

Get Moving for Healthy Kids *** 5K Run ***

Overall & Divisions

Event: 5K Run

Date: Sunday, August 24, 2014

Location: Iowa City, IA

Weather: Overcast, 100% Humidity, Wind ESE
5-10mph & 70°

[Overall and Age Divisions](#)

Results By: Andrew Kauder, Kauder Racing

<u>Place</u>	<u>Gender</u>	<u>Division</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	1	1 OVM	Tom Novak, M55	Iowa City, IA	21:21	6:52/M	21:18	6:51/M
2	2	1 M30	Adam Gebhart, M33	North Liberty, IA	21:38	6:58/M	21:30	6:55/M
3	3	1 M40	Brian Kirschling, M41	Iowa City, IA	22:36	7:17/M	22:34	7:16/M
4	4	2 M40	Scott Turner, M41	Coralville, IA	22:47	7:20/M	22:46	7:20/M
5	5	1 M50	Hodge Carter, M55	Iowa City, IA	23:04	7:25/M	23:01	7:25/M
6	6	3 M40	Brad Baldes, M43	Coralville, IA	23:34	7:35/M	23:31	7:34/M
7	7	1 M20	Phillip Hansen, M23	Iowa City, IA	23:42	7:38/M	23:39	7:37/M
8	1	1 OVF	Megan Leibforth, F23	Iowa City, IA	23:42	7:38/M	23:38	7:37/M
9	2	1 F20	Marcy Rahn, F28	North Liberty, IA	24:46	7:58/M	24:43	7:57/M
10	3	1 F40	Susanna Strode, F49	Iowa City, IA	25:01	8:03/M	24:58	8:02/M
11	4	2 F20	Tara Adducci, F27	Tiffin, IA	25:59	8:22/M	25:57	8:21/M
12	8	4 M40	Andy Weigel, M42	Iowa City, IA	27:03	8:42/M	26:54	8:40/M
13	9	1 M7	Gavin Benton, M8	North Liberty, IA	27:09	8:44/M	27:06	8:43/M
14	5	1 F30	Lisa Benton, F37	North Liberty, IA	27:09	8:44/M	27:06	8:43/M
15	6	1 F50	Lynne Ikach, F54	Iowa City, IA	27:23	8:49/M	27:21	8:48/M

