

# 20th Fifth Season 8 Kilometer (4.97 miles)

## Cedar Rapids, IA

July 4, 2005

65 degrees & rain (heavy at times)

Results by Cal Murdock

[Award Winners 8K](#)    [8K Overall](#)    [5K Overall](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

"\*" indicates females

PLACE	CLASS	FINISHER	TIME	PACE
1		Julius Kiptoo, 27, Chester, Pa (Kenya)	23:03	4:38
2		George Misoi, Nc, Us (Kenya)	23:14	4:40
3		Patrick Nthiwa, 22, Chester, Pa (Kenya)	23:26	4:43
4		Joshua Kemei, 21, Chester, Pa (Kenya)	23:32	4:44
5		Simon Sawe, 31, Santa Fe, Mn (Kenya)	24:08	4:51
6		Chokri Dhaouadi, Abq, Mw (Tunisia)	24:23	4:54
7		Blake Boldon, 25, Osceola, IA	24:28	4:55
8		Nicholas Krugat, 26, Nc, Us (Kenya)	24:36	4:57
9		Jason Flogel, 22, West Des Moines, IA	24:39	4:58
10		Eric Pierce, 28, Minneapolis, MN	24:39	4:58
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">Top</a>				
11		Shadrack Kimeli, 24, Lake Crystal,Mn(Kenya)	24:54	5:01
12		Jon Thomas, 18, Des Moines, IA	24:58	5:01
13		Julius Rotich, 29, West Des Moines, IA	25:12	5:04
14		Sean Moeller, 26, Davenport, IA	25:29	5:08
15		Ovidiu Olteanu, 34, Wixom, Mi (Romania)	25:47	5:11
16		Ryan French, 22, Marion, IA	26:01	5:14
17		Ravi Bhave, 29, Silvis, IL	26:08	5:15
18		Nick Bowerman, 22, Indianola, IA	26:13	5:16
19		Anthony Taylor, 34, Moline, IL	26:19	5:18
20		Dave Gott, 19, Chandler, AZ	26:27	5:19
21	1 M20	Chris Jensen, 23, Mason City, IA	26:27	5:19
22	1 M25	Solomon Richards, 27, Cedar Rapids, IA	26:34	5:21
23	1 M35	Ditlev Larsen, 39, Winona, MN	26:40	5:22
1		Atalelech Ketema, 21*, Ny, Ny (Ethiopia)	26:56	5:25
2		Edna Kiplagat, 25*, New Mexico, Nm(Kenya)	26:59	5:26
24		Mike Carney, 42, Des Moines, IA	27:09	5:28
25		Phil Kauder, 44, Cascade, IA	27:11	5:28
3		Jemima Jelagat-Sumgong, 20*, Nc, Us (Kenya)	27:14	5:29
4		Missy Buttry, 22*, Shenandoah, IA	27:17	5:29
26	1 M16	Andy Hodge, 19, Marion, IA	27:25	5:31
5		Eunice Kirwa, 20*, Chester, Pa (Kenya)	27:27	5:31
27	2 M16	Kurt Kewter, 19, Dubuque, IA	27:31	5:32
6		Naomi Wangui, 26*, Chester, Pa (Kenya)	27:32	5:32
28	1 M30	Andy Kauder, 32, Cedar Rapids, IA	27:35	5:33
29	2 M20	Derrick Kresser, 22, Cedar Falls, IA	27:41	5:34
30	2 M25	Josh Fisher, 26, Coralville, IA	27:42	5:34
31	3 M25	Kenneth Wilcox, 26, Baldwin, IA	27:50	5:36
32	2 M30	Drew Bach, 33, Cedar Rapids, IA	27:51	5:36

33	3	M16	Drew Craig, 18, Cedar Rapids, IA	27:52	5:36
34			Jim McCoy, 47, Madison, WI	27:53	5:37
7			Kim Pawelek, 31*, Jacksonville, FL	27:58	5:37
35	4	M16	Adam Hairston, 17, Cedar Rapids, IA	28:04	5:39
36	4	M25	Jacob Kaemmer, 28, Des Moines, IA	28:06	5:39
37	5	M16	Travis Robertson, 18, Iowa City, IA	28:07	5:39
8			Denisa Costescu, 29*, Wixom, Mi (Romania)	28:14	5:41
38	1	M45	Keith Fevold, 47, Des Moines, IA	28:22	5:42
39	3	M20	Nicholas Voss, 22, Dubuque, IA	28:31	5:44
40	4	M20	Graham McCaleb, 20, Fairfield, IA	28:33	5:45
9			Suzanna Weeder-Einspahr, 34*, Seward, NE	28:36	5:45
41	5	M25	Daniel Pooock, 27, Cedar Rapids, IA	28:41	5:46
10			Casey Owens, 22*, Des Moines, IA	28:43	5:47
11			Janet Robertz, 45*, Shorewood, MN	28:46	5:47
42	2	M35	Shawn Stringer, 37, New London, IA	28:48	5:48
43	6	M25	Marty Klipp, 29, Cedar Rapids, IA	28:51	5:48
44	2	M45	Bobby Paxton, 48, Minneapolis, MN	28:51	5:48
45	7	M25	Chad Goldsmith, 27, North Liberty, IA	28:57	5:49
12			Bonnie Sons, 39*, Shorewood, MN	29:09	5:52
46	5	M20	Nick Mass, 23, Cedar Falls, IA	29:13	5:53
47	1	M40	Greg Skopec, 43, Coralville, IA	29:19	5:54
48	3	M45	Tim Skopec, 45, Iowa City, IA	29:24	5:55
49	6	M20	Jeff Friedman, 21, Dubuque, IA	29:32	5:56
50	3	M35	David Reid, 38, Fairfax, IA	29:33	5:57
51	7	M20	Kaylon C Spencer, 21, New Liberty, IA	29:38	5:58
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">Top</a>					
52	6	M16	Andy Sabin, 18, Cedar Rapids, IA	29:50	6:00
53	8	M20	Seth Thornson, 24, Fremont, IA	29:51	6:00
54	4	M45	David Nauman, 49, Mason City, IA	29:51	6:00
55	9	M20	Jekow Olieny, 20, Cedar Rapids, IA	29:55	6:01
56	7	M16	Alex Scherling, 16, San Diego, CA	30:08	6:04
57	8	M16	Jake Vozenilek, 17, Mt. Vernon, IA	30:08	6:04
58	1	JrM	Eyasu Russell, 14, Mt. Vernon, IA	30:09	6:04
13			Erin Moeller, 27*, Cedar Rapids, IA	30:13	6:05
14			Janet Dobyns, 17*, Iowa City, IA	30:21	6:06
59	5	M45	Mark Mueller, 49, Cedar Rapids, IA	30:22	6:06
60	4	M35	Jared Hicks, 37, Marion, IA	30:22	6:06
61	1	M50	Thomas Gaudette, 51, Chicago, IL	30:23	6:07
15			Molly Engel, 21*, Seward, NE	30:24	6:07
62	9	M16	Fitsum Russell, 16, Mt. Vernon, IA	30:28	6:08
63	10	M20	Craig Goldsmith, 23, Manchester, Ia	30:35	6:09
64	10	M16	Weston Marling, 16, Cedar Rapids, IA	30:37	6:09
16			Laura Max, 33*, Iowa City, IA	30:37	6:09
65	11	M16	Ryan Knapp, 17, Cedar Rapids, IA	30:45	6:11
17			Shannon Oster, 20*, Cedar Rapids, IA	30:47	6:11
66	12	M16	Ryan Kruse, 18, Dubuque, IA	30:50	6:12
18			Sharon Stubler, 40*, Minnetonka, MN	30:52	6:13
19			Kim Anderson, 40*, Chanhassen, MN	30:53	6:13
67	13	M16	Matt Monaghan, 18, Manchester, Ia	30:54	6:13
68	2	M40	Dennis Henderson, 40, Cedar Rapids, IA	30:55	6:13
69	6	M45	Bill Cherrier, 47, Cedar Rapids, IA	30:59	6:14
70	14	M16	Tim Anderson, 18, Cedar Rapids, IA	31:04	6:15
71	3	M40	Bill Bennett, 40, Cedar Rapids, IA	31:09	6:16
72	7	M45	Jim Quialey, 48, Cedar Rapids, IA	31:10	6:16
73	15	M16	Mark Hilton, 17, Cedar Rapids, IA	31:15	6:17
74	16	M16	Michael McPartland, 18, Cedar Rapids, IA	31:16	6:17
75	8	M25	Steve Berger, 26, Cedar Rapids, IA	31:20	6:18
76	4	M40	Don Lansing, 44, Marion, IA	31:24	6:19
77	8	M45	Mike Skopec, 49, Traer, IA	31:25	6:19
78	9	M45	Dallas Robertson, 48, Iowa City, IA	31:26	6:19
79	5	M35	Wes Burns, 37, Cedar Rapids, IA	31:26	6:19
80	17	M16	Michael Alexander, 18, Center Point, IA	31:29	6:20
81	6	M35	Todd Hubbard, 38, Iowa City, IA	31:36	6:21
82	7	M35	Joseph Palicka, 35, Ramsey, MN	31:37	6:22

83	5	M40	Bob Lotz, 42, North Liberty, IA	31:41	6:22
84	18	M16	Keenan Cutsforth, 18, Cedar Rapids, IA	31:42	6:23
85	9	M25	David Moyes, 27, Coralville, IA	31:42	6:23
86	6	M40	Timothy M Squiers, 43, Belle Plaine, IA	31:42	6:23
87	3	M30	Brian Suthers, 32, Ely, IA	31:43	6:23
88	8	M35	John P Parker, 37, Bettendorf, IA	31:44	6:23
20			Jennifer Paul, 22*, LeClaire, IA	31:45	6:23
21	1	W25	Kristen Mitchell, 26*, Ottumwa, IS	31:46	6:23
89	4	M30	Steve Shriver, 33, Marion, IA	31:47	6:24
22	1	W30	Suzy Barker, 33*, North Liberty, IA	31:51	6:24
90	10	M45	Terry Looby, 48, Calmar, IA	31:51	6:24
91	5	M30	Mike Morrison, 31, Urbandale, IA	32:00	6:26
92	7	M40	Robert Hartkemeyer, 44, Hiawatha, IA	32:02	6:27
93	2	M50	Scott Devore, 50, Cedar Rapids, IA	32:03	6:27
23	2	W30	Joy Keller, 32*, Hager City, WI	32:03	6:27
94	10	M25	Aaron Plein, 29, Dubuque, IA	32:12	6:29
95	19	M16	Matt Kiley, 16, Cedar Rapids, IA	32:13	6:29
96	20	M16	Bryan Washburn, 16, Cedar Rapids, IA	32:19	6:30
97	11	M25	Ryan Lagrange, 26, Swisher, IA	32:19	6:30
98	11	M20	Andrew Iversen, 21, Cedar Rapids, IA	32:21	6:30
99	11	M45	Steve Johnson, 49, Waverly, IA	32:30	6:32
100	2	JrM	Taelor Bohnsack, 15, Wilton, IA	32:32	6:33
101	12	M45	Mike Schneekloth, 45, Cedar Rapids, IA	32:33	6:33
102	6	M30	Randy Lamm, 30, Solon, IA	32:36	6:33
24	2	W25	Jenarah Tekippe, 26*, Iowa City, IA	32:38	6:34
103	3	JrM	Aaron Elias, 15, Cedar Rapids, IA	32:38	6:34
104	12	M20	Dustin Mallie, 22, Lisbon, IA	32:40	6:34
105	12	M25	Jesse Cearlock, 25, Cedar Rapids, IA	32:41	6:35
106	7	M30	Michael Wright, 32, Marion, IA	32:42	6:35
107	8	M40	Jay Hildebrand, 42, Hiawatha, IA	32:45	6:35
108	9	M40	Rodney Alberhasky, 40, Iowa City, IA	32:47	6:36
109	10	M40	Bret Boyer, 40, Cedar Rapids, IA	32:48	6:36
110	9	M35	Graig Cone, 39, Cedar Rapids, IA	32:49	6:36
111	21	M16	Zacj Fetzer, 18, Marion, IA	32:50	6:36
25	1	W16	Ashley Miller, 16*, Tipton, IA	32:50	6:36
112	10	M35	Eric Suthers, 36, Cedar Rapids, IA	32:51	6:36
113	1	M55	Don Utsinger, 58, Cedar Rapids, IA	32:51	6:37
114	3	M50	Tom Van Berkum, 53, Marion, IA	32:54	6:37
115	13	M45	Eric Henderisckosn, 45, Iowa City, IA	32:56	6:37
116	11	M40	Randy Brecht, 44, Middle Amana, IA	32:56	6:38
117	12	M40	Joe Hollenback, 43, Farley, IA	32:58	6:38
118	2	M55	Jim Shimek, 57, Fairfax, IA	33:02	6:39
119	4	M50	Brad Scott, 52, Marion, IA	33:04	6:39
120	11	M35	Joel Conrad, 36, Cedar Rapids, IA	33:05	6:39
121	8	M30	Scott Klein, 30, Cedar Rapids, IA	33:09	6:40
122	13	M20	Joseph Holub, 20, Hiawatha, IA	33:11	6:41
123	14	M45	Calvin Wolter, 45, Van Horne, IA	33:13	6:41
26	3	W25	Jane McDermott, 25*, Davenport, IA	33:13	6:41
124	13	M40	Shawn Noble, 40, Iowa City, IA	33:15	6:41
125	9	M30	John Heigis, 34, Cedar Rapids, IA	33:18	6:42
126	5	M50	Cliff Sheets, 50, Cedar Rapids, IA	33:23	6:43
127	15	M45	Mark Petersen, 46, Center Point, IA	33:25	6:43
128	13	M25	Casey Fetzer, 27, Cedar Rapids, IA	33:26	6:43
27	2	W16	Meredith Van-Natta, 18*, Iowa City, IA	33:33	6:45
129	22	M16	Sean O'Connor, 17, Marion, IA	33:33	6:45
130	16	M45	Dennis Hyland, 45, Swisher, IA	33:36	6:45
131	12	M35	Ted Welter, 36, Iowa City, IA	33:36	6:46
28	1	W40	Karen Martin, 43*, Lisbon, IA	33:37	6:46
132	6	M50	Paul Hanson, 52, Hudson, IA	33:37	6:46
29	1	W50	Julie Virkus, 52*, St. Louis Park. Mn	33:38	6:46
133	10	M30	Kent Miskimen, 33, Cedar Rapids, IA	33:42	6:47
30	3	W16	Meredith Bell, 16*, Cedar Rapids, IA	33:43	6:47
134	7	M50	Paul James, 51, Stanley, IA	33:45	6:47
135	13	M35	Alan Schmitt, 39, Fort Atkinson, IA	33:46	6:47
136	14	M35	Howard Friedman, 36, Cedar Rapids, IA	33:48	6:48

