

**22nd Fifth Season 8 Kilometer (4.97 miles)****Cedar Rapids, Iowa****July 4, 2007**

70s, Sunny &amp; Humid

Results by Cal Murdock

[8K results](#)[8k Awards](#)[5K results](#)[1 Mile](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1		Alene Reta, Ethiopia	22:47	4:35
2		David L Kiprono, 33, Durham, NC	23:02	4:38
3		John Itati, Kenya	23:19	4:41
4		Haron Lagat, Kenya	23:24	4:42
5		Patrick Nthiwa, Kenya	23:31	4:44
6		Matt Gabrielson, Minneapolis, MN	23:32	4:44
7		Richard Kimeli, Kenya	23:43	4:46
8		Philip Koech, Kenya	23:48	4:47
9		Gurmessa Megressa, Ethiopia	23:58	4:49
10		Joshua Kemei, Kenya	24:06	4:51
11		Jason Bill, IL	24:12	4:52
12		Christopher Rutto, Kenya	24:18	4:53
13		Evans Kiptoo, Kenya	24:35	4:57
14		Blake Bolden, 27, Ames, IA	24:44	4:59
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">Top</a>				
15		Tommy Neal, 24, Ames, IA	24:58	5:01
16		Keith Solverson, 25, Fort Dodge, IA	25:08	5:03
17		Rop Kipkoech, 30, West Des Moines, IA	25:22	5:06
18		Chris Jensen, 25, Mason City, IA	25:35	5:09
19		Rodney Dehaven, 40, South Dakota	25:41	5:10
20		Julius Rotich, West Des Moines, IA	26:01	5:14
21		Fitsum Tesfa, Ethiopia	26:07	5:15
22	1 M30	Christopher Koech, 30, Ames, IA	26:09	5:16
	1	Magdalene Mukunzi*, Kenya	26:11	5:16
23	1 M25	Todd Hierlmaier, 28, Edina, MN	26:28	5:19
	2	Alametsehay Misganaw*, Ethiopia	26:49	5:24
24		Brian Menaker, Iowa City, IA	26:59	5:26
	3	Rose Kosgei*, Kenya	27:16	5:29
25	2 M25	Nate Canton, 27, Ely, IA	27:17	5:29
	4	Caroline Cheptanui*, Kenya	27:19	5:30
26	1 M20	Cody Solverson, 23, Waverly, IA	27:21	5:30
27		Phil Kauder, 46, Cascade, IA	27:40	5:34
28	1 M16	Lewi Manirumya, 16, Cedar Rapids, IA	27:40	5:34
	5	Atelelelech Ketema*, Ethiopia	27:44	5:35
29	3 M25	Gen Ewig, 25, Coralville, IA	27:47	5:35
	6	Robyn Friedman*, Lambs Grove, IA	27:59	5:38
30		John Thornell, 41, Santa Fe, NM	28:03	5:38
	7	Bethany Lewis, 29*, Iowa City, IA	28:04	5:39
	8	Casey Owens*, Des Moines, IA	28:04	5:39
31	2 M16	Liberio Niyiragira, 19, Cedar Rapids, IA	28:05	5:39
32	2 M20	Bruce Wayne, 24, Cedar Rapids, IA	28:06	5:39
33	1 JrM	Frank Canady, 15, Iowa City, IA	28:10	5:40
34	3 M16	Lande Moser, 19, Wapello, IA	28:10	5:40
35	3 M20	Kurt Keuter, 21, Dubuque, IA	28:14	5:41

36	2	JrM Max Nguyen, 15, Garrison, IA	28:18	5:42
9		Caroline Chepkorir*, Kenya	28:19	5:42
37	4	M25 Benjamin Lewis, 29, Iowa City, IA	28:24	5:43
10		Erin Moeller*, Cedar Rapids, IA	28:27	5:43
38	1	M40 Michael Kabela, 40, North Liberty, IA	28:30	5:44
39	2	M40 Jerry Lack, 44, East Moline, IL	28:31	5:44
40	4	M16 Kwin Keuter, 18, Dubuque, IA	28:54	5:49
41	1	M35 Joe Marshall, 39, Granger, IA	28:56	5:49
42	4	M20 Nathan Hopp, 24, West Amana, IA	28:57	5:49
11		Mercy Cheburet, 23*, Durham, NC	29:01	5:50
43	5	M16 Nate Dotterweich, 18, Monticello, IA	29:06	5:51
44	2	M35 Lyle Murray, 35, Mt Pleasant, IA	29:06	5:51
45	1	M45 Scott Smith, 45, Appleton, WI	29:08	5:52
46	5	M25 Kurt Goetz, 28, West Covina, CA	29:14	5:53
47	1	M50 Joe Bolkom, 50, Iowa City, IA	29:16	5:53
48	3	M35 Christopher Wolfe, 39, Cedar Rapids, IA	29:20	5:54
49	2	M50 John Victoria, 53, Loveland, CO	29:21	5:54
50	6	M25 Chad Goldsmith, 29, North Liberty, IA	29:23	5:55
51	2	M45 Greg Skopec, 45, Coralville, IA	29:30	5:56
52	4	M35 Andrew Kauder, 35, Cedar Rapids, IA	29:33	5:57
53	6	M16 Jonathan Weatherwax, 17, Cedar Rapids, IA	29:36	5:57
54	7	M16 Eddie Niyonziyiye, 17, Cedar Rapids, IA	29:38	5:58
55	5	M35 Mike Lambert, 36, Monticello, IA	29:38	5:58
56	8	M16 Aaron Schut, 18, Solon, IA	29:44	5:59
57	9	M16 Marty Jacobson, 19, Fairfax, IA	29:44	5:59
58	10	M16 Eric Thien, 16, Tipton, IA	29:45	5:59
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">Top</a>				
59	11	M16 Morgan Robertson, 17, Iowa City, IA	29:49	6:00
60	12	M16 Scott Becker, 19, Watkins, IA	29:51	6:00
61	13	M16 Austin Steil, 17, Cedar Rapids, IA	29:52	6:01
62	14	M16 Erik Klinsky, 18, Cedar Rapids, IA	29:55	6:01
63	7	M25 Craig Goldsmith, 25, Cedar Rapids, IA	30:00	6:02
64	5	M20 Michael Alexander, Jr., 20, Center Point, IA		
			30:06	6:03
65	3	JrM Jake Gerber, 15, Cedar Rapids, IA	30:07	6:03
66	15	M16 Weston Marling, 18, Cedar Rapids, IA	30:11	6:04
67	3	M40 John Armon, 41, Cedar Rapids, IA	30:15	6:05
68	4	M40 David Reid, 40, Fairfax, IA	30:16	6:05
69	5	M40 Rick Till, 44, Dubuque, IA	30:16	6:05
70	4	JrM Noah Williams, 14, Monticello, IA	30:17	6:05
71	8	M25 Mark Thompson, 29, Iowa City, IA	30:18	6:06
72	6	M40 Bill Bennett, 42, Cedar Rapids, IA	30:19	6:06
12		Katherine Bloemker*, MO	30:21	6:06
73	6	M35 Michael Bloemker, 38, Shawnee, KS	30:30	6:08
74	3	M50 Bob Thompson, 52, Davenport, IA	30:35	6:09
75	6	M20 Nicholas Gill, 24, Iowa City, IA	30:35	6:09
76	7	M35 Bryan Friedman, 35, Lambs Grove, IA	30:36	6:09
77	2	M30 David Thatcher, 32, Cedar Rapids, IA	30:45	6:11
13		Sheila Geere, 43*, Colo Springs, CO	30:46	6:11
78	7	M40 Keith Olson, 44, Pacific Palisades, CA	30:55	6:13
79	9	M25 Steve Berger, 28, Cedar Rapids, IA	30:58	6:14
80	8	M40 Matt Cook, 40, Marion, IA	30:59	6:14
14		Bonnie Sons, 41*, Shorewood, IA	31:03	6:15
81	4	M50 Bobby Paxton, 50, Minneapolis, MN	31:06	6:15
82	9	M40 Michael Schulte, 42, Cedar Rapids, IA	31:07	6:16
83	5	JrM Andy Marshall, 14, Cedar Rapids, IA	31:15	6:17
84	16	M16 Chase Atkinson, 16, Cedar Rapids, IA	31:16	6:17
85	3	M30 Louis Pelsang, 33, Iowa City, IA	31:17	6:18
86	4	M30 Scott Klein, 32, Cedar Rapids, IA	31:19	6:18
87	8	M35 Chad Krueger, 39, Cedar Rapids, IA	31:22	6:18
15		Evelyn Ross, 20*, Iowa City, IA	31:23	6:19
88	10	M25 Andrew Hoover, 27, Iowa City, IA	31:24	6:19
89	7	M20 Scott Johnson, 24, Cedar Rapids, IA	31:26	6:19
16		Alicja Czajka*, Poland	31:28	6:20

90	11	M25	Carroll Cottingham, 25, West Branch, IA	31:31	6:20
91	5	M50	Rick Ironside, 53, Marion, IA	31:32	6:21
92	10	M40	James Pelsang, 42, Iowa City, IA	31:35	6:21
17			Christine Price, 38*, Des Moines, IA	31:35	6:21
93	11	M40	Jeff Mullen, 42, Cedar Rapids, IA	31:40	6:22
94	5	M30	Chris Waterbury, 30, Marengo, IA	31:42	6:23
95	8	M20	Michael McPartland, 20, Cedar Rapids, IA	31:45	6:23
96	6	M50	Mike Skopec, 54, Traer, IA	31:48	6:24
97	12	M40	Bret Boyer, 42, Cedar Rapids, IA	31:48	6:24
98	9	M35	Dan Sauser, 36, Monticello, IA	31:50	6:24
99	17	M16	Brennan McAllister, 16, Fairfax, IA	31:52	6:25
100	9	M20	Nathan Votroubek, 23, Iowa City, IA	31:53	6:25
101	12	M25	Joey Brown, 25, Cedar Rapids, IA	31:55	6:25
102	13	M25	John Hackbarth, 25, Cedar Rapids, IA	31:59	6:26
103	14	M25	Ryan Richey, 25, Tampa, FL	32:00	6:26
104	18	M16	Mark Hilton, 19, Cedar Rapids, IA	32:00	6:26
105	15	M25	Glen Fuhrmeister, 26, Iowa City, IA	32:02	6:27
106	16	M25	Brien Waldron, 26, Cedar Rapids, IA	32:05	6:27
107	7	M50	Kim Keuter, 53, Dubuque, IA	32:05	6:27
18			Andrea Wacker, 19*, Cedar Rapids, IA	32:06	6:27
108	10	M20	Sam Dorsi, 23, Boulder, IA	32:06	6:28
109	19	M16	Cody Saville, 17, Oelwein, IA	32:07	6:28
110	17	M25	Matt Townsley, 25, Cedar Rapids, IA	32:08	6:28
111	8	M50	Mark Young, 50, Iowa City, IA	32:08	6:28
19			Laura Max, 35*, Iowa City, IA	32:09	6:28
112	9	M50	Brad Scott, 54, Marion, IA	32:09	6:28
113	3	M45	Mike Ament, 46, Cedar Rapids, IA	32:10	6:28
114	10	M50	Jim Quigley, 50, Cedar Rapids, IA	32:11	6:28
115	6	M30	Neil Havlik, 33, Marion, IA	32:14	6:29
116	20	M16	Nick Lee, 17, Walford, IA	32:18	6:30
117	21	M16	Adam Koch, 16, Cedar Rapids, IA	32:27	6:32
118	18	M25	Casey Fetzer, 29, Irvine, CA	32:27	6:32
119	19	M25	Ryan Fye, 29, Clive, IA	32:27	6:32
120	4	M45	Jeff Nietert, 46, Cedar Rapids, IA	32:34	6:33
121	11	M50	Guy Olson, 50, Solon, IA	32:35	6:33
122	20	M25	Craig Blint, 27, Dubuque, IA	32:37	6:34
123			Berkowitz	32:37	6:34
124	21	M25	Kyle Rickels, 25, Cedar Rapids, IA	32:37	6:34
125	5	M45	Timothy Squiers, 45, Belle Plaine, IA	32:40	6:34
20			Ashley Miller, 18*, Tipton, IA	32:42	6:35
126	13	M40	Bob Lotz, 44, North Liberty, IA	32:43	6:35
127	1	M55	Jim Shimek, 59, Fairfax, IA	32:45	6:35
128	11	M20	Adam Varo, 24, Cedar Rapids, IA	32:47	6:36
129	22	M16	Teddy Laren, 16, Iowa City, IA	32:51	6:37
130	6	M45	Jon Swails, 47, Cedar Rapids, IA	32:53	6:37
131	7	M30	Randy Lamm, 32, Solon, IA	32:59	6:38
132	10	M35	Kent Miskimen, 35, Cedar Rapids, IA	32:59	6:38
133	8	M30	Matthew Wiley, 32, Marion, IA	33:01	6:39
134	11	M35	John Heigis, 36, Cedar Rapids, IA	33:02	6:39
135	14	M40	Jeff Miller, 40, Davenport, IA	33:06	6:39
136	9	M30	Dan Poock, 30, Cedar Rapids, IA	33:07	6:40
21	1	W25	Leah Badertscher, 29*, Coralville, IA	33:07	6:40
137	7	M45	Eric Hendrickson, 45, Iowa City, IA	33:09	6:40
138	23	M16	Adam Kassem, 18, Cedar Rapids, IA	33:15	6:41
139	15	M40	John White, 42, West Branch, IA	33:15	6:41
140	8	M45	Don Lansing, 46, Marion, IA	33:15	6:41
22	1	W30	Jennifer Bohr, 34*, Cedar Rapids, IA	33:17	6:42
141	9	M45	Kevin McCarthy, 48, Cedar Rapids, IA	33:19	6:42
142	10	M45	Michael Schneekloth, 47, Cedar Rapids, IA	33:20	6:42
143	11	M45	Kim Wander, 46, West Union, IA	33:23	6:43
144	12	M45	Bill Oliver, 49, Cedar Rapids, IA	33:26	6:44
145	12	M20	Cole Burrack, 20, Arlington, IA	33:28	6:44
146	13	M45	Robert Hartekemeyer, 46, Hiawatha, IA	33:32	6:45
147	12	M50	Bill Kettelkamp, 50, Marion, IA	33:35	6:45
148	6	JrM	Eric Frederick, 15, Springville, IA	33:36	6:45

