

## 37th Drake Relay On-the-ROADS Half-Marathon (13.109 miles)

Des Moines, Iowa

April 30, 2005

degrees, sunny, calm

Results by Jack Moran & Cal Murdock

[8K results here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

"\*" indicates females

PLACE	CLASS	FINISHER	TIME	PACE
PLACE	PLACE			
1	1 M25	Andrew Smith, 28, Lebanon, IL	1:08:24	5:13
2	2 M25	Marty Dalton, 29, Stuart, IA	1:08:55	5:15
3	3 M25	Eric Graham, 26, Olathe, KS	1:09:09	5:16
4	1 JrM	Patrick Hanson, 19, Liberty, MO	1:13:16	5:35
5	1 M20	Chris Terry, 22, St. Charles, MO	1:13:28	5:36
6	1 M30	Nathan Kohnle, 30, Loves Park, IL	1:14:16	5:40
7	2 M20	Trent Graham, 22, Des Moines, IA	1:14:29	5:41
8	3 M20	Greg Ziegler, 20, Liberty, MO	1:14:47	5:42
9	4 M25	Eric Hollander, 28, Des Moines, IA	1:15:15	5:44
10	1 M35	Jim Johnson, 36, Boulder, CO	1:15:22	5:45
11	4 M20	Michael Dorsey, 21, Fenton, MO	1:16:12	5:49
12	2 M35	Brad Wall, 37, Ankeny, IA	1:16:34	5:50
13	2 JrM	Chris Colgan, 19, Peoria, IL	1:16:47	5:51
14	5 M20	Noah Lawrence, 24, Iowa City, IA	1:16:56	5:52
15	5 M25	Chad Wallin, 25, Minot, ND	1:16:57	5:52
16	3 M35	Joe Marshall, 37, Granger, Ia	1:16:58	5:52
17	6 M20	Tim Ives, 24, Des Moines, IA	1:17:03	5:53
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>				
18	2 M30	Matt Zinno, 33, Ankeny, IA	1:18:35	6:00
19	3 JrM	Bryan Sherwood, 19, St. Charles, MO	1:19:43	6:05
20	4 JrM	Jason Maurice, 19, Fairfield, IA	1:20:23	6:08
21	1 M40	Greg Skopec, 43, Coralville, IA	1:20:39	6:09
22	7 M20	Matt Hanawalt, 24, Carroll, IA	1:21:09	6:11
23	2 M40	Joe Thomas, 40, Kansas City, MO	1:21:27	6:13
24	3 M30	Alex Johnson, 31, Des Moines, IA	1:21:33	6:13
25	6 M25	Brian Bell, 27, Omaha, NE	1:21:59	6:15
26	7 M25	John McKlveen, 28, Evanston, IL	1:22:55	6:19
27	4 M30	Tony Stensland, 34, Forest City, IA	1:23:37	6:23
28	5 M30	Luke Spencer, 33, Des Moines, IA	1:23:47	6:23
29	3 M40	Tim Huffman, 44, Ackworth, IA	1:23:50	6:24
30	8 M20	Mike Wilson, 22, Altoona, IA	1:23:52	6:24
31	4 M40	Douglas Hammerand, 40, Carlisle, IA	1:24:00	6:24
32	9 M20	Luke Youmans, 24, Elk Point, SD	1:24:04	6:25
33	6 M30	Myron Peto, 34, Ames, IA	1:24:14	6:26
34	10 M20	Bryan Grosbach, 21, McPherson, KS	1:24:19	6:26
35	1 M50	Dave Fitz, 50, Ames, IA	1:24:25	6:26

36	5	M40 Rod Williams, 43, Warrensburg, MO	1:24:35	6:27
1	1	W25 Anna Bergman, 27*, Des Moines, IA	1:25:14	6:30
37	7	M30 Mike Collet, 34, Des Moines, IA	1:25:57	6:33
38	11	M20 Adam Paulson, 20, Iowa City, IA	1:26:08	6:34
39	2	M50 Rick Ironside, 51, Marion, IA	1:26:25	6:36
40	8	M25 Mark Simons, 27, North Liberty, IA	1:26:28	6:36
2	2	W25 Angie Kell, 26*, Minneapolis, MN	1:26:29	6:36
41	6	M40 Troy Zeleznik, 42, West Des Moines, IA	1:26:33	6:36
42	7	M40 Rob Gillum, 44, Des Moines, IA	1:26:37	6:36
43	9	M25 Colby Miller, 28, Iowa City, IA	1:26:53	6:38
44	4	M35 Brian Shadle, 39, Clive, IA	1:27:13	6:39
45	8	M40 Randall Webb, 43, Boone, IA	1:27:33	6:41
46	8	M30 Shawn Miller, 33, Des Moines, IA	1:27:53	6:42
47	5	M35 Donald Wells, 37, Des Moines, IA	1:28:09	6:43
48	10	M25 Anthony Cendana, 29, West Des Moines, IA	1:28:14	6:44
49	12	M20 Tim Buch, 20, Fairfield, IA	1:28:15	6:44
3	1	W30 Erin Ward, 30*, Eagan, MN	1:28:34	6:45
50	6	M35 Mike Rieks, 37, Urbandale, IA	1:28:41	6:46
51	13	M20 Matthew Crooks, 24, Mason City, IA	1:28:45	6:46
52	9	M40 Jeff Perry, 44, Bondurant, IA	1:28:47	6:46
53	11	M25 Aaron Juhnke, 27, Kansas City, MO	1:28:49	6:46
54	12	M25 Barrie Terrones, 27, Urbandale, IA	1:29:09	6:48
55	9	M30 Christopher Siewert, 34, Urbandale, IA	1:29:28	6:49
56	14	M20 Ryan Swales, 23, Mason City, IA	1:29:44	6:51
57	13	M25 Aaron Thomas, 25, New Virginia, IA	1:29:56	6:52
58	10	M30 Todd Schemper, 30, Des Moines, IA	1:30:02	6:52
59	1	M55 James Jacobsen, 55, Des Moines, IA	1:30:12	6:53
60	10	M40 Carter Stevens, 43, Denver, IA	1:30:26	6:54
61	7	M35 Tim Hart, 37, Johnston, IA	1:30:32	6:54
62	14	M25 Drew Foer, 27, Des Moines, IA	1:30:34	6:54
63	15	M25 Nathan Wenck, 27, Carroll, IA	1:30:36	6:55
64	16	M25 Rocky Bare, 25, Des Moines, IA	1:30:36	6:55
65	11	M30 Troy Jepsen, 31, Ames, IA	1:30:37	6:55
66	11	M40 Doug Adams, 43, Urbandale, IL	1:30:57	6:56
67	12	M40 Steve Sikkink, 44, Des Moines, IA	1:30:57	6:56
68	17	M25 Conrad Hanson, 29, Urbandale, IA	1:31:04	6:57
69	8	M35 Tom Hamilton, 39, Clive, IA	1:31:08	6:57
4	1	W20 Melissa Schmidt, 22*, Yankton, SD	1:31:22	6:58
70	9	M35 Mark Lowe, 39, West Des Moines, IA	1:31:24	6:58
71	15	M20 Anthony Nelson, 22, West Des Moines, IA	1:31:27	6:58
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>				
72	13	M40 Doug Kintzle, 40, Urbandale, IA	1:31:45	7:00
73	3	M50 Greg Madison, 50, Ankeny, IA	1:31:49	7:00
74	12	M30 Christopher Grossinger, 30, Shorewood, MN	1:31:56	7:01
5	1	W45 Tricia McClain, 48*, Altoona, IA	1:31:57	7:01
75	13	M30 Doug Sturm-Smith, 30, Des Moines, IA	1:32:00	7:01
76	16	M20 John Meyer, 20, Ames, IA	1:32:09	7:02
77	5	JrM Derek Keast, 14, Altoona, IA	1:32:20	7:03
78	17	M20 Jon Elbert, 22, Iowa City, IA	1:32:25	7:03
6	3	W25 Rachel Moen, 25*, West Des Moines, IA	1:32:44	7:04
79	14	M30 Stew Bevis, 30, Altoona, IA	1:32:52	7:05
80	15	M30 Michael Luebbers, 33, Shell Rock, IA	1:32:59	7:06
81	1	M45 Allen Miller, 48, Ames, IA	1:33:03	7:06
82	10	M35 Jeff Bevis, 36, Johnston, IA	1:33:14	7:07
83	18	M25 Michael Roberts, 26, Johnston, IA	1:33:16	7:07
7	1	W35 Traci Hart, 35*, Waukee, IA	1:33:19	7:07
8	2	W45 Beth Henriksen, 49*, Ames, IA	1:33:21	7:07
84	14	M40 Dale Knoshaug, 43, Des Moines, IA	1:33:34	7:08
85	19	M25 Nate Dunn, 29, Cedar Rapids, IA	1:33:44	7:09
86	16	M30 Todd Erzen, 32, Des Moines, IA	1:33:57	7:10
87	11	M35 Doug Eppard, 39, Johnston, IA	1:33:59	7:10
88	15	M40 Jeff Feder, 44, Des Moines, IA	1:34:01	7:10
89	18	M20 Jon Schreiner, 21, Des Moines, IA	1:34:08	7:11
90	4	M50 Jerry Murphy, 50, Ankeny, IA	1:34:09	7:11

