

# 3rd Annual Go the Distance 5K Run/Walk

Marion, IA

April 18, 2009

Results by Kauder Racing

Overall results [here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

## Winners

CLASS		PLACE	PLACE	FINISHER	TIME	PACE
<b>Open Men</b>						
	1	1	M20	Tyler Sullivan, 21, , IA	17:18	5:35
<b>Open Women</b>						
	1	1	W30	Erin Moeller, 31, Mount Vernon, IA	20:35	6:38

## Age Group

CLASS		PLACE	PLACE	FINISHER	TIME	PACE
<b>Men Under 14</b>						
	13	1		Josh Evans, 13, Cedar Rapids, IA	20:05	6:29
	54	2		Austin Bailey, 11, Cedar Rapids, IA	25:28	8:13
	64	3		Quinn Franklin, 12, , IA	26:44	8:37
<b>Men 14 - 19</b>						
	2	1		Bryant Rader, 18, Cedar Rapids, IA	18:10	5:51
	18	2		Sean Kennedy, 15, Robins, IA	20:57	6:45
	91	3		Zach Twachtman, 18, Anamosa, IA	40:01	12:54
<b>Men 20 - 29</b>						
	7	1		Daren Schumaker, 28, Cedar Rapids, IA	19:16	6:13
	10	2		Zac Scherrman, 24, Dubuque, IA	19:46	6:23
	15	3		Trevor Garson, 24, Marion, IA	20:37	6:39
<b>Men 30 - 39</b>						
	4	1		Gregg Hennigan, 30, Coralville, IA	18:31	5:58
	6	2		Louis Pelsang, 34, Iowa City, IA	19:07	6:10
	9	3		Dustin Vasquez, 37, Cedar Rapids, IA	19:44	6:22

**Men 40 - 49**

3	1	Michael Kabela, 42, North Liberty, IA	18:27	5:57
8	2	James Pelsang, 44, Iowa City, IA	19:30	6:17
11	3	Glen Kieler, 44, Cedar Rapids, IA	19:52	6:25

**Men 50 - 59**

5	1	Ron Gierut, 51, Cedar Rapids, IA	18:43	6:02
17	2	Michael Nurre, 55, Cedar Rapids, IA	20:50	6:43
21	3	Colin Flynn, 51, Cedar Rapids, IA	21:06	6:48

**Men 60 & Up**

34	1	Don Utsinger, 62, Cedar Rapids, IA	22:55	7:23
72	2	John Leland, 73, Marion, IA	27:33	8:53
85	3	Jens Nielsen, 75, Oelwein, IA	33:10	10:42

## CLASS

PLACE	PLACE	FINISHER	TIME	PACE
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**Women Under 14**

66	1	Emma Thompson, 13, Cedar Rapids, IA	33:02	10:39
69	2	Emma Smith, 12, Cedar Rapids, IA	33:20	10:45
91	3	Michaela Bailey, 9, Cedar Rapids, IA	43:42	14:06

**Women 14 - 19**

61	1	Lauren Overton, 16, Cedar Rapids, IA	32:12	10:23
79	2	Desiree Elias, 17, Cedar Rapids, IA	37:00	11:56
97	3	Brittany Stepp, 17, Cedar Rapids, IA	45:22	14:38

**Women 20 - 29**

3	1	Alice Saunders, 26, , IA	21:39	6:59
4	2	Kelly Wood, 23, Oxford, IA	23:05	7:27
5	3	Tamara Loan, 28, Cedar Rapids, IA	23:21	7:32

**Women 30 - 39**

10	1	Emily Bloome, 31, Cedar Rapids, IA	24:19	7:51
12	2	Jessica Lipkey, 31, Marion, IA	25:02	8:04
15	3	Mariah Hurley, 32, Cedar Rapids, IA	25:29	8:13

**Women 40 - 49**

2	1	Aimee Jones, 40, Cedar Rapids, IA	20:45	6:42
14	2	Allison Heffern, 49, Cedar Rapids, IA	25:26	8:12