149	16	M40	Cone Graig, 41, Cedar Rapids, IA	33:37	6:46
150	24	M16	Tim Kearney, 18, Marion, IA	33:41	6:46
151	13	M50	Dallas Robertson, 50, Iowa City, IA	33:42	6:47
152	17	M40	William Prescott, 42, Iowa City, IA	33:43	6:47
153	14	M45	Scott Reed, 45, Cedar Rapids, IA	33:47	6:48
154	12	M35	Howard Friedman, 38, Cedar Rapids, IA	33:48	6:48
	23		Sandy Sabelka, 40*, Denver, IA	33:49	6:48
155	10	M30	Michael Wright, 34, Marion, IA	33:50	6:48
156	15	M45	Darl Vanrheenen, 46, Amana, IA	33:51	6:49
157	25	M16	Sean O'Connor, 19, Marion, IA	33:56	6:49
158	16	M45	Randy Brecht, 46, Middle Amana, IA	33:58	6:50
159	13	M20	Tim Anderson, 20, Cedar Rapids, IA	34:00	6:50
	24	1	W20 Crystal Prusha, 24*, Marshalltown, IA	34:00	6:50
160	18	M40	John Peters, 42, Cedar Rapids, IA	34:01	6:51
161	1	M60	Jerry Donegan, 60, Milan, IL	34:05	6:51
162	19	M40	Christopher Krug, 42, Iowa City, IA	34:07	6:52
163	26	M16	Hunter Hills, 18, Swisher, IA	34:10	6:52
	25	1	W35 Kristi Hills, 36*, Cedar Rapids, IA	34:11	6:53
164	22	M25	Charles Donohue, 25, Cedar Falls, IA	34:13	6:53
165	27	M16	Jacob Schueller, 16, Cedar Rapids, IA	34:13	6:53
166	17	M45	Greg Reynolds, 46, Cedar Rapids, IA	34:13	6:53
167	2	M55	Bob Strickland, 56, Cedar Rapids, IA	34:15	6:53
168	13	M35	John Patrick Parker, 39, Bettendorf, IA	34:15	6:53
	26	2	W30 Carrie Ridenour, 33*, Cedar Rapids, IA	34:17	6:54
169	7	JrM	Jared Decker, 15, Cedar Rapids, IA	34:18	6:54
170	14	M20	Cameron Herr, 22, Robins, IA	34:19	6:54
171	28	M16	Cruz Herr, 19, Robins, IA	34:19	6:54
	27	1	W40 Deborah Gaddis, 40*, Solon, IA	34:23	6:55
172	14	M35	Todd Kibsgaard, 36, Marion, IA	34:26	6:56
173	15	M20	Matt Hilby, 21, Cedar Rapids, IA	34:29	6:56
	28	2	W20 Mackenzie Lauman, 22*, Marion, IA	34:30	6:56
174	20	M40	Mike Glavan, 44, Cedar Rapids, IA	34:31	6:57
175	29	M16	Taelor Bohnsack, 17, Wilton, IA	34:32	6:57
	29	3	W20 Meredith Dobson, 24*, Iowa City, IA	34:33	6:57
176	18	M45	Mark Petersen, 48, Center Point, IA	34:36	6:58
177	30	M16	Kevin Ranney, 18, Champaign, IL	34:38	6:58
	30	3	W30 Roxanne Miene, 31*, Toddville, IA	34:40	6:58
178	15	M35	Tom Daubs, 36, Marion, IA	34:41	6:59
179	31	M16	Danimal Murphy, 19, Cedar Rapids, IA	34:44	6:59
180	11	M30	Mark Johnson, 34, Hiawatha, IA	34:45	6:59
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">Top</a>					
181	32	M16	Matt Van Hoeck, 16, Hiawatha, IA	34:49	7:00
	31	1	W16 Meredith Bell, 18*, Cedar Rapids, IA	34:51	7:01
182	16	M20	Jeremy Anderson, 21, Clarence, IA	34:52	7:01
183	21	M40	Dave Beckman, 40, Cedar Rapids, IA	34:53	7:01
184	23	M25	Seth Rippe, 28, Cedar Rapids, IA	34:55	7:01
185	3	M55	David Coates, 59, Cedar Rapids, IA	34:56	7:02
186	33	M16	Matt Clarke, 18, Lowden, IA	34:57	7:02
	32	4	W20 Julie Johnston, 23*, Cedar Rapids, IA	34:58	7:02
	33	1	JrW Maddy Becker, 15*, Cedar Rapids, IA	34:58	7:02
187	34	M16	Donovan Eastbruy, 18, Monticello, IA	34:59	7:02
188	8	JrM	Addison Dehaven, 11, Brookings, SD	35:00	7:02
189	22	M40	Todd Harper, 43, Norwalk, IA	35:01	7:03
190	16	M35	Kirby Moss, 35, Cedar Rapids, IA	35:01	7:03
191	24	M25	Benjamin Spence, 28, Cedar Rapids, IA	35:02	7:03
	34	4	W30 Stephanie Hoepfer, 32*, North Liberty, IA	35:03	7:03
	35	2	W25 Jennifer Brink, 26*, Madison, WI	35:07	7:04
	36	1	W45 Karen Martin, 45*, Lisbon, IA	35:08	7:04
192	35	M16	Cale Pruess, 16, Clarence, IA	35:09	7:04
193	36	M16	Tyler Bro, 16, Cedar Rapids, IA	35:10	7:04
	37	5	W30 Eva Schoen, 34*, Coralville, IA	35:11	7:05
	38	2	W45 Cathy Lack, 46*, East Moline, IL	35:12	7:05
194	23	M40	Robert Rodriguez, 43, Cedar Rapids, IA	35:13	7:05
195	19	M45	Thomas Anderson, 47, Cedar Rapids, IA	35:15	7:05

196	37	M16	Ben Watson, 18, Cedar Rapids, IA	35:16	7:06
197	17	M20	Pasha Korsakov, 20, Iowa City, IA	35:17	7:06
198	12	M30	Jamie Sands, 31, Marion, IA	35:18	7:06
199	18	M20	Ross Weidner, 21, Cedar Rapids, IA	35:18	7:06
200	17	M35	Kenny Wade, 39, Altoona, IA	35:19	7:06
201	24	M40	Randy Striegel, 41, Cedar Rapids, IA	35:20	7:07
202	19	M20	Pete Foley, 20, Marion, IA	35:22	7:07
203	20	M20	John Welch, 21, Shellsburg, IA	35:24	7:07
204	20	M45	Dale Rettenmeier, 48, Hiawatha, IA	35:24	7:07
205	13	M30	Humberto De Leon, 31, Coralville, IA	35:25	7:07
206	21	M45	Matt Nagle, 45, Mount Vernon, IA	35:25	7:07
207	25	M25	Johnny Watson, 28, Robins, IA	35:26	7:08
208	21	M20	Todd Bulicek, 22, Cedar Rapids, IA	35:27	7:08
	39	2	W35 Rae Lynn Lamparek, 36*, Swisher, IA	35:29	7:08
	40	3	W45 Jane McGee, 45*, Hiawatha, IA	35:30	7:09
	41	3	W25 Amy Marshall, 25*, Lisbon, IA	35:32	7:09
209	14	M50	Paul James, 53, Stanley, IA	35:35	7:10
210	25	M40	Peter Reed, 41, Louisville, KY	35:36	7:10
211	14	M30	Duane Sills, 31, Cedar Rapids, IA	35:39	7:10
212	22	M45	Bret Nilles, 49, Cedar Rapids, IA	35:39	7:10
213	26	M40	Steve Hawtrey, 40, Mt Vernon, IA	35:39	7:10
214	27	M40	Sam Houston, 40, Cedar Rapids, IA	35:41	7:11
	42	5	W20 Eri Lynn Russo, 23*, Iowa City, IA	35:44	7:11
215	15	M30	Jerald Kilgore, 32, Cedar Rapids, IA	35:45	7:11
216	38	M16	Zach Bark, 17, Marion, IA	35:45	7:12
217	39	M16	Clayton Besong, 19, Cedar Rapids, IA	35:46	7:12
218	22	M20	Alex Sindelar, 21, Cedar Rapids, IA	35:46	7:12
219	15	M50	Kurt Carlson, 53, Marion, IA	35:46	7:12
220	16	M30	Russell Binder, 30, Marion, IA	35:47	7:12
221	4	M55	Dennis Healy, 56, Dubuque, IA	35:47	7:12
222	18	M35	John Woody, 37, Cedar Rapids, IA	35:48	7:12
223	23	M45	Andy Roat, 45, Des Moines, IA	35:49	7:12
224	40	M16	Zach Veenstra, 16, Cedar Rapids, IA	35:51	7:13
225	41	M16	Adam Freese, 17, Cedar Rapids, IA	35:51	7:13
226	9	JrM	Trevor Oates, 13, Hiawatha, IA	35:52	7:13
227	28	M40	Randy Naeve, 42, Cedar Rapids, IA	35:53	7:13
228	16	M50	Robin Roberts, 50, Cedar Rapids, IA	35:54	7:13
229	23	M20	Ryan Clark, 20, Cedar Rapids, IA	35:54	7:13
230	17	M30	Joe Graf, 30, Iowa City, IA	35:54	7:13
231	18	M30	Brian Huber, 30, Hiawatha, IA	35:54	7:13
232	10	JrM	Zachary Parsons, 15, Cedar Rapids, IA	35:55	7:13
233	26	M25	Troy Musser, 25, Clarence, IA	35:55	7:14
234	19	M35	Scott Berger, 38, Cedar Rapids, IA	35:56	7:14
235	29	M40	Michael Hughes, 40, Cedar Rapids, IA	35:56	7:14
236	19	M30	Mark McCormick, 32, Marion, IA	35:57	7:14
237	24	M20	Kody Thompson, 21, Cedar Rapids, IA	35:58	7:14
	43	2	W16 Sharon Heyer, 18*, Cedar Rapids, IA	36:00	7:14
238	2	M60	Norm Arons, 60, Cedar Rapids, IA	36:02	7:15
239	25	M20	Beau Brink, 24, Cedar Rapids, IA	36:02	7:15
240	5	M55	Bill Ingels, 57, Cedar Rapids, IA	36:03	7:15
241	26	M20	Nick Hartekemeyer, 20, Hiawatha, IA	36:03	7:15
	44	3	W16 Kayla Melick, 16*, Cedar Rapids, IA	36:03	7:15
	45	3	W35 Loretta Mitvalsky, 38*, Cedar Rapids, IA	36:06	7:16
242	11	JrM	Joey Freeland, 13, Central City, IA	36:06	7:16
243	24	M45	Joel Penticoff, 46, Cedar Rapids, IA	36:07	7:16
244	27	M25	Jon Scheib, 28, Cedar Rapids, IA	36:08	7:16
245	6	M55	Richard Anfinson, 55, Cedar Rapids, IA	36:09	7:16
	46	4	W16 Laura Nedderman, 16*, Cedar Rapids, IA	36:10	7:17
246	20	M35	Michael Zimmermann, 39, Marion, IA	36:10	7:17
	47	6	W20 Elizabeth Wiebold, 22*, Cedar Rapids, IA	36:11	7:17
	48	2	W40 Karen Hutchcroft, 44*, Cedar Rapids, IA	36:11	7:17
247	7	M55	Tom Vanberkum, 55, Marion, IA	36:12	7:17
248	21	M35	Eric Gift, 35, Cedar Rapids, IA	36:13	7:17
49	5	W16	Mallory Marshall, 19*, Center Point, IA	36:14	7:17
249	22	M35	David Andersen, 38, Cedar Rapids, IA	36:16	7:18

50	3	W40	Kim Sherman, 40*, Cedar Rapids, IA	36:19	7:18
250	20	M30	Christopher Nims, 30, Cedar Rapids, IA	36:20	7:19
251	3	M60	Tom Kirkwood, 63, Dyersville, IA	36:21	7:19
51	7	W20	Lindsey Driscoll, 22*, Cedar Rapids, IA	36:22	7:19
252	21	M30	Jeremy Richardson, 30, Cedar Rapids, IA	36:22	7:19
253	30	M40	Alan Schmitt, 41, Fort Atkinson, IA	36:23	7:19
254	27	M20	Ron Mortenson, 23, Iowa City, IA	36:23	7:19
255	4	M60	Gordy Strickland, 60, Fergus Falls, MN	36:24	7:19
256	25	M45	Colin Flynn, 49, Cedar Rapids, IA	36:25	7:19
52	8	W20	Valerie Steele, 21*, Cedar Rapids, IA	36:26	7:20
53	4	W25	Carrie Desotel, 26*, Cedar Rapids, IA	36:27	7:20
257	23	M35	Ron Beck, 39, Coralville, IA	36:28	7:20
258	26	M45	Craig Brophy, 46, Cedar Rapids, IA	36:28	7:20
54	4	W35	Tina Buerschen, 35*, Dayton, OH	36:29	7:20
259	22	M30	Jayme Barnhart, 31, Lisbon, IA	36:30	7:20
55	5	W35	Karla Button, 37*, Cedar Rapids, IA	36:30	7:21
260	28	M25	Daniel Erusha, 27, Cedar Rapids, IA	36:32	7:21
56	1	W50	Muriel Naumann, 51*, Iowa City, IA	36:35	7:22
57	5	W25	Jennifer Wick, 29*, Solon, IA	36:37	7:22
261	31	M40	Monty Gartin, 44, Walford, IA	36:37	7:22
58	6	W30	Wendy Jacobsen, 31*, Coralville, IA	36:37	7:22
262	8	M55	Dale Hanna, 58, Cedar Rapids, IA	36:41	7:23
263			Russ Hart, Blue Grass, IA	36:41	7:23
264	28	M20	Matthew Moss, 24, Iowa City, IA	36:43	7:23
265			Paul Schmidt, Davenport, IA	36:44	7:23
266	24	M35	James Berger, 36, Cedar Rapids, IA	36:45	7:24
267	9	M55	Warren Feerer, 57, Cedar Rapids, IA	36:45	7:24
268	32	M40	Dain Jeppson, 40, Mt Vernon, IA	36:47	7:24
269	29	M20	Dan Gahring, 24, Cedar Rapids, IA	36:49	7:24
270	25	M35	Trenton Halvorson, 36, Marion, IA	36:50	7:25
271	27	M45	Michael Long, 47, Ames, IA	36:51	7:25
59	9	W20	Katie Funk, 23*, West Des Moines, IA	36:52	7:25
272	42	M16	Joe Dague, 18, Center Point, IA	36:53	7:25
273	29	M25	Brad Goldsmith, 28, Cedar Rapids, IA	36:55	7:26
60	4	W40	Suzanne Nilles, 44*, Cedar Rapids, IA	36:58	7:26
61	6	W25	Donna L Weeda, 28*, Cedar Rapids, IA	36:58	7:26
274	43	M16	Aaron Schulte, 16, Cedar Rapids, IA	36:59	7:26
275	23	M30	Randy Reuscher, 32, Cedar Falls, IA	37:01	7:27
276	30	M20	Tom Bredfield, 20, Cedar Rapids, IA	37:02	7:27
277	30	M25	Travis Hilsabeck, 26, Prairie City, IA	37:02	7:27
278	31	M25	Steve James, 25, Cedar Rapids, IA	37:03	7:27
279	33	M40	Mike Sills, 42, Cedar Rapids, IA	37:03	7:27
62	10	W20	Kate Larsen, 21*, Manchester, IA	37:04	7:27
280	32	M25	Brandon Abbs, 26, Iowa City, IA	37:04	7:27
281	34	M40	Dennis Fagan, 43, Cedar Rapids, IA	37:06	7:28
282	44	M16	Adam Thompson, 18, Cedar Rapids, IA	37:06	7:28
283	1	M65	Sylvah Addimk, 65, Iowa City, IA	37:07	7:28
63	6	W35	Joy Tinnes, 38*, Iowa City, IA	37:08	7:28
284	24	M30	Andrew Breitsprecher, 33, Ely, IA	37:10	7:29
285	26	M35	Terry Sullivan, 39, Marion, IA	37:11	7:29
286	35	M40	Jonn Strausser, 43, Cedar Rapids, IA	37:11	7:29
64	11	W20	Arnold-Arons, 23*, Marion, IA	37:12	7:29
287	17	M50	Charles Funk, 53, Iowa City, IA	37:13	7:29
288	18	M50	James J McAleer, 51, Cedar Rapids, IA	37:13	7:29
289	27	M35	Jeffrey Cater, 38, Cedar Rapids, IA	37:14	7:29
290	36	M40	Tim Wittman, 42, Cedar Rapids, IA	37:15	7:30
291	28	M45	Steven Schuchmann, 46, Arlington, IA	37:16	7:30
292	29	M45	Jim Langhurst, 48, Swisher, IA	37:18	7:30
293	37	M40	Norman Ovens, 43, Cedar Rapids, IA	37:18	7:30
65	5	W40	Marta Verschoore, 42*, Rock Island, IL	37:18	7:30
294	25	M30	Chris Mueller, 34, Marion, IA	37:19	7:30
295	33	M25	Bryan J Pettit, 27, Cedar Rapids, IA	37:21	7:31
66	6	W40	Denise Delfino, 44*, Cedar Rapids, IA	37:21	7:31
296	45	M16	Joel Lydon, 16, Cedar Rapids, IA	37:21	7:31
297	31	M20	Michael Engelstad, 21, West Branch, IA	37:22	7:31

