

# 23rd Fifth Season 8 Kilometer (4.97 Miles)

Cedar Rapids, IA

Sept. 1, 2008

70s and Nice Weather

Results by Cal Murdock

[8K overall](#)

[8K Age](#)

[5K overall](#)

[1 Mile](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS	FINISHER	TIME	PACE
1		Richard Kandie, 23, Coon Rapids, MN	23:01	4:38
2		Alene Reta, 26, New York, NY	23:14	4:40
3		Julius Kiptoo, Chapel Hill, NC	23:24	4:42
4		Matt Gabrielsen	23:29	4:43
5		David Tuwei, 29, Coon Rapids, MN	23:45	4:47
6		Brad Lowery, 26, Brookings, SD	24:28	4:55
7		Jacob Kendagor, 24, Coon Rapids, MN	24:29	4:55
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">Top</a>				
8		Jason Bill, 24, Rockford, IL	25:06	5:03
9		Brian Flynn, 25, Cedar Rapids, IA	25:28	5:07
10		Bruce Kilulai, 36, Edina, MN	25:37	5:09
11		John Mirth, 46, Platteville, WI	25:49	5:12
12		Christopher Jensen, 26, Marion, IA	26:13	5:16
13		Joel Reese, 27, Laurens, IA	26:57	5:25
14		Travis D Robertson, 21, Iowa City, IA	27:00	5:26
15		Ditlev Larsen, 42, Winona, MN	27:23	5:30
1		Casey Owens, 25*, Des Moines, IA	27:40	5:34
16		Nathan Hopp, 25, West Amana, IA	27:43	5:35
2		Zeddy Chepkoech, 30*, Coon Rapids, MN	27:54	5:37
3		Frashiah Waithaka, 30*, Edina, MN	28:04	5:39
4		Robyn Friedman, 35*, Lambs Grove, IA	28:15	5:41
5		Divina Jepkogeï*, Chapel Hill, NC	28:20	5:42
17		Phil Kauder, 47, Cascade, IA	28:25	5:43
6		Erin Moeller, 31*, Mt Vernon, IA	28:33	5:45
18		Greg Skopec, 46, Coralville, IA	28:41	5:46
19		Bill Bennett, 43, Cedar Rapids, IA	28:42	5:46
7		Ashley Tousley, 24*, Des Moines, IA	28:49	5:48
20		Andy Kauder, 36, Cedar Rapids, IA	28:56	5:49
21	1 M30	Chad Goldsmith, 30, North Liberty, IA	29:01	5:50
22	1 M40	Michael Kabela, 41, North Liberty, IA	29:09	5:52
23	1 M50	Bobby Paxton, 52, Minneapolis, MN	29:16	5:53
24	2 M30	Marty Klipp, 32, Cedar Rapids, IA	29:22	5:54
25	2 M50	Paul Kmiecik, 54, Mauston, WI	29:29	5:56
26	3 M30	James Holmes, 32, Madison, WI	29:39	5:58
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">Top</a>				
27	4 M30	John Harrington, 31, Deerfield Beach, FL	29:50	6:00
28		Thos Trefz, Iowa City, IA	29:51	6:00
29	5 M30	Chris Waterbuy, 31, Marengo, IA	29:54	6:01
30	1 M25	Matt Cook, 28, Marion, IA	30:03	6:03
31	1 M45	Bob Brooker, 45, Cedar Rapids, IA	30:04	6:03
8		Rael Murey, 27*, Coon Rapids, MN	30:13	6:05
9		Bonnie Sons, 43*, Shorewood, MN	30:15	6:05
10		Emily Dewald, 25*, Bloomington, IL	30:18	6:06

32	2	M45	Jeff Nietert, 47, Cedar Rapids, IA	30:21	6:06
33	6	M30	David Thathcer, 33, Cedar Rapids, IA	30:23	6:07
34	2	M25	Craig Goldsmith, 26, Cedar Rapids, IA	30:26	6:07
35	1	JrM	John Topham, 14, Griswold, IA	30:27	6:07
11			Callen Areba, 30*, Coon Rapids, MN	30:29	6:08
36	3	M50	Bob Thompson, 53, Davenport, IA	30:32	6:08
37	7	M30	Mark Thompson, 30, Iowa City, IA	30:37	6:09
12			Kristen Mitchell, 29*, Ottumwa, IA	30:41	6:10
38	8	M30	Derek Frank, 33, Coralville, IA	30:45	6:11
39	1	M35	Mike Lambert, 37, Monticello, IA	30:48	6:12
40	2	M35	Barry Breffle, 37, Toddville, IA	30:57	6:13
41	3	M35	Dustin Vasquez, 37, Cedar Rapids, IA	30:57	6:14
42	4	M50	William Cherrier, 50, Colorado Springs, AZ	31:01	6:14
13			Brooke Ferguson, 25*, Marion, IA	31:08	6:16
14			Rebekah Topham, 12*, Griswold, IA	31:12	6:17
43	9	M30	Matt Thede, 30, Cedar Rapids, IA	31:15	6:17
15			Christine Price, 39*, Des Moines, IA	31:16	6:17
44	3	M45	Mike Ament, 47, Cedar Rapids, IA	31:17	6:18
45	2	JrM	Paul Hale, 14, Cedar Rapids, IA	31:22	6:19
46	4	M35	Kent Miskimen, 36, Cedar Rapids, IA	31:26	6:19
47	4	M45	Timothy Squiers, 47, Belle Plaine, IA	31:38	6:22
48	3	M25	Todd Tomkins, 27, Iowa City, IA	31:41	6:22
49	5	M45	Mark Lofgren, 47, Muscatine, IA	31:43	6:23
50	2	M40	Michael Schulte, 43, Cedar Rapids, IA	31:45	6:23
51	4	M25	Matt Townsley, 26, Cedar Rapids, IA	31:49	6:24
16			Jaime Turilli-Bill, 25*, Cedar Falls, IA	31:54	6:25
52	6	M45	Don Lansing, 47, Marion, IA	31:58	6:26
53	5	M35	Eric Suthers, 39, Cedar Rapids, IA	32:01	6:26
54	10	M30	Derek Wibe, 34, Cedar Rapids, IA	32:06	6:27
55	5	M50	Jim Quigley, 51, Cedar Rapids, IA	32:07	6:28
56	3	M40	Lance Bergeson, 40, Des Moines, IA	32:08	6:28
57	5	M25	John Hackbarth, 26, Cedar Rapids, IA	32:09	6:28
17			Tara Vance, 25*, Jamaica Plain, MA	32:11	6:29
58	1	M60	Jim Shimek, 60, Fairfax, IA	32:13	6:29
59	7	M45	Kim Wander, 47, West Union, IA	32:15	6:29
60	1	M20	Mark Hilton, 20, Cedar Rapids, IA	32:19	6:30
61	4	M40	Chad Krueger, 40, Cedar Rapids, IA	32:20	6:30
62	6	M35	Randy Schultejan, 39, Palo, IA	32:21	6:30
63	6	M50	Mark Mueller, 52, Cedar Rapids, IA	32:24	6:31
64	11	M30	Scott Klein, 33, Cedar Rapids, IA	32:25	6:31
65	12	M30	Andrew Breitsprecher, 34, Ely, IA	32:25	6:31
66	13	M30	Randy Lamm, 33, Solon, IA	32:32	6:33
67	7	M50	Rick Ironside, 54, Marion, IA	32:35	6:33
68	8	M45	Kevin McCarthy, 49, Davenport, IA	32:44	6:35
69	2	M20	Michael McPartland, 21, Cedar Rapids, IA	32:46	6:36
70	8	M50	Colin Flynn, 50, Cedar Rapids, IA	32:47	6:36
71	3	M20	Chad Evans, 23, Cedar Rapids, IA	32:48	6:36
72	9	M50	Mark Petersen, 50, Center Point, IA	32:51	6:36
73	5	M40	Bret Boyer, 43, Cedar Rapids, IA	32:59	6:38
18			Alice Saunders, 25*, Marion, IA	33:06	6:40
74	6	M40	Dave Beckman, 41, Cedar Rapids, IA	33:08	6:40
19			Jennifer Bohr, 35*, Swisher, IA	33:11	6:40
75	4	M20	Steven Acarregui, 21, Iowa City, IA	33:13	6:41
76	5	M20	Adam Daters, 24, Cedar Rapids, IA	33:18	6:42
77	6	M25	Michael Till, 25, Maquoketa, IA	33:19	6:42
78	7	M35	Joe Bails, 36, Mahomet, IL	33:21	6:43
79	7	M40	Sam Houston, 41, Cedar Rapids, IA	33:22	6:43
80	7	M25	Ryan Swales, 27, Marion, IA	33:23	6:43
81	9	M45	Rick Colton, 48, Marion, IA	33:24	6:43
82	10	M50	Dallas Robertson, 52, Iowa City, IA	33:24	6:43
83	10	M45	Randy Brecht, 47, Middle Amana, IA	33:25	6:43
84	11	M45	Rob Hartkemeyer, 47, Hiawatha, IA	33:26	6:44
85	8	M25	Douglas Hass, 27, Cedar Rapids, IA	33:29	6:44
20			Julie Foertsch, 40*, Cedar Rapids, IA	33:32	6:45
21	1	W20	Cari Knapp, 24*, Chicago, IL	33:34	6:45

