

Ely Fall Fest *** 5K Run *** Overall &
 Divisions
 Event: 5K Run
 Date: Friday, October 02, 2015
 Location: Ely
 Weather: Cool 65°
[Overall and Age Divisions](#)

Results By: On The Run Race Timing

Place	Gender	Division	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	1	1 OVM	Richard Higginbotham, M24	Cedar Rapids, IA	18:26	5:56/M	18:24	5:55/M
2	2	1 M50	Jeff Nietert, M54	Palo, IA	18:32	5:58/M	18:32	5:58/M
3	1	1 OVF	Jessie Clark, F27	Cedar Rapids, IA	19:32	6:17/M	19:32	6:17/M
4	3	1 M30	Cale Stephens, M37	Swisher, IA	19:56	6:25/M	19:53	6:24/M
5	2	1 JRF	Laurdyn Meyer, F12	Cedar Rapids, IA	19:57	6:25/M	19:57	6:25/M
6	4	1 M13	Bailey Reiseck, M14	Ely, IA	20:43	6:40/M	20:42	6:40/M
7	3	1 F20	Peyton Blake, F22	Iowa City, IA	21:03	6:47/M	20:58	6:45/M
8	5	1 JRM	Lukas Lamparek, M12	Cedar Rapids, IA	21:04	6:47/M	21:02	6:46/M
9	6	1 M40	Bret Williamson, M40	Cedar Rapids, IA	21:10	6:49/M	21:09	6:48/M
10	7	1 M60	Bob Strickland, M65	Cedar Rapids, IA	21:30	6:55/M	21:30	6:55/M
11	8	2 JRM	Landon Kahler, M9	Cedar Rapids, IA	21:38	6:58/M	21:36	6:57/M
12	4	1 F30	Liz Healy, F32	Ely, IA	21:42	6:59/M	21:40	6:58/M
13	9	2 M30	Nic O'Malley, M31	Marion, IA	21:46	7:00/M	21:46	7:00/M
14	10	2 M40	Rick Lamparek, M47	Marengo, IA	21:48	7:01/M	21:47	7:01/M
15	11	2 M50	Slav Sharapov, M50	Ely, IA	21:55	7:03/M	21:53	7:03/M
16	12	2 M13	Jordan Schroeder, M13	Cedar Rapids, IA	22:17	7:10/M	22:15	7:10/M
17	13	3 M13	Joe Vavra, M13	Ely, IA	22:22	7:12/M	22:20	7:11/M
18	14	3 M30	David Eckert, M39	Swisher, IA	22:40	7:18/M	22:39	7:17/M

