

4th Annual Go the Distance for Crime Victims 5K Run

Thomas Park, Marion, IA

April 17, 2010

Sunny and 40's

Results by Kauder Racing

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

| CLASS | | | | |
|-----------------|-------|--------------------|-------|------|
| PLACE | PLACE | FINISHER | TIME | PACE |
| Open Men | | | | |
| 1 | 1 M20 | Tyler Sullivan, 22 | 16:29 | 5:19 |

| | | | | |
|-------------------|-------|------------------|-------|------|
| Open Women | | | | |
| 1 | 1 W30 | Erin Moeller, 32 | 17:23 | 5:36 |

| CLASS | | | | |
|---------------------|-------|--------------------------------------|-------|------|
| PLACE | PLACE | FINISHER | TIME | PACE |
| Men Under 14 | | | | |
| 11 | 1 | Trevor Hartz, 13 | 20:07 | 6:29 |
| 41 | 2 | Jeremy Fopma, 10, Marion, IA | 23:25 | 7:33 |
| 66 | 3 | Bobby Charlton, 12, Cedar Rapids, IA | 25:58 | 8:23 |

| | | | | |
|--------------------|---|------------------------------|-------|------|
| Men 14 - 19 | | | | |
| 19 | 1 | Jason Ryan, 17, Fairbank, IA | 21:25 | 6:54 |
| 24 | 2 | Rob Brown, 19, Elkader, IA | 22:00 | 7:06 |
| 46 | 3 | Jordan Breffle, 15 | 23:54 | 7:42 |

| | | | | |
|--------------------|---|------------------------------------|-------|------|
| Men 20 - 29 | | | | |
| 4 | 1 | Scott Becker, 22, Cedar Rapids, IA | 19:06 | 6:10 |

| | | | | |
|---|---|--------------------------------------|-------|------|
| 5 | 2 | John Hackbarth, 27, Cedar Rapids, IA | 19:16 | 6:13 |
| 7 | 3 | Zac Scherrman, 25, Dubuque, IA | 19:34 | 6:18 |

Men 30 - 39

| | | | | |
|----|---|------------------------------------|-------|------|
| 3 | 1 | Barry Breffle, 39 | 18:31 | 5:58 |
| 14 | 2 | Adam Foster, 31, Center Point, IA | 20:22 | 6:34 |
| 21 | 3 | Andrew Lundy, 33, Cedar Rapids, IA | 21:26 | 6:55 |

Men 40 - 49

| | | | | |
|---|---|--------------------------------------|-------|------|
| 2 | 1 | Michael Newhouse, 45, Marion, IA | 17:39 | 5:42 |
| 6 | 2 | Michael Hughes, 43, Cedar Rapids, IA | 19:29 | 6:17 |
| 8 | 3 | Sam Houston, 43, Cedar Rapids, IA | 19:45 | 6:22 |

Men 50 - 59

| | | | | |
|----|---|--------------------------------------|-------|------|
| 15 | 1 | Michael Nurre, 56, Cedar Rapids, IA | 20:32 | 6:37 |
| 17 | 2 | Bob Strickland, 59, Cedar Rapids, IA | 20:47 | 6:42 |
| 26 | 3 | Andy Hartz, 50 | 22:07 | 7:08 |

Men 60 & Up

| | | | | |
|----|---|--------------------------------------|-------|------|
| 37 | 1 | Dale Hanna, 60, Cedar Rapids, IA | 23:13 | 7:29 |
| 49 | 2 | Bruce Bachmann, 60, Cedar Rapids, IA | 24:11 | 7:48 |
| 83 | 3 | John Johnson, 67 | 27:59 | 9:02 |

CLASS

| PLACE | PLACE | FINISHER | TIME | PACE |
|-------|-------|----------|------|------|
|-------|-------|----------|------|------|

Women Under 14

| | | | | |
|-----|---|------------------------------------|-------|-------|
| 21 | 1 | Paige Holub, 10, coggon, IA | 26:54 | 8:40 |
| 63 | 2 | Rebecca Sandhu, 11, Coralville, IA | 30:41 | 9:54 |
| 102 | 3 | Emma Wilson, 11, Cedar Rapids, IA | 33:46 | 10:54 |

Women 14 - 19

| | | | | |
|----|---|-------------------------------------|-------|------|
| 13 | 1 | Gabby Dutchik, 14, Iowa City, IA | 24:57 | 8:03 |
| 28 | 2 | Niky Vahanian, 17, Cedar Rapids, IA | 27:33 | 8:53 |
| 52 | 3 | Micki DeWitt, 17, Rapids City, IL | 30:09 | 9:43 |

Women 20 - 29

| | | | | |
|---|---|---------------------------------------|-------|------|
| 2 | 1 | Michelle Silver, 26, Cedar Rapids, IA | 21:13 | 6:50 |
| 3 | 2 | Darcy Ehrmann, 28 | 21:18 | 6:52 |
| 4 | 3 | Julie Johnston, 26, Cedar Rapids, IA | 21:22 | 6:53 |

Women 30 - 39

| | | | | |
|----|---|------------------------------------|-------|------|
| 7 | 1 | Rae Lynn Lamparek, 38, Swisher, IA | 21:57 | 7:05 |
| 8 | 2 | Nina Carr, 32, Cedar Rapids, IA | 23:35 | 7:36 |
| 10 | 3 | Mirah Hurley, 33, Cedar Rapids, IA | 24:10 | 7:47 |

Women 40 - 49

| | | | | |
|----|---|-------------------------------------|-------|------|
| 6 | 1 | Kim Wander, 48, West Union, IA | 21:39 | 6:59 |
| 18 | 2 | Linnae Hartwig, 43, Marion, IA | 26:27 | 8:32 |
| 19 | 3 | Leslie French, 44, Cedar Rapids, IA | 26:47 | 8:38 |

