

**24th Fifth Season - 8 Kilometer (4.97 miles)****Cedar Rapids, IA****July 4, 2009**

60s and light rain

Results by Cal Murdock

[8K Overall](#)   [8K Age Grp](#)   [5K Overall](#)   Team   [1 Mile](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS	FINISHER	TIME	PACE
1	OpM	Simon Cheprot, 19, Aurora, CO	22:45	4:35
2	OpM	Reta Alene, 27, New York, NY	23:08	4:39
3	OpM	Abraham Ngetich, 28, Mt Vernon, NY	23:16	4:41
4	OpM	John Njoroge, 30, Coon Rapids, MN	23:27	4:43
5	OpM	Julius Kiptoo, 31, Durham, NC	23:44	4:46
6	OpM	Chris Erichsen, 23, St. Paul, MN	24:09	4:51
7	OpM	Kenneth Kiptoo, Aurora, CO	24:18	4:53
8	OpM	Geoffrey Kiprotich, 31, Coon Rapids, MN	24:22	4:54
9	OpM	Silah Misoi, Lincoln, NE	24:26	4:55
10	OpM	David Tunei, 30, Coon Rapids, MN	24:34	4:56
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">Top</a>				
11	1 M20	Sammy Rotich, 22, Birmingham, AL	24:51	5:00
12	1 M30	Julius Rotich, 34, West Des Moines, IA	24:51	5:00
13		Brandon Mull, Wheaton, IL	25:13	5:04
14	1 M25	Dan Taylor, 25, Ames, IA	25:15	5:05
15	2 M25	Brian Flynn, 26, Cedar Rapids, IA	25:21	5:06
16	3 M25	Jason Fogel, 26, West Des Moines, IA	25:26	5:07
17	1 M35	Bruce Kilulai, 37, New Hope, MN	25:40	5:10
18	MM	John Mirth, 47, Platteville, WI	25:45	5:11
19	2 M20	Travis Robertson, 22, Iowa City, IA	26:14	5:17
20	4 M25	Andrew Wommack, 25, Jamaica Plain, MA	26:17	5:17
1	OpW	Rachel Marchand*	26:18	5:17
21	2 M30	Dan Schofer, 31, Mount Vernon, IA	26:24	5:19
22	5 M25	Nathan Hopp, 26, Amana, IA	26:35	5:21
2	OpW	Diane Nukuri, 24*, Iowa City, IA	26:42	5:22
23	6 M25	Christopher Jensen, 27, Marion, IA	26:44	5:23
24	3 M20	Ryan Schroeder, 21, Cedar Rapids, IA	26:45	5:23
25	4 M20	Robert Ingram, 20, Iowa City, IA	26:45	5:23
3	OpW	Casey Owens, 26*, Des Moines, IA	26:47	5:23
4	OpW	Hellen Jemutai, 27*, Chapel Hill, NC	26:48	5:23
26	MM	Ditlev Larsen, 43, Winona, MN	26:50	5:24
27	7 M25	Nate Canton, 29, Ely, IA	27:02	5:26
28	5 M20	Lane Moser, 21, Cedar Rapids, IA	27:12	5:28
5	OpW	Divina Jepkogeï, 24*, Chapel Hill, NC	27:17	5:29
6	OpW	Kellen Waithira, 22*, Royersford	27:34	5:33
29	MM	Jerry Lack, 46, East Moline, IL	27:37	5:33
30	1 M16	Austin Steil, 19, Cedar Rapids, IA	27:39	5:34
31	6 M20	Tyler Sullivan, 21, Coralville, IA	27:54	5:37
7	OpW	Waithaka Frashiah, 31*, New Hope, MN	27:55	5:37
32	2 M16	Jonathan Weatherwax, 19, Chicago, IL	27:58	5:37
33	3 M16	Sam Read, 17, Marion, IA	28:07	5:39
8	OpW	Maria Busienei, 23*, Charleston, WV	28:09	5:40
34	4 M16	Jake Gerber, 17, Cedar Rapids, IA	28:19	5:42

35	5	M16	Andy Marshall, 16, Cedar Rapids, IA	28:24	5:43
36	6	M16	Matt Stocker, 16, Solon, IA	28:31	5:44
37	8	M25	Todd Tomkins, 27, Iowa City, IA	28:33	5:45
38	1	M45	Greg Skopec, 47, Coralville, IA	28:35	5:45
39	1	M50	Jim McCoy, 51, Madison, WI	28:36	5:45
40	2	M45	Phil Kauder, 48, Cascade, IA	28:36	5:45
9		OpW	Atalelech Ketema, 26*, Alburureque, MN	28:37	5:45
41	7	M16	Justin Heitz, 18, Walford, IA	28:37	5:45
42	2	M50	Bobby Paxton, 52, Minneapolis, MN	28:38	5:46
43	1	JrM	Christopher Welch, 14, Albia, IA	28:43	5:47
44	1	M40	Chris Wolfe, 41, Cedar Rapids, IA	28:44	5:47
10		OpW	Kristin Ihle, 40*, Oak Creek, WI	28:44	5:47
45	7	M20	Aaron Schut, 20, Iowa City, IA	28:45	5:47
46	8	M16	Matt Jasper, 19, Cedar Rapids, IA	28:56	5:49
47	2	M35	Andrew Kauder, 37, Cedar Rapids, IA	28:57	5:49
48	9	M16	Jacob Schueller, 18, Cedar Rapids, IA	29:00	5:50
49	8	M20	Eric Hoff, 22, Ankeny, IA	29:01	5:50
50	2	M40	Michael Kabela, 42, North Liberty, IA	29:13	5:53
51	9	M20	Brooks McLaren, 24, North Liberty, IA	29:18	5:54
52	3	M30	Mark Ironside, 34, Cedar Rapids, IA	29:21	5:54
53	9	M25	Scott Johnson, 26, North Liberty, IA	29:23	5:55
54	10	M20	Olieny Jekow, 24, Cedar Rapids, IA	29:23	5:55
55	3	M45	Rick Till, 46, Dubuque, IA	29:25	5:55
56	10	M16	Scott Titler, 17, Swisher, IA	29:31	5:56
57	4	M30	Mark Thompson, 31, Iowa City, IA	29:32	5:57
11	1	W30	Erin Moeller, 31*, Mt. Vernon, IA	29:42	5:59

Pace: [5:00](#) | [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [Top](#)

58	5	M30	Thos Trefz, 30, Iowa City, IA	29:49	6:00
59	11	M16	Nate Dotterweich, 19, Monticello, IA	29:57	6:01
60	6	M30	Tim Kasperek, 30, Iowa City, IA	29:58	6:02
61	2	JrM	Robert Hogg, 15, Cedar Rapids, IA	30:07	6:03
62	7	M30	Chris Waterbury, 32, Marengo, IA	30:10	6:04
63	12	M16	Michael Ropp, 16, Cedar Rapids, IA	30:16	6:05
64	3	M50	Jim Quigley, 52, Cedar Rapids, IA	30:16	6:05
65	13	M16	Alex Rigdon, 18, Ely, IA	30:20	6:06
66	14	M16	Aaron Galloway, 17, Walford, IA	30:25	6:07
67	3	JrM	Josh Evans, 13, Cedar Rapids, IA	30:25	6:07
68	15	M16	Connor O'Neil, 17, Cedar Rapids, IA	30:30	6:08
69	3	M35	Kent Miskimen, 37, Cedar Rapids, IA	30:31	6:08
70	8	M30	Cary Richey, 31, Albertville, MN	30:31	6:08
71	10	M25	Caleb Brown, 29, Des Moines, IA	30:33	6:09
72	16	M16	Tyson Squiers, 18, Belle Plaine, IA	30:33	6:09
12	1	W25	Tara Vance, 26*, Jamaica Plain, MA	30:34	6:09
73	4	M45	Bob Brooker, 46, Cedar Rapids, IA	30:43	6:11
74	17	M16	Kyle Blake, 16, Monticello, IA	30:45	6:11
13		MW	Bonnie Sons, 43*, Shoreview, MN	30:50	6:12
75	4	M35	Mark Johnson, 36, Hiawatha, IA	30:53	6:13
76	9	M30	Steve Berger, 30, Cedar Rapids, IA	30:55	6:13
77	4	JrM	Paul Hale, 15, Rochester, MN	30:57	6:14
78	18	M16	Jared Heitz, 16, Walford, IA	31:03	6:15
79	19	M16	Jared Decker, 17, Cedar Rapids, IA	31:05	6:15
80	5	M35	Steve Shriver, 36, Cedar Rapids, IA	31:06	6:15
81	10	M30	Dan Pooock, 31, Cedar Rapids, IA	31:07	6:16
82	3	M40	Chad Krueger, 41, Cedar Rapids, IA	31:11	6:16
83	4	M40	Michael Schulte, 44, Cedar Rapids, IA	31:11	6:16
84	11	M30	Gregg Hennigan, 31, Coralville, IA	31:11	6:16
85	11	M25	Daren Schumaker, 28, Cedar Rapids, IA	31:11	6:16
86	5	M45	Mike Ament, 48, Cedar Rapids, IA	31:12	6:17
87	1	M55	Ken Konicek, 57, Pinedale, WY	31:17	6:17
88	20	M16	Max Nguyen, 17, Garrison, IA	31:22	6:19
14	2	W25	Alicja Stannard, 27*, Dekalb, IL	31:22	6:19
89	5	M40	David Reid, 42, Fairfax, IA	31:23	6:19
90	4	M50	Georg Ande, 50, Cedar Rapids, IA	31:23	6:19
91	12	M25	Matt Cook, 29, Marion, IA	31:30	6:20

92	6 M40	Sam Houston, 42, Cedar Rapids, IA	31:30	6:20
93	6 M45	Rob Hartkemeyer, 48, Hiawatha, IA	31:33	6:21
94	6 M35	Jason Wilbur, 36, Iowa City, IA	31:34	6:21
95	7 M40	Bill Bennett, 44, Cedar Rapids, IA	31:35	6:21
96	7 M45	Jeff Nietert, 48, Cedar Rapids, IA	31:37	6:22
97	5 JrM	Tyler Chlystun, 15, Marion, IA	31:40	6:22
98	13 M25	Douglas Hass, 28, Cedar Rapids, IA	31:47	6:24
99	7 M35	Matt Ironside, 36, Cedar Rapids, IA	31:49	6:24
100	14 M25	Ean Caskey, 27, Lisbon, IA	31:54	6:25
15	3 W25	Brooke Ferguson, 26*, Fort Dodge, IA	31:54	6:25
101	8 M40	Bret Boyer, 44, Cedar Rapids, IA	31:54	6:25
102	9 M40	Lance Bergeson, 40, Des Moines, IA	31:55	6:25
16	1 W20	Meredith Bell, 20*, Cedar Rapids, IA	31:59	6:26
103	8 M35	Brett Stephenson, 38, Cedar Rapids, IA	32:00	6:26
104	15 M25	Troy Musser, 27, Cedar Rapids, IA	32:00	6:26
105	21 M16	Erik Wolter, 19, Van Horne, IA	32:00	6:26
17	2 W20	Elaina Mertens, 23*, Cedar Rapids, IA	32:03	6:27
106	12 M30	Jeremy Richardson, 32, Cedar Rapids, IA	32:04	6:27
107	9 M35	Tom Daubs, 38, Marion, IA	32:05	6:27
108	13 M30	Jeremy Bartlett, 33, Alburnett, IA	32:13	6:29
109	22 M16	Taelor Bohnsack, 19, Wilton, IA	32:15	6:29
110	23 M16	Ben Hagarty, 17, Cedar Rapids, IA	32:20	6:30
111	8 M45	Timothy Squiers, 47, Belle Plaine, IA	32:22	6:31
112	10 M35	Pete Goedken, 38, Hiawatha, IA	32:24	6:31
113	9 M45	Jay Hildebrand, 46, Hiawatha, IA	32:25	6:31
114	24 M16	Andrew Bridgewater, 19, Van Horne, IA	32:26	6:31
18	1 W16	Kelsey Hart, 18*, Solon, IA	32:28	6:32
115	10 M40	Ken Wright, 40, Cedar Rapids, IA	32:30	6:32
116	10 M45	Brett Roehlk, 46, Cedar Rapids, IA	32:32	6:33
117	11 M45	Jon Swalls, 49, Cedar Rapids, IA	32:33	6:33
118	14 M30	Randy Lamm, 34, Solon, IA	32:36	6:33
119	16 M25	Ryan Nevin, 27, Waterloo, IA	32:39	6:34
120	25 M16	Dale Handley, 19, Toddville, IA	32:44	6:35
121	11 M40	Dave Beckman, 42, Cedar Rapids, IA	32:48	6:36
122	12 M40	Mike Zimmermann, 41, Marion, IA	32:49	6:36
123	12 M45	Michael Long, 49, Ames, IA	32:50	6:36
124	11 M20	Matt Hilby, 23, Independence, IA	32:52	6:37
125	13 M40	William Iverson, 41, Iowa City, IA	32:52	6:37
126	6 JrM	Joshua Wick, 14, Cedar Rapids, IA	32:56	6:37
19	3 W20	Kelsey Stueland, 21*, Tipton, IA	32:58	6:38
127	7 JrM	Kyle Read, 14, Marion, IA	32:58	6:38
128	12 M20	Andrew Margolin, 23, Boulder, CO	32:59	6:38
129	13 M20	Bill Petrou, 22, Iowa City, IA	33:02	6:39
130	14 M40	Roger Cassill, 43, Fairfax, IA	33:04	6:39
131	13 M45	Darl Van Rheenen, 48, Amana, IA	33:05	6:39
132	11 M35	Derek Wibe, 35, Cedar Rapids, IA	33:07	6:40
133	1 M60	Jim Shimek, 61, Fairfax, IA	33:08	6:40
134	26 M16	Corbin Beastrom, 17, Cedar Rapids, IA	33:08	6:40
135	14 M45	Calvin Wolter, 49, Van Horne, IA	33:10	6:40
136	17 M25	Brien Waldron, 28, Cedar Rapids, IA	33:11	6:41
137	2 M55	Roger Twigg, 59, Crosby, MN	33:13	6:41
138	14 M20	Mark Henry, 24, Hiawatha, IA	33:13	6:41
139	15 M45	Michael Glavan, 46, Cedar Rapids, IA	33:19	6:42
140	3 M55	Michael Nurre, 55, Cedar Rapids, IA	33:22	6:43
141	16 M45	Kim Wander, 48, West Union, IA	33:23	6:43
142	12 M35	Jeremy Elges, 35, Cedar Rapids, IA	33:23	6:43
143	18 M25	Ross Kotula, 27, Marion, IA	33:25	6:43
144	8 JrM	Robbie Gearhart, 14, Cedar Rapids, IA	33:25	6:43
145	13 M35	Dave Zahradnik, 39, Cedar Rapids, IA	33:27	6:44
20	1 W35	Kristi Shaffer, 38*, Cedar Rapids, IA	33:29	6:44
146	15 M40	Michael Hughes, 42, Cedar Rapids, IA	33:30	6:44
147	19 M25	Nicholas Larson, 26, Cedar Rapids, IA	33:31	6:44
21	4 W25	Alice Anderson, 26*, Marion, IA	33:33	6:45
148	5 M50	Mark Valliere, 52, Cedar Rapids, IA	33:41	6:47
149	27 M16	Sean Kenel, 16, Cedar Rapids, IA	33:41	6:47

