

# Forever Young 5k and 1 mile

## Overall Finish List

September 21, 2013

*Results By Race Management Systems, Inc.*

### 5k

| Place | Name               | City            | Bib No | Age | Gender | Age Group  | Total Time | Pace   |
|-------|--------------------|-----------------|--------|-----|--------|------------|------------|--------|
| 1     | Steven Burrell     | Cedar Falls IA  | 32     | 44  | M      | 1 Top Fin  | 18:25.5    | 5:56/M |
| 2     | Brad Wilson        | Jesup IA        | 234    | 36  | M      | 1/6 30-39  | 18:59.0    | 6:07/M |
| 3     | Jimmie Rooff       | Waterloo IA     | 184    | 23  | M      | 1/10 20-29 | 19:37.8    | 6:20/M |
| 4     | Daniel Ankrum      | Waterloo IA     | 8      | 31  | M      | 2/6 30-39  | 19:59.5    | 6:27/M |
| 5     | Kelsey Summers     | Waterloo IA     | 204    | 23  | F      | 1 Top Fin  | 20:53.0    | 6:44/M |
| 6     | Daniel Grosser     | Waterloo IA     | 78     | 24  | M      | 2/10 20-29 | 20:58.5    | 6:46/M |
| 7     | Melissa Summers    | Waterloo IA     | 205    | 26  | F      | 1/39 20-29 | 21:12.4    | 6:50/M |
| 8     | Norma Biwott       | Waterloo IA     | 24     | 34  | F      | 1/21 30-39 | 21:24.4    | 6:54/M |
| 9     | Madison Hewitt     | Gilbertville IA | 277    | 17  | F      | 1/13 14-19 | 21:45.0    | 7:01/M |
| 10    | Jake Smith         | Sumner IA       | 199    | 22  | M      | 3/10 20-29 | 21:53.1    | 7:04/M |
| 11    | Jarred Goodrich    | Waterloo IA     | 70     | 14  | M      | 1/2 14-19  | 22:05.3    | 7:07/M |
| 12    | Mark Zimmer        | Independence IA | 272    | 56  | M      | 1/6 50-59  | 22:48.8    | 7:21/M |
| 13    | Autumn Weekley     | Waterloo IA     | 274    | 16  | F      | 2/13 14-19 | 23:11.7    | 7:29/M |
| 14    | Katy Dellegardel   | Evansdale IA    | 266    | 24  | F      | 2/39 20-29 | 23:34.9    | 7:36/M |
| 15    | Liz Winter         | Jesup IA        | 237    | 35  | F      | 2/21 30-39 | 23:35.7    | 7:36/M |
| 16    | Mary Steffensmeier | Waterloo IA     | 203    | 50  | F      | 1/21 50-59 | 23:47.2    | 7:40/M |
| 17    | Linda Gruetzmacher | Waterloo IA     | 79     | 56  | F      | 2/21 50-59 | 23:51.7    | 7:42/M |
| 18    | Ina Andressen      | Jesup IA        | 7      | 17  | F      | 3/13 14-19 | 23:59.5    | 7:44/M |
| 19    | Joe Robert         | Evansdale IA    | 270    | 48  | M      | 1/6 40-49  | 24:12.6    | 7:48/M |
| 20    | Cody Saville       | Oelwein IA      | 268    | 24  | M      | 4/10 20-29 | 24:53.6    | 8:02/M |
| 21    | Cindy Weyland      | Gilbertville IA | 231    | 53  | F      | 3/21 50-59 | 24:54.9    | 8:02/M |
| 22    | Laura Whittle      | Saint Louis MO  | 232    | 28  | F      | 3/39 20-29 | 25:44.2    | 8:18/M |
| 23    | Kassy Kahler       | Waterloo IA     | 106    | 23  | F      | 4/39 20-29 | 25:50.4    | 8:20/M |
| 24    | Jennifer Smith     | Cedar Falls IA  | 200    | 20  | F      | 5/39 20-29 | 25:56.2    | 8:22/M |
| 25    | Levi Hubka         | White Bear Lake | 97     | 24  | M      | 5/10 20-29 | 26:54.3    | 8:41/M |
| 26    | Christy Schilling  | Jesup IA        | 186    | 32  | F      | 3/21 30-39 | 26:57.5    | 8:42/M |
| 27    | Vera Zuchner       | Jesup IA        | 246    | 15  | F      | 4/13 14-19 | 27:07.7    | 8:45/M |
| 28    | Danika Harms       | Evansdale IA    | 82     | 16  | F      | 5/13 14-19 | 27:11.3    | 8:46/M |
| 29    | Jennifer Goodrich  | Waterloo IA     | 71     | 39  | F      | 4/21 30-39 | 27:11.9    | 8:46/M |
| 30    | Mandy Goedken      | Dyersville IA   | 69     | 27  | F      | 6/39 20-29 | 27:18.7    | 8:48/M |