Women 50 - 59

| | | | | |
|----|---|-----------------------------------|-------|------|
| 17 | 1 | Sharon Hollinrake, 53 | 26:26 | 8:32 |
| 25 | 2 | Patti Sprague, 50, Mt. Vernon, IA | 27:22 | 8:49 |
| 40 | 3 | Linnea Martin, 56, Marion, IA | 28:52 | 9:18 |

Women 60 & Up

| | | | | |
|-----|---|----------------------------------|-------|-------|
| 60 | 1 | Peggy Mounce, 62, Alburnette, IA | 30:32 | 9:51 |
| 105 | 2 | Paula Price, 60 | 34:07 | 11:00 |
| 140 | 3 | Janice Horak, 64, Swisher, IA | 40:43 | 13:08 |

CLASS

| PLACE | PLACE | FINISHER | TIME | PACE |
|-------|-------|----------|------|------|
|-------|-------|----------|------|------|

Individuals

| | | | | |
|---|-------|--|-------|------|
| 1 | OpM | Tyler Sullivan, 22 | 16:29 | 5:19 |
| 1 | OpW | Erin Moeller, 32* | 17:23 | 5:36 |
| 2 | 1 M40 | Michael Newhouse, 45, Marion, IA | 17:39 | 5:42 |
| 3 | 1 M30 | Barry Breffle, 39 | 18:31 | 5:58 |
| Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top | | | | |
| 4 | 1 M20 | Scott Becker, 22, Cedar Rapids, IA | 19:06 | 6:10 |
| 5 | 2 M20 | John Hackbarth, 27, Cedar Rapids, IA | 19:16 | 6:13 |
| 6 | 2 M40 | Michael Hughes, 43, Cedar Rapids, IA | 19:29 | 6:17 |
| 7 | 3 M20 | Zac Scherrman, 25, Dubuque, IA | 19:34 | 6:18 |
| 8 | 3 M40 | Sam Houston, 43, Cedar Rapids, IA | 19:45 | 6:22 |
| 9 | 4 M40 | David Reid, 43, Fairfax, IA | 19:53 | 6:25 |
| 10 | 4 M20 | Douglas Hass, 28, Cedar Rapids, IA | 20:05 | 6:28 |
| 11 | 1 JrM | Trevor Hartz, 13 | 20:07 | 6:29 |
| 12 | 5 M40 | Mike Zimmermann, 42, Marion, IA | 20:08 | 6:30 |
| 13 | 6 M40 | Scott Reed, 48, Cedar Rapids, IA | 20:19 | 6:33 |
| 14 | 2 M30 | Adam Foster, 31, Center Point, IA | 20:22 | 6:34 |
| 15 | 1 M50 | Michael Nurre, 56, Cedar Rapids, IA | 20:32 | 6:37 |
| 16 | 7 M40 | Glenn Keiler, 45 | 20:43 | 6:41 |
| 17 | 2 M50 | Bob Strickland, 59, Cedar Rapids, IA | 20:47 | 6:42 |
| 18 | 5 M20 | Kody Thompson, 23, Cedar Rapids, IA | 21:09 | 6:49 |
| 2 | 1 W20 | Michelle Silver, 26*, Cedar Rapids, IA | 21:13 | 6:50 |
| 3 | 2 W20 | Darcy Ehrmann, 28* | 21:18 | 6:52 |
| 4 | 3 W20 | Julie Johnston, 26*, Cedar Rapids, IA | 21:22 | 6:53 |
| 19 | 1 M14 | Jason Ryan, 17, Fairbank, IA | 21:25 | 6:54 |
| 20 | 6 M20 | Derek Chaplin, 26, Marion, IA | 21:26 | 6:55 |
| 21 | 3 M30 | Andrew Lundy, 33, Cedar Rapids, IA | 21:26 | 6:55 |
| 22 | 7 M20 | Zachery Keith, 20 | 21:27 | 6:55 |
| 5 | 4 W20 | Tami Loan, 29*, Cedar Rapids, IA | 21:29 | 6:56 |
| 6 | 1 W40 | Kim Wander, 48*, West Union, IA | 21:39 | 6:59 |

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [Top](#)

