

38th Drake Relays On-the-ROADS Half-Marathon - 13.109 miles

Des Moines, Iowa

April 29, 2006

45 degrees and rainy

Results by Jack Moran & [Cal Murdock](#)

[8K results here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	1 M25	Dan Schwamberger, 28, Platteville, WI	1:09:43	5:19
2	2 M25	Eric Graham, 27, Olathe, KS	1:10:57	5:25
3	1 M20	Christopher Terry, 23, High Ridge, MO	1:12:58	5:34
4	2 M20	Travis Arment, 22, Sioux Falls, SD	1:14:23	5:40
5	1 M30	Rob Semelroth, 31, Des Moines, IA	1:15:17	5:45
6	3 M20	Bryan Sherwood, 20, St. Charles, MO	1:15:22	5:45
7	3 M25	Timothy Ives, 25, Des Moines, IA	1:15:39	5:46
8	1 M40	Terry Gendron, 40, Bettendorf, IA	1:17:18	5:54
9		Joe Roby, South Dakota State	1:18:13	5:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top				
10	4 M20	Barrett Barr, 23, Ames, IA	1:18:36	6:00
11	1 M35	Brad Wall, 38, Ankeny, IA	1:18:52	6:01
12	2 M40	Roger Scott, 41, Clive, IA	1:19:02	6:02
13	5 M20	Derrick Kresser, 23, Raymond, IA	1:19:39	6:05
14	6 M20	Bret Fransen, 24, Edgerton, MN	1:19:47	6:05
15	2 M30	Guillermo Acosta, 34, Kenosha, WI	1:19:54	6:06
16	3 M30	J J Bailey, 31, Des Moines, IA	1:20:26	6:08
17	2 M35	Joe Marshall, 38, Granger, IA	1:20:29	6:08
18	4 M30	Guy Willey, 32, Ames, IA	1:20:43	6:09
19	5 M30	Ryan Elsbernd, 34, Des Moines, IA	1:20:53	6:10
20	3 M35	Lee Hammerand, 37, Muscatine, IA	1:21:07	6:11
1	1 W30	Robyn Friedman, 32*, Lambs Grove, IA	1:21:09	6:11
21	1 M45	David Nauman, 49, Mason City, IA	1:21:20	6:12
2	1 W25	Erin Moeller, 28*, Cedar Rapids, IA	1:21:22	6:12
22	3 M40	Todd Haugen, 42, Story City, IA	1:21:32	6:13
23	1 M50	Joseph Haynes, 51, Ames, IA	1:21:33	6:13
24	4 M25	Matt Hanawalt, 25, Carroll, IA	1:21:41	6:14
25	6 M30	Julius Rotich, 31, Des Moines, IA	1:21:47	6:14
3	2 W25	Bethany Lewis, 28*, Iowa City, IA	1:21:50	6:15
4	1 W35	Lisa Marshall, 38*, Granger, IA	1:22:07	6:16
26	7 M30	Andrew Kauder, 34, Cedar Rapids, IA	1:22:51	6:19
27	4 M35	Chris Bowers, 37, Ottumwa, IA	1:22:58	6:20
28	7 M20	Nathan Hopp, 23, West Amana, IA	1:22:59	6:20
5	2 W30	Melind Courage-Carlberg, 32*, Urbandale, IA	1:23:20	6:21
29	5 M25	Chad Goldsmith, 28, North Liberty, IA	1:23:25	6:22
30	5 M35	Kevin Kohler, 35, Clive, IA	1:23:45	6:23
31	6 M25	Mark Simons, 28, North Liberty, IA	1:23:49	6:24

6			Sheena Dauer*	1:24:04	6:25
32	2	M45	Phil Kauder, 45, Cascade, IA	1:24:23	6:26
33	8	M30	Alex Johnson, 32, Runnells, IA	1:24:27	6:26
34	8	M20	Scott Camiliere, 23, Roscoe, IL	1:24:40	6:27
35	4	M40	Troy Zeleznik, 43, West Des Moines, IA	1:24:44	6:28
36	7	M25	Mark Kevan, 28, Omaha, NE	1:24:49	6:28
37	6	M35	Todd Knoop, 36, Iowa City, IA	1:25:00	6:29
38	5	M40	Steve Feltz, 41, West Des Moines, IA	1:25:21	6:31
39	8	M25	Nathan Wenck, 28, Carroll, IA	1:25:23	6:31
40	9	M30	Matt Thatcher, 30, Ames, IA	1:25:32	6:31
41	10	M30	Luke Spencer, 34, Des Moines, IA	1:25:42	6:32
42	11	M30	Matthew Zepeda, 32, Waukee, IA	1:25:44	6:32
43	9	M20	Darin Schuknecht, 24, Pella, IA	1:25:59	6:34
44	6	M40	Rod Williams, 44, Warrensburg, MO	1:26:09	6:34
45	12	M30	Chad Lee, 33, West Des Moines, IA	1:26:22	6:35
46	9	M25	Mark Wiley, 25, Elkader, IA	1:26:42	6:37
47	13	M30	Anthony Cendana, 30, West Des Moines, IA	1:27:07	6:39
48	10	M25	John McKlveen, 29, San Francisco, CA	1:27:42	6:41
49	7	M40	David Frank, 43, Adel, IA	1:27:47	6:42
50	8	M40	Douglas Hammerand, 41, Carlisle, IA	1:27:47	6:42
51	11	M25	Drake Clausen, 29, Ankeny, IA	1:27:56	6:42
52	1	JrM	Josh Taylor, 17, Hudson, IA	1:27:57	6:43
53	2	JrM	Tyler Bucy, 16, Cedar Falls, IA	1:27:58	6:43
54	7	M35	Donald Wells, 38, Des Moines, IA	1:28:06	6:43
55	9	M40	David Uhrich, 43, Wauwatosa, WI	1:28:31	6:45
7	3	W30	Erin Ward, 31*, St. Paul, MN	1:28:39	6:46
56	8	M35	Mike Rieks, 38, Urbandale, IA	1:28:42	6:46
57	2	M50	Bob Layton, 50, Urbandale, IA	1:28:49	6:46
58	10	M40	John Iselin, 42, Platteville, WI	1:29:02	6:47
8	1	W40	Sharon Stubler, 41*, Minnetonka, MN	1:29:02	6:48
59	10	M20	Brooks McLaren, 21, Iowa City, IA	1:29:12	6:48
60	3	M50	Dave Fitz, 51, Ames, IA	1:29:23	6:49
61	4	M50	Bob Nelson, 53, Davenport, IA	1:29:36	6:50
62	3	M45	Rob Gillum, 45, Des Moines, IA	1:29:53	6:51
63	4	M45	Alex Wirth-Cauchon, 45, Des Moines, IA	1:29:59	6:52
64	11	M40	Dale Knoshaug, 44, Des Moines, IA	1:30:07	6:52
65	5	M45	Craig Edmondson, 46, Ames, IA	1:30:15	6:53
66	12	M40	Patrick Middleton, 41, Oconomowoc, WI	1:30:29	6:54
67	12	M25	Aaron Juhnke, 28, Kansas City, MO	1:30:39	6:55
9			Allison Mettler*, South Dakota State	1:30:42	6:55
68	14	M30	Doug Sturm-Smith, 31, Des Moines, IA	1:31:09	6:57
69	6	M45	Mike Christensen, 47, Washington, IA	1:31:20	6:58
70	11	M20	Anthony Pudlo, 22, Itasca, IL	1:31:28	6:59
10	1	W20	Mia Richter, 24*, Iowa City, IA	1:31:36	6:59
71	7	M45	Jeff Perry, 45, Bondurant, IA	1:31:40	6:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top					

