

Governor's Cup '07 5 km**Des Moines, IA****Sept. 8, 2007**

warm and sunny

Results by Michael Franke

Because of a communication gaff between the race committee and the police, one individual at least was mistakenly sent the wrong way. The person we are aware of was leading the race and PROBABLY would have finished first had he completed the route. Because we feel that it was our error, TOM HEUER will also receive a first place Governor's Cup 5K award.

5 Mile results [here](#)People with questions about the race should contact [Lauren Burt](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	1 M20	Lukas McGowan, 22, Des Moines, IA	20:14	6:30
2	2 M20	Andrew Bley, 21, Ames, IA	20:37	6:38
3	1 M50	Randy Davis, 51, Altoona, IA	20:42	6:40
1	1 W40	Carla Stoner, 45*, West Des Moines, IA	20:46	6:41
4	1 M40	Steve Falck, 49, Des Moines, IA	20:47	6:41
5	2 M50	Andrew Gross, 55, West Des Moines, IA	21:43	6:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
6	3 M50	Roy Ney, 59, Des Moines, IA	22:01	7:05
7	1 M30	Alex Juergens, 30, Des Moines, IA	22:04	7:06
8	2 M40	Brad Nielsen, 48, Des Moines, IA	22:17	7:10
9	2 M30	Jack Saffell, 39, Warsaw, PO	22:23	7:12
10	1 M60	Davis Eidahl, 66, Richland, IA	22:41	7:18
11	3 M30	Dan Polson, 37, Des Moines, IA	22:59	7:24
12	3 M40	Andy Edwards, 43, Des Moines, IA	23:08	7:27
13	4 M40	Jeff Smith, 46, Indianola, IA	23:18	7:30
2	1 W20	Michelle Stoffel, 26*, Johnston, IA	23:41	7:37
14	3 M20	Brandon Donoho, 25, Ankeny, IA	23:45	7:38
15	4 M30	Matt Ripley, 33, Perry, IA	23:58	7:43
16	5 M40	Glen Dippold, 45, Clive, IA	24:12	7:47
3	1 W14	Krista Shoeman, 15*	24:21	7:50
17	4 M50	Mike Peterson, 59, Webster City, IA	24:36	7:55
18	5 M30	Jeffrey Steenhoek, 37, Des Moines, IA	24:38	7:56
19	5 M50	Chuck Clark, 56, Carroll, IA	24:42	7:57
4	1 W30	Tami Draper, 37*, Des Moines, IA	24:50	7:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
20	4 M20	Adam Ukman, 23, Des Moines, IA	25:08	8:05
5	1 JrW	Abigail Vaughan, 11*, Des Moines, IA	25:09	8:05
21	2 M60	John Schneller, 63, West Des Moines, IA	25:42	8:16
22	6 M40	Bill Vipond, 43, Ankeny, IA	25:46	8:17
6	2 W30	Jodi Buchan, 36*, Johnston, IA	25:52	8:19
7	3 W30	Keely Kinnick, 30*, Des Moines, IA	25:58	8:21

23	5	M20	Andy Klein, 21, Pleasant Hill, IA	26:10	8:25
24	7	M40	Mark Logsdon, 43, urbandale, IA	26:10	8:25
25	6	M20	Robert Anderson, 25, Des Moines, IA	26:10	8:25
8	2	JrW	Angela Davis, 12*, Altoona, IA	26:15	8:27
26	6	M50	Darwin Schmig, 50, Des Moines, IA	26:18	8:28
9	2	W20	Ellen Brockmann, 26*, Johnston, IA	26:29	8:31
10	3	W20	Gina Schlosser, 25*, Grimes, IA	26:34	8:33
27	7	M20	Ian Theis, 28, West Des Moines, IA	26:52	8:39
11	4	W30	Erica Polson, 35*, Des Moines, IA	26:52	8:39
28	3	M60	John Templer, 61, Adel, IA	27:19	8:47
29	8	M40	Thomas Tuttle, 40, West Des Moines, IA	27:19	8:48
30	7	M50	Bill Brauch, 51, Des Moines, IA	27:34	8:52
31	8	M50	Roger Munns, 59, Des Moines, IA	27:35	8:53
12	1	W50	Mary Cooper, 51*, Des Moines, IA	27:41	8:54
32	6	M30	Darrel Mullens, 39, urbandale, IA	27:53	8:58
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top					