91	2	M45	Thomas Heuer, 47, Des Moines, IA	1:34:12	7:11
9	2	W35	Linda Groon, 36*, Bangor, WI	1:34:14	7:11
10	4	W25	Erica Lewis, 26*, Cedar Rapids, IA	1:34:19	7:12
92	20	M25	Timothy Kasperek, 25, Cedar Rapids, IA	1:34:20	7:12
93	19	M20	Matt Berndt, 20, Newton, IA	1:34:49	7:14
94	3	M45	Joe Moreno, 48, East Moline, IL	1:34:52	7:14
95	4	M45	Joseph Yuhas, 48, Minneapolis, MN	1:34:53	7:14
96	20	M20	Darin Schuknecht, 23, Pella, IA	1:34:58	7:15
97	12	M35	Mark Hagen, 35, North Liberty, IA	1:35:00	7:15
98	16	M40	Don Cumings, 41, Ankeny, IA	1:35:01	7:15
11	5	W25	Jana Severson, 27*, West Des Moines, IA	1:35:02	7:15
99	21	M25	Randy Sturm, 27, Belmond, IA	1:35:07	7:15
100	17	M30	Matthew Zepeda, 31, Waukee, IA	1:35:14	7:16
101	18	M30	Heesa Sloweguye, 33, Des Moines, IA	1:35:20	7:16
12	3	W45	Shelia Maddock, 49*, Johnston, IA	1:35:22	7:16
102	19	M30	Chris Ristau, 33, Denver, IA	1:35:31	7:17
13	3	W35	Sandy Sabelka, 37*, Denver, IA	1:35:35	7:17
103	5	M45	Steven Hendricks, 48, Fort Dodge, IA	1:35:37	7:18
14	2	W20	Laurie Morgenthal, 23*, Wheeling, IL	1:35:54	7:19
104	22	M25	John Hindley, 26, Ames, IA	1:36:01	7:19
105	2	M55	Denny Rehm, 55, Winona, MN	1:36:06	7:20
15	3	W20	Kristin McLaughlin, 22*, Des Moines, IA	1:36:08	7:20
106	23	M25	Nate Geurkink, 27, Des Moines, IA	1:36:08	7:20
16	4	W35	Ellen Middleswart, 39*, Urbandale, IA	1:36:10	7:20
107	21	M20	Jeritt Bushaw, 23, Chicago, IL	1:36:33	7:22
108	22	M20	Jeff Uittenbogaard, 23, Clive, IA	1:36:34	7:22
109	13	M35	Troy Koerselman, 35, Ankeny, IA	1:36:34	7:22
110	24	M25	Chris Chamberlin, 27, Ankeny, IA	1:36:40	7:22
111	23	M20	Matthew Reid, 21, West Des Moines, IA	1:36:43	7:23
112	6	M45	Keith Gutschenritter, 46, West Des Moines, IA	1:36:45	7:23
113	14	M35	Chad Ford, 37, Atlantic, IA	1:36:50	7:23
17	4	W20	Molly Alesch, 22*, Des Moines, IA	1:36:53	7:23
114	15	M35	John Urban, 37, Johnston, IA	1:36:59	7:24
115	20	M30	Nick Quanrud, 30, Cedar Rapids, IA	1:36:59	7:24
116	17	M40	John Kromminga, 40, Johnston, IA	1:37:00	7:24
117	7	M45	Kent Kelderman, 45, Clive, IA	1:37:01	7:24
118	18	M40	Kevin Allen, 44, Des Moines, IA	1:37:03	7:24
119	19	M40	Michael Meyer, 41, Omaha, NE	1:37:06	7:24
120	1	M60	Sylvan Addink, 63, Iowa City, IA	1:37:10	7:25
18	5	W35	Beth Bakros, 35*, Des Moines, IA	1:37:10	7:25
121	3	M55	Dennis Wheeler, 55, Urbandale, IA	1:37:11	7:25
122	6	JrM	Alex Hammer, 17, Urbandale, IA	1:37:20	7:25
123	21	M30	Dave Freeseaman, 34, West Des Moines, IA	1:37:26	7:26
124	5	M50	Peter Percival, 51, Des Moines, IA	1:37:28	7:26
125	22	M30	Tim Lowe, 32, Clive, IA	1:37:31	7:26
126	25	M25	Dion Braet, 29, Huxley, IA	1:37:39	7:27
127	23	M30	Paul Jacobson, 34, Colo, IA	1:37:39	7:27
128	16	M35	Norm Bach, 38, Marshalltown, IA	1:37:40	7:27
129	6	M50	Rick Hall, 52, Urbandale, IA	1:37:41	7:27
130	17	M35	Adriaan Louw, 36, Raymore, MO	1:37:51	7:28
131	24	M30	Keith Lyles, 30, Des Moines, IA	1:37:52	7:28
132	25	M30	Kris Vanderkamp, 33, Ankeny, IA	1:37:54	7:28
133	20	M40	Dale Weber, 41, Ames, IA	1:37:56	7:28
19	4	W45	Shamrae Kemmet, 46*, Adel, IA	1:38:02	7:29
20	6	W25	Megan Miller, 26*, Iowa City, IA	1:38:05	7:29
21	5	W20	Jenny Schooley, 21*, Cedar Falls, IA	1:38:06	7:29
22	6	W35	Susan Brown, 36*, Waukee, IA	1:38:09	7:29
134	18	M35	Timothy Bergan, 39, Newton, IA	1:38:13	7:30
23	1	W50	Nancy Hoegh, 52*, Clive, IA	1:38:15	7:30
135	7	M50	Brian Piper, 50, Western Springs, IL	1:38:18	7:30
136	26	M30	Eric Pollock, 33, Fitchburg, WI	1:38:20	7:30
137	26	M25	Joshua Agen, 28, Des Moines, IA	1:38:28	7:31
24	1	W40	Rae Letourneau, 43*, West Des Moines, IA	1:38:28	7:31
138	27	M25	Lucas Bennett, 25, Coralville, IA	1:38:30	7:31