72	12	M20	Jon Schreiner, 22, Des Moines, IA	1:31:50	7:00
73	15	M30	Troy Jepsen, 32, Johnston, IA	1:31:53	7:00
11	3	W25	Jessica Dahlberg, 26*, Ames, IA	1:32:34	7:04
74	13	M25	Ryan Atwell, 27, Ames, IA	1:32:39	7:04
12	1	JrW	Christine Komjathy, 19*, Ames, IA	1:32:40	7:04
75	13	M40	Kip Headley, 44, Urbandale, IA	1:32:51	7:05
76	1	M55	David Schulte, 59, Granger, IA	1:32:56	7:05
77	8	M45	Joe Winch, 49, Knoxville, IA	1:33:00	7:06
13	4	W30	Jenny Schulze, 33*, Clive, IA	1:33:19	7:07
78	14	M40	John Kromminga, 41, Johnston, IA	1:33:21	7:07
79	9	M35	Brian Palmer, 37, Des Moines, IA	1:33:41	7:09
80	10	M35	Mark Hargrove, 36, Ames, IA	1:33:47	7:09
14	1	W45	Tricia McClain, 49*, Altoona, IA	1:33:53	7:10
15	4	W25	Carrie McCain, 29*, West Des Moines, IA	1:34:39	7:13
81	15	M40	Blake Harms, 43, Clive, IA	1:34:53	7:14
82	16	M30	Stephen Luckey, 33, Boulder, CO	1:34:56	7:15
16	2	W35	Sandy Sabelka, 38*, Denver, IA	1:34:58	7:15
83	17	M30	Elmir Karajica, 32, West Des Moines, IA	1:34:58	7:15

84	9	M45	Steven Hendricks, 49, Fort Dodge, IA	1:35:04	7:15
85	10	M45	David Christens, 46, West Des Moines, IA	1:35:15	7:16
17	2	W40	Maria Waterman, 44*, Pleasant Valley, IA	1:35:22	7:16
86	5	M50	Dave Haugen, 52, Des Moines, IA	1:35:24	7:17
87	14	M25	Michael Morain, 27, Des Moines, IA	1:35:28	7:17
88	16	M40	Doug Eppard, 40, Johnston, IA	1:35:30	7:17
89	15	M25	Scott Koch, 28, West Des Moines, IA	1:35:32	7:17
90	11	M35	Curtis Downs, 37, Des Moines, IA	1:35:35	7:17
18	2	JrW	Jamie Young, 19*, Mitchell, SD	1:35:41	7:18
91	12	M35	David Primeau, 38, Des Moines, IA	1:35:43	7:18
92	11	M45	Nyle Robinson, 49, Springfield, IL	1:35:44	7:18
93	13	M35	Richard Bundy, 35, Ankeny, IA	1:35:45	7:18
94	2	M55	Randall C. Wilson, 56, Des Moines, IA	1:35:52	7:19
95	18	M30	Nate Strickler, 31, Windsor Heights, IA	1:36:00	7:19
96	12	M45	Allen Miller, 49, Ames, IA	1:36:02	7:20
97	19	M30	Nick Quanrud, 31, Cedar Rapids, IA	1:36:03	7:20
98	14	M35	John Urban, 38, Johnston, IA	1:36:10	7:20
99	13	M20	Justus Hallam, 23, Ames, IA	1:36:13	7:20
100	14	M20	Michael Huisenga, 23, Ames, IA	1:36:16	7:21
101	16	M25	Ezra Hallam, 27, Coralville, IA	1:36:17	7:21
102	17	M40	Mark Lowe, 40, West Des Moines, IA	1:36:19	7:21
19	3	W40	Kathy Hale, 41*, Bondurant, IA	1:36:25	7:21
103	18	M40	Don Cumings, 44, Ankeny, IA	1:36:36	7:22
104	15	M20	Matt Berndt, 21, Newton, IA	1:36:39	7:22
105			Steven Lewellen, Des Moines, IA	1:37:00	7:24
106	6	M50	Michael Tometich, 54, Mt Pleasant, IA	1:37:07	7:24
107	19	M40	John Priester, 41, Des Moines, IA	1:37:09	7:25
108	15	M35	Chad Forde, 38, Atlantic, IA	1:37:11	7:25
109	20	M30	Chad Skinner, 34, Urbandale, IA	1:37:16	7:25
20	3	W35	Susan Brown, 37*, Waukee, IA	1:37:18	7:25
110	17	M25	Nate Geurkink, 28, Des Moines, IA	1:37:23	7:26
111	21	M30	Christopher Grossinger, 31, Minneapolis, MN	1:37:24	7:26
21	5	W25	Pamela Augustin, 28*, Minneapolis, MN	1:37:25	7:26
112	16	M35	Brian Krueger, 35, Urbandale, IA	1:37:31	7:26
113	16	M20	Zach Johnson, 24, Grimes, IA	1:37:39	7:27
114	20	M40	Doug Adams, 44, Urbandale, IA	1:37:46	7:27
115	17	M35	Norman Bach, 39, Marshalltown, IA	1:37:53	7:28
116	18	M25	Benjamin Nunnikhoven, 27, Pella, IA	1:37:55	7:28
22	1	W50	Beth Henriksen, 50*, Ames, IA	1:37:57	7:28
23	4	W35	Christy Gass, 36*, Morton, IL	1:37:59	7:28
117	19	M25	Randy Sturm, 28, Belmond, IA	1:38:02	7:29
118	22	M30	Daniel Barker, 34, Ames, IA	1:38:04	7:29
119	18	M35	Wade Steward, 39, Legrand, IA	1:38:07	7:29
120	23	M30	Michael Carr, 33, Ames, IA	1:38:08	7:29
121	20	M25	Mike Mullins, 28, Ames, IA	1:38:14	7:30
122	21	M40	Kim Wander, 44, West Union, IA	1:38:16	7:30
123	24	M30	Morgan Allers, 30, Golden, CO	1:38:19	7:30
24	4	W40	Melanie Anderson, 43*, Clive, IA	1:38:30	7:31
25	5	W30	Jennifer Masini, 33*, Ames, IA	1:38:39	7:31
124	13	M45	Scott Thiel, 46, Boone, IA	1:38:40	7:32
125	3	M55	Denny Wheeler, 56, Urbandale, IA	1:38:42	7:32
126	21	M25	Aaron Sage, 26, Ames, IA	1:38:49	7:32
127	7	M50	Ted Sage, 50, Ames, IA	1:38:49	7:32
128	19	M35	Douglas Kendall, 37, Otley, IA	1:38:56	7:33
129	22	M40	John Garcia, 42, Chicago, IL	1:39:11	7:34
130	14	M45	Mark Seaman, 46, West Des Moines, IA	1:39:14	7:34
131	15	M45	Robert Parker, 47, Johnston, IA	1:39:19	7:35
132	23	M40	Jeff Lorenzen, 40, Des Moines, IA	1:39:27	7:35
133	22	M25	Dustin Coy, 25, West Des Moines, IA	1:39:28	7:35
26	5	W35	Tami Prescott, 39*, Urbandale, IA	1:39:31	7:35
134	16	M45	Robin Roberts, 49, Cedar Rapids, IA	1:39:32	7:36
27	3	JrW	Sarah Olson, 19*, Madison, WI	1:39:33	7:36
28	4	JrW	Emily Petrzela, 19*, Mt Pleasant, IA	1:39:34	7:36
135	17	M45	Martin Kenworthy, 47, Des Moines, IA	1:39:46	7:37