137	14	M20	Matt Townsley, 23, Cedar Rapids, IA	33:48	6:48
138	8	M50	Thomas Rodke, 50, Cedar Rapids, IA	33:48	6:48
139	14	M25	Brian Pence, 26, Cedar Rapids, IA	33:49	6:48
140	15	M35	Randy Striegel, 39, Cedar Rapids, IA	33:52	6:49
31	1	W35	Sandy Sabelka, 38*, Denver, IA	33:53	6:49
141	14	M40	Matt Nagle, 43, Mt. Vernon, IA	33:53	6:49
142	16	M35	Dennis Stiffler, 38, Cedar Rapids, IA	33:55	6:49
143	9	M50	Kurt Carlson, 51, Marion, IA	34:03	6:51
32	4	W25	Erica Lewis, 27*, Cedar Rapids, IA	34:04	6:51
33	1	W20	Jennifer Labaw, 23*, Cedar Rapids, IA	34:07	6:52
34	2	W40	Rhonda Brandt, 41*, Cedar Rapids, IA	34:11	6:52
144	11	M30	Mark McCormick, 30, Marion, IA	34:13	6:53
145	23	M16	Ben Jelinek, 17, Cedar Rapids, IA	34:14	6:53
146	24	M16	Ryan Clark, 18, Cedar Rapids, IA	34:15	6:53
35	2	W35	Deb Gaddis, 38*, Solon, IA	34:16	6:54
147	17	M45	Dale Rettenmeier, 46, Hiawatha, IA	34:18	6:54
148	18	M45	Guy Olson, 48, Solon, IA	34:19	6:54
149	25	M16	Ben Watson, 16, Cedar Rapids, IA	34:20	6:54
36	3	W35	Joy Tinnes, 36*, Iowa City, IA	34:20	6:54
37	2	W20	Marie Zach, 24*, Cedar Rapids, IA	34:25	6:55
150	15	M40	Greg Reynolds, 44, Cedar Rapids, IA	34:25	6:55
38	3	W30	Eva Schoen, 32*, Iowa City, IA	34:25	6:55
151	10	M50	Gene Wandling, 54, Iowa City, IA	34:27	6:56
39	4	W35	Kim Sherman, 38*, Cedar Rapids, IA	34:28	6:56
152	19	M45	Robin Robert, 48, Cedar Rapids, IA	34:31	6:57
153	15	M20	Matthew Schemmec, 21, Cedar Rapids, IA	34:33	6:57
154	12	M30	Bob Andresen, 31, Cedar Rapids, IA	34:33	6:57
155	26	M16	Peter Brandt, 18, Cedar Rapids, IA	34:34	6:57
156	13	M30	Dustin Vasquez, 34, Cedar Rapids, IA	34:38	6:58
157	17	M35	Jason Hellickson, 36, Cedar Rapids, IA	34:42	6:59
158	14	M30	Chad Swope, 34, Iowa City, IA	34:43	6:59
40	3	W40	Jane McGee, 43*, Hiawatha, IA	34:44	6:59
159	15	M30	Andrew Breitsprecher, 31, Cedar Rapids, IA	34:44	6:59
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">Top</a>					
41	4	W16	Kelsey Stueland, 17*, Tipton, IA	34:50	7:00
160	18	M35	Monte Marti, 39, Mt. Vernon, IA	34:56	7:02
161	4	JrM	Aaron Schmidt, 15, Mt. Vernon, IA	34:57	7:02
162	11	M50	Robert Keough, 54, Kirksville, MO	34:57	7:02
163	27	M16	Jason Roys, 16, Cedar Rapids, IA	35:00	7:02
164	12	M50	Tom Mittman, 52, Iowa City, IA	35:00	7:02
165	15	M25	Brad Goldsmith, 26, Swisher, IA	35:00	7:03
166	16	M20	Bryan Abney, 20, Cedar Rapids, IA	35:03	7:03
167	17	M20	Daniel Kruckenbreg, 23, Vinton, IA	35:04	7:03
168	16	M25	Thomas Oqston, 29, La Porte City, IA	35:07	7:04
42	5	W16	Andrea Wacker, 18*, Cedar Rapids, IA	35:09	7:04
169	28	M16	Adam Kassem, 16, Cedar Rapids, IA	35:11	7:05
170	16	M40	Norman Ovens, 41, Cedar Rapids, IA	35:13	7:05
43	6	W16	Devin Parker, 18*, Cedar Rapids, IA	35:13	7:05
171	20	M45	Bret Nilles, 47, Cedar Rapids, IA	35:13	7:05
172	18	M20	John Hackbarth, 23, Robins, IA	35:17	7:06
44	5	W35	Karla Button, 35*, Cedar Rapids, IA	35:19	7:06
45	5	W25	Melissa McMullen, 28*, North Liberty, IA	35:19	7:06
173	17	M40	Timothy Vannatta, 43, Iowa City, IA	35:25	7:07
174	17	M25	Matt Van Waning, 29, Coralville, IA	35:26	7:08
175	29	M16	Jarad Bell, 16, Marion, IA	35:35	7:09
46	3	W20	Tamara Loan, 24*, Marion, IA	35:35	7:09
176	21	M45	Steve Rankin, 48, Marion, IA	35:36	7:10
47	7	W16	Tonya Lehmann, 19*, Elgin, IA	35:36	7:10
177	19	M20	John Barger, 20, Cedar Rapids, IA	35:37	7:10
178	30	M16	Matt Hilby, 19, Cedar Rapids, IA	35:37	7:10
48	4	W40	Suzanne Carr, 42*, Cedar Rapids, IA	35:40	7:11
179	20	M20	Michael Nodurft, 23, Parker, CO	35:41	7:11
180	1	M60	Sylvan Apoinck, 63, Iowa City, IA	35:42	7:11
181	19	M35	Adam Bockenstedt, 35, Coggon, IA	35:42	7:11

182	3	M55	Larry Olofson, 58, Boone, IA	35:43	7:11
183	18	M40	Monty Huddleston, 42, Cedar Rapids, IA	35:46	7:12
184	16	M30	Michael Murphy, 34, Solon, IA	35:47	7:12
49	8	W16	Megan Yossi, 17*, Cedar Rapids, IA	35:47	7:12
185	31	M16	Dan Traver, 19, Manchester, Ia	35:50	7:12
186	5	JrM	Josh Sherwood, 15, Wilton, IA	35:51	7:13
187	2	M60	David Kutter, 62, Cedar Rapids, IA	35:54	7:13
188	4	M55	Tony Vondra, 55, Decorah, IA	35:55	7:13
189	32	M16	Zach Kimberling, 17, Mechanicsville, IA	35:56	7:14
190	19	M40	Craig Brophy, 44, Cedar Rapids, IA	35:56	7:14
191	21	M20	Jason Collins, 22, Cedar Rapids, IA	36:00	7:14
192	17	M30	Thomas Daubs, 34, Marion, IA	36:00	7:15
50	9	W16	Sharon Heyer, 16*, Cedar Rapids, IA	36:02	7:15
193	18	M25	Jeremy Richardson, 28, Cedar Rapids, IA	36:08	7:16
194	5	M55	David Coates, 57, Cedar Rapids, IA	36:08	7:16
195	20	M35	Greg Couser, 36, North Liberty, IA	36:09	7:16
196	18	M30	Matt Rton, 34, Fairfax, IA	36:10	7:17
197	19	M25	Todd Buelow, 29, Edina, MN	36:11	7:17
198	22	M20	Jeff Gourley, 24, Cedar Rapids, IA	36:11	7:17
199	23	M20	Steve Collins, 24, Cedar Rapids, IA	36:12	7:17
200	21	M35	Ron Beck, 37, Coralville, IA	36:13	7:17
201	20	M40	Jeff Madsen, 43, Cedar Rapids, IA	36:13	7:17
202	33	M16	Greg Blythe, 19, Cedar Rapids, IA	36:14	7:17
203	6	JrM	Brad Mihm, 10, Norway, IA	36:15	7:18
204	20	M25	Chris Fry, 26, Dubuque, IA	36:16	7:18
51	10	W16	Erin Becker, 16*, Cedar Rapids, IA	36:17	7:18
52	1	W45	Karen Fosse, 45*, Iowa City, IA	36:18	7:18
53	4	W20	Elizabeth Wiebold, 20*, Cedar Rapids, IA	36:21	7:19
54	11	W16	Linda Freiha, 18*, Cedar Rapids, IA	36:21	7:19
55	12	W16	Jessica Allard, 18*, Cedar Rapids, IA	36:23	7:19
56	5	W20	Erin Bone, 20*, Monticello, IA	36:23	7:19
57	1	JrW	Sarah Kleiman, 15*, Cedar Rapids, IA	36:24	7:19
205	7	JrM	Brian Mueller, 14, Cedar Rapids, IA	36:24	7:19
206	34	M16	Todd Hopkins, 18, Palo,IA	36:24	7:19
207	35	M16	Matt Burkhalter, 18, Cedar Rapids, IA	36:24	7:19
208	24	M20	Ryan Fisher, 21, Ely, IA	36:25	7:19
209	21	M40	Louis Schwartz, 40, Iowa City, IA	36:27	7:20
210	8	JrM	Kyle Freeman, 15, Cedar Rapids, IA	36:28	7:20
211	19	M30	Ron Hageman, 33, Cedar Rapids, IA	36:29	7:20
212	6	M55	Bill Ingels, 55, Cedar Rapids, IA	36:32	7:21
213	22	M40	Christop Steinberg, 40, Marion, IA	36:33	7:21
214	23	M40	Rob Rodriguez, 41, Cedar Rapids, IA	36:34	7:21
215	24	M40	Jeff Mullen, 40, Cedar Rapids, IA	36:34	7:21
216	25	M40	Matt Brandt, 44, Cedar Rapids, IA	36:34	7:21
217	7	M55	Larry Maiers, 55, Cedar Rapids, IA	36:36	7:22
218	26	M40	Jim Rohling, 42, Cedar Rapids, IA	36:37	7:22
219	3	M60	Roger Degroot, 61, Waterloo, IA	36:38	7:22
220	27	M40	Bob Read, 40, Marion, IA	36:40	7:23
221	20	M30	Dennis Heimdahl, 34, Marion, IA	36:41	7:23
58	13	W16	Kaite Larsen, 19*, Manchester, Ia	36:41	7:23
222	21	M30	Max Mauren, 32, Marion, IA	36:42	7:23
223	28	M40	Kevin Steele, 43, Lisbon, IA	36:44	7:23
59	6	W25	Cynthia Severs, 28*, North Liberty, IA	36:45	7:24
224	29	M40	Dan Parvin, 41, Marion, IA	36:47	7:24
225	36	M16	Ryan Bl;Aser, 16, Cedar Rapids, IA	36:48	7:24
60	6	W20	Kara Arnold-Arons, 21*, Cedar Rapids, IA	36:49	7:24
226	8	M55	Norm Arons, 58, Cedar Rapids, IA	36:51	7:25
61	2	W45	Muriel Naumann, 49*, Iowa City, IA	36:51	7:25
227	22	M30	David Cruz, 30, Robins, IA	36:52	7:25
62	7	W25	Roxanne Miene, 29*, Toddville, IA	36:52	7:25
63	2	JrW	Cassie Luesman, 13*, Monticello, IA	36:52	7:25
228	13	M50	David Gee, 54, Cedar Rapids, IA	36:53	7:25
64	7	W20	Helen Fuller, 23*, Iowa City, IA	36:53	7:25
229	21	M25	Scott Hendrickson, 28, Coralville, IA	36:53	7:25
230	22	M25	Alan West, 26, Iowa City, IA	36:53	7:25