16	7	2 F30	Elsie Spilman, F38	Lone Tree, IA	27:25	8:50/M	27:18	8:47/M
17	10	1 M10	Brendon Benton, M10	North Liberty, IA	27:34	8:52/M	27:31	8:51/M
18	8	3 F30	Diane Bradford, F38	Iowa City, IA	27:48	8:57/M	27:42	8:55/M
19	11	1 M60	Bill Ostola, M62	Iowa City, IA	27:48	8:57/M	27:42	8:55/M
20	12	2 M50	Michael Shaw, M51	Iowa City, IA	27:49	8:57/M	27:45	8:56/M
21	9	2 F50	Katina Lillios, F53	Iowa City, IA	28:11	9:04/M	28:09	9:04/M
22	10	1 JRF	Laila Fisher, F6	Des Moines, IA	28:15	9:05/M	28:14	9:05/M
23	11	1 F10	Hana Kitazaki, F11	Iowa City, IA	28:32	9:11/M	28:25	9:09/M
24	12	2 F40	Yukiko Hill, F47	Iowa City, IA	28:56	9:19/M	28:52	9:18/M
25	13	3 F50	Cristi Johnson, F56	Iowa City, IA	28:57	9:19/M	28:53	9:18/M
26	13	2 M10	Jack Goedken, M11	Iowa City, IA	28:58	9:19/M	28:57	9:19/M
27	14	2 M7	Daniel Hosp, M9	Iowa City, IA	29:01	9:21/M	28:56	9:19/M
28	15	5 M40	John Hosp, M44	Iowa City, IA	29:02	9:21/M	28:57	9:19/M
29	14	3 F20	Amanda Elliott, F28	North Liberty, IA	29:06	9:22/M	29:00	9:20/M
30	15	4 F30	Malinda Lamb, F38	North Liberty, IA	29:36	9:32/M	29:29	9:30/M
31	16	6 M40	Scott Goedken, M43	Iowa City, IA	29:38	9:32/M	29:37	9:32/M
32	16	3 F40	Tori Breithaupt, F44	Iowa City, IA	30:05	9:41/M	29:49	9:36/M
33	17	4 F40	Susan Eberly, F46	Coralville, IA	30:10	9:43/M	30:06	9:41/M
34	18	5 F30	Anne Schularick, F33	Iowa City, IA	30:26	9:48/M	30:19	9:45/M
35	19	4 F20	Michelle Colpean, F23	Iowa City, IA	30:30	9:49/M	30:25	9:47/M
36	20	6 F30	Kelli Polizzi, F31	Iowa City, IA	31:00	9:59/M	30:58	9:58/M
37	21	1 F7	Natalie Kuhlmann, F9	Iowa City, IA	31:27	10:07/M	31:21	10:05/M
38	17	2 M30	Lucas Kuhlmann, M39	Iowa City, IA	31:30	10:08/M	31:24	10:06/M
39	18	7 M40	Hugo Ortega, M44	Iowa City, IA	31:56	10:17/M	31:49	10:15/M
40	22	2 F10	Jasmine Ortega, F10	Iowa City, IA	31:56	10:17/M	31:50	10:15/M
41	23	5 F40	Michelle Hosp, F47	Iowa City, IA	31:59	10:18/M	31:53	10:16/M
42	24	3 F10	Rylie Baldes, F11	Coralville, IA	32:08	10:21/M	32:04	10:19/M
43	19	3 M7	Mason Van Waning, M9	Coralville, IA	32:10	10:21/M	32:00	10:18/M
44	25	7 F30	Natalie Van Waning, F37	Coralville, IA	32:40	10:31/M	32:31	10:28/M
45	26	6 F40	Janeen Van Etten, F40	Iowa City, IA	33:09	10:40/M	33:00	10:37/M

46	20	3 M10	Kyle Dominy, M10	North Liberty, IA	33:20	10:44/M	33:12	10:41/M
47	21	8 M40	Pat Dominy, M42	North Liberty, IA	33:21	10:44/M	33:13	10:42/M
48	27	8 F30	Bridget Laroche, F32	North Liberty, IA	33:44	10:52/M	33:34	10:48/M
49	22	1 M13	Carson Baldes, M13	Coralville, IA	33:59	10:56/M	33:59	10:56/M
50	23	4 M7	Samuel Showers, M7	Iowa City, IA	34:06	10:58/M	33:58	10:56/M
51	24	3 M30	Jeremy Showers, M39	Iowa City, IA	34:06	10:58/M	33:57	10:56/M
52	25	5 M7	Ethan Truman, M7	Iowa City, IA	34:08	10:59/M	34:01	10:57/M
53	28	7 F40	Julie Truman, F43	Iowa City, IA	34:10	11:00/M	34:02	10:57/M
54	29	9 F30	Sarah Brakke, F36	Iowa City, IA	34:31	11:07/M	34:21	11:03/M
55	30	8 F40	Janice Baldes, F41	Coralville, IA	34:32	11:07/M	34:28	11:06/M
56	31	2 F7	Kaelyn Rickels, F7	North Liberty, IA	34:36	11:08/M	34:27	11:05/M
57	32	10 F30	Amy Larkey-Rickels, F36	North Liberty, IA	34:38	11:09/M	34:29	11:06/M
58	33	4 F50	Donna Hollinger, F53	Iowa City, IA	35:37	11:28/M	35:33	11:27/M
59	34	9 F40	Karen Rietz, F49	Iowa City, IA	36:18	11:41/M	36:10	11:38/M
60	35	11 F30	Molly Adams, F39	Iowa City, IA	36:42	11:49/M	36:36	11:47/M
61	36	3 F7	Nina Kuhlmann, F7	Iowa City, IA	36:42	11:49/M	36:38	11:47/M
62	26	4 M30	Casey Greene, M34	Coralville, IA	36:48	11:51/M	36:36	11:47/M
63	37	5 F20	Kathryn Churchill, F28	Tiffin, IA	37:30	12:04/M	37:29	12:04/M
64	27	2 M13	Brandon Berner, M15	North Liberty, IA	37:53	12:12/M	37:31	12:04/M
65	28	1 JRM	Emerson Berner, M6	North Liberty, IA	37:53	12:12/M	37:29	12:04/M
66	29	9 M40	Scott Berner, M43	North Liberty, IA	37:54	12:12/M	37:31	12:04/M
67	38	12 F30	Rachel Berner, F37	North Liberty, IA	37:54	12:12/M	37:52	12:11/M
68	30	5 M30	Preston Gebhart, M36	North Liberty, IA	38:47	12:29/M	38:39	12:26/M
69	39	13 F30	Jaclyn Ceurvorst, F37	Iowa City, IA	39:58	12:52/M	39:47	12:48/M
70	40	4 F7	Kate Truman, F7	Iowa City, IA	40:40	13:05/M	40:33	13:03/M
71	41	14 F30	Ann Showers, F36	Iowa City, IA	40:40	13:06/M	40:33	13:03/M
72	31	2 JRM	Ethan Sextro, M6	Iowa City, IA	41:18	13:18/M	41:18	13:18/M
74	42	15 F30	Melanie Sextro, F36	Iowa City, IA	41:22	13:19/M	41:22	13:19/M
73	32	3 JRM	Lincoln Sextro, M4	Iowa City, IA	41:22	13:19/M	41:22	13:19/M

