

35th Drake Relays On-the-ROADS

Half-Marathon - Des Moines, IA

[8K RESULTS HERE](#)

April 26, 2003

Beautiful

Results by Cal Murdock

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

"*" indicates females

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	1 M25	Jason Lehmkuhle, 25, St Paul, MN	1:10:06	5:21
2	2 M25	Julius Rotich, 27, West Des Moines, IA	1:10:52	5:24
3	1 M30	Wayne Strohman, 32, Lenexa, KS	1:11:32	5:27
4	1 M20	Matt Mosman, 24, Omaha, NE	1:11:48	5:29
5	3 M25	Lawrence Mboga, 28, New Brighton, MN	1:13:19	5:36
6	4 M25	Kyle Kepler, 27, Cedar Falls, IA	1:13:33	5:37
7	2 M20	Mike Oxenreider, 24, Sioux City, IA	1:14:49	5:42
8	1 JrM	Greg Michler, 19, St Charles, MO	1:14:53	5:43
9	5 M25	John Carson, 27, Boulder, CO	1:15:19	5:45
10	3 M20	Jon Rathje, 24, Urbandale, IA	1:15:41	5:46
11	6 M25	Chris Lear, 28, Boulder, CO	1:16:50	5:52
12	1 M35	Terry Gendron, 36, Davenport, IA	1:17:33	5:55
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top				
13	1 M45	Keith Fevold, 45, Des Moines, IA	1:18:38	6:00
14	7 M25	Darin Eisinger, 29, Clarion, IA	1:19:00	6:02
15	2 M45	Tim Nagel, 45, Clarion, IA	1:19:00	6:02
16	2 M30	Brad Temple, 32, Madison, WI	1:19:11	6:02
17	4 M20	Travis Patten, 21, Sioux Center, IA	1:19:16	6:03
18	3 M30	Larry Loffredo, 32, Norwalk, IA	1:19:17	6:03
19	5 M20	Tim Ives, 22, Des Moines, IA	1:19:20	6:03
20	4 M30	Troy Vargas, 33, Woodbury, MN	1:19:25	6:03
21	5 M30	Jason Huntley, 30, Ames, IA	1:19:46	6:05
22	6 M30	Chad Witt, 30, West Des Moines, IA	1:20:16	6:07
23	6 M20	Alex Piel, 24, Novato, CA	1:20:17	6:07
24	7 M30	Matt Zinno, 31, Ankeny, IA	1:20:18	6:08
25	8 M25	Chad Goldsmith, 25, North Liberty, IA	1:20:24	6:08
26	2 M35	Joe Marshall, 35, Granger, Ia	1:21:14	6:12
1	1 W35	Renee Kruse, 35*, South Sioux City, NE	1:21:14	6:12
27	9 M25	Matt Pries, 29, Waverly, IA	1:22:00	6:15
28	1 M40	Rod Williams, 41, Warrensburg, MO	1:22:09	6:16
29	3 M35	Todd Haugen, 39, Story City, IA	1:22:13	6:16
30	3 M45	Rick Ironside, 49, Marion, IA	1:23:20	6:21
2	1 W30	Robyn Friedman, 30*, Lambs Grove, IA	1:23:56	6:24
31	8 M30	Dick Young, 32, Eden Prairie, MN	1:24:07	6:25
32	7 M20	Joel Comito, 24, Clive, IA	1:24:25	6:26
33	8 M20	Craig Goldsmith, 20, Earlville, IA	1:24:29	6:27
34	10 M25	Ernest Rigdon, 29, Kirksville, MO	1:24:45	6:28
35	9 M30	Frank Levy, 34, Urbandale, IA	1:25:07	6:30
36	2 JrM	Jared Stanton, 18, Marshalltown, IA	1:25:49	6:33
37	9 M20	Bremen Leak, 22, Kansas City, MO	1:26:06	6:34
38	4 M35	Doug Vanderweide, 37, West Des Moines, IA	1:26:21	6:35
39	2 M40	Randall Webb, 41, Boone, IA	1:26:23	6:35
3	1 W20	Sarah Murton, 24*, Burlington, VT	1:27:03	6:38
40	11 M25	Nathan Wenck, 25, Carroll, IA	1:27:25	6:40
41	12 M25	Eric Hollander, 26, Des Moines, IA	1:27:25	6:40

42	5	M35	Doug Kintzle, 38, Des Moines, IA	1:27:25	6:40
43	10	M20	Joshua Brown, 20, Pella, IA	1:27:29	6:40
44	6	M35	Ted Rossiter, 37, Des Moines, IA	1:27:40	6:41
45	11	M20	Derek McChurch, 22, Indianola, IA	1:27:56	6:42
46	3	M40	Scott Reed, 41, Reinbeck, IA	1:27:57	6:42
47	7	M35	Don Romig, 38, Boone, IA	1:28:02	6:43
48	10	M30	Bryan Friedman, 31, Lambs Grove, IA	1:28:07	6:43
49	13	M25	Alex Johnson, 29, Des Moines, IA	1:28:15	6:44
50	11	M30	Luke Spencer, 31, Des Moines, IA	1:28:19	6:44
51	8	M35	Tim Hoffman, 37, Newton, IA	1:28:22	6:44
52	12	M30	Chad Matthaideess, 32, Algona, IA	1:28:22	6:44
53	14	M25	Bryan Redemske, 25, Waterloo, IA	1:28:27	6:45
54	3	JrM	Cory Rauch, 18, Davenport, IA	1:28:31	6:45
55	15	M25	Carl Noftsgger, 29, Altoona, IA	1:29:00	6:47
56	16	M25	Chad Halsten, 29, West Des Moines, IA	1:29:04	6:48
57	4	M40	David Christens, 43, West Des Moines, IA	1:29:16	6:49
58	5	M40	David Frank, 40, Adel, IA	1:29:17	6:49
59	9	M35	Michael Rieks, 35, West Des Moines, IA	1:29:19	6:49
60	17	M25	Barrie Terrones, 25, Urbandale, IA	1:29:35	6:50
61	6	M40	Ed Bell, 43, Clive, IA	1:29:35	6:50
62	12	M20	Alex White, 22, Indianola, IA	1:30:12	6:53
63	10	M35	Brad Ortmeier, 39, Urbandale, IA	1:30:22	6:54
64	1	M50	James Jacobsen, 53, Des Moines, IA	1:30:23	6:54
65	13	M30	John Anthofer, 30, Urbandale, IA	1:30:24	6:54
66	11	M35	Donald Wells, 35, West Des Moines, IA	1:30:27	6:54
	4	1	W45 Tricia McClain, 46*, Altoona, IA	1:30:34	6:55
	5	2	W30 Jennifer Masini, 30*, Ames, IA	1:30:49	6:56
67	7	M40	Jeff Perry, 42, Bondurant, IA	1:30:56	6:56
68	12	M35	Jeremy Singer, 35, Ames, IA	1:31:09	6:57
69	8	M40	Bob Lotz, 40, North Liberty, IA	1:31:13	6:57
70	4	M45	Bill Cherrier, 45, Cedar Rapids, IA	1:31:26	6:58
71	4	JrM	Aaron Sage, 5, Ames, IA	1:31:26	6:58
72	14	M30	Christopher Siewert, 32, Mason City, IA	1:31:29	6:59
	6	2	W20 Kristen Mitchell, 24*, West Des Moines, IA	1:31:30	6:59
	7	3	W30 Traci Hart, 33*, Waukee, IA	1:31:34	6:59
73	2	M50	Nigel Wright, 51, Marion, IA	1:31:36	6:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top					
74	1	M55	David Schulte, 56, Granger, Ia	1:31:55	7:01
75	13	M20	Nick Vander Kwaak, 22, Johnston, IA	1:32:03	7:01
76	9	M40	David Flory, 43, Ames, IA	1:32:18	7:02
77	18	M25	Nate Dunn, 27, Cedar Rapids, IA	1:32:34	7:04
	8	1	W40 Michelle Deverell, 40*, Mason City, IA	1:32:36	7:04
78	10	M40	Steve Sikkink, 42, Des Moines, IA	1:33:18	7:07
79	5	M45	Steven Hendricks, 46, Fort Dodge, IA	1:33:18	7:07
80	11	M40	Doug Adams, 41, Urbandale, IA	1:33:19	7:07
81	15	M30	Troy Green, 31, Des Moines, IA	1:33:20	7:07
82	6	M45	Rick Gubbels, 45, Des Moines, IA	1:33:27	7:08
83	12	M40	Dale Knoshaug, 41, Des Moines, IA	1:33:27	7:08
84	13	M35	Marc Gillotti, 35, W Des Moines, IA	1:33:34	7:08
85	2	M55	Bruce Mortenson, 59, Minnetonka, MN	1:33:41	7:09
86	13	M40	Craig Edmondson, 43, Malvern, IA	1:33:49	7:09
87	19	M25	Nick Wagner, 29, Marion, IA	1:33:55	7:10
88	20	M25	Mitch Mussetter, 25, Ankeny, IA	1:34:00	7:10
89	14	M35	Tom Hamilton, 38, Clive, IA	1:34:17	7:11
90	21	M25	Matthew Zepeda, 29, Waukee, IA	1:34:33	7:13
	9	1	W25 Erin Ward, 28*, Eagan, MN	1:34:38	7:13
91	7	M45	Joseph Yuhas, 46, Minneapolis, MN	1:34:48	7:14
92	3	M50	Roy Ney, 54, Des Moines, IA	1:34:49	7:14
93	22	M25	Doug Sturm-Smith, 28, Des Moines, IA	1:34:51	7:14
94	14	M20	Michael Roberts, 24, Des Moines, IA	1:34:58	7:15
95	15	M35	Steven Lewellen, 38, Des Moines, IA	1:35:01	7:15
10	3	W20	Shanna Duffey, 20*, West Des Moines, IA	1:35:02	7:15
96	23	M25	Jason Foster, 26, Des Moines, IA	1:35:05	7:15
97	14	M40	Don Cumings, 40, Ankeny, IA	1:35:40	7:18
11	2	W25	Jenny Jackson, 26*, Cedar Rapids, IA	1:35:46	7:18
98	8	M45	Allen Miller, 46, Ames, IA	1:35:59	7:19
99	15	M20	Mike Waterston, 22, Des Moines, IA	1:36:03	7:20
100	4	M50	Randall Wilson, 53, Des Moines, IA	1:36:11	7:20
101	15	M40	Ron Schuck, 42, Ames, IA	1:36:14	7:20
102	16	M35	Craig Hanken, 36, Des Moines, IA	1:36:17	7:21

