

10th Annual Go the Distance for Crime Victims

*** 5K Run *** Overall & Divisions

Event: 5K Run [5K Walk results](#)

Date: Saturday, April 16, 2016

Location: Thomas Park, Marion, IA

Weather: Sunny, Wind ESE 5-10mph & 62°

[Overall and Age Divisions](#)

Results By: Andrew Kauder, Kauder Racing

| <u>Place</u> | <u>Gender</u> | <u>Division</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|--------------|---------------|-----------------|-----------------------|-------------------|-----------------|-----------------|------------------|-----------------|
| 1 | 1 | 1 OVM | Adam Kassem, M27 | Cedar Rapids, IA | 18:01 | 5:48/M | 18:01 | 5:48/M |
| 2 | 1 | 1 OVF | Alice Anderson, F33 | Marion, IA | 19:27 | 6:16/M | 19:27 | 6:16/M |
| 3 | 2 | 1 M30 | Jon Fasselius, M33 | Marion, IA | 19:54 | 6:24/M | 19:53 | 6:24/M |
| 4 | 3 | 1 M50 | Glenn Kieler, M51 | Cedar Rapids, IA | 20:07 | 6:28/M | 20:05 | 6:28/M |
| 5 | 4 | 2 M30 | Jordan Schier, M33 | Cedar Rapids, IA | 20:08 | 6:29/M | 20:06 | 6:28/M |
| 6 | 5 | 3 M30 | Chris Nims, M39 | Robins, IA | 20:51 | 6:43/M | 20:51 | 6:43/M |
| 7 | 6 | 4 M30 | Chad Regennitter, M38 | Marion, IA | 21:02 | 6:46/M | 21:02 | 6:46/M |
| 8 | 7 | 1 JRM | Jace Fopma, M11 | Marion, IA | 21:13 | 6:50/M | 21:13 | 6:50/M |
| 9 | 8 | 5 M30 | Wes Hillehiem, M38 | Marion, IA | 21:17 | 6:51/M | 21:16 | 6:51/M |
| 10 | 9 | 1 M14 | Jacob Glandon, M15 | Webster, IA | 21:23 | 6:53/M | 21:19 | 6:52/M |
| 11 | 10 | 6 M30 | Donald Hull, M38 | North Liberty, IA | 21:57 | 7:04/M | 21:56 | 7:04/M |
| 12 | 2 | 1 F40 | Deidre Nims, F40 | Robins, IA | 22:11 | 7:08/M | 22:09 | 7:08/M |
| 13 | 11 | 2 M14 | Sean Deegan, M14 | Cedar Rapids, IA | 22:16 | 7:10/M | 22:14 | 7:09/M |
| 14 | 12 | 2 M50 | Craig Brophy, M55 | Cedar Rapids, IA | 22:26 | 7:13/M | 22:25 | 7:13/M |
| 15 | 13 | 3 M50 | Joel Fopma, M50 | Marion, IA | 22:27 | 7:14/M | 22:26 | 7:13/M |

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|----|----|--------|------------------------|-------------------|-------|--------|-------|--------|
| 16 | 14 | 1 M60 | Bob Strickland, M65 | Cedar Rapids, IA | 23:02 | 7:25/M | 23:02 | 7:25/M |
| 17 | 3 | 2 F40 | Rae Lynn Lamparek, F44 | Swisher, IA | 23:07 | 7:26/M | 23:05 | 7:26/M |
| 18 | 15 | 7 M30 | Mike Harris, M35 | Iowa City, IA | 23:17 | 7:30/M | 23:09 | 7:27/M |
| 19 | 4 | 1 F30 | Heather Jurgenson, F37 | Cedar Rapids, IA | 23:35 | 7:35/M | 23:34 | 7:35/M |
| 20 | 16 | 8 M30 | Justin Lightfoot, M35 | Cedar Rapids, IA | 23:48 | 7:40/M | 23:41 | 7:37/M |
| 21 | 17 | 4 M50 | Pat O'Connor, M54 | Marion, IA | 23:49 | 7:40/M | 23:44 | 7:38/M |
| 22 | 18 | 9 M30 | Chad Scott, M35 | Cedar Rapids, IA | 24:02 | 7:44/M | 23:45 | 7:39/M |
| 23 | 19 | 1 M40 | Jason Schamberger, M41 | Marion, IA | 24:13 | 7:48/M | 24:12 | 7:47/M |
| 24 | 5 | 3 F40 | Andrea Joyner, F41 | Marion, IA | 24:34 | 7:55/M | 24:34 | 7:54/M |
| 25 | 20 | 2 JRM | Kinnick Nims, M11 | Robins, IA | 24:41 | 7:57/M | 24:40 | 7:56/M |
| 26 | 21 | 3 JRM | Christian Gasper, M10 | Cedar Rapids, IA | 24:44 | 7:58/M | 24:41 | 7:57/M |
| 27 | 22 | 2 M60 | Bruce Bachmann, M66 | Cedar Rapids, IA | 25:03 | 8:04/M | 25:00 | 8:03/M |
| 28 | 6 | 1 F20 | Amy Kassem, F27 | Cedar Rapids, IA | 25:13 | 8:07/M | 25:09 | 8:06/M |
| 29 | 23 | 3 M60 | Dale Hanna, M66 | Cedar Rapids, IA | 25:14 | 8:07/M | 25:11 | 8:06/M |
| 30 | 24 | 5 M50 | Jeff Norton, M54 | Cedar Rapids, IA | 25:15 | 8:08/M | 25:03 | 8:04/M |
| 31 | 7 | 1 F50 | Mary Drake, F52 | Cedar Rapids, IA | 25:17 | 8:08/M | 25:13 | 8:07/M |
| 32 | 8 | 2 F30 | Mariah Hurley, F39 | Cedar Rapids, IA | 25:19 | 8:09/M | 25:16 | 8:08/M |
| 33 | 25 | 10 M30 | Matthew Jensen, M36 | Marion, IA | 25:24 | 8:10/M | 25:19 | 8:09/M |
| 34 | 26 | 6 M50 | Greg Cooley, M50 | Cedar Rapids, IA | 25:25 | 8:11/M | 25:21 | 8:10/M |
| 35 | 9 | 2 F20 | Katie Frank, F27 | Cedar Rapids, IA | 25:32 | 8:13/M | 25:30 | 8:12/M |
| 36 | 27 | 4 M60 | Doug Lord, M61 | Lisbon, IA | 25:41 | 8:16/M | 25:38 | 8:15/M |
| 37 | 10 | 3 F20 | Ashley Timmer, F22 | Oelwein, IA | 25:46 | 8:18/M | 25:43 | 8:17/M |
| 38 | 11 | 1 JRF | Trinity Hull, F11 | North Liberty, IA | 25:46 | 8:18/M | 25:45 | 8:17/M |
| 39 | 12 | 4 F20 | Charity Heller, F23 | Oelwein, IA | 25:48 | 8:18/M | 25:44 | 8:17/M |
| 40 | 13 | 3 F30 | Heather Saldivar, F33 | Cedar Rapids, IA | 25:58 | 8:22/M | 25:53 | 8:20/M |
| 41 | 14 | 2 F50 | Marsha Aspinall, F54 | Cedar Rapids, IA | 25:59 | 8:22/M | 25:56 | 8:21/M |

