

# 2007 CVRA Freezefest 5K Run/Walk

Squaw Creek Park, Marion, IA

March 18, 2007

sunny, slight breeze

Results by Kauder Racing

Click on the "pace" links to move about the results. Use the Find option of your browser to find someone's name.

PLACE	CLASS	FINISHER	TIME	PACE
Open Men				
1	1 M45	Phil Kauder, 46	17:07.3	5:31

Open Women				
1	1 W25	Courtney Cameron, 26	19:51.4	6:24

PLACE	CLASS	FINISHER	TIME	PACE
Men Under 20				
2	1 JrM	Aaron Schmidt, 17	17:35.3	5:40
29	2 JrM	Colton Cortez, 11	22:18.2	7:12
48	3 JrM	Calvin Brophy, 14	26:51.0	8:40

Men 20 - 24				
6	1 M20	Kyle Rickels, 24	18:20.6	5:55
16	2 M20	John Hackbarth, 24	20:23.5	6:35
27	3 M20	Robby Marvin, 23	21:36.9	6:58

Men 25 - 29				
5	1 M25	Joseph Richey, 25	18:18.5	5:54
23	2 M25	David Moyes, 28	21:14.4	6:51
26	3 M25	Russell Binder, 29	21:29.9	6:56

Men 30 - 34				
7	1 M30	David Thatcher, 32	18:37.3	6:00
11	2 M30	Kent Miskimen, 34	19:13.8	6:12
12	3 M30	Michael Wright, 33	19:21.3	6:15

Men 35 - 39				
4	1 M35	Lyle Murray, 35	18:09.0	5:51
9	2 M35	Andrew Kauder, 35	18:55.3	6:06
47	3 M35	Brian Long, 38	26:22.0	8:30

Men 40 - 44				
3	1 M40	Michael Newhouse, 42	17:58.8	5:48
8	2 M40	Bill Bennett, 41	18:46.4	6:03
10	3 M40	John Armon, 40	19:04.6	6:09

Men 45 - 49				
14	1 M45	Guy Olson, 49	19:59.1	6:27
21	2 M45	Craig Brophy, 46	20:49.7	6:43

28	3	M45	Darl Van Rheen, 45	21:46.5	7:01
Men 50 - 54					
24	1	M50	Michael Nurre, 53	21:16.7	6:52
25	2	M50	Linley Woelk, 50	21:18.5	6:52
31	3	M50	Mark Franke, 52	22:32.1	7:16
Men 55 - 59					
15	1	M55	Jim Shimek, 59	20:16.5	6:32
18	2	M55	Michael Tometich, 55	20:35.1	6:38
19	3	M55	Bob Strickland, 56	20:37.2	6:39
Men 60 - 69					
40	1	M60	Jerry Elsea, 66	23:59.0	7:44
54	2	M60	James Shaidnagle, 62	28:23.0	9:09
55	3	M60	Wayne Martin, 63	29:01.0	9:22
CLASS					
PLACE	PLACE		FINISHER	TIME	PACE
Women Under 20					
28	1	JrW	Rachel Brant, 15	41:23.0	13:21
Women 20 - 24					
4	1	W20	Elizabeth Wiebold, 22	21:53.3	7:04
8	2	W20	Ashley Hartkemeyer, 23	23:50.0	7:41
Women 25 - 29					
19	1	W25	Erica Hageman, 29	28:48.0	9:17
22	2	W25	Sarah Hefflefinger, 27	30:47.0	9:56
26	3	W25	Amy Smith, 28	34:37.0	11:10
Women 30 - 34					
2	1	W30	Carrie Ridenour, 33	20:17.7	6:33
3	2	W30	Gretchen Lawler, 33	21:15.1	6:51
6	3	W30	Cynthia Severs, 30	23:06.9	7:27
Women 35 - 39					
15	1	W35	Sara Gallery, 35	26:31.0	8:33
20	2	W35	Jodi Weiss, 35	29:09.0	9:24
23	3	W35	Julia Schreckengast, 35	30:57.0	9:59
Women 40 - 44					
7	1	W40	Deb Gaddis, 41	23:33.0	7:36
10	2	W40	Carmen Wharton, 41	24:34.0	7:56
13	3	W40	Sarah Williams, 40	24:57.0	8:03
Women 45 - 49					
9	1	W45	Tina Becker, 45	24:31.0	7:55
24	2	W45	Cathy Sladek, 48	33:36.0	10:50
Women 50 - 54					
5	1	W50	Muriel Naumann, 51	22:42.6	7:20
16	2	W50	Cindy Luse, 50	27:01.0	8:43
18	3	W50	Ann Vestle, 52	27:27.0	8:51
Women 55 - 59					
14	1	W55	Claudia Scott, 55	25:20.0	8:10
25	2	W55	Peggy Mounce, 59	34:36.0	11:10
31	3	W55	Mary Johnston, 59	45:32.0	14:41
Women 60 - 69					
32	1	W60	Linda Sundermeyer, 60	51:12.0	16:31
33	2	W60	Sharon Murphy, 62	51:12.0	16:31