12	1	W50 Nancy Hoegh, 50*, Clive, IA	1:36:18	7:21
103	9	M45 Brian Piper, 48, Western Springs, IL	1:36:21	7:21
13	4	W20 Amber Morgan, 21*, Harlan, IA	1:36:28	7:21
104	16	M30 Lee Hill, 34, Des Moines, IA	1:36:32	7:22
105	5	M50 Jim Mullenix, 51, Woodbine, IA	1:36:36	7:22
106	16	M40 Scott Boever, 42, Des Moines, IA	1:36:39	7:22
107	17	M30 Stephen Siegel, 34, Ames, IA	1:36:50	7:23
108	18	M30 Jeff Brock, 32, Clive, IA	1:36:54	7:23
109	1	M60 Guy Ealey, 63, Kellogg, IA	1:37:17	7:25
110	19	M30 Chris Ristau, 31, Denver, IA	1:37:21	7:26
111	17	M35 Lance Van Vleet, 37, Indianola, IA	1:37:38	7:27
112	10	M45 Bill Wieland, 49, West Des Moines, IA	1:37:43	7:27
14	4	W30 Tara Brawner, 34*, Clive, IA	1:37:44	7:27
113	11	M45 Peter Percival, 49, Des Moines, IA	1:37:59	7:28
15	2	W40 JoAnn Kobes, 43*, Des Moines, IA	1:38:00	7:29
16	2	W45 Beth Henriksen, 47*, Ames, IA	1:38:13	7:29
114	17	M40 Greg Courtney, 43, Ames, IA	1:38:13	7:30
115	18	M40 Tom Green, 43, Des Moines, IA	1:38:25	7:30
116	12	M45 Brian Smith, 45, Redfield, IA	1:38:30	7:31
117	13	M45 Joe Winch, 46, Knoxville, IA	1:38:36	7:31
17	5	W20 Kate Reinsma, 20*, Sioux Center, IA	1:38:49	7:32
18	2	W35 Brenda O'Hare, 35*, Ankeny, IA	1:38:49	7:32
118	5	JrM Matthew Hawkins, 19, Bondurant, IA	1:39:01	7:33
19	6	W20 Katie Olson, 20*, Sioux City, IA	1:39:03	7:33
20	3	W25 Sadie Knickrehm, 25*, Saint James, MN	1:39:09	7:34
119	18	M35 Shane Smith, 35, Urbandale, IA	1:39:12	7:34
120	20	M30 Mike Gardner, 33, Ankeny, IA	1:39:13	7:34
121	14	M45 Bob Grote, 49, West Des Moines, IA	1:39:17	7:34
21	3	W35 Kim Arndt, 38*, Indianola, IA	1:39:23	7:35
22	4	W35 Kathy Hale, 38*, Bondurant, IA	1:39:25	7:35
122	16	M20 Ryan Hawkins, 22, Bondurant, IA	1:39:27	7:35
23	3	W40 Melanie Anderson, 40*, Clive, IA	1:39:28	7:35
123	15	M45 Brad Shipman, 48, Van Meter, IA	1:39:31	7:35
124	3	M55 Don Miller, 55, Clive, IA	1:39:32	7:36
125	24	M25 Brian Davenport, 28, Circle Pines, MN	1:39:33	7:36
126	21	M30 Jeff Hartz, 32, Runnells, IA	1:39:34	7:36
127	16	M45 Doug Lockwood, 47, Storm Lake, IA	1:39:35	7:36
128	6	M50 Dick Lachenmaier, 53, Clive, IA	1:39:40	7:36
129	7	M50 Steven Fulton, 51, Whitten, IA	1:39:46	7:37
130	22	M30 Scott Mills, 32, Des Moines, IA	1:39:47	7:37
131	19	M40 Rex Williams, 42, Des Moines, IA	1:39:56	7:37
24	5	W35 Shelly Kerr, 37*, Iowa City, IA	1:39:58	7:37
132	19	M35 Brett Faulkner, 37, Dayton, IA	1:39:59	7:38
133	17	M45 Terrell Brown, 49, Minneapolis, MN	1:40:07	7:38
134	20	M40 Ron Hankins, 44, West Des Moines, IA	1:40:14	7:39
135	17	M20 Kyle Mertz, 20, Urbandale, IA	1:40:17	7:39
136	20	M35 Timothy Gedler, 39, W. Des Moines, IA	1:40:21	7:39
137	2	M60 Ron Bickel, 60, Pleasant Hill, IA	1:40:25	7:40
138	21	M35 Jeff Osmundson, 38, Des Moines, IA	1:40:28	7:40
139	18	M20 Anthony Nelson, 20, Blooming Prairie, MN	1:40:35	7:40
25	7	W20 Alissa Hardin, 21*, Urbandale, IA	1:40:40	7:41
26	8	W20 Jody Garrett, 22*, Lamoni, IA	1:40:43	7:41
140	18	M45 Paul James, 49, Stanley, IA	1:40:48	7:41
141	22	M35 Kent Heikens, 38, Ames, IA	1:40:57	7:42
142	21	M40 Daniel Baldi, 40, Des Moines, IA	1:41:13	7:43
27	4	W25 Emily Kell, 27*, Des Moines, IA	1:41:26	7:44
28	5	W25 Laura Hamady, 28*, Des Moines, IA	1:41:26	7:44
143	22	M40 Robert Lasich, 43, Urbandale, IA	1:41:27	7:44
144	19	M45 Neal Spero, 48, West Des Moines, IA	1:41:38	7:45
145	23	M40 Doug Jones, 40, Redfield, IA	1:41:40	7:45
146	24	M40 Scott Vermillion, 40, Des Moines, IA	1:41:40	7:45
29	6	W25 Britt Siebels, 27*, Urbandale, IA	1:41:44	7:46
147	25	M25 Craig German, 25, Urbandale, IA	1:41:44	7:46
30	5	W30 Sandy Shirley, 34*, Lead, SD	1:41:49	7:46
31	7	W25 Heather Fitzloff, 28*, Farmington, MN	1:41:50	7:46
148	20	M45 Hank Manning, 47, Urbandale, IA	1:41:51	7:46
149	23	M35 Matt Busick, 35, Des Moines, IA	1:42:09	7:47
150	24	M35 Tom DeTaeye, 38, Clive, IA	1:42:14	7:48
151	19	M20 Brian Schmid, 23, Ames, IA	1:42:21	7:48
152	25	M35 William Diesslin, 38, Ames, IA	1:42:28	7:49
153	26	M35 Jeff Lorenzen, 37, Waukee, IA	1:42:37	7:50
154	25	M40 Allen Benson, 43, Ankeny, IA	1:42:41	7:50