|    |                            |                    |     |    |   |             |         |         |
|----|----------------------------|--------------------|-----|----|---|-------------|---------|---------|
| 31 | Becky Carrier              | Waterloo IA        | 33  | 46 | F | 1/16 40-49  | 27:23.8 | 8:50/M  |
| 32 | Robin Hennick              | Evansdale IA       | 89  | 33 | F | 5/21 30-39  | 27:37.8 | 8:55/M  |
| 33 | Ashley Kroblin             | Cedar Falls IA     | 115 | 23 | F | 7/39 20-29  | 27:48.4 | 8:58/M  |
| 34 | Michael Monroe             | Cedar Falls IA     | 144 | 28 | M | 6/10 20-29  | 27:48.8 | 8:58/M  |
| 35 | Lindsay Hayes              | Waterloo IA        | 85  | 22 | F | 8/39 20-29  | 28:05.4 | 9:04/M  |
| 36 | Courtney Dettme O'Hollearn | Jesup IA           | 166 | 23 | F | 9/39 20-29  | 28:09.6 | 9:05/M  |
| 37 | Michelle O'Hollearn        | Urbandale IA       | 167 | 26 | F | 10/39 20-29 | 28:10.2 | 9:05/M  |
| 38 | Kate Kinnetz               | Waterloo IA        | 108 | 18 | F | 6/13 14-19  | 28:12.1 | 9:06/M  |
| 39 | Mindy Jenkins              | Jesup IA           | 102 | 30 | F | 6/21 30-39  | 28:16.2 | 9:07/M  |
| 40 | Dessa Lawless              | Waterloo IA        | 119 | 28 | F | 11/39 20-29 | 28:20.5 | 9:08/M  |
| 41 | Tim Gray                   | Raymond            | 77  | 39 | M | 3/6 30-39   | 28:30.9 | 9:12/M  |
| 42 | Nicole Earle               | Evansdale IA       | 54  | 33 | F | 7/21 30-39  | 28:43.8 | 9:16/M  |
| 43 | Kennedy Albrecht           | Jesup IA           | 5   | 9  | F | 1/6 0-13    | 28:44.1 | 9:16/M  |
| 44 | Ren Petersen               | La Porte City IA   | 172 | 31 | F | 8/21 30-39  | 28:49.3 | 9:18/M  |
| 45 | Amy Dahl                   | West Des Moines IA | 42  | 24 | F | 12/39 20-29 | 28:57.2 | 9:20/M  |
| 46 | Cassidy Marvets            | Evansdale IA       | 130 | 12 | F | 2/6 0-13    | 29:07.6 | 9:24/M  |
| 47 | Neil Reuter                | Indianola IA       | 183 | 34 | M | 4/6 30-39   | 29:09.4 | 9:24/M  |
| 48 | Elizabeth Reuter           | Indianola IA       | 182 | 29 | F | 13/39 20-29 | 29:10.5 | 9:25/M  |
| 49 | Lynor Koch                 | Waterloo IA        | 112 | 54 | F | 4/21 50-59  | 29:23.8 | 9:29/M  |
| 50 | Nic Utley                  | Waterloo IA        | 273 | 25 | M | 7/10 20-29  | 29:35.4 | 9:33/M  |
| 51 | Ethan Lentz                | Waterloo IA        | 124 | 7  | M | 1/8 0-13    | 29:55.4 | 9:39/M  |
| 52 | Sara Lentz                 | Waterloo IA        | 125 | 35 | F | 9/21 30-39  | 29:55.8 | 9:39/M  |
| 53 | Blake Sires                | Evansdale IA       | 195 | 11 | M | 2/8 0-13    | 30:25.8 | 9:49/M  |
| 54 | Jennifer Hoth              | Independence IA    | 96  | 36 | F | 10/21 30-39 | 30:26.8 | 9:49/M  |
| 55 | Holly Knudsen              | Jesup IA           | 111 | 27 | F | 14/39 20-29 | 30:27.7 | 9:49/M  |
| 56 | Dorothy Wear               | Jesup IA           | 223 | 66 | F | 1/8 60-99   | 30:28.4 | 9:50/M  |
| 57 | Britany McBride            | Waterloo IA        | 279 | 21 | F | 15/39 20-29 | 30:29.9 | 9:50/M  |
| 58 | Tasha Voigts               | Waterloo IA        | 222 | 22 | F | 16/39 20-29 | 30:31.0 | 9:51/M  |
| 59 | Jackie Henry               | Jesup IA           | 92  | 14 | F | 7/13 14-19  | 30:32.0 | 9:51/M  |
| 60 | Chris O'Hollearn           | Urbandale IA       | 165 | 30 | M | 5/6 30-39   | 30:42.1 | 9:54/M  |
| 61 | Melissa Judas              | Raymond IA         | 105 | 36 | F | 11/21 30-39 | 30:45.6 | 9:55/M  |
| 62 | Stacy Folkers              | Waterloo IA        | 284 | 44 | F | 2/16 40-49  | 31:19.5 | 10:06/M |
| 63 | Randy Lee                  | Evansdale          | 122 | 52 | M | 2/6 50-59   | 31:27.0 | 10:09/M |
| 64 | Alison Nichols             | Evansdale IA       | 148 | 18 | F | 8/13 14-19  | 32:08.3 | 10:22/M |
| 65 | Tiffany Bergmann           | Jesup IA           | 19  | 26 | F | 17/39 20-29 | 32:19.9 | 10:25/M |
| 66 | Barb Bigler                | Jesup IA           | 21  | 51 | F | 5/21 50-59  | 32:26.4 | 10:28/M |
| 67 | Karie Beebe                | Waterloo IA        | 252 | 51 | F | 6/21 50-59  | 32:30.9 | 10:29/M |
| 68 | Ted Gehrke                 | Evansdale IA       | 247 | 46 | M | 2/6 40-49   | 32:46.3 | 10:34/M |
| 69 | Seth Sires                 | Evansdale IA       | 196 | 11 | M | 3/8 0-13    | 32:48.3 | 10:35/M |
| 70 | Cj Nichols                 | Waterloo IA        | 154 | 27 | M | 8/10 20-29  | 33:10.7 | 10:42/M |
| 71 | Kristi Bacon               | Gilbertville IA    | 11  | 42 | F | 3/16 40-49  | 33:16.8 | 10:44/M |
| 72 | Jessica Daman              | Jesup IA           | 43  | 27 | F | 18/39 20-29 | 33:26.1 | 10:47/M |
| 73 | Andrew Podraza             | West Des Moines IA | 176 | 27 | M | 9/10 20-29  | 33:53.9 | 10:56/M |