231	30	M40	Doug Smith, 40, Cedar Rapids, IA	36:54	7:25
232	23	M30	Jeremy Bushlack, 33, Cedar Rapids, IA	36:55	7:26
233	31	M40	Tim Wittman, 40, Cedar Rapids, IA	36:56	7:26
	65	5	W40 Brenda Cloud, 40*, Cedar Rapids, IA	36:57	7:26
234	25	M20	Luke Collins, 23, Cedar Falls, IA	36:58	7:26
235	9	JrM	Sam Read, 13, Marion, IA	36:59	7:26
236	26	M20	Chris March, 22, Cedar Rapids, IA	37:00	7:27
237	22	M45	William Johnson, 49, Iowa City, IA	37:00	7:27
	66	4	W30 Angie Genskow, 32*, Marion, IA	37:00	7:27
238	37	M16	Andy Smith, 17, Marion, IA	37:01	7:27
	67	8	W20 Liz Berger, 22*, Cedar Rapids, IA	37:02	7:27
239	38	M16	Stuart Wheeler, 16, Cedar Rapids, IA	37:02	7:27
	68	9	W20 Brenda Funke, 20*, Hiawatha, IA	37:02	7:27
240	23	M45	Brian Bachmann, 48, Iowa City, IA	37:03	7:27
241	27	M20	Timothy Hammond, 24, Grinnell, IA	37:04	7:27
	69	14	W16 Sarah Ahearn, 17*, Marion, IA	37:08	7:28
242	24	M30	Jeff Allen, 34, Coralville, IA	37:10	7:29
243	24	M45	Tom Anderson, 45, Cedar Rapids, IA	37:14	7:29
244	32	M40	Keith Kenel, 44, Cedar Rapids, IA	37:16	7:30
245	14	M50	Michael Nurre, 51, Cedar Rapids, IA	37:17	7:30
246	33	M40	Kevin Ruzicka, 40, Swisher, IA	37:18	7:30
247	15	M50	Bob Strickland, 54, Cedar Rapids, IA	37:18	7:30
	70	15	W16 Jenna Stangland, 19*, Cedar Rapids, IA	37:19	7:30
248	28	M20	Peter Messerli, 21, Marion, IA	37:19	7:30
	71	8	W25 Jennifer Dietrich, 26*, Cedar Rapids, IA	37:19	7:30
249	23	M25	Joe Zamora, 29, Coralville, IA	37:19	7:30
250	25	M45	James Craig, 48, Cedar Rapids, IA	37:20	7:31
	72	10	W20 Lydia Mexas, 20*, Cedar Rapids, IA	37:20	7:31
251	29	M20	Thomas Herring, 21, Cedar Rapids, IA	37:21	7:31
252	30	M20	Matt Balvanz, 23, Cedar Rapids, IA	37:22	7:31
253	39	M16	Justin Balvanz, 19, Cedar Rapids, IA	37:22	7:31
254	16	M50	Brad Shipman, 50, Van Meter, IA	37:25	7:32
255	40	M16	Austin Meeks, 18, Marion, IA	37:30	7:33
256	34	M40	John Peters, 40, Cedar Rapids, IA	37:32	7:33
257	25	M30	Bryan Fentress, 30, Cedar Rapids, IA	37:33	7:33
258	41	M16	Bryce Henson, 19, North Liberty, IA	37:35	7:34
259	10	JrM	Teddy Larew, 14, Iowa City, IA	37:37	7:34
260	11	JrM	Nick Synan, 14, Iowa City, IA	37:38	7:34
261	42	M16	Matthew Larew, 19, Iowa City, IA	37:38	7:34
262	26	M45	Gary Stangland, 48, Cedar Rapids, IA	37:39	7:34
263	22	M35	Brian Long, 36, Cedar Rapids, IA	37:40	7:35
	73	6	W35 Rocky Chipokas, 35*, Cedar Rapids, IA	37:40	7:35
	74	16	W16 Keri Schaefer, 16*, Cedar Rapids, IA	37:41	7:35
264	27	M45	Tony Loyd, 46, Cedar Rapids, IA	37:42	7:35
265	35	M40	Wayne Gurda, 41, Dubuque, IA	37:44	7:35
	75	17	W16 Amy Boesenberg, 18*, Cedar Rapids, IA	37:45	7:36
266	24	M25	Shaun Cassells, 26, Iowa City, IA	37:45	7:36
	76	7	W35 Janeal Lyons, 39*, Dysart, IA	37:45	7:36
267	9	M55	Dale Hanna, 56, Cedar Rapids, IA	37:48	7:36
	77	9	W25 Heidi Anhalt, 28*, Cedar Rapids, IA	37:49	7:36
268	23	M35	Larry Kram, 37, Cedar Rapids, IA	37:50	7:37
269	17	M50	Richard Block, 50, Cedar Rapids, IA	37:51	7:37
	78	5	W30 Raylinn Lamparek, 34*, Swisher, IA	37:52	7:37
270	31	M20	Justin Hajek, 24, Marion, IA	37:53	7:37
271	36	M40	Mike Sills, 40, Hiawatha, IA	37:53	7:37
272	24	M35	Scott Riesenber, 39, Marion, IA	37:54	7:38
273	10	M55	Gordy Strickland, 58, Lincoln, NE	37:55	7:38
274	25	M35	Kevin Schoner, 39, Cedar Rapids, IA	37:56	7:38
275	26	M30	Curt Miller, 31, Iowa City, IA	37:57	7:38
276	27	M30	Rob Pollitt, 33, Cedar Rapids, IA	37:57	7:38
277	28	M45	Jim Sines, 48, Cedar Rapids, IA	37:58	7:38
278	37	M40	Nathan Cooper, 40, Iowa City, IA	38:00	7:39
279	18	M50	Jon Hajek, 51, Marion, IA	38:01	7:39
	79	6	W40 Denise Liss, 42*, Cedar Rapids, IA	38:02	7:39
280	38	M40	Mark Chipokas, 41, Cedar Rapids, IA	38:03	7:39

281	39	M40	Pat McAllister, 42, Cedar Rapids, IA	38:05	7:40
282	29	M45	Linley Woelk, 49, Marion, IA	38:09	7:41
283	30	M45	Jay Wiebold, 48, Cedar Rapids, IA	38:15	7:42
284	11	M55	John Ruger, 56, Boulder, CO	38:17	7:42
285	32	M20	Brandon Carr, 23, Cedar Rapids, IA	38:22	7:43
286	40	M40	Dave Koch, 40, Cedar Rapids, IA	38:24	7:43
287	28	M30	Chris Madsen, 33, Cedar Rapids, IA	38:26	7:44
288	29	M30	David Hicks, 33, Iowa City, IA	38:26	7:44
289	30	M30	Tory Meiborg, 30, Cedar Rapids, IA	38:27	7:44
290	41	M40	Ken Fangman, 42, Farley, IA	38:28	7:44
291	12	M55	Patrick Courtney, 55, Cedar Rapids, IA	38:30	7:45
292	42	M40	Daniel Reed, 44, Edina, MN	38:32	7:45
293	43	M16	Blake Jenewein, 17, Center Point, IA	38:32	7:45
294	12	JrM	Joel Lydon, 14, Cedar Rapids, IA	38:33	7:45
295	31	M30	Todd Slagter, 30, North Liberty, IA	38:33	7:45
296	43	M40	Pat O'Connor, 43, Marion, IA	38:33	7:45
80	10	W25	Kim Blankenship, 29*, Cedar Rapids, IA	38:37	7:46
297	32	M30	Keith Neubauer, 34, Swisher, IA	38:37	7:46
81	8	W35	Barb Fassbinder, 38*, Cedar Rapids, IA	38:38	7:46
82	3	JrW	Astrid Hueglin, 11*, Cedar Rapids, IA	38:38	7:46
83	9	W35	Aimee Jones, 36*, Cedar Rapids, IA	38:39	7:46
298	31	M45	Marc Mike, 46, Cedar Rapids, IA	38:40	7:47
299	32	M45	Dave Vognsen, 46, Cedar Rapids, IA	38:40	7:47
84	11	W20	Mandy Becker, 21*, Marion, IA	38:41	7:47
300	33	M45	Paul Johanson, 45, Oxford, Ia	38:42	7:47
301	19	M50	Steve Lanich, 54, Marion, IA	38:43	7:47
302	33	M20	Jacob Herring, 23, Cedar Rapids, IA	38:43	7:47
303	44	M16	Branden Miller, 17, Jefferson, IA	38:45	7:48
304	34	M45	Brian Wiebke, 45, Marion, IA	38:46	7:48
305	35	M45	Tom Cahalan, 47, Cedar Rapids, IA	38:46	7:48
306	44	M40	Darl Vanrheenen, 44, Amana, IA	38:47	7:48
85	7	W40	Donna Herring, 42*, Lisbon, IA	38:47	7:48
307	45	M40	Joel Penticoff, 44, Cedar Rapids, IA	38:51	7:49
308	46	M40	Joe Nauman, 41, Coggon, IA	38:52	7:49
86	8	W40	Sara Todd, 42*, Cedar Rapids, IA	38:52	7:49
87	3	W45	Debbie Carrico, 46*, Mt. Vernon, IA	38:54	7:49
88	9	W40	Karen Knight, 41*, Hiawatha, IA	38:57	7:50
309	47	M40	David Glessner, 41, Cedar Rapids, IA	38:59	7:50
310	13	M55	Ed Seaward, 55, Winterset, IA	39:00	7:51
311	33	M30	Kirby Moss, 33, Cedar Rapids, IA	39:00	7:51
89	11	W25	Heather Simons, 27*, Cedar Rapids, IA	39:01	7:51
312	34	M30	Guy Simons, 34, Cedar Rapids, IA	39:01	7:51
90	10	W35	Rita Taylor-Stewart, 38*, North Liberty, IA	39:01	7:51
313	36	M45	Bob Hanson, 47, Cedar Rapids, IA	39:07	7:52
314	37	M45	Don Chizek, 45, Cedar Rapids, IA	39:12	7:53
91	11	W35	Alicia Borman, 39*, Eagan, MN	39:12	7:53
315	35	M30	Rob Kasper, 33, Cedar Rapids, IA	39:13	7:53
316	48	M40	James Burke, 42, Cedar Rapids, IA	39:14	7:54
317	49	M40	Eric Mueller, 40, Cedar Rapids, IA	39:16	7:54
318	45	M16	Billy Hahn, 17, Norway, IA	39:17	7:54
92	18	W16	Da Brooksaman, 19*, Cedar Rapids, IA	39:17	7:54
93	12	W25	Katie Young, 29*, Cedar Rapids, IA	39:18	7:54
319	26	M35	Patrick Menally, 38, Wheaton, IL	39:19	7:54
320	27	M35	Matthew Engelbert, 35, Coralville, IA	39:19	7:55
321	50	M40	David McClish, 43, Cedar Rapids, IA	39:20	7:55
322	20	M50	Charles Berns, 50, Coralville, IA	39:20	7:55
94	13	W25	Aime Walsh, 25*, Marion, IA	39:21	7:55
323	25	M25	Jason Everett, 25, Fort Campbell, KY	39:21	7:55
324	26	M25	Josh Eastvold, 26, Iowa City, IA	39:22	7:55
95	14	W25	Jenny Beck, 27*, Cedar Rapids, IA	39:22	7:55
325	51	M40	Tom Roeder, 43, Dewitt, IA	39:22	7:55
326	14	M55	Lee Bendull, 56, Vinton, IA	39:23	7:55
327	36	M30	Jarod Young, 30, Cedar Rapids, IA	39:25	7:56
96	10	W40	Brenda Pittelrow, 44*, St. Paul, MN	39:25	7:56
328	27	M25	Tobin Walsh, 27, Marion, IA	39:25	7:56