150	9 JrM	Ryan Andersen, 15, Marion, IA	33:46	6:47
22	MW	Rhonda Brandt, 45*, Maron, IA	33:46	6:48
151	16 M40	Randy Schultejans, 40, Palo, IA	33:47	6:48
23	1 W40	Sandy Sabelka, 42*, Denver, IA	33:53	6:49
152	6 M50	Joe Moreno, 52, East Moline, IL	33:55	6:49
153	17 M45	Randy Brecht, 48, Middle Amana, IA	33:55	6:49
154	14 M35	Jim Berger, 38, Cedar Rapids, IA	33:58	6:50
24	2 W40	Deb Gaddis, 42*, Solon, IA	33:59	6:50
155	17 M40	Aaron Berg, 40, Swisher, IA	34:02	6:51
156	15 M30	Kylie Stannard, 31, Dekalb, IL	34:03	6:51
25	5 W25	Nicole Richardson, 29*, Spring, TX	34:04	6:51
26	1 W45	Karen Martin, 47*, Lisbon, IA	34:06	6:52
157	18 M45	Jeff Madsen, 47, Cedar Rapids, IA	34:07	6:52
158	19 M45	Greg Reynolds, 48, Cedar Rapids, IA	34:07	6:52
159	15 M35	Eric Gift, 37, Cedar Rapids, IA	34:09	6:52
160	20 M25	Joe Lynn, 29, West Des Moines, IA	34:10	6:52
27	2 W45	Denise Delfino, 46*, Cedar Rapids, IA	34:11	6:53
28	6 W25	Leah Woodward, 29*, Iowa City, IA	34:12	6:53
161	20 M45	Rick Colton, 49, Marion, IA	34:12	6:53
29	7 W25	Julie Johnston, 25*, Cedar Rapids, IA	34:12	6:53
162	21 M25	Daniel Kruckenberg, 27, Vinton, IA	34:13	6:53
30	8 W25	Lindsey Jasper, 25*, Dubuque, IA	34:13	6:53
31	2 W16	Hannah Schneekloth, 17*, Cedar Rapids, IA	34:14	6:53
163	16 M30	Jeremy Negus, 30, Iowa City, IA	34:16	6:54
164	22 M25	Joel Althoff, 29, Monticello, IA	34:18	6:54
165	16 M35	Mark Akers, 39, North Liberty, IA	34:20	6:54
166	23 M25	Jeremiah Gates, 28, Marion, IA	34:21	6:55
167	18 M40	John Peters, 44, Cedar Rapids, IA	34:22	6:55
168	2 M60	David Coates, 61, Cedar Rapids, IA	34:25	6:55
169	24 M25	Jeremy Heidemann, 29, Marion, IA	34:25	6:55
170	10 JrM	Keegan Cook, 14, Robins, IA	34:26	6:56
171	25 M25	Adam Oberhaus, 25, Cedar Rapids, IA	34:30	6:56
172	21 M45	Eric Howes-Vonstein, 46, Vinton, IA	34:30	6:56
173	7 M50	Gary Van Cleve, 53, Lake Elmo, MN	34:30	6:56
174	15 M20	Barry Francois, 23, Manchester, IA	34:31	6:57
175	26 M25	Adam Mohling, 26, Cedar Rapids, IA	34:32	6:57
176	8 M50	Dallas Robertson, 52, Iowa City, IA	34:33	6:57
32	2 W30	Roxanne Johnston, 33*, Toddville, IA	34:33	6:57
177	4 M55	Bob Strickland, 58, Cedar Rapids, IA	34:34	6:57
178	17 M30	Todd Buelow, 33, Edina, MN	34:38	6:58
179	17 M35	Fred Kauder, 36, Cedar Rapids, IA	34:39	6:58
180	19 M40	Graig Cone, 43, Cedar Rapids, IA	34:39	6:58
181	22 M45	Bob Lotz, 46, North Liberty, IA	34:40	6:58
182	20 M40	Luke Turner, 40, Hiawatha, IA	34:40	6:58
183	27 M25	Adam Guy, 26, Cedar Rapids, IA	34:42	6:59
184	21 M40	Michael Sills, 44, Cedar Rapids, IA	34:42	6:59
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">Top</a>				
185	23 M45	Keith Kenel, 48, Cedar Rapids, IA	34:47	7:00
33	3 W45	Jane McGee, 47*, Hiawatha, IA	34:49	7:00
186	28 M16	Will Hart, 17, Cedar Rapids, IA	34:49	7:00
187	28 M25	Leo Buzalsky, 25, Cedar Rapids, IA	34:51	7:01
188	18 M30	Eli Beck, 31, Urbana, IA	34:53	7:01
189	19 M30	Cory Goldensoph, 32, Cedar Rapids, IA	34:55	7:01
34	3 W30	Amelia Carchidi, 33*, Rancho Santa Marg, CA	34:56	7:02
35	9 W25	Leslie Althoff, 28*, Monticello, IA	34:58	7:02
190	20 M30	Brian Peck, 32, Cedar Rapids, IA	34:59	7:02
36	4 W30	Mindy Olson, 30*, Wichita, KS	34:59	7:02
37	2 W35	Rae Lynn Lamparek, 38*, Swisher, IA	35:00	7:02
191	29 M25	Mitchell Cook, 29, West Des Moines, IA	35:00	7:02
192	29 M16	Nick Seedorff, 17, Hiawatha, IA	35:02	7:03
193	5 M55	Paul James, 55, Stanley, IA	35:06	7:04
194	30 M25	Dustin Huinker, 28, Cedar Rapids, IA	35:06	7:04
195	6 M55	Gene Wandling, 58, Iowa City, IA	35:08	7:04

38	1	W50	Andriette Wickstrom, 54*, Storm Lake, IA	35:08	7:04
196	31	M25	Dan Gahring, 26, Cedar Rapids, IA	35:10	7:04
197	11	JrM	Zach Slusher, 14, Solon, IA	35:10	7:04
198	22	M40	Thomas Wolle, 43, Cedar Rapids, IA	35:12	7:05
199	24	M45	Mike Schneekloth, 49, Cedar Rapids, IA	35:14	7:05
39	10	W25	Amy Marshall, 27*, Lisbon, IA	35:16	7:06
200	21	M30	Jonathan Myers, 32, North Liberty, IA	35:17	7:06
201	12	JrM	Tyler Menge, 15, Cherry Valley, IL	35:17	7:06
202	9	M50	Bret Niles, 51, Cedar Rapids, IA	35:19	7:06
203	7	M55	Nick Scott, 58, Cedar Rapids, IA	35:21	7:07
204	30	M16	Drake Rooney, 16, Center Point, IA	35:22	7:07
205	22	M30	Adam Galluzzo, 30, Iowa City, IA	35:22	7:07
206	13	JrM	Brian Ropp, 15, Cedar Rapids, IA	35:23	7:07
207	25	M45	Eric Johnson, 49, Cedar Rapids, IA	35:24	7:07
208	23	M30	Jerry Kilgore, 34, Cedar Rapids, IA	35:24	7:07
209	24	M30	Jon Scheib, 30, St Louis Park, MN	35:24	7:07
210	32	M25	John Haman, 25, Coralville, IA	35:26	7:08
211	25	M30	Ethan Domke, 30, Wichita, KS	35:29	7:08
212	16	M20	Jon Pagel, 20, Cedar Rapids, IA	35:31	7:09
213	33	M25	Jareo Carter, 25, Iowa City, IA	35:33	7:09
214	10	M50	Tony Kennicott, 52, Solon, IA	35:33	7:09
215	23	M40	John Dufoe, 43, Center Point, IA	35:33	7:09
216	24	M40	Chris Evans, 40, Cedar Rapids, IA	35:34	7:09
217	31	M16	Zach Parsons, 17, Cedar Rapids, IA	35:37	7:10
218	17	M20	Tyler Vance, 20, Cedar Rapids, IA	35:38	7:10
219	18	M20	Nathan Menken, 20, Cedar Rapids, IA	35:40	7:10
40	5	W30	Sarah Snyder, 33*, Swisher, IA	35:41	7:11
220	26	M30	Andrew Snyder, 33, Swisher, IA	35:41	7:11
221	27	M30	Brenton Pushetonequa, 33, Tama, IA	35:41	7:11
41	4	W20	Mallory Marshall, 21*, Center Point, IA	35:41	7:11
42	11	W25	Erika Starckenburg, 26*, Naperville, IL	35:43	7:11
222	11	M50	Nick Daedlow, 50, Independence, IA	35:44	7:11
223	18	M35	Steve Henry, 36, Cedar Rapids, IA	35:46	7:12
224	19	M20	Cory Mohling, 20, Marion, IA	35:56	7:14
225	19	M35	Joshua Katcher, 35, Urbana, IA	35:56	7:14
226	26	M45	Bill Heitz, 48, Walford, IA	35:57	7:14
227	20	M20	Joseph Drahos, 21, Cedar Rapids, IA	35:58	7:14
228	21	M20	Brett Finger, 22, Iowa City, IA	35:59	7:14
229	22	M20	Michael Yearous, 23, Marion, IA	36:02	7:15
43	3	W16	Katherine Manders, 17*, Cedar Rapids, IA	36:03	7:15
230	27	M45	Lane Prochnow, 45, Cedar Rapids, IA	36:05	7:15
231	8	M55	Brad Scott, 56, Marion, IA	36:07	7:16
44	3	W40	Joy Tinnes, 40*, Iowa City, IA	36:07	7:16
232	12	M50	Chuck Soat, 50, Dubuque, IA	36:07	7:16
45	12	W25	Ellen Moore, 26*, Burlington, IA	36:08	7:16
233	3	M60	Norm Arons, 61, Cedar Rapids, IA	36:09	7:16
234	4	M60	Dale Hanna, 60, Cedar Rapids, IA	36:09	7:16
235	28	M30	Matt Fandel, 33, Cedar Rapids, IA	36:12	7:17
236	14	JrM	Ben Friedman, 11, Cedar Rapids, IA	36:13	7:17
46	4	W16	Lauren Kelley, 17*, Cedar Rapids, IA	36:13	7:17
237	29	M30	Chris Fry, 30, Dubuque, IA	36:17	7:18
238	13	M50	Kurt Langel, 51, Cedar Rapids, IA	36:20	7:19
47	5	W20	Kelsey Homewood, 23*, Iowa City, IA	36:22	7:19
239	23	M20	Patrick Reilly, 24, Iowa City, IA	36:22	7:19
240	9	M55	Steve Washler, 57, Cedar Rapids, IA	36:25	7:19
48	4	W40	Becky Washler, 43*, Cedar Rapids, IA	36:25	7:19
241	30	M30	Brad Goldsmith, 30, Swisher, IA	36:25	7:20
49	6	W30	Lisa Lambi, 31*, North Liberty, IA	36:26	7:20
242	24	M20	Ben Watson, 20, Cedar Rapids, IA	36:26	7:20
50	6	W20	Elizabeth Steele, 24*, Norway, IA	36:27	7:20
243	25	M40	Steve Vanzee, 44, Winfield, IL	36:28	7:20
244	34	M25	Joey Richey, 27, Marion, IA	36:29	7:20
245	10	M55	Tom Vanberkum, 57, Marion, IA	36:34	7:21
246	31	M30	Todd Joslin, 34, Cedar Rapids, IA	36:35	7:21
247	32	M30	Christopher Nims, 32, Robins, IA	36:36	7:22

