woo Chan, 27, Ames, IA	25:40	5:10
2	1 M20	Derek McChurch, 27, Des Moines, IA	28:42	5:46
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>				
3	1 M30	Reed Rinderknecht, 38, Clive, IA	30:44	6:11
4	1 M40	Ross Mike, 42, Clive, IA	31:13	6:17
1		Schulze Jenny, 35*, Clive, IA	31:19	6:18
5	2 M40	Jeff Feder, 47, Norwalk, IA	32:05	6:27
6	2 M30	Hurt Donald, 34, West Des Moines, IA	32:23	6:31
7	2 M20	Gunkel Lance, 29, Clive, IA	32:26	6:31
8	1 M50	Tom Heuer, 51, Des Moines, IA	32:30	6:32
9	3 M40	Edwards Andy, 44, Des Moines, IA	33:47	6:48
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>				
10	3 M30	Rewerts Jay, 30, Urbandale, IA	34:46	7:00
2	1 W40	Simonetta Lisa, 49*, Des Moines, IA	34:55	7:01
11	2 M50	Chuck Clark, 57, Carroll, IA	34:57	7:02
12	4 M30	Patterson Kevin, 31, Clive, IA	35:07	7:04
3	2 W40	Deedee Doherty, 41*, Johnston, IA	35:14	7:05
13	3 M50	Andrew Gross, 56, West Des Moines, IA	35:17	7:06
4	1 W30	Allison Rhymer, 33*, Des Moines, IA	35:21	7:07
14	5 M30	Able Mahaffey, 30, Altoona, IA	35:27	7:08
5	1 W20	Kimberly Cunningham, 22*, Des Moines, IA	35:48	7:12
15	6 M30	Kevin Sporer, 37, Ankeny, IA	35:56	7:14
16	3 M20	Ted Schrens, 21, Des Moines, IA	36:09	7:16
17	7 M30	Murphy Jon, 37, Washington, DC	36:12	7:17
18	1 M14	Dickinson Michael, 17, Des Moines, IA	36:20	7:18
19	8 M30	Kyle Ver Steeg, 34, Humboldt, IA	36:22	7:19
20	4 M40	Robert Cunningham, 40, Urbandale, IA	36:23	7:19
21	4 M20	Barrett Jon, 27, Winterset, IA	36:28	7:20
6	1 W14	Peddy Kelly, 17*, Ankeny, IA	36:35	7:21
7	2 W30	Meythaler-Mullin Laurie, 30*, Des Moines, IA	36:49	7:24
22	4 M50	Stelmacher Mark, 54, West Des Moines, IA	37:23	7:31
23	1 M60	Jim Matthews, 68, Baxter, IA	38:01	7:39
24	9 M30	Myers Ryan, 30, Des Moines, IA	38:24	7:43
25	2 M60	John Schneller, 64, West Des Moines, IA	38:30	7:45
8	2 W20	Jontz Laura, 26*, Des Moines, IA	39:01	7:51
9	3 W20	Jansa Andrea, 23*, Des Moines, IA	39:05	7:52
26	5 M40	Wolfe Sean, 44, Urbandale, IA	39:14	7:54
27	5 M50	Voss Carl, 59, Des Moines, IA	39:22	7:55
28	6 M40	Michael Carstens, 46, Ankeny, IA	39:31	7:57

