

25th Fifth Season 8 Kilometer

Cedar Rapids, Iowa

July 4, 2010

75 degrees, Cloudy & Humid

Results by Cal Murdock

[8K Race](#)

[5K Race](#)

[1M Race](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS	FINISHER	TIME	PACE
1	OpM	Abebe Yimer, 29, Sante Fe, NM	23:53	4:48
2	OpM	Jeffrey Eggleston, 25, Flagstaff, AZ	24:01	4:50
3	OpM	Justin Grunewald, 24, Merrifield, MN	24:19	4:53
4	OpM	Simon Sawe, 36, Sante Fe, NM	24:38	4:57
5	OpM	Mark Stallings, 29, Atglen, PA	24:49	4:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top				
6	OpM	Matt Thull, 35, , WI	25:09	5:03
7	OpM	Jason Fogel, 27, West Des Moines, IA	25:18	5:05
8	OpM	Christopher Jensen, 28, Marion, IA	25:24	5:06
9	OpM	Joseph Aulwes, 29, Bondurant, IA	25:50	5:12
10	OpM	Randy Bill, 28, Cedar Falls, IA	26:01	5:14
11	1 M25	Ben Carlson, 26, Stanhope, IA	26:07	5:15
12	1 M20	Phil Young, 24, North Liberty, IA	26:11	5:16
13	2 M25	Nathan Hopp, 27, West Amana, IA	26:17	5:17
14	1 M30	Dan Schofer, 32, Mt Vernon, IA	26:33	5:20
15	2 M20	Andrew Sabin, 23, Cedar Rapids, IA	26:39	5:22
16	1 M16	Evan Selsor, 17, Winterset, IA	26:43	5:23
17	2 M30	Todd Hierlmaier, 31, Edina, MN	26:45	5:23
18	3 M20	Tyler Sullivan, 22, Coralville, IA	26:56	5:25
19	4 M20	Brian Chenoweth, 23, Des Moines, IA	26:56	5:25
1	OpW	Tera Moody, 29*, Colorado Springs, CO	27:08	5:27
20	3 M30	Nate Canton, 30, North Liberty, IA	27:14	5:29
2	OpW	Racheal Marchand, 24*, Johnson City, TN	27:19	5:30
21	MM	John Mirth, 48, Platteville, WI	27:20	5:30
22	5 M20	Travis Robertson, 23, Iowa City, IA	27:45	5:35
23	MM	Ditlev Larsen, 44, Winona, MN	27:54	5:37
24	6 M20	Lane Moser, 22, Cedar Rapids, IA	27:58	5:38
3	OpW	Erin Moeller, 32*, Mt Vernon, IA	28:06	5:39
25	MM	Jerry Lack, 47, East Moline, IL	28:22	5:42
26	4 M30	Jon Rathje, 32, Ankeny, IA	28:33	5:45
27		Kyle Hineman	28:35	5:45
28	7 M20	Aaron Skopec, 22, Traer, IA	28:39	5:46
29	8 M20	Jonathan Weatherwax, 20, Mount Vernon, IA	28:42	5:46
30	1 M45	Greg Skopec, 48, Coralville, IA	28:50	5:48
31	1 M40	Willis Harte, 44, Iowa City, IA	28:50	5:48
32	1 M50	Jim McCoy, 52, Madison, WI	28:53	5:49
33	2 M45	Phil Kauder, 49, Cascade, IA	28:55	5:49
34	2 M16	Jared Heitz, 17, Walford, IA	29:02	5:50
4	OpW	Jaime Canterbury, 23*, Flagstaff, AZ	29:07	5:51
35	3 M25	Brian Primozich, 25, Cedar Rapids, IA	29:09	5:52
36	2 M40	Michael Kabela, 43, North Liberty, IA	29:09	5:52
37	2 M50	Tim Skopec, 50, Iowa City, IA	29:12	5:52
38	1 JrM	David Crompton, 15, Iowa City, IA	29:17	5:53

39	3	M16	Robert Hogg, 16, Cedar Rapids, IA	29:22	5:54
40	2	JrM	Justin MacDonald, 15, Anamosa, IA	29:27	5:55
5		OpW	Kim Pawelek, 36*, Jacksonville, FL	29:28	5:56
41	3	M50	Bobby Paxton, 53, Minneapolis, MN	29:30	5:56
42	4	M16	Alex Rigdon, 19, Ely, IA	29:37	5:58
43	5	M30	Kevin Egan, 34, Toledo, OH	29:38	5:58
6		OpW	Casey Owens, 27*, Des Moines, IA	29:39	5:58
44	4	M25	Jordan Witmer, 27, Cedar Rapids, IA	29:42	5:58
45	1	M35	Kent Miskimen, 38, Cedar Rapids, IA	29:44	5:59
46	6	M30	Morgan Parker, 32, Pella, IA	29:47	5:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
47	5	M16	Justin Heitz, 19, Walford, IA	29:48	6:00
48	2	M35	Brett Stephenson, 39, Cedar Rapids, IA	29:53	6:01
49	7	M30	Matt Cook, 30, Marion, IA	30:06	6:03
50	9	M20	Daniel Novak, 22, Iowa City, IA	30:08	6:04
7		OpW	Suzanne Ryan, 37*, West Chicago, IL	30:10	6:04
8		OpW	Marie Schofer, 28*, Mt Vernon, IA	30:11	6:04
51	10	M20	Benjamin Brown, 22, Highwood, IL	30:16	6:05
52	8	M30	Andrew Snyder, 34, Swisher, IA	30:17	6:05
53	11	M20	Jayson Lawton, 22, Lake Orion, MI	30:20	6:06
54	12	M20	Matt Jasper, 20, Cedar Rapids, IA	30:26	6:07
55	9	M30	Tim Kasperek, 31, Iowa City, IA	30:29	6:08
56	5	M25	Jekow D Olieny, 25, Hiawatha, IA	30:31	6:08
57	6	M16	Tyson Squiers, 19, Belle Plaine, IA	30:43	6:11
58	7	M16	Tyler Chlystun, 16, Marion, IA	30:43	6:11
59	10	M30	Chris Waterbury, 33, Marengo, IA	30:47	6:11
60	11	M30	Steve Bergen, 31, Cedar Rapids, IA	30:48	6:12
61	3	M45	Jeff Nietert, 49, Cedar Rapids, IA	30:49	6:12
62	8	M16	Jacob Schueller, 19, Cedar Rapids, IA	30:50	6:12
63	3	JrM	Christopher Welch, 15, Albia, IA	30:53	6:13
64	3	M35	Mike Lambert, 39, Monticello, IA	30:58	6:14
65	6	M25	Daren Schumaker, 29, Cedar Rapids, IA	31:00	6:14
66	4	M50	Jim Quigley, 53, Johnston, IA	31:01	6:14
9		OpW	Bonnie Sons, 44*, Shorewood, MN	31:01	6:14
67	3	M40	Chad Krueger, 42, Cedar Rapids, IA	31:22	6:19
68	7	M25	Adam Varo, 27, Cedar Rapids, IA	31:22	6:19
69	5	M50	Tom Novak, 51, Iowa City, IA	31:23	6:19
70	6	M50	Jon Swails, 50, Cedar Rapids, IA	31:23	6:19
71	12	M30	Caleb Brown, 30, Des Moines, IA	31:28	6:20
72	4	JrM	Brennan Bogert, 15, Iowa City, IA	31:31	6:20
73	4	M40	Michael Hughes, 43, Cedar Rapids, IA	31:33	6:21
74	8	M25	Scott Monroe, 26, Cedar Rapids, IA	31:33	6:21
75	9	M16	Ryan Smith, 16, Cedar Rapids, IA	31:35	6:21
10		OpW	Elaina Mertens, 24*, Cedar Rapids, IA	31:35	6:21
11	1	W20	Erin Penticoff, 23*, Cedar Rapids, IA	31:44	6:23
76	5	M40	David Reid, 43, Fairfax, IA	31:45	6:23
77	4	M45	Brett Roehlk, 47, Cedar Rapids, IA	31:50	6:24
12	1	W16	Kelsey Hart, 19*, Solon, IA	31:50	6:24
78	1	M55	Ken Konicek, 58, Pinedale, WY	31:53	6:25
79	13	M30	Matt Thede, 32, Ely, IA	31:58	6:26
80	5	M45	Robert Hartkemeyer, 49, Hiawatha, IA	32:07	6:28
81	10	M16	Michael Hoefler, 17, Cedar Rapids, IA	32:08	6:28
82	6	M45	Michael Schulte, 45, Cedar Rapids, IA	32:14	6:29
83	11	M16	Joe Frerichs, 19, Cedar Rapids, IA	32:17	6:30
84	4	M35	Keith Duster, 37, Solon, IA	32:18	6:30
85	9	M25	Chad Evans, 25, Cedar Rapids, IA	32:27	6:32
86	12	M16	Tyler Eckhardt, 18, Cedar Rapids, IA	32:28	6:32
87	6	M40	Roger Cassill, 44, Fairfax, IA	32:31	6:33
88	10	M25	Douglas Hass, 29, Cedar Rapids, IA	32:36	6:33
89	7	M40	Dave Beckman, 43, Cedar Rapids, IA	32:38	6:34
90	7	M45	Timothy Squiers, 48, Belle Plaine, IA	32:39	6:34
91	5	JrM	Nate Marti, 15, Mt Vernon, IA	32:40	6:34
92	8	M40	Samuel Houston, 43, Cedar Rapids, IA	32:43	6:35
93	8	M45	Don Lansing, 49, Marion, IA	32:46	6:35