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|----|----|--------|-------------------------|------------------|-------|--------|-------|--------|
| 42 | 28 | 7 M50 | Mark Brown, M52 | Cedar Rapids, IA | 26:02 | 8:23/M | 25:48 | 8:18/M |
| 43 | 15 | 5 F20 | Samantha Hubler, F27 | Cedar Rapids, IA | 26:03 | 8:23/M | 26:00 | 8:22/M |
| 44 | 29 | 2 M40 | Mike Regan, M47 | Iowa City, IA | 26:16 | 8:27/M | 26:15 | 8:27/M |
| 45 | 16 | 2 JRF | Anna Huggins, F13 | Cedar Rapids, IA | 26:34 | 8:33/M | 26:31 | 8:32/M |
| 46 | 17 | 3 JRF | Ella Achey, F13 | Cedar Rapids, IA | 26:46 | 8:37/M | 26:42 | 8:36/M |
| 47 | 18 | 4 F40 | Kelly Jensen, F45 | Toddville, IA | 26:56 | 8:40/M | 26:53 | 8:39/M |
| 48 | 30 | 3 M40 | Brian Globokar, M42 | Hiawatha, IA | 26:58 | 8:41/M | 26:43 | 8:36/M |
| 49 | 19 | 6 F20 | Chelsee Shortt, F28 | Lisbon, IA | 27:11 | 8:45/M | 27:05 | 8:43/M |
| 50 | 20 | 4 F30 | Amber Schouten, F33 | Cedar Rapids, IA | 27:18 | 8:47/M | 27:16 | 8:47/M |
| 51 | 21 | 3 F50 | Patti Sprague, F56 | Marion, IA | 27:33 | 8:52/M | 27:30 | 8:51/M |
| 52 | 22 | 5 F30 | Sarah Purk, F37 | Belle Plaine, IA | 27:39 | 8:54/M | 27:33 | 8:52/M |
| 53 | 23 | 6 F30 | Martha Boge, F31 | Cedar Rapids, IA | 27:40 | 8:54/M | 27:37 | 8:53/M |
| 54 | 31 | 5 M60 | John Leland, M80 | Marion, IA | 28:06 | 9:03/M | 28:00 | 9:01/M |
| 55 | 24 | 7 F30 | Megan Gasper, F31 | Cedar Rapids, IA | 28:08 | 9:03/M | 28:03 | 9:02/M |
| 56 | 25 | 8 F30 | Allison Niedermann, F30 | Marion, IA | 28:21 | 9:07/M | 28:10 | 9:04/M |
| 57 | 26 | 7 F20 | Mandie Kendzora, F27 | Marion, IA | 28:22 | 9:08/M | 28:14 | 9:05/M |
| 58 | 27 | 5 F40 | Diane Smith, F48 | Marengo, IA | 28:24 | 9:08/M | 28:18 | 9:07/M |
| 59 | 32 | 4 JRM | Zyndrik Massow, M12 | Cedar Rapids, IA | 28:35 | 9:12/M | 28:33 | 9:11/M |
| 60 | 28 | 9 F30 | Alecia Graham, F34 | Cedar Rapids, IA | 28:59 | 9:20/M | 28:56 | 9:19/M |
| 61 | 33 | 6 M60 | Gerry Wegmann, M67 | Cedar Rapids, IA | 29:04 | 9:21/M | 28:45 | 9:15/M |
| 62 | 29 | 10 F30 | Roberta Fuchs, F39 | Cedar Rapids, IA | 29:33 | 9:31/M | 29:28 | 9:29/M |
| 63 | 30 | 11 F30 | Katie Harris, F34 | Iowa City, IA | 29:42 | 9:34/M | 29:31 | 9:30/M |
| 64 | 31 | 4 F50 | Judy Goldberg, F51 | Cedar Rapids, IA | 29:44 | 9:34/M | 29:34 | 9:31/M |
| 65 | 32 | 5 F50 | Deanna Haddy, F55 | Cedar Rapids, IA | 29:52 | 9:37/M | 29:50 | 9:36/M |
| 66 | 34 | 7 M60 | Ken Collier, M62 | Cedar Rapids, IA | 30:03 | 9:40/M | 29:56 | 9:38/M |
| 67 | 33 | 6 F50 | Jackie Brown, F51 | Cedar Rapids, IA | 30:23 | 9:47/M | 30:05 | 9:41/M |
| 68 | 34 | 8 F20 | Jeimmy Navarro, F26 | Cedar Rapids, IA | 30:32 | 9:50/M | 30:27 | 9:48/M |
| 69 | 35 | 6 F40 | Wendy Novak, F43 | Fairfax, IA | 30:33 | 9:50/M | 30:29 | 9:49/M |