67	7	W40	Brenda Cloud, 42*, Cedar Rapids, IA	37:22	7:31
298	28	M35	John Kehoe, 36, Coralville, IA	37:23	7:31
299	12	JrM	Nathan Marling, 14, Cedar Rapids, IA	37:23	7:31
300	32	M20	John Haman, 23, Iowa City, IA	37:24	7:31
301	5	M60	David Kutter, 64, Cedar Rapids, IA	37:24	7:31
302	13	JrM	Collin Barker, 15, Cedar Rapids, IA	37:24	7:31
68	12	W20	Linda Freiha, 20*, Cedar Rapids, IA	37:25	7:32
303	19	M50	Linley Woelk, 51, Marion, IA	37:25	7:32
304	33	M20	Jared Carter, 23, Coralville, IA	37:26	7:32
305	29	M35	Doug West, 38, Iowa City, IA	37:26	7:32
306	30	M35	Kyle Trampe, 36, Marion, IA	37:26	7:32
307	14	JrM	Charlie Parks, 14, Cedar Rapids, IA	37:27	7:32
308	38	M40	Jerry Slocum, 44, North Liberty, IA	37:28	7:32
69	7	W30	Karen Davison, 30*, Coralville, IA	37:28	7:32
309	39	M40	Kevin Ruzicka, 42, Swisher, IA	37:30	7:33
310	40	M40	Wayne Boddicker, 40, Robins, IA	37:34	7:33
311	34	M25	Daren Schumaker, 26, Cedar Rapids, IA	37:35	7:34
312	31	M35	Brad Loney, 39, Overland Park, KS	37:36	7:34
70	13	W20	Darby Hollinrake, 23*, Brooklyn, NY	37:37	7:34
71	8	W30	Kristin McKinley, 34*, Appleton, WI	37:40	7:35
313	41	M40	Dennis Lee, 41, Walford, IA	37:41	7:35
314	46	M16	Ryan Marling, 16, Cedar Rapids, IA	37:41	7:35
315	35	M25	David Moyes, 29, Coralville, IA	37:42	7:35
72	7	W25	Liz Craig, 25*, Iowa City, IA	37:43	7:35
73	4	W45	Christina Becker, 46*, Watkins, IA	37:44	7:35
316	36	M25	Brandon Trigger, 29, Iowa City, IA	37:45	7:36
317	26	M30	Scott Ziehr, 32, Iowa City, IA	37:46	7:36
318	37	M25	Shaun Cassells, 28, Cedar Rapids, IA	37:47	7:36
319	27	M30	Michael Jandik, 32, Cedar Rapids, IA	37:48	7:36
320	32	M35	Michael Reardon, 35, Cedar Rapids, IA	37:48	7:36
74	9	W30	Stacy Huber, 30*, Hiawatha, IA	37:48	7:36
321	33	M35	Keith Neubauer, 36, Swisher, IA	37:49	7:36
75	14	W20	Whitney Lang, 22*, Cedar Rapids, IA	37:49	7:36
76	2	JrW	Cassidy White, 15*, West Branch, IA	37:50	7:37
322	42	M40	Brad Thomason, 42, Marion, IA	37:50	7:37
77	15	W20	Gina Thomas, 24*, Belle Plaine, IA	37:51	7:37
323	30	M45	Steve Oglesby, 48, Cedar Rapids, IA	37:52	7:37
324	28	M30	Aaron Williams, 30, Cedar Rapids, IA	37:56	7:38
325	20	M50	Kevin Visser, 50, Cedar Rapids, IA	37:58	7:38
326	29	M30	Jeff Hartwig, 32, Marion, IA	37:59	7:38
78	8	W25	Denise Miller, 27*, Hiawatha, IA	38:01	7:39
327	31	M45	Kevin Costigan, 47, Cedar Rapids, IA	38:01	7:39
328	38	M25	Caleb Plumb, 28, Cedar Rapids, IA	38:01	7:39
79	10	W30	Daniela Williams, 30*, North Liberty, IA	38:04	7:39
80	5	W45	Jeanine Penticoff, 45*, Cedar Rapids, IA	38:05	7:40
329	15	JrM	Sean Kenel, 14, Cedar Rapids, IA	38:05	7:40
330	21	M50	Neal Scharmer, 50, Cedar Rapids, IA	38:10	7:41
331	22	M50	Harlan Gillespie, 53, Cedar Rapids, IA	38:11	7:41
332	10	M55	Mark Ramsey, 56, Cedar Rapids, IA	38:11	7:41
333	47	M16	Ben Peiffer, 19, Cedar Rapids, IA	38:12	7:41
334	34	M35	Daniel Gerwin, 38, Iowa City, IA	38:13	7:41
335	43	M40	Christopher Steinberg, 42, Marion, IA	38:13	7:41
81	6	W16	Emily Lydon, 19*, Cedar Rapids, IA	38:14	7:41
82	16	W20	Elaina Mertens, 21*, Cedar Rapids, IA	38:14	7:42
83	3	JrW	Annie Hills, 15*, Swisher, IA	38:14	7:42
84	9	W25	Jen Rife, 26*, Cedar Rapids, IA	38:15	7:42
336	35	M35	Marek Wiatr, 37, Independence, IA	38:15	7:42
337	16	JrM	Casey Fagan, 14, Cedar Rapids, IA	38:16	7:42
338	44	M40	Paul Hills, 44, Swisher, IA	38:16	7:42
339	36	M35	Michael Murphy, 36, Solon, IA	38:17	7:42
340	32	M45	Jeff Madsen, 45, Cedar Rapids, IA	38:17	7:42
341	37	M35	Jeff Erickson, 37, Cedar Rapids, IA	38:19	7:43
342	48	M16	Josh Lagrange, 17, Cedar Rapids, IA	38:20	7:43
85	7	W16	Shelia Bhardwaj, 18*, Kirksville, MO	38:21	7:43
343	34	M20	Austin Meeks, 20, Marion, IA	38:22	7:43

344	33	M45 Keith Kenel, 46, Cedar Rapids, IA	38:23	7:43
86	8	W16 Katie Priske, 16*, Eldora, IA	38:24	7:44
345	35	M20 Dan Fagan, 21, Cedar Rapids, IA	38:27	7:44
346	34	M45 Jeff Pick, 45, Cedar Rapids, IA	38:30	7:45
347	38	M35 Brian Fagan, 35, Cedar Rapids, IA	38:30	7:45
348	45	M40 Saul Herrera, 40, Marion, IA	38:30	7:45
87	9	W16 Emily Funk, 19*, Iowa City, IA	38:30	7:45
349	39	M35 William Croghan, 39, Center Point, IA	38:30	7:45
350	36	M20 Zachary Taron, 22, Coralville, IA	38:31	7:45
351	30	M30 Matthew Hatcher, 33, Cedar Rapids, IA	38:31	7:45
352	35	M45 Brian Wiebke, 47, Marion, IA	38:31	7:45
88	8	W40 Rita Taylor-Stewart, 40*, North Liberty, IA	38:31	7:45
89	17	W20 Whitney Mitvalsky, 22*, Cedar Rapids, IA	38:31	7:45
353	36	M45 Mike Tiernan, 48, Marion, IA	38:34	7:46
354	31	M30 Kirk Meyer, 31, Cedar Rapids, IA	38:37	7:46
355	39	M25 Ryan Pilling, 25, Mt Pleasant, IA	38:39	7:47
356	17	JrM Colin Brown, 14, Cedar Rapids, IA	38:40	7:47
357	40	M35 David Hicks, 35, Iowa City, IA	38:43	7:47
358	46	M40 Leonard Strand, 41, Cedar Rapids, IA	38:44	7:47
90	10	W16 Melissa Miller, 16*, Tipton, IA	38:44	7:48
359	41	M35 Jim Haley, 35, Iowa City, IA	38:45	7:48
91	9	W40 Sara Todd, 44*, Cedar Rapids, IA	38:46	7:48
360	37	M20 Robby Marvin, 23, Cedar Rapids, IA	38:47	7:48
92	11	W30 Angie McCormick, 30*, Palo, IA	38:48	7:48
93	11	W16 Emilie Reeves, 18*, Marion, IA	38:48	7:48
361	49	M16 Joe Kmetz, 17, Hiawatha, IA	38:48	7:48
362	47	M40 Bradd Brown, 42, Cedar Rapids, IA	38:49	7:48
94	18	W20 Kelly Baustian, 23*, Boulder, CO	38:49	7:49
95	7	W35 Allison Noonan, 39*, Cedar Rapids, IA	38:50	7:49
96	12	W30 Tonya Miller, 34*, Solon, IA	38:51	7:49
363	11	M55 David Gee, 56, Cedar Rapids, IA	38:51	7:49
364	40	M25 Matt Messerli, 25, Coralville, IA	38:52	7:49
365	23	M50 James Craig, 50, Cedar Rapids, IA	38:53	7:49
366	50	M16 Shawn Keating, 19, Marion, IA	38:54	7:50
367	41	M25 Troy Rand, 29, Waterloo, IA	38:57	7:50
368	24	M50 John Nollsch, 50, Cedar Rapids, IA	38:59	7:51
97	10	W40 Donna Herring, 44*, Lisbon, IA	39:00	7:51
369	38	M20 Adam Oberhaus, 23, Cedar Rapids, IA	39:01	7:51
370	32	M30 Brian Peck, 30, Cedar Rapids, IA	39:03	7:51
98	13	W30 Deidre Nims, 31*, Cedar Rapids, IA	39:04	7:51
371	25	M50 Jay Wiebold, 50, Cedar Rapids, IA	39:08	7:52
99	11	W40 Kelli Slocum, 40*, North Liberty, IA	39:08	7:52
372	12	M55 Steve Lanich, 56, Marion, IA	39:09	7:52
373	48	M40 Tom Whitten, 40, Hiawatha, IA	39:10	7:53
100	8	W35 Andrea Shriver, 36*, Cedar Rapids, IA	39:10	7:53
101	19	W20 Heather Collum, 21*, Welton, IA	39:14	7:53
374	49	M40 Mark Chipokas, 43, Cedar Rapids, IA	39:14	7:54
102	20	W20 Ashley Hartekemeyer, 23*, Cedar Rapids, IA	39:15	7:54
375	39	M20 Pete Messerli, 22, Marion, IA	39:16	7:54
376	18	JrM Joel Northrup, 12, Marion, IA	39:17	7:54
377	42	M35 Steve Feldmann, 39, Iowa City, IA	39:19	7:55
378	50	M40 Jim Rohling, 44, Cedar Rapids, IA	39:21	7:55
379	40	M20 Tyson King, 20, Marion, IA	39:21	7:55
380	41	M20 Bryce Forst, 20, Dewitt, IA	39:22	7:55
381	51	M40 Monte Priske, 43, Eldora, IA	39:23	7:55
382	26	M50 Jim Wilson, 50, Marion, IA	39:23	7:55
383	43	M35 Brian Neuroahr, 37, Cedar Rapids, IA	39:23	7:55
103	10	W25 Cassy Townsley, 25*, Cedar Rapids, IA	39:24	7:56
104	9	W35 Rocky Chipokas, 37*, Cedar Rapids, IA	39:24	7:56
105	14	W30 Linnae Hartwig, 30*, Marion, IA	39:25	7:56
106	2	W50 Sharon Hollinrake, 50*, Marion, IA	39:26	7:56
384	13	M55 Lee Bendull, 58, Vinton, IA	39:27	7:56
385	33	M30 Michael Hicks, 34, Marion, IA	39:29	7:56
386	27	M50 Tony Kennicott, 50, Orlando, FL	39:29	7:57
387	52	M40 Bart Woods, 44, Cedar Rapids, IA	39:31	7:57



388	19	JrM Corbin Beastro, 15, Cedar Rapids, IA	39:31	7:57
107	1	W55 Mary Collins, 55*, Robins, IA	39:32	7:57
389	44	M35 Brian Long, 38, Cedar Rapids, IA	39:33	7:57
390	34	M30 Ethan Guca, 32, Iowa City, IA	39:35	7:58
391	53	M40 Chuck Hardin, 40, Cedar Rapids, IA	39:36	7:58
392	54	M40 Blair Stephens, 41, Cedar Rapids, IA	39:36	7:58
393	37	M45 Dave Schreck, 45, Cedar Rapids, IA	39:37	7:58
108	12	W16 Keri Schaefer, 18*, Cedar Rapids, IA	39:37	7:58
394	35	M30 Troy Smith, 33, Cedar Rapids, IA	39:38	7:58
395	38	M45 Kary Miller, 49, Cedar Rapids, IA	39:38	7:58
109	15	W30 Cynthia Severs, 30*, North Liberty, IA	39:38	7:58
110	21	W20 Carman White, 24*, Cedar Rapids, IA	39:39	7:58
396	55	M40 Pat McAllister, 44, Cedar Rapids, IA	39:39	7:59
397	42	M20 Dustin Mallie, 24, Ankeny, IA	39:39	7:59
398	39	M45 Martin Standley, 49, Marion, IA	39:40	7:59
111	16	W30 Kathy Mellen, 34*, Coralville, IA	39:40	7:59
112	17	W30 Kathy Miller, 30*, Davenport, IA	39:40	7:59
113	22	W20 Allison Sole, 20*, Cedar Rapids, IA	39:41	7:59
114	10	W35 Annette Lorenz, 36*, Cedar Rapids, IA	39:42	7:59
115	6	W45 Debbie Carrico, 48*, Mt Vernon, IA	39:42	7:59
399	56	M40 Greg Bodeker, 41, Cedar Rapids, IA	39:43	7:59