86	8	M35 Tom Daubs, 37, Marion, IA	33:35	6:45
87	12	M45 Mike Schneekloth, 48, Cedar Rapids, IA	33:39	6:46
88	9	M35 Rob Kalinsky, 35, Maple Grove, MN	33:40	6:46
89	8	M40 Thomas Wolle, 42, Cedar Rapids, IA	33:41	6:47
22	2	W20 Julie Johnston, 24*, Cedar Rapids, IA	33:43	6:47
90	1	M55 Bob Strickland, 57, Cedar Rapids, IA	33:45	6:47
91	9	M40 John Peters, 43, Cedar Rapids, IA	33:46	6:47
92	13	M45 Richard Groene, 45, Marion, IA	33:46	6:48
93	14	M45 Mike Glavan, 45, Cedar Rapids, IA	33:47	6:48
23	1	W25 Megan Murray, 28*, Cedar Rapids, IA	34:06	6:51
94	10	M40 Rob Rodriguez, 44, Cedar Rapids, IA	34:07	6:52
95	6	M20 Peter Foley, 22, Marion, IA	34:09	6:52
96	15	M45 Daryl Vanrheenen, 47, Amana, IA	34:10	6:52
97	11	M40 Steve Hautrey, 42, Mt Vernon, IA	34:11	6:53
98	1	M16 Joseph Dague, 19, Cedar Rapids, IA	34:12	6:53
99	2	M16 Derick Smith, 17, Monticello, IA	34:15	6:53
24		Deb Gaddis, 41*, Solon, IA	34:19	6:54
25	2	W25 Carrie Desotel, 27*, Cedar Rapids, IA	34:21	6:55
100	16	M45 Greg Reynolds, 47, Cedar Rapids, IA	34:21	6:55
101	3	JrM Michael Hoefer, 15, Cedar Rapids, IA	34:22	6:55
102	2	M60 David Coates, 60, Cedar Rapids, IA	34:22	6:55
103	10	M35 Jeffrey Cater, 39, Cedar Rapids, IA	34:24	6:55
104	11	M50 Bill Oliver, 50, Cedar Rapids, IA	34:26	6:56
105	9	M25 Daren Schumaker, 27, Cedar Rapids, IA	34:28	6:56
106	17	M45 Bob Lotz, 45, North Liberty, IA	34:30	6:56
107	11	M35 Mark Akers, 38, North Liberty, IA	34:33	6:57
108	4	JrM Joey Freeland, 14, Central City, IA	34:35	6:57
26	1	W40 Sandy Sabelka, 41*, Denver, IA	34:43	6:59
27	3	W20 Apryl Harbaugh, 23*, Lisbon, IA	34:45	6:59
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">Top</a>				
109	7	M20 Brady Cooley, 23, Cedar Rapids, IA	34:46	7:00
110	12	M50 Steve Pederson, 53, Jesup, IA	34:46	7:00
111	13	M50 Bill Kettelkamp, 51, Marion, IA	34:46	7:00
112	12	M40 Randy Naeve, 43, Bertram, IA	34:49	7:00
28	1	W35 Raelynn Lamparek, 37*, Swisher, IA	34:50	7:00
113	18	M45 Calvin Wolter, 48, Van Horne, IA	34:56	7:02
114	10	M25 John Cannon, 29, Cedar Rapids, IA	34:56	7:02
115	19	M45 Jeff Madsen, 46, Cedar Rapids, IA	34:57	7:02
116	12	M35 James Berger, 37, Cedar Rapids, IA	35:05	7:04
29	1	W45 Jane McGee, 46*, Hiawatha, IA	35:06	7:04
117	14	M30 Zachary Zarling, 31, Chicago, IL	35:08	7:04
118	11	M25 Adam Varo, 25, Cedar Rapids, IA	35:09	7:04
30	3	W25 Sara Ziehr, 26*, Iowa City, IA	35:09	7:04
119	15	M30 Jeremy Richardson, 31, Cedar Rapids, IA	35:10	7:04
31	4	W25 Crystal Wiseman, 28*, Cedar Rapids, IA	35:13	7:05
120	20	M45 Keith Kenel, 47, Cedar Rapids, IA	35:14	7:05
121	12	M25 Joe Lynn, 28, West Des Moines, IA	35:14	7:05
122	16	M30 Matthew Israel, 34, Ankeny, IA	35:15	7:05
123	13	M40 Michael Hughes, 41, Cedar Rapids, IA	35:15	7:06
124	13	M35 Greg Couser, 39, Rochester, MN	35:18	7:06
125	17	M30 Matthew Vasquez, 30, Cedar Rapids, IA	35:26	7:08
126	8	M20 Travis Petersen, 24, Cedar Rapids, IA	35:27	7:08
32	5	W25 Nichole Schile, 27*, Liberty, MO	35:30	7:08
127	2	M55 Warren Feerer, 58, Cedar Rapids, IA	35:35	7:09
128	14	M40 Luke Turner, 40, Hiawatha, IA	35:35	7:10
129	21	M45 Tom Scanlon, 45, Cedar Rapids, IA	35:36	7:10
130	9	M20 Thomas Bredfield, 21, Cedar Rapids, IA	35:37	7:10
131	14	M35 Eric Gift, 36, Cedar Rapids, IA	35:41	7:11
132	3	M60 Norm Arons, 61, Cedar Rapids, IA	35:44	7:11
133	18	M30 Scott Ziehr, 34, Iowa City, IA	35:48	7:12
134	19	M30 Mark McCormick, 33, Marion, IA	35:50	7:12
33	6	W25 Melawie Catlett, 28*, North Liberty, IA	35:51	7:13
135	5	JrM Trevor Oates, 14, Hiawatha, IA	35:57	7:14
34	2	W45 Denise Delfino, 46*, Cedar Rapids, IA	35:58	7:14

136	15	M40	Mark Rocarek, 43, Vinton, IA	35:59	7:14
137	16	M40	Brad Thomason, 43, Marion, IA	36:00	7:14
138	13	M25	Jason Collins, 25, Cedar Rapids, IA	36:00	7:15
	35	7	W25 Liz Berger, 25*, Ely, IA	36:01	7:15
139	20	M30	Jeremy Thurm, 34, Cedar Rapids, IA	36:04	7:15
140	3	M55	Brad Scott, 55, Marion, IA	36:04	7:15
	36	4	W20 Elizabeth Steele, 23*, Cedar Rapids, IA	36:05	7:16
141	22	M45	Joel Penticoff, 47, Cedar Rapids, IA	36:18	7:18
	37	3	W45 Karen Hutchcroft, 45*, Cedar Rapids, IA	36:18	7:18
	38	1	W50 Muriel Naumann, 52*, Iowa City, IA	36:18	7:18
142	14	M50	Bret Nilles, 50, Cedar Rapids, IA	36:19	7:18
143	15	M35	Steve Henry, 35, Cedar Rapids, IA	36:21	7:19
144	17	M40	Norman Owens, 44, Cedar Rapids, IA	36:22	7:19
145	16	M35	Fred Kauder, 35, Cedar Rapids, IA	36:23	7:19
	39	8	W25 Tamara Loan, 27*, Cedar Rapids, IA	36:24	7:19
146	4	M55	Dale Hanna, 59, Cedar Rapids, IA	36:26	7:20
147	21	M30	Christopher Nims, 31, Cedar Rapids, IA	36:26	7:20
148	18	M40	Michael Sills, 43, Cedar Rapids, IA	36:26	7:20
149	14	M25	Chad Rupe, 28, Cedar Rapids, IA	36:27	7:20
150	17	M35	Dean Chiafos, 38, Center Point, IA	36:30	7:21
	40	9	W25 Leah Woodward, 28*, Iowa City, IA	36:33	7:21
151	22	M30	Michael Brown, 30, Cedar Rapids, IA	36:36	7:22
152	6	JrM	Nolan Sagan, 12, Vinton, IA	36:38	7:22
	41	10	W25 Jen Rife, 28*, Cedar Rapids, IA	36:43	7:23
	42	2	W35 Brenda Bartz, 35*, Vinton, IA	36:43	7:23
	43	4	W45 Suzanne Nilles, 45*, Cedar Rapids, IA	36:44	7:23
153	23	M30	Jeremy Bartlett, 32, Alburnett, IA	36:44	7:23
154	23	M45	John Rodewald, 46, Cedar Rapids, IA	36:46	7:24
	44	5	W20 Kira Werstein, 23*, Cedar Falls, IA	36:46	7:24
155	15	M50	Tony Kennicott, 52, Solon, IA	36:47	7:24
156	24	M45	Mike Horak, 45, Cedar Rapids, IA	36:48	7:24
157	15	M25	Danny Lee, 29, Cedar Falls, IA	36:49	7:24
158	16	M25	Abraham Dostal, 25, Maquoketa, IA	36:50	7:24
159	24	M30	Brenton Pushetonequa, 32, Tama, IA	36:52	7:25
160	5	M55	Tom Vanberkum, 57, Marion, IA	36:53	7:25
	45	11	W25 Gina Thomas, 25*, Belle Plaine, IA	36:54	7:25
161	16	M50	Jay Wiebold, 51, Cedar Rapids, IA	36:54	7:25
162	17	M50	Brian Bachmann, 51, Iowa City, IA	36:57	7:26
	46		Josh Johnson*, Iowa City, IA	36:59	7:26
163	6	M55	Lyle Theisen, 56, Anamosa, IA	37:00	7:27
164	18	M50	Linley Woelk, 52, Marion, IA	37:01	7:27
165	19	M40	Dennis Fagan, 44, Cedar Rapids, IA	37:02	7:27
	47	6	W20 Linda Freiha, 21*, Cedar Rapids, IA	37:03	7:27
	48	1	W16 Keri Schaefer, 19*, Cedar Rapids, IA	37:07	7:28
166	25	M45	Matt Brandt, 47, Cedar Rapids, IA	37:08	7:28
167	10	M20	Ryan Flugum, 23, Cedar Rapids, IA	37:10	7:29
168	25	M30	Ryan Rieck, 32, Center Point, IA	37:11	7:29
169	7	JrM	Reece Linder, 10, Cedar Rapids, IA	37:11	7:29
170	19	M50	Jim Wilson, 51, Marion, IA	37:11	7:29
171	26	M45	Monty Gartin, 45, Walford, IA	37:12	7:29
172	18	M35	Brian Fagan, 36, Cedar Rapids, IA	37:16	7:30
173	26	M30	Cory Goldensoph, 31, Cedar Rapids, IA	37:17	7:30
174	19	M35	Chris Evans, 39, Cedar Rapids, IA	37:17	7:30
175	20	M40	A J Mahler, 43, Riverside, IA	37:20	7:31
176	20	M50	Kurt Langel, 51, Cedar Rapids, IA	37:22	7:31
177	21	M40	John Armon, 42, Cedar Rapids, IA	37:25	7:32
178	20	M35	Trenton Halvorson, 37, Marion, IA	37:25	7:32
179	21	M50	Robin Roberts, 51, Cedar Rapids, IA	37:26	7:32
180	17	M25	Matthew Schile, 28, Liberty, MO	37:27	7:32
181	22	M40	Wayne Boddicker, 41, Robins, IA	37:31	7:33
182	27	M45	Steven Keane, 48, Cedar Rapids, IA	37:33	7:33
183	18	M25	Craig Brown, 29, Marion, IA	37:36	7:34
184	22	M50	Douglas Sedlacek, 54, Cedar Rapids, IA	37:36	7:34
185	3	M16	Jake Bardell, 16, Cedar Rapids, IA	37:38	7:34
	49	7	W20 Jessica Allard, 21*, Cedar Rapids, IA	37:40	7:35