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|----|----|--------|-------------------------|-----------------------|-------|---------|-------|---------|
| 70 | 36 | 12 F30 | Sarah Scott, F37 | Cedar Rapids, IA | 30:49 | 9:55/M | 30:41 | 9:52/M |
| 71 | 37 | 13 F30 | Cathy Bucklin, F38 | Marion, IA | 30:49 | 9:55/M | 30:41 | 9:53/M |
| 72 | 35 | 11 M30 | Josh Juehring, M35 | Marion, IA | 30:54 | 9:57/M | 30:34 | 9:50/M |
| 73 | 36 | 4 M40 | Peter Deegan, M45 | Cedar Rapids, IA | 31:15 | 10:03/M | 31:02 | 9:59/M |
| 74 | 38 | 7 F40 | Jackie Wagner, F41 | Cedar Rapids, IA | 31:55 | 10:17/M | 31:50 | 10:15/M |
| 75 | 39 | 14 F30 | Nicole Arnold, F31 | Cedar Rapids, IA | 32:10 | 10:21/M | 32:05 | 10:20/M |
| 76 | 40 | 15 F30 | Tara Thompson, F32 | Cedar Rapids, IA | 32:18 | 10:24/M | 32:11 | 10:21/M |
| 77 | 41 | 7 F50 | Monica Ryan-Rausch, F52 | Fairfax, IA | 32:19 | 10:24/M | 32:14 | 10:23/M |
| 78 | 42 | 4 JRF | Stella Barnhill, F3 | Cedar Rapids, IA | 32:37 | 10:30/M | 32:11 | 10:21/M |
| 79 | 37 | 12 M30 | Erik Barnhill, M39 | Cedar Rapids, IA | 32:37 | 10:30/M | 32:10 | 10:21/M |
| 80 | 38 | 5 M40 | Phil Lewis, M45 | Cedar Rapids, IA | 32:45 | 10:32/M | 32:29 | 10:27/M |
| 81 | 43 | 8 F40 | Tina Knutson, F44 | Manchester, IA | 32:46 | 10:33/M | 32:40 | 10:31/M |
| 82 | 39 | 8 M50 | Rich Pazdernik Jr., M51 | Cedar Rapids, IA | 32:55 | 10:36/M | 32:40 | 10:31/M |
| 83 | 44 | 9 F40 | Penny Clark, F46 | Cedar Rapids, IA | 33:11 | 10:41/M | 32:44 | 10:32/M |
| 84 | 45 | 5 JRF | Lexi Nims, F7 | Robins, IA | 33:25 | 10:45/M | 33:23 | 10:45/M |
| 85 | 46 | 9 F20 | Brooke Lentz, F25 | Palo, IA | 33:34 | 10:48/M | 33:28 | 10:46/M |
| 86 | 40 | 6 M40 | Steve Petersen, M47 | New York, NY | 33:59 | 10:56/M | 33:51 | 10:54/M |
| 87 | 47 | 10 F40 | Vicki Petersen, F46 | Clarence, IA | 33:59 | 10:56/M | 33:52 | 10:54/M |
| 88 | 48 | 16 F30 | Sarah Hefflefinger, F36 | Anamosa, IA | 33:59 | 10:56/M | 33:53 | 10:54/M |
| 89 | 49 | 17 F30 | Janet Abejo, F31 | Cedar Rapids, IA | 34:12 | 11:00/M | 34:03 | 10:57/M |
| 90 | 50 | 18 F30 | Tiffany Schier, F30 | Cedar Rapids, IA | 34:34 | 11:07/M | 34:25 | 11:05/M |
| 91 | 51 | 8 F50 | Laurie Craig, F54 | Cedar Rapids, IA | 34:34 | 11:08/M | 34:27 | 11:05/M |
| 92 | 52 | 10 F20 | Norma Davis, F28 | Columbus Junction, IA | 34:37 | 11:09/M | 34:29 | 11:06/M |
| 93 | 41 | 13 M30 | Brian Johnson, M36 | Cedar Rapids, IA | 34:41 | 11:10/M | 34:33 | 11:07/M |
| 94 | 53 | 19 F30 | Allison Meinders, F32 | Cedar Rapids, IA | 34:47 | 11:12/M | 34:30 | 11:06/M |
| 95 | 54 | 1 F14 | Laura Proper, F17 | Marion, IA | 34:56 | 11:14/M | 34:46 | 11:11/M |
| 96 | 55 | 20 F30 | Brigette Heims, F33 | Urbana, IA | 34:58 | 11:15/M | 34:41 | 11:10/M |

