

# Freezefest 2012 \*\*\* 5K Run \*\*\* Overall Report

Event: 5K Run

Date: Saturday, February 18, 2012

Location: Marion, Ia

Weather: Cool 30°

Age Group [results here](#) . . . . .

. . . . . [Walk results here](#)

## *Results By: Jeff Mullen*

<u>Place</u>	<u>Gender</u>	<u>Div</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace</u>
1	1	1	OvM Nate Hopp, M29	West Amana, IA	15:25	4:57/M
2	2	1	M30 Mike Nordberg, M31	Cedar Rapids, IA	15:51	5:06/M
3	3	1	M20 Tyler Sullivan, M23	Coralville, IA	16:00	5:09/M
4	4	1	M40 Andrew Kauder, M40	Cedar Rapids, IA	16:36	5:20/M
5	5	2	M20 Pablo Kollmar, M24	Iowa City, IA	16:52	5:25/M
6	6	2	M40 Brett Stephenson, M40	Cedar Rapids, IA	17:16	5:33/M
7	7	2	M30 Joey Richey, M30	Marion, IA	18:00	5:47/M
8	8	1	M25 Craig Goldsmith, M29	Cedar Rapids, IA	18:04	5:48/M
9	9	1	M45 Mike Kabela, M45	North Liberty, IA	18:06	5:49/M
10	10	3	M30 Richard Studer, M33	Wesely, IA	18:10	5:50/M
11	11	2	M25 Zach Cloe, M29	Cedar Rapids, IA	18:16	5:52/M
12	12	2	M45 Michael Hughes, M45	Cedar Rapids, IA	18:38	6:00/M
13	13	1	M50 Ron Gierut, M54	Cedar Rapids, IA	18:44	6:01/M
14	14	2	M50 Don Lansing, M50	Marion, IA	19:13	6:11/M
15	15	4	M30 Ezra Hallam, M33	North Liberty, IA	19:21	6:13/M
16	16	3	M20 Tim Eilers, M24	Cedar Rapids, IA	19:23	6:14/M
17	17	1	M35 Austin Allen, M37	Cedar Rapids, IA	19:27	6:15/M
18	18	1	M65 Peter Mannisi, M65	Fairfield, IA	19:29	6:16/M
19	19	3	M50 Jeff Nietert, M51	Cedar Rapids, IA	19:40	6:19/M
20	20	4	M50 Randy Brecht, M51	Middle Amana, IA	19:45	6:21/M
21	1	1	OvF Alice Anderson, F29	Marion, IA	19:49	6:22/M
22	21	3	M45 Thomas Wolle, M45	Cedar Rapids, IA	19:55	6:24/M
23	22	5	M50 Rick Colton, M51	Marion, IA	19:56	6:25/M