18	3	Linda Wilson, 46, Lisbon, IA	25:51	8:20
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**Women 50 - 59**

26	1	Dottie Gierut, 51, Cedar Rapids, IA	27:20	8:49
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41	2	Patty Shaffer, 52, Alburnett, IA	29:24	9:29
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45	3	Linnea Martin, 55, Marion, IA	29:41	9:34
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**Women 60 & Up**

87	1	Janice Horak, 63, Swisher, IA	42:01	13:33
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94	2	Judy Graham, 60, Cedar Rapids, IA	45:06	14:33
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147	3	Delores Burkart, 69, Marion, IA	1:00:12	19:25
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**Overall Results**

CLASS

PLACE	PLACE	FINISHER	TIME	PACE
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## Individuals

1	OpM	Tyler Sullivan, 21, , IA	17:18	5:35
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2	1 M14	Bryant Rader, 18, Cedar Rapids, IA	18:10	5:51
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3	1 M40	Michael Kabela, 42, North Liberty, IA	18:27	5:57
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4	1 M30	Gregg Hennigan, 30, Coralville, IA	18:31	5:58
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Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [Top](#)

5	1 M50	Ron Gierut, 51, Cedar Rapids, IA	18:43	6:02
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6	2 M30	Louis Pelsang, 34, Iowa City, IA	19:07	6:10
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7	1 M20	Daren Schumaker, 28, Cedar Rapids, IA	19:16	6:13
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8	2 M40	James Pelsang, 44, Iowa City, IA	19:30	6:17
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9	3 M30	Dustin Vasquez, 37, Cedar Rapids, IA	19:44	6:22
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10	2 M20	Zac Scherrman, 24, Dubuque, IA	19:46	6:23
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11	3 M40	Glen Kieler, 44, Cedar Rapids, IA	19:52	6:25
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12	4 M30	Jeremy Elges, 35, Cedar Rapids, IA	20:01	6:27
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13	1 JrM	Josh Evans, 13, Cedar Rapids, IA	20:05	6:29
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14	5 M30	Jeremy Bartlett, 33, Alburnett, IA	20:06	6:29
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1	OpW	Erin Moeller, 31*, Mount Vernon, IA	20:35	6:38
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15	3 M20	Trevor Garson, 24, Marion, IA	20:37	6:39
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2	1 W40	Aimee Jones, 40*, Cedar Rapids, IA	20:45	6:42
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16	4	M20	Ryan Swales, 27, Marion, IA	20:48	6:43
17	2	M50	Michael Nurre, 55, Cedar Rapids, IA	20:50	6:43
18	2	M14	Sean Kennedy, 15, Robins, IA	20:57	6:45
19	6	M30	Jim Berger, 38, Cedar Rapids, IA	20:59	6:46
20	5	M20	Dustin Roberts, 25, , IA	20:59	6:46
21	3	M50	Colin Flynn, 51, Cedar Rapids, IA	21:06	6:48
22	4	M40	Gary Boesenberg, 49, Cedar Rapids, IA	21:07	6:49
23	6	M20	Michael Ozminkowski, 25, Marion, IA	21:23	6:54
24	5	M40	Rick Colton, 48, , IA	21:26	6:55
25	6	M40	Greg Everly, 44, Lisbon, IA	21:27	6:55
26	7	M30	Matt Vasquez, 31, Cedar Rapids, IA	21:33	6:57
3	1	W20	Alice Saunders, 26*, , IA	21:39	6:59

