



## 42nd Drake Relays On-the-ROADS Half-Marathon (13.107 miles)

Des Moines, Iowa

April 24, 2010

60s & good running weather

Results by [Cal Murdock](#)

8K results [here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	1 M20	Sammy Rotich, 23, West Des Moines, IA	1:07:59	5:11
2	1 M25	Craig Donnelly, 25, Shawnee, OK	1:09:16	5:17
3	2 M25	Adam Bohach, 25, Clinton, IA	1:10:33	5:23
4	3 M25	Ben Carlson, 25, Stanhope, IA	1:10:46	5:24
5	2 M20	Andrew Clausen, 21, Wheaton, IL	1:12:17	5:31
6	3 M20	Daniel Scott, 23, Aberdeen, SD	1:13:09	5:35
7	4 M20	Luke Demmel, 20, Marshalltown, IA	1:13:23	5:36
8	1 M30	Greg Bell, 31, Polk City, IA	1:16:50	5:52
9	2 M30	Eric Hollander, 33, Des Moines, IA	1:17:36	5:55
1	1 W30	Erin Moeller, 32*, Mt Vernon, IA	1:17:49	5:56
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">Top</a>				
10	5 M20	David Sevcik, 20, Ames, IA	1:19:11	6:02
11	1 JrM	Dan Rediske, 18, Waverly, IA	1:20:24	6:08
12	2 JrM	Kit Coppess, 19, West Des Moines, IA	1:20:31	6:09
13	6 M20	Sam Bird, 20, Ames, IA	1:21:15	6:12
2	1 W20	Traci Kresser, 24*, Clive, IA	1:21:16	6:12
14	3 JrM	Daniel Huff, 16, Waverly, IA	1:21:44	6:14
15	7 M20	David Yonce, 24, St. Louis, MO	1:21:48	6:14
16	4 M25	Sir Michael Wilson, 27, Des Moines, IA	1:22:21	6:17
17	1 M45	Roger Scott, 45, Clive, IA	1:22:28	6:17
18	8 M20	Daniel Sevcik, 20, Ames, IA	1:22:39	6:18
19	4 JrM	Jack Andritsch, 15, McCordsville, IN	1:22:49	6:19
3	2 W20	Danna Kelly, 23*, Des Moines, IA	1:22:51	6:19
20	3 M30	Aaron Sage, 30, Ankeny, IA	1:23:03	6:20
4	1 W40	Lisa Marshall, 42*, Granger, IA	1:23:15	6:21
21	9 M20	Thomas Murphy, 24, Des Moines, IA	1:23:37	6:23
22	2 M45	Keith Abels, 48, Ogden, IA	1:23:44	6:23
23	4 M30	Justin Gerber, 30, Pella, IA	1:24:13	6:25
24	5 JrM	Cole Decker, 16, Des Moines, IA	1:24:49	6:28
25	6 JrM	Joseph Sevcik, 18, Cedar Falls, Iowa, Ia	1:24:55	6:29
26	5 M25	Christopher Holman, 26, Des Moines, IA	1:25:14	6:30
27	1 M40	Brian Ortell, 43, Ottumwa, IA	1:25:29	6:31
28	7 JrM	Patrick Kinley, 16, West Des Moines, IA	1:25:29	6:31
29	5 M30	Anthony Cendana, 34, West Des Moines, IA	1:25:36	6:32
30	10 M20	Chris Harms, 22, West Des Moines, IA	1:25:37	6:32

5	1	W25	Yelena Nanaziashvili, 29*, Clive, IA	1:25:37	6:32
31	11	M20	Tony Beal, 21, Ames, IA	1:26:18	6:35
32	2	M40	Matt Scotton, 41, Newton, IA	1:26:37	6:36
33	1	M50	Tim Nagel, 52, Clarion, IA	1:26:41	6:37
34	12	M20	Jonathan Kaman, 24, Des Moines, IA	1:26:42	6:37
35	8	JrM	Jason Thomas, 15, Urbandale, IA	1:26:42	6:37
36	6	M25	Joseph Richey, 28, Marion, IA	1:26:53	6:38
6	2	W30	Kiera Karas, 33*, Des Moines, IA	1:27:03	6:38
37	13	M20	Brent Westphal, 21, Urbandale, IA	1:27:04	6:38
38	1	M35	Judd Allbaugh, 36, Bettendorf, IA	1:27:06	6:39
39	7	M25	Kyle Keraus, 29, Johnston, IA	1:27:10	6:39
40	8	M25	Jon Kalvig, 28, West Des Moines, IA	1:27:25	6:40
41	2	M35	Scott Jones, 38, Ankeny, IA	1:27:27	6:40
42	3	M35	Fred Moody, 36, Ames, IA	1:27:40	6:41
43	9	JrM	Devin Becraft, 17, Ames, IA	1:27:43	6:42
7	3	W30	Carrie Morton, 33*, Waukee, IA	1:27:54	6:42
44	9	M25	Nate Seier, 26, Sioux Falls, SD	1:28:02	6:43
8	4	W30	Colleen Webb, 32*, Des Moines, IA	1:28:03	6:43
45	14	M20	Matthew Cross, 21, Ames, IA	1:28:23	6:45
46	6	M30	Matt Thatcher, 34, Ames, IA	1:28:44	6:46
47	3	M45	Michael Schulte, 45, Cedar Rapids, IA	1:29:08	6:48
9	2	W40	Ani Trane, 40*, West Des Moines, IA	1:29:10	6:48
48	7	M30	John McKlveen, 33, Belvedere, CA	1:29:18	6:49
49	10	M25	Jacob Rattray, 27, Ames, IA	1:29:29	6:50
50	3	M40	Scott Sterrett, 41, Cedar Falls, IA	1:29:36	6:50
51	8	M30	Lance Gunkel, 31, Clive, IA	1:30:20	6:53
52	4	M45	David Frank, 47, Adel, IA	1:30:21	6:54
53	11	M25	David Stanfield, 29, Marshalltown, IA	1:30:45	6:55
54	5	M45	Patrick Middleton, 45, Oconomowoc, WI	1:30:46	6:55
55	15	M20	Andrew Chamberlain, 22, Ames, IA	1:30:49	6:56
56	4	M35	Matthew Zepeda, 36, Des Moines, IA	1:31:00	6:57
10	1	W35	Jenny Schulze, 37*, Clive, IA	1:31:06	6:57
57	12	M25	Thang Chau, 26, Windsor Heights, IA	1:31:10	6:57
58	16	M20	Tyler Schick, 23, West Des Moines, IA	1:31:22	6:58
11	1	JrW	Carly Johnson, 19*, Ames, IA	1:31:22	6:58
59	13	M25	Jacob Johnson, 25, West Des Moines, IA	1:31:27	6:59

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12	2	W25	Tami Ritchie, 26*, Ankeny, IA	1:31:55	7:01
60	4	M40	Steve Zimmer, 41, Waukee, IA	1:31:58	7:01
61	5	M40	Mike Rieks, 42, Urbandale, IA	1:32:09	7:02
62	14	M25	Ross Kilgore, 25, Coralville, IA	1:32:30	7:03
63	15	M25	Jeff Zelenovich, 25, Des Moines, IA	1:32:33	7:04
64	6	M40	Tim Hart, 42, Johnston, IA	1:32:39	7:04
65	7	M40	Doug Eppard, 44, Johnson, IA	1:32:44	7:04
66	9	M30	Chad Marchant, 30, Ankeny, IA	1:32:51	7:05
67	10	M30	Shawn Roland, 31, West Des Moines, IA	1:32:53	7:05
68	8	M40	Todd Bindel, 42, West Des Moines, IA	1:32:54	7:05
69	11	M30	Tyler Schwiesow, 33, Des Moines, IA	1:32:54	7:05
70	17	M20	Bryce Heitman, 22, Ames, IA	1:33:02	7:06
71	9	M40	Mark Hargrove, 40, Ames, IA	1:33:06	7:06
72	5	M35	Reverend Matthew Wilson, 35, Des Moines, IA	1:33:09	7:06
73	6	M35	Luigi Calviello, 39, West Des Moines, IA	1:33:10	7:06
74	2	M50	Curtis Husske, 54, Maxwell, IA	1:33:32	7:08
75	18	M20	Dustin Sloan, 22, Pella, IA	1:33:38	7:09
76	7	M35	Tom Scroggins, 38, Ankeny, IA	1:34:15	7:11
77	6	M45	Don Cumings, 47, Pleasant Hill, IA	1:34:17	7:12
78	10	M40	Kyle Weuve, 44, Urbandale, IA	1:34:21	7:12
79	8	M35	Deon Wingert, 36, Carroll, IA	1:34:24	7:12
80	12	M30	Nate Geurkink, 32, Des Moines, IA	1:34:26	7:12
81	9	M35	Chad Lee, 37, West Des Moines, IA	1:34:26	7:12
82	13	M30	Jason Frederick, 33, Waukee, IA	1:34:28	7:12
13	3	W40	Jennifer Abbott, 41*, Ankeny, IA	1:34:32	7:13
83	1	M55	Bob Grote, 56, West Des Moines, IA	1:34:35	7:13