24	23	1	M60	Jim Shimek, M64	Fairfax, IA	19:57	6:25/M
25	24	5	M30	Mike Newman, M33	Cedar Rapids, IA	19:59	6:26/M
26	25	2	M35	Mike Altemeier, M37	Cedar Rapids, IA	20:01	6:26/M
27	26	6	M50	David Robertson, M54	Iowa City, IA	20:03	6:27/M
28	27	4	M45	Joel Fopma, M46	Marion, IA	20:07	6:28/M
29	28	5	M45	Mike Schulte, M47	Cedar Rapids, IA	20:14	6:30/M
30	29	7	M50	Craig Brophy, M51	Cedar Rapids, IA	20:29	6:35/M
31	30	3	M40	Dustin Vasquez, M40	Walford, IA	20:33	6:37/M
32	31	8	M50	Colin Flynn, M54	Cedar Rapids, IA	20:36	6:38/M
33	32	9	M50	Russ Rasmussen, M50	Lisbon, IA	20:46	6:41/M
34	33	10	M50	Phil Stickland, M51	Marion, IA	20:49	6:42/M
35	34	6	M45	David Glessner, M47	Cedar Rapids, IA	20:56	6:44/M
36	35	7	M45	Randy Streegel, M45	Marion, IA	20:58	6:45/M
37	36	3	M35	Christopher Nims, M35	Robins, IA	21:01	6:45/M
38	37	2	M60	Bob Strickland, M61	Marion, IA	21:04	6:46/M
39	2	1	F30	Stacie Merta, F33	Marion, IA	21:09	6:48/M
40	38	8	M45	Brad Thomason, M47	Marion, IA	21:13	6:50/M
41	39	3	M60	Tom Wolf, M63	North Liberty, IA	21:15	6:50/M
42	40	4	M20	Nick Parilo, M22	Marion, IA	21:18	6:51/M
43	41	11	M50	Tom Loch, M54	Edwardsville, IL	21:21	6:52/M
44	3	1	F25	Elizabeth Steele, F27	Norway, IA	21:26	6:54/M
45	42	12	M50	Guy Olson, M54	Cedar Rapids, IA	21:29	6:55/M
46	43	6	M30	Christopher Bauer, M32	Marion, IA	21:32	6:55/M
47	44	9	M45	Ken Sunseri, M45	Cedar Rapids, IA	21:35	6:56/M
48	45	10	M45	John Peters, M46	Cedar Rapids, IA	21:42	6:59/M
49	46	13	M50	James Shell, M52	Hiawatha, IA	21:45	7:00/M
50	47	4	M40	Dave Steines, M44	Mt. Vernon, IA	21:57	7:03/M
51	48	3	M25	Chris Siguenza, M26	Cedar Rapids, IA	21:57	7:04/M
52	4	2	F25	Abby Vozenilek, F25	Cedar Rapids, IA	22:04	7:06/M
53	49	11	M45	Michael Mcelmeel, M48	Cedar Rapids, IA	22:05	7:06/M
54	5	1	F40	Rae Lynn Lamparek, F40	Swisher, IA	22:08	7:07/M
55	50	7	M30	Chip Thurston, M30	Cedar Rapids, IA	22:17	7:10/M
56	51	1	M55	Brad Scott, M59	Marion, IA	22:24	7:12/M
57	52	5	M40	Mark Akers, M41	North Liberty, IA	22:29	7:14/M
58	53	6	M40	Mathieu Cagnard, M40	Cedar Rapids, IA	22:33	7:15/M
59	54	8	M30	Dustin Rahe, M33	Palo, IA	22:34	7:15/M
60	6	2	F30	Ellery Smith, F34	Cedar Rapids, IA	22:37	7:16/M
61	7	1	F20	Kate Tonsfeldt, F23	Cedar Rapids, IA	22:41	7:18/M
62	55	14	M50	Jim Cox, M50	Robins, IA	22:41	7:18/M
63	8	1	F45	Kallie Meyer, F48	Cedar Rapids, IA	22:43	7:18/M
64	9	2	F45	Alice Timmerman, F46	Vinton, IA	22:47	7:20/M
65	10	1	F35	Deidre Nims, F37	Robins, IA	22:50	7:21/M
66	56	5	M20	Grant Stevens, M22	Cedar Rapids, IA	22:51	7:21/M