186	7	M55 David Gee, 57, Cedar Rapids, IA	37:40	7:35
187	19	M25 Andrew Roberts, 25, Cedar Rapids, IA	37:40	7:35
188	20	M25 Lovar Kidd, 29, Cedar Rapids, IA	37:41	7:35
189	21	M25 Nicholas Best, 25, Iowa City, IA	37:42	7:35
190	21	M35 Michael Wright, 35, Marion, IA	37:48	7:36
191	28	M45 David Diebold, 46, Cedar Rapids, IA	37:48	7:36
50	12	W25 Christine Ziemer, 26*, Iowa City, IA	37:48	7:36
192	11	M20 John Kuper, 24, Cedar Rapids, IA	37:48	7:36
193	1	M65 David Kutter, 65, Cedar Rapids, IA	37:48	7:36
194	23	M50 Kary Miller, 50, Cedar Rapids, IA	37:53	7:37
51	5	W45 Jeanine Penticoff, 46*, Cedar Rapids, IA	37:57	7:38
195	8	M55 Bill Ingels, 58, Cedar Rapids, IA	37:58	7:38
196	29	M45 Daniel Mallonee, 47, Cedar Rapids, IA	37:59	7:38
197	24	M50 Bud Johnson, 54, Monticello, IA	37:59	7:39
52	3	W35 Natalie Hempy, 37*, North Liberty, IA	38:00	7:39
198	30	M45 Ken Kleinheinz, 46, Cedar Rapids, IA	38:01	7:39
199	31	M45 Dave Vognsen, 49, Cedar Rapids, IA	38:04	7:39
200	27	M30 Andrew Levake, 30, Cedar Rapids, IA	38:05	7:40
201	23	M40 Michael Zimmermann, 40, Marion, IA	38:06	7:40
53	8	W20 Whitney Johnson, 21*, Monticello, IA	38:08	7:40
202	12	M20 Ansel Morse, 20, Marion, IA	38:09	7:40
203	24	M40 Randy Harris, 41, Cedar Rapids, IA	38:09	7:41
204	22	M25 Matthew Jensen, 29, Marion, IA	38:10	7:41
205	22	M35 Edmund Abodeely, 35, Marion, IA	38:10	7:41
206	28	M30 Michael Armstrong, 30, Central City, IA	38:10	7:41
207	29	M30 Curt Miller, 34, Solon, IA	38:10	7:41
54	2	W16 Emily Zipperer, 19*, Cedar Rapids, IA	38:11	7:41
208	32	M45 Jeff Pick, 46, Cedar Rapids, IA	38:19	7:43
55	2	W40 Patty Benzing, 40*, Solon, IA	38:21	7:43
209	23	M35 Bob Erger, 38, Swisher, IA	38:23	7:43
56	13	W25 Anna Behning, 28*, Cedar Rapids, IA	38:32	7:45
57	4	W35 Theresa Johnson, 38*, Denver, IA	38:35	7:46
210	23	M25 Bryan Pettit, 28, Cedar Rapids, IA	38:35	7:46
58	14	W25 Michelle Silver, 25*, Cedar Rapids, IA	38:37	7:46
211	24	M25 Thomas Menke, 28, North Liberty, IA	38:37	7:46
212	25	M40 Brad Loney Loney, 40, Marion, IA	38:37	7:46
213	4	M60 Ken Jans, 63, Ely, IA	38:38	7:46
214	26	M40 Bruce Koffron, 40, Solon, IA	38:40	7:47
59	15	W25 Rachel Lenox, 26*, Cedar Rapids, IA	38:40	7:47
215	2	M65 Al Siemering, 69, Cedar Rapids, IA	38:41	7:47
216	33	M45 Ted Olson, 48, Hiawatha, IA	38:42	7:47
217	27	M40 Dave Link, 41, Eden Prairie, MN	38:45	7:48
60	5	W35 Melissa Dostal, 39*, Cedar Rapids, IA	38:45	7:48
218	9	M55 Lee Bendull, 59, Vinton, IA	38:46	7:48
219		Josh Tew, Cedar Rapids, IA	38:46	7:48
220	34	M45 Brian Wiebke, 48, Marion, IA	38:47	7:48
221	30	M30 Jim Swanson, 31, Omaha, NE	38:47	7:48
222	31	M30 Kirk Meyer, 32, Cedar Rapids, IA	38:49	7:49
61	9	W20 Ellen Fry, 22*, Cedar Rapids, IA	38:51	7:49
223	35	M45 Mike Tiernan, 49, Marion, IA	38:51	7:49
62	6	W35 Kelly Jensen, 38*, Toddville, IA	38:51	7:49
224	32	M30 Tim Wesselink, 34, Cedar Rapids, IA	38:51	7:49
225	8	JrM Tyler Lemon, 15, Cedar Rapids, IA	38:51	7:49
226	33	M30 Brian Peck, 31, Cedar Rapids, IA	38:55	7:50
63	2	W50 Jill Caldwell, 52*, Hiawatha, IA	39:00	7:51
64	3	W16 Sarah Kleiman, 18*, Cedar Rapids, IA	39:00	7:51
227	36	M45 Jerry Kern, 47, Cedar Rapids, IA	39:01	7:51
65	7	W35 Tami Skrivers, 36*, Walford, IA	39:05	7:52
228	28	M40 Chris Usher, 44, Marion, IA	39:06	7:52
229	29	M40 Leonard Strand, 43, Cedar Rapids, IA	39:06	7:52
230	37	M45 Jun Yang, 49, Marion, IA	39:07	7:52
231	13	M20 Nathan Votroubek, 24, Iowa City, IA	39:07	7:52
232	14	M20 Jared Carter, 24, Iowa City, IA	39:07	7:52
233	15	M20 John Haman, 24, Coralville, IA	39:08	7:52
234	34	M30 Joe Graf, 31, Iowa City, IA	39:09	7:53

235	35	M30	Sean Dunkle, 33, Marion, IA	39:10	7:53
236	24	M35	Keith Neubauer, 37, Swisher, IA	39:11	7:53
237	36	M30	Daniel Dietrich, 31, Marion, IA	39:11	7:53
238	30	M40	Steve Feldmann, 40, Iowa City, IA	39:12	7:53
66	8	W35	Deb Jenks, 39*, Aurora, IA	39:12	7:53
239	31	M40	Kevin Ruzicka, 43, Swisher, IA	39:12	7:53
240	25	M25	Christopher Fry, 29, Dubuque, IA	39:13	7:53
241	38	M45	Bruce Knight, 45, Cedar Rapids, IA	39:14	7:53
242	25	M35	Brian Miller, 36, Solon, IA	39:14	7:54
67	1	W30	Jodi Michaels, 33*, Hiawatha, IA	39:15	7:54
243	25	M50	Bob Hanson, 50, Cedar Rapids, IA	39:16	7:54
68	9	W35	Diana Croghan, 39*, Center Point, IA	39:17	7:54
244	39	M45	Rob Wonderlich, 45, Ollie, IA	39:18	7:54
69	16	W25	Cassy Townsley, 26*, Cedar Rapids, IA	39:19	7:55
245	32	M40	Chris Jeffrey, 44, Iowa City, IA	39:20	7:55
246	9	JrM	Sean Kenel, 15, Cedar Rapids, IA	39:21	7:55
70	10	W35	Annette Lorenz, 37*, Cedar Rapids, IA	39:22	7:55
247	37	M30	Michael Jandik, 33, Marion, IA	39:24	7:56
248	5	M60	Frederic Zarling, 60, Hoffman Estates, IL	39:25	7:56
249	33	M40	Mark Chipokas, 44, Cedar Rapids, IA	39:26	7:56
71	10	W20	Katie Huether, 23*, Cedar Rapids, IA	39:27	7:56
250	10	M55	Mark A Ramsey, 57, Cedar Rapids, IA	39:28	7:56
251	26	M50	David Barnes, 51, Washington, IA	39:31	7:57
72	3	W40	Kelli Slocum, 41*, North Liberty, IA	39:33	7:57
252	11	M55	Tom Wieseler, 55, Mt Vernon, IA	39:36	7:58
253	6	M60	Rob Raabe, 63, Swisher, IA	39:37	7:58
73	6	W45	Denise Whiting, 49*, Iowa City, IA	39:39	7:59
74	2	W30	Heather Woody, 34*, Coralville, IA	39:40	7:59
254	16	M20	John Williams, 22, Cedar Falls, IA	39:40	7:59
255	27	M50	John Burke, 51, Cedar Rapids, IA	39:41	7:59
75	17	W25	Kristin Becker, 28*, Marion, IA	39:41	7:59
256	17	M20	Tyler Vance, 20, Cedar Rapids, IA	39:41	7:59
257	26	M35	Michael Murphy, 37, Solon, IA	39:42	7:59

