

# 18th Fifth Season 8 Kilometer<sup>(2)</sup>

Cedar Rapids, Iowa

July 4, 2003

[8K results](#)

[5K result](#)

[Team Awards](#)

75 degrees and humid

Results by Cal Murdock

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1		Simon Sawe, 34, Albuquerque, NM	23:24	4:42
2		Paul Mwangi, 36, Kenya	23:29	4:43
3		John Kariuki, 34, Hemlock, MI	23:49	4:47
4		Rodney Dehaven, 36, Madison, WI	23:51	4:48
5		James Mutuse, Kenya	23:54	4:49
6		Kenneth Maiyo, 19, Kenya	24:00	4:50
7		Julius Rotich, 26, West Des Moines, IA	24:08	4:51
8		Jim Jurcevich, 27, Columbus, OH	24:12	4:52
9		Daniel Kinyua, Richmond, KY	24:19	4:53
10		Matt Thull, 28, Wisconsin	24:47	4:59
11		Ovidiu Olteanu, 32, Romania	24:49	4:59
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">Top</a>				
12		Vincent Temu, 32, Altoona, WI	24:57	5:01
13		Daniel Trainor, 21, Iowa City, IA	25:06	5:03
14		Zach Schendel, 25, St Paul, MN	25:12	5:04
15		Christopher Sabul, 26, Des Moines, IA	25:13	5:04
16		Jason Lehmkuhle, 25, St Paul, MN	25:21	5:06
17		Peter Kimaru, 25, Bowling Green, KY	25:26	5:07
18		Misgina Kifleyesus, 29, Kansas City, MO	25:34	5:09
19		Rikki Hacker, 25, Overland Park, KS	25:39	5:10
20		Ditlev Larsen, 37, Winona, MN	25:42	5:10
21	1 M30	Joseph Mahoney, 30, Madison, WI	25:48	5:11
22	1 M20	Chris Jensen, 21, Mason City, IA	25:56	5:13
23	1 M25	Cleophus Boor, 29, Lincoln, NE	25:57	5:13
24	2 M25	Larry Mboga, 28, Kenya	26:17	5:17
25	3 M25	Frank Bendewald, 27, Sioux Falls, SD	26:18	5:17
26	2 M20	Ryan French, 20, Marion, IA	26:39	5:22
27	3 M20	Matt Helbig, 23, Ames, IA	26:49	5:24
28	4 M20	John Kasoa, 24, Maryville, MO	26:56	5:25
29	4 M25	Corey Imhels, 29, Ames, IA	26:59	5:26
	1	Atalelech Ketema, 20*, Ethiopian	27:02	5:26
30	1 M16	Joe Binder, 19, Decatur, IL	27:11	5:28
31	2 M30	Andrew Kauder, 31, Cedar Rapids, IA	27:12	5:28
32	3 M30	Jason Meyer, 32, Dubuque, IA	27:15	5:29
	2	Denisa Costescu, 27*, Romania	27:19	5:30
33	1 M45	Bobby Paxton, 46, Minneapolis, MN	27:22	5:30
34	5 M25	Carlos Paradelo, 29, Boulder, CO	27:23	5:31
35	4 M30	Drew Bach, 31, Cedar Rapids, IA	27:32	5:32
36	6 M25	Benjamin Lewis, 25, Iowa City, IA	27:39	5:34
37	2 M45	Dennis Wallach, 45, Eden Prairie, MN	27:44	5:35
	3	Theresa Dutoit, 30*, South Africa	27:52	5:36
	4	Michelle Imhels, 30*, Ames, IA	27:56	5:37

38	3	M45 Jim McCoy, 45, Madison, WI	27:59	5:38
39	1	M40 Phil Kauder, 42, Cascade, IA	28:02	5:38
40	5	M20 Todd Hierlmaier, 24, Edina, MN	28:04	5:39
	5	Renee Kruse, 35*, South Sioux City, NE	28:17	5:41
41	1	M50 Curt Hoegh, 51, Clive, IA	28:28	5:44
42	4	M45 Dave Nauman, 47, Mason City, IA	28:40	5:46
43	2	M16 Jones Navseef, 19, Iowa City, IA	28:50	5:48
	6	Bonnie Sons, 37*, Shoreview, MN	28:52	5:48
44	5	M30 Patrick Riley, 30, Des Moines, IA	29:04	5:51
45	3	M16 Andrew Craig, 16, Cedar Rapids, IA	29:05	5:51
	7	Brianna Torres, 23*, Boulder, CO	29:06	5:51
46	2	M40 Marty Gingerich, 40, Parnell, IA	29:09	5:52
47	6	M30 Tony Stutzman, 30, Quincy, IL	29:10	5:52
48	3	M40 Greg Skopec, 41, Coraville, IA	29:14	5:53
	8	Erin Moeller, 25*, Cedar Rapids, IA	29:19	5:54
49	7	M25 Jj Bailey, 28, Des Moines, IA	29:20	5:54
50	1	M35 Tim Hoffman, 37, Newton, IA	29:30	5:56
51	4	M40 Bob Brooker, 40, Cedar Rapids, IA	29:33	5:57
52	4	M16 Rudy Chihak, 18, Cedar Rapids, IA	29:37	5:57
53	8	M25 Chad Goldsmith, 25, North Liberty, IA	29:37	5:58
54	5	M16 Travis Robertson, 16, Iowa City, IA	29:39	5:58
55	2	M35 Wes Bruns, 35, Ely, IA	29:44	5:59
56	5	M40 Stephen Feld, 43, Marshalltown, IA	29:45	5:59
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">Top</a>				
57	5	M45 Rick Ironside, 49, Marion, IA	29:48	6:00
58	6	M40 Jon Swails, 43, Cedar Rapids, IA	29:49	6:00
59	3	M35 Dennis Henderson, 38, Cedar Rapids, IA	29:50	6:00
60	6	M16 Aaron Lehman, 17, Cedar Rapids, IA	29:52	6:00
61	6	M45 Dallas Robertson, 46, Iowa City, IA	29:53	6:01
62	7	M40 Robert Hartkemeyer, 42, Hiawatha, IA	29:53	6:01
63	7	M45 Mark Mueller, 47, Cedar Rapids, IA	30:02	6:02
64	7	M30 Lance Bergeson, 34, Davenport, IA	30:11	6:04
65	8	M40 Mark Casteel, 43, Red Lion, PA	30:11	6:04
66	9	M40 Mark Hofmaster, 40, New Hope, MN	30:14	6:05
	9	Sharon Stubler, 38*, Minnetonka, MN	30:15	6:05
67	6	M20 Steve Berger, 24, Cedar Rapids, IA	30:23	6:07
68	7	M20 Nick Voss, 20, Grinell, IA	30:24	6:07
69	7	M16 Mike Clancy, 17, Iowa City, IA	30:36	6:09
70	8	M16 Dave Gott, 17, Cedar Rapids, IA	30:40	6:10
71	9	M16 Devin Vans Coy, 18, Elkader, IA	30:43	6:11
	10	Shannon Oster, 18*, Cedar Rapids, IA	30:44	6:11
	11	Kim Anderson, 38*, Chanhassen, MN	30:46	6:11
72	8	M30 Mike Lambert, 32, Monticello, IA	30:46	6:11
73	10	M40 Dale Rettenmeier, 44, Marion, IA	30:50	6:12
74	9	M30 Steve Shriver, 31, Marion, IA	30:51	6:12
75	10	M16 Todd Bullcek, 18, Cedar Rapids, IA	30:52	6:12
76	8	M45 Mark Young, 46, Iowa City, IA	30:55	6:13
77	2	M50 Phil Olson, 51, Iowa City, IA	30:58	6:14
	12	Bethany Helms, 25*, Iowa City, IA	31:02	6:15
78	9	M25 Chris Healy, 27, Marion, IA	31:03	6:15
79	11	M40 Ron Bowman, 42, Cedar Rapids, IA	31:08	6:16
80	12	M40 Ernesto Venzor, 41, West Liberty, IA	31:12	6:17
81	11	M16 Ben Bannon, 18, Marion, IA	31:17	6:18
82	13	M40 Don Lansing, 42, Marion, IA	31:25	6:19
83	14	M40 Jay Hildebrand, 40, Hiawatha, IA	31:29	6:20
84	10	M25 Steve Beary, 28, Cedar Rapids, IA	31:29	6:20
85	8	M20 Joshua Ginn, 21, Cedar Rapids, IA	31:33	6:21
86	1	M55 Jim Shimek, 55, Fairfax, IA	31:34	6:21
87	1	JrM Grant Stimart, 15, Cedar Rapids, IA	31:51	6:24
88	12	M16 Joseph Holub, 18, Hiawatha, IA	31:52	6:25
89	13	M16 Steven Hall, 16, Galesburg, IL	31:55	6:25
90	9	M45 Murry Cave, 45, Swisher, IA	31:57	6:26
91	15	M40 Timothy Squiers, 41, Belle Plaine, IA	31:58	6:26
92	16	M40 Tim Lynch, 41, Cedar Rapids, IA	32:00	6:26