139	7	JrM Kerry Bonselaar, 16, Altoona, IA	1:38:31	7:31
140	2	M60 Craig Clark, 61, Mason City, IA	1:38:37	7:31
141	21	M40 Mark Weaver, 43, Urbandale, IA	1:38:38	7:31
25	7	W35 Dana Foster, 39*, Dike, IA	1:38:42	7:32
142	19	M35 Mike Gardner, 35, Ankeny, IA	1:38:47	7:32
143	22	M40 K F. Headley, 43, Des Moines, IA	1:38:49	7:32
144	28	M25 Casey Miller, 29, Urbandale, IA	1:38:52	7:32
145	8	M45 Don Owens, 46, Des Moines, IA	1:38:53	7:33
146	9	M45 Rick Gubbels, 47, Des Moines, IA	1:38:53	7:33
147	27	M30 Richard Bundy, 34, Ankeny, IA	1:38:54	7:33
148	29	M25 Mike Mullins, 27, Ames, IA	1:38:57	7:33
149	23	M40 Matt Nagle, 43, Mount Vernon, IA	1:39:00	7:33
150	24	M40 Galen Redshaw, 43, Johnston, IA	1:39:15	7:34
151	20	M35 Matt Anderson, 35, Des Moines, IA	1:39:17	7:34
26	8	W35 Brenda O'Hare, 37*, Ankeny, IA	1:39:18	7:34
27	1	JrW Christine Komjathy, 18*, Ames, IA	1:39:18	7:34
152	25	M40 Mark Corley, 43, West Des Moines, IA	1:39:22	7:35
153	26	M40 Steven Lewellen, 40, Des Moines, IA	1:39:29	7:35
154	27	M40 Ron Schuck, 44, Ames, IA	1:39:40	7:36
155	28	M30 Jason Hahn, 34, Des Moines, IA	1:39:44	7:36
156	29	M30 Ben Weers, 30, Pleasant Hill, IA	1:39:45	7:37
157	28	M40 Kelly Simpson, 43, Jefferson, IA	1:39:46	7:37
28	2	W30 Dawn Keller, 32*, Shell Rock, IA	1:39:51	7:37
158	3	M60 Ron Bickel, 62, Pleasant Hill, IA	1:39:52	7:37
159	21	M35 Rob Marshall, 39, West Des Moines, IA	1:39:56	7:37
160	22	M35 Jeff Kelly, 38, Urbandale, IA	1:39:59	7:38
161	8	M50 Tom Tecklenburg, 50, Humboldt, IA	1:40:19	7:39
29	6	W20 Nicole Wendl, 23*, West Des Moines, IA	1:40:20	7:39
162	9	M50 Fred Kreykes, 54, Pella, IA	1:40:21	7:39
30	9	W35 Deb Gaddis, 38*, Solon, IA	1:40:26	7:40
31	7	W20 Tamara Loan, 24*, Marion, IA	1:40:26	7:40
163	23	M35 Jeff Lorenzen, 39, Waukee, IA	1:40:34	7:40
164	24	M35 Richard Mockobee, 37, Norwalk, IA	1:40:35	7:40
165	10	M50 David McClung, 50, Des Moines, IA	1:40:40	7:41
32	3	W30 Shelly Law, 32*, Des Moines, IA	1:40:41	7:41
33	4	W30 Laurie Baker, 32*, Waukee, IA	1:40:49	7:41
166	30	M25 Benjamin Nunnikhoven, 26, Pella, IA	1:40:56	7:42
167	11	M50 Galen Wilke, 53, Ames, IA	1:40:58	7:42
34	8	W20 Ruby Bode, 24*, Des Moines, IA	1:41:06	7:43
168	31	M25 Rusty Seifert, 29, Iowa City, IA	1:41:08	7:43
169	30	M30 Ryan Wells, 32, Iowa City, IA	1:41:08	7:43
35	2	W40 Kim Arndt, 40*, Indianola, IA	1:41:10	7:43
36	5	W30 Janell Kallenbach, 32*, Norwalk, IA	1:41:11	7:43
170	25	M35 Mike Foster, 39, Dike, IA	1:41:11	7:43
171	4	M55 Ronald Charles, 56, Newton, IA	1:41:14	7:43
172	29	M40 Allen Benjamin, 41, Des Moines, IA	1:41:20	7:44
37	9	W20 Elizabeth Yemm, 22*, Iowa City, IA	1:41:24	7:44
173	32	M25 Todd Pederson, 25, Ankeny, IA	1:41:25	7:44
174	30	M40 Scott Boever, 44, Des Moines, IA	1:41:27	7:44
175	31	M30 Tom Trygstad, 33, West Des Moines, IA	1:41:29	7:44
176	10	M45 Pete Sandler, 49, West Des Moines, IA	1:41:41	7:45
177	11	M45 Phil Becraft, 47, Ames, IA	1:41:50	7:46
178	31	M40 John Feehan, 44, Mt Pleasant, IA	1:41:58	7:47
179	24	M20 Zach Strube, 23, Overland Park, KS	1:42:00	7:47
180	12	M45 Dave Zimbeck, 47, Sioux Falls, SD	1:42:02	7:47
181	26	M35 Wade Steward, 38, LeGrand, IA	1:42:09	7:48
182	25	M20 Clint Miller, 23, West Des Moines, IA	1:42:10	7:48
183	32	M30 Scott Mills, 34, Des Moines, IA	1:42:11	7:48
184	33	M25 Dustin Mars, 29, West Des Moines, IA	1:42:23	7:49
185	32	M40 Jeffrey Myers, 42, Superior, WI	1:42:24	7:49
186	4	M60 John Brown, 61, Kenyon, MN	1:42:34	7:49
38	2	W50 Jan Mohs, 53*, Clive, IA	1:42:35	7:49
187	27	M35 Kenneth West, 39, Iowa City, IA	1:42:38	7:50
188	33	M40 Daniel Mallonnee, 44, Cedar Rapids, IA	1:42:39	7:50
39	6	W30 Carrie Van Quathem, 33*, Urbandale, IA	1:42:40	7:50

189	12	M50	Bob Overstreet, 54, Des Moines, IA	1:42:41	7:50
190	34	M25	Robert Meister, 29, Johnston, IA	1:42:42	7:50
191	26	M20	Timothy Anderson, 21, Ames, IA	1:42:48	7:50
192	34	M40	Doug Jones, 42, Redfield, IA	1:42:50	7:51
40	10	W20	Ashley Corkins, 22*, Yankton, SD	1:42:52	7:51
193	35	M40	Tom McCauley, 44, Des Moines, IA	1:42:53	7:51
194	36	M40	Timothy Mooney, 42, Ames, IA	1:42:56	7:51
195	13	M45	Brian Smith, 47, Omaha, NE	1:43:02	7:52
196	37	M40	Timothy Gedler, 41, West Des Moines, IA	1:43:05	7:52
41	7	W30	Julie Reuschel, 32*, Kirksville, MO	1:43:08	7:52
197	35	M25	Gary Dickey Jr., 27, Des Moines, IA	1:43:09	7:52
42	3	W40	Julie Martin, 41*, Urbandale, IA	1:43:12	7:52
198	13	M50	Paul Ruggle, 50, Newton, IA	1:43:17	7:53
199	8	JrM	Brian Ruggle, 19, Newton, IA	1:43:17	7:53
200	36	M25	Chris George, 28, Waukee, IA	1:43:18	7:53
43	11	W20	Kara Dickey, 24*, West Des Moines, IA	1:43:20	7:53
201	14	M50	Paul James, 51, Stanley, IA	1:43:26	7:53
202	14	M45	Steven McBreen, 45, Ames, IA	1:43:34	7:54
203	15	M50	Steve Gassmann, 51, Indianola, IA	1:43:35	7:54
204	33	M30	Tim Gootee, 34, Waverly, IA	1:43:38	7:54
44	10	W35	Jennifer Smith, 35*, Waukee, IA	1:43:42	7:55
45	7	W25	Lindsay Wade, 29*, Weldon, IA	1:43:49	7:55
46	4	W40	Kathi Prien, 43*, West Des Moines, IA	1:43:50	7:55
47	11	W35	Paula Allison, 39*, Boone, IA	1:43:54	7:56
205	34	M30	Delsin Knowler, 34, Des Moines, IA	1:44:09	7:57
48	8	W30	Nadine Woods, 32*, Urbandale, IA	1:44:10	7:57
49	8	W25	Emily Kimes-Schwiesow, 29*, Des Moines, IA	1:44:13	7:57
50	9	W30	Meghan Schumacker, 30*, Altoona, IA	1:44:16	7:57
51	12	W20	Julie Lohr, 23*, Coralville, IA	1:44:30	7:58
206	5	M55	Larry Walden, 58, Marshalltown, IA	1:44:40	7:59
52	9	W25	Kelli Kilgore, 26*, West Des Moines, IA	1:44:43	7:59
Face: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>					
207	15	M45	James Fuller, 46, Marshalltown, IA	1:44:52	8:00
53	13	W20	Cassandra Long, 22*, Iowa City, IA	1:44:54	8:00
208	38	M40	Dan Baldi, 42, Des Moines, IA	1:44:57	8:00
209	28	M35	David Walmsley, 35, Johnston, IA	1:45:00	8:01
210	37	M25	Chad Till, 27, Johnston, IA	1:45:02	8:01
54	14	W20	Carolyn Szczepanski, 23*, Des Moines, IA	1:45:05	8:01
55	12	W35	Kelli Slocum, 38*, North Liberty, IA	1:45:07	8:01
211	16	M50	Neil Seales, 53, Rhodes, IA	1:45:13	8:02
212	16	M45	William Owens, 46, Ottumwa, IA	1:45:18	8:02
213	17	M45	Gene Niemi, 47, Minneapolis, MN	1:45:19	8:02
214	35	M30	Matt Lazear, 30, Ankeny, IA	1:45:27	8:03
56	5	W40	Ann Neubauer, 42*, Homestead, IA	1:45:32	8:03
57	15	W20	Megan Heying, 24*, Iowa City, IA	1:45:46	8:04
58	10	W30	Lori Devries, 32*, Ankeny, IA	1:45:51	8:04
215	6	M55	Carl Voss, 56, Des Moines, IA	1:45:53	8:05
216	7	M55	Al Hildestad, 55, Des Moines, IA	1:46:02	8:05
59	16	W20	Marysue Nowacki, 21*, Des Moines, IA	1:46:04	8:05
60	17	W20	Amber Millikin, 20*, Hedrick, IA	1:46:13	8:06
217	18	M45	Hank Manning, 49, Des Moines, IA	1:46:14	8:06
218	39	M40	Doug Stone, 42, Des Moines, IA	1:46:19	8:07
61	18	W20	Barbara Haselhorst, 23*, Yankton, SD	1:46:24	8:07
219	38	M25	Nicholas Fiala, 27, Callender, IA	1:46:28	8:07
62			Miranda Lund*, West Des Moines, IA	1:46:33	8:08
63	19	W20	Jenny Mueller, 22*, West Des Moines, IA	1:46:38	8:08
64	5	W45	Sue Boley, 48*, Maxwell, IA	1:46:43	8:08
220	40	M40	Michael Peterson, 43, Cedar Falls, IA	1:46:48	8:09
221	27	M20	Justus Hallam, 22, Ames, IA	1:46:53	8:09
65	11	W30	Angie Hansen, 30*, Mason City, IA	1:46:57	8:10
66	12	W30	Jennifer Imig, 31*, West Des Moines, IA	1:46:58	8:10
67	6	W40	Rebecca Brannan, 40*, Urbandale, IA	1:47:00	8:10
68	13	W35	Tammy Greiner, 38*, Reinbeck, IA	1:47:00	8:10

