

21st Fifth Season 8 Kilometer (4.97 miles)**Cedar Rapids, IA****July 4, 2006**

60s at the Start, Favorable Weather

Results by Cal Murdock

[5 Kilo results can be found here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS	FINISHER	TIME	PACE
	PLACE			
1		Julius Kiptoo, 28, Royersford, Pa (Ken)	22:45	4:34
2		Mohamed Fodil, 25, Westchertre, Pa (Mar)	22:47	4:35
3		Nathan Kosgei, 28, Royersford, Pa (Ken)	22:58	4:37
4		Joseph Koskei, 26, Westchertre, Pa (Ken)	23:02	4:38
5		Henry Githuka, 23, Milton, On (Ken)	23:03	4:38
6		George Kipketer Towett, 23, Milton, On (Ken)	23:04	4:38
7		Brian Sell, 28, Rochester Hills, MI	23:04	4:38
8		Benson Cheruiyot, 23, Durham, Nc (Ken)	23:06	4:39
9		Isaac Arusei, 29, Westchertre, Pa (Ken)	23:08	4:39
10		Abel Ondeyo, 28, Milton, On (Ken)	23:14	4:40
11		Alene Reta, 24, New York, Ny (Eth)	23:16	4:41
12		George Kirwa Misoi, 21, Durham, Nc (Ken)	23:21	4:42
13		Matt Gabrielson, 28, Apple Valley, MN	23:23	4:42
14		Worku Beyi, Bronx, Ny (Eth)	23:26	4:43
15		Luke Humphrey, 25, Rochester Hills, MI	23:30	4:44
16		Josh Moen, 24, Rochester Hills, MI	23:33	4:44
17		Benard Onsare, 23, Milton, On (Ken)	23:39	4:45
18		Blake Boldon, 26, Ames, IA	23:45	4:47
19		Jeff Gaudette, 23, Rochester Hills, MI	23:49	4:47
20		Victor Kigen, 21, Westchester, Pa (Ken)	23:58	4:49
21	1 M30	John Itati, 31, Royersford, Pa (Ken)	24:05	4:51
22	1 M25	Jared Nyamboki, 29, Marietta, Ga (Ken)	24:07	4:51
23	2 M30	Kevin Castille, 34, Lafayette, LA	24:18	4:53
24	1 M20	Matt Noonan, 22, Columbia, MO	24:27	4:55
25	3 M30	Chris Lundstrand, 30, Minneapolis, MN	24:37	4:57
26	2 M25	Jared Segura, 29, Columbia, Kt (Ken)	24:43	4:58
27	2 M20	Jason Fogel, 23, West Des Moines, IA	24:47	4:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
28	3 M20	Randy Bill, 24, Champaign, IL	25:01	5:02
29	4 M30	Philip Samoei, 30, West Des Moines, IA	25:09	5:04
30	4 M20	Matt Esche, 23, Iowa City, IA	25:12	5:04
31	5 M20	Keith Solverson, 24, Waverly, IA	25:23	5:06
32	1 M16	Kiel Uhl, 19, Ames, IA	25:25	5:07
33	6 M20	Christopher Jensen, 24, Iowa City, IA	25:30	5:08
34	7 M20	Ryan French, 23, Marion, IA	25:42	5:10
35	3 M25	Rikki Hacker, 28, Kansas City, MO	25:51	5:12
36	5 M30	Misgiana Kifleyesus, 32, Kansas City, MO	26:00	5:14
37	4 M25	Jacob Kaemmer, 29, Des Moines, IA	26:14	5:17
38	2 M16	Jon Thomas, 19, Des Moines, IA	26:14	5:17
39	6 M30	Julius Rotich, 31, Des Moines, IA	26:23	5:18
40	1 M35	Ovidiu Olteanu, 35, Novi, Mi (Ken)	26:25	5:19
41	5 M25	Nate Canton, 26, Ely, IA	26:28	5:19
42		Ditlev Larsen, 40, Winona, MN	26:30	5:20

1		Tatyana Chulakh, 24*, Gaitethburg, Mn (Rus)	26:38	5:22
2		Alemtseyah Misganaw, 25*, New York, Ny (Eth)		
			26:40	5:22
43	3	M16 Andrew Craig, 19, Cedar Rapids, IA	26:43	5:22
44	4	M16 Travis Robertson, 19, Iowa City, IA	26:45	5:23
45		Jerry Lack, 43, East Moline, IL	26:48	5:23
	3	Lyubov Denisova, 34*, New York, Ny (Rus)	26:49	5:24
	4	Melissa Cook, 26*, Denton, TX	26:54	5:25
46	7	M30 Ravi Bhave, 30, Silvis, IL	27:00	5:26
47	8	M30 Taylor Tauwon, 33, Moline, IL	27:17	5:29
48	8	M20 Scott Jedlicka, 20, Cedar Falls, IA	27:36	5:33
49	9	M30 Andy Kauder, 34, Cedar Rapids, IA	27:37	5:33
	5	Pauline Githuka, 23*, Milton, On (Ken)	27:41	5:34
50	10	M30 Rob Semelroth, 31, Des Moines, IA	27:45	5:35
	6	Eunice Jepkirui, 21*	27:46	5:35
51	9	M20 Nicholas Voss, 23, Grinnell, IA	27:48	5:36
52		Bobby Paxton, 49, Minneapolis, MN	27:56	5:37
53	6	M25 Chad Goldsmith, 28, North Liberty, IA	27:59	5:38
54	1	M40 Steve Brenner, 40, Sterling, IL	28:00	5:38
55	10	M20 Kurt Keuter, 20, Dubuque, IA	28:01	5:38
	7	Josianne Oboungona, 28*, Milton, On (Ken)	28:20	5:42
	8	Casey Owens, 23*, Mt Pleasant, IA	28:22	5:42
56	11	M30 Lyle Murray, 34, Mt Pleasant, IA	28:26	5:43
57	1	M45 Phil Kauder, 45, Cascade, IA	28:35	5:45
	9	Erin Moeller, 28*, Cedar Rapids, IA	28:37	5:45
58	5	M16 Casey Dunning, 18, Marion, IA	28:38	5:46
59	2	M45 Jim McCoy, 48, Madison, WI	28:43	5:47
60		Jaime Turilla, 22*, Champaign, IL	28:47	5:47
60	11	M20 Kyle Rickels, 24, Cedar Rapids, IA	28:49	5:48
61	1	M50 David Nauman, 50, Mason City, IA	28:58	5:50
62	3	M45 Tom Novak, 47, Iowa City, IA	28:59	5:50
63	7	M25 Daniel Poock, 28, Cedar Rapids, IA	29:00	5:50
64	2	M40 Greg Skopec, 44, Coralville, IA	29:02	5:50
65	6	M16 Aaron Schmidt, 16, Mt. Vernon, IA	29:09	5:52
66	2	M35 David Reid, 39, Fairfax, IA	29:21	5:54
67	8	M25 T J Craig, 29, North Liberty, IA	29:25	5:55
68	3	M35 Mike Bloemker, 37, Shawnee, KS	29:32	5:56
69	4	M45 Tim Skopec, 46, Iowa City, IA	29:34	5:57
70	7	M16 Weston Marling, 17, Cedar Rapids, IA	29:38	5:58
71	8	M16 Ryan Kruse, 19, Dubuque, IA	29:44	5:59
72	9	M16 Tim Anderson, 19, Cedar Rapids, IA	29:47	5:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
73	9	M25 Kurt Goetz, 27, West Covina, CA	29:49	6:00
74	12	M20 Christopher Johnson, 20, Andove, MN	29:50	6:00
75	13	M20 Dan Novelli, 21, Iowa City, IA	29:50	6:00
76	1	JrM Sam Read, 14, Marion, IA	29:52	6:00
77	4	M35 Michael Kabela, 39, North Liberty, IA	29:55	6:01
78	10	M16 Bryan Washburn, 17, Cedar Rapids, IA	29:57	6:02
79	11	M16 Ryan Knapp, 18, Cedar Rapids, IA	29:58	6:02
80	3	M40 Kenneth Rizer, 41, Prattville, AL	29:59	6:02
81	12	M16 Russell Fitsum, 17, Mouvern, IA	30:05	6:03
82	13	M16 Adam Hairston, 17, Cedar Rapids, IA	30:06	6:03
83	10	M25 Steve Berger, 27, Hiawatha, IA	30:09	6:04
84	5	M35 Wes Bruns, 38, Cedar Rapids, IA	30:14	6:05
85	2	M50 Bob Thompson, 51, Davenport, IA	30:16	6:05

20		Sharon Stubler, 41*, Minnetonka, MN	30:19	6:06
86	6	M35 Mike Lambert, 35, Monticello, IA	30:24	6:07
87	14	M20 Craig Goldsmith, 24, Cedar Rapids, IA	30:29	6:08
88	15	M20 Andrew Drysdale, 23, West Des Moines, IA	30:33	6:09
89	4	M40 Rick Till, 43, Dubuque, IA	30:35	6:09
90	3	M50 Mark Mueller, 50, Cedar Rapids, IA	30:37	6:09
91	11	M25 Matt Jasper, 25, Dubuque, IA	30:41	6:10
21	1	W16 Janet Dobyms, 18*, Iowa City, IA	30:42	6:10
22	1	W20 Marynelle Trefz, 20*, Iowa City, IA	30:42	6:11
92	14	M16 Michael McPartland, 19, Cedar Rapids, IA	30:44	6:11
93	12	M30 Steve Shriver, 34, Cedar Rapids, IA	30:44	6:11
94	7	M35 Barry Breffle, 35, Marion, IA	30:49	6:12
95	15	M16 Erik Klinsky, 17, Cedar Rapids, IA	30:50	6:12
96	16	M20 Kaylon Spengler, 22, New Liberty, IA	30:59	6:14
97	4	M50 Steve Johnson, 50, Waverly, IA	31:01	6:14
98	13	M30 Todd Schemper, 31, Des Moines, IA	31:01	6:14
99	16	M16 Michael Alexander, 19, Center Point, IA	31:08	6:16
100	12	M25 Mark Thompson, 28, Iowa City, IA	31:09	6:16
101	17	M16 Aaron Elias, 16, Cedar Rapids, IA	31:11	6:16
102	5	M45 Joe Bolkcom, 49, Iowa City, IA	31:14	6:17
103	13	M25 Thomas Trefz, 27, Iowa City, IA	31:14	6:17
23	2	W20 Katherine Bloemker, 23*, Shawnee, KS	31:24	6:19
24	1	W25 Alexis Anderson, 26*, Iowa City, IA	31:26	6:19
104	5	M40 Michael Newhouse, 41, Cedar Rapids, IA	31:30	6:20
105	17	M20 Austin Oates, 20, Marion, IA	31:32	6:20
106	6	M40 Bret Boyel, 41, Cedar Rapids, IA	31:33	6:21
107	18	M16 Steven Hall, 19, Galesburg, IL	31:38	6:22
108	7	M40 Bill Bennett, 41, Cedar Rapids, IA	31:39	6:22
109	5	M50 Rick Ironside, 52, Marion, IA	31:40	6:22
110	18	M20 Jack Ogden, 20, Cedar Rapids, IA	31:43	6:23
25	1	W30 Jennifer Bohr, 33*, Swisher, IA	31:47	6:24
111	8	M40 Michael Schulte, 41, Cedar Rapids, IA	31:53	6:25
112	19	M20 Matt Townsley, 24, Cedar Rapids, IA	31:53	6:25
113	14	M30 Michael Wright, 33, Marion, IA	31:54	6:25
114	6	M45 Don Lansing, 45, Marion, IA	31:56	6:25
115	6	M50 Brad Scott, 53, Marion, IA	31:57	6:26
26	2	W16 Ashley Miller, 17*, Tipton, IA	32:01	6:26
27	3	W20 Brooke Ferguson, 23*, Laurens, IA	32:03	6:27
116	7	M45 Jim Quigley, 49, Cedar Rapids, IA	32:06	6:27
117	7	M50 Harry Baumert, 53, Marion, IA	32:08	6:28
118	2	JrM Grant Luense, 15, Coralville, IA	32:09	6:28
119	14	M25 Ryan Lagrange, 27, Swisher, IA	32:10	6:28
120	3	JrM Brian Mueller, 15, Cedar Rapids, IA	32:12	6:29
121	8	M45 Eric Hendrickson, 46, Iowa City, IA	32:15	6:29
122	9	M45 Calvin Wolter, 46, Van Horne, IA	32:16	6:29
123	15	M25 Thomas Pietras, 26, North Liberty, IA	32:18	6:30
124	16	M25 Christian Fong, 29, Cedar Rapids, IA	32:19	6:30
125	19	M16 Erik Wolter, 16, Van Horne, IA	32:20	6:30
126	8	M50 Mark Cook, 54, Moline, IL	32:22	6:31
127	10	M45 Jon Swails, 46, Cedar Rapids, IA	32:24	6:31
128	20	M16 Cody Saville, 16, Olwein, IA	32:24	6:31
129	11	M45 Terry Looby, 49, Calmar, IA	32:25	6:31
130	9	M50 Kim Keuter, 52, Dubuque, IA	32:26	6:31
131	12	M45 Kevin Dear, 46, Mason City, IA	32:26	6:32
28	4	W20 Vermie Quinn, 21*, Runnels, IA	32:27	6:32
132	20	M20 John Hackbarth, 24, Cedar Rapids, IA	32:31	6:32
133	17	M25 Brian Pence, 27, Cedar Rapids, IA	32:31	6:32
134	1	M55 Jim Shimek, 58, Fairfax, IA	32:32	6:33
135	9	M40 Christopher Krug, 41, Iowa City, IA	32:36	6:33
136	13	M45 Dale Rettenmeier, 47, Hiawatha, IA	32:37	6:34
137	14	M45 Guy Olson, 49, Solon, IA	32:41	6:35
138	15	M30 Neil Havlik, 32, Marion, IA	32:44	6:35
139	16	M30 Randy Lamm, 31, Solon, IA	32:46	6:36
29	5	W20 Danielle Deines, 24*, Arden, NC	32:49	6:36
30	2	W30 Suzy Barker, 34*, North Liberty, IA	32:54	6:37