75	33	6 M30	Ryan Sextro, M34	Iowa City, IA	41:22	13:19/M	41:22	13:19/M
76	43	5 F50	Diana Lundell, F58	Coralville, IA	41:49	13:28/M	41:37	13:24/M
77	44	5 F7	Elizabeth Morrilly, F8	Iowa City, IA	42:33	13:42/M	42:15	13:36/M
78	45	16 F30	Jennifer Logsdon, F38	Iowa City, IA	43:24	13:58/M	43:10	13:54/M
79	46	17 F30	Holly Greene, F35	Coralville, IA	44:19	14:16/M	44:06	14:12/M
80	47	6 F50	Mary Bontrager, F56	Iowa City, IA	44:46	14:25/M	44:37	14:21/M
81	34	3 M50	David Bontrager, M57	Iowa City, IA	44:46	14:25/M	44:37	14:22/M
82	48	6 F20	Courtney Phelps, F29	Iowa City, IA	45:10	14:32/M	44:56	14:28/M
83	49	6 F7	Elanor Hanna, F8	Iowa City, IA	45:23	14:37/M	45:23	14:37/M
84	50	18 F30	Emily Hanna, F37	Iowa City, IA	45:24	14:37/M	45:24	14:37/M
85	35	6 M7	Ezra Sheldon, M8	Iowa City, IA	46:04	14:50/M	46:03	14:49/M
86	36	4 JRM	Marshall Sheldon, M5	Iowa City, IA	46:19	14:54/M	45:55	14:47/M
87	51	10 F40	Kathryn Morrilly, F44	Iowa City, IA	46:19	14:55/M	46:04	14:50/M
88	52	19 F30	Andrea Sheldon, F38	Iowa City, IA	46:20	14:55/M	46:18	14:54/M
89	53	7 F7	Nao Oya, F9	Iowa City, IA	46:21	14:55/M	46:14	14:53/M
90	54	11 F40	Meredith Rich-Chappell, F40	Iowa City, IA	46:32	14:59/M	46:26	14:57/M
91	55	1 F70	Ellen Buchanan, F76	Iowa City, IA	47:08	15:10/M	47:02	15:08/M
92	56	8 F7	Maya Hanna, F7	Iowa City, IA	49:31	15:56/M	49:31	15:56/M
93	37	10 M40	Eyad Hanna, M40	Iowa City, IA	49:39	15:59/M	49:39	15:59/M
94	38	5 JRM	Michael Hanna, M4	Iowa City, IA	49:39	15:59/M	49:39	15:59/M
95	39	7 M7	Edward Kenyon, M8	Iowa City, IA	49:48	16:02/M	49:39	15:59/M
96	40	11 M40	John Kenyon, M44	Iowa City, IA	49:48	16:02/M	49:38	15:58/M
97	41	1 M70	Arthur Nowak, M77	Iowa City, IA	50:39	16:18/M	50:28	16:15/M
98	57	1 F16	Emma Wortman, F18	Iowa City, IA	51:14	16:29/M	51:09	16:28/M
99	42	4 M50	Eric Wortman, M50	Iowa City, IA	51:14	16:30/M	51:10	16:28/M
100	58	7 F50	Linda Hobart, F58	Iowa City, IA	51:53	16:42/M	51:49	16:41/M
101	43	6 JRM	Daniel Kenyon, M6	Iowa City, IA	52:01	16:45/M	51:51	16:41/M
102	59	12 F40	Mary Kenyon, F40	Iowa City, IA	52:01	16:45/M	51:52	16:42/M
103	60	8 F50	Ginger Hansen, F58	Iowa City, IA	52:44	16:58/M	52:39	16:57/M
104	61	13 F40	Sara Swanson, F43	Riverside, IA	52:51	17:01/M	52:39	16:57/M