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27	7	M20	Joshua Rapp, 28, Cedar Rapids, IA	21:46	7:01
28	8	M30	Steve Henry, 36, Cedar Rapids, IA	21:51	7:03
29	8	M20	Derek Chaplin, 25, Marion, IA	21:56	7:04
30	9	M30	Andrew Lundy, 32, Cedar Rapids, IA	22:16	7:11
31	7	M40	Ted Smith, 41, Cedar Rapids, IA	22:20	7:12
32	9	M20	John Hackbarth, 26, Cedar Rapids, IA	22:32	7:16
33	8	M40	Chris Evans, 40, Cedar Rapids, IA	22:48	7:21
34	1	M60	Don Utsinger, 62, Cedar Rapids, IA	22:55	7:23
35	4	M50	Kurt Langel, 51, Cedar Rapids, IA	22:56	7:24
36	10	M30	Cory Goldensoph, 32, Cedar Rapids, IA	22:57	7:24
37	11	M30	Dan Duello, 37, Cedar Rapids, IA	23:03	7:26
4	2	W20	Kelly Wood, 23*, Oxford, IA	23:05	7:27
5	3	W20	Tamara Loan, 28*, Cedar Rapids, IA	23:21	7:32
38	5	M50	Warren Feerer, 58, Cedar Rapids, IA	23:38	7:37
6	4	W20	Gina Thomas, 26*, Belle Plaine, IA	23:40	7:38
39	10	M20	Partick Trenary, 29, Davenport, IA	23:42	7:38
40	11	M20	Kyle Holub, 23, Cedar Rapids, IA	23:42	7:39
41	12	M20	Matthew Jensen, 29, Marion, IA	23:50	7:41
7	5	W20	Linda Freiha, 22*, , IA	24:05	7:46
8	6	W20	Keri Schaefer, 20*, Cedar Rapids, IA	24:06	7:46
42	12	M30	Gary Hiler, 38, Marion, IA	24:08	7:47

43	13	M30	Dan Spellerberg, 36, Mount Vernon, IA	24:09	7:47
44	9	M40	Kim Brandt, 49, Newhall, IA	24:10	7:48
9	7	W20	Dawn Guerrero, 25*, Marion, IA	24:16	7:50
10	1	W30	Emily Bloome, 31*, Cedar Rapids, IA	24:19	7:51
45	6	M50	Bruce Bachmann, 59, Cedar Rapids, IA	24:24	7:52
46	7	M50	Scott Seibert, 57, Cedar Rapids, IA	24:40	7:57
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47	10	M40	Bill Freese, 47, Cedar Rapids, IA	24:50	8:01
11	8	W20	Darlene Gonzalez, 26*, Marion, IA	24:54	8:02
48	11	M40	Matthew Doty, 49, Cedar Rapids, IA	24:55	8:02
49	12	M40	Todd Montgomery, 40, , IA	24:56	8:02
50	14	M30	Greg Schluter, 38, Marion, IA	24:57	8:03
12	2	W30	Jessica Lipkey, 31*, Marion, IA	25:02	8:04
51	8	M50	Linley Woelk, 52, Marion, IA	25:02	8:04
52	15	M30	Brent Oleson, 38, Marion, IA	25:05	8:05
53	13	M20	Kevin Hoppe, 29, Hiawatha, IA	25:09	8:07
13	9	W20	Brianna Collins, 26*, Hiawatha, IA	25:16	8:09
14	2	W40	Allison Heffern, 49*, Cedar Rapids, IA	25:26	8:12
54	2	JrM	Austin Bailey, 11, Cedar Rapids, IA	25:28	8:13
15	3	W30	Mariah Hurley, 32*, Cedar Rapids, IA	25:29	8:13
55	14	M20	Philip Morehead, 26, Hiawatha, IA	25:37	8:16
56	9	M50	Mike Fredericks, 56, Hartwick, IA	25:40	8:17
16	10	W20	Kimberly Graham, 28*, Swisher, IA	25:46	8:19
17	4	W30	Sonja Krob, 38*, Lisbon, IA	25:50	8:20
18	3	W40	Linda Wilson, 46*, Lisbon, IA	25:51	8:20
57	13	M40	Rod Crosser, 40, Marion, IA	25:52	8:21
58	16	M30	Mike Adams, 32, Marion, IA	25:53	8:21
59	15	M20	Jaime Guerrero, 27, Marion, IA	25:55	8:21
60	16	M20	Nicholas Wilwert, 29, , IA	25:55	8:22
19	4	W40	Carol Palmer, 40*, Cedar Rapids, IA	26:17	8:28
61	14	M40	Rob Beadle, 45, Marion, IA	26:24	8:31
62	15	M40	Robert Schmit, 40, Cedar Rapids, IA	26:28	8:32
63	17	M30	Troy Belmer, 33, Fairbank, IA	26:37	8:35
64	3	JrM	Quinn Franklin, 12, , IA	26:44	8:37