13	2	W16	Madeline Becker, 18*, Cedar Rapids, IA	32:46	6:36
94	13	M16	Brady Bisgard, 16, Marion, IA	32:49	6:36
95	7	M50	Mark Young, 53, Iowa City, IA	32:49	6:36
96	13	M20	Jason Block, 20, Cedar Rapids, IA	32:53	6:37
97	11	M25	Jeff McClure, 25, Cedar Rapids, IA	32:59	6:38
98	14	M20	Erik Wolter, 20, Van Horne, IA	33:01	6:38
14	1	W25	Alice Anderson, 27*, Marion, IA	33:02	6:39
99	9	M40	Ken Wright, 41, Cedar Rapids, IA	33:07	6:40
15	2	W25	Brooke Ferguson, 27*, Fort Dodge, IA	33:08	6:40
100	8	M50	Terry Eason, 53, Waukee, IA	33:09	6:40
101	14	M30	Jonathan Holstrom, 33, Urbandale, IA	33:12	6:41
102	10	M40	Mike Zimmerman, 42, Marion, IA	33:12	6:41
16	2	W20	Sharon Heyer, 21*, Cedar Rapids, IA	33:14	6:41
103	5	M35	Pete Goedken, 39, Hiawatha, IA	33:14	6:41
104	11	M40	Todd Hubbard, 43, Iowa City, IA	33:15	6:41
105	1	M60	Jim Shimek, 62, Fairfax, IA	33:18	6:42
106	9	M45	Ryan Andersen, 46, Marion, IA	33:23	6:43
107	12	M40	Kyle Kolthoff, 42, Mableton, GA	33:23	6:43
17	3	W25	Kelly Baustian, 26*, Boulder, CO	33:24	6:43
108	9	M50	Bill Oliver, 52, Cedar Rapids, IA	33:26	6:44
109	10	M45	Kim Wander, 49, West Union, IA	33:33	6:45
110	6	M35	Randy Lamm, 35, Solon, IA	33:35	6:45
111	11	M45	Bret Boyer, 45, Cedar Rapids, IA	33:36	6:46
112	15	M20	Matt Hilby, 24, Independence, IA	33:38	6:46
113	12	M25	Benjamin Swan, 25, Olin, IA	33:39	6:46
114	12	M45	Jeff Madsen, 48, Cedar Rapids, IA	33:41	6:47
115	13	M45	Greg Eyerly, 45, Lisbon, IA	33:41	6:47
116	16	M20	Tim Anderson, 23, Cedar Rapids, IA	33:42	6:47
117	7	M35	Tom Daubs, 39, Marion, IA	33:44	6:47
118	14	M45	Darl Van Rheenen, 49, Amana, IA	33:46	6:48
18	3	W20	Keley Stueland, 22*, Tipton, IA	33:56	6:49
119	6	JrM	Zach Slusher, 15, Solon, IA	33:57	6:50
120	13	M25	Dan Gahring, 27, Cedar Rapids, IA	33:58	6:50
19	4	W25	Carrie DeSotel, 29*, Cedar Rapids, IA	34:00	6:50
121	7	JrM	Robbie Gearhart, 15, Cedar Rapids, IA	34:02	6:51
122	17	M20	Jacob Hutchinson, 20, Cedar Rapids, IA	34:04	6:51
123	15	M30	Christopher Nims, 33, Robins, IA	34:09	6:52
20	3	W16	Kristin Rogers, 17*, Cedar Rapids, IA	34:11	6:53
124	10	M50	Rick Colton, 50, Marion, IA	34:14	6:53
125	11	M50	Dallas Robertson, 53, Iowa City, IA	34:15	6:53
126	14	M25	Sam Dorsi, 26, Boulder, CO	34:17	6:54
127	13	M40	Monte Marti, 44, Mt Vernon, IA	34:18	6:54
128	15	M45	Randy Brecht, 49, Middle Amana, IA	34:21	6:55
21		MW	Karen Martin, 48*, Lisbon, IA	34:22	6:55
129	16	M30	Travis Richardson, 34, Cedar Rapids, IA	34:23	6:55
22	5	W25	Jackie Liebmann, 27*, Muscatine, IA	34:25	6:55
130	15	M25	Beau Brink, 27, Cedar Rapids, IA	34:25	6:55
131	8	M35	Michael Reardon, 38, Cedar Rapids, IA	34:29	6:56
23	6	W25	Julie Johnston, 26*, Cedar Rapids, IA	34:30	6:56
132	17	M30	Timothy McCormick, 33, Palo, IA	34:35	6:57
133	16	M45	Michael Glavan, 47, Cedar Rapids, IA	34:36	6:58
134	2	M55	Michael Nurre, 56, Cedar Rapids, IA	34:37	6:58
135	18	M30	Brian Peck, 33, Cedar Rapids, IA	34:39	6:58
136	12	M50	Calvin Wolter, 50, Van Horne, IA	34:39	6:58
137	14	M40	Jeffrey Cater, 41, Cedar Rapids, IA	34:40	6:58
138	13	M50	Bill Kettlekamp, 53, Marion, IA	34:41	6:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
139	14	M50	Guy Olson, 53, Cedar Rapids, IA	34:47	7:00
140	18	M20	Steve Hall, 23, Bloomington, IL	34:48	7:00
141	15	M50	Mike Skopec, 54, Traer, IA	34:48	7:00
142	17	M45	Greg Reynolds, 49, Cedar Rapids, IA	34:49	7:00
143	8	JrM	Joshua Wick, 15, Cedar Rapids, IA	34:53	7:01
144	16	M50	Eric Johnson, 50, Cedar Rapids, IA	34:55	7:01
24	4	W20	Melinda Dragonuk, 24*, Champaign, IL	34:56	7:02

25	7	W25	Sara Ziehr, 28*, Iowa City, IA	34:57	7:02
145	1	M65	Frank Davis, 65, Rock Falls, IL	34:58	7:02
26	1	W35	Kristi Shaffer, 39*, Cedar Rapids, IA	34:58	7:02
27	2	W35	Monica Boeckenstedt, 39*, Cedar Rapids, IA	35:00	7:03
146	16	M25	Leo Buzalsky, 26, Cedar Rapids, IA	35:01	7:03
147	14	M16	Corbin Beastrom, 18, Cedar Rapids, IA	35:01	7:03
148	9	JrM	Brent Kennicott, 15, Solon, IA	35:04	7:03
149	17	M25	Peter Konrad, 28, Cedar Rapids, IA	35:06	7:04
150	15	M16	Michael Ropp, 17, Cedar Rapids, IA	35:06	7:04
28	1	JrW	Lauren Benzing, 15*, Solon, IA	35:06	7:04
29	1	W30	Mindy Capron, 34*, Monticello, IA	35:08	7:04
151	19	M30	Jamie Sands, 34, Marion, IA	35:11	7:05
152	3	M55	Bob Strickland, 59, Marion, IA	35:11	7:05
153	16	M16	Evan Constant, 18, Solon, IA	35:12	7:05
154	10	JrM	Neil Harte, 14, Iowa City, IA	35:13	7:05
155	17	M50	Patrick Mally, 53, St Paul, MN	35:14	7:05
156	15	M40	Dain Jeppson, 43, Mt Vernon, IA	35:17	7:06
30	2	W30	Roxanne Johnston, 34*, Toddville, IA	35:19	7:06
157	18	M25	Troy Musser, 28, Cedar Rapids, IA	35:20	7:06
158	16	M40	Mark Akers, 40, North Liberty, IA	35:21	7:07
159	18	M50	Bill Hornett, 50, Hiawatha, IA	35:25	7:07
160	17	M16	Matt Wittman, 16, Cedar Rapids, IA	35:27	7:08
31		MW	Jane McGee, 48*, Hiawatha, IA	35:31	7:09
32	8	W25	Elizabeth Steele, 25*, Norway, IA	35:32	7:09
161	20	M30	Jonathan Myers, 33, North Liberty, IA	35:35	7:10
162	21	M30	Ryan Scheckel, 31, Palo, IA	35:37	7:10
163	19	M50	Nick Daedlow, 51, Independence, IA	35:37	7:10
164	22	M30	Jeremy Bartlett, 34, Alburnett, IA	35:38	7:10
165	18	M45	Brad Thomason, 45, Marion, IA	35:41	7:11
166	19	M25	Travis Hilsabeck, 29, Prairie City, IA	35:43	7:11
167	19	M45	Bob Brooker, 47, Cedar Rapids, IA	35:43	7:11
168	20	M45	John Peters, 45, Cedar Rapids, IA	35:45	7:11
169	20	M25	Cameron Herr, 25, St Louis Park, MN	35:45	7:11
170	18	M16	Andy Constant, 18, Solon, IA	35:45	7:12
171	23	M30	Christopher Ellis, 34, Chicago, IL	35:46	7:12
33	1	W40	Deb Gaddis, 43*, Solon, IA	35:46	7:12
172	19	M20	Craig Byers, 24, Cedar Rapids, IA	35:52	7:13
173	17	M40	Gregory Murphy, 41, Iowa City, IA	35:54	7:13
174	9	M35	Rob Kasper, 38, Cedar Rapids, IA	35:55	7:14
175	21	M25	John Hackbarth, 28, Cedar Rapids, IA	35:55	7:14
176	22	M25	Joel Cardo, 28, Center Point, IA	35:56	7:14
177	23	M25	John Haman, 26, Iowa City, IA	35:58	7:14
34	4	W16	Katharine Manders, 18*, Cedar Rapids, IA	35:59	7:14
178	21	M45	Andy Roat, 48, Des Moines, IA	36:01	7:15
179	20	M20	Ben Watson, 21, Cedar Rapids, IA	36:03	7:15
180	10	M35	Jimmy Berger, 39, Cedar Rapids, IA	36:05	7:15
181	11	M35	Kirk Wischmeyer, 37, Mount Vernon, IA	36:06	7:16
182	24	M30	John Hoffman, 30, Cedar Rapids, IA	36:06	7:16
183	25	M30	James Thomas, 30, Marion, IA	36:06	7:16
184	21	M20	Derrick Vandermullen, 20, Hiawatha, IA	36:11	7:17
185	11	JrM	Nick Waterhouse, 14, Cedar Rapids, IA	36:11	7:17
186	22	M45	Lane Prochnow, 46, Cedar Rapids, IA	36:12	7:17
187	22	M20	Barry Francois, 24, Manchester, IA	36:12	7:17
188	4	M55	Gene Wandling, 59, Iowa City, IA	36:15	7:18
189	24	M25	Jared Carter, 26, Coralville, IA	36:16	7:18
35	1	W55	Andriette Wickstrom, 55*, Storm Lake, IA	36:17	7:18
190	26	M30	Spencer Reed, 32, Cedar Rapids, IA	36:19	7:18
191	27	M30	Aaron Baumert, 30, Cedar Rapids, IA	36:21	7:19
192	20	M50	Mike Schneekloth, 50, Cedar Rapids, IA	36:24	7:19
193	23	M45	Keith Brantley, 48, Jacksonville, FL	36:26	7:20
36	2	W40	Kristin Ihle, 41*, Oak Creek, WI	36:26	7:20
37	5	W20	Ramsey Steiner, 20*, Cedar Rapids, IA	36:28	7:20
194	12	M35	Scott Ziehr, 35, Iowa City, IA	36:33	7:21
195	13	M35	Brent Oleson, 39, Marion, IA	36:35	7:22
196	21	M50	Kim Brant, 51, Atkins, IA	36:38	7:22

38	9	W25	Darcy Ehrmann, 28*, Cedar Rapids, IA	36:40	7:23
197	24	M45	Joe Schreder, 49, Mt Vernon, IA	36:42	7:23
198	2	M60	Dale Hanna, 61, Cedar Rapids, IA	36:43	7:23
199	18	M40	John P Parker, 42, Bettendorf, IA	36:44	7:23
200	12	JrM	Tristan Bennett, 14, Marion, IA	36:50	7:25
201	14	M35	Colby Burke, 39, Arlington Hts, IL	36:51	7:25
202	25	M45	Tim Wittman, 45, Cedar Rapids, IA	36:53	7:25
39	3	W40	Tonya Barber, 40*, Fort Collins, CO	36:55	7:26
203	13	JrM	Nathan Waterhouse, 14, Cedar Rapids, IA	36:55	7:26
204	28	M30	Aaron Meyer, 31, Cedar Rapids, IA	36:56	7:26
205	19	M40	Jason Aarhus, 42, Cedar Rapids, IA	36:57	7:26
206	2	M65	Thomas Kirkwood, 66, Dyersville, IA	36:59	7:26
207	25	M25	Benn Pierce, 26, Cedar Rapids, IA	37:00	7:27
208	15	M35	Robert Pollitt, 38, Cedar Rapids, IA	37:01	7:27
209	16	M35	Scott Brighton, 35, Monticello, IA	37:04	7:27
210	20	M40	Graig Cone, 44, Cedar Rapids, IA	37:06	7:28
40	2	JrW	Shannon Gorman, 13*, Springville, IA	37:06	7:28
211	29	M30	Chad LeFevere, 34, Shellsburg, IA	37:06	7:28
212	19	M16	Zach Parsons, 18, Cedar Rapids, IA	37:09	7:28
213	23	M20	Nick Adams, 24, Marion, IA	37:13	7:29
41	10	W25	Vanessa Vega, 27*, Cedar Rapids, IA	37:15	7:30
214	24	M20	Bond Harman, 20, Cedar Rapids, IA	37:17	7:30
215	20	M16	Michael Streit, 17, Bettendorf, IA	37:18	7:30
216	17	M35	Joe Bails, 38, Mohemt, IL	37:22	7:31
217	25	M20	Colin Sullivan, 24, Cedar Rapids, IA	37:22	7:31
42	11	W25	Laura Stradt, 27*, Marion, IA	37:22	7:31
43	3	W35	Stephanie Hoepfer, 35*, North Liberty, IA	37:23	7:31
44	12	W25	Liz Healy, 27*, Ely, IA	37:23	7:31
218	22	M50	Kurt Langel, 52, Cedar Rapids, IA	37:24	7:31
219	26	M45	Bill Freese, 48, Cedar Rapids, IA	37:24	7:31
220	26	M20	Ryan Clark, 23, Cedar Rapids, IA	37:25	7:32
221	27	M45	Bob Read, 45, Marion, IA	37:25	7:32
222	30	M30	Kelly Carpenter, 32, Waterloo, IA	37:28	7:32
45	13	W25	Kristin Carpenter, 29*, Waterloo, IA	37:28	7:32
223	31	M30	Dustin Beck, 33, Cedar Rapids, IA	37:31	7:33
224	23	M50	Steve Holler, 50, Chicago, IL	37:31	7:33
225	32	M30	Michael Vuichard, 31, Cedar Rapids, IA	37:33	7:33
226	24	M50	Allan Mallie, 50, Mount Vernon, IA	37:34	7:34
227	26	M25	Mark Allen, 25, Cedar Rapids, IA	37:35	7:34
46	4	W35	Tami Skriver, 38*, Walford, IA	37:35	7:34
228	18	M35	Tim Brenza, 35, Coralville, IA	37:35	7:34
229	21	M40	Bill Koons, 40, Cedar Rapids, IA	37:37	7:34
47	3	W30	Lynn Westfall, 30*, Coralville, IA	37:40	7:35
230	28	M45	Bill Heitz, 49, Walford, IA	37:42	7:35
48	4	W30	Michelle Young, 32*, Hamilton, IL	37:43	7:35
231	19	M35	Eric Gift, 38, Cedar Rapids, IA	37:44	7:35
232	33	M30	Jon Scheib, 30, Cedar Rapids, IA	37:44	7:35
233	34	M30	Ryan Rieck, 34, Center Point, IA	37:45	7:36
49	14	W25	Amy Hamilton, 28*, Cedar Rapids, IA	37:46	7:36
234	20	M35	Ryan Post, 37, Marion, IA	37:47	7:36
235	21	M35	Chad Gammon, 37, Cedar Rapids, IA	37:48	7:36
236	29	M45	Mark Rocarek, 45, Vinton, IA	37:49	7:36
237	22	M35	Brady Van Voorst, 35, Cedar Rapids, IA	37:53	7:37
50	5	W35	Rae Lynn Lamparek, 39*, Swisher, IA	37:58	7:38
238	35	M30	Nicholas Snaevly, 30, Cedar Rapids, IA	38:00	7:39
239	36	M30	Jesse Dunn, 32, St Louis Park, MN	38:02	7:39
51	15	W25	Liz Jobe, 25*, Chicago, IL	38:03	7:39
240	3	M60	David Coates, 61, Cedar Rapids, IA	38:04	7:39
241	21	M16	Sean Kenel, 17, Cedar Rapids, IA	38:05	7:40
242	37	M30	Dale Hughes, 30, Ely, IA	38:05	7:40
243	25	M50	Thomas Dirks, 54, Mingo, IA	38:05	7:40
244	27	M25	Zach Paulson, 27, Cedar Rapids, IA	38:06	7:40
245	3	M65	David Kutter, 67, Cedar Rapids, IA	38:07	7:40
52	5	W16	Olivia Palmer, 19*, Van Meter, IA	38:10	7:41
246	5	M55	Rich Block, 55, Cedar Rapids, IA	38:10	7:41