140	17	M30	Kent Miskimen, 34, Cedar Rapids, IA	32:56	6:38
141	15	M45	Robert Hartkemeyer, 45, Hiawatha, IA	33:00	6:38
31	3	W16	Andrea Wacker, 18*, Cedar Rapids, IA	33:00	6:38
142	8	M35	Eric Suthers, 37, Cedar Rapids, IA	33:01	6:38
143	9	M35	John Heigis, 35, Cedar Rapids, IA	33:01	6:39
144	10	M40	John Peters, 41, Cedar Rapids, IA	33:04	6:39
145	21	M16	Ryan Clark, 19, Cedar Rapids, IA	33:07	6:40
146	16	M45	Randy Brecht, 45, Middle Amana, IA	33:07	6:40
147	11	M40	Thomas Wolle, 40, Cedar Rapids, IA	33:08	6:40
148	17	M45	Rick Colton, 46, Marion, IA	33:10	6:40
149	22	M16	Matt Clarke, 17, Lowden, IA	33:10	6:40
150	18	M30	Randy Patten, 32, Mt Vernon, IA	33:13	6:41
151	12	M40	Jeff Mullen, 41, Cedar Rapids, IA	33:13	6:41
152	18	M25	David Moyes, 28, Coralville, IA	33:13	6:41
32	4	W16	Devin Parker, 19*, Cedar Rapids, IA	33:14	6:41
153	18	M45	Ronald Gierut, 49, Cedar Rapids, IA	33:21	6:43
154	13	M40	Bill Goodwine, 40, Granger, IN	33:22	6:43
155	23	M16	Andrew Steinmetz, 18, Cedar Rapids, IA	33:23	6:43
156	21	M20	Matt Hilby, 20, Cedar Rapids, IA	33:24	6:43
157	19	M45	Dallas Robertson, 49, Iowa City, IA	33:26	6:43
158	20	M45	Michael Schneekloth, 46, Cedar Rapids, IA	33:29	6:44
33	6	W20	Molly Fisher, 20*, Ottumwa, IA	33:35	6:45
159	22	M20	Michael Daws, 20, Cedar Rapids, IA	33:36	6:45
160	10	M35	Bob Sweet, 35, Houston, TX	33:37	6:46
161	23	M20	Nathan Votroubek, 22, Cedar Rapids, IA	33:37	6:46
162	24	M20	Wesley Felton, 24, Cascade, IA	33:39	6:46
163	19	M30	Martin Fitzpatrick, 31, Dubuque, IA	33:41	6:46
164	24	M16	Zach Fetzer, 19, Marion, IA	33:42	6:47
165	4	JrM	Shaun Sexton, 15, Iowa City, IA	33:43	6:47
34	7	W20	Erilynn Russo, 22*, Iowa City, IA	33:45	6:47
166	11	M35	John Parker, 38, Bettendorf, IA	33:46	6:47
167	20	M30	Mark McCormick, 31, Marion, IA	33:48	6:48
168	21	M30	Troy Smith, 32, Cedar Rapids, IA	33:49	6:48
35	3	W30	Eva Schoen, 33*, Coralville, IA	33:51	6:49
36	4	W30	Gretchen Lawyer, 33*, Marion, IA	33:52	6:49
169	12	M35	Howard Friedman, 37, Cedar Rapids, IA	33:52	6:49
170	13	M35	Joel Conrad, 37, Cedar Rapids, IA	33:53	6:49
171	14	M35	Jason Hellickson, 37, Cedar Rapids, IA	33:54	6:49
172	25	M20	Scott Johnson, 23, Cedar Rapids, IA	33:57	6:50
37	1	W40	Karen Martin, 44*, Lisbon, IA	33:58	6:50
173	19	M25	Chris Waterbury, 29, Marengo, IA	33:58	6:50
174	25	M16	Jon Pagel, 17, Cedar Rapids, IA	33:59	6:50
175	15	M35	Scott Berger, 37, Cedar Rapids, IA	34:00	6:50
176	16	M35	Ted Welter, 37, Iowa City, IA	34:00	6:50
38	8	W20	Jessica Sorrentino, 21*, Iowa City, IA	34:03	6:51
39	9	W20	Sally Sandberg, 23*, Cedar Rapids, IA	34:04	6:51
40	10	W20	Liz Berger, 23*, Cedar Rapids, IA	34:05	6:51
177	26	M16	Dan Rhoads, 16, Cedar Rapids, IA	34:07	6:52
178	21	M45	Darl Vanrheenen, 45, Amana, IA	34:08	6:52
179	17	M35	Todd Kibsgaard, 35, Marion, IA	34:08	6:52
180	2	M55	Gene Wandling, 55, Iowa City, IA	34:10	6:52
181	14	M40	R Tripp, 40, Coventry, IA	34:12	6:53
182	22	M45	Craig Brophy, 45, Cedar Rapids, IA	34:13	6:53
183	5	JrM	Joe Frerichs, 15, Cedar Rapids, IA	34:14	6:53
184	10	M50	Michael Nurre, 52, Cedar Rapids, IA	34:15	6:53
185	15	M40	Randy Strieger, 40, Cedar Rapids, IA	34:16	6:54
186	11	M50	Paul James, 52, Stanley, IA	34:16	6:54
187	3	M55	Donald Williams, 57, Cedar Falls, IA	34:17	6:54
41	2	W40	Sherylo Miller, 43*, Coralville, IA	34:17	6:54
188	27	M16	Sean O'Conner, 18, Cedar Rapids, IA	34:20	6:54
189	6	JrM	Ben Morrissey, 15, Cedar Rapids, IA	34:20	6:54
190	26	M20	Dustin Mallie, 23, Coralville, IA	34:21	6:55
191	23	M45	Greg Reynolds, 45, Cedar Rapids, IA	34:22	6:55
192	1	M60	John Brown, 62, Kenyon, MN	34:24	6:55
193	28	M16	Austin Meeks, 19, Marion, IA	34:25	6:55

194	16	M40 Brian Driscoll, 41, Marion, IA	34:26	6:56
42	3	W40 Rhonda Brandt, 42*, Cedar Rapids, IA	34:26	6:56
195	12	M50 Tom Vanberkum, 54, Marion, IA	34:27	6:56
196	18	M35 Samuel Houston, 39, Cedar Rapids, IA	34:28	6:56
197	29	M16 Peter Brandt, 19, Cedar Rapids, IA	34:29	6:56
198	24	M45 Bret Nilles, 48, Cedar Rapids, IA	34:35	6:57
199	25	M45 Steven Schuchmann, 45, Arlington, IA	34:36	6:58
43	1	W35 Deb Gaddis, 39*, Solon, IA	34:38	6:58
200	26	M45 Scott Reed, 45, Cedar Rapids, IA	34:39	6:58
201	27	M45 James Smith, 46, Robins, IA	34:43	6:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
202	4	M55 Jerry Donegan, 59, Milan, IL	34:45	7:00
203	28	M45 Bill Oliver, 48, Cedar Rapids, IA	34:46	7:00
204	22	M30 Todd Buelow, 30, Edina, MN	34:48	7:00
205	27	M20 Adam Varo, 23, Cedar Rapids, IA	34:49	7:00
44	2	W35 Kim Sherman, 39*, Cedar Rapids, IA	34:52	7:01
206	5	M55 David Coates, 58, Cedar Rapids, IA	34:54	7:01
45	4	W40 Jane McGee, 44*, Hiawatha, IA	34:57	7:02
46	5	W16 Meredith Bell, 17*, Cedar Rapids, IA	34:58	7:02
47	1	JrW Laura Nedderman, 15*, Cedar Rapids, IA	34:59	7:02
207	28	M20 Jason Collins, 23, Cedar Rapids, IA	35:00	7:02
208	23	M30 Bob Andresen, 32, Cedar Rapids, IA	35:01	7:03
209	30	M16 Pete Foley, 19, Marion, IA	35:03	7:03
210	7	JrM Matt Van Hoeck, 15, Hiawatha, IA	35:04	7:03
211	29	M45 Thomas Anderson, 46, Cedar Rapids, IA	35:04	7:03
212	31	M16 Zach Kimberling, 18, Mechanicsville, IA	35:05	7:04
213	8	JrM Teddy Larew, 15, Iowa City, IA	35:06	7:04
214	9	JrM Nick Synan, 15, Iowa City, IA	35:06	7:04
215	29	M20 Matthew Larew, 20, Iowa City, IA	35:07	7:04
216	10	JrM Jake Schueller, 15, Cedar Rapids, IA	35:08	7:04
217	30	M20 Dustin Olsem, 24, Ankeny, IA	35:08	7:04
218	31	M20 Dan Gahring, 23, Cedar Rapids, IA	35:09	7:04
219	32	M16 Joshua Lagrange, 16, Cedar Rapids, IA	35:10	7:04
48	11	W20 Kira Anderson, 21*, Cedar Falls, IA	35:10	7:05
49	5	W40 Suzanne Nilles, 43*, Cedar Rapids, IA	35:11	7:05
220	2	M60 Tom Kirkwood, 62, Dyersville, IA	35:13	7:05
50	3	W35 Ellen Natvig, 38*, Coralville, IA	35:15	7:05
221	30	M45 Loras Kremer, 47, Atkins, IA	35:16	7:06
222	17	M40 Randy Naeve, 41, Cedar Rapids, IA	35:19	7:06
223	32	M20 Greg Blythe, 20, Cedar Rapids, IA	35:19	7:06
224	31	M45 Steve Rankin, 49, Marion, IA	35:20	7:06
225	24	M30 Cabel Gray, 34, Iowa City, IA	35:21	7:07
226	18	M40 Shawn Noble, 41, Iowa City, IA	35:21	7:07
51	12	W20 Kristin Jennings, 21*, Cedar Rapids, IA	35:22	7:07
227	33	M20 Nick Campbell, 22, Robins, IA	35:22	7:07
228	34	M20 Jonathan Archer, 22, Marion, IA	35:23	7:07
229	19	M35 Tom Daubs, 35, Marion, IA	35:25	7:08
230	6	M55 Bob Strickland, 55, Cedar Rapids, IA	35:27	7:08
231	13	M50 Peter Watson, 50, Cedar Rapids, IA	35:30	7:08
232	19	M40 Phil Huber, 43, Cedar Rapids, IA	35:32	7:09
52	4	W35 Denise Langhoff, 39*, Marion, IA	35:32	7:09
53	2	JrW Melissa Miller, 15*, Tipton, IA	35:33	7:09
233	20	M35 Kevin Drisko, 35, Ladera Ranch, LA	35:34	7:09
234	33	M16 Stuart Wheeler, 17, Cedar Rapids, IA	35:34	7:09
235	7	M55 Dave Carney, 56, Cedar Rapids, IA	35:34	7:09
54	13	W20 Kelly Waterman, 23*, St. Louis, MO	35:35	7:09
236	20	M25 Brad Goldsmith, 27, Swisher, IA	35:38	7:10
237	32	M45 Paul Schmidt, 48, Davenport, IA	35:38	7:10
238	33	M45 Matt Brandt, 45, Cedar Rapids, IA	35:39	7:10
239	21	M35 Dennis Heimdal, 35, Marion, IA	35:40	7:10
240	34	M16 Adam Thompson, 17, Cedar Rapids, IA	35:43	7:11
241	22	M35 Neil Matthias, 38, Central City, IA	35:44	7:11
242	20	M40 Andy Roat, 44, Des Moines, IA	35:45	7:11
243	25	M30 Matt Spurbeck, 33, Cedar Rapids, IA	35:45	7:11