155	8	M50 Don Myers, 51, Rochester, MN	1:42:43	7:50
156	21	M45 Ted Sage, 46, Ames, IA	1:42:46	7:50
157	26	M40 Kent Kelderman, 43, Clive, IA	1:42:51	7:51
32	4	W40 Ann Neubauer, 40*, Homestead, IA	1:42:53	7:51
158	9	M50 Fred Fedewa, 51, Wheaton, IL	1:42:53	7:51
159	10	M50 Dennis Johnson, 54, Des Moines, IA	1:42:54	7:51
160	20	M20 Ryan Morris, 23, Naperville, IA	1:42:55	7:51
161	27	M35 Slade Speers, 38, Monroe, IA	1:43:05	7:52
162	22	M45 Ricky Snyder, 48, Winterset, IA	1:43:06	7:52
163	28	M35 Wade Steward, 36, LeGrand, IA	1:43:10	7:52
164	26	M25 Mike Kintner, 26, Bettendorf, IA	1:43:12	7:52
165	27	M40 Donald Camp, 41, Boone, IA	1:43:14	7:52
166	23	M45 David McClung, 48, Des Moines, IA	1:43:16	7:53
167	29	M35 Steve Cannon, 36, Urbandale, IA	1:43:17	7:53
168	24	M45 Tom Tecklenburg, 48, Humboldt, IA	1:43:28	7:54
33	6	W35 Jennifer Dickerson, 35*, Clive, IA	1:43:35	7:54
169	27	M25 Randy Smid, 29, Des Moines, IA	1:43:36	7:54
34	8	W25 Lindsay Zwemke, 27*, Marshalltown, IA	1:43:40	7:54
170	11	M50 Bob Overstreet, 52, Des Moines, IA	1:43:40	7:54
171	12	M50 Ron Kinner, 50, Des Moines, IA	1:43:42	7:55
172	30	M35 Patrick Beurskens, 36, Marshalltown, IA	1:43:43	7:55
173	28	M40 Andy Roat, 41, Des Moines, IA	1:43:45	7:55
35	9	W25 Karen Bomar, 25*, West Des Moines, IA	1:43:46	7:55
174	6	JrM Jonathon Schreiner, 19, Owatonna, MN	1:43:47	7:55
36	3	W45 Elaine Van Dyck, 49*, Des Moines, IA	1:43:50	7:55
175	21	M20 Tim Anderson, 21, Altoona, IA	1:43:53	7:55
176	4	M55 Reed Moore, 56, Kelley, IA	1:43:59	7:56
177	31	M35 Cary Osborn, 38, Newton, IA	1:43:59	7:56
37	5	W40 Denise Charter-Jones, 41*, Urbandale, IA	1:44:03	7:56
178	29	M40 Freddie Morris, 41, Urbandale, IA	1:44:03	7:56
179	32	M35 Timothy Bergan, 37, Newton, IA	1:44:07	7:56
38	9	W20 Lindsay McCracken, 20*, Ankeny, IA	1:44:12	7:57
180	5	M55 Giz Youngerman, 56, Springfield, OH	1:44:14	7:57
39	10	W25 Kerri Mounce, 26*, Urbandale, IA	1:44:15	7:57
181	25	M45 Gary Bochman, 47, Burnsville, MN	1:44:23	7:58
40	4	W45 Susan Ridenour, 45*, Des Moines, IA	1:44:24	7:58
182	23	M30 John Vogelaar, 30, Des Moines, IA	1:44:26	7:58
183	33	M35 Todd Savage, 35, Altoona, IA	1:44:28	7:58
184	7	JrM Matt Berndt, 18, Newton, IA	1:44:32	7:58
185	34	M35 Ben Allen, 39, Des Moines, IA	1:44:33	7:58
186	30	M40 Steven Kimmes, 43, West Des Moines, IA	1:44:33	7:58

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187	8	JrM Karl Goldsmith, 18, Earlville, IA	1:44:47	8:00
188	13	M50 Robert McDonald, 52, Colona, IL	1:44:51	8:00
189	28	M25 John Myers, 25, Minneapolis, MN	1:44:52	8:00
190	24	M30 Dave York, 30, Minneapolis, MN	1:44:55	8:00
191	26	M45 Patrick Barrett, 48, Floyd, IA	1:44:57	8:00
41	11	W25 Traci Havlik, 28*, Madrid, IA	1:44:59	8:00
192	6	M55 Paul Oppenheim, 59, Oak Park, IL	1:45:00	8:01
42	10	W20 Julie Westhoff, 24*, Iowa City, IA	1:45:05	8:01
43	6	W30 Tammy Koczmoff, 30*, Des Moines, IA	1:45:07	8:01
193	31	M40 Joe Knight, 41, Stoughton, WI	1:45:09	8:01
194	25	M30 Timothy Lowe, 30, Denver, CO	1:45:14	8:02
195	32	M40 Tom Patava, 42, Norwalk, IA	1:45:21	8:02
196	26	M30 Dave Leever, 32, Ankeny, IA	1:45:21	8:02
44	11	W20 Kelli Kilgore, 24*, West Des Moines, IA	1:45:27	8:03
197	27	M30 Duane Lussion, 34, Ottumwa, IA	1:45:30	8:03
45	2	W50 Mary Madsen, 50*, Melbourne, IA	1:45:30	8:03
198	27	M45 Warren Peterson, 49, Ackworth, IA	1:45:35	8:03
199	35	M35 Joe Hendrix, 35, West Des Moines, IA	1:45:35	8:03
200	33	M40 Tom McCauley, 42, Des Moines, IA	1:45:37	8:03
46	7	W30 Wendy Macke, 34*, Ankeny, IA	1:45:40	8:04
201	28	M30 Brian Gentry, 33, Des Moines, IA	1:45:42	8:04
47	8	W30 Stacy Farr, 32*, West Des Moines, IA	1:45:46	8:04
202	34	M40 Brian Willem, 41, Urbandale, IA	1:45:50	8:04
203	36	M35 Rob Marshall, 37, West Des Moines, IA	1:45:54	8:05
204	28	M45 John Vujnovich, 48, Des Moines, IA	1:45:56	8:05
205	7	M55 Larry Walden, 56, Marshalltown, IA	1:45:58	8:05
206	29	M45 Thomas Ferree, 46, West Des Moines, IA	1:45:59	8:05
207	29	M25 Nate Rowland, 29, Waukee, IA	1:46:02	8:05
48	7	W35 Kathy Larson, 39*, West Des Moines, IA	1:46:04	8:05