84	7	M45	Alan Alberto, 45, Clive, IA	1:34:38	7:13
85	8	M45	Dale Knoshaug, 48, Des Moines, IA	1:34:43	7:14
86	3	M50	Terry Eason, 53, Waukee, IA	1:34:44	7:14
87	2	M55	Dave Haugen, 56, Des Moines, IA	1:34:52	7:14
88	10	M35	Doug McKinstry, 39, Polk City, IA	1:34:52	7:14
89	16	M25	Zach Cloe, 27, Cedar Rapids, IA	1:35:01	7:15
90	14	M30	Nate Cloe, 30, Des Moines, IA	1:35:01	7:15
91	17	M25	Joshua Kappelman, 28, Waterloo, IA	1:35:03	7:15
92	19	M20	Kurt Carney, 22, Ames, IA	1:35:05	7:15
93	20	M20	Stefan Jensen, 23, Iowa City, IA	1:35:20	7:16
94	18	M25	Adrian Stamper, 26, Des Moines, IA	1:35:30	7:17
95	15	M30	Matthew McDermott, 32, Johnston, IA	1:35:34	7:17
96	16	M30	Scott Heisler, 34, West Des Moines, IA	1:35:35	7:17
97	10	JrM	Sam Burt, 18, Des Moines, IA	1:35:36	7:18
98	3	M55	Mike Froehle, 55, Cedar Falls, IA	1:35:49	7:19
99	11	M40	Sean Larson, 44, Des Moines, IA	1:35:53	7:19
100	19	M25	Tony Ekman, 29, Des Moines, IA	1:35:58	7:19
101	12	M40	Patrick Dunn, 43, Norwalk, IA	1:36:04	7:20
14	3	W20	Katie Gaffney, 24*, Davenport, IA	1:36:26	7:21
102	17	M30	Jon Beeman, 32, Johnston, IA	1:36:36	7:22
103	9	M45	Todd Hauben, 46, Story City, IA	1:36:38	7:22
15	3	W25	Staci Springer, 29*, Story City, IA	1:36:40	7:22
104	10	M45	Joe Dupre, 46, Pella, IA	1:36:41	7:23
105	20	M25	Darin Schuknecht, 28, Ankeny, IA	1:36:44	7:23
106	18	M30	Ezra Hallam, 31, North Liberty, IA	1:36:48	7:23
107	11	M45	Jeff Perry, 49, Bondurant, IA	1:37:24	7:26
108	13	M40	Jeff Miller, 43, Davenport, IA	1:37:25	7:26
109	21	M20	Steve Eichenberger, 22, Ames, IA	1:37:28	7:26
110	12	M45	Troy Zeleznik, 47, West Des Moines, IA	1:37:40	7:27
111	22	M20	Tylor Schlader, 23, Des Moines, IA	1:37:41	7:27
112	19	M30	James Clevenger, 31, West Des Moines, IA	1:37:44	7:27
16	4	W40	Julia Bierhaus, 44*, Bettendorf, IA	1:37:48	7:28
113	21	M25	Brian Bjurstrom, 25, West Des Moines, IA	1:37:51	7:28
114	13	M45	Mark Hull, 49, Clarinda, IA	1:37:52	7:28
115	4	M50	Brad Nielsen, 51, Des Moines, IA	1:37:52	7:28
116	23	M20	Tom Hinkeldey, 23, Des Moines, IA	1:37:55	7:28
117	24	M20	Matt Heims, 21, Dyersville, IA	1:37:57	7:28
118	11	M35	John Reid Jr., 35, Iowa City, IA	1:38:02	7:29
17	4	W25	Desiree Naig, 25*, Bettendorf, IA	1:38:06	7:29
119	25	M20	Isaac Myers, 23, Indianapolis, IN	1:38:10	7:29
120	14	M40	David Reid, 43, Fairfax, IA	1:38:16	7:30
121	12	M35	Timothy Sean Hunsinger, 36, Chicago, IL	1:38:23	7:30
122	13	M35	Chad Roethler, 37, Urbandale, IA	1:38:25	7:31
123	4	M55	Dave Fitz, 55, Ames, IA	1:38:26	7:31
124	11	JrM	Derek Keast, 19, Altoona, IA	1:38:27	7:31
125	20	M30	Braydn Girdler, 34, Granger, IA	1:38:32	7:31
126	14	M35	Phil Waltermire, 38, Garwin, IA	1:38:37	7:31
127	5	M50	Allen Miller, 53, Ames, IA	1:38:45	7:32
128	21	M30	Thomas Lowe, 30, Washington, IA	1:38:48	7:32
129	6	M50	Tom Heuer, 52, Des Moines, IA	1:38:56	7:33
130	22	M30	Clint Stiles, 30, Grimes, IA	1:38:58	7:33
131	15	M40	Brett Shaffer, 43, West Des Moines, IA	1:39:00	7:33
132	22	M25	Justin Villere, 25, Des Moines, IA	1:39:04	7:33
133	15	M35	Paxton Bennett, 36, Des Moines, IA	1:39:10	7:34
134	16	M35	Adam Van Dike, 35, West Des Moines, IA	1:39:14	7:34
135	17	M35	Chad Bartholomew, 38, Des Moines, IA	1:39:15	7:34
136	1	M65	John Brown, 66, Kenyon, MN	1:39:17	7:34
18	1	W50	Tricia McClain, 53*, Altoona, IA	1:39:22	7:35
137	5	M55	Steven Sjolund, 59, Minneapolis, MN	1:39:26	7:35
138	23	M25	Kyle Springer, 28, Story City, IA	1:39:31	7:36
139	16	M40	Geoffrey Graham, 42, Waukee, IA	1:39:40	7:36
140	18	M35	Jason Johnson, 37, Moorhead, MN	1:39:41	7:36
141	7	M50	Pete Sandler, 54, West Des Moines, IA	1:39:44	7:37
142	24	M25	Nick Greb, 28, Windsor Heights, IA	1:39:45	7:37
19	5	W25	Carissa Laack, 25*, Des Moines, IA	1:39:46	7:37

143	26	M20	Jon Laack, 24, Des Moines, IA	1:39:46	7:37
144	19	M35	Jeremy Dunlavey, 35, Ankeny, IA	1:39:47	7:37
145	20	M35	Russ Flug, 35, Waukee, IA	1:39:50	7:37
146	14	M45	Mark Cooper, 47, Johnston, IA	1:39:52	7:37
	20	4	W20 Sara Eppley, 23*, Charles City, IA	1:39:52	7:37
147	25	M25	Beau Brink, 27, Cedar Rapids, IA	1:39:53	7:37
148	17	M40	Curt Jahde, 43, Anita, IA	1:39:59	7:38
149	27	M20	Andrew Odland, 24, Clarion, IA	1:40:02	7:38
150	28	M20	Jon Davies, 23, Coon Rapids, IA	1:40:03	7:38
	21	1	W45 Dana Kramer, 47*, Urbandale, IA	1:40:10	7:38
151	29	M20	Brett Larson, 24, Des Moines, IA	1:40:14	7:39
152	8	M50	Terry Looby, 53, Calmar, IA	1:40:14	7:39
153	18	M40	Mike Biegger, 40, Des Moines, IA	1:40:15	7:39
154	15	M45	Dan Kayser, 45, Des Moines, IA	1:40:19	7:39
155	1	M60	David Schulte, 63, Granger, IA	1:40:23	7:39
156	26	M25	Anthony Pudlo, 26, Arden, NC	1:40:25	7:40
	22	6	W25 Susie Dyck, 29*, Ankeny, IA	1:40:27	7:40
157	21	M35	Joe Nichols, 37, Dewitt, IA	1:40:33	7:40
158	2	M65	Bruce Mortenson, 66, Minnetonka, MN	1:40:35	7:40
	23	5	W20 Kelsey Davis, 20*, Ames, IA	1:40:41	7:41
159	30	M20	John Block, 24, Milwaukee, WI	1:40:43	7:41
160	23	M30	Wesley Cottier, 33, Boone, IA	1:40:46	7:41
161	6	M55	Brian Piper, 55, Western Springs, IL	1:40:48	7:41
162	27	M25	Sean Quinn, 29, Urbandale, IA	1:40:56	7:42
163	24	M30	Jay Rewerts, 31, Urbandale, IA	1:41:00	7:42
164	12	JrM	Joshua Kreinbring, 18, Des Moines, IA	1:41:00	7:42
	24	6	W20 Rachael Button, 24*, Ames, IA	1:41:01	7:42
	25	5	W40 Cindy Light, 44*, Perry, IA	1:41:04	7:43
165	9	M50	Tim Flowers, 52, Ankeny, IA	1:41:04	7:43
	26	7	W20 Kimberly Brown, 22*, Ames, IA	1:41:10	7:43
166	31	M20	Wally Hudyma, 22, Ames, IA	1:41:12	7:43
167	25	M30	Scott Koch, 32, West Des Moines, IA	1:41:14	7:43
168	22	M35	Jon Murphy, 39, Des Moines, IA	1:41:15	7:43
169	16	M45	Kim Wander, 48, West Union, IA	1:41:19	7:44
170	23	M35	Jason Hennessey, 37, Des Moines, IA	1:41:20	7:44
171	28	M25	Nick Reiter, 25, La Porte City, IA	1:41:27	7:44
	27	8	W20 Danielle Hodge, 22*, North Liberty, IA	1:41:28	7:44
	28	7	W25 Erin Jansen, 29*, Ankeny, IA	1:41:29	7:45
172	7	M55	Steve Fulton, 58, Whitten, IA	1:41:33	7:45
173	26	M30	Nick Woolsey, 31, Knoxville, IA	1:41:42	7:46
	29	6	W40 Kelly Sorensen, 40*, West Des Moines, IA	1:41:52	7:46
174	17	M45	Marcus Dunn, 46, Clive, IA	1:41:57	7:47
175	27	M30	Michael Morain, 31, Des Moines, IA	1:42:00	7:47
176	19	M40	Mike Jones, 43, Knoxville, IA	1:42:04	7:47
177	29	M25	Ryan McIntosh, 29, Urbandale, IA	1:42:09	7:48
	30	5	W30 Megan Davis-De Geus, 31*, Iowa City, IA	1:42:14	7:48
178	24	M35	C J. Lage, 36, Des Moines, IA	1:42:18	7:48
179	18	M45	Jeff Osmundson, 45, Pleasant Hill, IA	1:42:19	7:48
	31	6	W30 Audrey Bell, 30*, Polk City, IA	1:42:20	7:48
180	32	M20	Kevin Vaughn, 24, Ames, IA	1:42:24	7:49
	32	7	W30 Memory Eltjes, 30*, Urbandale, IA	1:42:31	7:49
181	10	M50	Kirk Jefson, 53, Forest City, IA	1:42:35	7:50
182	33	M20	Sam Jefson, 21, Forest City, IA	1:42:35	7:50
183	8	M55	Peter Percival, 56, Des Moines, IA	1:42:38	7:50
184	19	M45	Steve Sikkink, 49, Des Moines, IA	1:42:44	7:50
	33	2	W35 Carrie Van Quathem, 38*, Urbandale, IA	1:42:44	7:50
185	28	M30	Shawn Gilchrist, 33, Knoxville, IA	1:42:54	7:51
186	29	M30	Steven Zimmer, 34, Westwood, KS	1:43:05	7:52
187	34	M20	Matthew Hass, 24, Iowa City, IA	1:43:07	7:52
188	30	M25	Kevin Ablner, 29, Des Moines, IA	1:43:07	7:52
189	35	M20	Max Maher, 21, Des Moines, IA	1:43:15	7:53
190	25	M35	Jay Pennington, 38, Des Moines, IA	1:43:16	7:53
191	11	M50	Bruce Drummond, 52, Des Moines, IA	1:43:17	7:53
	34	3	W35 Molly Weber, 35*, Waukee, IA	1:43:25	7:53
192	12	M50	Bradford Groves, 50, Ashland, OH	1:43:31	7:54