244	21	M25 Christopher Nims, 29, Cedar Rapids, IA	35:46	7:12
245	22	M25 Jeremy Richardson, 29, Cedar Rapids, IA	35:48	7:12
246	1	M65 Al Siemering, 67, Cedar Rapids, IA	35:54	7:13
55	2	W25 Courtney Usher, 29*, Iowa City, IA	35:59	7:14
247	35	M20 Ron Mortinson, 22, Iowa City, IA	36:00	7:15
248	26	M30 Chris Mueller, 33, Marion, IA	36:00	7:15
249	21	M40 Robert Rodriguez, 42, Cedar Rapids, IA	36:01	7:15
250	14	M50 Linley Woelk, 50, Marion, IA	36:02	7:15
251	34	M45 Brian Wiebke, 46, Marion, IA	36:03	7:15
56	3	JrW Teryn Hammes, 14*, Newhall. Ia	36:05	7:15
57	14	W20 Elizabeth Wiebold, 21*, Cedar Rapids, IA	36:07	7:16
252	3	M60 David Kutter, 63, Cedar Rapids, IA	36:07	7:16
58	3	W25 Angie McCormick, 29*, Palo, IA	36:08	7:16
253	15	M50 Alan Whitters, 50, Cedar Rapids, IA	36:09	7:16
59	15	W20 Katie Funk, 22*, Iowa City, IA	36:12	7:17
254	27	M30 Max Mauren, 33, Marion, IA	36:13	7:17
60	5	W30 Dorothy Bantz, 32*, Winthrop, IA	36:15	7:18
255	22	M40 Leonard Strand, 40, Cedar Rapids, IA	36:16	7:18
61	1	W45 Cathy Lack, 45*, East Moline, IL	36:16	7:18
256	23	M35 John Woody, 36, Cedar Rapids, IA	36:16	7:18
257	8	M55 Russ Hart, 58, Blue Grass, IA	36:17	7:18
62	6	W30 Wendy Jacobsen, 31*, Coralville, IA	36:17	7:18
258	23	M40 Jeff Madsen, 44, Cedar Rapids, IA	36:17	7:18
259	24	M40 Peter Bahl, 43, Lisbon, IA	36:18	7:18
63	4	W25 Donna Weeda, 27*, Cedar Rapids, IA	36:19	7:18
64	6	W16 Sharon Heyer, 17*, Cedar Rapids, IA	36:20	7:19
260	24	M35 Jim Berger, 35, Cedar Rapids, IA	36:21	7:19
65	16	W20 Kaite Larsen, 20*, Manchester, Ia	36:22	7:19
66	1	W50 Muriel Naumann, 50*, Iowa City, IA	36:23	7:19
261	35	M45 Brian Bachmann, 49, Iowa City, IA	36:23	7:19
67	2	W45 Peggy Garrett, 45*, Marion, IA	36:24	7:19
262	36	M45 Owen McCarron, 47, Cedar Rapids, IA	36:24	7:19
263	28	M30 Kirby Moss, 34, Cedar Rapids, IA	36:27	7:20
68	5	W25 Karen Bomar, 28*, Des Moines, IA	36:28	7:20
264	9	M55 Dale Hanna, 57, Cedar Rapids, IA	36:32	7:21
265	25	M35 Randy Harris, 39, Cedar Rapids, IA	36:32	7:21
266	37	M45 Robin Roberts, 49, Cedar Rapids, IA	36:33	7:21
267	4	M60 Sylvan Addink, 64, Iowa City, IA	36:34	7:21
268	25	M40 Bob Brooker, 43, Cedar Rapids, IA	36:35	7:22
269	38	M45 Jay Wiebold, 49, Cedar Rapids, IA	36:36	7:22
270	23	M25 Jim Pillard, 28, Cedar Rapids, IA	36:37	7:22
271	26	M35 Adam Bockenstedt, 36, Coggon, IA	36:38	7:22
272	16	M50 Charles Funk, 52, Iowa City, IA	36:39	7:22
273	26	M40 Alan Schmitt, 40, Fort Atkinson, IA	36:40	7:23
274	24	M25 Eric Enger, 26, Shorewood, MN	36:42	7:23
69	17	W20 Lindsley Jasper, 22*, Dubuque, IA	36:42	7:23
275	2	M65 Wayne Taber, 66, Coal Valley, IL	36:45	7:24
276		Tim Wittman, Cedar Rapids, IA	36:46	7:24
277	35	M16 Clayton Besong, 18, Cedar Rapids, IA	36:47	7:24
278	27	M35 Brad Howard, 39, Amarillo, TX	36:47	7:24
279	10	M55 David Gee, 55, Cedar Rapids, IA	36:50	7:25
280	25	M25 Joe Graf, 29, Iowa City, IA	36:50	7:25
70	6	W25 Denise Miller, 26*, Hiawatha, IA	36:51	7:25
281	27	M40 Kenneth Kleinheinz, 44, Cedar Rapids, IA	36:52	7:25
282	28	M40 Jeffrey Everett, 43, Coralville, IA	36:57	7:26
71	5	W35 Laura Saylor, 37*, Cedar Rapids, IA	37:00	7:27
72	6	W35 Nicole Shannon, 35*, Amarillo, TX	37:02	7:27
283	29	M40 Jim Rohling, 43, Cedar Rapids, IA	37:04	7:27
284	30	M40 Timothy Squiers, 44, Belle Plaine, IA	37:05	7:28
285	31	M40 Kevin Steele, 44, Lisbon, IA	37:05	7:28
286	29	M30 Mike Davis, 32, Northglenn, CO	37:05	7:28
287	26	M25 Michael Brown, 27, Cedar Rapids, IA	37:06	7:28
73	7	W35 Loretta Mitvalsky, 37*, Cedar Rapids, IA	37:06	7:28
288	11	M55 Patrick Courtney, 56, Cedar Rapids, ID	37:07	7:28
289	32	M40 Monty Gartin, 43, Walford, IA	37:07	7:28

290	27	M25 Wesley Carpenter, 27, Marion, IA	37:08	7:28
291	39	M45 Kevin Costigan, 46, Cedar Rapids, IA	37:09	7:28
292	40	M45 James Craig, 49, Cedar Rapids, IA	37:09	7:28
	74	18 W20 Christine Ziemer, 24*, Iowa City, IA	37:10	7:29
293	30	M30 David Hicks, 34, Iowa City, IA	37:11	7:29
294	31	M30 Josh Pedelty, 31, Cedar Rapids, IA	37:11	7:29
295	12	M55 Warren Feerer, 56, Cedar Rapids, IA	37:12	7:29
	75	7 W30 Jodi Michaels, 31*, Hiawatha, IA	37:12	7:29
	76	7 W16 Alyssa Driscoll, 16*, Marion, IA	37:13	7:29
	77	8 W16 Meaghan Nelson, 16*, Cedar Rapids, IA	37:14	7:29
296	36	M20 Pete Messerli, 22, Marion, IA	37:14	7:29
	78	3 W45 Debbie Carrico, 47*, Mt. Vernon, IA	37:15	7:30
297	33	M40 Peter Reed, 40, Louisville, KY	37:17	7:30
298	32	M30 Jayme Barnhart, 30, Lisbon, IA	37:20	7:31
299	28	M35 Tom Whitten, 39, Hiawatha, IA	37:21	7:31
300	36	M16 Alex Striegel, 16, Cedar Rapids, IA	37:22	7:31
301	17	M50 William Johnson, 50, Iowa City, IA	37:22	7:31
302	11	JrM Aaron Schulte, 15, Cedar Rapids, IA	37:22	7:31
303	12	JrM Zach Parsons, 14, Center Point, IA	37:23	7:31
304	13	M55 Norman Arons, 59, Cedar Rapids, IA	37:24	7:31
305	29	M35 Todd Younggreen, 38, Cedar Rapids, IA	37:24	7:31
306	18	M50 Rich Block, 51, Cedar Rapids, IA	37:25	7:32
307	30	M35 Ron Beck, 38, Coralville, IA	37:25	7:32
308	13	JrM Mitchell Martin, 12, Cedar Rapids, IA	37:26	7:32
309	14	JrM Tyler Bro, 15, Cedar Rapids, IA	37:28	7:32
	79	19 W20 Kara Arnold-Arons, 22*, Marion, IA	37:30	7:33
310	33	M30 Jeremy Bushlack, 33, Cedar Rapids, IA	37:31	7:33
311	19	M50 Jon Hajek, 52, Marion, IA	37:33	7:33
312	15	JrM Scott Mittman, 13, Iowa City, IA	37:35	7:34
313	31	M35 Salas Oscar, 35, Marion, IA	37:36	7:34
	80	9 W16 Katelyn Chizek, 17*, Cedar Rapids, IA	37:36	7:34
314	41	M45 Steven Keane, 46, Cedar Rapids, IA	37:38	7:34
315	42	M45 Mike Tierman, 47, Marion, IA	37:38	7:34
	81	10 W16 Emily Zipperer, 17*, Cedar Rapids, IA	37:39	7:34
316	34	M40 Dave Koch, 41, Cedar Rapids, IA	37:39	7:35
317	35	M40 Kevin Ruzicka, 41, Swisher, IA	37:44	7:36
	82	8 W30 Brenda Bartz, 33*, Vinton, IA	37:46	7:36
	83	11 W16 Kelsey Stueland, 18*, Tipton, IA	37:51	7:37
318	37	M16 Benjamin Ditri, 17, Cedar Rapids, IA	37:51	7:37
319	28	M25 Victor Rameker, 27, Reno, NV	37:51	7:37
320	36	M40 Paul Hills, 43, Swisher, IA	37:52	7:37
	84	6 W40 Marta Verschoore, 41*, Rock Island, IL	37:53	7:37
321	32	M35 Jeff Hughes, 36, Germany	37:54	7:37
322	37	M40 Mark Lewis, 41, Cedar Rapids, IA	37:55	7:38
323	33	M35 Jeffrey Cater, 37, Cedar Rapids, IA	37:58	7:38
324	43	M45 Matthew Carrico, 48, Mt Vernon, IA	37:58	7:38
325	16	JrM Ethan Craig, 15, Cedar Rapids, IA	37:59	7:38
326	38	M40 Tom Roeder, 44, Dewitt, IA	38:01	7:39
327	17	JrM Joel Northrup, 11, Marion, IA	38:02	7:39
328	44	M45 Jeff Nietert, 45, Cedar Rapids, IA	38:02	7:39
329	39	M40 Bob Read, 41, Marion, IA	38:03	7:39
	85	9 W30 Deidre Nims, 30*, Cedar Rapids, IA	38:03	7:39
330	34	M35 Del Lagrange, 36, Cedar Rapids, IA	38:04	7:39
331	40	M40 Kevin Wise, 44, Solon, IA	38:04	7:39
332	34	M30 Michael Reardon, 34, Cedar Rapids, IA	38:04	7:40
	86	8 W35 Theresa Johnson, 36*, Denver, IA	38:05	7:40
	87	4 W45 Brenda Feddersen, 47*, Bettendorf, IA	38:05	7:40
	88	4 JrW Annie Hills, 14*, Swisher, IA	38:07	7:40
333	45	M45 Dave Vognsen, 46, Cedar Rapids, IA	38:08	7:40
	89	5 W45 Tina Becker, 45*, Watkins, IA	38:08	7:40
	90	7 W40 Brenda Cloud, 41*, Cedar Rapids, IA	38:09	7:40
334	38	M16 Shawn Keating, 18, Marion, IA	38:10	7:41
335	35	M30 Mark Pendergast, 31, Cedar Rapids, IA	38:10	7:41
336	35	M35 Trenton Halvorson, 35, Marion, IA	38:12	7:41
337	41	M40 John Bailey, 40, Cedar Rapids, IA	38:12	7:41