|     |                        |                    |     |    |   |             |         |         |
|-----|------------------------|--------------------|-----|----|---|-------------|---------|---------|
| 74  | Jennifer Wilson        | Jesup IA           | 235 | 34 | F | 12/21 30-39 | 33:54.8 | 10:56/M |
| 75  | Angel Peters           | Waterloo IA        | 170 | 29 | F | 19/39 20-29 | 33:56.4 | 10:57/M |
| 76  | Amy Kroblin            | Waterloo IA        | 114 | 26 | F | 20/39 20-29 | 34:02.3 | 10:59/M |
| 77  | Gavin Peters           | Waterloo IA        | 171 | 7  | M | 4/8 0-13    | 34:06.1 | 11:00/M |
| 78  | Stephanie Delagardelle | White Bear Lake IA | 48  | 27 | F | 21/39 20-29 | 34:17.8 | 11:04/M |
| 79  | Katelin Woodley        | Denver IA          | 238 | 25 | F | 22/39 20-29 | 34:31.3 | 11:08/M |
| 80  | Miranda Adams          | Denver IA          | 3   | 27 | F | 23/39 20-29 | 34:32.1 | 11:08/M |
| 81  | Gail Borgerding        | Cedar Falls IA     | 282 | 39 | F | 13/21 30-39 | 34:40.9 | 11:11/M |
| 82  | Ken Borgerding         | Independence IA    | 283 | 41 | M | 3/6 40-49   | 34:42.0 | 11:12/M |
| 83  | Rita Staebell          | Waterloo IA        | 202 | 65 | F | 2/8 60-99   | 36:14.8 | 11:41/M |
| 84  | Stephanie Swinton      | Evansdale IA       | 209 | 23 | F | 24/39 20-29 | 37:11.8 | 12:00/M |
| 85  | Katie Henry            | Jesup IA           | 93  | 18 | F | 9/13 14-19  | 38:03.5 | 12:16/M |
| 86  | Alex Workman           | Jesup IA           | 239 | 21 | F | 25/39 20-29 | 38:29.1 | 12:25/M |
| 87  | Brooklyn Carpenter     | Waterloo IA        | 264 | 16 | F | 10/13 14-19 | 38:29.6 | 12:25/M |
| 88  | Sarah Swatosh          | Saint Louis MO     | 208 | 35 | F | 14/21 30-39 | 38:45.2 | 12:30/M |
| 89  | Manning Weiss          | Marion IA          | 230 | 9  | M | 5/8 0-13    | 39:52.6 | 12:52/M |
| 90  | Becky Weiss            | Marion IA          | 229 | 41 | F | 4/16 40-49  | 39:57.2 | 12:53/M |
| 91  | Tyler Beatty           |                    | 13  | 6  | M | 6/8 0-13    | 40:29.2 | 13:04/M |
| 92  | Thomas Nichols         | Jesup IA           | 161 | 55 | M | 3/6 50-59   | 40:38.5 | 13:06/M |
| 93  | Drew Collins           |                    | 39  | 42 | M | 4/6 40-49   | 40:40.1 | 13:07/M |
| 94  | Rodney Schady          | Brandon IA         | 257 | 64 | M | 1/2 60-99   | 40:41.9 | 13:07/M |
| 95  | Jolene Clos            | Evansdale          | 37  | 55 | F | 7/21 50-59  | 40:55.1 | 13:12/M |
| 96  | Chris Nichols          | Jesup IA           | 152 | 25 | M | 10/10 20-29 | 41:05.6 | 13:15/M |
| 97  | Dawn Mattox            | Cedar Falls        | 131 | 43 | F | 5/16 40-49  | 41:06.4 | 13:15/M |
| 98  | Cathy Snooil           | Evansdale IA       | 255 | 48 | F | 6/16 40-49  | 41:30.3 | 13:23/M |
| 99  | Karen Carroll          | Evansdale IA       | 34  | 54 | F | 8/21 50-59  | 41:39.3 | 13:26/M |
| 100 | Christina Adams        | Denver IA          | 1   | 55 | F | 9/21 50-59  | 41:43.2 | 13:27/M |