| | | | | | |
|----|----|-----|---------------------------------------|-------|------|
| 23 | 8 | M20 | Blake Christenson, 25, Hiawatha, IA | 21:50 | 7:02 |
| 7 | 1 | W30 | Rae Lynn Lamparek, 38*, Swisher, IA | 21:57 | 7:05 |
| 24 | 2 | M14 | Rob Brown, 19, Elkader, IA | 22:00 | 7:06 |
| 25 | 4 | M30 | Jeremy Elges, 36, Cedar Rapids, IA | 22:01 | 7:06 |
| 26 | 3 | M50 | Andy Hartz, 50 | 22:07 | 7:08 |
| 27 | 5 | M30 | Cory Goldensoph, 33, Cedar Rapids, IA | 22:07 | 7:08 |
| 28 | 9 | M20 | Joshua Rapp, 29, Cedar Rapids, IA | 22:13 | 7:10 |
| 29 | 10 | M20 | Travis Claypool, 26, Cedar Rapids, IA | 22:15 | 7:11 |
| 30 | 6 | M30 | Brent Oleson, 39, Marion, IA | 22:19 | 7:12 |
| 31 | 8 | M40 | Ted Smith, 42, Cedar Rapids, IA | 22:26 | 7:14 |
| 32 | 9 | M40 | Joel Fopma, 44, Marion, IA | 22:38 | 7:18 |
| 33 | 11 | M20 | Neil Shatek, 28, North Liberty, IA | 22:40 | 7:19 |
| 34 | 12 | M20 | Michael Kaduce, 22 | 22:44 | 7:20 |
| 35 | 7 | M30 | Kerry Wegman, 36, Iowa City, IA | 22:51 | 7:22 |
| 36 | 13 | M20 | Ryan Gentzler, 23, Cedar Rapids, IA | 23:10 | 7:28 |
| 37 | 1 | M60 | Dale Hanna, 60, Cedar Rapids, IA | 23:13 | 7:29 |
| 38 | 4 | M50 | Feerer Warren, 59, Cedar Rapids, IA | 23:14 | 7:29 |
| 39 | 10 | M40 | Scott Hain, 44, Cedar Rapids, IA | 23:15 | 7:30 |
| 40 | 5 | M50 | Kurt Langel, 52, Cedar Rapids, IA | 23:16 | 7:30 |
| 41 | 2 | JrM | Jeremy Fopma, 10, Marion, IA | 23:25 | 7:33 |
| 42 | 14 | M20 | Andrew Roberts, 26, Cedar Rapids, IA | 23:27 | 7:34 |
| 43 | 6 | M50 | Kim Brant, 50, Atkins, IA | 23:31 | 7:35 |
| 8 | 2 | W30 | Nina Carr, 32*, Cedar Rapids, IA | 23:35 | 7:36 |
| 44 | 15 | M20 | Will Schuldt, 22, Denver, IA | 23:44 | 7:39 |
| 45 | 16 | M20 | Chad Scott, 29, Cedar Rapids, IA | 23:52 | 7:42 |
| 46 | 3 | M14 | Jordan Breffle, 15 | 23:54 | 7:42 |
| 47 | 11 | M40 | Mike Yeries, 45, Oxford, IA | 24:01 | 7:45 |
| 48 | 8 | M30 | Doug Fishwild, 31, Cedar Rapids, IA | 24:01 | 7:45 |
| 9 | 5 | W20 | Erika Hass, 26*, Cedar Rapids, IA | 24:05 | 7:46 |
| 10 | 3 | W30 | Mirah Hurley, 33*, Cedar Rapids, IA | 24:10 | 7:47 |
| 49 | 2 | M60 | Bruce Bachmann, 60, Cedar Rapids, IA | 24:11 | 7:48 |
| 11 | 6 | W20 | Maggie Peck, 29* | 24:21 | 7:51 |

| | | | | | |
|---|----|-----|---|-------|------|
| 50 | 17 | M20 | Matthew Hamand, 29, Cedar Rapids, IA | 24:22 | 7:51 |
| 51 | 9 | M30 | Matthew Jensen, 30, Marion, IA | 24:28 | 7:53 |
| 52 | 18 | M20 | Brandon Bauer, 26, Marion, IA | 24:28 | 7:54 |
| 53 | 7 | M50 | Joe McGrath, 53, Cedar Rapids, IA | 24:33 | 7:55 |
| 54 | 10 | M30 | Brent Fillenworth, 38 | 24:34 | 7:55 |
| 55 | 11 | M30 | Michael Vogl, 33, Shellsburg, IA | 24:35 | 7:56 |
| 12 | 7 | W20 | Brianna Balint, 27*, Cedar Rapids, IA | 24:44 | 7:59 |
| Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top | | | | | |
| 56 | 19 | M20 | Marshall Mollenhauer, 27, Marion, IA | 24:48 | 8:00 |
| 57 | 12 | M30 | Dan Duello, 38, Ely, IA | 24:55 | 8:02 |
| 58 | 8 | M50 | Matthew Doty, 50, Cedar Rapids, IA | 24:56 | 8:02 |
| 13 | 1 | W14 | Gabby Dutchik, 14*, Iowa City, IA | 24:57 | 8:03 |
| 59 | 12 | M40 | Bernard Dutchik, 43, Iowa City, IA | 24:58 | 8:03 |
| 60 | 13 | M30 | Troy Belmer, 34, Fairbank, IA | 25:00 | 8:04 |
| 61 | 13 | M40 | John Vanourney, 45 | 25:08 | 8:06 |
| 62 | 20 | M20 | Andrew Rambo, 21, Marion, IA | 25:16 | 8:09 |
| 63 | 14 | M30 | Tim Lamb, 36, Cedar Rapids, IA | 25:20 | 8:10 |
| 14 | 4 | W30 | Anita Volk, 36*, Palo, IA | 25:24 | 8:11 |
| 64 | 15 | M30 | Scott Nicholas, 33, Cedar Rapids, IA | 25:28 | 8:13 |
| 15 | 5 | W30 | Jenelle Sisneros, 33*, Cedar Rapids, IA | 25:30 | 8:14 |
| 65 | 16 | M30 | Dave Barnhart, 37, Cedar Rapids, IA | 25:42 | 8:17 |
| 66 | 3 | JrM | Bobby Charlton, 12, Cedar Rapids, IA | 25:58 | 8:23 |
| 67 | 21 | M20 | Zachary Valenta, 29 | 26:10 | 8:26 |
| 68 | 4 | M14 | Brandon Fields, 16, Ely, IA | 26:15 | 8:28 |
| 16 | 8 | W20 | Heather Saldivar, 27*, Cedar Rapids, IA | 26:18 | 8:29 |
| 69 | 14 | M40 | Dave Hughes, 47, Cedar Rapids, IA | 26:19 | 8:29 |
| 17 | 1 | W50 | Sharon Hollinrake, 53* | 26:26 | 8:32 |
| 18 | 2 | W40 | Linnae Hartwig, 43*, Marion, IA | 26:27 | 8:32 |
| 70 | 22 | M20 | Ty Closson, 27, Davenport, IA | 26:28 | 8:32 |
| 19 | 3 | W40 | Leslie French, 44*, Cedar Rapids, IA | 26:47 | 8:38 |
| 20 | 9 | W20 | Natalie Heineman, 29*, Cedar Rapids, IA | 26:49 | 8:39 |
| 21 | 1 | JrW | Paige Holub, 10*, coggon, IA | 26:54 | 8:40 |