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116	13	W16 Molly Deprenger, 17*, Iowa City, IA	39:44	8:00
400	40	M45 Kevin Steele, 45, Lisbon, IA	39:45	8:00
401	45	M35 Kevin Miller, 36, Solon, IA	39:45	8:00
402	41	M45 Bob Hanson, 49, Cedar Rapids, IA	39:46	8:00
117	11	W35 Diana Croghan, 38*, Center Point, IA	39:46	8:00
403	6	M60 Jim Cottingham, 63, West Branch, IA	39:47	8:00
404	42	M25 Christopher Fry, 28, Dubuque, IA	39:47	8:00
405	36	M30 Daniel Dietrich, 30, Marion, IA	39:47	8:00
406	46	M35 Joseph Bails, 35, Mahomet, IL	39:48	8:00
118	2	W55 Claudia Scott, 56*, Marion, IA	39:49	8:01
407	43	M25 Robert Lancaster, 27, Cedar Rapids, IA	39:50	8:01
408	14	M55 Patrick Courtney, 57, Cedar Rapids, IA	39:50	8:01
409	47	M35 Brian Miller, 35, Solon, IA	39:54	8:02
410	48	M35 Bill Higgins, 38, Marion, IA	39:54	8:02
411	28	M50 Daniel Gee, 50, Cedar Rapids, IA	39:54	8:02
412	42	M45 Stephen McCoy, 48, Cedar Rapids, IA	39:55	8:02
413	37	M30 Curt Miller, 33, Solon, IA	39:55	8:02
414	29	M50 Rich Block, 52, Cedar Rapids, IA	39:56	8:02
119	18	W30 Heidi Anhalt, 30*, Cedar Rapids, IA	39:56	8:02
120	12	W40 Karen Knight, 43*, Hiawatha, IA	39:57	8:02
415	30	M50 Jim Sines, 50, Cedar Rapids, IA	39:57	8:02
416	31	M50 Tom Wieseler, 54, Mount Vernon, IA	39:59	8:03
417	44	M25 Denton Desotel, 27, Cedar Rapids, IA	40:00	8:03
418	32	M50 Jon Hajek, 53, Marion, IA	40:00	8:03
419	57	M40 Kenneth Schwartzlow, 42, Sparta, WI	40:00	8:03
121	13	W40 Stacy McDowell, 44*, Cedar Rapids, IA	40:01	8:03
420	58	M40 Delane Wolter, 40, Palo, IA	40:02	8:03
421	43	M45 Brian Long, 46, Robins, IA	40:02	8:03
422	33	M50 Randy Davison, 53, Cedar Rapids, IA	40:02	8:03
423	34	M50 Mark Franke, 52, Cedar Rapids, IA	40:03	8:03
424	59	M40 Dan Breitbach, 40, Cedar Rapids, IA	40:04	8:04
122	3	W55 Carol Kirsch, 55*, Iowa City, IA	40:05	8:04
425	44	M45 Daniel Reed, 46, Edina, MN	40:05	8:04
426	60	M40 Kevin Schoner, 41, Cedar Rapids, IA	40:06	8:04
427	15	M55 Fred Koontz, 59, Cedar Rapids, IA	40:06	8:04
428	45	M25 Craig Brown, 27, Marion, IA	40:06	8:04
429	46	M25 Michael Brown, 28, Cedar Rapids, IA	40:07	8:04
430	49	M35 Chris Fischer, 38, Cedar Rapids, IA	40:08	8:04
123	12	W35 Kristie Middendorf, 36*, Cedar Rapids, IA	40:08	8:04
431	50	M35 Wes Bruns, 39, Cedar Rapids, IA	40:09	8:05
432	45	M45 Thomas Bark, 49, Marion, IA	40:10	8:05
124	11	W25 Caitlin Siessor, 26*, Cedar Rapids, IA	40:11	8:05

433	46	M45 Ted Olson, 47, Hiawatha, IA	40:12	8:05
434	47	M25 Matthew Hayes, 29, Fairfax, IA	40:13	8:05
125	14	W40 Linda Schwartzlow, 44*, Sparta, WI	40:14	8:06
126	15	W40 Karen Knox, 41*, Cedar Rapids, IA	40:14	8:06
435	43	M20 Zach Paulson, 24, Cedar Rapids, IA	40:15	8:06
127	13	W35 Theresa L Johnson, 37*, Denver, IA	40:16	8:06
436	35	M50 Craig Schulte, 54, Cedar Rapids, IA	40:17	8:06
128	7	W45 Allison Heffern, 47*, Cedar Rapids, IA	40:17	8:06
437	48	M25 Tom Menke, 26, Iowa City, IA	40:18	8:06
438	16	M55 Robert McDonald, 56, Coal Valley, IL	40:19	8:07
129	3	W50 Lynn Dennis, 52*, Cedar Rapids, IA	40:19	8:07
439	61	M40 Scott Riesenber, 41, Marion, IA	40:20	8:07
440	20	JrM Matthew Wittman, 13, Cedar Rapids, IA	40:20	8:07
130	14	W35 Julie Becker, 39*, Cedar Rapids, IA	40:21	8:07
131	12	W25 Bethany Heidemann, 25*, Marion, IA	40:21	8:07
441	49	M25 Jeremy Heidemann, 27, Marion, IA	40:23	8:07
132	13	W25 Crystal Wiseman, 26*, Cedar Rapids, IA	40:24	8:08
442	50	M25 Eric Ransom, 27, Marion, IA	40:27	8:08
443	38	M30 Jarod Young, 32, Cedar Rapids, IA	40:28	8:08
444	51	M35 Brady Buresh, 35, Cedar Rapids, IA	40:29	8:09
445	62	M40 Jimmie Kiwala, 44, West Liberty, IA	40:30	8:09
133	23	W20 Morgan Foley, 21*, Cedar Rapids, IA	40:31	8:09
134	24	W20 Katie Huether, 22*, Cedar Rapids, IA	40:31	8:09
135	19	W30 Keri Christensen, 30*, Marion, IA	40:32	8:09
446	47	M45 Ted Weigandt, 49, Cedar Rapids, IA	40:33	8:09
447	51	M16 Ethan Craig, 16, Cedar Rapids, IA	40:34	8:10
448	44	M20 Brandon Pickup, 23, Cedar Rapids, IA	40:35	8:10
449	48	M45 Dave Vogensen, 47, Cedar Rapids, IA	40:36	8:10
450	49	M45 Paul Johanson, 47, Oxford, IA	40:38	8:11
451	52	M35 Timothy Sagers, 39, Cedar Rapids, IA	40:39	8:11
452	36	M50 Steven L Sisco, 53, Cedar Rapids, IA	40:41	8:11
453	50	M45 Allen Trofholz, 48, Robins, IA	40:42	8:11
454	37	M50 Greg Jobe, 53, Marion, IA	40:43	8:11
136	14	W16 Kelly Nelson, 17*, North Liberty, IA	40:44	8:12
137	16	W40 Jill Jones, 44*, Cedar Rapids, IA	40:45	8:12
455	38	M50 Brad Jenewein, 54, Center Point, IA	40:46	8:12
138	4	W50 Sharon Robertson, 50*, Alburnett, IA	40:46	8:12
456	39	M30 Aaron Pata, 34, Marion, IA	40:47	8:12
457	51	M45 Scott A Ransom, 48, Cedar Rapids, IA	40:47	8:12
458	63	M40 Michael Mullen, 40, Prague, CZ	40:48	8:12
459	40	M30 Benjamin Hanson, 32, Cedar Rapids, IA	40:49	8:13
460	52	M45 Dave Klinsky, 48, Cedar Rapids, IA	40:49	8:13
139	15	W16 Meaghan Nelson, 17*, Cedar Rapids, IA	40:50	8:13
461	45	M20 Craig Poppe, 23, Cedar Rapids, IA	40:50	8:13
140	16	W16 Megan Penticoff, 17*, Cedar Rapids, IA	40:50	8:13
141	17	W16 Emily Zipperer, 18*, Cedar Rapids, IA	40:51	8:13
462	41	M30 John Eikenberry, 30, Center Point, IA	40:51	8:13
463	64	M40 Peter Bahl, 44, Lisbon, IA	40:53	8:13
464	17	M55 David Carney, 56, Cedar Rapids, IA	40:54	8:14
142	15	W35 Ann Martins, 36*, Marion, IA	40:54	8:14
465	53	M45 Matthew Carrico, 49, Mt Vernon, IA	40:56	8:14
466	51	M25 Andrew Crooks, 25, Iowa City, IA	40:56	8:14
467	53	M35 Jeff Allen, 36, Coralville, IA	40:57	8:14
468	54	M45 David Nelson, 45, North Liberty, IA	40:58	8:14
143	25	W20 Kathryn Walker, 22*, Coralville, IA	40:58	8:15
144	5	W50 Evelia Hauck, 52*, Coralville, IA	40:59	8:15
469	52	M25 Matthew Winger, 28, Cedar Rapids, IA	41:00	8:15
470	39	M50 Steven Kimm, 51, Norway, IA	41:00	8:15
471	54	M35 Shawn Steffen, 37, Atkins, IA	41:00	8:15
472	46	M20 Cyrus Payvandi, 22, Cedar Rapids, IA	41:01	8:15
473	18	M55 Kent Mattison, 55, Cedar Rapids, IA	41:08	8:17
474	53	M25 Jeffrey Blank, 27, Cedar Rapids, IA	41:10	8:17
475	54	M25 Tyler Kruse, 29, Iowa City, IA	41:10	8:17
145	14	W25 Lucinda Harris, 25*, Shellsburg, IA	41:11	8:17
476	65	M40 Eric Mueller, 42, Cedar Rapids, IA	41:12	8:17

146	16	W35 Jennifer Moore, 35*, Cedar Rapids, IA	41:13	8:17
477	2	M65 Jerry Elsea, 67, Cedar Rapids, IA	41:13	8:18
478	55	M35 Chris Bendull, 37, Vinton, IA	41:17	8:18
479	40	M50 Randy King, 54, Marion, IA	41:17	8:18
480	56	M35 Del Lagrange, 37, Cedar Rapids, IA	41:18	8:19
147	18	W16 Jillian Faaborg, 18*, Cedar Rapids, IA	41:19	8:19
148	20	W30 Amy Reuscher, 30*, Cedar Falls, IA	41:20	8:19
481	47	M20 Eric Freese, 20, Cedar Rapids, IA	41:20	8:19
482	55	M45 Dave Beastrom, 47, Cedar Rapids, IA	41:21	8:19
483	57	M35 Jeff Hughes, 37, Germany	41:21	8:19
484	55	M25 Rob Myers, 25, Cedar Rapids, IA	41:22	8:19
485	56	M45 Tom Jacobi, 45, Howell, MI	41:24	8:20
149	26	W20 Crystal Raiber, 24*, Iowa City, IA	41:24	8:20
150	8	W45 Brenda Feddersen, 48*, Bettendorf, IA	41:25	8:20
151	27	W20 Emily Jordison, 23*, Iowa City, IA	41:25	8:20
486	7	M60 Jim Berger, 62, Cedar Rapids, IA	41:26	8:20
152	19	W16 Alex Kennedy, 18*, Hiawatha, IA	41:27	8:20
487	19	M55 Neil Swanson, 56, Palo, IA	41:28	8:21
153	9	W45 Denise Whiting, 48*, Iowa City, IA	41:29	8:21
488	48	M20 Mike Miller, 24, Lone Tree, IA	41:32	8:21
489	58	M35 Erich Hoffmeier, 36, Cedar Rapids, IA	41:32	8:21
154	17	W40 Amy Homan, 40*, Cedar Rapids, IA	41:33	8:22
490	59	M35 Rob Pollitt, 35, Cedar Rapids, IA	41:33	8:22
155	17	W35 Ginny Buresh, 35*, Iowa City, IA	41:34	8:22
491	42	M30 Eric Helms, 34, Swisher, IA	41:37	8:22
492	66	M40 Mark Lewis, 42, Cedar Rapids, IA	41:37	8:22
493	60	M35 Mike Roltgen, 38, Fairfax, IA	41:39	8:23
156	21	W30 Erica Leidtke, 32*, Urbana, IA	41:40	8:23
157	18	W40 Julie Wittman, 44*, Cedar Rapids, IA	41:41	8:23
494	57	M45 James Schnoebelen, 47, Cedar Rapids, IA	41:42	8:23
495	21	JrM Michael Streit, 14, Bettendorf, IA	41:42	8:23
496	20	M55 John Lang, 55, Waterloo, IA	41:43	8:24
158	19	W40 Donna Bagge, 44*, Cedar Rapids, IA	41:48	8:25
159	28	W20 Piper Twachtmann, 20*, Marion, IA	41:48	8:25
497	67	M40 David Rubsam, 42, Cedar Rapids, IA	41:49	8:25
498	21	M55 Al Kacere, 59, Marion, IA	41:50	8:25
160	29	W20 Jaime Williams, 21*, Iowa City, IA	41:50	8:25
499	68	M40 Ed Luebe, 44, Cedar Rapids, IA	41:50	8:25
500	56	M25 Steve Madura, 29, Iowa City, IA	41:51	8:25
501	43	M30 Steve Beary, 32, Cedar Rapids, IA	41:51	8:25
161	10	W45 Mary Keane, 47*, Cedar Rapids, IA	41:52	8:25
502	61	M35 Rob Kasper, 35, Cedar Rapids, IA	41:52	8:25
162	30	W20 Rebecca Turner, 24*, Marshalltown, IA	41:53	8:25
503	57	M25 Ben Horton, 25, Iowa City, IA	41:56	8:26
163	15	W25 Christina Djerf, 28*, Cedar Rapids, IA	41:58	8:27
164	11	W45 Sarah Rodewald, 45*, Cedar Rapids, IA	41:58	8:27
165	16	W25 Cassie Mitvalsky, 25*, Cedar Rapids, IA	41:58	8:27
504	58	M25 Michael Langfald, 25, Marion, IA	41:59	8:27
505	49	M20 Jeffrey Bendull, 24, Cedar Rapids, IA	42:00	8:27
506	58	M45 Tim Zipperer, 47, Cedar Rapids, IA	42:00	8:27
507	50	M20 Bryce Packer, 24, Iowa City, IA	42:01	8:27
166	12	W45 Nancy A. Whitcanack, 45*, Coal Valley, IL	42:01	8:27
508	62	M35 Chris Roberts, 37, Des Moines, IA	42:02	8:27
509	44	M30 Mark Miller, 30, Solon, IA	42:05	8:28
167	22	W30 Karen Daubs, 32*, Marion, IA	42:07	8:28
510	69	M40 Phillip Huber, 44, Cedar Rapids, IA	42:08	8:29
168	18	W35 Tami Skriver, 35*, Walford, IA	42:09	8:29
511	63	M35 Steve Sartori, 37, Pella, IA	42:10	8:29
169	6	W50 Pamela Wood, 52*, Janesville, IA	42:14	8:30
512	1	M70 Tom Novak, 74, Cedar Rapids, IA	42:15	8:30
170	19	W35 Sonja Krob, 36*, Lisbon, IA	42:15	8:30
513	22	JrM Samuel Krause, 14, Cedar Rapids, IA	42:16	8:30
514	59	M45 Rick Swan, 46, Cedar Rapids, IA	42:19	8:31
515	8	M60 Steve Thomas, 60, Cedar Rapids, IA	42:19	8:31
171	20	W40 Lynda Cook, 40*, Cedar Rapids, IA	42:20	8:31