222	29	M35	Patrick Beurskens, 38, Marshalltown, IA	1:47:02	8:10
223	30	M35	Matthew Tullis, 37, Marshalltown, IA	1:47:03	8:10
224	17	M50	Rick Gustafson, 51, Ogden, IA	1:47:04	8:10
225	31	M35	Tyler Dunker, 39, Clive, IA	1:47:07	8:10
69	13	W30	Sabra Rosener, 34*, Des Moines, IA	1:47:09	8:10
226	32	M35	Scott Johnston, 35, Indianola, IA	1:47:11	8:11
227	41	M40	Bob Best, 43, Des Moines, IA	1:47:12	8:11
228	18	M50	Paul Von Ebers, 52, Des Moines, IA	1:47:14	8:11
70	6	W45	Jeanne McCurnin, 49*, Mason City, IA	1:47:14	8:11
229	19	M45	Mike Clayton, 49, Ames, IA	1:47:18	8:11
230	42	M40	Rick Probst, 43, Grimes, IA	1:47:20	8:11
71	20	W20	Amber Bonnstetter, 24*, Fort Dodge, IA	1:47:23	8:11
231	28	M20	Jared Stanton, 20, Marshalltown, IA	1:47:25	8:12
232	39	M25	Ted Johnson, 29, Des Moines, IA	1:47:35	8:12
72	14	W35	Teresa Wells, 36*, Des Moines, IA	1:47:39	8:13
73	10	W25	Amber Baybayan, 29*, Ankeny, IA	1:47:46	8:13
233	29	M20	Zach Johnson, 23, Grimes, IA	1:47:55	8:14
74	11	W25	Renee Fobert, 27*, Des Moines, IA	1:47:59	8:14
75	15	W35	Lisa Springer, 39*, Ft. Dodge, IA	1:48:01	8:14
234	43	M40	Mike Martin, 40, Grimes, IA	1:48:06	8:15
235	33	M35	Dan Koestner, 35, Grimes, IA	1:48:08	8:15
76	7	W40	Denise Charter Jones, 43*, Urbandale, IA	1:48:20	8:16
236	19	M50	Don Myers, 53, Rochester, MN	1:48:24	8:16
77	21	W20	Mya Strohman, 21*, Des Moines, IA	1:48:28	8:16
78	14	W30	Shelly Catlett, 30*, Johnston, IA	1:48:30	8:17
237	36	M30	Guy Arney, 31, Des Moines, IA	1:48:31	8:17
238	44	M40	Steve Kammeyer, 42, Urbandale, IA	1:48:31	8:17
239	34	M35	Clayton Deckinger, 36, Waukee, IA	1:48:36	8:17
240	37	M30	Darin Ferguson, 33, West Des Moines, IA	1:48:37	8:17
79	15	W30	Lori Vermie, 34*, Bondurant, IA	1:48:38	8:17
80	8	W40	Heather Stilborn, 42*, Des Moines, IA	1:48:45	8:18
81	22	W20	Jessica Oeth, 21*, Des Moines, IA	1:48:45	8:18
82	7	W45	Colleen Boran, 48*, Forest City, IA	1:48:51	8:18
83	12	W25	Kari Soderholm, 28*, Ankeny, IA	1:48:53	8:18
241	45	M40	Fred Rupert, 42, Clive, IA	1:48:58	8:19
242	35	M35	Roger Selesky, 35, Ankeny, IA	1:48:59	8:19
84	23	W20	Jessica Fink, 22*, Des Moines, IA	1:49:02	8:19
243	20	M50	Robert McDonald, 54, Coal Valley, IL	1:49:04	8:19
244	30	M20	Tyler Price, 24, West Des Moines, IA	1:49:05	8:19
85	3	W50	Pamela Wood, 50*, Janesville, Ia	1:49:05	8:19
86	13	W25	Lindsay Williams, 28*, Geneva, IL	1:49:20	8:20
87	4	W50	Elaine Van Dyck, 51*, Des Moines, IA	1:49:24	8:21
88	9	W40	Dee Mable, 40*, Urbandale, IA	1:49:25	8:21
89	16	W30	Amy Burgess, 34*, Urbandale, IA	1:49:25	8:21
245	38	M30	Mike Gabrielson, 34, West Des Moines, IA	1:49:28	8:21
90	10	W40	Teri Feldmann, 44*, Des Moines, IA	1:49:29	8:21
91	17	W30	Tami Baker, 32*, Des Moines, IA	1:49:30	8:21
246	8	M55	Gary Payne, 55, Des Moines, IA	1:49:30	8:21
92	24	W20	Nicole Fritz, 22*, Ames, IA	1:49:32	8:21
247	20	M45	Chris Nation, 45, Ogden, IA	1:49:34	8:21
248	46	M40	Bob Kreider, 43, Cumming, IA	1:49:43	8:22
93	11	W40	Kristy Merschman, 40*, Altoona, IA	1:49:43	8:22
249	47	M40	Patrick Rounds, 41, West Des Moines, IA	1:49:50	8:23
94	18	W30	Molly McTaggart, 30*, Des Moines, IA	1:49:56	8:23
95	16	W35	Rachele Kugel, 39*, Des Moines, IA	1:49:56	8:23
250	36	M35	Chris Covington, 37, Des Moines, IA	1:50:02	8:24
96	14	W25	Heather Yost, 27*, Urbandale, IA	1:50:02	8:24
251	21	M45	Christopher Lang, 49, Des Moines, IA	1:50:04	8:24
252	21	M50	Randall Conrad, 51, Clear Lake, IA	1:50:04	8:24
253	37	M35	Tim Pepper, 38, Indianola, IA	1:50:06	8:24
254	31	M20	Ryan Olsem, 20, Lisbon, IA	1:50:07	8:24
255	32	M20	Dustin Olsem, 23, Ankeny, IA	1:50:12	8:24
256	22	M45	Paul Kruse, 47, Granger, IA	1:50:15	8:25
257	23	M45	Duke Reichardt, 47, Clive, IA	1:50:15	8:25
97	15	W25	Liz Shaver, 26*, West Des Moines, IA	1:50:17	8:25