93	4	M35 Doug Kintzle, 38, Des Moines, IA	32:03	6:27
94	5	M35 Kevin Bowden, 35, Cedar Rapids, IA	32:07	6:28
95	2	JrM Matt Kiley, 14, Cedar Rapids, IA	32:11	6:28
96	3	JrM Jason Roys, 14, Cedar Rapids, IA	32:14	6:29
13		Jenarah Tekippe, 24*, Iowa City, IA	32:20	6:30
97	9	M20 Justin Scardina, 21, Decorah, IA	32:22	6:31
98	17	M40 Kevin McCarthy, 44, Cedar Rapids, IA	32:24	6:31
99	3	M50 Brad Scott, 50, Marion, IA	32:33	6:33
100	14	M16 Joel Watters, 18, Cedar Rapids, IA	32:39	6:34
14		Karla Antonio, 33*, Deerfield Beach, FL	32:42	6:35
101	18	M40 Mike Schneekloth, 43, Cedar Rapids, IA	32:45	6:35
102	19	M40 Eric Hendrickson, 43, Iowa City, IA	32:46	6:35
103	10	M45 Dave Martin, 48, Cedar Rapids, IA	32:50	6:36
104	6	M35 Bret Boyer, 38, Cedar Rapids, IA	32:52	6:37
105	15	M16 Adam McCullough, 16, Palo, IA	32:55	6:37
106	11	M45 Paul James, 49, Stanley, IA	32:56	6:38
15		Cassie Keppel, 25*, Iowa City, IA	32:58	6:38
107	7	M35 Tim Cortez, 37, Cedar Rapids, IA	33:00	6:38
108	11	M25 Daniel Pooock, 26, Cedar Rapids, IA	33:00	6:38
109	16	M16 Michael Alexander, 16, Center Point, IA	33:04	6:39
16		Jennifer Bohr, 30*, Cedar Rapids, IA	33:04	6:39
110	10	M20 Dustin Mallie, 20, Lisbon, IA	33:05	6:39
111	12	M45 Bill Kettelkamp, 46, Marion, IA	33:07	6:40
17		Suzy Barker, 31*, Cedar Rapids, IA	33:08	6:40
18		Brenda Funke, 18*, Hiawatha, IA	33:11	6:40
112	4	M50 Bob Strickland, 52, Cedar Rapids, IA	33:13	6:41
113	13	M45 Mikel Betts, 49, Iowa City, IA	33:20	6:42
114	12	M25 Casey Fetzer, 25, Marion, IA	33:21	6:42
115	10	M30 Joel Conrad, 34, Cedar Rapids, IA	33:21	6:43
116	13	M25 Kevin Birvsingh, 28, Iowa City, IA	33:22	6:43
117	11	M30 Matt Maloney, 31, Cedar Rapids, IA	33:24	6:43
118	11	M20 Tim Strandberg, 22, Cedar Rapids, IA	33:24	6:43
119	4	JrM Zach Ilten, 11, Cedar Rapids, IA	33:27	6:44
120	17	M16 Kiel Opperman, 17, Cedar Rapids, IA	33:31	6:45
19		Nancy Hoegh, 50*, Clive, IA	33:33	6:45
121	20	M40 Randy Brecht, 42, Middle Amana, IA	33:34	6:45
122	18	M16 Nick Campbell, 19, Robins, IA	33:38	6:46
20		Karen Martin, 41*, Lisbon, IA	33:40	6:46
21	1	W40 Suzanne Carr, 40*, Marion, IA	33:42	6:47
123	14	M45 Bret Nilles, 45, Cedar Rapids, IA	33:45	6:47
22	1	W20 Kristen Mitchell, 24*, Ottumwa, IA	33:46	6:47
124	19	M16 Matt Schemmel, 19, Cedar Rapids, IA	33:50	6:48
125	12	M30 Kurt Kramer, 31, Dyersville, IA	33:54	6:49
23	1	W35 Brandt Rhonda, 39*, Cedar Rapids, IA	33:55	6:49
126	20	M16 Josh Lawrence, 17, Mechanicsville, IA	33:58	6:50
127	15	M45 Cliff Sheets, 48, Cedar Rapids, IA	34:00	6:50
128	8	M35 Bill Bennett, 38, Cedar Rapids, IA	34:06	6:51
24	1	W16 Erin Penticoff, 16*, Cedar Rapids, IA	34:06	6:52
25	2	W35 Sandy Sabelka, 36*, Denver, IA	34:06	6:52
129	14	M25 Randy Lamm, 28, Solon, IA	34:08	6:52
130	9	M35 Tj Murphy, 39, San Francisco, CA	34:15	6:53
26	1	W30 Gretchen Lawyer, 30*, Marion, IA	34:15	6:53
131	2	M55 Don Utsinger, 56, Vinton, IA	34:21	6:55
132	21	M40 Dan Filip, 44, Cedar Rapids, IA	34:23	6:55
133	22	M40 Mike Ament, 42, Cedar Rapids, IA	34:23	6:55
134	5	M50 Tom Vanberkum, 51, Marion, IA	34:24	6:55
135	16	M45 Steve Tucker, 48, Hiawatha, IA	34:25	6:55
136	6	M50 Tom Mittman, 50, Iowa City, IA	34:27	6:56
137	5	JrM Weston Marling, 14, Cedar Rapids, IA	34:28	6:56
27	1	W25 Megan Spurgin, 27*, Cedar Rapids, IA	34:30	6:56
138	15	M25 Mark Thompson, 25, Iowa City, IA	34:32	6:57
139	16	M25 Jonathan Swenson, 27, Palo, IA	34:35	6:57
140	17	M45 David Bryan, 49, Hopedale, MA	34:35	6:57
28	3	W35 Deb Gaddis, 36*, Solon, IA	34:40	6:58
141	21	M16 Mitchell Elain, 18, Cedar Rapids, IA	34:44	6:59

142	7	M50 Richard Anfinson, 51, Cedar Falls, IA	34:45	6:59
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">Top</a>				
143	10	M35 Paul Below, 37, Cedar Rapids, IA	34:49	7:00
144	22	M16 Mitchell Hines, 17, Center Point, IA	34:50	7:00
145	23	M40 John Beasley, 40, Iowa City, IA	34:52	7:01
	29	2 W16 Cari Knapp, 19*, Cedar Rapids, IA	34:54	7:01
	30	4 W35 Jennifer Moore, 35*, Cedar Rapids, IA	34:58	7:02
146	11	M35 Chris Krug, 38, Iowa City, IA	34:58	7:02
147	17	M25 Scott Klein, 28, Cedar Rapids, IA	35:01	7:03
148	18	M45 Colin Flynn, 45, Marion, IA	35:03	7:03
149	3	M55 David Coates, 55, Cedar Rapids, IA	35:04	7:03
	31	5 W35 Kim Sherman, 36*, Cedar Rapids, IA	35:04	7:03
	32	1 JrW Meredith Bell, 14*, Cedar Rapids, IA	35:04	7:03
150	6	JrM Joseph Brandt, 13, Cedar Rapids, IA	35:04	7:03
151	19	M45 Terry Lynch, 45, Marion, IA	35:07	7:04
	33	3 W16 Elizabeth Wiebold, 18*, Cedar Rapids, IA	35:10	7:04
152	8	M50 Patrick Courtney, 53, Cedar Rapids, IA	35:13	7:05
153	18	M25 David Moyes, 25, Coraville, IA	35:15	7:06
154	13	M30 Jeff Allen, 32, Coralville, IA	35:20	7:06
155	7	JrM David Gorpman, 15, Cedar Falls, IA	35:20	7:07
	34	2 W20 Angela Kneeland, 23*, Cedar Rapids, IA	35:23	7:07
156	9	M50 Rod Wells, 52, Marion, IA	35:23	7:07
157	12	M35 Ken Heying, 36, Cedar Rapids, IA	35:26	7:08
158	4	M55 Norm Arons, 56, Cedar Rapids, IA	35:33	7:09
159	8	JrM Rico, 14, Cedar Rapids, IA	35:41	7:11
160	23	M16 Dylan Oflaherty, 17, Swisher, IA	35:42	7:11
161	24	M16 Peter Messerli, 19, Marion, IA	35:42	7:11
162	20	M45 Jay Wiebold, 46, Cedar Rapids, IA	35:43	7:11
163	25	M16 Brandon Peterson, 19, Cedar Rapids, IA	35:45	7:11
164	10	M50 Dale Hanna, 54, Cedar Rapids, IA	35:48	7:12
	35	2 W40 Jane McGee, 41*, Hiawatha, IA	35:49	7:12
165	24	M40 Jeff Madsen, 41, Cedar Rapids, IA	35:50	7:13
166	25	M40 Keith Kenel, 42, Cedar Rapids, IA	35:57	7:14
167	26	M40 Joe Penticoff, 42, Cedar Rapids, IA	36:04	7:15
	36	4 W16 Devin Parker, 16*, Cedar Rapids, IA	36:08	7:16
	37	2 W25 Keri Christensen, 26*, Marion, IA	36:08	7:16
168	19	M25 Bob Ladue, 28, Cedar Rapids, IA	36:09	7:16
169	26	M16 Matthew Craig, 17, Cedar Rapids, IA	36:09	7:16
	38	3 W40 Ann Neubauer, 40*, Homestead, IA	36:10	7:16
170	9	JrM Ryan Knapp, 15, Cedar Rapids, IA	36:10	7:17
171	27	M40 Greg Reynolds, 42, Cedar Rapids, IA	36:11	7:17
172	13	M35 Kevin Nowak, 36, Cedar Rapids, IA	36:12	7:17
173	28	M40 Brian Wiebke, 43, Marion, IA	36:13	7:17
174	14	M30 Matt Wolf, 32, Cedar Rapids, IA	36:23	7:19
	39	2 W30 Ginny Ryan, 31*, Iowa City, IA	36:23	7:19
	40	3 W25 Deborah Mahoney, 29*, Madison, WI	36:27	7:20
175	27	M16 Nathan Votroubek, 19, Cedar Rapids, IA	36:28	7:20
176	14	M35 Dennis Fagan, 39, Cedar Rapids, IA	36:29	7:20
177	15	M35 Tim Wittman, 38, Cedar Rapids, IA	36:29	7:20
	41	3 W30 Claire White, 34*, Washington, DC	36:29	7:20
	42	4 W40 Gwen Prentice, 40*, Solon, IA	36:30	7:21
178	15	M30 Sean Moore, 32, Mt. Vernon, IA	36:34	7:21
179	29	M40 Craig Brophy, 42, Cedar Rapids, IA	36:37	7:22
180	16	M35 Brian Annis, 35, Cedar Rapids, IA	36:37	7:22
181	21	M45 Randy Snook, 48, Cedar Rapids, IA	36:37	7:22
	43	5 W16 Casey Baustian, 17*, Cedar Rapids, IA	36:39	7:22
	44	3 W20 Marie Zach, 22*, Cedar Rapids, IA	36:40	7:23
	45	6 W16 Jessica Levin, 16*, Cedar Rapids, IA	36:42	7:23
182	17	M35 Matt Miller, 35, Cedar Rapids, IA	36:43	7:23
	46	4 W30 Angie Genskow, 30*, Marion, IA	36:44	7:23
183	22	M45 Robin Roberts, 46, Cedar Rapids, IA	36:44	7:23
184	16	M30 Brian Long, 34, Cedar Rapids, IA	36:45	7:24
185	18	M35 Steve Anstine, 36, Cedar Rapids, IA	36:46	7:24
186	5	M55 Ken Benson, 57, Cedar Rapids, IA	36:49	7:24