193	20	M40	Phil Weber, 43, Norwalk, IA	1:43:37	7:54
35	8	W25	Michelle Isaacson, 26*, Des Moines, IA	1:43:48	7:55
194	9	M55	Michael Francis, 57, Waseca, MN	1:43:52	7:55
195	20	M45	Craig Ogilvie, 48, Ames, IA	1:43:54	7:56
36	7	W40	Mary Mouw, 40*, Des Moines, IA	1:43:54	7:56
37	9	W20	Emily Bohach, 22*, Ames, IA	1:43:58	7:56
38	9	W25	Esmie Holderman, 25*, Des Moines, IA	1:44:02	7:56
39	10	W20	Sarah Ellefson, 21*, Waverly, IA	1:44:02	7:56
196	36	M20	Ben Schwartzenburg, 23, Kelley, IA	1:44:06	7:57
197	10	M55	Brad Ewest, 56, Ankeny, IA	1:44:08	7:57
198	21	M45	Matt Brandt, 49, Cedar Rapids, IA	1:44:10	7:57
199	13	M50	Greg Courtney, 50, Ames, IA	1:44:13	7:57
200	30	M30	William Fenske, 33, Des Moines, IA	1:44:14	7:57
201	22	M45	Chuck Fritz, 45, Clive, IA	1:44:14	7:57
40	10	W25	McKinsey Gonder, 28*, Humboldt, IA	1:44:19	7:57
41	11	W25	Hedda Burnett, 28*, Ames, IA	1:44:19	7:57
42	12	W25	Stephanie R Beenken, 26*, Buckingham, IA	1:44:20	7:58
202	13	JrM	Jr Snyder, 15, Altoona, IA	1:44:24	7:58
43	13	W25	Maggie Meyer, 25*, Des Moines, IA	1:44:26	7:58
203	23	M45	Mark Iles, 47, Clive, IA	1:44:27	7:58
204	14	M50	Duke Reichardt, 51, Clive, IA	1:44:27	7:58
205	24	M45	James Demmel, 49, Marshalltown, IA	1:44:30	7:58
44	14	W25	Shanna Duffy, 27*, West Des Moines, IA	1:44:35	7:59
45	4	W35	Wendy Hanson, 37*, Urbandale, IA	1:44:42	7:59
206	21	M40	Eric Prosperi, 41, Johnston, IA	1:44:44	7:59
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46	11	W20	Ivy Elsbernd, 22*, Ames, IA	1:44:58	8:01
47	12	W20	Elise Elsbernd, 22*, Ames, IA	1:44:59	8:01
207	15	M50	Philip Becraft, 52, Ames, IA	1:44:59	8:01
208	26	M35	Benjamin Lacey, 35, Ankeny, IA	1:44:59	8:01
48	15	W25	Stephanie Gray, 27*, Ankeny, IA	1:45:01	8:01
209	31	M30	Jason Dreckman, 31, West Des Moines, IA	1:45:06	8:01
49	16	W25	Megan Koontz, 25*, Des Moines, IA	1:45:07	8:01
210	16	M50	Jerry Rank, 53, Des Moines, IA	1:45:08	8:01
211	22	M40	Dan Crew, 41, West Des Moines, IA	1:45:14	8:02
50	8	W30	Shannon Renze, 34*, Grinnell, IA	1:45:18	8:02
212	27	M35	John McConeghey, 38, Monroe, IA	1:45:18	8:02
51	5	W35	Jen Jacobsen, 36*, Grinnell, IA	1:45:22	8:02
52	17	W25	Bethany Cochran, 26*, Waukee, IA	1:45:23	8:02
53	18	W25	Theresa Bender, 25*, Bellevue, NE	1:45:23	8:02
213	32	M30	Michael O'Donnell, 31, West Des Moines, IA	1:45:25	8:03
214	28	M35	Dan Henderson, 39, Ankeny, IA	1:45:26	8:03
54	19	W25	Mindi Decker, 29*, Des Moines, IA	1:45:27	8:03
55	13	W20	Blythe Rolow, 23*, Fort Dodge, IA	1:45:27	8:03
56	9	W30	Shawna Stevenson, 31*, Kellogg, IA	1:45:34	8:03
215	17	M50	Marty Kenworthy, 51, West Des Moines, IA	1:45:39	8:04
216	25	M45	David Teachout, 49, Des Moines, IA	1:45:40	8:04
57	6	W35	Lori DeVries, 37*, Newton, IA	1:45:41	8:04
58	7	W35	Jennifer Imig, 36*, West Des Moines, IA	1:45:43	8:04
217	33	M30	Choua Sayaxang, 30, Pleasant Hill, IA	1:45:56	8:05
218	26	M45	Jeff Feder, 49, Norwalk, IA	1:45:57	8:05
219	27	M45	Kevin Allen, 49, Des Moines, IA	1:45:59	8:05
220	29	M35	Jason Hahn, 39, Des Moines, IA	1:46:01	8:05
221	30	M35	Timothy Gootee, 39, Urbandale, IA	1:46:03	8:05
222	31	M35	Wes Chaplin, 37, Pella, IA	1:46:04	8:06
223	23	M40	Jeff Blosser, 43, West Des Moines, IA	1:46:05	8:06
224	34	M30	Eric Recker, 32, Pella, IA	1:46:05	8:06
225	32	M35	Aaron Kelly, 35, Marion, IA	1:46:12	8:06
226	28	M45	Dave Lemons, 45, West Des Moines, IA	1:46:14	8:06
59	20	W25	Dana Flogel, 28*, West Des Moines, IA	1:46:16	8:06
227	24	M40	Scot Marcotte, 41, Barrington, IL	1:46:27	8:07
228	35	M30	Rob Wadle, 34, Clive, IA	1:46:29	8:07

229	29	M45	Daniel Bergman, 48, Ankeny, IA	1:46:38	8:08
60	21	W25	Darci Pratt, 27*, West Des Moines, IA	1:46:44	8:09
61	2	W50	Jeanne McCurnin, 54*, Mason City, IA	1:46:51	8:09
230	18	M50	William Smalley, 50, Waukee, IA	1:46:52	8:09
62	2	JrW	Emily Zipoy, 19*, Elgin, IL	1:47:01	8:10
231	30	M45	Stuart Ault, 45, Altoona, IA	1:47:06	8:10
232	31	M25	Jason Thrapp, 29, Ankeny, IA	1:47:07	8:10
233	25	M40	George Stock, 40, Ankeny, IA	1:47:14	8:11
234	3	M65	John Schneller, 66, West Des Moines, IA	1:47:14	8:11
235	31	M45	Joe Knight, 48, Spring Green, WI	1:47:18	8:11
63	8	W35	Anne Hilleman, 35*, Huxley, IA	1:47:20	8:11
236	33	M35	Pete Busch, 37, Conrad, IA	1:47:25	8:12
64	14	W20	Megan Roth, 23*, West Des Moines, IA	1:47:28	8:12
237	19	M50	Steven Falck, 52, Des Moines, IA	1:47:28	8:12
65	2	W45	Leah Tokheim, 46*, Johnston, IA	1:47:31	8:12
238	4	M65	Ron Bickel, 67, Pleasant Hill, IA	1:47:32	8:12
66	9	W35	Julie Perkins, 38*, Carroll, IA	1:47:35	8:12
239	11	M55	Paul Ruggle, 55, Newton, IA	1:47:39	8:13
240	37	M20	Brian Ruggle, 24, Iowa City, IA	1:47:39	8:13
241	26	M40	Rob Doheny, 44, Clive, IA	1:47:40	8:13
67	8	W40	Kristie Harrold, 41*, Waukee, IA	1:47:45	8:13
242	34	M35	Nick Villotti, 35, Urbandale, IA	1:47:53	8:14
243	38	M20	Andrew Holcombe, 21, Ames, IA	1:47:55	8:14
68	10	W35	Melissa Bruhl, 38*, Ankeny, IA	1:47:56	8:14
244	27	M40	Kenneth Overston, 42, Des Moines, IA	1:47:57	8:14
69	22	W25	Gina Jones, 25*, Pella, IA	1:48:00	8:14
245	32	M45	Kevin Wise, 48, Solon, IA	1:48:00	8:14
246	14	JrM	Tom Lensing, 16, Clive, IA	1:48:01	8:14
247	33	M45	Scott Boever, 49, Urbandale, IA	1:48:02	8:14
70	9	W40	Ellen Middleswart, 44*, Urbandale, IA	1:48:03	8:15
71	10	W40	Jennifer Smith, 40*, Waukee, IA	1:48:04	8:15
248	28	M40	Clark Mitchell, 41, Clive, IA	1:48:06	8:15
249	35	M35	Jason Pentico, 36, Pella, IA	1:48:11	8:15
72	23	W25	Calee Himes, 25*, Des Moines, IA	1:48:12	8:15
250	20	M50	Stewart Bjorgan, 52, St Paul, MN	1:48:14	8:15
251	1	M70	David Zimmer, 70, Long Grove, IA	1:48:20	8:16
73	24	W25	Allison Stanley, 28*, Waukee, IA	1:48:20	8:16
74	11	W40	Beth Palmer, 41*, Des Moines, IA	1:48:24	8:16
252	39	M20	Dustin Veldhuizen, 23, Oskaloosa, IA	1:48:25	8:16
75	11	W35	Cari Rosno, 35*, Des Moines, IA	1:48:26	8:16
253	36	M30	Andrew Moffitt, 32, Ankeny, IA	1:48:26	8:16
76	3	W50	Candy Mullen, 53*, Marion, IA	1:48:29	8:17
254	29	M40	Troy Kort, 40, West Des Moines, IA	1:48:34	8:17
77	10	W30	Aryn Flood, 30*, West Des Moines, IA	1:48:36	8:17
78	15	W20	Daniela Vigliotti, 23*, Iowa City, IA	1:48:37	8:17
255	40	M20	Jason Haase, 23, St Louis Park, MN	1:48:37	8:17
256	21	M50	Michael Wheelock, 54, Ames, IA	1:48:39	8:17
257	36	M35	Terry Hurlburt, 35, West Des Moines, IA	1:48:42	8:18
79	16	W20	Brittany Anderson, 23*, Maxwell, IA	1:48:43	8:18
80	3	JrW	Kyla Utegaard, 19*, Fairfield, IA	1:48:45	8:18
258	22	M50	Ed Harris, 52, Des Moines, IA	1:48:47	8:18
259	2	M60	Randall Wilson, 60, Des Moines, IA	1:48:49	8:18
260	37	M35	James Laughlin, 36, West Des Moines, IA	1:48:55	8:19
81	11	W30	Leah Vos, 31*, Altoona, IA	1:49:01	8:19
261	38	M35	Brent Osborne, 35, Des Moines, IA	1:49:01	8:19
262	37	M30	Conrad Hanson, 34, Urbandale, IA	1:49:03	8:19
263	39	M35	Jim Heidt, 38, West Des Moines, IA	1:49:03	8:19
264	34	M45	Tracy Hurt, 47, Creston, IA	1:49:05	8:19
265	40	M35	Brent Rickabaugh, 38, West Des Moines, IA	1:49:09	8:20
266	32	M25	Oliver Huntley, 25, Fairfield, IA	1:49:10	8:20
267	33	M25	Matt Oliver, 29, Milo, IA	1:49:11	8:20
82	17	W20	Brooke Youds, 24*, Vermillion, SD	1:49:12	8:20
268	23	M50	Mike Palmer, 51, Jefferson, IA	1:49:12	8:20
83	25	W25	Emily Perreault, 25*, Mt Vernon, IA	1:49:12	8:20

