



10th Earth Day 5 Kilometer

West Des Moines, IA

April 19, 2015

60s and Light Rain

Results by Cal Murdock

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	OpM	Mitchell Davis, 24, Des Moines	17:24	5:36
2	1 M30	Jack Johnson, 34, West Des Moines	17:41	5:41
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
3	2 M30	Matt Oleson, 39, West Des Moines	20:27	6:35
4	1 M50	Scott Winkel, 56, Des Moines	20:45	6:41
5	1 M40	David Olsen, 42, West Des Moines	20:50	6:42
1	OpW	Stephanie Mortenson, 33*, Windsor Heights	20:54	6:44
6	1 M20	Dilon Flanders, 26, Grimes	21:16	6:51
2	1 W20	Lisa Wwgman, 24*, Des Moines	21:18	6:51
3	1 W30	Emily Scanlon, 32*, West Des Moines	21:25	6:53
4	1 W40	Rachel Hoger, 40*, Johnston	21:26	6:54
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
7	2 M50	Steven Hall, 57, Marshalltown	22:46	7:19
5	2 W30	Kristi York, 35*, West Des Moines	22:59	7:24
8	2 M20	Ryan Moses, 28, Des Moines	23:00	7:24
9	3 M30	Justin Ellis, 31, West Des Moines	23:04	7:25
10	1 M60	Frank Towler, 70, Saanichton	23:28	7:33
11	4 M30	Edward Vasquez, 35, Windsor Heights	23:39	7:37
6	3 W30	Emily Hanson, 32*	23:54	7:41
12	3 M20	Andy Rosenberger, 29	24:15	7:48
13	2 M60	Jeff Vining, 60, Des Moines	24:29	7:53
14	3 M60	Bill Parks, 62, Des Moines	24:30	7:53
7	2 W40	Beth McDonald, 42*, Prole	24:31	7:53
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
15	2 M40	Erik Brickman, 42, Urbandale	25:07	8:05
16	5 M30	Brian Keane, 32, Windsor Heights	25:32	8:13
8	2 W20	Madeline Muhlenbruck, 20*, Ankeny	25:37	8:15
17	4 M20	Caleb Thompson, 20, Creston	25:37	8:15
9	1 JrW	Delilah Fidler, 15*, West Des Moines	25:50	8:19
18	3 M40	Steven Behrends, 46, West Des Moines	25:58	8:21
19	1 JrM	Bryce Baughman, 8, West Des Moines	26:14	8:27
20	4 M60	Ken Tharp, 63, West Des Moines	26:20	8:28
10	4 W30	Amanda Oleson, 39*, West Des Moines	26:30	8:32
21	6 M30	Ben Thompson, 31, Ankeny	26:31	8:32
22	3 M50	Steve Lensing, 56, Des Moines	27:09	8:44
11	3 W20	Alyse Messa, 22*, Ankeny	27:20	8:48
23	5 M20	Brad Vogel, 23	27:20	8:48