19	5	2 JRF	Alexis Moses, F11	Fairfax, IA	23:08	7:27/M	23:07	7:26/M
20	6	2 F20	Kathy Miller, F28	Coralville, IA	23:11	7:28/M	23:08	7:27/M
21	7	1 F40	Rae Lynn Lamparek, F44	Swisher, IA	23:21	7:31/M	23:20	7:30/M
22	15	1 M20	Dave Hollister, M29	Ely, IA	23:28	7:33/M	23:26	7:33/M
23	16	4 M30	Mathew Jensen, M36	Marion, IA	23:36	7:36/M	23:32	7:35/M
24	17	2 M60	Dale Hanna, M66	Cedar Rapids, IA	23:46	7:39/M	23:43	7:38/M
25	18	5 M30	Nicholas Stumpff, M32	Ely, IA	23:54	7:42/M	23:50	7:40/M
26	8	2 F30	Jess Carter, F31	Ely, IA	24:26	7:52/M	24:22	7:51/M
27	19	6 M30	Ryan Shady, M32	Ely, IA	24:34	7:54/M	24:27	7:52/M
28	20	7 M30	Chris Stumpff, M30	Cedar Rapids, IA	24:38	7:56/M	24:34	7:54/M
29	9	3 F30	Emily Blomme, F37	Ely, IA	24:40	7:56/M	24:36	7:55/M
30	21	4 M13	Brandon Deahl, M13	Cedar Rapids, IA	25:02	8:04/M	25:02	8:03/M
31	22	3 JRM	Jake Opitz, M12	Ely, IA	25:04	8:04/M	25:02	8:03/M
32	23	3 M50	Mark Brown, M51	Cedar Rapids, IA	25:08	8:05/M	25:02	8:04/M
33	24	5 M13	Lance Gustafson, M13	Cedar Rapids, IA	25:31	8:13/M	25:28	8:12/M
34	25	4 M50	Dan Clark, M58	Cedar Rapids, IA	25:31	8:13/M	25:25	8:11/M
35	26	3 M40	Joel Abrams, M41	Ely, IA	26:33	8:33/M	26:32	8:32/M
36	27	4 JRM	Brad Alldredge, M9	Ely, IA	26:49	8:38/M	26:43	8:36/M
37	28	3 M60	Ken Jans, M70	Ely, IA	26:50	8:38/M	26:47	8:37/M
38	10	4 F30	Melissa Kahler, F37	Cedar Rapids, IA	26:50	8:38/M	26:46	8:37/M
39	11	3 JRF	Anna Eckert, F12	Swisher, IA	27:08	8:44/M	27:07	8:44/M
40	29	6 M13	Nathan Ayers, M15	Ely, IA	27:14	8:46/M	27:04	8:43/M
41	30	4 M60	Rod Raabe, M70	Swisher, IA	27:21	8:48/M	27:18	8:47/M
42	31	4 M40	John Fisher, M44	Cedar Rapids, IA	27:23	8:49/M	27:17	8:47/M
43	32	1 M16	Ryan Ayers, M19	Ely, IA	27:50	8:58/M	27:39	8:54/M
44	12	2 F40	Jessica Deahl, F40	Cedar Rapids, IA	27:57	9:00/M	27:56	8:59/M
45	33	5 JRM	Connor Deahl, M10	Cedar Rapids, IA	28:29	9:10/M	28:26	9:09/M
46	13	4 JRF	Bella Reiseck, F11	Ely, IA	28:30	9:10/M	28:27	9:09/M
47	34	5 M40	Jeremy Elges, M41	Ely, IA	28:40	9:14/M	28:35	9:12/M
48	35	7 M13	Luka Elges, M14	Ely, IA	28:40	9:14/M	28:35	9:12/M
49	36	8 M13	Troy Neumann, M14	Ely, IA	28:41	9:14/M	28:40	9:14/M
50	37	6 JRM	Josiah Hale, M9	Ely, IA	28:51	9:17/M	28:51	9:17/M
51	38	7 JRM	Ben Healy, M10	Ely, IA	29:01	9:20/M	28:58	9:19/M
52	39	8 JRM	Aiden Neumann, M9	Ely, IA	29:23	9:27/M	29:22	9:27/M
53	14	5 F30	Erin Hale, F36	Ely, IA	29:23	9:28/M	29:16	9:25/M