84	4	W50	Wilma Osmun, 50*, Creston, IA	1:49:16	8:20
269	30	M40	Matt Smith, 43, Ankeny, IA	1:49:27	8:21
270	38	M30	Nathan Hagberg, 30, Polk City, IA	1:49:31	8:21
271	39	M30	Matthew Fowler, 31, Des Moines, IA	1:49:31	8:21
272	12	M55	Mark Stelmacher, 56, West Des Moines, IA	1:49:32	8:21
85	12	W35	Tammy Gentry, 37*, Des Moines, IA	1:49:32	8:21
273	34	M25	Nick Kuennen, 29, Pella, IA	1:49:36	8:22
274	35	M25	Kale Halder, 25, West Des Moines, IA	1:49:37	8:22
275	41	M35	Matthew W Andres, 35, Ankeny, IA	1:49:39	8:22
86	26	W25	Erin Kean, 27*, Ankeny, IA	1:49:40	8:22
276	42	M35	Steve Tracy, 39, Johnston, IA	1:49:43	8:22
277	36	M25	Matt Hawkins, 26, Ames, IA	1:49:46	8:22
87	27	W25	Megan Franks, 27*, San Diego, CA	1:49:49	8:23
278	15	JrM	Seth Reeve, 18, Wayne, NE	1:49:56	8:23
279	43	M35	David Basile, 38, West Des Moines, IA	1:49:58	8:23
88	1	W55	Jane Wickman, 56*, Kellogg, IA	1:50:05	8:24
280	37	M25	Jimmy Vowell, 25, Des Moines, IA	1:50:09	8:24
89	18	W20	Krista Betten, 22*, Ames, IA	1:50:10	8:24
281	24	M50	Jon Jochims, 52, Marshalltown, IA	1:50:11	8:24
282	16	JrM	Patrick Poston, 19, Ames, IA	1:50:12	8:24
283	25	M50	Bruce Svodboda, 51, Glen Ellyn, IL	1:50:13	8:25
284	31	M40	Kent Bain, 44, West Des Moines, IA	1:50:21	8:25
285	40	M30	Todd Pederson, 30, Ankeny, IA	1:50:23	8:25
286	41	M30	Matt Lowe, 33, Cedar Falls, IA	1:50:25	8:25
287	35	M45	David Jass, 47, Ankeny, IA	1:50:26	8:25
288	44	M35	Chad Strauss, 37, Johnston, IA	1:50:28	8:26
90	13	W35	Stephanie Longnecker, 37*, Clive, IA	1:50:29	8:26
91	14	W35	Stacie Hatch, 37*, Urbandale, IA	1:50:35	8:26
289	38	M25	Richard Carlson, 25, Saint Paul, MN	1:50:35	8:26
290	45	M35	Rob Pollitt, 37, Cedar Rapids, IA	1:50:40	8:27
291	36	M45	Scott Newbury, 45, Waukee, IA	1:50:41	8:27
92	28	W25	Megan Osborn, 28*, Waukee, IA	1:50:44	8:27
93	12	W30	Jacqueline Selix, 32*, West Des Moines, IA	1:50:52	8:27
292	26	M50	John Meyer, 54, West Des Moines, IA	1:50:53	8:28
94	29	W25	Jocelyn Thuraton, 25*, Des Moines, IA	1:51:01	8:28
95	30	W25	Andrea Jansa, 25*, Des Moines, IA	1:51:02	8:28
96	12	W40	Andrea Corcoran, 41*, Des Moines, IA	1:51:02	8:28
293	32	M40	Randy Sutton, 43, Des Moines, IA	1:51:04	8:28
294	39	M25	David Titus, 28, Hartford, IA	1:51:07	8:29
295	27	M50	Mark Bohach, 53, Spillville, IA	1:51:09	8:29
97	3	W45	Amy Harris, 45*, Des Moines, IA	1:51:12	8:29
296	41	M20	Micheal Vander Hoek, 23, Iowa City, IA	1:51:13	8:29
297	40	M25	Katrina Fowler, 27, Des Moines, IA	1:51:16	8:29
298	46	M35	Cory Abbas, 37, Des Moines, IA	1:51:16	8:29
98	19	W20	Wendy Sloan, 21*, Waukee, IA	1:51:17	8:29
299	37	M45	Michael Zimmer, 49, Dewitt, IA	1:51:21	8:30
99	31	W25	Lauren Haakinson, 28*, Chicago, IL	1:51:21	8:30
300	33	M40	David Chicken, 42, Waukee, IA	1:51:23	8:30
301	47	M35	Ben Weers, 35, Polk City, IA	1:51:26	8:30
302	28	M50	Joseph Gobeli, 51, Altoona, IA	1:51:27	8:30
303	48	M35	Chad Gammon, 37, Cedar Rapids, IA	1:51:29	8:30
100	20	W20	Kellie Monaghan, 24*, Marion, IA	1:51:32	8:31
101	13	W30	Mitchell McGonigal, 33*, Hubbard, IA	1:51:35	8:31
304	38	M45	David Thayer, 45, Urbandale, IA	1:51:36	8:31
102	32	W25	Juliana Cordova, 25*, Des Moines, IA	1:51:36	8:31
103	33	W25	Jenna Hogan, 29*, Des Moines, IA	1:51:37	8:31
305	3	M60	Larry Walden, 63, Marshalltown, IA	1:51:40	8:31
306	41	M25	Andy Kucksdorf, 27, Aloona, IA	1:51:40	8:31
104	21	W20	Taylor Schaa, 22*, West Des Moines, IA	1:51:42	8:31
307	34	M40	Timothy Bergan, 44, Atlantic, IA	1:51:43	8:31
308	42	M25	Doug Vanwoert, 26, Urbandale, IA	1:51:44	8:31
105	5	W50	Kristy Cain, 50*, Urbandale, IA	1:51:45	8:32
309	42	M20	Jonathon Matula, 21, Ames, IA	1:51:50	8:32
106	13	W40	Marzia Benson, 41*, Des Moines, IA	1:51:52	8:32