| | | | | | |
|---|----|-----|---|-------|------|
| 71 | 23 | M20 | Timothy Wiley, 28 | 26:55 | 8:41 |
| 72 | 17 | M30 | Scott Keeney, 30, Marion, IA | 26:55 | 8:41 |
| 22 | 6 | W30 | Katie McNeme, 30* | 26:55 | 8:41 |
| 23 | 10 | W20 | Jennifer Schinstock, 28*, Marion, IA | 26:55 | 8:41 |
| 73 | 18 | M30 | Doug Slings, 33, Palo, IA | 27:01 | 8:43 |
| 74 | 24 | M20 | Brian Kramer, 28, Atkins, IA | 27:04 | 8:44 |
| 75 | 25 | M20 | David DeWitt, 23, Marion, IA | 27:06 | 8:44 |
| 76 | 15 | M40 | Tom Storey, 42, North Liberty, IA | 27:12 | 8:46 |
| 24 | 7 | W30 | Tara Leavy, 31* | 27:15 | 8:47 |
| 77 | 4 | JrM | Jared Fopma, 11, Marion, IA | 27:21 | 8:49 |
| 25 | 2 | W50 | Patti Sprague, 50*, Mt. Vernon, IA | 27:22 | 8:49 |
| 78 | 5 | JrM | Ethan Jedlieka, 9 | 27:30 | 8:52 |
| 26 | 11 | W20 | Katie Hackbarth, 22*, Cedar Rapids, IA | 27:31 | 8:52 |
| 27 | 8 | W30 | Tara Neal, 38*, Center Point, IA | 27:31 | 8:53 |
| 28 | 2 | W14 | Niky Vahanian, 17*, Cedar Rapids, IA | 27:33 | 8:53 |
| 79 | 16 | M40 | Robert Schmit, 41, Cedar Rapids, IA | 27:37 | 8:54 |
| 80 | 26 | M20 | Michael Barkalow, 27, North Liberty, IA | 27:39 | 8:55 |
| 29 | 9 | W30 | Renee Holub, 38*, coggon, IA | 27:44 | 8:57 |
| 81 | 9 | M50 | Dan Tucker, 59, Cedar Rapids, IA | 27:47 | 8:58 |
| 82 | 19 | M30 | Matt Wells, 34 | 27:51 | 8:59 |
| Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top | | | | | |
| 30 | 10 | W30 | Robin Jones, 35*, Cedar Rapids, IA | 27:57 | 9:01 |
| 83 | 3 | M60 | John Johnson, 67 | 27:59 | 9:02 |
| 31 | 11 | W30 | Kaitlyn Ingraham, 30*, Toddville, IA | 28:00 | 9:02 |
| 84 | 5 | M14 | Zach Twachtmann, 19, Marion, IA | 28:04 | 9:03 |
| 32 | 12 | W30 | Cynthia Marx, 33*, North Liberty, IA | 28:06 | 9:04 |
| 33 | 13 | W30 | Dawn Geary, 30*, Waterloo, IA | 28:10 | 9:05 |
| 85 | 20 | M30 | Shawn Leuck, 31, Cedar Rapids, IA | 28:11 | 9:05 |
| 34 | 14 | W30 | Nancy True, 32*, Robins, IA | 28:16 | 9:07 |
| 86 | 21 | M30 | Robert Swehla, 35, Cedar Rapids, IA | 28:17 | 9:07 |
| 87 | 22 | M30 | Brad Petersen, 39, Robins, IA | 28:25 | 9:10 |
| 35 | 12 | W20 | Amber Stearns, 26*, Newhall, IA | 28:26 | 9:10 |
| 88 | 23 | M30 | Jamie Hampton, 36, Mount Vernon, IA | 28:30 | 9:11 |