187	23	M45 James Sines, 46, Cedar Rapids, IA	36:50	7:25
47	4	W20 Dani Smith, 22*, Victor, IA	36:51	7:25
188	19	M35 Bob Read, 38, Marion, IA	36:55	7:26
48	5	W40 Judith Kacena, 42*, Cedar Rapids, IA	36:55	7:26
189	20	M35 Brad Loney, 35, Cedar Rapids, IA	36:56	7:26
190	24	M45 John Roof, 46, Cedar Rapids, IA	36:56	7:26
191	25	M45 Charlie Funk, 49, Iowa City, IA	36:57	7:26
192	26	M45 Dan Sauerbrei, 46, Cedar Rapids, IA	36:57	7:26
193	11	M50 David Gee, 52, Cedar Rapids, IA	36:58	7:26
194	30	M40 Ron Harriman, 42, Solon, IA	37:00	7:27
195	17	M30 John Woody, 33, Cedar Rapids, IA	37:01	7:27
196	18	M30 Greg Couser, 34, North Liberty, IA	37:01	7:27
197	19	M30 Scott Weiss, 31, Marion, IA	37:02	7:27
198	31	M40 Mark Keele, 42, Coraville, IA	37:04	7:27
49	5	W20 Sarah Kleinstreiber, 20*, Cedar Rapids, IA	37:06	7:28
50	6	W40 Suzanne Trainor, 44*, Freeport, IL	37:08	7:28
199	21	M35 Mark Wingert, 37, Cedar Rapids, IA	37:08	7:28
200	32	M40 Daniel Reed, 42, Edina, MN	37:08	7:28
201	27	M45 Kevin Ernster, 49, Hiawatha, IA	37:09	7:28
202	33	M40 Pat McAllister, 40, Cedar Rapids, IA	37:09	7:28
51	7	W16 Brittney Zimmerman, 17*, West Branch, IA	37:09	7:28
203	20	M30 Chad Wilson, 32, Cedar Rapids, IA	37:10	7:29
204	28	M45 James Craig, 46, Cedar Rapids, IA	37:10	7:29
205	22	M35 Kevin Schoner, 37, Cedar Rapids, IA	37:10	7:29
206	29	M45 Tom Bark, 45, Marion, IA	37:11	7:29
207	23	M35 Randy Harris, 36, Cedar Rapids, IA	37:12	7:29
52	4	W25 Heather Kalons, 29*, Vinton, IA	37:12	7:29
208	21	M30 Ted Welter, 34, Iowa City, IA	37:14	7:29
209	12	M20 Jacob Herring, 21, Cedar Rapids, IA	37:16	7:30
210	10	JrM Aaron Elias, 13, Cedar Rapids, IA	37:16	7:30
53	5	W30 Mary Sheeley, 33*, Cedar Rapids, IA	37:18	7:30
54	5	W25 Kim Blankenship, 27*, Cedar Rapids, IA	37:18	7:30
211	30	M45 Woelk Linley, 47, Marion, IA	37:19	7:30
55	7	W40 Brenda Pittelkow, 42*, St Paul, MN	37:19	7:31
212	13	M20 Jason Collins, 20, Cedar Rapids, IA	37:21	7:31
213	12	M50 Howard Eckert, 53, Wilton, IA	37:21	7:31
214	14	M20 Matt Townsley, 21, Walford, IA	37:26	7:32
215	28	M16 Royce Mahoney, 18, Marion, IA	37:27	7:32
216	29	M16 Alex Johnson, 17, Cedar Rapids, IA	37:29	7:32
217	20	M25 Matt Van Waning, 27, Coralville, IA	37:31	7:33
218	31	M45 Jim McAleer, 47, Cedar Rapids, IA	37:31	7:33
219	24	M35 Robert Rodriguez, 39, Cedar Rapids, IA	37:34	7:33
220	32	M45 Douglas Burkley, 45, Cedar Rapids, IA	37:36	7:34
221	30	M16 Zacj Fetzer, 16, Marion, IA	37:37	7:34
222	15	M20 Michael Freeman, 20, Cedar Rapids, IA	37:37	7:34
56	6	W25 Courtney Usher, 26*, Iowa City, IA	37:37	7:34
223	25	M35 Ed Sokoloski, 39, Cedar Rapids, IA	37:39	7:34
224	21	M25 Jon Poling, 27, Cedar Rapids, IA	37:40	7:35
225	16	M20 John Hoffman, 23, Iowa City, IA	37:40	7:35
57	6	W20 Helen Fuller, 21*, Iowa City, IA	37:41	7:35
226	22	M30 Rob Young, 32, Marion, IA	37:42	7:35
227	31	M16 Ryan Clark, 16, Cedar Rapids, IA	37:42	7:35
228	22	M25 Joe Sullivan, 27, Burnsville, MN	37:43	7:35
229	17	M20 John Kalis, 21, Cedar Rapids, IA	37:45	7:36
230	34	M40 Kevin Costigan, 43, Cedar Rapids, IA	37:45	7:36
231	35	M40 Frank Ditri, 41, Cedar Rapids, IA	37:49	7:36
232	33	M45 Gary Stangland, 46, Cedar Rapids, IA	37:49	7:37
233	23	M30 Guy Simons, 31, Cedar Rapids, IA	37:50	7:37
58	7	W25 Heather Ray, 25*, Cedar Rapids, IA	37:50	7:37
234	13	M50 Clinton Steele, 54, Marion, IA	37:53	7:37
235	26	M35 Pete Alepra, 39, Cedar Rapids, IA	37:54	7:37
236	34	M45 Randy Davison, 49, Cedar Rapids, IA	37:56	7:38
237	14	M50 Steve Sondall, 53, Marshalltown, IA	37:57	7:38
238	36	M40 John Clarahan, 41, Cedar Rapids, IA	37:58	7:38
59	6	W30 Alice McCoy, 32*, Madison, WI	37:59	7:38

239	27	M35	Eric Campbell, 37, Cedar Rapids, IA	38:00	7:39
60	8	W40	Ann Weber-Holdgrafer, 43*, Marion, IA	38:00	7:39
240	37	M40	Rodney Jasa, 43, Hiawatha, IA	38:00	7:39
241	35	M45	Charlie Becker, 48, Monticello, IA	38:01	7:39
242	6	M55	Gordy Strickland, 56, Lincoln, NE	38:02	7:39
243	38	M40	Tim Ilten, 40, Cedar Rapids, IA	38:03	7:39
244	36	M45	Neal Scharmer, 46, Cedar Rapids, IA	38:03	7:39
245	15	M50	Kent Mattison, 51, Cedar Rapids, IA	38:04	7:39
246	16	M50	Randy King, 50, Marion, IA	38:06	7:40
61	2	JrW	Annette Gingerich, 13*, Parnell, IA	38:07	7:40
247	39	M40	Gregory Koenigs, 41, Cedar Rapids, IA	38:07	7:40
248	40	M40	Stephen McCoy, 44, Cedar Rapids, IA	38:08	7:40
62	7	W30	Jennifer Petersen, 32*, Monticello, IA	38:09	7:40
249	24	M30	Joseph Bails, 31, Mahomet, IL	38:09	7:40
250	41	M40	Ken Kleinheinz, 41, Cedar Rapids, IA	38:10	7:41
63	6	W35	Rita Taylor-Stewart, 36*, North Liberty, IA	38:11	7:41
251	25	M30	David Reisner, 33, Cedar Rapids, IA	38:13	7:41
64	9	W40	Julie Wittman, 40*, Cedar Rapids, IA	38:13	7:41
252	37	M45	Bruce Skerik, 48, Gilbertville, IA	38:13	7:41
65	8	W16	Anne Siebels, 18*, Marion, IA	38:15	7:42
66	7	W35	Rebecca Zange, 36*, Marion, IA	38:17	7:42
253	17	M50	Tom Wieseler, 50, Mt. Vernon, IA	38:17	7:42
254	42	M40	Allan Mallie, 43, Mt. Vernon, IA	38:20	7:43
255	28	M35	Mike Pulkrab, 39, Cedar Rapids, IA	38:20	7:43
67	8	W35	Holly Deeds, 36*, Cedar Rapids, IA	38:21	7:43
256	38	M45	James Bell, 45, Cedar Rapids, IA	38:22	7:43
257	1	M60	Stephen Beisler, 60, Iowa City, IA	38:23	7:43
68	7	W20	Erin Gibney, 24*, Waterman, IL	38:24	7:43
258	23	M25	Jim Sisson, 25, Cedar Rapids, IA	38:24	7:44
259	26	M30	Bob Drish, 34, Cedar Rapids, IA	38:25	7:44
260	29	M35	Patrick Sullivan, 38, Cedar Rapids, IA	38:25	7:44
261	11	JrM	Zach Bark, 13, Marion, IA	38:26	7:44
69	10	W40	Lisa Zimmerman, 42*, West Branch, IA	38:26	7:44
262	1	M65	Tom Novak, 70, Cedar Rapids, IA	38:27	7:44
263	27	M30	David Zangerle, 34, Marion, IA	38:28	7:44
264	24	M25	Amdrew Breitsprecher, 29, Cedar Rapids, IA	38:30	7:45
70	9	W16	Tonya Lehmann, 17*, Elgin, IA	38:30	7:45
265	39	M45	Carlan Miller, 47, Iowa City, IA	38:33	7:45
266	43	M40	Dennis Hyland, 43, Swisher, IA	38:34	7:45
267	18	M20	Brad Galdsmith, 24, Cedar Rapids, IA	38:34	7:46
268	30	M35	David Glessner, 39, Cedar Rapids, IA	38:35	7:46
269	2	M60	Jim Kee, 64, Oakdale, IA	38:40	7:47
270	32	M16	Sam Galloway, 16, Walford, IA	38:41	7:47
71	8	W25	Emily Neuwohner, 29*, Merriam, KS	38:41	7:47
271	28	M30	Brett Proskovec, 34, Hiawatha, IA	38:42	7:47
272	40	M45	Bob Hanson, 45, Cedar Rapids, IA	38:43	7:47
273	44	M40	Jim Rohling, 40, Cedar Rapids, IA	38:44	7:48
274	29	M30	Robert Kellogg, 33, Iowa City, IA	38:46	7:48
72	8	W30	Diana Croghan, 34*, Center Point, IA	38:46	7:48
275	45	M40	David Faas, 44, Marion, IA	38:47	7:48
73	10	W16	Erica Leuenberger, 16*, Cedar Rapids, IA	38:47	7:48
74	9	W35	Debbie Lenth, 35*, Marion, IA	38:47	7:48
276	46	M40	Loras Kremer, 44, Atkins, IA	38:49	7:49
277	41	M45	William Johnson, 47, Iowa City, IA	38:50	7:49
278	31	M35	Michael Rott, 39, Cedar Rapids, IA	38:52	7:49
279	7	M55	Rod Raabe, 57, Swisher, IA	38:53	7:49
75	11	W40	Karen Fosse, 43*, Iowa City, IA	38:53	7:49
280	47	M40	Mike Ilten, 44, Kirkwood, MO	38:54	7:50
76	12	W40	Carrie Young, 42*, Bloomington, IL	38:54	7:50
281	48	M40	Bob Dresmann, 40, Cincinnati, OH	38:55	7:50
77	8	W20	Claire Collis, 21*, Cedar Rapids, IA	38:56	7:50
78	1	W50	Claudia Scott, 52*, Marion, IA	38:58	7:50
282	33	M16	Ryan Fisher, 19, Ely, IA	38:59	7:50
283	42	M45	Kevin Kiley, 49, Cedar Rapids, IA	39:00	7:51
284	43	M45	Wes Bracley, 48, Cedar Rapids, IA	39:01	7:51