258	48	M40	Brett Altman, 40, Newton, IA	1:50:30	8:26
98	19	W30	Regina Doering, 32*, West Des Moines, IA	1:50:33	8:26
259	24	M45	Michael Carstens, 46, Ankeny, IA	1:50:39	8:26
99	12	W40	Nancy Whitcanack, 43*, Coal Valley, IL	1:50:46	8:27
260	9	JrM	Justin Forre, 10, Maxwell, IA	1:50:52	8:27
261	38	M35	Brian Whalen, 37, Urbandale, IA	1:50:55	8:28
100	16	W25	Lindsey Reed, 28*, Des Moines, IA	1:50:56	8:28
101	17	W35	Sue Wellman, 37*, West Des Moines, IA	1:50:57	8:28
262	40	M25	Ezra Hallam, 26, Ames, IA	1:50:57	8:28
102	17	W25	Jennifer Downe, 29*, Norwalk, IA	1:50:57	8:28
103	18	W25	Amy Hanrahan, 26*, West Des Moines, IA	1:50:58	8:28
104	18	W35	Stef Stenberg, 36*, West Des Moines, IA	1:50:59	8:28
105	19	W25	Keri McDermott, 29*, Des Moines, IA	1:51:03	8:28
263	25	M45	Michael Stanley, 48, Clive, IA	1:51:03	8:28
106	19	W35	Kristie Harrold, 36*, Waukee, IA	1:51:06	8:28
264	39	M35	Craig Jackman, 38, Waukee, IA	1:51:06	8:28
107	13	W40	Carol Eide, 40*, Ft. Dodge, IA	1:51:07	8:29
108	20	W30	Marcy Puck, 30*, Carroll, IA	1:51:07	8:29
109	25	W20	Jamie Vinson, 24*, Cedar Rapids, IA	1:51:08	8:29
265	9	M55	Joel Beane, 57, Marshalltown, IA	1:51:13	8:29
266	40	M35	R J. Compiano, 36, Johnston, IA	1:51:17	8:29
267	41	M35	William Staplin, 36, Des Moines, IA	1:51:23	8:30
268	41	M25	Ryan Mulholland, 26, Des Moines, IA	1:51:25	8:30
110	26	W20	Sarah Mitchell, 24*, Des Moines, IA	1:51:26	8:30
269	42	M25	Stephen Mosqueda, 28, Urbandale, IA	1:51:28	8:30
270	5	M60	Jim Matthews, 64, Baxter, IA	1:51:33	8:31
111	20	W25	Amy Kleinhesselink, 27*, Omaha, NE	1:51:37	8:31
112	21	W25	Renae Schmitt, 26*, Ames, IA	1:51:40	8:31
113	8	W45	Kim Gustafson, 49*, Denison, IA	1:51:42	8:31
271	42	M35	Patrick Mattingly, 36, Van Meter, IA	1:51:51	8:32
114	27	W20	Samantha Harnack, 20*, Iowa City, IA	1:51:53	8:32
272	33	M20	Paul Hollstein, 24, Ankeny, IA	1:51:54	8:32
115	28	W20	Tami Gray, 23*, West Des Moines, IA	1:51:58	8:32
116	22	W25	Christine Kellogg, 28*, Des Moines, IA	1:51:58	8:32
273	43	M35	Chris Harding, 39, Ames, IA	1:52:02	8:33
274	34	M20	Dan Nath, 23, Ames, IA	1:52:07	8:33
117	9	W45	Kimberly Haines, 46*, Oskaloosa, IA	1:52:09	8:33
118	10	W45	Linda Adams, 45*, Oskaloosa, IA	1:52:09	8:33
275	22	M50	Tomm Pfitzenmaier, 52, Adel, IA	1:52:14	8:34
276	39	M30	Brian Kinman, 32, Johnston, IA	1:52:18	8:34
119	11	W45	D Peterson, 47*, Grimes, IA	1:52:25	8:34
120	23	W25	Angie Heim, 29*, West Des Moines, IA	1:52:30	8:35
277	49	M40	Thomas Duff, 42, Des Moines, IA	1:52:33	8:35
278	44	M35	Mark Easler, 38, Clive, IA	1:52:36	8:35
121	29	W20	Stacey Luedtka, 22*, Ames, IA	1:52:37	8:35
279	35	M20	Claude Anderson, 24, Marshalltown	1:52:39	8:36
122	20	W35	Lori Moriarity, 39*, Ames, IA	1:52:43	8:36
280	26	M45	Greg Swanson, 47, Norwalk, IA	1:52:46	8:36
281	40	M30	Andrew Fowler, 30, North Riverside, IL	1:52:54	8:37
123	14	W40	Julie Hale, 42*, Des Moines, IA	1:52:56	8:37
124	12	W45	Debi Bull, 47*, Des Moines, IA	1:52:57	8:37
125	5	W50	Karen Vinson, 50*, Cedar Rapids, IA	1:53:03	8:37
126	30	W20	Lea Welland, 23*, Garner, IA	1:53:07	8:38
282	36	M20	William Henninger, 22, Ames, IA	1:53:07	8:38
283	37	M20	Dan Mach, 22, Des Moines, IA	1:53:18	8:39
284	41	M30	Jeff Albright, 31, Des Moines, IA	1:53:19	8:39
285	45	M35	Jason Soliday, 37, West Des Moines, IA	1:53:22	8:39
286			Steve Razidlo	1:53:25	8:39
287	50	M40	Kerry Anderson, 44, Des Moines, IA	1:53:38	8:40
127	31	W20	Sarah Ebensteiner, 24*, Fort Dodge, IA	1:53:41	8:40
288	51	M40	Jeff Schaub, 40, West Des Moines, IA	1:53:42	8:40
128	21	W30	Karen Halsor, 30*, Cedar Falls, IA	1:53:42	8:40
289	52	M40	Dan Gornick, 40, Norwalk, IA	1:53:44	8:41
290	46	M35	Dean Curtis, 39, West Des Moines, IA	1:53:46	8:41
129	22	W30	Heather Prendergast, 34*, Waterloo, IA	1:53:47	8:41