| | | | | | |
|----|----|-----|---------------------------------------|-------|------|
| 36 | 15 | W30 | Lori Kramer, 37*, Atkins, IA | 28:32 | 9:12 |
| 37 | 16 | W30 | Tawnie Kerska, 38*, Cedar Rapids, IA | 28:35 | 9:13 |
| 38 | 17 | W30 | Cindy Scott, 30*, Alburnett, IA | 28:48 | 9:17 |
| 39 | 4 | W40 | Elaina Kempin, 43*, Cedar Rapids, IA | 28:50 | 9:18 |
| 40 | 3 | W50 | Linnea Martin, 56*, Marion, IA | 28:52 | 9:18 |
| 41 | 18 | W30 | Stacey Harmsen, 35*, Cedar Rapids, IA | 28:59 | 9:21 |
| 89 | 6 | M14 | Matthew Petersen, 15, Clarence, IA | 29:08 | 9:24 |
| 90 | 24 | M30 | Darren Stearns, 31, Newhall, IA | 29:13 | 9:25 |
| 42 | 19 | W30 | Holly Rowden, 37*, Clinton, IL | 29:14 | 9:26 |
| 43 | 20 | W30 | Tiffany Miller, 33*, Cedar Rapids, IA | 29:17 | 9:27 |
| 44 | 21 | W30 | Piper Gloede, 31* | 29:25 | 9:29 |
| 45 | 22 | W30 | Robin Miell, 35*, Ely, IA | 29:25 | 9:29 |
| 46 | 23 | W30 | Amy Steele, 32*, Cedar Rapids, IA | 29:26 | 9:30 |
| 47 | 5 | W40 | Christina McFadden, 41* | 29:30 | 9:31 |
| 48 | 13 | W20 | Kathleen Poshusta, 27* | 29:33 | 9:32 |
| 49 | 6 | W40 | Vicki Kee, 42*, Coralville, IA | 29:33 | 9:32 |
| 50 | 7 | W40 | Christy Rafson, 41*, Cedar Rapids, IA | 29:43 | 9:35 |
| 51 | 24 | W30 | Amy Dollash, 35* | 29:59 | 9:40 |
| 52 | 3 | W14 | Micki DeWitt, 17*, Rapids City, IL | 30:09 | 9:43 |
| 53 | 14 | W20 | Ann Gleason, 22*, Cedar Rapids, IA | 30:09 | 9:44 |
| 54 | 8 | W40 | Maryann Baldwin, 49*, Marion, IA | 30:14 | 9:45 |
| 55 | 9 | W40 | Julie Kraft, 45* | 30:17 | 9:46 |
| 56 | 10 | W40 | June Loew, 45*, Oelwein, IA | 30:18 | 9:46 |
| 91 | 27 | M20 | Brad Steele, 28, Marion, IA | 30:18 | 9:46 |
| 57 | 15 | W20 | Jennifer Kluesner, 28*, Iowa City, IA | 30:21 | 9:47 |
| 58 | 25 | W30 | Tracy Cole, 35*, Manchester, IA | 30:22 | 9:48 |
| 59 | 11 | W40 | Lisa Flaherty, 47*, Fairfax, IA | 30:24 | 9:48 |
| 60 | 1 | W60 | Peggy Mounce, 62*, Alburnette, IA | 30:32 | 9:51 |
| 61 | 4 | W50 | Becky Steele, 55*, Cedar Rapids, IA | 30:33 | 9:51 |
| 62 | 26 | W30 | Amanda Kramer, 33*, Cedar Rapids, IA | 30:40 | 9:53 |
| 92 | 17 | M40 | Jagat Sandhu, 44, Coralville, IA | 30:41 | 9:54 |
| 63 | 2 | JrW | Rebecca Sandhu, 11*, Coralville, IA | 30:41 | 9:54 |

| | | | | | |
|---|----|-----|---|-------|-------|
| 93 | 28 | M20 | Ryan Groom, 27, Oskaloosa, IA | 30:42 | 9:54 |
| 64 | 12 | W40 | Chris Lerch, 45*, Cedar Rapids, IA | 30:44 | 9:55 |
| 94 | 25 | M30 | Aaron Thompson, 34, Marion, IA | 30:50 | 9:57 |
| 65 | 16 | W20 | Sue Kuennen, 27*, Buffalo, MN | 30:55 | 9:58 |
| 66 | 17 | W20 | Sara Closson, 28*, Davenport, IA | 30:57 | 9:59 |
| 67 | 18 | W20 | Sarah Peters, 27*, Robins, IA | 30:57 | 9:59 |
| Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top | | | | | |
| 68 | 27 | W30 | Jennifer Patton, 37*, Cedar Rapids, IA | 31:01 | 10:00 |
| 69 | 19 | W20 | Katie Dunkelberger, 26*, Cedar Rapids, IA | 31:07 | 10:02 |
| 70 | 28 | W30 | Amy Burge, 30*, Cedar Rapids, IA | 31:13 | 10:04 |
| 71 | 20 | W20 | Erin Gilson, 25*, Marion, IA | 31:13 | 10:04 |
| 95 | 26 | M30 | Kristopher Hudson, 36, Belle Plaine, IA | 31:23 | 10:07 |
| 72 | 29 | W30 | Shawnta Black, 32*, Cedar Rapids, IA | 31:23 | 10:07 |
| 96 | 29 | M20 | Jerry Groom, 28, Marion, IA | 31:28 | 10:09 |
| 97 | 4 | M60 | Wayne Martin, 66, Central City, IA | 31:30 | 10:09 |
| 98 | 30 | M20 | Jason Boyles, 29, Marion, IA | 31:32 | 10:10 |
| 73 | 30 | W30 | Kelly Ruegnitz, 30*, Elkader, IA | 31:41 | 10:13 |
| 74 | 21 | W20 | Abigail Rambo, 20*, Marion, IA | 31:44 | 10:14 |
| 75 | 31 | W30 | Nancy Lukes, 30*, Cedar Rapids, IA | 31:46 | 10:15 |
| 76 | 13 | W40 | Michelle Fields, 44*, Ely, IA | 31:47 | 10:15 |
| 77 | 14 | W40 | Patty Greiner, 49*, Cedar Rapids, IA | 31:51 | 10:16 |
| 99 | 31 | M20 | Sudhanwa Kholgade, 27 | 31:58 | 10:18 |
| 78 | 22 | W20 | Silje Lynne, 26* | 31:58 | 10:19 |
| 100 | 27 | M30 | Mike Kasper, 38, Fairfax, IA | 31:58 | 10:19 |
| 79 | 23 | W20 | Vanessa Krejci, 28*, Cedar Rapids, IA | 31:59 | 10:19 |
| 80 | 15 | W40 | Vicki Petersen, 40*, Clarence, IA | 31:59 | 10:19 |
| 81 | 32 | W30 | Sarah Hefflefinger, 30*, Ely, IA | 31:59 | 10:19 |
| 101 | 28 | M30 | Brian Huber, 36 | 32:00 | 10:19 |
| 82 | 24 | W20 | Amber Ross, 24*, Cedar Rapids, IA | 32:05 | 10:21 |
| 83 | 33 | W30 | Rhoni Jo Barnes, 33*, Cedar Rapids, IA | 32:07 | 10:21 |
| 102 | 32 | M20 | Nathan Nondra, 28, East Dubuque, IL | 32:11 | 10:23 |
| 84 | 16 | W40 | Jennifer Burkart, 43*, Marion, IA | 32:19 | 10:25 |
| 85 | 25 | W20 | Courtney Brown, 20* | 32:31 | 10:29 |