53	3 JrW	Sarah Manders, 15*, Cedar Rapids, IA	38:12	7:41
247	23 M35	Erich Hoffmeier, 39, Cedar Rapids, IA	38:15	7:42
54	4 W40	Joy Tinnes, 41*, Iowa City, IA	38:15	7:42
55	16 W25	Erika Hass, 26*, Cedar Rapids, IA	38:19	7:43
248	24 M35	Steve Fish, 36, Marion, IA	38:20	7:43
56	6 W16	Maegan Leskovec, 19*, Cedar Rapids, IA	38:21	7:43
249	22 M40	Jeff Erickson, 40, Cedar Rapids, IA	38:22	7:43
250	23 M40	Wes Bruns, 42, Cedar Rapids, IA	38:23	7:43
251	6 M55	Nick Scott, 58, Cedar Rapids, IA	38:25	7:44
252	30 M45	Frank Gaffney, 45, Marion, IA	38:26	7:44
253	27 M20	Alex Stone, 22, Cedar Falls, IA	38:28	7:44
254	24 M40	Todd Gelo, 41, Cedar Rapids, IA	38:29	7:44
255	28 M25	Kyle Mallie, 25, Cedar Rapids, IA	38:29	7:44
256	38 M30	Ryan Brant, 31, Davenport, IA	38:30	7:45
257	25 M40	Dave Zahradnik, 40, Cedar Rapids, IA	38:32	7:45
57	5 W30	Christina Djerf, 31*, Cedar Rapids, IA	38:33	7:45
258	25 M35	Troy Smith, 36, Cedar Rapids, IA	38:34	7:45
259	39 M30	Brian Fagan, 32, Cedar Rapids, IA	38:34	7:45
58	6 W30	Deirdre Nims, 34*, Robins, IA	38:34	7:46
260	26 M40	Steve Feldmann, 42, Iowa City, IA	38:35	7:46
261	31 M45	Dave Schreck, 48, Cedar Rapids, IA	38:38	7:46
59	7 W16	Breanna Gaster, 16*, Walford, IA	38:38	7:46
60	17 W25	Ellen Young, 29*, Clive, IA	38:39	7:47
262	26 M50	Brian Wiebke, 50, Marion, IA	38:41	7:47
263	26 M35	Jaye Heater, 37, Marion, IA	38:42	7:47
264	40 M30	Jason Everett, 30, Cedar Rapids, IA	38:42	7:47
265	27 M50	Ted Olson, 50, Hiawatha, IA	38:42	7:47
61	5 W40	Patty Benzing, 42*, Solon, IA	38:45	7:48
266	27 M40	Mark Jacobson, 41, Cedar Rapids, IA	38:46	7:48
267	28 M50	Jim Wilson, 53, Marion, IA	38:48	7:48
268	7 M55	Mark Duskocil, 55, Cedar Hill, TX	38:48	7:48
62	6 W20	Kelsey Labs, 20*, Marion, IA	38:48	7:48
269	41 M30	Aaron Maue, 34, Walker, IA	38:50	7:49
63	18 W25	Erin Bone, 25*, Monticello, IA	38:52	7:49
270	27 M35	Ethan Gucca, 35, Iowa City, IA	38:52	7:49
271	29 M25	Gabriel Wylder, 27, Iowa City, IA	38:52	7:49
64	19 W25	Katie Huether, 25*, Cedar Rapids, IA	38:53	7:49
272	29 M50	Kevin Costigan, 50, Cedar Rapids, IA	38:53	7:49
273	4 M60	Michael Clemen, 62, Clarksville, GA	38:55	7:50
65	7 W30	Brandy Hoffmeier, 32*, Cedar Rapids, IA	38:57	7:50
274	32 M45	Jeff Pick, 48, Cedar Rapids, IA	38:58	7:50
275	28 M35	John Kaiser, 36, Marion, IA	39:01	7:51
276	42 M30	Charlie Knight, 30, Coralville, IA	39:01	7:51
277	43 M30	John Eikenberry, 33, Center Point, IA	39:02	7:51
66	6 W40	Kelly Jensen, 40*, Toddville, IA	39:02	7:51
278	44 M30	Phil Hartgrave, 30, Cedar Rapids, IA	39:03	7:51
279	14 JrM	Kiernan Richardson, 14, Cedar Rapids, IA	39:04	7:52
280	28 M40	William Croghan, 42, Center Point, IA	39:04	7:52
281	29 M40	Kevin Gamble, 42, Marion, IA	39:07	7:52
282	28 M20	Clayton Besong, 22, Cedar Rapids, IA	39:07	7:52
67	7 W20	Tara Squiers, 22*, Dubuque, IA	39:09	7:53
283	30 M25	Josh Handke, 25, Dubuque, IA	39:10	7:53
284	31 M25	Mike Miller, 27, Lone Tree, IA	39:10	7:53
285	29 M20	Chris James, 24, Cedar Rapids, IA	39:10	7:53
68	1 W45	Cathy Lack, 49*, East Moline, IL	39:11	7:53
286	45 M30	Christopher Carstensen, 33, Cedar Rapids, IA	39:13	7:53
287	33 M45	Joel Penticoff, 49, Cedar Rapids, IA	39:14	7:53
288	8 M55	Dan Martin, 55, Cedar Rapids, IA	39:15	7:54
289	29 M35	Kevin MacDonald, 38, San Diego, CA	39:16	7:54
290	30 M35	Dean Karl, 35, Cedar Rapids, IA	39:16	7:54
69	8 W30	Aimee Walsh, 30*, Marion, IA	39:17	7:54
291	9 M55	David Gee, 59, Cedar Rapids, IA	39:18	7:54
292	30 M40	Matt Shaffer, 42, Cedar Rapids, IA	39:19	7:55
70	7 W40	Diana Croghan, 41*, Center Point, IA	39:19	7:55

293	30 M50	John Burke, 52, Cedar Rapids, IA	39:19	7:55
294	34 M45	Kelly Steele, 46, Hiawatha, IA	39:20	7:55
71	8 W20	Kylie Helgens, 24*, Cedar Rapids, IA	39:20	7:55
295	35 M45	Mike Yeries, 45, Oxford, IA	39:23	7:55
296	31 M40	William Higgins, 41, Marion, IA	39:23	7:55
297	31 M50	Bryce Henson, 54, North Liberty, IA	39:25	7:56
298	46 M30	Curtis Rieney, 34, Marion, IA	39:27	7:56
299	32 M40	Dan Dirks, 44, Coralville, IA	39:29	7:57
300	30 M20	Bobby Varian, 20, Center Point, IA	39:30	7:57
72	9 W30	Jenny Beck, 32*, Cedar Rapids, IA	39:30	7:57
301	10 M55	Roy Kottal, 55, Cedar Rapids, IA	39:30	7:57
73	2 W45	Sara Todd, 47*, Cedar Rapids, IA	39:33	7:57
302	32 M25	Robby Marvin, 26, Cedar Rapids, IA	39:35	7:58
303	31 M20	William Wahle, 23, Iowa City, IA	39:35	7:58
304	33 M40	Pat Knaub, 42, Cedar Rapids, IA	39:37	7:58
74	8 W40	Amy Homan, 43*, Cedar Rapids, IA	39:37	7:58
305	47 M30	Jason Hicks, 32, Cedar Rapids, IA	39:37	7:58
75	3 W45	Linda Wilson, 47*, Lisbon, IA	39:39	7:59
76	6 W35	Anita Volk, 36*, Palo, IA	39:40	7:59
306	4 M65	Ken Jans, 65, Ely, IA	39:41	7:59
307	11 M55	Mark Powers, 55, Cedar Rapids, IA	39:41	7:59
308	33 M25	Jeremiah Costello, 27, Bennett, IA	39:42	7:59
77	9 W20	Sarah Costello, 24*, Bennett, IA	39:43	7:59
309	15 JrM	Samuel Eck, 12, Cedar Rapids, IA	39:44	7:59