Pace: [5:00](#) | [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [Top](#)

76	11	W20	Erin Bone, 23*, West Des Moines, IA	39:46	8:00
258	12	M55	Greg Jobe, 55, Marion, IA	39:49	8:01
77	3	W30	Brandy Hoffmeier, 30*, Cedar Rapids, IA	39:49	8:01
259	38	M30	Noland Gurwell, 33, Cedar Rapids, IA	39:50	8:01
260	18	M20	Brandon Nordine, 24, Cedar Rapids, IA	39:50	8:01
261	39	M30	Chad Boschi, 32, Cedar Rapids, IA	39:53	8:01
78	18	W25	Amy Hamilton, 26*, Cedar Rapids, IA	39:54	8:02
262	26	M25	Joshua Rapp, 27, Cedar Rapids, IA	39:54	8:02
263	28	M50	Eric Schulz, 50, Marion, IA	39:56	8:02
264	27	M35	Tony Harrington, 39, Cedar Rapids, IA	39:56	8:02
265	27	M25	Corey Davis, 25, Cedar Rapids, IA	39:57	8:02
266	34	M40	Todd Dalecky, 40, Marion, IA	40:01	8:03
267	28	M25	Jeff Bendull, 25, Urbana, IA	40:02	8:03
79	11	W35	Renee Lyons, 37*, Atkins, IA	40:02	8:03
80	7	W45	Stacy McDowell, 45*, Cedar Rapids, IA	40:02	8:03
81	4	W40	Ann Buckley, 43*, Marion, IA	40:02	8:03
82			Ron Corbett*, Cedar Rapids, IA	40:02	8:03
268	40	M30	Donovan Alldredge, 32, Ely, IA	40:03	8:03
269	40	M45	Phillip Huber, 46, Cedar Rapids, IA	40:04	8:04
83	8	W45	Sara Todd, 45*, Cedar Rapids, IA	40:07	8:04
270	29	M50	Steven Kimm, 53, Norway, IA	40:07	8:04
271	41	M45	Kevin Steele, 46, Lisbon, IA	40:09	8:05
84	1	W55	Claudia Scott, 57*, Marion, IA	40:09	8:05
272	29	M25	Wes Cooling, 28, Cedar Rapids, IA	40:09	8:05
85	19	W25	Kari Cooling, 27*, Cedar Rapids, IA	40:10	8:05
273	30	M25	Zach Paulson, 25, Cedar Rapids, IA	40:10	8:05
274	41	M30	Matthew Schefers, 30, Cedar Rapids, IA	40:11	8:05
275	30	M50	Jon M Hajek, 54, Cedar Rapids, IA	40:13	8:05
86	4	W30	Andrea Barcz, 33*, Robins, IA	40:13	8:05
87	3	W50	Karen Thimmessch, 52*, Williamsburg, IA	40:13	8:06

276	4	M16	Justin Heitz, 17, Walford, IA	40:14	8:06
277	10	JrM	Jared Heitz, 15, Walford, IA	40:17	8:06
278	42	M45	Bill Heitz, 47, Walford, IA	40:19	8:07
88	12	W35	Katherine Mellen, 36*, Coralville, IA	40:20	8:07
89	13	W35	Kori Cusick, 38*, North Liberty, IA	40:20	8:07
279	43	M45	Jeff Steimel, 47, Cedar Rapids, IA	40:21	8:07
280	44	M45	Bart Woods, 45, Cedar Rapids, IA	40:21	8:07
281	3	M65	Sylvan Addink, 66, Iowa City, IA	40:22	8:07
90	1	JrW	Mallory Jontz, 14*, Cedar Rapids, IA	40:23	8:07
91	5	W30	Tanya Matthews, 34*, Cedar Rapids, IA	40:24	8:08
282	45	M45	Donald Klingenberger, 49, Cedar Rapids, IA	40:25	8:08
92	20	W25	Carissa Oltmann, 27*, Cedar Rapids, IA	40:35	8:10
93	5	W40	Linnae Hartwig, 41*, Marion, IA	40:35	8:10
94	4	W50	Sharon Hollinrake, 51*, Marion, IA	40:35	8:10
95	9	W45	Tina Becker, 47*, Watkins, IA	40:35	8:10
283	42	M30	Brent Paulson, 34, Cedar Rapids, IA	40:35	8:10
96	14	W35	Kris Kiesey, 37*, Cedar Rapids, IA	40:41	8:11
97	6	W40	Amy Homan, 41*, Cedar Rapids, IA	40:42	8:11
284	28	M35	Jason Wisheart, 35, Cedar Rapids, IA	40:43	8:11
285	35	M40	Chuck Hardin, 42, Cedar Rapids, IA	40:44	8:12
98	7	W40	Sarah Williams, 42*, Marion, IA	40:45	8:12
286	43	M30	Brian Huber, 33, Cedar Rapids, IA	40:46	8:12
287	29	M35	Rob Kasper, 37, Cedar Rapids, IA	40:47	8:12
288	30	M35	Steve Bohr, 38, Swisher, IA	40:48	8:12
99	12	W20	Natorie Patik, 23*, Swisher, IA	40:48	8:12
289	13	M55	Doug Jontz, 55, Valparaiso, IN	40:49	8:13
290	19	M20	Kyle Kephart, 20, Cedar Rapids, IA	40:49	8:13
291	44	M30	Jeff Hartwig, 33, Marion, IA	40:50	8:13
100	21	W25	Anne Wiskerchen, 25*, Cedar Rapids, IA	40:51	8:13
101	15	W35	Pamela Gaylord, 39*, Center Point, IA	40:53	8:13
292	31	M25	Jeff Rierson, 25, Cedar Rapids, IA	40:54	8:14
102	8	W40	Michelle Huenecke, 40*, Lisbon, IA	40:54	8:14
103	22	W25	Tara Welsch, 28*, Cedar Rapids, IA	40:55	8:14
104	6	W30	Mariah Hurley, 31*, Cedar Rapids, IA	40:55	8:14
293	45	M30	Jody Hospodarsky, 31, Cedar Rapids, IA	40:56	8:14
105	10	W45	Kim Erlandson, 47*, Mt Vernon, IA	41:01	8:15
106	5	W50	Trish Prokop, 54*, Cedar Rapids, IA	41:01	8:15
107	16	W35	Jodi England, 37*, Cedar Rapids, IA	41:01	8:15
294	36	M40	Mark Hamling, 44, Cedar Rapids, IA	41:01	8:15
295	20	M20	Peter Eggenburg, 24, North Liberty, IA	41:03	8:15
296	46	M30	Jayme Barnhart, 32, Lisbon, IA	41:04	8:16
297	14	M55	Randy King, 55, Marion, IA	41:04	8:16
298	31	M50	Phil Brade, 51, West Liberty, IA	41:05	8:16
299	32	M50	William Johnson, 52, Iowa City, IA	41:06	8:16
108	17	W35	Deborah White, 35*, Robins, IA	41:13	8:17
300	32	M25	Peter Saweries, 25, Cedar Rapids, IA	41:14	8:18
301	33	M25	Cooper Parker, 27, Marion, IA	41:14	8:18
302	37	M40	Jeffrey Linder, 40, Cedar Rapids, IA	41:14	8:18
303	38	M40	Kurtis Meyer, 42, Cedar Rapids, IA	41:15	8:18
109	9	W40	Nadine McNeal, 41*, Shellsburg, IA	41:19	8:19
110	23	W25	Nadine Myers, 28*, Walker, IA	41:20	8:19
304	47	M30	Rick Janik, 34, North Liberty, IA	41:21	8:19
305	33	M50	Steven Sisco, 54, Cedar Rapids, IA	41:21	8:19
306	46	M45	Scott A Ransom, 49, Cedar Rapids, IA	41:21	8:19
307	47	M45	Eric Wasson, 45, Cedar Rapids, IA	41:22	8:19
308	34	M25	Robin Budde, 29, Cedar Rapids, IA	41:22	8:19
111	24	W25	Erin Harrington, 28*, Deerfield Beach, FL	41:23	8:20
112	11	W45	Donna Bagge, 45*, Cedar Rapids, IA	41:25	8:20
113	7	W30	Shari Higgins, 34*, Vinton, IA	41:26	8:20
309	35	M25	Jason Goslin, 29, Cedar Rapids, IA	41:28	8:20
310	34	M50	Mark Franke, 53, Cedar Rapids, IA	41:31	8:21
114	10	W40	Brenda Cloud, 43*, Cedar Rapids, IA	41:35	8:22
115	25	W25	Katie O'Dwyer, 29*, Cedar Rapids, IA	41:36	8:22
311	35	M50	Jim Becker, 50, Watkins, IA	41:36	8:22
116	11	W40	Valerie Schultz, 42*, Grinnell, IA	41:37	8:22