310	29	M50	Allen Benson, 50, Ankeny, IA	1:51:53	8:32
311	35	M40	Jason Soliday, 42, West Des Moines, IA	1:51:53	8:32
312	43	M20	Jonathon Gregg, 24, Oskaloosa, IA	1:51:59	8:33
107	4	W45	Julie Marks, 45*, Des Moines, IA	1:52:02	8:33
313	36	M40	Kent Pollpeter, 42, West Des Moines, IA	1:52:05	8:33
314	49	M35	Heath Rhinehart, 37, Conrad, IA	1:52:08	8:33
108	34	W25	Jill Halter, 29*, Baxter, IA	1:52:15	8:34
109	35	W25	Laurel Hall, 27*, Iowa City, IA	1:52:17	8:34
315	5	M65	Clay Whiteis, 67, Dea Moines, IA	1:52:27	8:35
316	50	M35	Kalyan Venkatraman, 35, Johnston, IA	1:52:34	8:35
317	39	M45	James Arthur, 46, Des Moines, IA	1:52:34	8:35
110	2	W55	Elaine Van Dyck, 56*, Des Moines, IA	1:52:38	8:36
111	5	W45	Heather Stilborn, 47*, Clive, IA	1:52:44	8:36
112	14	W30	Mary Whtie, 32*, Johnston, IA	1:52:51	8:37
113	15	W35	Lisa Jenison, 38*, Ankeny, IA	1:52:54	8:37
318	51	M35	Jason Klein, 36, Des Moines, IA	1:53:01	8:37
319	43	M25	Caleb Beyer, 25, Bondurant, IA	1:53:08	8:38
320	42	M30	Heath Smith, 34, Des Moines, IA	1:53:11	8:38
114	22	W20	Sara Larson, 24*, West Des Moines, IA	1:53:12	8:38
115	23	W20	Katie Freeman, 24*, Iowa City, IA	1:53:22	8:39
116	14	W40	Kimberly Stewart, 41*, Des Moines, IA	1:53:25	8:39
117	36	W25	Mary Cownie, 29*, West Des Moines, IA	1:53:28	8:39
118	6	W50	Veronica Demmel, 54*, Marshalltown, IA	1:53:33	8:40
119	37	W25	Sarah Danik, 27*, Mason City, IA	1:53:45	8:41
321	30	M50	Tony Allison, 54, The Woodlands, TX	1:53:46	8:41
120	15	W30	Stacy Berenguel, 30*, Des Moines, IA	1:53:48	8:41
121	16	W30	Angela Oakie, 30*, Ankeny, IA	1:53:51	8:41
122	15	W40	Angie Rice, 42*, Urbandale, IA	1:53:53	8:41
322	44	M20	Ian Weller, 20, Waunakee, WI	1:53:53	8:41
323	37	M40	David Lake, 42, Altoona, IA	1:53:55	8:41
324	43	M30	Keith Anderson, 31, Pella, IA	1:53:56	8:41
325	52	M35	Dan Schriever, 35, Grimes, IA	1:53:58	8:42
123	16	W35	Colette Winget, 35*, Des Moines, IA	1:53:58	8:42
124	17	W30	Melissa Van Kooten, 30*, Altoona, IA	1:53:58	8:42
326	38	M40	Mike Eilers, 40, Indianola, IA	1:54:02	8:42
327	4	M60	Dale Andres, 62, West Des Moines, IA	1:54:05	8:42
328	5	M60	William Gray, 61, Searsboro, IA	1:54:06	8:42
329	39	M40	Craig Jackman, 43, Waukee, IA	1:54:07	8:42
330	44	M25	Tom Michels, 25, Des Moines, IA	1:54:07	8:42
125	38	W25	Kathryn Atkinson, 25*, Des Moines, IA	1:54:26	8:44
126	39	W25	Jacqueline Gunkel, 27*, Clive, IA	1:54:40	8:45
127	40	W25	Ashley Corkins, 27*, Columbus, NE	1:54:41	8:45
128	41	W25	Kathryn Sandie, 28*, Waukee, IA	1:54:42	8:45
331	45	M25	Jonathan Wang, 28, Urbandale, IA	1:54:46	8:45
332	40	M45	Gary Thompson, 45, Urbandale, IA	1:54:47	8:45
333	41	M45	Bryan Litscher, 47, West Des Moines, IA	1:54:55	8:46
334	13	M55	Tom Tecklenburg, 55, Humboldt, IA	1:54:56	8:46
129	6	W45	Becky Nichols, 49*, Des Moines, IA	1:54:58	8:46
130	7	W45	Brenda Bright, 49*, Ames, IA	1:54:58	8:46
335	40	M40	Greg Schenck, 44, Waukee, IA	1:55:01	8:46
131	17	W35	Julie Jones, 38*, Sully, IA	1:55:11	8:47
336	53	M35	Ben Trannel, 37, West Des Moines, IA	1:55:13	8:47
337	31	M50	Christopher Delaney, 50, Ames, IA	1:55:15	8:48
338	54	M35	Kent Altena, 38, Polk City, IA	1:55:17	8:48
132	42	W25	Jaime Longenecker, 27*, Johnston, IA	1:55:20	8:48
339	44	M30	Nick Roerig, 31, West Des Moines, IA	1:55:23	8:48
133	16	W40	Diane Nelson, 44*, Ankeny, IA	1:55:24	8:48
340	45	M30	Andrew Fogle, 31, Des Moines, IA	1:55:24	8:48
134	24	W20	Kayla Hanson, 22*, Ames, IA	1:55:25	8:48
135	25	W20	Tracy Lindquist, 23*, Ames, IA	1:55:25	8:48
341	32	M50	Joe Henry, 53, Des Moines, IA	1:55:27	8:48
342	55	M35	Perry Xu, 39, Clive, IA	1:55:30	8:49
343	41	M40	Shawn Nelson, 44, Ankeny, IA	1:55:32	8:49
344	42	M40	James Beal, 40, Urbandale, IA	1:55:44	8:50
345	43	M40	Ronald Cooke, 42, Minneapolis, MN	1:55:45	8:50



346	56	M35	Steve Helm, 39, Clive, IA	1:55:47	8:50
347	44	M40	Brad Buck, 41, Urbandale, IA	1:55:48	8:50
136	43	W25	Kristi Warren, 29*, Huxley, IA	1:55:51	8:50
348	46	M30	Andrew Spence, 33, Wheaton, IL	1:55:52	8:50
349	47	M30	John Myers, 32, Minneapolis, MN	1:55:54	8:50
137	7	W50	Peggy Bailey, 51*, Muscatine, IA	1:55:55	8:51
138	44	W25	Zoe Quirk, 26*, Ames, IA	1:55:56	8:51
139	18	W30	Kristina Storm, 34*, Des Moines, IA	1:55:57	8:51
350	48	M30	Adam Hermsen, 31, Marion, IA	1:56:04	8:51
351	14	M55	Jeffrey Pile, 56, Albany, MO	1:56:04	8:51
352	45	M40	Brad Lenz, 42, Ames, IA	1:56:08	8:52
140	8	W45	Carol Litscher, 49*, West Des Moines, IA	1:56:08	8:52
353	33	M50	Kevin Emge, 50, Grinnell, IA	1:56:13	8:52
141	17	W40	Ranea Rehse, 41*, Ida Grove, IA	1:56:14	8:52
354	46	M40	Curt Zepeda, 40, Des Moines, IA	1:56:16	8:52
142	18	W40	Jen Fejfar, 40*, Clive, IA	1:56:20	8:52
143	18	W35	Meghan Schumacker, 35*, Bondurant, IA	1:56:23	8:53
144	8	W50	Deb Sharp, 51*, Ankeny, IA	1:56:25	8:53
355	42	M45	Mark Rocarek, 45, Vinton, IA	1:56:25	8:53
145	26	W20	Ashley Smith, 24*, Des Moines, IA	1:56:30	8:53
356	17	JrM	Peter Schulte, 19, Des Moines, IA	1:56:30	8:53
146	27	W20	Annie Wetz, 23*, Overland Park, KS	1:56:30	8:53
357	43	M45	Dave Kester, 46, Urbandale, IA	1:56:31	8:53
147	28	W20	Jessica Larson, 20*, Clear Lake, IA	1:56:34	8:54
358	47	M40	Sean Schaben, 44, Johnston, IA	1:56:35	8:54
359	44	M45	Bryan Reicks, 45, Newton, IA	1:56:38	8:54
360	57	M35	Matthew Ferring, 37, Des Moines, IA	1:56:39	8:54
361	45	M45	David Desing, 47, Urbandale, IA	1:56:39	8:54
148	45	W25	Tara Scroggin, 28*, Lenexa, KS	1:56:40	8:54
149	46	W25	Stephanie Majeran, 26*, Iowa City, IA	1:56:42	8:54
150	9	W45	Dawn Wellman, 46*, Johnston, IA	1:56:44	8:54
151	19	W35	Laura Bridgeman, 36*, Des Moines, IA	1:56:45	8:54
152	4	JrW	Rachel Bratek, 19*, Ames, IA	1:56:46	8:54
362	58	M35	Troy Morris, 38, Altoona, IA	1:56:47	8:55
363	45	M20	Joey Verrant, 21, Ames, IA	1:56:58	8:55
364	49	M30	Lee Simmons, 33, West Des Moines, IA	1:56:58	8:55
365	46	M45	David Kent, 49, Des Moines, IA	1:56:59	8:55
366	50	M30	Asween Mallick, 31, Des Moines, IA	1:57:01	8:56
153	20	W35	Tammy Mickey, 37*, Melcher, IA	1:57:03	8:56
367	51	M30	Gary Dickey, 32, Des Moines, IA	1:57:09	8:56
368	59	M35	Clint Jones, 35, West Des Moines, IA	1:57:12	8:56
154	19	W40	Kari Drake, 40*, West Des Moines, IA	1:57:16	8:57
369	46	M25	Chris Langpaul, 27, West Des Moines, IA	1:57:27	8:58
155	21	W35	Melissa Murphy, 35*, Van Meter, IA	1:57:35	8:58
370	34	M50	Galyn Wiemers, 50, West Des Moines, IA	1:57:38	8:58
371	46	M20	Kyle Hoehns, 21, Iowa City, IA	1:57:45	8:59
372	15	M55	Brad Shipman, 55, Altoona, IA	1:57:50	8:59
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157	5	JrW	Kate Schmerbach, 19*, Ames, IA	1:57:56	9:00
158	47	W25	Sarah Paisley, 28*, Council Bluffs, IA	1:57:58	9:00
159	10	W45	Michelle Mullin, 45*, Clive, IA	1:57:58	9:00
160	11	W45	Laura Thomas, 45*, West Des Moines, IA	1:57:58	9:00
373	35	M50	Paul Kruse, 52, Granger, IA	1:58:02	9:00
161	20	W30	Angie Hunt, 34*, Ames, IA	1:58:07	9:01
162	48	W25	Julie Kistenmacher, 27*, Urbandale, IA	1:58:08	9:01
374	47	M45	Michael Boyle, 49, Ankeny, IA	1:58:10	9:01
375	16	M55	David Swenson, 55, Ames, IA	1:58:18	9:02
163	20	W40	Karmel Sueppel, 41*, West Des Moines, IA	1:58:19	9:02
376	48	M45	Kevin Krause, 49, West Des Moines, IA	1:58:33	9:03
377	49	M45	James Bice, 46, Norwalk, IA	1:58:33	9:03
164	9	W50	Rhonda Callison, 52*, Oskaloosa, IA	1:58:36	9:03
378	18	JrM	Samuel Lynch, 14, Charles City, IA	1:58:38	9:03
165	21	W40	Dee Dee Janssen, 44*, Ankeny, IA	1:58:40	9:03