91	8	W40 Sara Todd, 43*, Cedar Rapids, IA	38:14	7:42
92	9	W40 Donna Herring, 43*, Lisbon, IA	38:15	7:42
93	10	W40 Susan Manternach, 40*, Cedar Rapids, IA	38:15	7:42
338	36	M35 Keith Neubauer, 35, Swisher, IA	38:16	7:42
94	12	W16 Keri Schaefer, 17*, Cedar Rapids, IA	38:17	7:42
339	46	M45 Jim Sines, 49, Cedar Rapids, IA	38:20	7:43
340	20	M50 Charles Berns, 51, Coralville, IA	38:20	7:43
341	18	JrM Kevin Kenel, 15, Cedar Rapids, IA	38:21	7:43
342	14	M55 Gordy Strickland, 59, Fergus Falls, MN	38:22	7:43
343	42	M40 Bart Woods, 43, Cedar Rapids, IA	38:22	7:43
344	37	M20 Kiel Archer, 23, Marion, IA	38:24	7:44
345	39	M16 Ben Peiffer, 18, Cedar Rapids, IA	38:26	7:44
346	47	M45 Neal Scharmer, 49, Cedar Rapids, IA	38:27	7:44
347	21	M50 Harlan Gillespie, 52, Cedar Rapids, IA	38:28	7:44
348	29	M25 Mark Lynch, 29, Bettendorf, IA	38:33	7:45
349	19	JrM Ryan Smith, 12, Ely, IA	38:34	7:46
350	43	M40 Brad Mihm, 41, Norway, IA	38:35	7:46
351	3	M65 Jerry Elsea, 66, Cedar Rapids, IA	38:36	7:46
352	36	M30 Sean Rice, 33, Marion, IA	38:37	7:46
353	48	M45 Jeff White, 48, Mediapolis, IA	38:38	7:46
354	30	M25 Joshua Tew, 25, Cedar Rapids, IA	38:39	7:46
95	9	W35 Barbara Fassbinder, 39*, Marion, IA	38:39	7:46
96	7	W25 Nicole Richardson, 26*, Overland Park, KS	38:39	7:47
97	13	W16 Linda Freiha, 19*, Cedar Rapids, IA	38:40	7:47
98	10	W35 Diana Croghan, 37*, Center Point, IA	38:40	7:47
99	8	W25 Kyla Akers, 29*, Lisbon, IA	38:42	7:47
355	22	M50 Tom Wieseler, 53, Mount Vernon, IA	38:46	7:48
100	9	W25 Jennifer Wick, 28*, Solon, IA	38:46	7:48
356	37	M35 Brian Long, 37, Cedar Rapids, IA	38:47	7:48
357	38	M35 Alan Read, 37, Marion, IA	38:47	7:48
358	20	JrM Joseph Berry, 11, Cedar Rapids, IA	38:49	7:48
359	40	M16 Billy Hahn, 18, Norway, IA	38:51	7:49
101	10	W25 Lisa Lambi, 28*, North Liberty, IA	38:54	7:49
102	5	JrW Mikayla Muller, 14*, Atkins, IA	38:54	7:50
360	23	M50 Randy King, 53, Marion, IA	38:55	7:50
103	6	W45 Mary Keane, 46*, Cedar Rapids, IA	38:57	7:50
361	31	M25 Troy Rand, 28, Waterloo, IA	38:57	7:50
362	49	M45 James Bell, 48, Cedar Rapids, IA	38:57	7:50
363	5	M60 Carl Jenkins, 62, Cedar Rapids, IA	38:59	7:51
104	6	JrW Maegan Leskovec, 15*, Cedar Rapids, IA	39:00	7:51
364	37	M30 Tory Meiborg, 31, Cedar Rapids, IA	39:01	7:51
105	20	W20 Sarah Schmall, 20*, Robins, IA	39:02	7:51
365	39	M35 Bill Higgins, 37, Cedar Rapids, IA	39:02	7:51
366	32	M25 Russell Binder, 29, Marion, IA	39:03	7:51
367	44	M40 John Anderson, 40, Swisher, IA	39:04	7:51
368	45	M40 Mark Chipokas, 42, Cedar Rapids, IA	39:04	7:52
369	46	M40 Frank Ditri, 44, Cedar Rapids, IA	39:05	7:52
106	1	W55 Claudia Scott, 55*, Marion, IA	39:05	7:52
107	11	W35 Rita Taylor-Stewart, 39*, North Liberty, IA	39:06	7:52
370	15	M55 Steve Lanich, 55, Marion, IA	39:06	7:52
371	24	M50 David Waterman, 54, St. Louis, MO	39:06	7:52
372	50	M45 Ted Olson, 46, Hiawatha, IA	39:08	7:52
373	41	M16 Joseph Marshall, 17, Cedar Rapids, IA	39:08	7:52
374	51	M45 Thomas Bark, 48, Marion, IA	39:09	7:53
375	52	M45 Tracy Crocker, 46, Eden Valley, MN	39:10	7:53
108	12	W35 Wendy Gerlack, 36*, Pewaukee, WI	39:10	7:53
376	33	M25 Daniel Dietrich, 29, Marion, IA	39:10	7:53
377	38	M30 Jarod Young, 31, Cedar Rapids, IA	39:11	7:53
378	6	M60 Jim Berger, 61, Cedar Rapids, IA	39:11	7:53
379	21	JrM Matthew Wittman, 12, Cedar Rapids, IA	39:12	7:53
109	21	W20 Jessica Melanko, 22*, West Branch, IA	39:12	7:53
110	11	W40 Stacy McDowell, 43*, Cedar Rapids, IA	39:13	7:53
111	13	W35 Martha Vanzee, 36*, Winfield, IL	39:14	7:53
380	47	M40 Steve Vanzee, 41, Winfield, IL	39:14	7:54
112	11	W25 Heidi Anhalt, 29*, Cedar Rapids, IA	39:15	7:54

381	34	M25 Daniel Erusha, 26, Cedar Rapids, IA	39:15	7:54
382	40	M35 Ron Slagle, 37, Marion, IA	39:16	7:54
113	12	W40 Karen Knight, 42*, Hiawatha, IA	39:16	7:54
383	38	M20 Charlie Vogl, 21, Hiawatha, IA	39:18	7:54
384	48	M40 Matt Nagle, 44, Cedar Rapids, IA	39:19	7:54
385	35	M25 Bob Blockhus, 27, Marion, IA	39:19	7:55
386	49	M40 Jeff Pick, 44, Cedar Rapids, IA	39:21	7:55
387	41	M35 Matthew Engelbert, 36, Coralville, IA	39:22	7:55
388	25	M50 Randy Snook, 51, Cedar Rapids, IA	39:23	7:55
389	39	M20 Brandon Dewolf, 22, Cedar Rapids, IA	39:24	7:56
390	50	M40 Scott Riesenbergs, 40, Marion, IA	39:24	7:56
391	7	M60 Rod Raabe, 60, Swisher, IA	39:25	7:56
392	53	M45 Martin Standley, 48, Marion, IA	39:25	7:56
114	14	W16 Sarah Kleiman, 16*, Cedar Rapids, IA	39:27	7:56
393	51	M40 Ken Fangman, 43, Farley, IA	39:28	7:56
394	26	M50 Craig Schulte, 53, Cedar Rapids, IA	39:29	7:57
395	42	M35 Larry Kram, 38, Cedar Rapids, IA	39:30	7:57
115	14	W35 Allison Noonan, 38*, Cedar Rapids, IA	39:31	7:57
116	15	W35 Annette Lorenz, 35*, Cedar Rapids, IA	39:32	7:57
396	54	M45 Paul Johanson, 46, Oxford, IA	39:34	7:58
397	42	M16 William Wahle, 19, Cedar Rapids, IA	39:35	7:58
117	15	W16 Jessica Allard, 19*, Cedar Rapids, IA	39:36	7:58
398	16	M55 Al Kacere, 58, Marion, IA	39:37	7:58
399	39	M30 Brian Fagan, 34, Cedar Rapids, IA	39:38	7:58
400	27	M50 Kent Mattison, 54, Cedar Rapids, IA	39:38	7:58
401	55	M45 Don Chizek, 46, Cedar Rapids, IA	39:39	7:59
402	43	M35 John Obrien, 35, Bolingbrooke, IL	39:39	7:59
403	56	M45 John Nollsch, 49, Cedar Rapids, IA	39:42	7:59
404	8	M60 Hugh Macmenamin, 61, Cedar Rapids, IA	39:43	7:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
405	44	M35 Michael Hughes, 39, Cedar Rapids, IA	39:44	8:00
406	52	M40 Robert Cook, 41, Iowa City, IA	39:45	8:00
118	12	W25 Cynthia Severs, 29*, North Liberty, IA	39:46	8:00
407	17	M55 Mark Ramsey, 55, Cedar Rapids, IA	39:47	8:00
408	40	M30 Kirk Meyer, 30, Cedar Rapids, IA	39:49	8:01
409	41	M30 Brian Huber, 31, Cedar Rapids, IA	39:50	8:01
119	16	W16 Madeline Steiner, 16*, Cedar Rapids, IA	39:50	8:01
120	22	W20 Cassie Mitvalsky, 24*, Cedar Rapids, IA	39:52	8:01
121	7	W45 Deanna Haddy, 46*, Cedar Rapids, IA	39:52	8:01
410	57	M45 Tim Miller, 45, Coralville, IA	39:54	8:02
122	10	W30 Kathy Mellen, 33*, Coralville, IA	39:57	8:02
411	53	M40 Doug Ropp, 42, Cedar Rapids, IA	40:00	8:03
123	2	W50 Evelia Hauck, 51*, Coralville, IA	40:01	8:03
412	43	M16 Brian Wiggins, 18, Center Point, IA	40:01	8:03
413	45	M35 Michael Zimmerman, 38, Marion, IA	40:05	8:04
414	22	JrM Cale Pruess, 15, Clarence, IA	40:06	8:04
124	13	W40 Karen Knox, 40*, Cedar Rapids, IA	40:07	8:04
415	58	M45 Rick Whiteaker, 49, Cedar Rapids, IA	40:11	8:05
416	23	JrM Mitchell Steimel, 15, Cedar Rapids, IA	40:11	8:05
417	42	M30 Rob Kasper, 34, Cedar Rapids, IA	40:12	8:05
125	17	W16 Amy Boesenberg, 19*, Cedar Rapids, IA	40:13	8:05
126	3	W50 Ellen Rickert, 53*, Lafayette, CO	40:13	8:05
127	13	W25 Jennifer Butler, 28*, Cedar Rapids, IA	40:16	8:06
418	18	M55 Steven Ovel, 58, Cedar Rapids, IA	40:17	8:06
128	16	W35 Amy Homan, 39*, Cedar Rapids, IA	40:18	8:06
419	43	M30 Rob Pollitt, 34, Cedar Rapids, IA	40:18	8:06
420	19	M55 Lee Bendull, 57, Vinton, IA	40:18	8:06
421	54	M40 John Clarahan, 44, Cedar Rapids, IA	40:19	8:07
422	55	M40 Bradd Brown, 41, Cedar Rapids, IA	40:20	8:07
423	46	M35 Patrick Carroll, 38, Milwaukee, WI	40:21	8:07
129	8	W45 Phyllis Sidelko, 47*, Locust Grove, VA	40:23	8:07
424	36	M25 Caleb Plumb, 27, Cedar Rapids, IA	40:23	8:07
425	59	M45 Bob Hanson, 48, Cedar Rapids, IA	40:24	8:08
130	23	W20 Gina Thomas, 23*, Belle Plaine, IA	40:27	8:08

426	24	JrM Ryan Marling, 15, Cedar Rapids, IA	40:27	8:08
131	14	W25 Corrie Enyart, 28*, Cedar Rapids, IA	40:28	8:08
132	4	W50 Lynn Dennis, 51*, Cedar Rapids, IA	40:31	8:09
427	20	M55 Robert McDonald, 55, Coal Valley, IL	40:32	8:09
428	25	JrM Alexander Degroote, 15, Cedar Rapids, IA	40:33	8:09
429	60	M45 Kary Miller, 48, Cedar Rapids, IA	40:34	8:10
430	56	M40 Michael Odonnell, 42, Marion, IA	40:35	8:10
133	11	W30 Jennifer Schnell, 33*, Center Point, IA	40:36	8:10
431	61	M45 Mark Seidl, 47, Cedar Rapids, IA	40:39	8:11
432	37	M25 Phil Hartgrave, 26, Cedar Rapids, IA	40:39	8:11
433	62	M45 Greg Bardsley, 48, Palo, IA	40:43	8:12
434	63	M45 Allen Trofholz, 47, Robins, IA	40:44	8:12
435	21	M55 Mark Watson, 55, Cedar Rapids, IA	40:44	8:12
436	64	M45 J Beasley, 45, Iowa City, IA	40:45	8:12
134	24	W20 Ashley Hartkemeyer, 22*, Hiawatha, IA	40:45	8:12
437	57	M40 Tom Blazek, 40, Cedar Rapids, IA	40:47	8:12
438	58	M40 Jed Wagenknecht, 41, Fort Worth, TX	40:48	8:12
439	47	M35 Ron Hellweg, 38, Cedar Rapids, IA	40:48	8:12
440	65	M45 Keith Kenel, 45, Cedar Rapids, IA	40:48	8:13
441	44	M30 Michael Hauptly, 32, Cedar Rapids, IA	40:49	8:13
135	18	W16 Ann Schnoebelen, 16*, Cedar Rapids, IA	40:49	8:13
442	44	M16 Joseph Brandt, 16, Cedar Rapids, IA	40:49	8:13
443	59	M40 Mike Pugh, 40, Iowa City, IA	40:50	8:13
444	28	M50 Gary Watts, 50, Iowa City, IA	40:51	8:13
445	60	M40 Eric Mueller, 41, Cedar Rapids, IA	40:52	8:13
136	25	W20 Cassy Townsley, 24*, Cedar Rapids, IA	40:52	8:13
446	66	M45 Dave Beastrom, 46, Cedar Rapids, IA	40:53	8:13
137	17	W35 Wendy Frese, 39*, Cedar Rapids, IA	40:55	8:14
138	15	W25 Rachel Davis, 26*, Dubuque, IA	40:57	8:14
447	61	M40 Dave Klostermann, 41, Lisbon, IA	40:58	8:14
448	62	M40 Jeff Steimel, 44, Cedar Rapids, IA	40:58	8:15
139	16	W25 Heather Fleming, 29*, Cedar Rapids, IA	40:59	8:15
449	29	M50 Bob Bang, 53, Coralville, IA	41:00	8:15
140	7	JrW Kelly Nelson, 15*, North Liberty, IA	41:02	8:15
450	63	M40 David Nelson, 44, North Liberty, IA	41:03	8:15
451	64	M40 Lance Keith, 40, Solon, IA	41:04	8:16
141	14	W40 Mary Drake, 43*, Cedar Rapids, IA	41:05	8:16
452	67	M45 Gregg Kearney, 47, Cedar Rapids, IA	41:05	8:16
142	5	W50 Laura Stunz, 50*, Iowa City, IA	41:05	8:16
453	1	M70 Tom Novak, 73, Cedar Rapids, IA	41:07	8:16
143	17	W25 Emily Blomme, 28*, Cedar Rapids, IA	41:09	8:17
454	45	M30 Tim Wesselink, 32, Cedar Rapids, IA	41:10	8:17
144	19	W16 Alex Kennedy, 17*, Hiawatha, IA	41:11	8:17
455	48	M35 Jeff Allen, 35, Coralville, IA	41:11	8:17
456	38	M25 John Eikenberry, 29, Center Point, IA	41:12	8:17
457	46	M30 Mike Shipley, 30, Marion, IA	41:14	8:18
145	18	W35 Sherry Kramer, 35*, Cedar Rapids, IA	41:16	8:18
146	19	W35 Christine Lemke, 36*, Cedar Rapids, IA	41:16	8:18
147	18	W25 Ellen Dane, 25*, Philadelphia, PA	41:16	8:18
458	49	M35 Kyle Trampe, 35, Marion, IA	41:17	8:18
148	8	JrW Kelsie Coates, 10*, Cedar Rapids, IA	41:17	8:18
459	47	M30 Mike Hicks, 33, Marion, IA	41:18	8:18
460	50	M35 Kevin Kruse, 38, Iowa City, IA	41:18	8:18
461	65	M40 Edward Meissner, 43, Cedar Rapids, IA	41:19	8:19
149	20	W35 Amy Anderson, 36*, North Liberty, IA	41:20	8:19
462	39	M25 Josh Rice, 27, Cedar Rapids, IA	41:20	8:19
150	19	W25 Amy Metcalf, 28*, Cedar Rapids, IA	41:21	8:19
151	21	W35 Diane Ropp, 39*, Cedar Rapids, IA	41:22	8:19
152	6	W50 Trish Prokop, 52*, Cedar Rapids, IA	41:23	8:20
463	4	M65 Donald Venzke, 67, Cedar Rapids, IA	41:27	8:20
464	51	M35 Matt Orourke, 38, Cedar Rapids, IA	41:28	8:20
465	66	M40 Jeffery Murra, 40, Thompson, IA	41:29	8:21
153	20	W25 Jenna Rife, 25*, Cedar Rapids, IA	41:29	8:21
154	20	W16 Nikki Garrett, 19*, Marion, IA	41:30	8:21
466	40	M20 Brandon Boesenberg, 22, Cedar Rapids, IA	41:30	8:21