136	25	M30	Ross Mills, 34, West Des Moines, IA	1:39:47	7:37
137	20	M35	David Walmsley, 36, Johnston, IA	1:39:57	7:37
138	23	M25	Mike McGinn, 25, Ankeny, IA	1:40:11	7:39
139	21	M35	Dave Freeseaman, 35, West Des Moines, IA	1:40:15	7:39
	29	6	W35 Sandy Leiferman, 35*, Panora, IA	1:40:18	7:39
140	24	M40	Joe Dupre, 42, Pella, IA	1:40:20	7:39
141	3	JrM	Keenan Cutsforth, 19, Cedar Rapids, IA	1:40:21	7:39
142	18	M45	Scott Boever, 45, Des Moines, IA	1:40:22	7:39
143	19	M45	Keith Gutschenritter, 47, West Des Moines, IA	1:40:23	7:39
144	20	M45	Kurtis Jensen, 45, Marshalltown, IA	1:40:26	7:40
145	26	M30	Eric Camper, 34, Des Moines, IA	1:40:30	7:40
146	25	M40	Rodney Decoster, 41, Clarion, IA	1:40:36	7:40
147	27	M30	Tim Lowe, 33, Des Moines, IA	1:40:40	7:41
	30	5	W40 Carter Stevens, 44*, Denver, IA	1:40:50	7:42
148	26	M40	Timothy Gedler, 42, West Des Moines, IA	1:41:01	7:42
149	24	M25	Tyler Schwiesow, 29, Des Moines, IA	1:41:02	7:42
150	22	M35	Jeff Kelly, 39, Urbandale, IA	1:41:04	7:43
151	27	M40	Galen Redshaw, 44, Johnston, IA	1:41:10	7:43
152	23	M35	Richard Mockobee, 38, Norwalk, IA	1:41:18	7:44
	31	7	W35 Amy Burgess, 35*, Urbandale, IA	1:41:22	7:44
153	8	M50	John Meyer, 50, West Des Moines, IA	1:41:23	7:44
154	21	M45	William Owens, 47, Ottumwa, IA	1:41:24	7:44
155	9	M50	Pete Sandler, 50, West Des Moines, IA	1:41:32	7:45
156	22	M45	Rod Bubke, 46, Ankeny, IA	1:41:36	7:45
157	4	M55	Denny Rehm, 56, Winona, MN	1:41:44	7:46
158	24	M35	Kevin Bradshaw, 37, Coralville, IA	1:41:47	7:46
159	23	M45	Greg Courtney, 46, Ames, IA	1:41:51	7:46
160	10	M50	Peter Percival, 52, Des Moines, IA	1:41:56	7:47
161	28	M40	Dan Baldi, 43, Des Moines, IA	1:41:59	7:47
	32	2	W20 Julie Johnston, 22*, Ames, IA	1:42:01	7:47
33	3	W20	Ashley Goeser, 20*, Ames, IA	1:42:02	7:47
	34	2	W45 Lisa Simonetta, 47*, Des Moines, IA	1:42:09	7:47
	35	6	W25 Ashlee Holst, 26*, Coralville, IA	1:42:11	7:48
162	28	M30	Casey Miller, 30, Urbandale, IA	1:42:13	7:48
	36	4	W20 Kate Bradley, 24*, Chicago, IL	1:42:13	7:48
163	25	M35	Troy Koerselman, 36, Ankeny, IA	1:42:14	7:48
164	26	M35	Jason Hahn, 35, Des Moines, IA	1:42:15	7:48
165	11	M50	Alan Dispirito, 52, Ames, IA	1:42:15	7:48
166	12	M50	Paul James, 52, Stanley, IA	1:42:16	7:48
167	27	M35	Alex Fink, 37, Des Moines, IA	1:42:17	7:48
	37	8	W35 Teresa Wells, 37*, Des Moines, IA	1:42:19	7:48
168	13	M50	Jonathan Wendel, 51, Ames, IA	1:42:22	7:49
169	29	M40	Steve Harms, 40, West Des Moines, IA	1:42:30	7:49
	38	6	W30 Chanda Willse, 30*, West Des Moines, IA	1:42:37	7:50
	39	7	W25 Sara Weis, 29*, West Des Moines, IA	1:42:48	7:50
170	24	M45	Brian Wiebke, 46, Marion, IA	1:42:52	7:51
171	28	M35	Jeff Hartz, 35, Runnells, IA	1:42:56	7:51
172	29	M35	Jim Hagelie, 38, Waukee, IA	1:43:02	7:52
173	25	M45	Brad Stahlecker, 46, North Liberty, IA	1:43:02	7:52
174	25	M25	Philip Randall, 26, West Des Moines, IA	1:43:04	7:52
175	26	M25	Nathan Linderman, 26, Des Moines, IA	1:43:04	7:52
	40	9	W35 Brenda O'Hare, 38*, Ankeny, IA	1:43:06	7:52
176	1	M60	Craig Clark, 62, Mason City, IA	1:43:16	7:53
177	30	M35	Clayton Deckinger, 37, Waukee, IA	1:43:26	7:53
178	27	M25	Jonathan Pearson, 25, Clive, IA	1:43:33	7:54
179	29	M30	Chris Nelson, 34, West Des Moines, IA	1:43:35	7:54
180	28	M25	Jason Tietz, 29, Glendale Heights, IL	1:43:36	7:54
181	30	M40	Jeff Osmundson, 41, Pleasant Hill, IA	1:43:38	7:54
182	30	M30	Jeremy Dunlavey, 31, Ankeny, IA	1:43:39	7:54
183	5	M55	Ronald Charles, 57, Newton, IA	1:43:45	7:55
184	14	M50	Richard Anfinson, 54, Cedar Falls, IA	1:43:46	7:55
	41	10	W35 Jennifer Smith, 36*, Clive, IA	1:43:55	7:56
185	6	M55	Bob Overstreet, 55, Des Moines, IA	1:43:56	7:56
186	26	M45	Rick Carter, 47, Hudson, WI	1:43:59	7:56