379	47	M25	Jake Thorud, 26, West Des Moines, IA	1:58:41	9:03
166	10	W50	Kimberly Haines, 51*, Oskaloosa, IA	1:58:42	9:03
167	3	W55	Barbara Wheelock, 58*, Ames, IA	1:58:56	9:04
380	47	M20	Dustin Shannon, 23, West Des Moines, IA	1:59:01	9:05
381	17	M55	John Vujnovich, 55, Des Moines, IA	1:59:02	9:05
168	22	W40	Rachelle Adams, 43*, Earlham, IA	1:59:02	9:05
169	23	W40	Amy Homan, 43*, Cedar Rapids, IA	1:59:03	9:05
382	52	M30	Joshua Eaton, 30, Cedar Rapids, IA	1:59:04	9:05
170	4	W55	Theresa Finnegan, 55*, Des Moines, IA	1:59:06	9:05
171	12	W45	Annette Krause, 48*, West Des Moines, IA	1:59:07	9:05
383	36	M50	Del Christensen, 50, Adel, IA	1:59:16	9:06
384	48	M25	Elizabeth Burt, 28, Des Moines, IA	1:59:19	9:06
385	53	M30	Brandon Eighmy, 30, Osceola, IA	1:59:20	9:06
172	13	W45	Teri Feldmann, 49*, Des Moines, IA	1:59:22	9:06
386	37	M50	Doug Lockwood, 54, Storm Lake, IA	1:59:29	9:07
173	22	W35	Annika Cornelisse, 38*, Des Moines, IA	1:59:40	9:08
174	24	W40	Mindee Jensen, 43*, Ankeny, IA	1:59:41	9:08
175	21	W30	Heidi Anhalt, 32*, Cedar Rapids, IA	1:59:41	9:08
387	38	M50	James Fuller, 51, Marshalltown, IA	1:59:43	9:08
388	48	M40	Scott Meador, 41, Solon, IA	1:59:46	9:08
389	49	M25	Corey Dossett, 25, Milwaukee, WI	1:59:50	9:09
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391	6	M65	Robert Kaldenberg, 69, Winterset, IA	1:59:59	9:09
392	50	M25	Alex Munns, 25, Chicago, IL	2:00:05	9:10
176	29	W20	Sarah Minkus, 24*, Chicago, IL	2:00:06	9:10
393	48	M20	Thomas Stiefel, 23, Iowa City, IA	2:00:08	9:10
177	14	W45	Deb Pape, 46*, Des Moines, IA	2:00:12	9:10
394	50	M45	Scott Dean, 46, Des Moines, IA	2:00:14	9:10
395	60	M35	Casey Niemann, 36, Waukee, IA	2:00:16	9:11
396	51	M45	Rick Krause, 49, West Des Moines, IA	2:00:17	9:11
178	49	W25	Amanda Moore, 29*, Bellevue, NE	2:00:18	9:11
397	61	M35	Carl Noftsgger, 36, Altoona, IA	2:00:24	9:11
398	50	M40	Martin Gay, 44, Ankeny, IA	2:00:26	9:11
179	50	W25	Dena Sample, 27*, West Des Moines, IA	2:00:28	9:11
399	51	M25	Christopher Moorhead, 26, Grimes, IA	2:00:30	9:12
400	39	M50	Rick Ertz, 54, Ames, IA	2:00:36	9:12
180	30	W20	Lindsey McKinley, 24*, Waterloo, IA	2:00:38	9:12
401	51	M40	Peter Fix, 40, Indianola, IA	2:00:40	9:12
181	11	W50	D. Peterson, 52*, Grimes, IA	2:00:42	9:12
182	22	W30	Amy Hutchins, 33*, Des Moines, IA	2:00:43	9:13
402	52	M40	Larry Gaston, 43, Des Moines, IA	2:00:48	9:13
183	15	W45	Deb Conlon, 47*, Urbandale, IA	2:00:55	9:13
403	52	M45	Bill Olson, 45, Urbandale, IA	2:00:55	9:13
184	23	W30	Kristine Forret, 31*, Des Moines, IA	2:00:56	9:14
404	52	M25	Jordon Folkers, 25, Davenport, IA	2:00:59	9:14
185	51	W25	Kelli Erps, 28*, Des Moines, IA	2:01:14	9:15
186	52	W25	Katie Tushaus, 25*, West Des Moines, IA	2:01:19	9:15
187	31	W20	Kristen Jasiewicz, 23*, Clive, IA	2:01:24	9:16
405	53	M25	Todd Slaymaker, 27, Des Moines, IA	2:01:24	9:16
188	53	W25	Shenna Storr, 28*, Alexander, IA	2:01:29	9:16
189	23	W35	Ana Allen, 37*, West Des Moines, IA	2:01:32	9:16
190	16	W45	Susan Knight, 46*, Spring Green, WI	2:01:33	9:16
191	32	W20	Michelle Monson, 24*, Ames, IA	2:01:36	9:17
406	6	M60	Keevin Koch, 61, Fairfield, IA	2:01:36	9:17
407	53	M40	Rod Haws, 43, Ankeny, IA	2:01:40	9:17
192	54	W25	Lauren Gomez, 26*, West Des Moines, IA	2:01:47	9:17
408	54	M40	Edward Kempf, 41, Des Moines, IA	2:01:52	9:18
193	25	W40	Tami Westhoff, 40*, Marion, IA	2:01:56	9:18
409	7	M60	Larry Abbas, 60, Olive Branch, MS	2:01:57	9:18
410	40	M50	David Coyne, 53, St. Paul, MN	2:02:09	9:19
411	49	M20	Freddy Witarsa, 24, Des Moines, IA	2:02:11	9:19
412	18	M55	Mark Ramsey, 58, Cedar Rapids, IA	2:02:29	9:21
194	26	W40	Karen Chicken, 42*, Waukee, IA	2:02:34	9:21
413	53	M45	Jeff Beal, 49, Albia, IA	2:02:36	9:21
195	55	W25	Lani Hefel, 25*, Clive, IA	2:02:36	9:21

414	62	M35	Todd Ratliff, 37, Albia, IA	2:02:37	9:21
196	56	W25	Emily Frana, 28*, Clive, IA	2:02:41	9:22
415	19	M55	Bill Wedeking, 55, Des Moines, IA	2:02:44	9:22
197	33	W20	Jackie Long, 22*, West Des Moines, IA	2:02:47	9:22
198	34	W20	Jessica Zimmer, 22*, Dewitt, IA	2:02:48	9:22
416	63	M35	Jesse Gomez, 36, West Des Moines, IA	2:02:52	9:22
199	17	W45	Jill Wanninger, 45*, Jefferson, IA	2:02:52	9:22
417	50	M20	Benjamin Fenton, 21, Ames, IA	2:02:57	9:23
418	41	M50	Kirk Reeder, 50, Ankeny, IA	2:03:01	9:23
419	51	M20	Glenn Martin, 21, Iowa City, IA	2:03:02	9:23
200	6	JrW	Kayla Becraft, 19*, Ames, IA	2:03:03	9:23
201	27	W40	Mary Ducar, 40*, Ankeny, IA	2:03:09	9:24
420	20	M55	Paul James, 56, Stanley, IA	2:03:10	9:24
202	35	W20	Joy Horstman, 23*, Des Moines, IA	2:03:12	9:24
203	36	W20	Cassie Huizenga, 22*, Des Moines, IA	2:03:12	9:24
204	57	W25	Andrea Meyer, 28*, West Des Moines, IA	2:03:23	9:25
205	24	W35	Irene Castellano, 36*, West Des Moines, IA	2:03:24	9:25
206	37	W20	Jennifer Lose, 24*, Des Moines, IA	2:03:29	9:25
207	38	W20	Allie Marr, 23*, Des Moines, IA	2:03:29	9:25
208	24	W30	Anne Musgrave, 30*, Des Moines, IA	2:03:37	9:26
421	54	M30	Ryan Kramer, 31, Des Moines, IA	2:03:37	9:26
422	42	M50	John Curtin, 54, Des Moines, IA	2:03:38	9:26
423	43	M50	Charles Nixon, 52, Coon Rapids, IA	2:03:41	9:26
209	58	W25	Robin Greenlee, 29*, Ames, IA	2:03:42	9:26
210	39	W20	Katelyn Moore, 24*, West Des Moines, IA	2:03:44	9:26
424	54	M25	Justin WiIg, 28, West Des Moines, IA	2:03:44	9:26
425	55	M30	Dan Drefke, 34, Ankeny, IA	2:03:46	9:27
211	18	W45	Kary Austin, 47*, Grimes, IA	2:03:50	9:27
426	21	M55	Lew Schaefer, 58, Norwalk, IA	2:03:55	9:27
212	25	W35	Angie Cook, 39*, Clive, IA	2:03:59	9:28
213	26	W35	Lauri Sundo, 38*, Waukee, IA	2:04:02	9:28
427	64	M35	Alexander Tischuk, 39, Tipton, IA	2:04:10	9:28
428	55	M40	Randy Pickard, 43, Des Moines, IA	2:04:25	9:29
214	59	W25	Theresa Wells, 28*, Urbandale, IA	2:04:26	9:30
429	52	M20	Spencer Hill, 22, Burlington, IA	2:04:27	9:30
215	40	W20	Ann Hull, 22*, Burlington, IA	2:04:27	9:30
216	41	W20	Allison Schomberg, 22*, Iowa City, IA	2:04:32	9:30
217	12	W50	Julia Batten, 54*, Carlisle, IA	2:04:33	9:30
218	25	W30	Kerrie Bernstein, 34*, Altoona, IA	2:04:36	9:30
219	42	W20	Kristen Westergaard, 23*, Ames, IA	2:04:39	9:31
430	54	M45	Scott Vermillion, 47, Ankeny, IA	2:04:39	9:31
220	43	W20	Emily Morse, 22*, Bettendorf, IA	2:04:45	9:31
221	26	W30	Janet Potter, 34*, Jewell, IA	2:05:02	9:32
222	28	W40	Shanda Abbott, 40*, Ankeny, IA	2:05:31	9:35
431	65	M35	Matt Smith, 37, Johnston, IA	2:05:40	9:35
432	66	M35	Daniel Lagrange, 39, West Des Moines, IA	2:05:43	9:35
433	53	M20	Nick VanMeter, 22, Clive, IA	2:05:52	9:36
434	55	M45	John Feehan, 49, Mt Pleasant, IA	2:05:53	9:36
435	44	M50	Bob George, 54, Iowa City, IA	2:05:59	9:37
436	55	M25	Dmitriy Nanaziashvili, 28, Waukee, IA	2:06:05	9:37
437	19	JrM	Alexander Jacobs, 17, West Des Moines, IA	2:06:11	9:38
223	27	W35	Jennifer Jacobs, 38*, West Des Moines, IA	2:06:12	9:38
438	67	M35	David Reis, 37, Carroll, IA	2:06:13	9:38
224	28	W35	Barb Greer, 37*, Kellogg, IA	2:06:18	9:38
439	56	M45	David Mens, 48, Nevada, IA	2:06:21	9:38
225	60	W25	Nicole Winebrenner, 26*, Des Moines, IA	2:06:32	9:39
440	54	M20	Nathan Boettcher, 22, Waukee, IA	2:06:35	9:39
226	44	W20	Emily Dague, 22*, Iowa City, IA	2:06:35	9:39
441	56	M40	Thomas Ward, 43, Chicago, IL	2:06:41	9:40
442	57	M40	Eddie Abbott, 40, Van Meter, IA	2:06:44	9:40
443	55	M20	Brock Reiter, 23, Ames, IA	2:06:47	9:40
444	45	M50	Steve Kenkel, 54, Toledo, IA	2:06:50	9:41