67	57	4	M25	Levi Kannedy, M27	North Liberty, IA	22:54	7:22/M
68	58	15	M50	Todd Lewison, M51	Cedar Rapids, IA	22:55	7:22/M
69	59	4	M60	Dale Hanna, M62	Center Point, IA	22:57	7:23/M
70	60	12	M45	Scott Hollingsworth, M47	Cedar Rapids, IA	22:57	7:23/M
71	61	5	M25	Chad Grandon, M27	Marion, IA	22:57	7:23/M
72	11	3	F45	Deb Gaddis, F45	Solon, IA	22:59	7:23/M
73	62	6	M25	Chuck Meyer, M25	Cedar Rapids, IA	23:03	7:25/M
74	63	5	M60	Tom Vanberkum, M60	Marion, IA	23:06	7:26/M
75	64	1	JrM	Jace Fopma, M7	Marion, IA	23:11	7:27/M
76	12	3	F30	Jennifer Mccluskey, F32	Cedar Rapids, IA	23:13	7:28/M
77	65	7	M40	Mike Walker, M42	Cedar Rapids, IA	23:14	7:28/M
78	13	2	F35	Mariah Hurley, F35	Cedar Rapids, IA	23:15	7:29/M
79	14	1	F15	Tatyana Breitreuz, F15	Waterloo, IA	23:19	7:30/M
80	66	4	M35	Josh Weeks, M37	Walford, IA	23:20	7:30/M
81	67	2	M55	Joe Mcgrath, M55	Cedar Rapids, IA	23:24	7:32/M
82	15	3	F35	Melissa McMullen, F35	North Liberty, IA	23:26	7:32/M
83	68	16	M50	Dave Breitreuz, M50	Waterloo, IA	23:26	7:32/M
84	69	7	M25	Darrick McLain, M29	Stockport, IA	23:27	7:33/M
85	70	9	M30	Cody Crawford, M32	Marion, IA	23:28	7:33/M
86	71	3	M55	Gary Stangland, M55	Cedar Rapids, IA	23:30	7:33/M
87	72	6	M60	Warren Feerer, M61	Cedar Rapids, IA	23:30	7:33/M
88	16	2	F20	Allison Shedek, F23	iowa City, IA	23:32	7:34/M
89	73	2	M65	Don Utsinger, M65	Cedar Rapids, IA	23:33	7:34/M
90	74	8	M25	Brad Campbell, M27	Marion, IA	23:36	7:35/M
91	75	9	M25	Vincent Hlas, M29	Great Falls, MT	23:38	7:36/M
92	76	13	M45	Jerry Kolb, M49	Peoria, IL	23:40	7:37/M
93	77	10	M30	Dan Wolfe, M33	Cedar Rapids, IA	23:43	7:38/M
94	78	11	M30	Nick Mahoney, M31	Marion, IA	23:44	7:38/M
95	17	4	F35	Laura Nordine, F36	Cedar Rapids, IA	23:44	7:38/M
96	79	17	M50	Ted Olson, M51	Hiawatha, IA	23:48	7:39/M
97	18	1	F55	Muriel Naumann, F56	Iowa City, IA	23:48	7:39/M
98	80	18	M50	John Ogden, M51	Cedar Rapids, IA	23:50	7:40/M
99	81	5	M35	Bradley Runyon, M35	Cedar Rapids, IA	23:51	7:40/M
100	82	14	M45	John Ernst, M47	Cedar Rapids, IA	23:58	7:42/M
101	83	6	M35	Stephen Szewc, M39	Marion, IA	24:00	7:43/M
102	19	2	F40	Lynette Brown, F40	North Liberty, IA	24:01	7:43/M
103	20	4	F30	Lindsey Trimble, F30	Cedar Rapids, IA	24:01	7:44/M
104	84	7	M35	Matt Svenson, M38	Iowa City, IA	24:11	7:47/M
105	21	3	F20	Abby Martin, F24	Lisbon, IA	24:13	7:47/M
106	85	8	M35	Michael Jandik, M37	Marion, IA	24:17	7:49/M
107	86	7	M60	Bruce Bachmann, M62	Cedar Rapids, IA	24:20	7:49/M
108	22	5	F35	Christy Kalous, F35	Marion, IA	24:24	7:51/M
109	87	10	M25	Tyler Rasmussen, M25	Iowa City, IA	24:27	7:52/M
110	88	12	M30	Cris Kilgar, M34	Iowa City, IA	24:31	7:53/M