312	36	M50 Daniel Gee, 51, Cedar Rapids, IA	41:37	8:22
313	39	M40 Larry Kram, 40, Cedar Rapids, IA	41:37	8:22
314	36	M25 Phil Hartgrave, 28, Cedar Rapids, IA	41:41	8:23
315	48	M45 John Glenski, 47, Cedar Rapids, IA	41:41	8:23
316	31	M35 Sean Williams, 36, Cedar Rapids, IA	41:43	8:24
117	26	W25 Laura Spencer, 25*, Iowa City, IA	41:47	8:24
317	11	JrM Ben Schueler, 14, Hiawatha, IA	41:50	8:25
318	37	M50 Stephen McCoy, 50, Cedar Rapids, IA	41:50	8:25
319	49	M45 Doug Castek, 46, Hiawatha, IA	41:51	8:25
320	32	M35 Kirk Herman, 39, Cedar Rapids, IA	41:54	8:26
118	27	W25 Michaela Coyle, 29*, Cedar Rapids, IA	41:54	8:26
321	50	M45 Doug Thompson, 48, Cedar Rapids, IA	41:54	8:26
322	15	M55 Mark Watson, 57, Cedar Rapids, IA	41:55	8:26
323	37	M25 Nic Schultz, 28, Marion, IA	41:55	8:26
324	38	M50 Daniel Lowe, 50, Marion, IA	41:56	8:26
119	8	W30 Shelly Johannes, 31*, Cedar Rapids, IA	41:57	8:26
120	12	W40 Joan Colston, 43*, Cedar Rapids, IA	41:58	8:26
325	40	M40 John Anderson, 42, Swisher, IA	41:58	8:27
121	18	W35 A Wells, 37*, Marion, IA	42:01	8:27
326	16	M55 Craig Schulte, 55, Cedar Rapids, IA	42:02	8:27
122	28	W25 Darlene Gonzalez, 26*, Cedar Rapids, IA	42:02	8:27
327	41	M40 Gary Benda, 41, North Liberty, IA	42:05	8:28
123	2	JrW Mallory Carr, 14*, Solon, IA	42:05	8:28
124	9	W30 Tami Israel, 34*, Ankeny, IA	42:05	8:28
328	42	M40 Matt O'Rourke, 40, Cedar Rapids, IA	42:05	8:28
125	29	W25 Mranda Maring, 25*, Robins, IA	42:05	8:28
329	51	M45 Michael Heater, 46, Marion, IA	42:05	8:28
330	38	M25 Justin Ross, 27, Marion, IA	42:05	8:28
126	12	W45 Patricia Kenel, 48*, Cedar Rapids, IA	42:06	8:28
127	2	W55 Sue Stannard, 59*, Cedar Rapids, IA	42:06	8:28
128	6	W50 Lorrie Copper, 51*, Marion, IA	42:07	8:28
331	43	M40 David Glessner, 44, Cedar Rapids, IA	42:08	8:28
332	52	M45 Paul Johanson, 48, Oxford, IA	42:08	8:29
333	39	M50 Harlan Gillespie, 54, Cedar Rapids, IA	42:08	8:29
334	39	M25 John Lochausen, 26, Cedar Rapids, IA	42:09	8:29
129	13	W45 Ferron Coutentos, 47*, Cedar Rapids, IA	42:09	8:29
130	13	W40 Holly Deeds, 41*, Atkins, IA	42:10	8:29
131	13	W20 Erika Hass, 24*, Cedar Rapids, IA	42:13	8:30
335	7	M60 Al Kacere, 61, Marion, IA	42:16	8:30
336	40	M25 Tyler Carlson, 25, North Liberty, IA	42:17	8:30
337	12	JrM Stefan Nutt, 14, Robins, IA	42:18	8:30
338	33	M35 John Gianforte, 37, Cedar Rapids, IA	42:19	8:31
339	17	M55 Kent Mattison, 56, Cedar Rapids, IA	42:19	8:31
340	21	M20 Cyrus Payvandi, 24, Cedar Rapids, IA	42:20	8:31
341	22	M20 Billy Hahn, 20, Norway, IA	42:20	8:31
132	19	W35 Sara Swanson, 37*, Riverside, IA	42:21	8:31
342	53	M45 Scott Swenson, 49, Solon, IA	42:22	8:31
343	4	M65 Dean Wieditz, 66, Vinton, IA	42:24	8:32
133	30	W25 Amy Schlechte, 28*, Cedar Rapids, IA	42:25	8:32
344	44	M40 Jake Stigers, 40, Chicago, IL	42:26	8:32
345	41	M25 Denton Desotel, 28, Cedar Rapids, IA	42:27	8:32
346	48	M30 Andrew Raver, 32, Iowa City, IA	42:28	8:33
134	14	W20 Dana Bradley, 23*, Cedar Rapids, IA	42:37	8:34
135	31	W25 Marie Fry, 27*, Dubuque, IA	42:38	8:35
136	1	W60 Mary Campbell, 60*, Cedar Rapids, IA	42:38	8:35
137	32	W25 Jenelle Graber, 25*, Hiawatha, IA	42:38	8:35
347	42	M25 Daniel Kruckenberg, 26, Vinton, IA	42:38	8:35
138	33	W25 Katharine Ferguson, 25*, Hiawatha, IA	42:39	8:35
348	45	M40 Robert Carr, 44, Solon, IA	42:39	8:35
349	43	M25 Eric Lai, 25, Marion, IA	42:39	8:35
350	54	M45 Scott Zach, 45, Cedar Rapids, IA	42:42	8:35
351	55	M45 James Agne, 47, Solon, IA	42:46	8:36
352	40	M50 Terry Arnold, 53, Cedar Rapids, IA	42:46	8:36
353	56	M45 Dave Hughes, 46, Cedar Rapids, IA	42:47	8:36
354	8	M60 Ron Olson, 60, Cedar Rapids, IA	42:50	8:37



139	20	W35	Lonna Grimm, 36*, Center Point, IA	42:51	8:37
140	34	W25	Jessica Perry, 29*, Coralville, IA	42:52	8:37
355	57	M45	Edward Meissner, 45, Cedar Rapids, IA	42:52	8:37
356	46	M40	Damon Deaton, 40, Cedar Rapids, IA	42:53	8:38
141	35	W25	Lezlie John, 28*, Ely, IA	42:53	8:38
357	49	M30	Matthew Piersall, 32, Cedar Rapids, IA	42:53	8:38
358	58	M45	Michael Schueller, 45, Cedar Rapids, IA	43:01	8:39
142	36	W25	Maggie Roling, 27*, Marion, IA	43:01	8:39
143	10	W30	Jennifer Stiegelmeier, 34*, Solon, IA	43:01	8:39
144	14	W40	Karen Knight, 44*, Hiawatha, IA	43:01	8:39
359	47	M40	Brian Beem, 41, Cedar Rapids, IA	43:02	8:39
360	50	M30	Ryan Buresh, 30, Cedar Rapids, IA	43:02	8:39
145	15	W40	Cindy Squires, 41*, Cedar Rapids, IA	43:06	8:40
146	21	W35	Ginny Buresh, 36*, Coralville, IA	43:07	8:40
147	37	W25	Claire Zieglowsky, 26*, Iowa City, IA	43:07	8:40
361	48	M40	Craig Carmody, 41, Coralville, IA	43:07	8:41
362	9	M60	Jim Berger, 63, Cedar Rapids, IA	43:09	8:41
148	22	W35	Amy Ira, 39*, Iowa City, IA	43:13	8:42
149	16	W40	Elaine Rudolphi, 40*, Cedar Rapids, IA	43:16	8:42
150	23	W35	Kim Fall, 37*, Lisbon, IA	43:16	8:42
363	49	M40	Robert Schmit, 40, Cedar Rapids, IA	43:16	8:42
151	17	W40	Jennie McQueen, 40*, North Liberty, IA	43:17	8:42
152	38	W25	Dixie Church, 26*, Cedar Rapids, IA	43:17	8:42
153	18	W40	Scott Meador, 40*, Solon, IA	43:17	8:42
364	34	M35	Brad Tucker, 38, Cedar Rapids, IA	43:18	8:43
365	50	M40	Scott Hansen, 44, Iowa City, IA	43:18	8:43
154	24	W35	Denise Stapley, 37*, Cedar Rapids, IA	43:22	8:43
366	35	M35	Michael Roltgen, 39, Fairfax, IA	43:24	8:44
367	51	M40	Jr Schemmel, 43, Vinton, IA	43:27	8:45
155	14	W45	Mary Keane, 48*, Cedar Rapids, IA	43:28	8:45
156	11	W30	Jodie Stapley, 33*, Marion, IA	43:29	8:45
368	36	M35	Hans Hoppe, 38, Amana, IA	43:30	8:45
369	51	M30	Jason Kreutzer, 32, Coralville, IA	43:30	8:45
370	41	M50	Dan Baldwin, 51, Cedar Rapids, IA	43:30	8:45
371	52	M30	Kelly Cole, 33, Cedar Rapids, IA	43:31	8:45
372	18	M55	James Engstrom, 59, Cedar Rapids, IA	43:33	8:46
373	13	JrM	Casey Newhard, 15, Swisher, IA	43:33	8:46
157	3	JrW	Molly Strand, 15*, Cedar Rapids, IA	43:34	8:46
374	52	M40	Gene Nassif Jr, 44, Cedar Rapids, IA	43:34	8:46
375	10	M60	Gary Stamp, 62, Lisbon, IA	43:35	8:46
376	53	M40	Jim Scroggs, 41, Marion, IA	43:36	8:46
377	37	M35	Rick Zettler, 39, Cedar Rapids, IA	43:39	8:47
158	19	W40	Dlee Dreyer, 40*, Minneapolis, MN	43:39	8:47
159	39	W25	Brianna Collins, 25*, Hiawatha, IA	43:40	8:47
160	20	W40	Liz Efting, 40*, Cedar Rapids, IA	43:40	8:47
378	19	M55	Nathan Callahan, 55, Cedar Falls, IA	43:40	8:47
379	59	M45	Bruce Ellis, 45, Cedar Rapids, IA	43:40	8:47
380	44	M25	Brian Zias, 25, Bloomington, MN	43:44	8:48
381	20	M55	Neil Swanson, 57, Palo, IA	43:47	8:48
382	53	M30	Joshua Pedelty, 33, Cedar Rapids, IA	43:47	8:48
383	45	M25	Bobby Trimble, 26, Cedar Rapids, IA	43:47	8:49
161	25	W35	Gretchen Lawyer, 35*, Marion, IA	43:47	8:49
162	21	W40	Diane Ropp, 41*, Cedar Rapids, IA	43:47	8:49
384	54	M30	Delayne Stallman, 34, New Hartford, IA	43:47	8:49
163	22	W40	Lisa Jacobs, 42*, Marion, IA	43:48	8:49
385	21	M55	Richard McCormick, 56, Council Bluffs, IA	43:48	8:49
386	11	M60	Don Dixson, 61, Cedar Rapids, IA	43:49	8:49
387	42	M50	Mike Brown, 51, Cedar Rapids, IA	43:50	8:49
388	43	M50	Mark Tennyson, 50, Marion, IA	43:51	8:49
164	15	W20	Brittney Pasker, 20*, Cedar Rapids, IA	43:53	8:50
165	23	W40	Kerri Larson, 43*, Jesup, IA	43:55	8:50
166	26	W35	Lea Beem, 37*, Cedar Rapids, IA	43:55	8:50
167	24	W40	Maureen Lee, 42*, Cedar Rapids, IA	43:55	8:50
168	40	W25	Lindsey Trimble, 26*, Cedar Rapids, IA	43:55	8:50
389	46	M25	Ryan Kedley, 26, Lowden, IA	43:55	8:50