248	35	M25	Joshua Rapp, 28, Cedar Rapids, IA	36:41	7:23
249	28	M45	Phillip Huber, 46, Cedar Rapids, IA	36:43	7:23
250	26	M40	West Bruns, 41, Cedar Rapids, IA	36:43	7:23
251	29	M45	Joel Penticoff, 48, Cedar Rapids, IA	36:43	7:23
51	7	W20	Kira Werstein, 24*, Ames, IA	36:45	7:24
252	15	JrM	Matthew Wittman, 15, Cedar Rapids, IA	36:45	7:24
253	1	M65	David Kutter, 66, Cedar Rapids, IA	36:46	7:24
254	33	M30	Nashaun Hawkins, 31, Cedar Rapids, IA	36:46	7:24
255	30	M45	Kevin Wise, 47, Cedar Rapids, IA	36:46	7:24
256	20	M35	Ian Kleman, 35, Cedar Rapids, IA	36:47	7:24
257	36	M25	Jason Fisher, 28, Hiawatha, IA	36:50	7:25
52	13	W25	Darby Hollinrake, 25*, Marion, IA	36:51	7:25
53	3	W35	Tami Skriver, 37*, Walford, IA	36:53	7:25
258	34	M30	Tim McCormick, 32, Palo, IA	36:55	7:26
259	27	M40	Ted Smith, 42, Cedar Rapids, IA	36:58	7:26
54	4	W35	Kori Cusick, 39*, North Liberty, IA	36:59	7:26
260	28	M40	Steve Feldmann, 41, Iowa City, IA	36:59	7:26
261	25	M20	Mike Valliere, 20, Cedar Rapids, IA	37:00	7:27
262	31	M45	David Diebold, 47, Cedar Rapids, IA	37:01	7:27
263	32	M45	Robert Haag, 45, Marion, IA	37:02	7:27
264	21	M35	Chris Levi, 38, Cedar Rapids, IA	37:03	7:27
265	14	M50	Mark Daskocil, 54, Cedar Hill, TX	37:05	7:27
266	15	M50	Jim Bell, 51, Cedar Rapids, IA	37:09	7:28
55	14	W25	Amy Hamilton, 27*, Cedar Rapids, IA	37:10	7:29
267	26	M20	Kevin Ranney, 20, Champaign, IL	37:12	7:29
268	16	JrM	Justin Macdonald, 14, Anamosa, IA	37:12	7:29
269	29	M40	Greg Bodeker, 43, Cedar Rapids, IA	37:13	7:29
270	35	M30	Jeff Hartwig, 34, Marion, IA	37:14	7:29
271	33	M45	Ted Olson, 49, Hiawatha, IA	37:14	7:29
272	27	M20	Logan Starckenburg, 22, Naperville, IL	37:16	7:30
273	16	M50	Rich Block, 54, Cedar Rapids, IA	37:19	7:30
274	11	M55	Warren Feerer, 59, Cedar Rapids, IA	37:19	7:30
275	12	M55	Dave Carney, 56, Cedar Rapids, IA	37:21	7:31
56	5	W16	Steph Lindo, 17*, Hiawatha, IA	37:22	7:31
276	17	M50	Jim Wilson, 52, Marion, IA	37:24	7:31
277	34	M45	Kevin Costigan, 49, Cedar Rapids, IA	37:24	7:31
57	8	W20	Katie Huether, 24*, Cedar Rapids, IA	37:29	7:32
278	22	M35	Curt Miller, 35, Solon, IA	37:31	7:33
279	35	M45	Jeff Pick, 47, Cedar Rapids, IA	37:32	7:33
58	9	W20	Courtney Steggall, 20*, Cedar Rapids, IA	37:34	7:33
280	36	M30	Adam Feyed, 31, Dubuque, IA	37:35	7:34
281	13	M55	David Gurwell, 57, Iowa City, IA	37:35	7:34
59	10	W20	Keri Schaefer, 20*, Cedar Rapids, IA	37:36	7:34
282	32	M16	Grant Hunt, 17, Cedar Rapids, IA	37:36	7:34
283	28	M20	Kyle Mallie, 24, Cedar Rapids, IA	37:37	7:34
284	30	M40	William Higgins, 40, Marion, IA	37:38	7:34
285	37	M30	Brian Huber, 33, Hiawatha, IA	37:38	7:34
60	15	W25	Alison Bell, 27*, Iowa City, IA	37:39	7:34
61	11	W20	Linda Freiha, 22*, Cedar Rapids, IA	37:39	7:35
62	5	W35	Monica Boeckenstedt, 38*, Cedar Rapids, IA	37:41	7:35
63	7	W30	Brandy Hoffmeier, 31*, Cedar Rapids, IA	37:44	7:35
286	37	M25	Beau Brink, 26, Cedar Rapids, IA	37:45	7:36
64	8	W30	Kim Blankenship, 33*, Cedar Rapids, IA	37:45	7:36
287	38	M25	Peter Konrad, 27, Cedar Rapids, IA	37:45	7:36
288	18	M50	Pete Watson, 53, Cedar Rapids, IA	37:46	7:36
65	5	W40	Dawn Cooksley, 40*, North Liberty, IA	37:48	7:36
289	29	M20	Cyrus Payvandi, 24, Cedar Rapids, IA	37:49	7:37
290	31	M40	Leonard Strand, 43, Cedar Rapids, IA	37:53	7:37
291	17	JrM	Reece Linder, 11, Cedar Rapids, IA	37:54	7:37
66	12	W20	Erin Bone, 24*, Ankeny, IA	37:54	7:37
292	38	M30	John Eikenberry, 32, Center Point, IA	37:54	7:38
67	13	W20	Leah Thurston, 24*, Cedar Rapids, IA	37:55	7:38
293	19	M50	Todd Mattison, 50, Cedar Rapids, IA	37:56	7:38
294	20	M50	Kary Miller, 51, Cedar Rapids, IA	37:56	7:38
295	21	M50	Mike Tiernan, 50, Marion, IA	37:56	7:38

296	39	M30	Ryan Brant, 30, Milwaukee, WI	37:57	7:38
297	36	M45	Bill Freese, 47, Cedar Rapids, IA	37:57	7:38
68	4	W45	Jeanine Penticoff, 47*, Cedar Rapids, IA	37:58	7:38
298	22	M50	Craig Naber, 53, Irving, TX	37:58	7:38
299	30	M20	Kyle Holub, 23, Cedar Rapids, IA	37:59	7:39
69	6	W35	Kelly Jensen, 39*, Toddville, IA	38:00	7:39
300	23	M50	Neal Scharmer, 52, Cedar Rapids, IA	38:01	7:39
70	16	W25	Allison Berns, 25*, Urbana, IA	38:01	7:39
301	23	M35	Robert Dix, 36, Palo, IA	38:02	7:39
302	33	M16	Thomas Glavan, 16, Cedar Rapids, IA	38:03	7:39
303	5	M60	Hugh Macmenamin, 64, Cedar Rapids, IA	38:04	7:40
304	1	M70	Al Siemering, 70, Cedar Rapids, IA	38:05	7:40
305	6	M60	Ken Jans, 64, Ely, IA	38:06	7:40
306	32	M40	Jeffrey Linder, 41, Cedar Rapids, IA	38:06	7:40
307	40	M30	Jamie Grimm, 33, Urbana, IA	38:08	7:40
71	9	W30	Barb Lynn, 34*, North Liberty, IA	38:10	7:41
308	41	M30	Noland Gurwell, 34, Cedar Rapids, IA	38:11	7:41
72	1	JrW	Chelsea Bell, 15*, Evansville, IN	38:12	7:41
309	37	M45	David Vognsen, 49, Cedar Rapids, IA	38:12	7:41
310	38	M45	Brian Wiebke, 49, Marion, IA	38:13	7:41
73	17	W25	Michelle Silver, 26*, Cedar Rapids, IA	38:14	7:41
311	14	M55	David Gee, 58, Cedar Rapids, IA	38:18	7:42
312	39	M45	Bart Woods, 46, Cedar Rapids, IA	38:19	7:42
74	6	W40	Julie Slinger, 40*, Hiawatha, IA	38:19	7:43
313	33	M40	Patrick Knaub, 41, Cedar Rapids, IA	38:21	7:43
314	24	M35	Stephen Szewc, 36, Marion, IA	38:21	7:43
315	40	M45	Chris Jeffrey, 45, Iowa City, IA	38:21	7:43
316	24	M50	William Johnson, 53, Iowa City, IA	38:23	7:43
317	42	M30	Ryan Rieck, 33, Center Point, IA	38:26	7:44
75	6	W16	Ramsey Steiner, 19*, Cedar Rapids, IA	38:27	7:44
318	25	M50	John Nollsch, 52, Cedar Rapids, IA	38:28	7:44
319	34	M40	Mark Lewis, 44, Cedar Rapids, IA	38:31	7:45
76	5	W45	Stacy McDowell, 46*, Cedar Rapids, IA	38:31	7:45
320	43	M30	Tadd Reilly, 32, Jefferson, IA	38:31	7:45
77	18	W25	Tom Randall, 29*, Marion, IA	38:33	7:45
321	39	M25	Brian Zias, 26, Bloomington, MN	38:34	7:45
322	25	M35	Kirk Wischmeyer, 36, Mount Vernon, IA	38:35	7:46
323	18	JrM	Nick Brune, 15, Walford, IA	38:38	7:46
324	40	M25	Brian Neurohr, 29, Cedar Rapids, IA	38:41	7:47
325	35	M40	Matt Shaffer, 41, Cedar Rapids, IA	38:42	7:47
326	44	M30	Brad Joens, 31, Fairfax, IA	38:42	7:47
327	41	M45	Kevin Steele, 47, Lisbon, IA	38:43	7:47
328	2	M65	Tom Kirkwood, 65, Dyersville, IA	38:45	7:48
78	10	W30	Lily Phonphiboun, 32*, Iowa City, IA	38:49	7:48
79	2	W50	Muriel Naumann, 53*, Iowa City, IA	38:50	7:49
329	36	M40	Tim Wittman, 44, Cedar Rapids, IA	38:52	7:49
80	7	W35	Karla Westpheling, 38*, Cedar Rapids, IA	38:52	7:49
330	42	M45	Doug Thompson, 49, Cedar Rapids, IA	38:53	7:49
331	45	M30	Joseph Graf, 32, Iowa City, IA	38:54	7:50
332	41	M25	Kevin Joens, 28, Cedar Rapids, IA	38:55	7:50
333	26	M50	Mike Peiffer, 50, Cedar Rapids, IA	38:55	7:50
81	7	W40	Rita Taylor-Stewart, 42*, Atkins, IA	38:56	7:50
334	37	M40	Brad Loney, 41, Marion, IA	38:56	7:50
335	42	M25	Tom Menke, 28, North Liberty, IA	38:56	7:50
336	43	M25	Peter Moeller, 26, Cedar Rapids, IA	38:56	7:50
337	15	M55	Jim Heying, 55, Coralville, IA	38:56	7:50
338	44	M25	Adam Varo, 26, Cedar Rapids, IA	38:57	7:50
339	45	M25	Timothy Wesbrook, 26, Cedar Rapids, IA	38:57	7:50
340	26	M35	Robert Pollitt, 37, Cedar Rapids, IA	39:00	7:51
341	27	M50	Mark Powers, 54, Cedar Rapids, IA	39:01	7:51
342	46	M30	Kevin Tracy, 31, Cary, NC	39:01	7:51
343	16	M55	David Bryan, 55, Hopedale, MA	39:02	7:51
344	27	M35	Steven Sheely, 39, Cedar Rapids, IA	39:03	7:51
82	8	W40	Laura Decker, 43*, Cedar Rapids, IA	39:04	7:51
345	28	M50	Steven Kimm, 53, Norway, IA	39:05	7:52