111	89	19	M50	Doug Thompson, M51	Cedar Rapids, IA	24:32	7:53/M
112	23	4	F20	Sarah Laster, F24	Cedar Rapids, IA	24:35	7:54/M
113	90	11	M25	Daniel Zepeda, M29	North Liberty, IA	24:39	7:56/M
114	91	9	M35	Chad Rosenbohm, M39	Cedar Rapids, IA	24:42	7:57/M
115	24	3	F25	Stacy Champion, F28	Lisbon, IA	24:44	7:57/M
116	92	3	M65	Rodney Raabe, M66	Swisher, IA	24:48	7:59/M
117	93	8	M40	Rob Rust, M41	Cedar Rapids, IA	24:50	7:59/M
118	94	13	M30	Alan Mcmannus, M30	Hiawatha, IA	24:55	8:01/M
119	95	8	M60	Jim Tiedemann, M62	Iowa City, IA	24:59	8:02/M
120	96	6	M20	Christopher Downs, M24	Polk City, IA	25:05	8:04/M
121	25	1	F60	Claudia Scott, F60	Marion, IA	25:07	8:05/M
122	97	20	M50	Lowell Johnson, M51	Cedar Rapids, IA	25:07	8:05/M
123	26	2	F55	Lorrie Copper, F55	Marion, IA	25:07	8:05/M
124	98	15	M45	Scott Montgomery, M46	Coralville, IA	25:07	8:05/M
125	99	21	M50	David Yonda, M53	Dubuque, IA	25:10	8:06/M
126	100	4	M55	Martin I Fiesler, M57	Dubuque, IA	25:10	8:06/M
127	101	14	M30	Shawn Kmetz, M31	Cedar Rapids, IA	25:13	8:07/M
128	102	15	M30	Stacey Brown, M32	Wellman, IA	25:13	8:07/M
129	27	3	F40	Karla Westpheling, F40	Cedar Rapids, IA	25:16	8:08/M
130	103	16	M30	Mark Schmitz, M33	Galesburg, IL	25:17	8:08/M
131	104	2	JrM	Cory Nobles, M10	Cedar Rapids, IA	25:18	8:08/M
132	28	4	F40	Sara Gallery, F40	Troy Mills, IA	25:19	8:09/M
133	29	4	F25	Ashley Thune, F28	Iowa City, IA	25:22	8:10/M
134	30	5	F20	Alexa Schirm, F24	Vinton, IA	25:22	8:10/M
135	31	4	F45	Leslie French, F46	Cedar Rapids, IA	25:28	8:12/M
136	105	5	M55	William Johnson, M56	Iowa City, IA	25:29	8:12/M
137	106	22	M50	Jeff Pick, M50	Cedar Rapids, IA	25:39	8:15/M
138	107	16	M45	Eric Wasson, M49	Cedar Rapids, IA	25:42	8:16/M
139	32	5	F40	Sara Swanson, F41	Riverside, IA	25:47	8:18/M
140	33	5	F45	Laura Sagers, F48	Cedar Rapids, IA	25:48	8:18/M
141	108	17	M30	Adam Peterson, M32	Marion, IA	25:51	8:19/M
142	34	5	F30	Noreen Thurston, F34	Cedar Rapids, IA	25:53	8:19/M
143	109	9	M40	Dan Haugen, M41	Cedar Rapids, IA	25:53	8:19/M
144	110	12	M25	Kaleb Dirico, M25	Ames, IA	25:55	8:20/M
145	111	1	M15	Matthew Williams, M17	Marion, IA	25:58	8:21/M
146	112	13	M25	Brian Cain, M27	Cedar Rapids, IA	26:04	8:23/M
147	113	10	M35	Dave Carpenter, M36	Hiawatha, IA	26:06	8:24/M
148	114	14	M25	Adam Ibrahim, M28	Cedar Rapids, IA	26:08	8:24/M
149	115	17	M45	Dave Wallace, M48	Homestead, IA	26:13	8:26/M
150	35	6	F45	Sarah Williams, F45	Marion, IA	26:14	8:26/M
151	36	6	F40	Cathy Steines, F42	Mt.Vernon, IA	26:16	8:27/M
152	116	6	M55	Terry Arnold, M57	Cedar Rapids, IA	26:18	8:27/M
153	117	18	M30	Todd Walker, M34	Marion, IA	26:22	8:29/M