| | | | | | |
|---|----|-----|--|-------|-------|
| 86 | 34 | W30 | Melinda Slings, 30*, Palo, IA | 32:41 | 10:32 |
| 87 | 35 | W30 | Brandi Scott, 30*, Cedar Rapids, IA | 32:43 | 10:33 |
| 88 | 36 | W30 | Angela Krejci, 30*, Cedar Rapids, IA | 32:45 | 10:34 |
| 89 | 26 | W20 | Jessica Stiers, 25* | 32:47 | 10:34 |
| 90 | 37 | W30 | Jennifer Shaeffer, 30*, Cedar Rapids, IA | 32:49 | 10:35 |
| 91 | 38 | W30 | Cheryl Carder, 30*, Cedar Rapids, IA | 32:54 | 10:37 |
| 92 | 27 | W20 | Molly Dvorak, 26*, Iowa City, IA | 32:56 | 10:37 |
| 93 | 28 | W20 | Stephanie Mellor, 26*, Marion, IA | 32:57 | 10:38 |
| 94 | 29 | W20 | Lindsey Trimble, 28*, Cedar Rapids, IA | 32:58 | 10:38 |
| 95 | 39 | W30 | Courtney Packingham, 38*, Center Point, IA | 33:01 | 10:39 |
| 96 | 30 | W20 | Holly Groom, 27*, Marion, IA | 33:11 | 10:42 |
| 97 | 31 | W20 | Kristi Reynolds, 29*, North Liberty, IA | 33:12 | 10:42 |
| 98 | 5 | W50 | Donna Lown, 50*, Cedar Rapids, IA | 33:19 | 10:45 |
| 99 | 32 | W20 | Holly Tyler, 27* | 33:24 | 10:46 |
| 100 | 17 | W40 | Sandra Bachman, 48*, Cedar Rapids, IA | 33:38 | 10:51 |
| 101 | 40 | W30 | Danielle Baxter, 30*, Cedar Rapids, IA | 33:39 | 10:51 |
| 102 | 3 | JrW | Emma Wilson, 11*, Cedar Rapids, IA | 33:46 | 10:54 |
| 103 | 29 | M30 | Josh Reynolds, 31, North Liberty, IA | 33:56 | 10:56 |
| 103 | 41 | W30 | Holly Kinzenbaw, 30*, Blainstown, IA | 34:05 | 10:59 |
| Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top | | | | | |
| 104 | 33 | W20 | Katie Clime, 27*, Cedar Rapids, IA | 34:05 | 11:00 |
| 105 | 2 | W60 | Paula Price, 60* | 34:07 | 11:00 |
| 106 | 42 | W30 | Dusty Gloede, 30*, Cedar Rapids, IA | 34:08 | 11:00 |
| 107 | 34 | W20 | Blair Long, 26*, Cedar Falls, IA | 34:26 | 11:06 |
| 108 | 43 | W30 | Stephanie Engledow, 38*, Marion, IA | 34:39 | 11:10 |
| 109 | 35 | W20 | Brittany Hollander, 24* | 34:43 | 11:12 |
| 104 | 6 | JrM | Jackson Sanor, 13, Cedar Rapids, IA | 35:15 | 11:22 |
| 105 | 7 | JrM | Cooper Sanor, 10, Cedar Rapids, IA | 35:16 | 11:22 |
| 106 | 30 | M30 | Rick Lopata, 30, Center Point, IA | 35:16 | 11:22 |
| 107 | 8 | JrM | Nick Jones, 13, Robins, IA | 35:16 | 11:23 |
| 110 | 44 | W30 | Sarah Hyatt, 37*, Cedar Rapids, IA | 35:26 | 11:26 |
| 111 | 45 | W30 | Marilyn Kruse, 38*, Ft. Madison, IA | 35:27 | 11:26 |