| Place | Name             | City            | Bib No | Age | Gender | Age Group   | Total Time | Pace    |
|-------|------------------|-----------------|--------|-----|--------|-------------|------------|---------|
| 101   | David Mix        | Cedar Falls IA  | 143    | 58  | M      | 4/6 50-59   | 43:06.3    | 13:54/M |
| 102   | Cathy Mix        | Cedar Falls IA  | 142    | 53  | F      | 10/21 50-59 | 43:07.3    | 13:55/M |
| 103   | Kelsey Baxter    | Waterloo IA     | 12     | 23  | F      | 26/39 20-29 | 43:54.9    | 14:10/M |
| 104   | Casey Davidson   | Waterloo IA     | 44     | 26  | F      | 27/39 20-29 | 43:55.2    | 14:10/M |
| 105   | Faith Even       | Waterloo IA     | 256    | 12  | F      | 3/6 0-13    | 44:05.1    | 14:13/M |
| 106   | Patsy Davidson   | Waterloo IA     | 45     | 25  | F      | 28/39 20-29 | 44:08.2    | 14:14/M |
| 107   | Gabrielle Borwig | Jesup IA        | 27     | 23  | F      | 29/39 20-29 | 44:09.3    | 14:15/M |
| 108   | Hillary Anniss   | Waterloo IA     | 10     | 38  | F      | 15/21 30-39 | 44:48.2    | 14:27/M |
| 109   | Claire Anniss    | Waterloo IA     | 9      | 11  | F      | 4/6 0-13    | 44:48.6    | 14:27/M |
| 110   | Eng, n Bulur     | Waterloo IA     | 31     | 44  | F      | 7/16 40-49  | 44:56.1    | 14:30/M |
| 111   | Susan Nielsen    | Waterloo IA     | 164    | 63  | F      | 3/8 60-99   | 45:02.6    | 14:32/M |
| 112   | June Klein       | Gilbertville IA | 110    | 33  | F      | 16/21 30-39 | 46:50.8    | 15:06/M |
| 113   | Terisa Dawson    | Evansdale --    | 46     | 44  | F      | 8/16 40-49  | 47:17.6    | 15:15/M |
| 114   | Joe Benhoff      | Jesup IA        | 17     | 70  | M      | 2/2 60-99   | 47:19.5    | 15:16/M |