79	9	W30 Brenda Bartz, 30*, Vinton, IA	39:01	7:51
285	44	M45 Randy Easton, 47, Cedar Rapids, IA	39:01	7:51
286	18	M50 Craig Foss, 53, Fairfield, IA	39:01	7:51
287	25	M25 Darren Wander, 25, Cedar Rapids, IA	39:02	7:51
288	45	M45 Tony Kennicott, 46, Katy, TX	39:03	7:51
289	46	M45 Greg Hayes, 45, Urbandale, IA	39:03	7:51
290	8	M55 Jim Miller, 57, Kalona, IA	39:04	7:51
291	47	M45 Greg Jobe, 49, Marion, IA	39:04	7:52
292	26	M25 Jason Hicks, 25, Cedar Rapids, IA	39:04	7:52
293	3	M60 Brian Cummings, 60, Columbus Junction, IA	39:05	7:52
80	9	W20 Abby Sweet, 21*, Cedar Rapids, IA	39:06	7:52
294	9	M55 Al Kacere, 55, Marion, IA	39:06	7:52
295	19	M20 Daniel Buckeridge, 22, Cedar Rapids, IA	39:07	7:52
296	48	M45 Mark Elias, 45, Cedar Rapids, IA	39:08	7:52
297	32	M35 Brad Mihm, 38, Norway Ia	39:08	7:52
298	49	M40 Bart Woods, 40, Cedar Rapids, IA	39:08	7:52
299	27	M25 Mike Shipley, 27, Marion, IA	39:09	7:53
300	49	M45 Mark Bakkum, 48, Cedar Rapids, IA	39:10	7:53
81	9	W25 Bethany Helms, 25*, Iowa City, IA	39:11	7:53
301	50	M45 Matthew Carrico, 45, Mt. Vernon, IA	39:11	7:53
82	13	W40 Debbie Carrico, 43*, Mt Vernon, IA	39:12	7:53
302	19	M50 Steve Lanich, 52, Marion, IA	39:13	7:53
303	10	M55 Cal Jenkins, 59, Cedar Rapids, IA	39:14	7:53
304	50	M40 Bill Schwarz, 41, Iowa City, IA	39:16	7:54
305	33	M35 David Riley, 39, Iowa City, IA	39:17	7:54
306	20	M20 Chris Behounek, 24, Blainstown, IA	39:20	7:55
83	10	W20 Andrea Miller, 24*, Iowa City, IA	39:21	7:55
307	21	M20 Adam Leggett, 20, Cedar Rapids, IA	39:21	7:55
308	51	M45 Jerry Tiedt, 47, Cedar Rapids, IA	39:23	7:55
84	10	W35 Susan Manternach, 37*, Cedar Rapids, IA	39:23	7:55
309	20	M50 Craig Schulte, 50, Cedar Rapids, IA	39:24	7:56
310	34	M35 Jason Abel, 35, Cedar Rapids, IA	39:25	7:56
311	4	M60 Larry Robertson, 63, Columbus Junction, IA	39:26	7:56
312	21	M50 Gene Dahlen, 54, Waterloo, IA	39:27	7:56
85	11	W20 Tina Carrey, 24*, Cedar Rapids, IA	39:27	7:56
86	12	W20 Crystal Raiber, 20*, Cedar Rapids, IA	39:27	7:56
313	28	M25 Todd Slagter, 28, North Liberty, IA	39:28	7:56
87	14	W40 Laurie Comstock, 44*, Iowa City, IA	39:29	7:57
314	51	M40 Jeff Pick, 41, Cedar Rapids, IA	39:29	7:57
88	10	W25 Heidi Anhalt, 26*, Cedar Rapids, IA	39:29	7:57
315	30	M30 Steve McGrane, 34, Cedar Rapids, IA	39:31	7:57
89	15	W40 Sara Todd, 40*, Cedar Rapids, IA	39:33	7:57
90	11	W35 Carmn Wharton, 38*, Cedar Rapids, IA	39:35	7:58
91	12	W35 Christie Zangerle, 35*, Marion, IA	39:36	7:58
316	22	M20 Tim Barcz, 23, Cedar Rapids, IA	39:36	7:58
317	31	M30 Joseph Raso, 34, North Liberty, IA	39:36	7:58
318	35	M35 Todd Hines, 35, Center Point, IA	39:36	7:58
319	52	M45 Charles Berns, 48, Coralville, IA	39:37	7:58
92	11	W16 Sarah Schmall, 17*, Robins, IA	39:38	7:58
320	12	JrM Blake Jenewein, 15, Center Point, IA	39:38	7:58
321	32	M30 Michael Wright, 30, Marion, IA	39:39	7:59
322	13	JrM Jason Block, 13, Cedar Rapids, IA	39:39	7:59
323	53	M45 Rich Block, 48, Cedar Rapids, IA	39:41	7:59
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93	10	W30 Carla Cross, 33*, St Paul, MN	39:45	8:00
324	29	M25 Todd Buelow, 27, St Louis Park, MN	39:46	8:00
325	36	M35 Matthew Abbott, 35, Cedar Rapids, IA	39:49	8:00
326	37	M35 Joe Fergus, 38, Cedar Rapids, IA	39:51	8:01
327	54	M45 Guy Olson, 46, Solon, IA	39:54	8:01
328	55	M45 Cj Ong, 45, Cedar Rapids, IA	39:55	8:02
329	56	M45 Daniel Gee, 45, Cedar Rapids, IA	39:56	8:02
330	33	M30 John Leslein, 31, Marion, IA	39:58	8:02
331	38	M35 Robert Fluent, 39, Cedar Rapids, IA	39:59	8:03
94	16	W40 Deanna Holbrook, 43*, Des Moines, IA	39:59	8:03

332	34	M16	Jordan Hastings, 16, New Market, Ontario	40:00	8:03
333	39	M35	Kevin McDonald, 35, Newhall, IA	40:01	8:03
334	14	JrM	Sean Oconnor, 15, Marion, IA	40:02	8:03
335	34	M30	Anrew Gray, 33, Cedar Rapids, IA	40:02	8:03
336	57	M45	Tom Cahalan, 45, Cedar Rapids, IA	40:03	8:03
337	22	M50	David Carney, 53, Cedar Rapids, IA	40:03	8:03
338	30	M25	Scott Anderson, 25, Cedar Rapids, IA	40:04	8:04
	95	12	W16 Jenna Stangland, 17*, Cedar Rapids, IA	40:04	8:04
339	52	M40	Russ Rabik, 42, Cedar Rapids, IA	40:07	8:04
	96	11	W25 Deedee Nims, 27*, Cedar Rapids, IA	40:08	8:04
	97	3	JrW Samantha Hartkemeyer, 14*, Hiawatha, IA	40:09	8:05
340	40	M35	Jeffrey Murra, 37, Thompson, IA	40:11	8:05
341	41	M35	Jeffrey Linder, 35, Cedar Rapids, IA	40:12	8:05
342	31	M25	Matthew Putman, 27, Cedar Rapids, IA	40:13	8:05
343	11	M55	Steve Thomas, 56, Cedar Rapids, IA	40:17	8:06
344	23	M50	Geoffrey Miller, 51, Waterloo, IA	40:18	8:06
345	5	M60	Dean Wieditz, 60, Vinton, IA	40:19	8:07
346	53	M40	Tim Zipperer, 43, Cedar Rapids, IA	40:21	8:07
347	32	M25	Jeff Maassen, 29, Iowa City, IA	40:23	8:07
	98	13	W20 Erica Lehmann, 20*, Cedar Rapids, IA	40:24	8:08
	99	13	W16 Kara Arnold-Arons, 19*, Cedar Rapids, IA	40:24	8:08
348	42	M35	Doug Ropp, 39, Cedar Rapids, IA	40:24	8:08
349	35	M16	Andrew Moen, 17, Marion, IA	40:26	8:08
350	23	M20	Nick Sternowski, 24, Cedar Rapids, IA	40:26	8:08
351	54	M40	Matt Brandt, 42, Cedar Rapids, IA	40:27	8:08
352	43	M35	David Vieth, 37, Marion, IA	40:27	8:08
353	44	M35	Kevin Ruzicka, 38, Swisher, IA	40:29	8:09
100	17	W40	Sarah Brown, 42*, Cedar Rapids, IA	40:36	8:10
354	33	M25	Chris Nims, 26, Cedar Rapids, IA	40:37	8:10
101	12	W25	Jennifer Cira, 27*, Hiawatha, IA	40:38	8:10
102	18	W40	Barb Stardish, 43*, Iowa City, IA	40:39	8:11
103	14	W20	Summer Elgin, 23*, Center Point, IA	40:39	8:11
355	36	M16	Thomas Herring, 19, Cedar Rapids, IA	40:40	8:11
356	45	M35	Dan Lubben, 38, Marion, IA	40:41	8:11
357	24	M50	David Novok, 52, Cedar Rapids, IA	40:43	8:11
358	46	M35	Thomas Tapp, 39, Iowa City, IA	40:43	8:12
104	13	W25	Heather Fleming, 26*, Cedar Rapids, IA	40:44	8:12
359	55	M40	Scott Ransom, 44, Cedar Rapids, IA	40:45	8:12
105	14	W16	Katie Larsen, 17*, Manchester, Ia	40:48	8:12
360	56	M40	Owen McCarron, 44, Cedar Rapids, IA	40:48	8:13
361	57	M40	Mike Becker, 41, Cedar Rapids, IA	40:49	8:13
106	19	W40	Patricia Kenel, 42*, Cedar Rapids, IA	40:50	8:13
362	58	M40	Gary Moore, 43, Cedar Rapids, IA	40:51	8:13
107	1	W45	Lynn Dennis, 48*, Cedar Rapids, IA	40:58	8:14
363	34	M25	Andrew J Jahnke, 26, Cedar Rapids, IA	40:58	8:14
364	47	M35	Roger Batterson, 38, Cedar Rapids, IA	40:58	8:14
365	35	M30	Rich Mitvalsky, 32, Cedar Rapids, IA	40:59	8:15
108	15	W20	Chastity Bowman, 22*, North Liberty, IA	40:59	8:15
366	37	M16	Josh Bark, 16, Marion, IA	41:00	8:15
367	24	M20	Jeremy R Driscoll, 23, Cedar Rapids, IA	41:00	8:15
368	38	M16	Sam Weller, 16, Central City, IA	41:02	8:15
109	2	W45	Pamela Wood, 48*, Janesville, Ia	41:03	8:15
369	36	M30	Marty Devoer, 34, Cedar Rapids, IA	41:03	8:16
370	48	M35	Steve Donohue, 37, Grimes, IA	41:07	8:16
110	16	W20	Claudia Laskowski, 21*, Iowa City, IA	41:07	8:16
371	59	M40	Gregg Klocke, 41, Marion, IA	41:08	8:16
111	20	W40	Cathy Downey, 42*, Overland Park, KS	41:11	8:17
112	21	W40	Betty Hopkins, 43*, Cedar Rapids, IA	41:11	8:17
372	37	M30	Keith Neubauer, 32, Swisher, IA	41:11	8:17
373	38	M30	Jerel Norton, 33, Richfield, MN	41:12	8:17
374	49	M35	Lance Keith, 37, Solon, IA	41:13	8:17
375	60	M40	Joe Schmall, 44, Robins, IA	41:13	8:17
113	3	W45	Lois Kabela-Coates, 46*, Cedar Rapids, IA	41:13	8:18
376	25	M50	Mark Watson, 52, Cedar Rapids, IA	41:18	8:18
114	22	W40	Peggy Beastro, 42*, Cedar Rapids, IA	41:19	8:19