329	38	M45 Nela Scharmer, 48, Cedar Rapids, IA	39:26	7:56
330	21	M50 Walt Hepker, 51, Cedar Rapids, IA	39:27	7:56
331	28	M25 David Fisher, 27, Cedar Rapids, IA	39:27	7:56
332	22	M50 Greg Jobe, 51, Marion, IA	39:27	7:56
97	12	W20 Dixie Church, 22*, Cedar Rapids, IA	39:27	7:56
333	29	M25 Brandon Trigger, 27, Iowa City, IA	39:28	7:56
334		Bart Woods, Cedar Rapids, IA	39:29	7:57
335	28	M35 Scott Berger, 36, Cedar Rapids, IA	39:31	7:57
98	15	W25 Deidre Nims, 29*, Cedar Rapids, IA	39:31	7:57
336	15	M55 Al Kacere, 57, Marion, IA	39:32	7:57
337	16	M55 Rod Raabe, 59, Swisher, IA	39:33	7:57
338	29	M35 Jeffery Murra, 39, Thompson, IA	39:34	7:57
99	6	W30 Tonya Miller, 32*, Iowa City, IA	39:34	7:58
339	30	M35 Tom Whitten, 38, Hiawatha, IA	39:35	7:58
100	4	W45 Laurie Comstock, 46*, Iowa City, IA	39:36	7:58
340	23	M50 Bruce Skerik, 50, Gilbertville, IA	39:36	7:58
341	46	M16 Greg Usher, 18, Marion, IA	39:37	7:58
342	37	M30 Matt Eidahl, 33, Cedar Rapids, IA	39:40	7:59
101	7	W30 Sonja Krob, 34*, Lisbon, IA	39:40	7:59
343	34	M20 Brandon Dewolf, 21, Cedar Rapids, IA	39:40	7:59
102	16	W25 Christy Vogt, 27*, Cedar Rapids, IA	39:41	7:59
344	4	M60 Cal Jenkins, 61, Cedar Rapids, IA	39:42	7:59
345	39	M45 Mike Heffern, 45, Cedar Rapids, IA	39:42	7:59
346	40	M45 Kevin Costigan, 45, Cedar Rapids, IA	39:43	7:59
347	24	M50 Mark Ramsey, 54, Cedar Rapids, IA	39:43	7:59
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348	38	M30 Todd Meese, 34, Cedar Rapids, IA	39:44	8:00
349	39	M30 Jim Berger, 34, Cedar Rapids, IA	39:45	8:00
103	17	W25 Wendy Brenner, 29*, Coralville, IA	39:46	8:00
104	12	W35 Wendy Gerlach, 35*, Pewaukee, WI	39:47	8:00
350	41	M45 Thomas Bark, 47, Marion, IA	39:47	8:00
105	13	W20 Kelly Benda, 24*, North Liberty, IA	39:47	8:00
106	18	W25 Joanne Reiland, 25*, Coralville, IA	39:49	8:01
351	31	M35 Alan Read, 36, Marion, IA	39:51	8:01
352	25	M50 Bob Bang, 52, Coralville, IA	39:52	8:01
107	11	W40 Linda Garvin, 42*, Sparta, WI	39:53	8:01
353	35	M20 Ryan Conway, 24, Dallas, TX	39:55	8:02
354	32	M35 Kurt Meyer, 39, Hiawatha, IA	39:56	8:02
108	14	W20 Katie Artman, 24*, Iowa City, IA	39:58	8:02
355	30	M25 Chris Nims, 28, Cedar Rapids, IA	39:58	8:02
109	13	W35 Chris Day, 35*, Palo, IA	39:59	8:03
110	15	W20 Elizabeth Sutton, 24*, Iowa City, IA	40:01	8:03
111	8	W30 Sarah Ramsey, 31*, Iowa City, IA	40:01	8:03
112	14	W35 Diana Croghan, 36*, Center Point, IA	40:02	8:03
356	5	M60 Dean Wieditz, 62, Vinton, IA	40:02	8:03
357	42	M45 Tim Faber, 45, Marion, IA	40:02	8:03
113	16	W20 Kira Anderson, 20*, Cedar Falls, IA	40:02	8:03
114	15	W35 Holly Deeds, 38*, Atkins, IA	40:03	8:03
358	26	M50 Kent Mattison, 53, Cedar Rapids, IA	40:04	8:04
359	31	M25 Steven Swanson, 26, Iowa City, IA	40:04	8:04
360	6	M60 Brian Watter, 60, Cedar Rapids, IA	40:05	8:04
115	2	W50 Claudia Scott, 54*, Marion, IA	40:05	8:04
116	16	W35 Wendy Redmond, 38*, Springville, IA	40:06	8:04
361	27	M50 Tom Wieseler, 52, Mt. Vernon, IA	40:06	8:04
117	9	W30 Deborah White, 32*, Robins, IA	40:08	8:04
362	52	M40 Dave Klostermann, 40, Lisbon, IA	40:10	8:05
363	33	M35 Marty Pistulka, 37, Cedar Rapids, IA	40:10	8:05
364	53	M40 Russ Rabik, 44, Cedar Rapids, IA	40:11	8:05
118	10	W30 Wendy Kinney, 31*, Waterloo, IA	40:12	8:05
119	11	W30 Michele Jandik, 32*, Davenport, IA	40:13	8:05
120	3	W50 Lynn Dennis, 50*, Cedar Rapids, IA	40:15	8:06
365	40	M30 Chad Stiffler, 31, Marion, IA	40:16	8:06
366	36	M20 Jordan Goettsche, 20, Cedar Rapids, IA	40:17	8:06
121	12	W30 Wendy Dutler, 32*, Frisco, TX	40:17	8:06



367	28	M50	Brad Jenewein, 52, Center Point, IA	40:17	8:06
122	1	W55	Sue Stannard, 55*, Cedar Rapids, IA	40:17	8:06
368	54	M40	Jeff White, 44, Mediapolis, IA	40:18	8:06
123	17	W35	Amy Homan, 38*, Cedar Rapids, IA	40:19	8:07
369	55	M40	Gerald Borman, 41, Eagan, MN	40:21	8:07
370	56	M40	Mike Becker, 43, Cedar Rapids, IA	40:21	8:07
371	32	M25	Matt Oltmann, 25, Cedar Rapids, IA	40:22	8:07
372	29	M50	Randy King, 52, Marion, IA	40:23	8:07
373	1	M70	Tom Novak, 72, Cedar Rapids, IA	40:23	8:08
374	57	M40	Karl Lavbengayer, 41, Robins, IA	40:24	8:08
375	47	M16	Joseph Marshall, 16, Cedar Rapids, IA	40:27	8:08
124	18	W35	Sharon Andersn, 38*, Cedar Rapids, IA	40:27	8:08
376	17	M55	Craig Foss, 55, Fairfield, IA	40:29	8:09
125	19	W25	Jessica Herold, 26*, Walford, IA	40:29	8:09
126	4	JrW	Teryn Hammes, 13*, Newhall. Ia	40:30	8:09
377	58	M40	Kent Young, 40, Fort Madison, )	40:31	8:09
127	17	W20	Carissa Gee, 23*, Cedar Rapids, IA	40:32	8:09
128	20	W25	Heather Fleming, 28*, Cedar Rapids, IA	40:32	8:09
129	4	W50	Pamela Wood, 50*, Janesville, Ia	40:34	8:10
130	19	W16	Leah Zmolek, 17*, Cedar Rapids, IA	40:35	8:10
131	12	W40	Peggy Beastrom, 44*, Cedar Rapids, IA	40:35	8:10
132	21	W25	Steph Elbert, 29*, Iowa City, IA	40:36	8:10
133	18	W20	Jamie Vinson, 24*, Cedar Rapids, IA	40:36	8:10
378	30	M50	Neil Swanson, 54, Palo,IA	40:37	8:10
379	43	M45	Gary Watts, 48, Iowa City, IA	40:38	8:10
380	44	M45	Steven Kimm, 49, Norway, IA	40:38	8:11
381	34	M35	Michael Puch, 39, Iowa City, IA	40:40	8:11
382	45	M45	Mark Elias , 47, Cedar Rapids, IA	40:41	8:11
383	59	M40	Ken Schwartzlow, 40, Sparta, WI	40:43	8:11
384	33	M25	Caleb Plumb, 26, Cedar Rapids, IA	40:44	8:12
385	46	M45	Jerry Vansersanden, 48, Cedar Rapids, IA	40:45	8:12
386	47	M45	Leon Mehring, 46, Cedar Rapids, IA	40:45	8:12
387	1	M65	Jerry Elsea, 65, Cedar Rapids, IA	40:46	8:12
388	41	M30	Ross Attleson, 34, Houston, TX	40:46	8:12
134	5	W50	Karen Vinson, 50*, Cedar Rapids, IA	40:47	8:12
389	60	M40	Frank Ditri, 43, Cedar Rapids, IA	40:48	8:12
135	20	W16	Sarah Schmall, 19*, Robins, IA	40:50	8:13
136	19	W35	Diane Fagan Ropp, 38*, Cedar Rapids, IA	40:51	8:13
137	5	W45	Laura Stunz, 49*, Iowa City, IA	40:53	8:13
390	48	M45	Tim Zipperer, 45, Cedar Rapids, IA	40:56	8:14
138	19	W20	Hilary Vohnson, 21*, Eden Prairie, MN	40:58	8:15
391	49	M45	Hunt Scott, 46, Cedar Rapids, IA	40:58	8:15
392	50	M45	Jerry Tiedt, 49, Cedar Rapids, IA	40:59	8:15
393	51	M45	Samuel Ramsey, 48, Iowa City, IA	41:00	8:15
394	61	M40	Mark Hamling, 41, Cedar Rapids, IA	41:01	8:15
395	35	M35	Paul Pomeroy, 35, Chatham, IL	41:03	8:16
396	52	M45	Eugenio Rios, 46, Marion, IA	41:05	8:16
139	20	W35	Wendy Frese, 38*, Cedar Rapids, IA	41:10	8:17
140	21	W16	Jenna Agrimson, 19*, Cedar Rapids, IA	41:11	8:17
397	13	JrM	Mitch Martin, 11, Cedar Rapids, IA	41:11	8:17
141	6	W50	Kath Hilton, 51*, Cedar Rapids, IA	41:11	8:17
142	20	W20	Lynn Dobyys, 20*, Iowa City, IA	41:11	8:17
143	21	W20	Denise Wiltse, 20*, Iowa City, IA	41:12	8:17
398	53	M45	Stephen McCoy, 46, Cedar Rapids, IA	41:13	8:18
144	22	W25	Emily Bloome, 27*, Cedar Rapids, IA	41:14	8:18
399	18	M55	Roy Gaddis, 56, Solon, IA	41:16	8:18
400	31	M50	Kevin Fox, 50, Cedar Rapids, IA	41:17	8:18
401	62	M40	John Clarahan, 43, Cedar Rapids, IA	41:18	8:18
402	19	M55	John Becker, 55, Cedar Rapids, IA	41:19	8:19
403	54	M45	Rick Dobyys, 49, Iowa City, IA	41:22	8:19
404	48	M16	Jordan Easton, 17, Cedar Rapids, IA	41:25	8:20
405	7	M60	Jim Berger, 60, Cedar Rapids, IA	41:26	8:20
406	55	M45	Ted Olson, 45, Hiawatha, IA	41:27	8:20
407	63	M40	Jeff Kintzle, 42, St. Charles, MO	41:29	8:21
408	64	M40	Scott Hansen, 41, Iowa City, IA	41:30	8:21