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78	4 JrW	Amanda Weyer, 15*, Swisher, IA	39:46	8:00
79	20 W25	Sarah Baumert, 27*, Cedar Rapids, IA	39:48	8:00
310	5 M60	Bruce Bachmann, 60, Cedar Rapids, IA	39:49	8:01
311	32 M20	Sam Roof, 22, Cedar Rapids, IA	39:51	8:01
312	32 M50	John Roof, 53, Cedar Rapids, IA	39:51	8:01
313	33 M50	John Nollsch, 53, Cedar Rapids, IA	39:53	8:01
314	36 M45	Rick Klinger, 47, Cedar Rapids, IA	39:54	8:02
315	31 M35	Mathew Cagnard, 39, Cedar Rapids, IA	39:57	8:02
316	48 M30	Michael Armstrong, 31, Central City, IA	39:59	8:03
80	21 W25	Maggie Peck, 29*, Winthrop, IA	40:00	8:03
317	32 M35	Barry Anderson, 37, Mount Vernon, IA	40:05	8:04
318	34 M40	Brian Gallagher, 40, Cedar Rapids, IA	40:05	8:04
81	9 W40	Chuck Hardin, 43*, Cedar Rapids, IA	40:06	8:04
82	22 W25	Heather Trana, 25*, Centerville, GA	40:06	8:04
83	23 W25	Kortney Moel, 27*, Lisbon, IA	40:06	8:04
319	33 M35	Noland Gurwell, 35, Cedar Rapids, IA	40:07	8:04
320	16 JrM	Soctt Stingley, 15, Monticello, IA	40:07	8:04
84	7 W35	Kathy Mellen, 37*, Coralville, IA	40:10	8:05
321	37 M45	John Kurtz, 47, Cedar Rapids, IA	40:10	8:05
322	38 M45	Daniel Reed, 49, Edina, MN	40:10	8:05
323	34 M25	Jeff Bendull, 27, Urbana, IA	40:11	8:05
85	24 W25	Nadine Myers, 29*, Walker, IA	40:11	8:05
86	25 W25	Michelle Silver, 27*, Cedar Rapids, IA	40:11	8:05
324	35 M25	Matthew Cunnien, 28, Marion, IA	40:16	8:06
325	12 M55	Greg Jobe, 56, Marion, IA	40:17	8:06
326	34 M50	Daniel Gee, 53, Cedar Rapids, IA	40:17	8:06
327	49 M30	Justin Ehm, 32, Cedar Rapids, IA	40:18	8:06
87	4 W45	StacyAnn McDowell, 47*, Cedar Rapids, IA	40:19	8:07
328	5 M65	Jim Cottingham, 66, West Branch, IA	40:19	8:07
88	10 W30	Stacie Merta, 31*, Marion, IA	40:20	8:07
89	10 W20	Anne Moorhead, 24*, Iowa City, IA	40:21	8:07
329	35 M40	David Parker, 40, Cedar Rapids, IA	40:22	8:07
330	39 M45	Phillip Huber, 47, Cedar Rapids, IA	40:22	8:07
331	36 M25	Andrew Callahan, 27, Cedar Rapids, IA	40:23	8:07
332	50 M30	Denton DeSotel, 30, Cedar Rapids, IA	40:23	8:07
333	36 M40	Scott Popejoy, 41, Cedar Rapids, IA	40:26	8:08
90	11 W20	Linda Freiha, 23*, Cedar Rapids, IA	40:27	8:08
91	10 W40	Barb Goodman, 43*, Dubuque, IA	40:27	8:08
334	35 M50	Paul Johanson, 50, Oxford, IA	40:30	8:09

335	17 JrM	Lindsay Mueller, 15, Cedar Rapids, IA	40:31	8:09
336	40 M45	Michael Walenta, 49, Omaha, NE	40:33	8:10
92	1 W50	Mary Keane, 50*, Cedar Rapids, IA	40:38	8:10
337	41 M45	Eric Mueller, 45, Cedar Rapids, IA	40:38	8:10
338	37 M40	Larry Kram, 42, Cedar Rapids, IA	40:38	8:10
93	8 W35	Annette Lorenz, 39*, Cedar Rapids, IA	40:43	8:12
339	36 M50	Scott Ransom, 51, Cedar Rapids, IA	40:44	8:12
94	9 W35	Sarah Wilson, 38*, Cedar Rapids, IA	40:45	8:12
95	11 W30	Stacy Huber, 33*, Cedar Rapids, IA	40:46	8:12
340	37 M50	William Johnson, 54, Iowa City, IA	40:47	8:12
341	51 M30	Brian Huber, 34, Cedar Rapids, IA	40:48	8:12
342	38 M50	James Craig, 53, Cedar Rapids, IA	40:51	8:13
343	37 M25	Matt Fosler, 25, Anamosa, IA	40:53	8:13
344	18 JrM	Kevin Simons, 14, Cedar Rapids, IA	40:53	8:13
96	12 W30	Heather Fleming, 33*, Robins, IA	40:54	8:14
345	38 M25	Jeff Miller, 29, Cedar Rapids, IA	40:55	8:14
97	2 W50	Sharon Hollinrake, 53*, Marion, IA	40:56	8:14
98	26 W25	Darby Hollinrake, 26*, Chicago, IL	40:56	8:14
346	39 M25	Brian Zias, 27, Cedar Rapids, IA	40:56	8:14
347	6 M60	Gordy Strickland, 63, Rochester, MN	40:58	8:14
99	8 W16	Hannah Skopec, 18*, Iowa City, IA	40:59	8:15
348	38 M40	Chris Kamman, 41, Cedar Rapids, IA	41:00	8:15
100	27 W25	Carissa Oltmann, 28*, Cedar Rapids, IA	41:02	8:15
101	12 W20	Keri Schaefer, 21*, Cedar Rapids, IA	41:02	8:15
349	39 M50	Jim Sines, 53, Cedar Rapids, IA	41:05	8:16
350	39 M40	Chris Coffey, 40, Iowa City, IA	41:05	8:16
102	10 W35	Kim Fall, 39*, Lisbon, IA	41:08	8:17
351	19 JrM	Peter, Jr. Watson, 15, Cedar Rapids, IA	41:11	8:17
352	52 M30	Charlie Shaw, 30, Cedar Rapids, IA	41:11	8:17
353	22 M16	Aaron Sheronick, 19, Spartanburg, SC	41:12	8:17
103	11 W35	Karla Westpheling, 39*, Cedar Rapids, IA	41:12	8:17
354	40 M25	Jeremy Hissem, 29, Lone Tree, IA	41:14	8:18
104	3 W50	Lorrie Copper, 53*, Marion, IA	41:14	8:18
105	5 W45	Lori Gichard, 49*, Cedar Rapids, IA	41:14	8:18
355	42 M45	Jay Honohan, 45, Iowa City, IA	41:15	8:18
356	41 M25	Joshua Tew, 29, Cedar Rapids, IA	41:17	8:18
357	33 M20	Luke Hoffmann, 20, Peosta, IA	41:18	8:18
106	12 W35	Candie Levi, 36*, Cedar Rapids, IA	41:19	8:19
107	13 W30	Lori Kasperek, 31*, Iowa City, IA	41:22	8:19
358	53 M30	Jared Aarons, 30, Cedar Rapids, IA	41:22	8:19
359	40 M40	Kevin Nowak, 43, Cedar Rapids, IA	41:27	8:20
360	43 M45	Bruce Knight, 47, Cedar Rapids, IA	41:29	8:21
361	44 M45	Mark Chipokas, 46, Cedar Rapids, IA	41:29	8:21
362	23 M16	Lukas Schroder, 18, Shellsburg, IA	41:29	8:21
108	9 W16	Rachel Brant, 18*, Atkins, IA	41:30	8:21
109	11 W40	Cindy Squires, 43*, Cedar Rapids, IA	41:30	8:21
363	40 M50	Bob Hanson, 52, Cedar Rapids, IA	41:30	8:21
364	41 M50	Matthew Carrico, 52, Mount Vernon, IA	41:31	8:21
110	4 W50	Debbie Carrico, 51*, Mount Vernon, IA	41:33	8:22
365	45 M45	Kevin Steele, 48, Lisbon, IA	41:35	8:22
366	13 M55	Mark Ramsey, 59, Cedar Rapids, IA	41:36	8:22
367	42 M50	Joel Easton, 52, Cedar Rapids, IA	41:36	8:22
111	14 W30	Jenelle Sisneros, 34*, Cedar Rapids, IA	41:37	8:22
112	28 W25	Brianna Balint, 27*, Cedar Rapids, IA	41:37	8:22
368	54 M30	David Leskowitz, 34, Marion, IA	41:39	8:23
113	1 W65	Liz Efting, 68*, Cedar Rapids, IA	41:41	8:23
114	29 W25	Liz Craig, 28*, Iowa City, IA	41:43	8:24
369	34 M35	Dan Duello, 39, Ely, IA	41:46	8:24
115	13 W20	Chelsee Shortt, 22*, Cedar Rapids, IA	41:47	8:24
116	14 W20	Jynelle Gorka, 24*, Cedar Rapids, IA	41:47	8:24
370	35 M35	Kori Sickles, 35, Cedar Rapids, IA	41:49	8:25
117	6 W45	Jeanine Penticoff, 48*, Cedar Rapids, IA	41:49	8:25
118	13 W35	Molly Newhouse, 36*, Cedar Rapids, IA	41:51	8:25
119	5 W50	Belinda Gee, 52*, Cedar Rapids, IA	41:51	8:25
371	14 M55	Randy King, 57, Marion, IA	41:52	8:25

372	24	M16	Brian Simons, 17, Cedar Rapids, IA	41:54	8:26
373	55	M30	Brian Long, 30, Cedar Rapids, IA	41:57	8:26
374	36	M35	Jason Charley, 36, Dubuque, IA	41:58	8:27
375	37	M35	Noel Licht, 38, Cedar Rapids, IA	42:00	8:27
120	15	W30	Leah Woodward, 30*, Iowa City, IA	42:00	8:27
376	43	M50	Matthew Doty, 50, Cedar Rapids, IA	42:04	8:28
377	44	M50	Mike Peiffer, 51, Cedar Rapids, IA	42:05	8:28
121	7	W45	Tina Becker, 49*, Watkins, IA	42:07	8:28
378	38	M35	Jason Reiseck, 37, Ely, IA	42:07	8:28
379	46	M45	Greg Wild, 46, Marion, IA	42:08	8:29
122	15	W20	Ann Schnoebelen, 20*, Cedar Rapids, IA	42:10	8:29
380	41	M40	Bernado Perez, 42, Coralville, IA	42:11	8:29
123	16	W30	Mariah Hurley, 33*, Cedar Rapids, IA	42:11	8:29
381	42	M40	Tim Carey, 44, Cedar Rapids, IA	42:14	8:30
124	17	W30	Kaitlyn Ingraham, 30*, Toddville, IA	42:14	8:30
382	47	M45	Dave Hughes, 47, Cedar Rapids, IA	42:15	8:30
383	48	M45	Jim Cox, 49, Robins, IA	42:17	8:30
384	56	M30	Ryan Buresh, 32, Cedar Rapids, IA	42:17	8:30
125	12	W40	Traci Beitzel, 43*, Cedar Rapids, IA	42:20	8:31
385	39	M35	Brad Stapley, 38, Cedar Rapids, IA	42:25	8:32
386	45	M50	Jim Becker, 52, Watkins, IA	42:26	8:32
387	46	M50	Don Klingenberger, 51, Cedar Rapids, IA	42:26	8:32
388	40	M35	Chuck Augustine, 38, Cedar Rapids, IA	42:28	8:33
389	57	M30	Doug Fishwild, 31, Marion, IA	42:30	8:33
390	49	M45	Rick Swan, 49, Olin, IA	42:30	8:33
391	7	M60	Al Kacere, 62, Marion, IA	42:30	8:33
392	42	M25	John Lochausen, 28, Cedar Rapids, IA	42:31	8:33
393	43	M40	Todd Montgomery, 41, Cedar Rapids, IA	42:31	8:33
394	15	M55	Harlan Gillespie, 56, Cedar Rapids, IA	42:32	8:33
395	41	M35	Benjamin Hanson, 35, Cedar Rapids, IA	42:35	8:34
126	2	W55	Trish Prokop, 56*, Cedar Rapids, IA	42:35	8:34
396	58	M30	Eric Olinger, 32, Ankeny, IA	42:36	8:34
127	16	W20	Krista Young, 21*, Cedar Rapids, IA	42:37	8:34
128	13	W40	Diane Ropp, 43*, Cedar Rapids, IA	42:38	8:35
397	47	M50	Jerry Tiedt, 54, Cedar Rapids, IA	42:39	8:35
398	43	M25	Tim Strandberg, 29, Liberty, MO	42:40	8:35
129	10	W16	Caitlin Sole, 19*, Cedar Rapids, IA	42:40	8:35
399	44	M40	Richard Zettler, 41, Cedar Rapids, IA	42:41	8:35
400	48	M50	Mike Detweiler, 51, Cedar Rapids, IA	42:41	8:35
130	14	W35	Ashlee Fandell, 35*, Cedar Rapids, IA	42:41	8:35
401	45	M40	Blake Wilkinson, 42, Marion, IA	42:42	8:35
131	14	W40	Shelley Vandraska, 43*, Swisher, IA	42:43	8:36
402	42	M35	Stephen Szewc, 37, Marion, IA	42:46	8:36
132	5	JrW	Allison Culver, 13*, Cedar Rapids, IA	42:46	8:36
133	30	W25	Natalie Heineman, 29*, Cedar Rapids, IA	42:47	8:36
403	50	M45	Jody Weigel, 45, Cedar Rapids, IA	42:49	8:37
404	16	M55	Tim Waddilove, 59, Cedar Rapids, IA	42:50	8:37
134	15	W35	Brenda Olson, 35*, Cedar Rapids, IA	42:51	8:37
135	18	W30	Melissa McMullen, 33*, North Liberty, IA	42:55	8:38
405	49	M50	James Weldon, 50, Cedar Rapids, IA	42:58	8:39
136	6	W50	Patti Sprague, 51*, Mt Vernon, IA	42:59	8:39
137	15	W40	Wendy Frse, 43*, Cedar Rapids, IA	42:59	8:39
138	19	W30	Erin Wilson, 31*, Cedar Rapids, IA	43:02	8:39
406	8	M60	Larry Maiers, 60, Cedar Rapids, IA	43:02	8:39
407	50	M50	Wes Nelson, 54, Marion, IA	43:02	8:39
408	17	M55	Mark Watson, 59, Cedar Rapids, IA	43:02	8:39
139	8	W45	Patricia Kenel, 49*, Cedar Rapids, IA	43:06	8:40
409	18	M55	Steven Sisco, 56, Cedar Rapids, IA	43:07	8:40
410	59	M30	Cory Thompson, 30, Vernon Hills, IL	43:08	8:41
411	44	M25	Matthew Thompson, 29, Vernon Hills, IL	43:08	8:41
140	17	W20	Casey Baustian, 24*, Minneapolis, MN	43:09	8:41
141	18	W20	Kate Baustian, 20*, Cedar Rapids, IA	43:10	8:41
412	60	M30	Benjamin Venteicher, 32, Cedar Rapids, IA	43:11	8:41
413	43	M35	Michael Culver, 36, Cedar Rapids, IA	43:12	8:41
142	31	W25	Mary Boots, 25*, Cedar Rapids, IA	43:13	8:42