169	27	W35 Vena Nurre, 38*, Fairfax, IA	43:55	8:50
170	28	W35 Chris Day, 38*, Palo, IA	43:56	8:50
171	4	W16 Whitley Allard, 19*, Cedar Rapids, IA	43:56	8:50
172	25	W40 Jill Koch, 40*, Cedar Rapids, IA	43:56	8:50
173	15	W45 Rita Burrell, 45*, Cedar Rapids, IA	43:56	8:50
390	44	M50 Rick Whiteaker, 51, Cedar Rapids, IA	43:56	8:50
391	60	M45 Jim Dwyer, 47, Cedar Rapids, IA	43:56	8:50
392	55	M30 Scott Sellner, 31, Cedar Rapids, IA	43:59	8:51
174	16	W45 Teresa Mills, 46*, Cedar Rapids, IA	43:59	8:51
175	26	W40 Jennie McGowen, 40*, North Liberty, IA	43:59	8:51
393	47	M25 Samuel Lee, 25, Cedar Rapids, IA	43:59	8:51
394	48	M25 Harry Presman, 27, Iowa City, IA	44:01	8:51
176	41	W25 Heather Russell, 27*, Iowa City, IA	44:03	8:52
395	45	M50 Kifletsadik Mulugeta, 53, Iowa City, IA	44:05	8:52
396	12	M60 Martin Wiesenfeld, 60, Cedar Rapids, IA	44:07	8:53
397	61	M45 Daniel Chargo, 48, Toledo, IA	44:09	8:53
398	56	M30 Kevin Schwarzhoff, 34, Walker, IA	44:10	8:53
399	23	M20 Zachary Hill, 22, Iowa City, IA	44:11	8:53
177	16	W20 Charisa Sorensen, 23*, Iowa Ccity, IA	44:12	8:54
178	29	W35 Bridget Malake, 37*, Marion, IA	44:14	8:54
400	38	M35 Todd Montgomery, 39, Cedar Rapids, IA	44:15	8:54
401	62	M45 Harold Hartke, 49, Cedar Rapids, IA	44:18	8:55
402	54	M40 Dave Klostermann, 44, Lisbon, IA	44:22	8:56
403	1	M70 Tom Novak, 75, Cedar Rapids, IA	44:24	8:56
179	30	W35 Monica Voss, 36*, Robins, IA	44:25	8:56
404	63	M45 Ed Tucker, 47, Hopkington, IA	44:27	8:57
405	49	M25 Zachary Johnson, 29, Cedar Rapids, IA	44:28	8:57
180	17	W45 Jackie Peters, 47*, Cedar Rapids, IA	44:29	8:57
406	64	M45 Johnny Olschewsky, 45, Cedar Rapids, IA	44:29	8:57
407	24	M20 Jim Parr, 22, Cedar Rapids, IA	44:31	8:57
181	42	W25 Sarah Stjohn, 29*, Cedar Rapids, IA	44:33	8:58
182	12	W30 Keri Christensen, 31*, Marion, IA	44:35	8:58
408	22	M55 Roy Gaddis, 59, Solon, IA	44:36	8:58
409	23	M55 Barry Sweet, 58, Cedar Rapids, IA	44:38	8:59
410	57	M30 Brian Jacobowitz, 31, Cedar Rapids, IA	44:40	8:59
183	5	W16 Andrea Castek, 17*, Hiawatha, IA	44:40	8:59
184	31	W35 Elizabeth Standefer, 37*, Cedar Rapids, IA	44:41	8:59
185	32	W35 Carol Palmer, 39*, Cedar Rapids, IA	44:41	8:59
186	27	W40 Andrea Dryer, 41*, Cedar Falls, IA	44:41	8:59

Pace: [5:00](#) | [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [Top](#)

187	7	W50 Sheryl Weber-Paxton, 50*, Minneapolis, MN	44:42	9:00
188	43	W25 Laura Platner, 27*, Ely, IA	44:43	9:00
411	46	M50 Stephen Runde, 54, Marion, IA	44:43	9:00
189	44	W25 Cory Thompson, 28*, Vernon Hills, IL	44:49	9:01
412	50	M25 Matt Thompson, 27, Vernon Hills, IL	44:54	9:02
190	28	W40 Gina Garman, 43*, Marion, IA	44:56	9:02
191	45	W25 Rebecca Levake, 29*, Cedar Rapids, IA	44:58	9:03
192	8	W50 Victoria Daniel, 50*, Appleton, WI	44:59	9:03
193	33	W35 Lara Fredrickson, 38*, Washington, DC	45:01	9:03
194	9	W50 Kath Hilton, 54*, Cedar Rapids, IA	45:03	9:04
413	39	M35 David Konigsmark, 35, Cedar Rapids, IA	45:04	9:04
195	34	W35 Jody Rausch, 39*, Robins, IA	45:07	9:05
414	55	M40 Michael Harding, 43, Ely, IA	45:08	9:05
415	40	M35 Rob Pollitt, 36, Cedar Rapids, IA	45:08	9:05
416	51	M25 Joshua Mara, 25, Iowa City, IA	45:09	9:05
196	17	W20 Amanda Battaglia, 21*, Iowa City, IA	45:10	9:05
417	41	M35 Eric Schultz, 36, Marion, IA	45:10	9:05
418	56	M40 Vernon Squires, 44, Cedar Rapids, IA	45:13	9:06
197	13	W30 Tory Christensen, 30*, Iowa City, IA	45:16	9:06
419	24	M55 Paul Usztok, 57, Cedar Rapids, IA	45:19	9:07
198	35	W35 Amy Callahan, 36*, Cedar Rapids, IA	45:19	9:07
199	18	W45 Deanna Haddy, 48*, Cedar Rapids, IA	45:20	9:07
200	10	W50 Marlene Golinvaux, 53*, Cedar Rapids, IA	45:21	9:07
420	52	M25 Robert Lancaster, 28, Cedar Rapids, IA	45:21	9:07

421	25	M55 Daniel Schultz, 58, Asbury, IA	45:22	9:08
422	57	M40 Tony Foxhoven, 44, Cedar Rapids, IA	45:25	9:08
201	46	W25 Kati McNeme, 29*, Cedar Rapids, IA	45:25	9:08
423	53	M25 Nathan Schile, 29, Lees Summit, MO	45:26	9:08
424	5	M65 William Oakland, 66, Cedar Rapids, IA	45:30	9:09
425	54	M25 Brandon Ohern, 26, Cedar Rapids, IA	45:31	9:09
426	42	M35 Christopher Varo, 39, Iowa City, IA	45:33	9:10
202	47	W25 Ashley Hartkemeyer, 25*, Hiawatha, IA	45:37	9:11
427	43	M35 John Weaver, 39, Cedar Rapids, IA	45:38	9:11
203	2	W60 Carolyn Wadsworth, 61*, Advance, NC	45:38	9:11
428	58	M40 Tim Kroeze, 43, Cedar Rapids, IA	45:38	9:11
429	65	M45 David Carlson, 45, Cedar Rapids, IA	45:41	9:12
204	11	W50 Pamela Wood, 53*, Janesville, IA	45:43	9:12
205	36	W35 Cathy Harvey, 39*, S Amana, IA	45:45	9:12
430	44	M35 Chad Gammon, 35, Cedar Rapids, IA	45:46	9:12
206	12	W50 Dottie Gierut, 50*, Cedar Rapids, IA	45:48	9:13
431	45	M35 Mark Pattison, 35, Solon, IA	45:51	9:13
207	48	W25 Katie Volz, 28*, Iowa City, IA	45:55	9:14
432	6	M65 Mark Tyler, 66, Cedar Rapids, IA	45:57	9:15
208	29	W40 Alicia Aguiaz, 41*, Cedar Rapids, IA	45:58	9:15
433	66	M45 Lowell Johnson, 48, Cedar Rapids, IA	45:58	9:15
434	13	M60 John Watson Jr, 60, Robins, IA	45:58	9:15
209	18	W20 Amanda Schwendinger, 23*, Cedar Rapids, IA	45:58	9:15
435	59	M40 James Scholbrock, 41, Lake Mills, IA	45:58	9:15
210	19	W20 Abby Herlein, 21*, Iowa City, IA	46:06	9:17
211	49	W25 Jenny Carlson, 25*, North Liberty, IA	46:06	9:17
212	14	W30 Jill Lind, 32*, Fairfax, IA	46:07	9:17
213	50	W25 Jessica Parker, 26*, Marion, IA	46:07	9:17
436	46	M35 Chris Rider, 37, Urbana, IA	46:07	9:17
437	26	M55 John F Becker, 58, Cedar Rapids, IA	46:07	9:17
214	51	W25 Teyobesta Tewabe, 28*, Coralville, IA	46:10	9:17
215	15	W30 Melissa McMullen, 32*, North Liberty, IA	46:12	9:18
216	20	W20 Kathryn Merrifield, 23*, West Des Moines, IA	46:15	9:18
438	47	M35 Chuck Augustine, 36, Cedar Rapids, IA	46:17	9:19
217	52	W25 Becky Sturtz, 29*, Vinton, IA	46:24	9:20
218	30	W40 Kristine Tharp, 42*, Swisher, IA	46:25	9:20
439	48	M35 Brian Long, 39, Cedar Rapids, IA	46:26	9:20
440	67	M45 Tim Zipperer, 49, Cedar Rapids, IA	46:27	9:21
219	37	W35 Karen Graber, 36*, Cedar Rapids, IA	46:28	9:21
220	13	W50 Cindy Schile, 53*, Hiawatha, IA	46:30	9:21
221	31	W40 Angela Sagan, 41*, Vinton, IA	46:31	9:22
441	49	M35 Michael McGuire, 35, Marion, IA	46:33	9:22
222	38	W35 Nancyt Chapman, 36*, Cedar Rapids, IA	46:36	9:22
223	32	W40 Michelle Davin, 42*, Cedar Rapids, IA	46:39	9:23
442	60	M40 Bernardo Perez, 41, Coralville, IA	46:42	9:24
224	3	W55 Diane Wiesenfeld, 58*, Cedar Rapids, IA	46:49	9:25
443	68	M45 Mike Becker, 46, Cedar Rapids, IA	46:49	9:25
444	61	M40 Timothy Carey, 42, Cedar Rapids, IA	46:50	9:25
445	55	M25 David Riley, 28, Cedar Rapids, IA	46:52	9:26
225	39	W35 Barb Conway, 36*, Homestead Drive, IA	46:53	9:26
226	53	W25 Lyz Lenz, 25*, Cedar Rapids, IA	46:55	9:26
227	54	W25 Sarah Hefflefinger, 28*, Palo, IA	46:57	9:27
228	40	W35 Cherrise Gibney, 37*, Cedar Rapids, IA	46:59	9:27
229	55	W25 Laura Seamans, 28*, Cedar Rapids, IA	47:01	9:27
230	41	W35 Kimberly McGuire, 36*, Marion, IA	47:02	9:28
231	21	W20 Casey Kujawa, 22*, Cedar Rapids, IA	47:04	9:28
232	14	W50 Judy Hubler, 50*, Cedar Rapids, IA	47:05	9:28
233	33	W40 Kristine Martins, 43*, Cedar Rapids, IA	47:05	9:28
234	34	W40 Vicki Kee, 41*, Coralville, IA	47:06	9:28
446	7	M65 Jim Kee, 69, Coralville, IA	47:06	9:29
447	62	M40 Craig Foote, 43, Cedar Rapids, IA	47:11	9:29
235	35	W40 Sara Sodawasser, 42*, Marion, IA	47:14	9:30
236	36	W40 Julie Lemon, 41*, Cedar Rapids, IA	47:15	9:30
237	22	W20 Brooke Lemon, 20*, Cedar Rapids, IA	47:15	9:30