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|-----|----|--------|-----------------------------|----------------------|-------|---------|-------|---------|
| 97 | 42 | 7 M40 | Jeff Schulte, M45 | North Liberty, IA | 35:07 | 11:18/M | 34:54 | 11:14/M |
| 98 | 56 | 1 F60 | Debby Prideaux, F62 | Marion, IA | 35:11 | 11:20/M | 35:03 | 11:17/M |
| 99 | 57 | 2 F14 | Vianey Gonzalez, F18 | Cedar Rapids, IA | 35:47 | 11:31/M | 35:42 | 11:29/M |
| 100 | 58 | 21 F30 | Kim Diamond, F39 | Cedar Rapids, IA | 35:53 | 11:33/M | 35:46 | 11:31/M |
| 101 | 59 | 22 F30 | Mickala Anderson, F34 | Marion, IA | 36:07 | 11:37/M | 35:57 | 11:34/M |
| 102 | 43 | 5 JRM | Hagan Copper, M10 | Marion, IA | 36:21 | 11:42/M | 36:19 | 11:41/M |
| 103 | 60 | 2 F60 | Vicki Rickels, F62 | Marion, IA | 37:14 | 11:59/M | 37:08 | 11:57/M |
| 104 | 61 | 6 JRF | Kay Fett, F12 | Vinton, IA | 37:26 | 12:03/M | 36:57 | 11:53/M |
| 105 | 44 | 8 M40 | Adam Fett, M43 | Marion, IA | 37:26 | 12:03/M | 36:57 | 11:54/M |
| 106 | 62 | 9 F50 | Halli Sanford- Ryan, F51 | Cedar Rapids, IA | 37:28 | 12:04/M | 37:12 | 11:58/M |
| 107 | 63 | 11 F40 | Staci Erickson, F42 | Anamosa, IA | 37:30 | 12:04/M | 37:21 | 12:01/M |
| 108 | 64 | 12 F40 | Carol Frischkorn, F41 | Cedar Rapids, IA | 37:30 | 12:04/M | 37:22 | 12:01/M |
| 109 | 65 | 7 JRF | Naomi Troester, F9 | Marion, IA | 37:59 | 12:14/M | 37:30 | 12:04/M |
| 110 | 66 | 10 F50 | Karla Hogan, F52 | Marion, IA | 38:29 | 12:23/M | 38:12 | 12:18/M |
| 111 | 67 | 11 F20 | Kayla Juehring, F26 | Marion, IA | 38:51 | 12:30/M | 38:31 | 12:24/M |
| 112 | 68 | 12 F20 | Tiffany Miller, F28 | Cedar Rapids, IA | 39:10 | 12:36/M | 39:04 | 12:34/M |
| 113 | 69 | 13 F20 | Alicia Beichley, F28 | Ankeny, IA | 39:11 | 12:37/M | 39:05 | 12:35/M |
| 114 | 70 | 8 JRF | Judy Bautista, F12 | North Liberty, IA | 39:43 | 12:47/M | 39:41 | 12:46/M |
| 115 | 71 | 3 F14 | Olivia Barnhill, F15 | Cedar Rapids, IA | 40:52 | 13:09/M | 40:49 | 13:08/M |
| 116 | 72 | 9 JRF | Brookelyn Barnhill, F9 | Cedar Rapids, IA | 40:52 | 13:09/M | 40:50 | 13:09/M |
| 117 | 73 | 23 F30 | Wendy Swank, F39 | Cedar Rapids, IA | 43:23 | 13:58/M | 43:16 | 13:55/M |
| 118 | 74 | 24 F30 | Jodi Paden, F33 | Marion, IA | 43:58 | 14:09/M | 43:49 | 14:06/M |
| 119 | 75 | 10 JRF | Alissa Lahay- Norton, F9 | Cedar Rapids, IA | 48:45 | 15:41/M | 48:06 | 15:29/M |
| 120 | 76 | 13 F40 | Kimberley Roberts, F48 | Atkins, IA | 48:57 | 15:45/M | 48:17 | 15:33/M |
| 121 | 45 | 6 JRM | Dalton Weaver, M11 | Marion, IA | 49:28 | 15:55/M | 49:18 | 15:52/M |
| 122 | 77 | 25 F30 | Sally Page, F34 | Keokuk, IA | 49:38 | 15:59/M | 49:29 | 15:56/M |
| 123 | 78 | 26 F30 | Monica Slaughter, F31 | Cedar Rapids, IA | 52:23 | 16:51/M | 51:54 | 16:42/M |
| 124 | 46 | 14 M30 | Benjamin Feltz, M30 | Coralville, IA | 53:50 | 17:20/M | 53:36 | 17:15/M |