516	60	M45 Hal Hartke, 48, Cedar Rapids, IA	42:20	8:31
172	23	W30 Shea McMann, 31*, Robins, IA	42:21	8:31
517	64	M35 Chris McMann, 37, Robins, IA	42:21	8:31
173	20	W35 Amy Kintzle, 36*, Urbandale, IA	42:22	8:31
518	70	M40 Doug Kintzle, 42, Urbandale, IA	42:22	8:31
519	65	M35 Casey Smith, 35, West Des Moines, IA	42:24	8:32
520	45	M30 Jaye Heater, 34, Marion, IA	42:24	8:32
521	71	M40 Jay Honohan, 42, Iowa City, IA	42:25	8:32
174	24	W30 Janet Seay, 31*, Marion, IA	42:27	8:32
175	7	W50 Kabela-Coates, 50*, Cedar Rapids, IA	42:28	8:33
522	61	M45 Paul D Hansen, 45, Cedar Rapids, IA	42:30	8:33
176	21	W35 Natalie Hempy, 36*, North Liberty, IA	42:30	8:33
177	17	W25 Becky Aman, 29*, Iowa City, IA	42:31	8:33
523	9	M60 Ken Jans, 62, Ely, IA	42:31	8:33
524	66	M35 Dean Chiafos, 37, Center Point, IA	42:31	8:33
525	72	M40 Tom Blazek, 41, Cedar Rapids, IA	42:32	8:33
526	62	M45 Tom Satern, 47, Hiawatha, IA	42:33	8:34
178	21	W40 Traci Yamane, 40*, Cedar Rapids, IA	42:35	8:34
179	18	W25 Tressa Walton, 29*, Vinton, IA	42:36	8:34
180	19	W25 Norris, 27*, Coralville, IA	42:37	8:34
181	20	W16 Ashley Koch, 17*, Cedar Rapids, IA	42:38	8:35
527	59	M25 Any Alt, 29, Ames, IA	42:38	8:35
182	25	W30 Mariah Hurley, 30*, Cedar Rapids, IA	42:39	8:35
183	26	W30 Debbie White, 34*, Robins, IA	42:39	8:35
184	22	W35 Kori Cusick, 37*, Iowa City, IA	42:41	8:35
185	27	W30 Tanya Matthews, 32*, Cedar Rapids, IA	42:41	8:35
528	41	M50 Phil Brade, 50, West Liberty, IA	42:41	8:35
529	73	M40 Gregory Wild, 43, Marion, IA	42:42	8:35
530	46	M30 Jace Bisgard, 30, North Liberty, IA	42:42	8:35
186	31	W20 Erin Bone, 22*, Monticello, IA	42:43	8:36
187	23	W35 Tammy Fox, 39*, Cedar Rapids, IA	42:45	8:36
531	67	M35 David Parker, 36, Cedar Rapids, IA	42:46	8:36
188	20	W25 Heather Saldivar, 25*, Cedar Rapids, IA	42:47	8:36
532	74	M40 Bruce Ellis, 44, Cedar Rapids, IA	42:48	8:37
533	42	M50 Mark Krause, 50, Cedar Rapids, IA	42:49	8:37
534	68	M35 Matthew Droucke, 39, Cedar Rapids, IA	42:50	8:37
535	69	M35 Matt Shaffer, 39, Cedar Rapids, IA	42:51	8:37
189	22	W40 Sharon Anderson, 40*, Cedar Rapids, IA	42:52	8:37
190	28	W30 Mary Koch, 30*, Cedar Falls, IA	42:53	8:38
191	8	W50 Jill Caldwell, 51*, Hiawatha, IA	42:53	8:38
192	21	W25 Madelain Jerousek-Smith, 28*, Iowa City, IA	42:53	8:38
536	63	M45 Doug Castek, 45, Hiawatha, IA	42:53	8:38
537	70	M35 Matthew Engelbert, 37, Coralville, IA	42:54	8:38
193	4	JrW Katharine Manders, 15*, Cedar Rapids, IA	42:55	8:38
538	23	JrM Paul Hale, 13, Cedar Rapids, IA	42:55	8:38
539	47	M30 Tory Meiborg, 32, Cedar Rapids, IA	42:55	8:38
194	24	W35 Kim Fall, 36*, Lisbon, IA	42:56	8:38
195	22	W25 Michaela Coyle, 28*, Cedar Rapids, IA	42:56	8:38
196	25	W35 Sherry Kramer, 36*, Cedar Rapids, IA	42:57	8:38
540	52	M16 Eddie Kirsch, 19, Iowa City, IA	42:57	8:38
197	29	W30 Tina Oberbroeckling, 34*, Robins, IA	42:57	8:39
198	13	W45 Ferron Coutentos, 46*, Cedar Rapids, IA	42:58	8:39
199	21	W16 Whitley Allard, 18*, Cedar Rapids, IA	42:59	8:39
200	26	W35 Lori Gaster, 37*, Walford, IA	42:59	8:39
201	27	W35 Paula Tovar, 39*, Elk Run Heights, IA	43:00	8:39
202	22	W16 Lindsay Erger, 19*, Cedar Rapids, IA	43:00	8:39
203	4	W55 Mary Campbell, 59*, Cedar Rapids, IA	43:01	8:39
204	5	JrW Hannah Schneekloth, 15*, Cedar Rapids, IA	43:02	8:39
541	43	M50 Bob Bang, 54, Coralville, IA	43:02	8:39
542	60	M25 Elias Jones, 28, Marion, IA	43:02	8:39
543	64	M45 Martin Robinson, 49, Cedar Rapids, IA	43:04	8:40
544	75	M40 John Hebrink, 40, Cedar Rapids, IA	43:06	8:40
545	22	M55 Bill Roudabush, 59, Cedar Rapids, IA	43:06	8:40
546	71	M35 Brian Gallagher, 37, Cedar Rapids, IA	43:06	8:40
547	72	M35 Larry Kram, 39, Cedar Rapids, IA	43:07	8:40

548	76	M40	Jim Nemitz, 42, Toddville, IA	43:11	8:41
205	28	W35	Kimberly McGuire, 35*, Marion, IA	43:12	8:41
549	77	M40	Brian Wells, 42, Atkins, IA	43:14	8:42
206	6	JrW	Rachel Brant, 15*, Newhall, IA	43:16	8:42
550	65	M45	Mark Elias, 49, Cedar Rapids, IA	43:16	8:42
207	30	W30	Jennifer Cira-Debban, 31*, Hiawatha, IA	43:18	8:43
551	66	M45	Alan Erger, 46, Cedar Rapids, IA	43:19	8:43
208	23	W40	Laura Amsler, 43*, Des Moines, IA	43:20	8:43
552	67	M45	Thomas Poduska, 46, Mechanicsville, IA	43:20	8:43
553	48	M30	Sutherland Junge, 33, Cedar Rapids, IA	43:22	8:43
209	14	W45	Deanna Haddy, 47*, Cedar Rapids, IA	43:22	8:43
554	23	M55	Mark Watson, 56, Cedar Rapids, IA	43:25	8:44
555	61	M25	Josh Brodeur, 26, Cedar Rapids, IA	43:25	8:44
556	44	M50	Kevin Fox, 52, Cedar Rapids, IA	43:26	8:44
557	78	M40	Joe Kirby, 42, Cedar Rapids, IA	43:26	8:44
210	15	W45	Patricia Kenel, 46*, Cedar Rapids, IA	43:27	8:45
211	9	W50	Bonnie Engelstad, 54*, West Branch, IA	43:29	8:45
558	49	M30	Joseph Grissel, 34, Cedar Rapids, IA	43:29	8:45
212	31	W30	Beth Pruessner, 31*, Cedar Rapids, IA	43:29	8:45
559	50	M30	Matthew Putman, 31, Cedar Rapids, IA	43:30	8:45
560	68	M45	Dan Lowe, 49, Cedar Rapids, IA	43:30	8:45
561	79	M40	Chris Usher, 43, Marion, IA	43:30	8:45
213	23	W16	Sarah Kleiman, 17*, Cedar Rapids, IA	43:31	8:45
214	29	W35	Jennie McQueen, 39*, North Liberty, IA	43:31	8:45
215	30	W35	Bridget Malake, 36*, Marion, IA	43:32	8:45
562	53	M16	Joseph Brandt, 17, Cedar Rapids, IA	43:32	8:45
216	31	W35	Tami Steffen, 38*, Atkins, IA	43:33	8:46
563	24	JrM	Mitchell Anderson, 13, Cedar Rapids, IA	43:34	8:46
564	25	JrM	Brady Anderson, 11, Cedar Rapids, IA	43:34	8:46
217	32	W30	Lori Winborn, 33*, Swisher, IA	43:35	8:46
565	24	M55	Jerry Mays, 59, Marion, IA	43:36	8:46
566	51	M30	Ben Winborn, 32, Swisher, IA	43:36	8:46
567	26	JrM	Brady Bisgard, 13, Marion, IA	43:37	8:46
568	73	M35	Ron Hellweg, 39, Cedar Rapids, IA	43:37	8:46
569	62	M25	Nic Schultz, 27, Marion, IA	43:37	8:47
570	80	M40	Chris Jeffrey, 43, Iowa City, IA	43:38	8:47
218	23	W25	Sena Pratt, 27*, Cedar Rapids, IA	43:39	8:47
571	52	M30	Sean Williams, 34, Cedar Rapids, IA	43:42	8:48
219	33	W30	Tina Bean, 34*, Cedar Rapids, IA	43:43	8:48
572	25	M55	Steven Ovel, 59, Cedar Rapids, IA	43:44	8:48
220	16	W45	Ruth McGowan, 47*, Solon, IA	43:46	8:48
573	26	M55	Rick Miller, 55, Cedar Falls, IA	43:48	8:49
221	34	W30	Molly Newhouse, 33*, Cedar Rapids, IA	43:49	8:49
222	35	W30	Amanda Freese, 33*, Cedar Rapids, IA	43:50	8:49
574	81	M40	Todd Twachtmann, 42, Marion, IA	43:50	8:49
575	51	M20	Brian Schenkelberg, 23, West Des Moines, IA	43:52	8:49
576	52	M20	Jordan Immerfall, 24, Iowa City, IA	43:53	8:50
577	82	M40	Greg Ortmann, 42, Cedar Rapids, IA	43:53	8:50
578	83	M40	Karl Laubengayer, 43, Robins, IA	43:54	8:50
223	36	W30	Gina Stewart, 31*, Central City, IA	43:55	8:50
579	84	M40	Gary Benda, 40, North Liberty, IA	43:55	8:50
224	17	W45	Joan Deprenger, 45*, Iowa City, IA	43:55	8:50
580	27	M55	Dick Morrison, 58, Cedar Rapids, IA	43:56	8:50
581	53	M20	Jonathan Taylor, 22, Marion, IA	43:57	8:50
582	54	M20	Mike Gearhart, 23, Marietta, GA	43:57	8:50
225	32	W35	Susan Foster, 36*, Cedar Rapids, IA	43:57	8:50
583	85	M40	Lance Keith, 41, Solon, IA	43:57	8:51
584	74	M35	Matt Welsh, 35, Robins, IA	43:58	8:51
226	24	W40	Maureen Lee, 41*, Cedar Rapids, IA	43:58	8:51
227	25	W40	Regina Randall, 43*, Solon, IA	44:01	8:51
228	33	W35	Heidi Roach, 39*, Iowa City, IA	44:01	8:51
585	86	M40	Randy Scheel, 42, Garrison, IA	44:03	8:52
229	26	W40	Susan Twachtmann, 42*, Marion, IA	44:03	8:52
586	75	M35	Robert Schmit, 39, Cedar Rapids, IA	44:03	8:52
587	10	M60	Michael J Carr, 63, Cedar Rapids, IA	44:04	8:52

588	28	M55	Larry Cohn, 56, Springville, IA	44:04	8:52
589	55	M20	Peter Moeller, 24, Cedar Rapids, IA	44:05	8:52
590	87	M40	Edward Meissner, 44, Cedar Rapids, IA	44:05	8:52
591	69	M45	Terry Pizinger, 48, Solon, IA	44:06	8:52
592	53	M30	Michael McGuire, 34, Marion, IA	44:06	8:52
593	76	M35	John Gianforte, 36, Cedar Rapids, IA	44:07	8:53
230	37	W30	Melissa McMullen, 30*, North Liberty, IA	44:08	8:53
594	11	M60	John Stanton, 60, Bernard, IA	44:09	8:53
595	70	M45	Bill Freese, 45, Cedar Rapids, IA	44:10	8:53
596	88	M40	Ray Amsler, 41, Hiawatha, IA	44:12	8:54
597	89	M40	Jeffrey W. Bardell, 42, Cedar Rapids, IA	44:12	8:54
598	45	M50	Jerry Vander Sanden, 50, Cedar Rapids, IA	44:13	8:54
599	71	M45	Leon Mehring, 48, Cedar Rapids, IA	44:13	8:54
600	72	M45	James Holcombe, 47, Marion, IA	44:14	8:54
231	27	W40	Andrea Dryer, 40*, Oelwein, IA	44:15	8:54
601	90	M40	Michael Schueller, 44, Cedar Rapids, IA	44:15	8:54
602	54	M16	Billy Hahn, 19, Norway, IA	44:15	8:54
232	28	W40	Michelle Braughton, 42*, Marion, IA	44:16	8:54
233	10	W50	Trish Prokop, 53*, Cedar Rapids, IA	44:16	8:54
234	29	W40	Holly Deeds, 40*, Atkins, IA	44:16	8:54
603	73	M45	James Beckel, 49, Watkins, IA	44:17	8:55
604	46	M50	Rick Whiteaker, 50, Cedar Rapids, IA	44:18	8:55
235	38	W30	Katie Young, 31*, Cedar Rapids, IA	44:18	8:55
236	34	W35	Jodi England, 36*, Cedar Rapids, IA	44:19	8:55
237	30	W40	Rita Burrell, 44*, Cedar Rapids, IA	44:20	8:55
605	74	M45	Michael Braughton, 45, Marion, IA	44:20	8:55
606	77	M35	Peter M Cole, 36, Cedar Rapids, IA	44:21	8:55
607	12	M60	Dean Wieditz, 64, Vinton, IA	44:24	8:56
608	91	M40	Doug Ropp, 43, Cedar Rapids, IA	44:25	8:56
238	31	W40	Diane Ropp, 40*, Cedar Rapids, IA	44:26	8:56
609	3	M65	William Oakland, 65, Cedar Rapids, IA	44:26	8:56
610	29	M55	Barry Sweet, 57, Cedar Rapids, IA	44:27	8:57
611	92	M40	Klostermann, 42, Lisbon, IA	44:28	8:57
239	24	W25	Aggie Berntsen, 26*, Marion, IA	44:28	8:57
240	25	W25	Mariah Phipps, 28*, Marion, IA	44:28	8:57
241	35	W35	Jennifer Foss, 36*, Cedar Rapids, IA	44:29	8:57
612	78	M35	Brad Smith, 36, Marion, IA	44:29	8:57
242	39	W30	Varina Allpress, 33*, Cedar Rapids, IA	44:32	8:57
613	93	M40	Jr Schemmel, 42, Vinton, IA	44:32	8:58
614	94	M40	Richard Moritz, 42, Cedar Rapids, IA	44:33	8:58
243	36	W35	Ericka Van Hook, 37*, Marion, IA	44:33	8:58
244	40	W30	Melissa Roffey, 32*, Anamosa, IA	44:33	8:58
615	30	M55	John Jr. Watson, 59, Robins, IA	44:33	8:58
245	7	JrW	Emily Wittman, 14*, Cedar Rapids, IA	44:34	8:58
616	95	M40	Todd Brown, 41, Cedar Rapids, IA	44:34	8:58
246	18	W45	Sheryl Weber-Paxton, 49*, Minneapolis, MN	44:36	8:58
247	26	W25	Miranda Spence, 28*, Cedar Rapids, IA	44:36	8:58
617	96	M40	Mark Hamling, 43, Cedar Rapids, IA	44:37	8:59
248	19	W45	Laurie Moritz, 45*, Cedar Rapids, IA	44:38	8:59
249	41	W30	Lisa Wertz, 31*, Milwaukee, WI	44:38	8:59
618	75	M45	Bob Montgomery, 49, Iowa City, IA	44:39	8:59
250	37	W35	Susan Hayes, 37*, Parrish, FL	44:41	8:59
251	8	JrW	Gabrielle Feehan, 13*, N. St. Paul, MN	44:41	8:59
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">Top</a>					
619	76	M45	Doug Thompson, 47, Cedar Rapids, IA	44:44	9:00
620	63	M25	Lance Ernsting, 25, Marion, IA	44:45	9:00
621	79	M35	John Leslein, 35, Marion, IA	44:46	9:00
252	27	W25	Sara Sheeley, 26*, Iowa City, IA	44:47	9:01
253	38	W35	Erin Schuessler, 35*, Iowa City, IA	44:48	9:01
622	31	M55	John Becker, 57, Cedar Rapids, IA	44:49	9:01
623	80	M35	Kurt Veenstra, 38, Cedar Rapids, IA	44:49	9:01
254	32	W20	Hilary Johnson, 23*, Marion, IA	44:50	9:01
255	39	W35	Julie Bushman, 37*, Cedar Rapids, IA	44:51	9:01
256	40	W35	Jody Rausch, 38*, Robins, IA	44:54	9:02