54	40	9 M13	Jarrett Bohlken, M13	Ely, IA	29:31	9:30/M	29:29	9:29/M
55	41	9 JRM	Tate Dzikonski, M11	Cedar Rapids, IA	29:49	9:36/M	29:47	9:35/M
56	42	6 M40	Chad Deahl, M43	Cedar Rapids, IA	29:51	9:37/M	29:48	9:35/M
57	15	6 F30	Kelly Draper, F37	Marion, IA	30:34	9:50/M	30:26	9:48/M
58	16	3 F20	Kallie Nichols, F25	Fairfax, IA	30:47	9:54/M	30:40	9:52/M
59	43	10 JRM	Nathan Alldredge, M12	Ely, IA	31:09	10:02/M	31:03	10:00/M
60	44	11 JRM	Owen Kahler, M6	Cedar Rapids, IA	31:15	10:03/M	31:10	10:02/M
61	45	8 M30	Scott Kahler, M37	Cedar Rapids, IA	31:15	10:03/M	31:09	10:02/M
62	17	3 F40	Steph Johnson, F42	Ely, IA	31:25	10:07/M	31:20	10:05/M
63	18	1 F50	Becky Cheesman, F50	Cedar Rapids, IA	32:07	10:20/M	32:02	10:19/M
64	46	12 JRM	Will Horrigan, M11	Ely, IA	32:16	10:23/M	32:14	10:23/M
65	47	9 M30	Chris Ayers, M37	Ely, IA	32:27	10:27/M	32:17	10:24/M
66	19	1 F13	Madeleine Smith, F13	Ely, IA	32:29	10:27/M	32:21	10:25/M
67	20	4 F40	Helen Busness, F45	Ely, IA	32:29	10:27/M	32:21	10:25/M
68	48	13 JRM	Ulrik Sharapov, M11	Ely, IA	32:36	10:30/M	32:30	10:28/M
69	21	5 JRF	Briar Hess, F8	Ely, IA	33:11	10:41/M	33:01	10:38/M
70	49	10 M30	Josh Hale, M36	Ely, IA	33:30	10:47/M	33:13	10:41/M
71	22	7 F30	Sarah Ruff, F34	Ely, IA	33:50	10:53/M	33:37	10:49/M
72	23	8 F30	Megan Wagg, F32	Ely, IA	33:50	10:53/M	33:38	10:50/M
73	24	2 F50	Lori Willett, F57	Cedar Rapids, IA	34:01	10:57/M	33:54	10:55/M
74	25	9 F30	Kimberly Dewild, F31	Ely, IA	34:18	11:02/M	34:07	10:59/M
75	26	6 JRF	Sadie Wiethorn, F10	Solon, IA	34:18	11:02/M	34:08	10:59/M
76	27	7 JRF	Lillian Dewild, F10	Ely, IA	34:18	11:02/M	34:08	10:59/M
77	28	3 F50	Rose Nichols, F53	Cedar Rapids, IA	35:45	11:30/M	35:38	11:28/M
78	29	10 F30	Chelsea Hess, F31	Ely, IA	35:46	11:31/M	35:36	11:27/M
79	30	5 F40	Christy Frese, F41	Ely, IA	36:33	11:46/M	36:27	11:44/M
80	31	1 F60	Kathy Hood, F62	Bonaparte, IA	36:50	11:51/M	36:43	11:49/M
81	50	14 JRM	Dillon Wiethorn, M7	Solon, IA	37:12	11:58/M	37:03	11:55/M
82	32	11 F30	Debra Wiethorn, F38	Solon, IA	37:14	11:59/M	37:04	11:56/M
83	51	10 M13	Cory Thompson, M15	Ely, IA	38:40	12:27/M	38:37	12:26/M
84	33	8 JRF	Tori Allard, F10	Ely, IA	38:43	12:28/M	38:36	12:25/M
85	52	15 JRM	Harrison Allard, M11	Ely, IA	38:44	12:28/M	38:37	12:26/M
86	53	11 M30	Heath Allard, M39	Ely, IA	38:46	12:29/M	38:38	12:26/M

87	34	12 F30	Jaime Allard, F39	Ely, IA	38:46	12:29/M	38:39	12:26/M
88	35	13 F30	Beth Ayers, F37	Ely, IA	39:59	12:52/M	39:46	12:48/M
89	36	1 F16	Jessica Aiello, F19	Cedar Rapids, IA	39:59	12:52/M	39:48	12:49/M
90	37	14 F30	Amanda Vollbrecht, F33	Swisher, IA	40:45	13:07/M	40:31	13:02/M
91	38	15 F30	Amber Stratton, F35	Swisher, IA	40:46	13:07/M	40:32	13:03/M
92	39	4 F50	Lori Stratton, F58	Swisher, IA	40:50	13:08/M	40:37	13:04/M
93	40	9 JRF	Bridget Gustafson, F11	Cedar Rapids, IA	41:09	13:15/M	41:05	13:13/M
94	41	16 F30	Stephanie Bixby, F37	Tipton, IA	44:24	14:17/M	44:12	14:14/M
95	42	5 F50	Mary Pat Coburn, F56	West Branch, IA	44:24	14:17/M	44:12	14:14/M
96	54	7 M40	Brad Meskimen, M48	Ely, IA	45:29	14:38/M	45:24	14:37/M
97	43	6 F40	Dixie Meskimen, F48	Ely, IA	45:41	14:42/M	45:37	14:41/M
98	55	16 JRM	Quin Meskimin, M11	Ely, IA	47:06	15:09/M	47:03	15:09/M
99	56	5 M50	Doug Gustafson, M59	Cedar Rapids, IA	47:08	15:10/M	47:03	15:09/M
100	44	6 F50	Elaine Gustafson, F53	Cedar Rapids, IA	47:13	15:12/M	47:07	15:10/M
101	57	17 JRM	Blayne Healy, M8	Ely, IA	47:14	15:12/M	47:10	15:11/M