187	31	M30	John Becker, 30, Madrid, IA	1:44:06	7:56
188	17	M20	Brian Ruggle, 20, Newton, IA	1:44:07	7:56
189	15	M50	Paul Ruggle, 51, Newton, IA	1:44:07	7:57
190	31	M40	Jeffrey Farell, 41, Urbandale, IA	1:44:18	7:57
42			Joyce Holland*, Des Moines, IA	1:44:22	7:58
191	16	M50	Tom Levis, 53, West Des Moines, IA	1:44:34	7:59
192	27	M45	David Saggau, 47, West Des Moines, IA	1:44:37	7:59
43	5	W20	Jenny Mueller, 23*, Des Moines, IA	1:44:37	7:59
193	32	M40	Scott Vermillion, 43, Cedar Falls, IA	1:44:40	7:59
194	31	M35	Rusty Ramseyer, 35, Des Moines, IA	1:44:43	7:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top					
195	17	M50	David McClung, 51, Des Moines, IA	1:44:48	8:00
44	11	W35	Mary Quinlin, 38*, Panora, IA	1:44:49	8:00
45	12	W35	Keri Frommelt, 35*, Ankeny, IA	1:44:58	8:00
196	18	M20	Dustin Olsem, 24, Ankeny, IA	1:45:00	8:01
197	18	M50	Steve Taylor, 54, Des Moines, IA	1:45:08	8:01
46	13	W35	Ellen Pollard, 38*, Ames, IA	1:45:11	8:01
47	14	W35	Tricia Steffen, 35*, Perry, IA	1:45:23	8:02
198	28	M45	Thomas Ferree, 49, Sioux City, IA	1:45:26	8:03
199	32	M30	Tom Trygstad, 34, West Des Moines, IA	1:45:27	8:03
200	19	M50	Fred Fedewa, 54, Wheaton, IL	1:45:38	8:03
201	29	M45	Duke Reichardt, 47, Clive, IL	1:45:43	8:04
48	7	W30	Mary Landhuis, 33*, Clarinda, IA	1:45:45	8:04
49	8	W30	Katie Gibson, 30*, Des Moines, IA	1:45:49	8:04
50	6	W20	Jaime Noyce, 22*, West Des Moines, IA	1:46:00	8:05
51	15	W35	Kelly Kegans, 36*, West Des Moines, IA	1:46:09	8:06
52	6	W40	Gayle Luedke, 40*, Iowa City, IA	1:46:16	8:06
53	16	W35	Mary Seffrood, 35*, Aurora, IL	1:46:29	8:07
202	30	M45	Galyn Wiemers, 46, West Des Moines, IA	1:46:31	8:07
54	7	W40	Connie Hoffman, 43*, Carroll, IA	1:46:36	8:08
55	8	W25	Kelli Kilgore, 27*, West Des Moines, IA	1:46:37	8:08
203	29	M25	Burton Joseph, 27, West Des Moines, IA	1:46:38	8:08
204	7	M55	Lee Tesdell, 55, Slater, IA	1:46:43	8:08
205	20	M50	Tom Tecklenburg, 51, Humboldt, IA	1:46:44	8:09
206	21	M50	Curtis Husske, 50, Maxwell, IA	1:46:46	8:09
207	8	M55	Larry Walden, 59, Marshalltown, IA	1:46:47	8:09
208	31	M45	James Buresh, 45, Wadena, MN	1:46:53	8:09
209	33	M30	Harold Otis, 30, Des Moines, IA	1:46:54	8:09
210	32	M45	Paul Kruse, 48, Granger, IA	1:46:56	8:09
56	7	W20	Erin Keene, 22*, Iowa City, IA	1:46:58	8:10
57	9	W30	Regina Doerning, 33*, West Des Moines, IA	1:46:58	8:10
211	22	M50	Neil Seales, 54, Rhodes, IA	1:46:59	8:10
58	10	W30	Jennifer Imig, 32*, West Des Moines, IA	1:47:00	8:10
59	3	W45	James Fuller, 47*, Marshalltown, IA	1:47:01	8:10
212	33	M40	Bob Oakley, 41, Des Moines, IA	1:47:07	8:10
60	17	W35	Jennifer Abbott, 37*, Ankeny, IA	1:47:07	8:10
213	34	M30	David Hardisty, 33, Panora, IA	1:47:25	8:12
214	34	M40	David Jass, 43, Ankeny, IA	1:47:26	8:12
215	32	M35	Matthew Tullis, 38, Marshalltown, IA	1:47:31	8:12
61	11	W30	Lindsay Wade, 30*, Weldon, IA	1:47:31	8:12
62	8	W40	Paula Allison, 40*, Boone, IA	1:47:34	8:12
216	19	M20	Brian Sapp, 22, Fort Dodge, IA	1:47:36	8:12
217	35	M30	Tom Pesek, 34, Ankeny, IA	1:47:37	8:13
218	35	M40	Michael Carstens, 44, Ankeny, IA	1:47:38	8:13
219	33	M35	Tim Pepper, 39, Indianola, IA	1:47:41	8:13
63	9	W25	Kristina Sinnott, 26*, Ames, IA	1:47:42	8:13
220	33	M45	Grant Jensen, 48, Winona, MN	1:47:49	8:13
64	18	W35	Carmen Jacobsen, 35*, West Des Moines, IA	1:47:51	8:14
221	23	M50	Mike Clayton, 50, Ames, IA	1:48:00	8:14
222	36	M30	Mark Theis, 30, Johnston, IA	1:48:13	8:15
223	36	M40	Brett Altman, 41, Newton, IA	1:48:15	8:15
224	34	M45	Don Piper, 47, Des Moines, IA	1:48:29	8:16
225	34	M35	Chris Galligan, 36, Clive, IA	1:48:30	8:17
226	30	M25	Erich Baker, 29, Clive, IA	1:48:45	8:18

227			Travis Nuss, Gowrie, IA	1:48:46	8:18
228	35	M45	Alan Farley, 47, Perry, IA	1:48:47	8:18
229	9	M55	Joe Keefer, 59, Des Moines, IA	1:49:08	8:19
230	36	M45	John Feehan, 45, Mt Pleasant, IA	1:49:09	8:20
65	9	W40	Holli Hillmer, 41*, Eldora, IA	1:49:09	8:20
231	24	M50	Brad Shipman, 51, Van Meter, IA	1:49:10	8:20
66	10	W25	Kara Dickey, 25*, West Des Moines, IA	1:49:15	8:20
232	37	M30	Kevin Saunders, 34, Des Moines, IA	1:49:29	8:21
233	25	M50	Kevin Cunningham, 54, Des Moines, IA	1:49:31	8:21
67	12	W30	Stephanie Longnecker, 33*, Clive, IA	1:49:34	8:21
234	37	M40	Fabio Rozo, 41, Minneapolis, MN	1:49:39	8:22
235	35	M35	Dean Robbins, 35, Coralville, IA	1:49:39	8:22
236	37	M45	Tim Flowers, 48, Ankeny, IA	1:49:43	8:22
237	38	M30	Conrad Hanson, 30, Urbandale, IA	1:49:46	8:22
68	13	W30	Wendy Hanson, 33*, Urbandale, IA	1:49:47	8:22
69	8	W20	Kara Arnold-Arons, 22*, Marion, IA	1:49:47	8:22
238	38	M40	Galen Crawford, 44, Story City, IA	1:49:51	8:23
239	39	M30	Ben Weers, 31, Pleasant Hill, IA	1:49:52	8:23
240	36	M35	Greg Steffen, 35, Perry, IA	1:49:57	8:23
241	39	M40	Jay Fisher, 41, Pleasant Hill, IA	1:50:00	8:23
242	26	M50	Paul Von Ebers, 53, Des Moines, IA	1:50:04	8:24
243	40	M40	David Thayer, 41, Urbandale, IA	1:50:05	8:24
244	27	M50	Kirk Dau, 54, Ames, IA	1:50:05	8:24
245	40	M30	Tim Roetman, 33, Johnston, IA	1:50:06	8:24
70	2	W50	Loree Miles, 51*, West Des Moines, IA	1:50:08	8:24
246	38	M45	Lou Scallon, 47, Ames, IA	1:50:13	8:24
247	10	M55	Roy Ney, 57, Des Moines, IA	1:50:15	8:25
248	2	M60	Ronald Bickel, 63, Pleasant Hill, IA	1:50:19	8:25
71	9	W20	Tami Gray, 24*, West Des Moines, IA	1:50:21	8:25
72	4	W45	Becky Nichols, 45*, Des Moines, IA	1:50:21	8:25
73	14	W30	Molly McTaggart, 31*, Des Moines, IA	1:50:26	8:25
249	3	M60	Clay Whiteis, 63, Des Moines, IA	1:50:26	8:25
250	37	M35	John Turpen, 37, Waukee, IA	1:50:35	8:26
74	19	W35	Beth Seuferer, 35*, West Des Moines, IA	1:50:50	8:27
251	11	M55	Carl Voss, 57, Des Moines, IA	1:50:52	8:27
252	39	M45	Allen Benson, 46, Ankeny, IA	1:50:53	8:27
75	11	W25	Jody Garrett, 25*, Ames, IA	1:50:57	8:28
76	15	W30	Kate Wilson, 31*, Mt Pleasant, IA	1:51:04	8:28
253	31	M25	Landon Roth, 27, Kansas City, KS	1:51:04	8:28
254	20	M20	Nate Brennan, 24, Ankeny, IA	1:51:07	8:29
77	3	W50	Veronica Demmel, 50*, Maeshalltown, IA	1:51:11	8:29
255	41	M40	Joe Akers, 40, Des Moines, IA	1:51:13	8:29
78	10	W40	Denise Charter Jones, 44*, Urbandale, IA	1:51:13	8:29
256	12	M55	Don Miller, 58, Clive, IA	1:51:15	8:29
79	11	W40	Julie Olmstead, 43*, Webster City, IA	1:51:17	8:29
80	10	W20	Jessica Fink, 23*, Urbandale, IA	1:51:19	8:29
81	12	W25	Nichole Tierney, 27*, Newton, IA	1:51:25	8:30
257	28	M50	Rick Gustafson, 52, Ogden, IA	1:51:25	8:30
258	13	M55	Rolf Koford, 57, Ames, IA	1:51:31	8:30
259	42	M40	John Roberg, 40, Cedar Rapids, IA	1:51:32	8:30
260	38	M35	Randy Kallem, 39, Des Moines, IA	1:51:37	8:31
82	12	W40	Heather Stilborn, 43*, Des Moines, IA	1:51:38	8:31
261	39	M35	Daron Fritz, 39, Lake Mills, IA	1:51:40	8:31
83	16	W30	Deidre Nims, 30*, Cedar Rapids, IA	1:51:40	8:31
84	11	W20	Lisa Stefl, 20*, Runnells, IA	1:51:43	8:31
85	12	W20	Sarah Monroe, 21*, Iowa City, IA	1:51:46	8:32
262	29	M50	Mike Harvey, 51, Urbandale, IA	1:51:50	8:32
263	30	M50	Galen Wilke, 54, Ames, IA	1:51:55	8:32
264	31	M50	T A Meyer, 53, Johnston, IA	1:51:58	8:32
265	43	M40	Joseph Kerns, 42, Ames, IA	1:51:59	8:33
266	41	M30	Darren Herrold, 34, Cambridge, IA	1:52:13	8:34
267	40	M45	Jon Jochims, 48, Marshalltown, IA	1:52:20	8:34
86	13	W40	Nancy Whitcanack, 44*, Coal Valley, IL	1:52:29	8:35
268	32	M50	John Vujnovich, 51, Des Moines, IA	1:52:30	8:35
269	42	M30	Bradley McCaslin, 31, Scottsbluff, NE	1:52:31	8:35