208	37	M35	Tim Houk, 37, Norwalk, IA	1:46:04	8:05
209	30	M45	Mark Roberts, 46, Urbandale, IA	1:46:10	8:06
49	5	W45	Sue Boley, 46*, Maxwell, IA	1:46:18	8:07
210	29	M30	Geoffrey Johnson, 33, Des Moines, IA	1:46:24	8:07
211	35	M40	Martin Kenworthy, 44, Des Moines, IA	1:46:24	8:07
212	36	M40	Pete Tremaine, 43, Anoka, MN	1:46:26	8:07
50	12	W25	Amber Stapleton, 27*, Des Moines, IA	1:46:27	8:07
213	30	M25	Mark Smith, 26, Cedar Rapids, IA	1:46:27	8:07
214	31	M45	Kevin Shay, 49, Urbandale, IA	1:46:28	8:07
215	37	M40	Steve Rossler, 43, Newton, IA	1:46:29	8:07
216	32	M45	Rob Stetson, 49, Johnston, IA	1:46:33	8:08
217	38	M40	Rod Bubke, 43, Ankeny, IA	1:46:36	8:08
51	6	W40	Nancy Whitcanack, 41*, Colona, IL	1:46:42	8:08
218	31	M25	Michael Busick, 28, Des Moines, IA	1:46:48	8:09
219	14	M50	Galen Wilke, 51, Ames, IA	1:46:50	8:09
220	38	M35	Jason Soliday, 35, West Des Moines, IA	1:46:55	8:09
221	30	M30	Tanmaya Bhatnagar, 30, West Des Moines, IA	1:46:59	8:10
222	31	M30	Brian Jarchow, 33, Cedar Falls, IA	1:47:02	8:10
52	8	W35	Cathy Blankenship, 35*, Johnston, IA	1:47:05	8:10
223	33	M45	Charles Phillips, 45, Urbandale, IA	1:47:08	8:10
224	39	M40	Bill Smalley, 43, Des Moines, IA	1:47:16	8:11
53	6	W45	Sally Spencer, 47*, Des Moines, IA	1:47:21	8:11
54	7	W45	Debi Bull, 45*, Des Moines, IA	1:47:26	8:12
225	39	M35	Erik Winberg, 39, Brookview, WI	1:47:33	8:12
226	9	JrM	Ryan Olsem, 18, Lisbon, IA	1:47:38	8:13
227	40	M40	Don Owens, 44, Des Moines, IA	1:47:40	8:13
228	15	M50	Lonnie Cleland, 54, Des Moines, IA	1:47:41	8:13
55	8	W45	Colleen Boran, 46*, Forest City, IA	1:47:41	8:13
229	16	M50	William Reinarts, 54, Winona, MN	1:47:44	8:13
230	40	M35	Thomas Anderson, 36, Clive, IA	1:47:52	8:14
231	41	M35	Jay Alexander, 38, Des Moines, IA	1:48:05	8:15
56	9	W35	Lisa Broderick, 37*, Baxter, IA	1:48:07	8:15
232	41	M40	Brian Wiebke, 43, Marion, IA	1:48:08	8:15
233	17	M50	Mike Gray, 52, Waterloo, IA	1:48:10	8:15
234	32	M30	Dave Daniels, 34, Des Moines, IA	1:48:18	8:16
57	10	W35	Lisa Springer, 37*, Ft. Dodge, IA	1:48:19	8:16
58	13	W25	Mandy Russell, 27*, Des Moines, IA	1:48:20	8:16
235	42	M35	John Kromminga, 38, Johnston, IA	1:48:23	8:16
59	9	W45	Kim Gustafson, 47*, Denison, IA	1:48:28	8:16
60	9	W30	Sharon Johnson, 34*, Urbandale, IA	1:48:30	8:17
236	34	M45	John Meyer, 47, West Des Moines, IA	1:48:35	8:17
237	35	M45	Paul Kruse, 45, Granger, IA	1:48:43	8:18
238	42	M40	Duke Reichardt, 44, Clive, IA	1:48:44	8:18
239	36	M45	Brandt Williamson, 45, Des Moines, IA	1:48:46	8:18
61	10	W30	Heidi Degraaf, 32*, Ankeny, IA	1:48:52	8:18
62	1	JrW	Andrea Hayes, 19*, Iowa City, IA	1:48:55	8:19
240	37	M45	Tim Flowers, 45, Ankeny, IA	1:48:59	8:19
63	2	JrW	Mary Sue Nowacki, 19*, Des Moines, IA	1:49:01	8:19
64	12	W20	Leah Kramme, 20*, Iowa City, IA	1:49:11	8:20
241	18	M50	Mark Hanson, 50, Ankeny, IA	1:49:12	8:20
242	19	M50	Paul Van Ebberts, 50, Des Moines, IA	1:49:12	8:20
243	43	M35	Jeff Corcoran, 35, Des Moines, IA	1:49:21	8:20
65	11	W35	Rebecca Brannan, 38*, Urbandale, IA	1:49:24	8:21
244	20	M50	Dick Mullen, 50, Urbandale, IA	1:49:25	8:21
245	43	M40	Tony Pekins, 43, Urbandale, IA	1:49:28	8:21
66	11	W30	Beth Seufferer, 32*, West Des Moines, IA	1:49:36	8:22
67	14	W25	Molly McTaggart, 28*, Des Moines, IA	1:49:42	8:22
68	7	W40	Kathi Prien, 41*, West Des Moines, IA	1:49:44	8:22
246	33	M30	Tim Sieber, 34, Clive, IA	1:49:45	8:22
247	44	M35	Todd Kreamer, 37, Johnston, IA	1:49:45	8:22
248	44	M40	Kent Weeden, 41, Des Moines, IA	1:49:51	8:23
69	8	W40	Linda Adams, 43*, Oskaloosa, IA	1:49:52	8:23
249	38	M45	Kevin Ernster, 49, Hiawatha, IA	1:49:53	8:23
250	45	M40	Peter Erpenbach, 43, Minneapolis, MN	1:49:57	8:23
251	39	M45	Steve Vaught, 45, Des Moines, IA	1:50:10	8:24
252	32	M25	Scott Hendrickson, 26, Coralville, IA	1:50:18	8:25
253	34	M30	Kevin Olsen, 32, Clive, IA	1:50:22	8:25
254	21	M50	Jere Wood, 52, Clinton, IA	1:50:22	8:25
255	8	M55	Jeff Kessler, 55, Ankeny, IA	1:50:23	8:25
256	45	M35	David Lake, 35, Des Moines, IA	1:50:25	8:25
70	15	W25	Jennifer Imig, 29*, West Des Moines, IA	1:50:27	8:26