155	9	W45 Patricia Kenel, 45*, Cedar Rapids, IA	41:31	8:21
156	15	W40 Nancy Whitcanack, 44*, Coal Valley, IL	41:33	8:21
157	21	W16 Ramsey Steiner, 16*, Cedar Rapids, IA	41:33	8:22
158	12	W30 Kieseey Kris, 34*, Cedar Rapids, IA	41:34	8:22
467	68	M45 Martin Robinson, 48, Cedar Rapids, IA	41:34	8:22
468	67	M40 Chris Usher, 42, Marion, IA	41:35	8:22
469	68	M40 Jim Nemitz, 41, Marion, IA	41:35	8:22
159	22	W16 Molly Deprenger, 16*, Iowa City, IA	41:36	8:22
160	2	W55 Sue Stannard, 56*, Cedar Rapids, IA	41:36	8:22
470	48	M30 Chris Dewolf, 34, Cedar Rapids, IA	41:37	8:22
471	41	M20 Jeff Bendull, 23, Cedar Rapids, IA	41:38	8:22
472	30	M50 Bob Pence, 53, Cedar Rapids, IA	41:38	8:23
161	21	W25 Keri Christensen, 29*, Marion, IA	41:39	8:23
162	16	W40 Julie Wittman, 43*, Cedar Rapids, IA	41:41	8:23
163	7	W50 Pamela Wood, 51*, Janesville, IA	41:43	8:23
164	10	W45 Denise Whiting, 47*, Iowa City, IA	41:43	8:24
165	22	W35 Sheri Walter, 37*, Swisher, IA	41:44	8:24
473	69	M45 Greg Daniel, 49, Cedar Rapids, IA	41:45	8:24
474		Brian Miller	41:47	8:24
475	42	M20 Cyrus Payvandi, 21, Cedar Rapids, IA	41:48	8:24
166	13	W30 Jenny Owens, 33*, Des Moines, IA	41:48	8:25
167	23	W16 Jean Louise Larew, 17*, Iowa City, IA	41:49	8:25
476	49	M30 Chad Bosch, 30, Cedar Rapids, IA	41:49	8:25
168	17	W40 S Brooks, 41*, Cedar Rapids, IA	41:51	8:25
477	50	M30 Jeremy Cohn, 32, Marion, IA	41:52	8:25
478	70	M45 Marc Bretz, 45, Solon, IA	41:52	8:25
479	51	M30 Chad Stiffler, 32, Marion, IA	41:53	8:26
480	71	M45 Rick Swan, 45, Cedar Rapids, IA	41:54	8:26
169	26	W20 Casey Graham, 24*, San Diego, CA	41:54	8:26
170	24	W16 Samantha Hartkemeyer, 17*, Hiawatha, IA	41:55	8:26
171	14	W30 Varina Allpress, 32*, Walford, IA	42:01	8:27
172	15	W30 Tanya Epperson, 31*, Cedar Rapids, IA	42:03	8:27
481	52	M35 John Hebrink, 39, Cedar Rapids, IA	42:04	8:28
482	52	M30 Steve Mudd, 33, Cedar Rapids, IA	42:05	8:28
483	53	M30 Matthew Anderson, 32, Vinton, IA	42:06	8:28
173	11	W45 Janet Jamieson, 49*, Dubuque, IA	42:06	8:28
484	26	JrM Nolan Nietert, 13, Cedar Rapids, IA	42:07	8:28
485	53	M35 Rick Mitvalsky, 35, Cedar Rapids, IA	42:07	8:28
174	25	W16 Jillian Faaborg, 17*, Cedar Rapids, IA	42:07	8:28
486	72	M45 John Lukasko, 46, Solon, IA	42:08	8:29
175	16	W30 Emily Neuwohner, 32*, Shawnee, KS	42:10	8:29
176	17	W30 Brenda Olson, 31*, Cedar Rapids, IA	42:11	8:29
177	26	W16 Summer Irwin, 18*, Cedar Rapids, IA	42:12	8:29
487	22	M55 John Stanton, 59, Bernard, IA	42:12	8:29
488	73	M45 Mike Brown, 49, Cedar Rapids, IA	42:15	8:30
489	31	M50 Robert Adrian, 53, Davenport, IA	42:18	8:30
490	74	M45 Mike Nelson, 49, Minneapolis, MN	42:20	8:31
491	32	M50 Terry Craft, 51, Swisher, IA	42:20	8:31
492	75	M45 Leon Mehring, 47, Cedar Rapids, IA	42:21	8:31
178	12	W45 Jerry Vandersanden, 49*, Cedar Rapids, IA	42:21	8:31
179	22	W25 Courtney Swails, 29*, Cedar Rapids, IA	42:22	8:31
180	13	W45 Stephen McCoy, 47*, Cedar Rapids, IA	42:22	8:31
493	33	M50 Jerry Tiedt, 50, Cedar Rapids, IA	42:23	8:31
494	9	M60 Dean Wieditz, 63, Vinton, IA	42:25	8:32
495	76	M45 Alan Erger, 45, Cedar Rapids, IA	42:25	8:32
181	27	W16 Lindsay Erger, 18*, Cedar Rapids, IA	42:26	8:32
496	45	M16 Tyson King, 19, Marion, IA	42:26	8:32
497	54	M30 John Leslein, 34, Marion, IA	42:27	8:32
498	27	JrM Michael Streit, 13, Bettendorf, IA	42:28	8:33
182	23	W25 Christina Broadwell, 29*, Coralville, IA	42:28	8:33
183	18	W30 Julie Lindsay, 31*	42:29	8:33
499	43	M20 Tyler Smiarowski, 24, Hiawatha, IA	42:30	8:33
500	5	M65 Rick Vandervelde, 67, Holland, MI	42:31	8:33
184	23	W35 Carol Palmer, 37*, Cedar Rapids, IA	42:32	8:33
185	28	W16 Katie Ricklefs, 17*, Monticello, IA	42:33	8:34

186	19	W30	Ginny Buresh, 34*, Iowa City, IA	42:33	8:34
501	55	M30	Chris Buresh, 30, Iowa City, IA	42:34	8:34
187	14	W45	Elizabeth Olsem, 45*, Lisbon, IA	42:34	8:34
188	27	W20	Jenna Agrimson, 20*, Cedar Rapids, IA	42:34	8:34
189	28	W20	Jessie Paulson, 20*, Cedar Rapids, IA	42:35	8:34
190	24	W35	Sarah Williams, 39*, Marion, IA	42:35	8:34
502	77	M45	Scott Leaverton, 47, Cedar Rapids, IA	42:36	8:34
503	54	M35	Darren Graves, 38, Cedar Rapids, IA	42:40	8:35
504	78	M45	Harold Hartke, 47, Cedar Rapids, IA	42:40	8:35
505	79	M45	Tim Zipperer, 46, Cedar Rapids, IA	42:43	8:36
506	55	M35	Tim Teslik, 39, Cedar Rapids, IA	42:45	8:36
507	69	M40	Blair Stephenson, 40, Cedar Rapids, IA	42:45	8:36
191	9	JrW	Kelly Drake, 15*, Cedar Rapids, IA	42:46	8:36
192	10	JrW	Stef McGraw, 15*, Cedar Rapids, IA	42:47	8:36
508	28	JrM	Joel Jepsen, 15, Center Point, IA	42:47	8:36
509	56	M30	Jason Wisehart, 33, Cedar Rapids, IA	42:48	8:37
193	15	W45	Lois Kabela-Coates, 49*, Cedar Rapids, IA	42:49	8:37
510	70	M40	Paul Hansen, 44, Cedar Rapids, IA	42:49	8:37
511	57	M30	Eric Gift, 34, Cedar Rapids, IA	42:50	8:37
512	56	M35	Dean Chiafos, 36, Center Point, IA	42:50	8:37
513	34	M50	Edward Silagi, 50, Iowa City, IA	42:51	8:37
194	25	W35	Susan Holm, 35*, Cedar Rapids, IA	42:51	8:37
195	3	W55	Mary Campbell, 58*, Cedar Rapids, IA	42:53	8:38
514	29	JrM	Greg Keating, 15, Marion, IA	42:55	8:38
515	71	M40	James Burke, 42, Cedar Rapids, IA	42:56	8:38
516	58	M30	Benjamin Hanson, 31, Cedar Rapids, IA	42:56	8:38
196	16	W45	Ferron Coutentos, 45*, Cedar Rapids, IA	42:57	8:38
517	72	M40	Joe Kirby, 41, Cedar Rapids, IA	42:59	8:39
197	20	W30	Kimberly McGuire, 34*, Marion, IA	42:59	8:39
198	21	W30	Shilo Meyer, 32*, Cedar Rapids, IA	43:00	8:39
199	29	W20	Jenna Nicol, 20*, Mt. Vernon, IA	43:00	8:39
518	73	M40	Ray Amsler, 40, Hiawatha, IA	43:00	8:39
519	80	M45	David Stewart, 46, Cedar Rapids, IA	43:02	8:39
200	26	W35	Belinda Dewitt, 36*, Solon, IA	43:03	8:40
520	57	M35	Kirk Callahan, 36, Iowa City, IA	43:03	8:40
201	22	W30	Melissa Holst, 31*, Coralville, IA	43:04	8:40
202	18	W40	Laura Amsler, 42*, Des Moines, IA	43:04	8:40
203	23	W30	Sherrie Mauren, 30*, Marion, IA	43:05	8:40
204	27	W35	Andrea Shriver, 35*, Cedar Rapids, IA	43:06	8:40
205	17	W45	Lisa Pauos, 46*, Cedar Rapids, IA	43:08	8:41
521	40	M25	Joseph Baber, 29, Cedar Rapids, IA	43:09	8:41
522	58	M35	John Resewehr, 39, Cedar Rapids, IA	43:10	8:41
523	30	JrM	Finbar Berry, 9, Cedar Rapids, IA	43:12	8:42
524	35	M50	Michael Finn, 54, Anamosa, IA	43:13	8:42
525	59	M35	Delane Wolter, 39, Palo, IA	43:14	8:42
206	29	W16	Kaitlin Allard, 16*, Cedar Rapids, IA	43:16	8:42
526	23	M55	John Watson Jr, 58, Robins, IA	43:18	8:43
207	30	W20	Danielle Fennelly, 22*, Cedar Rapids, IA	43:20	8:43
208	31	W20	Carman White, 23*, Cedar Rapids, IA	43:21	8:43
209	19	W40	Regina Randall, 42*, Solon, IA	43:21	8:43
527	81	M45	Timothy Carlson, 48, Cedar Rapids, IA	43:24	8:44
528	36	M50	Randy Nicol, 50, Mt. Vernon, IA	43:25	8:44
529	82	M45	Dan Lowe, 48, Cedar Rapids, IA	43:26	8:44
530	74	M40	James Mote, 43, Milan, IL	43:27	8:44
210	28	W35	Tami Westhoff, 36*, Marion, ID	43:28	8:45
211	29	W35	Bhavna Sharma-Lewis, 36*, Bartlett, IL	43:28	8:45
531	83	M45	Thomas Pickup, 47, Cedar Rapids, IA	43:28	8:45
532	59	M30	Matthew Putman, 30, Cedar Rapids, IA	43:29	8:45
533	60	M30	Neil Murrin, 31, Cedar Rapids, IA	43:30	8:45
212	11	JrW	Kathryn Bell, 14*, Cedar Rapids, IA	43:30	8:45
213	24	W30	Suzy Dewolf, 34*, Cedar Rapids, IA	43:32	8:45
534	61	M30	Cyril Hilario, 33, Cedar Rapids, IA	43:32	8:46
214	18	W45	Dottie Gierut, 48*, Cedar Rapids, IA	43:33	8:46
215	24	W25	Mariah Hurley, 29*, Cedar Rapids, IA	43:34	8:46
535	60	M35	Scott Bradley, 37, Marion, IA	43:35	8:46