87	13	W25	Julie Drulis, 28*, Des Moines, IA	1:52:32	8:35
270	14	M55	Gary Payne, 56, Des Moines, IA	1:52:32	8:35
88	5	W45	Teri Feldmann, 45*, Des Moines, IA	1:52:43	8:36
271	33	M50	Mark Bauder, 51, Elkader, IA	1:52:48	8:36
89	6	W45	Linda Adams, 46*, Oskaloosa, IA	1:52:59	8:37
90	20	W35	Beth Palmer, 37*, Des Moines, IA	1:53:01	8:37
91	14	W40	Dee Mable, 41*, Urbandale, IA	1:53:02	8:37
92	14	W25	Amy Jeffrey, 29*, Iowa City, IA	1:53:11	8:38
93	15	W25	Melissa McMullen, 29*, North Liberty, IA	1:53:12	8:38
94	17	W30	Rebecca Dewitte, 30*, Anamosa, IA	1:53:20	8:39
272	40	M35	Sean Frommelt, 36, Ankeny, IA	1:53:26	8:39
95	15	W40	Rebecca Brannan, 41*, Urbandale, IA	1:53:28	8:39
273	41	M45	Greg Swanson, 48, Norwalk, IA	1:53:28	8:39
274	15	M55	Steven Benton, 55, West Des Moines, IA	1:53:30	8:39
96	13	W20	Molly Lehr, 20*, Indianola, IA	1:53:34	8:40
97	16	W40	Deb Conlon, 43*, Urbandale, IA	1:53:36	8:40
98	21	W35	Tracy Sabus, 38*, Urbandale, IA	1:53:36	8:40
275	44	M40	Brian Culich, 43, Des Moines, IA	1:53:38	8:40
99	22	W35	Mary Mouw, 36*, Des Moines, IA	1:53:39	8:40
100	18	W30	Maber Baybayan, 30*, Ankeny, IA	1:53:40	8:40
101	23	W35	Mona Robbins, 35*, Coralville, IA	1:53:41	8:40
102	14	W20	Lindsay Krahmer, 21*, Des Moines, IA	1:53:54	8:41
276	21	M20	John Mellett, 21, Boone, IA	1:53:55	8:41
103	19	W30	Lyddia Asman, 32*, Grimes, IA	1:53:58	8:42
277	41	M35	Vil Miller, 36, Ankeny, IA	1:54:07	8:42
104	15	W20	Lindsay Wedemeier, 24*, Ankeny, IA	1:54:15	8:43
278	42	M45	Guy Dougherty, 46, Urbandale, Ia	1:54:15	8:43
279	42	M35	Matthew Smith, 39, Des Moines, IA	1:54:18	8:43
280	43	M35	Greg Johnson, 38, Marion, IA	1:54:20	8:43
105	7	W45	Julie Kaftan, 48*, Council Bluffs, IA	1:54:23	8:44
106	17	W40	Jenny Jones, 43*, Ottumwa, IA	1:54:45	8:45
281	4	M60	Cal Jenkins, 61, Cedar Rapids, IA	1:54:46	8:45
282	44	M35	Patrick Mattingly, 37, Van Meter, IA	1:55:01	8:46
107	8	W45	Kimberly Haines, 47*, Oskaloosa, IA	1:55:03	8:47
108	16	W25	Carrie Nepple, 28*, Council Bluffs, IA	1:55:05	8:47
283	43	M30	Patrick Nepple, 31, Council Bluffs, IA	1:55:05	8:47
109	20	W30	Dana Conner, 33*, Clive, IA	1:55:06	8:47
110	9	W45	Sue Boley, 49*, Maxwell, IA	1:55:07	8:47
284	43	M45	Dennis Judd, 45, Urbandale, IA	1:55:10	8:47
285	44	M30	Scott Pearson, 30, West Des Moines, IA	1:55:11	8:47
111	18	W40	Kris Peterson, 42*, Cedar Rapids, IA	1:55:15	8:47
112	24	W35	Kelly Pratt, 37*, Urbandale, IA	1:55:21	8:48
286	45	M40	Ben Allen, 42, Des Moines, IA	1:55:21	8:48
113	16	W20	Becci Hillman, 22*, Chicago, IL	1:55:23	8:48
287	46	M40	Thomas Duff, 43, Des Moines, IA	1:55:27	8:48
288	34	M50	Tom Farr, 53, Des Moines, IA	1:55:32	8:49
289	47	M40	Erik Luthens, 41, Urbandale, IA	1:55:33	8:49
114	10	W45	D Peterson, 48*, Grimes, IA	1:55:35	8:49
290	44	M45	Chris Nation, 46, Ogden, IA	1:55:36	8:49
115	25	W35	Nancy Perdomo, 35*, Ames, IA	1:55:57	8:51
116	26	W35	Julie Heinen, 35*, Ames, IA	1:55:58	8:51
117	17	W25	Amy Reuscher, 29*, Cedar Falls, IA	1:55:59	8:51
118	21	W30	Angie Heim, 30*, West Des Moines, IA	1:55:59	8:51
291	48	M40	Burt Porter, 41, Ankeny, IA	1:56:00	8:51
292	49	M40	Bill Olson, 41, Urbandale, IA	1:56:01	8:51
119	19	W40	Penny Luthens, 40*, Urbandale, IA	1:56:01	8:51
120	20	W40	Christina Warren, 43*, Ames, IA	1:56:07	8:51
293	50	M40	Jay Honohan, 41, Iowa City, IA	1:56:23	8:53
121	17	W20	Lindsey Sheeler, 20*, Ankeny, IA	1:56:27	8:53
122	18	W25	Rachel Britten, 29*, Story City, IA	1:56:29	8:53
294	45	M35	Daniel Lagrange, 35, Des Moines, IA	1:56:30	8:53
123	27	W35	Heather Prendergast, 35*, Waterloo, IA	1:56:40	8:54
295	16	M55	Joel Beane, 58, Marshalltown, IA	1:56:43	8:54
124	22	W30	Suzy Marker, 34*, Ankeny, IA	1:56:47	8:54
125	21	W40	Helene Volkert, 41*, Iowa City, IA	1:56:48	8:55