238	6	W16	Kristin Luckstead, 16*, Monticello, IA	47:15	9:30
448	14	M60	Jim Meister, 64, Cedar Rapids, IA	47:15	9:30
239	42	W35	Kellie Clubb, 38*, Marion, IA	47:15	9:30
449	27	M55	Jim Barcz, 57, Central City, IA	47:15	9:30
240	1	W70	Marilyn Wickenkamp, 73*, Newton, IA	47:19	9:31
241	16	W30	Holly Bruns, 33*, Cedar Rapids, IA	47:22	9:32
242	4	W55	Ursula Williams, 55*, Middle Amana, IA	47:24	9:32
450	15	M60	Ralph Plagman, 64, Cedar Rapids, IA	47:29	9:33
243	37	W40	Susan Twachtmann, 43*, Marion, IA	47:29	9:33
244	17	W30	Melissa Roffey, 33*, Anamosa, IA	47:30	9:33
245	56	W25	Jenny Weber, 25*, Cedar Rapids, IA	47:31	9:34
451	47	M50	Dennis Brant, 54, Mt. Vernon, IA	47:32	9:34
246	38	W40	Margie Ward, 44*, Burlington, IA	47:34	9:34
247	57	W25	Holly Wellman, 28*, Cedar Rapids, IA	47:36	9:35
248	58	W25	Bonnie Benesh, 27*, Toddville, IA	47:38	9:35
452	28	M55	David Novak, 57, Cedar Rapids, IA	47:40	9:35
249	18	W30	Nicole Wiltgen, 31*, Lisbon, IA	47:45	9:36
250	43	W35	Christy Rafson, 39*, Cedar Rapids, IA	47:45	9:36
453	50	M35	Chris Kamman, 39, Cedar Rapids, IA	47:46	9:36
454	51	M35	Jeremy Lewis, 35, Marion, IA	47:51	9:38
251	19	W45	Mary Devalois, 48*, Iowa City, IA	47:52	9:38
455	29	M55	Dave Loeb sack, 55, Mount Vernon, IA	47:53	9:38
252	19	W30	Sandra Shover, 30*, Cedar Rapids, IA	47:54	9:38
456	25	M20	Tyson Albert, 20, Atkins, IA	47:55	9:38
253	39	W40	Traci Yamane, 42*, Cedar Rapids, IA	47:55	9:38
457	52	M35	Tom Harrington, 35, Cedar Rapids, IA	47:56	9:39
254	40	W40	Sue Keith, 42*, Solon, IA	47:59	9:39
458	63	M40	Lance Keith, 42, Solon, IA	48:02	9:40
255	59	W25	Anita Bark, 28*, Swisher, IA	48:04	9:40
459	64	M40	Jody Weigel, 43, Cedar Rapids, IA	48:06	9:41
460	69	M45	Tom Leaverton, 47, Cedar Rapids, IA	48:08	9:41
256	3	W60	Mary Johnston, 60*, Cedar Rapids, IA	48:11	9:42
257	23	W20	Hannah Cooley, 21*, Cedar Rapids, IA	48:14	9:42
461	30	M55	Jim Steggall, 55, Cedar Rapids, IA	48:17	9:43
258	20	W45	Amy Keating, 49*, Marion, IA	48:29	9:45
259	60	W25	Lisa Christensen, 28*, Cedar Rapids, IA	48:39	9:47
260	44	W35	Mindy Sorg, 38*, Cedar Rapids, IA	48:39	9:47
261	61	W25	Kristi Huppert, 29*, Kansas City, KS	48:39	9:47
262	20	W30	Rebecca Brown, 30*, Cedar Rapids, IA	48:39	9:47
263	21	W30	Kimberly Bell, 34*, Walford, IA	48:39	9:47
462	65	M40	Edward Gillan, 41, Iowa City, IA	48:39	9:47
264	45	W35	Catherine Radzewich, 38*, Iowa City, IA	48:40	9:47
265	62	W25	Rebecca Hanson, 25*, Cedar Rapids, IA	48:40	9:47
266	46	W35	Joanna Weyer, 37*, Swisher, IA	48:40	9:47
463	48	M50	Joe Marolf, 54, Mt. Vernon, IA	48:40	9:47
464	66	M40	Greg Holterhaus, 43, Robins, IA	48:40	9:47
465	58	M30	Matthew Giesey, 31, Marion, IA	48:47	9:49
267	22	W30	Wendy Kreutzer, 31*, Kansas City, KS	48:49	9:49
268	47	W35	Michelle Scroggs, 39*, Marion, IA	48:52	9:50
269	21	W45	Laurie Craig, 47*, Cedar Rapids, IA	48:54	9:50
270	63	W25	Allison Parr, 25*, Cedar Rapids, IA	48:56	9:51
466	67	M40	Anton Petrz elka, 42, Cedar Rapids, IA	48:57	9:51
271	64	W25	Amy Clark, 28*, North Liberty, IA	49:01	9:52
272	4	JrW	Shanay Gonder, 13*, Cedar Rapids, IA	49:18	9:55
467	14	JrM	Caelen Lilly, 12, Cedar Rapids, IA	49:18	9:55
273	24	W20	Holly Sheldon, 23*, Cedar Rapids, IA	49:18	9:55
274	65	W25	Heather Donigan, 29*, North Liberty, IA	49:18	9:55
275	5	W55	Patricia Theisen, 55*, Anamosa, IA	49:18	9:55
276	66	W25	Stacy Wedemeler, 29*, Cedar Rapids, IA	49:18	9:55
468	53	M35	Brian Rahe, 38, Marion, IA	49:18	9:55
469	16	M60	Tom Fogle, 62, Cedar Rapids, IA	49:23	9:56
277	23	W30	Jolene Hoffman, 33*, Winthrop, IA	49:28	9:57
278	6	W55	Jann Baustian, 55*, Cedar Rapids, IA	49:29	9:57
279	22	W45	Teri Gilbert, 47*, Cedar Rapids, IA	49:30	9:57
280	24	W30	Megan Heater, 32*, Marion, IA	49:30	9:58

470	68	M40 Darren Heater, 42, Indianola, IA	49:30	9:58
471	69	M40 Doug Ropp, 44, Cedar Rapids, IA	49:30	9:58
472	26	M20 Daniel Kedley, 21, Lowden, IA	49:31	9:58
281	25	W30 Rhoni Barnes, 31*, Cedar Rapids, IA	49:31	9:58
473	31	M55 Keith Krewer, 55, Cedar Rapids, IA	49:36	9:59
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">Top</a>				