409	42	M30	Ben Winborn, 30, Swisher, IA	41:30	8:21
145	13	W30	Lori Winborn, 31*, Swisher, IA	41:31	8:21
410	14	JrM	Austin Frerick, 15, Cedar Rapids, IA	41:31	8:21
146	13	W40	Leaann Ross, 42*, Mt. Horeb, WI	41:32	8:21
411	15	JrM	Kevin Kenel, 14, Cedar Rapids, IA	41:33	8:21
147	14	W40	Patricia Kenel, 44*, Cedar Rapids, IA	41:34	8:22
412	34	M25	Robert Blockhus, 26, Marion, IA	41:36	8:22
413	56	M45	Lenny Mais, 46, Coggon, IA	41:37	8:22
148	22	W20	Carman White, 22*, Cedar Rapids, IA	41:37	8:22
414	43	M30	Matthew Anderson, 31, Vinton, IA	41:38	8:23
149	23	W20	Katie Thompson, 20*, Cedar Rapids, IA	41:40	8:23
150	23	W25	Emmie Cardella, 27*, Scottsdale, AZ	41:43	8:24
151	24	W25	Corrie Enyart, 27*, Cedar Rapids, IA	41:46	8:24
152	21	W35	Nadine McNeal, 38*	41:49	8:25
415	36	M35	Phil Forbes, 37, North Liberty, IA	41:52	8:25
153	5	JrW	Angela Karkosh, 14*, Muscatine, IA	41:52	8:25
416	65	M40	Edward Meissner, 42, Cedar Rapids, IA	41:53	8:25
417	37	M35	Jeff Steadman, 36, Marion, IA	41:53	8:26
154	6	W45	Deanna Haddy, 45*, Cedar Rapids, IA	41:55	8:26
418	49	M16	Tyson King, 18, Marion, IA	41:57	8:26
155	22	W35	Jolynn Swartendruber, 35*, Ely, IA	41:58	8:27
419	44	M30	Rich Mitvalsky, 34, Cedar Rapids, IA	41:59	8:27
420	45	M30	John Obrien, 34, Bolingbrook, IL	42:00	8:27
156	24	W20	Katie Huether, 20*, Cedar Rapids, IA	42:01	8:27
421	32	M50	Harlan Gillespie, 51, Cedar Rapids, IA	42:01	8:27
422	20	M55	Jerry Mays, 57, Marion, IA	42:02	8:27
423	35	M25	Matt Piersall, 29, Cedar Rapids, IA	42:02	8:27
424	66	M40	Kevin Wise, 43, Solon, IA	42:03	8:27
425	33	M50	Rick Miller, 53, Cedar Falls, IA	42:03	8:28
426	21	M55	John Stanton, 58, Bernard, IA	42:04	8:28
157	25	W25	Sara Kubik, 25*, Marion, IA	42:04	8:28
427	57	M45	Jerry Mahoney, 49, Marion, IA	42:04	8:28
428	34	M50	Mark Watson, 54, Cedar Rapids, IA	42:05	8:28
429	46	M30	Mike Readrdon, 33, Cedar Rapids, IA	42:06	8:28
158	7	W45	Sharon Hollinrake, 48*, Marion, IA	42:07	8:28
430	35	M50	Joe Fahey, 53, Scottsdale, AZ	42:07	8:28
431	58	M45	Rick Fosse, 46, Iowa City, IA	42:09	8:29
432	47	M30	Chad Wilson, 34, Cedar Rapids, IA	42:10	8:29
159	23	W35	Linnae Hartwig, 38*, Marion, IA	42:10	8:29
433	59	M45	Edward Silagi, 49, Iowa City, IA	42:10	8:29
434	38	M35	Steven Felfmann, 37, Iowa City, IA	42:11	8:29
435	60	M45	Allen Trofholz, 46, Robins, IA	42:11	8:29
436	67	M40	Jeff Steimel, 43, Cedar Rapids, IA	42:12	8:29
160	8	W45	Jill Caldwell, 49*, Hiawatha, IA	42:13	8:29
437	36	M25	David Wallace, 26, Cedar Rapids, IA	42:14	8:30
438	37	M25	Darren Wander, 27, Cedar Rapids, IA	42:14	8:30
439	48	M30	Chris Anderson, 33, Cedar Rapids, IA	42:15	8:30
161	22	W16	Megan Heffernen, 19*, Manchester, Ia	42:16	8:30
440	39	M35	Ron Hellweg, 37, Cedar Rapids, IA	42:16	8:30
441	68	M40	Jon Burbridge, 41, Robins, IA	42:17	8:30
162	2	W55	Carolyn Wadsworth, 58*, Cedar Rapids, IA	42:18	8:31
442	16	JrM	Joel Northrup, 10, Marion, IA	42:19	8:31
163	15	W40	Madonna Putnam, 44*, Marion, IA	42:21	8:31
164	23	W16	Heather Heffernen, 16*, Manchester, Ia	42:24	8:32
443	37	M20	Peter Wilcox, 24, Cedar Rapids, IA	42:26	8:32
165	24	W16	Mary Crumley, 16*, Cedar Rapids, IA	42:27	8:32
444	49	M30	Sean Williams, 32, Cedar Rapids, IA	42:28	8:33
445	69	M40	Chris Usher, 41, Marion, IA	42:29	8:33
446	40	M35	John Masterson, 37, Marion, IA	42:30	8:33
166	25	W20	Danielle Fennelly, 21*, Davenport, IA	42:30	8:33
447	41	M35	David Castelluccio, 38, Cedar Rapids, IA	42:31	8:33
448	42	M35	Darryl Button, 36, Cedar Rapids, IA	42:32	8:33
167	7	W50	Trish Prokop, 51*, Cedar Rapids, IA	42:33	8:34
449	50	M30	Brian Pruitt, 31, Cedar Rapids, IA	42:33	8:34
450	61	M45	Brad Wilhelm, 47, Hiawatha, IA	42:35	8:34

168	14	W30	Erin Schuessler, 33*, Iowa City, IA	42:36	8:34
451	51	M30	John Leslein, 33, Marion, IA	42:37	8:34
169	15	W30	Amy Grostic, 33*, North Liberty, IA	42:39	8:35
452	70	M40	Joe Kirby, 40, Cedar Rapids, IA	42:40	8:35
453	52	M30	Steve Mudd, 32, Cedar Rapids, IA	42:41	8:35
170	26	W20	Suzanne Crumley, 21*, Cedar Rapids, IA	42:42	8:35
454	36	M50	Bob Pence, 52, Cedar Rapids, IA	42:44	8:36
455	62	M45	Ken Putnam, 45, Marion, IA	42:44	8:36
456	43	M35	Jeff Rehnke, 35, Solon, IA	42:44	8:36
457	50	M16	William Max Wamle, 18, Cedar Rapids, IA	42:44	8:36
171	8	W50	Debby Weehler, 50*, Des Moines, IA	42:45	8:36
172	6	JrW	Kaitlin Allard, 15*, Cedar Rapids, IA	42:48	8:37
458	38	M25	Elias Jones, 26, St. Louis Park. Mn	42:48	8:37
173	26	W25	Sherrrie Mauren, 29*, Marion, IA	42:49	8:37
174	27	W25	Chandler Shelton, 29*, St. Louis Park. Mn	42:50	8:37
175	16	W30	Kris Kiesey, 33*, Cedar Rapids, IA	42:51	8:37
459	44	M35	Jake Stigers, 37, Chicago, IL	42:52	8:37
176	25	W16	Whitley Allard, 16*, Cedar Rapids, IA	42:54	8:38
177	27	W20	Cassy Townsley, 23*, Cedar Rapids, IA	42:55	8:38
460	53	M30	Lary Jr. Hostak, 33, Cedar Rapids, IA	42:57	8:38
461	45	M35	Darren Heater, 39, Indianola, IA	42:58	8:39
462	46	M35	Craig Carmody, 37, Iowa City, IA	42:58	8:39
463	37	M50	Martin Ryan, 54, Waterloo, IA	42:59	8:39
178	9	W45	Denise Whiting, 46*, Iowa City, IA	42:59	8:39
464	71	M40	Doug Ropp, 41, Cedar Rapids, IA	42:59	8:39
465	63	M45	Harold Hartke, 46, Cedar Rapids, IA	43:00	8:39
466	8	M60	Jack Pilling, 61, Cedar Rapids, IA	43:03	8:40
467	9	M60	Patrick Murphy, 64, Robins, IA	43:03	8:40
179	16	W40	Susan Brooks, 40*, Cedar Rapids, IA	43:06	8:40
468	64	M45	Dave Stewart, 45, Cedar Rapids, IA	43:08	8:41
469	47	M35	Greg Dewolf, 37, Poquoson, VA	43:09	8:41
180	28	W25	Lori Kasperek, 26*, Cedar Rapids, IA	43:09	8:41
470	65	M45	Dan Sauerbrei, 48, Cedar Rapids, IA	43:11	8:41
181	29	W25	Katie O'Dwyer, 26*, Cedar Rapids, IA	43:11	8:41
471	10	M60	Hugh Manmenamin, 60, Cedar Rapids, IA	43:13	8:42
472	38	M20	Kent Heitman, 23, Cedar Rapids, IA	43:13	8:42
473	48	M35	Timothy Isenberg, 36, Marion, IA	43:13	8:42
474	66	M45	Jeff Allard, 46, Cedar Rapids, IA	43:16	8:42
475	38	M50	Stephen Trefz, 54, Iowa City, IA	43:17	8:42
182	26	W16	Samantha Hartkemeyer, 16*, Hiawatha, IA	43:17	8:43
476	49	M35	Cameron Chamberlin, 35, Oskaloosa, IA	43:17	8:43
477	39	M50	Douglas Ehresman, 54, Golden, CO	43:18	8:43
478	50	M35	Mark Baskfield, 37, Chaska, MN	43:18	8:43
183	30	W25	Blakeney Jones, 29*, St. Louis Park. Mn	43:21	8:43
479	39	M25	Jeremy Jones, 29, St. Louis Park. Mn	43:22	8:43
184	27	W16	Jean Louise Larew, 16*, Iowa City, IA	43:25	8:44
185	9	W50	Marylou Williams, 51*, Marion, IA	43:29	8:45
186	10	W45	Jacki Knapp, 46*, Cedar Rapids, IA	43:31	8:45
187	28	W16	Traci Travis, 16*, Shellsburg, IA	43:33	8:46
188	31	W25	Mariah Hurley, 28*, Cedar Rapids, IA	43:34	8:46
480	67	M45	Tony Kennicott, 48, Solon, IA	43:34	8:46
481	72	M40	Randy Scheel, 40, Garrison, IA	43:35	8:46
189	17	W40	Judy Kacena, 44*, Cedar Rapids, IA	43:36	8:46
190	32	W25	Christina Djerf, 26*, Cedar Rapids, IA	43:37	8:46
191	33	W25	Jennifer Chamberlin, 28*, Oskaloosa, IA	43:38	8:47
482	11	M60	Mark Tyler, 61, Cedar Rapids, IA	43:39	8:47
192	24	W35	Sarah Williams, 38*, Marion, IA	43:39	8:47
483	51	M35	Cory Garvin, 35, Wilton, IA	43:43	8:48
484	51	M16	Owen Kane, 16, Marion, IA	43:43	8:48
485	40	M25	Joseph Baber, 28, Cedar Rapids, IA	43:46	8:48
193	18	W40	Jill Jones, 42*, Cedar Rapids, IA	43:47	8:48
486	73	M40	Bruce Willey, 42, Cedar Rapids, IA	43:47	8:48
487	52	M16	Luke McClyman, 18, Cedar Rapids, IA	43:48	8:49
488	39	M20	Jacob Young, 23, Donnellson, IA	43:49	8:49
489	40	M50	Stephen Runde, 51, Marion, IA	43:51	8:49