126	28	W35	Susan Staudt, 37*, Cedar Falls, IA	1:56:49	8:55
127	19	W25	Stephanie Brown, 28*, Des Moines, IA	1:56:50	8:55
128	23	W30	Kelly Rundquist, 34*, Mt. Pleasant, IA	1:56:59	8:55
129	18	W20	Tara Brown, 20*, Ankeny, IA	1:57:00	8:55
130	24	W30	Amanda Svec, 31*, West Des Moines, IA	1:57:03	8:56
131	11	W45	Carol Litscher, 45*, West Des Moines, IA	1:57:04	8:56
132	29	W35	Debi Loffredo, 39*, West Des Moines, IA	1:57:06	8:56
133	22	W40	Bryony Bonning, 42*, Ames, IA	1:57:09	8:56
134	20	W25	Amanda Whitmarsh, 28*, Des Moines, IA	1:57:11	8:56
296	45	M45	Daniel Mallonee, 45, Cedar Rapids, IA	1:57:16	8:57
135	25	W30	Julie Nahas-Muller, 30*, Clive, IA	1:57:18	8:57
297	46	M45	Wesley Ellsworth, 46, Des Moines, IA	1:57:19	8:57
298	45	M30	Joel Rinderknecht, 31, Waukee, IA	1:57:20	8:57
136	26	W30	Tori Glade, 32*, West Des Moines, IA	1:57:21	8:57
137	27	W30	Shelley Sessler, 31*, Urbandale, IA	1:57:22	8:57
138	12	W45	Carla Steele, 48*, Des Moines, IA	1:57:27	8:58
139	28	W30	Barnden McCaslin, 32*, Scottsbluff, NE	1:57:31	8:58
140	29	W30	Sara Bridie, 32*, Clarinda, IA	1:57:35	8:58
141	23	W40	Jan Ferris, 41*, Urbandale, IA	1:57:35	8:58
299	46	M35	Tom Wieck, 39, Des Moines, IA	1:57:39	8:58
142	21	W25	Lindsey Horner, 26*, Des Moines, IA	1:57:44	8:59
143	30	W30	Jennifer Veak, 32*, Des Moines, IA	1:57:51	8:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top					

300	17	M55	Robert McDonald, 55, Coal Valley, IL	1:58:03	9:00
301	47	M35	Robert Burnett, 35, Norwalk, IA	1:58:06	9:01
144	31	W30	Erin Budreau, 30*, Des Moines, IA	1:58:14	9:01
302	47	M45	Joseph Henry, 49, Des Moines, IA	1:58:16	9:01
145	13	W45	Terri Selberg, 46*, Urbandale, IA	1:58:17	9:01
303	48	M35	Kelly Cordaro, 36, Johnston, IA	1:58:19	9:01
146	24	W40	Lori McQuiston, 43*, Maxwell, IA	1:58:21	9:02
304	49	M35	David Lake, 38, Des Moines, IA	1:58:23	9:02
305	51	M40	Todd Worscheck, 40, Savage, MN	1:58:24	9:02
147	32	W30	Jodi Reinke, 33*, Ankeny, IA	1:58:25	9:02
306	50	M35	Chris Burch, 35, Des Moines, IA	1:58:26	9:02
148	25	W40	Sue Holden, 41*, Des Moines, IA	1:58:27	9:02
307	51	M35	Matt Paul, 37, Des Moines, IA	1:58:28	9:02
308	52	M35	Matthew Brown, 35, Urbandale, IA	1:58:32	9:03
149	30	W35	Kristina Kercher, 37*, Waukee, IA	1:58:34	9:03
309	48	M45	Doug Johnston, 45, Des Moines, IA	1:58:35	9:03
310	22	M20	Joshua Billings, 23, Des Moines, IA	1:58:38	9:03
150	26	W40	Carrie Crawford, 41*, Des Moines, IA	1:58:41	9:03
151	27	W40	Jean Johnson, 40*, Des Moines, IA	1:58:47	9:04
311	52	M40	Dave Endres, 43, West Des Moines, IA	1:58:48	9:04
152	31	W35	Kristie Harrold, 37*, Waukee, IA	1:58:51	9:04
312	53	M35	Tony Newkirk, 38, Des Moines, IA	1:58:54	9:04
313	18	M55	Steven Ovel, 58, Cedar Rapids, IA	1:58:55	9:04
153	22	W25	Shannon Strickler, 28*, Windsor Heights, IA	1:58:56	9:04
314	49	M45	Guy Hauser, 46, Urbandale, IA	1:59:02	9:05
315	50	M45	Michael Stanley, 49, Clive, IA	1:59:03	9:05
154	33	W30	Greta Southall, 31*, Indianola, IA	1:59:03	9:05
316	51	M45	Delayne Stokke, 47, Ames, IA	1:59:04	9:05
155	34	W30	Jill Hill, 32*, West Des Moines, IA	1:59:10	9:05
317	53	M40	Bob Soltis, 42, Des Moines, IA	1:59:11	9:05
156	23	W25	Jessica Keehn, 27*, Ankeny, IA	1:59:11	9:05
157	24	W25	Carissa Ann Hoeman, 27*, Creston, IA	1:59:15	9:06
318	32	M25	Robert Walker, 26, Des Moines, IA	1:59:21	9:06
319	35	M50	Don Jessen, 53, Colfax, IA	1:59:25	9:07
158	28	W40	Deb Pape, 42*, Des Moines, IA	1:59:42	9:08
159	25	W25	Kristy Conrad, 28*, Urbandale, IA	1:59:47	9:08
320	54	M35	Robert Stomp, 36, Des Moines, IA	1:59:52	9:09
321	54	M40	John Beh, 42, Des Moines, IA	1:59:52	9:09
160	14	W45	Denise Whiting, 46*, Iowa City, IA	1:59:53	9:09
161	35	W30	Jessica Johnson, 33*, Chillicothe, IL	1:59:59	9:09