83	8	W35	Maria Bowman, 39*, Cedar Rapids, IA	39:05	7:52
346	17	M55	Mark Ramsey, 58, Cedar Rapids, IA	39:06	7:52
84	9	W40	Tina Brooker, 40*, Cedar Rapids, IA	39:08	7:52
347	29	M50	Gary Watts, 53, Iowa City, IA	39:10	7:53
348	28	M35	Peter Cole, 37, Cedar Rapids, IA	39:10	7:53
85	11	W30	Heather Fleming, 32*, Robins, IA	39:11	7:53
349	29	M35	Jason Wisehart, 36, Cedar Rapids, IA	39:11	7:53
86	12	W30	Shelly Johannes, 32*, Cedar Rapids, IA	39:12	7:53
350	43	M45	Dewayne Heintz, 45, Cedar Rapids, IA	39:16	7:54
351			Tylamin Ovel, Cedar Rapids, IA	39:16	7:54
352	47	M30	Matthew Winger, 30, Cedar Rapids, IA	39:20	7:55
87	19	W25	Nadine Myers, 28*, Walker, IA	39:21	7:55
88	13	W30	Deidre Nims, 33*, Robins, IA	39:21	7:55
89	14	W20	Hillary Larson, 23*, Sioux Falls, SD	39:23	7:55
90	2	JrW	Kylie Coutentos, 14*, Cedar Rapids, IA	39:24	7:55
353	30	M35	Troy Smith, 35, Cedar Rapids, IA	39:24	7:56
91	14	W30	Mariah Hurley, 32*, Cedar Rapids, IA	39:24	7:56
354	38	M40	Kurtis Meyer, 43, Cedar Rapids, IA	39:30	7:57
355	46	M25	Tim Strandberg, 28, Liberty, MO	39:31	7:57
356	18	M55	Randy King, 56, Marion, IA	39:32	7:57
357	48	M30	Lew Paine, 34, Urbana, IA	39:32	7:57
92	10	W40	Liz Efting, 41*, Cedar Rapids, IA	39:33	7:57
93	9	W35	Katherine Mellen, 36*, Coralville, IA	39:34	7:58
358	31	M20	Stephen Paxton, 23, Cedar Rapids, IA	39:34	7:58
94	3	W50	Karen Thimmesch, 53*, Williamsburg, IA	39:36	7:58
95	20	W25	Darlene Gonzalez, 27*, Marion, IA	39:37	7:58
359	39	M40	Kirk Herman, 40, Cedar Rapids, IA	39:38	7:58
360	31	M35	Humphries, 38, Cedar Rapids, IA	39:38	7:58
361	47	M25	Jeff Bendull, 26, Urbana, IA	39:41	7:59
96	15	W30	Danielle Tuetken, 31*, Monticello, IA	39:42	7:59
362	32	M20	Billy Hahn, 21, Norway, IA	39:43	7:59
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">Top</a>					
363	44	M45	Paul Johanson, 49, Oxford, IA	39:46	8:00
364	30	M50	Jim Becker, 51, Watkins, IA	39:47	8:00
365	32	M35	Matthew Engelbert, 39, Coralville, IA	39:47	8:00
97	3	JrW	Mallory Carr, 14*, Solon, IA	39:48	8:00
366	33	M35	Rich Mitvalsky, 38, Cedar Rapids, IA	39:49	8:01
367	31	M50	Patrick Bussen, 52, St. Paul, MN	39:50	8:01
368	34	M35	Delayne Stallman, 35, Raymond, IA	39:50	8:01
369	33	M20	Tyson King, 22, Marion, IA	39:50	8:01
98	10	W35	Candie Levi, 35*, Cedar Rapids, IA	39:50	8:01
370	40	M40	Eric Mueller, 44, Cedar Rapids, IA	39:51	8:01
371	19	M55	Tom Wieseler, 56, Mt Vernon, IA	39:52	8:01
99	21	W25	Elizabeth Sutton, 28*, Iowa City, IA	39:53	8:01
100	11	W40	Michelle Huenecke, 41*, Lisbon, IA	39:54	8:01
372	49	M30	Michael Armstrong, 30, Central City, IA	39:55	8:02
101	4	JrW	Olivia Miller, 14*, Robins, IA	39:56	8:02
373	32	M50	David Barnes, 51, Washington, IA	39:57	8:02
374	34	M16	Ben Streit, 17, Macomb, IL	39:58	8:02
375	35	M16	Michael Streit, 16, Bettendorf, IA	39:58	8:02
102	11	W35	Sonja Krob, 38*, Lisbon, IA	40:01	8:03
103	4	W50	Denise Whiting, 50*, Iowa City, IA	40:03	8:03
104	16	W30	Peggy Mikesell, 30*, Fairfax, IA	40:03	8:03
105	22	W25	Melissa McKeon, 27*, Cedar Rapids, IA	40:04	8:04
376	20	M55	Bruce Bachmann, 59, Cedar Rapids, IA	40:05	8:04
106	17	W30	Stacy Huber, 32*, Hiawatha, IA	40:06	8:04
107	12	W35	Martha Vanzee, 39*, Winfield, IL	40:07	8:04
108	12	W40	Amy Homan, 42*, Cedar Rapids, IA	40:07	8:04
109	6	W45	Sara Todd, 46*, Cedar Rapids, IA	40:07	8:04
110	7	W45	Tina Becker, 48*, Watkins, IA	40:07	8:04
377	45	M45	Allan Mallie, 49, Mount Vernon, IA	40:11	8:05
111	5	JrW	Sarah Vining, 15*, Iowa City, IA	40:11	8:05
378	21	M55	Greg Jobe, 55, Marion, IA	40:11	8:05
379	35	M35	Steve Bohr, 39, Swisher, IA	40:11	8:05



112	7 W16	Kathryn Bell, 17*, Cedar Rapids, IA	40:12	8:05
113	5 W50	Lynn Dennis, 54*, Cedar Rapids, IA	40:13	8:05
114	6 W50	Lorrie Copper, 52*, Marion, IA	40:14	8:06
380	50 M30	Jason Goslin, 30, Cedar Rapids, IA	40:14	8:06
115	23 W25	Carissa Oltmann, 27*, Cedar Rapids, IA	40:15	8:06
381	33 M50	Bryce Henson, 53, North Liberty, IA	40:17	8:06
382	51 M30	David Murphy, 32, Chicago, IL	40:17	8:06
383	48 M25	Jacob Young, 27, Donnellson, IA	40:21	8:07
116	24 W25	Liz Craig, 27*, Iowa City, IA	40:24	8:08
384	46 M45	Mark Hamling, 45, Cedar Rapids, IA	40:26	8:08
385	41 M40	Brian Beem, 42, Cedar Rapids, IA	40:27	8:08
386	36 M35	Sutherland Junge, 35, Cedar Rapids, IA	40:28	8:09
387	49 M25	Daniel Krueger, 26, Cedar Rapids, IA	40:30	8:09
388	47 M45	Michael Schueller, 46, Cedar Rapids, IA	40:31	8:09
389	52 M30	Dustin Beck, 32, Cedar Rapids, IA	40:32	8:09
390	48 M45	Steven Keane, 49, Cedar Rapids, IA	40:33	8:09
391	22 M55	Harlan Gillespie, 55, Cedar Rapids, IA	40:34	8:10
117	13 W35	Brenda Becker, 36*, Manchester, IA	40:34	8:10
118	25 W25	Erika Hass, 25*, Cedar Rapids, IA	40:34	8:10
392	53 M30	Jerrod Miller, 30, Cedar Rapids, IA	40:35	8:10
393	37 M35	Brian Huber, 35, Marion, IA	40:36	8:10
394	34 M50	Dan Filip, 50, Cedar Rapids, IA	40:36	8:10
395	38 M35	Rob Kasper, 37, Cedar Rapids, IA	40:37	8:10
119	8 W45	Karen Knight, 45*, Hiawatha, IA	40:37	8:10
396	49 M45	Dave Hughes Jr, 47, Cedar Rapids, IA	40:38	8:10
120	9 W45	Linda Wilson, 46*, Lisbon, IA	40:39	8:11
121	15 W20	Erin Williams, 24*, Cedar Rapids, IA	40:39	8:11
122	10 W45	Deanna Haddy, 49*, Cedar Rapids, IA	40:40	8:11
397	39 M35	Brian Fagan, 37, Cedar Rapids, IA	40:40	8:11
123	7 W50	Belinda Gee, 51*, Cedar Rapids, IA	40:42	8:11
124	6 JrW	Madison Esker, 15*, Cedar Rapids, IA	40:43	8:11
125	13 W40	Kelly Erickson, 42*, Mount Vernon, IA	40:46	8:12
398	35 M50	Kevin Fox, 54, Cedar Rapids, IA	40:47	8:12
126	14 W40	Linnae Hartwig, 42*, Marion, IA	40:47	8:12
127	8 W50	Sharon Hollinrake, 52*, Marion, IA	40:48	8:12
399		Chad Gammon, Cedar Rapids, IA	40:48	8:12
400	42 M40	Gary Benda, 42, Keokuk, IA	40:52	8:13
401	50 M45	Jim Kiwala, 46, West Liberty, IA	40:52	8:13
402	54 M30	Nick Wilwert, 30, Davenport, IA	40:53	8:13
403	50 M25	Charles Knight, 29, Coralville, IA	40:53	8:13
128	26 W25	Suzanne Crumley, 25*, Iowa City, IA	40:56	8:14
129	1 W55	Claudia Scott, 58*, Marion, IA	40:57	8:14
404	43 M40	Jason Elliott, 42, Cedar Rapids, IA	40:59	8:15
405	51 M45	Wendell Horst, 46, Urbana, IA	41:00	8:15
130	15 W40	Connie Beachy, 43*, Solon, IA	41:00	8:15
406	44 M40	Todd Montgomery, 40, Cedar Rapids, IA	41:03	8:15
407	52 M45	Robert Carr, 45, Solon, IA	41:06	8:16
408	36 M16	Alex Anderson, 19, Alburnett, IA	41:06	8:16
131	8 W16	Jodi Brown, 19*, Cedar Rapids, IA	41:11	8:17
132	9 W16	Hallie Martin, 16*, Cedar Rapids, IA	41:12	8:17
133	10 W16	Megan Penticoff, 19*, Cedar Rapids, IA	41:12	8:17
409	51 M25	Shamus Veach, 26, Cedar Rapids, IA	41:13	8:17
410	40 M35	Chad Sands, 38, Cedar Rapids, IA	41:13	8:17
411	53 M45	Edward Meissner, 46, Cedar Rapids, IA	41:14	8:18
412	45 M40	David Klostermann, 44, Lisbon, IA	41:14	8:18
134	11 W16	Meaghan Nelson, 19*, Cedar Rapids, IA	41:15	8:18
135	12 W16	Anna Heffern, 19*, Cedar Rapids, IA	41:15	8:18
136	13 W16	Ann Schnoebelen, 19*, Cedar Rapids, IA	41:15	8:18
413	36 M50	Roy Kottal, 54, Cedar Rapids, IA	41:16	8:18
414	41 M35	Jerrod Lind, 39, Fairfax, IA	41:18	8:18
415	3 M65	Dean Wieditz, 66, Vinton, IA	41:18	8:18
137	16 W40	Valerie Dufoe, 42*, Center Point, IA	41:19	8:19
416	46 M40	Richard Zettler, 40, Cedar Rapids, IA	41:19	8:19
417	52 M25	John Rempe, 27, Cedar Rapids, IA	41:20	8:19
418	47 M40	Peter Pardubsky, 41, Cedar Rapids, IA	41:21	8:19