105	44	5 M50	Chris Swanson, M53	Riverside, IA	52:51	17:01/M	52:39	16:57/M
106	62	20 F30	Manuela Hernandez, F36	Iowa City, IA	53:04	17:05/M	52:52	17:01/M
107	45	7 M30	Francisco Carbajal, M39	Iowa City, IA	53:04	17:05/M	52:52	17:01/M
108	63	9 F50	Sheila Miller, F59	Iowa City, IA	53:31	17:14/M	53:08	17:06/M
109	46	8 M30	Tory Hunt, M31	Iowa City, IA	53:34	17:15/M	53:13	17:08/M
110	64	10 F50	Margaret Beuter, F59	Iowa City, IA	53:36	17:15/M	53:19	17:10/M
111	65	21 F30	Brooke Buxton, F30	Iowa City, IA	53:36	17:15/M	53:20	17:10/M
112	66	7 F20	Lori Koeppel, F26	Iowa City, IA	54:28	17:32/M	54:07	17:25/M
113	47	2 M20	Josh Koeppel, M26	Iowa City, IA	54:28	17:32/M	54:08	17:25/M
114	48	9 M30	Tony Loeser, M39	Iowa City, IA	55:31	17:52/M	55:17	17:48/M
115	67	22 F30	Jenny Loeser, F38	Iowa City, IA	55:32	17:52/M	55:18	17:48/M
116	68	23 F30	Mariah Ritter, F30	Iowa City, IA	55:38	17:55/M	55:21	17:49/M
117	69	14 F40	Jennifer McHenry, F43	Iowa City, IA	55:39	17:55/M	55:14	17:47/M
118	70	11 F50	Paula Manternach, F50	Iowa City, IA	55:40	17:55/M	55:15	17:47/M
119	71	4 F10	Kaitlyn Johnston, F10	North Liberty, IA	55:54	17:59/M	55:46	17:57/M
120	72	8 F20	Alyssa Rodriguez, F28	Iowa City, IA	58:46	18:55/M	58:46	18:55/M
121	73	12 F50	Elvia Rodriguez, F57	Iowa City, IA	58:46	18:55/M	58:46	18:55/M
122	74	9 F20	Brianna Rodriguez, F28	Iowa City, IA	58:46	18:55/M	58:46	18:55/M
123	49	6 M50	Augie Rodriguez, M57	Iowa City, IA	58:46	18:55/M	58:46	18:55/M
124	75	9 F7	Emily Vogt, F8	Coralville, IA	1:03:31	20:27/M	1:03:31	20:27/M
125	76	15 F40	Nicole Vogt, F42	Coralville, IA	1:03:31	20:27/M	1:03:31	20:27/M
126	77	10 F7	Alexis Vogt, F8	Coralville, IA	1:03:32	20:27/M	1:03:32	20:27/M
127	50	7 JRM	Garrett Vogt, M6	Coralville, IA	1:03:41	20:30/M	1:03:41	20:30/M
128	78	1 F60	Jan Wilson, F60	Iowa City, IA	1:04:02	20:37/M	1:03:40	20:30/M
129	51	2 M60	Thad Wilson, M60	Iowa City, IA	1:04:02	20:37/M	1:03:41	20:30/M
130	52	4 M10	Fernanco Abarca- Mercado, M12	Iowa City, IA	1:05:07	20:58/M	1:05:07	20:58/M
131	79	1 F13	Paola Abarca- Mercado, F14	Iowa City, IA	1:06:08	21:17/M	1:06:08	21:17/M
132	80	2 JRF	Patius Ghabel, F2	Iowa City, IA	1:06:09	21:17/M	1:06:09	21:17/M
133	81	10 F20	Eliza Ghabel, F28	Iowa City, IA	1:06:09	21:18/M	1:06:09	21:18/M
134	53	8 JRM	Cyrus Ghabel, M3	Iowa City, IA	1:06:10	21:18/M	1:06:10	21:18/M

