

# Governor's Cup 10 Kilometer

Des Moines, Iowa

Oct. 3, 2004

60s and Sunny

Results by Cal Murdock

[5K results here](#)

Use the Find option of your Web Browser to find the performance of a specific individual.

"\*" indicates females

PLACE	CLASS PLACE	FINISHER	TIME
1	1 M25	Jacob Kaemmer, 27, Des Moines, IA	31:06
2	2 M25	Kevin Johnson, 25, Des Moines, IA	33:52
3	1 M30	Vic Morales, 30, Johnston, IA	34:22
4	1 M35	Steve Pohlmeier, 38, Urbandale, IA	34:30
5	1 M45	Mike Nelson, 48, Danville, IA	34:41
1	1 W25	Michelle McMurray, 28*, Rock Island, IL	38:22
6	2 M35	Alan Alberto, 39, West Des Moines, IA	38:45
7	1 M20	Nathan Wise, 20, Des Moines, IA	39:46
8	1 M40	Jeff Feder, 43, Des Moines, IA	39:57
9	2 M40	Steven McKibben, 43, Clive, IA	40:23
10	1 M55	David Schulte, 57, Granger, IA	40:39
11	3 M35	Tom Von Tersch, 39, Altoona, IA	40:51
2	1 W45	Shelia Maddock, 48*, Johnston, IA	41:01
12	2 M30	John Flaugh, 31, Ankeny, IA	43:26
13	3 M25	Eric O'Connor, 25, Johnston, IA	43:31
14	1 M50	Steve Pecenka, 54, Boone, IA	43:54
3	1 W30	Regina Doerning, 31*, West Des Moines, IA	44:04
15	2 M50	Mark Dewalt, 50, Gastoria, NC	44:07
16	1 M60	Robert Ridenour, 60, West Des Moines, IA	44:12
17	3 M40	Jim Devries, 41, West Des Moines, IA	44:45
18	4 M35	Tim Pepper, 38, Indianola, IA	44:48
19	2 M20	Burt Cameron, 23, West Des Moines, IA	45:11
20	5 M35	Joe Akers, 39, Des Moines, IA	45:12
4	2 W30	Katherine Whitmore, 32*, Des Moines, IA	45:13
21	3 M20	Drew Engebrecht, 24, Des Moines, IA	45:24
5	1 W20	Krisin Pavlovich, 20*, Des Moines, IA	45:28
6	1 W50	Liz Meimann, 50*, Nevada, IA	45:29
22	4 M40	Michael Darr, 43, Granger, IA	45:43
7	1 W35	Amy Harris, 39*, Des Moines, IA	45:48
8	2 W50	Nancy Harvey, 51*, Ankeny, IA	46:01
9	2 W20	Kayte Schuhow, 23*, West Des Moines, IA	46:26
23	5 M40	Bob Bailey, 42, Johnston, IA	46:50
24	3 M50	Steven Conlon, 52, West Des Moines, IA	47:13
10	1 W40	Kris Uehling, 41*, Ottumwa, IA	47:41
11	2 W25	Jayne Sykora, 26*, Des Moines, IA	48:03
12	2 W40	Lori Taha, 41*, Des Moines, IA	48:54

25	4	M50 Don Schoen, 52, West Des Moines, IA	48:57
13	1	W55 Rose Mary Pratt, 56*, Des Moines, IA	49:09
26	6	M40 Michael Cook, 40, Urbandale, IA	49:18
14	2	W55 Pat Schulte, 56*, Granger, IA	49:59
27	2	M55 Gerald Dewald, 55, West Des Moines, IA	50:15
28	7	M40 Tom Guessford, 40, Norwalk, IA	50:23
29	6	M35 Sean Lyons, 36, Bettendorf, IA	50:36
15	2	W35 Shelly Schulte, 36*, Des Moines, IA	50:38
30	5	M50 Rick Hoye, 52, West Des Moines, IA	51:04
31	2	M45 Bob Meimann, 49, Nevada, IA	51:14
32	3	M45 Ross Devalois, 48, Iowa City, IA	51:21
16	3	W25 Dawn Eimers, 29*, Urbandale, IA	51:37
17	3	W40 Mary Devalois, 44*, Iowa City, IA	51:38
33	6	M50 Larry Jenkins, 54, Ames, IA	51:58
34	3	M55 Lloyd Fagin, 58, Perry, IA	52:16
35	4	M45 Doug Grieve, 49, Dallas Center, IA	52:31
18	3	W35 Barb Mendoza, 38*, Grimes, IA	52:32
36	3	M30 Gary Scherer, 32, West Des Moines, IA	53:02
19	4	W40 Kelli Nelsen, 42*, West Des Moines, IA	53:30
20	2	W45 Sue Elliott, 47*, Ankeny, IA	53:51
37	7	M50 Victor Anderson, 52, Ankeny, IA	54:06
38	8	M50 Dennis Howard, 50, Des Moines, IA	54:19
21	4	W25 Jennifer Flaugh, 29*, Ankeny, IA	54:28
22	4	W35 Stephanie Hinz, 35*, Marion, IA	55:41
23	3	W50 Ann Greubel, 54*, Indianola, IA	56:14
39	4	M55 Robert Pratt, 57, Des Moines, IA	56:37
40	5	M45 Conroy Smith, 49, Des Moines, IA	56:49
24	5	W35 Colleen Myhre, 39*, Ankeny, IA	57:35
41	9	M50 Tom Vilsack, 53, Des Moines, IA	58:36
25	3	W20 Stacy Gibbs, 24*, Des Moines, IA	59:48
26	5	W25 Stephanie Gibbs, 27*, West Des Moines, IA	59:48
42	4	M25 Joshua Mandelbaum, 25, Des Moines, IA	1:01:05
43	8	M40 David Williams, 44, Johnston, IA	1:01:27
44	9	M40 Jim Chebuhar, 44, Marshalltown, IA	1:01:27
27	6	W35 Geri Wandrey, 37*, Grimes, IA	1:02:09
28	3	W55 Penny Westfall, 55*, Van Meter, IA	1:02:13

"\*" indicates females

3 finishers among Men 20 - 24  
 4 finishers among Men 25 - 29  
 3 finishers among Men 30 - 34  
 6 finishers among Men 35 - 39  
 9 finishers among Men 40 - 44  
 5 finishers among Men 45 - 49  
 9 finishers among Men 50 - 54  
 4 finishers among Men 55 - 59  
 1 finishers among Men 60 - 64  
 3 finishers among Women 20 - 24  
 5 finishers among Women 25 - 29  
 2 finishers among Women 30 - 34  
 6 finishers among Women 35 - 39  
 4 finishers among Women 40 - 44  
 2 finishers among Women 45 - 49  
 3 finishers among Women 50 - 54  
 3 finishers among Women 55 - 59  
 44 male finishers  
 28 female finishers  
 72 total finishers

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