| | | | | | |
|---|----|-----|--|-------|-------|
| 112 | 36 | W20 | Autum Lopata, 29*, Center Point, IA | 35:29 | 11:27 |
| 113 | 37 | W20 | Nicole Bindi, 27*, Marion, IA | 35:41 | 11:30 |
| 114 | 38 | W20 | Nicolette Brink, 26*, Cedar Rapids, IA | 35:59 | 11:36 |
| 108 | 18 | M40 | Doug Wilson, 43, Cedar Rapids, IA | 36:00 | 11:37 |
| 115 | 39 | W20 | Emily Stark, 21*, Denver, IA | 36:54 | 11:54 |
| 116 | 46 | W30 | Lyndsey Maker, 30*, Marion, IA | 37:05 | 11:58 |
| Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top | | | | | |
| 109 | 31 | M30 | Ricardo Resendez, 34, Cedar Rapids, IA | 37:19 | 12:02 |
| 110 | 9 | JrM | Jp Ampey, 12 | 37:32 | 12:06 |
| 111 | 32 | M30 | Rob Kasper, 38 | 37:32 | 12:06 |
| 117 | 47 | W30 | Heather Wright, 35*, Cedar Rapids, IA | 37:35 | 12:07 |
| 118 | 18 | W40 | Denise Christiansen, 42*, Cedar Rapids, IA | 37:35 | 12:07 |
| 119 | 19 | W40 | Janice Jedlieka, 45* | 37:40 | 12:09 |
| 120 | 40 | W20 | Colleen Hinman, 29*, Cedar Rapids, IA | 38:12 | 12:19 |
| 112 | 10 | JrM | John Lorenz, 5, Cedar Rapids, IA | 38:33 | 12:26 |
| 121 | 48 | W30 | Annette Lorenz, 39*, Cedar Rapids, IA | 38:33 | 12:26 |
| 122 | 41 | W20 | Alyssa Bowman, 25*, Swisher, IA | 38:42 | 12:29 |
| 123 | 6 | W50 | Lois Bowman, 52*, Swisher, IA | 38:44 | 12:29 |
| 124 | 42 | W20 | Katie Bellendier, 26*, Cedar Rapids, IA | 38:53 | 12:32 |
| 125 | 49 | W30 | Trisha Lamb, 37*, Cedar Rapids, IA | 39:02 | 12:35 |
| 126 | 4 | W14 | Cassy DeWitt, 19*, Rapids City, IL | 39:03 | 12:36 |
| 127 | 50 | W30 | Ericka Bennett, 37*, North Liberty, IA | 39:04 | 12:36 |
| 128 | 51 | W30 | Dawn Peterson, 39*, Cedar Rapids, IA | 39:10 | 12:38 |
| 129 | 52 | W30 | Jerry Clark, 33* | 39:17 | 12:40 |
| 130 | 53 | W30 | Julie Kasper, 35*, Fairfax, IA | 39:28 | 12:44 |
| 131 | 54 | W30 | Melisa McQuown, 37*, Marion, IA | 39:28 | 12:44 |
| 132 | 55 | W30 | Kristi Oldfield, 34*, Cedar Rapids, IA | 39:29 | 12:44 |
| 113 | 11 | JrM | Benjamin Wilson, 9, Cedar Rapids, IA | 39:39 | 12:47 |
| 133 | 20 | W40 | Angie Wilson, 43*, Cedar Rapids, IA | 39:44 | 12:49 |
| 134 | 56 | W30 | Natalya Resendez, 34*, Cedar Rapids, IA | 39:48 | 12:50 |
| 135 | 5 | W14 | Mackenzie Keiser, 18*, Robins, IA | 39:53 | 12:52 |
| Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top | | | | | |
| 136 | 57 | W30 | Nicole Krajnovich, 34* | 40:21 | 13:01 |

| | | | | | |
|---|----|-----|--|-------|-------|
| 137 | 43 | W20 | Heather Bender, 27* | 40:21 | 13:01 |
| 138 | 21 | W40 | Kim Melheim, 45*, Cedar Rapids, IA | 40:24 | 13:02 |
| 139 | 58 | W30 | Jennifer Cole, 32*, Hiawatha, IA | 40:27 | 13:03 |
| 140 | 3 | W60 | Janice Horak, 64*, Swisher, IA | 40:43 | 13:08 |
| 114 | 33 | M20 | Andrew Lutter, 26 | 41:13 | 13:18 |
| 141 | 22 | W40 | Rebecca Sanor, 40*, Cedar Rapids, IA | 41:24 | 13:21 |
| 142 | 59 | W30 | Abby Clark, 33*, Tipton, IA | 41:24 | 13:21 |
| 143 | 44 | W20 | Angie Mollenhauer, 24*, Marion, IA | 41:26 | 13:22 |
| 144 | 60 | W30 | Luanne Nading, 37*, Cedar Rapids, IA | 41:38 | 13:26 |
| 145 | 7 | W50 | Teresa Hanna, 52*, Forest City, IA | 41:43 | 13:27 |
| 146 | 45 | W20 | Laura Platner, 28* | 41:44 | 13:27 |
| 147 | 46 | W20 | Erica Groom, 26*, Oskaloosa, IA | 41:49 | 13:29 |
| 148 | 47 | W20 | Julie Ruschill, 28* | 41:50 | 13:29 |
| 149 | 48 | W20 | Lauren Vondra, 27*, East Dubuque, IL | 42:10 | 13:36 |
| 150 | 49 | W20 | Amanda Lutter, 24* | 42:58 | 13:52 |
| Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top | | | | | |
| 151 | 4 | JrW | Kaitlyn Gammon, 8*, Cedar Rapids, IA | 43:25 | 14:00 |
| 115 | 33 | M30 | Chad Gammon, 37, Cedar Rapids, IA | 43:25 | 14:00 |
| 116 | 5 | M60 | Harold Schulze, 75, Cedar Rapids, IA | 43:39 | 14:05 |
| 152 | 5 | JrW | McKenna Weldon, 13*, Cedar Rapids, IA | 44:34 | 14:22 |
| 117 | 19 | M40 | James Weldon, 49, Cedar Rapids, IA | 44:36 | 14:23 |
| 118 | 12 | JrM | Ben Fritz, 13, Cedar Rapids, IA | 45:01 | 14:31 |
| 119 | 20 | M40 | Nate Vanderweide, 44, Iowa City, IA | 45:48 | 14:46 |
| 120 | 21 | M40 | Mae Vanderweide, 44, Iowa City, IA | 45:49 | 14:47 |
| 153 | 6 | JrW | Iyanna Batte, 8*, Cedar Rapids, IA | 45:50 | 14:47 |
| 154 | 23 | W40 | Selina Howard, 48*, Cedar Rapids, IA | 46:11 | 14:54 |
| Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top | | | | | |
| 155 | 7 | JrW | McKayla Vander Sanden, 12*, Cedar Rapids, IA | 47:00 | 15:10 |
| 121 | 10 | M50 | Jerry Vander Sanden, 53, Cedar Rapids, IA | 47:02 | 15:10 |
| 122 | 11 | M50 | Tim Hines, 54, Cedar Rapids, IA | 47:54 | 15:27 |
| 156 | 8 | W50 | Sheryl Hines, 54*, Cedar Rapids, IA | 47:54 | 15:27 |