Overall and Age Divisions**Overall Male**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Tom Novak, M55	Iowa City, IA	21:21	6:52/M	21:18	6:51/M

Overall Female

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Megan Leibforth, F23	Iowa City, IA	23:42	7:38/M	23:38	7:37/M

M[6 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Emerson Berner, M6	North Liberty, IA	37:53	12:12/M	37:29	12:04/M
2	Ethan Sextro, M6	Iowa City, IA	41:18	13:18/M	41:18	13:18/M
3	Lincoln Sextro, M4	Iowa City, IA	41:22	13:19/M	41:22	13:19/M
4	Marshall Sheldon, M5	Iowa City, IA	46:19	14:54/M	45:55	14:47/M
5	Michael Hanna, M4	Iowa City, IA	49:39	15:59/M	49:39	15:59/M
6	Daniel Kenyon, M6	Iowa City, IA	52:01	16:45/M	51:51	16:41/M
7	Garrett Vogt, M6	Coralville, IA	1:03:41	20:30/M	1:03:41	20:30/M
8	Cyrus Gabel, M3	Iowa City, IA	1:06:10	21:18/M	1:06:10	21:18/M

F[6 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Laila Fisher, F6	Des Moines, IA	28:15	9:05/M	28:14	9:05/M
2	Patius Gabel, F2	Iowa City, IA	1:06:09	21:17/M	1:06:09	21:17/M

M[7-9]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Gavin Benton, M8	North Liberty, IA	27:09	8:44/M	27:06	8:43/M
2	Daniel Hosp, M9	Iowa City, IA	29:01	9:21/M	28:56	9:19/M
3	Mason Van Waning, M9	Coralville, IA	32:10	10:21/M	32:00	10:18/M
4	Samuel Showers, M7	Iowa City, IA	34:06	10:58/M	33:58	10:56/M
5	Ethan Truman, M7	Iowa City, IA	34:08	10:59/M	34:01	10:57/M
6	Ezra Sheldon, M8	Iowa City, IA	46:04	14:50/M	46:03	14:49/M
7	Edward Kenyon, M8	Iowa City, IA	49:48	16:02/M	49:39	15:59/M

F[7-9]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
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1	Natalie Kuhlmann, F9	Iowa City, IA	31:27	10:07/M	31:21	10:05/M
2	Kaelyn Rickels, F7	North Liberty, IA	34:36	11:08/M	34:27	11:05/M
3	Nina Kuhlmann, F7	Iowa City, IA	36:42	11:49/M	36:38	11:47/M
4	Kate Truman, F7	Iowa City, IA	40:40	13:05/M	40:33	13:03/M
5	Elizabeth Morrilly, F8	Iowa City, IA	42:33	13:42/M	42:15	13:36/M
6	Elanor Hanna, F8	Iowa City, IA	45:23	14:37/M	45:23	14:37/M
7	Nao Oya, F9	Iowa City, IA	46:21	14:55/M	46:14	14:53/M
8	Maya Hanna, F7	Iowa City, IA	49:31	15:56/M	49:31	15:56/M
9	Emily Vogt, F8	Coralville, IA	1:03:31	20:27/M	1:03:31	20:27/M
10	Alexis Vogt, F8	Coralville, IA	1:03:32	20:27/M	1:03:32	20:27/M