154	118	9	M60	Dan Tucker, M60	Cedar Rapids, IA	26:24	8:30/M
155	37	7	F40	Kelly Jensen, F41	Toddville, IA	26:25	8:30/M
156	38	8	F40	Nancy Egger van hemert, F43	Muscatine, IA	26:25	8:30/M
157	119	10	M40	Christopher Kellett, M41	Muscatine, IA	26:26	8:30/M
158	120	23	M50	Dave Filip, M50	Cedar Rapids, IA	26:27	8:31/M
159	121	18	M45	Dale Jensen, M47	Toddville, IA	26:28	8:31/M
160	39	5	F25	Brittany Oglesby, F25	Center Point, IA	26:30	8:32/M
161	122	10	M60	Roy Gaddis, M62	Solon, IA	26:33	8:32/M
162	123	19	M30	Robert Lancaster, M32	Cedar Rapids, IA	26:38	8:34/M
163	124	11	M35	Matthew Van maanen, M39	Cedar Rapids, IA	26:39	8:34/M
164	40	6	F20	Sarah Olsem, F24	Solon, IA	26:41	8:35/M
165	125	20	M30	Clark Kopelman, M31	Coralville, IA	26:45	8:36/M
166	126	7	M55	Doug Lord, M56	Lisbon, IA	26:49	8:38/M
167	41	1	F50	Patti Sprague, F52	Mt.Vernon, IA	26:53	8:39/M
168	127	11	M60	Dick Morrison, M63	Cedar Rapids, IA	26:53	8:39/M
169	128	15	M25	Kevin Kmetz, M28	Minneapolis, MN	26:53	8:39/M
170	42	6	F35	Rachael Kane, F39	Marion, IA	26:58	8:40/M
171	43	7	F20	Sarah Doggett, F20	Coralville, IA	26:59	8:41/M
172	129	11	M40	Brian Tharp, M40	Swisher, IA	27:02	8:42/M
173	44	8	F20	Jessica Haerther, F24	Atkins, IA	27:04	8:42/M
174	45	6	F25	Leigh Freidhof, F25	Cresco, IA	27:05	8:43/M
175	46	9	F20	Cassie Oberhoffer, F23	Marion, IA	27:06	8:43/M
176	47	7	F45	Kris Tharp, F45	Swisher, IA	27:07	8:43/M
177	130	16	M25	Chris Darville, M26	Marion, IA	27:11	8:45/M
178	48	7	F25	Stepany Coleman, F26	North Liberty, IA	27:12	8:45/M
179	49	8	F45	Margie Ward, F47	Burlington, IA	27:15	8:46/M
180	131	21	M30	David Walker, M33	Marion, IA	27:18	8:47/M
181	132	12	M40	Chris Roling, M40	Marion, IA	27:22	8:48/M
182	133	13	M40	Shannon Bisgard, M43	Marion, IA	27:25	8:49/M
183	50	9	F45	Lisa Flaherty, F49	Fairfax, IA	27:28	8:50/M
184	134	7	M20	Daniel Kmetz, M23	Minneapolis, MN	27:30	8:51/M
185	51	9	F40	Elaina Kempin, F44	Cedar Rapids, IA	27:30	8:51/M
186	52	6	F30	Katie Kensinger, F31	Marion, IA	27:32	8:51/M
187	135	24	M50	Dave Murray, M50	Marion, IA	27:33	8:52/M
188	136	8	M20	Steve Murray, M24	Cedar Rapids, IA	27:35	8:52/M
189	53	7	F30	Teyobesta Tewabe, F31	Coralville, IA	27:35	8:52/M
190	54	8	F25	Bobbie Williams, F26	Cedar Rapids, IA	27:40	8:54/M
191	137	8	M55	Steve Hershner, M56	Cedar Rapids, IA	27:41	8:54/M
192	138	14	M40	David Drury, M43	Cedar Rapids, IA	27:41	8:54/M
193	55	1	JrF	Lyelia Frey, F12	Cedar Rapids, IA	27:45	8:56/M
194	56	9	F25	Ashley Hesson, F28	Vinton, IA	27:45	8:56/M
195	57	10	F40	Monica Frey, F40	Cedar Rapids, IA	27:46	8:56/M
196	139	12	M35	Chad Gamon, M39	Cedar Rapids, IA	27:46	8:56/M