194	19	W40	Regina Randall, 41*, Solon, IA	43:51	8:49
490	68	M45	Dan Lowe, 47, Cedar Rapids, IA	43:52	8:49
491	74	M40	Gene Nassif, 41, Cedar Rapids, IA	43:53	8:50
492	52	M35	Brett Proskovec, 36, Hiawatha, IA	43:55	8:50
195	34	W25	Katy Watson, 28*, Robins, IA	43:55	8:50
196	17	W30	Molly Newhouse, 31*, Cedar Rapids, IA	43:59	8:51
493	53	M35	Michael Zimmermann, 37, Marion, IA	44:02	8:51
494	54	M35	Douglas Hargrave, 38, Marion, IA	44:02	8:51
495	22	M55	Jeff Denny, 59, Cedar Rapids, IA	44:02	8:52
197	25	W35	Wendy Dochterman, 36*, Andover, MN	44:03	8:52
198	28	W20	Kathryn Merrifield, 20*, Cedar Rapids, IA	44:07	8:52
496	75	M40	Joseph Mischka, 41, Cedar Rapids, IA	44:08	8:53
199	11	W45	Jan Stangland, 48*, Cedar Rapids, IA	44:08	8:53
497	55	M35	Bard Tucker, 35, Cedar Rapids, IA	44:08	8:53
498	56	M35	Bernardo Perez, 37, Coralville, IA	44:09	8:53
499	57	M35	Jerry Whitson, 39, Cedar Rapids, IA	44:10	8:53
500	76	M40	Michael Hanigan, 44, Cedar Rapids, IA	44:11	8:53
200	35	W25	Kati Hanson, 26*, Cedar Rapids, IA	44:12	8:53
501	58	M35	Edward Gillan, 38, Iowa City, IA	44:13	8:54
201	18	W30	Catherine Radzewich, 34*, Oakland, CA	44:15	8:54
502	23	M55	John Watson, 57, Robins, IA	44:15	8:54
202	12	W45	Sheryl Weber-Paxton, 47*, Minneapolis, MN	44:15	8:54
503	41	M50	Terry Arnold, 50, Cedar Rapids, IA	44:16	8:54
203	36	W25	Judy Stoffel, 28*, Cedar Rapids, IA	44:18	8:55
204	13	W45	Barbara McCalab, 45*, Fairfield, IA	44:19	8:55
504	69	M45	Kris Gulick, 46, Cedar Rapids, IA	44:21	8:55
505	41	M25	Chad Rupe, 25, Marion, IA	44:24	8:56
205	19	W30	Michelle McIllece, 33*, Cedar Rapids, IA	44:25	8:56
506	59	M35	Dean Chiafos, 35, Center Point, IA	44:25	8:56
507	24	M55	Ernie Driscoll, 59, Cascade, IA	44:27	8:56
508	17	JrM	Matt Thompson, 13, Cedar Rapids, IA	44:28	8:57
509	60	M35	Lance Keith, 39, Solon, IA	44:29	8:57
510	77	M40	Brian Wells, 40, Cedar Rapids, IA	44:32	8:58
511	54	M30	Bill Maly, 34, Cedar Rapids, IA	44:32	8:58
512	25	M55	George Karr, 55, Iowa City, IA	44:33	8:58
513	70	M45	Greg Bardsley, 47, Covington, IA	44:34	8:58
514	42	M25	Luke Stahle, 28, Cedar Rapids, IA	44:35	8:58
206	26	W35	Pam Funke, 36*, Coralville, IA	44:35	8:58
515	53	M16	Sam Garnatz, 17, Marion, IA	44:35	8:58
516	12	M60	Joe Henderson, 62, Eugene, OR	44:36	8:58
207	37	W25	Andrea Olson, 29*, Cedar Rapids, IA	44:39	8:59
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208	20	W40	Trudy Claassen, 44*, Cedar Rapids, IA	44:42	9:00
209	1	W60	Jane Niemeier, 60*, Hiawatha, IA	44:42	9:00
210	29	W16	Tara Buchheit, 16*, Cedar Rapids, IA	44:43	9:00
211	38	W25	Mina Shiratori, 27*, Chicago, IL	44:44	9:00
212	29	W20	Shane Hunt, 20*, Cedar Rapids, IA	44:45	9:00
517	26	M55	Lee Belfield, 56, Cedar Rapids, IA	44:47	9:00
213	30	W20	Shannon Martin, 23*, Iowa City, IA	44:47	9:01
214	20	W30	Jennifer Duerksen, 34*, Coralville, IA	44:48	9:01
518	61	M35	John Hebrink, 38, Cedar Rapids, IA	44:48	9:01
519	55	M30	Ledford, 34, Kenosha, WI	44:49	9:01
520	62	M35	Ray Amsler, 39, Hiawatha, IA	44:49	9:01
215	21	W40	Jean Graff, 42*, Denver, CO	44:50	9:01
521	63	M35	Martin Graff, 38, Bewnington, NE	44:50	9:01
216	27	W35	Jillian Knutson, 36*, Cedar Rapids, IA	44:53	9:02
217	31	W20	Jessica Hruby, 24*, Oxford, Ia	44:55	9:02
522	64	M35	David Parker, 35, Cedar Rapids, IA	44:55	9:02
218			Kristen Hanrahan*, Iowa City, IA	44:57	9:03
219	21	W30	Sarah Knebel, 32*, Iowa City, IA	44:58	9:03
523	13	M60	Martin Roach, 64, Cedar Rapids, IA	45:00	9:03
524	78	M40	Paul Hansen, 43, Cedar Rapids, IA	45:01	9:03
525	18	JrM	Andrew Smith, 15, Toddville, IA	45:02	9:04
220	28	W35	Michelle Jackson, 37*, Stanwood, IA	45:03	9:04

526	27	M55	Bill Rodgers, 57, Boxboro, MA	45:03	9:04
527	71	M45	Dave Beastro, 45, Cedar Rapids, IA	45:04	9:04
221	14	W45	Allison Heffern, 45*, Cedar Rapids, IA	45:06	9:04
222	15	W45	Cindy Schile, 49*, Hiawatha, IA	45:07	9:05
223	22	W30	Heather Ryan, 30*, Cedar Rapids, IA	45:09	9:05
224	22	W40	Lisa Hanigan, 44*, Cedar Rapids, IA	45:11	9:05
528	42	M50	Steve Doty, 52, Cedar Rapids, IA	45:13	9:06
529	72	M45	Jack Leonard, 47, New Brighton, MN	45:15	9:06
530	28	M55	Ronald Dake, 57, Waterloo, IA	45:16	9:06
531			Jim R. Walker, Cedar Rapids, IA	45:17	9:06
532	43	M50	Ed Pooch, 54, Cedar Rapids, IA	45:18	9:07
225	29	W35	Tina Schoner, 37*, Cedar Rapids, IA	45:19	9:07
533	79	M40	Martin Miler, 41, Jefferson, IA	45:19	9:07
534	73	M45	Peter Steele, 47, Cedar Rapids, IA	45:23	9:08
226	23	W40	Laura Amsler, 41*, Des Moines, IA	45:23	9:08
535	54	M16	Nick Hartkemeyer, 18, Hiawatha, IA	45:23	9:08
536	65	M35	Matt O'Rourke, 37, Cedar Rapids, IA	45:24	9:08
537	56	M30	Tom Durian, 31, North Liberty, IA	45:24	9:08
538	57	M30	Matt Vanmaanen, 33, Cedar Rapids, IA	45:24	9:08
227	24	W40	Sue Helling, 43*, Dubuque, IA	45:25	9:08
228	25	W40	Sue Bennett, 43*, Cedar Rapids, IA	45:26	9:08
539	55	M16	Tyler Hillehiem, 17, Marion, IA	45:28	9:09
229	23	W30	Dana Pinter-Karasek, 34*, Cedar Rapids, IA	45:29	9:09
540	74	M45	Bob Montgomery, 47, Iowa City, IA	45:30	9:09
541	19	JrM	Joshua Davila, 11, Marion, IA	45:30	9:09
542	75	M45	Patrick Marshall, 46, Cedar Rapids, IA	45:31	9:09
230	26	W40	Maryjo Hansen, 43*, Cedar Rapids, IA	45:33	9:10
543	80	M40	Roger Batterson, 40, Cedar Rapids, IA	45:34	9:10
231	24	W30	Kimberly McGuire, 33*, Marion, IA	45:35	9:10
544	44	M50	Jim Lyness, 54, Cedar Rapids, IA	45:41	9:11
232	25	W30	Aj Clark, 33*, Cedar Rapids, IA	45:42	9:12
545	58	M30	Chris Kasperek, 30, Fpo, AP	45:45	9:12
546	81	M40	Brad Randall, 44, Solon, IA	45:48	9:13
547	45	M50	Garry Payne, 54, Orillia, Canada	45:50	9:13
548	76	M45	David O'Conner, 45, Cedar Rapids, IA	45:51	9:13
549	14	M60	David Nelson, 62, Cedar Rapids, IA	45:53	9:14
550	29	M55	Barry Sweet, 55, Cedar Rapids, IA	45:57	9:15
551	66	M35	Tim Sagers, 37, Cedar Rapids, IA	45:58	9:15
552	46	M50	Wes Brackey, 50, Marion, IA	45:59	9:15
553	56	M16	Zeth Schau, 16, Marion, IA	46:00	9:15
233	39	W25	Suzanne Wagor, 29*, New York, NY	46:00	9:15
554	67	M35	Bryce Jackman, 39, Oxford, Ia	46:00	9:15
234	26	W30	Wanda Hughes, 30*, Robins, IA	46:01	9:15
235	7	JrW	Molly Deprenger, 15*, Iowa City, IA	46:01	9:15
236	27	W30	Jodie Stapley, 30*, Marion, IA	46:01	9:15
237	30	W16	Carly Ducharme, 18*, Iowa City, IA	46:02	9:16
238	31	W16	Emily Watts, 17*, Iowa City, IA	46:03	9:16
555	77	M45	Mike Fagan, 45, Glen Ellyn, IL	46:05	9:16
239	8	JrW	Allison M Cook, 15*, Cedar Rapids, IA	46:06	9:17
556	30	M55	Sergio Kerbis, 57, Marion, IA	46:08	9:17
557	82	M40	Mark Brown, 41, Cedar Rapids, IA	46:11	9:18
558	15	M60	Ralph Plagman, 61, Cedar Rapids, IA	46:13	9:18
240	16	W45	Debbie Craig, 46*, Cedar Rapids, IA	46:14	9:18
559	47	M50	David Voss, 54, Hastings, MN	46:17	9:19
241	17	W45	Jean Etten, 48*, Palo, IA	46:20	9:19
242	3	W55	Judy Wolfe, 58*, Hiawatha, IA	46:20	9:19
560	16	M60	Gary Kalis, 60, Cedar Rapids, IA	46:20	9:19
243	28	W30	Lisa Nelson, 33*, Davenport, IA	46:23	9:20
244	32	W20	Lindsay Kellogg, 23*, Cedar Rapids, IA	46:23	9:20
561	59	M30	Shannon Bucknell, 33, Cedar Rapids, IA	46:24	9:20
245	30	W35	Tami Westhoff, 35*, Marion, IA	46:25	9:20
246	10	W50	Pat Theisen, 52*, Anamosa, IA	46:26	9:20
247	27	W40	Jakcie Brown, 40*, Cedar Rapids, IA	46:26	9:21
562	48	M50	Gordon Baustian, 51, Cedar Rapids, IA	46:27	9:21
248	28	W40	Cherly Read, 40*, Marion, IA	46:27	9:21