M[10-12]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Brendon Benton, M10	North Liberty, IA	27:34	8:52/M	27:31	8:51/M
2	Jack Goedken, M11	Iowa City, IA	28:58	9:19/M	28:57	9:19/M
3	Kyle Dominy, M10	North Liberty, IA	33:20	10:44/M	33:12	10:41/M
4	Fernanco Abarca-Mercado, M12	Iowa City, IA	1:05:07	20:58/M	1:05:07	20:58/M

F[10-12]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Hana Kitazaki, F11	Iowa City, IA	28:32	9:11/M	28:25	9:09/M
2	Jasmine Ortega, F10	Iowa City, IA	31:56	10:17/M	31:50	10:15/M
3	Rylie Baldes, F11	Coralville, IA	32:08	10:21/M	32:04	10:19/M
4	Kaitlyn Johnston, F10	North Liberty, IA	55:54	17:59/M	55:46	17:57/M

M[13-15]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
0	Kolby Greiner, M14	North Liberty, IA	16:57	5:27/M	16:56	5:27/M
1	Carson Baldes, M13	Coralville, IA	33:59	10:56/M	33:59	10:56/M
2	Brandon Berner, M15	North Liberty, IA	37:53	12:12/M	37:31	12:04/M

F[13-15]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Paola Abarca-Mercado, F14	Iowa City, IA	1:06:08	21:17/M	1:06:08	21:17/M

F[16-19]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace</u>	<u>Chip Time</u>	<u>Pace</u>
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				<u>mpm</u>		<u>mpm</u>
1	Emma Wortman, F18	Iowa City, IA	51:14	16:29/M	51:09	16:28/M

M[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Quinlan Syfert, M22	Iowa City, IA	18:07	5:50/M	18:06	5:49/M
2	Adam Bowers, M29	Cedar Rapids, IA	18:29	5:57/M	18:28	5:57/M
1	Phillip Hansen, M23	Iowa City, IA	23:42	7:38/M	23:39	7:37/M
2	Josh Koeppel, M26	Iowa City, IA	54:28	17:32/M	54:08	17:25/M

F[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
0	Stephanie Ivins, F26	Fairfield, IA	16:45	5:24/M	16:43	5:23/M
1	Marcy Rahn, F28	North Liberty, IA	24:46	7:58/M	24:43	7:57/M
2	Tara Adducci, F27	Tiffin, IA	25:59	8:22/M	25:57	8:21/M
3	Amanda Elliott, F28	North Liberty, IA	29:06	9:22/M	29:00	9:20/M
4	Michelle Colpean, F23	Iowa City, IA	30:30	9:49/M	30:25	9:47/M
5	Kathryn Churchill, F28	Tiffin, IA	37:30	12:04/M	37:29	12:04/M
6	Courtney Phelps, F29	Iowa City, IA	45:10	14:32/M	44:56	14:28/M
7	Lori Koeppel, F26	Iowa City, IA	54:28	17:32/M	54:07	17:25/M
8	Alyssa Rodriguez, F28	Iowa City, IA	58:46	18:55/M	58:46	18:55/M
9	Brianna Rodriguez, F28	Iowa City, IA	58:46	18:55/M	58:46	18:55/M
10	Eliza Gabel, F28	Iowa City, IA	1:06:09	21:18/M	1:06:09	21:18/M

M[30-39]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Nathan Graber, M35	Iowa City, IA	18:20	5:54/M	18:19	5:54/M
1	Adam Gebhart, M33	North Liberty, IA	21:38	6:58/M	21:30	6:55/M
2	Lucas Kuhlmann, M39	Iowa City, IA	31:30	10:08/M	31:24	10:06/M
3	Jeremy Showers, M39	Iowa City, IA	34:06	10:58/M	33:57	10:56/M
4	Casey Greene, M34	Coralville, IA	36:48	11:51/M	36:36	11:47/M
5	Preston Gebhart, M36	North Liberty, IA	38:47	12:29/M	38:39	12:26/M
6	Ryan Sextro, M34	Iowa City, IA	41:22	13:19/M	41:22	13:19/M
7	Francisco Carbajal, M39	Iowa City, IA	53:04	17:05/M	52:52	17:01/M
8	Tory Hunt, M31	Iowa City, IA	53:34	17:15/M	53:13	17:08/M
9	Tony Loeser, M39	Iowa City, IA	55:31	17:52/M	55:17	17:48/M