197	58	8	F30	Jennifer Duffy, F32	Cedar Rapids, IA	27:46	8:56/M
198	59	2	F50	Deanna Haddy, F51	Cedar Rapids, IA	27:50	8:57/M
199	140	15	M40	Stephan Dupuy, M44	Marion, IA	27:52	8:58/M
200	60	10	F25	Wendy Petrina, F29	Marion, IA	27:53	8:58/M
201	61	11	F40	Lora Breitbach, F41	Cedar Rapids, IA	27:54	8:58/M
202	141	25	M50	Chris Swanson, M50	Riverside, IA	27:59	9:00/M
203	62	9	F30	Stephanie Tarvestad, F34	Cedar Rapids, IA	28:01	9:01/M
204	142	22	M30	Eric Forman, M30	Cedar Rapids, IA	28:03	9:01/M
205	143	23	M30	Dan Bullard, M32	Cedar Rapids, IA	28:05	9:02/M
206	63	3	F50	Lisa Ogden, F50	Cedar Rapids, IA	28:07	9:03/M
207	64	12	F40	Angie Tharp, F41	Vinton, IA	28:08	9:03/M
208	65	11	F25	Meredith Cain, F27	Cedar Rapids, IA	28:11	9:04/M
209	66	10	F30	Tiffany Inghram, F32	Danville, IA	28:12	9:04/M
210	67	7	F35	Michelle Clark, F39	Iowa City, IA	28:15	9:05/M
211	68	11	F30	Brandi Scott, F32	Cedar Rapids, IA	28:17	9:06/M
212	69	12	F30	Jennifer Meyer, F32	Marion, IA	28:20	9:07/M
213	144	16	M40	Ryan Tresnak, M40	Vinton, IA	28:25	9:09/M
214	145	1	M70	Ron Thomason, M71	Cedar Rapids, IA	28:28	9:09/M
215	70	2	F15	Elizabeth Breitreuz, F16	Waterloo, IA	28:34	9:11/M
216	71	10	F20	Christine Smith, F23	Atkins, IA	28:35	9:12/M
217	72	4	F50	Vicki Kijewski, F51	Iowa City, IA	28:38	9:13/M
218	146	26	M50	Peter Zeschke, M50	Cedar Falls, IA	28:39	9:13/M
219	73	12	F25	Amber Schouten, F29	Cedar Rapids, IA	28:40	9:13/M
220	74	10	F45	Robyn Netz, F49	Cedar Rapids, IA	28:42	9:14/M
221	75	8	F35	Courtney Pakingham, F39	Center Point, IA	28:45	9:15/M
222	76	13	F25	Lisa Bunnell, F29	Cedar Rapids, IA	28:53	9:17/M
223	77	14	F25	Chelsey Heidemann, F27	Cedar Rapids, IA	28:53	9:17/M
224	78	9	F35	Kim Rouse, F37	Vinton, IA	28:57	9:19/M
225	79	5	F50	Patty Greiner, F50	Cedar Rapids, IA	28:59	9:19/M
226	80	13	F30	Kelly Spencer, F32	Cedar Rapids, IA	29:08	9:22/M
227	147	19	M45	Ken White, M47	Cedar Rapids, IA	29:13	9:24/M
228	81	11	F20	Laura Blythe, F23	Marion, IA	29:27	9:28/M
229	82	11	F45	Robin Squires, F46	Center Point, IA	29:41	9:33/M
230	83	14	F30	Heidi Cordes, F30	Marion, IA	29:42	9:33/M
231	148	9	M55	Tom Mohan, M55	Hiawatha, IA	29:42	9:33/M
232	149	17	M40	Jeff Chase, M42	Danville, IA	29:42	9:33/M
233	150	13	M35	Corey Dietz, M38	Cedar Rapids, IA	29:43	9:34/M
234	151	18	M40	Brian Long, M43	Cedar Rapids, IA	29:49	9:35/M
235	84	6	F50	Dottie Gierut, F54	Cedar Rapids, IA	29:50	9:36/M
236	85	10	F35	Roseanne Ricke, F39	Lisbon, IA	29:54	9:37/M
237	152	3	JrM	Gavin Brincks, M8	Center Point, IA	30:00	9:39/M
238	153	10	M55	Dennis Brown, M55	Wellman, IA	30:00	9:39/M