257	22	M50	Dennis Linn, 52, Pella, IA	1:50:36	8:26
258	46	M35	Todd Keech, 37, Johnston, IA	1:50:39	8:26
259	47	M35	Jeff Schaub, 38, W. Des Moines, IA	1:50:41	8:27
260	33	M25	Andrew Nicoli, 27, Des Moines, IA	1:50:44	8:27
261	34	M25	Michael Johansen, 25, Des Moines, IA	1:50:44	8:27
262	10	JrM	Phillip Quinn, 19, Des Moines, IA	1:50:54	8:28
263	35	M30	Tom Trygstad, 31, West Des Moines, IA	1:50:55	8:28
264	46	M40	Robert Bartz, 42, Ft Madison, IA	1:51:00	8:28
71	12	W30	Mollie Bennett, 32*, South Elgin, IL	1:51:07	8:29
72	16	W25	Jana Severson, 25*, West Des Moines, IA	1:51:09	8:29
265	40	M45	Mike Clayton, 47, Ames, IA	1:51:14	8:29
266	35	M25	Keith Lyles, 28, Des Moines, IA	1:51:28	8:30
267	3	M60	Clay Whiteis, 60, Des Moines, IA	1:51:29	8:30
73	13	W30	Angie Nevelle, 33*, Bondurant, IA	1:51:30	8:30
268	47	M40	Mike Schechinger, 43, Grimes, IA	1:51:30	8:30
74	17	W25	Becky Dyke, 26*, Rochester, MN	1:51:31	8:30
269	22	M20	Tim Moran, 20, Story City, IA	1:51:32	8:30
75	14	W30	Jennifer Smith, 33*, Waukee, IA	1:51:34	8:31
76	9	W40	Becky Nichols, 42*, Des Moines, IA	1:51:37	8:31
77	15	W30	Andrea Ziebarth, 30*, Minneapolis, MN	1:51:45	8:31
78	10	W40	Kimberly Haines, 44*, Oskaloosa, IA	1:51:48	8:32
270	48	M40	Daniel Mallonee, 42, Cedar Rapids, IA	1:51:55	8:32
271	49	M40	Jon Leinen, 44, Des Moines, IA	1:51:57	8:32
272	41	M45	Jon Croft, 48, Des Moines, IA	1:52:02	8:33
273	50	M40	Bryan Weigel, 42, Johnston, IA	1:52:02	8:33
274	36	M25	Ben Weers, 28, Pleasant Hill, IA	1:52:04	8:33
79	13	W20	Kriss Skoglund, 24*, Des Moines, IA	1:52:09	8:33
80	18	W25	Lacie Smothers, 27*, West Des Moines, IA	1:52:10	8:33
275	36	M30	Brian Kinman, 30, Johnston, IA	1:52:11	8:33
276	37	M30	Sean Pelletier, 30, Urbandale, IA	1:52:14	8:34
81	19	W25	Heather Huntley, 29*, Ames, IA	1:52:15	8:34
277	48	M35	Brian Harris, 37, Cedar Rapids, IA	1:52:22	8:34
278	49	M35	Jay Honohan, 38, Iowa City, IA	1:52:24	8:34
279	42	M45	Terry Lint, 48, Clive, IA	1:52:28	8:35
82	3	JrW	Sarah Rose, 18*, Indianola, IA	1:52:29	8:35
280	50	M35	Will Meier, 37, Sioux City, IA	1:52:34	8:35
281	38	M30	Sam Macke, 32, Ankeny, IA	1:52:34	8:35
282	39	M30	Chad Beaman, 32, Council Bluffs, IA	1:52:37	8:35
283	51	M35	David May, 39, Ames, IA	1:52:40	8:36
83	4	JrW	Lacey De Groot, 16*, Oskaloosa, IA	1:52:40	8:36
84	14	W20	Melanie Iler, 21*, Ames, IA	1:52:41	8:36
284	23	M20	Jesse West, 24, West Des Moines, IA	1:52:47	8:36
285	51	M40	Chris Nation, 43, Ogden, IA	1:52:49	8:36
85	15	W20	Mandy Bengtson, 20*, Trenton, MO	1:52:53	8:37
286	52	M35	Jay Hagedorn, 39, Des Moines, IA	1:52:55	8:37
86	16	W20	Janelle Burger, 22*, Dubuque, IA	1:53:04	8:37
287	40	M30	Jason Hahn, 32, Des Moines, IA	1:53:06	8:38
288	11	JrM	Terry Willenborg, 18, Dyersville, IA	1:53:08	8:38
289	9	M55	Joel Beane, 55, Marshalltown, IA	1:53:11	8:38
87	17	W20	Becky Decourcey, 21*, Iowa City, IA	1:53:13	8:38
290	12	JrM	Robby Thoren, 19, Perry, IA	1:53:23	8:39
291	53	M35	Matthew Tullis, 35, Marshalltown, IA	1:53:30	8:39
88	3	W50	Margie Cahill, 52*, Nevada, IA	1:53:33	8:40
292	23	M50	Kevin Cunningham, 51, Des Moines, IA	1:53:33	8:40
89	16	W30	Susan Cox, 34*, Des Moines, IA	1:53:44	8:41
90	17	W30	Lori Devries, 30*, Johnston, IA	1:53:46	8:41
293	24	M50	David Freidgood, 53, Clive, IA	1:53:55	8:41
294	54	M35	Richard Mockobee, 35, Norwalk, IA	1:53:56	8:41
295	37	M25	Adam Jones, 29, Des Moines, IA	1:53:58	8:42
296	43	M45	John Tarbox, 46, West Des Moines, IA	1:54:01	8:42
91	18	W20	Quinn Emerson, 23*, Des Moines, IA	1:54:02	8:42
92	19	W20	Ailey Kleckner, 24*, Des Moines, IA	1:54:02	8:42
297	4	M60	Jim Matthews, 62, Baxter, IA	1:54:03	8:42
93	18	W30	Stephanie Wishman, 32*, Clive, IA	1:54:10	8:43
94	20	W25	Amy Bailey, 28*, West Des Moines, IA	1:54:11	8:43
298	38	M25	Jody Green, 29, Kansas City, MO	1:54:24	8:44
95	11	W40	Jane Hemminger, 41*, Des Moines, IA	1:54:42	8:45
299	25	M50	Steve Rose, 51, Indianola, IA	1:54:46	8:45
300	52	M40	Thomas Duff, 40, Des Moines, IA	1:54:54	8:46
301	44	M45	John Hemminger, 49, Des Moines, IA	1:54:57	8:46
302	24	M20	Ben Nanson, 24, Des Moines, IA	1:55:00	8:46
96	21	W25	Nariza Nunez, 27*, Pella, IA	1:55:00	8:46