130	15	W40	Carrie Crawford, 40*, Des Moines, IA	1:53:50	8:41
291	42	M30	Elmir Karajica, 31, West Des Moines, IA	1:53:50	8:41
292	53	M40	Jay Fisher, 40, Pleasant Hill, IA	1:53:51	8:41
131	23	W30	Shelley Bricker, 30*, Des Moines, IA	1:53:52	8:41
132	24	W30	Ginny Ryan, 33*, Iowa City, IA	1:53:53	8:41
133	25	W30	Tricia Seifert, 31*, Iowa City, IA	1:53:58	8:42
293	23	M50	Dick Mullen, 52, Urbandale, IA	1:54:10	8:43
134	32	W20	Michelle Orfield, 21*, Chicago, IL	1:54:13	8:43
294	24	M50	Greg Hauser, 51, Minnetrista, MN	1:54:20	8:43
295	27	M45	Dan Duwellius, 46, Des Moines, IA	1:54:20	8:43
296	43	M25	Wesley Strode, 28, Shawnee, KS	1:54:21	8:43
135	26	W30	Beth Seuferer, 34*, West Des Moines, IA	1:54:26	8:44
136	13	W45	Linda Koele, 46*, Urbandale, IA	1:54:27	8:44
137	14	W45	Mary Meador, 47*, Minneapolis, MN	1:54:28	8:44
297	43	M30	Chuck Hilsenbeck, 32, Des Moines, IA	1:54:32	8:44
138	16	W40	Deborah Holte, 40*, Novinger, MO	1:54:33	8:44
139	15	W45	Kelly Roberts, 48*, Brookfield, MO	1:54:33	8:44
298	10	M55	Bill Reinarts, 56, Winona, MN	1:54:38	8:45
299	44	M30	Dave Orr, 30, Humboldt, IA	1:54:46	8:45
300	44	M25	Andy Spence, 28, Rosemount, MN	1:54:48	8:45
301	45	M25	John Myers, 27, Minneapolis, MN	1:54:48	8:45
140			Kelly Allen*, Drake University	1:54:48	8:45
302	38	M20	Ryan Henderson, 23, Ankeny, IA	1:54:52	8:46
303	47	M35	Todd Keech, 39, Johnston, IA	1:54:53	8:46
141	17	W40	Deb Pape, 41*, Des Moines, IA	1:54:58	8:46
142	33	W20	Tara Loan, 22*, Des Moines, IA	1:55:00	8:46
143	34	W20	Michelle Hammer, 23*, Buffalo Grove, IL	1:55:04	8:47
304	11	M55	Roy Gaddis, 55, Solon, IA	1:55:05	8:47
305	25	M50	Michael Harvey, 50, Urbandale, IA	1:55:11	8:47
144	24	W25	Kristyn Cornish, 29*, North Liberty, IA	1:55:15	8:47
306	26	M50	William Brown, 51, Des Moines, IA	1:55:21	8:48
145	18	W40	Jenny Jones, 42*, Ottumwa, IA	1:55:34	8:49
146	19	W40	Kris Uehling, 42*, Ottumwa, IA	1:55:34	8:49
307	27	M50	Gaylen Baker, 53, Omaha, NE	1:55:36	8:49
147	16	W45	Julie Kaftan, 47*, Council Bluffs, IA	1:55:36	8:49
148	35	W20	Jolene Hoff, 23*, Council Bluffs, IA	1:55:37	8:49
149	27	W30	Holly Lyles, 31*, Des Moines, IA	1:55:38	8:49
308	6	M60	Larry Prior, 64, Columbus Junction, IA	1:55:39	8:49
150	21	W35	Tave Porto, 38*, West Des Moines, IA	1:55:41	8:49
151	25	W25	Jennifer Faeth, 26*, Ankeny, IA	1:55:48	8:50
309	48	M35	Joe Akers, 39, Des Moines, IA	1:55:57	8:51
152	22	W35	Debi Loffredo, 38*, West Des Moines, IA	1:56:00	8:51
153	17	W45	Carol Ihnen, 45*, Cumming, IA	1:56:03	8:51
154	28	W30	Christa Hoppman, 30*, Greenwood, MO	1:56:04	8:51
310	28	M45	Mike Christensen, 46, Washington, IA	1:56:04	8:51
311	49	M35	Bob Sinclair, 35, Williamsburg, IA	1:56:05	8:51
155	23	W35	Susie Fehr, 36*, Des Moines, IA	1:56:17	8:52
312	54	M40	David Crowe, 41, Des Moines, IA	1:56:20	8:52
156	26	W25	Julie Nahas-Muller, 29*, Clive, IA	1:56:21	8:52
313	29	M45	Doug Lockwood, 49, Storm Lake, IA	1:56:23	8:53
157	20	W40	Joyce Jessen, 44*, Colfax, IA	1:56:26	8:53
314	30	M45	Tim Beebout, 45, Des Moines, IA	1:56:32	8:53
315	31	M45	John Meyer, 49, West Des Moines, IA	1:56:33	8:53
316	55	M40	Brian Culich, 42, Des Moines, IA	1:56:34	8:53
317	10	JrM	Aleksey Yendovskiy, 16, Ames, IA	1:56:44	8:54
318	56	M40	Greg Dankert, 40, Des Moines, IA	1:56:45	8:54
158	29	W30	Stephanie Wishman, 34*, Clive, IA	1:56:49	8:55
159	24	W35	Penny Luthens, 39*, Urbandale, IA	1:56:51	8:55
319	28	M50	Tom Farr, 52, Des Moines, IA	1:57:01	8:56
160	27	W25	Nicole Slater, 25*, Johnston, IA	1:57:03	8:56
320	46	M25	Robert Gainer, 26, Des Moines, IA	1:57:16	8:57
321	45	M30	Chris Burch, 34, Des Moines, IA	1:57:20	8:57
161	25	W35	Robin Hockaday, 38*, Maxwell, IA	1:57:21	8:57
322	46	M30	Michael Mally, 31, Des Moines, IA	1:57:25	8:57
162	28	W25	Jill Alesch, 26*, Des Moines, IA	1:57:29	8:58



163	30	W30	Melissa Bice, 30*	Norwalk, IA	1:57:30	8:58
323	50	M35	Craig Jarrard, 36	Fort Dodge, IA	1:57:33	8:58
164	29	W25	Melissa Stowe, 27*	Prole, IA	1:57:44	8:59
324	29	M50	John Hemminger, 51	Des Moines, IA	1:57:45	8:59
165	21	W40	Kary Austin, 42*	Grimes, IA	1:57:49	8:59
325	57	M40	Gary Thompson, 40	Urbandale, IA	1:57:50	8:59
Face: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>						

166	36	W20	Trisha Haszel, 23*	Des Moines, IA	1:57:54	9:00
326	47	M30	Todd Eschweiler, 34	Ankeny, IA	1:58:00	9:00
327	51	M35	Kevin Rahner, 39	Huxley, IA	1:58:02	9:00
328	52	M35	Mark Shelton, 38	Des Moines, IA	1:58:08	9:01
329	48	M30	Brian Gugat, 30	Urbandale, IA	1:58:09	9:01
330	53	M35	Ronald Crees, 35	Bondurant, IA	1:58:12	9:01
331	58	M40	Michael Killebrew, 44	Des Moines, IA	1:58:13	9:01
332	7	M60	Cecil Murphy, 61	Des Moines, IA	1:58:19	9:02
333	54	M35	Chad Kirby, 39	Ankeny, IA	1:58:24	9:02
167	2	JrW	Cat Carlson, 18*	Clive, IA	1:58:25	9:02
334	49	M30	Darren Herrold, 33	Cambridge, IA	1:58:31	9:02
168	30	W25	Betsy Conlan, 26*	New York, NY	1:58:33	9:03
335	55	M35	Craig Carmody, 37	Iowa City, IA	1:58:34	9:03
169	22	W40	Carol Litscher, 44*	West Des Moines, IA	1:58:37	9:03
336	50	M30	James Young, 33	Johnston, IA	1:58:38	9:03
337	59	M40	Dennis Judd, 44	Urbandale, IA	1:58:41	9:03
170	37	W20	Meghan Thue, 22*	Minnetonka, MN	1:58:48	9:04
171	38	W20	Kelsey Nugent, 22*	Iowa City, IA	1:58:49	9:04
172	31	W25	Jane Riessen, 27*	Des Moines, IA	1:58:58	9:04
173	32	W25	Jessie Switzer, 27*	Cedar Falls, IA	1:59:01	9:05
174	33	W25	Michelle Williams, 28*	Massena, IA	1:59:01	9:05
338	12	M55	Keith Sandvold, 57	Cedar Falls, IA	1:59:05	9:05
175	39	W20	Maryellen Upton, 22*	Ames, IA	1:59:08	9:05
176	40	W20	Amy Brownlee, 24*	Ankeny, IA	1:59:13	9:06
339	56	M35	Steve Feldmann, 37	Iowa City, IA	1:59:20	9:06
340	51	M30	Michael Dahlhauser, 33	Oskaloosa, IA	1:59:21	9:06
341	57	M35	Phil Weber, 38	Des Moines, IA	1:59:23	9:06
342	47	M25	Nate Rider, 28	Shawnee, KS	1:59:31	9:07
177	23	W40	Christina Krieger, 42*	Ames, IA	1:59:34	9:07
343	52	M30	Joseph Heimer, 34	Ankeny, IA	1:59:35	9:07
178	18	W45	Carla Steele, 47*	Des Moines, IA	1:59:37	9:07
344	60	M40	Fabio Rozo, 40	Minneapolis, MN	1:59:40	9:08
345	61	M40	Doug Johnston, 44	Des Moines, IA	1:59:41	9:08
179	31	W30	Jennifer Cronin, 30*	West Des Moines, IA	1:59:43	9:08
180	34	W25	Amanda Whitmarsh, 27*	Des Moines, IA	1:59:49	9:08
346	62	M40	Mark Newman, 43	West Des Moines, IA	1:59:55	9:09
347	48	M25	Jeffrey Bodensteiner, 28	Minneapolis, MN	1:59:59	9:09
181	41	W20	Angela Brees, 24*	West Des Moines, IA	2:00:00	9:09
182	35	W25	Amy Reuscher, 28*	Cedar Falls, IA	2:00:01	9:09
183	32	W30	Stacy Farr, 34*	West Des Moines, IA	2:00:10	9:10
184	36	W25	Abby Hanson, 25*	West Des Moines, IA	2:00:29	9:11
185	19	W45	Julie Caldwell, 48*	Jacksonville, IL	2:01:04	9:14
186	24	W40	Elizabeth Olsem, 44*	Lisbon, IA	2:01:12	9:15
348	30	M50	Richard Johnson, 52	Ankeny, IA	2:01:12	9:15
187	37	W25	Madelaine Jerousek, 26*	Des Moines, IA	2:01:15	9:15
188	26	W35	Kai Probst, 39*	Council Bluffs, IA	2:01:16	9:15
349	63	M40	Rick Bremner, 42	Cedar Falls, IA	2:01:22	9:15
350	58	M35	Todd Worscheck, 39	Savage, MN	2:01:32	9:16
351	31	M50	Kim Smith, 54	Ames, IA	2:01:34	9:16
189	6	W50	Elizabeth Sutter, 55*	Des Moines, IA	2:01:35	9:16
190	7	W50	Mary Gross, 52*	Des Moines, IA	2:01:49	9:18
191	42	W20	Beth Loberg, 22*	Ames, IA	2:01:55	9:18
352	32	M50	Tom Maher, 52	Windsor Heights, IA	2:01:57	9:18
192	43	W20	Andrea Church, 20*	Des Moines, IA	2:01:58	9:18
193	20	W45	Colleen Dooley, 48*	Urbandale, IA	2:02:00	9:18
353	13	M55	Jim West, 56	Chesterfield, MO	2:02:10	9:19
194	38	W25	Dawn Ovel, 27*	Cedar Rapids, IA	2:02:20	9:20