138	16	W20	Emily Zipperer, 20*, Cedar Rapids, IA	41:21	8:19
139	7	JrW	Kimberly Leskovec, 15*, Cedar Rapids, IA	41:22	8:19
419	54	M45	Paul Mueller, 47, Grand Island, NE	41:22	8:19
140	11	W45	Ferron Courtentos, 48*, Cedar Rapids, IA	41:23	8:19
141	14	W16	Kenzy Lewis, 17*, Cedar Rapids, IA	41:23	8:20
420	7	M60	Rod Raabe, 63, Swisher, IA	41:24	8:20
421	8	M60	Lee Bendull, 60, Vinton, IA	41:25	8:20
422	48	M40	Tim Sagers, 41, Cedar Rapids, IA	41:29	8:21
142	17	W40	Diane Ropp, 42*, Cedar Rapids, IA	41:31	8:21
143	14	W35	Amy Callahan, 37*, Cedar Rapids, IA	41:31	8:21
423	42	M35	Greg Moore, 39, Cedar Rapids, IA	41:38	8:23
424	19	JrM	Austin Coates, 11, Cedar Rapids, IA	41:38	8:23
425	49	M40	John Anderson, 43, Swisher, IA	41:39	8:23
426	37	M50	Don Klingenberger, 50, Cedar Rapids, IA	41:40	8:23
427	34	M20	Max Wahle, 22, Cedar Rapids, IA	41:40	8:23
144	15	W35	Karen Graber, 37*, Cedar Rapids, IA	41:41	8:23
145	18	W30	Cynthia Marx, 32*, North Liberty, IA	41:41	8:23
428	55	M45	John Feehan Sr, 48, Mt Pleasant, IA	41:41	8:23
429	50	M40	Kevin Ruzicka, 44, Swisher, IA	41:45	8:24
430	43	M35	Jamie Spores, 36, West Des Moines, IA	41:45	8:24
431	38	M50	Kent Hutchins, 51, Marion, IA	41:46	8:24
432	51	M40	Damon Deaton, 41, Cedar Rapids, IA	41:46	8:24
433	44	M35	Brian Amsler, 37, Lombard, IL	41:46	8:24
434	55	M30	Brady Vanvoorst, 34, Cedar Rapids, IA	41:48	8:25
146	17	W20	Erin Wahle, 20*, Cedar Rapids, IA	41:49	8:25
435	20	JrM	Jabe Gonder, 11, Cedar Rapids, IA	41:49	8:25
436	56	M45	Mark Pieper, 46, Iowa City, IA	41:49	8:25
437	39	M50	Matthew Carrico, 51, Mt. Vernon, IA	41:50	8:25
147	19	W30	Shea McMann, 33*, Robins, IA	41:52	8:25
148	12	W45	Linda Schwartzlow, 46*, Holmen, WI	41:53	8:25
149	20	W30	Ashlee Fandel, 34*, Cedar Rapids, IA	41:57	8:26
438	45	M35	Jeff Allen, 38, North Liberty, IA	41:57	8:26
439	21	JrM	Austin Monteius, 15, Cedar Rapids, IA	41:57	8:26
150	13	W45	Jill Jones, 46*, Cedar Rapids, IA	41:58	8:27
440	46	M35	Chris McMann, 39, Robins, IA	41:58	8:27
441	53	M25	Andrew Callahan, 26, Cedar Rapids, IA	42:00	8:27
442	47	M35	John Gianforte, 38, Cedar Rapids, IA	42:01	8:27
443	22	JrM	Jake Noonan, 10, Cedar Rapids, IA	42:03	8:28
151	16	W35	Lana Goldsmith, 39*, Iowa City, IA	42:04	8:28
152	18	W40	Janet Wegner, 43*, Cedar Rapids, IA	42:06	8:28
444	54	M25	Tony Morse, 25, Marion, IA	42:07	8:28
153	21	W30	Jenni Macmenamin Happel, 34*, Columbia Heights, MN	42:10	8:29
445			Noel Licht, Cedar Rapids, IA	42:11	8:29
446	56	M30	Shawn Leucke, 30, Cedar Rapids, IA	42:12	8:29
154	14	W45	Patricia Kenel, 48*, Cedar Rapids, IA	42:13	8:30
155	22	W30	Karen Davison, 32*, North Liberty, IA	42:14	8:30
447	48	M35	Steve Sartori, 39, Pella, IA	42:15	8:30
448	40	M50	Craig Johnson, 53, Cedar Rapids, IA	42:15	8:30
449	9	M60	Al Kacere, 61, Marion, IA	42:18	8:31
450	49	M35	Harmand Weeks, 35, Cedar Rapids, IA	42:19	8:31
156	23	W30	Allison Hogenson, 31*, Urbandale, IA	42:22	8:31
451	50	M35	Kevin Gent, 37, Simpsonville, SC	42:23	8:31
157	24	W30	Rebecca Aten, 33*, Owatonna, MN	42:23	8:32
158	17	W35	Deborah White, 36*, Robins, IA	42:24	8:32
452	57	M45	Doug Castek, 47, Hiawatha, IA	42:24	8:32
453	52	M40	Larry Kram, 41, Cedar Rapids, IA	42:26	8:32
159	27	W25	Amelia Wuest, 27*, Des Moines, IA	42:26	8:32
454	55	M25	Andy Petersen, 26, Cedar Rapids, IA	42:27	8:32
160	8	JrW	Rachel Schueller, 15*, Cedar Rapids, IA	42:27	8:32
161	2	W55	Trish Prokop, 55*, Cedar Rapids, IA	42:27	8:32
455	53	M40	Tommy Engram, 42, Cedar Rapids, IA	42:29	8:33
162	25	W30	Suzanne Wagor, 33*, New York, NY	42:30	8:33
456	4	M65	Larry Robertson, 69, Columbus Junction, IA	42:30	8:33
163	26	W30	Jodi Michaels, 34*, Hiawatha, IA	42:34	8:34

457	51	M35	Erich Hoffmeier, 38, Cedar Rapids, IA	42:34	8:34
164	19	W40	Wendy Frese, 42*, Cedar Rapids, IA	42:34	8:34
458	56	M25	Jared Aarons, 29, Cedar Rapids, IA	42:35	8:34
165	28	W25	Jenny Lucas, 28*, Marion, IA	42:35	8:34
459	57	M25	John Erickson, 26, Marion, IA	42:37	8:34
166	18	W35	Carrie Steffen, 36*, Cedar Rapids, IA	42:38	8:35
167	20	W40	Karen Knox, 43*, Cedar Rapids, IA	42:39	8:35
168	15	W45	Mary Keane, 49*, Cedar Rapids, IA	42:39	8:35
169	29	W25	Alissa Haedt, 27*, North Liberty, IA	42:40	8:35
460	52	M35	Seth Gilkes, 39, Cedar Rapids, IA	42:41	8:35
461	58	M45	Terry Lemon, 46, Cedar Rapids, IA	42:41	8:35
462	41	M50	Steve Gravelle, 51, Cedar Rapids, IA	42:42	8:35
463	54	M40	Chris Varo, 40, Iowa City, IA	42:43	8:36
464	37	M16	Paul Kirkpatrick, 18, Ames, IA	42:44	8:36
465	35	M20	Andrew Platner, 23, Lisbon, IA	42:44	8:36
170	19	W35	Chris Day, 39*, Palo, IA	42:44	8:36
171	20	W35	Rachael Crinigan, 37*, Cedar Rapids, IA	42:44	8:36
172	30	W25	Lindsay Varney, 26*, Waterloo, IA	42:46	8:36
466	42	M50	Terry Arnold, 54, Cedar Rapids, IA	42:46	8:36
467	59	M45	Lowell Johnson, 49, Cedar Rapids, IA	42:47	8:36
173	31	W25	Adriana Donofrio, 26*, Cedar Rapids, IA	42:48	8:37
468	60	M45	Douglas Ropp, 45, Cedar Rapids, IA	42:49	8:37
174	21	W35	Vena Nurre, 39*, Fairfax, IA	42:49	8:37
175	27	W30	Carey Smith, 34*, Robins, IA	42:50	8:37
176	16	W45	Regina Randall, 45*, Solon, IA	42:51	8:37
177	28	W30	Lisa Lansing, 30*, Marion, IA	42:51	8:37
469	58	M25	Denton Desotel, 29, Cedar Rapids, IA	42:52	8:37
178	21	W40	Kathy Skopec, 43*, Coralville, IA	42:53	8:38
179	18	W20	Megan Rempe, 24*, Cedar Rapids, IA	42:54	8:38
180	29	W30	Sara Kilgore, 34*, Cedar Rapids, IA	42:58	8:39
181	22	W35	Laurie Adams, 39*, Liberty Twp, OH	43:00	8:39
182	30	W30	Lisa Manderscheid, 31*, Maquoketa, IA	43:02	8:39
183	23	W35	Brenda Short, 39*, Robins, IA	43:03	8:40
184	22	W40	Debbie Lenth, 41*, Cedar Rapids, IA	43:03	8:40
185	24	W35	Lynda Harding, 39*, Avon, CO	43:04	8:40
470	61	M45	Matt Brandt, 48, Cedar Rapids, IA	43:05	8:40
186	19	W20	Marisol Campos, 22*, Fairfax, IA	43:10	8:41
471	2	M70	Jim Kee, 70, Coralville, IA	43:10	8:41
187	32	W25	Michelle Starckenburg, 27*, Cedar Rapids, IA	43:12	8:41
188	1	W60	Mary Campbell, 61*, Cedar Rapids, IA	43:14	8:42
472	62	M45	John Walton, 46, Cedar Rapids, IA	43:15	8:42
189	9	W50	Sheryl Weber-Paxton, 51*, Minneapolis, MN	43:17	8:42
473	23	M55	Stephen Runde, 55, Marion, IA	43:18	8:43
190	15	W16	Allison Thompson, 16*, Cedar Rapids, IA	43:19	8:43
191	25	W35	Kelly Magers, 35*, Fairfax, IA	43:20	8:43
474	10	M60	Jim Berger, 64, Cedar Rapids, IA	43:21	8:43
475	59	M25	Anton Pushetonequa, 27, Tama, IA	43:21	8:43
192	9	JrW	Kelsie Coates, 13*, Cedar Rapids, IA	43:22	8:43
476	55	M40	Timothy Carey, 43, Cedar Rapids, IA	43:23	8:44
477	57	M30	Nicholas Scott, 32, Cedar Rapids, IA	43:26	8:44
478	43	M50	Bob Hanson, 51, Cedar Rapids, IA	43:27	8:44
479	53	M35	J P Bickel, 38, Cedar Rapids, IA	43:28	8:45
193	26	W35	Larisa Bickel, 38*, Cedar Rapids, IA	43:28	8:45
480	63	M45	Gene Nassif, 45, Cedar Rapids, IA	43:29	8:45
194	23	W40	Julie Gates, 43*, Central City, IA	43:29	8:45
195	10	JrW	Mykaela Brandt, 14*, Maron, IA	43:30	8:45
196	27	W35	Emalee Nemitz, 38*, Toddville, IA	43:30	8:45
481	58	M30	Brad Nielsen, 33, Marion, IA	43:31	8:45
197	28	W35	Lea Beem, 38*, Cedar Rapids, IA	43:32	8:46
198	20	W20	Laura Bardsley, 20*, Cedar Falls, IA	43:33	8:46
199	16	W16	Brianna Whiting, 18*, Center Point, IA	43:34	8:46
482	64	M45	Bob Murrell, 46, Cedar Rapids, IA	43:35	8:46
200	2	W60	Jane Niemeier, 64*, Redwood Shores, CA	43:35	8:46
483	56	M40	Jake Stigers, 41, Chicago, IL	43:35	8:46