| | | | | | |
|---|----|-----|--|-------|-------|
| 157 | 24 | W40 | Denise VanderSanden, 47*, Cedar Rapids, IA | 49:15 | 15:53 |
| 158 | 25 | W40 | Tracy Nelson, 46*, Oelwein, IA | 49:17 | 15:54 |
| Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top | | | | | |
| 123 | 12 | M50 | James Cavanagh, 55, Clinton, IA | 50:19 | 16:14 |
| 159 | 50 | W20 | Christina Barron, 25*, Marion, IA | 50:24 | 16:15 |
| 160 | 26 | W40 | Vonda Flint, 42*, Cedar Rapids, IA | 50:32 | 16:18 |
| 161 | 27 | W40 | Kim McElree, 46*, Atkins, IA | 50:33 | 16:18 |
| 162 | 61 | W30 | Staci Erickson, 36*, Springville, IA | 50:58 | 16:26 |
| 163 | 9 | W50 | Sandy Parsons, 54*, Marion, IA | 50:58 | 16:26 |
| 164 | 10 | W50 | Jeanie Anderson, 52*, Marion, IA | 51:00 | 16:27 |
| 165 | 28 | W40 | Julie James, 47*, Cedar Rapids, IA | 51:39 | 16:40 |
| 166 | 29 | W40 | Gayle Keiser, 47*, Robins, IA | 51:40 | 16:40 |
| 167 | 62 | W30 | Ann Smith, 38*, Cedar Rapids, IA | 52:06 | 16:48 |
| 168 | 63 | W30 | Ann Roushar, 36*, Cedar Rapids, IA | 52:07 | 16:49 |
| 169 | 64 | W30 | Lisa Smith, 39*, Cedar Rapids, IA | 52:27 | 16:55 |
| Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top | | | | | |
| 170 | 30 | W40 | Heather Dee, 40* | 52:51 | 17:03 |
| 171 | 31 | W40 | Dawn Nelson, 41*, Anamosa, IA | 52:59 | 17:05 |
| 172 | 32 | W40 | Cathy Kearns, 41*, Shellsburg, IA | 53:00 | 17:06 |
| 173 | 65 | W30 | Teresa McAninch, 39*, Burlington, IA | 53:40 | 17:19 |
| 174 | 66 | W30 | Caprice Cordero, 35*, Burlington, IA | 53:49 | 17:21 |
| 175 | 33 | W40 | Cherie Riherd, 49*, Gladstone, IL | 53:50 | 17:22 |
| 176 | 6 | W14 | Marie Crawford, 19*, West Des Moines, IA | 53:54 | 17:23 |
| 177 | 51 | W20 | Danette Riherd, 25*, Gladstone, IL | 53:55 | 17:23 |
| 178 | 52 | W20 | Sarah Mersch, 27*, Cedar Rapids, IA | 54:02 | 17:26 |
| 179 | 53 | W20 | Brooke Boddicker, 21*, Cedar Rapids, IA | 54:03 | 17:26 |
| 180 | 54 | W20 | Rachel Beadle, 25*, Cedar Rapids, IA | 54:03 | 17:26 |
| 181 | 67 | W30 | Kelly Kruse, 34* | 54:26 | 17:33 |
| 124 | 34 | M30 | Jay Duran, 33 | 54:30 | 17:35 |
| 125 | 13 | JrM | Jase Kruse, 6 | 54:32 | 17:35 |
| 182 | 11 | W50 | Susan Carman, 55*, Urbana, IA | 55:00 | 17:44 |
| 183 | 34 | W40 | Kellie Jacobson, 43*, Cedar Rapids, IA | 55:23 | 17:52 |
| 184 | 68 | W30 | Valerie Davis, 39*, Cedar Rapids, IA | 55:24 | 17:52 |

| | | | | | |
|---|----|-----|--|---------|-------|
| 185 | 55 | W20 | Lindsey Guthals, 25*, Cedar Rapids, IA | 55:24 | 17:52 |
| 186 | 12 | W50 | Janene Thompson, 56*, Cedar Rapids, IA | 55:26 | 17:53 |
| 187 | 56 | W20 | Elissa Upah, 29*, Cedar Rapids, IA | 55:31 | 17:54 |
| 188 | 13 | W50 | Sharon Lauterwasser, 51*, Cedar Rapids, IA | 55:32 | 17:55 |
| 189 | 57 | W20 | Sara Lauterwasser, 22*, Cedar Rapids, IA | 55:35 | 17:56 |
| Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top | | | | | |
| 190 | 35 | W40 | Deveir Johnson, 45*, Cedar Rapids, IA | 57:24 | 18:31 |
| 191 | 14 | W50 | Julie Schultz, 55*, Marion, IA | 57:48 | 18:38 |
| 192 | 58 | W20 | Cora Boyle, 28*, Cedar Rapids, IA | 58:51 | 18:59 |
| 193 | 59 | W20 | Nelly Hill, 26*, Cedar Rapids, IA | 58:52 | 18:59 |
| Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top | | | | | |
| 194 | 60 | W20 | Lejla Ford, 24* | 58:53 | 19:00 |
| Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top | | | | | |
| 195 | 61 | W20 | Landy Alencio, 28*, Vinton, IA | 1:05:49 | 21:14 |
| 196 | 62 | W20 | Tara Kelsey, 29*, Vinton, IA | 1:05:51 | 21:14 |

* indicates females

2 finishers among Males (no age given)

13 finishers among Men Under 14

6 finishers among Men 14 - 19

33 finishers among Men 20 - 29

34 finishers among Men 30 - 39

21 finishers among Men 40 - 49

12 finishers among Men 50 - 59

5 finishers among Men 60 & Up

7 finishers among Women Under 14

6 finishers among Women 14 - 19

62 finishers among Women 20 - 29

68 finishers among Women 30 - 39

35 finishers among Women 40 - 49

14 finishers among Women 50 - 59

3 finishers among Women 60 & Up

126 male finishers

195 female finishers

321 total finishers

Return to [home page.](#)