143	11	W16	Anna Kline, 17*, Cedar Rapids, IA	43:15	8:42
414	45	M25	Zachary French, 26, Cedar Rapids, IA	43:17	8:42
144	12	W16	Anna Fisher, 17*, Iowa, IA	43:18	8:43
415	34	M20	Jacob Swan, 22, Iowa City, IA	43:21	8:43
145	19	W20	Charitey Rowden, 22*, Shellsburg, IA	43:22	8:43
416	44	M35	Gene Ries, 37, Robins, IA	43:22	8:43
417	35	M20	Devin Toll, 23, Robins, IA	43:23	8:44
146	32	W25	Sarah Young, 27*, Marion, IA	43:23	8:44
418	45	M35	John Gianforte, 39, Cedar Rapids, IA	43:24	8:44
419	36	M20	Matt Boleyn, 24, Dubuque, IA	43:24	8:44
147	16	W40	Kathy Skopec, 44*, Coralville, IA	43:25	8:44
420	46	M25	Michael Keesy, 26, Grovetown, GA	43:25	8:44
148	3	W55	Claudia Scott, 59*, Marion, IA	43:26	8:44
149	20	W30	Dawn Joseph, 32*, Marion, IA	43:28	8:45
421	51	M45	Edward Meissner, 47, Cedar Rapids, IA	43:28	8:45
150	13	W16	Jade Grimm, 19*, Cedar Rapids, IA	43:28	8:45
422	19	M55	Randy Snook, 55, Cedar Rapids, IA	43:28	8:45
423	47	M25	Andy Petersen, 27, Cedar Rapids, IA	43:29	8:45
151	14	W16	Jennifer Snook, 19*, Cedar Rapids, IA	43:29	8:45
424	48	M25	Marshall Mollenhauer, 27, Marion, IA	43:30	8:45
425	20	M55	Donovan Trana, 56, Coralville, IA	43:30	8:45
152	20	W20	Jamie Fosler, 24*, Anamosa, IA	43:31	8:45
153	33	W25	Candace Wood, 28*, Marion, IA	43:35	8:46
426	46	M35	Luis Cruz, 35, Center Point, IA	43:37	8:46
427	46	M40	Matthew Engelbert, 40, Coralville, IA	43:38	8:47
154	34	W25	Silje Lynne, 27*, Marion, IA	43:40	8:47
428	6	M65	Dean Wieditz, 67, Vinton, IA	43:42	8:48
429	61	M30	Matthew Piersall, 34, Cedar Rapids, IA	43:44	8:48
155	9	W45	Karen Knight, 46*, Hiawatha, IA	43:50	8:49
156	21	W30	Sarah St. John, 31*, Cedar Rapids, IA	43:50	8:49
157	35	W25	Kelly Kleopfer, 29*, Cedar Rapids, IA	43:51	8:49
158	36	W25	Stacey Guertin, 29*, Cedar Rapids, IA	43:51	8:49
430	52	M45	Michael Schueller, 47, Cedar Rapids, IA	43:52	8:49
431	51	M50	Steve Noonan, 50, Robins, IA	43:52	8:50
159	17	W40	Stephanie Frazee, 44*, Fairfax, IA	43:55	8:50
160	10	W45	Tania Drinkwater, 46*, Marion, IA	43:55	8:50
432	52	M50	Terry Pizinger, 51, Solon, IA	43:56	8:50
161	18	W40	Deb Schultejans, 41*, Cedar Rapids, IA	43:58	8:51
433	47	M40	Kurt Veenstra, 41, Cedar Rapids, IA	43:59	8:51
434	53	M45	Scott Schulte, 49, Cedar Rapids, IA	44:01	8:51
162	11	W45	Jackie Barnum, 49*, Cedar Rapids, IA	44:04	8:52
163	16	W35	Kelly Karns, 35*, Cedar Rapids, IA	44:04	8:52
164	17	W35	Kelly K Kornegor, 36*, Cedar Rapids, IA	44:06	8:52
165	22	W30	Valerie Cantrell, 30*, Pleasant Hill, CA	44:06	8:52
166	18	W35	Elizabeth Johnson, 35*, Marion, IA	44:07	8:53
167	6	JrW	Sydney Johnston, 13*, Marion, IA	44:08	8:53
168	7	JrW	Olivia Miller, 15*, Marion, IA	44:08	8:53
169	8	JrW	Emma Miller, 13*, Marion, IA	44:08	8:53
170	19	W35	Jennifer Duster, 36*, Solon, IA	44:13	8:54
435	48	M40	Kevin Cano, 40, Cedar Rapids, IA	44:14	8:54
171	7	W50	Beth Nelson, 54*, Marion, IA	44:16	8:54
172	21	W20	Elizabeth Kurtz, 22*, Cedar Rapids, IA	44:17	8:55
436	47	M35	John Humphries, 39, Cedar Rapids, IA	44:18	8:55
437	62	M30	Kraig Myers, 33, Walker, IA	44:19	8:55
438	63	M30	Matthew Putman, 34, Cedar Rapids, IA	44:20	8:55
173	23	W30	Denise Miller, 30*, Hiawatha, IA	44:20	8:55
439	48	M35	Jeff Allen, 39, North Liberty, IA	44:21	8:55
440	49	M25	Jeremy Zaabel, 25, Hiawatha, IA	44:23	8:56
441	50	M25	Daniel Buckeridge, 29, Cedar Rapids, IA	44:24	8:56
442	51	M25	Jon Read, 27, Cedar Rapids, IA	44:24	8:56
174	19	W40	Holly Deeds, 43*, Atkins, IA	44:25	8:56
175	20	W40	Lynda Harding, 40*, Avon, CO	44:27	8:57
443	54	M45	Scott Zach, 47, Cedar Rapids, IA	44:28	8:57
444	53	M50	Randy Bachman, 53, Cedar Rapids, IA	44:30	8:57
176	21	W40	Debbie Lenth, 42*, Cedar Rapids, IA	44:30	8:57

177	37	W25	Emily Orna, 26*, Grimes, IA	44:31	8:57
445	20	JrM	Jake Brennecke, 13, Polk City, IA	44:32	8:58
446	49	M40	Michael Duffy, 40, Marion, IA	44:32	8:58
178	22	W40	Lori Gaster, 40*, Walford, IA	44:33	8:58
179	22	W20	Erin Wahle, 21*, Cedar Rapids, IA	44:34	8:58
180	20	W35	Elizabeth Standefer, 38*, Cedar Rapids, IA	44:34	8:58
181	23	W20	Angie Shaffer, 22*, Alburnett, IA	44:35	8:58
182	24	W30	Sarah McLaughlin, 32*, North Liberty, IA	44:35	8:58
183	12	W45	Regina Randall, 46*, Solon, IA	44:36	8:58
184	21	W35	Jennifer Foss, 39*, Cedar Rapids, IA	44:36	8:58
185	25	W30	Lisa Christensen, 30*, Cedar Rapids, IA	44:40	8:59
447	9	M60	Rod Raabe, 64, Swisher, IA	44:41	8:59

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448	52	M25	Brian Kramer, 28, Atkins, IA	44:42	9:00
186	23	W40	Tina Brennecke, 41*, Polk City, IA	44:43	9:00
449	55	M45	Doug Ropp, 46, Cedar Rapids, IA	44:45	9:00
450	64	M30	Matt Winger, 31, Ely, IA	44:45	9:00
451	54	M50	Mark Streit, 52, Bettendorf, IA	44:48	9:01
452	56	M45	Bruce Ellis, 47, Cedar Rapids, IA	44:49	9:01
453	50	M40	Eddie Skaggs, 43, Cedar Rapids, IA	44:49	9:01
454	21	M55	Michael Evans, 58, Cedar Rapids, IA	44:49	9:01
187	24	W40	Jillian Knutson, 41*, Cedar Rapids, IA	44:50	9:01
455	51	M40	Randy Aschbrenner, 43, Marion, IA	44:52	9:01
456	49	M35	Scott Labath, 36, Marion, IA	44:53	9:02
188	8	W50	Sheryl Weber-Paxton, 52*, Minneapolis, MN	44:55	9:02
189	26	W30	Josie Smock, 31*, Center Point, IA	44:56	9:02
190	13	W45	Colleen Simons, 46*, Cedar Rapids, IA	44:57	9:03
457	50	M35	Eric Suter, 38, Cedar Rapids, IA	44:57	9:03
191	22	W35	Varina Allpress, 36*, Walford, IA	44:57	9:03
458	57	M45	Gene Nassif, 46, Cedar Rapids, IA	45:00	9:03
192	24	W20	Lauren Ripley, 24*, Iowa City, IA	45:05	9:04
459	10	M60	Willis Sneller, 63, Cedar Rapids, IA	45:06	9:04
460	55	M50	Dave Beastrom, 50, Cedar Rapids, IA	45:07	9:05
461	53	M25	Joe Markwitz, 28, Marion, IA	45:09	9:05
462	58	M45	Eric Wasson, 47, Cedar Rapids, IA	45:10	9:05
463	22	M55	Stephen Runde, 56, Marion, IA	45:10	9:05
193	27	W30	Sarah Andresen, 33*, Olin, IA	45:12	9:06
194	23	W35	H Rasmussen, 39*, Ely, IA	45:14	9:06
195	14	W45	Margie Ward, 46*, Burlington, IA	45:16	9:06
196	15	W45	Gwen Kline, 47*, Cedar Rapids, IA	45:17	9:07
197	25	W40	Jody Rausch, 41*, Robins, IA	45:21	9:07
464	56	M50	Rocky Gano, 54, Cedar Rapids, IA	45:22	9:08
465	59	M45	Kent Young, 45, Hamilton, IL	45:23	9:08
466	25	M16	David Stenersen, 19, Marion, IA	45:24	9:08
467	57	M50	Mike Fagan, 50, Glen Ellen, IL	45:25	9:08
468	60	M45	Bruce Willey, 47, Cedar Rapids, IA	45:26	9:08
469	51	M35	Rob Bryer, 37, Olathe, KS	45:26	9:08
470	58	M50	Linley Woelk, 54, Marion, IA	45:26	9:08
471	37	M20	Daniel Kedley, 23, Lowden, IA	45:27	9:09
472	59	M50	Steve Stenersen, 51, Marion, IA	45:28	9:09
473	60	M50	Steven Kimm, 54, Norway, IA	45:36	9:10
474	52	M40	Edward Gillan, 43, Iowa City, IA	45:38	9:11
198	24	W35	Catherine Radzewich, 39*, Iowa City, IA	45:38	9:11
475	52	M35	Kurt Johnson, 37, Grimes, IA	45:40	9:11
476	61	M45	Scott Sherwood, 46, Marion, IA	45:41	9:11
477	65	M30	Nic Schultz, 30, Marion, IA	45:43	9:12
199	28	W30	Kati McNeme, 31*, Cedar Rapids, IA	45:47	9:13
478	21	JrM	Dq (Dermot) Weldon, 10, LeClaire, IA	45:48	9:13
200	25	W35	JoAnna Weyer, 39*, Swisher, IA	45:48	9:13
479	53	M40	Damon Deaton, 42, Cedar Rapids, IA	45:51	9:13
201	26	W35	Lori Genkinger, 38*, Coralville, IA	45:51	9:13
202	26	W40	Julie Slinger, 44*, Hiawatha, IA	45:51	9:14
480	54	M40	Stephen Day, 43, Cahmplin, MN	45:52	9:14
481	23	M55	Terry Arnold, 55, Cedar Rapids, IA	45:54	9:14