|     |                   |                    |     |    |   |             |         |         |
|-----|-------------------|--------------------|-----|----|---|-------------|---------|---------|
| 115 | Elizabeth Lash    | Waterloo IA        | 271 | 17 | F | 11/13 14-19 | 49:46.5 | 16:03/M |
| 116 | Josh Thorp        | Jesup IA           | 210 | 14 | M | 2/2 14-19   | 49:47.4 | 16:04/M |
| 117 | Bob Henry         | Jesup IA           | 90  | 45 | M | 5/6 40-49   | 50:07.6 | 16:10/M |
| 118 | Bonnie Henry      | Evansdale          | 91  | 43 | F | 9/16 40-49  | 50:09.4 | 16:11/M |
| 119 | Shannie Marquette | Waterloo IA        | 261 | 42 | F | 10/16 40-49 | 50:11.5 | 16:11/M |
| 120 | Emilee Marquette  | Waterloo IA        | 262 | 16 | F | 12/13 14-19 | 50:12.1 | 16:12/M |
| 121 | Teresa Johnson    | Barberton OH       | 104 | 49 | F | 11/16 40-49 | 50:12.6 | 16:12/M |
| 122 | Jennifer Olson    | Waterloo IA        | 169 | 57 | F | 11/21 50-59 | 50:54.7 | 16:25/M |
| 123 | Glenda Schmitz    | Waterloo IA        | 254 | 54 | F | 12/21 50-59 | 50:55.1 | 16:25/M |
| 124 | Diane Kohrs       | Elk Run Heights IA | 113 | 57 | F | 13/21 50-59 | 50:57.5 | 16:26/M |
| 125 | Mary Smedley      | Waterloo IA        | 198 | 51 | F | 14/21 50-59 | 50:59.0 | 16:27/M |
| 126 | Lynne Brayton     | Evansdale IA       | 29  | 53 | F | 15/21 50-59 | 51:08.1 | 16:30/M |
| 127 | Luanne Schneider  | Waterloo IA        | 189 | 60 | F | 4/8 60-99   | 51:09.7 | 16:30/M |
| 128 | Leanna Nelson     | Waterloo IA        | 147 | 51 | F | 16/21 50-59 | 51:13.9 | 16:31/M |
| 129 | Mary Heidemann    | Evansdale IA       | 87  | 61 | F | 5/8 60-99   | 51:16.7 | 16:32/M |
| 130 | Steve Heidemann   | Jesup IA           | 88  | 58 | M | 5/6 50-59   | 51:23.8 | 16:35/M |
| 131 | Rhonda Chiatello  | Waterloo IA        | 36  | 40 | F | 12/16 40-49 | 51:28.5 | 16:36/M |
| 132 | Emily Thedens     | Waterloo IA        | 269 | 10 | F | 5/6 0-13    | 51:30.7 | 16:37/M |
| 133 | Heather Edeker    | Cedar Falls IA     | 56  | 21 | F | 30/39 20-29 | 51:32.5 | 16:37/M |
| 134 | Brittney Gosse    | Evansdale IA       | 72  | 21 | F | 31/39 20-29 | 51:33.1 | 16:38/M |
| 135 | Anna Schultz      | Evansdale IA       | 191 | 22 | F | 32/39 20-29 | 51:33.6 | 16:38/M |
| 136 | Lexi Meier        | Jesup IA           | 132 | 21 | F | 33/39 20-29 | 51:34.1 | 16:38/M |
| 137 | Mary Gosse        | Evansdale IA       | 74  | 53 | F | 17/21 50-59 | 51:34.5 | 16:38/M |
| 138 | Dale Gosse        | Evansdale IA       | 73  | 53 | M | 6/6 50-59   | 51:35.6 | 16:38/M |
| 139 | Nicole Gengler    | Jesup IA           | 66  | 35 | F | 17/21 30-39 | 51:37.2 | 16:39/M |
| 140 | Linda Regas       | Waterloo IA        | 180 | 61 | F | 6/8 60-99   | 51:38.6 | 16:39/M |
| 141 | Anize Mamodaly    | Buckingham IA      | 128 | 53 | F | 18/21 50-59 | 51:39.6 | 16:40/M |
| 142 | Sara Kipp         | Jesup IA           | 109 | 35 | F | 18/21 30-39 | 51:41.0 | 16:40/M |
| 143 | Lynn Manley       | Waterloo IA        | 129 | 49 | F | 13/16 40-49 | 51:42.8 | 16:41/M |
| 144 | Tara Anderson     | Waterloo IA        | 6   | 24 | F | 34/39 20-29 | 51:59.0 | 16:46/M |
| 145 | Sheila Larson     | Waterloo IA        | 118 | 49 | F | 14/16 40-49 | 51:59.5 | 16:46/M |
| 146 | Jody Tovar        | Waterloo           | 212 | 44 | F | 15/16 40-49 | 52:00.5 | 16:46/M |
| 147 | Blakely Weeter    | Waterloo IA        | 258 | 12 | F | 6/6 0-13    | 52:00.8 | 16:46/M |
| 148 | Kylie Smedley     | Evansdale IA       | 197 | 24 | F | 35/39 20-29 | 52:09.4 | 16:49/M |
| 149 | Alex Brayton      | West Des Moines IA | 28  | 25 | F | 36/39 20-29 | 52:09.7 | 16:49/M |
| 150 | Teressa Weeter    | Waterloo IA        | 228 | 42 | F | 16/16 40-49 | 52:11.5 | 16:50/M |
| 151 | Jordyn Mills      | Waterloo IA        | 139 | 23 | F | 37/39 20-29 | 52:11.8 | 16:50/M |
| 152 | Mary Kettwig      | Evansdale IA       | 107 | 68 | F | 7/8 60-99   | 53:19.7 | 17:12/M |
| 153 | Miranda Dinsdale  |                    | 51  | 18 | F | 13/13 14-19 | 53:20.7 | 17:12/M |
| 154 | Allison Swartz    | Elk Run Heights IA | 207 | 27 | F | 38/39 20-29 | 53:23.3 | 17:13/M |
| 155 | Deb Rummans       | Jesup IA           | 185 | 52 | F | 19/21 50-59 | 53:24.7 | 17:14/M |
| 156 | Heather Collins   | Evansdale IA       | 40  | 37 | F | 19/21 30-39 | 54:20.0 | 17:32/M |
| 157 | Eric Yu           | Jesup IA           | 243 | 8  | M | 7/8 0-13    | 54:26.0 | 17:34/M |