536	41	M25	Chris Leuck, 25, Woodstock, IL	43:36	8:46
537	31	JrM	Alex Green, 14, Cedar Rapids, IA	43:36	8:46
538	37	M50	Terry Arnold, 51, Cedar Rapids, IA	43:37	8:47
216	4	W55	Anita English, 55*, Marion, IA	43:39	8:47
539	42	M25	Matt Oltman, 26, Cedar Rapids, IA	43:40	8:47
217	32	W20	Carissa Gee, 24*, Cedar Rapids, IA	43:40	8:47
540	62	M30	Matt Piersall, 30, Cedar Rapids, IA	43:40	8:47
541	75	M40	Mark Hamling, 42, Cedar Rapids, IA	43:41	8:47
542	38	M50	Steven Sisco, 52, Cedar Rapids, IA	43:42	8:47
543	76	M40	Mark Jepsen, 43, Center Point, IA	43:43	8:48
544	77	M40	Jerry Franklin, 42, Depere, WI	43:44	8:48
218	30	W35	Jillian Knutson, 37*, Cedar Rapids, IA	43:44	8:48
545	39	M50	Stephen Runde, 52, Marion, IA	43:46	8:48
219	30	W16	Mary Crumley, 17*, Cedar Rapids, IA	43:47	8:49
546	78	M40	Gene Nassif, 42, Cedar Rapids, IA	43:48	8:49
220	31	W35	Jody Rausch, 37*, Robins, IA	43:48	8:49
547	10	M60	Bob Rush, 61, Cedar Rapids, IA	43:49	8:49
548	24	M55	Clinton Steele, 57, Marion, IA	43:51	8:49
549	84	M45	Jeff Allard, 47, Cedar Rapids, IA	43:52	8:49
221	32	W35	Becca Harms, 36*, Marion, IA	43:52	8:50
550	40	M50	Clarke Beard, 51, Marion, IA	43:53	8:50
551	61	M35	Brett Proskovec, 37, Hiawatha, IA	43:53	8:50
552	62	M35	Chad Wilson, 35, Cedar Rapids, IA	43:54	8:50
553	79	M40	Jon Burbridge, 42, Robins, IA	43:55	8:50
554	25	M55	John Becker, 55, Cedar Rapids, IA	43:55	8:50
555	63	M35	Erich Hoffmeier, 35, Cedar Rapids, IA	43:56	8:50
556	6	M65	Patrick Decarlo, 68, Cedar Rapids, IA	43:57	8:51
222	33	W35	Jennifer Nccarthy, 38*, Cedar Rapids, IA	43:58	8:51
557	26	M55	Dennis Wegner, 57, Manchester, IA	43:58	8:51
223	31	W16	Allison Sole, 19*, Cedar Rapids, IA	43:59	8:51
224			Rhonda Townley*	43:59	8:51
225	19	W45	Peggy Beastrom, 45*, Cedar Rapids, IA	44:01	8:51
226	25	W25	Lucy Hamm, 29*, Cedar Rapids, IA	44:01	8:51
227	25	W30	Erica Liedtke, 31*, Urbana, IA	44:02	8:52
228	26	W30	Jennifer Cira, 30*, Hiawatha, IA	44:03	8:52
558	64	M35	Tim Isenberg, 37, Marion, IA	44:04	8:52
229	34	W35	Jenny Lenger, 35*, Anamosa, IA	44:06	8:52
230	32	W16	Whitley Allard, 17*, Cedar Rapids, IA	44:07	8:53
231	35	W35	Angela Sagan, 39*, Vinton, IA	44:10	8:53
232	27	W30	Jean Leitheiser, 33*, Williamsburg, IA	44:10	8:53
233	20	W45	Sheryl Weber-Paxton, 48*, Minneapolis, MN	44:12	8:53
559	65	M35	Gregory Dewolf, 37, Poquoson, VA	44:13	8:54
234	36	W35	Catherine Radzewich, 35*, Oakland, CA	44:14	8:54
560	66	M35	Edward Gillan, 39, Iowa City, IA	44:14	8:54
235	20	W40	Teri Sissel, 44*, Cedar Rapids, IA	44:17	8:55
236	33	W16	Leah Applebee, 19*, Mt. Vernon, IA	44:19	8:55
561	80	M40	Maxwell Grant, 41, Cedar Rapids, IA	44:22	8:55
237	26	W25	Brandy Hoffmeier, 28*, Cedar Rapids, IA	44:23	8:56
562	27	M55	Barry Sweet, 56, Cedar Rapids, IA	44:23	8:56
238	37	W35	Bridget Malaki, 35*, Marion, IA	44:24	8:56
563	7	M65	Patrick Murphy, 65, Robins, IA	44:24	8:56
564	11	M60	Jack Pilling, 62, Cedar Rapids, IA	44:24	8:56
239	28	W30	Shea Woodhouse, 30*, Cedar Rapids, IA	44:27	8:56
565	67	M35	Chris McMann, 36, Cedar Rapids, IA	44:28	8:57
566	68	M35	Chris Kamman, 37, Ames, IA	44:28	8:57
240	8	W50	Marylou Williams, 52*, Marion, IA	44:29	8:57
241	34	W16	Maggie Putman, 18*, Cedar Rapids, IA	44:30	8:57
567	81	M40	Dominic Giegerich, 41, Earlham, IA	44:31	8:57
242	38	W35	Holly Deeds, 39*, Atkins, IA	44:32	8:58
243	39	W35	Lynn Willey, 36*, Cedar Rapids, IA	44:34	8:58
244	21	W45	Tracy Jandik, 45*, Cedar Rapids, IA	44:35	8:58
245	27	W25	Emily Putman, 25*, San Francisco, CA	44:35	8:58
568	69	M35	Aaron Noll, 36, Bridgman, MI	44:38	8:59
569	70	M35	Robert Schmit, 38, Cedar Rapids, IA	44:42	8:59

Pace: [5:00](#) | [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [Top](#)

246	33	W20 Dayna Teakell, 20*, Marion, IA	44:45	9:00
570	41	M50 Lloyd Ludolph, 54, Marion, IA	44:45	9:00
247	35	W16 Tara Squiers, 18*, Belle Plaine, IA	44:46	9:00
571	42	M50 Dean Jandik, 52, Cedar Rapids, IA	44:47	9:01
248	22	W45 Jacqueline Stoll, 45*, Cedar Rapids, IA	44:48	9:01
249	21	W40 Christine Botkin, 40*, Cedar Rapids, IA	44:49	9:01
250	40	W35 S Lindwall, 36*, Cedar Rapids, IA	44:50	9:01
572	12	M60 Larry Bergrud, 60, Cedar Rapids, IA	44:50	9:01
573	13	M60 Mark Tyler, 64, Cedar Rapids, IA	44:51	9:01
574	43	M50 Steve Doty, 53, Cedar Rapids, IA	44:53	9:02
251	29	W30 Wendy Williams, 33*, Cedar Rapids, IA	44:54	9:02
575	63	M30 Sean Williams, 33, Cedar Rapids, IA	44:55	9:02
576	85	M45 Lenny Mais, 47, Coggon, IA	44:56	9:02
577	43	M25 Neil Van Berkum, 27, Chandler, AZ	44:58	9:03
252	22	W40 Elisa Lewis, 42*, Cedar Rapids, IA	45:01	9:03
578	28	M55 Lee Belfield, 57, Cedar Rapids, IA	45:02	9:04
579	44	M25 Luke Stahle, 29, Cedar Rapids, IA	45:03	9:04
580	44	M50 Karl Klotzbach, 51, Decorah, IA	45:04	9:04
581	82	M40 Michael Schueller, 43, Cedar Rapids, IA	45:05	9:04
582	86	M45 Scott Swenson, 47, Solon, IA	45:05	9:04
253	41	W35 Kim Callahan, 36*, Centennial, CO	45:08	9:05
583	87	M45 David O'Connor, 46, Cedar Rapids, IA	45:12	9:05
584	83	M40 Jeff Kintzle, 43, St. Charles, MO	45:13	9:06
585	84	M40 Tony Foxoven, 42, Cedar Rapids, IA	45:14	9:06
586	45	M50 Patrick O'Keefe, 53, Cedar Rapids, IA	45:15	9:06
254	28	W25 Rachelle Little, 27*, Ankeny, IA	45:16	9:06
587	29	M55 George Karr, 56, Iowa City, IA	45:16	9:06
588	32	JrM Joel Rankin, 15, Marion, IA	45:17	9:06
589	46	M50 Steven Kimm, 50, Norway, IA	45:18	9:07
590	85	M40 Patrick Schmidt, 41, Marion, IA	45:18	9:07
255	42	W35 Vena Nurre, 36*, Fairfax, IA	45:19	9:07
256	43	W35 Chris Day, 36*, Palo, IA	45:20	9:07
591	88	M45 Tom Poduska, 45, Mechanicsville, IA	45:21	9:07
592	45	M25 John Dague, 26, Cedar Rapids, IA	45:21	9:07
593	64	M30 Paul Bentley, 30, Cedar Rapids, IA	45:22	9:08
257	23	W40 Joan Deprenger, 44*, Iowa City, IA	45:22	9:08
594	89	M45 David Andersen, 47, Coralville, IA	45:27	9:09
258	29	W25 Tressa Walton, 28*, Vinton, IA	45:28	9:09
595	90	M45 Tom Leaverton, 45, Cedar Rapids, IA	45:31	9:09
596	30	M55 Ed Pooock, 55, Cedar Rapids, IA	45:32	9:10
597	14	M60 Dick Graham, 60, West Union, IA	45:33	9:10
598	47	M50 John Lang, 54, Waterloo, IA	45:34	9:10
599	91	M45 Michael Fagan, 46, Glen Ellyn, IL	45:34	9:10
259	44	W35 Julie Becker, 38*, Cedar Rapids, IA	45:35	9:10
260	30	W25 Allyson Tippie, 25*, Reno, NV	45:36	9:10
600	86	M40 Mark Brown, 42, Cedar Rapids, IA	45:37	9:11
261	30	W30 Kathleen Tharp, 30*, Iowa City, IA	45:37	9:11
601	92	M45 Mike Peiffer, 47, Cedar Rapids, IA	45:38	9:11
602	87	M40 Joseph Mischka, 42, Cedar Rapids, IA	45:38	9:11
262	45	W35 Susan Foster, 35*, Cedar Rapids, IA	45:38	9:11
263	31	W25 Andrea Fetzter, 27*, Cedar Rapids, IA	45:42	9:12
603	65	M30 Jeremy Dorn, 33, Marion, IA	45:42	9:12
604	46	M25 Scott Bentrup, 27, Minneapolis, MN	45:43	9:12
605	33	JrM Mathieu Durand, 15, Marion, IA	45:45	9:12
606	88	M40 Kurtis Meyer, 40, Hiawatha, IA	45:45	9:12
264	5	W55 Carolyn Wadsworth, 59*, Cedar Rapids, IA	45:46	9:12
607	15	M60 Michael Carr, 62, Cedar Rapids, IA	45:47	9:13
265	46	W35 Janet Wietlispach, 36*, Cedar Rapids, IA	45:47	9:13
266	32	W25 Maggie Peck, 25*, Winthrop, IA	45:49	9:13
608	93	M45 Michael Hook, 48, Hiawatha, IA	45:49	9:13
609	48	M50 Jim Steggall, 52, Cedar Rapids, IA	45:50	9:13
610	16	M60 Leonard Davis, 61, Independence, IA	45:50	9:13
267	1	W60 Dolores Davis, 60*, Independence, IA	45:51	9:13
611	49	M50 Tom Keating, 50, Marion, IA	45:52	9:14
612	31	M55 David Voss, 55, New Brighton, MN	45:53	9:14