249	18	W45	Ann Larew, 49*, Iowa City, IA	46:29	9:21
250	29	W40	Joan Deprenger, 43*, Iowa City, IA	46:30	9:21
251	11	W50	Jann Baustian, 51*, Cedar Rapids, IA	46:31	9:21
252	31	W35	Camilla Martin, 36*, Marion, IA	46:31	9:21
253	32	W35	Gina Garman, 39*, Marion, IA	46:32	9:22
254	33	W35	Jody Rausch, 36*, Robins, IA	46:32	9:22
255	30	W40	Superstar Lindwall, 40*, Cedar Rapids, IA	46:32	9:22
563	49	M50	Lloyd Ludolph, 53, Cedar Rapids, IA	46:32	9:22
256	31	W40	Tania Drinkwater, 41*, Robins, IA	46:33	9:22
564	60	M30	Brad Simanek, 34, Cedar Rapids, IA	46:33	9:22
565	50	M50	David Novak, 54, Cedar Rapids, IA	46:35	9:22
566	51	M50	Robert Holmes, 53, Cedar Rapids, IA	46:36	9:22
567	52	M50	Dean Jandik, 51, Cedar Rapids, IA	46:36	9:23
257	32	W40	Tracy Jandik, 44*, Cedar Rapids, IA	46:37	9:23
568	78	M45	John Herring, 49, Cedar Rapids, IA	46:38	9:23
258	33	W40	Teri Sissel, 43*, Cedar Rapids, IA	46:38	9:23
569	53	M50	Joe Houtz, 51, Cedar Rapids, IA	46:39	9:23
570	83	M40	Maxwell Grant, 41, Cedar Rapids, IA	46:40	9:23
571	31	M55	Martin Wiesenfeld, 57, Cedar Rapids, IA	46:41	9:24
259	33	W20	Ashley Hartkemeyer, 21*	46:43	9:24
260	34	W40	Leri Rott, 41*, Cedar Rapids, IA	46:44	9:24
572	68	M35	Shannon Bisgard, 37, Marion, IA	46:49	9:25
261	34	W35	Jamie Toledo, 39*, Cedar Rapids, IA	46:49	9:25
573	40	M20	Joshua Merrifield, 20, Marion, IA	46:50	9:25
574	79	M45	Terry Schmidt, 48, Cedar Rapids, IA	46:50	9:25
262	35	W40	Jodie Milbrath, 41*, Cedar Rapids, IA	46:51	9:26
575	80	M45	Scott Swenson, 46, Solon, IA	46:54	9:26
576	41	M20	Brett Kellogg, 24, Cedar Rapids, IA	46:55	9:26
577	54	M50	Kevin Kiley, 51, Cedar Rapids, IA	46:55	9:26
578	43	M25	John Daque, 25, Cedar Rapids, IA	46:56	9:26
263	1	W70	Marilyn Wickenkamp, 70*, Newton, IA	47:01	9:27
264	36	W40	Tina Becker, 44*, Watkins, IA	47:02	9:28
265	29	W30	Sarah Crippen, 30*, Cedar Rapids, IA	47:03	9:28
579	55	M50	Nick Gearhart, 54, Cedar Rapids, IA	47:04	9:28
580	32	M55	Craig Wood, 57, Cedar Rapids, IA	47:06	9:29
581	17	M60	Michael Carr, 61, Cedar Rapids, IA	47:07	9:29
266	35	W35	Teresa Ruggle, 38*, Iowa City, IA	47:07	9:29
582	69	M35	Scott Utzinger, 35, Cedar Rapids, IA	47:07	9:29
267	30	W30	Sarah Wilson, 33*, Clive, IA	47:08	9:29
583	56	M50	Keith Krewer, 52, Cedar Rapids, IA	47:09	9:29
268	36	W35	Lori Hannan, 35*, Marion, IA	47:09	9:29
269	19	W45	Nancy Rosenthal, 47*, Iowa City, IA	47:11	9:30
270	37	W40	Marla Happel, 40*, Marion, IA	47:14	9:30
584	61	M30	Brian Stapley, 31, Marion, IA	47:14	9:30
271	34	W20	Sharon Schreur, 21*, Cedar Rapids, IA	47:16	9:31
585	62	M30	Chris Dewolf, 33, Cedar Rapids, IA	47:19	9:31
586	63	M30	Brad Stapley, 33, Cedar Rapids, IA	47:19	9:31
587	33	M55	Kent Lamm, 55, New London, IA	47:20	9:31
272	20	W45	Lori Johnson, 46*, Invergrove Hts, MN	47:21	9:32
588	57	M50	Robert Brown, 52, Burlington, IA	47:22	9:32
273	31	W30	Bridget Malake, 34*, Marion, IA	47:22	9:32
274	35	W20	Andrea Smith, 23*, Manchester, Ia	47:24	9:32
589	34	M55	Denny Fiser, 57, Hiawatha, IA	47:25	9:32
275	12	W50	Debra Robin, 51*, Coralville, IA	47:28	9:33
590	58	M50	Robert Jones, 52, Cedar Rapids, IA	47:31	9:33
276	13	W50	Shelia Lamm, 51*, New London, IA	47:33	9:34
277	40	W25	Maggie Lamm, 29*, Solon, IA	47:36	9:35
591	81	M45	Tim Daily, 45, Belle Plaine, IA	47:37	9:35
278	37	W35	Lynn Willey, 35*, Cedar Rapids, IA	47:37	9:35
592	84	M40	Tony Foxhoven, 41, Cedar Rapids, IA	47:38	9:35
279	36	W20	Caitlin Slessor, 24*, Cedar Rapids, IA	47:39	9:35
280	14	W50	Marilyn Hines, 50*, Cedar Falls, IA	47:40	9:35
281	38	W40	Laurie King, 43*, Cedar Rapids, IA	47:41	9:36
593	57	M16	Shawn Keating, 17, Marion, IA	47:41	9:36
594	18	M60	Lary Sr. Hostak, 61, Marion, IA	47:43	9:36

595	70	M35	David Herr, 36, Cedar Rapids, IA	47:50	9:37
596	82	M45	Randall Svoboda, 49, Iowa City, IA	47:51	9:38
282	32	W30	Jenny Lenger, 34*, Anamosa, IA	47:51	9:38
283	33	W30	Charity Roberts, 30*, Cedar Rapids, IA	47:52	9:38
284	38	W35	Andrea Dryer, 38*, Oelwein, IA	47:53	9:38
285	39	W35	Sue Scott, 38*, Cedar Rapids, IA	47:54	9:38
597	35	M55	Rick Koepp, 59, Cedar Rapids, IA	47:55	9:38
286	41	W25	Rebecca Aten, 29*, Owatonna, MN	47:55	9:38
287	37	W20	Aubrey Sadler, 21*, Cedar Rapids, IA	47:56	9:39
598	36	M55	Jim Waite, 58, Cedar Rapids, IA	48:02	9:40
288	34	W30	Allison Flatjord, 31*, Cincinnati, OH	48:02	9:40
599	85	M40	Dave Flatjord, 40, Cincinnati, OH	48:05	9:40
289	38	W20	Kristy Pease, 20*, Lamoni, IA	48:07	9:41
290	40	W35	Michelle Davin, 39*, Marion, IA	48:08	9:41
600	71	M35	Jeff Liebermann, 38, Iowa City, IA	48:11	9:42
601	19	M60	Dennis Rubenow, 61, Cedar Rapids, IA	48:11	9:42
291	41	W35	Maria Gingerich, 35*, Minnetrista, MN	48:12	9:42
602	64	M30	David Keller, 32, Swisher, IA	48:13	9:42
603	65	M30	Brad Wilson, 33, Fort Myers, FE	48:14	9:42
292	35	W30	Jane Gressang, 30*, Coralville, IA	48:16	9:43
293	42	W25	Genelle Butz, 26*, Caru, NC	48:16	9:43
604	59	M50	Jim Steggall, 51, Cedar Rapids, IA	48:20	9:43
294	43	W25	Cynthia Farthing, 28*, Iowa City, IA	48:23	9:44
605	72	M35	Aaron Noll, 35, Bridgman, MI	48:23	9:44
295	21	W45	Donna Mike, 46*, Cedar Rapids, IA	48:24	9:44
606	44	M25	Billy Reiter-Marolf, 27, Iowa City, IA	48:24	9:44
607	66	M30	Joshua Pedelty, 30, Cedar Rapids, IA	48:24	9:44
296	44	W25	Selina Mike, 26*, Cedar Rapids, IA	48:24	9:44
608	83	M45	Daniel Beer, 49, Cedar Rapids, IA	48:25	9:44
609	37	M55	John Whitson, 57, Vinton, IA	48:27	9:45
297	39	W20	Tara Reiter-Marolf, 24*, Iowa City, IA	48:27	9:45
298	42	W35	Donna Ernst, 35*, Cedar Rapids, IA	48:30	9:45
610	73	M35	Robert Bondy, 39, Pine Island, MN	48:32	9:46
299	43	W35	Sherie Tamura, 36*, Iowa City, IA	48:32	9:46
300	40	W20	Sarah Stephenson, 24*, Cedar Rapids, IA	48:33	9:46
301	36	W30	Traci Bondy, 34*, Pine Island, MN	48:35	9:46
302	39	W40	Sara Mellgren, 44*, Amana, IA	48:38	9:47
611	45	M25	Jake Fancher, 28, Cedar Rapids, IA	48:38	9:47
303	37	W30	Jennie Hartgrave, 31*, Iowa City, IA	48:43	9:48
304	40	W40	Cindy Heick, 41*, Iowa City, IA	48:45	9:48
612	20	JrM	Doug Keough, 15, Kirksville, MO	48:48	9:49
305	41	W40	Stacy McDowell, 42*, Cedar Rapids, IA	48:50	9:50
306	45	W25	Jamie Bushman, 28*, Cedar Rapids, IA	48:53	9:50
307	38	W30	Holly Bruns, 30*, Cedar Rapids, IA	48:54	9:50
613	38	M55	Joseph Scratch, 55, Cedar Rapids, IA	48:54	9:50
614	46	M25	Lance Lenhart, 27, Carlisle, LA	48:56	9:51
308	22	W45	Patricia Ryan, 49*, Waterloo, IA	48:57	9:51
309	41	W20	Lindsay Drisckol, 20*, Cedar Rapids, IA	48:57	9:51
615	2	M65	John Wasson, 67, Cedar Rapids, IA	48:58	9:51
310	42	W20	Laura Berger, 20*, Cedar Rapids, IA	48:58	9:51
311	43	W20	Amanda Donohoe, 20*, Cedar Rapids, IA	48:59	9:51
616	86	M40	Reggie Hastings, 44, Palatne, IL	49:02	9:52
617	20	M60	Wayne R Martin, 61, Central City, IA	49:04	9:52
312	42	W40	Lorie Hastings, 41*, Palatne, IL	49:05	9:52
618	87	M40	Randy Ackman, 41, Hiawatha, IA	49:05	9:53
313	39	W30	Suzy Dewolf, 33*, Cedar Rapids, IA	49:12	9:54
619	47	M25	Mike Shipley, 29, Marion, IA	49:12	9:54
620	88	M40	Patrick Schmidt, 40, Marion, IA	49:12	9:54
621	84	M45	Dale Todd, 47, Cedar Rapids, IA	49:17	9:55
314	4	W55	Catherine Payvandi, 57*, Cedar Rapids, IA	49:17	9:55
315	23	W45	Barb Scoles, 47*, Waterloo, IA	49:18	9:55
316	40	W30	Erin Rand, 31*, Iowa City, IA	49:19	9:55
317	46	W25	Leslie Hahner, 28*, Coralville, IA	49:19	9:55
622	21	JrM	John Hein Smith, 9, Toddville, IA	49:21	9:56
623	60	M50	Michael Thomas, 50, Cedar Rapids, IA	49:24	9:56