239	86	15	F30	Bree Williams, F31	Cedar Rapids, IA	30:04	9:40/M
240	87	12	F45	Maureen Kenney, F49	Cedar Rapids, IA	30:05	9:41/M
241	88	16	F30	Alicia Schiller, F33	West Point, IA	30:07	9:41/M
242	154	20	M45	Scott Jacobs, M46	Marion, IA	30:11	9:43/M
243	155	21	M45	Mark Neary, M48	Iowa City, IA	30:15	9:44/M
244	89	13	F40	Rae ann Manternach, F43	Monticello, IA	30:15	9:44/M
245	90	7	F50	Terri Balvin, F50	Cedar Rapids, IA	30:23	9:46/M
246	91	14	F40	Amber Mulnix, F43	Walker, IA	30:24	9:47/M
247	156	4	M65	James Meister, M68	Cedar Rapids, IA	30:26	9:47/M
248	92	15	F40	Maria Averkamp, F43	Cedar Rapids, IA	30:27	9:48/M
249	157	17	M25	Adam Stomp, M29	Cedar Rapids, IA	30:31	9:49/M
250	93	17	F30	Amanda Stenkamp, F31	Hiawatha, IA	30:34	9:50/M
251	158	24	M30	Mitch Stenkamp, M31	Hiawatha, IA	30:34	9:50/M
252	94	11	F35	Diane White, F39	Cedar Rapids, IA	30:34	9:50/M
253	95	13	F45	Tina Vasquez, F46	Vinton, IA	30:39	9:52/M
254	96	14	F45	Tracy Schmidt, F45	Williamsburg, IA	30:39	9:52/M
255	159	14	M35	Matt Barthelme, M38	Robins, IA	30:41	9:52/M
256	97	2	F60	Shari Hintermeister, F62	North Liberty, IA	30:49	9:55/M
257	98	18	F30	Lesley Stomp, F31	Cedar Rapids, IA	30:51	9:55/M
258	160	15	M35	Sean Meloy, M39	Cedar Rapids, IA	30:51	9:55/M
259	161	27	M50	Dave Draker, M52	Cedar Rapids, IA	30:54	9:56/M
260	99	15	F45	Teresa Cooper, F49	Cedar Rapids, IA	31:01	9:59/M
261	100	3	F60	Dorie Kelchen, F64	Marion, IA	31:12	10:02/M
262	162	25	M30	Jason Boyles, M31	Marion, IA	31:22	10:05/M
263	101	15	F25	Gretchen Mclain, F29	Stockport, IA	31:27	10:07/M
264	102	12	F35	Hillierie Duffie, F39	Cedar Rapids, IA	31:34	10:09/M
265	103	16	F45	Jenny Burkart, F45	Marion, IA	31:36	10:10/M
266	163	22	M45	Gary Lamparek, M48	Cedar Rapids, IA	31:43	10:12/M
267	104	17	F45	Johnna Neary, F47	Iowa City, IA	31:55	10:16/M
268	105	16	F40	Tamara Szewc, F44	Marion, IA	31:58	10:17/M
269	106	18	F45	Pam Stafford-Culp, F49	Center Point, IA	32:06	10:20/M
270	107	17	F40	Tracey Riddell, F40	Cedar Rapids, IA	32:12	10:22/M
271	164	19	M40	Tim Riddell, M42	Cedar Rapids, IA	32:12	10:22/M
272	165	20	M40	Rob Schmitt, M43	Cedar Rapids, IA	32:15	10:23/M
273	108	19	F30	Karissa Brincks, F34	Center Point, IA	32:18	10:24/M
274	166	9	M20	Nathan Phillips, M22	North Liberty, IA	32:20	10:24/M
275	167	16	M35	Chad Weber, M36	Cedar Rapids, IA	32:33	10:28/M
276	109	16	F25	Candice Dietz, F29	Cedar Rapids, IA	32:39	10:30/M
277	110	12	F20	Sarah Sadler, F23	Cedar Rapids, IA	33:12	10:41/M
278	111	18	F40	Sherrie Dotson, F41	Morning Sun, IA	33:17	10:42/M
279	168	17	M35	Jason Lemley, M38	Coggen, IA	33:24	10:45/M
280	112	13	F35	Camille Meyer, F35	Cedar Rapids, IA	33:36	10:49/M
281	113	20	F30	Kara Hinz, F31	Cedar Rapids, IA	33:56	10:55/M
282	114	14	F35	Marcey Liebe, F38	Center Point, IA	33:56	10:55/M