377	61	M40	Terry Lemon, 40, Cedar Rapids, IA	41:21	8:19
378	62	M40	Verlynn Schmalle, 43, Mundelein, IL	41:22	8:19
379	26	M50	Robert Bang, 50, Coraville, IA	41:23	8:20
115	4	JrW	Greta Schmalle, 15*, Mundelein, IL	41:23	8:20
380	6	M60	Jack Voss, 62, Stanwood, IA	41:23	8:20
381	50	M35	Mark Gillick, 35, Seattle, WA	41:24	8:20
116	13	W35	Julie Lemon, 36*, Cedar Rapids, IA	41:25	8:20
117	14	W35	Sue Brooks, 38*, Cedar Rapids, IA	41:25	8:20
382	27	M50	Dave Carlson, 50, Worthington, MN	41:26	8:20
118	5	JrW	Erin Randall, 15*, Hiawatha, IA	41:26	8:20
383	25	M20	Rick Mehmen, 24, Marion, IA	41:26	8:20
119	15	W35	Kallie Meyer, 39*, Cedar Rapids, IA	41:27	8:20
384	35	M25	Brandon Blankenship, 27, Cedar Rapids, IA	41:27	8:20
385	39	M30	Aaron Noll, 33, Bridgman, MI	41:29	8:21
386	40	M30	Christopher Roberts, 33, Iowa City, IA	41:29	8:21
120	2	W50	Sally Stephenson, 54*, Marion, IA	41:30	8:21
387	36	M25	Ben Davis, 26, Coraville, IA	41:31	8:21
121	16	W35	Traci Yamane, 36*, Cedar Rapids, IA	41:31	8:21
122	17	W35	Wendy Frese, 36*, Cedar Rapids, IA	41:33	8:21
388	26	M20	Chris Fry, 23, Cedar Rapids, IA	41:34	8:22
389	63	M40	Edward Meissner, 40, Cedar Rapids, IA	41:35	8:22
123	17	W20	Aimee Walsh, 23*, Cedar Rapids, IA	41:35	8:22
390	37	M25	Tobin Walsh, 25, Cedar Rapids, IA	41:35	8:22
391	64	M40	Leon Mehring, 44, Cedar Rapids, IA	41:36	8:22
392	58	M45	Jerry Vander Sanden, 46, Cedar Rapids, IA	41:37	8:22
393	51	M35	Jonathon Mote, 35	41:37	8:22
394	52	M35	Mark Chipokas, 39, Cedar Rapids, IA	41:38	8:23
124	14	W25	Sherrie Mauren, 27*, Cedar Rapids, IA	41:39	8:23
125	4	W45	Jill Caldwell, 47*, Hiawatha, IA	41:41	8:23
395	7	M60	Larry Prior, 63, Columbus Junction, IA	41:41	8:23
126	15	W16	Kathie Huether, 18*, Manchester, Ia	41:42	8:23
396	65	M40	Micheal Walenta, 42, Omaha, NE	41:43	8:23
397	27	M20	Bob Blockhus, 24, Iowa City, IA	41:45	8:24
127	5	W45	Jan Stangland, 46*, Cedar Rapids, IA	41:48	8:24
398	41	M30	Gary Wipperman, 32, Cedar Rapids, IA	41:48	8:25
399	53	M35	Tim Batterson, 37, Carrollton, TX	41:49	8:25
128	15	W25	Linda McNiell, 28*, Homestead, IA	41:50	8:25
129	23	W40	Denise Whiting, 44*, Iowa City, IA	41:51	8:25
400	66	M40	Michael Schueller, 40, Cedar Rapids, IA	41:51	8:25
401	42	M30	Rob Kasper, 31, Cedar Rapids, IA	41:53	8:26
402	54	M35	Mike Wallerstedt, 39, Cedar Rapids, IA	41:53	8:26
403	38	M25	Curt Miller, 29, Iowa City, IA	41:55	8:26
404	39	M16	Alex Hajek, 17, Marion, IA	41:57	8:26
130	16	W25	Bridget Schlitz, 25*, Cedar Rapids, IA	41:58	8:26
405	67	M40	Harold Hartke, 44, Cedar Rapids, IA	41:58	8:26
131	11	W30	Lori Gaster, 33*, Walford, IA	41:58	8:27
406	55	M35	Greg Probst, 39, Iowa City, IA	42:00	8:27
132	18	W35	Joan C Colston, 38*, Cedar Rapids, IA	42:00	8:27
407	28	M50	Wayne Josifek, 54, Cedar Rapids, IA	42:01	8:27
408	56	M35	Randy Scheel, 38, Cedar Rapids, IA	42:02	8:27
409	12	M55	Jack Pilling, 59, Cedar Rapids, IA	42:03	8:28
410	43	M30	Alan Adams, 33, Parker, CO	42:04	8:28
411	59	M45	Jim Christenson, 46, Des Moines, IA	42:06	8:28
412	60	M45	Jim Koester, 48, Cedar Rapids, IA	42:07	8:28
133	18	W20	Meaghan Reider, 20*, Cedar Rapids, IA	42:09	8:29
413	57	M35	Mike Pugh, 37, Iowa City, IA	42:10	8:29
134	12	W30	Annette Lorenz, 32*, Cedar Rapids, IA	42:11	8:29
414	58	M35	Todd Voter, 39, Cedar Rapids, IA	42:11	8:29
135	24	W40	Tracy O'Dell, 44*, Cedar Rapids, IA	42:12	8:29
415	44	M30	Chris Madsen, 31, Cedar Rapids, IA	42:12	8:29
416	13	M55	Cragin Wood, 55, Cedar Rapids, IA	42:13	8:29
417	61	M45	Gary Watts, 47, Iowa City, IA	42:13	8:30
418	68	M40	Dave Leeper, 41, Cedar Rapids, IA	42:14	8:30
136	6	W45	Trish Prokop, 49*, Cedar Rapids, IA	42:14	8:30
419	40	M16	Lucas Meyer, 19, Fairfax, IA	42:18	8:31

137	19	W35	Melinda James, 38*, Cedar Rapids, IA	42:18	8:31
420	29	M50	Barry Sweet, 53, Cedar Rapids, IA	42:19	8:31
421	59	M35	Mark Hamling, 39, Cedar Rapids, IA	42:22	8:31
138	25	W40	Dora Bopp, 42*, Cedar Rapids, IA	42:22	8:31
139	20	W35	Annamarie Lee, 38*, San Francisco, CA	42:22	8:31
422	30	M50	Kent Spellman, 50, Albertlea, MN	42:23	8:31
423	45	M30	Kevin Burt, 32, Cedar Rapids, IA	42:23	8:32
140	21	W35	Diane Ropp, 36*, Cedar Rapids, IA	42:24	8:32
424	60	M35	Thomas Wolle, 37, Cedar Rapids, IA	42:29	8:33
425	39	M25	Tyler Hultman, 27	42:30	8:33
141	22	W35	Karen Knight, 39*, Hiawatha, IA	42:33	8:34
426	61	M35	Sam Hovston, 36, Cedar Rapids, IA	42:34	8:34
142	19	W20	Melicia Patik, 22*, Swisher, IA	42:37	8:34
143	20	W20	Emily McCarty, 22*, Swisher, IA	42:37	8:34
144	21	W20	Bevin Stokesberry, 24*, Cedar Rapids, IA	42:39	8:35
145	23	W35	Brenda Cloud, 38*, Cedar Rapids, IA	42:39	8:35
427	31	M50	Roy Gaddis, 54, Solon, IA	42:40	8:35
146	17	W25	Toni Biskup, 27*, Iowa City, IA	42:42	8:35
428	46	M30	Brad Tucker, 33, Cedar Rapids, IA	42:46	8:36
147	13	W30	Tina Lampe, 30*, Cedar Rapids, IA	42:47	8:36
429	62	M35	John Holman, 39, Iowa City, IA	42:47	8:36
430	62	M45	Dale Todd, 45, Cedar Rapids, IA	42:48	8:37
431	2	M65	Patrick Decarlo, 65, Cedar Rapids, IA	42:49	8:37
148	24	W35	Lori Rott, 39*, Cedar Rapids, IA	42:52	8:37
432	69	M40	Paul Johanson, 43, Oxford, Ia	42:52	8:37
433	28	M20	Joshua Mains, 23, Cedar Rapids, IA	42:52	8:38
149	7	W45	Anne Johnson, 46*, Cedar Rapids, IA	42:53	8:38
434	40	M25	David Kelly, 27, Waterloo, IA	42:55	8:38
150	22	W20	Katie Udermann, 24*, Cedar Rapids, IA	42:55	8:38
435	47	M30	Paul Mullen, 30, Cedar Rapids, IA	42:57	8:38
436	41	M25	Brian Till, 26, Cedar Rapids, IA	42:57	8:38
437	14	M55	Jeff Denny, 57, Cedar Rapids, IA	42:58	8:39
438	15	JrM	Joseph Marshall, 14, Cedar Rapids, IA	42:58	8:39
439	70	M40	Kris Gulick, 44, Cedar Rapids, IA	42:58	8:39
151	14	W30	Lisa Hawkins, 34*, Cedar Rapids, IA	42:59	8:39
440	63	M45	Peter Steele, 45, Cedar Rapids, IA	43:00	8:39
152	15	W30	Tara Hawkins, 30*, Cedar Rapids, IA	43:00	8:39
441	32	M50	Mike Daly, 51, Lisbon, IA	43:00	8:39
442	15	M55	Jerry Mays, 55, Marion, IA	43:01	8:39
443	63	M35	Ron Hellweg, 35, Cedar Rapids, IA	43:01	8:39
153	25	W35	Liz Miller, 35*, Waterloo, IA	43:03	8:40
444	16	M55	John Watson, 55, Robins, IA	43:04	8:40
445	71	M40	Jim Veglahn, 42, Cedar Rapids, IA	43:05	8:40
446	64	M35	Eric Mueller, 38, Cedar Rapids, IA	43:06	8:40
154	8	W45	Laurie Stunz, 47*, Iowa City, IA	43:06	8:40
447	65	M35	Mark Fettingner, 38, Hiawatha, IA	43:06	8:40
448	72	M40	Mike Wilkins, 40, Lisbon, IA	43:06	8:40
449	73	M40	Al Sorensen, 44, Cedar Rapids, IA	43:07	8:40
155	18	W25	Molly Newhouse, 29*, Cedar Rapids, IA	43:07	8:40
450	74	M40	Jim Drahozal, 41, Cedar Rapids, IA	43:07	8:40
451	33	M50	Brad Jenewein, 50, Center Point, IA	43:07	8:41
452	48	M30	Brad Comer, 30, Iowa City, IA	43:08	8:41
453	64	M45	Daniel Qualls, 45, Muskegon, MI	43:09	8:41
454	49	M30	Mike Pownell, 31, Coraville, IA	43:10	8:41
455	17	M55	Richard Fuller, 56, Cedar Rapids, IA	43:13	8:42
156	26	W40	Diane Strand, 40*, Marion, IA	43:15	8:42
456	65	M45	John Wilson, 47, Appleton, WI	43:15	8:42
457	34	M50	David Voss, 52, Hastings, MN	43:16	8:42
157	1	W55	Carolyn Wadsworth, 56*, Cedar Rapids, IA	43:17	8:42
458	18	M55	Gary Boddicker, 57, Norway, IA	43:17	8:42
459	42	M25	Tom Haggas, 26, Cedar Rapids, IA	43:17	8:42
460	43	M25	Michael McGuire, 29, Cedar Rapids, IA	43:18	8:43
158	16	W16	Kelly Blind, 17*, Solon, IA	43:18	8:43
159	16	W30	Melissa Dostal, 34*, Cedar Rapids, IA	43:22	8:43
461	66	M35	Mike Sills, 38, Hiawatha, IA	43:24	8:44