445	22	M55	Kevin Shay, 56, Urbandale, IA	2:06:52	9:41
227	45	W20	Katie Luzum, 22*, Fort Atkinson, IA	2:06:53	9:41
228	29	W35	Susan Harris, 35*, West Des Moines, IA	2:06:53	9:41
229	27	W30	Christine Bruin, 33*, Anoka, MN	2:06:57	9:41
446	23	M55	Thomas Phillips, 59, West Des Moines, IA	2:06:57	9:41
447	46	M50	Jeff Seals, 50, Newton, IA	2:07:02	9:41
230	29	W40	Kimberly Huegerich, 40*, Jewell, IA	2:07:06	9:42
231	61	W25	Ashley Cox, 26*, West Des Moines, IA	2:07:14	9:42
232	28	W30	Whitney Smith, 32*, Altoona, IA	2:07:14	9:42
448	68	M35	Peter Molgaard, 36, Anita, IA	2:07:17	9:43
233	30	W35	Jennifer Van Houten, 37*, Ankeny, IA	2:07:18	9:43
234	46	W20	Katie Norris, 22*, Des Moines, IA	2:07:19	9:43
235	47	W20	Madeline Emmerson, 22*, Burlington, IA	2:07:29	9:44
236	48	W20	Jessica Reisig, 20*, Des Moines, IA	2:07:34	9:44
237	49	W20	Monica Papuga, 20*, Des Moines, IA	2:07:34	9:44
238	62	W25	Jamie Remppe, 27*, West Des Moines, IA	2:07:34	9:44
239	31	W35	Robyn Griffiths, 38*, Ottumwa, IA	2:07:43	9:45
240	30	W40	Lora Ault, 44*, Altoona, IA	2:07:55	9:46
241	19	W45	Jenny Jones, 47*, Ottumwa, IA	2:07:55	9:46
242	29	W30	Lydia Hol, 33*, Des Moines, IA	2:08:01	9:46
449	69	M35	Ahmed Choudhury, 38, Ankeny, IA	2:08:04	9:46
450	56	M30	Eric Wieland, 34, Des Moines, IA	2:08:06	9:46
451	70	M35	John Brehm, 39, West Des Moines, IA	2:08:07	9:46
452	58	M40	Wes Breckenridge, 42, Newton, IA	2:08:09	9:47
243	20	W45	Deb Michaels, 46*, Pella, IA	2:08:18	9:47
453	47	M50	Chuck Shives, 51, West Des Moines, IA	2:08:20	9:47
244	50	W20	Sophie Metcalf, 20*, Pella, IA	2:08:22	9:48
245	32	W35	Jenny Peterson, 35*, Waukee, IA	2:08:27	9:48
454	56	M20	Ryan Sturms, 24, Ames, IA	2:08:31	9:48
455	71	M35	Angel Hernandez, 37, Des Moines, IA	2:08:35	9:49
246	13	W50	Susan Clarity, 54*, Milford, IA	2:08:39	9:49
456	72	M35	Jason Walter, 35, Saint Louis, MO	2:08:43	9:49
457	73	M35	Delsin Knowler, 39, Grimes, IA	2:08:43	9:49
458	57	M30	Christopher Barnes, 34, Milwaukee, WI	2:08:53	9:50
247	33	W35	Jennifer Cottier, 37*, Boone, IA	2:09:14	9:52
459	57	M45	Lyndon Johnson, 46, Conrad, IA	2:09:15	9:52
460	48	M50	Jack Siemieniec, 54, Des Moines, IA	2:09:15	9:52
248	63	W25	Lacy Sprung, 28*, West Des Moines, IA	2:09:17	9:52
249	34	W35	Kristen Kaser, 36*, Des Moines, IA	2:09:17	9:52
250	30	W30	Nariza Nunez, 34*, Pella, IA	2:09:23	9:52
461	7	M65	Bill Lawless, 67, Des Moines, IA	2:09:28	9:53
251	64	W25	Lindsey Kauffman, 26*, Des Moines, IA	2:09:30	9:53
252	5	W55	Pamela Woods, 55*, Janesville, IA	2:09:32	9:53
253	14	W50	Linda Duba, 53*, Sioux Falls, SD	2:09:42	9:54
254	31	W40	Jody Haws, 43*, Ankeny, IA	2:09:47	9:54
462	49	M50	Kevin Huerkamp, 51, Clive, IA	2:09:50	9:54
255	51	W20	Morgan Johnson, 22*, West Des Moines, IA	2:10:03	9:55
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257	35	W35	Dawn Taute, 38*, Paton, IA	2:10:20	9:57
258	16	W50	Faith Zellweger, 50*, Prescott, IA	2:10:29	9:57
259	32	W40	Michelle Bunkers, 40*, Des Moines, IA	2:10:33	9:58
463	57	M20	Nicholas Carlblom, 21, Des Moines, IA	2:10:34	9:58
260	65	W25	Genevieve DuBois, 25*, Ames, IA	2:10:37	9:58
261	52	W20	Stephanie Burns, 21*, Cedar Falls, IA	2:10:41	9:58
262	36	W35	Staci Kadolph, 36*, Ankeny, IA	2:10:45	9:58
263	53	W20	Liz Clift, 24*, Ames, IA	2:10:46	9:59
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267	32	W30	Gina Swanson, 31*, West Des Moines, IA	2:11:39	10:03
268	67	W25	Amy Bear, 25*, Ankeny, IA	2:11:43	10:03
465	74	M35	Alan Schmidt, 37, Marion, IA	2:11:46	10:03

269	37	W35	Cheri Schmidt, 38*, Marion, IA	2:11:46	10:03
466	50	M50	Mike Shepard, 54, Rochester, MN	2:11:50	10:03
270	38	W35	Jennifer Kueper, 36*, Johnston, IA	2:11:51	10:04
271	39	W35	Heather Schebel, 36*, West Des Moines, IA	2:11:51	10:04
272	68	W25	Meredith Baker, 25*, Ames, IA	2:12:18	10:06
273	69	W25	Sheena Banks, 28*, Des Moines, IA	2:12:22	10:06
274	33	W30	Molly Perkins, 33*, Sioux Falls, SD	2:12:24	10:06
467	20	JrM	Nickolas Shell, 19, Ames, IA	2:12:26	10:06
275	34	W30	Megan Flynn, 32*, Des Moines, IA	2:12:29	10:06
468	51	M50	Praveen Prasad, 54, Clive, IA	2:12:30	10:07
469	58	M45	Keith Light, 46, Perry, IA	2:12:35	10:07
470	24	M55	Brent Cooper, 55, Urbandale, IA	2:12:36	10:07
276	40	W35	Nicole Snow, 38*, Milford, IA	2:12:36	10:07
471	56	M25	Jeff Thibadeau, 25, West Des Moines, IA	2:12:38	10:07
277	35	W30	Rachel Andrews, 34*, West Des Moines, IA	2:12:46	10:08
278	1	W60	Patricia Goodwin, 63*, Minneapolis, MN	2:12:49	10:08
279	70	W25	Annie Buchmiller, 28*, Ankeny, IA	2:12:50	10:08
472	57	M25	Yoshihiro Ozaki, 27, Des Moines, IA	2:12:52	10:08
280	36	W30	Shelby Cork, 34*, West Des Moines, IA	2:12:59	10:09
281	54	W20	Keri Bendell, 23*, Ames, IA	2:13:22	10:10
473	21	JrM	Alek Grau, 11, West Des Moines, IA	2:13:30	10:11
474	59	M40	Jeff Collum, 41, West Des Moines, IA	2:13:30	10:11
282	41	W35	Kimberly Sapp, 39*, Des Moines, IA	2:13:34	10:11
475	75	M35	Joseph Hanson, 39, Des Moines, IA	2:13:35	10:11
476	76	M35	Corey Long, 38, Nevada, IA	2:14:12	10:14
283	37	W30	Jennifer Girdler, 34*, Granger, IA	2:14:24	10:15
284	17	W50	Elizabeth Deatsch, 54*, Mystic, IA	2:14:34	10:16
477	59	M20	Dustin Hockman, 24, West Des Moines, IA	2:14:40	10:16
285	42	W35	Melissa Hansen, 35*, Waukee, IA	2:14:43	10:17
286	71	W25	Katrina Schultz, 28*, West Des Moines, IA	2:14:56	10:18
287	6	W55	Barb Mitchell, 55*, West Des Moines, IA	2:15:01	10:18
288	72	W25	Lisa Bunnell, 27*, Cedar Rapids, IA	2:15:04	10:18
478	22	JrM	Hank Weresh, 11, Clive, IA	2:15:16	10:19
479	59	M45	Matthew Weresh, 45, Clive, IA	2:15:17	10:19
480	8	M65	Noel Johnson, 67, Denison, IA	2:15:17	10:19
289	33	W40	Melissa Weresh, 43*, Clive, IA	2:15:18	10:19
290	55	W20	Amy Locher, 24*, Coralville, IA	2:15:21	10:20
291	73	W25	Stacey Cole, 26*, Bloomfield, IA	2:15:24	10:20
481	8	M60	Tim Devick, 60, Urbandale, IA	2:15:28	10:20
292	74	W25	Sheri Bernardy, 28*, Grimes, IA	2:15:31	10:20
293	75	W25	Kristina Bugg, 29*, West Des Moines, IA	2:15:40	10:21
294	38	W30	Kelsey Marske, 30*, Shawnee, KS	2:15:40	10:21
295	43	W35	Beth Jebens, 36*, Des Moines, IA	2:15:41	10:21
296	44	W35	Jana Zubrick, 35*, Des Moines, IA	2:15:43	10:21
297	56	W20	Chelsea Reinhard, 22*, Ames, IA	2:15:55	10:22
482	77	M35	Jeff Charlson, 39, Johnston, IA	2:15:59	10:22
483	60	M40	Steve Wadstrom, 41, Altoona, IA	2:16:02	10:23
484	52	M50	Tom Kehoe, 53, Windsor Heights, IA	2:16:14	10:24
298	57	W20	Kelly Schifsky, 24*, Des Moines, IA	2:16:14	10:24
485	58	M25	Ryan Coenen, 25, Atlantic, IA	2:16:17	10:24
299	76	W25	Jasmine Gambrall, 27*, Windsor Heights, IA	2:16:39	10:26
486	59	M25	Ryan Mertens, 27, West Des Moines, IA	2:16:50	10:26
300	2	W60	Catherine Smith, 61*, West Des Moines, IA	2:17:06	10:28
301	39	W30	Heather Droppert, 30*, Urbandale, IA	2:17:13	10:28
302	77	W25	Hannah Riggin, 28*, Ruston, LA	2:17:14	10:28
303	22	W45	Cindy Baddeloo, 48*, West Des Moines, IA	2:17:58	10:32
304	7	JrW	Hannah Forsythe, 18*, Pella, IA	2:18:15	10:33
305	23	W45	Lori Forsythe, 48*, Pella, IA	2:18:15	10:33
487	53	M50	Marty Kalton, 51, Des Moines, IA	2:18:27	10:34
306	45	W35	Jenn Sands, 35*, Clarinda, IA	2:18:36	10:34
307	40	W30	Kathleen Lacey, 34*, Ankeny, IA	2:18:38	10:35