303	45	M45	James Pech, 47, West Des Moines, IA	1:55:01	8:46
304	55	M35	Dave Lipinski, 36, New Hartford, IA	1:55:14	8:47
97	20	W20	Coralynn Becker, 24*, West Des Moines, IA	1:55:15	8:47
98	22	W25	Carrie Dieken, 26*, Cedar Falls, IA	1:55:16	8:48
305	25	M20	Adam Greimann, 22, Perry, IA	1:55:25	8:48
99	23	W25	Melinda Hill, 27*, Des Moines, IA	1:55:27	8:48
100	12	W40	Carol Litscher, 42*, West Des Moines, IA	1:55:52	8:50
306	56	M35	Martin Nay, 36, Kansas City, MO	1:55:57	8:51
307	57	M35	Thomas Wieck, 36, Des Moines, IA	1:55:57	8:51
308	58	M35	Rob Gettemy, 37, Marion, IA	1:56:00	8:51
309	46	M45	Greg Swanson, 45, Norwalk, IA	1:56:02	8:51
101	24	W25	Jennifer Dolan, 26*, Milwaukee, WI	1:56:05	8:51
102	25	W25	Jennifer Rio, 26*, Aurora, IL	1:56:06	8:51
310	5	M60	Ron Scott, 66, Keokuk, IA	1:56:10	8:52
103	21	W20	Kelly Benda, 22*, North Liberty, IA	1:56:13	8:52
104	13	W40	Michelle Soyer, 40*, Johnston, IA	1:56:14	8:52
311	41	M30	Dan Koestner, 33, Grimes, IA	1:56:23	8:53
105	26	W25	Dawn Miller, 25*, Anamosa, IA	1:56:34	8:53
312	59	M35	Joe Puetz, 38, Sioux City, IA	1:56:43	8:54
106	27	W25	Shelley Bricker, 28*, Des Moines, IA	1:56:43	8:54
313	53	M40	Douglas Johnston, 42, Des Moines, IA	1:56:46	8:54
314	54	M40	Stephen Hopkins, 41, Newton, IA	1:56:49	8:55
107	12	W35	Lenni Broeg, 36*, Parnell, IA	1:56:51	8:55
315	26	M50	Carl Kinney, 54, Johnston, IA	1:56:53	8:55
316	55	M40	Terry Alvarez, 42, Johnston, IA	1:56:55	8:55
108	28	W25	Angela Bergan, 28*, Ankeny, IA	1:57:07	8:56
317	47	M45	Kevin Zimmer, 49, Sauk Centre, MN	1:57:12	8:56
109	29	W25	Kristie Smith, 28*, Urbandale, IA	1:57:16	8:57
110	10	W45	D Peterson, 45*, Grimes, IA	1:57:17	8:57
318	27	M50	Bill Parks, 50, Des Moines, IA	1:57:19	8:57
111	13	W35	Lori McQuiston, 39*, Maxwell, IA	1:57:29	8:58
319	56	M40	Steve Shifflett, 44, Ames, IA	1:57:32	8:58
112	14	W40	Jennifer Worley, 42*, Urbandale, IA	1:57:35	8:58
320	28	M50	Rich Johnson, 50, Ankeny, IA	1:57:47	8:59
321	42	M30	Mark Berg, 33, Denver, CO	1:57:48	8:59
113	14	W35	Carrie Vorbrich, 38*, Des Moines, IA	1:57:49	8:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top					
114	30	W25	Patricia Robbins, 26*, St Paul, MN	1:57:55	9:00
115	22	W20	Tina Carney, 24*, Cedar Rapids, IA	1:57:56	9:00
116	5	JrW	Becca Richardson, 18*, Indianola, IA	1:58:03	9:00
117	19	W30	Susie Hildebrandt, 34*, Des Moines, IA	1:58:19	9:01
322	57	M40	Joel Barcus, 44, West Des Moines, IA	1:58:20	9:02
323	48	M45	John Kovar, 45, Ames, IA	1:58:30	9:02
324	60	M35	Fabio Rozo, 38, Minneapolis, MN	1:58:31	9:02
118	15	W40	Terri Selberg, 43*, Urbandale, IA	1:58:35	9:03
325	29	M50	Tim Devick, 53, Urbandale, IA	1:58:37	9:03
326	43	M30	James Holloway, 34, West Des Moines, IA	1:58:41	9:03
327	61	M35	Todd Johnson, 35, Coralville, IA	1:58:42	9:03
119	11	W45	Monica Lihs, 45*, Waukee, IA	1:58:43	9:03
328	10	M55	Steve Ovel, 55, Cedar Rapids, IA	1:58:50	9:04
329	13	JrM	Justin Lahr, 17, Dyersville, IA	1:58:52	9:04
120	12	W45	Gale Secor, 46*, Cedar Falls, IA	1:58:53	9:04
330	62	M35	Bruce Hinrichs, 35, W Des Moines, IA	1:58:56	9:04
121	15	W35	Connie Petersen, 38*, Ankeny, IA	1:58:57	9:04
122	20	W30	Juli Johnson, 33*, Coralville, IA	1:58:58	9:04
123	23	W20	Gail Carpenter, 24*, Iowa City, IA	1:59:00	9:05
124	21	W30	Julie Lowery, 34*, West Des Moines, IA	1:59:05	9:05
125	16	W35	Beverly Schmitt, 38*, Carroll, IA	1:59:07	9:05
126	16	W40	Cynthia Lehrkamp, 44*, Carroll, IA	1:59:08	9:05
331	63	M35	Philip Roudabush, 38, North Liberty, IA	1:59:08	9:05
332	58	M40	Gary Jones, 43, Cedar Falls, IA	1:59:12	9:06
333	64	M35	John Beh, 39, Des Moines, IA	1:59:15	9:06
334	49	M45	Brian Westfall, 46, Fort Dodge, IA	1:59:16	9:06
335	44	M30	Jason Wulf, 30, Des Moines, IA	1:59:22	9:06
127	13	W45	Susan Duoblys, 48*, Des Moines, IA	1:59:33	9:07
336	65	M35	Steven Feldmann, 35, Iowa City, IA	1:59:41	9:08
337	50	M45	Steven Jacobs, 46, Atlantic, IA	1:59:44	9:08
338	59	M40	Alan Metz, 42, Atlantic, IA	1:59:44	9:08
339	45	M30	Jeffrey Collum, 34, West Des Moines, IA	1:59:49	9:08
128	6	JrW	Hannah Schupbach, 17*, Grundy Center, IA	1:59:53	9:09
129	31	W25	Sally Johnson, 26*, Grimes, IA	2:00:00	9:09

130	17	W35	Julie Alexander, 37*, Des Moines, IA	2:00:15	9:10
131	22	W30	Lora Rogerson, 34*, Des Moines, IA	2:00:20	9:11
132	32	W25	Sarah Klein, 25*, Iowa City, IA	2:00:20	9:11
340	39	M25	Chad Pfohl, 28, Iowa City, IA	2:00:21	9:11
341	60	M40	Dan Duwelius, 43, Des Moines, IA	2:00:40	9:12
133	18	W35	Shelly Anderson, 38*, Altoona, IA	2:00:59	9:14
134	23	W30	Meredith Temple, 31*, Madison, WI	2:00:59	9:14
342	46	M30	Bill Kallestad, 32, Des Moines, IA	2:01:04	9:14
135	24	W20	Erin Reppert, 23*, Des Moines, IA	2:01:16	9:15
136	19	W35	Robin Hockaday, 36*, Maxwell, IA	2:01:29	9:16
343	61	M40	Jeff Trimble, 42, Des Moines, IA	2:01:30	9:16
137	33	W25	Jolene Olson, 27*, Overland Park, KS	2:01:31	9:16
138	20	W35	Denise Fowler, 35*, Pleasant Hill, IA	2:01:33	9:16
139	34	W25	Ann Hicks, 28*, Ames, IA	2:01:35	9:16
140	24	W30	Judith Humphries, 30*, Ames, IA	2:01:37	9:17
141	25	W20	Amy Hash, 22*, Des Moines, IA	2:01:44	9:17
344	40	M25	Robert Leary, 26, Perry, IA	2:01:51	9:18
142	35	W25	Anne Marie Spellman, 26*, Des Moines, IA	2:01:51	9:18
143	36	W25	Beth Pfohl, 27*, Iowa City, IA	2:02:01	9:18
144	17	W40	Dora Bopp, 42*, Cedar Rapids, IA	2:02:02	9:19
345	11	M55	Bill Lorenz, 55, Des Moines, IA	2:02:14	9:19
145	14	W45	Julia Battent, 47*, Carlisle, IA	2:02:19	9:20
346	66	M35	Kevin Friessen, 36, Sioux City, IA	2:02:21	9:20
347	67	M35	Tim Ortale, 36, Reno, NV	2:02:30	9:21
146	7	JrW	Kristin Pavlovich, 19*, Des Moines, IA	2:02:36	9:21
348	6	M60	Pete Hunt, 61, Coralville, IA	2:02:41	9:22
349	7	M60	Bill Lawless, 60, Des Moines, IA	2:02:46	9:22
350	51	M45	Brent Cooper, 48, Urbandale, IA	2:02:55	9:23
351	26	M20	Kendric Olson, 24, Des Moines, IA	2:03:08	9:24
147	4	W50	Mary Gross, 50*, Des Moines, IA	2:03:13	9:24
352	52	M45	Kevin Ballard, 46, Marion, IA	2:03:17	9:24
353	53	M45	Joseph Henry, 46, Des Moines, IA	2:03:18	9:24
354	54	M45	Lloyd Vanderkwaak, 46, Johnston, IA	2:03:21	9:25
355	68	M35	Robert Francis, 37, Ankeny, IA	2:03:23	9:25
356	69	M35	Brian Bradley, 37, Iowa City, IA	2:03:24	9:25
357	30	M50	Dale Tigges, 50, Sioux City, IA	2:03:26	9:25
358	31	M50	Rick Hoye, 50, West Des Moines, IA	2:03:26	9:25
148	25	W30	Jamie Bachman, 34*, Des Moines, IA	2:03:27	9:25
149	21	W35	Jennifer Foote, 36*, Des Moines, IA	2:03:29	9:25
359	32	M50	John Arthur, 50, Marshalltown, IA	2:03:31	9:25
150	37	W25	Bridget Brenton, 26*, West Des Moines, IA	2:03:40	9:26
360	33	M50	Bill Seglar, 53, Clive, IA	2:03:41	9:26
361	55	M45	Ed Larsen, 47, Urbandale, IA	2:03:46	9:26
151	26	W30	Shelly Power, 30*, Urbandale, IA	2:03:47	9:27
362	34	M50	Kim Smith, 52, Ames, IA	2:03:49	9:27
152	38	W25	Jillisa Welsch, 29*, Ankeny, IA	2:03:59	9:27
153	26	W20	Cassondre Buteyn, 22*, St. Paul, MN	2:04:00	9:28
154	22	W35	Rachele Kugel, 37*, Des Moines, IA	2:04:00	9:28
363	47	M30	Ronald Crees, 33, Bondurant, IA	2:04:02	9:28
155	27	W20	Sarah Viverus, 21*, Des Moines, IA	2:04:03	9:28
364	27	M20	Dustin Olsem, 21, Des Moines, IA	2:04:13	9:29
156	15	W45	Jaci Thorson, 45*, Forest City, IA	2:04:17	9:29
157	28	W20	Stacey Luedtka, 20*, Ames, IA	2:04:21	9:29
158	29	W20	Jennifer Woolston, 20*, Ames, IA	2:04:21	9:29
365	28	M20	William Henninger, 20, Ames, IA	2:04:21	9:29
159	27	W30	Katie Reis, 34*, Urbandale, IA	2:04:30	9:30
160	23	W35	Shelly Urban, 35*, Johnston, IA	2:04:34	9:30
161	28	W30	Susan Johnson, 33*, Ankeny, IA	2:05:00	9:32
162	29	W30	Leah Churchman, 33*, West Des Moines, IA	2:05:01	9:32
163	39	W25	Jennifer Krambeck, 28*, Des Moines, IA	2:05:02	9:32
164	40	W25	Lisa Johnson, 26*, Cedar Rapids, IA	2:05:04	9:32
165	41	W25	Michelle Crawford, 26*, Osceola, IA	2:05:07	9:33
166	30	W30	Brenda Jackson, 30*, Des Moines, IA	2:05:35	9:35
167	18	W40	Deb Sharp, 44*, Ankeny, IA	2:05:36	9:35
366	35	M50	Ron Eichmeier, 50, Emmetsburg, IA	2:05:42	9:35
168	24	W35	Natalie Francis, 37*, Ankeny, IA	2:05:45	9:36
169	42	W25	Terra Hines, 26*, Coralville, IA	2:05:51	9:36
170	16	W45	Cathy Laleman, 46*, Forest City, IA	2:05:52	9:36
367	70	M35	Kevin Rahner, 37, Huxley, IA	2:05:53	9:36
171	30	W20	Amy Schmitt, 20*, West Des Moines, IA	2:05:55	9:36
368	56	M45	Denis Schmitt, 48, West Des Moines, IA	2:05:56	9:36
369	48	M30	Mike McGinnis, 34, Ackworth, IA	2:06:17	9:38