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|-----|----|--------|------------------------|---------------------|---------|---------|---------|---------|
| 125 | 47 | 8 M60 | Harold Schulze, M80 | Cedar Rapids, IA | 56:01 | 18:02/M | 55:42 | 17:56/M |
| 126 | 48 | 7 JRM | Owen Atwater, M4 | Central City, IA | 58:51 | 18:56/M | 58:34 | 18:51/M |
| 127 | 79 | 27 F30 | Meg Atwater, F33 | Central City, IA | 58:59 | 18:59/M | 58:46 | 18:55/M |
| 128 | 80 | 14 F40 | Wanda Charles, F41 | Cedar Rapids, IA | 1:03:50 | 20:33/M | 1:03:09 | 20:19/M |

Overall and Age Divisions

Overall Male

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|--------------|------------------|------------------|-----------------|---------------------|------------------|---------------------|
| 1 | Adam Kassem, M27 | Cedar Rapids, IA | 18:01 | 5:48/M | 18:01 | 5:48/M |

Overall Female

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|--------------|---------------------|-------------|-----------------|---------------------|------------------|---------------------|
| 1 | Alice Anderson, F33 | Marion, IA | 19:27 | 6:16/M | 19:27 | 6:16/M |

M[13 & Under]

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|--------------|-----------------------|------------------|-----------------|---------------------|------------------|---------------------|
| 1 | Jace Fopma, M11 | Marion, IA | 21:13 | 6:50/M | 21:13 | 6:50/M |
| 2 | Kinnick Nims, M11 | Robins, IA | 24:41 | 7:57/M | 24:40 | 7:56/M |
| 3 | Christian Gasper, M10 | Cedar Rapids, IA | 24:44 | 7:58/M | 24:41 | 7:57/M |
| 4 | Zyndrik Massow, M12 | Cedar Rapids, IA | 28:35 | 9:12/M | 28:33 | 9:11/M |
| 5 | Hagan Copper, M10 | Marion, IA | 36:21 | 11:42/M | 36:19 | 11:41/M |
| 6 | Dalton Weaver, M11 | Marion, IA | 49:28 | 15:55/M | 49:18 | 15:52/M |
| 7 | Owen Atwater, M4 | Central City, IA | 58:51 | 18:56/M | 58:34 | 18:51/M |

F[13 & Under]

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|--------------|---------------------|-------------------|-----------------|---------------------|------------------|---------------------|
| 1 | Trinity Hull, F11 | North Liberty, IA | 25:46 | 8:18/M | 25:45 | 8:17/M |
| 2 | Anna Huggins, F13 | Cedar Rapids, IA | 26:34 | 8:33/M | 26:31 | 8:32/M |
| 3 | Ella Achey, F13 | Cedar Rapids, IA | 26:46 | 8:37/M | 26:42 | 8:36/M |
| 4 | Stella Barnhill, F3 | Cedar Rapids, IA | 32:37 | 10:30/M | 32:11 | 10:21/M |
| 5 | Lexi Nims, F7 | Robins, IA | 33:25 | 10:45/M | 33:23 | 10:45/M |
| 6 | Kay Fett, F12 | Vinton, IA | 37:26 | 12:03/M | 36:57 | 11:53/M |
| 7 | Naomi Troester, F9 | Marion, IA | 37:59 | 12:14/M | 37:30 | 12:04/M |
| 8 | Judy Bautista, F12 | North Liberty, IA | 39:43 | 12:47/M | 39:41 | 12:46/M |

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|----|----------------------------|------------------|-------|---------|-------|---------|
| 9 | Brookelyn Barnhill, F9 | Cedar Rapids, IA | 40:52 | 13:09/M | 40:50 | 13:09/M |
| 10 | Alissa Lahay-Norton, F9 | Cedar Rapids, IA | 48:45 | 15:41/M | 48:06 | 15:29/M |

M[14-19]

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|--------------|--------------------|------------------|-----------------|---------------------|------------------|---------------------|
| 1 | Jacob Glandon, M15 | Webster, IA | 21:23 | 6:53/M | 21:19 | 6:52/M |
| 2 | Sean Deegan, M14 | Cedar Rapids, IA | 22:16 | 7:10/M | 22:14 | 7:09/M |

F[14-19]

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|--------------|----------------------|------------------|-----------------|---------------------|------------------|---------------------|
| 1 | Laura Proper, F17 | Marion, IA | 34:56 | 11:14/M | 34:46 | 11:11/M |
| 2 | Vianey Gonzalez, F18 | Cedar Rapids, IA | 35:47 | 11:31/M | 35:42 | 11:29/M |
| 3 | Olivia Barnhill, F15 | Cedar Rapids, IA | 40:52 | 13:09/M | 40:49 | 13:08/M |

M[20-29]