203	16	W45	Laura Amsler, 46*, Des Moines, IA	45:55	9:14
204	9	W50	Lisa Paulos, 50*, Cedar Rapids, IA	45:55	9:14
205	9	JrW	Olivia Bratt, 15*, Norwalk, IA	45:56	9:14
206	27	W40	Susan Wolle, 43*, Cedar Rapids, IA	45:58	9:15
482	7	M65	Mark Tyler, 68, Cedar Rapids, IA	45:58	9:15
207	28	W40	Pam Rodenberg, 41*, Minneapolis, MN	46:00	9:15
208	29	W40	Elaina Kempin, 43*, Cedar Rapids, IA	46:01	9:15
483	53	M35	Chad Newhouse, 37, Cedar Rapids, IA	46:01	9:15
484	66	M30	Brian Reynolds, 30, Cedar Rapids, IA	46:05	9:16
209	30	W40	Tammy Fox, 42*, Cedar Rapids, IA	46:05	9:16
485	67	M30	Mitchell LeClere, 33, Marion, IA	46:06	9:16
210	10	W50	Deanna Haddy, 50*, Cedar Rapids, IA	46:08	9:17
211	38	W25	Stephanie Gross, 25*, Urbandale, IA	46:11	9:17
486	68	M30	Mike Shipley, 34, Marion, IA	46:12	9:18
212	1	W60	Mary Campbell, 62*, Cedar Rapids, IA	46:13	9:18
487	55	M40	David Knutson, 40, Cedar Rapids, IA	46:13	9:18
488	54	M25	Reed Jaksich, 28, Iowa City, IA	46:13	9:18
489	69	M30	Brian Jacobowitz, 33, Cedar Rapids, IA	46:15	9:18
213	29	W30	Molly Fry, 31*, Marion, IA	46:16	9:18
214	27	W35	Marci Tucker, 38*, North Liberty, IA	46:17	9:19
215	15	W16	Anna Siddall, 18*, Cedar Rapids, IA	46:17	9:19
216	30	W30	Jim Wood, 32*, Marion, IA	46:17	9:19
217	39	W25	Rachel Witmer, 27*, Cedar Rapids, IA	46:19	9:19
218	31	W30	Autumn Switzer, 32*, Lansing, MI	46:19	9:19
219	32	W30	Sandra Shover, 31*, Cedar Rapids, IA	46:20	9:19
220	25	W20	Katie Hackbarth, 23*, Cedar Rapids, IA	46:21	9:19
221	33	W30	Wieseler Kyanna, 32*, Marion, IA	46:22	9:20
222	17	W45	Jacqueline Peters, 49*, Cedar Rapids, IA	46:22	9:20
223	18	W45	Cathy Taylor, 48*, Cedar Rapids, IA	46:23	9:20
224	34	W30	Piper Gloede, 31*, Cedar Rapids, IA	46:25	9:20
225	40	W25	Jessica Widmyer, 29*, Cedar Rapids, IA	46:25	9:20
226	28	W35	Tina Telander, 36*, North Liberty, IA	46:25	9:20
227	19	W45	Judy Goldberg, 45*, Cedar Rapids, IA	46:25	9:20
228	41	W25	Jessica Mersch, 26*, Swisher, IA	46:27	9:21
229	29	W35	Jodie Stapley, 35*, Marion, IA	46:30	9:21
230	16	W16	Jenny Vestle, 16*, Cedar Rapids, IA	46:30	9:21
231	42	W25	Tara Gibney, 29*, Chicago, IL	46:32	9:22
490	54	M35	Christopher Levi, 39, Cedar Rapids, IA	46:35	9:22
232	31	W40	Lara Fredrickson, 40*, Washington, DC	46:38	9:23
233	17	W16	Marissa Klinger, 17*, Cedar Rapids, IA	46:38	9:23
234	30	W35	Bridget Malake, 39*, Marion, IA	46:39	9:23
235	43	W25	Megan Fetter, 25*, Cedar Rapids, IA	46:40	9:23
236	31	W35	Kimberly McGuire, 38*, Marion, IA	46:40	9:23
237	18	W16	Rachel Schueller, 16*, Cedar Rapids, IA	46:41	9:23
491	24	M55	Mark Franke, 55, Cedar Rapids, IA	46:46	9:24
492	38	M20	David Coghlan, 23, Dekalb, IL	46:46	9:25
493	39	M20	Shawn Keating, 22, Marion, IA	46:48	9:25
238	11	W50	Amy Keating, 50*, Marion, IA	46:48	9:25
494	55	M35	Michael McGuire, 37, Marion, IA	46:48	9:25
495	22	JrM	Jack Miller, 13, Marion, IA	46:51	9:25
239	32	W35	Karen Graber, 38*, Cedar Rapids, IA	46:51	9:26
240	32	W40	Leigh Hartman, 40*, Cedar Rapids, IA	46:51	9:26
241	19	W16	Carlie Rhinehart, 18*, North Liberty, IA	46:53	9:26
242	35	W30	Renee Rhinehart, 30*, North Liberty, IA	46:53	9:26
496	56	M35	Neil Telander, 37, North Liberty, IA	46:54	9:26
243	12	W50	Anita Shelton, 52*, W Melbourne, FL	46:56	9:26
244	1	W70	Marilyn Wickenkamp, 75*, Newton, IA	46:58	9:27
245	36	W30	Joanna L Nohr, 32*, Marion, IA	46:58	9:27
246	37	W30	Molly Baynes, 32*, Cedar Rapids, IA	46:58	9:27
497	57	M35	Josh Pedelty, 35, Cedar Rapids, IA	46:59	9:27
498	25	M55	Richard McCormick, 58, Council Bluffs, IA	47:00	9:27
247	20	W16	Keely Burke, 19*, Cedar Rapids, IA	47:00	9:27
248	33	W35	Heidi Smith, 38*, Cedar Rapids, IA	47:01	9:27
249	34	W35	Lori Kramer, 38*, Atkins, IA	47:01	9:28
250	35	W35	Tawnie Kerska, 38*, Cedar Rapids, IA	47:01	9:28

251	36	W35	Robin Miell, 35*, Ely, IA	47:02	9:28
499	58	M35	Brian Rahe, 39, Marion, IA	47:02	9:28
252	20	W45	Tracey Fabiano, 48*, Cedar Rapids, IA	47:03	9:28
500	62	M45	Tim Kroeze, 45, Cedar Rapids, IA	47:04	9:28
253	37	W35	Julie Kramer, 36*, Cedar Rapids, IA	47:05	9:28
254	21	W45	Laura Sagers, 47*, Cedar Rapids, IA	47:05	9:28
501	70	M30	Justin Williams, 32, North Liberty, IA	47:06	9:29
255	21	W16	Andrea Castek, 19*, Hiawatha, IA	47:07	9:29
502	63	M45	Stephen Pradarelli, 47, Iowa City, IA	47:08	9:29
503	71	M30	Nick Mahoney, 30, Marion, IA	47:08	9:29
256	44	W25	Jenny Lucas, 29*, Marion, IA	47:09	9:29
257	45	W25	Melissa McKeon, 28*, Cedar Rapids, IA	47:09	9:29
504	72	M30	Gt Karr, 31, Iowa City, IA	47:11	9:30
505	26	M55	Keith Krewer, 57, Cedar Rapids, IA	47:13	9:30
506	64	M45	Jeff Hoskinson, 48, Anamosa, IA	47:15	9:30
507	27	M55	Dennis Brant, 56, Mt Vernon, IA	47:18	9:31
258	4	W55	Linnea Martin, 56*, Marion, IA	47:20	9:31
508	26	M16	Nathan Castek, 17, Hiawatha, IA	47:21	9:31
259	26	W20	Sheila Betts, 23*, Cedar Rapids, IA	47:22	9:32
509	11	M60	Martin Wiesenfeld, 62, Cedar Rapids, IA	47:23	9:32
260	2	W60	Diane Wiesenfeld, 60*, Cedar Rapids, IA	47:23	9:32
510	73	M30	David Herr, 34, St Louis Park, MN	47:25	9:32
261	38	W30	Mindy Brown, 32*, St Louis Park, MN	47:25	9:32
511	74	M30	Shawn Leuck, 31, Cedar Rapids, IA	47:28	9:33
262	5	W55	Ann Vestle, 55*, Cedar Rapids, IA	47:30	9:33
512	12	M60	J D Smith, 60, Cedar Rapids, IA	47:32	9:34
263	39	W30	Sarah Scott, 32*, Cedar Rapids, IA	47:32	9:34
264	22	W45	Victoria Hoffman, 46*, Cedar Rapids, IA	47:33	9:34
513	75	M30	Dan Grawe, 33, Appleton, WI	47:37	9:35
265	46	W25	Abby Miller, 28*, Cedar Rapids, IA	47:40	9:35
514	23	JrM	Dominic Rodriguez, 14, Cedar Rapids, IA	47:40	9:35
266	38	W35	Jolene Hoffman, 35*, Winthrop, IA	47:40	9:35
267	47	W25	Mary Gahring, 27*, Cedar Rapids, IA	47:41	9:35
268	48	W25	Tanna Fuller, 29*, Cedar Rapids, IA	47:41	9:35
269	6	W55	Pamela Wood, 55*, Janesville, IA	47:41	9:36
270	7	W55	Diane Bradley, 59*, Cedar Rapids, IA	47:44	9:36
271	39	W35	Kathleen Ziegler, 38*, Cedar Rapids, IA	47:46	9:36
515	59	M35	Bradley Wilson, 38, Cedar Rapids, IA	47:49	9:37
272	40	W35	Jenny Owens, 37*, Cedar Rapids, IA	47:50	9:37
516	60	M35	Kevin Swartzendruber, 38, Cedar Rapids, IA	47:50	9:37
517	61	M50	Patrick Marshall, 51, Cedar Rapids, IA	47:51	9:38
273	33	W40	Christin Cuva-Rodriguez, 42*, Cedar Rapids, IA	47:53	9:38
518	28	M55	Gary McClure, 55, Cedar Rapids, IA	47:53	9:38
519	65	M45	Robert Rodriguez, 46, Cedar Rapids, IA	47:53	9:38
274	49	W25	Caitlin Slessor, 29*, Ely, IA	47:55	9:38
520	13	M60	Tom Read, 63, Cedar Rapids, IA	47:55	9:38
521	55	M25	Brett Kellogg, 29, Cedar Rapids, IA	47:56	9:39
522	29	M55	Steve Simmen, 57, Cedar Rapids, IA	47:56	9:39
275	40	W30	Maggie Lamm, 34*, Solon, IA	47:57	9:39
276	34	W40	Andrea Dryer, 43*, Cedar Falls, IA	47:57	9:39
523	40	M20	Matt Kiley, 21, Cedar Rapids, IA	47:58	9:39
524	30	M55	Kevin Kiley, 56, Cedar Rapids, IA	47:58	9:39
277	50	W25	Lindsey Trimble, 28*, Cedar Rapids, IA	48:02	9:40
525	66	M45	Patt McDowell, 46, Cedar Rapids, IA	48:05	9:40
526	67	M45	Van Schroder, 45, Shellsburg, IA	48:06	9:41
527	56	M25	Jon Taylor, 25, Marion, IA	48:08	9:41
528	14	M60	Barry Sweet, 60, Cedar Rapids, IA	48:11	9:42
278	27	W20	Emily Young, 23*, Iowa City, IA	48:12	9:42
529	68	M45	Todd Twachtman, 45, Marion, IA	48:14	9:42
279	8	W55	Marlene Golinvaux, 55*, Cedar Rapids, IA	48:16	9:43
280	28	W20	Sara Golinvaux, 24*, Cedar Rapids, IA	48:18	9:43
281	22	W16	Erin Marks, 18*, Cedar Rapids, IA	48:19	9:43
282	23	W16	Kerrienne Savery, 19*, Cedar Rapids, IA	48:19	9:43
283	24	W16	Kimberly Leskovec, 16*, Cedar Rapids, IA	48:19	9:43