201	11 JrW	Leah Kremer, 13*, Robins, IA	43:35	8:46
484	44 M50	Greg Baedsley, 51, Palo, IA	43:36	8:46
485	45 M50	Lyons Rick, 54, Cedar Rapids, IA	43:39	8:47
202	24 W40	Kerri Larson, 44*, Jesup, IA	43:40	8:47
486	3 M70	John Leland, 73, Marion, IA	43:40	8:47
203	25 W40	Carol Palmer, 40*, Cedar Rapids, IA	43:40	8:47
487	24 M55	Dennis Brant, 55, Mount Vernon, IA	43:41	8:47
204	17 W16	Christina Scharmer, 17*, Cedar Rapids, IA	43:44	8:48
205	1 W65	Sandy Rupnow, 65*, Ames, IA	43:44	8:48
488	65 M45	Bruce Ellis, 46, Cedar Rapids, IA	43:45	8:48
489	54 M35	Mike Dawson, 39, Iowa City, Ia, Ia	43:45	8:48
490	46 M50	Tom Meyer, 51, Muscatine, IA	43:47	8:49
491	60 M25	Justin Kenny, 26, Cedar Rapids, IA	43:49	8:49
206	21 W20	Emily Nymeyer, 24*, Urbandale, IA	43:49	8:49
492	55 M35	David Parker, 39, Cedar Rapids, IA	43:49	8:49
493	59 M30	Rory Wiebel, 31, Mount Vernon, IA	43:50	8:49
207	33 W25	Jenny Zaghoul, 25*, Cedar Rapids, IA	43:52	8:49
208	29 W35	Tami Westoff, 39*, Marion, IA	43:53	8:50
494	60 M30	Seth Marling, 30, Cedar Rapids, IA	43:53	8:50
495	36 M20	Andrew Olney, 21, Clinton, IA	43:55	8:50
496	66 M45	Mark Brown, 45, Cedar Rapids, IA	43:56	8:50
209	12 JrW	Shanay Gonder, 14*, Cedar Rapids, IA	43:57	8:50
210	13 JrW	Jamie Vogl, 13*, Cedar Rapids, IA	43:58	8:51
497	57 M40	Scott Meador, 41, Solon, IA	43:59	8:51
211	31 W30	Tressa Walton, 31*, Vinton, IA	44:00	8:51
498	58 M40	Randy Aschbrenner, 42, Marion, IA	44:00	8:51
499	47 M50	Dan Baldwin, 52, Cedar Rapids, IA	44:01	8:51
212	22 W20	Leah Applebee, 22*, Mount Vernon, IA	44:04	8:52
500	61 M30	Chris Kasperek, 34, Silverdale, WA	44:04	8:52
501	48 M50	Robert Meikle, 52, Cedar Rapids, IA	44:04	8:52
502	49 M50	Mark Franke, 54, Cedar Rapids, IA	44:04	8:52
213	30 W35	Bridget Malake, 38*, Marion, IA	44:06	8:52
214	34 W25	Laura Platner, 28*, Ely, IA	44:07	8:53
215	32 W30	Jodie Stapley, 34*, Marion, IA	44:08	8:53
503	50 M50	Kevin Hochstedler, 50, Iowa City, IA	44:10	8:53
216	26 W40	Traci Yamane, 42*, Cedar Rapids, IA	44:10	8:53
504	61 M25	Trevor Starkenburg, 25, Cedar Rapids, IA	44:11	8:53
505	62 M30	Damon Bowman, 34, Cedar Rapids, IA	44:11	8:53
217	35 W25	Carrie Slager, 28*, Cedar Rapids, IA	44:13	8:54
218	33 W30	Stacey Hodges, 34*, Cedar Rapids, IA	44:18	8:55
506	63 M30	Sridip Mukhopadhyaya, 31, Cedar Rapids, IA	44:19	8:55
507	56 M35	Dave Barnhart, 36, Cedar Rapids, IA	44:21	8:55
508	62 M25	Brandon O'Hern, 27, Cedar Rapids, IA	44:23	8:56
219	34 W30	Jane Merten, 32*, Cedar Rapids, IA	44:26	8:56
220	36 W25	Kathryn Johnson, 25*, Chicago, IL	44:28	8:57
221	27 W40	Jackie Brown, 44*, Cedar Rapids, IA	44:30	8:57
509	57 M35	John Bostwick, 39, Marion, IA	44:30	8:57
222	31 W35	Becky Bostwick, 38*, Marion, IA	44:31	8:57
223	28 W40	Tammy Foy, 41*, Cedar Rapids, IA	44:31	8:57
510	5 M65	Jim Meister, 65, Cedar Rapids, IA	44:31	8:57
224	35 W30	Sandra Shover, 30*, Cedar Rapids, IA	44:32	8:58
511	59 M40	Tim Kroeze, 44, Cedar Rapids, IA	44:33	8:58
225	17 W45	Betty Hopkins, 49*, Marion, IA	44:34	8:58
226	29 W40	Julie Lemon, 42*, Cedar Rapids, IA	44:34	8:58
227	23 W20	Lydia Bongertz, 20*, Iowa City, IA	44:34	8:58
512	11 M60	John Watson, 61, Cedar Rapids, IA	44:34	8:58
228	32 W35	Joanna Weyer, 38*, Swisher, IA	44:35	8:58
513	25 M55	Patrick O'Keefe, 56, Cedar Rapids, IA	44:36	8:58
514	63 M25	Eric Ransom, 29, Marion, IA	44:38	8:59
229	36 W30	Chantelle Sieren, 30*, Robins, IA	44:40	8:59
230	37 W30	Piper McFadden, 30*, Cedar Rapids, IA	44:41	8:59
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">Top</a>				
231	30 W40	Rosie Lee, 44*, Cedar Rapids, IA	44:42	9:00
232	33 W35	Catherine Radzewich, 38*, Iowa City, IA	44:42	9:00

515	60 M40	Edward Gillan, 42, Iowa City, IA	44:42	9:00
516	12 M60	Roy Gaddis, 60, Solon, IA	44:42	9:00
233	10 W50	Patti Sprague, 50*, Mount Vernon, IA	44:43	9:00
517	58 M35	David Bark, 38, Marion, IA	44:44	9:00
234	38 W30	Kathleen Locher, 33*, Iowa City, IA	44:45	9:00
235	37 W25	Elizabeth Lenz, 26*, Cedar Rapids, IA	44:46	9:00
236	18 W45	Linda Johnson, 49*, Cedar Rapids, IA	44:46	9:00
518	67 M45	Scott Zach, 46, Cedar Rapids, IA	44:47	9:01
519	61 M40	Dean Ashbacher, 44, Grand Blanc, MI	44:48	9:01
520	64 M25	Nicholas Best, 26, Iowa City, IA	44:48	9:01
521	65 M25	Tyson Shepherd, 28, Iowa City, IA	44:48	9:01
237	14 JrW	Breanna McMurrin, 12*, Cedar Rapids, IA	44:48	9:01
522	66 M25	Rob Von Lienen, 28, Amana, IA	44:48	9:01
238	38 W25	Anita Bark, 29*, Marion, IA	44:48	9:01
523	38 M16	Zachary Usztok, 19, Cedar Rapids, IA	44:49	9:01
239	39 W25	Erin Pietras, 29*, North Liberty, IA	44:49	9:01
524	26 M55	Paul Usztok, 58, Cedar Rapids, IA	44:50	9:01
240	39 W30	Kati McNeme, 30*, Cedar Rapids, IA	44:51	9:01
241	40 W25	Lisa Christensen, 29*, Cedar Rapids, IA	44:52	9:02
242	40 W30	Shauna Steinbrech, 31*, Cedar Rapids, IA	44:53	9:02
243	41 W30	Jennifer Christofferson, 32*, Marion, IA	44:54	9:02
244	41 W25	Dawn McCormick, 29*, Marion, IA	44:55	9:02
245	34 W35	Trisca Smetzer, 37*, Palo, IA	44:57	9:03
246	11 W50	Patty Shaffer, 52*, Alburnett, IA	44:58	9:03
525	68 M45	Jim Schnoebelen, 49, Cedar Rapids, IA	44:58	9:03
526	62 M40	Jeff Moore, 41, Iowa City, IA	44:59	9:03
247	19 W45	Teresa Mills, 47*, Cedar Rapids, IA	45:01	9:03
248	12 W50	Pamela Wood, 54*, Janesville, IA	45:03	9:04
527	69 M45	Dean Cantalupo, 46, Cedar Rapids, IA	45:03	9:04
528	70 M45	Jeff Maske, 48, Iowa City, IA	45:03	9:04
249	24 W20	Holly Sheldon, 24*, Cedar Rapids, IA	45:05	9:04
250	42 W30	Katie Luehrsmann, 30*, Hiawatha, IA	45:05	9:04
251	42 W25	Bonnie Benesh, 28*, Center Point, IA	45:08	9:05
252	25 W20	Erin Hake, 20*, Marion, IA	45:08	9:05
253	43 W25	Liz Aggarwal, 27*, Cedar Rapids, IA	45:10	9:05
254	31 W40	Mary Jones, 44*, Robins, IA	45:10	9:05
255	20 W45	Gwen Kline, 46*, Cedar Rapids, IA	45:11	9:05
256	35 W35	Theresa Gries, 38*, Marion, IA	45:11	9:05
257	36 W35	Kimberly McGuire, 37*, Marion, IA	45:12	9:06
529	71 M45	Steven Hagarty, 48, Cedar Rapids, IA	45:13	9:06
530	27 M55	Robert Jones, 56, Cedar Rapids, IA	45:14	9:06
531	28 M55	Kent Mattison, 57, Cedar Rapids, IA	45:15	9:06
258	13 W50	Susie Valliere, 52*, Cedar Rapids, IA	45:15	9:06
532	67 M25	Jonathan Melchor, 27, Cedar Rapids, IA	45:16	9:06
259	43 W30	Katie Luehrsmann, 30*, Hiawatha, IA	45:16	9:06
260	32 W40	Jody Rausch, 40*, Robins, IA	45:18	9:07
261	44 W30	Dawn Joseph, 31*, Marion, IA	45:19	9:07
262	21 W45	Rachel Fischer, 45*, Marion, IA	45:19	9:07
263	45 W30	Nikki Mumby, 33*, Marengo, IA	45:19	9:07
533	51 M50	Mark Streit, 51, Bettendorf, IA	45:21	9:07
534	68 M25	David Riley, 29, Cedar Rapids, IA	45:23	9:08
535	59 M35	Chuck Augustine, 37, Cedar Rapids, IA	45:24	9:08
264	33 W40	Michelle Scroggs, 40*, Marion, IA	45:25	9:08
536	23 JrM	Jt Anderson, 14, Swisher, IA	45:26	9:08
265	44 W25	Meghan Reicks, 25*, Iowa City, IA	45:27	9:09
266	26 W20	Mary Crumley, 20*, Cedar Rapids, IA	45:28	9:09
537	69 M25	Dale Hughes, 29, Mount Vernon, IA	45:28	9:09
267	46 W30	Hether Stauffacher, 34*, Cedar Rapids, IA	45:29	9:09
268	47 W30	Sarah St. John, 30*, Cedar Rapids, IA	45:30	9:09
269	45 W25	Jennifer Hageman, 29*, Cedar Rapids, IA	45:33	9:10
270	3 W55	Jann Baustian, 56*, Cedar Rapids, IA	45:34	9:10
271	34 W40	Holly Deeds, 42*, Atkins, IA	45:35	9:10
272	35 W40	Andrea Dryer, 42*, Cedar Falls, IA	45:36	9:10
273	48 W30	Chelsea Houy, 34*, Cedar Rapids, IA	45:36	9:10
274	22 W45	Mary Schneckloth, 47*, Cedar Rapids, IA	45:42	9:12