354	64	M40	Mark Weinhardt, 44, Des Moines, IA	2:02:28	9:20
355	59	M35	Mark Paca, 39, Boone, IA	2:02:29	9:21
356	33	M50	Kevin Shay, 51, Urbandale, IA	2:03:14	9:24
195	21	W45	Julia Batten, 49*, Carlisle, IA	2:03:16	9:24
357	49	M25	Justin Denney, 26, Kansas City, MO	2:03:37	9:26
196	33	W30	Marsha Simmons, 34*, West Amana, IA	2:03:48	9:27
197	39	W25	Jill Nicol, 26*, Boone, IA	2:04:00	9:27
358	50	M25	Tony Brownlee, 25, Ankeny, IA	2:04:02	9:28
359	51	M25	Vouth Varangkounh, 29, Humboldt, IA	2:04:04	9:28
360	52	M25	Kris Lawson, 26, Mission, KS	2:04:04	9:28
361	14	M55	Steven Ovel, 57, Cedar Rapids, IA	2:04:05	9:28
198	40	W25	Kristi Denney, 27*, Kansas City, MO	2:04:09	9:28
199	27	W35	Diana Hawkins, 36*, Ankeny, IA	2:04:11	9:28
200	22	W45	Trudy Mitchell, 49*, Iowa City, IA	2:04:13	9:28
201	25	W40	Deb Conlon, 42*, Urbandale, IA	2:04:16	9:29
202	28	W35	Tracy Sabus, 37*, Urbandale, IA	2:04:16	9:29
203	44	W20	Shannon Versteeg, 21*, Marshalltown, IA	2:04:23	9:29
204	41	W25	Staci Scholten, 26*, Ankeny, IA	2:04:23	9:29
205	34	W30	Greta Southall, 30*, Indianola, IA	2:04:27	9:30
206	42	W25	Denise Boozell, 29*, Indianola, IA	2:04:27	9:30
362	60	M35	Dana Grannes, 36, Des Moines, IA	2:04:40	9:31
363	32	M45	Joseph Henry, 48, Des Moines, IA	2:04:43	9:31
364	61	M35	Brian Green, 35, Urbandale, IA	2:04:44	9:31
365	53	M30	Brian Hostetter, 31, Ankeny, IA	2:04:48	9:31
207	23	W45	Terri Selberg, 45*, Urbandale, IA	2:04:52	9:31
208	35	W30	Tina Ristau, 32*, Denver, IA	2:05:00	9:32
209	24	W45	Sue Elliott, 47*, Ankeny, IA	2:05:07	9:33
210	29	W35	Susan Cox, 36*, Des Moines, IA	2:05:09	9:33
211	43	W25	Sally Shumaker, 26*, Davenport, IA	2:05:13	9:33
212	45	W20	Kristen Boyd, 24*, Clive, IA	2:05:13	9:33
366	53	M25	Brian Dwyer, 26, West Des Moines, IA	2:05:44	9:35
367	8	M60	Bill Lawless, 62, Des Moines, IA	2:05:48	9:36
368	15	M55	Bill Lorenz, 57, Carlisle, IA	2:05:51	9:36
369	33	M45	Paul Peiffer, 47, West Des Moines, IA	2:05:56	9:36
213	46	W20	Elizabeth Burt, 23*, Des Moines, IA	2:06:04	9:37
370	62	M35	Mike Eilers, 35, Indianola, IA	2:06:05	9:37
214	25	W45	Michelle Cavanaugh, 45*, Des Moines, IA	2:06:06	9:37
371	54	M30	Ryan Duppong, 30, Urbandale, IA	2:06:07	9:37
372	65	M40	Scott Slater, 44, Ankeny, IA	2:06:23	9:38
373	16	M55	Charles Potter, 56, Muscatine, IA	2:06:26	9:39
215	44	W25	Jamie Hindley, 25*, West Des Moines, IA	2:06:32	9:39
374	55	M30	Douglas Renze, 34, Des Moines, IA	2:06:36	9:39
216	36	W30	Melissa Reents, 34*, Urbandale, IA	2:06:38	9:40
217	26	W45	Jaci Thornson, 47*, Forest City, IA	2:06:53	9:41
218	47	W20	Liz Collins, 23*, Chicago, IL	2:06:57	9:41
219	37	W30	Shyamli Kumar, 32*, West Des Moines, IA	2:07:04	9:42
375	34	M45	Steve Kenkel, 49, Toledo, IA	2:07:06	9:42
220	30	W35	Betsey Madden, 36*, Evanston, IL	2:07:17	9:43
376	34	M50	Rick Johnson, 54, West Des Moines, IA	2:07:33	9:44
221	26	W40	Sherri Huff, 42*, Winterset, IA	2:07:41	9:44
222	31	W35	Greta Bierman, 37*, Tipton, IA	2:07:44	9:45
223	32	W35	Danalea Warrick, 37*, Bartlett, IL	2:07:44	9:45
377	63	M35	Ibrahim Saleh, 35, Grimes, IA	2:07:51	9:45
378	66	M40	Jay Hagedorn, 41, Des Moines, IA	2:07:54	9:45
224	27	W40	Lori McQuiston, 42*, Maxwell, IA	2:07:56	9:46
225	27	W45	Jennifer Seales, 48*, Rhodes, IA	2:07:59	9:46
226	33	W35	Heather Behrends, 36*, West Des Moines, IA	2:08:24	9:48
379	35	M50	Rick Hoye, 52, West Des Moines, IA	2:08:28	9:48
227	45	W25	Kati Hanson, 25*, Cedar Rapids, IA	2:08:39	9:49
228	38	W30	Kristie Smith, 30*, Ankeny, IA	2:08:45	9:49
380	56	M30	Benjamin Lustig, 30, Iowa City, IA	2:09:06	9:51
229	39	W30	Shannessy Schultes, 31*, West Des Moines, IA	2:09:12	9:51
230	8	W50	Sara Morris, 53*, West Des Moines, IA	2:09:54	9:55