624	77	M45	Quang Dhong, 45, Iowa City, IA	44:56	9:02
625	64	M25	Kevin Suhr, 29, Olathe, KS	44:56	9:02
626	54	M30	Paul Bentley, 31, Mount Vernon, IA	44:57	9:03
627	65	M25	David Davenport, 27, Ankeny, IA	44:57	9:03
628	47	M50	T Arnold, 52, Cedar Rapids, IA	44:58	9:03
629	48	M50	Nathan Callahan, 54, Cedar Falls, IA	44:58	9:03
630	81	M35	Brad Stapley, 35, Cedar Rapids, IA	45:00	9:03
631	49	M50	Roy Kottal, 52, Cedar Rapids, IA	45:00	9:03
257	11	W50	Patricia Theisen, 54*, Anamosa, IA	45:01	9:03
258	24	W16	Caitlin Sole, 16*, Cedar Rapids, IA	45:02	9:04
632	66	M25	Jacob Young, 25, Donnellson, IA	45:03	9:04
259	41	W35	Tami Lux, 39*, Cedar Rapids, IA	45:04	9:04
633	50	M50	Edward Silagi, 51, Iowa City, IA	45:05	9:04
260	32	W40	Nadine McNeal, 40*, Shellsburg, IA	45:08	9:05
634	97	M40	Gene Nassif, 43, Cedar Rapids, IA	45:10	9:05
261	33	W20	Katie Deprenger, 21*, Iowa City, IA	45:10	9:05
262	42	W35	Elaine Rudolphi, 37*, Cedar Rapids, IA	45:11	9:05
635	4	M65	Patrick Decarlo, 69, Cedar Rapids, IA	45:12	9:06
263	33	W40	Sandy Prior, 44*, Cedar Rapids, IA	45:13	9:06
264	34	W20	Alyssa Garvin, 24*, West Branch, IA	45:13	9:06
636	67	M25	Patrick Campbell, 28, Iowa City, IA	45:14	9:06
637	82	M35	Brett Proskovec, 38, Hiawatha, IA	45:14	9:06
265	20	W45	Laurie Canady, 49*, Iowa City, IA	45:15	9:06
266	43	W35	Lea Beem, 36*, Cedar Rapids, IA	45:19	9:07
267	21	W45	Teri Sissel, 45*, Cedar Rapids, IA	45:19	9:07
268	22	W45	Dottie Gierut, 49*, Cedar Rapids, IA	45:20	9:07
638	55	M30	Matthew Anderson, 33, Vinton, IA	45:21	9:07
639	51	M50	Michael Weisert, 52, Iowa City, IA	45:21	9:07
640	83	M35	Rod Crosser, 38, Marion, IA	45:21	9:07
641	98	M40	Mark Brown, 43, Cedar Rapids, IA	45:22	9:08
269	44	W35	Vena Nurre, 37*, Fairfax, IA	45:23	9:08
270	45	W35	Chris Day, 37*, Palo, IA	45:24	9:08
271	25	W16	Lauren Glantz, 16*, Cedar Rapids, IA	45:25	9:08
642	84	M35	Rich Mitvalsky, 36, Cedar Rapids, IA	45:26	9:08
272	34	W40	Jackie Brown, 42*, Cedar Rapids, IA	45:26	9:08
643	78	M45	Kevin Rice, 48, Atkins, IA	45:27	9:09
273	35	W40	Lori Rott, 43*, Cedar Rapids, IA	45:27	9:09
274	46	W35	Beth Rose, 39*, Cedar Rapids, IA	45:27	9:09
275	35	W20	Abby Klocke, 20*, Marion, IA	45:27	9:09
276	23	W45	Carol Klocke, 45*, Marion, IA	45:28	9:09
277	42	W30	Shilo Meyer, 33*, Cedar Rapids, IA	45:30	9:09
644	56	M30	Corey Grote, 30, Cedar Rapids, IA	45:31	9:09
645	79	M45	Tom Leaverton, 46, Cedar Rapids, IA	45:32	9:10
646	13	M60	Dennis Rubenow, 63, Cedar Rapids, IA	45:32	9:10
647	32	M55	Steve Farmer, 57, Cedar Rapids, IA	45:32	9:10
648	68	M25	Ryan Brant, 28, Milwaukee, WI	45:33	9:10
278	26	W16	Ann Schnoebelen, 17*, Cedar Rapids, IA	45:34	9:10
649	99	M40	Vernon Squires, 43, Cedar Rapids, IA	45:34	9:10
279	43	W30	Jean Leitheiser, 34*, Williamsburg, IA	45:34	9:10
280	27	W16	Tara Squiers, 19*, Belle Plaine, IA	45:35	9:10
281	44	W30	Miranda Palmer, 30*, West Branch, IA	45:35	9:10
282	45	W30	Leah Fuller, 31*, Marion, IA	45:35	9:10
650	80	M45	David O'Connor, 47, Cedar Rapids, IA	45:36	9:10
283	47	W35	Jill Koch, 39*, Cedar Rapids, IA	45:36	9:10
651	27	JrM	Keegan Cook, 12, Robins, IA	45:36	9:10
652	28	JrM	Max Suttles, 12, Cedar Rapids, IA	45:37	9:11
653	85	M35	Damon Deaton, 39, Cedar Rapids, IA	45:38	9:11
284	12	W50	Kath Hilton, 53*, Cedar Rapids, IA	45:40	9:11
285	46	W30	Julie Kramer, 33*, Cedar Rapids, IA	45:40	9:11
286	24	W45	Peggy Beastrom, 46*, Cedar Rapids, IA	45:41	9:11
287	28	W25	Renee Rhinehard, 27*, Center Point, IA	45:43	9:12
288	48	W35	Jamie Rogers, 36*, Cedar Rapids, IA	45:44	9:12
654	5	M65	Mark Tyler, 65, Cedar Rapids, IA	45:44	9:12
655	29	JrM	Caelen Lilly, 11, Cedar Rapids, IA	45:45	9:12
656	86	M35	Martin Mulnix, 35, Central City, IA	45:46	9:12

657	52	M50	Patrick O'Keefe, 54, Cedar Rapids, IA	45:47	9:13
658	87	M35	Mike Dawson, 38, Iowa City, IA	45:48	9:13
659	81	M45	Mike Becker, 45, Cedar Rapids, IA	45:51	9:13
660	56	M20	Minh Nguyen, 21, Des Moines, IA	45:51	9:13
289	49	W35	Lara Frey, 36*, Sioux Falls, SD	45:52	9:14
661	69	M25	Casey Meyer, 29, Mount Vernon, IA	45:52	9:14
290	50	W35	Kim Callahan, 37*, Centennial, CO	45:56	9:14
662	88	M35	Hans Hoppe, 36, Amana, IA	45:57	9:15
291	51	W35	Amy Hussel, 35*, Marion, IA	45:57	9:15
663	70	M25	Joseph Jackson, 26, Cedar Rapids, IA	45:57	9:15
664	33	M55	Gary Davisson, 56, Iowa City, IA	46:00	9:15
292	29	W25	Dawn Zaruba, 27*, Marion, IA	46:02	9:16
293	36	W40	Melissa Fagan, 41*, Cedar Rapids, IA	46:02	9:16
665	57	M30	Luke Stahle, 30, Cedar Rapids, IA	46:04	9:16
666	58	M30	Steve Mudd, 34, Cedar Rapids, IA	46:05	9:16
667	82	M45	Mark Tennyson, 49, Marion, IA	46:06	9:16
294	1	W60	Jane Niemeier, 62*, Hiawatha, IA	46:06	9:16
668	89	M35	Jake Stigers, 39, Chicago, IL	46:07	9:17
295	25	W45	Kim Erlandson, 46*, Mount Vernon, IA	46:07	9:17
296	28	W16	Brittney Pasker, 18*, Cedar Rapids, IA	46:08	9:17
669	100	M40	Jody Weigel, 42, Cedar Rapids, IA	46:09	9:17
670	53	M50	Jerry Tiedt, 51, Cedar Rapids, IA	46:09	9:17
297	9	JrW	Anna Siddal, 15*, Cedar Rapids, IA	46:10	9:17
298	52	W35	Wendy Roltgen, 38*, Fairfax, IA	46:10	9:17
299	2	W60	Carolyn Wadsworth, 60*, Cedar Rapids, IA	46:11	9:17
300	10	JrW	Emma Petersen, 15*, Parkersburg, IA	46:11	9:17
671	90	M35	Dave Cleary, 39, Parkersburg, IA	46:11	9:17
672	71	M25	Ryan Buresh, 29, Cedar Rapids, IA	46:11	9:18
673	59	M30	Christopher Buresh, 31, Iowa City, IA	46:12	9:18
674	91	M35	Chris Varo, 38, Iowa City, IA	46:12	9:18
675	92	M35	John Dooley, 38, Riverside, IA	46:12	9:18
676	54	M50	Stephen Runde, 53, Cedar Rapids, IA	46:13	9:18
677	101	M40	Terry Lemon, 44, Cedar Rapids, IA	46:13	9:18
678	83	M45	Timothy Carlson, 49, Cedar Rapids, IA	46:13	9:18
301	47	W30	Wendy Williams, 34*, Cedar Rapids, IA	46:14	9:18
679	102	M40	Johnny Olszewsky, 44, Cedar Rapids, IA	46:14	9:18
302	53	W35	Melissa Cotton, 35*, Bettendorf, IA	46:15	9:18
680	93	M35	Steven Cotton, 37, Bettendorf, IA	46:15	9:18
681	103	M40	David Glessner, 43, Cedar Rapids, IA	46:16	9:18
682	30	JrM	Brian Simons, 14, Cedar Rapids, IA	46:16	9:18
303	30	W25	Erin McConnaha, 29*, Cedar Rapids, IA	46:17	9:19
304	37	W40	Laura Decker, 41*, Cedar Rapids, IA	46:19	9:19
305	36	W20	Holly Hansen, 22*, Iowa City, IA	46:21	9:20
306	26	W45	Vanessa Junge, 49*, Cedar Rapids, IA	46:22	9:20
683	55	M50	Ron Junge, 53, Cedar Rapids, IA	46:23	9:20
684	72	M25	John C. Cloyed, 28, Riverside, IA	46:25	9:20
307	38	W40	Victoria Hoffman, 43*, Cedar Rapids, IA	46:27	9:21
308	39	W40	Cat Gornet, 44*, Cedar Rapids, IA	46:29	9:21
685	57	M20	Ryan White, 23, Wilton, IA	46:31	9:21
686	84	M45	Jeff Allard, 48, Cedar Rapids, IA	46:31	9:21
687	60	M30	Chadregennitter, 30, Marion, IA	46:31	9:21
309	13	W50	Cindy Campbell, 51*, Jesup, IA	46:32	9:22
688	56	M50	Robert Meikle, 50, Cedar Rapids, IA	46:32	9:22
689	61	M30	Erich Lear, 30, Cedar Rapids, IA	46:32	9:22
690	57	M50	Curt Hale, 53, Cedar Rapids, IA	46:35	9:22
691	104	M40	David Carlson, 44, Cedar Rapids, IA	46:36	9:22
310	31	W25	Kara Jackson, 26*, Cedar Rapids, IA	46:39	9:23
311	37	W20	Robin Mandel, 24*, Iowa City, IA	46:40	9:23
312	48	W30	Amy Reitz, 34*, Marion, IA	46:41	9:23
692	94	M35	Kevin Sulwer, 38, North Liberty, IA	46:42	9:24
313	49	W30	Andrea Barcz, 32*, Robins, IA	46:43	9:24
693	34	M55	Jim Barcz, 56, Central City, IA	46:46	9:24
314	50	W30	Tara Rust, 34*, Cedar Rapids, IA	46:46	9:25
315	51	W30	Nikki Smith, 34*, Cedar Rapids, IA	46:47	9:25
316	27	W45	Laurie Craig, 46*, Cedar Rapids, IA	46:47	9:25