538	37 M20	Jon Taylor, 24, Marion, IA	45:42	9:12
539	60 M35	Chad Wilson, 38, Ely, IA	45:43	9:12
540	38 M20	Daniel Kedley, 22, Lowden, IA	45:46	9:12
275	49 W30	Kimberly Bell, 34*, Walford, IA	45:46	9:12
276		Serena Tarr*, Iowa City, IA	45:46	9:12
277	27 W20	Kelly Roach, 20*, Cedar Rapids, IA	45:48	9:13
541	63 M40	Bernardo Perez, 41, Coralville, IA	45:49	9:13
542	64 M40	Jody Weigel, 44, Cedar Rapids, IA	45:49	9:13
278	28 W20	Angie Shaffer, 21*, Alburnett, IA	45:50	9:13
543	72 M45	Tom Leaverton, 48, Cedar Rapids, IA	45:50	9:13
544	39 M20	Matthew Fosler, 24, Anamosa, IA	45:52	9:14
279	29 W20	Jamie Fosler, 23*, Anamosa, IA	45:52	9:14
545	13 M60	Jeff Denny, 63, Cedar Rapids, IA	45:54	9:14
280	36 W40	Stephanie Frazee, 43*, Fairfax, IA	45:54	9:14
281	37 W40	Sandy Ball, 44*, Tiffin, IA	45:54	9:14
282	38 W40	Kris Tharp, 43*, Swisher, IA	45:56	9:14
546	40 M20	Ben Weber, 24, Cedar Rapids, IA	45:58	9:15
283	37 W35	Angie Ring, 35*, Cedar Rapids, IA	46:00	9:15
284	39 W40	Arline Ayala-Wurth, 43*, Tiffin, IA	46:01	9:15
285	38 W35	Jill Reding, 39*, West Des Moines, IA	46:03	9:16
547	65 M40	Chris Kamman, 40, Cedar Rapids, IA	46:04	9:16
548	64 M30	Joseph Baber, 32, Cedar Rapids, IA	46:05	9:16
286	40 W40	Nadine McNeal, 42*, Shellsburg, IA	46:05	9:16
287	4 W55	Diane Bradley, 58*, Cedar Rapids, KS	46:07	9:17
288	14 W50	Marlene Golinvaux, 54*, Cedar Rapids, IA	46:08	9:17
289	41 W40	Sheri Jeffery, 43*, Robins, IA	46:09	9:17
290	39 W35	Marti Boal, 39*, New London, IA	46:09	9:17
291	30 W20	Katie Hackbarth, 22*, Cedar Rapids, IA	46:09	9:17
549	70 M25	John Hackbarth, 27, Cedar Rapids, IA	46:09	9:17
550	73 M45	David O'Connor, 49, Cedar Rapids, IA	46:14	9:18
551	29 M55	Gregory Dirks, 55, Iowa City, IA	46:14	9:18
292	40 W35	Heidi Smith, 37*, Cedar Rapids, IA	46:18	9:19
552	74 M45	Monty Beal, 46, Coralville, IA	46:19	9:19
293	50 W30	Rebecca Levake, 30*, Cedar Rapids, IA	46:19	9:19
553	75 M45	Eric Wasson, 46, Cedar Rapids, IA	46:19	9:19
554	52 M50	Mike Detweiler, 50, Cedar Rapids, IA	46:20	9:19
294	31 W20	Jennifer Aarni, 22*, Marion, IA	46:22	9:20
555	71 M25	Kory Stiffler, 28, Iowa City, IA	46:23	9:20
556	30 M55	Barry Sweet, 59, Cedar Rapids, IA	46:25	9:20
557	66 M40	Rick Havel, 41, Solon, IA	46:27	9:21
295	32 W20	Kaitlyn Savery, 20*, Cedar Rapids, IA	46:27	9:21
296	46 W25	Alyssa Rosendahl, 29*, Cedar Rapids, IA	46:28	9:21
558	65 M30	Seth Rosendahl, 32, Cedar Rapids, IA	46:29	9:21
297	41 W35	Jen Hoeger, 36*, Cedar Rapids, IA	46:29	9:21
559	67 M40	Jeff Chase, 40, Danville, IA	46:31	9:22
298	51 W30	Holly Bruns, 34*, Cedar Rapids, IA	46:33	9:22
299	23 W45	Karen Ingwersen, 48*, Cedar Rapids, IA	46:35	9:22
300	47 W25	Kristi Mann, 28*, Lee's Summit, MO	46:35	9:22
560	72 M25	Ryan Nonnemaker, 28, Lee's Summit, MO	46:35	9:22
301	33 W20	Krista Young, 20*, Cedar Rapids, IA	46:35	9:22
302	48 W25	Laura Young, 27*, Minneapolis, MN	46:35	9:22
303	52 W30	Tiffany Miller, 32*, Cedar Rapids, IA	46:36	9:23
561	53 M50	Patrick Marshall, 50, Cedar Rapids, IA	46:38	9:23
304	49 W25	Sarah Hefflefinger, 29*, Cedar Rapids, IA	46:39	9:23
562	66 M30	Matthew Piersall, 33, Cedar Rapids, IA	46:40	9:23
563	76 M45	Kent Landhuis, 46, Cedar Rapids, IA	46:42	9:24
305	24 W45	Laura Sagers, 46*, Cedar Rapids, IA	46:44	9:24
306	34 W20	Kelly Yerke, 22*, Cedar Rapids, IA	46:44	9:24
307	53 W30	Mina Macmenamin, 31*, Los Angeles, CA	46:46	9:25
308	54 W30	Rebecca Johnson, 30*, North Liberty, IA	46:48	9:25
309	25 W45	Amy Keating, 49*, Marion, IA	46:50	9:25
310	55 W30	Jenelle Sisneros, 33*, Cedar Rapids, IA	46:50	9:25
311	15 W50	Shellie Bell, 51*, Cedar Rapids, IA	46:52	9:26
564	61 M35	Barry Anderson, 36, Mount Vernon, IA	46:53	9:26
312	5 W55	Linnea Martin, 55*, Marion, IA	46:53	9:26

313	56	W30	Maggie Lamm, 33*, Solon, IA	46:56	9:26
314	57	W30	Sarah Lagrange, 30*, Cedar Rapids, IA	46:57	9:27
315	26	W45	Kimberly Richter, 45*, Cedar Rapids, IA	46:57	9:27
565	77	M45	Jon Klinkefus, 46, Cedar Rapids, IA	46:59	9:27
316	58	W30	Michele Powell, 33*, Blandinsville, IL	47:03	9:28
317	1	W70	Marilyn Wickenkamp, 74*, Newton, IA	47:03	9:28
566	31	M55	Gary Brown, 56, Cedar Rapids, IA	47:04	9:28
567	41	M20	Daniel Tallman, 24, North Liberty, IA	47:04	9:28
568	54	M50	Dennis Tallman, 51, North Liberty, IA	47:05	9:28
569	68	M40	Ken Bratt, 44, Norwalk, IA	47:07	9:29
570	55	M50	Mark Tennyson, 51, Marion, IA	47:08	9:29
318	42	W35	Susie Hearn, 39*, Cedar Rapids, IA	47:10	9:29
319	43	W35	Stacey Gianforte, 37*, Cedar Rapids, IA	47:12	9:30
320	50	W25	Bethany Morris, 25*, Cedar Rapids, IA	47:12	9:30
571	78	M45	Tony Foxhoven, 45, Cedar Rapids, IA	47:14	9:30
321	59	W30	Bridget Rinderknecht, 31*, Cedar Rapids, IA		
				47:23	9:32
322	51	W25	Holly Thorpe, 25*, Cedar Rapids, IA	47:23	9:32
572	67	M30	Bradley Hance, 30, Denver, CO	47:23	9:32
323	42	W40	Stephanie Wielgos, 44*, Wauconda, IL	47:24	9:32
573	32	M55	Jim Barcz, 58, Central City, IA	47:24	9:32
324	44	W35	Tawnie Kerska, 37*, Cedar Rapids, IA	47:24	9:32
325	52	W25	Lindsay Sedlacek, 27*, Denver, CO	47:26	9:33
574	6	M65	Ralph Plagman, 65, Cedar Rapids, IA	47:28	9:33
326	3	W60	Mary Johnston, 61*, Cedar Rapids, IA	47:33	9:34
327	45	W35	Lori Kramer, 37*, Atkins, IA	47:35	9:34
328	6	W55	Ursula Williams, 56*, Middle Amana, IA	47:37	9:35
575	79	M45	Tim Daily, 49, Belle Plaine, IA	47:38	9:35
576	73	M25	Matthew Houghkirk, 26, Cedar Rapids, IA	47:46	9:36
329	18	W16	Leah Sobut, 19*, Palos Park, IL	47:47	9:37
330	53	W25	Molly Dvorak, 25*, Iowa City, IA	47:48	9:37
577	42	M20	Alex Benninghoven, 23, Solon, IA	47:50	9:37
331	27	W45	Diane Bradford, 47*, Cedar Rapids, IA	47:53	9:38
332	43	W40	Dawn Heller, 44*, Cedar Rapids, IA	47:53	9:38
333	46	W35	Julie Kramer, 35*, Cedar Rapids, IA	47:55	9:38
578		#1267		47:56	9:38
579	80	M45	Brad Randall, 48, Solon, IA	47:56	9:39
580	33	M55	Jim Steggall, 55, Cedar Rapids, IA	47:57	9:39
581	69	M40	Dean Beitzel, 42, North Liberty, IA	47:57	9:39
334	16	W50	Lois Kabela-Coates, 52*, Cedar Rapids, IA	47:58	9:39
582	34	M55	Nick Gearhart, 58, Cedar Rapids, IA	47:59	9:39
583	81	M45	Dave Beastro, 49, Cedar Rapids, IA	47:59	9:39
335	44	W40	Susan Wolle, 42*, Cedar Rapids, IA	48:00	9:39
336	45	W40	Laurie Gustafson, 44*, Cedar Rapids, IA	48:00	9:39
337	60	W30	Jennifer Burhans, 33*, Swisher, IA	48:06	9:41
584	14	M60	Lee Belfield, 60, Cedar Rapids, IA	48:09	9:41
585	68	M30	Kurt Tennyson, 31, Marion, IA	48:09	9:41
586	35	M55	Kevin Kiley, 55, Cedar Rapids, IA	48:09	9:41
587	74	M25	Brett Kellogg, 28, Cedar Rapids, IA	48:09	9:41
338	19	W16	Jessica Nunemaker, 18*, Cedar Rapids, IA	48:10	9:41
339	20	W16	Amy Joens, 18*, Cedar Rapids, IA	48:10	9:41
340	61	W30	Sarah Andresen, 31*, Olin, IA	48:12	9:42
588	36	M55	Michael Evans, 57, Cedar Rapids, IA	48:16	9:43
589	62	M35	Dix Raymond, 36, Palo, IA	48:16	9:43
590	37	M55	Joseph Scratch, 59, Cedar Rapids, IA	48:17	9:43
591	70	M40	Anton Petrzela, 43, Cedar Rapids, IA	48:18	9:43
592	63	M35	John Leslein, 37, Palo, IA	48:19	9:43
341	54	W25	Jennifer Kluesner, 27*, Iowa City, IA	48:19	9:43
342	46	W40	Beth Deboom, 41*, Cedar Rapids, IA	48:25	9:44
593		Xiao Long Liu, Iowa City, IA		48:26	9:45
343	47	W40	Julie Kraft, 44*, Robins, IA	48:32	9:46
344	35	W20	Erin Fleege, 23*, Cedar Rapids, IA	48:35	9:47
594	82	M45	David Dunne, 46, Cedar Rapids, IA	48:40	9:47
345	47	W35	Maria Gingerich, 39*, Seattle, WA	48:45	9:48
595	71	M40	Craig Foote, 44, Cedar Rapids, IA	48:52	9:50

596	69	M30	Don Kearney, 33, Fairfax, IA	48:52	9:50
597	38	M55	Jim Rogers, 58, Cedar Rapids, IA	48:52	9:50
346	55	W25	Lauren Louvar, 25*, Solon, IA	48:52	9:50
347	36	W20	Megan Twactmann, 22*, Marion, IA	48:52	9:50
348	56	W25	Jennifer Elam, 28*, Cedar Rapids, IA	48:54	9:50
349	62	W30	Cara Flynn, 32*, Coralville, IA	48:54	9:50
350	48	W40	Susan Twachtmann, 44*, Marion, IA	48:56	9:51
351	37	W20	Katy Steffan, 24*, Irving, TX	49:00	9:51
352	17	W50	Elizabeth Lilly, 50*, Cedar Rapids, IA	49:01	9:52
353	48	W35	Lori-Ann Peterson, 37*, Marion, IA	49:02	9:52
598	64	M35	John Peterson, 39, Marion, IA	49:03	9:52
599	65	M35	Mark Jaeger, 39, Shellsburg, IA	49:04	9:52
354	28	W45	Laurie Craig, 48*, Cedar Rapids, IA	49:07	9:53
600	39	M55	George Karr, 59, Iowa City, IA	49:09	9:53
355	63	W30	Amber Baker, 32*, Cedar Rapids, IA	49:13	9:54
601	40	M55	Bob Holmes, 57, Cedar Rapids, IA	49:15	9:54
356	38	W20	Rachel Von Lienen, 23*, Cedar Rapids, IA	49:15	9:55
602	75	M25	Cody Coffin, 26, Iowa City, IA	49:16	9:55
357	29	W45	Anita Lambert, 47*, Amana, IA	49:21	9:56
358	49	W40	Julie Pady, 41*, Cedar Rapids, IA	49:21	9:56
359	57	W25	Laura Musser, 26*, Cedar Rapids, IA	49:23	9:56
360	18	W50	Anita Shelton, 51*, W Melbourne, FL	49:26	9:57
603	41	M55	Keny Lamm, 59, New London, IA	49:28	9:57
361	7	W55	Sheila Lamm, 55*, New London, IA	49:28	9:57
362	64	W30	Tara Kohlhaas, 30*, Marion, IA	49:38	9:59
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">Top</a>					
363	50	W40	Becky Esker, 42*, Cedar Rapids, IA	49:42	10:00
364	51	W40	Kathie Saunders, 42*, Cedar Rapids, IA	49:45	10:01
604	42	M55	Keith Krewer, 56, Cedar Rapids, IA	49:47	10:01
605	76	M25	Matthew Krewer, 26, Cedar Rapids, IA	49:47	10:01
365	58	W25	Stacey Marlow, 25*, Iowa City, IA	49:47	10:01
366	59	W25	Corey Kotula, 25*, Marion, IA	50:00	10:04
606	83	M45	Tim Faber, 49, Marion, IA	50:04	10:04
607	56	M50	William Richie, 50, University Place, WA	50:06	10:05
608	43	M55	David Novak, 58, Cedar Rapids, IA	50:07	10:05
609	44	M55	Joe Marolf, 55, Mt. Vernon, IA	50:08	10:05
367	49	W35	Cherrie Gibney, 38*, Cedar Rapids, IA	50:11	10:06
610	84	M45	Dennis Martin, 49, Cedar Rapids, IA	50:12	10:06
368	52	W40	Beth Disselkoen, 44*, Cedar Rapids, IA	50:13	10:06
369	53	W40	Ann Evans, 40*, Cedar Rapids, IA	50:14	10:06
611	70	M30	Joe Clark, 30, Cedar Rapids, IA	50:15	10:06
370	65	W30	Melanie Ostmo, 31*, Cedar Rapids, IA	50:16	10:07
371	30	W45	Lisa Flaherty, 46*, Fairfax, IA	50:28	10:09
372	15	JrW	Alyssa Dufoe, 15*, Center Point, IA	50:30	10:10
612	72	M40	Brian Long, 40, Cedar Rapids, IA	50:30	10:10
373	19	W50	Jean Etten, 52*, Palo, IA	50:33	10:10
374	66	W30	Amy Nielsen, 32*, North Liberty, IA	50:35	10:11
375	4	W60	Judy Wolfe, 62*, Hiawatha, IA	50:37	10:11
376	20	W50	Kayt Conrad, 50*, Cedar Rapids, IA	50:39	10:11
613	73	M40	David Herr, 40, Cedar Rapids, IA	50:41	10:12
377	54	W40	Jennifer Burkart, 42*, Marion, IA	50:42	10:12
614	74	M40	Steve Sea, 42, North Liberty, IA	50:48	10:13
378	50	W35	Jen Neubauer, 38*, Swisher, IA	50:49	10:13
379	51	W35	Lynn Groth, 36*, Cedar Rapids, IA	50:49	10:13
615	66	M35	Bryon Stahr, 35, Cedar Rapids, IA	50:52	10:14
380	67	W30	Joellen Frommelt, 31*, Marion, IA	50:58	10:15
381	21	W16	Holly Gilbert, 19*, Cedar Rapids, IA	51:03	10:16
616	43	M20	Brandon Jacobs, 23, Robins, IA	51:10	10:18
382	60	W25	Eleanor Mills, 26*, Iowa City, IA	51:16	10:19
383	61	W25	Erika Pepmeyer, 26*, North Liberty, IA	51:17	10:19
384	62	W25	Abby Caskey, 25*, Lisbon, IA	51:17	10:19
385	63	W25	Jana Houghkirk, 25*, Cedar Rapids, IA	51:18	10:19
386	55	W40	Janine Wasson, 43*, Cedar Rapids, IA	51:20	10:20
617	77	M25	Bradley Reed, 26, Cedar Rapids, IA	51:26	10:21