624	85	M45 Thomas Pickup, 46, Cedar Rapids, IA	49:27	9:57
625	67	M30 Joseph Wilson, 30, Clive, IA	49:32	9:58
626	74	M35 Kyle Harris, 35, Brentwood, TN	49:35	9:58
318	15	W50 Ursula Williams, 52*, Fairfax, IA	49:38	9:59
319	41	W30 Denis Stapley, 34*, Cedar Rapids, IA	49:40	9:59
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320	42	W30 Jennifer Simmons, 33*, Marion, IA	49:40	10:00
627	89	M40 Kyle Vondracek, 42, Marion, IA	49:41	10:00
628	39	M55 Dennis Duncan, 57, Anamosa, IA	49:42	10:00
321	47	W25 Melanie Ostmo, 27*, Cedar Rapids, IA	49:42	10:00
629	68	M30 Kevin Ostmo, 34, Cedar Rapids, IA	49:42	10:00
630	69	M30 Mark Demeulenaere, 30, Cedar Rapids, IA	49:42	10:00
631	40	M55 Michael Borich, 56, Springfield, MD	49:42	10:00
322	9	JrW Andrea Castek, 14*, Hiawatha, IA	49:48	10:01
323	43	W40 Barbara Van-Rheenen, 44*, Amana, IA	49:52	10:02
324	43	W30 Kate Ries, 30*, Robins, IA	49:55	10:03
325	44	W20 Becky Johnson, 20*, Cedar Rapids, IA	49:58	10:03
326	44	W35 Kerry McSperrin, 37*, Cedar Rapids, IA	49:59	10:03
632	75	M35 Jerry Fassbinder, 38, Cedar Rapids, IA	50:01	10:04
327	48	W25 Emily French, 26*, Cedar Rapids, IA	50:01	10:04
328	45	W35 Laura Suttles, 36*, Cedar Rapids, IA	50:07	10:05
633	90	M40 Doug Castek, 43, Hiawatha, IA	50:11	10:06
329	46	W35 Sheri Jeffery, 39*, Robins, IA	50:11	10:06
330	47	W35 Heather Claussen, 35*, Iowa City, IA	50:12	10:06
331	44	W30 Julie Irving, 32*, Iowa City, IA	50:16	10:07
332	48	W35 Heidi Patterson, 36*, Solon, IA	50:16	10:07
333	44	W40 Angie Dvorak, 40*, Hiawatha, IA	50:21	10:08
334	49	W25 Dawn Zaruba, 25*, Marion, IA	50:22	10:08
335	32	W16 Macaley Corrigan, 16*, Madrid, IA	50:23	10:08
336	45	W40 Teresa Streeper, 41*, Cedar Rapids, IA	50:24	10:08
634	76	M35 Craig Medberry, 35, Marion, IA	50:26	10:09
337	45	W30 Kim Beitz, 30*, Tiffin, IA	50:28	10:09
338	46	W30 Joan Kimm, 31*, Cedar Rapids, IA	50:29	10:09
339	46	W40 Laurie Craig, 44*, Cedar Rapids, IA	50:30	10:09
340	50	W25 Shelby Emmonds, 28*, Ford City, PA	50:32	10:10
341	24	W45 Joyce Miller, 49*, Coggon, IA	50:32	10:10
342	49	W35 Jane Hutchins, 39*, Cedar Rapids, IA	50:33	10:10
343	47	W40 Cat Gornet, 42*, Cedar Rapids, IA	50:33	10:10
344	50	W35 Meg Alepra, 39*, Cedar Rapids, IA	50:35	10:11
345	33	W16 Katie Deprenger, 19*, Iowa City, IA	50:42	10:12
346	16	W50 Clar Baldus, 51*, Cedar Rapids, IA	50:42	10:12
635	70	M30 Keith Steurer, 30, North Liberty, IA	50:59	10:15
636	61	M50 Butch Kasperek, 54, Swisher, IA	51:19	10:19
347	51	W35 Tamara Rawson, 38*, Hiawatha, IA	51:21	10:20
637	86	M45 Mark Mulvaney, 49, Coggon, IA	51:27	10:21
348	34	W16 Nathasha Mulvaney, 16*, Coggon, IA	51:28	10:21
349	47	W30 Wynema Pauly, 33*, Cedar Rapids, IA	51:33	10:22
638	22	JrM Joshua Karkosh, 10, Muscatince, IA	51:33	10:22
350	48	W30 Michelle Thie, 33*, Mediapolis, IA	51:45	10:25
351	52	W35 Janice Coleman, 37*, Cedar Rapids, IA	51:45	10:25
639	77	M35 Anton Petrzela, 39, Cedar Rapids, IA	52:02	10:28
640	91	M40 Kirk Haefner, 40, Hiawatha, IA	52:02	10:28
641	87	M45 Dave Brown, 47, Solon, IA	52:03	10:28
642	88	M45 Bill Kettelkamp, 48, Marion, IA	52:20	10:32
643	89	M45 Klaus O'Kana, 47, Cedar Rapids, IA	52:23	10:32
644	41	M55 Jack Evans, 56, Cedar Rapids, IA	52:35	10:35
352	49	W30 Amber Suthers, 32*, Ely, IA	52:39	10:35
645	58	M16 Daniel Short, 19, Independence, IA	52:42	10:36
353	17	W50 Karen Graber, 53*, Cedar Rapids, IA	52:43	10:36
354	25	W45 Cynthia Abodeely, 45*, Las Vegas, NV	52:52	10:38
646	71	M30 Paul Wheatley, 30, Cedar Rapids, IA	52:54	10:38
355	51	W25 Andrea Short, 27*, Cedar Rapids, IA	52:59	10:40
356	48	W40 Jean Ash, 40*, Cedar Rapids, IA	53:04	10:41
357	2	W60 Janice Hastings, 61*, Cedar Rapids, IA	53:20	10:44



358	18	W50 Diane Weehler, 50*, Des Moines, IA	53:26	10:45
647	62	M50 Gary Karkosh, 53, Muscatince, IA	53:26	10:45
359	35	W16 Michelle Barger, 19*, Cedar Rapids, IA	53:27	10:45
648	90	M45 James Barger, 46, Cedar Rapids, IA	53:27	10:45
360	52	W25 Emily Butikofer, 26*, Cedar Rapids, IA	53:28	10:45
649	42	M20 Cyrus Payvandi, 20, Cedar Rapids, IA	53:35	10:47
361	3	W60 Diane Rosteck, 61*, Cedar Rapids, IA	53:38	10:47
362	19	W50 Denise Lawrence, 53*, Cedar Rapids, IA	54:30	10:58
650	42	M55 Martin Smith, 56, Cedar Rapids, IA	54:35	10:59

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364	26	W45 Diane Ballard, 47*, Marion, IA	54:55	11:03
365	10	JrW Anna Heffern, 15*, Cedar Rapids, IA	55:10	11:06
366	27	W45 Debra Ernst, 47*, Cedar Rapids, IA	55:20	11:08
651	21	M60 Paul Healy, 60, Lanesboro, MN	55:40	11:12
367	49	W40 Sarah Hansen, 40*, Iowa City, IA	55:58	11:16
652	63	M50 Tom Yops, 53, Marion, IA	56:15	11:19
368	4	W60 Alice Wasson, 60*, Cedar Rapids, IA	56:25	11:21
369	20	W50 Betty Karkosh, 53*, Muscatince, IA	56:30	11:22
370	50	W30 Lauri Lumm-Usher, 31*, Marion, IA	56:40	11:24
653	22	M60 Jim Meister, 61, Cedar Rapids, IA	56:45	11:25
371	28	W45 Deb Foege, 47*, Cedar Rapids, IA	56:50	11:26
372	51	W30 Chris Lumm, 34*, Robins, IA	57:05	11:29
654	92	M40 Kevin Gesing, 44, Cedar Rapids, IA	57:10	11:30
373	11	JrW Katie Giunta, 14*, Hiawatha, IA	57:14	11:31
374	29	W45 Deborah Gulick, 49*, Cedar Rapids, IA	57:15	11:31
655	64	M50 Joseph Goralka, 50, Antioeh, CA	57:16	11:31
375	5	W55 Peggy Mounce, 57*, Alburnett, IA	58:30	11:46
376	54	W25 Amy Mounce, 26*, Letts, IA	58:35	11:47
656	78	M35 Craig Kulish, 37, Center Point, IA	58:45	11:49
657	23	JrM Micah Kulish, 15, Center Point, IA	58:55	11:51
658	24	JrM Zach Kulish, 13, Center Point, IA	59:05	11:53
377	53	W35 Brenda Carmody, 38*, Iowa City, IA	59:20	11:56
378	5	W60 Sharon Carmody-Holmes, 60*, Cedar Rapids, IA	59:25	11:57

659	3	M65 Harold Schulze, 69, Cedar Rapids, IA	59:27	11:58
379	52	W30 Diana Lynn Bertling, 33*, Cedar Rapids, IA	59:29	11:58
660	79	M35 Gary Benda, 38, North Liberty, IA	59:32	11:59

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381	45	W20 Rebekah Dunn, 23*, Cedar Rapids, IA	59:40	12:00
382	54	W35 Natalie Francis, 39*, Ankey, IA	59:45	12:01
383	50	W40 Sarah England, 40*, Iowa City, IA	59:50	12:02
661	80	M35 Rob Francis, 39, Ankeny, IA	59:55	12:03
662	48	M25 G T. Karr, 26, Iowa City, IA	59:58	12:04
663	25	JrM Greg Michael, 15, Iowa City, IA	1:00:01	12:05
384	51	W40 Robin Sueppel, 40*, Iowa City, IA	1:00:02	12:05
664	2	M70 Nick Abodeely, 78, Cedar Rapids, IA	1:00:05	12:05
665	93	M40 Bob Michael, 42, Iowa City, IA	1:03:40	12:49
385	6	W55 Roberta Douglas, 56*, Cedar Rapids, IA	1:03:44	12:49
386	1	W65 Alice Hoffmeier, 69*, Cedar Rapids, IA	1:03:44	12:49

25 finishers among Men 15 & Under

58 finishers among Men 16 - 19

42 finishers among Men 20 - 24

48 finishers among Men 25 - 29

71 finishers among Men 30 - 34

80 finishers among Men 35 - 39

93 finishers among Men 40 - 44

90 finishers among Men 45 - 49

64 finishers among Men 50 - 54

42 finishers among Men 55 - 59

22 finishers among Men 60 - 64

3 finishers among Men 65 - 69  
2 finishers among Men 70 & Up  
11 finishers among Women 15 & Under  
35 finishers among Women 16 - 19  
45 finishers among Women 20 - 24  
54 finishers among Women 25 - 29  
52 finishers among Women 30 - 34  
54 finishers among Women 35 - 39  
51 finishers among Women 40 - 44  
29 finishers among Women 45 - 49  
21 finishers among Women 50 - 54  
6 finishers among Women 55 - 59  
5 finishers among Women 60 - 64  
1 finishers among Women 65 - 69  
1 finishers among Women 70 & Up  
665 male finishers  
386 female finishers  
1051 total finishers

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