317	11	JrW Taylor Gould, 14*, Swisher, IA	46:48	9:25
318	28	W45 Judy Hubler, 49*, Cedar Rapids, IA	46:50	9:25
319	40	W40 Bridget Peters, 42*, Swisher, IA	46:55	9:26
694	105	M40 Scott Peters, 43, Swisher, IA	46:55	9:26
695	58	M50 Ted Murray, 52, Waterloo, IA	46:55	9:26
320	52	W30 Jill Boogerd, 32*, Cedar Rapids, IA	46:57	9:27
696	14	M60 Larry Bergrud, 61, Cedar Rapids, IA	46:57	9:27
321	29	W45 Nancy Rosenthal, 49*, Iowa City, IA	46:58	9:27
322	54	W35 Rachael Crinigan, 35*, Cedar Rapids, IA	46:58	9:27
323	55	W35 Nancy Chapman, 35*, Cedar Rapids, IA	47:00	9:27
324	41	W40 Gina Garman, 41*, Marion, IA	47:01	9:27
697	58	M20 Quinn Strenn, 24, Madison, WI	47:03	9:28
325	38	W20 Miranda Maring, 23*, Madison, WI	47:05	9:28
698	59	M50 Kevin Kiley, 53, Cedar Rapids, IA	47:05	9:28
699	60	M50 Jeffrey Glantz, 52, Cedar Rapids, IA	47:08	9:29
700	85	M45 Scott Swenson, 48, Solon, IA	47:10	9:29
326	53	W30 Jodie Stapley, 32*, Marion, IA	47:12	9:30
327	39	W20 Leah Applebee, 20*, Mt Vernon, IA	47:13	9:30
701	61	M50 Dean Rothchild, 53, Cedar Rapids, IA	47:14	9:30
702	35	M55 David Novak, 56, Cedar Rapids, IA	47:14	9:30
328	56	W35 Suzy Dewolf, 35*, Cedar Rapids, IA	47:16	9:30
703	62	M50 Robert Jones, 54, Cedar Rapids, IA	47:20	9:31
704	63	M50 Scott Immerfall, 51, Marion, IA	47:21	9:31
705	106	M40 Timothy Carey, 41, Cedar Rapids, IA	47:22	9:32
329	29	W16 Summer Irwin, 19*, Cedar Rapids, IA	47:22	9:32
330	57	W35 Jillian Knutson, 38*, Cedar Rapids, IA	47:23	9:32
331	30	W45 Amy Keating, 47*, Marion, IA	47:24	9:32
706	107	M40 David Smith, 44, Mount Vernon, IA	47:28	9:33
332	58	W35 Lori Jeppson, 39*, Mt Vernon, IA	47:31	9:34
333	30	W16 Kaitlin Allard, 17*, Cedar Rapids, IA	47:36	9:35
334	59	W35 Connie Tucker, 36*, Cedar Rapids, IA	47:36	9:35
707	95	M35 Brad Tucker, 37, Cedar Rapids, IA	47:38	9:35
335	31	W45 Jacki Knapp, 48*, Cedar Rapids, IA	47:39	9:35
336	40	W20 Charisa Sorensen, 22*, Iowa City, IA	47:39	9:35
337	42	W40 Julie Lemon, 40*, Cedar Rapids, IA	47:41	9:36
708	15	M60 Jeff Denny, 61, Cedar Rapids, IA	47:43	9:36
338	3	W60 Judy Wolfe, 60*, Hiawatha, IA	47:43	9:36
339	60	W35 Amy Callahan, 35*, Cedar Rapids, IA	47:44	9:36
709	86	M45 Tim Daily, 47, Belle Plaine, IA	47:45	9:36
710	36	M55 Daniel Schultz, 57, Asbury, IA	47:46	9:36
340	12	JrW Emily Woods, 15*, Cedar Rapids, IA	47:46	9:37
341	43	W40 Michelle Davin, 41*, Cedar Rapids, IA	47:47	9:37
711	87	M45 Mike Fagan, 47, Glen Ellyn, IL	47:49	9:37
342	54	W30 Kim Bell, 32*, Walford, IA	47:50	9:37
343	31	W16 Elizabeth Baugh, 17*, Robins, IA	47:50	9:37
344	44	W40 Elisa Lewis, 43*, Cedar Rapids, IA	47:51	9:38
345	61	W35 Denise Stapley, 36*, Cedar Rapids, IA	47:54	9:38
712	108	M40 Patrick Schmidt, 42, Marion, IA	47:55	9:38
713	55	M16 Chad Hickson, 16, Cedar Rapids, IA	47:55	9:38
714	59	M20 Josh Immerfall, 20, Marion, IA	47:55	9:38
715	37	M55 Roy Gaddis, 58, Solon, IA	47:56	9:38
716	62	M30 Cyril Hilario, 34, Cedar Rapids, IA	47:56	9:39
717	73	M25 John Dague, 27, Cedar Rapids, IA	47:56	9:39
718	109	M40 Mark Neary, 43, Iowa City, IA	47:57	9:39
346	55	W30 Salina Winsor, 30*, Marion, IA	47:57	9:39
719	38	M55 Bob Holmes, 55, Cedar Rapids, IA	47:58	9:39
720	74	M25 Chris Prevenas, 27, Cedar Rapids, IA	47:58	9:39
721	75	M25 Tony Oleson, 29, Cedar Rapids, IA	48:00	9:39
347	13	JrW Autumn Crowther, 11*, Cedar Rapids, IA	48:00	9:39
348	1	W70 Marilyn Wickenkamp, 72*, Newton, IA	48:01	9:40
349	32	W25 Alyssa Rosendahl, 27*, Cedar Rapids, IA	48:04	9:40
722	88	M45 Lowell Johnson, 47, Cedar Rapids, IA	48:04	9:40
350	33	W25 Maggie Krob, 26*, West Branch, IA	48:04	9:40
723	89	M45 Kurt Stock, 47, Cedar Falls, IA	48:06	9:41
724	76	M25 Thomas Pickup, 28, Cedar Rapids, IA	48:07	9:41

725	64	M50	Joe Houtz, 53, Cedar Rapids, IA	48:08	9:41
351	32	W16	Mattie Koehn, 17*, Solon, IA	48:09	9:41
352	62	W35	Catherine Radzewich, 36*, Iowa City, IA	48:09	9:41
726	110	M40	Edward Gillan, 40, Iowa City, IA	48:09	9:41
727	39	M55	Ed Poock, 56, Cedar Rapids, IA	48:10	9:41
353	32	W45	Sara Mellgren, 46*, Amana, IA	48:11	9:42
354	63	W35	Becky Lindwall, 37*, Cedar Rapids, IA	48:11	9:42
728	90	M45	Steve Stenersen, 48, Marion, IA	48:11	9:42
355	14	JrW	Jordan Pilcher, 13*, Cedar Rapids, IA	48:12	9:42
356	64	W35	Carol Palmer, 38*, Cedar Rapids, IA	48:15	9:42
357	45	W40	Kris Martins, 41*, Cedar Rapids, IA	48:16	9:43
729	16	M60	Jack Pilling, 63, Cedar Rapids, IA	48:17	9:43
730	6	M65	Patrick Murphy, 66, Robins, IA	48:17	9:43
731	17	M60	Tom Fogle, 61, Cedar Rapids, IA	48:18	9:43
358	34	W25	Amanda Fontanez, 26*, Iowa City, IA	48:19	9:43
732	18	M60	Gary Kalis, 62, Cedar Rapids, IA	48:20	9:43
359	35	W25	Ann Kegler, 25*, Iowa City, IA	48:22	9:44
360	56	W30	Jamie Bushman, 30*, Cedar Rapids, IA	48:23	9:44
361	36	W25	Kathleen Reif, 27*, Iowa City, IA	48:24	9:44
362	65	W35	Lara Fredrickson, 37*, Washington, DC	48:28	9:45
363	33	W16	Jessica Mrkvicka, 17*, Cedar Rapids, IA	48:29	9:45
364	57	W30	Maggie Lamm, 31*, Solon, IA	48:30	9:45
365	58	W30	Kristy Robertson, 32*, Anamosa, IA	48:32	9:46
366	14	W50	Marylou Williams, 53*, Marion, IA	48:33	9:46
733	31	JrM	Taylor Moss, 12, Cedar Rapids, IA	48:35	9:46
734	40	M55	Dennis Allard, 58, Mount Vernon, IA	48:36	9:47
367	66	W35	Laura Suttles, 38*, Cedar Rapids, IA	48:37	9:47
368	5	W55	Keith Krewer, 59*, Cedar Rapids, IA	48:38	9:47
735	111	M40	Joseph Mischka, 43, Cedar Rapids, IA	48:39	9:47
369	67	W35	Janet Wietlispach, 37*, Cedar Rapids, IA	48:42	9:48
736	96	M35	Matthew Gingerich, 37, Cedar Rapids, IA	48:44	9:48
737	63	M30	Jason Wisheart, 33, Cedar Rapids, IA	48:46	9:49
738	41	M55	Martin Wiesenfeld, 59, Cedar Rapids, IA	48:50	9:49
370	15	JrW	Biz Petersen, 13*, Parkersburg, IA	48:53	9:50
739	112	M40	Greg Holterhaus, 42, Robins, IA	48:54	9:50
740	97	M35	John Scroggins, 36, Cedar Rapids, IA	48:55	9:50
371	4	W60	Elizabeth Mentzer, 63*, Iowa City, IA	48:56	9:51
372	15	W50	Nancy McCormick, 53*, Council Bluffs, IA	48:58	9:51
373	59	W30	Sarah Eikenberry, 30*, Center Point, IA	48:58	9:51
741	77	M25	Courtney Blythe, 29, North Liberty, IA	48:58	9:51
742	78	M25	Att Denhurtog, 27, Cedar Rapids, IA	48:59	9:51
374	60	W30	Andria Gibson, 34*, North Liberty, IA	48:59	9:51
375	61	W30	Melissa Bienvenu, 31*, Fort Collins, CO	49:00	9:51
376	37	W25	Andrea Fetzer, 28*, Cedar Rapids, IA	49:00	9:51
743	64	M30	Jeremy Dorn, 34, Cedar Rapids, IA	49:01	9:52
744	65	M30	Scott Sellner, 30, Cedar Rapids, IA	49:04	9:52
745	42	M55	George Karr, 57, Iowa City, IA	49:04	9:52
377	41	W20	Rachel Maile, 20*, Atkins, IA	49:04	9:52
378	34	W16	Kelsey Thornton, 17*, Marion, IA	49:07	9:53
746	98	M35	Chris Kamman, 38, Cedar Rapids, IA	49:09	9:53
747	91	M45	Dennis Martin, 47, Cedar Rapids, IA	49:10	9:53
379	68	W35	Cherrise Green, 36*, Cedar Rapids, IA	49:10	9:54
380	38	W25	Shannin Zevian, 28*, Iowa City, IA	49:12	9:54
748	56	M16	Dan Kedley, 19, Lowden, IA	49:14	9:54
749	113	M40	Eddie Skaggs, 40, Cedar Rapids, IA	49:15	9:54
750	65	M50	Robert Brown, 54, Burlington, IA	49:16	9:55
381	39	W25	Rachelle Little, 28*, Ankeny, IA	49:18	9:55
751	92	M45	Brad Randall, 46, Solon, IA	49:20	9:55
752	79	M25	Nate Johnston, 28, Cedar Rapids, IA	49:21	9:56
753	114	M40	Anton Petrzelka, 41, Cedar Rapids, IA	49:22	9:56
382	40	W25	Laura Countryman, 29*, West Des Moines, IA	49:24	9:56
754	57	M16	Andrew Twachtmann, 18, Marion, IA	49:29	9:57
755	43	M55	Douglas Dawson, 55, Muscatine, IA	49:30	9:57
383	46	W40	Margie Ward, 43*, Burlington, IA	49:30	9:58
756	80	M25	Matt Randklev, 25, Marion, IA	49:31	9:58

757	99	M35 Joe Boyle, 38, Waterloo, IA	49:32	9:58
384	47	W40 Luanne Schwach, 41*, Cedar Rapids, IA	49:33	9:58
385	69	W35 Tracey Boyle, 37*, Waterloo, IA	49:35	9:58
758	115	M40 Mark Seckman, 42, Marion, IA	49:35	9:58
386	48	W40 Sue Keith, 41*, Solon, IA	49:36	9:59
387	33	W45 Mary Devalois, 47*, Iowa City, IA	49:38	9:59
388	42	W20 Emily Sladek, 22*, Cedar Rapids, IA	49:39	9:59
389	16	W50 Sheila Lamm, 53*, New London, IA	49:40	9:59
390	43	W20 Carrie Ludolph, 22*, Cedar Rapids, IA	49:40	9:59
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759	19	M60 Jim Meister, 63, Cedar Rapids, IA	49:42	10:00
760	93	M45 Mark Streit, 49, Bettendorf, IA	49:44	10:00
761	116	M40 Eric Heinemann, 40, Cedar Rapids, IA	49:46	10:01
762	81	M25 Eric Johnson, 27, Marion, IA	49:46	10:01
391	49	W40 Krista Hebets, 42*, Scottsdale, AZ	49:47	10:01
763	117	M40 Maxwell Grant, 42, Cedar Rapids, IA	49:47	10:01
392	41	W25 Sarah Lagrange, 28*, Cedar Rapids, IA	49:48	10:01
764	94	M45 Robert Manders, 47, Cedar Rapids, IA	49:50	10:02
393	17	W50 Jann Baustian, 54*, Cedar Rapids, IA	49:50	10:02
394	70	W35 John Wasson, 37*, Cedar Rapids, IA	49:51	10:02
395	34	W45 Deborah Craig, 48*, Cedar Rapids, IA	49:52	10:02
396	35	W45 Kristin Hendricks, 46*, New Orleans, LA	49:53	10:02
765	32	JrM Liam Heigis, 8, Cedar Rapids, IA	49:54	10:02
397	50	W40 Tania Drinkwater, 43*, Marion, IA	49:57	10:03
398	71	W35 Joanna Kelly-Heigis, 36*, Cedar Rapids, IA	49:57	10:03
399	6	W55 Mary Johnston, 59*, Cedar Rapids, IA	49:57	10:03
400	18	W50 Jean Etten, 50*, Palo, IA	50:02	10:04
401	42	W25 Anita Bark, 27*, Swisher, IA	50:02	10:04
766	100	M35 David Herr, 38, Cedar Rapids, IA	50:03	10:04
402	51	W40 Sheri Jeffery, 41*, Robins, IA	50:03	10:04
767	101	M35 David Bark, 36, Swisher, IA	50:04	10:04
403	35	W16 Jessica Haendler, 19*, Cedar Rapids, IA	50:06	10:05
768	95	M45 Michael Hook, 49, Hiawatha, IA	50:07	10:05
404	36	W45 Lisa Anderson, 48*, Cedar Rapids, IA	50:08	10:05
405	52	W40 Linda Sonka, 43*, Cedar Rapids, IA	50:08	10:05
769	58	M16 Alex Dean, 17, Marion, IA	50:09	10:05
770	59	M16 Shawna Van Meighem, 16, Marion, IA	50:09	10:05
771	44	M55 Clay Claussen, 58, Iowa City, IA	50:10	10:06
772	66	M50 Ursula Williams, 54, Middle Amana, IA	50:11	10:06
406	37	W45 Elizabeth Lilly, 48*, Cedar Rapids, IA	50:11	10:06
773	118	M40 Patt McDowell, 43, Cedar Rapids, IA	50:12	10:06
407	43	W25 Noreen Thurston, 29*, Cedar Rapids, IA	50:15	10:07
408	72	W35 Katherine Halupnik, 38*, Marion, IA	50:17	10:07
774	67	M50 Craig Johnson, 51, Cedar Rapids, IA	50:25	10:09
775	60	M20 Andrew Suggs, 24, Cedar Rapids, IA	50:26	10:09
409	38	W45 Tracy Fabiano, 45*, Cedar Rapids, IA	50:27	10:09
410	73	W35 Carla Marrone, 39*, Berwyn, PA	50:29	10:09
411	19	W50 Pat Ryan, 51*, Waterloo, IA	50:31	10:10
412	62	W30 Jamie Harmening, 33*, Cedar Rapids, IA	50:32	10:10
776	66	M30 Jason Boogerd, 31, Cedar Rapids, IA	50:38	10:11
777	20	M60 Ralph Plagman, 63, Cedar Rapids, IA	50:38	10:11
413	74	W35 Marcy Daniel, 36*, Eugene, OR	50:39	10:11
414	75	W35 Ann Miller, 38*, Tipton, IA	50:39	10:11
778	45	M55 Lloyd Ludolph, 55, Marion, IA	50:40	10:12
779	96	M45 Tim Faber, 47, Marion, IA	50:48	10:13
415	39	W45 Elizabeth Olsem, 46*, Lisbon, IA	50:49	10:13
416	76	W35 Lori Durian, 36*, North Liberty, IA	50:50	10:14
417	44	W25 Keri Schmitt, 29*, North Liberty, IA	50:50	10:14
418	63	W30 Linda Clark, 32*, Atkins, IA	50:52	10:14
419	45	W25 Nina Buonaiuto, 29*, Riverside, IA	50:54	10:14
420	40	W45 Betty Hopkins, 47*, Marion, IA	50:55	10:15
421	5	W60 Melissa Fogle, 61*, Cedar Rapids, IA	50:55	10:15
422	44	W20 Ashley Fehlman, 23*, Coralville, IA	50:59	10:15
780	67	M30 William Dyer, 32, Coggon, IA	51:03	10:16