20	11	W20	Dawn McCormick, 29*, , IA	26:48	8:39
21	5	W40	Patti Sprague, 49*, Mount Vernon, IA	26:50	8:39
22	12	W20	Jenny Ohliger, 26*, Cedar Rapids, IA	26:58	8:42
65	17	M20	Andre Moorman, 27, Cedar Rapids, IA	26:59	8:42
66	16	M40	Joe Kennedy, 40, Robins, IA	26:59	8:42
23	13	W20	Christine Baskerville, 22*, Palo, IA	27:00	8:42
67	18	M30	Robb Loftsgard, 39, Marion, IA	27:02	8:43
68	17	M40	Matt Pieper, 40, Cedar Rapids, IA	27:09	8:45
24	14	W20	Heathur Aanrud, 25*, North Liberty, IA	27:10	8:46
69	18	M20	Zachary Valenta, 28, Cedar Rapids, IA	27:12	8:46
70	18	M40	Scott Tessendorf, 44, Cedar Rapids, IA	27:13	8:47
71	19	M20	Nathan Reinhard, 25, Cedar Rapids, IA	27:19	8:48
25	15	W20	Lindsey Trimble, 27*, Cedar Rapids, IA	27:19	8:49
26	1	W50	Dottie Gierut, 51*, Cedar Rapids, IA	27:20	8:49
27	5	W30	Rachael Crinigan, 37*, Cedar Rapids, IA	27:21	8:49
28	6	W40	Kris Tharp, 43*, Swisher, IA	27:27	8:51
29	6	W30	Tiffany Miller, 32*, Cedar Rapids, IA	27:28	8:51
30	16	W20	Ali Manson, 29*, Manchester, IA	27:29	8:52
72	2	M60	John Leland, 73, Marion, IA	27:33	8:53
31	7	W30	Tonya Johnston, 31*, Cedar Rapids, IA	27:35	8:54
32	8	W30	Tawnie Kerska, 37*, Cedar Rapids, IA	27:36	8:54
73	20	M20	Tim Freeze, 29, Marion, IA	27:53	8:59

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33	17	W20	Betty Holdvogt, 24*, Cedar Rapids, IA	28:00	9:02
34	7	W40	Jackie Bailey, 42*, Cedar Rapids, IA	28:00	9:02
74	19	M30	Jamie Hampton, 35, Mount Vernon, IA	28:05	9:03
75	21	M20	Jonathan Deppe, 26, Cedar Rapids, IA	28:07	9:04
76	22	M20	Matthew Parker, 26, Cedar Rapids, IA	28:19	9:08
77	19	M40	Ramsey Frangul, 44, Marion, IA	28:23	9:09
35	18	W20	Heather Saldivar, 26*, Cedar Rapids, IA	28:28	9:11
36	8	W40	Teresa Mills, 46*, Cedar Rapids, IA	28:32	9:12
78	4	JrM	Alan Hehr, 11, Cedar Rapids, IA	28:47	9:17
37	19	W20	Afton Clark, 25*, Lisbon, IA	28:51	9:18
38	9	W30	Nicole Fiala, 36*, Marion, IA	28:56	9:20