322	19	M55	Al Kacere, 58, Marion, IA	2:00:01	9:09
162	15	W45	Lynette Buresh, 45*, Wadena, MN	2:00:02	9:09
163	16	W45	Janet Wirth-Cauchon, 47*, Des Moines, IA	2:00:03	9:09
323	20	M55	William Reinarts, 57, Winona, MN	2:00:07	9:10
324	55	M35	Dan Koestner, 36, Grimes, IA	2:00:12	9:10
325	4	JrM	Stevie Story, 18, Clear Lake, IA	2:00:13	9:10
164	36	W30	Joanna Clay, 31*, Chillicothe, IL	2:00:18	9:11
326	52	M45	Russ Laczniak, 49, Ames, IA	2:00:19	9:11
165	32	W35	Stace Johnson, 36*, Urbandale, IA	2:00:31	9:12
327	33	M25	Dirk Whitebreast, 26, Lawrence, KS	2:00:33	9:12
328	21	M55	Mark Hughes, 56, Bloomington, MN	2:00:38	9:12
329	46	M30	Dave Orr, 31, Humboldt, IA	2:00:39	9:12
166	4	W50	Pamela Wood, 51*, Janesville, Ia	2:00:43	9:12
330	36	M50	Greg Brown, 52, Des Moines, IA	2:00:47	9:13
331	37	M50	Kevin Crawford, 50, Knoxville, IA	2:00:48	9:13
332	23	M20	Scott Shumaker, 24, West Des Moines, IA	2:00:51	9:13
167	33	W35	Stacy Farr, 35*, West Des Moines, IA	2:00:52	9:13
168	26	W25	Sally Shumaker, 27*, Davenport, IA	2:00:55	9:13
169	27	W25	Kristen Boyd, 25*, Florissant, MO	2:00:55	9:13
170	17	W45	Laurie Wahlig, 45*, West Des Moines, IA	2:00:57	9:14
333	38	M50	Gaylen Baker, 54, Omaha, NE	2:01:09	9:14
171	5	W50	Julia Batten, 50*, Carlisle, IA	2:01:17	9:15
172	18	W45	Vicki Bentley-Condit, 48*, Grinnell, IA	2:01:22	9:15
334	34	M25	Jared Christensen, 25, Clive, IA	2:01:24	9:16
335	35	M25	Wyatt Myers, 28, Des Moines, IA	2:01:35	9:16
336	55	M40	Cary Osborn, 41, Newton, IA	2:01:44	9:17
173	28	W25	Vanessa Scott, 28*, Des Moines, IA	2:01:46	9:17
337	56	M40	John Renard, 40, Des Moines, IA	2:01:47	9:17
338	57	M40	Kevin Rahner, 40, Huxley, IA	2:01:55	9:18
339	56	M35	Brent Emerson, 35, Huxley, IA	2:01:55	9:18
340	58	M40	Craig Marrs, 44, Ames, IA	2:02:00	9:18
341	53	M45	Roger Wilson, 49, West Des Moines, IA	2:02:07	9:19
342	54	M45	Bill Schmitt, 45, Alleman, IA	2:02:25	9:20
174	34	W35	Heather Flaherty, 37*, Kelley, IA	2:02:27	9:20
343	22	M55	Dennis Woline, 55, Des Moines, IA	2:02:30	9:21
344	59	M40	Sean Smith, 43, Urbandale, IA	2:02:33	9:21
345	55	M45	Michael Putz, 47, Edgewood, IA	2:02:34	9:21
175	35	W35	Ann Newbury, 38*, Indianola, IA	2:02:44	9:22
176	29	W40	Peggy Kriegel, 40*, Des Moines, IA	2:02:44	9:22
346	23	M55	Bill Lorenz, 58, Carlisle, IA	2:02:46	9:22
177	30	W40	Aggie Putz, 44*, Edgewood, IA	2:02:47	9:22
178	29	W25	Kecia Goodman, 29*, Ames, IA	2:02:53	9:22
179	19	W20	Susan Hildebrand, 20*, Woolstock, IA	2:03:03	9:23
180	5	JrW	Cat Carlson, 19*, Clive, IA	2:03:30	9:25
347	57	M35	Jeffrey Collum, 37, West Des Moines, IA	2:03:47	9:27
181	30	W25	Mindy Sauer, 27*, Urbandale, IA	2:03:48	9:27
348	39	M50	Glen Oglia, 54, Des Moines, IA	2:03:52	9:27
182	36	W35	Kathy Nettleton, 37*, Des Moines, IA	2:03:53	9:27
349	24	M55	Robert Hall, 55, Harlan, IA	2:04:02	9:28
183	31	W25	Maggie McCann, 27*, Council Bluffs, IA	2:04:03	9:28
350	58	M35	Dave Daniels, 37, Urbandale, IA	2:04:04	9:28
351	56	M45	Gregg West, 47, Ames, IA	2:04:06	9:28
352	57	M45	Jeffrey Anderson, 45, Boone, IA	2:04:26	9:30
184	32	W25	Robin Dickson, 29*, West Des Moines, IA	2:04:37	9:30
185	33	W25	Katherine Fischer, 28*, Graettinger, IA	2:04:40	9:31
186	31	W40	Jill Wanninger, 41*, Jefferson, IA	2:04:41	9:31
187	20	W20	Audrey Hinote, 21*, Jefferson, IA	2:04:42	9:31
353	60	M40	Andrew Kahl, 41, Des Moines, IA	2:04:49	9:31
188	37	W35	Debra Scorpiniti, 38*, West Des Moines, IA	2:04:49	9:31
189	21	W20	Elizabeth Burt, 24*, Des Moines, IA	2:04:54	9:32
354	61	M40	Daniel Beenken, 42, Jefferson, IA	2:05:11	9:33
355	59	M35	Delsin Knowler, 35, West Des Moines, IA	2:05:22	9:34
356	47	M30	Jason Walter, 31, St. Louis, MO	2:05:22	9:34
190	34	W25	Elizabeth Iwansky, 27*, Ankeny, IA	2:05:30	9:34

357	25	M55 Al Goldberg, 56, Des Moines, IA	2:05:44	9:35
191	37	W30 Dahla Conklin, 33*, Chillicothe, IL	2:05:45	9:36
192	38	W35 Kathy Cutler, 37*, Chillicothe, IL	2:05:49	9:36
358	60	M35 Joel Veenstra, 37, Des Moines, IA	2:05:50	9:36
193	22	W20 Julisa Leistad, 24*, Council Bluffs, IA	2:05:50	9:36
194	35	W25 Amanda Moore, 25*, Council Bluffs, IA	2:05:53	9:36
195	36	W25 Crystal Wildes, 25*, Des Moines, IA	2:05:53	9:36
359	36	M25 Rich Miller, 27, West Des Moines, IA	2:06:00	9:37
360	62	M40 Marty Marren, 42, Johnston, IA	2:06:07	9:37
361	37	M25 Nicholas Wendt, 27, Des Moines, IA	2:06:10	9:37
196	23	W20 Alicia Fisher, 21*, Des Moines, IA	2:06:13	9:38
197	24	W20 Sara Vanderpool, 20*, Des Moines, IA	2:06:18	9:38
198	25	W20 McKenzie Hildreth, 22*, Council Bluffs, IA	2:06:22	9:38
199	39	W35 Mindy Wieland, 35*, Iowa City, IA	2:06:25	9:39
362	58	M45 John Moran, 48, Story City, IA	2:06:27	9:39
363	40	M50 Jim Urban, 54, Coon Rapids, MN	2:06:27	9:39
200	37	W25 Sarah Havens, 28*, Des Moines, IA	2:06:29	9:39
364	48	M30 Tim Elliott, 32, Huxley, IA	2:06:31	9:39
365	63	M40 Dennis Donnelly, 44, West Des Moines, IA	2:06:37	9:39
366	59	M45 Jon Book, 45, Chula Vista, CA	2:06:37	9:40
201	38	W30 Pam Banyas, 32*, Ankeny, IA	2:06:53	9:41
367	64	M40 Rob Harlan, 44, Des Moines, IA	2:06:58	9:41
368	38	M25 Kris Lawson, 27, Mission, KS	2:07:03	9:41
202	40	W35 Connie Ten Napel, 38*, Jefferson, IA	2:07:20	9:43
369	39	M25 Robert Gainer, 27, Des Moines, IA	2:07:24	9:43
203	6	W50 Theresa Finnegan, 51*, Des Moines, IA	2:07:27	9:43
204	26	W20 Allison Clark, 21*, Des Moines, IA	2:08:13	9:47
205	27	W20 Amber Herrmann, 21*, Normal, IL	2:08:13	9:47
370	49	M30 Brandon Stucki, 30, Indianola, IA	2:08:32	9:48
371	26	M55 Dennis Johnson, 57, Des Moines, IA	2:08:35	9:48
372	50	M30 Brenton Pushetonequa, 30, Tama, IA	2:08:43	9:49
206	32	W40 Debra Degraff, 44*, Runnells, IA	2:08:51	9:50
207	41	W35 Jennifer Chambers, 35*, Clive, IA	2:08:53	9:50
373	65	M40 Michael Scoblic, 42, Waukee, IA	2:09:09	9:51
208	33	W40 Laura Reed, 44*, Solon, IA	2:09:13	9:51
209	39	W30 Tara Kilmer, 34*, Chillicothe, IL	2:09:14	9:51
210	40	W30 Tricia Scott, 31*, Adel, IA	2:09:28	9:53
211	42	W35 Ingham Desiree, 38*, Norwalk, IA	2:09:31	9:53
212	41	W30 Peggy Kacer, 33*, Altoona, IA	2:09:36	9:53
213	42	W30 Natalie Gulbranson, 32*, Pleasant Hill, IA	2:10:01	9:55
214	19	W45 Jennifer Seales, 49*, Rhodes, IA	2:10:01	9:55
215	28	W20 Laura Gerdes, 21*, Coralville, IA	2:10:13	9:56
374	40	M25 Thomas Osier, 25, Coralville, IA	2:10:13	9:56
216	20	W45 Jaci Thorson, 48*, Forest City, IA	2:10:17	9:56
217	43	W30 Krista Banyas, 31*, Altoona, IA	2:10:21	9:57
218	21	W45 Kathleen Kilnoski, 47*, Council Bluffs, IA	2:10:27	9:57
219	44	W30 Michele Dahlen, 32*, West Des Moines, IA	2:10:39	9:58
220	45	W30 Cynnamon Brown, 30*, West Des Moines, IA	2:10:53	9:59
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221	43	W35 Carol Larson, 36*, Chillicothe, IL	2:11:01	10:00
375	61	M35 Christopher Greenfield, 37, Des Moines, IA	2:11:46	10:03
222	38	W25 Dawn Kaestner, 29*, West Des Moines, IA	2:11:47	10:03
223	39	W25 Laura Martino, 28*, Des Moines, IA	2:12:14	10:05
224	46	W30 Kimberly Donner, 32*, Ames, IA	2:12:25	10:06
225	7	W50 Joan Meyer, 57*, Escondido, CA	2:12:36	10:07
226	8	W50 Carolyn Schmitt, 52*, West Des Moines, IA	2:12:37	10:07
376	66	M40 Dave Vajgrt, 44, Marshalltown, IA	2:12:49	10:08
227	34	W40 Lisa Gassman, 44*, Marshalltown, IA	2:12:49	10:08
228	9	W50 Mary Hillman, 52*, Grand Junction, IA	2:13:02	10:09
229	29	W20 Jolene Hoff, 24*, Council Bluffs, IA	2:13:04	10:09