284	41	W30	Anita Bark, 30*, Marion, IA	48:22	9:44
530	61	M35	David Bark, 39, Marion, IA	48:22	9:44
285	3	W60	Judy Wolfe, 63*, Hiawatha, IA	48:26	9:45
286	42	W30	Jennifer Hageman, 30*, Cedar Rapids, IA	48:26	9:45
531	76	M30	Jess Vilsack, 32, Des Moines, IA	48:26	9:45
287	51	W25	Kate Vilsack, 29*, Des Moines, IA	48:27	9:45
288	29	W20	Rachel Von Lienen, 24*, Cedar Rapids, IA	48:30	9:45
289	35	W40	Brenda Day, 41*, Solon, IA	48:31	9:46
290	41	W35	Jen Neubauer, 39*, Swisher, IA	48:31	9:46
291	42	W35	Denise Stapley, 39*, Cedar Rapids, IA	48:32	9:46
292	36	W40	Robin Blackburn, 40*, North Liberty, IA	48:32	9:46
532	62	M35	Dave Barnhart, 37, Cedar Rapids, IA	48:37	9:47
533	62	M50	Edward Silagi, 54, Iowa City, IA	48:40	9:47
293	30	W20	Jaime Brown, 23*, Cedar Rapids, IA	48:40	9:47
294	43	W30	Sarah Hefflefinger, 30*, Ely, IA	48:41	9:48
534	63	M50	Mark Tennyson, 52, Marion, IA	48:42	9:48
295	43	W35	Mindy Sorg, 39*, Cedar Rapids, IA	48:45	9:48
535	56	M40	Anthony Cooper, 40, Cedar Rapids, IA	48:49	9:49
536	77	M30	Lane McMullen, 32, North Liberty, IA	48:52	9:50
537	69	M45	Dean Ashbacher, 45, Grand Blanc, MI	48:52	9:50
296	44	W30	Liz Miller, 34*, Hiawatha, IA	48:55	9:51
297	44	W35	Kristy Robertson, 35*, Anamosa, IA	48:56	9:51
298	45	W35	Anna Drexler, 35*, Cedar Rapids, IA	48:58	9:51
299	37	W40	Ann Yirkovsky, 41*, Cedar Rapids, IA	48:58	9:51
300	46	W35	Sara Post, 35*, Dubuque, IA	48:59	9:51
301	38	W40	Sheri Jeffery, 44*, Robins, IA	48:59	9:51
538	15	M60	John Watson, 62, Robins, IA	49:00	9:51
302	52	W25	Bethany Franzman, 29*, Marion, IA	49:00	9:51
303	47	W35	Rosa Paget, 35*, Cedar Rapids, IA	49:00	9:52
539	78	M30	Christopher Lintecum, 33, Marion, IA	49:00	9:52
540	64	M50	Bart Gibney, 51, Cedar Rapids, IA	49:01	9:52
541	65	M50	Kent Hutchins, 52, Marion, IA	49:04	9:52
304	31	W20	Jonna Gilbert, 22*, Iowa City, IA	49:06	9:53
305	45	W30	Lisa Person, 33*, Cedar Rapids, IA	49:08	9:53
306	23	W45	Laurie Gustafson, 45*, Cedar Rapids, IA	49:08	9:53
542	8	M65	Ralph Plagman, 66, Cedar Rapids, IA	49:11	9:54
543	24	JrM	Andrew Renberg, 15, Alburnett, IA	49:12	9:54
307	24	W45	Sashi Solomon, 45*, Cedar Rapids, IA	49:13	9:54
308	53	W25	Anna Reyland, 26*, Cedar Rapids, IA	49:13	9:54
309	32	W20	Leah Applebee, 23*, Mt Vernon, IA	49:14	9:54
544	31	M55	David Novak, 59, Cedar Rapids, IA	49:16	9:55
545	79	M30	Kurt Davis, 34, Monticello, IA	49:17	9:55
546	32	M55	Gregory Dirks, 56, Iowa City, IA	49:17	9:55
310	39	W40	Alicia Aguiar, 43*, Cedar Rapids, IA	49:17	9:55
311	13	W50	Jacki Knapp, 51*, Cedar Rapids, IA	49:18	9:55
312	40	W40	Zoila Jimenez, 42*, Marion, IA	49:20	9:56
313	41	W40	Wendy Davis, 41*, Monticello, IA	49:21	9:56
547	70	M45	Eric Fischer, 49, Marion, IA	49:22	9:56
314	48	W35	Tracy Cole, 35*, Manchester, IA	49:23	9:56
548	57	M40	Anton Petrzela, 44, Cedar Rapids, IA	49:27	9:57
315	46	W30	Rhono Barnes, 33*, Cedar Rapids, IA	49:29	9:57
549	58	M40	Jack Standefer, 41, Cedar Rapids, IA	49:30	9:58
316	25	W45	Ellen Miller, 46*, Marion, IA	49:36	9:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
317	14	W50	Julie Schnoebelen, 50*, Cedar Rapids, IA	49:43	10:00
318	54	W25	Nicole Holloper, 27*, Cedar Rapids, IA	49:44	10:00
550	33	M55	Gary Brown, 57, Cedar Rapids, IA	49:46	10:01
319	9	W55	Ursula Williams, 57*, Middle Amana, IA	49:48	10:01
551	71	M45	Kenneth Bratt, 45, Norwalk, IA	49:49	10:01
552	34	M55	James Barcz, 59, Central City, IA	49:50	10:01
553	57	M25	Tyson Shepherd, 29, Iowa City, IA	49:54	10:02
320	47	W30	Beth Goldberg, 32*, Cedar Rapids, IA	49:54	10:02
321	55	W25	Allison Ferenc, 25*, Elmhurst, IL	49:56	10:03
322	42	W40	Cherie Ridenour, 40*, Martelle, IA	50:01	10:04

323	49	W35	Lynn Groth, 37*, Cedar Rapids, IA	50:03	10:04
324	43	W40	Christie Nibaur, 41*, Cedar Rapids, IA	50:04	10:04
325	44	W40	Laura Scharosch, 43*, Center Point, IA	50:06	10:05
554	72	M45	Randy Bartels, 49, Oelwein, IA	50:07	10:05
555	35	M55	Steve Odegaard, 59, Hiawatha, IA	50:09	10:05
556	41	M20	Jordan Easton, 22, Cedar Rapids, IA	50:16	10:07
326	25	W16	Madeline Stenersen, 17*, Marion, IA	50:18	10:07
327	48	W30	Amy Burge, 31*, Cedar Rapids, IA	50:21	10:08
328	56	W25	Erin Gilson, 25*, Marion, IA	50:21	10:08
329	50	W35	Julie Bush, 35*, Cedar Rapids, IA	50:23	10:08
557	25	JrM	Bryan Castek, 13, Hiawatha, IA	50:24	10:08
558	73	M45	Brad Randall, 49, Solon, IA	50:27	10:09
330	45	W40	Anna Dekruif, 42*, Marion, IA	50:28	10:09
331	26	W45	Debra Johnston, 49*, Marion, IA	50:28	10:09
559	63	M35	Kurt Myers, 38, Marion, IA	50:30	10:10
560	42	M20	William Hahn, 22, Norway, IA	50:32	10:10
332	33	W20	Terri Heath, 23*, Cedar Rapids, IA	50:37	10:11
561	9	M65	Tom Thibert, 66, Seymour, TN	50:39	10:11
333	10	JrW	Autumn Crowther, 14*, W Melbourne, FL	50:41	10:12
334	51	W35	Roseanne M Ricke, 37*, Lisbon, IA	50:43	10:12
335	57	W25	Aaron Klein, 25*, Marion, IA	50:44	10:12
336	58	W25	Jessica Gahring, 27*, Norway, IA	50:48	10:13
337	49	W30	Teyobesta Tewabe, 30*, Coralville, IA	50:48	10:13
338	15	W50	Jean Etten, 53*, Palo, IA	50:53	10:14
339	27	W45	Jacqueline Hagen, 45*, Shellburg, IA	50:55	10:15
340	46	W40	Teresa Jackman, 43*, Oxford, IA	50:56	10:15
562	26	JrM	Samuel McDermott, 11, Cedar Rapids, IA	50:56	10:15
563	59	M40	Bryce Jackman, 44, Oxford, IA	50:56	10:15
564	16	M60	Joseph Scratch, 60, Cedar Rapids, IA	51:03	10:16
341	10	W55	Sheila Lamm, 56*, New London, IA	51:04	10:16
565	80	M30	Kurt Tennyson, 32, Marion, IA	51:04	10:16
566	17	M60	Kent Lamm, 60, New London, IA	51:04	10:16
342	59	W25	Jen Schinstock, 29*, Marion, IA	51:07	10:17
567	18	M60	George Karr, 60, Iowa City, IA	51:08	10:17
343	50	W30	Stacey Stowers, 31*, Urbana, IA	51:09	10:17
344	60	W25	Heather Saldivar, 28*, Cedar Rapids, IA	51:09	10:18
345	26	W16	Kristin Wasson, 17*, Cedar Rapids, IA	51:11	10:18
346	28	W45	Susan Twachtmann, 45*, Marion, IA	51:13	10:18
568	64	M35	Zach Schultz, 35, Marion, IA	51:17	10:19
569	66	M50	Tim Daily, 50, Belle Plaine, IA	51:19	10:19
570	36	M55	Jeffrey Clark, 57, Marion, IA	51:21	10:20
571	19	M60	Roy Gaddis, 61, Solon, IA	51:27	10:21
572	81	M30	Derek Nohr, 32, Marion, IA	51:28	10:21
347	51	W30	Susan Neff, 30*, Marion, IA	51:28	10:21
348	47	W40	Elaine Rudolphi, 40*, Cedar Rapids, IA	51:28	10:21
349	52	W30	Elise Loan, 30*, Hiawatha, IA	51:29	10:21
350	52	W35	Lisa Langerman, 38*, Cedar Rapids, IA	51:31	10:22
351	4	W60	Carol Helbling, 61*, Cedar Rapids, IA	51:32	10:22
352	5	W60	Kathy Healy, 61*, Cedar Rapids, IA	51:32	10:22
353	48	W40	Vicki Petersen, 40*, Clarence, IA	51:32	10:22
354	53	W35	Stacie Caryl, 36*, Marion, IA	51:35	10:23
355	54	W35	Kim Gordon, 39*, Marion, IA	51:37	10:23
356	34	W20	Sharelle Allamand, 20*, Cedar Rapids, IA	51:38	10:23
573	43	M20	Joseph Marshall, 21, Cedar Rapids, IA	51:40	10:24
574	10	M65	Jim Meister, 66, Cedar Rapids, IA	51:42	10:24
357	35	W20	Erin Fleege, 24*, Cedar Rapids, IA	51:43	10:24
358	55	W35	Amy Tersinar, 37*, Marion, IA	51:44	10:24
575	60	M40	Jake Stigers, 42, Chicago, IL	51:45	10:25
576	74	M45	Greg Ortman, 45, Cedar Rapids, IA	51:50	10:26
359	53	W30	Misti Ferguson, 30*, Rock Island, IL	51:52	10:26
360	16	W50	Jan Albers, 53*, Cedar Rapids, IA	51:54	10:27
361	17	W50	Constance Craft, 53*, Cedar Rapids, IA	51:56	10:27
577	44	M20	Nick Hartkemeyer, 23, Hiawatha, IA	51:57	10:27
362	56	W35	Stephanie Engledow, 38*, Marion, IA	51:59	10:28
363	54	W30	Bridgette Steffen, 30*, Marion, IA	52:01	10:28