613	89	M40	David Smith, 43, Mount Vernon, IA	45:54	9:14
614	90	M40	Michael Heater, 44, Marion, IA	45:56	9:14
615	71	M35	Tim Sagers, 38, Cedar Rapids, IA	45:57	9:15
616	66	M30	Andrew Elwood, 31, Cedar Rapids, IA	45:57	9:15
268	31	W30	Sherrie Kautman, 30*, Cedar Rapids, IA	46:00	9:15
269	33	W25	Kayti Steffen, 27*, Iowa City, IA	46:00	9:15
617	91	M40	Mike Sills, 41, Hiawatha, IA	46:01	9:15
270	47	W35	Lara Ann Frey, 35*, Sioux Falls, SD	46:01	9:15
618	94	M45	Dennis Martin, 46, Cedar Rapids, IA	46:02	9:16
619	95	M45	Steve Cummings, 49, Cedar Rapids, IA	46:03	9:16
271	12	JrW	Andrea Castek, 15*, Hiawatha, IA	46:05	9:16
272	32	W30	Betty Jo Blietz, 33*, San Antonio, TX	46:08	9:17
620	32	M55	Michael Andersen, 56, Marion, IA	46:11	9:18
621	50	M50	Roy Kottal, 51, Cedar Rapids, IA	46:13	9:18
273	34	W20	Katie Thompson, 21*, Cedar Rapids, IA	46:15	9:18
622	51	M50	Gary Brown, 53, Cedar Rapids, IA	46:16	9:18
274	33	W30	Jodee Beck, 34*, Hiawatha, IA	46:18	9:19
623	72	M35	Shannon Bisgard, 38, Marion, IA	46:22	9:20
275	6	W55	Judy Wolfe, 59*, Hiawatha, IA	46:24	9:20
276	24	W40	Marla Happell, 41*, Marion, IA	46:24	9:20
277	34	W25	Angelique Eslami, 28*, Coralville, IA	46:25	9:20
624	96	M45	Richard Butterfield, 47, San Francisco, CA	46:26	9:20
278	48	W35	Michelle Thornton, 36*, Cedar Rapids, IA	46:28	9:21
279	49	W35	Tracy Crippin, 39*, Fort Dodge, IA	46:29	9:21
625	92	M40	Doug Castek, 44, Hiawatha, IA	46:29	9:21
280	50	W35	Joanna Ringsby, 35*, Denver, CO	46:29	9:21
626	73	M35	Alex Ringsby, 36, Denver, CO	46:29	9:21
627	97	M45	Peter Steele, 48, Cedar Rapids, IA	46:30	9:21
628	74	M35	Kevin Greenley, 39, Independence, IA	46:31	9:21
629	75	M35	Kurt House, 37, Independence, IA	46:32	9:22
630	33	M55	Steve Farmer, 56, Cedar Rapids, IA	46:32	9:22
281	51	W35	Lara Fredrickson, 36*, Washington, DC	46:33	9:22
282	34	W30	Danielle Rice, 32*, Marion, IA	46:36	9:22
283	35	W20	Emily Burmeister, 23*, Cedar Rapids, IA	46:36	9:23
284	52	W35	Suzanne Bailey, 36*, Cedar Rapids, IA	46:37	9:23
631	52	M50	Keith Krewer, 53, Cedar Rapids, IA	46:38	9:23
285	25	W40	Sheri Jeffery, 40*, Robins, IA	46:39	9:23
286	35	W30	Kristy Robertson, 31*, Anamosa, IA	46:39	9:23
287	35	W25	Sarah Andresen, 29*, Anamosa, IA	46:40	9:23
288	36	W30	Tara Troendle-Hawkins, 33*, Cedar Rapids, IA	46:40	9:23
289	53	W35	Lynda Cook, 39*, Cedar Rapids, IA	46:41	9:23
290	37	W30	Angela Osland, 33*, Cedar Rapids, IA	46:42	9:24
291	36	W20	Laura Berger, 21*, Cedar Rapids, IA	46:42	9:24
292	38	W30	Melissa Roffey, 31*, Anamosa, IA	46:42	9:24
293	54	W35	Ericka Van Hook, 36*, Marion, IA	46:43	9:24
294	36	W25	Sarah Stephenson, 25*, Cedar Rapids, IA	46:47	9:25
295	55	W35	Joanna Heigis, 35*, Cedar Rapids, IA	46:48	9:25
296	39	W30	Sarah Kelly, 31*, Greenbrook, NJ	46:48	9:25
632	34	JrM	Max Suttles, 11, Cedar Rapids, IA	46:53	9:26
633	17	M60	Gary Kalis, 61, Cedar Rapids, IA	46:55	9:26
634	67	M30	Tom Durian, 32, North Liberty, IA	46:55	9:26
297	56	W35	Laura Suttles, 37*, Cedar Rapids, IA	47:00	9:27
635	68	M30	Brian Amsler, 34, Lombard, IL	47:00	9:27
298	26	W40	Judy Goldberg, 41*, Cedar Rapids, IA	47:01	9:27
299	23	W45	Debbie Craig, 47*, Cedar Rapids, IA	47:02	9:28
636	18	M60	Tom Fogle, 60, Cedar Rapids, IA	47:04	9:28
300	24	W45	Jacki Knapp, 47*, Cedar Rapids, IA	47:05	9:28
637	46	M16	Nick Hartkemeyer, 19, Hiawatha, IA	47:07	9:29
301	9	W50	Jann Baustian, 53*, Cedar Rapids, IA	47:09	9:29
638	53	M50	Gordon Baustian, 52, Cedar Rapids, IA	47:10	9:29
302	27	W40	Jackie Brown, 41*, Cedar Rapids, IA	47:17	9:31
639	8	M65	John Wasson, 69, Cedar Rapids, IA	47:19	9:31
640	35	JrM	Brady Anderson, 10, Cedar Rapids, IA	47:20	9:31
303	57	W35	Sharon Anderson, 39*, Cedar Rapids, IA	47:20	9:31

641	54	M50 Wesley Brackey, 51, Marion, IA	47:21	9:32
642	55	M50 Kevin Kiley, 52, Cedar Rapids, IA	47:21	9:32
643	47	M16 Matt Kiley, 17, Cedar Rapids, IA	47:22	9:32
644	93	M40 Brian Sissel, 42, Cedar Rapids, IA	47:23	9:32
304	28	W40 Mary Christopher, 41*, Cedar Rapids, IA	47:26	9:33
645	56	M50 Daniel Beer, 50, Cedar Rapids, IA	47:29	9:33
646	94	M40 Patt McDowell, 42, Cedar Rapids, IA	47:31	9:33
647	57	M50 Robert Jones, 53, Cedar Rapids, IA	47:35	9:34
305	29	W40 Donna Novak, 43*, Cedar Rapids, IA	47:36	9:35
306	13	JrW Maggie Randall, 15*, Solon, IA	47:37	9:35
307	36	W16 Mattie Koehn, 16*, Solon, IA	47:39	9:35
648	34	M55 John Whitson, 58, Vinton, IA	47:40	9:35
308	37	W16 Bethany Jamieson, 16*, Dubuque, IA	47:40	9:35
309	40	W30 Stacie Caryl, 32*, Marion, IA	47:40	9:35
310	41	W30 Karen Graver, 34*, Cedar Rapids, IA	47:41	9:36
649	35	M55 Dennis Allard, 57, Mt. Vernon, IA	47:42	9:36
311	37	W20 Becca Little, 23*, Cedar Rapids, IA	47:43	9:36
312	10	W50 Janice Scheurs, 52*, Amana, IA	47:45	9:36
650	76	M35 Anthony Merulla, 38, Cedar Rapids, IA	47:46	9:37
313	38	W20 Megan Piper, 22*, Cedar Rapids, IA	47:47	9:37
314	42	W30 Lori Ransom, 33*, Raleigh, NC	47:47	9:37
651	69	M30 Chris Ransom, 33, Raleigh, NC	47:48	9:37
652	77	M35 Bernardo Perez, 38, Coralville, IA	47:48	9:37
653	44	M20 Dan Parks, 23, Marion, IA	47:49	9:37
315	58	W35 Lea Beem, 35*, Cedar Rapids, IA	47:50	9:37
654	98	M45 Dale Todd, 48, Cedar Rapids, IA	47:53	9:38
316	39	W20 Sarah Thomson, 23*, North Liberty, IA	48:00	9:39
317	43	W30 Anjanette Clark, 34*, Cedar Rapids, IA	48:00	9:39
655	99	M45 Brad Randall, 45, Solon, IA	48:06	9:41
656	58	M50 Robert Brown, 53, Burlington, IA	48:07	9:41
657	78	M35 Kevin Ostmo, 35, Cedar Rapids, IA	48:08	9:41
658	79	M35 Scott Utzinger, 36, Cedar Rapids, IA	48:13	9:42
318	38	W16 Megan Elias, 19*, Cedar Rapids, IA	48:14	9:42
659	100	M45 Mark Elias, 48, Cedar Rapids, IA	48:14	9:42
319		Lisa*	48:15	9:42
320	44	W30 Sarah Knebel, 33*, Iowa City, IA	48:15	9:42
660	70	M30 Christopher Klostermann, 31, Cedar Rapids, IA	48:16	9:43
321	59	W35 Andrea Dryer, 39*, Oelwein, IA	48:17	9:43
322	39	W16 Alissa Klinsky, 19*, Cedar Rapids, IA	48:21	9:44
661	101	M45 Mark Streit, 48, Bettendorf, IA	48:21	9:44
323	30	W40 Lori Rott, 42*, Cedar Rapids, IA	48:22	9:44
662	36	M55 David Novak, 55, Cedar Rapids, IA	48:25	9:44
663	37	M55 Nick Gearhart, 55, Cedar Rapids, IA	48:26	9:45
324	40	W16 Jessica Mrkvicka, 16*, Cedar Rapids, IA	48:26	9:45
325	7	W55 Mary Johnston, 58*, Cedar Rapids, IA	48:28	9:45
664	71	M30 Dave Link, 30, North Liberty, IA	48:29	9:45
326	1	W70 Marilyn Wickenkamp, 71*, Newton, IA	48:29	9:45
665	45	M20 Scott Rike, 23, Cedar Rapids, IA	48:32	9:46
666	80	M35 Matt Gingerich, 36, Cedar Rapids, IA	48:32	9:46
667	46	M20 Cj Barkema, 23, North Liberty, IA	48:33	9:46
327	31	W40 Sue Keith, 40*, Solon, IA	48:35	9:46
668	72	M30 Zach Schultz, 31, Marion, IA	48:36	9:47
669	73	M30 Matthew Van Maanen, 34, Cedar Rapids, IA	48:37	9:47
328	37	W25 Keevan Kaestner, 26*, Marion, IA	48:38	9:47
670	47	M25 Eric Kaestner, 26, Marion, IA	48:39	9:47
671	81	M35 Corey Tafoya, 35, Woodstock, IL	48:39	9:47
672	74	M30 Shannon Bucknell, 34, Cedar Rapids, IA	48:40	9:47
673	82	M35 John Masterson, 37, Marion, IA	48:41	9:48
329	32	W40 Kris Martins, 40*, Cedar Rapids, IA	48:42	9:48
674	38	M55 Jim Meeks-Johnson, 55, Cedar Rapids, IA	48:44	9:48
675	19	M60 Wayne Martin, 62, Central City, IA	48:44	9:48
330	60	W35 Denise Stapley, 35*, Cedar Rapids, IA	48:46	9:49
676	75	M30 Brad Stapley, 34, Cedar Rapids, IA	48:46	9:49
331	38	W25 Emily Woodhouse, 25*, Coralville, IA	48:47	9:49