39	10	W30	Robin Miell, 34*, Cedar Rapids, IA	28:58	9:20
79	23	M20	Jonathan Demildt, 26, Cedar Rapids, IA	28:59	9:21
40	20	W20	Trisha Cadenhead, 29*, Hiawatha, IA	29:18	9:27
80	20	M30	Dave Barnart, 36, Cedar Rapids, IA	29:22	9:28
41	2	W50	Patty Shaffer, 52*, Alburnett, IA	29:24	9:29
42	21	W20	Nicole Kress, 24*, Cedar Rapids, IA	29:27	9:30
43	22	W20	Natalie Haller, 26*, Cedar Rapids, IA	29:29	9:31
44	23	W20	Mallori Demildt, 25*, Cedar Rapids, IA	29:40	9:34
45	3	W50	Linnea Martin, 55*, Marion, IA	29:41	9:34
46	24	W20	Colleen Hinman, 28*, Cedar Rapids, IA	29:45	9:36
81	24	M20	Mike Goril, 24, , IA	29:52	9:38
47	25	W20	Angie Shaffer, 20*, Alburnett, IA	30:23	9:48
48	26	W20	Heather Kramer, 24*, Cedar Rapids, IA	30:33	9:51
49	27	W20	Nicole Cathcart, 25*, Marion, IA	30:43	9:54
50	28	W20	Lizabeth Wardzinski, 27*, Cedar Rapids, IA	30:47	9:56
51	11	W30	Maria Freerksen, 35*, Cedar Rapids, IA	30:47	9:56
52	29	W20	Samara Trenary, 25*, Davenport, IA	30:48	9:56
82	21	M30	Matt Schwenn, 35, Atkins, IA	30:48	9:56
53	9	W40	Kelly Everly, 41*, Lisbon, IA	30:54	9:58

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54	30	W20	Cora Boyle, 27*, Cedar Rapids, IA	31:07	10:02
55	31	W20	Nelly Hill, 25*, Cedar Rapids, IA	31:08	10:02
56	12	W30	Becky Barnhart, 37*, Lisbon, IA	31:21	10:07
57	10	W40	Julie Kraft, 44*, Robins, IA	31:25	10:08
58	13	W30	Kristi Hupfeld, 32*, Cedar Rapids, IA	31:47	10:15
59	14	W30	Kimberly Gordon, 38*, Marion, IA	32:01	10:19
83	20	M40	Mark Stewart, 45, Oelwein, IA	32:10	10:22
60	32	W20	Erin Fleege, 23*, Cedar Rapids, IA	32:12	10:23
61	1	W14	Lauren Overton, 16*, Cedar Rapids, IA	32:12	10:23
62	4	W50	Sue Martin, 53*, Chelsea, IA	32:22	10:26
63	33	W20	Cate Konicek, 28*, Cedar Rapids, IA	32:43	10:33
64	34	W20	Amber Ross, 23*, Marion, IA	32:50	10:35
84	22	M30	Kristopher Hudson, 35, , IA	33:00	10:39
65	11	W40	Michelle Davin, 43*, Cedar Rapids, IA	33:01	10:39

66	1 JrW	Emma Thompson, 13*, Cedar Rapids, IA	33:02	10:39
67	35 W20	Alison Herr, 27*, Cedar Rapids, IA	33:02	10:39
85	3 M60	Jens Nielsen, 75, Oelwein, IA	33:10	10:42
86	5 JrM	Carter Berger, 11, Cedar Rapids, IA	33:11	10:42
68	12 W40	Maryann Baldwin, 48*, Marion, IA	33:16	10:44
69	2 JrW	Emma Smith, 12*, Cedar Rapids, IA	33:20	10:45
70	13 W40	Joan Loew, 44*, Oelwein, IA	33:22	10:46
71	36 W20	Katie Clime, 26*, Cedar Rapids, IA	33:40	10:52
72	15 W30	Alyson Mullin, 34*, Marion, IA	34:00	10:58
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a>				
73	37 W20	April Reinhard, 25*, Cedar Rapids, IA	35:04	11:19
87	21 M40	Chris Ludwig, 41, Cedar Rapids, IA	35:09	11:20
74	14 W40	Mary Trenda-Tessendorf, 40*, Cedar Rapids, IA		
			35:18	11:23
75	38 W20	Molly Kerr, 29*, Marion, IA	35:43	11:31
88	25 M20	Jason Strand, 29, Cedar Rapids, IA	35:43	11:31
76	16 W30	Robin Voorhees, 39*, Marion, IA	36:09	11:39
77	17 W30	Dawn Radack, 36*, Robins, IA	36:57	11:55
78	15 W40	Tracie Walker, 44*, Vinton, IA	36:58	11:55
79	2 W14	Desiree Elias, 17*, Cedar Rapids, IA	37:00	11:56
80	16 W40	Michele Maier, 45*, , IA	37:08	11:59
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a>				
81	18 W30	Dawn Janae Peterson, 38*, Cedar Rapids, IA	37:27	12:05
89	22 M40	Tim Hehr, 45, Cedar Rapids, IA	38:01	12:16
82	39 W20	Jennifer Shaeffer, 29*, Cedar Rapids, IA	38:51	12:32
83	40 W20	Jessica Stiers, 24*, Marion, IA	38:52	12:32
84	5 W50	Lois Bowman, 51*, Swisher, IA	39:56	12:53
90	6 JrM	Rocky Bowman, So, Swisher, IA	39:57	12:53
85	17 W40	Amy Blomquist, 40*, Cedar Rapids, IA	39:58	12:53
86	41 W20	Nicole Bindi, 26*, Anamosa, IA	39:59	12:54
91	3 M14	Zach Twachtmann, 18, Anamosa, IA	40:01	12:54
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a>				
92	26 M20	Andrew Toth, 25, Marion, IA	40:41	13:07
87	1 W60	Janice Horak, 63*, Swisher, IA	42:01	13:33