PLACE	CLASS	FINISHER	TIME	PACE
1		Phil Kauder, 46	17:07.3	5:31
2	1 JrM	Aaron Schmidt, 17	17:35.3	5:40
3	1 M40	Michael Newhouse, 42	17:58.8	5:48
4	1 M35	Lyle Murray, 35	18:09.0	5:51
5	1 M25	Joseph Richey, 25	18:18.5	5:54
6	1 M20	Kyle Rickels, 24	18:20.6	5:55
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a>				
7	1 M30	David Thatcher, 32	18:37.3	6:00
8	2 M40	Bill Bennett, 41	18:46.4	6:03
9	2 M35	Andrew Kauder, 35	18:55.3	6:06
10	3 M40	John Armon, 40	19:04.6	6:09
11	2 M30	Kent Miskimen, 34	19:13.8	6:12
12	3 M30	Michael Wright, 33	19:21.3	6:15
13	4 M40	Jeff Mullen, 42	19:32.4	6:18
14		Courtney Cameron, 26*	19:51.4	6:24
15	1 M45	Guy Olson, 49	19:59.1	6:27
16	1 M55	Jim Shimek, 59	20:16.5	6:32
17	1 W30	Carrie Ridenour, 33*	20:17.7	6:33
18	2 M20	John Hackbarth, 24	20:23.5	6:35
19	4 M30	Duane Sills, 31	20:32.2	6:38
20	2 M55	Michael Tometich, 55	20:35.1	6:38
21	3 M55	Bob Strickland, 56	20:37.2	6:39
22	5 M30	Andy Breitspecher, 33	20:42.4	6:41
23	2 M45	Craig Brophy, 46	20:49.7	6:43
24	6 M30	Nick Maybanks, 31	20:57.5	6:46
25	2 M25	David Moyes, 28	21:14.4	6:51
26	2 W30	Gretchen Lawler, 33*	21:15.1	6:51
27	1 M50	Michael Nurre, 53	21:16.7	6:52
28	2 M50	Linley Woelk, 50	21:18.5	6:52
29	3 M25	Russell Binder, 29	21:29.9	6:56
30	3 M20	Robby Marvin, 23	21:36.9	6:58
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a>				
31	3 M45	Darl Van Rheen, 45	21:46.5	7:01
32	1 W20	Elizabeth Wiebold, 22*	21:53.3	7:04
33	2 JrM	Colton Cortez, 11	22:18.2	7:12
34	5 M40	Tim Cortez, 41	22:18.5	7:12
35	3 M50	Mark Franke, 52	22:32.1	7:16
36	4 M45	Marty Robinson, 48	22:33.1	7:17
37	7 M30	Chris Nims, 30	22:36.8	7:18
38	1 W50	Muriel Naumann, 51*	22:42.6	7:20
39	4 M55	Dale Hanna, 57	22:59.5	7:25
40	3 W30	Cynthia Severs, 30*	23:06.9	7:27
41	5 M55	Bruce Bachmann, 57	23:13.0	7:29
42	5 M45	John Feehan, 45	23:16.0	7:30
43	1 W40	Deb Gaddis, 41*	23:33.0	7:36
44	6 M45	Scott Ransom, 48	23:45.0	7:40
45	4 M50	Jay Wiebold, 50	23:48.0	7:41
46	2 W20	Ashley Hartkemeyer, 23*	23:50.0	7:41
47	7 M45	Kim Brant, 47	23:51.0	7:42
48	1 M60	Jerry Elsea, 66	23:59.0	7:44
49	5 M50	Bill Johnson, 51	24:15.0	7:49
50	1 W45	Tina Becker, 45*	24:31.0	7:55
51	2 W40	Carmen Wharton, 41*	24:34.0	7:56
52	4 W30	Jenny Jackson, 30*	24:45.0	7:59
53	8 M30	Matthew Rowelka, 31	24:46.0	7:59
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a>				
54	5 W30	Deidre Nims, 31*	24:48.0	8:00