462	75	M40	Dan Cotten, 42, Knoxville, TN	43:24	8:44
160	26	W35	Ann Jurgensen, 38*, Tipton, IA	43:27	8:44
161	27	W35	Barb Fassbinder, 36*, Cedar Rapids, IA	43:29	8:45
162	27	W40	Fenon Coutentos, 42*, Cedar Rapids, IA	43:32	8:45
463	76	M40	Mike Fagan, 43, Glen Ellyn, IL	43:32	8:46
163	3	W50	Kristen Kaylor, 52*, Iowa City, IA	43:37	8:47
464	66	M45	Ron Ricklefs, 49, Cedar Rapids, IA	43:38	8:47
164	19	W25	Amy Schrader, 27*, Marion, IA	43:39	8:47
465	35	M50	Patrick Crouch, 50, North Richland Hills	43:39	8:47
466	8	M60	Palma Dick, 61, Cedar Rapids, IA	43:39	8:47
467	29	M20	Chris Petermann, 24, Cedar Rapids, IA	43:41	8:47
468	19	M55	Ken Jans, 58, North Liberty, IA	43:42	8:47
469	44	M25	Brian Pruitt, 29, Cedar Rapids, IA	43:44	8:48
470	67	M35	Ray Amsler, 37, Hiawatha, IA	43:47	8:48
165	28	W40	Jacki Knapp, 44*, Cedar Rapids, IA	43:47	8:49
166	28	W35	Sondra Longcor, 36*, Marion, IA	43:48	8:49
471	77	M40	Tim Daily, 43, Belle Plaine, IA	43:49	8:49
472	67	M45	Kevin Collins, 48, Marion, IA	43:50	8:49
473	78	M40	Mike Heather, 41, Marion, IA	43:50	8:49
474	68	M45	Mike Brown, 46, Cedar Rapids, IA	43:51	8:49
475	68	M35	Mike Drewes, 39, Cedar Rapids, IA	43:53	8:50
476	50	M30	Alan Read, 34, Marion, IA	43:55	8:50
477	79	M40	Jim K Hansen, 43, Mt. Vernon, IA	43:56	8:50
478	69	M35	Chris Lensing, 36, Cedar Rapids, IA	43:56	8:50
167	20	W25	Sherri Amsler, 28*, Lombard, IL	43:59	8:51
479	80	M40	David Dunne, 40, Cedar Rapids, IA	44:00	8:51
168	17	W30	Jennifer York, 33*, Ames, IA	44:01	8:51
169	23	W20	Stephanie Erbe, 20*, Cedar Rapids, IA	44:04	8:52
170	6	JrW	Megan Penticoff, 13*, Cedar Rapids, IA	44:05	8:52
480	45	M25	James Blockhus, 26, Aplington, IA	44:05	8:52
171	18	W30	Ann Dall, 34*, Solon, IA	44:09	8:53
481	69	M45	Karl Klotzbach, 48, Decorah, IA	44:09	8:53
172	19	W30	Kimberly McGuire, 30*, Cedar Rapids, IA	44:09	8:53
482	70	M35	Matt O'Rourke, 35, Cedar Rapids, IA	44:10	8:53
173	29	W40	Beth Bellman, 41*, Iowa City, IA	44:11	8:53
483	81	M40	Jeff Steimel, 42, Cedar Rapids, IA	44:11	8:53
174	20	W30	Maria Beck, 33*, Cedar Rapids, IA	44:12	8:54
175	29	W35	Cheryl Read, 38*, Marion, IA	44:14	8:54
176	21	W30	Dana Hartman, 32*, Joplin, MO	44:17	8:54
484	3	M65	Charles Wolle, 67, Genoa, NV	44:17	8:55
485	51	M30	Matt Nassif, 33, Cedar Rapids, IA	44:19	8:55
486	71	M35	Gene Nassif, Jr, 39, Cedar Rapids, IA	44:19	8:55
487	36	M50	Ed Pooock, 52, Cedar Rapids, IA	44:20	8:55
177	30	W35	Jodie Roettger, 36*, Cedar Falls, IA	44:20	8:55
488	70	M45	Joe Houtz, 49, Cedar Rapids, IA	44:21	8:55
489	82	M40	Bruce Ellis, 40, Cedar Rapids, IA	44:26	8:56
490	71	M45	Jim Steggall, 49, Cedar Rapids, IA	44:26	8:56
491	37	M50	Chuck Lemme, 51, Cedar Rapids, IA	44:27	8:57
492	30	M20	Matthew Krewer, 20, Cedar Rapids, IA	44:29	8:57
178	9	W45	Marylou Williams, 49*, Marion, IA	44:30	8:57
493	38	M50	Joseph Scratch, 53, Cedar Rapids, IA	44:31	8:57
494	39	M50	Kent Lamm, 53, New London, IA	44:33	8:58
495	40	M50	Michael Andeusen, 54, Marion, IA	44:34	8:58
496	41	M16	Nick Hartkemeyer, 16, Hiawatha, IA	44:35	8:58
179	31	W35	Jackie Brown, 38*, Cedar Rapids, IA	44:36	8:58
497	20	M55	Jack Harris, 55, Walford, IA	44:37	8:59
180	30	W40	Linda Garvin, 40*, Cedar Rapids, IA	44:40	8:59
498	83	M40	Kurt Stock, 43, Cedar Falls, IA	44:40	8:59
499	72	M45	Ted Murray, 48, Waterloo, IA	44:40	8:59
181	21	W25	Taunia Bradley, 27*, Cedar Rapids, IA	44:41	8:59
182	32	W35	Linnae Hartwig, 36*, Marion, IA	44:41	8:59
Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">Top</a>					
500	84	M40	Pail Hansen, 41, Cedar Rapids, IA	44:43	9:00
501	85	M40	Greggory Kearney, 44, Cedar Rapids, IA	44:45	9:00

502	42	M16	Samuel Fuller, 16, Mechanicsville, IA	44:46	9:00
183	2	W55	Jane Niemeier, 58*, Hiawatha, IA	44:48	9:01
503	86	M40	Jeff Allard, 44, Cedar Rapids, IA	44:49	9:01
504	41	M50	Blake Demaria, 50, Marion, IA	44:49	9:01
184	22	W25	Julie Kramer, 29*, Cedar Rapids, IA	44:49	9:01
505	52	M30	Rob Pollitt, 31, Cedar Rapids, IA	44:50	9:01
185	33	W35	Laura Amsler, 39*, Des Moines, IA	44:50	9:01
186	31	W40	Jackie Stoll, 42*, Cedar Rapids, IA	44:51	9:01
506	21	M55	Dennis M Duncan, 55, Anamosa, IA	44:51	9:01
187	23	W25	Amy Jackson, 28*, Lisbon, IA	44:52	9:01
507	87	M40	John Wiencek, 41, Iowa City, IA	44:52	9:02
188	34	W35	Amy Homan, 36*, Cedar Rapids, IA	44:52	9:02
189	22	W30	Heather Birely, 33*, Coralville, IA	44:52	9:02
190	35	W35	Tina Schoner, 35*, Cedar Rapids, IA	44:53	9:02
508	72	M35	Kirk Haefner, 38, Hiawatha, IA	44:53	9:02
509	53	M30	David Hicks, 31, Iowa City, IA	44:55	9:02
191	32	W40	Kirsten Hanranah, 40*, Iowa City, IA	45:00	9:03
510	42	M50	Lloyd Ludolph, 51, Cedar Rapids, IA	45:03	9:04
192	24	W20	Emily Hora, 22*, Cedar Rapids, IA	45:04	9:04
511	73	M45	Steve Cummings, 46, Cedar Rapids, IA	45:05	9:04
193	23	W30	Amy Ganske, 31*, Swisher, IA	45:08	9:05
512	31	M20	Lance Votroubek, 22, Cedar Rapids, IA	45:09	9:05
194	25	W20	Danielle Wangsness, 24*, Hiawatha, IA	45:12	9:06
513	74	M45	Rick Whiteaker, 46, Cedar Rapids, IA	45:12	9:06
195	24	W30	Kathie Manderscheid, 32*, Marion, IA	45:15	9:06
514	73	M35	Jeff Knox, 37, Cedar Rapids, IA	45:15	9:06
196	25	W30	Susan Foster, 32*, Cedar Rapids, IA	45:16	9:06
515	9	M60	James Patterson, 61, Cedar Rapids, IA	45:16	9:06
516	46	M25	Nicholas Scott, 26, Cedar Rapids, IA	45:18	9:07
197	24	W25	Jessica Cerveny, 27*, Swisher, IA	45:20	9:07
517	43	M16	Michael Cullis, 18, Cedar Rapids, IA	45:20	9:07
518	75	M45	Jeff Glantz, 48, Cedar Rapids, IA	45:21	9:07
519	54	M30	Greg Dewolf, 34, Universal City, TX	45:22	9:08
520	74	M35	Harry Ahozal, 37, Cedar Rapids, IA	45:22	9:08
521	22	M55	David Balster, 56, Monticello, IA	45:22	9:08
522	4	M65	Robert Olney, 66, Solon, IA	45:23	9:08
198	25	W25	Kasey Merrill, 27*, Mt. Vernon, IA	45:25	9:08
199	26	W25	Kathy Clark, 29*, Boulder, CO	45:25	9:08
523	75	M35	Dominic Giegerich, 38, Earlham, IA	45:25	9:08
200	36	W35	Victoria Hoffman, 39*, Postville, IA	45:26	9:08
201	26	W30	Deborah White, 30*, Cedar Rapids, IA	45:26	9:08
202	4	W50	Jackie Brimmer, 54*, Cedar Rapids, IA	45:27	9:09
524	43	M50	Clay Claussen, 54, Iowa City, IA	45:27	9:09
525	44	M50	Keith Krewer, 50, Cedar Rapids, IA	45:31	9:09
203	10	W45	Cindy Schile, 47*, Cedar Rapids, IA	45:32	9:10
204	11	W45	Judy Hubler, 45*, Cedar Rapids, IA	45:33	9:10
526	88	M40	Dave Beastrom, 43, Cedar Rapids, IA	45:33	9:10
527	45	M50	James Engstrom, 53, Cedar Rapids, IA	45:34	9:10
528	47	M25	Daniel Schevers, 26, Urbana, IA	45:34	9:10
529	16	JrM	Zach Kimberling, 15, Mechanicsville, IA	45:37	9:11
530	89	M40	Brian Mumm, 44, Cedar Rapids, IA	45:37	9:11
531	90	M40	Bruce Willey, 40, Cedar Rapids, IA	45:38	9:11
532	23	M55	Wayne Martin, 59, Central City, IA	45:39	9:11
533	44	M16	Max Wahle, 16, Cedar Rapids, IA	45:41	9:11
534	91	M40	Patrick Marshall, 44, Cedar Rapids, IA	45:41	9:11
205	3	W55	Mary Johnston, 55*, Cedar Rapids, IA	45:41	9:11
206	26	W20	Betsy Paxton, 24*, Cedar Falls, IA	45:42	9:12
535	55	M30	Chris Usher, 33, Knoxville, TN	45:43	9:12
207	27	W25	Charity Roberts, 28*, Cedar Rapids, IA	45:43	9:12
536	17	JrM	Drake Rooney, 10, Urbana, IA	45:44	9:12
208	28	W25	Darcie Usher, 29*, Knoxville, TN	45:44	9:12
209	29	W25	Erica Liedtke, 28*, Urbana, IA	45:45	9:12
537	56	M30	Christopher Tyler, 33, Cedar Rapids, IA	45:51	9:13
538	10	M60	Mark Tyler, 61, Cedar Rapids, IA	45:51	9:13
210	27	W30	Suzu Barker, 31*, Tiffin, IA	45:51	9:13