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|--------------|-------------|-------------|-----------------|---------------------|------------------|---------------------|
|--------------|-------------|-------------|-----------------|---------------------|------------------|---------------------|

F[20-29]

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|--------------|----------------------|--------------------------|-----------------|---------------------|------------------|---------------------|
| 1 | Amy Kassem, F27 | Cedar Rapids, IA | 25:13 | 8:07/M | 25:09 | 8:06/M |
| 2 | Katie Frank, F27 | Cedar Rapids, IA | 25:32 | 8:13/M | 25:30 | 8:12/M |
| 3 | Ashley Timmer, F22 | Oelwein, IA | 25:46 | 8:18/M | 25:43 | 8:17/M |
| 4 | Charity Heller, F23 | Oelwein, IA | 25:48 | 8:18/M | 25:44 | 8:17/M |
| 5 | Samantha Hubler, F27 | Cedar Rapids, IA | 26:03 | 8:23/M | 26:00 | 8:22/M |
| 6 | Chelsee Shortt, F28 | Lisbon, IA | 27:11 | 8:45/M | 27:05 | 8:43/M |
| 7 | Mandie Kendzora, F27 | Marion, IA | 28:22 | 9:08/M | 28:14 | 9:05/M |
| 8 | Jeimmy Navarro, F26 | Cedar Rapids, IA | 30:32 | 9:50/M | 30:27 | 9:48/M |
| 9 | Brooke Lentz, F25 | Palo, IA | 33:34 | 10:48/M | 33:28 | 10:46/M |
| 10 | Norma Davis, F28 | Columbus Junction, IA | 34:37 | 11:09/M | 34:29 | 11:06/M |
| 11 | Kayla Juehring, F26 | Marion, IA | 38:51 | 12:30/M | 38:31 | 12:24/M |
| 12 | Tiffany Miller, F28 | Cedar Rapids, IA | 39:10 | 12:36/M | 39:04 | 12:34/M |
| 13 | Alicia Beichley, F28 | Ankeny, IA | 39:11 | 12:37/M | 39:05 | 12:35/M |

M[30-39]

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|--------------|--------------------|-------------|-----------------|---------------------|------------------|---------------------|
| 1 | Jon Fasselius, M33 | Marion, IA | 19:54 | 6:24/M | 19:53 | 6:24/M |

| | | | | | | |
|----|-----------------------|-------------------|-------|---------|-------|---------|
| 2 | Jordan Schier, M33 | Cedar Rapids, IA | 20:08 | 6:29/M | 20:06 | 6:28/M |
| 3 | Chris Nims, M39 | Robins, IA | 20:51 | 6:43/M | 20:51 | 6:43/M |
| 4 | Chad Regennitter, M38 | Marion, IA | 21:02 | 6:46/M | 21:02 | 6:46/M |
| 5 | Wes Hilleshiem, M38 | Marion, IA | 21:17 | 6:51/M | 21:16 | 6:51/M |
| 6 | Donald Hull, M38 | North Liberty, IA | 21:57 | 7:04/M | 21:56 | 7:04/M |
| 7 | Mike Harris, M35 | Iowa City, IA | 23:17 | 7:30/M | 23:09 | 7:27/M |
| 8 | Justin Lightfoot, M35 | Cedar Rapids, IA | 23:48 | 7:40/M | 23:41 | 7:37/M |
| 9 | Chad Scott, M35 | Cedar Rapids, IA | 24:02 | 7:44/M | 23:45 | 7:39/M |
| 10 | Matthew Jensen, M36 | Marion, IA | 25:24 | 8:10/M | 25:19 | 8:09/M |
| 11 | Josh Juehring, M35 | Marion, IA | 30:54 | 9:57/M | 30:34 | 9:50/M |
| 12 | Erik Barnhill, M39 | Cedar Rapids, IA | 32:37 | 10:30/M | 32:10 | 10:21/M |
| 13 | Brian Johnson, M36 | Cedar Rapids, IA | 34:41 | 11:10/M | 34:33 | 11:07/M |
| 14 | Benjamin Feltz, M30 | Coralville, IA | 53:50 | 17:20/M | 53:36 | 17:15/M |

F[30-39]