387	56 W40	Jean Ash, 44*, Cedar Rapids, IA	51:27	10:21
618	67 M35	Eric Page, 36, Cedar Rapids, IA	51:28	10:21
388	39 W20	Brittany Hollander, 24*, Cedar Rapids, IA	51:29	10:21
389	40 W20	Meredith Bolton, 23*, Cedar Rapids, IA	51:36	10:23
390	22 W16	Jenna Sedlacek, 19*, Cedar Rapids, IA	51:37	10:23
619	85 M45	Jim Holmes, 49, Cedar Rapids, IA	51:46	10:25
620	68 M35	Justin Skok, 36, Chicago, IL	51:48	10:25
391	57 W40	Jillian Knutson, 40*, Cedar Rapids, IA	51:48	10:25
392	52 W35	Jeanne Parker, 38*, Cedar Rapids, IA	51:48	10:25
393	58 W40	Kristin Lee, 44*, Walford, IA	51:49	10:26
394	21 W50	Joann Wahle, 51*, Cedar Rapids, IA	51:54	10:26
395	59 W40	Michelle Davin, 43*, Cedar Rapids, IA	51:56	10:27
396	53 W35	Heather Herman, 39*, Cedar Rapids, IA	51:59	10:27
621	71 M30	Derek Nohr, 31, Marion, IA	51:59	10:28
622	72 M30	Dave Isenberg, 31, Cedar Rapids, IA	52:01	10:28
623	73 M30	Lane McMullen, 31, North Liberty, IA	52:01	10:28
624	75 M40	Timothy Isenberg, 40, Marion, IA	52:01	10:28
397	41 W20	Catherine Heater, 20*, Marion, IA	52:06	10:29
625	86 M45	Michael Heater, 47, Marion, IA	52:07	10:29
398	68 W30	Caroline Gehrls, 30*, Cedar Rapids, IA	52:08	10:29
399	42 W20	Kaly Oakes, 24*, Palo, IA	52:08	10:29
400	60 W40	Lori Miene, 43*, Cedar Rapids, IA	52:10	10:30
626	4 M70	John Wasson, 72, Cedar Rapids, IA	52:21	10:32
627	74 M30	Zach Schultz, 34, Marion, IA	52:24	10:33
628	75 M30	Jason Dwight, 30, North Liberty, IA	52:28	10:33
629	87 M45	Marty Tunning, 47, Iowa City, IA	52:32	10:34
401	69 W30	Kristy Robertson, 34*, Anamosa, IA	52:36	10:35
402	43 W20	Jennifer Gahrng, 23*, Cedar Falls, IA	52:37	10:35
403	70 W30	Stacey Hellenthal, 32*, Cedar Rapids, IA	52:43	10:36
404	23 W16	Kerrienne Savery, 18*, Cedar Rapids, IA	52:46	10:37
405	24 W16	Maegan Leskovec, 18*, Cedar Rapids, IA	52:46	10:37
630	78 M25	Jonathan Wiese, 27, Iowa City, IA	52:48	10:37
406	64 W25	Kristina Larson, 29*, Cary, NC	53:09	10:42
407	61 W40	Kelly Miene, 40*, Toddville, IA	53:11	10:42
408	8 W55	Vicki Ross, 57*, Anamosa, IA	53:17	10:43
409	65 W25	Jaclyn Ross, 29*, Tipton, IA	53:17	10:43
410	66 W25	Nicole Stepanek, 27*, Cedar Rapids, IA	53:17	10:43
411	67 W25	Elizabeth Wulff, 29*, Cedar Rapids, IA	53:20	10:44
412	71 W30	Christina Djerf, 30*, Cedar Rapids, IA	53:20	10:44
631	88 M45	Kurt Gustafson, 46, Cedar Rapids, IA	53:20	10:44
632	76 M30	Nick Nielsen, 30, Marion, IA	53:25	10:45
633	5 M70	Tom Novak, 76, Cedar Rapids, IA	53:26	10:45
634	45 M55	Gary Davisson, 58, Iowa City, IA	53:46	10:49
413	68 W25	Mary Gahrng, 26*, Cedar Rapids, IA	53:46	10:49
414	72 W30	Nadia Dwight, 30*, North Liberty, IA	54:00	10:52
415	22 W50	Janis McMann, 53*, Cedar Rapids, IA	54:05	10:53
416	25 W16	Kristin Wasson, 16*, Cedar Rapids, IA	54:14	10:55
417	62 W40	Anne Ylvisaker, 44*, Cedar Rapids, IA	54:18	10:55
635	39 M16	Kevin Kenel, 18, Cedar Rapids, IA	54:26	10:57
418	63 W40	Tamara Szewc, 41*, Marion, IA	54:27	10:57
636	77 M30	Randy Clark, 31, North Liberty, IA	54:38	10:59
419	73 W30	Amy Clark, 30*, North Liberty, IA	54:38	10:59
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">Top</a>				
637	78 M30	Sheilah Martin, 30, Cedar Rapids, IA	54:53	11:03
638	24 JrM	Ryan Martin, 10, Cedar Rapids, IA	54:53	11:03
420	74 W30	Joanna Nohr, 31*, Marion, IA	54:56	11:03
421	69 W25	Allison Parr, 26*, Cedar Rapids, IA	55:01	11:04
639	44 M20	Jim Parr, 23, Cedar Rapids, IA	55:01	11:04
422	75 W30	Casey Kiley, 34*, Cedar Rapids, IA	55:04	11:05
423	54 W35	Brandy Whittenbaugh, 36*, Palo, IA	55:07	11:05
640	46 M55	Lloyd Ludolph, 57, Marion, IA	55:08	11:06
424	55 W35	Diana Ferguson, 37*, Cedar Rapids, IA	55:14	11:07
425	64 W40	Lisa Lindley, 40*, Cedar Rapids, IA	55:21	11:08
641	#1266		55:26	11:09

426	70	W25	Rosy Martinez, 27*, Cedar Rapids, IA	55:26	11:09
427	56	W35	Staci Erickson, 35*, Springville, IA	55:34	11:11
428	23	W50	Michelle Elam, 54*, Cedar Rapids, IA	55:48	11:13
642	7	M65	Lary Hostak, 65, Marion, IA	55:52	11:14
429	65	W40	Robin Voorhees, 40*, Marion, IA	56:02	11:16
643	47	M55	Pat Kedley, 58, Lowden, IA	56:05	11:17
644	45	M20	Nick Hartkemeyer, 22, Hiawatha, IA	57:01	11:28
430	31	W45	Dawn McArtor, 46*, Cedar Rapids, IA	57:33	11:35
431	57	W35	Erica Pickle, 37*, New London, IA	57:55	11:39
432	58	W35	Janet Timm, 35*, Cedar Rapids, IA	58:07	11:41
433	76	W30	Amanda Wuest, 30*, Mableton, GA	58:30	11:46
645	6	M70	Richard Lenth, 70, Cedar Rapids, IA	59:03	11:53
646	89	M45	Randy Ackman, 45, Cedar Rapids, IA	59:28	11:58
434	9	W55	Christine Lanphere, 57*, Swisher, IA	59:28	11:58
435	59	W35	Tamara Lipinski, 36*, Waterloo, IA	59:36	11:59

Pace: [5:00](#) | [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [Top](#)

436	24	W50	Barb Scoles, 51*, Elk Run Heights, IA	59:37	12:00
647	48	M55	Noah Khan, 56, Cedar Rapids, IA	1:00:07	12:06
648	15	M60	Martin Smith, 60, Cedar Rapids, IA	1:00:12	12:07
649	69	M35	Steve Reuter, 38, Cedar Rapids, IA	1:00:28	12:10
437	25	W50	Eileen Akers, 53*, Cedar Rapids, IA	1:01:01	12:17
438	16	JrW	Brooke Dixon, 15*, Cedar Rapids, IA	1:01:47	12:26
439	77	W30	Patricia Wiebel, 32*, Mount Vernon, IA	1:02:22	12:33
440	44	W20	Kristina Amerman, 23*, Harrisburg, PA	1:02:45	12:37
650	79	M25	Bruce Amerman, 26, Harrisburg, PA	1:02:45	12:38
441	26	W16	Sally Ward, 19*, Marion, IA	1:04:13	12:55

Pace: [5:00](#) | [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [Top](#)

442	71	W25	Clare Cira, 26*, Waterloo, IA	1:04:40	13:01
443	78	W30	Jennifer Welsh, 30*, Marion, IA	1:04:52	13:03
444	45	W20	Samantha Hartkemeyer, 20*, Hiawatha, IA	1:05:17	13:08
445	26	W50	Ann Sheiding, 51*, Cedar Rapids, IA	1:05:54	13:15
446	66	W40	Carol Dunne, 44*, Cedar Rapids, IA	1:05:55	13:16

Pace: [5:00](#) | [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [Top](#)

651	57	M50	Steven Etten, 52, Palo, IA	1:11:51	14:27
447	32	W45	Selina Howard, 47*, Cedar Rapids, IA	1:14:07	14:55

\* indicates females

32 finishers among Males (no age given)

24 finishers among Men Under 16

39 finishers among Men 16 - 19

45 finishers among Men 20 - 24

79 finishers among Men 25 - 29

78 finishers among Men 30 - 34

69 finishers among Men 35 - 39

75 finishers among Men 40 - 44

89 finishers among Men 45 - 49

57 finishers among Men 50 - 54

48 finishers among Men 55 - 59

15 finishers among Men 60 - 64

7 finishers among Men 65 - 69

6 finishers among Men 70 & Up

16 finishers among Women Under 16

26 finishers among Women 16 - 19

45 finishers among Women 20 - 24

71 finishers among Women 25 - 29

78 finishers among Women 30 - 34

59 finishers among Women 35 - 39

66 finishers among Women 40 - 44

32 finishers among Women 45 - 49

26 finishers among Women 50 - 54

9 finishers among Women 55 - 59

4 finishers among Women 60 - 64

1 finishers among Women 65 - 69

1 finishers among Women 70 & Up  
1 finishers among Females (no age given)  
663 male finishers  
435 female finishers  
1098 total finishers

[Top](#)

Return to [home page](#).