211	5	W50	Ursula Williams, 50*, Fairfax, IA	45:51	9:14
539	76	M35	John Resewehr, 36, Cedar Rapids, IA	45:52	9:14
540	57	M30	Stephen Sartori, 33, Marion, IA	45:52	9:14
541	58	M30	Robert Kurt, 33, Coggon, IA	45:53	9:14
212	28	W30	Tonya Miller, 30*, Iowa City, IA	46:02	9:16
213	37	W35	Karla Resewehr, 37*, Cedar Rapids, IA	46:03	9:16
214	1	W65	Marilyn Wickenkamp, 68*, Newton, IA	46:04	9:16
215			Holly Kriener*, Cedar Rapids, IA	46:04	9:16
542	46	M50	Nick Gearhart, 52, Cedar Rapids, IA	46:05	9:16
543	24	M55	John Whitson, 55, Vinton, IA	46:07	9:17
544	92	M40	David Bittleman, 40, Cedar Rapids, IA	46:09	9:17
545	93	M40	Bernard Bouillaud, 40, Cedar Rapids, IA	46:11	9:17
546	77	M35	Michael Sulek, 39, Shellsburg, IA	46:12	9:18
547	25	M55	David Capron, 55, Mt. Vernon, IA	46:14	9:18
548	59	M30	Matthew J Cole, 31, Cedar Rapids, IA	46:17	9:19
216	33	W40	Sue Helling, 41*, Dubuque, IA	46:19	9:19
549	5	M65	John Wasson, 65, Cedar Rapids, IA	46:20	9:19
217	34	W40	Beth Hunemuller, 43*, Dubuque, IA	46:21	9:19
218	6	W50	Susan K Jahnke, 53*, Cedar Rapids, IA	46:23	9:20
219	35	W40	Joan Black, 41*, Iowa City, IA	46:29	9:21
220	29	W30	Jennifer Henderson, 33*, Cedar Rapids, IA	46:36	9:23
550	47	M50	Chuck Albaugh, 52, Hiawatha, IA	46:36	9:23
221	38	W35	Tania Drinkwater, 39*, Manchester, Ia	46:37	9:23
222	30	W30	Tara Torpey, 30*, Boston, MA	46:40	9:23
223	31	W30	Angela Mersch, 30*, Chicago, IL	46:40	9:23
551	94	M40	Jim Rudin, 41, Cedar Rapids, IA	46:40	9:23
224	12	W45	Cindy Carter, 47*, Appleton, WI	46:43	9:24
552	48	M50	Tim Phillips, 53, Cedar Rapids, IA	46:48	9:25
225	36	W40	Debbie Craig, 44*, Cedar Rapids, IA	46:48	9:25
553	78	M35	Brian Bockenstedt, 37, Cedar Rapids, IA	46:49	9:25
554	95	M40	Marc Lundgren, 40, Cedar Rapids, IA	46:49	9:25
555	11	M60	Martin Roach, 62, Cedar Rapids, IA	46:52	9:26
556	26	M55	Robert Harschnek, 55, Cedar Rapids, IA	46:53	9:26
557	60	M30	Dean Chiafos, 33, Center Point, IA	46:53	9:26
226	13	W45	Debra Robin, 49*, Coraville, IA	46:54	9:26
227	39	W35	Beth Gieger, 39*, Cedar Rapids, IA	46:55	9:26
228	37	W40	Mary Jo Hansen, 41*, Mt. Vernon, IA	46:56	9:26
558	49	M50	Robert Hatala, 51, Cedar Rapids, IA	46:56	9:27
559	48	M25	Dj Doyle, 29, Cedar Rapids, IA	47:01	9:27
560	76	M45	Steve Kerska, 49, Cedar Rapids, IA	47:02	9:28
229	27	W20	Amber Dunfee, 23*, Cedar Rapids, IA	47:02	9:28
230	40	W35	Janice Coleman, 35*, Cedar Rapids, IA	47:04	9:28
231	30	W25	Erica Lewis, 25*, Cedar Rapids, IA	47:06	9:29
561	50	M50	Robert Brown, 50, Burlington, IA	47:07	9:29
232	28	W20	Alissa Kurth, 23*, Cedar Rapids, IA	47:09	9:29
233	32	W30	Vena Nurre, 33*, Fairfax, IA	47:10	9:29
234	33	W30	Chris Martin, 32*, West Liberty, IA	47:11	9:30
235	34	W30	Chris Day, 33*, Palo, IA	47:11	9:30
236	35	W30	Lara Fredrickson, 33*, Cedar Rapids, IA	47:12	9:30
562	51	M50	Daryl Seyffer, 52, Washburn, IA	47:12	9:30
563	61	M30	Scott Utzinger, 33, Cedar Rapids, IA	47:14	9:30
237	41	W35	Stacy Williams, 35*, Des Moines, IA	47:15	9:30
564	62	M30	Matthew Gingerich, 33, Cedar Rapids, IA	47:15	9:30
238	31	W25	Noreen Niemeyer, 25*, Marion, IA	47:16	9:30
565	27	M55	Norm Anderson, 56, Cedar Rapids, IA	47:23	9:32
239	38	W40	Kristin Hendricks, 42*, New Orleans, LA	47:29	9:33
566	96	M40	Mark Asplund, 40, Marion, IA	47:31	9:34
567	79	M35	Timothy Sagers, 35, Cedar Rapids, IA	47:31	9:34
240	17	W16	Aubrey Sadler, 19*, Cedar Rapids, IA	47:32	9:34
568	52	M50	Andrew Meyer, 51, Cedar Rapids, IA	47:34	9:34
569	28	M55	Jon Read, 56, Cedar Rapids, IA	47:36	9:34
570	80	M35	Jeff Liebermann, 36, Iowa City, IA	47:37	9:35
571	29	M55	David Good, 56, Cedar Rapids, IA	47:38	9:35
241	42	W35	Ellen Miller, 39*, Robins, IA	47:40	9:35
572	97	M40	Jeff Miller, 41, Robins, IA	47:40	9:35

242	43	W35	Judy Goldberg, 38*, Cedar Rapids, IA	47:43	9:36
573	77	M45	Stephen Odonnell, 47, Cedar Rapids, IA	47:45	9:36
243	36	W30	Erin Claussen, 31*, Iowa City, IA	47:48	9:37
244	37	W30	Heather Claussen, 33*, Lone Tree, IA	47:48	9:37
245	44	W35	Jean Ash, 38*, Cedar Rapids, IA	47:50	9:37
246	18	W16	Alissa Klinsky, 16*, Cedar Rapids, IA	47:50	9:37
247	32	W25	Natalie Van Waning, 26*, Coralville, IA	47:50	9:37
574	81	M35	Darin Garman, 36, Cedar Rapids, IA	47:51	9:38
575	30	M55	Tom Fogle, 57, Cedar Rapids, IA	47:56	9:39
248	38	W30	Kellie Clubb, 33*, Marion, IA	47:56	9:39
249	45	W35	Kathy Walvoord, 35*, Cedar Rapids, IA	47:57	9:39
576	31	M55	Gary Kalis, 58, Cedar Rapids, IA	47:57	9:39
577	63	M30	Russ Vernon, 31, Dubuque, IA	47:58	9:39
250	46	W35	Janet Wegner, 37*, Cedar Rapids, IA	47:58	9:39
251	47	W35	Shannon Walenta, 36*, Omaha, NE	48:03	9:40
252	33	W25	Kristin Kestel, 27*, Center Point, IA	48:07	9:41
578	53	M50	Piboon Manatpon, 53, Bangkok, Thailand	48:08	9:41
579	12	M60	Harry Black, 62, Anamosa, IA	48:10	9:41
253	29	W20	Carissa Gee, 21*, Cedar Rapids, IA	48:11	9:42
254	48	W35	Jennifer Rinden, 35*, Cedar Rapids, IA	48:12	9:42
255	19	W16	Kathryn Merrifield, 18*, Cedar Rapids, IA	48:13	9:42
580	98	M40	Kevin Steffens, 42, Roselle, IL	48:13	9:42
256	34	W25	Denise Ludovissy, 28*, Center Point, IA	48:14	9:42
257	39	W30	Kris Angellotti, 34*, Cedar Rapids, IA	48:15	9:42
581	82	M35	Mark Lewis, 38, Cedar Rapids, IA	48:16	9:43
582	83	M35	Patrick McDowell, 39, Cedar Rapids, IA	48:16	9:43
258	49	W35	Lisa Johnson, 39*, Cedar Rapids, IA	48:16	9:43
583	54	M50	Randy Sterner, 51, Marion, IA	48:17	9:43
584	55	M50	Ron Jones, 53, Cedar Rapids, IA	48:18	9:43
585	99	M40	Kent Stock, 41, Marion, IA	48:19	9:43
259	40	W30	Barb Crock, 33*, Hiawatha, IA	48:22	9:44
260	20	W16	Abby Klocke, 16*, Marion, IA	48:26	9:45
586	56	M50	Jim Baustian, 50, Davenport, IA	48:26	9:45
587	32	M55	Lary Hostak, 59, Cedar Rapids, IA	48:33	9:46
261	50	W35	Patricia Poggemiller, 37*, Ottumwa, IA	48:34	9:46
588	33	M55	Ralph Plagman, 59, Cedar Rapids, IA	48:40	9:47
589	18	JrM	Michael Streit, 10, Bettendorf, IA	48:40	9:47
590	78	M45	Mark Streit, 45, Bettendorf, IA	48:40	9:48
591	84	M35	Kenneth Kroymann, 39, Solon, IA	48:45	9:48
262	30	W20	Genelle Butz, 24*, Cary, NC	48:47	9:49
263	14	W45	Joann Wahle, 45*, Cedar Rapids, IA	48:48	9:49
264	41	W30	Bridget Malake, 32*, Marion, IA	48:49	9:49
592	49	M25	Martin Fitzpatrick, 28, St Paul, MN	48:49	9:49
593	100	M40	Steve Wahle, 44, Cedar Rapids, IA	48:49	9:49
265	42	W30	Janet Wietlispach, 33*, Cedar Rapids, IA	48:50	9:49
266	31	W20	Rachel Davis, 23*, Cedar Rapids, IA	48:50	9:50
267	39	W40	Laurie Stock, 40*, Marion, IA	48:51	9:50
594	57	M50	Jim Meeks-Johnson, 52, Cedar Rapids, IA	48:52	9:50
595	19	JrM	Travis Landhuis, 13, Cedar Rapids, IA	48:54	9:50
596	101	M40	Kent Landhuis, 40, Cedar Rapids, IA	48:54	9:50
268	7	JrW	Elise Craig, 14*, Cedar Rapids, IA	49:03	9:52
269	51	W35	Gina Garman, 36*, Marion, IA	49:07	9:53
597	85	M35	Randy Aschbrenner, 36, Center Point, IA	49:08	9:53
270	4	W55	Cathie Payvandi, 55*, Cedar Rapids, IA	49:08	9:53
598	13	M60	Richard Lenth, 64, Cedar Rapids, IA	49:09	9:53
271	15	W45	Shelia Lamm, 49*, New London, IA	49:10	9:53
272	35	W25	Robin Johnson, 27*, Vinton, IA	49:13	9:54
273	52	W35	Laurie Kroymann, 37*, Solon, IA	49:16	9:55
599	86	M35	David Rooney, 36, Urbana, IA	49:18	9:55
600	102	M40	Steve Vincent, 41, Cedar Rapids, IA	49:19	9:55
601	103	M40	John Struthers, 44, Marion, IA	49:22	9:56
274	36	W25	Dawn Miller, 25*, Anamosa, IA	49:22	9:56
275	53	W35	Tamara Rawson, 36*, Cedar Rapids, IA	49:24	9:56
276	43	W30	Jill Louzek, 30*, Cedar Rapids, IA	49:34	9:58
602	50	M25	Ryan Ovel, 25, Cedar Rapids, IA	49:34	9:58