Overall and Age Divisions

Overall Male

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Richard Higginbotham, M24	Cedar Rapids, IA	18:26	5:56/M	18:24	5:55/M

Overall Female

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Jessie Clark, F27	Cedar Rapids, IA	19:32	6:17/M	19:32	6:17/M

M[12 & Under]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Lukas Lamparek, M12	Cedar Rapids, IA	21:04	6:47/M	21:02	6:46/M
2	Landon Kahler, M9	Cedar Rapids, IA	21:38	6:58/M	21:36	6:57/M
3	Jake Opitz, M12	Ely, IA	25:04	8:04/M	25:02	8:03/M
4	Brad Alldredge, M9	Ely, IA	26:49	8:38/M	26:43	8:36/M
5	Connor Deahl, M10	Cedar Rapids, IA	28:29	9:10/M	28:26	9:09/M

6	Josiah Hale, M9	Ely, IA	28:51	9:17/M	28:51	9:17/M
7	Ben Healy, M10	Ely, IA	29:01	9:20/M	28:58	9:19/M
8	Aiden Neumann, M9	Ely, IA	29:23	9:27/M	29:22	9:27/M
9	Tate Dzikonski, M11	Cedar Rapids, IA	29:49	9:36/M	29:47	9:35/M
10	Nathan Alldredge, M12	Ely, IA	31:09	10:02/M	31:03	10:00/M
11	Owen Kahler, M6	Cedar Rapids, IA	31:15	10:03/M	31:10	10:02/M
12	Will Horrigan, M11	Ely, IA	32:16	10:23/M	32:14	10:23/M
13	Ulrik Sharapov, M11	Ely, IA	32:36	10:30/M	32:30	10:28/M
14	Dillon Wiethorn, M7	Solon, IA	37:12	11:58/M	37:03	11:55/M
15	Harrison Allard, M11	Ely, IA	38:44	12:28/M	38:37	12:26/M
16	Quin Meskimin, M11	Ely, IA	47:06	15:09/M	47:03	15:09/M
17	Blayne Healy, M8	Ely, IA	47:14	15:12/M	47:10	15:11/M

F[12 & Under]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Laurdyn Meyer, F12	Cedar Rapids, IA	19:57	6:25/M	19:57	6:25/M
2	Alexis Moses, F11	Fairfax, IA	23:08	7:27/M	23:07	7:26/M
3	Anna Eckert, F12	Swisher, IA	27:08	8:44/M	27:07	8:44/M
4	Bella Reiseck, F11	Ely, IA	28:30	9:10/M	28:27	9:09/M
5	Briar Hess, F8	Ely, IA	33:11	10:41/M	33:01	10:38/M
6	Sadie Wiethorn, F10	Solon, IA	34:18	11:02/M	34:08	10:59/M
7	Lillian Dewild, F10	Ely, IA	34:18	11:02/M	34:08	10:59/M
8	Tori Allard, F10	Ely, IA	38:43	12:28/M	38:36	12:25/M
9	Bridget Gustafson, F11	Cedar Rapids, IA	41:09	13:15/M	41:05	13:13/M