88	42	W20	Evelynn Roussos, 23*, Iowa City, IA	42:29	13:42
89	6	W50	Judy Kietzman, 53*, Eldridge, IA	43:01	13:52
93	10	M50	Bill Kietzman, 52	43:02	13:53
90	19	W30	Jodi Kenney, 36*, Cedar Rapids, IA	43:08	13:55
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a>					
94	7	JrM	Sean Idle, 11, Cedar Rapids, IA	43:28	14:01
95	8	JrM	Eric Idle, 10, Cedar Rapids, IA	43:34	14:03
96	23	M40	Mike Bailey, 45, Cedar Rapids, IA	43:42	14:06
91	3	JrW	Michaela Bailey, 9*, Cedar Rapids, IA	43:42	14:06
92	43	W20	Jenny Snyder, 24*, Hiawatha, IA	44:10	14:15
93	44	W20	Jessica Snyder, 26*, Riverside, IA	44:10	14:15
94	2	W60	Judy Graham, 60*, Cedar Rapids, IA	45:06	14:33
97	11	M50	Dean Panjwani, 54, Marion, IA	45:08	14:33
95	20	W30	Nicole Krajnovich, 33*, Cedar Rapids, IA	45:13	14:35
96	45	W20	Emy Kelly, 27*, Cedar Rapids, IA	45:14	14:35
97	3	W14	Brittany Stepp, 17*, Cedar Rapids, IA	45:22	14:38
98	21	W30	Shelby Burns, 36*	45:46	14:46
99	22	W30	Sarah Hoeger, 38*, Cedar Rapids, IA	45:47	14:46
100	18	W40	Dorothy Bush, 44*, Cedar Rapids, IA	45:48	14:46
101	19	W40	Carrie Welton, 47*, Garwin, IA	46:00	14:50
98	24	M40	Rob Franklin, 44, , IA	46:12	14:54
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a>					
99	25	M40	John McElree, 46, Cedar Rapids, IA	46:40	15:03
102	20	W40	Kim McElree, 45*, Cedar Rapids, IA	46:41	15:04
103	23	W30	Tamara Howe, 34*, Cedar Rapids, IA	46:45	15:05
100	26	M40	Garry Idle, 41, Cedar Rapids, IA	46:46	15:05
104	21	W40	Kim Stringer, 44*, Hiawatha, IA	46:57	15:08
105	24	W30	Annette Lorenz, 38*, Cedar Rapids, IA	47:04	15:11
101	9	JrM	John Lorenz, Sr, Cedar Rapids, IA	47:05	15:11
106	22	W40	Jennifer Burkart, 42*, Marion, IA	47:13	15:14
102	27	M40	Dave Tigges, 41, Cedar Rapids, IA	48:03	15:30
107	25	W30	Valerie Davis, 38*, Cedar Rapids, IA	48:05	15:30
103	12	M50	Timm Haefner, 51, Garrison, IA	48:26	15:37
108	23	W40	Diana Haefner, 48*, Garrison, IA	48:28	15:38