230	40	W25	Hayley Boateng, 25*, Omaha, NE	2:13:05	10:09
377	41	M50	Brent Cooper, 51, Urbandale, IA	2:13:16	10:10
378	42	M50	Denis Schmitt, 51, West Des Moines, IA	2:13:23	10:10
231	41	W25	Melissa Stowe, 28*, Urbandale, IA	2:13:23	10:10
232	30	W20	Erin Goettl, 22*, West Des Moines, IA	2:13:24	10:11
233	42	W25	Morgan Fahey-Vornberg, 26*, Des Moines, IA	2:13:24	10:11
234	43	W25	Alison Putnam, 25*, Des Moines, IA	2:13:55	10:13
379	60	M45	Scott Slater, 45, Ankeny, IA	2:14:02	10:13
235	44	W35	Melissa Reents, 35*, Urbandale, IA	2:14:03	10:13
236	10	W50	Sara Morris, 54*, West Des Moines, IA	2:14:06	10:14
380	62	M35	Jason Soliday, 38, West Des Moines, IA	2:14:07	10:14
381	51	M30	Richard Scott, 32, Oskaloosa, IA	2:14:13	10:14
382	67	M40	Jon Peterson, 44, Cedar Rapids, IA	2:14:23	10:15
237	31	W20	Erin Anderson, 20*, Des Moines, IA	2:14:27	10:15
238	32	W20	Anne Lawrence, 20*, Littleton, CO	2:14:27	10:15
383	27	M55	Charles Potter, 57, Muscatine, IA	2:14:38	10:16
239	33	W20	Ashley Cox, 22*, West Des Moines, IA	2:14:45	10:17
384	43	M50	Donald Cox, 51, West Des Moines, IA	2:14:45	10:17
385	44	M50	Steve Kenkel, 50, Toledo, IA	2:14:54	10:17
386	28	M55	Gerald Graves, 56, Van Meter, IA	2:15:04	10:18
240	34	W20	Jane Pettijohn, 22*, Des Moines, IA	2:15:32	10:20
387	24	M20	Tim Moran, 23, Story City, IA	2:15:55	10:22
241	44	W25	Dani Wilson, 25*, Center Point, IA	2:15:59	10:22
388	45	M50	Rick Hoyer, 53, West Des Moines, IA	2:16:37	10:25
242	47	W30	Amanda Freese, 31*, Cedar Rapids, IA	2:16:58	10:27
389	29	M55	Ben Allers, 56, Kansas City, MO	2:17:14	10:28
390	61	M45	Gary Young, 46, Johnston, IA	2:17:33	10:30
391	5	M60	Daniel Gannon, 60, Ankeny, IA	2:17:41	10:30
243	35	W40	Jenny Topic, 40*, West Des Moines, IA	2:18:09	10:32
244	36	W40	Tracy Cheney, 43*, West Des Moines, IA	2:18:10	10:32
245	48	W30	Donna Lynch, 32*, Golden, CO	2:18:28	10:34
246	49	W30	Beth Jebens, 32*, Des Moines, IA	2:18:29	10:34
247	45	W25	Kelsey Lawler, 26*, Urbandale, IA	2:18:29	10:34
392	52	M30	Tony Lovejoy, 33, Urbandale, IA	2:18:39	10:35
393	63	M35	Richard Bangma, 35, Pella, IA	2:18:39	10:35
394	30	M55	Gerald Dewald, 56, West Des Moines, IA	2:19:03	10:36
248	45	W35	Camilla Martin, 37*, Marion, IA	2:19:09	10:37
249	37	W40	Gina Garman, 40*, Marion, IA	2:19:09	10:37
250	46	W25	Danielle Wain, 28*, Ames, IA	2:19:11	10:37
395	64	M35	Bill Maly, 35, Cedar Rapids, IA	2:19:32	10:39
396	53	M30	Jeff Schug, 34, Johnston, IA	2:19:59	10:41
251	47	W25	Laura Cressy, 29*, Clive, IA	2:20:01	10:41
397	65	M35	Darren Bullard, 36, Urbandale, IA	2:20:16	10:42
252	38	W40	Sharon Koele, 41*, Des Moines, IA	2:20:46	10:44
253	39	W40	Pam Bissing, 44*, West Des Moines, IA	2:20:49	10:44
254	40	W40	Heather Bacino, 43*, Des Moines, IA	2:20:50	10:45
398	5	JrM	Justin Hagedorn, 13, Des Moines, IA	2:21:34	10:48
399	68	M40	Jay Hagedorn, 42, Des Moines, IA	2:21:34	10:48
255	46	W35	Lisa Carter, 37*, Ankeny, IA	2:21:49	10:49
256	22	W45	Rhonda Anderson, 47*, Clive, IA	2:22:34	10:53
400	69	M40	Theron Schutte, 43, Boone, IA	2:23:48	10:58
401	46	M50	Jim Malloy, 51, Boone, IA	2:23:49	10:58
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257	23	W45	Brenda Bonney, 48*, Woodbury, MN	2:24:33	11:02
258	35	W20	Laura Bonney, 20*, Des Moines, MN	2:24:33	11:02
259	50	W30	Jennifer Kees, 33*, Des Moines, IA	2:25:16	11:05
260	48	W25	Tiffany Deckinger, 28*, Waukee, IA	2:26:14	11:09
402	70	M40	Paul Witmer, 43, Des Moines, IA	2:27:00	11:13
403	54	M30	Chad Jacobsen, 34, Urbandale, IA	2:27:38	11:16
261	11	W50	Coleen Waage, 55*, West Des Moines, IA	2:29:30	11:24
262	36	W20	Meghann Kehoe, 23*, West Des Moines, IA	2:32:29	11:38
263	6	JrW	Cammeo Medici, 19*, Russell, IA	2:34:24	11:47
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264	49	W25	Kim Thompson, 28*, Indianola, IA	2:37:52	12:03
404	66	M35	James Calby, 38, Des Moines, IA	2:37:53	12:03
265	37	W20	Megan Bergstrom, 22*, Des Moines, IA	2:38:32	12:06
266	38	W20	Krisin Pavlovich, 22*, Des Moines, IA	2:38:32	12:06
405	62	M45	Tim Fyfe, 48, Clear Lake, IA	2:42:18	12:23
267	7	JrW	Laura Fyfe, 16*, Clear Lake, IA	2:42:19	12:23
406	6	M60	Rollin Perry, 67, Cedar Falls, IA	2:44:07	12:31

"*" indicates females

5 finishers among Men 19 & Under

24 finishers among Men 20 - 24

40 finishers among Men 25 - 29

54 finishers among Men 30 - 34

66 finishers among Men 35 - 39

70 finishers among Men 40 - 44

62 finishers among Men 45 - 49

46 finishers among Men 50 - 54

30 finishers among Men 55 - 59

6 finishers among Men 60 & Up

7 finishers among Women 19 & Under

38 finishers among Women 20 - 24

49 finishers among Women 25 - 29

50 finishers among Women 30 - 34

46 finishers among Women 35 - 39

40 finishers among Women 40 - 44

23 finishers among Women 45 - 49

11 finishers among Women 50 & Up

406 male finishers

267 female finishers

673 total finishers

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