172	43	W25	Angie Heim, 27*, West Des Moines, IA	2:06:31	9:39
370	49	M30	Vil Miller, 33, Ankeny, IA	2:06:52	9:41
173	5	W50	Janet Bannister, 53*, Des Moines, IA	2:06:53	9:41
371	50	M30	Eric Stotts, 33, Urbandale, IA	2:06:55	9:41
372	62	M40	Rick Probst, 41, Grimes, IA	2:06:57	9:41
373	41	M25	Joe Purscell, 26, Des Moines, IA	2:07:01	9:41
174	25	W35	Jeanne Hillsman, 36*, West Des Moines, IA	2:07:06	9:42
175	19	W40	Valerie Ealey, 42*, Kellogg, IA	2:07:11	9:42
374	71	M35	Alan Brawner, 37, Clive, IA	2:07:32	9:44
375	12	M55	Alton Kornegay, 59, Ankeny, IA	2:07:35	9:44
176	26	W35	Karen Dassinger, 38*, West Des Moines, IA	2:07:39	9:44
177	44	W25	Lisa Shriver, 26*, Des Moines, IA	2:07:57	9:46
376	42	M25	Cason Brown, 27, Des Moines, IA	2:07:57	9:46
178	31	W20	Jill Sutter, 23*, Des Moines, IA	2:07:58	9:46
179	32	W20	Katie Lund, 22*, Des Moines, IA	2:07:58	9:46
180	45	W25	Jennifer Cronin, 28*, Des Moines, IA	2:07:59	9:46
181	31	W30	Sara Quiwn, 34*, Des Moines, IA	2:08:02	9:46
182	32	W30	Maria Davis, 33*, West Des Moines, IA	2:08:06	9:46
377	36	M50	Tom Maher, 50, Windsor Heights, IA	2:08:17	9:47
378	43	M25	Derek Peck, 26, Fairfax, IA	2:08:23	9:48
183	27	W35	Karen Floss, 38*, Clive, IA	2:08:32	9:48
379	57	M45	Steve Kenkel, 47, Toledo, IA	2:08:35	9:49
184	20	W40	Karen Wilkinson, 41*, Des Moines, IA	2:08:40	9:49
380	58	M45	Chuck Deatsch, 47, Centerville, IA	2:08:44	9:49
381	13	M55	Herm Spencer, 59, Newnan, GA	2:08:47	9:49
382	72	M35	Tom Nugent, 39, Dallas Center, IA	2:08:56	9:50
383	51	M30	Bob Sinclair, 33, Williamsburg, IA	2:08:57	9:50
185	17	W45	Cindy Moisan, 45*, Johnston, IA	2:09:11	9:51
186	6	W50	Ann Brick, 54*, Des Moines, IA	2:09:12	9:51
384	37	M50	Frank Vivone, 54, Clive, IA	2:09:12	9:51
187	7	W50	Ursula Williams, 50*, Fairfax, IA	2:09:17	9:52
188	28	W35	Stacy Hockaday, 39*, West Des Moines, IA	2:09:22	9:52
385	52	M30	James Young, 31, Des Moines, IA	2:09:23	9:52
386	38	M50	Forey Jacobson, 52, Des Moines, IA	2:09:24	9:52
387	39	M50	Lou Hockenberg, 54, Clive, IA	2:09:28	9:53
189	18	W45	Jeanne Foster, 45*, Johnston, IA	2:09:45	9:54
190	33	W20	JoAnn Ford, 23*, Denison, IA	2:09:46	9:54
191	29	W35	Laurie Linhart, 39*, Urbandale, IA	2:09:47	9:54
192	46	W25	Jane Zirkelbach, 25*, Carlisle, IA	2:09:52	9:54
193	47	W25	Rhonda Bernhardt, 25*, Pleasant Hill, IA	2:09:53	9:54
194	48	W25	Tammie Freund, 27*, Griswold, IA	2:10:09	9:56
388	40	M50	Glen Oglia, 51, Des Moines, IA	2:10:14	9:56
195	34	W20	Kelly McNaughton, 20*, Chariton, IA	2:10:32	9:57

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196	30	W35	Kay Smith, 36*, Des Moines, IA	2:11:14	10:01
389	63	M40	Joseph Barron, 40, Des Moines, IA	2:11:17	10:01
390	29	M20	Chad Brewbaker, 23, Ames, IA	2:11:20	10:01
391	30	M20	James Kupferschmidt, 22, Ames, IA	2:11:20	10:01
392	41	M50	Charles Potter, 54, Muscatine, IA	2:11:29	10:02
197	33	W30	Julie Hoshaw, 31*, West Des Moines, IA	2:11:34	10:02
198	35	W20	Erin Johnson, 20*, Ames, IA	2:11:41	10:03
393	59	M45	Kevin Morris, 45, Des Moines, IA	2:11:46	10:03
199	36	W20	Laura Obrycki, 20*, Ames, IA	2:11:46	10:03
200	37	W20	Abby Shontz, 23*, Iowa City, IA	2:11:53	10:04
394	44	M25	Robert Shontz, 25, Iowa City, IA	2:11:53	10:04
201	31	W35	Sandra Stone, 36*, Des Moines, IA	2:11:55	10:04
202	34	W30	Jennifer Trygstad, 30*, West Des Moines, IA	2:11:55	10:04
203	19	W45	Carolyn Schmitt, 49*, West Des Moines, IA	2:11:59	10:04
204	8	W50	Patricia Schulte, 54*, Granger, Ia	2:12:01	10:04
205	32	W35	Elizabeth Johnson, 35*, Des Moines, IA	2:12:13	10:05
206	38	W20	Christy Cherrier, 23*, Ames, IA	2:12:28	10:06
395	64	M40	Paul Witmer, 40, Des Moines, IA	2:12:29	10:06
207	35	W30	Nicole Jansen, 30*, Des Moines, IA	2:12:30	10:06
396	8	M60	Rollin Perry, 64, Cedar Falls, IA	2:12:35	10:07
397	65	M40	Tyler Bridges, 42, Miami Beach, FL	2:12:36	10:07
398	9	M60	David Twombly, 62, Osceola, IA	2:12:37	10:07
208	20	W45	Michelle Witte, 49*, Lake View, IA	2:12:48	10:08
209	49	W25	Holly Chari, 25*, Sioux City, IA	2:13:11	10:10
210	50	W25	Renee Wiszowaty, 25*, Cedar Rapids, IA	2:13:11	10:10
211	33	W35	Laura McMahan, 39*, Clive, IA	2:13:34	10:11