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|--------------|----------------------------|------------------|-----------------|---------------------|------------------|---------------------|
| 1 | Heather Jurgenson, F37 | Cedar Rapids, IA | 23:35 | 7:35/M | 23:34 | 7:35/M |
| 2 | Mariah Hurley, F39 | Cedar Rapids, IA | 25:19 | 8:09/M | 25:16 | 8:08/M |
| 3 | Heather Saldivar, F33 | Cedar Rapids, IA | 25:58 | 8:22/M | 25:53 | 8:20/M |
| 4 | Amber Schouten, F33 | Cedar Rapids, IA | 27:18 | 8:47/M | 27:16 | 8:47/M |
| 5 | Sarah Purk, F37 | Belle Plaine, IA | 27:39 | 8:54/M | 27:33 | 8:52/M |
| 6 | Martha Boge, F31 | Cedar Rapids, IA | 27:40 | 8:54/M | 27:37 | 8:53/M |
| 7 | Megan Gasper, F31 | Cedar Rapids, IA | 28:08 | 9:03/M | 28:03 | 9:02/M |
| 8 | Allison Niedermann, F30 | Marion, IA | 28:21 | 9:07/M | 28:10 | 9:04/M |
| 9 | Alecia Graham, F34 | Cedar Rapids, IA | 28:59 | 9:20/M | 28:56 | 9:19/M |
| 10 | Roberta Fuchs, F39 | Cedar Rapids, IA | 29:33 | 9:31/M | 29:28 | 9:29/M |
| 11 | Katie Harris, F34 | Iowa City, IA | 29:42 | 9:34/M | 29:31 | 9:30/M |
| 12 | Sarah Scott, F37 | Cedar Rapids, IA | 30:49 | 9:55/M | 30:41 | 9:52/M |
| 13 | Cathy Bucklin, F38 | Marion, IA | 30:49 | 9:55/M | 30:41 | 9:53/M |
| 14 | Nicole Arnold, F31 | Cedar Rapids, IA | 32:10 | 10:21/M | 32:05 | 10:20/M |
| 15 | Tara Thompson, F32 | Cedar Rapids, IA | 32:18 | 10:24/M | 32:11 | 10:21/M |
| 16 | Sarah Hefflefinger, F36 | Anamosa, IA | 33:59 | 10:56/M | 33:53 | 10:54/M |
| 17 | Janet Abejo, F31 | Cedar Rapids, IA | 34:12 | 11:00/M | 34:03 | 10:57/M |
| 18 | Tiffany Schier, F30 | Cedar Rapids, IA | 34:34 | 11:07/M | 34:25 | 11:05/M |
| 19 | Allison Meinders, F32 | Cedar Rapids, IA | 34:47 | 11:12/M | 34:30 | 11:06/M |
| 20 | Brigitte Heims, F33 | Urbana, IA | 34:58 | 11:15/M | 34:41 | 11:10/M |
| 21 | Kim Diamond, F39 | Cedar Rapids, IA | 35:53 | 11:33/M | 35:46 | 11:31/M |
| 22 | Mickala Anderson, F34 | Marion, IA | 36:07 | 11:37/M | 35:57 | 11:34/M |
| 23 | Wendy Swank, F39 | Cedar Rapids, IA | 43:23 | 13:58/M | 43:16 | 13:55/M |
| 24 | Jodi Paden, F33 | Marion, IA | 43:58 | 14:09/M | 43:49 | 14:06/M |
| 25 | Sally Page, F34 | Keokuk, IA | 49:38 | 15:59/M | 49:29 | 15:56/M |
| 26 | Monica Slaughter, F31 | Cedar Rapids, IA | 52:23 | 16:51/M | 51:54 | 16:42/M |
| 27 | Meg Atwater, F33 | Central City, IA | 58:59 | 18:59/M | 58:46 | 18:55/M |

M[40-49]

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|---------------------|---------------------------|--------------------|------------------------|----------------------------|-------------------------|----------------------------|
| 1 | Jason Schamberger, M41 | Marion, IA | 24:13 | 7:48/M | 24:12 | 7:47/M |
| 2 | Mike Regan, M47 | Iowa City, IA | 26:16 | 8:27/M | 26:15 | 8:27/M |
| 3 | Brian Globokar, M42 | Hiawatha, IA | 26:58 | 8:41/M | 26:43 | 8:36/M |
| 4 | Peter Deegan, M45 | Cedar Rapids, IA | 31:15 | 10:03/M | 31:02 | 9:59/M |
| 5 | Phil Lewis, M45 | Cedar Rapids, IA | 32:45 | 10:32/M | 32:29 | 10:27/M |
| 6 | Steve Petersen, M47 | New York, NY | 33:59 | 10:56/M | 33:51 | 10:54/M |
| 7 | Jeff Schulte, M45 | North Liberty, IA | 35:07 | 11:18/M | 34:54 | 11:14/M |
| 8 | Adam Fett, M43 | Marion, IA | 37:26 | 12:03/M | 36:57 | 11:54/M |

F[40-49]

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|---------------------|---------------------------|--------------------|------------------------|----------------------------|-------------------------|----------------------------|
| 1 | Deidre Nims, F40 | Robins, IA | 22:11 | 7:08/M | 22:09 | 7:08/M |
| 2 | Rae Lynn Lamparek, F44 | Swisher, IA | 23:07 | 7:26/M | 23:05 | 7:26/M |
| 3 | Andrea Joyner, F41 | Marion, IA | 24:34 | 7:55/M | 24:34 | 7:54/M |
| 4 | Kelly Jensen, F45 | Toddville, IA | 26:56 | 8:40/M | 26:53 | 8:39/M |
| 5 | Diane Smith, F48 | Marengo, IA | 28:24 | 9:08/M | 28:18 | 9:07/M |
| 6 | Wendy Novak, F43 | Fairfax, IA | 30:33 | 9:50/M | 30:29 | 9:49/M |
| 7 | Jackie Wagner, F41 | Cedar Rapids, IA | 31:55 | 10:17/M | 31:50 | 10:15/M |
| 8 | Tina Knutson, F44 | Manchester, IA | 32:46 | 10:33/M | 32:40 | 10:31/M |
| 9 | Penny Clark, F46 | Cedar Rapids, IA | 33:11 | 10:41/M | 32:44 | 10:32/M |
| 10 | Vicki Petersen, F46 | Clarence, IA | 33:59 | 10:56/M | 33:52 | 10:54/M |
| 11 | Staci Erickson, F42 | Anamosa, IA | 37:30 | 12:04/M | 37:21 | 12:01/M |
| 12 | Carol Frischkorn, F41 | Cedar Rapids, IA | 37:30 | 12:04/M | 37:22 | 12:01/M |
| 13 | Kimberley Roberts, F48 | Atkins, IA | 48:57 | 15:45/M | 48:17 | 15:33/M |
| 14 | Wanda Charles, F41 | Cedar Rapids, IA | 1:03:50 | 20:33/M | 1:03:09 | 20:19/M |