13	4	W20	Abigail Fraizer, 26*, West Des Moines, IA	28:02	9:01
33	9	M40	Don Owens, 49, Des Moines, IA	28:05	9:02
34	7	M30	Garin Buttermore, 35, Ames, IA	28:05	9:02
14	5	W30	Jennifer Haglund, 34*, Story City, IA	28:06	9:03
15	5	W20	Tracy Robson, 21*, Indianola, IA	28:17	9:06
16	2	W40	Chris Bailey, 40*, Johnston, IA	28:32	9:11
35	10	M40	Bob Bailey, 45, Johnston, IA	28:32	9:11
17	6	W20	Stacy Berenguel, 28*, Des Moines, IA	28:53	9:18
36	11	M40	Bob Vipond, 44, Des Moines, IA	29:14	9:24
18	3	W40	Mary Ward, 45*, Johnston, IA	29:28	9:29
19	7	W20	Katie Kelley, 24*, West Des Moines, IA	29:29	9:29
20	6	W30	Amy Weber, 37*, West Des Moines, IA	29:29	9:29
37	9	M50	Bruce Anderson, 59, Des Moines, IA	29:30	9:30
38	8	M20	Kent Hartwig, 28, Des Moines, IA	29:41	9:33
39	10	M50	Earl Hulst, 55, urbandale, IA	29:47	9:35
21	8	W20	Shelly Ramus, 29*, Roland, IA	30:00	9:39
22	9	W20	Brandie Glasnapp, 25*, West Des Moines, IA	30:06	9:41
40	8	M30	Rob Klinker, 37, West Des Moines, IA	30:06	9:41
23	7	W30	Ashley Olson, 33*, Des Moines, IA	30:10	9:42
41	9	M30	Doug Olson, 35, Des Moines, IA	30:11	9:43
24	2	W50	Penny Poole, 54*, Nevada, IA	30:15	9:44
25	10	W20	Elizabeth Albright, 26*, Johnston, IA	30:16	9:44
26	11	W20	Kara Moran, 26*, Cedar Falls, IA	30:17	9:45
27	4	W40	Tara Ganpat-Puffett, 42*, urbandale, IA	30:35	9:50
28	12	W20	Kathlene Tenckinck, 27*, Des Moines, IA	30:48	9:55
29	8	W30	Gretchen Uhlenhake, 31*, Ankeny, IA	30:54	9:57
42	12	M40	David Soorholtz, 47, Clive, IA	31:02	9:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top					

43	13	M40	Dave Smith, 42	31:04	10:00
30	13	W20	Meredith MacQuigg, 26*, Des Moines, IA	31:32	10:09
31	14	W20	Christine Whitney, 28*, Clive, IA	31:49	10:14
32	9	W30	Andrea Vitzthum, 30*, Des Moines, IA	32:02	10:18
44	10	M30	Nathan Berry, 30, Des Moines, IA	32:21	10:24
33	15	W20	Nicole Quade, 28*, Des Moines, IA	32:28	10:27
45	9	M20	Jeff Marteus, 27, Indianola, IA	32:28	10:27
34	10	W30	Melinda Allen, 38*, Waukee, IA	32:29	10:27
35	16	W20	Lindsey Matters, 26*, Indianola, IA	32:37	10:30
36	11	W30	Mamtha Tirumali, 33*, West Des Moines, IA	32:48	10:33
37	12	W30	Archana Shankaramurthy, 32*, West Des Moines, IA	32:49	10:34
38	17	W20	Katherine McClain, 28*, Des Moines, IA	32:53	10:35
39	18	W20	Jennifer Lescaleet, 28*, Fayetteville, NC	33:04	10:38
40	19	W20	Katherine Marvick, 29*, Ames, IA	33:07	10:39
46	4	M60	Joe Lawrence, 65, Micco, FL	33:29	10:46
41	13	W30	Sara Rahe, 32*, Des Moines, IA	33:44	10:51
42	20	W20	Aimee Kittell, 26*, West Des Moines, IA	33:52	10:54
43	14	W30	Christine Dunahoo, 36*, Altoona, IA	34:09	10:59