F[30-39]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
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1	Lisa Benton, F37	North Liberty, IA	27:09	8:44/M	27:06	8:43/M
2	Elsie Spilman, F38	Lone Tree, IA	27:25	8:50/M	27:18	8:47/M
3	Diane Bradford, F38	Iowa City, IA	27:48	8:57/M	27:42	8:55/M
4	Malinda Lamb, F38	North Liberty, IA	29:36	9:32/M	29:29	9:30/M
5	Anne Schularick, F33	Iowa City, IA	30:26	9:48/M	30:19	9:45/M
6	Kelli Polizzi, F31	Iowa City, IA	31:00	9:59/M	30:58	9:58/M
7	Natalie Van Waning, F37	Coralville, IA	32:40	10:31/M	32:31	10:28/M
8	Bridget Laroche, F32	North Liberty, IA	33:44	10:52/M	33:34	10:48/M
9	Sarah Brakke, F36	Iowa City, IA	34:31	11:07/M	34:21	11:03/M
10	Amy Larkey-Rickels, F36	North Liberty, IA	34:38	11:09/M	34:29	11:06/M
11	Molly Adams, F39	Iowa City, IA	36:42	11:49/M	36:36	11:47/M
12	Rachel Berner, F37	North Liberty, IA	37:54	12:12/M	37:52	12:11/M
13	Jaclyn Ceurvorst, F37	Iowa City, IA	39:58	12:52/M	39:47	12:48/M
14	Ann Showers, F36	Iowa City, IA	40:40	13:06/M	40:33	13:03/M
15	Melanie Sextro, F36	Iowa City, IA	41:22	13:19/M	41:22	13:19/M
16	Jennifer Logsdon, F38	Iowa City, IA	43:24	13:58/M	43:10	13:54/M
17	Holly Greene, F35	Coralville, IA	44:19	14:16/M	44:06	14:12/M
18	Emily Hanna, F37	Iowa City, IA	45:24	14:37/M	45:24	14:37/M
19	Andrea Sheldon, F38	Iowa City, IA	46:20	14:55/M	46:18	14:54/M
20	Manuela Hernandez, F36	Iowa City, IA	53:04	17:05/M	52:52	17:01/M
21	Brooke Buxton, F30	Iowa City, IA	53:36	17:15/M	53:20	17:10/M
22	Jenny Loeser, F38	Iowa City, IA	55:32	17:52/M	55:18	17:48/M
23	Mariah Ritter, F30	Iowa City, IA	55:38	17:55/M	55:21	17:49/M

M[40-49]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Brian Kirschling, M41	Iowa City, IA	22:36	7:17/M	22:34	7:16/M
2	Scott Turner, M41	Coralville, IA	22:47	7:20/M	22:46	7:20/M
3	Brad Baldes, M43	Coralville, IA	23:34	7:35/M	23:31	7:34/M
4	Andy Weigel, M42	Iowa City, IA	27:03	8:42/M	26:54	8:40/M
5	John Hosp, M44	Iowa City, IA	29:02	9:21/M	28:57	9:19/M
6	Scott Goedken, M43	Iowa City, IA	29:38	9:32/M	29:37	9:32/M
7	Hugo Ortega, M44	Iowa City, IA	31:56	10:17/M	31:49	10:15/M
8	Pat Dominy, M42	North Liberty, IA	33:21	10:44/M	33:13	10:42/M
9	Scott Berner, M43	North Liberty, IA	37:54	12:12/M	37:31	12:04/M
10	Eyad Hanna, M40	Iowa City, IA	49:39	15:59/M	49:39	15:59/M
11	John Kenyon, M44	Iowa City, IA	49:48	16:02/M	49:38	15:58/M