212	34	W35	Emily Witt, 38*, Des Moines, IA	2:13:34	10:11
213	51	W25	Amanda Kirk, 28*, Ames, IA	2:13:37	10:12
214	21	W40	Natalie Welter, 44*, Ames, IA	2:13:38	10:12
215	8	JrW	Lindsey Heiserman, 19*, Marshalltown, IA	2:13:45	10:12
399	53	M30	Chad Mackie, 32, Grundy Center, IA	2:13:52	10:13
216	35	W35	Clare Gee, 39*, West Des Moines, IA	2:13:59	10:13
217	36	W35	Karyn Peterson, 37*, Clive, IA	2:14:00	10:13
218	39	W20	Jessica Fink, 20*, Oskaloosa, IA	2:14:05	10:14
219	9	W50	Sara Morris, 51*, West Des Moines, IA	2:14:21	10:15
220	36	W30	Rachelle Fee, 31*, Beaverton, OR	2:14:25	10:15
400	14	M55	Thomas Kurt, 58, Ankeny, IA	2:14:39	10:16
401	10	M60	Charles Wolle, 67, Genoa, NV	2:14:44	10:17
221	37	W35	Leslie Shaeffer, 35*, Des Moines, IA	2:14:48	10:17
222	38	W35	Kelli Wiggins, 39*, West Des Moines, IA	2:15:25	10:20
223	22	W40	Linda Koele, 44*, Urbandale, IA	2:15:31	10:20
224	52	W25	Tiffany Koenig, 29*, Des Moines, IA	2:15:39	10:21
402	42	M50	Gerald Dewald, 53, West Des Moines, IA	2:16:07	10:23
225	39	W35	Stacey Brown, 39*, Pleasant Hill, IA	2:16:16	10:24
226	40	W20	Emily Hora, 22*, Cedar Falls, IA	2:16:23	10:24
227	10	W50	Joan Meyer, 54*, Escondido, CA	2:16:27	10:25
228	40	W35	Denise Richardson, 37*, Urbandale, IA	2:16:34	10:25
229	41	W35	Michelle Pohlmeier, 35*, Urbandale, IA	2:16:34	10:25
403	54	M30	Todd Miler, 32, Des Moines, IA	2:16:40	10:25
404	55	M30	Phil Chia, 32, Des Moines, IA	2:16:40	10:25
230	23	W40	Nola Seaberg, 41*, Des Moines, IA	2:17:08	10:28
231	42	W35	Shari Turner, 39*, Des Moines, IA	2:17:08	10:28
405	15	M55	Doug Syring, 58, Coon Rapids, MN	2:17:11	10:28
232	53	W25	Hannah Rogers, 28*, Des Moines, IA	2:17:32	10:29
233	21	W45	Sue Elliott, 45*, Ankeny, IA	2:17:38	10:30
406	11	M60	Al Dunn, 61, Elkader, IA	2:17:40	10:30
234	54	W25	Jo Vanpatten, 26*, West Des Moines, IA	2:17:44	10:30
407	45	M25	Dan Deatsch, 26, West Des Moines, IA	2:18:00	10:32
235	24	W40	Catherine Chatal, 42*, Des Moines, IA	2:18:08	10:32
408	73	M35	Deepak Kumar, 39, Rochester, MN	2:18:27	10:34
409	66	M40	Rick Schupbach, 42, Grundy Center, IA	2:19:07	10:37
236	22	W45	Elizabeth Deatsch, 47*, Centerville, IA	2:19:23	10:38
237	41	W20	Sarah Deatsch, 22*, West Des Moines, IA	2:19:23	10:38
410	56	M30	Lance Kooiker, 33, Madrid, IA	2:20:22	10:42
238	43	W35	Anne Nieland, 35*, Urbandale, IA	2:20:38	10:44
239	55	W25	Ellen Shertzer, 26*, Ames, IA	2:22:00	10:50
240	56	W25	Sonja Ackermann, 26*, Cedar Falls, IA	2:22:56	10:54
241	42	W20	Angela Guggisberg, 21*, Ames, IA	2:23:31	10:57
411	46	M25	Kyle Brown, 28, Des Moines, IA	2:23:51	10:58

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412	43	M50	Paul Swenson, 52, Oskaloosa, IA	2:25:05	11:04
413	60	M45	Joe Ryan, 49, Oskaloosa, IA	2:25:06	11:04
242	37	W30	Heather Preston, 30*, Minneapolis, MN	2:25:30	11:06
243	57	W25	Lisa Ragen, 26*, Des Moines, IA	2:25:55	11:08
244	58	W25	Erin Sass, 27*, Des Moines, IA	2:25:58	11:08
414	44	M50	Tom Vilsack, 53, Des Moines, IA	2:26:16	11:09
415	45	M50	Neil Shultz, 52, West Des Moines, IA	2:27:21	11:14
245	43	W20	Linette Tibben, 23*, Des Moines, IA	2:28:36	11:20
416	46	M50	Judd Lyons, 52, Grundy Center, IA	2:29:25	11:24
246	11	W50	Carolyn Chenoweth, 50*, Des Moines, IA	2:29:29	11:24
247	12	W50	Coleen Waage, 52*, West Des Moines, IA	2:29:30	11:24
417	57	M30	Richard Bangma, 32, Pella, IA	2:30:02	11:27
248	59	W25	Lori Cleverley, 26*, Milwaukee, WI	2:31:44	11:34
249	44	W35	Lori Hunt, 36*, Webster City, IA	2:32:55	11:40
250	60	W25	Nurl Fira Anwary, 29*, Petaling Jaya	2:33:40	11:43
251	45	W35	Deb Mackie, 39*, Grundy Center, IA	2:34:18	11:46
252	25	W40	Lisa Schupbach, 42*, Grundy Center, IA	2:34:36	11:48
418	61	M45	Conroy Smith, 48, Des Moines, IA	2:37:08	11:59

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419	12	M60	Hal Chase, 60, Des Moines, IA	2:37:43	12:02
253	46	W35	Suzanne Ware, 35*, West Des Moines, IA	2:37:55	12:03
254	26	W40	Diane Ballard, 44*, Marion, IA	2:38:07	12:04
420	67	M40	Mohd Abdul Latif Denot, 43, Petaling Jaya	2:38:24	12:05
421	74	M35	Shawn Noble, 37, Iowa City, IA	2:43:04	12:26
255	61	W25	Suzanne Behnke, 28*, Urbandale, IA	2:43:05	12:26

"*" indicates females

13 finishers among Men 19 & Under
30 finishers among Men 20 - 24
46 finishers among Men 25 - 29
57 finishers among Men 30 - 34
74 finishers among Men 35 - 39
67 finishers among Men 40 - 44
61 finishers among Men 45 - 49
46 finishers among Men 50 - 54
15 finishers among Men 55 - 59
12 finishers among Men 60 & Up
8 finishers among Women 19 & Under
43 finishers among Women 20 - 24
61 finishers among Women 25 - 29
37 finishers among Women 30 - 34
46 finishers among Women 35 - 39
26 finishers among Women 40 - 44
22 finishers among Women 45 - 49
12 finishers among Women 50 & Up
421 male finishers
255 female finishers
676 total finishers

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