55	3	W40	Sarah Williams, 40*	24:57.0	8:03
56	6	M50	Steven Kimm, 51	25:00.0	8:04
57	1	W55	Claudia Scott, 55*	25:20.0	8:10
58	6	M55	Roy Gaddis, 57	25:29.0	8:13
59	8	M45	Rick Swan, 45	25:32.0	8:14
60	7	M50	Art Millikin, 54	25:44.0	8:18
61	3	M35	Brian Long, 38	26:22.0	8:30
62	1	W35	Sara Gallery, 35*	26:31.0	8:33
63	3	JrM	Calvin Brophy, 14	26:51.0	8:40
64	2	W50	Cindy Luse, 50*	27:01.0	8:43
65	6	W30	Ruthie Donels, 33*	27:09.0	8:46
66	9	M30	Matthew Van Maanen, 34	27:18.0	8:48
67	8	M50	Joe Luse, 50	27:20.0	8:49
68	4	M35	Rob Schmit, 38	27:23.0	8:50
69	3	W50	Ann Vestle, 52*	27:27.0	8:51
70	10	M30	William Dyer, 32	27:34.0	8:54
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a>					
71	9	M45	James Becker, 48	28:08.0	9:05
72	2	M60	James Shaidnagle, 62	28:23.0	9:09
73	1	W25	Erica Hageman, 29*	28:48.0	9:17
74	3	M60	Wayne Martin, 63	29:01.0	9:22
75	2	W35	Jodi Weiss, 35*	29:09.0	9:24
76	4	W50	Jann Baustian, 54*	29:10.0	9:25
77	4	M60	Davis Eidahl, 65	29:25.0	9:29
78	2	W25	Sarah Hefflefinger, 27*	30:47.0	9:56
79	3	W35	Julia Schreckengast, 35*	30:57.0	9:59
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a>					
80	5	M60	Jim Meister, 63	32:01.0	10:20
81	2	W45	Cathy Sladek, 48*	33:36.0	10:50
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a>					
82	9	M50	Randy Svoboda, 50	34:15.0	11:03
83	2	W55	Peggy Mounce, 59*	34:36.0	11:10
84	3	W25	Amy Smith, 28*	34:37.0	11:10
85	5	W50	Becky Steele, 52*	34:37.0	11:10
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86	1	JrW	Rachel Brant, 15*	41:23.0	13:21
87	7	W30	Trudi Westfall, 32*	42:11.0	13:36
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a>					
88	8	W30	Sarah Bernhard, 32*	44:42.0	14:25
89	3	W55	Mary Johnston, 59*	45:32.0	14:41
90	6	M60	Gary Boddicker, 61	45:32.0	14:41
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a>					
91	1	W60	Linda Sundermeyer, 60*	51:12.0	16:31
92	2	W60	Sharon Murphy, 62*	51:12.0	16:31
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a>					
93	7	M60	Richard Sundermeyer, 64	57:06.0	18:25
94	8	M60	Pat Murphy, 66	57:08.0	18:26

\* indicates females

- 3 FINISHERS AMONG MEN UNDER 20
- 3 FINISHERS AMONG MEN 20 - 24
- 3 FINISHERS AMONG MEN 25 - 29
- 10 FINISHERS AMONG MEN 30 - 34
- 4 FINISHERS AMONG MEN 35 - 39
- 5 FINISHERS AMONG MEN 40 - 44
- 9 FINISHERS AMONG MEN 45 - 49
- 9 FINISHERS AMONG MEN 50 - 54
- 6 FINISHERS AMONG MEN 55 - 59
- 8 FINISHERS AMONG MEN 60 - 69
- 1 FINISHERS AMONG WOMEN UNDER 20

2 FINISHERS AMONG WOMEN 20 - 24  
3 FINISHERS AMONG WOMEN 25 - 29  
8 FINISHERS AMONG WOMEN 30 - 34  
3 FINISHERS AMONG WOMEN 35 - 39  
3 FINISHERS AMONG WOMEN 40 - 44  
2 FINISHERS AMONG WOMEN 45 - 49  
5 FINISHERS AMONG WOMEN 50 - 54  
3 FINISHERS AMONG WOMEN 55 - UP

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