308	41	W30	Liz Timmerman, 30*, Nodaway, IA	2:18:39	10:35
309	78	W25	Melissa Keller, 29*, Des Moines, IA	2:18:55	10:36
310	58	W20	Ashley Gulvik, 21*, Madison, WI	2:18:56	10:36
488	61	M40	Kumaresan Subramani, 41, Urbandale, IA	2:19:08	10:37
311	24	W45	Debora Christensen, 48*, Adel, IA	2:19:11	10:37
312	42	W30	Dawn Frederickson, 34*, Lino Lakees, MN	2:19:14	10:37
313	18	W50	Jaci Thorson, 52*, Forest City, IA	2:19:36	10:39
314	46	W35	Rebecca May, 39*, Forest City, IA	2:19:36	10:39
315	47	W35	Julie Andrews, 38*, Waukee, IA	2:19:47	10:40
489	9	M60	Gerald Dewald, 60, West Des Moines, IA	2:20:00	10:41
490	25	M55	Donald Cox, 55, West Des Moines, IA	2:20:02	10:41
316	79	W25	Dainna Bartness, 29*, Stillwater, MN	2:20:21	10:42
317	3	W60	Joan Meyer, 61*, Escondido, CA	2:20:22	10:42
318	48	W35	Abbey Robertson, 36*, Des Moines, IA	2:20:22	10:43
491	23	JrM	Sean Shafer, 19, Des Moines, IA	2:20:40	10:44
319	80	W25	Chandra Wheatley, 26*, West Des Moines, IA		
				2:21:12	10:46
320	59	W20	Laura Christensen, 23*, Waverly, IA	2:21:15	10:47
321	81	W25	Jackie Surber, 28*, Des Moines, IA	2:21:20	10:47
322	8	JrW	Anne Cox, 18*, West Des Moines, IA	2:21:30	10:48
323	25	W45	Debbie Hinnah, 48*, Harper, IA	2:21:36	10:48
324	82	W25	Martha Slocombe, 26*, Des Moines, IA	2:21:38	10:48
325	43	W30	Dena Steinbach, 33*, Des Moines, IA	2:21:41	10:49
492	26	M55	Dennis Howard, 56, Urbandale, IA	2:21:57	10:50
493	60	M25	Rich Elings, 25, West Des Moines, IA	2:22:01	10:50
326	60	W20	Heather Cue, 23*, Cedar Falls, IA	2:22:08	10:51
327	61	W20	Maria Koepple, 23*, Cedar Falls, IA	2:22:12	10:51
328	26	W45	Sharon Turner, 47*, Milo, IA	2:22:12	10:51
329	49	W35	Brandi Helmkamp, 35*, Ankeny, IA	2:22:37	10:53
494	60	M45	Tom Shide, 46, Urbandale, IA	2:22:40	10:53
495	62	M40	Matt Tullis, 42, Marshalltown, IA	2:22:58	10:54
496	54	M50	Steve Cox, 50, Cambridge, IA	2:23:07	10:55
330	62	W20	Laura Coombs, 20*, Ames, IA	2:23:20	10:56
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331	83	W25	Krystal Tentinger, 28*, Ankeny, IA	2:24:13	11:00
497	63	M40	Kurt Mumm, 40, Johnston, IA	2:24:18	11:01
332	44	W30	Candy Clark, 30*, Estherville, IA	2:24:18	11:01
333	84	W25	Gina Koehler, 27*, Ankeny, IA	2:24:42	11:02
334	7	W55	Sara Morris, 58*, West Des Moines, IA	2:25:03	11:04
335	34	W40	Melissa Denison, 41*, Des Moines, IA	2:25:05	11:04
336	50	W35	Tonia Carpenter, 39*, Clive, IA	2:25:05	11:04
337	51	W35	Juliet Metcalf, 39*, Marshalltown, IA	2:25:24	11:06
338	85	W25	Karin Murray, 28*, Chicago, IL	2:25:39	11:07
498	2	M70	Larry Reed, 71, Ankeny, IA	2:26:09	11:09
339	52	W35	Stacey Etchison, 37*, West Des Moines, IA		
				2:26:31	11:11
340	53	W35	Connie Hamilton, 39*, Jefferson, IA	2:26:36	11:11
499	10	M60	Neil Olson, 60, Boone, IA	2:26:40	11:11
341	86	W25	Erin Craghead, 26*, Davenport, IA	2:27:08	11:13
342	35	W40	Lindsay Jahde, 42*, Anita, IA	2:27:20	11:14
343	54	W35	Kim Gordon, 39*, Marion, IA	2:27:34	11:15
500	58	M30	Joseph Mowers, 30, Des Moines, IA	2:27:52	11:17
501	61	M25	Joseph Shearer, 28, Altoona, IA	2:28:31	11:20
502	27	M55	Mark Hacker, 56, Des Moines, IA	2:28:43	11:21
503	60	M20	Dan Hocken, 24, Kelley, IA	2:29:42	11:25
504	28	M55	Jim McElroy, 56, Johnston, IA	2:29:57	11:26
344	55	W35	Sandy Stevens, 35*, Waukee, IA	2:30:01	11:27
505	62	M25	Benjamin Rhoades, 29, Des Moines, IA	2:30:26	11:29
506	61	M20	Khoa Vuong, 24, Des Moines, IA	2:30:26	11:29
507	59	M30	Mike Main, 30, Des Moines, IA	2:30:31	11:29
345	45	W30	Jenny Main, 31*, Des Moines, IA	2:30:31	11:29
508	11	M60	Roger Munns, 62, Des Moines, IA	2:31:14	11:32
509	55	M50	David Soorholtz, 50, Clive, IA	2:34:14	11:46
346	87	W25	Andrea Jones, 26*, Pleasant Hill, IA	2:34:57	11:49

347	36 W40	Ginny Reed, 44*, North Liberty, IA	2:35:02	11:50
510	62 M20	Kyle Kennedy, 22, Des Moines, IA	2:35:32	11:52
348	63 W20	Mandy Larson, 23*, Ames, IA	2:36:42	11:57
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349	46 W30	Christina Littler, 31*, Cedar Rapids, IA	2:37:32	12:01
350	47 W30	Charlee Eekhoff, 33*, Otley, IA	2:40:06	12:13
351	64 W20	Nicole Moklestad, 22*, Boone, IA	2:40:07	12:13
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352	9 JrW	Josey Putnam, 19*, Wapello, IA	3:05:00	14:07
511	3 M70	Rollin Perry, 71, Cedar Falls, IA	3:15:00	14:53

\* indicates females

23 finishers among Men Under 20  
 62 finishers among Men 20 - 24  
 62 finishers among Men 25 - 29  
 59 finishers among Men 30 - 34  
 77 finishers among Men 35 - 39  
 63 finishers among Men 40 - 44  
 60 finishers among Men 45 - 49  
 55 finishers among Men 50 - 54  
 28 finishers among Men 55 - 59  
 11 finishers among Men 60 - 64  
 8 finishers among Men 65 - 69  
 3 finishers among Men 70 & Up  
 9 finishers among Women Under 20  
 64 finishers among Women 20 - 24  
 87 finishers among Women 25 - 29  
 47 finishers among Women 30 - 34  
 55 finishers among Women 35 - 39  
 36 finishers among Women 40 - 44  
 26 finishers among Women 45 - 49  
 18 finishers among Women 50 - 54  
 7 finishers among Women 55 - 59  
 3 finishers among Women 60 - 64  
 511 male finishers  
 352 female finishers  
 863 total finishers

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