

# GREAT STRIDES RESULTS-2016

West Des Moines, Iowa

10K 5/21

Place	Race #	First	Last	Time	Dist.
1	60	Ryan	Frisbie	37.13	10k
2	56	Rachel	Hawks	45.22	10k
3	77	Paul	Nelson	47.11	10k
4	63	Arien	Mutchler	49.13	10k
5	61	Bill	Holscher	51.1	10k
6	55	Nicholas	Rider	52.53	10k
7	82	John	Chai	57.44	10k
8	66	Chris	Wardyn	58.16	10k
9	92	Amy "schnoops"	Howells	59.48	10k
10	94	Chrissy	Freed	1.00.09	10k
11	93	Lucas	Freed	1.00.10	10k
12	50	Brook	Jones	1.00.44	10k
13	49	Erin	Campney	1.00.44	10k
14	79	Conroy	Smith	1.06.46	10k
15	73	Jenny	Hugunin	1.15.28	10k

5K 5/21

Place	Race #	First	Last	Time	Dist.
1	48	Chris	Dejoode	18.04	5k
2	78	Haris	Kovacevic	19.18	5k
3	65	Lucas	Stangl	20.43	5k
4	86	Nick	O'Brien	20.45	5k
5	88	Jamie	Bricker	22.45	5k
6	62	Kevin	Lair	22.56	5k
7	89	Thomas	Tuttle	24.08	5k
8	75	Jenna	Smith	24.39	5k
9	72	Colby	Harris	24.49	5k
10	84	Houg	Carson	25.01	5k
11	95	Emmett	Schelhaas	25.24	5k
12	47	John	Hughes	25.29	5k
13	87	Rebecca	O'Brien	26.08	5k
14	74	Christina	Schmitt	26.2	5k
15	68	Mckayla	Kurtz	27.54	5k
16	64	Brittany	Smith	27.55	5k
17	53	Ana	Bumgardner	28.4	5k
18	91	Andrea	Rider	31.12	5k
19	81	Abigail	Wilson	31.13	5k
20	80	Tyler	Burhenn	31.14	5k
21	51			31.45	5k
22	58	Morgan	Malloy	33.17	5k
23	59	Dawn	Malloy	33.21	5k
24	97	Lindsey	Ocker	33.35	5k
25	70	Nicholas	Bueb	35.16	5k
26	85	Bruce	Sheriff	35.17	5k

27	52	Theresa	Bringleston	36.17	5k
28	54	Carole	Conway	36.17	5k
29	76	Amanda	Vizcarra	37.3	5k
30	90	Carole	Weltha	48.14	5k
31	69	Kelly	Bueb	58.37	5k
32	71	Elizabeth	White	58.38	5k
33	96	Bill	Ocker	1.26.47	5k

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