282	25	W20 Amy Hanse, 21*, Marion, IA	49:40	10:00
283	67	W25 Jennifer Teusink, 26*, Iowa City, IA	49:45	10:00
284	26	W30 Sarah Lagrange, 30*, Cedar Rapids, IA	49:49	10:01
285	23	W45 Sara Askey, 45*, Seguin, TX	49:51	10:02
286	15	W50 Jacki Knapp, 50*, Cedar Rapids, IA	49:54	10:02
474	54	M35 David Bark, 38, Swisher, IA	49:54	10:02
475	17	M60 Larry Bergrud, 63, Cedar Rapids, IA	50:02	10:04
287	26	W20 Abbie Mangrich, 22*, Cedar Rapids, IA	50:07	10:05
288	41	W40 Janine Wasson, 42*, Cedar Rapids, IA	50:12	10:06
289	16	W50 Elizabeth Lilly, 50*, Cedar Rapids, IA	50:18	10:07
476	8	M65 Pete Hunt, 66, Coralville, IA	50:23	10:08
290	17	W50 Sheila Lamm, 54*, New London, IA	50:29	10:09
477	2	M70 John Wasson, 71, Cedar Rapids, IA	50:42	10:12
478	32	M55 Nick Gearhart, 57, Cedar Rapids, IA	50:44	10:12
291	68	W25 Julie Walton, 29*, Cedar Rapids, IA	50:49	10:13
292	42	W40 Sheri Jeffery, 42*, Robins, IA	50:51	10:14
479	15	JrM Paul Bradford, 14, Cedar Rapids, IA	50:54	10:14
293	5	JrW Carley Robinson, 13*, Cedar Rapids, IA	51:00	10:16
294	48	W35 Tami Westhoff, 38*, Marion, IA	51:06	10:17
480	56	M25 Joshua Johnson, 29, Marion, IA	51:12	10:18
295	69	W25 Christel Manson, 29*, Independence, IA	51:18	10:19
296	43	W40 Teresa Sea, 41*, North Liberty, IA	51:23	10:20
297	70	W25 Sarah Stevenson, 27*, Cedar Rapids, IA	51:29	10:21
481	49	M50 John Naplin, 54, Cedar Rapids, IA	51:35	10:23
482	33	M55 Dennis Allard, 59, Mt. Vernon, IA	51:40	10:24
298	44	W40 Laura Greif, 40*, Hiawatha, IA	51:44	10:24
299	27	W30 Emily Flowergarden, 30*, Cedar Rapids, IA	51:48	10:25
483	34	M55 Bob Holmes, 56, Cedar Rapids, IA	51:51	10:26
484	57	M25 Matt Houghkirk, 25, Cedar Rapids, IA	51:54	10:26
300	4	W60 Melissa Fogle, 62*, Cedar Rapids, IA	52:39	10:35
301	45	W40 Jean Ash, 43*, Cedar Rapids, IA	52:40	10:36
302	28	W30 Lauri Lumm-Usher, 34*, Marion, IA	52:41	10:36
303	46	W40 Susan Gerth, 41*, Cedar Rapids, IA	52:42	10:36
485	35	M55 Steve Bauer, 56, Cedar Rapids, IA	52:43	10:36
304	49	W35 Mandy Chase, 37*, Danville, IA	52:43	10:36
486	36	M55 Tom Carfrae, 56, Cedar Rapids, IA	52:44	10:36
487	27	M20 Tony Matteson, 22, Thor, IA	52:52	10:38
488	59	M30 Derek Nohr, 31, Marion, IA	52:53	10:38
305	47	W40 Kristin Lee, 43*, Walfrod, IA	52:54	10:39
489	55	M35 Matthew Preston, 36, Cedar Rapids, IA	53:02	10:40
490	37	M55 Dennis Duda, 57, Marion, IA	53:12	10:42
306	50	W35 Stacey Gianforte, 37*, Cedar Rapids, IA	53:17	10:43
307	71	W25 Meredith Budde, 29*, Cedar Rapids, IA	53:22	10:44
308	7	W55 Vicki Ross, 56*, Anamosa, IA	53:27	10:45
309	72	W25 Jaclyn Hall, 28*, Tipton, IA	53:30	10:46
491	3	M70 Harold Schulze, 72, Cedar Rapids, IA	53:32	10:46
310	27	W20 Amber Russell, 24*, Cedar Rapids, IA	53:38	10:47
311	51	W35 Lori Durian, 37*, North Liberty, IA	53:44	10:49
492	18	M60 John Whitson, 60, Vinton, IA	53:50	10:50
312	52	W35 Jill Werner, 36*, Coralville, IA	53:59	10:52
313	73	W25 Nicole Stepanek, 26*, Cedar Rapids, IA	54:09	10:54
493	9	M65 Patrick Murphey, 67, Robins, IA	54:18	10:55
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">Top</a>				

314	74	W25 Dawn Borrall, 26*, North Liberty, IA	54:40	11:00
494	16	JrM Cade Saylor, 8, Cedar Rapids, IA	55:41	11:12
315	75	W25 Brandi Schile, 28*, Lee's Summit, MO	55:42	11:12
316	76	W25 Betsy Bushlack, 27*, Mason City, IA	55:42	11:12

317	29	W30	Amanda Freese, 34*, Cedar Rapids, IA	55:43	11:12
318	30	W30	Sara Shewry, 31*, Cedar Rapids, IA	55:43	11:13
319	53	W35	Wahneta Dimmer, 39*, Cedar Rapids, IA	55:43	11:13
320	8	W55	Elizabeth Carlson, 55*, Iowa City, IA	55:43	11:13
321	9	W55	Margaret Strabala, 59*, Oxford, IA	55:43	11:13
495	38	M55	Patrick Kedley, 58, Lowden, IA	55:43	11:13
322	31	W30	Joanna Nohr, 30*, Marion, IA	55:44	11:13
323	77	W25	Terri Milne, 28*, Cedar Rapids, IA	55:46	11:13
324	54	W35	Dana Rinkenberger, 35*, Cedar Rapids, IA	55:49	11:14
325	1	W65	Diane Rosteck, 65*, Cedar Rapids, IA	55:51	11:14
496	10	M65	Richard Lenth, 69, Cedar Rapids, IA	55:54	11:15
326	32	W30	Deirdre Nims, 32*, Cedar Rapids, IA	55:56	11:15
497	60	M30	Cresenciano Vega, 31, Cedar Rapids, IA	56:05	11:17
327	33	W30	Kristy Robertson, 33*, Anamosa, IA	56:11	11:18
328	10	W55	Diana Zimmerman, 57*, Cedar Rapids, IA	56:16	11:19
329	55	W35	Lisa Langerman, 36*, Cedar Rapids, IA	56:22	11:20
330	34	W30	Lori Winborn, 34*, Swisher, IA	56:28	11:22
498	61	M30	Ben Winborn, 33, Swisher, IA	56:34	11:23
499	62	M30	Andrew Albinger, 34, Marion, IA	56:40	11:24
500	56	M35	Ed Bertch, 37, Cedar Rapids, IA	56:48	11:26
331	28	W20	Hailey McQuiston, 21*, Marion, IA	56:53	11:27
501	70	M45	Dave Beastrom, 48, Cedar Rapids, IA	56:57	11:27
332	78	W25	Rosy Martinez, 26*, Cedar Rapids, IA	57:10	11:30
502	39	M55	Lloyd Ludolph, 57, Marion, IA	57:19	11:32
333	48	W40	Lori Miene, 43*, Cedar Rapids, IA	57:27	11:34
334	24	W45	Barbara Morrissey, 48*, Cedar Rapids, IA	57:32	11:34
503	11	M65	Gary Gillan, 68, Camarillo, CA	57:36	11:35
335	29	W20	Abby Dennis, 20*, Cedar Rapids, IA	57:50	11:38
336	25	W45	Janet Acarregui, 49*, Iowa City, IA	58:04	11:41
337	26	W45	Dawn McArtor, 45*, Cedar Rapids, IA	58:18	11:44
338	49	W40	Kim Hood, 42*, Hiawatha, IA	58:32	11:47
339	30	W20	Jana Houghkirk, 24*, Cedar Rapids, IA	58:46	11:49
340	79	W25	Angela Kolz, 28*, Cedar Rapids, IA	58:53	11:51
504	40	M55	Martin T Smith, 59, Cedar Rapids, IA	59:00	11:52

Pace: [5:00](#) | [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [Top](#)

505	4	M70	Franklin Hendrickson, 70, Marion, IA	59:40	12:00
341	7	W16	Chelsea Gaylord, 17*, Center Point, IA	1:00:47	12:14
342	11	W55	Valerie Bauer, 57*, Cedar Rapids, IA	1:01:55	12:27
506	50	M50	Daniel Todd, 51, Cedar Rapids, IA	1:03:03	12:41
343	56	W35	Luann Scholbrock, 38*, Lake Mills, IA	1:04:11	12:55

Pace: [5:00](#) | [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [Top](#)

344	35	W30	Molly Johnson McCormick, 34*, Marion, IA	1:05:18	13:08
507	58	M25	Anthony Benning, 25, Hiawatha, IA	1:05:52	13:15
345	80	W25	Robin Benning, 28*, Hiawatha, IA	1:06:09	13:19
346	2	W70	Esther Wilson, 82*, Cedar Rapids, IA	1:06:21	13:21
347	81	W25	Heather Holmes, 26*, Cedar Rapids, IA	1:06:26	13:22
348	82	W25	Ashley Henderson, 25*, West Des Moines, IA	1:09:28	13:59
349	3	W70	Alice Hoffmeier, 72*, Cedar Rapids, IA	1:09:29	13:59

"\*" indicates females

16 finishers among Men 15 & Under

4 finishers among Men 16 - 19

27 finishers among Men 20 - 24

58 finishers among Men 25 - 29

62 finishers among Men 30 - 34

56 finishers among Men 35 - 39

69 finishers among Men 40 - 44

70 finishers among Men 45 - 49

50 finishers among Men 50 - 54

40 finishers among Men 55 - 59

18 finishers among Men 60 - 64

11 finishers among Men 65 - 69

4 finishers among Men 70 & Up

5 finishers among Women 15 & Under  
7 finishers among Women 16 - 19  
30 finishers among Women 20 - 24  
82 finishers among Women 25 - 29  
35 finishers among Women 30 - 34  
56 finishers among Women 35 - 39  
49 finishers among Women 40 - 44  
26 finishers among Women 45 - 49  
17 finishers among Women 50 - 54  
11 finishers among Women 55 - 59  
4 finishers among Women 60 - 64  
1 finishers among Women 65 - 69  
3 finishers among Women 70 & Up  
507 male finishers  
349 female finishers  
856 total finishers

[Top](#)

Return to [home page](#).