|     |                   |                    |     |    |   |             |         |         |
|-----|-------------------|--------------------|-----|----|---|-------------|---------|---------|
| 158 | Collin Yu         | Jesup IA           | 242 | 10 | M | 8/8 0-13    | 54:47.3 | 17:40/M |
| 159 | Carrie Yu         | Jesup IA           | 241 | 35 | F | 20/21 30-39 | 54:48.7 | 17:41/M |
| 160 | Chris Webb        | Waterloo IA        | 224 | 37 | M | 6/6 30-39   | 55:18.9 | 17:50/M |
| 161 | Katie Sina        | Cedar Rapids IA    | 194 | 29 | F | 39/39 20-29 | 55:28.8 | 17:54/M |
| 162 | Lisa Michalec     | Cedar Rapids IA    | 134 | 30 | F | 21/21 30-39 | 55:29.9 | 17:54/M |
| 163 | Kristi Lundy      | Elk Run Heights IA | 127 | 50 | F | 20/21 50-59 | 55:34.6 | 17:55/M |
| 164 | Sharon Wingert    | Elk Run Heights IA | 236 | 74 | F | 8/8 60-99   | 55:36.0 | 17:56/M |
| 165 | Kevin Dill        | Waterloo IA        | 263 | 48 | M | 6/6 40-49   | 58:13.3 | 18:47/M |
| 166 | Terri Even-Miller | Waterloo IA        | 63  | 57 | F | 21/21 50-59 | 58:14.8 | 18:47/M |

# 1 Mile

| Place | Name                  | City           | Bib No | Age | Gender | Age Group  | Total Time | Pace    |
|-------|-----------------------|----------------|--------|-----|--------|------------|------------|---------|
| 1     | Andrew Tracy          | Waterloo IA    | 214    | 9   | M      | 1/24 0-99  | 9:25.1     | 9:25/M  |
| 2     | Dylan Tracy           | Waterloo IA    | 215    | 15  | M      | 2/24 0-99  | 9:48.1     | 9:48/M  |
| 3     | Amy Tracy             | Waterloo IA    | 213    | 40  | F      | 1/54 0-99  | 11:17.6    | 11:17/M |
| 4     | Matt Tracy            | Waterloo IA    | 216    | 36  | M      | 3/24 0-99  | 11:18.6    | 11:18/M |
| 5     | Gavin Jebe            | Evansdale IA   | 251    | 6   | M      | 4/24 0-99  | 13:13.8    | 13:13/M |
| 6     | Jennette Jebe         | Evansdale IA   | 248    | 34  | F      | 2/54 0-99  | 13:14.0    | 13:14/M |
| 7     | Noah Jebe             | Evansdale IA   | 250    | 8   | M      | 5/24 0-99  | 13:51.8    | 13:51/M |
| 8     | Joshua Jebe           | Evansdale IA   | 249    | 35  | M      | 6/24 0-99  | 14:35.8    | 14:35/M |
| 9     | Gabrielle Engel       | Raymond        | 58     | 10  | F      | 3/54 0-99  | 15:44.4    | 15:44/M |
| 10    | Kasidi Adama          | Evansdale IA   | 253    | 9   | F      | 4/54 0-99  | 15:44.8    | 15:44/M |
| 11    | Deb Nolan             | Evansdale IA   | 275    | 54  | F      | 5/54 0-99  | 16:05.2    | 16:05/M |
| 12    | Rick Nolan            | Evansdale IA   | 276    | 57  | M      | 7/24 0-99  | 16:05.4    | 16:05/M |
| 13    | Jonathan Litzkow      | Waterloo IA    | 126    | 18  | M      | 8/24 0-99  | 17:13.5    | 17:13/M |
| 14    | Bailee Nichols        | Jesup IA       | 150    | 9   | F      | 6/54 0-99  | 17:38.3    | 17:38/M |
| 15    | Lilyann Porter        | Jesup IA       | 178    | 9   | F      | 7/54 0-99  | 17:44.1    | 17:44/M |
| 16    | Selena Engel          | Raymond        | 60     | 12  | F      | 8/54 0-99  | 18:16.0    | 18:16/M |
| 17    | Tea Engel             |                | 62     | 6   | F      | 9/54 0-99  | 18:17.2    | 18:17/M |
| 18    | Destiny Miles         | Waterloo IA    | 135    | 37  | F      | 10/54 0-99 | 18:46.0    | 18:46/M |
| 19    | George Debord         | Evansdale IA   | 47     | 64  | M      | 9/24 0-99  | 18:49.4    | 18:49/M |
| 20    | Mary Rekers           | Cedar Falls IA | 181    | 55  | F      | 11/54 0-99 | 18:49.9    | 18:49/M |
| 21    | Sherry Schumacher     | Waterloo IA    | 192    | 40  | F      | 12/54 0-99 | 18:50.8    | 18:50/M |
| 22    | Avery Engel           | Raymond        | 57     | 8   | M      | 10/24 0-99 | 18:51.2    | 18:51/M |
| 23    | Tammy Dressel-Kinnetz | Waterloo IA    | 53     | 49  | F      | 13/54 0-99 | 18:55.3    | 18:55/M |
| 24    | Rachelle Brown        | Evansdale IA   | 280    | 56  | F      | 14/54 0-99 | 18:56.2    | 18:56/M |
| 25    | Denise Beckala        | Toddville IA   | 281    | 43  | F      | 15/54 0-99 | 18:56.7    | 18:56/M |
| 26    | Kathy Kroblin         | Evansdale IA   | 116    | 59  | F      | 16/54 0-99 | 18:57.1    | 18:57/M |
| 27    | Zack Vanroekel        | Waterloo IA    | 221    | 24  | M      | 11/24 0-99 | 19:02.9    | 19:02/M |
| 28    | Deb Vanroekel         | Waterloo IA    | 220    | 50  | F      | 17/54 0-99 | 19:14.5    | 19:14/M |
| 29    | Laura Pillow          | Waterloo IA    | 174    | 23  | F      | 18/54 0-99 | 19:15.3    | 19:15/M |