423	53	W40	Laura Sagers, 44*, Cedar Rapids, IA	51:05	10:17
424	45	W20	Jennifer Gahring, 21*, Cedar Falls, IA	51:06	10:17
425	77	W35	Anne M Johnson, 38*, North Liberty, IA	51:07	10:17
426	64	W30	Heather Ryan, 32*, Cedar Rapids, IA	51:12	10:18
427	46	W25	Emilly Baldwin, 26*, Mt Vernon, IA	51:14	10:18
781	102	M35	Chad Faidley, 35, Cedar Rapids, IA	51:18	10:19
428	41	W45	Janet Glantz, 47*, Cedar Rapids, IA	51:18	10:19
429	78	W35	Michelle Thornton, 37*, Cedar Rapids, IA	51:20	10:20
430	47	W25	Emily Woodhouse, 26*, Coralville, IA	51:20	10:20
782	103	M35	Patrick Carroll, 39, Milwaukee, WI	51:20	10:20
431	36	W16	Andrea Castek, 16*, Hiawatha, IA	51:24	10:20
432	54	W40	Marie Henderson, 42*, Mount Pleasant, IA	51:25	10:21
783	68	M50	Dale Todd, 54, Cedar Rapids, IA	51:26	10:21
433	7	W55	Catherine Payvandi, 59*, Cedar Rapids, IA	51:27	10:21
784	46	M55	John Whitson, 59, Vinton, IA	51:31	10:22
434	48	W25	Amy Hamilton, 25*, Cedar Rapids, IA	51:35	10:23
435	37	W16	Elise Craig, 18*, Cedar Rapids, IA	51:38	10:23
436	16	JrW	Madeline Craig, 12*, Cedar Rapids, IA	51:39	10:23
785	82	M25	Joe Clark, 28, Cedar Rapids, IA	51:42	10:24
786	104	M35	Jon Ortiz, 38, Solon, IA	51:43	10:24
437	42	W45	Cindy Goerdt, 48*, Cedar Rapids, IA	51:45	10:25
787	83	M25	Matthew Watson, 27, Coralville, IA	51:48	10:25
788	97	M45	Curtis Henderson, 46, Mount Plesasant, IA	51:49	10:25
438	79	W35	Barb Conway, 35*, Homestead, IA	51:50	10:26
439	49	W25	Sarah Hefflefinger, 27*, Palo, IA	51:56	10:27
440	43	W45	Sally Immerfall, 49*, Marion, IA	51:56	10:27
441	46	W20	Mary Gahring, 24*, Cedar Rapids, IA	52:04	10:28
442	65	W30	Stacie Caryl, 33*, Marion, IA	52:08	10:29
443	80	W35	Tami Westhoff, 37*, Marion, IA	52:11	10:30
444	66	W30	Marie-Ellen Sarvida, 34*, Coralville, IA	52:12	10:30
445	50	W25	Elaine Watson, 27*, Coralville, IA	52:12	10:30
446	51	W25	Emily Flowergarden, 28*, Cedar Rapids, IA	52:13	10:30
447	81	W35	Francois, 37*, Cedar Rapids, IA	52:14	10:30
448	82	W35	Joanna Weyer, 36*, Swisher, IA	52:14	10:31
789	60	M16	Nic Gulick, 19, Cedar Rapids, IA	52:19	10:31
449	47	W20	Alissa Klinsky, 20*, Cedar Rapids, IA	52:22	10:32
450	48	W20	Emily Burmeister, 24*, Cedar Rapids, IA	52:26	10:33
451	83	W35	Kelly Mullinnix, 38*, West Branch, IA	52:28	10:33
452	52	W25	Sarah Stephenson, 26*, Cedar Rapids, IA	52:34	10:35
790	105	M35	Shannon Bisgard, 39, Marion, IA	52:37	10:35
453	49	W20	Eleanor Valeta, 24*, Cedar Rapids, IA	52:37	10:35
454	55	W40	Laurie Stock, 44*, Marion, IA	52:37	10:35
791	106	M35	Timothy Isenberg, 38, Marion, IA	52:45	10:37
455	53	W25	Jacque Lehman, 25*, North Liberty, IA	52:45	10:37
456	67	W30	Nicole Green, 32*, Marion, IA	52:46	10:37
792	68	M30	Zach Schultz, 32, Marion, IA	52:53	10:38
793	47	M55	Richard McCormick, 55, Council Bluffs, IA	52:53	10:38
457	56	W40	Jean Ash, 42*, Cedar Rapids, IA	53:02	10:40
458	84	W35	Cheryl Steinke, 39*, Cedar Rapids, IA	53:03	10:40
459	54	W25	Brenda Fromolz, 25*, Iowa City, IA	53:16	10:43
460	38	W16	Justine Nixon, 19*, Riverside, IA	53:16	10:43
461	8	W55	Margaret Strabala, 58*, Oxford, IA	53:17	10:43
462	20	W50	Elizabeth Carlson, 54*, Iowa City, IA	53:17	10:43
794	119	M40	Mark Asplund, 44, Marion, IA	53:20	10:44
463	39	W16	Maggie Randall, 16*, Solon, IA	53:24	10:44
795	107	M35	Bernardo Perez, 39, Coralville, IA	53:24	10:45
464	68	W30	Kelly Schmitt, 32*, Cedar Rapids, IA	53:25	10:45
465	55	W25	Emily Hajek, 28*, Des Moines, IA	53:27	10:45
466	56	W25	Daisha Seyfer, 28*, Iowa City, IA	53:33	10:46
467	69	W30	Sarah Andresen, 30*, Anamosa, IA	53:34	10:47
468	85	W35	Amy Bick, 35*, Cedar Rapids, IA	53:40	10:48
469	86	W35	Paula Dooley, 37*, Riverside, IA	53:41	10:48
470	87	W35	Terese Nelson, 37*, North Liberty, IA	53:42	10:48
471	88	W35	Julie Grissel, 37*, Marion, IA	53:45	10:49
472	44	W45	Diane Ballard, 49*, Marion, IA	53:46	10:49

473	57	W40 Sarah Biedenbach, 40*, Marion, IA	53:49	10:50
796	84	M25 Jeremy Bahl, 29, Cedar Rapids, IA	53:55	10:51
474	89	W35 Wynema Pauly, 35*, Cedar Rapids, IA	53:57	10:51
475	90	W35 Nancy Almasi, 39*, Robins, IA	54:02	10:52
476	91	W35 Maegan Leskovec, 36*, Cedar Rapids, IA	54:14	10:55
797	21	M60 Keith Beresford, 64, Cedar Rapids, IA	54:15	10:55
477	70	W30 Tina Lampe, 34*, Marion, IA	54:17	10:55
478	45	W45 Cynthia Abodeely, 47*, Las Vegas, NV	54:18	10:55
479	50	W20 Pamela Taylor, 21*, Iowa City, IA	54:19	10:56
480	71	W30 Annalyn Smith, 32*, Mechanicsville, IA	54:22	10:56
798	98	M45 Brian Mumm, 48, Cedar Rapids, IA	54:25	10:57
481	46	W45 Mary K. Conrad, 48*, Cedar Rapids, IA	54:27	10:57
799	99	M45 Don Klingenberg, 48, Cedar Rapids, IA	54:28	10:57

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800	48	M55 Craig Wood, 59, Cedar Rapids, IA	54:40	11:00
801	69	M30 Coulter Wood, 31, Waterloo, Ia Ia	54:41	11:00
802	61	M20 Micah Kiel, 24, Clive, IA	54:49	11:02
482	57	W25 Cynthia Preston, 25*, Cedar Rapids, IA	55:03	11:05
483	9	W55 Vicki Ross, 55*, Anamosa, IA	55:04	11:05
484	58	W25 Jaclyn Hall, 27*, Tipton, IA	55:05	11:05
803	69	M50 Michael Thomas, 52, Cedar Rapids, IA	55:06	11:05
485	51	W20 Becca Little, 24*, Cedar Rapids, IA	55:19	11:08
486	92	W35 Lina Joubert, 37*, Solon, IA	55:21	11:08
487	93	W35 Lori Hannan, 37*, Marion, IA	55:22	11:08
488	47	W45 Janet Acarregui, 48*, Iowa City, IA	55:27	11:09
489	72	W30 Holly Bruns, 32*, Cedar Rapids, IA	55:30	11:10
490	94	W35 Becky Barnhart, 35*, Lisbon, IA	55:36	11:11
491	6	W60 Diane Rosteck, 63*, Cedar Rapids, IA	55:53	11:15
492	40	W16 Holly Reed, 16*, Solon, IA	56:04	11:17
493	73	W30 Chrissy Watts, 34*, Cedar Rapids, IA	56:11	11:18
804	7	M65 Richard Lenth, 68, Cedar Rapids, IA	56:11	11:18
494	95	W35 Shelly Bromwich, 37*, Cedar Falls, IA	56:15	11:19
495	48	W45 Barb Scoles, 49*, Elk Run Heights, IA	56:28	11:22
805	120	M40 Ken Bratt, 42, Norwalk, IA	56:41	11:24
806	49	M55 Jack Evans, 58, Cedar Rapids, IA	56:48	11:26
807	70	M30 David Isenberg, 32, Cedar Rapids, IA	56:48	11:26
496	58	W40 Shelly Yanecek, 40*, Cedar Rapids, IA	56:53	11:27
497	49	W45 Catharine Phillips, 47*, Iowa City, IA	57:03	11:29
498	52	W20 Hailey McQuiston, 20*, Marion, IA	57:06	11:29
499	10	W55 Ann Sindlinger, 57*, Cedar Rapids, IA	57:07	11:29
808	50	M55 Bill Sindlinger, 56, Cedar Rapids, IA	57:11	11:30
809	70	M50 Blake Demaria, 54, Marion, IA	57:15	11:31
500	50	W45 Mary Jo Hansen, 45*, Cedar Rapids, IA	57:23	11:33
810	33	JrM Bradlee Birchansky, 12, Cedar Rapids, IA	58:01	11:40
501	21	W50 Brenna Healy, 53*, Dubuque, IA	58:06	11:41
502	11	W55 Wendy Woodhouse, 56*, Dubuque, IA	58:06	11:41
503	17	JrW Natalee Birchansky, 13*, Cedar Rapids, IA	58:10	11:42
811	100	M45 Lee Birchansky, 48, Cedar Rapids, IA	58:11	11:42
504	96	W35 Christin Cuva Rodriguez, 39*, Cedar Rapids, IA		

58:20 11:44

505	2	W70 Carol Hartman, 70*, Hiawatha, IA	58:25	11:45
812	51	M55 Martin T Smith, 58, Cedar Rapids, IA	58:33	11:47
813	8	M65 Gary Peters, 65, Cedar Rapids, IA	58:55	11:51
506	97	W35 Dana Hartman, 36*, Cedar Rapids, IA	59:12	11:54
507	59	W40 Kate Petersen, 41*, Parkersburg, IA	59:17	11:56
508	53	W20 Hailey Oneal, 20*, Cedar Rapids, IA	59:20	11:56

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814	85	M25 Brent Ross, 29, North Liberty, IA	59:55	12:03
509	74	W30 Lauri Lumm-Usher, 33*, Marion, IA	59:56	12:03
815	34	JrM Zach Pilcher, 15, Cedar Rapids, IA	59:57	12:04
510	98	W35 Robin Voorhees, 38*, Cedar Rapids, IA	1:00:36	12:12
511	22	W50 Annie Suggs, 54*, Cedar Rapids, IA	1:00:50	12:14
512	59	W25 Emily Butikofer, 28*, Marion, IA	1:01:25	12:21

816	2	M70 Harold Schulze, 71, Cedar Rapids, IA	1:02:06	12:30
817	71	M30 Jason Mosier, 31, North Liberty, IA	1:03:08	12:42
513	60	W25 Rachael Mosier, 29*, North Liberty, IA	1:03:08	12:42
514	99	W35 Heather Erwin, 37*, Iowa City, IA	1:04:10	12:54
515	12	W55 Vicki Claussen, 59*, Iowa City, IA	1:04:10	12:55
516	75	W30 Stephanie Ernsting, 30*, Marion, IA	1:04:13	12:55
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517	23	W50 Deborah Gulick, 51*, Cedar Rapids, IA	1:05:46	13:14
518	54	W20 Stephenie Rogers, 23*, Cedar Rapids, IA	1:06:27	13:22
818	22	M60 Larry Suggs, 64, Cedar Rapids, IA	1:06:42	13:25
519	76	W30 Heather Bertch, 34*, Cedar Rapids, IA	1:06:58	13:28
819	108	M35 Ed Bertch, 36, Cedar Rapids, IA	1:07:13	13:31
820	86	M25 G T Karr, 28, Iowa City, IA	1:08:03	13:42
821	71	M50 Dennis McPartland, 52, Cedar Rapids, IA	1:09:00	13:53
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822	3	M70 Nick Abodeely, 80, Cedar Rapids, IA	1:10:04	14:06
520	100	W35 Blade Gehrke, 38*, Walford, IA	1:13:48	14:51

"\*" indicates females

34 finishers among Men 15 & Under  
60 finishers among Men 16 - 19  
61 finishers among Men 20 - 24  
86 finishers among Men 25 - 29  
71 finishers among Men 30 - 34  
108 finishers among Men 35 - 39  
120 finishers among Men 40 - 44  
100 finishers among Men 45 - 49  
71 finishers among Men 50 - 54  
51 finishers among Men 55 - 59  
22 finishers among Men 60 - 64  
8 finishers among Men 65 - 69  
3 finishers among Men 70 & Up  
17 finishers among Women 15 & Under  
40 finishers among Women 16 - 19  
54 finishers among Women 20 - 24  
60 finishers among Women 25 - 29  
76 finishers among Women 30 - 34  
100 finishers among Women 35 - 39  
59 finishers among Women 40 - 44  
50 finishers among Women 45 - 49  
23 finishers among Women 50 - 54  
12 finishers among Women 55 - 59  
6 finishers among Women 60 - 64  
2 finishers among Women 70 & Up  
822 male finishers  
520 female finishers  
1342 total finishers

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