M[13-15]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Bailey Reiseck, M14	Ely, IA	20:43	6:40/M	20:42	6:40/M
2	Jordan Schroeder, M13	Cedar Rapids, IA	22:17	7:10/M	22:15	7:10/M
3	Joe Vavra, M13	Ely, IA	22:22	7:12/M	22:20	7:11/M
4	Brandon Deahl, M13	Cedar Rapids, IA	25:02	8:04/M	25:02	8:03/M
5	Lance Gustafson, M13	Cedar Rapids, IA	25:31	8:13/M	25:28	8:12/M
6	Nathan Ayers, M15	Ely, IA	27:14	8:46/M	27:04	8:43/M
7	Luka Elges, M14	Ely, IA	28:40	9:14/M	28:35	9:12/M
8	Troy Neumann, M14	Ely, IA	28:41	9:14/M	28:40	9:14/M
9	Jarrett Bohlken, M13	Ely, IA	29:31	9:30/M	29:29	9:29/M
10	Cory Thompson, M15	Ely, IA	38:40	12:27/M	38:37	12:26/M

F[13-15]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Madeleine Smith, F13	Ely, IA	32:29	10:27/M	32:21	10:25/M

M[16-19]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Ryan Ayers, M19	Ely, IA	27:50	8:58/M	27:39	8:54/M

F[16-19]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Jessica Aiello, F19	Cedar Rapids, IA	39:59	12:52/M	39:48	12:49/M

M[20-29]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Dave Hollister, M29	Ely, IA	23:28	7:33/M	23:26	7:33/M

F[20-29]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Peyton Blake, F22	Iowa City, IA	21:03	6:47/M	20:58	6:45/M
2	Kathy Miller, F28	Coralville, IA	23:11	7:28/M	23:08	7:27/M
3	Kallie Nichols, F25	Fairfax, IA	30:47	9:54/M	30:40	9:52/M

M[30-39]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Cale Stephens, M37	Swisher, IA	19:56	6:25/M	19:53	6:24/M
2	Nic O'Malley, M31	Marion, IA	21:46	7:00/M	21:46	7:00/M
3	David Eckert, M39	Swisher, IA	22:40	7:18/M	22:39	7:17/M
4	Mathew Jensen, M36	Marion, IA	23:36	7:36/M	23:32	7:35/M
5	Nicholas Stumpff, M32	Ely, IA	23:54	7:42/M	23:50	7:40/M
6	Ryan Shady, M32	Ely, IA	24:34	7:54/M	24:27	7:52/M
7	Chris Stumpff, M30	Cedar Rapids, IA	24:38	7:56/M	24:34	7:54/M
8	Scott Kahler, M37	Cedar Rapids, IA	31:15	10:03/M	31:09	10:02/M
9	Chris Ayers, M37	Ely, IA	32:27	10:27/M	32:17	10:24/M
10	Josh Hale, M36	Ely, IA	33:30	10:47/M	33:13	10:41/M
11	Heath Allard, M39	Ely, IA	38:46	12:29/M	38:38	12:26/M

F[30-39]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Liz Healy, F32	Ely, IA	21:42	6:59/M	21:40	6:58/M
2	Jess Carter, F31	Ely, IA	24:26	7:52/M	24:22	7:51/M
3	Emily Blomme, F37	Ely, IA	24:40	7:56/M	24:36	7:55/M
4	Melissa Kahler, F37	Cedar Rapids, IA	26:50	8:38/M	26:46	8:37/M
5	Erin Hale, F36	Ely, IA	29:23	9:28/M	29:16	9:25/M
6	Kelly Draper, F37	Marion, IA	30:34	9:50/M	30:26	9:48/M