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44	5	W40	Margo Kromminga, 43*, Johnston, IA	34:38	11:09
45	15	W30	Mary Topf, 38*, Wdsm, IA	34:45	11:11
46	16	W30	Tara van Brederode, 37*, Ames, IA	34:52	11:13
47	14	M40	Jeff Angelo, 42, Creston, IA	34:52	11:13
47	17	W30	Lisa Ohnemus, 30*, Indianola, IA	35:09	11:19
48	18	W30	Dana Diggins, 35*, Ames, IA	36:51	11:51
49	21	W20	Katie Harrington, 24*, urbandale, IA	36:58	11:54

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50	19	W30	Anna Andrews, 30*, Ames, IA	38:21	12:21
51	20	W30	Andrea Dickerson, 32*, Ames, IA	38:21	12:21
52	3	W50	Diane Fitch, 52*, St. Charles, IA	39:06	12:35
53	21	W30	Kristten Buttermore, 34*, Ames, IA	40:17	12:58

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54	1	W60	Jan Lawrence, 65*, Micco, FL	40:36	13:04
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55	22	W30	Mia Peterson, 33*, Des Moines, IA	44:17	14:15
56	6	W40	Carole Vipond, 44*, Des Moines, IA	45:24	14:37
57	4	W50	Marlena Bandurski, 54*, Des Moines, IA	46:21	14:55
58	7	W40	Cindi Shineflew, 47*, Spokane, WA	46:22	14:55

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59	2	W60	Beth Thompson, 60*, reinbeck, IA	47:40	15:20
60	23	W30	Bonnie Baumhardt, 30*, urbandale, IA	48:11	15:30
61	22	W20	Renae Halder, 24*, Des Moines, IA	49:12	15:50
62	5	W50	Celeste Egger, 53*, Windsor Heights, IA	49:16	15:51
63	8	W40	Karen Rees, 48*, Des Moines, IA	49:17	15:51
48			Tom Arnold	49:18	15:52
49			Unknown	49:19	15:52

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64	23	W20	Leah Esser, 24*, West Des Moines, IA	50:53	16:22
65	9	W40	Paula Esser, 43*, Denison, IA	50:53	16:23
66	6	W50	Kate Bielenberg, 57*, Boone, IA	50:54	16:23
67	10	W40	Denise McMenamin, 49*, Knoxville, IA	51:11	16:28
68	7	W50	Betty Backstrom, 53*, Pleasantville, IA	51:43	16:39
69	24	W30	Heather McKinney, 35*, West Des Moines, IA	51:57	16:43
50	11	M30	Andrew Allen, 30, Huxley, IA	52:21	16:51
70	25	W30	Hollie Allen, 30*, Huxley, IA	52:23	16:51
51	11	M50	Gregory Jaudon, 57, West Des Moines, IA	52:31	16:54
71	2	W14	Jacque Peel, 17*	52:32	16:54

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52			Chet Culver	1:03:00	20:17
53			John Culver	1:03:00	20:17
72	24	W20	Yolanda Perez, 25*	1:03:00	20:17
54	5	M60	Rick Morrow, 62, Clive, IA	1:03:00	20:17
73	3	W60	Sherry Morrow, 60*, Clive, IA	1:03:00	20:17
74	4	W60	Betty Torgerson, 64*, urbandale, IA	1:03:00	20:17
55	6	M60	Jon Torgerson, 65, urbandale, IA	1:03:00	20:17
56	7	M60	Michael E. Myszewski, 69, Des Moines, IA	1:03:00	20:17
75	1	W70	Barbara Graham, 85*, Des Moines, IA	1:03:00	20:17
76	5	W60	Martha G. James, 60*, Des Moines, IA	1:03:00	20:17

"" indicates females

9 finishers among Men 20 - 29

11 finishers among Men 30 - 39

14 finishers among Men 40 - 49

11 finishers among Men 50 - 59

7 finishers among Men 60 - 69

2 finishers among Women 13 & Under

2 finishers among Women 14 - 19

24 finishers among Women 20 - 29

25 finishers among Women 30 - 39
10 finishers among Women 40 - 49
7 finishers among Women 50 - 59
5 finishers among Women 60 - 69
1 finishers among Women 70 & Up
56 male finishers
76 female finishers
132 total finishers

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