M[50-59]

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|---------------------|--------------------|--------------------|------------------------|----------------------------|-------------------------|----------------------------|
| 0 | Al Steil, M55 | Cedar Rapids, IA | 10:39 | 3:26/M | 10:39 | 3:26/M |
| 1 | Glenn Kieler, M51 | Cedar Rapids, IA | 20:07 | 6:28/M | 20:05 | 6:28/M |
| 2 | Craig Brophy, M55 | Cedar Rapids, IA | 22:26 | 7:13/M | 22:25 | 7:13/M |
| 3 | Joel Fopma, M50 | Marion, IA | 22:27 | 7:14/M | 22:26 | 7:13/M |
| 4 | Pat O'Connor, M54 | Marion, IA | 23:49 | 7:40/M | 23:44 | 7:38/M |
| 5 | Jeff Norton, M54 | Cedar Rapids, IA | 25:15 | 8:08/M | 25:03 | 8:04/M |
| 6 | Greg Cooley, M50 | Cedar Rapids, IA | 25:25 | 8:11/M | 25:21 | 8:10/M |
| 7 | Mark Brown, M52 | Cedar Rapids, IA | 26:02 | 8:23/M | 25:48 | 8:18/M |

8 Rich Pazdernik Jr., M51 Cedar Rapids, IA 32:55 10:36/M 32:40 10:31/M

F[50-59]

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|--------------|----------------------------|------------------|-----------------|---------------------|------------------|---------------------|
| 1 | Mary Drake, F52 | Cedar Rapids, IA | 25:17 | 8:08/M | 25:13 | 8:07/M |
| 2 | Marsha Aspinall, F54 | Cedar Rapids, IA | 25:59 | 8:22/M | 25:56 | 8:21/M |
| 3 | Patti Sprague, F56 | Marion, IA | 27:33 | 8:52/M | 27:30 | 8:51/M |
| 4 | Judy Goldberg, F51 | Cedar Rapids, IA | 29:44 | 9:34/M | 29:34 | 9:31/M |
| 5 | Deanna Haddy, F55 | Cedar Rapids, IA | 29:52 | 9:37/M | 29:50 | 9:36/M |
| 6 | Jackie Brown, F51 | Cedar Rapids, IA | 30:23 | 9:47/M | 30:05 | 9:41/M |
| 7 | Monica Ryan-Rausch, F52 | Fairfax, IA | 32:19 | 10:24/M | 32:14 | 10:23/M |
| 8 | Laurie Craig, F54 | Cedar Rapids, IA | 34:34 | 11:08/M | 34:27 | 11:05/M |
| 9 | Halli Sanford-Ryan, F51 | Cedar Rapids, IA | 37:28 | 12:04/M | 37:12 | 11:58/M |
| 10 | Karla Hogan, F52 | Marion, IA | 38:29 | 12:23/M | 38:12 | 12:18/M |

M[60 & Over]

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|--------------|---------------------|------------------|-----------------|---------------------|------------------|---------------------|
| 1 | Bob Strickland, M65 | Cedar Rapids, IA | 23:02 | 7:25/M | 23:02 | 7:25/M |
| 2 | Bruce Bachmann, M66 | Cedar Rapids, IA | 25:03 | 8:04/M | 25:00 | 8:03/M |
| 3 | Dale Hanna, M66 | Cedar Rapids, IA | 25:14 | 8:07/M | 25:11 | 8:06/M |
| 4 | Doug Lord, M61 | Lisbon, IA | 25:41 | 8:16/M | 25:38 | 8:15/M |
| 5 | John Leland, M80 | Marion, IA | 28:06 | 9:03/M | 28:00 | 9:01/M |
| 6 | Gerry Wegmann, M67 | Cedar Rapids, IA | 29:04 | 9:21/M | 28:45 | 9:15/M |
| 7 | Ken Collier, M62 | Cedar Rapids, IA | 30:03 | 9:40/M | 29:56 | 9:38/M |
| 8 | Harold Schulze, M80 | Cedar Rapids, IA | 56:01 | 18:02/M | 55:42 | 17:56/M |

F[60 & Over]

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|--------------|---------------------|-------------|-----------------|---------------------|------------------|---------------------|
| 1 | Debby Prideaux, F62 | Marion, IA | 35:11 | 11:20/M | 35:03 | 11:17/M |
| 2 | Vicki Rickels, F62 | Marion, IA | 37:14 | 11:59/M | 37:08 | 11:57/M |

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