7	Sarah Ruff, F34	Ely, IA	33:50	10:53/M	33:37	10:49/M
8	Megan Wagg, F32	Ely, IA	33:50	10:53/M	33:38	10:50/M
9	Kimberly Dewild, F31	Ely, IA	34:18	11:02/M	34:07	10:59/M
10	Chelsea Hess, F31	Ely, IA	35:46	11:31/M	35:36	11:27/M
11	Debra Wiethorn, F38	Solon, IA	37:14	11:59/M	37:04	11:56/M
12	Jaime Allard, F39	Ely, IA	38:46	12:29/M	38:39	12:26/M
13	Beth Ayers, F37	Ely, IA	39:59	12:52/M	39:46	12:48/M
14	Amanda Vollbrecht, F33	Swisher, IA	40:45	13:07/M	40:31	13:02/M
15	Amber Stratton, F35	Swisher, IA	40:46	13:07/M	40:32	13:03/M
16	Stephanie Bixby, F37	Tipton, IA	44:24	14:17/M	44:12	14:14/M

M[40-49]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Bret Williamson, M40	Cedar Rapids, IA	21:10	6:49/M	21:09	6:48/M
2	Rick Lamparek, M47	Marengo, IA	21:48	7:01/M	21:47	7:01/M
3	Joel Abrams, M41	Ely, IA	26:33	8:33/M	26:32	8:32/M
4	John Fisher, M44	Cedar Rapids, IA	27:23	8:49/M	27:17	8:47/M
5	Jeremy Elges, M41	Ely, IA	28:40	9:14/M	28:35	9:12/M
6	Chad Deahl, M43	Cedar Rapids, IA	29:51	9:37/M	29:48	9:35/M
7	Brad Meskimen, M48	Ely, IA	45:29	14:38/M	45:24	14:37/M

F[40-49]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Rae Lynn Lamparek, F44	Swisher, IA	23:21	7:31/M	23:20	7:30/M
2	Jessica Deahl, F40	Cedar Rapids, IA	27:57	9:00/M	27:56	8:59/M
3	Steph Johnson, F42	Ely, IA	31:25	10:07/M	31:20	10:05/M
4	Helen Business, F45	Ely, IA	32:29	10:27/M	32:21	10:25/M
5	Christy Frese, F41	Ely, IA	36:33	11:46/M	36:27	11:44/M
6	Dixie Meskimen, F48	Ely, IA	45:41	14:42/M	45:37	14:41/M

M[50-59]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Jeff Nietert, M54	Palo, IA	18:32	5:58/M	18:32	5:58/M
2	Slav Sharapov, M50	Ely, IA	21:55	7:03/M	21:53	7:03/M
3	Mark Brown, M51	Cedar Rapids, IA	25:08	8:05/M	25:02	8:04/M
4	Dan Clark, M58	Cedar Rapids, IA	25:31	8:13/M	25:25	8:11/M
5	Doug Gustafson, M59	Cedar Rapids, IA	47:08	15:10/M	47:03	15:09/M

F[50-59]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Becky Cheesman, F50	Cedar Rapids, IA	32:07	10:20/M	32:02	10:19/M
2	Lori Willett, F57	Cedar Rapids, IA	34:01	10:57/M	33:54	10:55/M

3	Rose Nichols, F53	Cedar Rapids, IA	35:45	11:30/M	35:38	11:28/M
4	Lori Stratton, F58	Swisher, IA	40:50	13:08/M	40:37	13:04/M
5	Mary Pat Coburn, F56	West Branch, IA	44:24	14:17/M	44:12	14:14/M
6	Elaine Gustafson, F53	Cedar Rapids, IA	47:13	15:12/M	47:07	15:10/M

M[60 & Over]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Bob Strickland, M65	Cedar Rapids, IA	21:30	6:55/M	21:30	6:55/M
2	Dale Hanna, M66	Cedar Rapids, IA	23:46	7:39/M	23:43	7:38/M
3	Ken Jans, M70	Ely, IA	26:50	8:38/M	26:47	8:37/M
4	Rod Raabe, M70	Swisher, IA	27:21	8:48/M	27:18	8:47/M

F[60 & Over]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Kathy Hood, F62	Bonaparte, IA	36:50	11:51/M	36:43	11:49/M

Return to [home page](#)

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