|    |                    |                 |     |    |   |            |         |         |
|----|--------------------|-----------------|-----|----|---|------------|---------|---------|
| 30 | Chuck Nichols      | Jesup IA        | 153 | 52 | M | 12/24 0-99 | 19:17.7 | 19:17/M |
| 31 | Kira Nichols       | Evansdale IA    | 156 | 16 | F | 19/54 0-99 | 19:19.1 | 19:19/M |
| 32 | Dylan Minikus      | Waterloo IA     | 260 | 8  | M | 13/24 0-99 | 19:30.9 | 19:30/M |
| 33 | Ashlyn Gray        | Raymond         | 75  | 9  | F | 20/54 0-99 | 19:32.4 | 19:32/M |
| 34 | Tara Adams         | Jesup IA        | 4   | 37 | F | 21/54 0-99 | 19:44.4 | 19:44/M |
| 35 | Sue Schneiderman   | Evansdale       | 190 | 57 | F | 22/54 0-99 | 19:45.5 | 19:45/M |
| 36 | Kenidi Adams       | Evansdale       | 2   | 11 | F | 23/54 0-99 | 19:51.3 | 19:51/M |
| 37 | Coleman Porter     | Jesup IA        | 177 | 5  | M | 14/24 0-99 | 19:57.6 | 19:57/M |
| 38 | Mallorie Nichols   | Jesup IA        | 158 | 6  | F | 24/54 0-99 | 19:58.2 | 19:58/M |
| 39 | Noah Eberhart      | Sumner IA       | 55  | 11 | M | 15/24 0-99 | 20:00.1 | 20:00/M |
| 40 | Becca Hagen        | Sumner IA       | 80  | 23 | F | 25/54 0-99 | 20:00.6 | 20:00/M |
| 41 | Chase Weber        | Cedar Falls IA  | 226 | 28 | M | 16/24 0-99 | 20:01.0 | 20:01/M |
| 42 | Brenda Weber       | Jesup IA        | 225 | 54 | F | 26/54 0-99 | 20:01.4 | 20:01/M |
| 43 | Kallie Hoeft       | Cedar Falls IA  | 94  | 21 | F | 27/54 0-99 | 20:01.8 | 20:01/M |
| 44 | Dale Weber         | Jesup IA        | 227 | 58 | M | 17/24 0-99 | 20:02.3 | 20:02/M |
| 45 | Madison Hyke       | Jesup IA        | 100 | 14 | F | 28/54 0-99 | 20:07.0 | 20:07/M |
| 46 | Lisa Porter        | Evansdale IA    | 179 | 35 | F | 29/54 0-99 | 20:07.3 | 20:07/M |
| 47 | Andie Nichols      | Jesup IA        | 149 | 38 | F | 30/54 0-99 | 20:11.9 | 20:11/M |
| 48 | Travis Nichols     | Jesup IA        | 162 | 44 | M | 18/24 0-99 | 20:12.3 | 20:12/M |
| 49 | Margo Turner       | Waterloo IA     | 217 | 58 | F | 31/54 0-99 | 20:12.9 | 20:12/M |
| 50 | Myra Summers       |                 | 206 | 56 | F | 32/54 0-99 | 20:51.4 | 20:51/M |
| 51 | Maureen Nichols    | Evansdale IA    | 159 | 55 | F | 33/54 0-99 | 21:17.9 | 21:17/M |
| 52 | Kim Utley          | Waterloo        | 219 | 54 | F | 34/54 0-99 | 21:18.9 | 21:18/M |
| 53 | Dan Utley          | Waterloo        | 218 | 56 | M | 19/24 0-99 | 21:19.8 | 21:19/M |
| 54 | Staci Tiedt        | Waterloo        | 211 | 34 | F | 35/54 0-99 | 21:20.6 | 21:20/M |