332	8	W55	Neva Weisskopf, 57*, Lehigh Acres, FL	48:47	9:49
677	47	M20	Brad Carter, 22, Rockford, IL	48:48	9:49
678	95	M40	Randy Scheel, 41, Garrison, IA	48:49	9:49
333	45	W30	Barb Conway, 34*, Homestead, IA	48:49	9:49
679	83	M35	Eddie Skaggs, 39, Cedar Rapids, IA	48:51	9:50
680	76	M30	Tim Leuck, 30, Des Moines, IA	48:56	9:51
334	25	W45	Barbara Vanrheenen, 45*, Amana, IA	48:57	9:51
335	61	W35	Michelle Thie, 37*, Mediapolis, IA	48:57	9:51
681	77	M30	Don Kearney, 30, Fairfax, IA	48:58	9:51
336	39	W25	Michaela Odorisio, 25*, Cedar Rapids, IA	48:59	9:51
682	48	M25	Elias Jones, 27, Cedar Rapids, IA	49:02	9:52
337	40	W25	Bonnie Benesh, 25*, Toddville, IA	49:04	9:52
338	41	W25	Mandy Johnson, 26*, Iowa City, IA	49:06	9:53
339	26	W45	Amy Keating, 46*, Marion, IA	49:10	9:53
683	39	M55	John Cosaert, 58, Kalona, IA	49:11	9:54
340	27	W45	Mary Anne Berry, 46*, Cedar Rapids, IA	49:16	9:55
341	41	W16	Amanda Philipp, 17*, Cedar Rapids, IA	49:20	9:55
342	40	W20	Katie Huether, 21*, Cedar Rapids, IA	49:21	9:56
684	48	M20	Brian Smies, 22, Sioux Falls, SD	49:21	9:56
685	40	M55	Dave Brown, 56, Omaha, NE	49:22	9:56
343	11	W50	Debra Robin, 52*, Coralville, IA	49:22	9:56
344	41	W20	Sharon Schreur, 22*, Cedar Rapids, IA	49:23	9:56
345	33	W40	Mary Jo Hansen, 44*, Cedar Rapids, IA	49:24	9:56
686	84	M35	James Patton, 37, Bothell, WA	49:25	9:57
346	2	W60	Melissa Fogle, 60*, Cedar Rapids, IA	49:26	9:57
687	102	M45	Kevin Gesing, 45, Cedar Rapids, IA	49:26	9:57
347	42	W20	Laura White, 23*, Central City, IA	49:27	9:57
348	46	W30	Maggie Lamm, 30*, Solon, IA	49:27	9:57
349	34	W40	Cat Gornet, 43*, Cedar Rapids, IA	49:27	9:57
688	78	M30	Dan Weeda, 31, Cedar Rapids, IA	49:31	9:58
350	47	W30	Jamie Harmening, 32*, Cedar Rapids, IA	49:35	9:58
351	42	W16	Nathasha Mulvaney, 17*, Coggon, IA	49:37	9:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top					
689	59	M50	Mark Mulvaney, 50, Coggon, IA	49:44	10:00
690	103	M45	Steven Wahle, 46, Cedar Rapids, IA	49:45	10:01
352	42	W25	Sandra Shover, 27*, Cedar Rapids, IA	49:48	10:01
353	28	W45	Joann Wahle, 48*, Cedar Rapids, IA	49:48	10:01
691	85	M35	Bill Maly, 35, Cedar Rapids, IA	49:50	10:02
692	79	M30	Eric Schulz, 33, Marion, IA	49:52	10:02
354	35	W40	Gina Garman, 40*, Marion, IA	49:58	10:03
355	36	W40	Laurie Stock, 43*, Marion, IA	49:59	10:03
693	80	M30	Scott Weber-Paxton, 34, Marion, IA	50:00	10:04
356	14	JrW	Abby Varn, 14*, Marion, IA	50:05	10:05
357	43	W25	Jamie Bushman, 29*, Cedar Rapids, IA	50:09	10:05
358	44	W25	Sarah Eikenberry, 29*, Center Point, IA	50:10	10:05
694	96	M40	Anton Petrzela, 40, Cedar Rapids, IA	50:10	10:06
695	97	M40	Kirk Haefner, 41, Hiawatha, IA	50:12	10:06
696	86	M35	Jim Wessel, 37, Phoenix, AZ	50:20	10:07
359	48	W30	Edith Wessel, 34*, Phoenix, AZ	50:20	10:08
360	45	W25	Melanie Ostmo, 28*, Cedar Rapids, IA	50:30	10:09
361	62	W35	Mary Topf, 37*, Des Moines, IA	50:31	10:10
697	60	M50	Robert Hatala, 54, Cedar Rapids, IA	50:35	10:11
698	87	M35	Dan Kielman, 39, Waverly, IA	50:41	10:12
362	49	W30	Kelly Schmitt, 31*, Cedar Rapids, IA	50:45	10:13
363	46	W25	Emily Good, 27*, Minneapolis, MN	50:52	10:14
364	63	W35	Lori Durian, 35*, North Liberty, IA	50:53	10:14
699	61	M50	Randy Svoboda, 50, Iowa City, IA	50:57	10:15
365	64	W35	Kelly Mullinnix, 37*, West Branch, IA	51:00	10:16
366	37	W40	Jean Ash, 41*, Cedar Rapids, IA	51:00	10:16
367	65	W35	Kerry Jourdan-McSperrin, 38*, Cedar Rapids, IA	51:01	10:16
700	98	M40	David Carlson, 43, Cedar Rapids, IA	51:03	10:16
701	41	M55	Jack Evans, 57, Cedar Rapids, IA	51:06	10:17
368	38	W40	Karla Reseweher, 40*, Cedar Rapids, IA	51:06	10:17

369	66	W35 Beth Rose, 38*, Cedar Rapids, IA	51:10	10:18
702	36	JrM Tanner Smith, 11, Cedar Rapids, IA	51:12	10:18
703	49	M25 Daniel Buckeridge, 25, Cedar Rapids, IA	51:14	10:18
704	42	M55 Dennis Duncan, 58, Anamosa, IA	51:17	10:19
370	50	W30 Holly Bruns, 31*, Cedar Rapids, IA	51:22	10:20
371	47	W25 Heather Rickels, 28*, Cedar Rapids, IA	51:33	10:22
705		Andrew Suggs	51:45	10:25
372	51	W30 Jennifer Hall, 32*, North Liberty, IA	51:47	10:25
706	81	M30 Jason Hall, 34, North Liberty, IA	51:48	10:25
373	39	W40 Annette Martin, 44*, Cedar Rapids, IA	52:03	10:28
374	43	W20 Katie Merrifield, 21*, Cedar Rapids, IA	52:08	10:29
707	99	M40 Mark Asplund, 43, Marion, IA	52:13	10:30
708	43	M55 Robert Boots, 55, Cedar Rapids, IA	52:23	10:32
375	48	W25 Becky Sturtz, 27*, Vinton, IA	52:28	10:33
376	67	W35 Katherine Halupnik, 37*, Marion, IA	52:31	10:34
377	68	W35 Diane Murphy, 38*, Marion, IA	52:31	10:34
709	88	M35 Dirk Halupnik, 38, Marion, IA	52:32	10:34
378	9	W55 Margaret Strabala, 57*, Oxford, IA	52:50	10:38
379	12	W50 Elizabeth Carlson, 53*, Iowa City, IA	52:50	10:38
710	20	M60 James Meister, 63, Cedar Rapids, IA	53:12	10:42
380	43	W16 Jessica Banes, 17*, Solon, IA	53:28	10:45
711	9	M65 Richard Lenth, 67, Cedar Rapids, IA	53:29	10:46
381	52	W30 Christine Watts, 33*, Cedar Rapids, IA	53:35	10:47
712	62	M50 Tom Yops, 54, Marion, IA	53:43	10:48
713	89	M35 John Gianforte, 35, Cedar Rapids, IA	53:44	10:49
382	44	W20 Katie Deprenger, 20*, Iowa City, IA	53:48	10:49
383	29	W45 Katie Glowacki, 49*, Denver, CO	53:51	10:50
384	53	W30 Stacey Hodges, 31*, Cedar Rapids, IA	53:55	10:51
714	50	M25 Lance Votroubek, 25, Cedar Rapids, IA	53:56	10:51
385	45	W20 Sarah Ernst, 24*, Fayetteville, AR	53:56	10:51
715	44	M55 Andrew Secrest, 56, Cedar Rapids, IA	53:57	10:51
386	49	W25 Kari Waterman, 28*, San Antonio, TX	54:11	10:54
387	40	W40 Theresa Speake, 43*, Pottersville, MO	54:20	10:56
388	54	W30 Lauri Lumm-Usher, 32*, Marion, IA	54:33	10:58
716	63	M50 Ron Connerly, 53, Cedar Rapids, IA	54:35	10:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
717	21	M60 Gary Peters, 64, Cedar Rapids, IA	54:39	11:00
389	30	W45 Diane Ballard, 48*, Marion, IA	54:41	11:00
390	3	W60 Diane Rosteck, 62*, Cedar Rapids, IA	54:42	11:00
391	69	W35 Jodi Manson, 35*, Cedar Rapids, IA	54:47	11:01
392	13	W50 April Dietrich, 51*, Cedar Rapids, IA	54:48	11:01
718	48	M16 Nate Tippie, 16, Athens, GA	54:49	11:02
393	70	W35 Pamela Nissen, 38*, Central City, IA	54:56	11:03
394	14	W50 Nancy Antin, 50*, Minneapolis, MN	54:56	11:03
395	71	W35 Susan Gerth, 39*, Cedar Rapids, IA	54:58	11:04
719	45	M55 Craig Wood, 58, Cedar Rapids, IA	55:04	11:05
396	50	W25 Christabel Rogalin, 28*, North Liberty, IA	55:05	11:05
397	55	W30 Val Giegerich, 34*, Earlham, IA	55:12	11:06
398	31	W45 Debbie Ernst, 48*, Cedar Rapids, IA	55:23	11:09
720	46	M55 Martin Smith, 57, Cedar Rapids, IA	55:27	11:09
399	15	JrW Olivia Miller, 11*, Marion, IA	55:29	11:10
400	72	W35 Tracey Boyle, 36*, Waterloo, IA	55:29	11:10
401	56	W30 Chandar Boyle, 33*, Cedar Falls, IA	55:30	11:10
721	82	M30 A Moore, 34, Cedar Rapids, IA	55:34	11:11
722	104	M45 Don Washburn, 46, Cedar Rapids, IA	55:40	11:12
402	41	W40 Sarah Hansen, 41*, Iowa City, IA	55:57	11:15
723	105	M45 Jeffrey Cook, 49, Cedar Rapids, IA	56:03	11:17
403	57	W30 Becky Barnhart, 34*, Lisbon, IA	56:21	11:20
724	2	M70 Harold Schulze, 70, Cedar Rapids, IA	56:47	11:25
404	46	W20 Lindsay Draeger, 24*, Coralville, IA	56:47	11:25
725	10	M65 Harry Black, 65, Anamosa, IA	56:51	11:26
405	4	W60 Janice Hastings, 62*, Cedar Rapids, IA	56:54	11:27
406	73	W35 Kelly Richardson, 37*, Coralville, IA	56:56	11:27
407	51	W25 Lisa Howe, 28*, Atkins, IA	57:17	11:32

408	10	W55 Peggy Mounce, 58*, Alburnett, IA	57:27	11:34
409	15	W50 Becky Steele, 51*, Cedar Rapids, IA	57:28	11:34
410	16	JrW Jessica Martin, 14*, Lisbon, IA	57:34	11:35
726	64	M50 Blake Demaria, 53, Marion, IA	57:34	11:35
411	58	W30 Jen Goedken, 32*, Hiawatha, IA	59:27	11:58
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				

412	16	W50 Julie Huether, 52*, Manchester, IA	1:00:02	12:05
727	100	M40 Doug Smith, 41, Cedar Rapids, IA	1:00:08	12:06
413	47	W20 Lindsey Driscoll, 21*, Cedar Rapids, IA	1:00:26	12:10
414	48	W20 Amanda Donohoe, 21*, Cedar Rapids, IA	1:00:31	12:11
415	11	W55 Carol Kaut, 59*, Crystal, MN	1:01:05	12:17
416	49	W20 Marsha Johnson, 24*, Cedar Rapids, IA	1:01:15	12:19
728	49	M20 Greg Johnson, 24, Cedar Rapids, IA	1:01:19	12:20
417	32	W45 Mary Brown, 49*, Omaha, NE	1:01:32	12:23
418	59	W30 Stacey Gianforte, 34*, Cedar Rapids, IA	1:02:04	12:29
729	11	M65 Tom Lawrence, 65, Solon, IA	1:02:05	12:29
419	42	W40 Laura Sagers, 43*, Cedar Rapids, IA	1:02:31	12:35
420	74	W35 Mindy McClintock, 38*, Vinton, IA	1:02:56	12:40
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				

730	106	M45 Jeff Garner, 45, Cedar Rapids, IA	1:07:50	13:39
731	3	M70 Nick Abodeely, 79, Cedar Rapids, IA	1:07:50	13:39
732		Gregory	1:07:50	13:39
733		Rubert	1:07:51	13:39
734	51	M25 G T Karr, 27, Iowa City, IA	1:07:51	13:39
735	83	M30 Tom Knebel, 33, Iowa City, IA	1:07:52	13:39
736		Cathy	1:07:53	13:39
421	75	W35 Renee Hoffman, 39*, Cedar Rapids, IA	1:08:12	13:43
422	2	W70 Alice Hoffmeier, 70*, Cedar Rapids, IA	1:08:20	13:45
423	52	W25 Charrisse Reynolds, 29*, Mount Vernon, IA	1:08:22	13:45
424	12	W55 Barbara Cosaert, 56*, Kalona, IA	1:08:23	13:46

"*" indicates females

36 finishers among Men 15 & Under
48 finishers among Men 16 - 19
49 finishers among Men 20 - 24
51 finishers among Men 25 - 29
83 finishers among Men 30 - 34
89 finishers among Men 35 - 39
100 finishers among Men 40 - 44
106 finishers among Men 45 - 49
64 finishers among Men 50 - 54
46 finishers among Men 55 - 59
21 finishers among Men 60 - 64
11 finishers among Men 65 - 69
3 finishers among Men 70 & Up
16 finishers among Women 15 & Under
43 finishers among Women 16 - 19
49 finishers among Women 20 - 24
52 finishers among Women 25 - 29
59 finishers among Women 30 - 34
75 finishers among Women 35 - 39
42 finishers among Women 40 - 44
32 finishers among Women 45 - 49
16 finishers among Women 50 - 54
12 finishers among Women 55 - 59
4 finishers among Women 60 - 64
2 finishers among Women 70 & Up
736 male finishers
424 female finishers
1160 total finishers

[Top](#)

Return to [home page](#).