F[40-49]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
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1	Susanna Strode, F49	Iowa City, IA	25:01	8:03/M	24:58	8:02/M
2	Yukiko Hill, F47	Iowa City, IA	28:56	9:19/M	28:52	9:18/M
3	Tori Breithaupt, F44	Iowa City, IA	30:05	9:41/M	29:49	9:36/M
4	Susan Eberly, F46	Coralville, IA	30:10	9:43/M	30:06	9:41/M
5	Michelle Hosp, F47	Iowa City, IA	31:59	10:18/M	31:53	10:16/M
6	Janeen Van Etten, F40	Iowa City, IA	33:09	10:40/M	33:00	10:37/M
7	Julie Truman, F43	Iowa City, IA	34:10	11:00/M	34:02	10:57/M
8	Janice Baldes, F41	Coralville, IA	34:32	11:07/M	34:28	11:06/M
9	Karen Rietz, F49	Iowa City, IA	36:18	11:41/M	36:10	11:38/M
10	Kathryn Morrilly, F44	Iowa City, IA	46:19	14:55/M	46:04	14:50/M
11	Meredith Rich-Chappell, F40	Iowa City, IA	46:32	14:59/M	46:26	14:57/M
12	Mary Kenyon, F40	Iowa City, IA	52:01	16:45/M	51:52	16:42/M
13	Sara Swanson, F43	Riverside, IA	52:51	17:01/M	52:39	16:57/M
14	Jennifer McHenry, F43	Iowa City, IA	55:39	17:55/M	55:14	17:47/M
15	Nicole Vogt, F42	Coralville, IA	1:03:31	20:27/M	1:03:31	20:27/M

M[50-59]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Hodge Carter, M55	Iowa City, IA	23:04	7:25/M	23:01	7:25/M
2	Michael Shaw, M51	Iowa City, IA	27:49	8:57/M	27:45	8:56/M
3	David Bontrager, M57	Iowa City, IA	44:46	14:25/M	44:37	14:22/M
4	Eric Wortman, M50	Iowa City, IA	51:14	16:30/M	51:10	16:28/M
5	Chris Swanson, M53	Riverside, IA	52:51	17:01/M	52:39	16:57/M
6	Augie Rodriguez, M57	Iowa City, IA	58:46	18:55/M	58:46	18:55/M

F[50-59]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Lynne Ikach, F54	Iowa City, IA	27:23	8:49/M	27:21	8:48/M
2	Katina Lillios, F53	Iowa City, IA	28:11	9:04/M	28:09	9:04/M
3	Cristi Johnson, F56	Iowa City, IA	28:57	9:19/M	28:53	9:18/M
4	Donna Hollinger, F53	Iowa City, IA	35:37	11:28/M	35:33	11:27/M
5	Diana Lundell, F58	Coralville, IA	41:49	13:28/M	41:37	13:24/M
6	Mary Bontrager, F56	Iowa City, IA	44:46	14:25/M	44:37	14:21/M
7	Linda Hobart, F58	Iowa City, IA	51:53	16:42/M	51:49	16:41/M
8	Ginger Hansen, F58	Iowa City, IA	52:44	16:58/M	52:39	16:57/M
9	Sheila Miller, F59	Iowa City, IA	53:31	17:14/M	53:08	17:06/M
10	Margaret Beuter, F59	Iowa City, IA	53:36	17:15/M	53:19	17:10/M
11	Paula Manternach, F50	Iowa City, IA	55:40	17:55/M	55:15	17:47/M
12	Elvia Rodriguez, F57	Iowa City, IA	58:46	18:55/M	58:46	18:55/M

M[60-69]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Bill Ostola, M62	Iowa City, IA	27:48	8:57/M	27:42	8:55/M
2	Thad Wilson, M60	Iowa City, IA	1:04:02	20:37/M	1:03:41	20:30/M

F[60-69]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Jan Wilson, F60	Iowa City, IA	1:04:02	20:37/M	1:03:40	20:30/M

M[70 & Over]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Arthur Nowak, M77	Iowa City, IA	50:39	16:18/M	50:28	16:15/M

F[70 & Over]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Ellen Buchanan, F76	Iowa City, IA	47:08	15:10/M	47:02	15:08/M

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