29	2	M14 Engelken Josh, 17, Des Moines, IA	39:32	7:57
10	3	W40 Melinda Ellwanger, 42*, Des Moines, IA	39:39	7:59
11	3	W30 Tessman Joni, 37*, Waukee, IA	39:40	7:59
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>				
12	1	W50 Harvey Nancy, 55*, Ankeny, IA	40:00	8:03
30	6	M50 Richard Newkirk, 59, Ankeny, IA	40:20	8:07
31	7	M50 Phillips Charles, 50, Urbandale, IA	40:57	8:14
32	8	M50 Pecenka Steven, 58, Boone, IA	40:59	8:15
13	2	W50 Batten Julia, 52*, Carlisle, IA	41:02	8:15
14	4	W30 Carly Millsap, 30*, Des Moines, IA	41:04	8:16
33	3	M60 Mowers Ronald, 60, Ames, IA	41:19	8:19
15	3	W50 Andreasen Claire, 51*, Ames, IA	41:22	8:19
34	9	M50 Laczniak Russ, 52, Ames, IA	41:45	8:24
35	5	M20 Hepperly Chad, 24, Des Moines, IA	42:22	8:31
36	10	M30 Bruce Johnson, 32, Des Moines, IA	42:28	8:33
16	4	W20 James Sarah, 22*, Pleasant Hill, IA	42:30	8:33
17	5	W20 Newman Andrea, 27*, Carlisle, IA	42:36	8:34
18	4	W40 Hemminger Jane, 46*, Des Moines, IA	42:36	8:34
19	5	W40 Ronni Scott, 48*, Earlham, IA	42:44	8:36
37	1	JrM Alek Grau, 9, West Des Moines, IA	43:03	8:40
38	10	M50 Dennis Howard, 54, Des Moines, IA	43:05	8:40
39	11	M30 Bradshaw Aaron, 33, Ankeny, IA	43:07	8:40
40	7	M40 Barry Joseph, 40, Clive, IA	43:10	8:41
20	4	W50 Koch-Gaer Anne, 50*, Des Moines, IA	43:13	8:42
21	5	W30 Molly Sieversten, 34*, Indianola, IA	43:25	8:44
22	6	W30 Turk Lisa, 39*, Altoona, IA	43:29	8:45
41	8	M40 Pedy Don, 49, Ankeny, IA	43:37	8:47
23	7	W30 Lucas Shannon, 39*, Ankeny, IA	43:53	8:50
42	12	M30 Steve Galluzzo, 36, West Des Moines, IA	44:28	8:57
43	6	M20 Scholl Dan, 25, Des Moines, IA	44:35	8:58
24	6	W20 Scholl Claire, 27*, Des Moines, IA	44:35	8:58
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25	8	W30 May Stephanie, 30*, Des Moines, IA	45:26	9:08
26	7	W20 Bidney Sarah, 29*, Des Moines, IA	45:27	9:09
44	7	M20 Janssen Jonathan, 27, Stuart, IA	46:01	9:15
27	6	W40 Dingeman Lori, 41*, Pella, IA	46:22	9:20
45	9	M40 Michael Cummings, 41, Ankeny, IA	46:22	9:20
28	8	W20 Tenckinck Kathlene, 28*, Des Moines, IA	46:23	9:20
29	9	W30 Andersen Darcy, 35*, Clive, IA	47:18	9:31
46	13	M30 Mike Andersen, 30, Clive, HI	47:18	9:31
30	7	W40 Leavitt Amy, 41*, Knoxville, IA	47:33	9:34
31	9	W20 Leigh Meredith, 26*, Des Moines, IA	47:37	9:35
47	14	M30 Gray Chris, 37, Pella, IA	47:47	9:37
32	10	W20 Stephanie Mahaffey, 29*, Altoona, IA	48:38	9:47
33	5	W50 Stelmacher Gail, 54*, West Des Moines, IA	48:44	9:48
34	8	W40 Evans Cathy, 45*, Urbandale, IA	48:48	9:49
35	11	W20 Elliott Carla, 26*, Urbandale, IA	49:19	9:55
48	8	M20 Rieman Blake, 24, Norwalk, IA	49:29	9:57
36	12	W20 Packard Hannah, 23*, Norwalk, IA	49:30	9:57
37	6	W50 Dickinson Laurie, 52*, Des Moines, IA	49:30	9:58
49	15	M30 Helm Craig, 36, Des Moines, IA	49:31	9:58
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38	13	W20 Coulter Shawna, 27*, Pella, IA	50:30	10:10
39	10	W30 Crabtree Carol, 34*, Coralville, IA	50:38	10:11
40	14	W20 Schwamman Maria, 23*, West Des Moines, IA	50:43	10:12
41	15	W20 Baumgart Erin, 23*, Cedar Falls, IA	50:43	10:12
42	16	W20 Martens Lindsey, 27*, Indianola, IA	50:55	10:15
43	11	W30 Maddy Shannon, 35*, Des Moines, IA	52:16	10:31
44	17	W20 Brooker Leslie, 28*, Sebring, FL	54:11	10:54
45	12	W30 Elizabeth Youngwirth, 32*, Windsor Heights, IA	54:13	10:55
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46	13	W30	Kate Walton, 36*, Indianola, IA	55:03	11:04
47	14	W30	Katie Givant, 34*, West Des Moines, IA	57:36	11:35
48	9	W40	Shepard Julie, 42*, Des Moines, IA	57:36	11:35

"\*" indicates females

1 finishers among Men 13 & Under

2 finishers among Men 14 - 19

8 finishers among Men 20 - 29

15 finishers among Men 30 - 39

9 finishers among Men 40 - 49

10 finishers among Men 50 - 59

3 finishers among Men 60 - 69

1 finishers among Women 14 - 19

17 finishers among Women 20 - 29

14 finishers among Women 30 - 39

9 finishers among Women 40 - 49

6 finishers among Women 50 - 59

49 male finishers

48 female finishers

97 total finishers

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