283	115	19	F45	Nancy Serrot, F45	Hiawatha, IA	34:01	10:56/M
284	116	20	F45	Carol Meade, F45	Newhall, IA	34:06	10:58/M
285	169	18	M35	Dan Tapken, M35	Monticello, IA	34:10	11:00/M
286	170	4	JrM	Jonah Hallam, M8	North Liberty, IA	34:16	11:01/M
287	117	17	F25	Erika Brighi, F26	Marion, IA	34:25	11:04/M
288	118	21	F30	Tawsha Wagner, F30	Morning Sun, IA	34:26	11:05/M
289	119	18	F25	April Ogden, F29	Cedar Rapids, IA	34:27	11:05/M
290	120	22	F30	Kristin Tapken, F34	Cedar Rapids, IA	34:30	11:06/M
291	121	21	F45	Janine Wasson, F45	Cedar Rapids, IA	34:33	11:07/M
292	122	23	F30	Gina Fisher, F30	Hiawatha, IA	34:40	11:09/M
293	171	5	JrM	Bryston Raue, M9	Shellsburg, IA	35:04	11:17/M
294	123	24	F30	Vanessa Raue, F32	Shellsburg, IA	35:04	11:17/M
295	172	28	M50	Kevin Mohler, M50	Marion, IA	35:08	11:18/M
296	124	3	F55	Kim Isbell, F56	Vinton, IA	35:56	11:34/M
297	125	25	F30	Karesha Domine, F32	Cedar Rapids, IA	35:56	11:34/M
298	126	19	F25	Sara Gustason, F27	Cedar Rapids, IA	36:02	11:36/M
299	127	26	F30	Denise Miller, F32	Hiawatha, IA	37:30	12:04/M
300	173	19	M35	James Mceniny, M36	Marion, IA	37:30	12:04/M
301	128	22	F45	Lori Miene, F46	Cedar Rapids, IA	37:44	12:08/M
302	129	19	F40	Jody Rausch, F43	Robins, IA	37:44	12:08/M
303	174	23	M45	Eddie Skaggs, M45	Cedar Rapids, IA	37:55	12:12/M
304	130	13	F20	Kaitlyn Skaggs, F23	Cedar Rapids, IA	37:56	12:12/M
305	131	2	JrF	Annabelle Hallam, F9	North Liberty, IA	38:04	12:15/M
306	132	3	JrF	Grace Hallam, F6	North Liberty, IA	38:11	12:17/M
307	175	10	M20	Grant Munday, M20	Iowa City, IA	39:22	12:40/M
308	133	20	F25	Megan Webster, F27	Walker, IA	40:54	13:10/M
309	134	15	F35	Rhonijo Barnes, F35	Cedar Rapids, IA	45:06	14:31/M
310	135	8	F50	Julie Shimek, F52	Fairfax, IA	46:37	15:00/M
311	176	21	M40	Mike Regan, M43	Iowa City, IA	47:03	15:08/M
312	136	27	F30	Angie Cook, F32	Marion, IA	47:28	15:16/M
313	177	24	M45	Jim Bevins, M45	Marion, IA	48:02	15:27/M
314	178	26	M30	Chris Chemey, M31	Cedar Rapids, IA	50:26	16:14/M
315	137	16	F35	Jen Chemey, F35	Cedar Rapids, IA	50:26	16:14/M

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