109	24	W40	Peggy Wolfe, 46*, Iowa City, IA	48:29	15:38
110	26	W30	Michel Graham, 37*, Swisher, IA	48:56	15:47
104	28	M40	Curtis Graham, 40, Swisher, IA	48:59	15:48
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111	25	W40	Tamara Beall-Thomas, 49*, Marion, IA	50:14	16:12
112	4	JrW	McKayla Vander Sanden, 11*, Cedar Rapids, IA	50:44	16:22
105	13	M50	Jerry Vander Sanden, 52, Cedar Rapids, IA	50:49	16:23
113	27	W30	Jennifer Conard, 30*, Marion, IA	50:52	16:24
114	28	W30	Shannon Svoboda, 34*, , IA	50:53	16:25
115	29	W30	Dawn Crawford, 31*, Cedar Rapids, IA	51:13	16:31
116	30	W30	Tracey Carney, 38*, Cedar Rapids, IA	51:13	16:31
117	7	W50	JoAn Peterson, 55*, Center Point, IA	51:46	16:42
118	26	W40	Linda Roling, 46*, Bernard, IA	52:26	16:55
119	27	W40	Janice Kurt, 41*, Cascade, IA	52:27	16:55
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120	5	JrW	Olivia Johnston, 13*, Cedar Rapids, IA	52:44	17:00
121	8	W50	Jane E. Boesenberg, 59*, Cedar Rapids, IA	52:44	17:01
106	29	M40	Timothy Van Weelden, 47, Marion, IA	53:05	17:07
122	28	W40	Sali Van Weelden, 43*, Marion, IA	53:06	17:08
123	46	W20	Landy Atencio, 27*, Vinton, IA	54:32	17:35
124	29	W40	Deveri Johnson, 44*, Cedar Rapids, IA	54:41	17:38
125	9	W50	Julie Schultz, 54*, Marion, IA	54:43	17:39
107	14	M50	James Cavanagh, 54, Clinton, IA	54:56	17:43
126	31	W30	Janette Beer, 34*, Cedar Rapids, IA	55:02	17:45
127	32	W30	Ann Smith, 37*, Cedar Rapids, IA	55:11	17:48
128	33	W30	Megan Valenta, 31*, Cedar Rapids, IA	55:12	17:48
129	34	W30	Amy Johnson, 30*, Floyd, IA	55:13	17:49
130	35	W30	Ann Roushar, 35*, Cedar Rapids, IA	55:14	17:49
131	47	W20	Darla Zahradnik, 27*, , IA	55:19	17:50
132	10	W50	Barbara Zahradnik, 55*, , IA	55:19	17:51
133	48	W20	Jennifer Konarske, 28*, Cedar Rapids, IA	55:28	17:53
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134	36	W30	Caprice Cordero, 34*, Burlington, IA	55:51	18:01

135	37	W30	Teresa McAninch, 38*, Burlington, IA	55:51	18:01
136	30	W40	Shari Konarske, 47*, Cedar Rapids, IA	56:20	18:10
137	31	W40	Tracey Kirby, 44*, Cedar Rapids, IA	56:45	18:18
138	49	W20	Megan Thenhaus, 20*, , IA	56:45	18:18
139	50	W20	Shana Freeze, 29*, Marion, IA	56:48	18:19
140	51	W20	Sara Lauterwasser, 21*, Cedar Rapids, IA	56:53	18:21
141	52	W20	Elissa Upah, 28*, Cedar Rapids, IA	57:00	18:23
142	11	W50	Sharon Lauterwasser, 50*, Cedar Rapids, IA	57:05	18:25
143	53	W20	Tori Kloubec, 21*, Cedar Rapids, IA	57:06	18:25