231	9	W50	Carolyn Schmitt, 51*, West Des Moines, IA	2:09:54	9:55
232	10	W50	Joan Meyer, 56*, Escondido, CA	2:09:54	9:55
233	40	W30	Melanie Arzani, 31*, Truro, IA	2:10:04	9:55
234	28	W40	Laurie Linhart, 41*, Urbandale, IA	2:10:05	9:55
381	67	M40	Curtis Linhart, 41, Urbandale, IA	2:10:05	9:55
382	39	M20	Seth Johnston, 21, Albia, IA	2:10:07	9:56
383	40	M20	Steve Bunch, 21, Ames, IA	2:10:08	9:56
384	9	M60	John Beamer, 65, Des Moines, IA	2:10:16	9:56
235	41	W30	Tammy Jacobson, 34*, Colo, IA	2:10:23	9:57
385	36	M50	Tom Vilsack, 54, Des Moines, IA	2:10:31	9:57
236	42	W30	Jennifer Jacobs, 33*, West Des Moines, IA	2:10:40	9:58
237	43	W30	Jenna Dowling, 31*, Story City, IA	2:10:56	9:59

Face: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [Top](#)

238	3	JrW	Carla McCubbin, 19*, Des Moines, IA	2:11:02	10:00
239	29	W40	Barb Niemeyer, 40*, West Des Moines, IA	2:11:11	10:00
240	30	W40	Sharon Whitson, 41*, Winterset, IA	2:11:11	10:00
386	37	M50	Gary Lewis, 52, Waukee, IA	2:11:25	10:01
387	38	M50	Brent Cooper, 50, Urbandale, IA	2:11:43	10:03
388	41	M20	Nathan Foster, 22, Cedar Rapids, IA	2:12:04	10:04
241	31	W40	Juliane Ross, 44*, Clive, IA	2:12:07	10:05
389	10	M60	Ralph Plagman, 60, Cedar Rapids, IA	2:12:10	10:05
242	32	W40	Stacey Brown, 41*, Pleasant Hill, IA	2:12:18	10:05
243	4	JrW	Laura Bonney, 19*, Des Moines, IA	2:12:18	10:05
244	28	W45	Brenda Bonney, 47*, Woodbury, MN	2:12:18	10:06
245	48	W20	Amy Steenhoek, 24*, Pella, IA	2:12:22	10:06
246	46	W25	Julie Steenhoek, 27*, Pella, IA	2:12:22	10:06
247	5	JrW	Becky Steenhoek, 19*, Pella, IA	2:12:23	10:06
248	34	W35	Meredith Konz, 37*, Des Moines, IA	2:12:35	10:07
249	49	W20	Kate Halverson, 21*, Ames, IA	2:13:05	10:09
250	50	W20	Sara Horstmann, 22*, Ames, IA	2:13:06	10:09
390	42	M20	Pat Burkhartzmeyer, 21, Des Moines, IA	2:13:13	10:10
391	39	M50	Doug Grieve, 50, Dallas Center, IA	2:13:13	10:10
392	11	M60	Ken Reimer, 63, Elkader, IA	2:13:18	10:10
251	11	W50	Susan Duoblys, 50*, Des Moines, IA	2:13:48	10:12
393	35	M45	David Regan, 48, West Des Moines, IA	2:14:06	10:14
252	12	W50	Diane Drake, 53*, Boone, IA	2:14:19	10:15
394	68	M40	Dan Hagerty, 40, Johnston, IA	2:14:20	10:15
253	35	W35	Kris Kingston, 35*, Des Moines, IA	2:14:39	10:16
395	36	M45	Larry Pedersen, 48, West Des Moines, IA	2:14:41	10:16
254	33	W40	Barb Scholz, 40*, Des Moines, IA	2:14:43	10:17
396	57	M30	Jeffrey Olson, 33, Ankeny, IA	2:15:07	10:18
255	47	W25	Kristen Fowler, 28*, North Riverside, IL	2:15:32	10:20
256	36	W35	Sarah Fowler, 37*, Springfield, IL	2:15:35	10:21
257	48	W25	Erin Pederson, 25*, Ames, IA	2:16:47	10:26
258	6	JrW	Sasha Kemmet, 19*, Adel, IA	2:16:47	10:26
259	34	W40	Kelli Wiggins, 41*, West Des Moines, IA	2:17:09	10:28
260	44	W30	Shannon Tope, 34*, Urbandale, IA	2:17:09	10:28
261	35	W40	Clare Gee, 41*, West Des Moines, IA	2:17:10	10:28
397	11	JrM	Russell Jackson, 19, Ames, IA	2:17:14	10:28
398	64	M35	Jon Walk, 38, Spring, TX	2:17:17	10:28
262	37	W35	Deb Stow, 35*, Emporia, KS	2:17:21	10:29
263	45	W30	Jennifer Ford, 33*, Bartlett, IL	2:17:22	10:29
264	29	W45	Rhonda Anderson, 46*, Clive, IA	2:17:36	10:30
265	46	W30	Hannah Rogers, 30*, Des Moines, IA	2:17:52	10:31
266	49	W25	Sarah Kouri, 27*, Des Moines, IA	2:17:52	10:31
399	65	M35	Mark Wills, 35, Des Moines, IA	2:18:00	10:32
400	12	M60	Rollin Perry, 66, Cedar Falls, IA	2:18:24	10:33
267	36	W40	Kimberly Taylor, 44*, West Des Moines, IA	2:18:28	10:34
401	54	M25	Ryan Schauf, 27, Sigourney, IA	2:18:48	10:35
268	30	W45	Janet Wirth-Cauchon, 46*, Des Moines, IA	2:18:49	10:35
402	13	M60	Larry Reed, 66, Ankeny, IA	2:19:45	10:40
403	40	M50	Conroy Smith, 50, Des Moines, IA	2:20:35	10:43
404	66	M35	Mark Haisch, 39, Clive, IA	2:20:54	10:45
405	67	M35	Will Meier, 39, Sioux City, IA	2:21:01	10:45

269	47	W30	Angela Grover, 34*, Washington, DC	2:21:01	10:45
270	51	W20	Melissa Montang, 24*, Omaha, NE	2:22:24	10:52
271	52	W20	Jennifer McCarville, 24*, Omaha, NE	2:22:24	10:52
272	7	JrW	Emmeline Hallam, 19*, Ames, IA	2:22:47	10:53
273	31	W45	Jolene Stoulil, 49*, Laurens, IA	2:23:14	10:56
406	55	M25	Justin Wilkening, 26, West Des Moines, IA	2:23:14	10:56
274	13	W50	Coleen Waage, 54*, West Des Moines, IA	2:23:18	10:56
275	50	W25	Christine Collier, 29*, West Des Moines, IA		
				2:24:00	10:59

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [Top](#)

407	41	M50	Denis Schmitt, 50, West Des Moines, IA	2:24:21	11:01
408	58	M30	Richard Bangma, 34, Pella, IA	2:24:36	11:02
276	38	W35	Wendy Paca, 36*, Boone, IA	2:25:29	11:06
277	39	W35	Brinda Taylor, 39*, Ankeny, IA	2:25:33	11:06
278	53	W20	Megan Bergstrom, 22*, Urbandale, IA	2:25:59	11:08
279	48	W30	Therese Slechta, 34*, Schleswig, IA	2:26:16	11:09

"\*" indicates females

11 finishers among Men 19 & Under  
 42 finishers among Men 20 - 24  
 55 finishers among Men 25 - 29  
 58 finishers among Men 30 - 34  
 67 finishers among Men 35 - 39  
 68 finishers among Men 40 - 44  
 36 finishers among Men 45 - 49  
 41 finishers among Men 50 - 54  
 16 finishers among Men 55 - 59  
 13 finishers among Men 60 & Up  
 7 finishers among Women 19 & Under  
 53 finishers among Women 20 - 24  
 50 finishers among Women 25 - 29  
 48 finishers among Women 30 - 34  
 39 finishers among Women 35 - 39  
 36 finishers among Women 40 - 44  
 31 finishers among Women 45 - 49  
 13 finishers among Women 50 & Up  
 408 male finishers  
 279 female finishers  
 687 total finishers

[Top](#)

[Return to home page.](#)