277	44	W30	Rena Capron, 33*, Mt. Vernon, IA	49:36	9:59
603	58	M50	Jim Aspinall, 53, Cedar Rapids, IA	49:36	9:59
278	54	W35	Sue Keith, 37*, Solon, IA	49:38	9:59
279	55	W35	Chris Nelson, 39*, Cedar Rapids, IA	49:40	9:59

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280	56	W35	Geri Kearney, 38*, Ottumwa, IA	49:40	10:00
281	5	W55	Melissa Fogle, 57*, Cedar Rapids, IA	49:43	10:00
282	6	W55	Janice Hastings, 59*, Cedar Rapids, IA	49:45	10:00
283	57	W35	Susan Gerth, 36*, Cedar Rapids, IA	49:46	10:01
284	45	W30	Ashley Coates, 31*, Marion, IA	49:48	10:01
604	104	M40	Paul Hart, 40, Cedar Rapids, IA	49:49	10:01
285	7	W50	Rhonda Jones, 53*, Cedar Rapids, IA	49:49	10:01
286	37	W25	Jennifer Lacey, 29*, Iowa City, IA	49:50	10:02
287	46	W30	Denise Krug, 31*, Iowa City, IA	49:51	10:02
288	16	W45	Sara Norman, 48*, Des Moines, IA	49:53	10:02
289	17	W45	Jan Albers, 46*, Cedar Rapids, IA	50:01	10:04
290	40	W40	Annette Martin, 41*, Cedar Rapids, IA	50:07	10:05
291	41	W40	Christine Robson, 40*, Cedar Rapids, IA	50:10	10:05
292	42	W40	Mary McClodden, 44*, Cedar Rapids, IA	50:11	10:06
605	105	M40	Scott Hunt, 44, Cedar Rapids, IA	50:12	10:06
293	21	W16	Shane Hunt, 18*, Cedar Rapids, IA	50:12	10:06
606	59	M50	Martin Smith, 54, Cedar Rapids, IA	50:16	10:07
294	47	W30	Kristin Weih, 33*, Cedar Rapids, IA	50:18	10:07
295	48	W30	Carol Renz, 34*, Cedar Rapids, IA	50:18	10:07
296	7	W55	Judy Wolfe, 56*, Hiawatha, IA	50:27	10:09
297	58	W35	Sheri Jeffery, 37*, Robins, IA	50:28	10:09
607	106	M40	Steven Funk, 43, Vinton, IA	50:29	10:09
298	49	W30	Sara Swanson, 32*, Riverside, IA	50:34	10:10
299	32	W20	Melissa Lakin, 21*, Cedar Rapids, IA	50:38	10:11
300	50	W30	Lori Hannan, 33*, Marion, IA	51:01	10:16
301	18	W45	Dory Briles, 48*, Des Moines, IA	51:10	10:18
608	79	M45	Steve Etten, 46, Covington, IA	51:11	10:18
609	87	M35	James Grawe, 37, Hiawatha, IA	51:12	10:18
610	80	M45	Michael Thomas, 48, Cedar Rapids, IA	51:12	10:18
611	88	M35	Patrick Schmidt, 38, Marion, IA	51:16	10:19
302	43	W40	Christie Gales, 40*, Cedar Rapids, IA	51:17	10:19
303	8	W55	Diane Rosteck, 59*, Cedar Rapids, IA	51:29	10:21
304	59	W35	Dana Hansen, 39*, Ely, IA	51:33	10:22
612	64	M30	Lee Schmidt, 32, Cedar Rapids, IA	51:37	10:23
613	81	M45	Randy Svoboda, 47, Iowa City, IA	51:38	10:23
305	44	W40	Jane Glantz, 44*, Cedar Rapids, IA	51:42	10:24
614	89	M35	Joe Berutti, 36, Cedar Rapids, IA	51:44	10:25
615	32	M20	Will Stclair, 24, Cedar Rapids, IA	51:48	10:25
306	60	W35	Randi Bruck, 39*, Cedar Rapids, IA	51:55	10:27
616	34	M55	Dennis Dornink, 55, Des Moines, IA	51:55	10:27
307	38	W25	Tawna Rathe, 28*, Hiawatha, IA	51:59	10:27
617	60	M50	Jack Evans, 54, Cedar Rapids, IA	52:00	10:28
308	51	W30	Laurie Adams, 33*, Parker, CO	52:02	10:28
618	65	M30	Tad Cooper, 34, Cedar Rapids, IA	52:04	10:28
619	51	M25	St John Patrick, 28, Cedar Rapids, IA	52:04	10:28
309	33	W20	Sarah Jedlicka, 24*, Cedar Rapids, IA	52:04	10:29
620	33	M20	Justin Schumacher, 22, Iowa City, IA	52:05	10:29
310	61	W35	Michelle McGuire, 37*, Los Angeles, CA	52:08	10:29
311	52	W30	Chris Lumm, 32*, Robins, IA	52:08	10:29
621	45	M16	Daniel Short, 17, Independence, IA	52:32	10:34
622	61	M50	Lyle Hanson, 50, Cedar Rapids, IA	52:33	10:34
312	62	W35	Stephanie Wielgos, 38*, Palatine, IL	52:35	10:35
313	63	W35	Lore Katz, 39*, Robins, IA	52:39	10:36
623	20	JrM	Michael Handerson, 13, Cedar Rapids, IA	52:47	10:37
314	39	W25	Andrea Shannon, 25*, Cedar Rapids, IA	52:49	10:38
315	8	JrW	Hannah Klocke, 14*, Marion, IA	52:49	10:38
624	66	M30	Brian W Suthers, 30, Ely, IA	53:16	10:43
316	53	W30	Amber J Suthers, 30*, Ely, IA	53:19	10:44
625	90	M35	Doug Smith, 38, Cedar Rapids, IA	53:30	10:46

626	62	M50	Ian Cullis, 54, Cedar Rapids, IA	53:35	10:47
627	63	M50	Bob Jones, 50, Robins, IA	53:45	10:49
317	54	W30	Kristine Campbell, 33*, Rochester, Mn	53:52	10:50
318	9	W55	Alice Wasson, 58*, Cedar Rapids, IA	54:04	10:53
319	40	W25	Christy Lavigne, 29*, Cedar Rapids, IA	54:10	10:54
320	45	W40	Claire Struthers, 42*, Marion, IA	54:10	10:54
321	9	JrW	Taylor Hastings, 14*, New Market, Ontario	54:29	10:58
628	107	M40	Reggie Hastings, 42, New Market, Ontario	54:32	10:58
322	8	W50	Cheryl Hoch, 51*, Iowa City, IA	54:34	10:59
323	19	W45	Debra Ernst, 45*, Cedar Rapids, IA	54:35	10:59
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324	41	W25	Rachel Maassen, 26*, Iowa City, IA	54:50	11:02
629	14	M60	Gary Peters, 61, Cedar Rapids, IA	54:56	11:03
325	42	W25	Crystal Smith, 27*, Cedar Rapids, IA	54:57	11:03
630	91	M35	Barry Satterfield, 39, Cedar Rapids, IA	54:58	11:03
326	55	W30	Jennifer Neumann, 30*, Cedar Rapids, IA	55:09	11:06
327	2	W65	Carol Hartman, 66*, Hiawatha, IA	55:16	11:07
328	43	W25	Holly Bruns, 28*, Ely, IA	55:27	11:09
329	64	W35	Amy Heesch, 35*, Dayton, IA	55:32	11:10
330	20	W45	Jean Etten, 46*, Palo, IA	55:34	11:11
331	21	W45	Diane Ballard, 45*, Marion, IA	55:36	11:11
631	108	M40	Chris Swanson, 42, Riverside, IA	55:40	11:12
332	46	W40	Susan Halbe, 44*, Cedar Rapids, IA	56:07	11:17
333	44	W25	Jamie Bushman, 26*, Cedar Rapids, IA	56:12	11:18
632	6	M65	Joe Hartman, 66, Hiawatha, IA	56:25	11:21
334	22	W45	Deborah Gulick, 47*, Cedar Rapids, IA	56:35	11:23
633	15	M60	Jim Flynn, 64, Cedar Rapids, IA	56:42	11:24
335	65	W35	Bonnie Pitz, 36*, Marion, IA	56:43	11:25
336	45	W25	Bonnie Yount, 25*, Marion, IA	56:53	11:27
337	66	W35	Jennifer Bardsley, 37*, Palo, IA	56:54	11:27
634	109	M40	Jeffrey Garner, 42, Cedar Rapids, IA	56:55	11:27
338	67	W35	Lisa Odonnel, 39*, Cedar Rapids, IA	56:56	11:27
339	34	W20	Heather Dunfee, 20*, Iowa City, IA	57:30	11:34
635	7	M65	Harold Schulze, 67, Cedar Rapids, IA	57:50	11:38
636	52	M25	Todd A Barker, 29, Cedar Rapids, IA	58:41	11:48
637	16	M60	Gerald Barker, 60, Cedar Rapids, IA	58:45	11:49
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340	23	W45	Cynthia Plummer, 46*, Monticello, IA	59:41	12:01
638	92	M35	Russ Wielgos, 39, Palatine, IL	59:54	12:03
639	82	M45	Phillip Katz, 49, Robins, IA	1:00:12	12:07
640	64	M50	Duane Modracek, 51, Cedar Rapids, IA	1:03:01	12:41
641	65	M50	Steve Havskins, 51, Cedar Rapids, IA	1:03:01	12:41
642	110	M40	Swone Scotty, 44, Cedar Rapids, IA	1:03:11	12:43
643	8	M65	Nick Abodeely, 76, Cedar Rapids, IA	1:03:12	12:43
341	10	JrW	Caitlin G Striet, 12*, Bettendorf, IA	1:04:01	12:53
342	68	W35	Rebecca Streit, 39*, Bettendorf, IA	1:04:08	12:54
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343	69	W35	Jana Michael, 38*, Iowa City, IA	1:11:22	14:21
344	9	W50	Roberta Douglas, 54*, Cedar Rapids, IA	1:11:23	14:22
644	53	M25	Gt Karr, 25, Iowa City, IA	1:11:27	14:22
345	70	W35	Sueppel Robin, 38*, Iowa City, IA	1:11:27	14:23
346	46	W25	Karr Carrue, 25*, Iowa City, IA	1:11:29	14:23

"\*" indicates females

20 finishers among Men 15 & Under

45 finishers among Men 16 - 19

33 finishers among Men 20 - 24

53 finishers among Men 25 - 29

66 finishers among Men 30 - 34

92 finishers among Men 35 - 39

110 finishers among Men 40 - 44

82 finishers among Men 45 - 49

65 finishers among Men 50 - 54



34 finishers among Men 55 - 59  
16 finishers among Men 60 - 64  
8 finishers among Men 65 & Up  
10 finishers among Women 15 & Under  
21 finishers among Women 16 - 19  
34 finishers among Women 20 - 24  
46 finishers among Women 25 - 29  
55 finishers among Women 30 - 34  
70 finishers among Women 35 - 39  
46 finishers among Women 40 - 44  
23 finishers among Women 45 - 49  
9 finishers among Women 50 - 54  
9 finishers among Women 55 - 59  
2 finishers among Women 65 & Up  
644 male finishers  
346 female finishers  
990 total finishers

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