12	5	W30	Anna Humston, 36*, West Des Moines	27:37	8:53
24	4	M50	Andy Edwards, 50, Des Moines	27:52	8:58
13	3	W40	Deanne Edwards, 49*, Des Moines	27:53	8:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
14	4	W20	Stacia Scott, 27*, West Des Moines	27:58	9:00
15			Jamie Ferguson*	28:03	9:02
25	5	M50	Rod Warren, 51, Clive	28:05	9:02
16	5	W20	Courtney Warren, 20*, Clive	28:05	9:02
26	7	M30	Colby Gardner, 34, Des Moines	28:13	9:05
27	6	M50	Mark Parmenter, 51, Elkhart	28:26	9:09
17	1	W50	Sohail Ghaemi, 56*, Des Moines	28:28	9:10
28	4	M40	Jason Henness, 45	29:06	9:22
29	8	M30	Jason Gabler, 32, Des Moines	29:31	9:30
30	2	JrM	Mahito Brown, 8, West Des Moines	29:49	9:36
18	4	W40	Chikako Brown, 43*, West Des Moines	29:56	9:38
19	6	W30	Heidi Mathes, 32*, West Des Moines	30:27	9:48
20	5	W40	Julie LaFollette, 44*, Johnston	30:29	9:49
21	7	W30	Jenna Irving, 30*, Urbandale	30:35	9:50
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
22	2	JrW	Sophie Gauthier, 11*, West Des Moines	31:15	10:03
31	5	M40	Mike Gauthier, 40, West Des Moines	31:15	10:03
23	6	W40	Elaine Watkins-Miller, 46*, West Des Moines	31:18	10:04
24	7	W40	Ann Baughman-Henness, 42*, West Des Moines	31:55	10:16
25	8	W30	Jill Keane, 31*, Windsor Heights	32:33	10:29
32	5	M60	John Hoffman, 71, Des Moines	33:21	10:44
26	8	W40	Laura Hoffman, 46*, Des Moines	33:51	10:54
27	9	W30	Amy Seufert, 32*, Des Moines	34:04	10:58
33	9	M30	Mike Seufert, 34, Des Moines	34:05	10:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
28	3	JrW	Paige McDonald, 10*, Prole	34:36	11:08
29	4	JrW	Anna Scheppmann, 9*, West Des Moines	35:18	11:22
34	10	M30	Rengarajan Palanivel, 38, West Des Moines	35:20	11:22
30	2	W50	Kim Weber, 54*	35:28	11:25
35	11	M30	Eric Bruhn, 30	35:31	11:26
31	6	W20	Catherine Christiansen, 24*, Des Moines	35:44	11:30
32	7	W20	Maggie Scheppmann, 24*, West Des Moines	35:46	11:31
33	5	JrW	Caitlin Webb, 9*, Des Moines	35:49	11:31
34	10	W30	Jennifer Vasquez, 39*, Windsor Heights	35:50	11:32
35	3	W50	Lisa Scheppmann, 50*, West Des Moines	36:09	11:38
36	4	W50	Michele Flanagan, 50*, West Des Moines	36:19	11:41
37	6	JrW	Cailida Vasquez, 8*, Windsor Heights	37:03	11:55
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
38	9	W40	Renae Johanningmeier, 47*, West Des Moines	37:27	12:03
39	10	W40	Michelle Morris, 42*	37:36	12:06
36	12	M30	Keenan Carlson, 32, West Des Moines	37:50	12:10
40	11	W30	Jamie Lohr, 37*, Des Moines	38:07	12:16
41	5	W50	Teri Lohr, 53*, Des Moines	38:08	12:16
42	11	W40	Kathleen Till Stange, 46*, West Des Moines	38:50	12:30
43	12	W40	Susan Dyer Risser, 46*, West Des Moines	38:51	12:30
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
44	13	W40	Kaye Ohnemus, 44*, Urbandale	41:23	13:19
45	6	W50	Diane Cummings, 59*, West Des Moines	41:47	13:27
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
46	14	W40	Sue Fidler, 42*, West Des Moines	43:40	14:03
47	15	W40	Heather Behrends, 46*, West Des Moines	43:44	14:04
48	12	W30	Kelly Turner, 34*, West Des Moines	44:29	14:19
49	7	JrW	Abigail Scheppmann, 16*, West Des Moines	44:31	14:20
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

50	7	W50	Lori Sacco, 54*, West Des Moines	49:04	15:47
37	7	M50	Terry Sharp, 55	49:05	15:48
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
38			Greg Thompson, Ames	50:13	16:10
39	8	M50	Jim Thompson, 54, Ankeny	50:18	16:11
51	1	W60	Gayla Low, 64*, Norwalk	51:53	16:42
40	3	JrM	Sage Hoyt, 11, Carroll	52:12	16:48
52	8	W20	Katie-Jo Galayda, 27*, Ames	52:29	16:53
53	9	W20	Michelle Thompson, 25*, Ames	52:32	16:54
54	10	W20	Brooke Milligan, 26*	52:40	16:57
55	8	W50	Nancy Agan, 52*, Des Moines	52:47	16:59
56	9	W50	Carmen Gomez, 59*, West Des Moines	52:47	16:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
57	10	W50	Marcia Thompson, 55*, Ankeny	53:02	17:04
58	13	W30	Cara Stone, 31*, Urbandale	53:40	17:16
59	14	W30	Angie Ellis, 31*, West Des Moines	53:58	17:22
60	2	W60	Becky Gruening, 60*, West Des Moines	54:08	17:25
61	11	W50	Susan Quinlan, 50*, Des Moines	55:13	17:46
62	16	W40	Guadalupe Carrioll, 45*, Des Moines	55:27	17:51
63	15	W30	Samantha Mendoza, 32*, Des Moines	55:28	17:51
64	3	W60	Nadine Tierney-Wastenev, 62*, De Soto	55:48	17:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
65	16	W30	Amber Hoyt, 33*, Carroll	56:10	18:04
66	12	W50	Nan Cheville, 57*	56:11	18:05

* indicates females

3 finishers among Males (no age given)

3 finishers among Men Under 20

5 finishers among Men 20 - 29

12 finishers among Men 30 - 39

5 finishers among Men 40 - 49

8 finishers among Men 50 - 59

5 finishers among Men 60 & Up

7 finishers among Women Under 20

10 finishers among Women 20 - 29

16 finishers among Women 30 - 39

16 finishers among Women 40 - 49

12 finishers among Women 50 - 59

3 finishers among Women 60 & Up

1 finishers among Females (no age given)

41 male finishers

65 female finishers

106 total finishers

Return to [home page](#).