364	36	W20	Heather Swails, 20*, Cedar Rapids, IA	52:02	10:28
365	49	W40	Michelle Jackson, 42*, Stanwood, IA	52:09	10:30
578	45	M20	Zach Hill, 24, Iowa, IA	52:09	10:30
366	61	W25	Charisa Sorensen, 25*, Iowa, IA	52:10	10:30
367	55	W30	Melissa Kolsto, 34*, Cedar Rapids, IA	52:14	10:30
368	37	W20	Carly Bahnsen, 24*, Des Moines, IA	52:14	10:31
369	56	W30	Kelley Ryan, 33*, Coralville, IA	52:27	10:33
370	29	W45	Kristin Lee, 45*, Walford, IA	52:29	10:34
579	65	M35	Daniel Sarrett, 36, Cedar Rapids, IA	52:32	10:34
371	27	W16	Aria Sarrett, 16*, Cedar Rapids, IA	52:32	10:34
580	20	M60	R Lee Belfield, 61, Cedar Rapids, IA	52:34	10:35
372	50	W40	Wahneta Dimmer, 41*, Cedar Rapids, IA	52:37	10:35
373	38	W20	Jackie Kuhn, 22*, Cedar Rapids, IA	52:38	10:35
374	57	W35	Kate Ries, 35*, Robins, IA	52:41	10:36
375	30	W45	Jill Waterhouse, 45*, Cedar Rapids, IA	52:42	10:36
376	11	JrW	Megan Pospisil, 14*, Hiawatha, IA	52:46	10:37
581	75	M45	Jon Klinkefus, 47, Cedar Rapids, IA	52:48	10:37
582	66	M35	Christopher Turkovich, 39, Cedar Rapids, IA	52:49	10:38
583	67	M50	Rick Whiteaker, 53, Cedar Rapids, IA	52:49	10:38
377	39	W20	Alecia Lander, 24*, Cedar Rapids, IA	52:52	10:38
584	58	M25	Matt Matheny, 28, Cedar Rapids, IA	52:54	10:39
585	82	M30	Ryan Gleason, 30, Cedar Rapids, IA	52:59	10:40
378	62	W25	Kelli Gleason, 27*, Cedar Rapids, IA	52:59	10:40
379	18	W50	Kayt Conrad, 51*, Cedar Rapids, IA	53:03	10:40
380	57	W30	Krista Ehm, 31*, Cedar Rapids, IA	53:03	10:40
381	63	W25	Rachel Current, 25*, Clarkville, TN	53:03	10:40
382	11	W55	Jann Baustian, 57*, Cedar Rapids, IA	53:04	10:40
383	40	W20	Christi O'Dell, 24*, Cedar Rapids, IA	53:07	10:41
384	58	W30	Elaine Watson, 30*, Coralville, IA	53:09	10:42
385	59	W30	Pam Railsback, 33*, Tiffin, IA	53:09	10:42
586	76	M45	David Showalter, 49, Cedar Rapids, IA	53:10	10:42
386	64	W25	Becca Bunce, 28*, Atkins, IA	53:14	10:43
387	60	W30	J R. Grawe, 33*, Appleton, WI	53:18	10:43
388	51	W40	Tamara Szwec, 42*, Marion, IA	53:22	10:44
587	67	M35	John Safranek, 35, Seattle, WA	53:29	10:46
588	68	M50	Jim Schnoebelen, 50, Cedar Rapids, IA	53:32	10:46
589	68	M35	Brian Tharp, 38, Swisher, IA	53:33	10:46
389	52	W40	Kris Tharp, 44*, Swisher, IA	53:33	10:46
590	61	M40	Steve Hawtrey, 43, Mt Vernon, IA	53:38	10:47
390	65	W25	Catherine Kipinski, 25*, Hiawatha, IA	53:40	10:48
391	66	W25	Beza Tewabe, 27*, Coralville, IA	53:47	10:49
392	67	W25	Nicole Stepanek, 28*, Cedar Rapids, IA	53:51	10:50
393	61	W30	Elizabeth Mulff, 30*, Cedar Rapids, IA	53:51	10:50
394	62	W30	Sherrie Kautman, 34*, Cedar Rapids, IA	53:51	10:50
395	53	W40	Kelly Erickson, 43*, Toddville, IA	53:52	10:50
396	31	W45	Lisa Flaherty, 47*, Fairfax, IA	53:52	10:50
397	63	W30	Stephanie Ernsting, 33*, Cedar Rapids, IA	53:53	10:50
398	2	W65	Chin Stone, 65*, Manchester, IA	53:54	10:51
591	77	M45	Chris Simons, 49, Cedar Rapids, IA	54:01	10:52
399	64	W30	Jennifer Bartlett, 31*, North Liberty, IA	54:10	10:54
400	6	W60	Mary Johnston, 62*, Cedar Rapids, IA	54:14	10:55
592	69	M50	Doug Thompson, 50, Cedar Rapids, IA	54:15	10:55
401	54	W40	Janine Wasson, 44*, Cedar Rapids, IA	54:24	10:57
402	12	W55	Diane Anderson, 55*, Cedar Falls, IA	54:36	10:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
403	41	W20	Andrea Skopec, 24*, Waterloo, IA	54:44	11:01
404	42	W20	Megan Twachtmann, 23*, Marion, IA	54:57	11:03
405	65	W30	Danielle Baxter, 30*, Cedar Rapids, IA	55:04	11:05
593	21	M60	John Whitson, 62, Vinton, IA	55:11	11:06
594	59	M25	Jason Boyles, 29, Marion, IA	55:12	11:06
406	68	W25	Ellen Matheny, 25*, Solon, IA	55:13	11:06
407	55	W40	Lynn Kramer, 40*, Robins, IA	55:26	11:09
408	58	W35	Dawn Radack, 37*, Robins, IA	55:26	11:09

409	59	W35	JaneAnne Parker, 39*, Cedar Rapids, IA	55:27	11:09
410	60	W35	Francesca Kaiser, 39*, Ely, IA	55:27	11:09
411	56	W40	Jennifer Burkart, 43*, Marion, IA	55:28	11:09
412	57	W40	Lori Miene, 44*, Cedar Rapids, IA	55:42	11:12
595	78	M45	Mark Brown, 46, Cedar Rapids, IA	55:45	11:13
413	58	W40	Julie Seckman, 40*, Marion, IA	55:46	11:13
414	12	JrW	Kayla Hamad, 15*, Cedar Rapids, IA	55:46	11:13
415	19	W50	Molly Cook, 50*, Cedar Rapids, IA	55:46	11:13
416	61	W35	Kellie Sauser, 37*, Cedar Rapids, IA	55:46	11:13
596	27	JrM	Adam Goldberg, 15, Cedar Rapids, IA	55:50	11:14
417	13	JrW	Carly Beastrom, 15*, Cedar Rapids, IA	55:51	11:14
597	62	M40	Andrew Degen, 41, Coralville, IA	55:54	11:15
598	28	JrM	Nathaniel Degen, 11, Coralville, IA	55:54	11:15
418	62	W35	Diana Ferguson, 38*, Cedar Rapids, IA	56:10	11:18
419	66	W30	Stacy Hauskins, 34*, Cedar Rapids, IA	56:14	11:19
420	32	W45	Karen Prior, 47*, Center Point, IA	56:18	11:20
421	20	W50	Brenda Brink, 53*, Huxley, IA	56:36	11:23
599	63	M40	Mark Jaeger, 40, Shellsburg, IA	56:36	11:23
422	69	W25	Stacey Marlow Fisher, 26*, Iowa City, IA	56:36	11:23
600	37	M55	Lyle Theisen, 58, Anamosa, IA	56:40	11:24
423	13	W55	Patricia Theisen, 57*, Anamosa, IA	56:40	11:24
601	27	M16	Kevin Kenel, 19, Cedar Rapids, IA	56:44	11:25
602	1	M70	John Wasson, 73, Cedar Rapids, IA	56:50	11:26
424	33	W45	Jackie Brown, 45*, Cedar Rapids, IA	57:14	11:31
425	67	W30	Carina Shipley, 34*, Marion, IA	57:15	11:31
426	28	W16	Lauren Overton, 17*, Cedar Rapids, IA	57:17	11:32
427	7	W60	Ann Bergstrom, 60*, Cedar Rapids, IA	57:20	11:32
603	38	M55	Bill Sindlinger, 59, Cedar Rapids, IA	57:25	11:33
604	70	M50	Dale Todd, 52, Cedar Rapids, IA	57:28	11:34
605	64	M40	Darren Yirkovsky, 43, Cedar Rapids, IA	57:51	11:38
428	63	W35	Shari Ross, 38*, Cedar Rapids, IA	57:54	11:39
429	70	W25	Kari Tennyson, 27*, Marion, IA	58:19	11:44
606	39	M55	Patrick Kedley, 59, Lowden, IA	58:29	11:46
607	69	M35	Chad Proctor, 35, Cedar Rapids, IA	58:36	11:47
430	68	W30	Michelle Bush, 34*, Oswego, IL	59:12	11:55
431	71	W25	Ashley Slater, 27*, Marion, IA	59:36	11:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
432	72	W25	Kara Hinz, 29*, Cedar Rapids, IA	1:01:34	12:23
433	43	W20	Lexie Reed, 21*, Peoria, AZ	1:01:57	12:28
434	14	W55	Connie Lander, 58*, Cedar Rapids, IA	1:02:43	12:37
608	22	M60	Martin T Smith, 61, Cedar Rapids, IA	1:03:29	12:46
435	69	W30	Victoria Fish, 34*, Urbana, IA	1:04:10	12:55
609	79	M45	Troy Hamilton, 46, Cedar Rapids, IA	1:04:31	12:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
610	11	M65	Gary Peters, 68, Cedar Rapids, IA	1:04:37	13:00
436	73	W25	Melissa Stepanek, 28*, Cedar Rapids, IA	1:06:05	13:18
611	71	M50	Steven Etten, 53, Palo, IA	1:07:37	13:36
612	2	M70	Harold Schulze, 74, Cedar Rapids, IA	1:07:38	13:36
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
437	34	W45	Jan Bradley, 46*, Cedar Rapids, IA	1:13:20	14:45
438	35	W45	Jana Nassif, 47*, Cedar Rapids, IA	1:13:20	14:45
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
439	2	W70	Alice Hoffmeier, 74*, Cedar Rapids, IA	1:14:37	15:01

* indicates females

26 finishers among Males (no age given)

28 finishers among Men Under 16

27 finishers among Men 16 - 19

45 finishers among Men 20 - 24

59 finishers among Men 25 - 29

82 finishers among Men 30 - 34

69 finishers among Men 35 - 39

64 finishers among Men 40 - 44
79 finishers among Men 45 - 49
71 finishers among Men 50 - 54
39 finishers among Men 55 - 59
22 finishers among Men 60 - 64
11 finishers among Men 65 - 69
2 finishers among Men 70 & Up
13 finishers among Women Under 16
28 finishers among Women 16 - 19
43 finishers among Women 20 - 24
73 finishers among Women 25 - 29
69 finishers among Women 30 - 34
63 finishers among Women 35 - 39
58 finishers among Women 40 - 44
35 finishers among Women 45 - 49
20 finishers among Women 50 - 54
14 finishers among Women 55 - 59
7 finishers among Women 60 - 64
2 finishers among Women 65 - 69
2 finishers among Women 70 & Up
624 male finishers
427 female finishers
1051 total finishers

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