| 55 | Shannon Engel      | Raymond         | 61  | 34 | F | 36/54 0-99 | 21:23.7 | 21:23/M |
| 56 | Heather Neidermann | Marshalltown IA | 145 | 30 | F | 37/54 0-99 | 21:26.6 | 21:26/M |
| 57 | Jamie Neidermann   | Marshalltown IA | 146 | 33 | M | 20/24 0-99 | 21:28.0 | 21:28/M |
| 58 | Nicole Gray        | Jesup IA        | 76  | 32 | F | 38/54 0-99 | 21:29.6 | 21:29/M |
| 59 | Stephanie Lee      | Waterloo IA     | 123 | 27 | F | 39/54 0-99 | 21:31.5 | 21:31/M |
| 60 | Bryan Schmitt      | Jesup IA        | 188 | 25 | M | 21/24 0-99 | 21:32.2 | 21:32/M |
| 61 | Brian Dorothy      | Evansdale       | 52  | 51 | M | 22/24 0-99 | 21:33.3 | 21:33/M |
| 62 | Lynette Lee        | Evansdale       | 121 | 50 | F | 40/54 0-99 | 21:34.3 | 21:34/M |
| 63 | Jed Minikus        | Waterloo IA     | 259 | 32 | M | 23/24 0-99 | 21:35.7 | 21:35/M |
| 64 | Renae Minikus      | Waterloo IA     | 141 | 30 | F | 41/54 0-99 | 21:36.1 | 21:36/M |
| 65 | Breann Minikus     | Waterloo IA     | 140 | 12 | F | 42/54 0-99 | 21:36.6 | 21:36/M |
| 66 | Melissa Blitgen    | Dubuque IA      | 25  | 28 | F | 43/54 0-99 | 21:37.4 | 21:37/M |
| 67 | Megan Schmit       | Dubuque IA      | 187 | 25 | F | 44/54 0-99 | 21:43.8 | 21:43/M |
| 68 | Sarah Becker       | Waterloo IA     | 15  | 29 | F | 45/54 0-99 | 22:17.8 | 22:17/M |
| 69 | Isaiah Harrington  | Waterloo IA     | 83  | 10 | M | 24/24 0-99 | 22:22.8 | 22:22/M |
| 70 | Eryka Haynes       | Waterloo IA     | 86  | 2  | F | 46/54 0-99 | 22:24.8 | 22:24/M |
| 71 | Emily Zeets        | Waterloo IA     | 245 | 33 | F | 47/54 0-99 | 22:25.6 | 22:25/M |
| 72 | Bobbie Wilson      | Evansdale       | 233 | 56 | F | 48/54 0-99 | 22:28.6 | 22:28/M |

|    |                |               |     |    |   |            |         |         |
|----|----------------|---------------|-----|----|---|------------|---------|---------|
| 73 | Janice Lee     | La Porte City | 120 | 72 | F | 49/54 0-99 | 22:30.4 | 22:30/M |
| 74 | Sheri Nichols  | Evansdale     | 160 | 44 | F | 50/54 0-99 | 22:30.9 | 22:30/M |
| 75 | Leslie Nichols | Evansdale IA  | 157 | 53 | F | 51/54 0-99 | 22:31.5 | 22:31/M |
| 76 | Bobbie Nichols | Evansdale IA  | 151 | 68 | F | 52/54 0-99 | 22:33.7 | 22:33/M |
| 77 | Barbie Brass   | Fairbank IA   | 278 | 44 | F | 53/54 0-99 | 51:09.4 | 51:09/M |
| 78 | Debbie Dettmer | Elk Run IA    | 50  | 51 | F | 54/54 0-99 | 53:27.6 | 53:27/M |

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